

Our objectives

SanKTus' objectives are the relief of poverty through advice & practical support to vulnerable people in Kentish Town and Camden. We provide meals, showers and clothes, befriending & referrals into statutory and community-based services. We provide activities to improve the health and wellbeing of elders in the local community, including bingo, a two course meal and chair based exercises. The majority of the members are from an Irish background but all are welcome,

Our organisation

The charity had the following 6 trustees in the year 2021/2022:

- Margaret Harvey - chair
- Rev John Deehan
- Stuart Garner
- Allison Havey
- Jennifer Rossiter
- René van Velzen - treasurer

Richard Mallon has been leading the activities in his role as Welfare Coordinator. SanKTus had the help of approx, 44 volunteers to support all the activities. We depend on volunteers to help us organise our food, shower and clothing services and to take time to engage in conversation with our guests,

Our activities and achievements in this period

The Welfare Project

With Covid-19 restrictions lifted, the Welfare Project ran all its prior services. One change as a result of Covid-19, our takeaway service, remained. This is in part due to the numbers attending outstripping the capacity of the seating we have inside, so now there is a sit-down meal and take away option, with on average 50 people sitting inside and 26 people taking food away every Sunday.

On a Wednesday on average, 34 people attend for sandwiches and refreshments. Central to the objectives of the Welfare project is the provision of welfare advice. The Welfare Coordinator has linked people into statutory and community-based support. We also worked in partnership with Caritas (Diocese of Westminster) to target those in financial hardship with food vouchers that can be spent at a local supermarket.

The Welfare Project also handed out non-perishable food when available. We also continued to provide people in food poverty with food vouchers for the local food bank.

Over the past year, we have seen an increase in people over pensioner age accessing our services many struggling due to the cost of living crisis.

We see a core of regulars who have attended the project for many years for the social connection they find just as much as the food and support they receive.

The overarching differences we make at SanKTus are that we ensure our service users take part in and benefit from being better linked in members of mainstream society. For those who are homeless and vulnerably housed, we try to move them on from the entrenched life choices they often make, build their confidence so they can secure work opportunities & stabilise their housing tenure. We want to give them the skills and self-confidence to sustain this level of independence for themselves.

A total of 172 people used at least one of these services with the majority attending the project at least once a week throughout the year.

Our Pensioners Activities

In addition to working with the Welfare Project's guests, we run a range of social and recreational activities every Tuesday for local pensioners including a lunch club with a two-course meal, bingo, a warm space and chair-based exercises in the afternoon. The lunch club part of the day runs with a full capacity of 26 members; we also hold parties for Christmas and outings to the seaside in the summer.

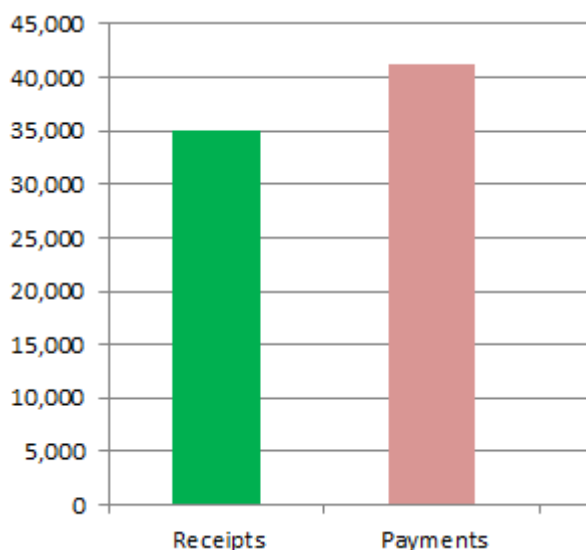
The majority who attend are from an Irish background many are widowed or living on their own, many are isolated with little support. The Tuesday Club provides a meeting place, improving social contact whilst also promoting good physical and mental health.

The chair-based exercises have improved the health and wellbeing of those that have attended, improving flexibility and strength, reducing the risks of falls. This is due to chair based exercises improving posture and balance.

We have been successful in outreaching to older Irish women because we are linked in with the local parish, but we recognise there is also a significant number of older Irish men that we need to identify and involve in our activities.

Our finances

SanKTus has been supported with grants and donations from the Embassy of Ireland, Awards for All and some smaller donations.



SanKTus aims to have a reserve of approximate 20% of annual receipts. At the end of the financial year, the reserve was £14,009 not including restricted funds, which is above the target.

At the end of the year the carry-over of restricted funds was £12,318 which is required to cover the activities for the next year. The grant from Awards for All has been received in Q1 and the spending is mainly in the next financial year.

This year the payments have exceeded the receipts and this was not a problem because of the buffer that was created in the last financial year with the help of the Coronavirus Community Support Fund and funding from FP GiveClarity. Going forward it is important to aim to balance the receipts and payments and to avoid eating too much in to the reserve.

