


# Fitzrovia Youth in Action Annual Report and Accounts 2024-25



## FITZROVIA YOUTH IN ACTION

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# REPORT OF THE TRUSTEES

## FOR THE YEAR ENDING 31 MARCH 2025

The Trustees are pleased to present their annual director's report together with the consolidated financial statements of the charity and its subsidiary for the year ending 31 March 2025 which are also prepared to meet the requirements for a Director's report and accounts for Companies House purposes.



# CHAIRPERSON'S REPORT

This year's annual report is a powerful reflection of what is possible when young people are trusted as leaders, experts, and agents of change. At Fitzrovia Youth in Action, our work is rooted in a peer-led approach that recognises young people's lived experiences, insight, and creativity as essential to identifying problems and shaping solutions. Everything we do is guided by a simple but profound principle: young people are best placed to lead change in their own lives and communities.

Through youth-led, creative, and participatory programmes, young people organised peer-to-peer activities, consultations, awareness campaigns, and events that addressed issues they care about and ensured their voices were heard by peers, professionals, and decision-makers alike. Our extensive network of statutory and community partners plays a crucial role in this work, enabling young people to engage with decision makers at the right moment in strategic planning processes. I am deeply grateful to the many partners who have worked alongside us this year, sharing our commitment to meaningful participation, collaboration, and systems change.

Our reach this year has been exceptional. A record 857 young people took part in youth-led social action, up from 721 the previous year. Across 57 cohorts, participants spent an average of 12 weeks planning and delivering programmes that supported their peers, addressed local challenges, and contributed to wider system change. Many of these young people face significant barriers. Thirty-seven percent were living with challenges such as mental health difficulties, special educational needs, or risk of exclusion. Seventy-seven percent came from global majority backgrounds, and participation reflected a broad gender balance. These figures underline both the scale of our reach and the importance of our work.

The outcomes achieved through this engagement are compelling. Seventy-six percent of participants showed an improvement in mental health and wellbeing, as measured by the validated Short Warwick-Edinburgh Mental Health Wellbeing Scale. Notably, the proportion of young people experiencing low levels of mental health fell from 30% at the start of programmes to just 9% by the end, while those reporting high wellbeing increased from 9% to 23%. Participants began the programme with average wellbeing scores below the national average for 16–24 year-olds and finished well above it. These are not abstract statistics, but meaningful changes in young people's confidence, resilience, and sense of hope.

Alongside wellbeing, young people developed a wide range of skills that will support them well beyond their time with FYA. Through participation, 666 young people gained a total of 1,683 AQA awards, with the vast majority achieving at least one qualification. Evaluation using the Life Effectiveness Questionnaire demonstrates moderate to strong positive impacts on key employability skills, including social confidence, task leadership, and intellectual flexibility. Young people themselves identified practical skills developed through projects, from event management and stewarding to listening and risk assessment, reinforcing the value of experiential, youth-led learning.

This year also brought moments of celebration and visibility. Young people organised and hosted a Youth Action Showcase attended by over 120 guests, including senior local authority leaders, policymakers, funders, and community



partners. The event highlighted the creativity and impact of youth-led programmes across Camden and Westminster, with films and presentations addressing issues such as school attendance, community safety, bullying, and substance misuse. It was a powerful reminder of what happens when young people are given the platform and support they deserve.

While our direct delivery remains focused on Camden and Westminster, we are equally committed to sharing our learning more widely. During the year, we delivered eight masterclasses to professionals from 56 organisations, alongside a Peer Mentoring Train the Trainer programme supporting youth organisations working with global majority young women. By sharing our expertise, we aim to strengthen the wider ecosystem of youth participation and co-production.

I would like to thank our staff team for their dedication, skill, and unwavering belief in young people, and my fellow trustees for their guidance and commitment. Most importantly, I want to thank the young people who continue to inspire us with their leadership, honesty, and determination to create change for themselves and others.

As we look ahead, FYA remains firmly committed to deepening our peer-led approach, strengthening partnerships, and expanding opportunities for young people to shape the decisions that affect their lives. This report offers clear evidence that when young people lead, meaningful change follows.



*Javier Sajuria*

- **Javier Sajuria** - Chairperson and trustee

# OUR PURPOSE



## Our Mission

FYA supports young people from in and around Camden and Westminster to lead community action and create positive change for themselves, their peers and their community.



## Our Vision

Our vision is a society where children and young people are at the centre of their communities. They feel they belong and are active participants in leading and inspiring community action. Young people will be confidently fulfilling their potential, with the skills to create positive change in their lives, with their peers and within their community.



## Our Aims

Overall, FYA acts as a 'social brokerage', bringing together the talent and enthusiasm of young people and the resources and opportunities that the local economy and community can offer. Young people are an asset that FYA seeks to develop, so that they can contribute to the development of other young people and the wider community.

FYA aims to empower young people to make changes for themselves, their peers and their community. The outcomes that we strive for are:

- Increased resilience and wellbeing amongst young people;
- Young people being able to articulate and use their skills to move on into further education, training or employment;
- An increased sense of community belonging amongst young people and local residents who engage with FYA.



# FYA'S FRAMEWORK FOR MEASURING SUCCESS

At FYA, we are on a journey to evidence the impact of our work. We believe that, through youth led-action, young people are empowered to create change for themselves, their peers and their community, and we want to be able to evidence this. Our Theory of Change model provides the structure to help us monitor and evaluate the impact that we are having. As part of this model, we have identified the need underpinning our work, the change we would like to see (our vision) and the activities we believe will help us achieve this change.

**At the heart of our work is the assumption, based on experience and existing evidence, that youth led community action can lead to the following outcomes:**

- Increased resilience and wellbeing for young people;
- A sense of belonging to a community; and
- The development of skills and confidence that can help young people thrive as they move on to further education or employment.

**These three outcomes** are the primary areas against which we aim to measure the impact of our youth led social action.

Our monitoring and evaluation framework is based on using validated tools. Our framework and standard of evidence have been accredited by the Centre for Youth Impact with 'Project Oracle Level 2' validation.

Our current monitoring and evaluation framework has three elements: pre and post programme questionnaires, qualitative feedback (focus groups, session feedback, case studies and individual follow-up interviews three months later) and programme peer reviews led by FYA young Ambassadors.

We use two **validated questionnaires: An adapted Life Effectiveness Questionnaire, and the Short Warwick Edinburgh Mental Wellbeing Scale** as pre and post programme evaluation questionnaires.

These questionnaires help us to measure specifically:

- Wellbeing
- Self-confidence
- Social competence
- Sense of community belonging
- Intellectual flexibility
- Task leadership

# MAIN ACTIVITIES OF THE CHARITY

## Numbers involved in FYA activities in 2024-25

In total, FYA worked directly with 1110 young people in 2024-25, 857 of whom organised and delivered youth social action programmes across 57 cohorts of young people.

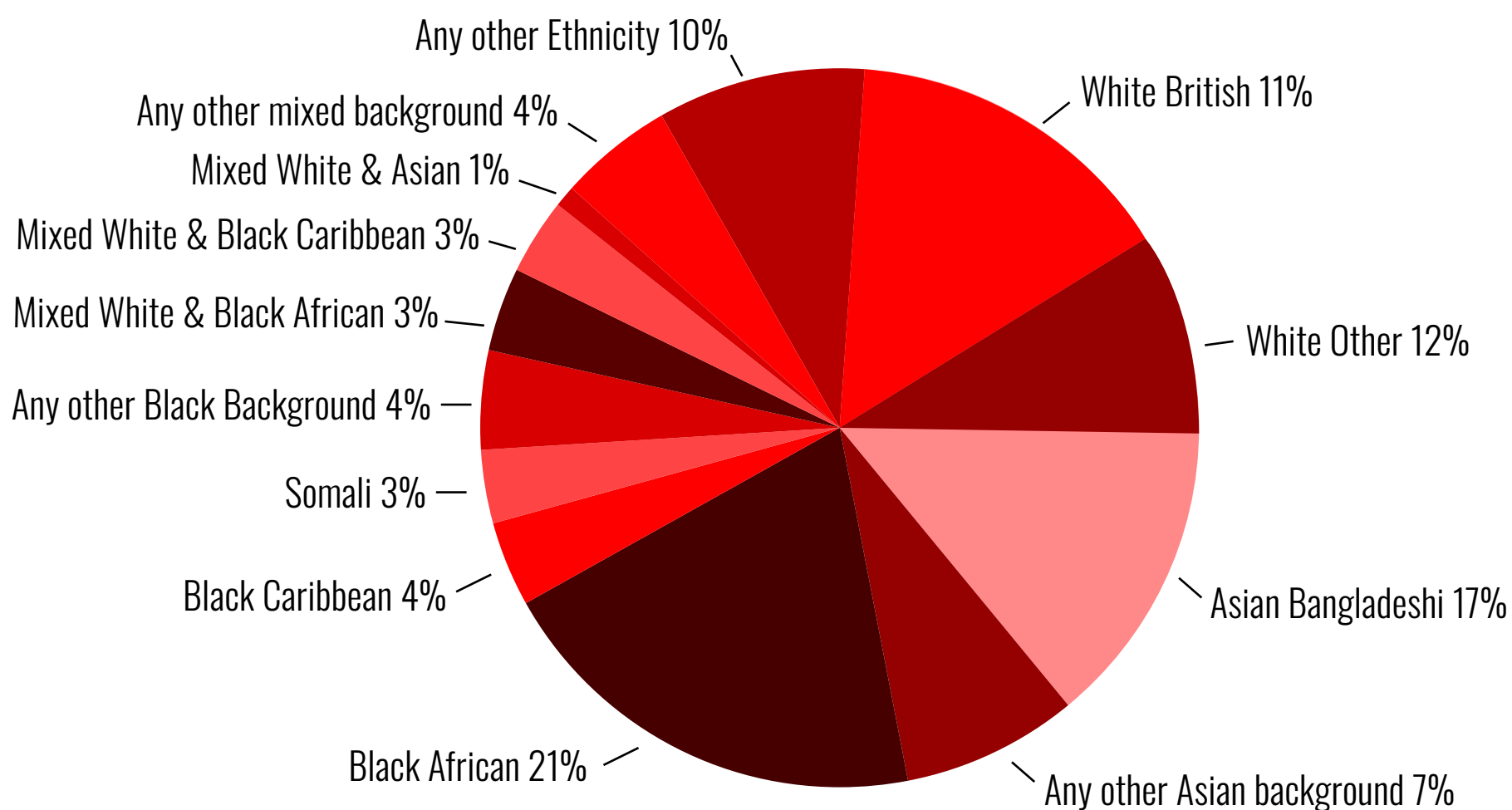
Out of the 857 youth action participants, one third (37%) experienced disadvantages such as mental health problems, special educational needs, at risk of exclusion, having refugee status, among others.

Our peer educators delivered workshops to over 960 other young people. Over 2000 people from the wider community attended the community events run by our young people. A summary of the number of people involved by type of activity is provided in the table below.

| Programme Strand  | Programme Type  | Young people engaged during 2023-24 | Young people engaged during 2024-25 |                              |
|---|---|-------------------------------------|-------------------------------------|------------------------------|
| Engagement<br><small>(Individuals who attended 5x or more)</small>  | Drop-in (CYC)   | 57                                  | 37                                  |                              |
|   | Football  | 114                                 | 82                                  |                              |
|   | Social Prescribing  | 69                                  | 66                                  |                              |
|   | Warren Weekly   |                                     | 68                                  |                              |
| Total Engagement  |   | 240                                 | 253                                 |                              |
|   |   |                                     |                                     | Number of cohorts in 2024-25 |
| Youth Action<br><small>(IN BRACKETS: indirect beneficiaries – eg no. of individuals engaged by our volunteers, either yp attending awareness workshops delivered by our PEs or attendees of our events)</small> | Peer Education  | 113 (1034)                          | 167 (960)                           | 12                           |
|   | Peer Mentoring<br><small>(mental health)</small>  | 467                                 | 510 (48)                            | 31                           |
|   | Youth-led community events<br><small>(e.g., street parties, festivals, community dinners)</small> | 32 (2000+)                          | 48 (2000+)                          | 4                            |
|   | Regent's Park Champions<br><small>(young people)</small>  | 28                                  | 29                                  | 2                            |
|   | Amphill Champions   | -                                   | 52                                  | 4                            |
|   | Youth Action Teams Programme  | 70                                  | 28                                  | 3                            |
|   | Young Ambassadors   | 11                                  | 23                                  | 1                            |
| Total Youth Action  |   | 721                                 | 857                                 | 57 cohorts                   |
| TOTAL   |   | 961                                 | 1110                                |                              |

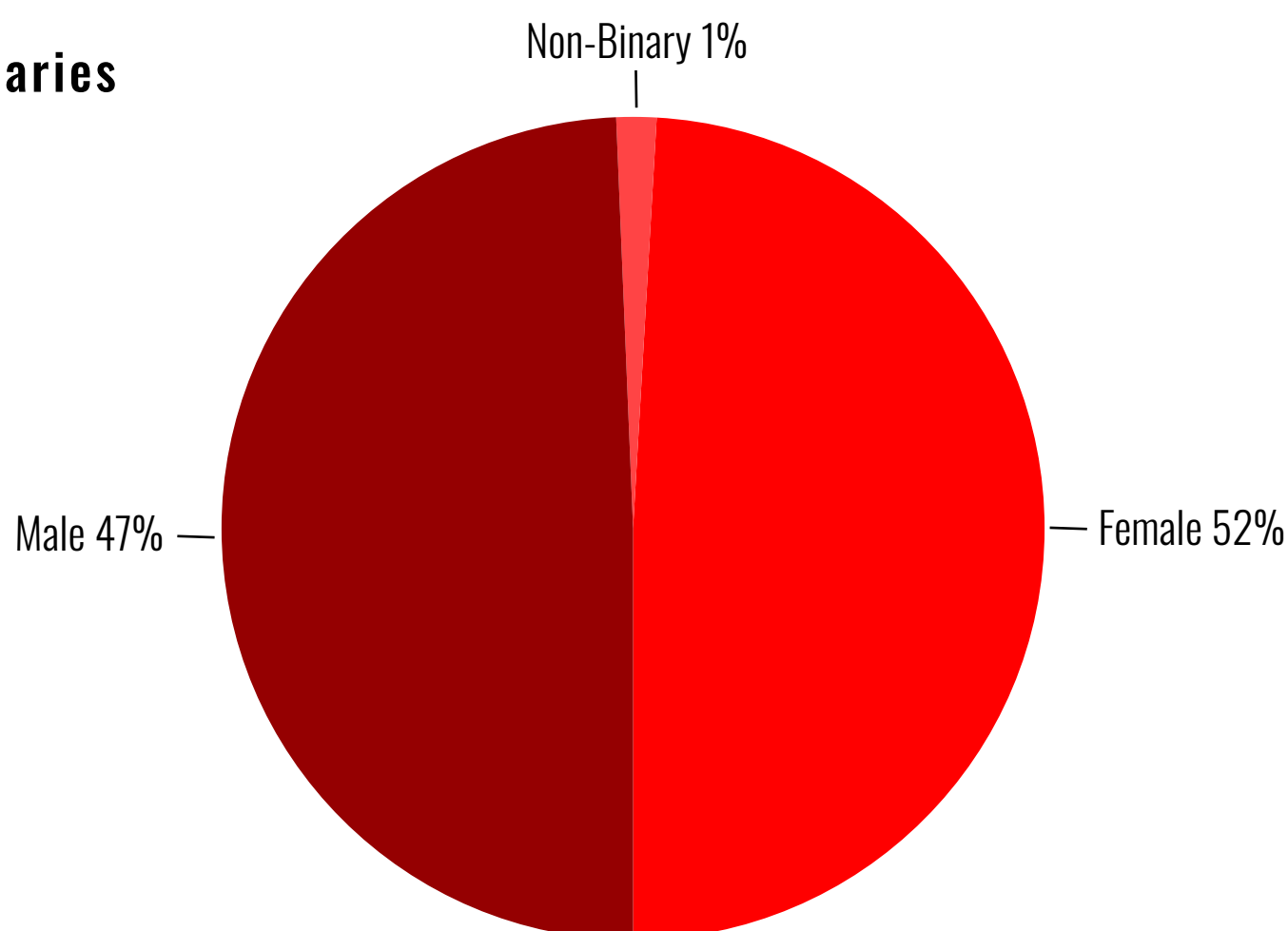


**Graph 1; FYA beneficiaries by ethnicity 2024-25**



**37%** of youth action participants were living with mental health problems, special educational needs, being at risk of exclusion, having refugee status, or other challenges.

