

Company registration number: 07139585

Charity registration number: 1136373

Aapna Services Ltd

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Aapna Services Ltd

Contents

Reference and Administrative Details	1
Trustees' Report	2 to 5
Independent Auditors' Report	6 to 9
Statement of Financial Activities	10
Balance Sheet	11
Statement of Cash Flows	12
Notes to the Financial Statements	13 to 24

Aapna Services Ltd

Reference and Administrative Details

Chairman Anu Ahitan

Company secretary Anita Puri

Charity Registration Number 1136373

Company Registration Number 07139585

Registered Office The charity is incorporated in United Kingdom.
Aapna House
31-35 Eastbourne Road
Middlesbrough
TS5 6QN

Auditor Mr Anthony Blueitt
Chartered Accountants & Statutory Auditor
Chuhan and Singh Partnership Limited
81 Borough Road
Middlesbrough
TS1 3AA

Aapna Services Ltd

Trustees' Report

Structure, governance and management

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

Governing document

The charity is a company, limited by guarantee, incorporated on 20th January 2010 and registered as a charity on 15th June 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company and is governed under its Articles of Association. In the event of its being wound up, members are required to contribute an amount not exceeding £10.

Recruitment, appointment and training of Trustees

The trustees are recruited from a pool of individuals who support the organisation. Potential trustees are briefed by the manager and given copies of relevant policies and procedures and appropriate training of roles and responsibilities is carried out.

Risk management

The trustees continually review the risks to which the charity is exposed and to this end they put in place systems and strategies to minimise those risks.

Organisational Structure

The trustees are responsible for the strategic objectives of the charity. The day to day running of the organisation is delegated to the manager who regularly reports to the trustee.

Objectives and activities

Aapna has been consistently working hard to achieve its objectives. It has been strengthening its position by improving and expanding its range of services. Aapna has grown to set up new services and to increase its workforce. Aapna employs now employs over 100 staff and has shown consistent growth of its business.

The aim of the charity is to promote social inclusion for the public benefit by working with people from black and minority ethnic (BAME) and others who are socially excluded on the grounds of their age, disability, gender, sexual orientation, ethnic origin, religion, belief or creed, in particular, but not exclusively by:

1. Providing a local network group within the United Kingdom that encourages and enable the said beneficiaries to participate more effectively with the wider community;
2. Increasing or co-ordinating opportunities for the said beneficiaries to engage with service providers, to enable those providers to adapt services to better meet the needs of the beneficiaries;
3. To preserve and protect the health of those caring for people with physical, mental, learning or sensory impairment within the family home or by offering a respite service through the provision of community based and residential based care services close to home. Increasing the opportunities for the said beneficiaries to live in the community independently with domiciliary care support.

Aapna Services Ltd

Trustees' Report

4. To relieve financial hardship among BAME people and their dependants living within the United Kingdom by associating together with Local Authorities, Voluntary and other organisations in a common effort to advance education and provide facilities in the interest of social welfare for recreation. Leisure time occupation with the objective of improving the conditions of life for BAME people;

5. To relieve vulnerable people resident in social housing who are in need, by providing specially designed or adapted housing, and items, services or facilities calculated to relieve the needs of such persons.

The trustees have complied with the duty in section 4 of the Charities Act 2006 to have due regard to public benefit guidance published by the Charity Commission.

Achievements and performance

Ladies Day Care: This service runs three times a week. We have clients coming from Middlesbrough, Stockton and Redcar and Cleveland area. We have built up the service to accommodate more than 65 women. We receive referrals from professionals to attend the service but sometimes the service is also offered to individuals on self-referral basis who do not qualify to receive assistance from social services. Aapna has an open door policy to offer support to all who are in need of information, advice and guidance. The demand for day care provision has increased post Covid. We provide many activities to the women, including chair-based exercise, massage, information sharing on health issues, weight management programme, diabetes and cancer information sharing sessions. The service is very popular among the people of the local communities.

