



# National Survivor User Network

(A company limited by guarantee)

Report and Financial Statements

For the year ended 31<sup>st</sup> March 2022

Charity Number 1135980  
Company Number 07166851

**National Survivor User Network**  
**Report and Financial Statements for the Year Ended 31 March 2022**

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**National Survivor User Network**  
**Report and Financial Statements for the Year Ended 31 March 2022**

**Reference and Administrative Information**

Charity Name: National Survivor User Network

Charity Registration Number: 1135980

Company Registration Number: 1032145

Registered Address: NSUN Ltd,  
15 Bunhill Row,  
London  
EC1Y 8LP

Trustees: The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1<sup>st</sup> April 2021 up to the date of approval of these financial statements were as follows:

Zoe Bennett	until 27 January 2022
Alisdair Cameron	
Eleni Chambers	until 31 March 2022
Nic Murray	until 10 September 2021
Angela Newton, Chair	
Amy Palmer	from 29 November 2021
Jonathan Rackham	
Emily Reynolds	
Rachel Rowan Olive	
Amy Rushton	
Tasha Suratwala	from 29 November 2021
Shuranjeet Takhar	from 29 November 2021

CEO : Akiko Hart

Independent Examiner: Michael Tourville, Beever and Struthers, 15 Bunhill Row, London, EC1Y 8LP

Principal Bankers: Santander, Bootle, Merseyside, L30 4GB  
Solicitors: Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

## **National Survivor User Network**

### **Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)**

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served during the year are listed on page 1.

#### **Objects and activities for the public benefit**

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

## **National Survivor User Network**

### **Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)**

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of the following activities:

- building capacity in our membership
- strengthening local, regional and specialist networks
- capacity building and information sharing
- influencing mental health policy and practice
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy

#### **Review of Achievements and performance: How our activities delivered public benefit**

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live on the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience.

## **National Survivor User Network**

### **Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)**

#### **2021/22 Activities:**

As stated in the 2020/21 Trustees' Annual Report, NSUN's aims for 2021/22 were to:

- consolidate the growth of the past 12 months, strengthen its policies and governance, and review the membership offer.
- NSUN also aims to continue building capacity in its membership through a second small grants programme for user-led organisations
- scale Community Constellations in order to work alongside groups across England
- NSUN will continue to promote and amplify members' perspectives, voices and campaigns through communications, and will also develop its policy work, focusing on the social determinants of mental ill health or distress.

These aims were achieved through the following:

#### **Theory of Change**

In the last quarter, NSUN worked with an external consultant, Lena Mohamed, to reflect on the growth of the organization over the past two years, and develop a Theory of Change to guide future work. This Theory of Change will be shared and operationalised in 2022. A key element of this is a refreshed membership offer, developed with Associate Mark Brown, and to be launched in 2022, which will better reflect different stakeholders' needs and relationships with NSUN. In parallel, NSUN has engaged an external facilitator to facilitate regular reflective practice sessions for the staff team, and has updated all its policies, with the support of Associate Rachel Barker.

#### **NSUN Side by Side Fund**

The Side by Side Fund is NSUN's second small grants programme, following on from the success of the NSUN Covid-19 Fund in 2019. The Side by Side Fund awarded 37 grants of £500 and 1 grant of £144 to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable. This opportunity was made available through Mind's Side by Side: Peer Support in your community project, which was funded by [Morrisons Foundation](#) and [Garfield Weston Foundation](#).

The grants were aimed at peer support, mutual aid or self-help groups that benefit people or communities who live with mental ill-health, trauma and distress, take place in a community setting (i.e. not NHS or local authority), and are in some way led by members of the community they engage. In this context, NSUN defined peer support as the intentional action of bringing people together who have experiences in common, to offer mutual support. Not all groups who applied or who were successful in receiving funding define themselves as 'mental health groups'. NSUN was especially interested in groups who recognise that coming together supports wellbeing, healing or connection.

The Fund had three funding priorities:

- Groups led by and for people from racialised communities/people of colour
- Groups led by and for young people (aged 18-25)
- Groups who have been unable to meet during the pandemic, which may be due to digital poverty

NSUN received 215 applications, and awarded grants to 38 organisations.

This grant-making programme demonstrated the importance and the vitality of peer support, mutual aid and self-help groups, but also indicated that these groups find it hard to access support from other funders, and face challenges that bigger organisations don't. This echoes the findings from the 2020 NSUN report 'What do user led groups need?'.

## **Community Constellations**

Over the year, NSUN's capacity building programme for user-led groups, Community Constellations, was scaled, and created spaces for connection in three different ways; through cohort meetings with grantees from the Side by Side grants programme, through the Youth Constellation Network, and through safeguarding work with groups Taraki and Black People Talk.

As a follow up to the Side by Side Fund, Community Constellations delivered three networking events for Side by Side grantees, open to all 37 grantees, alongside Mind. These networking events offered space for people working in user-led groups to connect and share their experiences and advice, and functioned as a community of practice for people who would otherwise be isolated. They also enabled grantees to name what would be helpful to them and generate ideas for outputs that could influence and inform external stakeholders about what user-led groups do and the challenges they face. Many of the grantees have since made contact separately and identified the groups as a peer support and personal development space.

Community Constellations also provided a reflective space and community of practice for people doing youth-led user-led work, through its Youth Constellation Network. This came to a close at the end of the year partly due to one of the founding members of the Network (Hearts & Minds) ceasing operations. However, the relationships which were built within the network remain, and NSUN continues to engage with the organisations which constituted it.

## National Survivor User Network

### Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)

In the conversations NSUN has had with people involved in grassroots mental health work, safeguarding has repeatedly been named as an area in need of more resource and collaborative thinking. Between April and July 2021 Community Constellations worked intensively with groups [Taraki](#) and [Black People Talk](#) to develop anti-racist safeguarding policies for their organisations through a series of workshops and discussions. These included in-depth discussions about safeguarding, surveillance cultures and racism in mental health spaces. By the end of the summer of 2021, Taraki and Black People Talk had developed finished, custom-built safeguarding policies and implementation plans.

Feedback from these sessions has included:

*"It was a brilliant idea and session. I for one enjoyed every moment of it and making new connections, so thank you [...] for allowing us to connect and network." – SBS cohort member*

*"It's been a fantastic opportunity to think about how (...) can we actually share our approaches and the things that have really enabled us to do what we're doing in the mental health landscape. Thinking about how do we challenge the very, very unfair allocation of access to resources, and also especially knowledge that is often a huge, huge systemic barrier within the mental health landscape. So how do we learn off each other? [F]or me, that's what the Community Constellations project is. It is a direct naming of the fact that current ways of working, current ways of communicating, current ways of engaging within the mental health landscape do not make it easy for those wanting to do things differently and do not make it easy for those wanting to build together rather than just kind of build individually." Shuranjeet Singh – NSUN Trustee and Founder and Director of Taraki, involved in both Youth Constellation Network and safeguarding development work.*

## Resources for user led groups

### *Resources by and for user-led groups*

In August NSUN launched a new series of video resources by and for user-led groups. Following on from the 2020 NSUN report "What do User Led Groups Need?", NSUN created resources that helped people who are part of user-led groups to understand some of the common hurdles faced in setting up and sustaining organisations, from funding and finance to organisational structure and communications.