**Graph 2; FYA beneficiaries by gender 2024-25**



# SUMMARY OF ENGAGEMENT ACTIVITIES

## COMMUNITY BUILDING

For many young people, the first step towards community engagement is having opportunities to come together to form positive relationships with their peers and become exposed to our culture of youth leadership.

### Drop-ins and sport

Members can join FYA from a young age by becoming involved in weekly sessions we operate for different age group inside sports pitches in Regents Park Estate and Fitzrovia, as well as in indoor activity spaces located next to the play areas.

#### Cumberland Youth Club



A weekly drop-in session took place in the H-Pod community space, in the Regent's Park Estate. Sessions centred around healthy living themes, with regular well-being workshops and healthy cooking sessions being delivered. Each session also has outdoor activities (weather dependent) such as football, basketball, rounders, competitions & relays, and other games. The programme of indoor activities includes a variety of activities such as table tennis, table football, group activities, board games, and more.

" Being part of football and the healthy living sessions gives me two fun things in my week – I get to see the staff and the coaches, I get to see my friends and its fun and helps me not get too stressed. "



## Girls' Club



The Girls Club provides a supportive and creative space for young women to come together through activities and peer support. Young women plan different activities each week to develop their social skills and support wellbeing. The group helped reduce loneliness through supporting each other through challenges and planning events together, including Christmas and Eid/Iftar celebrations. Older members were trained as peer mentors to support new young people integrate into the group as more referrals came through.

“

I like that we do so many different things and challenges. I also really like doing the art and craft activities. It helps me feel calm and its nice to chat with everyone and hear how they are and check in for wellbeing.

”

## Warren Weekly

In consultation with FYA's Young Ambassadors, we launched a new weekly drop-in session in the Warren Centre, right next to our Warren Sports Pitch. The aim of the drop-in is to connect young people who use the sports pitch with a dedicated space where they could feel a strong sense of belonging, enjoy positive social interactions with other young people and FYA staff. Engaging activities on offer include music sessions, cooking classes, games, and interactive workshops.



“

I really do think this club is really important for our younger ones to feel safe here and that we are part of helping them to do that – it's important to us that they don't feel intimidated to spend time here and can come to us if they need anything.

”

## Football and other sports



Six weekly coaching sessions were held on the Warren Sports Pitch in Fitzrovia and on the Cumberland Market Pitch in the Regent's Park Estate. Weekly sessions were held for the Under 10s, Under 11s, Under 12s, Under 13s and Under 16s, as well as separate Girls Under 13s sessions. The Under 10s and Under 12s teams played every Saturday in the Camden and Regent's Park Youth League.

"We are so grateful to FYA. Being part of the football club has been transformational and has helped our son to be more resilient and meet members of his community. I know how much he looks up to you all and I am so appreciative of the mentorship he receives. You really do change and improve lives. I have also noticed how the team are so supportive of each other during the highs and lows. I've noticed that bond is not present in some of the other teams we've played. It's often not been about the result but those little moments of magic that happen during the games. **Parent**"

*187 young people aged between 6 - 18 attended drop-in and sports sessions for more than 5 times during 2024-25. 11 is the most popular age range; 82% of attendees were young men, and 18% were young women*



## Social Prescribing

We are partners in a London Borough of Camden programme which tests out different approaches to social prescribing for young people.

We employ a peer link worker who helps young people participate in activities and support which they would otherwise not be able to access. Our peer link worker does outreach work and holds 1-2-1 meetings with the young person to find out their interests and needs, as well as providing encouragement and practical support to help the individual sign up for beneficial activities.

Our social prescribing model offers young people in need who participate in social action programmes additional 1-2-1 support, as well as supporting individuals to participate in group work where young people offer peer support and encourage each other to take up beneficial activities.

### SOCIAL PRESCRIBING CASE STUDIES

#### Abdullah



“When I first arrived in the UK from Ghana two years ago, I was overwhelmed with sadness. I didn’t know anyone, and I felt completely lost, missing my friends and family. Depression took over, and I didn’t know how to find my place in this new world.

Everything changed when I was introduced to social prescribing. The support started with one-on-one sessions, where I could open up about how I was feeling. Slowly, I began to feel understood. After a

while, I was invited to join a group of people who, like me, were struggling to feel part of this new society. Together, we worked on planning a street party for the community. That was a turning point for me. I finally felt part of something bigger and more connected. Through the social prescribing programme, I was also helped to enrol in college, which gave me a new sense of purpose. On top of that, I was given access to tutoring services that boosted my confidence and helped me succeed academically. Thanks to this support, I now feel more like myself again—part of a community, not just a stranger in a new place.”

**Farhan**

“Before I joined the programme, I had been out of school and was really struggling socially. I did not have many people to talk to and I felt lonely. Working with a social prescriber really helped me to start to feel more confident to join the wider programmes at FYA. This summer has been a period for me to remember. I have been involved with the school attendance programme, helped organise the Warren Cup, and took part in many fun trips. This experience had been so amazing that I brought eight new friends from my new school to join FYA.”



*66 young people aged between 12-25 attended the programme during 2024-25. The most popular age range was 18; 70% of attendees were young men, 30% were young women.*

# SUMMARY OF YOUTH SOCIAL ACTION ACTIVITIES

## PEER SUPPORT

Young people are more likely to turn to other young people for advice and support than approach a parent, teacher or any other professional. At FYA, we have co-produced fun and creative peer support programmes where young people take the lead in offering each other advice and support.

## Peer Education Programme

The peer education programme works with young people to identify issues that they feel are having a negative impact on them and their community. Young people participate in training and decide which issues they would like to address. They then explore their chosen topic and decide on the message(s) they want to put out to others. They are then supported to work up their message and create an awareness campaign. As part of this, they create a short film which becomes the centrepiece for awareness workshops they deliver to other young people at youth clubs, schools and other agencies.

Young people ran awareness campaigns around support for YP with additional learning needs, living with schizophrenia, family pressure, AI, bullying, school attendance, cost of living, coping with stress, understanding mental health and how to support others.

## EXAMPLES OF PEER EDUCATION

### School Attendance



Camden has one of the highest rates of school non-attendance in London. Working in partnership with a Camden Learning school attendance initiative, we supported young people from five schools and one youth project to explore the different reasons behind poor school attendance.

They identified gaming, bullying, mental health, lack of support, family problems, and screen time as significant contributing factors.

At the beginning of the project, the organising group received mental health training to build a shared foundation of understanding around wellbeing and emotional resilience. They then broke into smaller groups to explore these topics in more depth, drawing on their own experiences and insights.

Supported by filmmakers and youth workers, the collective core group scripted, storyboarded, and produced two animation films designed to address the key issues affecting attendance in a creative and relatable way. The young people then took these films into their schools and youth spaces, where they delivered peer-led workshops, using the animations to spark discussion, raise awareness, and encourage positive conversations and support among their peers.



" This summer, I got involved with FYA through their peer education project. It's been a great experience—I've developed valuable skills, received help improving my CV, practiced for job interviews, and even got connected with job opportunities that match my interests. The team has also supported me by acting as a reference. "

## Accessing Higher Education

We worked in partnership with Somali Youth Development Resource Centre (SYDRC) to support an organising group who wanted to focus on the effects of rising university fees and increasing living costs on young people's futures.

Their campaign film highlighted the barriers many face in accessing higher education and the financial pressures that influence aspirations and decision-making. The film and workshop they created aimed to raise awareness, encourage meaningful discussion about educational inequality, and empower young people to think critically about how these challenges shape their opportunities and dreams.

Through shared learning and mentorship, participating young people developed practical filmmaking skills while strengthening their confidence, sense of identity, and connection to community. The project stands as a strong example of the value of this collaboration and the lasting impact it had on those involved.



## Employment and Mental Health



In partnership with Capital City College, we helped a group of students who chose to focus their project on the relationship between employment and mental health, with a particular emphasis on schizophrenia.

Through their mental health training, the group developed a deeper understanding of what it means to live with schizophrenia and learned how to be more informed, empathetic, and supportive toward individuals affected by the condition.

This project presented a unique and refreshing concept that we had not previously explored in depth. The group's lived experience and strong understanding of schizophrenia introduced new ideas and perspectives, which greatly enriched the project. This insight contributed to the creation of an informative and impactful film that raised awareness while encouraging empathy.

The film tells the story of a young man struggling with inner voices as he navigates life on the streets. Determined to escape homelessness, he faces the daunting challenge of attending an important job interview. Throughout the film, he battles his own mind and circumstances, ultimately discovering resilience and inner strength.

"I've always been seen as the 'difficult' one in school and even at home. My behaviour has often gotten me into trouble because I struggle with anger and frustration. But deep down, I knew I had ideas and creativity that I wanted to express. The staff didn't judge me for my past behaviour—they worked with me, listening to my ideas and encouraging me to participate. I was even given a role in the film, which helped me believe in myself. I learned how to express my emotions through acting and gained a lot of confidence. Now, I feel proud of myself and am excited to keep exploring what I can do."

"I enjoyed learning new ways of interacting with other young people in a workshop setting. I've learnt so much about mental health as this was not something I cared much about before. Now, I am aware that I need to take care of my mental health like I would take care of my physical health. All the different skills that I have gained can now be mentioned on my CV."

*In 2024-25, we supported 167 peer educators across 12 cohorts. They created 14 films and delivered awareness workshops to 960 young people. 14-18 was the most popular age range; 58% of attendees were young men; 37% were young women, 5% were non-binary.*

## Peer Mentoring Programme

Our Peer Mentoring Programme offers a space for young people to come together to access and provide peer support to one another through group work, one-to-one activities and discussions. The programme has been co-produced with young people and Mind in Camden and the Tavistock & Portman NHS Foundation Trust. The core programme content has been informed by evidence-based models including the '5 ways to Wellbeing' and 'Resilience Framework'.

We offer different models of peer mentoring to schools and youth organisations and we work with them to identify the best option for their young people. We encourage a mutual aid approach, where young people take turns to mentor each other, as we know the act of supporting others can be especially beneficial. Together, young people and our partners develop themes for participants to explore that form a semi-structure to the programme. We deliver accredited training for peer mentors to complete prior to delivering mentoring sessions.

### EXAMPLES OF PEER MENTORING

#### Body Image Peer Support



In partnership with St Marylebone Girls School in Westminster, we supported a group of Year 10 young women.

The focus of the project was to train students as peer mentors to safely support each other with issues they might be facing and create an awareness campaign to signpost peers for further support. Many in the group were struggling with issues linked to disordered

eating/poor self-esteem/low sense of body image/peer pressure and perfectionism.

Students agreed to focus their campaign on body image to help each other and educate fellow students on issues surrounding the subject.

The organising group completed AQA accredited training, learning about basic mental health awareness, including signposting to where to get help for mental health with a focus on eating disorders, communication skills, boundaries and confidentiality. They then went on to create their own mentoring sessions. 21 students met weekly over 12 weeks including a whole day of filming to create short films, social media content. The group also organised and delivered an assembly with workshops for their peers, raising awareness of body image related issues and the impact on self-esteem and mental health.

From these sessions, I learned to have a more positive outlook on my body and how to improve my confidence and learning about where my confidence stemmed from. We cultivated a really safe space to talk about what we struggled with.



I've learned that beauty isn't about societal standards, it's about embracing who I am and what makes me unique. I never imagined I'd feel so confident and proud of myself. This programme helped me realise that I am more than just what I look like – it's about how I feel and how I treat others.

## Group and 1-1 Peer Mentoring

FYA delivered a 2-stage peer mentoring programme with a group of Haverstock School students in years 10 and 8. The year 10 students participated after being identified by the school as being a group that could benefit from increasing their self-esteem and having a few friendship/clique/issues within their year group. The training supported students to learn new skills on how to best support themselves and their peers with looking after their mental health and how to help others.



Students were particularly passionate about the training on mental health and exploring wellbeing including many issues surrounding it for young people in what they are facing today. After the training the peer mentors decided to design and deliver group mentoring workshops on “The teenage experience”; “Body dysmorphia”; “Mental health illness”; “Being comfortable with yourself”; and “Relationships”, all with key messages on supporting themselves.

After the group mentoring was completed, the mentors went on to run weekly 1-1 sessions with year 8 students providing peer to peer support, with many mentees reporting an increase in confidence, being listened to and problem solving as positive outcomes from the experience.

My experience with FYA has been positive. I have always been heard and I feel like everyone has been given a chance to share their thoughts on what affects attendance [school attendance project]. I learned how to mentor and understand more reasons people might not be coming in and how to be a more empathetic person. Young people find it easier to relate to someone their own age.

I'd encourage others it allows you to have a safe forum to discuss mental health.

My mood would change from the beginning of the sessions to after as it was really fun having discussions with people about these topics.

## Youth Homelessness and School Exclusion

Coram approached FYA to run a peer support programme with young people with lived experience of homelessness and/or school exclusions. A cohort came together to share their experiences, gain peer to peer support from other and educate themselves on their rights and how to access further support and information about the challenges they were facing.

After the peer mentoring training was completed, which involved several insightful and thought-provoking discussions about the impact that homelessness and school issues had on their mental health, participants came together to work on developing their own mentoring sessions for each other. The peer mentoring sessions comprised of tips on what helped each person cope with their circumstances and what they wish they knew at the time. Practical suggestions were shared such as what young people could do if they find themselves facing issues in the education system and or their housing situation and also messages of empowerment and hope.

Peer mentors shared their lived experiences and stories of resilience which gave others inspiration and motivation to try and find solutions for their own issues. The vulnerability each participant shared helped another to open up and not feel the stigma often attached to their challenges but relief that they were not alone.

" I would definitely encourage these workshops for other students. We learned many new things about confidence and mental health, and how to support these things. "

" I learned about mental health and how to communicate my boundaries better, as well as respecting others. "



*In 2024-25, we delivered the Peer Mentoring Programme to 31 cohorts in numerous schools and youth agencies. In total, 510 young people participated as mentors and/or were active in peer support groups. 80% were young women, 19% were young men and 1% were non-binary. Their ages ranged from 11 to 24, with 14-18 being the most popular age group.*

## PLACE BASED SOCIAL ACTION

Young people are often viewed as troublemakers, yet most young people care about their environment and are often most affected when it comes to issues like community safety. Our place-based social action programmes offer young people the opportunity to be the driving force around bringing the community together and making local improvements.

### Youth-led Community Events

FYA runs a youth leadership programme in which groups of young people are supported to organise and deliver one large community event per group. Young people plan and deliver all aspects of the event. They host on stage, help set up, decorate and pack away, organise food, entertainment, customer service and all aspects of stewarding. They complete 'customer service' training to ensure their guests have a great time. Six large events were organised. This included the Warren Cup, a sports tournament in which participants compete in football as well as take part in peer education workshops inside our cinema tent, a street party, community dinners to celebrate Christmas and the breaking of the fast during Ramadan (Iftar), as well as the Regents Roots festival we organise together with Old Diorama Arts Centre, and a Youth Action Showcase.