Men's Day Care: This provision is provided to support elderly men from BAME population to enhance their life experience. This group meets two days a week. It is a mixed ability group of individuals who might have mild to moderate mental health issue, dementia and physical disability. Various therapeutic activities are provided. The aim of the service is to eliminate isolation, reduce loneliness and to improve social contact. We receive referrals from Middlesbrough, Stockton and Redcar social services department. We are known to provide service to individuals who might not meet Social Services criteria but would benefit from attending the service to improve their mental well-being. The numbers of attendees have gradually increased this year. We offer this service to 10-15 men each week.

Learning Disability Services Day Care: LD day care provision is well established. We provide this service to more than 15 clients of various ability. The majority of the clients are male and have additional disabilities. The staff hold weekly meetings with the client to go through the weekly activity plan. The clients are given support and every opportunity to choose their weekly activities and discuss any issues in the meeting. Every client has a person-centred plan based their wants and wishes., This plan gets reviewed periodically to reflect their achievements. Nursing students from Teesside University are regularly placed in this service to gain BAME perspective and to gain community experience. The service is well established and the referrals from professionals have increased to reflect the good quality service we deliver.

Learning Disability Services Residential Service/Respite Care: We signed a short break contract with Middlesbrough and Redcar and Cleveland Council last year. We are currently providing the short break service in the community to children under 18 years old. We also offer adult short breaks, in the evening, to carry out an activity of the client's choice once a week. The service is for four hours and supported by two qualified staff. Transport is provided to the clients, where necessary.

Aapna has purchased three properties to develop Residential Care and Respite Care services for adults with learning disabilities and autism.

Aapna Services Ltd

Trustees' Report

10 Eastbourne Road: A four bedroom Victorian property has been bought to provide respite care for four individuals. This property is situated in the heart of Linthorpe. It has been improved and refurbished with full planning permission to set up a building based service. The certificate of lawfulness has been obtained from the council. Currently, we have one resident living in the property who was placed on emergency placement and is waiting to be moved into a residential setting on a permanent basis. An application to register this property with CQC as a respite home has been made.

15 Salton Close: A three bedroom property on the outskirts of Acklam, was purchased two years ago to place a young woman at the request of NECS commissioning unit. The property has been fully improved and refurbished to meet CQC standards to register as a two bedroom residential home for adults with learning disabilities/autism. An application to the CQC has been made to register this property.

42 Eastbourne Road: Aapna purchased the property to set it up as a two bedroom residential home. Once the property has been registered the charity will move the resident from 10 Eastbourne Road into this property as their permanent residential placement. This property was purchased within the close vicinity of the person's current accommodation, keeping the young person's psychological needs in mind. A full team of professionals from different agencies responsible for the care of this young person has been fully involved in the process and recommended the suitability of the property. An occupational therapist from the disability services is involved in the preparation and refurbishment of the building. The alterations to this property are currently ongoing. An application to register this property with CQC has been made.

Dementia Service: Regular referrals from the Older People Mental Health team are received to provide day care or one-to-one support at home. All the staff who work with dementia patients have a minimum level 2 in Dementia Awareness training.

Home Care Service: This is one of the core service Aapna provided to the communities. We provide support to individuals to keep them living independently in the community as long as possible. This service was sold to a third party after the year end.

Counselling: The bilingual counsellor has been with Aapna for the last six years and has been consistently providing this valuable service to BAME communities. We have noticed the change in the trends of the referrals. More and more individuals are walking through the door and self-referring for this service. The counsellor delivers this vital service to anyone from the Tees Valley. Our contract funding had ended with Alliance, but we negotiated with CCG who agreed to carry on funding this valuable service via Alliance Psychological Services.

Financial review

This year has seen a drop in the net income for the charity. There are some contributory factors, such as the rise in the minimum wage, staff sickness levels, and local authorities have kept the unit cost for all contracted services to a minimum, reducing the net income margin.

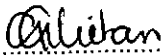
After the year end, the domiciliary home care service was sold, so that the charity can concentrate on developing the Short Break Service and Residential Care Services. This reduction in income, due to reduced services, will be reflected in the free reserves next year. Free reserves at the end of March 2023 were £1,775,005. The trustees aim to maintain free reserves, being residual reserves after allowing for funds tied up in tangible fixed assets, of approximately 9 to 12 months running costs. The free reserves will also be used to carry out the refurbishment of the above properties and continuously maintain and improve the properties. Once the current properties are up and running successfully, the trustees will consider purchasing additional properties if the Respite Care and Residential Care services prove to be successful.

