



# DEFYING GRAVITY

**UNAUDITED FINANCIAL STATEMENTS**

**31 October 2022  
YOUTH SPACE 1136813**



**When  
gravity tries  
to pull you  
down, let  
your dreams  
lift you up.**



# Message Of Chair

At Youth Space, we empower youth to defy gravity and rise above their limitations. We provide support to young people facing various risk factors, ensuring access to a safe space, food provisions, and realistic pathways towards a better life. During times of crisis and mental health challenges, we offer vital solace and nurturing. We understand the impact of adverse childhood experiences, such as poverty, learning difficulties, and mental health issues.

Our holistic approach addresses immediate needs and fosters well-being. Through activities like sports, nature visits, workshops, peer support, and consistent care, we create a supportive environment for resilience, coping skills, and a sense of belonging.

By engaging in these activities, youth gain safety, self-worth, and aspirations for a better life. We empower them to overcome adversities, including circumstances and detrimental habits.

Every young person deserves resilience, well-being, and a brighter future. Our comprehensive support provides resources, opportunities, and guidance for thriving. We believe in empowering youth to defy gravity, shaping their own lives.

Join us in defying gravity and empowering young people to overcome limitations. Together, we make a lasting impact, enabling them to unleash their potential and achieve their dreams.

We deeply appreciate our departing trustees Josef Katz and Henia Warfman for their dedication and contributions. While their resignation affects us, we acknowledge their significant impact and invaluable expertise. We wish them continued success and extend a warm welcome to our new trustee, Chaim Mendel Weiss.

With past and present trustees, we remain dedicated and confident in our ability to create positive change. Let us continue defying gravity, empowering youth to soar to new heights of resilience, well-being, and success

J Wider





# Mission:

Our mission at Youth Space is to advocate for young people facing risk factors and provide them with access to a safe space, food provisions, and realistic pathways that enable them to break free from the intergenerational cycle of disadvantage.

# Vision:

Our vision is a future where every young person feels safe, secure, and aspiring. We envision a society where young individuals no longer trample over nature, condemn differences, or put themselves down. We strive to create a world where all young people, regardless of their backgrounds, have equal opportunities to thrive and fulfill their potential.

# Objective:

Our goal is to create a nurturing environment and equip young people with the necessary tools to foster resilience, personal growth, and a sense of hope for a brighter future. We aim to break the intergenerational cycle of disadvantage by providing access to safe spaces, food provisions, and realistic pathways that lead to positive outcomes. Through collaboration, advocacy, and targeted interventions, we work towards making a lasting impact and creating positive change in the lives of young people facing adversity.





# CASE STUDIES

“

Bella, a 14-year-old, lacked access to basic hygiene products. Joining the Personal Care Pantry program transformed her life. Consistent supplies of hygiene items improved Emma's well-being, restored her dignity, and empowered her to prioritise self-care.

"I no longer worry about not having more as I squeeze out the end bit of my toothpaste or when I'm up to the last towel in the pack."

”

“

At just 9 years old, Bini, from a low-income household, found hope and support through the Milky Way Off-Term Breakfast Club. This program, dedicated to addressing hunger and its effects, significantly improved Bini's well-being and academic performance. The opportunity to connect with a supportive peer group and socialise with other children facing similar circumstances brought much comfort to Bini.

”

“

Samuel, a socially awkward 13-year-old, underwent a remarkable transformation at Revive Alive summer camp. Engaging in bushcrafting activities enabled him to connect with nature, develop confidence, and overcome social barriers. With the support of his mentor and newfound friendships, Samuel grew more independent and improved his communication skills. The camp provided him with a safe and empowering environment to express himself and discover his true potential.

”



At Youth Space, we have exciting plans to enhance our services and support for young individuals. Here are the key initiatives we strive to implement:



**Enlisting  
Children  
on Waiting  
List  
Earlier:**

**Volunteering:**

**Training:**

**Collaborations  
and  
Partnerships:**

## HOW?

Our goal is to reduce waiting times by improving our intake process. By streamlining our procedures and hopefully expand our capacity we can ensure that children on our waiting list receive the support they need in a timely manner.

We value the contributions of volunteers and their impact on our organisation. To enhance our capacity and the quality of our services, we will actively recruit and train more volunteers. This will enable us to offer additional support and provide a wider range of programs.

We are committed to continuous improvement and professional development. Our staff and volunteers will have access to training opportunities such as workshops, seminars, and certifications. This investment in their skills will enhance their ability to work effectively with young people facing adversity.

Recognising the value of collaboration, we will establish strategic partnerships with other organisations, community groups, and stakeholders. By leveraging resources, sharing best practices, and expanding our reach, we can increase our capacity to support more young people.