In addition to the 48 youth steering group members who organised these events, we also had a further 103 young people volunteer on the day of the events.

### EXAMPLES OF YOUTH-LED COMMUNITY EVENTS

#### Youth Action Showcase



Young people organised and hosted a Youth Action Showcase, presenting a wide range of our most exciting youth action programmes and celebrating our fantastic partnerships with many local organisations to over 120 guests including senior Local Authority decision makers, policy makers, funders and supporters. The annual showcase celebrates the hard work of our youth social action volunteers across Camden and Westminster and how their programmes impacted themselves, their peers and their communities. The event screened films created by young people and heard presentations from other groups relating to their work on themes such as school attendance, youth and community safety, bullying and substance misuse.

A powerful youth led event where young people took the stage to address tough topics like bullying and exploitation. The scale and impact of the social action work was truly inspiring, showing not only their dedication but also the strength of their voices in creating real change. Proud to witness such resilience, creativity and commitment to making a difference. **Showcase Attendee**



Great performances, challenging and topical video content, tasty food and a community and its supporters all together in one space. Not many develop and platform young people as well as FYA! **Showcase Attendee**

I really loved doing showcase. It felt like such an important event, really celebrating what we all do throughout the year. It felt great to stand and share about what we are all so proud of doing. I really gained confidence in public speaking too." **Showcase presenter and steward**

## Fitzrovia Street Party

Every year young people organise a street party for residents who live around the Warren Sports Pitch, and wider community. They set up dining tables in the road for guests to enjoy a community dinner while watching youth performances on stage throughout. Over 400 residents took part. Young people delivered all aspects of the event from performing and hosting on stage, to serving food and managing a wide range of activity stations. They created poster designs, designed the stewards' t-shirts, researched activities they wanted to include, undertook health and safety risk assessments and physically delivered flyers and posters in the local area to promote the event. The steering group also conducted the steward and staff briefing along with health and safety notices for residents.



Thank you to the young people - I have a disability, and one young man made sure we were ok, went and collected our food for us and checked on us all day. **Street Party Attendee**

The young people were so pleasant and respectful, it felt as though the community was restored by the young people's smile. **Street Party Attendee**

I was quite nervous as I didn't really know anyone when I came to volunteer, but it was amazing – the staff and stewards welcomed me, acted like I had been part of FYA forever. I learnt so much about customer service working on the catering area. **Young steward at Street Party**

## Christmas Community Dinner



Young people organised and hosted the annual Christmas Community Dinner. Over 150 guests joined for an afternoon of entertainment, games and delicious roast dinner, served at tables by our young stewards. The (free) event is hugely popular with local residents from all backgrounds, especially with older people, and is 'sold out' within days of tickets becoming available. The most popular activity, for families attending, young people and older people alike, was Bingo. Young people worked hard for months to organise the event,

designing the promotional materials, selecting the activities and entertainment, and deciding on layout and decorations.

" This event really made me feel more connected to the community. It was wonderful to see such talent and what a great atmosphere. **Christmas Attendee** "

" I love this event every year – thank you all for your hard work. I met new people today and felt really part of something. **Christmas Attendee** "

" Before the event, it didn't quite feel real as we are researching and designing, but the day we went out with the leaflets made it real. I have gained so many skills as part of this project and felt really proud on event day. We did that.  
**Christmas Youth Event Manager** "

# Community Champions

The Regent's Park Community Champions programme is a hyper-local, participant-led engagement programme through which young people from the Regents Park Estate work alongside adult residents to address critical issues through social action and co-produced system change, in collaboration with a strong local network of community organisations, local authorities, and businesses.

Our Community Champions carry out local consultations, devise their own programmes to lead change, create strong local networks, co-produce improved services, and deliver activities which improve the environment, increase cohesion, and bring the community together. Champions helped organise the Regents Roots Festival as well as an Iftar gathering bringing together hundreds of residents. They also organised community safety projects and helped design and build a meanwhile use park.

During 2024/25 we expanded the programme into the neighbouring Amptill Estate, supporting young people to establish needs in the community and work with other local organisations to plan social action programmes to create a stronger community in and around the estate. We started a drop-in for young people to shape activities they would like to see happen. The Amptill Champions then went on to organise a consultation among residents and worked in partnership with Camden Detached Team to create a film about racism and islamophobia and concerns about riots spreading across the city in Summer 2024.

Below are some of the highlighted Champions' projects.

## EXAMPLES OF COMMUNITY CHAMPIONS PROJECTS

### Young Placemakers



Working in partnership with Matt + Fiona, LDA Design, HS2 and Mace Dragados Joint Venture, 18 young people were part of designing and building a new structure in a meanwhile use park. Initially, the Young Placemakers engaged 80 young people and their families at a fun day they organised and others at our Open Iftar event, to share their ideas for playable landscapes. The group then draw themes from and visited other meanwhile use parks for inspiration. After design sessions and construction skills training,

they helped build 'Reflect,' a multifunctional tall metal pavilion visible from the street, with mirrors and colourful panels, cut, sawn, painted and drilled by the young people, designed to playfully integrate the landscape of the new garden, with a dance space, seating area and a screen that can be projected onto.



## Regents Roots Festival

Together with Old Diorama Arts Centre, we supported residents to organise the annual Regents Park Estate summer festival. Over 1200 residents joined us for a packed programme of arts, dance, inflatable activities, and musical performances. As part of the festival, residents were also supported to run art and craft, henna and face painting stalls, and young people volunteered alongside adult residents to steward the event.



## Amphill Community Researchers



Young people who live, attend school or spend time in or around Amphill estate came up with questions they were interested in finding out about the estate, specifically around safety, green space use and things people would like to get involved in/see on the estate. After completing training, the group started their door-to-door research on the estate. Results from the research will be shared with Camden Council, Amphill TRA, local police and other interested local partners and will be used to inform future activities on the estate.

Early results indicate recommendations for more youth activities, including sports sessions, community events and activities to promote wellbeing.

"The Amphill Community Research is important, there are lots of children here who want to have more to do and feel safe and this can give us more steer of what people actually want to take part in. I have lived here for a long time and have been part of previous FYA project, so I am really glad to have been part of it on my own estate."

## SYSTEM CHANGE

Young people's voices are often not heard, they are rarely consulted, and seldom involved in the shaping and delivering of services. At FYA, we support young people to draw on their expertise and lived experience to communicate their views and ideas about how improvements can be made.

## Youth Action Teams

Young people are supported to organise peer to peer activities, consultations, campaigns, and events to ensure their voices and ideas are heard. Key to the programme is the engagement of service providers and strategists who are committed to work with young people in finding youth-led solutions to improve the quality and access of services.

We have already described in previous pages how our Young Guardians trained over 90 professionals to help them become active bystanders when witnessing conflict, or how our Young Urban Designers fed back the views of over 60 other young people into a local authority planning programme. Two other YAT programmes are highlighted below.

### EXAMPLES OF SYSTEM CHANGE PROJECTS

#### Violence Against Girls and Young Women



In partnership with the London Borough of Camden's Detached Youth Team, we supported an organising group of young women to help plan and deliver a Youth Assembly which had violence against girls and young women as its central theme.

The group analysed recent local research data with young people on this subject and used this to inform workshops they delivered at the Assembly, which was attended by over 80 young people. The group

presented 15 key recommendations to the Assembly and through the workshops they facilitated, helped participants reflect and prioritise which of these should become the top 5 recommendations for strategists to consider.

Following the Assembly, the group presented their recommendations and engaged with Camden's VAGW Strategy team, Community Safety Partnerships, and Children's Participation teams, as well as with officials from Transport for London, as some of their findings were directly linked to transport.

## Young Guardians

Last year the group developed a training workshop and materials to help professionals and community members be active bystanders when witnessing conflict. They delivered training to over 90 professionals and community members, which continued into this year. Working with Camden Council's Detached Youth Team and Communications Team, the Guardians co-produced a poster campaign 'Keeping Our Community Safe' that featured on bus stops across the borough and featured on Camden Rise, the youth



dedicated council website, to enable residents of all ages to access safety resources and films. The group also created a new film in partnership with Camden's FWD Substance Misuse and Detached Youth Teams, exploring exploitation and substance misuse. The film was shown to a range of Camden staff teams and shared across rail stations across the county as part of Safeguarding Day with Railway Children's Charity, Avanti West Coast, British Transport Police and Network Rail. The film was screened in Euston Station, with Young Guardians raising awareness for young people's safety on public transport and exploitation. The film also came joint first place in Camden's Youth Celebration Week Multimedia Competition!

"There isn't another programme like Young Guardians I don't think. We get to create events, make films, do photography, get training – there's loads we get to do! We have learnt a lot but more importantly we see the difference it makes for our friends, our neighbours and the community. I am really excited by the work around community safety and getting to hopefully work with the police more closely and even train them in our workshop!"



## CAMHS to Community



In partnership with the Tavistock and Portman NHS Foundation Trust, we supported a second group of young people who have exited CAMHS to explore how CAMHS might be enriched by offering peer support alongside clinical support, and what such a service should look like.

Young people engaged in group peer support as well as 1-1 peer mentoring with alumni 'CAMHS to Community' young people who completed a previous cohort returning in a paid supporting capacity. participants learned how to support themselves and their peers, engage in meaningful activities, discussions, play games, learn new skills and healthy coping strategies.

Part of the programme involved the young people holding a pop-up event at the Tavistock service and engaging other young people, parents and clinicians. Young people also attended events to give talks to clinicians on the power of peer support and share their own account of their time in the group. Young people presented their film 'CAMHS to Community' and gave presentations at an NHS board meeting, an iTHRIVE event and also at our FYA showcase event.

Participating in the FYA 'CAMHS to Community' project was an opportunity that I'll never forget. It has allowed me to speak on issues that are so stigmatised and advocate for young people who are experiencing difficulties. I hope that in the future, young people who attend this group make the most out of it as it is an experience to cherish and not miss out on - exiting CAMHS is hard as a young person who experiences low mood and other negative emotions that come with it.

## Young Ambassadors

Our Ambassadors are ‘alumni’ young people who have completed at least two youth action projects with FYA. They are trained and supported to represent the voices of service users and help the organisation to plan and make decisions. 23 Ambassadors worked with trustees and staff in formulating our new strategic plan for 2025-28, ensuring that the programmes remain youth led and respond to participant feedback as part of continuous improvement and development. They also participated in workshops with staff and other young people to explore the ‘Fitzrovia Model’, helping the organisation to reflect on its participatory approach and how we can strengthen and develop this further.

Our Ambassadors represented FYA at a number of external events. They formed a youth interview panel as part of a staff recruitment round. They helped recruit young people into FYA and joined the first sessions of new youth action cohorts to share their own experiences to inspire and motivate new members. Outgoing Ambassadors also trained the incoming cohort just before completing their tenure.



I have loved being both an ambassador and now Ambassador mentor. FYA has been such a big part of my life. I have gained so many skills in decision making, how to adapt in different professional situations and how to support other young people developing their leadership and other skills. I am still unsure what I want to do as a career, but these experiences being on my CV will be great whatever I choose.

I was not sure if I could be an Ambassador but I am so glad I have. I didn't think I was confident enough, but as a team we are really strong. I have gained lots of skills and made lots of friends.

Being an Ambassador has been really great. I have had so many opportunities because of this. I really enjoyed being on the interview panel – it was so interesting to see it from that side of the table and how much I can improve my own interviews for future. It was really eye opening to understand the process for recruitment too. It has also made me want to work for FYA!

Being an Ambassador has been such a highlight for me. I have loved working with so many people I didn't know before, all who are passionate about what we do. The FYA Showcase has been a big highlight seeing so many of us stand and speak to such powerful people about how important our work has been to us. I also love that I still get to perform and I have been part of a peer support music group too.

*180 young people were engaged in leading a total of 14 place-based social action and/or system change social action cohorts over 2024-25. They were aged 7-24, with 14 being the most popular age; 48% were young women and 52% were young men.*



## SHARING THE LEARNING

While our direct delivery with young people is focussed on partnership work within the London Borough of Camden and City of Westminster, we share our learning with professionals from inside and outside these areas.

### Masterclasses



We deliver a four-part Masterclass series on topics young people have highlighted as key factors that encouraged their continuous engagement with us.

The masterclasses are aimed at professionals who work with young people and young adults in any capacity. All the Masterclasses have been co-produced with young people that access our services. They are a great way to gain knowledge on what the young people find effective, as find out about the engagement and participation

methods and tools which we have co-produced with young people over the years.

The masterclasses we offer are:

- Facilitation Foundations
- Youth At The Heart From The Start
- From Participation to Facilitation
- Building the Boundaries

*We delivered 8 masterclasses in 2024-2025, which were attended by 79 professionals from 56 organisations.*

"The masterclass provided me with frameworks and ideas I can adapt and implement myself. I gained strong understanding and knowledge about facilitating youth led work and have lots of ideas about how I can encourage young people to facilitate too when I go back to the team. Thank you so much!"

"I loved the structure of the session and the clarity of the slides. They felt like prompts to deepen the discussion. The communal knowledge sharing was most helpful and it was so wonderful to listen to such an array of experience and expertise in the room. Thank you for offering this it was so inspiring and thought provoking."

## Train The Trainer



We also delivered our Peer Mentoring Train the Trainer (TTT) programme to other organisations who would like to facilitate peer mentoring in their venues. This included training professionals from 10 youth organisations working with global majority young women as part of London Youth's 'Good for Girls' programme. Apart from training staff on how to deliver peer mentoring, we also directly trained 46 young women as peer mentors.

"I would recommend this training to others as it was useful with a good balance of practical and theoretical learning. Hearing the success stories of different models from the experience of FYA was most beneficial as we could see how we could make a difference to our mentors and mentees, the impact scale and learning how to embed the training, especially with boundaries was most helpful!"

"This training was high level for considerations for all aspects setting up a peer mentoring programme. There was specific attention to how best to equip and support the young people which is why I would recommend it to other professionals. Learning about the mutual aid approach and implementation was most beneficial. Thank you FYA for your time and energy supporting us through the training!"

# THE DIFFERENCE THAT OUR YOUTH ACTION PROGRAMMES HAVE MADE

## Number of people participating in FYA's youth action activities

857 young people were involved in planning and delivering youth action programmes in 2024-25. Our youth social action programmes typically last for around 12 weeks.

Just under 1000 young people took part in peer education workshops delivered by our young volunteers. Over 2000 people from the wider community attended community events organised by our young people.

Towards the end of their youth action projects, participants take part in workshops where they identify the skills that they gained during the programme and learn how to articulate these in CVs, interviews and applications.

Our evaluation, based on validated tools, showed that that our young volunteers reported significant increase in their well-being, life skills and their sense of community belonging.

Our validated monitoring and evaluation tools show that that participants in our social action programmes have achieved the following outcomes:

- **Increased Resilience and Wellbeing** – young people report increased confidence, positive relationships with peers and higher self-esteem;
- **Greater Sense of Belonging** – young people feel more connected to their community;
- **Increased Skills and Experience** – young people can articulate and use their skills to move on into further education, training, or employment.