NSUN published videos by ADHDAware discussing the pros and cons of being a volunteer-led organisation; Expert By Experience discussing maturing as a user-led group; Make Space on safeguarding; ADHDBabes on community engagement; Arts and Health Hub on organisational structure; Sisters of Frida on governance for DPOs; Let's Talk about Loss on becoming a registered charity; and Sangini on funding. They are all published here: <https://www.nsun.org.uk/our-members/user-led-groups/>

## National Survivor User Network

### Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)

In keeping with NSUN's aim of developing resources with user-led groups, the team commissioned 3 blogs from the members of the Side by Side grantees cohort in order to bring the discussions which were had as a group to a wider audience. Taimour Ahmed of Experts By Experience shared his personal experience and reflections on [‘One Person Show Syndrome’](#) in user-led groups and grassroots activism and its impact on community-led work. In another piece, Sylvia Kalungi of WODIN explored [‘The Hamster Wheel Challenge: Funding & Sustainability for User-led Groups’](#), which sums up the landscape that a lot of grassroots organisers find themselves in – underfunded, under-supported, but playing an irreplaceable role in their communities. Finally, Leah Chikamba of Angels of Hope gave an interview about how and why she founded her organisations, and some of the specific challenges that organisations by and for Black women face in achieving funding and sustainability; she explains that [“The women we were helping wouldn't go anywhere but us”](#).

The Side by Side grantee cohort developed the idea of a survey into user-led groups' experiences of funding, and NSUN approached funder The Fore to lend their expertise in drafting the questions and disseminating [the survey](#), which was live from November – December 2021. NSUN now has high-quality data on the experiences of small user-led groups working in the area of mental ill-health, including those who have chosen not to apply for funding or who have never been successful in applying, and plans to begin analysis in spring 2022 and publish the results in the summer.

#### *Mapping Lived Experience Leadership*

Commissioned by Mind and NSUN, [this report](#) collates the contributions provided by people with Lived Experience through 106 survey submissions, 32 interviews and 7 focus groups with 31 people. It was inspired by a desire to understand the complexities of the 'Lived Experience Leadership' field and determine any supportive role Mind, NSUN and other mental health organisations might play. Contributions were gathered from August 2020 until January 2021. Its intention is to honour and reflect the diversity in experiences and positions expressed by contributors rather than provide a neat narrative.

The AGM also featured a panel on Lived Experience Leadership (<https://nsunagm2021.com/schedule-and-register/lived-experience-leadership/>) and NSUN also commissioned a series of blogs and vlogs from our members on the topic: <https://www.nsun.org.uk/category/lived-experience-leadership/>

The Lived Experience Leadership report, blogs and panel have been enthusiastically received, and the team is in talks with Mind about some practical follow-up work based on the recommendations in the report.

## **Membership and Communications**

Over the year, NSUN has worked on improving the digital spaces it holds for its members. This has been partly achieved through the development and launch of a new website, with a clearer structure and a greater focus on content generated by members. This has included standalone blogs and book reviews, but also series commissioned by NSUN, including on lived experience leadership and abolition and mental health. All digital metrics, from the number of twitter users, to website hits, to bulletin reads, have continued to improve over the past 12 months.

The annual Members' Survey took place in September 2021, with improvements based on the recommendations from the Royal Society of Statisticians.

Respondents praised the weekly bulletin highly, and gave examples of events and involvement opportunities that they had taken part in after finding out about them through NSUN. Many respondents noted that they thought NSUN helped people feel "less alone", keeps them "in touch" and plugged in to "something bigger", and appreciated NSUN's "knowledge-sharing" on issues they would otherwise struggle to find information about. Feedback included the following:

*"It's really helpful to have a centralised place to access other people/groups in the community. It is also incredibly helpful that NSUN spearheads the strategic or policy response of the movement - the concise and considered articles/reports help me stay in touch with the direction and challenges of the movement at large without having to spend a lot of time doing research myself. NSUN has helped me feel part of a movement, which is vital for sustaining myself and the group as we try to bring about change and serve our community."*

*"NSUN feels like a lifeline of hope for us as we slowly develop. We have found no other service that supports/includes peer led groups without a bank account and we hope to become more involved with NSUN as we build our confidence and expertise."*

*"By far leading on consistently and coherently bringing a vulnerable and disparate community together through the newsletter alone. A way to get the feeling of a collective experience even if not on social media through the variety of information and a sense of something big going on, countering the isolation caused by trauma etc. Excellent for getting job vacancies out there, especially LX NHS jobs that miss out on reaching their intended audience... The bulletin is a really, really good thing and it really works, highlight of my week."*

The two-day AGM and Members' Event was held online and included the following panels: Beyond beneficiaries: resourcing user-led groups; Democratising policy: who does the work, who gets the recognition?; Care as resistance; Survivor researchers, what do we bring; and Lived Experience Leadership. The AGM also included the premiere of a podcast with the members of the StopSIM campaign, a small group discussion on peer support, and a group chat in collaboration with Bounce Black. All the panels and keynotes had British Sign Language interpretation, and the videos and transcripts are available on the AGM website: <https://nsunagm2021.com>

## National Survivor User Network

### Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)

NSUN members voted at the AGM in support of NSUN's conversion to a CIO. This process has now started and it is envisaged that it will be completed in the next financial year.

Initial scoping work on the membership structure and offer was started after the AGM in November, and is expected to be completed and launched in the first half of 2022.

#### Policy work

NSUN's policy work is funded by Trust for London to take a social determinants approach to mental health, looking at poverty and precarity, and its impact on mental health.

A key focus in NSUN's policy work has been creating stronger partnerships beyond mental health. This has meant connecting with organisations including Joseph Rountree Foundation (JRF), Z2K, Turn2US, APLEcollective, and others, and joining campaigning coalitions including the Social Security Consortium (led by Child Poverty Action Group) and [Keeping the Lifeline](#) (led by JRF). Core themes of the policy work include lack of community funds, loss of income due to mental health and lack of statutory support when facing hardship. Much of NSUN's policy work is achieved through coalitions or cross-sector approaches, for example through our membership of the Disability Benefits Consortium and DPO Forum, looking at issues such as the National Disability Strategy (<https://www.nsun.org.uk/news/national-disability-strategy-where-do-we-go-from-here/>) and the Health and Disability Green Paper.

As part of the Theory of Change, NSUN has reviewed its policy work, to determine where the organisation is best placed to effect change. This will be shared and operationalised in 2022. In many traditional mental health policy spaces, NSUN might have less leverage for structural reasons, and these spaces do not always adequately reflect the concerns of the membership, who do not live single issue lives. For example, a focus group which NSUN ran with members which was aimed at better understanding members' experiences of money, social security, and mental health, highlighted instead particularly acute issues around the mental health of those who are undocumented or have precarious migration status. This session prompted an exploration of data, anonymity and policy work (<https://www.nsun.org.uk/news/invisibility-in-policy-work-when-more-data-isnt-always-the-answer/>). As a result of this session with members, restricted access to secondary mental health care for those who are undocumented/have precarious migration status is a core theme of ongoing policy work.

## **National Survivor User Network**

### **Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)**

Additional work has focused on themes including the securitisation of health, where policing or counter-extremism measures are embedded in mental health services. This includes responding to Medact's [report](https://www.nsun.org.uk/news/racism-mental-health-and-pre-crime-policing-the-ethics-of-vulnerability-support-hubs/) on Vulnerability Support Hubs (<https://www.nsun.org.uk/news/racism-mental-health-and-pre-crime-policing-the-ethics-of-vulnerability-support-hubs/>) and a submission to Parliament's Joint Committee on Human Rights (<https://www.nsun.org.uk/news/surveillance-in-mental-health-settings-jchr/>). NSUN continues to chair the Mental Health Alliance, which focuses on mental health legislation, and coordinated a joint letter to the Secretary of State for Health and Social Care on institutional racism in relation to the Act (<https://www.nsun.org.uk/news/open-letter-to-sajid-javid-institutional-racism-mha-reform/>). NSUN has also responded to events, for example COP26 (<https://www.nsun.org.uk/news/mental-health-and-climate-justice-where-do-we-stand/>), or the September announcements on social care charging: <https://www.nsun.org.uk/news/nsun-statement-on-social-care-charging/>.