Aapna Services Ltd

Trustees' Report

The trustees would like to take this opportunity to thank the staff, volunteers and service users for their hard work and co-operation throughout the year.

The annual report was approved by the trustees of the charity on 10/12/2023 and signed on its behalf by:


.....
Anu Ahitan
Chairman and trustee

Aapna Services Ltd

Independent Auditor's Report to the Members of Aapna Services Ltd

Opinion

We have audited the financial statements of Aapna Services Ltd (the 'charity') for the year ended 31 March 2023, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Aapna Services Ltd

Independent Auditor's Report to the Members of Aapna Services Ltd

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Opinion on other matter prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

Responsibilities of trustees

The trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Aapna Services Ltd

Independent Auditor's Report to the Members of Aapna Services Ltd

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We gained an understanding of the legal and regulatory framework applicable to the charity and considered the risks of acts by the charity that are contrary to applicable laws and regulations, including fraud. We designed audit procedures to respond to the risk, recognising that the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentionally misrepresentations, or through collusion.

Based on our understanding of the charitable company and the environment in which it operates, we identified that the principal risks of non-compliance with laws and regulations related to social care, safeguarding, employment, health and safety regulations and charity law. We also considered those laws and regulations that have a direct impact on the financial statements including, but not limited to, the Charities Act 2011, Companies Act 2006, Charities (Accounts and Reports Regulations) and the Charities SORP (FRS 102). Our tests included agreeing the financial statement disclosures to underlying supporting documentation and enquiries with management. We also addressed the risk of management override of internal controls, including evaluating whether there was evidence of bias by the trustees that represented a risk of material misstatement due to fraud.

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Aapna Services Ltd

Independent Auditor's Report to the Members of Aapna Services Ltd

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



.....
Anthony Blueitt BA ACA (Senior Statutory Auditor)
For and on behalf of Mr Anthony Blueitt, Statutory Auditor

Date: 10th Dec '23

Aapna Services Ltd

Statement of Financial Activities for the Year Ended 31 March 2023 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Total 2023 £	Total 2022 £
Income and Endowments from:				
Charitable activities	3	<u>2,118,464</u>	<u>2,118,464</u>	<u>2,018,972</u>
Total income		<u>2,118,464</u>	<u>2,118,464</u>	<u>2,018,972</u>
Expenditure on:				
Charitable activities	4	<u>(1,589,177)</u>	<u>(1,589,177)</u>	<u>(1,358,340)</u>
Total expenditure		<u>(1,589,177)</u>	<u>(1,589,177)</u>	<u>(1,358,340)</u>
Net income		<u>529,287</u>	<u>529,287</u>	<u>660,632</u>
Net movement in funds		529,287	529,287	660,632
Reconciliation of funds				
Total funds brought forward		<u>2,776,113</u>	<u>2,776,113</u>	<u>2,115,480</u>
Total funds carried forward	16	<u><u>3,305,400</u></u>	<u><u>3,305,400</u></u>	<u><u>2,776,112</u></u>

All of the charity's activities derive from continuing operations during the above two periods.
The funds breakdown for 2023 is shown in note 16.

Aapna Services Ltd

(Registration number: 07139585)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	9	1,530,395	1,227,131
Investments	10	<u>100</u>	<u>-</u>
		<u>1,530,495</u>	<u>1,227,131</u>
Current assets			
Debtors	11	240,080	662,903
Cash at bank and in hand	12	<u>1,706,493</u>	<u>1,137,411</u>
		1,946,573	1,800,314
Creditors: Amounts falling due within one year	13	<u>(109,953)</u>	<u>(72,957)</u>
Net current assets		<u>1,836,620</u>	<u>1,727,357</u>
Total assets less current liabilities		3,367,115	2,954,488
Creditors: Amounts falling due after more than one year	14	<u>(61,715)</u>	<u>(178,376)</u>
Net assets		<u>3,305,400</u>	<u>2,776,112</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>3,305,400</u>	<u>2,776,112</u>
Total funds	16	<u>3,305,400</u>	<u>2,776,112</u>