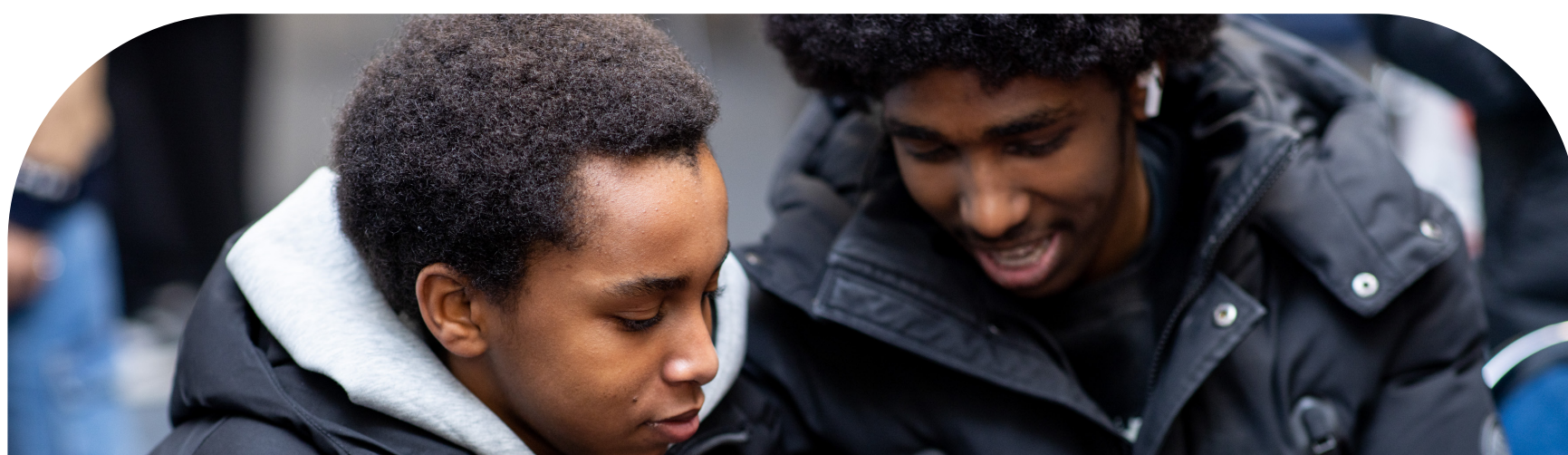


## Mental health and wellbeing

562 youth action participants (63% of total) completed the validated Short Warwick-Edinburgh Mental Health Wellbeing Scale (SWEMHWBS) surveys. Analysis of baseline and exit surveys demonstrates that significant increases were achieved in all the seven factors measured, as the graphs on these pages show.

Overall, 76% of participants showed an improvement in their mental health and wellbeing. According to the SWEMHWBS, 70% of young people improved their wellbeing score by more than 1 point which, according to the scale, reflects the change was likely to be important to them. The evaluation data also shows participation in youth social action decreased 'low levels', and increased 'high levels', of mental health.

Results also show that, prior to the programme, participants' average wellbeing score was 1.3 points below the national average. Post-programme mean score was 1.7 points above the national average.

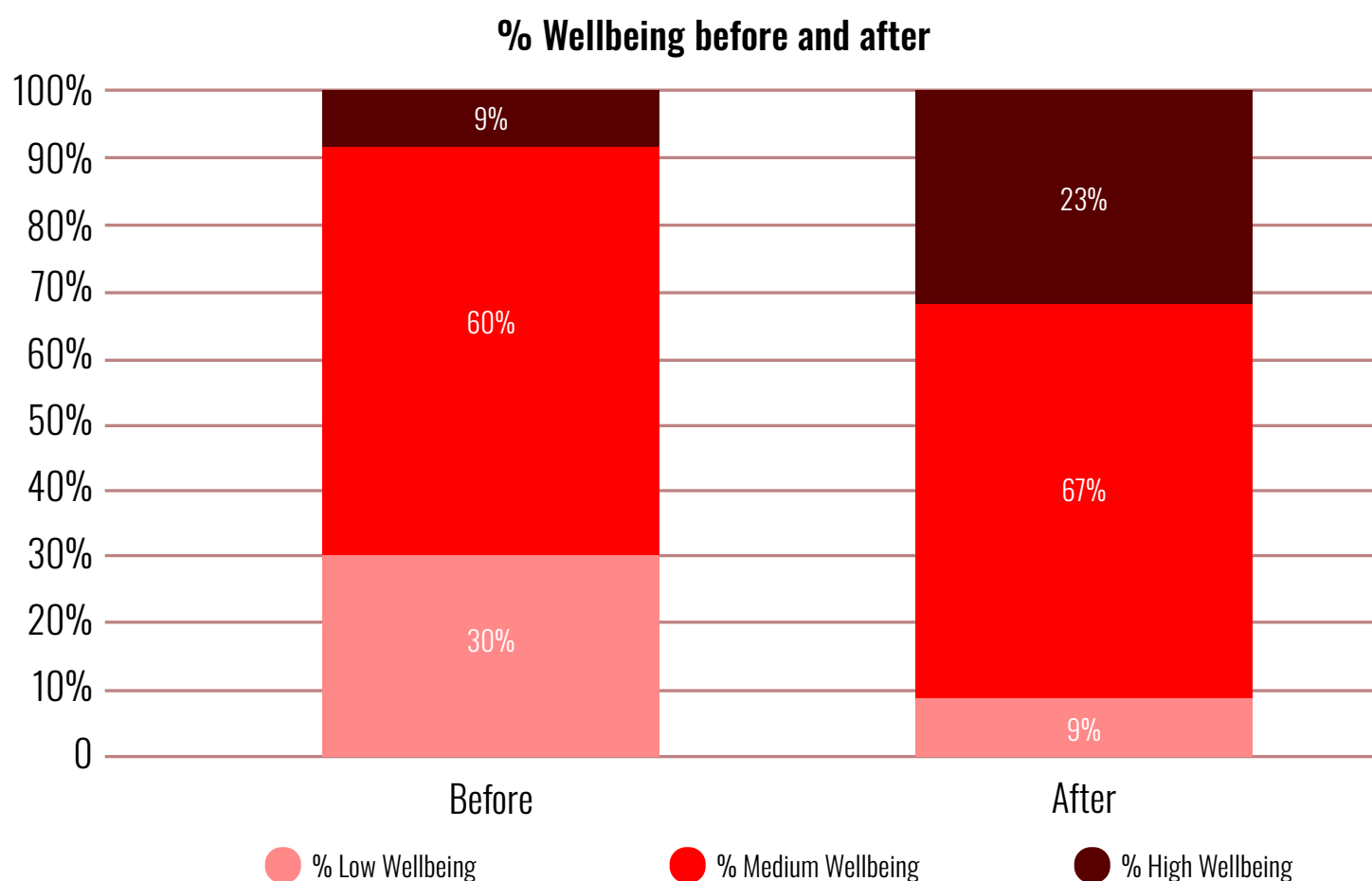


" I've always been seen as the 'difficult' one in school and even at home. My behaviour has often gotten me into trouble because I struggle with anger and frustration. But deep down, I knew I had ideas and creativity that I wanted to express. The staff didn't judge me for my past behaviour—they worked with me, listening to my ideas and encouraging me to participate. I was even given a role in the film, which helped me believe in myself. I learned how to express my emotions through acting and gained a lot of confidence. Now, I feel proud of myself and am excited to keep exploring what I can do. "

" I enjoyed the environment this has put me in as I grew closer with other people, I'm more aware of different feelings and emotions people might be going through. The sessions helped me understand how to support someone who might be struggling with their mental health and how to access different resources to help them. "

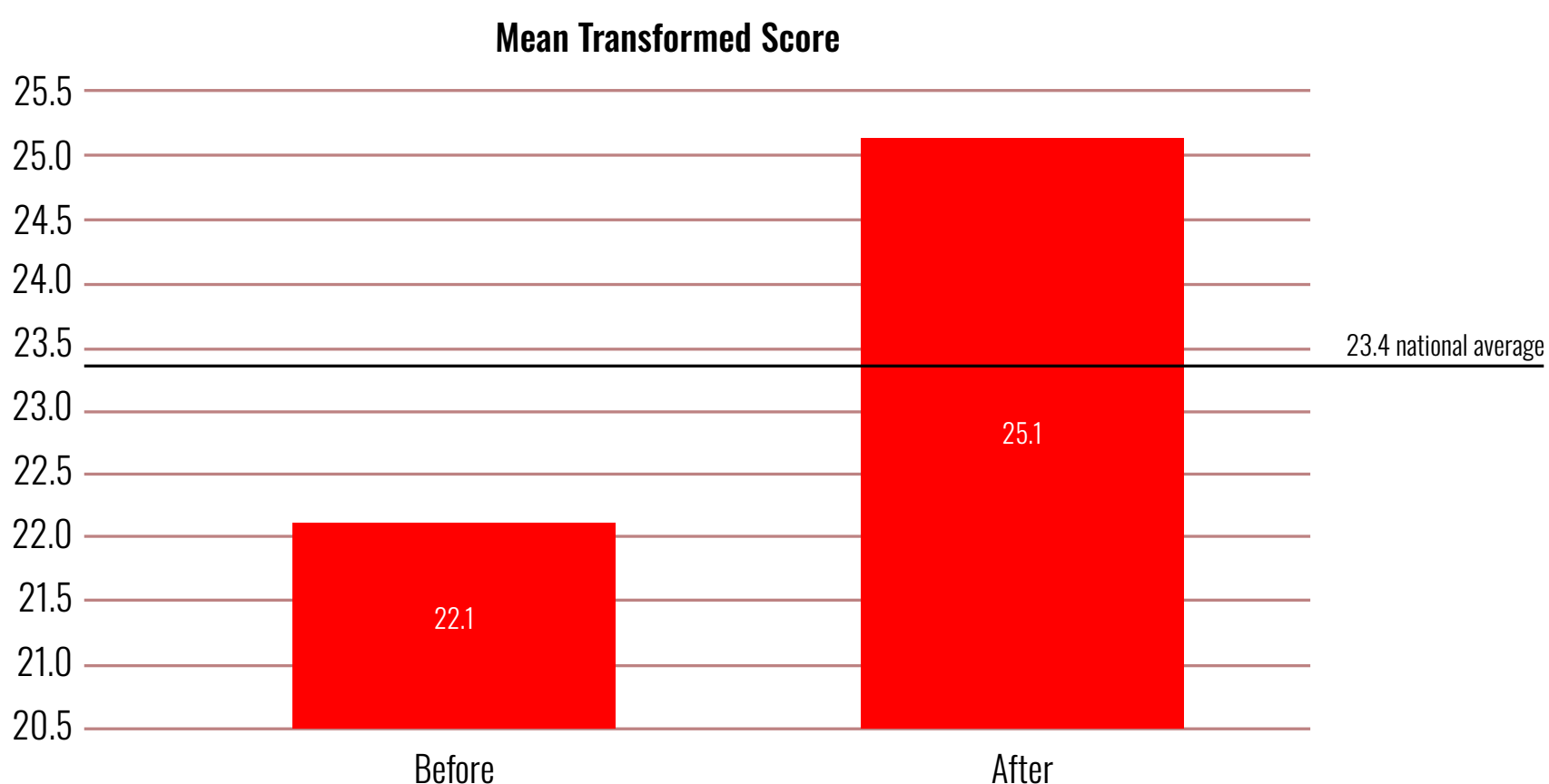
### Graph 3; Wellbeing before and after

At the start, 30% of young people across our youth action programmes experienced 'low' levels of mental health, according to the SWEMHWBS scale. By the end of the programmes, this had reduced to 9%. Those experiencing 'high' levels of mental health rose from 9% to 23%.



### Graph 4; Wellbeing compared to national average

Participants' average wellbeing score at the start of the programme was 1.3 points below the national average for 16–24 year-olds. At the end of the programme, their average score was 1.7 points above the national average (the national average SWEMWBS score for 16–24-year-olds being 23.42).



## Community impact

A sense of community belonging is at the heart of FYA's work. LEQ scores of young people involved in youth social action showed a significant increase in their sense of belonging. Many of the young people defined their community by their friends, peers, school and their work with FYA. For many of the young people that were involved in youth leadership projects, FYA had become their community. Participants told us that they felt connected to the staff, other young volunteers and during the community events, also the invited guests from the community.

464 out of the 1200 guests who attended our community events completed evaluation forms. 66% described the event as 'brilliant' (32% as 'good') and 79% stated they had met people at the event they did not know before.

960 young people who attended mental health awareness workshops delivered by our youth action volunteers completed baseline and exit survey forms. 81% of participants demonstrated an increase in knowledge after taking part and 72% agreed that the workshop helped them feel more confident in making the right decisions about the covered topics in the future. We also asked young people where they would turn to for advice and support. As the graph below shows, a 'friend' or 'peer' was the most popular answer by a significant margin. Young people are more likely to turn to their peers for information, advice or support, than approach a professional or adult for help. This provides an important rationale for our work; building the capacity of young people to support each other.



" I started feeling like I was part of something much bigger than myself. Before joining FYA, I had never felt that sense of belonging. But through the people I met and the projects I worked on, I began connecting with others who shared similar values and goals. I felt welcomed, supported, and for the first time, I truly felt like I belonged to a community.

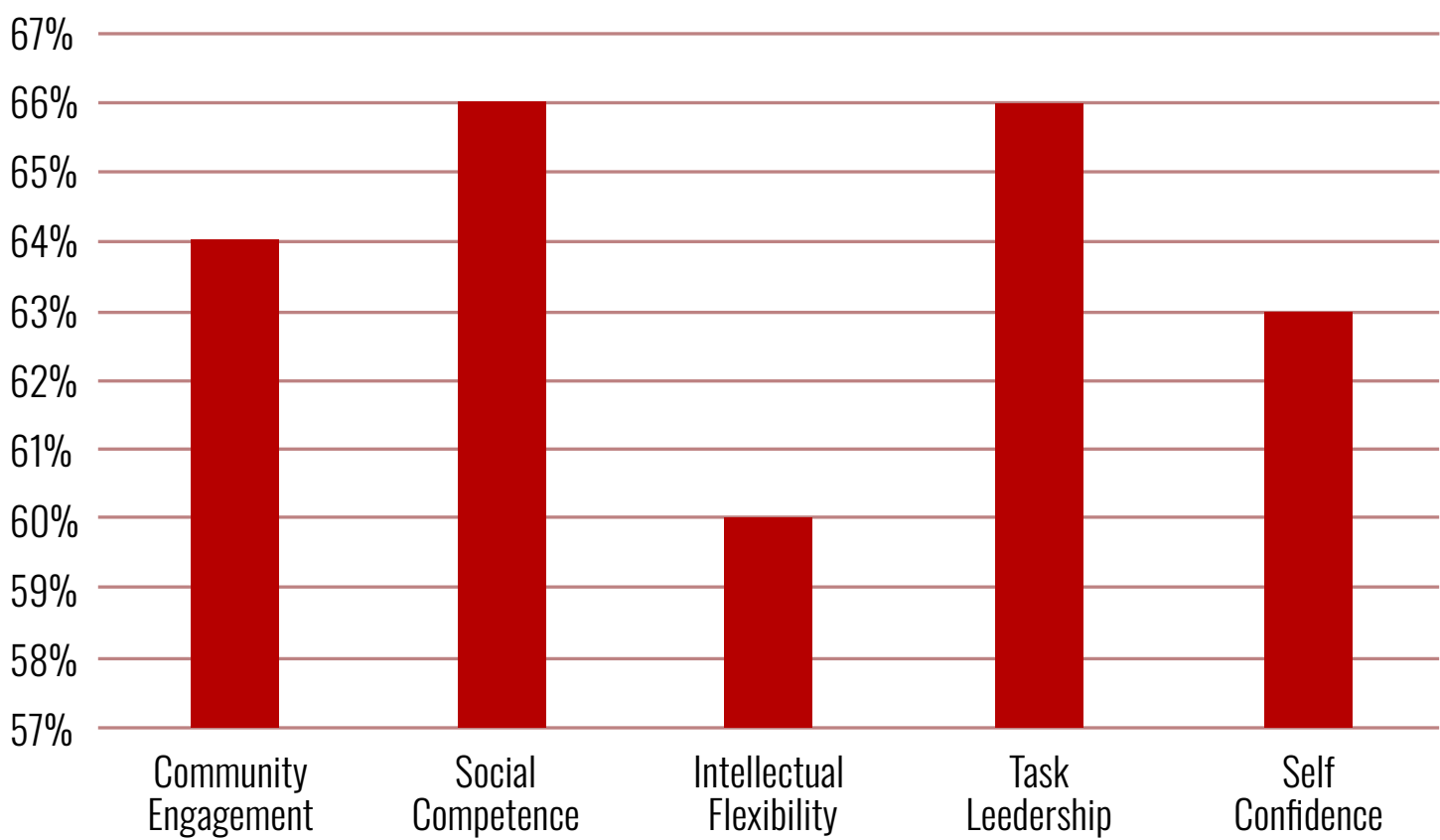
" The project gave me a reason to speak up. I finally felt like I was doing something that could help my area, not just for me but for everyone living here.