## **North East together**

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England.

The last year has at times been a challenging one for North East together, as the impact of the Covid 19 pandemic continued to affect the membership.

In response to this, NEt held some Members Meetings online via Zoom and also created and distributed a survey to members to find out how the pandemic had impacted on the support they or the person they cared for had received. Learnings were forwarded to the Northern Clinical Network who NEt worked in partnership with to research people's experiences of accessing mental health services and the impact the pandemic had upon this. For this research NEt held meetings across the region in North Tyneside, Gateshead, Durham and Middlesbrough as well as hosting a meeting online via Zoom. This work began in February 2022 and continued in the next financial year. North East together also supported Pride in Mind, a social and support group for members of the LGBT+ communities with lived experience of a mental health condition, with the NEt secretary organising and co-facilitating regular meetings and social activities for the group up until September 2021.

Going forward, North East together are planning to work in partnership with the Integrated Care System in the North East and Cumbria and plan some further research on mental health and inequalities later in 2022.

## National Survivor User Network

Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)

### Survivor Researcher Network

NSUN hosted the Survivor Researcher Network (SRN) for ten years, from 2011 until October 2021, when it became an independent network and Community Interest Company: <https://survivorresearcher.net>. NSUN supported the transition and exit strategy, including through an external facilitator to support SRN to articulate its mission and objectives.

While it was hosted with NSUN, SRN shared resources and opportunities relating to survivor research through its bulletin, held regular discussion spaces and events, including at the NSUN AGM, contributed to publications, and lobbied research organisations and funders for opportunities for user-led research.

### Synergi

NSUN secured a three year grant from Lankelly Chase to host the new iteration of Synergi, a complex and ambitious programme of work focusing on the intersection of racial justice and mental health, from April 2022. During the course of 21/22, NSUN worked closely with Catalyst 4 Change, Lankelly Chase, the members of the first phase of Synergi, and the Synergi Advisory Board, to scope out the possibilities for the next phase of the work. This was funded through a contract and then a bridging grant from Lankelly Chase.

The 5 work streams planned for the second phase of Synergi are:

- Remembrance as resistance: developing a multimedia and digital exhibition and festival programme that will act as a window to community action tackling mental health and racial injustices over the last 40 years in the UK, to reimagine mental health services and support for racialised communities
- Building as abolition: working with and influencing funders to better understand abolitionist work in this space so that it is resourced and elevated
- Creating spaces: building on the place-based creative and collaborative system change work which was developed [in the first phase of Synergi](#)
- Democratising policy: managing an annual small grants programme to distribute to grassroots campaigning groups working on the intersection of racial justice and mental health
- Transformational governance: embedding ethical and collaborative ways of working within Synergi and beyond it

## **misery**

In 2020/21, NSUN supported misery, a queer, trans, intersex, Black, people of colour (QTIBPOC) sober mental health collective, by connecting them with a consultant to help them identify their strategic needs. As a result of this work, misery concluded that they would benefit from hosting/incubation within a larger organisation whose aims fitted with theirs. In March 2022, misery migrated their operations and finances to NSUN, becoming a hosted project. They will continue their activities with their own funding, but within the container of NSUN's policies, legal structure and accounts. NSUN and misery hope that this relationship will be one of mutual learning and discovery.

## **2027 Community Power Project**

In 2021/22, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Community Power Project, which focuses on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts. The goal of this research is to help map and understand the current system dynamics, blockers, opportunities and examples of good practice, as well as to identify potential partners. Recruitment and planning have been put in place, and the next phase is data collection and analysis.

## **Key aims for 2022/23 are**

Develop and launch a new strategy and Theory of Change

Develop and launch a new membership structure and offer

Consolidate the growth of the organization and put in place additional support structures for staff in light of the growth of the team

Launch the second phase of Synergi, a programme of work on racial justice and mental health, which will include a small grants fund

Continue to promote and amplify members' perspectives, voices and campaigns through communications

Develop policy work alongside NSUN members, with a particular thematic focus in 22/23 on migrant justice and mental health

Build on the capacity building work of Community Constellations, with a particular focus on youth-led work and groups led by and for people from racialised communities

Convert to a CIO

## **Financial review**

Income for the year ended 31<sup>st</sup> March 2022 totalled £508,168 (2021: £561,920) and decreased by £53,752 from the previous year. The largest area of decrease was seen in Grants and Donation which fell by £90,128 when compared with the previous year. The area which saw the greatest fall was grant income, which reduced by £161,732. Grant income was particularly high in 2020/21 due to significant funding totalling £165,000 for the NSUN Covid-19 fund, the similar NSUN Side-by-Side fund which ran in 2021/22 was smaller, receiving grant funding of £29,920.

NSUN's principal source of funds during 2021-22 was income from grants and totals £318,515 (2021: 480,247) and comprises 63% of income (2019: 85%). The fall in this % is driven by unusually high one off donation income associated with the 2027 Project, and grant funding is likely to remain the principal source of funding in coming years.

Expenditure totalled £469,455 (2021: £440,211) for the year ended 31<sup>st</sup> March 2022, an increase of £29,244 when compared with the previous year. Costs associated with grants to user-led groups fell by £122,988, due to the NSUN Side by Side fund issued in 2021/22 having been smaller than the NSUN Covid-19 Fund issued in the previous year. This decrease was offset by an increase in costs associated with hosted projects which rose by £137,143 compared to the previous year due to the 2027 Project and costs associated with the scoping work for Synergi. Costs associated with Resources for user- led groups have increased by £41,716 to £204,109 (2021: £162,393) due to a full year of the Community Constellations work. Influencing Policy costs have fallen by £26,627 to £76,095 (2021: £102,722) due to the large Covid-19 communications project which took place in 2021 having not been repeated this year. Total costs associated with staff across NSUN have increased by £76,755 to £190,326 (2021: £113,571) due to the expansion of the team from an average full time equivalent of 4.9 from 2.7 in the 2020/21.

Support costs including governance costs, saw an increase of £30,411 compared with the previous year. Most costs have remained stable, with an increase in training costs having been seen as a result of a 6 session racial justice training undertaken with You Make It in 2021, for all staff and trustees. Governance costs increased by £23,083 due to higher staff time involved in supporting this area and a focus on strategic development and membership. Despite the increase in costs, due to the increase in the size of the team, support costs per full time equivalent staff fell over the course of the year.

## **National Survivor User Network**

### **Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)**

Fundraising costs totalled £18,103 and fell by £2,812 with staff time in this area haven fallen in percentage terms. Fundraising costs relate to staff time spent on grant fundraising and associated support costs and the investment saw grant income of £318,515 received from these sources. As well as funds secured in the year, investment of time in fundraising in the year also saw the award of £84,620 for the 2022/23 financial year and beyond from the Joseph Rowntree Charitable Trust.