## Embark on an extraordinary adventure with our Blast Off Bushcrafting Camping Program at Youth Space!

This immersive experience takes 160 young explorers on a journey to develop essential outdoor skills while promoting independence and self-reliance, over a period of two weeks in Anglessey. Inspired by the theme of blasting off into new frontiers, participants will learn to navigate the wilderness, build shelters, and create survival equipments all under the guidance of experienced mentors. As they embrace the challenges of nature, these budding adventurers will discover their inner strength and resilience, preparing them to take charge of their own destiny and soar towards a future filled with endless possibilities



"My heart lies with Youth Space. I wait for holiday programmes all year!"

David

"The Personal Care Pantry makes sure I have the things I need to take care of myself. It reminds me that self-care is important, and I deserve to feel good."

Miriam



## Welcome to the Personal Care Pantry at Youth Space, where we invite you to embark on a mission of self-care and well-being!

Just like astronauts preparing for their space journey, we believe that taking care of oneself is essential for personal growth and resilience. Our Personal Care Pantry is a place where young individuals can access a wide range of essential hygiene and self-care products, empowering them to prioritize their well-being. From basic toiletries to skincare essentials, we aim to provide the tools for youth to launch into a confident and healthy future. Access to the personal care pantry is available on all holiday programmes and users can request a refill package as needed.



## Youth Spaces Milky Way Breakfast Programme is an out-of-this-world initiative designed to provide nourishing meals and essential provisions to youth in need.

Inspired by the vastness of space and the limitless possibilities it represents, this programme aims to fuel the potential of young individuals by ensuring they start their day with a nutritious breakfast that propels them towards success. Just like stars in the Milky Way, these youth are guided towards a brighter future through the power of a healthy meal during the days off school.



"I used to think I couldn't do great things, but the Milky Way Breakfast Program showed me that starting my day with a healthy meal can give me the energy to achieve anything!"

Samual



**Join us in the Different is Not Alien social skills program as we embark on a journey of understanding, compassion, and acceptance. Together, let us build bridges, break down barriers, and embrace the beauty of our differences.**

Through engaging workshops, interactive exercises, and thoughtful discussions, participants develop the skills to navigate social dynamics with empathy and respect. They learn to challenge biases, communicate effectively across differences, and form meaningful connections with people from diverse backgrounds.

# FUTURE PLANS

Based on the feedback we've received, we have developed a range of projects focused on specific areas to meet the needs and aspirations of our community. These initiatives have been carefully crafted in collaboration with our steering committee, taking into account user feedback and stakeholder input. By incorporating these projects, our aim is to create an inclusive, supportive, and empowering environment that enables young individuals to thrive and reach their full potential.

## **EMPOWERMENT LAUNCH:**

This project aims to nurture leadership potential and civic engagement among young individuals. Through leadership workshops, youth forums, and community projects, we will inspire and support their journey towards becoming change-makers in their communities.

## **TECH-SAVVY ORBIT:**

Our planned initiative will focus on enhancing digital literacy and providing access to technology. Through training programs we will equip young individuals with the necessary digital skills for their future success.

## **CAREER LAUNCHPAD:**

This initiative aims to propel young individuals towards career success, by providing comprehensive career development support, including workshops, vocational training, and mentorship programs, we will empower them with the skills and resources needed to excel in the workforce.





# IN NUMBERS

25

Dedicated Volunteers

1180

Meals

13

Nature Visits

22

Crisis Intervention  
Sessions

160

Users

12

Skills Development  
Workshops

1700

Hours of Volunteers





# EVALUATION

The outcome star framework guides our monitoring and evaluation process. It enables us to assess the progress and outcomes achieved by youth across various dimensions of their development. These include: their mental health, wellbeing, personal skills, relationships and educational achievements. By using this framework, we ensure that we have comprehensively evaluated our users overall growth and success.

Based on the assessments we conduct using the outcome star framework, we award stars of achievements to our user. These stars provide recognition, vision and a sense of pride for the efforts they have put into their personal development. Users are awarded with Resilience Star, Leadership Star, Creativity Star, Teamwork Star, Trying Star, Perseverance Star, and Empathy Star.



# Youth Space Trustees Annual Report Year ended 31 October 2022

The trustees present their report and the unaudited financial statements of the charity for the year ended 31 October 2022

## Structure, governance and management

Youth Space is constituted under a Trust Deed dated 23 June 2009. It is a registered charity number 1136913 and was registered with the Charity Commission on 15 June 2010.

There is no chief executive officer. All major decisions are taken collectively by the trustees and all the trustees give of their time freely. The trustees are unpaid and details of any related party transactions are disclosed as applicable in the notes to the accounts. The arrangements for setting the pay of the charity's employees are the sole domain of the trustees.