Graphs 5; Skills development and community engagement

Participation in our youth social action programmes appears to have had a positive impact on young people’s skills development and how engaged in the community they feel.

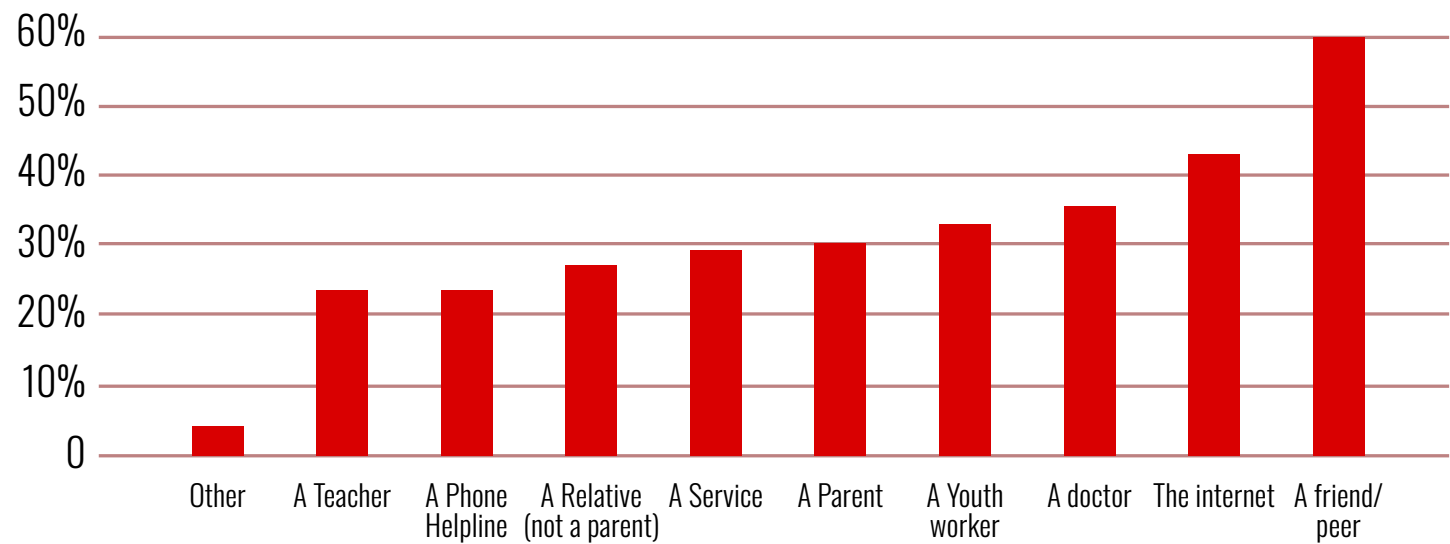
Participants in our youth social action programmes showing positive change



Graph 6; ‘Where would you go for advice and support?’

Young people are far more likely to approach a peer for information or advice than seek support from anyone else.

‘Where would you go for advice and support?’



## Development of skills

562 youth action participants (63% of total) completed baseline and exit surveys based on the validated Life Effectiveness Questionnaire (LEQ).

The findings indicate that FYA programmes have a significant positive impact on young people's life skills. Findings from both the quantitative and qualitative data show improvements in social confidence, task leadership and intellectual flexibility – all attributes which are key employability skills. The LEQ scale found the scale of the effect to be between 'moderate' and 'strong'. Young people could identify other specific skills they had developed within projects such as listening skills, event management, stewarding or risk assessment skills. In total, 1683 AQA awards were gained through taking part, with 666 youth action participants (92%) gaining at least one award.

**666** participants gained  
**1683** AQA awards between them



" I have really challenged myself and tried lots of things I might not have done before – public speaking and now being a trainer is still scary, but afterwards I feel like I have really achieved something. It has also been great seeing my whole family take part in projects. I have gained so many skills and I am having fun with my friends at the same time. I feel more confident but also I notice things more now and know what to do about it and who to speak to.



# OUR COMMUNITY PARTNERS

Fitzrovia Youth in Action delivers a large proportion of its youth social action programmes at partner agencies across Camden and Westminster.

We would like to thank and acknowledge the following organisations for their support and partnership over the past year:



La Sainte Union  
CATHOLIC SCHOOL





Thank you for working with our students this year, they all had a fantastic experience and enriching experience. FYA has expertly created a safe environment where young people can explore the mental health challenges and social pressures they have experienced and observed around them. It then provides them with the invaluable opportunity to share their experience with others and let us know there is still hope in the end. It has been an inspiration to see my students engage in this process and rise up to the challenge of creating a short film addressing the change.

**Madalin Baiceanu, Supported Internship Coordinator, Capital City College**



The Peer education project gave young people a platform to learn from each other in a way that was real, relatable, and impactful. The weekly discussions were very engaging and thought-provoking. This gave the young people the confidence to make a difference in their local community with the themes they picked and created content on. Seeing the confidence and growth in participants and the real connections they built was proof that when young people are given the right tools, they can create real change in their communities.

**Abdikadir Ahmed, Head of Youth Services, Somali Youth Development Resource Centre**

The programme has been really fantastic and I cannot recommend it more to other schools. The body image workshops give the opportunity to build trust to discuss sensitive topics in a manageable way and gave students a chance to be creative. It's really important for girls of this age to have a chance to discuss these things.

**Kate Finn, Head of PSHE, St Marylebone for Girls School Westminster**

" The FYA Mentoring Programme has been fantastic for both our sixth form students and for the younger mentees involved. The training provided by Atifa in mental health awareness and peer mentoring was comprehensive, and ensured the mentors were confident in beginning their sessions. Atifa has provided great support throughout the programme, including a celebratory trip with the mentors and a celebration event with the younger students at the end of the programme. It has been lovely seeing the mentors grow in confidence and maturity and seeing the positive impact they have made on their mentees. We look forward to embarking on the programme again next year!

**Cat Snowden, Head of Sixth Form, Maria Fidelis**



" We at Capital City College deeply value our long-standing partnership with Fitzrovia Youth in Action. For over five years, their team has shown unwavering dedication in this collaborative effort to support our learners across a wide range of subjects. The programmes facilitated through our partnership, along with their excellent peer support initiative, have clearly boosted our students' confidence and teamwork skills. It's particularly inspiring to see the impact of our joint media projects, allowing our learners to gain practical filmmaking experience. We look forward to many more years of this fruitful partnership, which has undoubtedly benefited countless young people.

**Mohamed Osman, Work Experience Manager, Capital City College**

# OUR FUNDERS 2024-25

Camden Learning  
City Bridge Foundation  
City of Westminster  
Clarion Futures  
Derwent London PLC  
Garfield Weston Foundation  
GMS Estates Ltd  
Greater London Authority  
Groundwork HS2  
Henry Smith Foundation  
Jack Petchey Foundation  
John Lyon's Charity  
Land Aid UK  
London Borough of Camden  
London Youth  
Mace Dragados Joint Venture  
Mayor's Fund for London  
National Lottery Community Fund  
Sported Foundation  
The Childhood Trust  
Young Westminster Foundation



# OUR STAFF TEAM 2024-25

## Chief Executive

Andre Schott

## Head of Programmes

David Wong

## Peer Education & Media Manager

Shipon Hussain

## Youth Leadership and Regent's Park

### Champions Manager

Ellie Rudd

## Peer Mentoring Manager

Abbie Mitchell

## Peer Mentoring Coordinator

Atifa Juhi

## Peer Mentoring Officer

Hana Ali (started May 2024)

## Youth Leadership Coordinator

Aleffa Islam

## Fundraising Manager

Celia Hammond

## Community Partnerships Manager

Raja Miah

## Finance Officer

Jacob Okere

## Office Manager

Samira Hussain

## Social Prescribing Officer

Jesse Antwi

## Film Maker & Media Engagement Officer

Jordan Bennett

## Youth Leadership Coordinator

Fathiya Saleh

## Youth Social Action Officer (Intern)

Farzana Ahmed (until February 2025)

## Senior Participation Officer

Mike Alcendor (started May 2024)

## Youth Participation Officer

Ishini Mendis (started January 2025)

## Communications Officer

Laura Cardona (started June 2024)

## Football Staff

Antony Blair (Head Coach)

George Bale (Football Coach)

Sean Burke (Football Coach)

Jason Renee (Football Coach)

## Pitch Staff and Sessional Staff

Ryan Connor

Nelson De Sousa Caldas

Ziyad Hussain (started Nov 2024)

Benyamin Farmani (started Nov 2024)

Abby Lowne (left August 2024)

Arshan Mahi

Callum Ryan

Imaani Samad (started July 2024)

Amir Tubekan

Elijah Williams (started August 2024 and left Jan 2025)

# OUR BOARD OF TRUSTEES 2024-25

## Chairperson

Prof Javier Sajuria

## Vice Chairperson

Brian Willmore

## Treasurer

Idriz Adedoja

## Trustees

Afrin Alam

Marya Arian (appointed December 2025)

Pippa Aspin (appointed December 2025)

Jane Boddington (resigned September 2025)

Emmanuella Ilunga (appointed December 2025)

Morette Jackson (appointed December 2025)

Patricia Marron

Daniel Pitt (resigned December 2025)

Victoria Panormo (appointed December 2025)

Lorna Ponambalum

Dr Mark Seaborne

Matthew Springett (appointed December 2025)

Rosemary Swainston

Dr Alice Weavers

Natalie Speranza

Emilie Vanpoperinghe (resigned March 2025)

## President

Dr June Crown CBE

# Strategic Report for the Year Ended 31 March 2025

The trustees, who are directors for the purposes of company law, present their strategic report for the year ended 31 March 2025, in compliance with s414C of the Companies Act 2006.

## Financial review

In the year 2024-2025, FYA recorded an income of £1,195k, increased by £57k from 2023-24. This occurred for the following reasons:

- In the financial year under review, overall grant funding increased by £24k compared to 2024. This is primarily due to overall increased grant funding.
- Through a combination of paid pitch bookings and hire of warren centre facilities, our trading subsidiary, Fitzrovia Youth in Action Activities Limited, was able to generate a trading income of £149k over the year 2024-25 (£144k in 2023-24). This income goes towards the running costs of the charity. Increase in the income was partly due to pitch surface improvement; greater pitch booking traction via sportsbooker and a marked increase in the hire of warren centre facilities.
- In 2024-25 there was a increase in general donations and business support by £24k compared with 2023-24. These include donations received from GMS Estates Limited and through Big Give. GMS Estates Limited donations for 2024-25 was £12.5k and 2023-24 £14k. We have had support from the local community and privately-owned businesses in the local area.
- FYA recorded an investment income of £16k (2024 - £12k) from interest received in deposit of cash reserve.

Expenditure in the year increased by £131k from £1,021k in 2023-24 to £1,152k in 2024-25. This has occurred for the following reasons:

- Increase in youth activities and events towards additional funding received and increase in activity costs.

The Charity has therefore ended the year with a surplus of £42k compared to a surplus of £116k in 2024.

The charities reserves are healthy (see Reserves Policy section).



## Policy on reserves

FYA is currently dependent on grant funding to sustain its activities, because earned income through its trading subsidiary alone would not allow it to continue operating.

The FYA board has agreed to keep a certain level of unrestricted financial reserves aside and outside of the financial planning process for two primary purposes:

1. To avoid closure and ensure that main operations can continue in the short term if:

- Grant income becomes short; or
- Unexpected costs arise.

The main concern of the Board in this scenario is that staff can continue working, primarily to secure new funding.

2. To ensure that all costs could be met during a wind up in the case where a funding shortfall persists to the point where FYA ceases to be a going concern. The main concerns of the Board in this scenario are:

- Staff continue to be paid during their notice period;
- All financial commitments are met; and
- The young people engaged with FYA are supported to move on to other services.

Restricted funding for programmes is usually secured 6 to 12 months in advance. Unrestricted funding for support and overhead costs is more difficult to obtain and is less predictable and as such, FYA is at most risk of running short of unrestricted funds for overheads. Not all unrestricted funding is considered as reserves; unrestricted funding that is not held in reserve, and not needed to fund programmes, is allocated to funding overheads in the FYA budgets and forecasts.

The reserves set aside are reviewed each year by the FYA Board and increased or decreased according to expected level of staffing and activities in the year to come and also with respect to available unrestricted funds that are available. The FYA Board would look to build up reserves if the organisation were in a period of growth.

The current level of reserves available are held as follows:

9 months of annual total costs to cover for continuing operations in the case that general funding falls short of requirements or for large and unexpected costs; as well as the costs in the event of winding up, in order to cover core staff costs, statutory redundancies, rent contracts and other running costs and contracts.

As at 31st March 2025, the Trustees are of the view that the charity and group are a going concern.

# Principal risks and uncertainties

## Risk management

The Trustees and management team of the charity believe that sound risk management is integral to both good management and good governance practice.

Risk management should form an integral part of the charity's decision-making and be incorporated within strategic and operational planning.

Risk assessments will be conducted on all new activities and projects to ensure they are in line with the charity's objectives and mission.

Any risks or opportunities arising will be identified, analysed and reported at an appropriate level.

A risk register covering key strategic risks will be maintained and updated at least twice a year and more frequently where risks are known to be volatile.

The strategic report was approved by the trustees of the charity on 28 January 2026 and signed on its behalf by:



Javier Sajuria  
Chairperson and trustee

# Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2025.

## OBJECTIVES AND ACTIVITIES

### Objects and aims

The advancement of education of children and young people by developing individual capabilities, competences, skills and understanding to lead and inspire social action in their communities.

We will do this especially, but not exclusively, in and around the London Borough of Camden through:

1. The provision of training in life skills, mental health awareness and healthy exercise;
2. The provision of social action programmes, sports activities, creative art activities and other recreational and educational activities; as well as through:
3. Sharing our knowledge and expertise with organisations both locally and nationally to enable them to develop the skills and competencies required to deliver similar projects, so as to fulfil their potential with the confidence and skill to create positive change for themselves, with their peers and within their communities, for the public benefit.

Overall, FYA acts as a 'social brokerage' bringing together the talent and enthusiasm of young people and the resources and opportunities that the local economy and community can offer. Young people are an asset that FYA seeks to develop, so that they can contribute to the development of other young people and the wider community.

FYA aims to empower young people to make changes for themselves, their peers and their community. The outcomes that we strive for are:

- increased resilience and wellbeing amongst young people;
- young people are able to articulate and use their skills to move into further education, training or employment;
- an increased sense of community belonging amongst young people and local residents who engage with FYA.