#### **Total funds, reserves policy and going concern**

Total funds at 31<sup>st</sup> March 2022 were £155,158 (2021: £134,548) and comprised restricted funds of £83,524 (2021: £61,091) and unrestricted funds of £71,914 (2021: £73,457). The largest remaining restricted funds comprise core funding and funding towards staff and Trustee wellness activities from Tudor Trust (£21,673), funding from the John Ellerman Foundation towards core costs (£30,000) and funding held on behalf of misery, a hosted project (£14,021). Unrestricted funding comprised funding from Esmee Fairbairn towards core costs in the 2022/23 financial year of £38,537 and unrestricted income from donations and contracts.

## National Survivor User Network

### Trustee's annual report (including Directors' Report) for the year ended 31 March 2022 (continued)

The Trustees review the charity's reserves policy annually and aim to hold 3 months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectation they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £143,267 including £38,537 in relation to unrestricted grants to be used in the coming year.

	2022	% of target	2021	% of target
<b>Reserves Target</b>	<b>£143,267</b>		<b>£125,727</b>	
Made up of				
Unrestricted Grants	£ 38,537		£47,527	
Unrestricted Reserves Requirement	£104,730		£78,200	
<b>Actual Free Unrestricted Reserves</b>	<b>£70,452</b>		<b>£72,845</b>	
Made up of				
Unrestricted Grants	£38,537		£47,527	
Other Unrestricted Reserves	£31,319	30%	£25,318	32%

At the 31<sup>st</sup> March 2022 unrestricted free reserves, excluding fixed assets, totalled £70,452. This comprised 30% of the unrestricted reserves requirement. This compares to 32% of the unrestricted reserves requirement in the previous year. The percentage of unrestricted reserves held has fallen slightly due to an increase in the reserves policy surrounding the larger team and does not reflect a fall in funds. Actual reserves saw a growth of £6,000 during the year and Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at the level set by the reserves policy due to unrestricted income making up a low proportion of NSUN's overall income.

The Trustees have reviewed the budgets for the 2022/23 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

### **Grant Making Policy**

NSUN's grant making policy is specific to the funds being distributed and is in line with the conditions of the funder, which during the 2021/22 financial year was the Side by Side Fund, funded by Mind via a grant from Garfield Weston Foundation and Morrisons Foundation. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user led groups. Grants were awarded to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable.

Applications for grants were invited through the weekly bulletin and advertised widely through social media channels. It is NSUN's policy to make grants as accessible as possible and applications were made through using a light-touch form and with the offer of support from a grants manager. Applications were reviewed on a first come first serve basis and were shortlisted by a grants manager. The panel met each week for the duration of the fund and comprised the CEO, a member of the Side by Side Advisory Board, and one NSUN Trustee. Where successful, restricted grants were awarded to groups subject to agreement with the terms and conditions set out in the grant agreement. NSUN's policy is that all expenditure will be agreed to supporting evidence and at the end of the grant period each grant was monitored by the Finance Manager to ensure compliance with this. Grants were awarded to user-led groups or organisations, which were run, governed or delivered by people with direct experience of the kinds of challenges faced by the people they intend to help or support.

## **Key Risks and Uncertainty**

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks.

The Board review the risk register at every Board Meeting (at least quarterly) which lists the key risks identified together with a risk score calculated based on the probability and the potential impact of the risk concerned. A separate Synergi High Level Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

- 1) The ongoing impact of the coronavirus pandemic, particularly on funding, given the increased pressure on grant-making trusts and foundations. This is being managed through a fundraising strategy which identifies funding pipelines. 89% of funding has been secured for 22/23 and the Trustees do not anticipate any difficulties in securing the remaining 11% which is not required until later in the year.
- 2) Board effectiveness, including risks around poor communications and skills, which continues to be addressed through a skills audit, Board appraisal process, Board training, and a Board development process in 2022.
- 3) Lack of racial diversity on the Board, particularly in the light of Synergi, a new hosted project on racial justice and mental health. It has been partly addressed through the 2021 trustee recruitment and a 6 week training on racial justice, and will continue to be addressed through the 2022 trustee recruitment.
- 4) Clarity over the membership offer and the most appropriate legal structure of NSUN going forward, which have now been agreed, and will be operationalised in 22/23.

**National Survivor User Network**  
**Trustee's annual report (including Directors' Report) for the year ended 31**  
**March 2022 (continued)**

**Contribution made by volunteers**

We are incredibly grateful to all of the volunteers many of whom have provided considerable pro bono support valued at £32,878 ( 2021:£33,800) and included within the financial statements. This has included pro-bono legal support, coaching, room hire, as well as individuals generously sharing their expertise.

**Structure Governance and Management**

The National Survivor User Network (NSUN) is a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 07166851. NSUN's governing documents are Articles of Association and the charity operates in England.

Trustees (who are also Company Directors) are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Articles of Association state that the minimum number of Trustees should be 3 and the maximum 12. Trustees must retire at the AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice- Chair and CEO and offered training as necessary.

The Board meets at least 5 times a year.

Day to day management of the charity has been delegated to the CEO (previously the Managing Director). The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

## **Organisational Structure and Key Management Personnel**

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

During the year, there were 6 other members of staff, the General Manager, the Communications Manager, the Project Manager of Community Constellations, the Policy Officer, the Communications Assistant and the Policy Intern and several self-employed consultants ("Associates") who are line managed and appraised by the CEO. The Finance Manager was contracted on a self-employment basis.

The Board makes use of task and finish groups and sub committees where needed to undertake specific tasks. In 2021/22 a group of trustees supported the new trustee recruitment process and a number of trustees meet informally to review the finance papers.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note 19 to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

**Trustees' responsibilities in relation to the financial statements**

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 14<sup>th</sup> July 2022 and was signed on its behalf, by:

*Angela Newton*

Angela Newton  
Chair

## **Independent Examiner's Report to the Trustees of National Survivor User Network**

I report to the charity trustees on my examination of the financial statements of the company for the year ended 31 March 2022 which are set out on pages 22 to 40.

### **Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

### **Independent examiner's statement**

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

*Michael Tourville*

**Michael Tourville ACA**

**Beever and Struthers**

**Chartered Accountants**

**15 Bunhill Row**

**London**

**EC1Y 8LP**

**Date: 26 September 2022**

National Survivor User Network  
Statement of Financial Activities (including summary income and expenditure account)  
For the year ended 31 March 2022

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2022	Unrestricted Funds	Restricted Funds	Total 31.03.2021
		£	£	£	£	£	£
<b>Income from:</b>							
Legacies and Donations							
Grants and Donations	3	134,627	292,070	426,697	200,599	316,226	516,825
Charitable Activities							
Contracts and Consultancy		61,950	5,500	67,450	39,595	5,500	45,095
Hosted Projects- misery		-	14,021	14,021	-	-	-
<b>Total Income</b>		<b>196,577</b>	<b>311,591</b>	<b>508,168</b>	<b>240,194</b>	<b>321,726</b>	<b>561,920</b>
<b>Expenditure on:</b>							
Costs of raising funds	4	18,103	-	18,103	20,915	-	20,915
Charitable Activities							
Grants to user-led groups		2,652	36,058	38,710	11,229	150,469	161,698
Resources for user led groups		112,802	91,307	204,109	64,470	97,923	162,393
Influencing Policy		31,876	44,219	76,095	73,871	28,851	102,722
Hosted Projects		34,535	116,006	150,541	6,997	6,401	13,398
Total Charitable Activities	4	181,865	287,590	469,455	156,567	283,644	440,211
<b>Total Expenditure</b>		<b>199,968</b>	<b>287,590</b>	<b>487,558</b>	<b>177,482</b>	<b>283,644</b>	<b>461,126</b>
<b>Net income/(expenditure)</b>		<b>(3,391)</b>	<b>24,001</b>	<b>20,610</b>	<b>62,712</b>	<b>38,082</b>	<b>100,794</b>
Transfer between funds		1,848	(1,848)	-	-	-	-
<b>Net movement in funds for the year</b>		<b>(1,543)</b>	<b>22,153</b>	<b>20,610</b>	<b>62,712</b>	<b>38,082</b>	<b>100,794</b>
<b>Reconciliation of funds</b>							
Total funds brought forward	17	73,457	61,091	134,548	10,745	23,009	33,754
<b>Total funds carried forward</b>	17	<b>71,914</b>	<b>83,244</b>	<b>155,158</b>	<b>73,457</b>	<b>61,091</b>	<b>134,548</b>