The financial statements on pages 10 to 24 were approved by the trustees, and authorised for issue on 10/12/2023 and signed on their behalf by:

Anu Ahitan
Anu Ahitan
Chairman and trustee

Aapna Services Ltd

Statement of Cash Flows for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash income		529,287	660,632
Adjustments to cash flows from non-cash items			
Depreciation		<u>38,795</u>	<u>37,546</u>
		568,082	698,178
Working capital adjustments			
Decrease/(increase) in debtors	11	422,824	(465,919)
Increase in creditors	13	<u>40,105</u>	<u>21,502</u>
Net cash flows from operating activities		<u>1,031,011</u>	<u>253,761</u>
Cash flows from investing activities			
Purchase of tangible fixed assets	9	(342,059)	(28,732)
Acquisition of investments in subsidiary undertakings	10	<u>(100)</u>	<u>-</u>
Net cash flows from investing activities		(342,159)	(28,732)
Cash flows from financing activities			
Repayment of loans and borrowings	13	<u>(119,770)</u>	<u>(11,876)</u>
Net increase in cash and cash equivalents		569,082	213,153
Cash and cash equivalents at 1 April		<u>1,137,411</u>	<u>924,258</u>
Cash and cash equivalents at 31 March		<u><u>1,706,493</u></u>	<u><u>1,137,411</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Charity status

The charity is limited by guarantee, incorporated in United Kingdom, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

The address of its registered office is:

Aapna House
31-35 Eastbourne Road
Middlesbrough
TS5 6QN

2 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)) (issued in October 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Aapna Services Ltd meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are no significant judgements included in these financial statements. The only relevant estimation used in these financial statements is for depreciation of fixed assets.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Adjusting events after the financial period

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates;

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Tangible fixed assets

Tangible assets are initially recorded at cost, and subsequently stated at cost less any accumulated depreciation and impairment losses. Any tangible assets carried at revalued amounts are recorded at the fair value at the date of revaluation less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

An increase in the carrying amount of an asset as a result of a revaluation, is recognised in other recognised gains and losses, unless it reverses a charge for impairment that has previously been recognised as expenditure within the statement of financial activities. A decrease in the carrying amount of an asset as a result of revaluation, is recognised in other recognised gains and losses, except to which it offsets any previous revaluation gain, in which case the loss is shown within other recognised gains and losses on the statement of financial activities.

Depreciation

Depreciation is calculated so as to write off the cost or valuation of an asset, less its residual value, over the useful economic life of that asset as follows:

Asset class

Freehold property

Motor vehicles

Equipment

Depreciation method and rate

2% straight line

25% straight line

25% straight line

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

For the purpose of impairment testing, when it is not possible to estimate the recoverable amount of an individual asset, an estimate is made of the recoverable amount of the cash-generating unit to which the asset belongs. The cash-generating unit is the smallest identifiable group of assets that includes the asset and generates cash inflows that largely independent of the cash inflows from other assets or groups of assets.

For impairment testing of goodwill, the goodwill acquired in a business combination is, from the acquisition date, allocated to each of the cash-generating units that are expected to benefit from the synergies of the combination, irrespective of whether other assets or liabilities of the charity are assigned to those units.

Business combinations

Business combinations are accounted for under the purchase method. Where necessary, adjustments are made to the financial statements of subsidiaries to bring the accounting policies used into line with those used by the charity. All intra-group transactions, balances, income and expenses are eliminated on consolidation. In accordance with Section 35 of FRS 102, Section 19 of FRS 102 has not been applied in these financial statements in respect of business combinations effected prior to the date of transition.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Fixed asset investments

Fixed asset investments, other than programme related investments, are included at market value at the balance sheet date. Realised gains and losses on investments are calculated as the difference between sales proceeds and their market value at the start of the year, or their subsequent cost, and are charged or credited to the Statement of Financial Activities in the period of disposal.