### Public benefit

Amongst other activities, the charity runs a youth leadership programme in which groups of young people are supported to organise and deliver one large community event per group. The events include the Warren Cup football tournament, the Fitzrovia Street Party, a festival in the Regents Park Estate and a Christmas Community Dinner. These events coupled with the development of young people from various communities provide a strong foundation for the benefit of the community and the public at large.



The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

## **Use of volunteers**

The charity utilises volunteers in various aspects of its activities, the total hours spent by the numerous volunteers is not tracked due to the volume and nature of activities, whereby youths are developed and trained by their own volition and to maintain details to time spent and equivalent monetary value would be arduous.

# STRUCTURE, GOVERNANCE AND MANAGEMENT

## Nature of governing document

Fitzrovia Youth in Action is a company limited by guarantee governed by its Memorandum and Articles of Association dated 2 June 2009. It is registered as a charity with the Charity Commission.

## Induction and training of trustees

The Board of Trustees recruits for additional members as and when it identifies that extra resource with specific experience or skill set is needed to maintain the Board's effectiveness. Prospective Trustees are invited for interview and observe at least one Board meeting before appointment. Upon appointment, Trustees are provided with an induction pack and latest Board papers containing the relevant information to familiarise themselves with their responsibility as trustees, the work of the charity, operating procedures, the business plan and financial performance. Trustees are encouraged to attend appropriate external training events where these will facilitate the undertaking of their role.

## Organisational structure

The Board meets every three months and Board Sub-committees, including Fundraising and Finance Subcommittees, meet between Board meetings. Sub-committees do not have delegated authority for decision making, but instead report to the Board with recommendations. A Chief Executive is appointed by the Trustees to manage the day-to-day operations of the charity.

The charity's wholly owned subsidiary, Fitzrovia Youth in Action Activities Ltd was established to operate the Warren Pitch. Fitzrovia Youth in Action Activities Ltd has a licence from the charity to operate the facility and gift aids all its profits to the charity.

## Major risks and management of those risks

### Risk management

The Trustees and management team of the charity believe that sound risk management is integral to both good management and good governance practice.

Risk management should form an integral part of the charity's decision-making and be incorporated within strategic and operational planning.

Risk assessments will be conducted on all new activities and projects to ensure they are in line with the charity's objectives and mission.

Any risks or opportunities arising will be identified, analysed and reported at an appropriate level.

A risk register covering key strategic risks will be maintained and updated at least twice a year and more frequently where risks are known to be volatile.

## Statement of trustees' responsibilities

The trustees (who are also the directors of Fitzrovia Youth in Action for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the parent charitable company and the group and of the incoming resources and application of resources, including its income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the parent charitable company will continue in business.

The trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the parent charitable company and the group and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the parent charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

## Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

The annual report was approved by the trustees of the charity on 28 January 2026 and signed on its behalf by:



Javier Sajuria  
Chairperson and trustee



# Independent Auditor's Report to the Members of Fitzrovia Youth in Action

## Opinion

We have audited the financial statements of Fitzrovia Youth in Action (the 'charitable parent company') and its subsidiaries (the 'group') for the year ended 31 March 2025, which comprise the Consolidated Statement of Financial Activities, Consolidated Balance Sheet, Balance Sheet, Consolidated Statement of Cash Flows, Statement of Cash Flows and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charity's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

## Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the group in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

## Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

## Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

## Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Strategic Report and Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Strategic Report and Trustees' Report have been prepared in accordance with applicable legal requirements.

## Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Strategic Report and the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company financial statements are not in agreement with the accounting records and returns; or

- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

## Responsibilities of trustees

As explained more fully in the Statement of trustees' responsibilities (set out on page 51), the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

## Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the group and charitable company and the industry in which it operates, and considered the risk of acts by the group and charitable company that were contrary to applicable laws and regulations, including fraud. Our audit procedures were designed to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

We focused on laws and regulations that could give rise to a material misstatement in the financial statements, including, but not limited to, financial reporting legislation, the Charities Act 2011, the Companies Act 2006, distributable profits legislation and UK pensions and tax legislation. We assessed the extent of compliance with these laws and regulations as part of our procedures on the related financial statement items. Our tests included agreeing the financial statement disclosures to underlying supporting documentation and enquiries with management regarding correspondence with



regulators and tax authorities.

There are inherent limitations in the audit procedures described above and, the further removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we would become aware of it and therefore we have communicated relevant identified laws and regulations and potential fraud risks to all engagement team members and remained alert to any indication of fraud or non-compliance with laws and regulations throughout the audit.

We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override of controls), and determined that the principal risks were related to management bias in accounting estimates. We addressed the risk of management override of internal controls through testing journals. We evaluated whether there was evidence of bias by the directors in accounting estimates that represented a risk of material misstatement due to fraud. We challenged assumptions and judgements made by management in any significant accounting estimates.

## Use of our report

This report is made solely to the charitable parent company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the group's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable parent company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.

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S Rajan CTA FCCA ACA (Senior Statutory Auditor)  
For and on behalf of Smartax Limited, Statutory Auditor

38 Station Road  
North Harrow  
Harrow  
HA2 7SE

30 January 2026

# Consolidated Statement of Financial Activities for the Year Ended 31 March 2025 (Including Consolidated Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

|                                    | Notes | Unrestricted Funds | Restricted Funds  | Total 2025          | Total 2024          |
|------------------------------------|-------|--------------------|-------------------|---------------------|---------------------|
| <b>Income and Endowments from:</b> |       |                    |                   |                     |                     |
| Donations and legacies             | 3     | £4,700             | £39,559           | £44,259             | £19,811             |
| Charitable activities              | 4     | £129,995           | £854,837          | £984,832            | £960,829            |
| Investment income                  | 5     | £15,807            | -                 | £15,807             | £12,358             |
| Income from trading subsidiary     |       | £149,786           | -                 | £149,786            | £144,468            |
| <b>Total income</b>                |       | <b>£300,288</b>    | <b>£894,396</b>   | <b>£1,194,684</b>   | <b>£1,137,466</b>   |
| <b>Expenditure on:</b>             |       |                    |                   |                     |                     |
| Raising funds                      | 7     | £(175,695)         | -                 | £(175,695)          | £(171,592)          |
| Charitable activities              | 8     | £(44,776)          | £(931,836)        | £(976,612)          | £(849,544)          |
| Total expenditure                  |       | <b>£(220,471)</b>  | <b>£(931,836)</b> | <b>£(1,152,307)</b> | <b>£(1,021,136)</b> |
| Net income/(expenditure)           |       | £79,817            | £37,440           | £42,337             | £116,330            |
| Transfers between funds            |       | <b>£43,986</b>     | <b>£43,986</b>    | -                   | -                   |
| Net movement in funds              |       | £35,831            | £6,546            | £42,377             | £116,330            |
| <b>Reconciliation of funds</b>     |       |                    |                   |                     |                     |
| Total funds brought forward        |       | £677,457           | £58,014           | £735,471            | £619,141            |
| Total funds carried forward        | 20    | £713,288           | £64,560           | £777,848            | £735,471            |

All of the group's activities derive from continuing operations during the above two periods.

The funds breakdown for 2024 is shown in note 20.

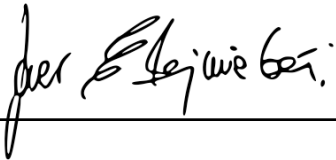
The notes on pages 60 to 81 form an integral part of these financial statements.

# Consolidated Balance Sheet as at 31 March 2025

(Registration number: 06922343)

|   | Notes | 2025              | 2024              |
|---|-------|-------------------|-------------------|
| <b>Fixed assets</b>                                   |       |                   |                   |
| Tangible assets                                       | 14    | £127,736          | £165,835          |
| <b>Current assets</b>                                 |       |                   |                   |
| Debtors   | 16    | £57,186           | £38,892           |
| Cash at bank in hand                                  | 17    | £767,434          | £856,207          |
|   |       | £824,620          | £895,099          |
| <b>Creditors: Amounts falling due within one year</b> | 18    | <b>£(174,508)</b> | <b>£(325,463)</b> |
| <b>Net current assets</b>                             |       | <b>£650,112</b>   | <b>£569,636</b>   |
| <b>Net assets</b>                                     |       | <b>£777,848</b>   | <b>£735,471</b>   |
| <b>Funds of the group:</b>                            |       |                   |                   |
| <b>Restricted income funds</b>                        |       |                   |                   |
| Restricted funds                                      |       | £64,560           | £58,014           |
| <b>Unrestricted income funds</b>                      |       |                   |                   |
| Designated Funds                                      |       | £156,000          | £156,000          |
| General Funds   |       | £557,288          | £521,457          |
| Total unrestricted funds                              |       | £713,288          | £677,457          |
| <b>Total funds</b>                                    | 20    | <b>£777,848</b>   | <b>£735,471</b>   |

The financial statements on pages 55 to 81 were approved by the trustees, and authorised for issue on 28 January 2026 and signed on their behalf by:



Javier Sajuria  
Chairperson and trustee

The notes on pages 60 to 81 form an integral part of these financial statements.




# Charity Balance Sheet as at 31 March 2025

(Registration number: 06922343)

|   | Notes | 2025              | 2024              |
|---|-------|-------------------|-------------------|
| <b>Fixed assets</b>                                   |       |                   |                   |
| Tangible assets                                       | 14    | £112,836          | £141,186          |
| Investments   |       | £1                | £1                |
|   |       | £112,837          | £141,187          |
| <b>Current assets</b>                                 |       |                   |                   |
| Debtors   | 16    | £108,343          | £141,994          |
| Cash at bank in hand                                  | 17    | £742,906          | £799,545          |
|   |       | £851,249          | £941,539          |
| <b>Creditors: Amounts falling due within one year</b> | 18    | <b>£(168,923)</b> | <b>£(304,897)</b> |
| <b>Net current assets</b>                             |       | <b>£682,326</b>   | <b>£636,642</b>   |
| <b>Net assets</b>                                     |       | <b>£795,163</b>   | <b>£777,829</b>   |
| <b>Funds of the charity:</b>                          |       |                   |                   |
| <b>Restricted income funds</b>                        |       |                   |                   |
| Restricted funds                                      |       | £64,560           | £58,014           |
| <b>Unrestricted income funds</b>                      |       |                   |                   |
| Designated Funds                                      |       | £156,000          | £156,000          |
| General Funds   |       | £574,603          | £563,815          |
| Total unrestricted funds                              |       | £730,603          | £719,815          |
| <b>Total funds</b>                                    | 20    | <b>£795,163</b>   | <b>£777,829</b>   |

The financial statements on pages 55 to 81 were approved by the trustees, and authorised for issue on 28 January 2026 and signed on their behalf by:



Javier Sajuria  
Chairperson and trustee

The notes on pages 60 to 81 form an integral part of these financial statements.

# Consolidated Statement of Cash Flows for the Year Ended 31 March 2025

|  | Notes | 2025       | 2024      |
|--|-------|------------|-----------|
| <b>Cash flows from operating activities</b>          |       |            |           |
| Net cash income                                      |       | £42,377    | £116,330  |
| <b>Adjustments to cash flows from non-cash items</b> |       |            |           |
| Depreciation   | 7     | £34,966    | £35,382   |
| Investment income                                    | 5     | £(15,807)  | £(12,358) |
|  |       | £61,536    | £139,354  |
| <b>Working capital adjustments</b>                   |       |            |           |
| Increase in debtors                                  | 16    | £(18,294)  | £(19,924) |
| (Decrease)/increase in creditors                     | 18    | £(22,848)  | £25,381   |
| Decrease in deferred income                          |       | £(128,107) | £(14,092) |
| Net cash flows from operating activities             |       | £(107,713) | £130,719  |
| <b>Cash flows from investing activities</b>          |       |            |           |
| Interest receivable and similar income               | 5     | £15,807    | £12,538   |
| Purchase of tangible fixed assets                    | 14    | £(1,277)   | -         |
| Sale of tangible fixed assets                        |       | £4,410     | -         |
| Net cash flows from investing activities             |       | £18,940    | £12,358   |
| Net (decrease)/increase in cash and cash equivalents |       | £(88,773)  | £143,077  |
| Cash and cash equivalents at 1 April                 |       | £856,207   | £713,130  |
| Cash and cash equivalents at 31 March                |       | £767,434   | £856,207  |

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 60 to 81 form an integral part of these financial statements.

# Charity Statement of Cash Flows for the Year Ended 31 March 2025

|  | Notes | 2025       | 2024      |
|--|-------|------------|-----------|
| <b>Cash flows from operating activities</b>          |       |            |           |
| Net cash income                                      |       | £17,334    | £95,468   |
| <b>Adjustments to cash flows from non-cash items</b> |       |            |           |
| Depreciation   | 7     | £29,627    | £29,258   |
| Investment income                                    | 5     | £(15,807)  | £(12,358) |
|  |       | £31,154    | £112,368  |
| <b>Working capital adjustments</b>                   |       |            |           |
| Decrease in debtors                                  | 16    | £33,651    | £8,326    |
| (Decrease)/increase in creditors                     | 18    | £(8,584)   | £19,480   |
| Decrease in deferred income                          |       | £(127,390) | £(5,861)  |
| Net cash flows from operating activities             |       | £(71,169)  | £134,313  |
| <b>Cash flows from investing activities</b>          |       |            |           |
| Interest receivable and similar income               | 5     | £15,807    | £12,538   |
| Purchase of tangible fixed assets                    | 14    | £(1,277)   | -         |
| Net cash flows from investing activities             |       | £14,530    | £12,358   |
| Net (decrease)/increase in cash and cash equivalents |       | £(56,639)  | £146,671  |
| Cash and cash equivalents at 1 April                 |       | £799,545   | £652,874  |
| Cash and cash equivalents at 31 March                |       | £742,906   | £799,545  |

All of the cash flows are derived from continuing operations during the above two periods.

The notes on pages 60 to 81 form an integral part of these financial statements.



# Notes to the Financial Statements for the Year Ended 31 March 2025

## 1. Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation. The address of its registered office is:

66-68 Basement  
Warren Street  
London  
W1T 5NZ

These financial statements were authorised for issue by the trustees on 23 January 2026.

## 2. Accounting policies

### Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Basis of preparation

Fitzrovia Youth in Action meets the definition of a public benefit entity under FRS 102. The accounts (financial statements) have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The financial statements are prepared in sterling, which is the functional currency of the entity.

### Basis of consolidation

The consolidated financial statements consolidate the financial statements of the charity and its subsidiary undertakings drawn up to 31 March 2025.

No statement of financial activities is presented for the charity as permitted by section 408 of the Companies Act 2006. The charity made a surplus after tax for the financial year of £25,043 (2024 - loss of £95,470).

A subsidiary is an entity controlled by the charity. Control is achieved where the charity has the power to govern the financial and operating policies of an entity so as to obtain benefits from its activities.

The results of subsidiaries acquired or disposed of during the year are included in the statement of financial activities from the effective date of acquisition or up to the effective date of disposal, as appropriate. Where necessary, adjustments are made to the financial statements of subsidiaries to bring their accounting policies into line with those used by the group.

The purchase method of accounting is used to account for business combinations that result in the acquisition of subsidiaries by the group. The cost of a business combination is measured as the fair value of the assets given, equity instruments issued and liabilities incurred or assumed at the date of exchange, plus costs directly attributable to the business combination. Identifiable assets acquired and liabilities and contingent liabilities assumed in a business combination are measured initially at their fair values at the acquisition date. Any excess of the cost of the business combination over the acquirer's interest in the net fair value of the identifiable assets, liabilities and contingent liabilities recognised is recorded as goodwill.