All income and expenditure derive from continuing activities. The Statement of Financial Activities includes all gains and losses recognised during the year. The notes on pages 22 to 40 form an integral part of these financial statements

	Notes	31.03.2022	31.03.2021
		£	£
<b>Fixed Assets</b>			
Tangible assets	12	<u>1,462</u>	<u>612</u>
Total Fixed Assets		<u>1,462</u>	<u>612</u>
<b>Current Assets</b>			
Debtors	13	2,168	7,887
Cash at bank and in hand	21	<u>178,849</u>	<u>155,178</u>
Total Current Assets		<u>181,017</u>	<u>163,065</u>
<b>Creditors:</b>			
Creditors falling due within one year	14	<u>27,321</u>	<u>29,129</u>
<b>Net Current Assets</b>		<u>153,696</u>	<u>133,936</u>
<b>Total Assets less current liabilities</b>		<b>155,158</b>	<b>134,548</b>
<b>Total Net Assets</b>		<b><u>155,158</u></b>	<b><u>134,548</u></b>
<b>The Funds of the charity:</b>			
Unrestricted income funds		71,914	73,457
Restricted income funds		83,244	61,091
<b>Total charity funds</b>	17	<b><u>155,158</u></b>	<b><u>134,548</u></b>

-

For the year ending 31 March 2022, the company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies

Directors' responsibilities

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with the section 476
- The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102) 2019.

The financial statements set out on pages 22 to 40 were approved by the Trustees and authorised for issue on 14th July 2022 and signed on their behalf by:

*Angela Newton*

Angela Newton (Chair)

The notes on pages 225 to 40 form an integral part of these financial statements

	Notes	31.03.2022	31.03.2021
		£	£
<b>Cash flows from operating activities:</b>			
<b>Net cash provided by (used in) operating activities</b>	20	25,128	127,417
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets		(1,457)	(505)
Proceeds from sale of fixed assets		-	0
<b>Net cash (used in) provided by investing activities</b>		<b>(1,457)</b>	<b>(505)</b>
<b>Change in cash in the reporting period</b>		23,671	126,912
<b>Cash at the beginning of the reporting period</b>		155,178	28,266
<b>Cash at the end of the reporting period</b>	21	<u>178,849</u>	<u>155,178</u>

The notes on pages 22 to 40 form an integral part of these financial statements

## 1. Basis of Preparation

### 1.a Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice

### 1.b Legal Form

National Survivor User Network is a charitable company incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 15 Bunhill Row, London EC1Y 8LP. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

### 1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

### 1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

### 1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

## 2. Accounting Policies

### Income

### 2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

### 2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

### 2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

### 2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

### 2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

### 2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

## 2. Accounting Policies (continued)

### 2.g Donated goods and services/facilities

Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

### 2.h Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

### Expenditure

### 2.i Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

### 2.j Allocation of governance and support costs

Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

### Assets and Liabilities

### 2.l Accrued and deferred income

Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

### 2.m Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

### 2.n Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

### 2.o Bank and Cash

Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

### 2.p Tangible fixed assets for use by the charity

Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

### 3. Grants and Donations

	Unrestricted Funds	£	Restricted Funds	£	Total 31.03.2022 £	Total 31.03.2021 £
Donations from Individuals	3,901		71,403		75,304	2,778
Grant Income (note 3b)	97,848		220,667		318,515	480,247
Donated gift and services (note 3c)	32,878		-		32,878	33,800
	<u>134,627</u>	£	<u>292,070</u>	£	<u>426,697</u>	<u>£ 516,825</u>

#### 3b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	£	Restricted Funds	£	Total 31.03.2022 £	Total 31.03.2021 £
CAF Coronavirus Emergency Fund	-		-		-	8,000
CAF Resilience Fund	-		-		-	31,000
City Bridge Trust- London Community Response Fund - Wave 2	-		-		-	12,000
City Bridge Trust- London Community Response Fund - Wave 3	-		-		-	48,696
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-		-		-	12,500
Esmee Fairbairn Charitable Trust- Core grants	66,000		-		66,000	99,000
Esmee Fairbairn Charitable Trust- Strategy Support	-		-		-	4,320
John Ellerman Foundation	-		30,000		30,000	-
Lankelly Chase- Knowledge Fund	30,000		-		30,000	-
Lankelly Chase- Covid Core Grant	-		-		-	10,000
Lankelly Chase- Communications Grant	-		-		-	6,300
Lankelly Chase- Small Grants Fund	-		-		-	10,000
Lankelly Chase- Synergi	-		38,179		38,179	-
Mind Side by Side Fund	-		29,920		29,920	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-		2,554		2,554	155,000
National Lottery Community Fund- Coronavirus Community Support Fund	-		-		-	44,281
National Lottery Community Fund- RC London and South East Region	-		59,614		59,614	-
Kings College London- Student Mental Health Research Network	1,848		-		1,848	-
The Tudor Trust	-		20,000		20,000	22,000
The Tudor Trust- development grant	-		5,000		5,000	-
Trust for London	-		35,400		35,400	17,150
	<u>97,848</u>	£	<u>220,667</u>	£	<u>318,515</u>	<u>£ 480,247</u>

No Government Grants were received in 2022. In 2021 Government Grants were received from the Department of Health and Social Care (DHSC) totalling £167,500. As set out above funds were received from the National Lottery Community Fund totalling £59,614 (2021: £44,281). There were no unfulfilled conditions or contingences in relation to government grants at the end of March 2022 (2021: one in relation to £4,531 of unused funding from DHSC from Mind for the Coronavirus Mental Health Fund).