Unrealised gains and losses represent the movement in market values during the year and are credited or charged to the Statement of Financial Activities based on the market value at the year end.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

Financial Instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

3 Income from charitable activities

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Grants receivable	5,000	5,000	140,197
Other income	2,693	2,693	10,312
Personal budget contracts	1,376,418	1,376,418	1,040,362
Direct commissioning	734,353	734,353	826,779
Activities and trips	-	-	1,322
	<u>2,118,464</u>	<u>2,118,464</u>	<u>2,018,972</u>

4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total funds £
Charitable activities		161,532	161,532
Staff costs		1,398,933	1,398,933
Allocated support costs		11,531	11,531
Governance costs		17,181	17,181
Total for 2023		<u>1,589,177</u>	<u>1,589,177</u>
Total for 2022		<u>1,358,340</u>	<u>1,358,340</u>

In addition to the expenditure analysed above, there are also governance costs of £17,181 (2022 - £6,800) which relate directly to charitable activities. See note for further details.

5 Trustees remuneration and expenses

No expenses were paid to Trustees in the year.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

6 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	<u>1,398,933</u>	<u>1,144,064</u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023 No	2022 No
Office staff	19	14
Care staff	<u>103</u>	<u>80</u>
	<u>122</u>	<u>94</u>

The number of employees whose emoluments fell within the following bands was:

	2023 No	2022 No
£80,001 - £90,000	<u>1</u>	<u>1</u>

7 Auditors' remuneration

	2023 £	2022 £
Other fees to auditors		
The auditing of accounts of any associate of the charity	7,000	6,800
All other non-audit services	<u>10,181</u>	<u>-</u>
	<u>17,181</u>	<u>6,800</u>

8 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

9 Tangible fixed assets

	Land and buildings £	Furniture and equipment £	Motor vehicles £	Total £
Cost				
At 1 April 2022	1,316,811	50,186	21,331	1,388,328
Additions	<u>341,886</u>	<u>173</u>	<u>-</u>	<u>342,059</u>
At 31 March 2023	<u>1,658,697</u>	<u>50,359</u>	<u>21,331</u>	<u>1,730,387</u>
Depreciation				
At 1 April 2022	101,190	38,676	21,331	161,197
Charge for the year	<u>32,963</u>	<u>5,832</u>	<u>-</u>	<u>38,795</u>
At 31 March 2023	<u>134,153</u>	<u>44,508</u>	<u>21,331</u>	<u>199,992</u>
Net book value				
At 31 March 2023	<u>1,524,544</u>	<u>5,851</u>	<u>-</u>	<u>1,530,395</u>
At 31 March 2022	<u>1,215,621</u>	<u>11,510</u>	<u>-</u>	<u>1,227,131</u>

Restriction on title and pledged as security

Included above is the company property at 31-35 Eastbourne Road with a carrying value of £788,229 (2022 - £809,002) which has been pledged as security for the company bank loan.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

10 Fixed asset investments

	2023 £
Shares in group undertakings and participating interests	<u>100</u>

Shares in group undertakings and participating interests

	Subsidiary undertakings £	Total £
Cost		
Additions	<u>100</u>	<u>100</u>
At 31 March 2023	<u>100</u>	<u>100</u>
Net book value		
At 31 March 2023	<u>100</u>	<u>100</u>

Details of undertakings

Details of the investments in which the charity holds 20% or more of the nominal value of any class of share capital are as follows:

Undertaking	Country of Incorporation	Holding	Proportion of voting rights and shares held		Principal activity
			2023	2022	
Subsidiary undertakings					
Supporting Hands NE Limited	England & Wales	Ordinary Shares	100%	0%	Dormant

Subsidiaries

The profit for the financial period of Supporting Hands NE Limited was £Nil (2022 - £Nil) and the aggregate amount of capital and reserves at the end of the period was £100 (2022 - £Nil). The charity has not prepared group consolidated financial statements because the subsidiary company was dormant throughout the current year.

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

11 Debtors

	2023 £	2022 £
Trade debtors	139,829	372,559
Prepayments	10,666	208,502
Other debtors	89,585	81,842
	<u>240,080</u>	<u>662,903</u>

12 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	167	369
Cash at bank	1,706,326	1,137,042
	<u>1,706,493</u>	<u>1,137,411</u>

13 Creditors: amounts falling due within one year

	2023 £	2022 £
Bank loans	8,991	12,000
Trade creditors	30,257	-
Other creditors	28,295	23,750
Accruals	42,410	37,207
	<u>109,953</u>	<u>72,957</u>

Included in creditors due within one year and after one year is a bank loan totalling £70,606 (2022: £202,252) which is secured by a fixed charge over the charity's daycare property and a floating charge over all other assets.