A policy and procedure for the induction and training of new trustees is currently being developed and will be implemented in the coming year.

## Risk review

The Trustees have assessed the major risks to which the charity is exposed, in particular those related to the operations and finances of the Trust, and are satisfied that systems are in place to manage our exposure to the major risks.

The risks faced by the trust are principally operational risks from ineffective grant making. These risks are managed by the trustees researching potential beneficiaries before granting donations.

Report back and review procedures strengthen these safeguards to ensure public benefit is achieved from all grants.

## Objectives and activities

The objects of the charity are:

(1) to advance in life and relieve needs of young people through:-

- the provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life;

- providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.

(2) to promote any other exclusively charitable objects and purposes as the trustees see fit, provided that they are regarded as charitable by the law of England and Wales.

## Public benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit and in particular to its supplementary public benefit guidance on advancing education when reviewing the charity's aims and objectives and in planning future activities and setting grant making policy for the year.

## Grant making policy and grant funding

The charity is funded partly by grant funding.

There were no individual or institutional grants made during the year. The application of the funds by way of grants is either institutions or individuals and is almost always to institutions. The charity invites applications for funding through contacting grant making authorities and local philanthropists to contribute towards projects that are appropriate for the charity's objects

The trustees wish to record their appreciation to all the above benefactors for their kind support of the activities of the charity.

The trustees consider they have met the public benefit test and outline these achievements below.

The trustees measure the success of achieving the stated aims by the number and value of grants paid out for each object. The grants paid out in the year are detailed in the notes to the accounts and the trustees consider they have met their aims successfully this year.

The trustees consider the shorter term aims to be similar to the longer term aims and assess the achievement of the charity in the same way.

## Achievements and performance

The charity received £99,494 in donations and £42,000 in grants during the year. The charity paid out a total of £153,365 on the residential summer camp and its costs all of which were funded by the charity as well as support costs.

CityEscape! was made possible through the generous support of UK Youth generation, BBC CIN and other donors including a mains grant. With continued support the trustees plan to expand the existing services so as to target even more local children and young people.

The charity has low governance costs comprising professional fees.

There were no related party transactions in the reporting period.

There were no material fundraising costs during the year.

There was an overall net expenditure and movement of funds for the year amounting to £11,871 as detailed on the Statement of Financial Activities.

## Financial review

The trustees feel that the activity reflects the profile and standing within the local community. The impact for future year's expenditure is self-evident and the trustees would like to record their appreciation for all the financial support received from benefactors during the course of the year.

## Reserves policy

The Unrestricted Fund represents the unrestricted funds arising from past operating results.

The Trustees are satisfied that the balance of the Fund is an acceptable level of reserves given the nature of revenue receipts against grants payable.

In considering the limited financial obligations of the charity, the trustees have resolved to maintain a minimum reserve roughly equal to the net current assets of the charity.

The trustees are delighted to have made many valuable contributions to the community as a result of this income and hope to be able to do so for many years to come.

The free reserves being the net current assets stand at £9,473, all of which are unrestricted.

# Youth Space Independent Examiner's Report to the Trustees of Youth Space Year ended 31 October 2022

I report to the trustees on my examination of the financial statements of Youth Space ('the charity') for the year ended 31 October 2022.

## Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

## Independent examiners statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Mr Howard Schwalbe ACA**

Independent Examiner  
2nd Floor - Parkgates  
Bury New Road  
Prestwich  
Manchester  
M25 0TL

21 June 2023



# Youth Space

## Statement of Financial Activities

### Year ended 31 October 2022

		2022	2021		
		Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
	Note				
<b>Income and endowments</b>					
Donations and legacies	4	99,494	42,000	141,494	125,034
Total income		99,494	42,000	141,494	125,034
<b>Expenditure</b>					
Expenditure on charitable activities	5,6	111,365	42,000	153,365	165,826
Total expenditure		111,365	42,000	153,365	165,826
Net expenditure and net movement in funds		(11,871)	–	(11,871)	(40,792)
<b>Reconciliation of funds</b>					
Total funds brought forward		21,344	–	21,344	62,136
Total funds carried forward		9,473	–	9,473	21,344

The statement of financial activities includes all gains and losses recognised in the year.  
All income and expenditure derive from continuing activities

The notes on pages 9 to 14 form part of these financial statements

# Youth Space

## Statement of Financial Position

### 31 October 2022

	Note	2022 £	2022 £	2021 £
Current assets				
Cash at bank and in hand		11,633		22,724
Creditors: amounts falling due within one year	11	2,160		1,380
Net current assets			9,473	21,344
Total assets less current liabilities			9,473	21,344
Net assets			9,473	21,344
Funds of the charity				
Unrestricted funds			9,473	21,344
Total charity funds	12		9,473	21,344

These financial statements were approved by the board of trustees and authorised for issue on 21 June 2023, and are signed on behalf of the board by:

J Wider

Trustee

The notes on pages 9 to 14 form part of these financial statements.