### 3c. Donated goods, Facilities and Services

	Total 31.03.2022 £	Total 31.03.2021 £
Use of meeting rooms and office space	-	-
Membership Subscriptions	-	-
Legal Advice in relation to Articles of Association	29,628	28,300
Coaching Support for CEO	1,000	3,000
Communications Support	-	1,050
Consultancy	-	350
Room Hire	2,000	-
Waived Contributors Fees	250	1,100
	<u>£ 32,878</u>	<u>£ 33,800</u>

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers

### 4. Resources expended

	Direct Staff Costs £	Direct Costs £	Support Costs (Note 6) £	Total 31.03.2022 £	Total 31.03.2021 £
<b>Costs of Raising Funds</b>	11,748	-	6,355	18,103	20,915
<b>Charitable Activities</b>					
<b>Grants to user led groups (note 23)</b>					
NSUN Covid-19 Fund	2,713	450	2,074	5,237	161,698
NSUN Side by Side Fund	4,672	24,854	3,947	33,473	-
	<u>7,385</u>	<u>25,304</u>	<u>6,021</u>	<u>38,710</u>	<u>161,698</u>
<b>Resources for user led groups</b>					
Membership	26,763	6,873	25,221	58,857	47,045
Mind Peer Support	618	3,700	334	4,652	8,738
User Led Funders Report	-	-	-	-	10,768
Community Constellations	27,341	13,508	25,622	66,471	25,799
Lived Experience Leadership	1,845	4,600	1,204	7,649	9,575
Communications	31,495	2,881	29,101	63,477	49,754
Other Projects	618	2,050	335	3,003	10,714
	<u>88,680</u>	<u>33,612</u>	<u>81,817</u>	<u>204,109</u>	<u>162,393</u>
<b>Policy and Influencing Work</b>					
Influencing policy work	37,719	1,500	29,737	68,956	46,375
Health And Wellbeing Alliance	-	-	-	-	15,091
Keeping Control	-	846	-	846	7,625
Covid-19 Communications Project	-	-	-	-	27,450
Other Projects	608	5,150	535	6,293	6,181
	<u>38,327</u>	<u>7,496</u>	<u>30,272</u>	<u>76,095</u>	<u>102,722</u>
<b>Hosted Projects</b>					
North East Together	619	6,242	334	7,195	7,435
Survivor Researcher Network	1,446	6,027	914	8,387	5,963
Synergi	16,155	39,546	9,355	65,056	-
2027 Project	500	69,403	-	69,903	-
	<u>18,720</u>	<u>121,218</u>	<u>10,603</u>	<u>150,541</u>	<u>13,398</u>
<b>Total Cost of Charitable Activities</b>	153,112	187,630	128,713	469,455	440,211
<b>Total Costs</b>	<u>164,860</u>	<u>187,630</u>	<u>135,068</u>	<u>487,558</u>	<u>461,126</u>

## 5. Resources expended in the previous year

	Direct Staff Cos £	Direct Costs £	Support Costs (Note 6) £	Total 31.03.2021 £
Costs of Raising Funds	10,453	1,283	9,179	20,915
Charitable Activities				
NSUN Covid-19 Fund (Note 21)	6,809	147,836	7,053	161,698
Resources for user led groups				
Membership	13,117	16,005	17,923	47,045
Mind Peer Support	1,650	5,638	1,449	8,738
User Led Funders Report	1,100	8,701	966	10,768
Community Constellations	12,313	12,520	966	25,799
Lived Experience Leadership	825	8,025	725	9,575
Communications	14,817	14,453	20,484	49,754
Other Projects	734	9,337	644	10,714
	44,556	74,679	43,158	162,393
Policy and Influencing Work				
Influencing policy work	18,301	8,266	19,807	46,375
Health And Wellbeing Alliance	7,248	1,225	6,619	15,091
Keeping Control	550	6,592	483	7,625
Covid-19 Communications Project	1,100	9,280	17,070	27,450
Other Projects	367	5,493	322	6,181
	27,566	30,855	44,301	102,722
Hosted Projects				
North East Together	550	6,401	483	7,435
Survivor Researcher Network	550	4,930	483	5,963
Reigniting the Space	-	-	-	-
	1,100	11,331	966	13,397
Total Cost of Charitable Activities	80,031	264,701	95,478	440,211
Total Costs	90,484	265,984	104,657	461,126

## 6. Support Costs

	Total 31.03.2022 £	Total 31.03.2021 £
Support Staff Costs, including governance (see note 7)	27,890	22,906
Direct Governance costs (see note 7)	57,153	38,344
Consultancy	-	1,575
Legal Fees	140	1,000
Storage	460	2,439
Payroll, Accountancy and Bookkeeping	9,797	8,133
Website costs	10,290	15,296
Stationary, Postage, Telephones and IT costs	12,134	8,339
Insurance and HR support	571	483
Advertising, Recruitment and Subscriptions	1,603	2,225
Staff Travel and Wellness	2,676	657
Staff Training costs	10,447	2,076
Depreciation and profit on disposal	607	243
Other	1,300	943
	135,068	104,657

Support costs, including governance costs, are apportioned based across the activities shown in note 4 on the proportion of time spent on each activity by staff

## 7. Governance costs

	Total 31.03.2022 £	Total 31.03.2021 £
Governance costs are included within support costs (note 6) and comprise		
Staff costs	12,730	8,456
Independent Examination	2,266	2,161
Board expenses and training	9,174	366
Strategic work	10,790	-
Legal advice - including in-kind support	29,628	28,967
Governance support	5,295	6,850
	<u>69,883</u>	<u>46,800</u>

## 8. Net expenditure for the year

	Total 31.03.2022 £	Total 31.03.2021 £
This is stated after the following		
Depreciation of tangible fixed assets	607	245
Independent Examination Fees (including VAT)		
- Independent Examination	2,266	2,161
- Other Services	480	-

## 9. Analysis of staff costs and the cost of key management personnel

	Total 31.03.2022 £	Total 31.03.2021 £
The staff costs were		
Wages and Salaries	174,242	101,535
Social Security Costs	12,740	9,822
Pension Costs	3,344	2,214
	<u>190,326</u>	<u>113,571</u>

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2020/21: none)

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2022 and total £3,344 (2021:£2,214).

The key management personnel of the charity comprise the Trustees and the CEO (2020/21 Trustees and CEO). The total amount paid, including Employers National Insurance and Pension, to the CEO in the financial year ended 31 March 2022 was £63,110 (2020/21 £54,390)

No trustees received any payment for their services to the charity (2020/21:none) One trustee received payment for professional services to the charity totalling £350 (2021: nil)

## 10. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 6 (2021:3.4) with a full time equivalent of 4.9 (2020/21: 2.7)

The full time equivalent across the various areas of operation was

	2022	2021
Management	1	1
Charitable activities	3.3	1.1
Administration	0.6	0.6
	<u>4.9</u>	<u>2.7</u>

## 11. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

## 12. Tangible Fixed Assets

	IT Equipment £	Total £
Cost		
As at 1 April 2021	973	973
Additions	1,457	1,457
Disposals	-	-
As at 31 March 2022	<u>2,430</u>	<u>2,430</u>
Depreciation		
As at 1 April 2021	361	361
Charge for the year	607	607
Disposals	-	-
As at 31 March 2022	<u>968</u>	<u>968</u>
Net Book Value		
As at 31 March 2021	<u>612</u>	<u>612</u>
As at 31 March 2022	<u>1,462</u>	<u>1,462</u>

### 13. Debtors

	Total 31.03.2022 £	Total 31.03.2021 £
Trade debtors	300	400
Prepayments	1,834	1,823
Other Debtors	-	2,419
Gift Aid Accrued Income	34	3,245
	<u>2,168</u>	<u>7,887</u>

All debtors relate to amounts owed within one year

### 14. Creditors: Amounts falling due within one year

	Total 31.03.2022 £	Total 31.03.2021 £
Trade creditors	693	6,274
Lease Accrual	1,640	1,640
Other Creditors- Social Security	5,392	-
Other Creditors- Covid Fund	-	4,314
Accruals	6,346	5,676
Deferred Income (note 15)	13,250	11,225
	<u>27,321</u>	<u>29,129</u>

In 2020/21 the Covid Fund creditor represent grants awarded to groups who do not have their own bank account. These funds are either held on Equals Money Cards and have not yet been spent or are for various specific expenditure which is drawn down by the group as needed.