Inter-company transactions, balances and unrealised gains on transactions between the charity and its subsidiaries, which are related parties, are eliminated in full.

Intra-group losses are also eliminated but may indicate an impairment that requires recognition in the consolidated financial statements.

Accounting policies of subsidiaries have been changed where necessary to ensure consistency with the policies adopted by the group. Non-controlling interests in the net assets of consolidated subsidiaries are identified separately from the group's equity therein. Non-controlling interests consist of the amount of those interests at the date of the original business combination and the non-controlling shareholder's share of changes in equity since the date of the combination. Total comprehensive income is attributed to non-controlling interests even if this results in the non-controlling interests having a deficit balance.

### **Going concern**

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### **Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Legacy gifts are recognised on a case by case basis following the grant of probate when the administrator/executor for the estate has communicated in writing both the amount and settlement date. In the event that the gift is in the form of an asset other than cash or a financial asset traded on a recognised stock exchange, recognition is subject to the value of the gift being reliably measurable with a degree of reasonable accuracy and the title to the asset having been transferred to the charity.

### **Grants receivable**

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received, and the amount can be measured reliably and is not deferred.

### **Deferred income**

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

### **Donated services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

### **Other trading activities**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

### **Investment income**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

## **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Other support costs are allocated based on the spread of staff costs.

All resources expended are inclusive of irrecoverable VAT.

## **Raising funds**

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

## **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

## **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

## **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

## **Irrecoverable VAT**

Irrecoverable VAT is charged against the category of resources expended for which it was incurred.

## **Taxation**

The charity is considered to be exempt from tax on its charitable activities.

## **Tangible fixed assets**

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.



## Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

| Asset class                       | Depreciation method and rate |
|-----------------------------------|------------------------------|
| Long Life Fixtures                | 18% reducing balance         |
| Building Improvements             | 10 years straight Line       |
| Fittings and Electrical Equipment | 5 years straight line        |

## Impairment of fixed assets

A review for impairment of a fixed asset is carried out if events or changes in circumstances indicate that the carrying value of any fixed asset may not be recoverable. Shortfalls between the carrying value of fixed assets and their recoverable amounts are recognised as impairments. Impairment losses are recognised in the Statement of Financial Activities.

## Business combinations

Business combinations are accounted for under the purchase method. Where necessary, adjustments are made to the financial statements of subsidiaries to bring the accounting policies used into line with those used by the group. All intra-group transactions, balances, income and expenses are eliminated on consolidation. In accordance with Section 35 of FRS 102, Section 19 of FRS 102 has not been applied in these financial statements in respect of business combinations effected prior to the date of transition.

## Fixed asset investments

Fixed asset investments are a form of financial instrument and are initially recognised at their transaction cost (which is equivalent to fair value) and subsequently measured at fair value at each balance sheet date. They are comprised of assets held under an agreement, generating a stream of rental income, with specific capital repayments over their economic lives. The fair value of the investments is reduced over time, reflecting the discounted future income streams, net of capital repayments, to which the charity is entitled. Any modifications to the terms of agreement are reflected in impairments in the investment.

Income from fixed assets investments is accounted for as receivable over the term of the financial instrument and shown as rental income in the Statement of Financial Activities.

Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the fair value at the year end.

## Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

## Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

## Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the group.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

## Pensions and other post retirement obligations

The group operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the group has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

3. Income from donations and legacies

|                        | Unrestricted funds | Restricted | Total 2025 | Total 2024 |
|------------------------|--------------------|------------|------------|------------|
| Donations and legacies | £4,700             | £39,559    | £44,259    | £19,811    |
| General donations      | £4,700             | £39,559    | £44,259    | £19,811    |

The income from donations includes donations of £12,500 (2024 - £14,642) from GMS Estates Limited and £28,059 (2024 - £Nil) from Big Give.

£19,811 of the prior income was attributable to unrestricted funds and £10,816 to restricted funds.

The charity benefits greatly from the involvement and enthusiastic support of its many volunteers, details of which are given in the trustees report. In accordance with FRS 102 and the Charities SORP (FRS 102), the economic contribution of general volunteers is not recognised in the accounts.

## 4. Income from charitable activities

|                                      | Unrestricted funds | Restricted funds | Total 2025      |
|--------------------------------------|--------------------|------------------|-----------------|
| Camden Learning Limited              | -                  | £25,000          | £25,000         |
| City of Westminster Charitable Trust | £1,000             | -                | £1,000          |
| Clarion Futures                      | -                  | £5,000           | £5,000          |
| Derwent London                       | £10,000            | -                | £10,000         |
| Garfield Weston Foundation           | £25,000            | -                | £25,000         |
| Gift Aid                             | £3,303             | -                | £3,303          |
| Greater London Authority             | -                  | £120,000         | £120,000        |
| Groundwork HS2                       | -                  | £13,188          | £13,188         |
| Jack Petchey Foundation              | £4,575             | £19,200          | £23,775         |
| LandAid UK                           | -                  | £9,500           | £9,500          |
| John Lyons Foundation                | -                  | £40,000          | £40,000         |
| London Borough of Camden             | £60,017            | £374,785         | £434,802        |
| London Youth                         | -                  | £18,000          | £18,000         |
| Mace Dragados Joint Venture          | -                  | £21,629          | £21,629         |
| Mayor's Fund for London              | £200               | £4,500           | £4,700          |
| Raised Income                        | £11,400            | -                | £11,400         |
| Sported Foundation                   | £2,000             | -                | £2,000          |
| The Childhood Trust                  | £12,500            | -                | £12,500         |
| The City Bridge Trust                | -                  | £50,000          | £50,000         |
| The Henry Smith Charity              | -                  | £20,000          | £20,000         |
| The National Lottery Community Fund  | -                  | £125,035         | £125,035        |
| Young Westminster Foundation         | -                  | £9,000           | £9,000          |
|                                      | <b>£129,995</b>    | <b>£854,837</b>  | <b>£984,832</b> |



## 4. Income from charitable activities

|                                      | Unrestricted funds | Restricted funds | Total 2024      |
|--------------------------------------|--------------------|------------------|-----------------|
| BBC Children in Need                 | -                  | £8,211           | £8,211          |
| Camden Health Watch                  | £2,050             | -                | £2,050          |
| Childhood Trust                      | £3,587             | -                | £3,587          |
| City of Westminster Charitable Trust | -                  | £10,000          | £10,000         |
| Clarion Futures                      | -                  | £5,000           | £5,000          |
| Derwent London                       | £7,500             | -                | £7,500          |
| Garfield Weston Foundation           | £25,000            | -                | £25,000         |
| Greater London Authority             | -                  | £211,700         | £211,700        |
| Jack Petchey Foundation              | -                  | £22,500          | £22,500         |
| LandAid UK                           | -                  | £9,500           | £9,500          |
| Lendlease Euston Development         | £1,000             | -                | £1,000          |
| London Borough of Camden             | -                  | £469,296         | £469,296        |
| London Youth                         | £2,550             | -                | £2,550          |
| Raised Income                        | £2,878             | -                | £2,878          |
| Sundry Income                        | -                  | £3,452           | £3,452          |
| The Drapers Company                  | £10,000            | -                | £10,000         |
| The Henry Smith Charity              | -                  | £55,567          | £55,567         |
| The London Community Foundation      | -                  | £5,000           | £5,000          |
| The Portal Trust                     | -                  | £5,000           | £5,000          |
| The Rayne Foundation                 | -                  | £10,000          | £10,000         |
| Metropolitan Police                  | -                  | £5,000           | £5,000          |
| The City Bridge Trust                | -                  | £50,000          | £50,000         |
| The Hedley Foundation                | -                  | £4,000           | £4,000          |
| Young Camden Foundation              | 360                | £21,678          | £22,038         |
| Young Westminster Foundation         | -                  | £10,000          | £10,000         |
|                                      | <b>£54,925</b>     | <b>£905,904</b>  | <b>£960,829</b> |

5. Investment income

|   | Unrestricted funds Restricted | Total 2025 | Total 2024 |
|---|-------------------------------|------------|------------|
| Interest receivable and similar income; |                               |            |            |
| Interest receivable on bank deposits    | £15,807                       | £15,807    | £12,358    |

All of the prior year income was attributable to unrestricted funds.

6. Other income

|                                | Unrestricted funds Restricted | Total 2025 | Total 2024 |
|--------------------------------|-------------------------------|------------|------------|
| Income from trading subsidiary | £149,786                      | £149,786   | £144,468   |

All of the prior year income was attributable to unrestricted funds.

7. Expenditure on raising funds

|                                 | Staff costs | Other costs | Allocated support costs | Total 2025 |
|---------------------------------|-------------|-------------|-------------------------|------------|
| Costs of trading activities     | £77,294     | £5,550      | £41,900                 | £124,744   |
| Other costs of generating funds | £50,951     | -           | -                       | £50,951    |
|                                 | £128,245    | £5,550      | £41,900                 | £175,695   |

|                                 | Staff costs | Other costs | Allocated support costs | Total 2024 |
|---------------------------------|-------------|-------------|-------------------------|------------|
| Costs of trading activities     | £78,411     | £2,567      | £42,629                 | £123,607   |
| Other costs of generating funds | £47,985     | -           | -                       | £47,985    |
|                                 | £126,396    | £2,567      | £42,629                 | £171,592   |

£175,695 (2024 - £132,839) of the above expenditure was attributable to unrestricted funds and £Nil (2024 - £38,753) to restricted funds.

Included in the support costs analysed above, are governance costs of £1,446 (2024 - £1,559) which relate directly to raising funds. See note 9 for further details.

## 8. Expenditure on charitable activities

|                        | Staff costs     | Other costs     | Activity support costs | 2025            |
|------------------------|-----------------|-----------------|------------------------|-----------------|
| Engaging young people  | £181,415        | £74,939         | £88,955                | £345,309        |
| Youth led volunteering | £363,499        | £106,775        | £161,029               | £631,303        |
|                        | <b>£544,914</b> | <b>£181,714</b> | <b>£249,984</b>        | <b>£976,612</b> |

|                        | Staff costs     | Other costs     | Activity support costs | 2024            |
|------------------------|-----------------|-----------------|------------------------|-----------------|
| Engaging young people  | £125,789        | £92,638         | £83,943                | £302,370        |
| Youth led volunteering | £309,405        | £87,817         | £149,952               | £547,174        |
|                        | <b>£435,194</b> | <b>£180,455</b> | <b>£233,895</b>        | <b>£849,544</b> |

£44,777 (2024 - £41,210) of the above expenditure was attributable to unrestricted funds and £931,835 (2024 - £808,334) to restricted funds.

Included in the support costs analysed above, are governance costs of £16,961 (2024 - £20,058) which relate directly to charitable activities. See note 9 for further details.

## 9. Analysis of governance and support costs

### Support costs allocated to raising funds

|                             | Governance costs | Finance costs | Information technology | Staff costs | Administration costs | Premises costs including depreciation | 2025    |
|-----------------------------|------------------|---------------|------------------------|-------------|----------------------|---------------------------------------|---------|
| Costs of trading activities | £1,446           | £192          | £2,611                 | £13,506     | £4,697               | £19,448                               | £41,900 |

|                             | Governance costs | Finance costs | Information technology | Staff costs | Administration costs | Premises costs including depreciation | 2024    |
|-----------------------------|------------------|---------------|------------------------|-------------|----------------------|---------------------------------------|---------|
| Costs of trading activities | £1,559           | £72           | £1,866                 | £12,084     | £7,853               | £19,195                               | £42,629 |

Support costs allocated to charitable activities

|   | Governance costs | Finance costs | Information technology | Staff costs | Administration costs | Premises costs including depreciation | 2025     |
|---|------------------|---------------|------------------------|-------------|----------------------|---------------------------------------|----------|
| 1 | £7,437           | £252          | £4,149                 | £47,499     | £5,815               | £23,803                               | £88,955  |
| 2 | £9,524           | £434          | £7,129                 | £93,294     | £9,897               | £40,751                               | £161,029 |
|   | £16,961          | £686          | £11,278                | £140,793    | £15,712              | £64,554                               | £249,984 |

- 1. Engaging young people
- 2. Youth led volunteering

|   | Governance costs | Finance costs | Information technology | Staff costs | Administration costs | Premises costs including depreciation | 2024     |
|---|------------------|---------------|------------------------|-------------|----------------------|---------------------------------------|----------|
| 1 | £8,577           | £184          | £4,375                 | £42,503     | £5,104               | £23,200                               | £83,943  |
| 2 | £11,481          | £315          | £7,518                 | £83,673     | £7,437               | £39,528                               | £149,952 |
|   | £20,058          | £499          | £11,893                | £126,176    | £12,541              | £62,728                               | £233,895 |

- 1. Engaging young people
- 2. Youth led volunteering

The basis of allocation of support costs in the current and prior year is on the estimated usage of resources between each activity.

£85,721 (2024 - £83,817) of the above support costs was attributable to unrestricted funds and £206,163 (2024 - £192,707) to restricted funds.

Governance costs

|                                   | Total 2025 |                                   | Total 2024 |
|-----------------------------------|------------|-----------------------------------|------------|
| Audit of the financial statements | £10,000    | Audit of the financial statements | £10,000    |
| Other fees paid to auditors       | £2,900     | Other fees paid to auditors       | £2,900     |
| Legal and professional fees       | £1,896     | Legal and professional fees       | £1,896     |
| Other governance costs            | £3,611     | Other governance costs            | £6,821     |
|                                   | £18,407    |                                   | £21,617    |



## 10. Net incoming/outgoing resources

Net incoming resources for the year include:

|                                 | 2025    | 2024    |
|---------------------------------|---------|---------|
| Operating leases - other assets | £14,000 | £14,000 |
| Audit fees                      | £10,000 | £10,000 |
| Other non-audit services        | £2,900  | £2,900  |
| Depreciation of fixed assets    | £34,966 | £35,382 |

## 11. Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the group during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

The key management personnel of the parent charity comprise of the Trustees and the Chief Executive Officer.

## 12. Staff costs

The aggregate payroll costs were as follows:

| Staff costs during the year were: | 2025            | 2024            |
|-----------------------------------|-----------------|-----------------|
| Wages and salaries                | £744,832        | £630,067        |
| Social security costs             | £67,827         | £58,322         |
| Pension costs                     | £9,966          | £9,949          |
|                                   | <b>£822,625</b> | <b>£698,338</b> |

The monthly average number of persons (including senior management / leadership team) employed by the group during the year expressed as full time equivalents was as follows:

|                                  | 2025      | 2024      |
|----------------------------------|-----------|-----------|
| Raising funds                    | 1         | 1         |
| Charitable activities            | 15        | 12        |
| Administrative and support staff | 4         | 5         |
|                                  | <b>20</b> | <b>18</b> |

Contributions to the employee pension schemes for the year totalled £9,949 (2024 - £9,949).

The number of employees whose emoluments fell within the following bands was:

|                   | 2025 | 2024 |
|-------------------|------|------|
| £70,001 - £80,000 | 1    | 1    |

The total employee benefits of the key management personnel of the group were £75,551 (2024 - £72,696).

13. Taxation

The group is a registered charity and is therefore exempt from taxation.