# Youth Space

## Notes to the Financial Statements

### Year ended 31 October 2022

## 1. General information

The charity is a public benefit entity and a registered charity in England and Wales and is unincorporated. The address of the principal office is 83 Geldeston London, E5 8RS.

## 2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Charities Act 2011.

## 3. Accounting policies

### Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

### Going concern

There are no material uncertainties about the charity's ability to continue.

### Fair value

Debtors and creditors are stated at fair value.

## Judgements and key sources of estimation uncertainty

The preparation of the financial statements did not require management to make judgements, estimates or assumptions that affect the amounts reported.

## Fund accounting

Unrestricted funds held by the charity are funds that can be used in accordance with the charitable objects at the discretion of the trustees.

## Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.



- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

## Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

## Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

## 4. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Donations			
Donations	99,494	–	99,494
Grants			
Grants receivable	–	42,000	42,000
	<u>99,494</u>	<u>42,000</u>	<u>141,494</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2021 £
Donations			
Donations	82,124	–	82,124
Grants			
Grants receivable		42,910	42,910
	<u>82,124</u>	<u>42,910</u>	<u>125,034</u>

## 5. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2022 £
Sunday, off term and holiday programme	110,585	42,000	152,585
Support costs	780	–	780
	<u>111,365</u>	<u>42,000</u>	<u>153,365</u>

	Unrestricted Funds	Restricted Funds	Total Funds 2021
Sunday, off term and holiday programme	122,857	42,910	165,767
Support costs	59	–	59
	<u>122,916</u>	<u>42,910</u>	<u>165,826</u>

## 6. Expenditure on charitable activities by activity type

	Activities undertaken directly £	Support costs £	Total funds 2022 £	Total fund 2021 £
Sunday, off term and holiday programme	152,585	–	152,585	165,767
Governance costs	–	780	780	59
	<u>152,585</u>	<u>780</u>	<u>153,365</u>	<u>165,826</u>

## 7. Analysis of support costs

	Analysis of support costs	Total 2022	Total 2021
	£	£	£
Governance costs	780	780	59

## 8. Independent examination fees

	2022	2021
	£	£
Fees payable to the independent examiner for: Independent examination of the financial statements	780	720

## 9. Staff costs

The average head count of employees during the year was Nil (2021: Nil).

No employee received employee benefits of more than £60,000 during the year (2021: Nil).

## 10. Trustee remuneration and expenses

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

## 11. Creditors: amounts falling due within one year

	2022	2021
	£	£
Accruals and deferred income	2,160	1,380

## 12. Analysis of charitable funds

	At 01 Nov 2021	Income	Expenditure	At 31 Oct 2022
	£	£	£	£
General funds	21,344	99,494	(111,365)	9,473

	At 01 Nov 2020	Income	Expenditure	At 31 Oct 2021
	£	£	£	£
General funds	62,136	82,124	(122,916)	21,344

Restricted funds

	At 01 Nov 2021	Income	Expenditure	At 31 Oct 2022
	£	£	£	£
Holiday programmes grants fund		42,000	(42,000)	–

	At 01 Nov 2020	Income	Expenditure	At 31 Oct 2021
	£	£	£	£
Holiday programmes grants fund		42,910	(42,910)	–

## 13. Analysis of net assets between funds

	Unrestricted Funds	Total Funds 2022
	£	£
Current assets	11,633	11,633
Creditors less than 1 year	(2,160)	(2,160)
Net assets	9,473	9,473

	Unrestricted Funds	Total Funds 2021
	£	£
Current assets	22,724	22,724
Creditors less than 1 year	(1,380)	(1,380)
Net assets	21,344	21,344

## 14. Taxation

Youth Space is a registered charity and therefore is not liable to income tax or corporation tax on income derived from its charitable activities, as it falls within the various exemptions available to registered charities.

THE SKY IS NOT  
THE LIMIT;

IT IS JUST THE  
BEGINNING OF  
YOUR JOURNEY





# Reference and administrative details:

## Registered charity name

Youth Space

## Charity registration number

1136913

## Principal office

83 GELDESTON ROAD  
LONDON  
E5 8RS

## The trustees

J Katz (Retired 25 April 2023)

A Y Finkelstein

J Wider

Miss H Warfman (Retired 25 April 2023)

C M Weiss (Appointed 25 April 2023)

## Independent examiner

Mr Howard Schwalbe ACA

2nd Floor - Parkgates

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