### 15. Deferred Income

	Total 31.03.2022 £	Total 31.03.2021 £
Balance at 1 April 2021	11,225	-
Released in the year	(11,225)	-
Deferred in the year	13,250	11,225
Balance at 31 March 2022	<u>£ 13,250</u>	<u>£ 11,225</u>

Income has been deferred in relation to agreed activities under contracts with Mind (£7,350) and NHS Cumbria (£6,000) which had not been delivered at the year end. 2020/21 deferred income also relates to contracts with Mind.

## 16. Analysis of charitable funds

### 16a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2021 £	Income £	Expenditure £	Transfer £	Fund balance at 31.03.2022 £
<b>Unrestricted Funds</b>	73,457	196,577	(199,968)	1,848	71,914
<b>Restricted funds</b>					
2027 Project	-	71,403	(69,903)	-	1,500
City Bridge Trust- London Community Response Fund - Wave 3	19,977		(19,977)	-	-
Esmee Fairbairn- Strategy Support	4,320		(4,320)	-	-
John Ellerman Foundation	-	30,000		-	30,000
Lankelly Chase- Synergi	-	38,179	(35,961)	-	2,218
Mind Side by Side Fund	-	29,920	(28,870)	-	1,050
Mind- Coronavirus Mental Health Response Fund (DHSC)	4,531	2,554	(5,237)	(1,848)	
misery	-	14,021	-	-	14,021
National Lottery Community Fund- RC London and South East Region	-	59,614	(59,614)	-	-
North East Together	3,820	5,500	(6,241)	-	3,079
The Tudor Trust	21,344	20,000	(21,261)	-	20,083
The Tudor Trust- development grant	-	5,000	(3,690)	-	1,310
Trust for London	7,099	35,400	(32,516)	-	9,983
<b>Total Restricted Funds</b>	<b>61,091</b>	<b>311,591</b>	<b>(287,590)</b>	<b>(1,848)</b>	<b>83,244</b>
<b>Total Funds</b>	<b>134,548</b>	<b>508,168</b>	<b>(487,558)</b>	<b>-</b>	<b>155,158</b>

The transfer of funds relates to core costs incurred in delivering the NSUN Covid-19 fund in 2020/21 which were recouped from returned funds with the permission of the funder.

#### Restricted Fund

2027 Project  
City Bridge Trust- London Community  
Response Fund - Wave 3  
Esmee Fairbairn- Strategy Support  
John Ellerman Foundation  
Lankelly Chase- Synergi  
  
Mind- NSUN Side by Side Fund  
Mind- Coronavirus Mental Health Response  
Fund (DHSC)  
misery  
  
National Lottery Community Fund- RC  
London and South East Region  
North East Together  
The Tudor Trust  
The Tudor Trust- development grant  
Trust for London

#### Purpose of fund

Funding for the 2027 project  
Funding for Project Officer and Community Constellations Project  
Funding towards work on membership structure  
Funding towards core costs of NSUN  
Funding towards Synergi project costs in February and March 22  
Funding towards the costs of the NSUN Side-by-Side small grants fund  
Funding towards the costs of the NSUN Covid-19 small grants fund.  
Funds held towards the activities of the misery hosted project  
Funding towards membership support and community constellations  
Funds held to support work in the North East  
Core funding  
Funding towards NSUN's strategic development work  
Funding towards Policy Officer and Policy work

**16b. Details of charitable funds held and movements during the previous reporting period**

	Fund balance brought forward 01.04.2020 £	Income £	Expenditure £	Fund balance at 31.03.2021 £
<b>Unrestricted Funds</b>	10,745	240,194	(177,482)	73,457
<b>Restricted funds</b>				
City Bridge Trust- London Community Response Fund - Wave 2	-	12,000	(12,000)	-
City Bridge Trust- London Community Response Fund - Wave 3	-	48,696	(28,719)	19,977
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	12,500	(12,500)	-
Esmee Fairbairn - Communications Project	6,300	-	(6,300)	-
Esmee Fairbairn- Strategy Support	-	4,320	-	4,320
Keeping Control- University of Middlesex	4,417	-	(4,417)	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	155,000	(150,469)	4,531
National Lottery Community Fund- Coronavirus Community Support Fund	-	44,281	(44,281)	-
North East Together	4,442	5,779	(6,401)	3,820
The Tudor Trust	7,850	22,000	(8,506)	21,344
Trust for London	-	17,150	(10,051)	7,099
<b>Total Restricted Funds</b>	<b>23,009</b>	<b>321,726</b>	<b>(283,644)</b>	<b>61,091</b>
<b>Total Funds</b>	<b>33,754</b>	<b>561,920</b>	<b>(461,126)</b>	<b>134,548</b>

**17. Analysis of net assets between funds**

	Unrestricted Funds £	Restricted Funds £	Total Funds 31.03.22 £	Total Funds 31.03.21 £
Fixed Assets	1,462		1,462	612
Current Assets	91,773	89,244	181,017	163,064
Creditors: amounts falling due within one year	(21,321)	(6,000)	(27,321)	(29,129)
	<b>71,914</b>	<b>83,244</b>	<b>155,158</b>	<b>134,547</b>

## 18. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.22 £	31.03.21 £
<b>Financial Assets</b>		
Measured at cost:		
Cash at bank	178,849	155,178
Measured at amortised cost:		
Trade Debtors	300	400
Other Debtors	-	2,419
<b>Total Financial Assets</b>	<b>179,149</b>	<b>157,997</b>

## Financial Liabilities

Measured at amortised cost:

Trade creditors	693	6,274
Other Creditors- Covid Fund	-	4,314
Deferred Income	13,250	11,225
<b>Total Financial Liabilities</b>	<b>13,943</b>	<b>21,813</b>

## 19. Transactions with trustees and related parties

None of the trustees have been paid any remuneration or received any other benefits in relation to their role as Trustees with the charity. (2021: none)

During the year one trustee was reimbursed expenses incurred as part of their role as a Trustee totalling £99 (2021: none)

During the year, training costs totalling £6,094 (2021: £295) were paid for nine Trustees (2021:five)

In 2020/21 two Trustees received participation payments totalling £100 in aggregate in relation to their contribution to a project focus group- the same level of payment was made to all participants and their involvement was as a contributor and not related to their role as a Trustee. No payments of this kind were made to Trustees in 2021/22

Payments totalling £350 (2021: £nil) were paid to NSUN trustee Shuranjeet Takhar for consultancy services in relation to the development Synergi Governance Board. These payments were made under a written agreement and agree to be in the best interest of NSUN by the Trustee board.

In 2021/22 a payment of a subgrant to the Centre for Knowledge and Equity for the 2027 Project was made totalling £69,403 (2021: £nil) One of the Project Partners under the agreement with Centre for Knowledge and Equity was Ten Years' Time where NSUN Chair Angela Newton is Managing Director. Angela Newton declared the conflict of interest, was not involved in the agreement of the project, and did not directly benefit from the agreement.