14 Creditors: amounts falling due after one year

	2023 £	2022 £
Bank loans	61,615	178,376
Due to group undertakings	100	-
	<u>61,715</u>	<u>178,376</u>

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

15 Obligations under leases and hire purchase contracts

The total value of future minimum lease payments was as follows:

	2023 £	2022 £
Within one year	8,692	2,869
In two to five years	16,660	-
	<u>25,352</u>	<u>2,869</u>

16 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General	<u>2,776,113</u>	<u>2,118,464</u>	<u>(1,589,177)</u>	<u>3,305,400</u>
	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General	<u>2,115,480</u>	<u>2,018,972</u>	<u>(1,358,340)</u>	<u>2,776,112</u>

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

17 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2023 £
Tangible fixed assets	1,530,395	1,530,395
Fixed asset investments	100	100
Current assets	1,946,573	1,946,573
Current liabilities	(109,953)	(109,953)
Creditors over 1 year	(61,715)	(61,715)
Total net assets	<u>3,305,400</u>	<u>3,305,400</u>
	Unrestricted funds General £	Total funds at 31 March 2022 £
Tangible fixed assets	1,227,131	1,227,131
Current assets	1,800,314	1,800,314
Current liabilities	(72,957)	(72,957)
Creditors over 1 year	(178,376)	(178,376)
Total net assets	<u>2,776,112</u>	<u>2,776,112</u>

18 Analysis of net funds

	At 1 April 2022 £	Financing cash flows £	At 31 March 2023 £
Cash at bank and in hand	1,137,411	569,082	1,706,493
Debt due within one year	(12,000)	3,009	(8,991)
Debt due after more than one year	(178,376)	116,761	(61,615)
Net debt	<u>947,035</u>	<u>688,852</u>	<u>1,635,887</u>
	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	924,258	209,064	1,133,322
Debt due within one year	(12,000)	-	(12,000)
Debt due after more than one year	(190,252)	11,876	(178,376)
Net debt	<u>722,006</u>	<u>220,940</u>	<u>942,946</u>

Aapna Services Ltd

Notes to the Financial Statements for the Year Ended 31 March 2023

19 Related party transactions

The Charity purchased the property at 15 Salton Close, from Mr Puri (a trustee) and Mrs Puri (Chief Executive Officer) at a market value purchase price of £125,000 plus costs which came to a total of £129,723.. At the balance sheet date the amount due to/from was £Nil (2022 - £Nil).

20 Non-adjusting events after the financial period

Post year end the Charity sold it's Domiciliary Care activities to Patience Healthcare (Aapna) Limited at an agreed contract price of £455,000.

Aapna Services Ltd

Detailed Statement of Financial Activities for the Year Ended 31 March 2023

	Total 2023 £	Total 2022 £
Charitable activities		
Grants receivable	5,000	140,197
Direct commissioning	1,376,418	1,040,362
Personal budget contracts	734,353	826,779
Activities and trips	-	1,322
Other income	2,693	10,312
	<u>2,118,464</u>	<u>2,018,972</u>
Charitable activities		
Agency homecare	(1,450)	(40,096)
Lease of motor vehicles (Operating leases)	(8,529)	(5,739)
Wages and salaries	(1,398,933)	(1,144,064)
Staff travel and training	(34,857)	(42,727)
Other establishment	(2,176)	(4,586)
Insurance	(10,498)	(7,716)
Telephone and fax	(2,396)	(3,192)
Other office expenses	(43,477)	(41,248)
Motor expenses	(3,947)	(5,572)
Legal and professional fees	(5,555)	(8,159)
Interest on bank loans and bank charges	(9,852)	(10,895)
Depreciation of freehold property	(32,963)	(30,144)
Depreciation of office equipment	(5,832)	(7,402)
Bad debts written off	(11,531)	-
Accountancy fees	(17,181)	(6,800)
	<u>(1,589,177)</u>	<u>(1,358,340)</u>