Trustees' Annual Report for the year ending 30 June 2022

Charity Number: 1136596

Website: www.sanktus.org

Email: sanktus.welfare@gmail.com

Address: 4 Lady Margaret Road

London NW5 2XT

Declarations

The chair of the trustees declares that the trustees have approved the above trustees' report.

Signed on behalf of the chair of the trustees:

Signature	Margaret Harvey
Full name	Margaret Harvey
Date	05/04/2023



Charity Name SanKtus		No (if any) 1136596		CC16a
Receipts and payments accounts				
For the period from	Period start date 01/07/2021	To	Period end date 30/06/2022	

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Government of Ireland; Emigrant Support Programme	-	23,057	-	23,057	25,000
Awards for All Grant - 2022	-	10,000	-	10,000	9,800
Coronavirus Community Support Fund	-	-	-	-	7,200
FP GiveClarity	-	-	-	-	10,000
Donations	665	-	-	665	4,686
Bingo & Keep Fit deposited in Safe	1,261	-	-	1,261	-
Transfer Bingo & Keep Fit to CAF Account	-	-	-	-	1,151
CAF Bank	17	-	-	17	259
Furlough	-	-	-	-	745
Shopping refund	29	-	-	29	-
Sub total	1,972	33,057	-	35,029	58,841
A2 Asset and investment sales, etc.	-	-	-	-	-
Total receipts	1,972	33,057	-	35,029	58,841


Section A Receipts and payments - continued

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A3 Payments					
Tuesday Club - ESP Funding					
Salary cook		1,611	-	1,611	2,416
Food for guests	113	2,420	-	2,533	798
Materials & equipment	56	217	-	273	88
Keep Fit Tutor	990	-	-	990	
Welfare Project - ESP Funding					
Salary coordinator	4,025	17,300	-	21,325	17,300
Food for guests & cleaning materials	220	2,275	-	2,495	3,543
Operational Costs	29	450	-	479	84
Governance	61	150	-	211	312
Telephony Welfare	-	-	-		329
Web hosting & Telephony Welfare	131	375	-	506	270
Total Government of Ireland; Emigrant Support Programme	5,494	24,798			
Coronavirus Community Support Fund					
Refuse Collection	228	-	-	228	2,120
Materials & equipment	740	-	-	740	1,381
Salary coordinator Welfare Project	1,231	-	-	1,231	
Total Coronavirus Community Support Fund	2,199	-			
Awards for All					
Volunteer Coordinator Salary		7,610		7,610	6,240
Volunteer Expenses		840		840	1,305
Volunteer Training	-	-		-	
Total Awards for all	-	8,450			
Salary coordinator Caritas St John Southworth	-	-	-	-	6,692
OLHC refund May 2021	-	-	-	-	1,500
Bank Account Fees	96	-	-	96	78
OLHC refund June 2021	-	-	-	-	1,590
Sub total	7,920	33,248	-	41,168	46,046
A4 Asset and investment purchases, etc.					
	-	-	-	-	-
Total payments	7,920	33,248	-	41,168	46,046

Section A Receipts and payments - continued

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
Net of receipts/(payments)	- 5,948	- 191	-	- 6,139	12,795
A5 Transfers between funds	-	-	-	-	-
Government of Ireland - Carried forward	-	2,143	-	2,143	-
Awards for All Grant - Carried forward	-	10,366	-	10,366	8,111
Caritas Grant - Carried forward	-	-	-	-	6,378
Coronavirus Community Support Fund Carried forward	2,199	-	-	2,199	-
Unrestricted balance Carried forward	17,758	-	-	17,758	6,333
Transfer from Safe to CAF account	-	-	-	-	- 1,151
Cash funds reported last year end	19,957	12,509	-	32,466	19,671
A6 Cash funds last year end	19,957	12,509	-	32,466	19,671
Cash funds this year end	14,009	12,318	-	26,327	32,466

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Total funds to nearest £
B1 Cash funds	CAF Bank Current Account			
	Unrestricted	12,748	-	
	Embassy of Ireland - carry forward	-	402	
	Award for All - carry forward	-	11,916	
	Deposits in safe (office OLHC)	1,261	-	
	Total cash funds	14,009	12,318	26,327
(agree balances with receipts and payments account(s))				OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		Margaret Harvey	Margaret Harvey	22/04/2023
			René van Velzen	22/04/2023



Section A

Independent Examiner's Report

Report to the
trustees

SanKTus

On accounts for
the year ended

30th June 2022

Charity no

1136596

Set out on pages

Receipts and payments accounts CC16a pages 1-4

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30th June 2022.

Responsibilities
and basis of
report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's
statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

21st April 2023

Name:

David Betts

Relevant
professional
qualification(s):

ACMA - Qualified

Address:

167 Brecknock Road

N19 5AB

London