Consultancy and a workshop were delivered to Ten Years' Time during the year with total income of £700 (2021: £750). Angela Newton, the Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

## 20. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2022 £	Total 31.03.2021 £
Net income for the reporting period ( as per the statement of financial activities)	20,610	100,794
Adjustment for :		
Depreciation charges	607	245
(Profit)/loss on disposal of equipment	-	-
(Increase)/decrease in debtors	5,719	14,597
Increase/(decrease) in creditors	(1,808)	11,781
<b>Net cash provided by operating activities</b>	<b>25,128</b>	<b>127,417</b>

## 21. Cash at bank and in hand

	Total 31.03.2022 £	Total 31.03.2021 £
Cash at bank	169,092	150,697
North East Together Account	8,874	2,086
North East Together Cash	200	-
Equals Money Card	683	2,375
PayPal	-	20
<b>Total Cash</b>	<b>178,849</b>	<b>155,178</b>

## 22. Analysis of changes in net debt

	31.03.21	Cash flows	31.03.22
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	155,178	23,671	178,849
<b>Total net debt</b>	<b>155,178</b>	<b>23,671</b>	<b>178,849</b>

### 23. Analysis of Grants

	Total 31.03.2022 £	Total 31.03.2021 £
NSUN Covid-19 Fund	-	125,280
NSUN Side by Side Fund	18,644	-
2027 Project Sub-Grant	69,403	-
<b>Total Grants to Institutions</b>	<b>88,047</b>	<b>125,280</b>

In 2021/22 The NSUN Side by Side fund awarded grants to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable. The grant was aimed at groups that benefit people or communities who live with mental ill-health, trauma and distress, take place in a community setting (i.e. not NHS or local authority), and are in some way led by members of the community they engage. Grants were funded by Mind's Side by Side: Peer support in the community project.

In 2021/22, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Project, which focuses on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts.

In 2020/21 the NSUN Covid Fund awarded grants to support community led and user-led groups and organisations to support community action, peer support, mutual aid and other activities that made a direct difference to the lives of people living with mental ill-health, trauma and distress during this Covid-19 period. Grants were funded by the Department of Health and Social Care through the Mind Coronavirus Mental Health Response Fund, and by Lankelly Chase

No grants were awarded to individuals

#### Reconciliation to Direct costs (Note 4)

	Direct administration costs (incl Panel and Evaluation)	Grants to institutions	31.03.2022 £	31.03.2021 £
Total Direct costs of Grants to User Led Groups	6,660	18,644	25,304	147,847
Total Direct Costs of 2027 Project	-	69,403	69,403	-
<b>Total</b>	<b>6,660</b>	<b>88,047</b>	<b>94,707</b>	<b>147,847</b>

### 23. Analysis of Grants (continued)

	Total 31.03.2022 £	Total 31.03.2021 £
Recipients of Intuitional grants		
Recipients of NSUN Side by Side/Covid-19 Fund Grants		
3 Starts Limited	-	980
361 Life support	-	579
Adira	-	6,200
African Caribbean Forum Kent	-	5,990
Al-Abbas	500	-
All about Women	500	-
Angels of Hope for Women	500	-
Arts and Health	-	840
Badass People Demystified	-	1,000
Blue Van Armed Forces & Veterans	500	-
Booom	-	1,000
Breakdown Bolton CIC	-	938
Bristol Disability Equality Forum	-	1,000
Bristol Reclaiming Independent Living (BRIL)	-	787
Bury Veterans Hub Cafe	-	850
By Your Side	-	1,020
Chesterfield Bipolar Group	-	144
Chime to Thrive	-	1,000
Chronically Awesome	-	196
CiLK (Centre for Independent Living (Kent))	-	1,000
Community Action to Inspire Hope	-	400
Community Enterprise East London	-	200
Community Network Group CIC	-	180
Compassionate Mental health	-	1,000
Decolonised Network	500	-
Depression Xpression	-	674
Downham Dementia Support	500	-
Dulwich Islamic Centre	500	-
EleMental Music	-	580
Empower the Invisible Project CIC	-	750
Experts by Experience	500	-
FACE	-	900
FFENA	-	6,000
Food Troops	500	-
For Women	-	120
Free2B-Me LGBTQ+ Community Organisation	-	912
Freedom4Girls	500	-
Freya	-	849
FruitCake Creatives	-	1,000
GUSU	500	-
Happy and Healthy	500	-
Happy Hooves	500	-
Hearts and Minds	-	1,000
Hive South Yorkshire	-	850
Hong Kong Adoptee Network	500	-
Humanity Concern Projects	500	1,000
Humber All Nations Alliance	-	1,050
I Am My Sister	500	-
Independent and Work Ready	-	1,000
Inspire Women, Men and Children	500	-
Kashmiri Arts & Heritage Foundation	-	1,800
Kunsaka	-	5,950
<b>Sub total carried forward to next page</b>	<b>8,500</b>	<b>49,738</b>

### 23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued from previous page)

	Total 31.03.2022 £	Total 31.03.2021 £
Sub total from previous page	8,500	49,738
Kwaafrika	-	1,000
Let's Talk About Loss	500	896
Lighthouse	500	-
MadCovid	-	794
Make it Happen	-	479
Make Space	-	410
MASAKHANE	500	-
MCRC Ltd	-	980
Melancholy and Raving Mental Health Variety Night	-	226
Men Up North	-	5,472
Meridian	-	1,000
Migrant Empowerment Group	500	5,700
Mind in Camden	500	-
Mom's Mindful Hub	-	1,000
MSKT/BACA Whiteness and Race Equality network	-	935
National Hearing Voices Network	-	2,000
New Baby Network CIC	-	946
Nomad Radio	-	800
North East together	-	1,000
North Tyneside Disability Forum Ltd	-	600
Norwich Access Group	500	-
On the Out	-	1,000
Organic Arts	500	-
Organisation of Support and Advice for Religion and Culture (OSARC)	-	6,000
People Come First	-	300
People First (Self Advocacy)	-	299
Pioneer LXP	-	690
PND Mummies CIC	-	499
Real Insight Consultancy UK CIC	-	1,970
Release into Victory	-	200
Renew	500	-
Rise & Shine Lancashire	-	887
Rising Moments community project group	-	800
Rochdale Dawah Centre	500	-
Safely Held Talking Learning Healing	-	194
SAM Recovery Swansea	500	-
Sangini	500	-
SARELI (Salford Refugees Link)	-	6,272
Self Injury Self Help (SISH)	-	800
Self injury Support	-	6,200
Shaftesbury Mental Health Peer Support Group	-	210
Shining Stars	500	-
Shining stars community group	-	1,000
Shropshire Epilepsy	500	-
SM TalkingCircles	-	935
Sporting Recovery	500	-
Surrey Coalition of Disabled People	-	1,000
Survivors of depression in transition	-	1,000
Survivors' Poetry	144	474
SWAN (Supporting Women, Activities Network)	-	1,000
<b>Sub total carried forward to next page</b>	<b>15,644</b>	<b>105,705</b>

### 23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued from previous page)

	Total 31.03.2022 £	Total 31.03.2021 £
Sub total from previous page	15,644	105,705
Taking Control of Psychiatric Medication Group	-	444
Talk for Health Chair and Share group	-	144
Talking Sense	-	120
Taraki	-	5,275
The Clear Out Your Closet Collective	-	1,000
The Cultural Connection	-	1,249
The Lokki Foundation	500	-
The Octopus Foundation	-	550
The Sunshine Group	-	314
The Wellness Tribe	500	-
Trans Aid Cymru	500	-
Traveller Pride	-	5,500
Waltham Forest Hearing Voices Group	-	1,000
WatchUsgrow	-	993
We Love Carers	-	1,000
West London Somaliland Community	-	986
Wish	-	1,000
Women and Digital Exclusion	500	-
Woodenstone	500	-
Youth Ngage Kent UK	500	-
<b>Total Recipients of NSUN Side by Side Grants</b>	<b>18,644</b>	<b>125,280</b>
Recipients of 2027 Project Sub-Grant		
Centre for Knowledge and Equity	69,403	-
<b>Total Grants to institutions</b>	<b>88,047</b>	<b>125,280</b>