14. Tangible fixed assets

| Group               |                    |                         |          |
|---------------------|--------------------|-------------------------|----------|
| Cost                | Land and buildings | Furniture and equipment | Total    |
| At 1 April 2024     | £271,295           | £113,971                | £385,266 |
| Additions           | -                  | £1,277                  | £1,277   |
| Disposals           | -                  | £(4,410)                | £(4,410) |
| At 31 March 2025    | £271,295           | £110,838                | £382,133 |
| Depreciation        | Land and buildings | Furniture and equipment | Total    |
| At 1 April 2024     | £131,813           | £87,618                 | £219,431 |
| Charge for the year | £28,681            | £6,285                  | £34,966  |
| At 31 March 2025    | £160,494           | £93,903                 | £254,397 |
| Net book value      | Land and buildings | Furniture and equipment | Total    |
| At 31 March 2025    | £110,801           | £16,935                 | £127,736 |
| At 31 March 2024    | £139,482           | £26,353                 | £165,835 |

Included within the net book value of land and buildings above is £Nil (2024 - £Nil) in respect of freehold land and buildings and £110,801 (2024 - £139,482) in respect of leaseholds.

**Charity**

| <b>Cost</b>      | <b>Land and buildings</b> | <b>Furniture and equipment</b> | <b>Total</b>    |
|------------------|---------------------------|--------------------------------|-----------------|
| At 1 April 2024  | £271,295                  | £113,971                       | £385,266        |
| Additions        | -                         | £1,277                         | £1,277          |
| Disposals        | -                         | £(4,410)                       | £(4,410)        |
| At 31 March 2025 | <b>£271,295</b>           | <b>£110,838</b>                | <b>£382,133</b> |

| <b>Depreciation</b> | <b>Land and buildings</b> | <b>Furniture and equipment</b> | <b>Total</b>      |
|---------------------|---------------------------|--------------------------------|-------------------|
| At 1 April 2024     | £131,813                  | £87,618                        | £219,431          |
| Charge for the year | £28,681                   | £6,285                         | £34,966           |
| At 31 March 2025    | <b>£160,494</b>           | <b>£93,303</b>                 | <b>£(254,397)</b> |

| <b>Net book value</b> | <b>Land and buildings</b> | <b>Furniture and equipment</b> | <b>Total</b> |
|-----------------------|---------------------------|--------------------------------|--------------|
| At 31 March 2025      | £110,801                  | £16,935                        | £127,736     |
| At 31 March 2024      | £139,482                  | £26,353                        | £165,835     |

Included within the net book value of land and buildings above is £Nil (2024 - £Nil) in respect of freehold land and buildings and £110,801 (2024 - £139,482) in respect of leaseholds.

**15. Tangible fixed assets****Charity****Shares in group undertakings and participating interests**

| <b>Cost</b>           | <b>Subsidiary undertakings</b> | <b>Total</b> |
|-----------------------|--------------------------------|--------------|
| At 1 April 2024       | £1                             | £1           |
| At 31 March 2025      | £1                             | £1           |
| <b>Net book value</b> |                                |              |
| At 1 March 2025       | £1                             | £1           |
| At 31 March 2024      | £1                             | £1           |

## Details of undertakings

Details of the investments in which the charity holds 20% or more of the nominal value of any class of share capital are as follows:

| Undertaking                          | Country of incorporation | Holding  | Proportion of voting rights and shares held |      | Principal activity             |
|--------------------------------------|--------------------------|----------|---|------|--------------------------------|
| Subsidiary undertakings              |                          |          | 2025  | 2024 |                                |
| Fitzrovia Youth in Action Activities | England & Wales          | Ordinary | 100%  | 100% | Operation of sports facilities |

## Subsidiaries

The charity holds 1 ordinary share of £1 in its wholly owned trading subsidiary company Fitzrovia Youth in Action Activities Limited which is incorporated in the United Kingdom. These are the only shares allotted, called up and fully paid.

## 16. Debtors

|                                | Group          |                | Charity         |                 |
|--------------------------------|----------------|----------------|-----------------|-----------------|
|                                | 2025           | 2024           | 2025            | 2024            |
| Trade debtors                  | £50,351        | £32,793        | £43,883         | £24,033         |
| Due from group undertakings    | -              | -              | £58,125         | £112,362        |
| Prepayments and accrued income | £6,335         | £5,349         | £6,335          | £5,349          |
| Other debtors                  | £500           | £750           | -               | £250            |
|                                | <b>£57,186</b> | <b>£38,892</b> | <b>£108,343</b> | <b>£141,994</b> |

## 17. Cash and cash equivalents

|              | Group    |          | Charity  |          |
|--------------|----------|----------|----------|----------|
|              | 2025     | 2024     | 2025     | 2024     |
| Cash at bank | £767,434 | £856,207 | £742,906 | £799,545 |



18. Creditors: amounts falling due within one year

|                                    | Group           |                 | Charity         |                 |
|------------------------------------|-----------------|-----------------|-----------------|-----------------|
|                                    | 2025            | 2024            | 2025            | 2024            |
| Trade debtors                      | £4,022          | £8,038          | £4,022          | £8,038          |
| Other taxation and social security | £16,986         | £16,686         | £16,986         | £16,686         |
| Other creditors                    | £4,422          | £21,577         | £10             | £2,901          |
| Pension scheme creditor            | £2,405          | £2,316          | £2,405          | £2,316          |
| Accruals                           | £14,580         | £16,646         | £14,580         | £16,646         |
| Deferred income                    | £132,093        | £260,200        | £130,920        | £258,310        |
|                                    | <b>£174,508</b> | <b>£325,463</b> | <b>£168,923</b> | <b>£304,897</b> |

Deferred income

| Group                                  | 2025            | 2024            |
|--|-----------------|-----------------|
| Deferred income at 1 April 2024        | £260,200        | £274,292        |
| Resources deferred in the period       | £(169,968)      | £147,410        |
| Amounts released from previous periods | £41,861         | £(161,502)      |
| Deferred income at year end            | <b>£132,093</b> | <b>£260,200</b> |

| Charity                                | 2025            | 2024            |
|--|-----------------|-----------------|
| Deferred income at 1 April 2024        | £258,310        | £264,171        |
| Resources deferred in the period       | £(168,078)      | £145,520        |
| Amounts released from previous periods | £40,688         | £(151,381)      |
| Deferred income at year end            | <b>£130,920</b> | <b>£258,310</b> |

19. Obligations under leases and hire purchase contracts

Total future minimum lease payments under non-cancellable operating leases are as follows:

| Land and buildings         | Group   |         | Charity |         |
|----------------------------|---------|---------|---------|---------|
|                            | 2025    | 2024    | 2025    | 2024    |
| Within one year            | £14,600 | £14,600 | £14,600 | £14,600 |
| Between one and five years | £32,850 | £47,450 | £32,850 | £47,450 |
|                            | £47,450 | £62,050 | £47,450 | £62,050 |

20. Funds

| Group                    |            |                         |                    |                    |           |                          |
|--------------------------|------------|-------------------------|--------------------|--------------------|-----------|--------------------------|
| Unrestricted funds       |            | Balance at 1 April 2024 | Incoming resources | Resources expended | Transfers | Balance at 31 March 2025 |
|                          |            | £521,457                | £298,988           | £(219,171)         | £(43,986) | £557,288                 |
|                          | General    |                         |                    |                    |           |                          |
|                          | Designated | £156,000                | -                  | -                  | -         | £156,000                 |
| Total unrestricted funds |            | £677,457                | £298,988           | £(219,171)         | £(43,986) | £713,288                 |
| Restricted funds         |            | £58,014                 | £894,396           | £(931,836)         | £43,986   | £64,560                  |
| Total funds              |            | £735,471                | £1,193,384         | £(1,151,007)       | -         | £777,848                 |

| Restricted funds       |                        | Balance at 1 April 2024 | Incoming resources | Resources expended | Transfers | Balance at 31 March 2025 |
|------------------------|------------------------|-------------------------|--------------------|--------------------|-----------|--------------------------|
|                        |                        |                         |                    |                    |           |                          |
|                        | Engaging young people  | -                       | £246,508           | £(290,494)         | £43,986   | -                        |
|                        | Youth led volunteering | -                       | £625,330           | £(612,661)         | -         | £12,669                  |
|                        | Fixed asset fund       | £58,014                 | £22,558            | £(28,681)          | -         | £51,891                  |
| Total restricted funds |                        | £58,014                 | £894,396           | £(931,836)         | £43,986   | £64,560                  |

|                          |                         |                    |                    |           |                          |
|--------------------------|-------------------------|--------------------|--------------------|-----------|--------------------------|
| Unrestricted funds       | Balance at 1 April 2023 | Incoming resources | Resources expended | Transfers | Balance at 31 March 2024 |
| General                  | £385,321                | £350,867           | £(174,049)         | £(40,682) | £521,457                 |
| Designated               | £156,000                | -                  | -                  | -         | £156,000                 |
| Total unrestricted funds | £541,321                | £350,867           | £(174,049)         | £(40,682) | £677,457                 |
| Restricted funds         | £77,820                 | £786,599           | £(847,087)         | £40,682   | £58,014                  |
| Total funds              | £619,141                | £1,137,466         | £(1,021,136)       | -         | £735,471                 |

|                        |                         |                    |                    |           |                          |
|------------------------|-------------------------|--------------------|--------------------|-----------|--------------------------|
| Restricted funds       | Balance at 1 April 2023 | Incoming resources | Resources expended | Transfers | Balance at 31 March 2024 |
|                        |                         |                    |                    |           |                          |
| Engaging young people  | £19,220                 | £232,420           | £(262,581)         | £10,941   | -                        |
| Youth led volunteering | £(5,537)                | £531,621           | £(555,825)         | £29,741   | -                        |
| Fixed asset fund       | £64,137                 | £22,558            | £(28,681)          | -         | £58,014                  |
| Total restricted funds | £77,820                 | £786,599           | £(847,087)         | £40,682   | £58,014                  |

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|                          |                         |                    |                    |           |                          |
|--------------------------|-------------------------|--------------------|--------------------|-----------|--------------------------|
| Unrestricted funds       | Balance at 1 April 2024 | Incoming resources | Resources expended | Transfers | Balance at 31 March 2025 |
| General                  | £563,815                | £166,989           | £(112,215)         | £(43,986) | £574,603                 |
| Designated               | £156,000                | -                  | -                  | -         | £156,000                 |
| Total unrestricted funds | £719,815                | £166,989           | £(112,215)         | £(43,986) | £730,603                 |
| Restricted funds         | £58,014                 | £894,396           | £(931,836)         | £43,986   | £64,560                  |
| Total funds              | £777,829                | £1,061,385         | £(1,044,051)       | -         | £795,163                 |

|                          |                         |                    |                    |           |                          |
|--------------------------|-------------------------|--------------------|--------------------|-----------|--------------------------|
| Restricted funds         | Balance at 1 April 2023 | Incoming resources | Resources expended | Transfers | Balance at 31 March 2024 |
| General                  | £448,541                | £221,350           | £(65,394)          | £(40,682) | £563,815                 |
| Designated               | £156,000                | -                  | -                  | -         | £156,000                 |
| Total unrestricted funds | £604,541                | £221,350           | £(65,394)          | £(40,682) | £719,815                 |
| Restricted funds         | £77,820                 | £786,599           | £(847,087)         | £40,682   | £58,014                  |
| Total funds              | £682,361                | £1,007,949         | £(912,481)         | -         | £777,829                 |

The specific purposes for which the funds are to be applied are as follows:

1. Engaging Young People is about young people's participation in the charity's activities with trusted adults and their peers. This includes funding for football and drop-in sessions.
2. Youth-led Volunteering is about youth-led social action. It includes supporting young people to mentor their peers, hosting large community events, engaging with residents to improve their environment, organising awareness campaigns and delivering workshops about mental health to other young.
3. Fixed Asset Fund is fund for capital expenditure that is used for improving Suffolk House known as Warren Centre that is used for events.

During the year there were transfers in the sum of £43,986 (2023 - £40,682) between unrestricted and restricted funds. In accordance with the Charities SORP (FRS 102) these relate to the use of unrestricted funds at the discretion of the Trustees to meet any funding shortfall on restricted projects.

## 21. Analysis of net assets between funds

| Group                   | Unrestricted funds |                 |                  | Total funds at<br>31 March 2025 |
|-------------------------|--------------------|-----------------|------------------|---------------------------------|
|                         | General            | Designated      | Restricted funds |                                 |
| Tangible fixed assets   | £127,736           | -               | -                | £127,736                        |
| Current assets          | £604,060           | £156,000        | £64,560          | £824,620                        |
| Current liabilities     | £(174,508)         | -               | -                | £(174,508)                      |
| <b>Total net assets</b> | <b>£557,288</b>    | <b>£156,000</b> | <b>£64,560</b>   | <b>£777,848</b>                 |

| Group                   | Unrestricted funds |                 |                  | Total funds at<br>31 March 2024 |
|-------------------------|--------------------|-----------------|------------------|---------------------------------|
|                         | General            | Designated      | Restricted funds |                                 |
| Tangible fixed assets   | £165,835           | -               | -                | £165,835                        |
| Current assets          | £681,085           | £156,000        | £58,014          | £895,099                        |
| Current liabilities     | £(325,463)         | -               | -                | £(325,463)                      |
| <b>Total net assets</b> | <b>£521,457</b>    | <b>£156,000</b> | <b>£58,014</b>   | <b>£735,471</b>                 |



## Charity

|                         | Unrestricted funds |                 |                  |                              |
|-------------------------|--------------------|-----------------|------------------|------------------------------|
|                         | General            | Designated      | Restricted funds | Total funds at 31 March 2025 |
| Tangible fixed assets   | £112,836           | -               | -                | £112,836                     |
| Fixed asset investments | £1                 | -               | -                | £1                           |
| Current assets          | £630,689           | £156,000        | £64,560          | £851,249                     |
| Current liabilities     | £(168,923)         | -               | -                | £(168,923)                   |
| <b>Total net assets</b> | <b>£574,603</b>    | <b>£156,000</b> | <b>£64,560</b>   | <b>£795,163</b>              |

|                         | Unrestricted funds |                 |                  |                              |
|-------------------------|--------------------|-----------------|------------------|------------------------------|
|                         | General            | Designated      | Restricted funds | Total funds at 31 March 2024 |
| Tangible fixed assets   | £141,186           | -               | -                | £141,186                     |
| Fixed asset investments | £1                 | -               | -                | £1                           |
| Current assets          | £727,525           | £156,000        | £58,014          | £941,539                     |
| Current liabilities     | £(304,8997)        | -               | -                | £(304,8997)                  |
| <b>Total net assets</b> | <b>£563,815</b>    | <b>£156,000</b> | <b>£58,014</b>   | <b>£777,829</b>              |

## 22. Analysis of net funds

### Group

|                          | At 1 April 2024 | Cash flows       | At 31 March 2025 |
|--------------------------|-----------------|------------------|------------------|
| Cash at bank and in hand | £856,207        | £(88,773)        | £767,434         |
| <b>Net funds</b>         | <b>£856,207</b> | <b>£(88,773)</b> | <b>£767,434</b>  |

|                          | At 1 April 2023 | Cash flows      | At 31 March 2024 |
|--------------------------|-----------------|-----------------|------------------|
| Cash at bank and in hand | £713,130        | £143,077        | £856,207         |
| <b>Net funds</b>         | <b>£713,130</b> | <b>£143,077</b> | <b>£856,207</b>  |

Charity

|                          | At 1 April 2024 | Cash flows | At 31 March 2025 |
|--------------------------|-----------------|------------|------------------|
| Cash at bank and in hand | £799,545        | £(56,639)  | £742,906         |
| Net funds                | £799,545        | £(56,639)  | £742,906         |

|                          | At 1 April 2023 | Cash flows | At 31 March 2024 |
|--------------------------|-----------------|------------|------------------|
| Cash at bank and in hand | £652,874        | £146,671   | £799,545         |
| Net funds                | £652,874        | £146,671   | £799,545         |

23. Related party transactions

Group and Charity

In accordance with FRS 102, exemption is taken not to disclose transactions in the year between wholly owned group undertakings.

There were no other related party transactions in the year.