NATIONAL SURVIVOR USER NETWORK

England & Wales · Charity number 1135980

Details

Other names	NSUN
Status	Registered
Legal form	CIO
Registered	2010-05-18
Register	View on the Charity Commission register

Contact

Address	National Survivor User Network 483 Green Lanes London N13 4BS
Phone	020 7820 8982
Email	info@nsun.org.uk
Website	www.nsun.org.uk

Activities

Objects: FOR THE PUBLIC BENEFIT, TO PROMOTE GOOD HEALTH AND TO ADVANCE EDUCATION IN PARTICULAR BUT NOT EXCLUSIVELY: 1 CREATING A NETWORK WHICH WILL ENGAGE AND SUPPORT THE WIDE DIVERSITY OF MENTAL HEALTH SERVICE USERS AND SURVIVORS ACROSS ENGLAND IN ORDER TO STRENGTHEN THE USER VOICE 2 FACILITATING ACTIVE LINKS BETWEEN SERVICE USER GROUPS AND INDIVIDUALS 3 BUILDING CAPACITY FOR SERVICE USER GROUPS 4 BROKERING AND FACILITATING ACCESS TO SERVICE USERS FOR PURPOSES OF INFLUENCING AND INFORMING POLICY-MAKERS AND PLANNERS.

Activities: The objective of the Charity is to provide for the public benefit, to promote good health and to advance education in particular but not exclusively:1.Facilitating active links between service user groups and individuals2.Build capacity for service user groups3.Broker and facilitate access to service users for purposes of influencing and informing policy-makers and planners.

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Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- **Area of benefit:** ENGLAND
- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£826,919	£1,054,381	£298,349	10
2024-03-31	£970,203	£759,013	£525,811	8
2023-03-31	£864,417	£704,954	£314,621	10
2022-03-31	£508,168	£487,558	£155,158	6
2021-03-31	£561,920	£461,126	£134,548	3

Trustees

Name	Role	Appointed
ALISDAIR STEWART CAMERON	Chair	
Aiyana Goodfellow		2026-01-29
Dr Hazel McMichael		2026-01-29
Jade Leila Correa		2026-05-21
Julia Tinsley-Kent		2026-01-29
Micha Frazer-Carroll		2023-02-28

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NATIONAL SURVIVOR USER NETWORK

England & Wales - Charity number 1135980

Accounts

National Survivor User Network

(a Charitable Incorporated Organisation)

Report and Financial Statements

For the year ended 31st March 2025

CIO Number 1135980

National Survivor User Network
Trustees' annual report for the period for the year ended 31st March 2025

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National Survivor User Network
Trustees' annual report for the period for the year ended
31 March 2025 (continued)

Reference and Administrative Information

Charity Name:	National Survivor User Network
CIO Registered Number:	1135980
Registered Address:	NSUN 483 Green Lanes London N13 4BS
Trustees:	The Trustees of the CIO are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2024 up to the date of approval of these financial statements were as follows: Alisdair Cameron Micha Frazer-Carroll Amy Palmer (resigned 23.07.24) Andrew Payne Worpole, Treasurer (resigned 30.06.25) Emily Reynolds (resigned 23.07.24) Rachel Rowan Olive (resigned 30.06.25) Amy Rushton, Chair (resigned 30.06.25) Aqsa Suleman Tasha Suratwala Shuranjeet Takhar, Vice Chair (resigned 23.07.24)
CEO: Interim CEO:	Mandy Crandale (from 1st June 2024) Justin Irwin (from 18th March 2024 to 1st June 2024)
Independent Examiner:	Elizabeth Hatchman, Menzies LLP 4th Floor, 95 Gresham Street, London, EC2V 7AB
Principal Bankers:	CAF Bank Ltd, 25 Kings Hill Ave, West Malling, ME19 4JQ
Solicitors:	Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 as amended by the Charities Act 2022, and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of activities, including:

- building capacity in our membership;
- strengthening local, regional and specialist networks;
- capacity building and information sharing;
- influencing mental health policy and practice;
- representing and relaying members' views at high level mental health policy spaces and communicating practice, policy and legislative changes back to members; and
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy.

Review of achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live at the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience of mental ill-health, distress or trauma which may include racial trauma.

NSUN is the only national mental health charity which is entirely by and for people with lived experience of mental ill-health, distress and trauma. In the current political moment, where disability benefits are under threat and key actors within government are pushing unhelpful narratives about 'overdiagnosis' instead of addressing the huge gaps in mental health care and in standards of living across the UK, there's a clear and vital need for NSUN to call out the current mental health crisis and empower its members to use their lived experience to be part of the solution.

Key aims 2024/25

NSUN's stated aims for the year included the following:

- To continue to promote and amplify members' perspectives, voices and campaigns
- To secure funds for a new NSUN grants scheme, and plan the implementation process
- To successfully induct the new substantive CEO, Mandy Crandale, who joined NSUN in June 2024
- To deliver the rearticulated policy priorities, including via the successful recruitment of a new Policy Manager and launch of a newly funded project looking at how to engage with member campaigns
- To successfully deliver round 2 of the Synergi grant scheme
- To secure new multi-year funding to achieve additional sustainable impact

Progress against these aims is described below, structured around the four themes of NSUN's Theory of Change: Knowledge, Voice, Collaboration & Resourcing. As we approached the end of the year we have begun to refresh our Theory of Change to better articulate the work we do, but for this year we will report in the existing structure.

"I've been able to get involved in initiatives I wouldn't even have known about if it wasn't for NSUN, including a paid opportunity which was much needed at the time. I find NSUN's email bulletins a mine of information, with well-chosen articles and opinion pieces that I really appreciate and probably wouldn't find on my own, and I appreciate the organisation's role as a principled thought leader in

the incredibly hostile political context we currently find ourselves in, as people with lived experience of mental ill health, trauma and so often much more besides." (From members' questionnaire 2025) 2024-25 has seen NSUN expanding its team and capacity, delivering an ambitious programme of publications and member events, and joining up our activities across workstreams in order to better achieve our aims. After a period of interim leadership by Jen Beardsley and Justin Irwin, we welcomed our new CEO Mandy Crandale in June 2024. In November 2024, we were joined by Courtney Buckler as our Senior Policy Manager. As of the end of 24-25, we've begun the process of reshaping our Theory of Change to better articulate what NSUN does and how.

This meets our stated aims to successfully induct the new substantive CEO, Mandy Crandale, who joined NSUN in June 2024 and recruit a new Policy Manager.

This report explains our work in four strands: Knowledge, Collaboration, Voice and Resourcing. We've also included an update on the organisation, its structure and development over the past year.

Finally, we look at what we've learned and what the future holds.

Knowledge - sourcing, creating and sharing survivor-led research and knowledge

"I love the NSUN bulletin as I don't use social media. I have read many articles and blogs and also applied successfully to several lived experience opportunities advertised in the bulletin. I have recommended the bulletin to many professionals and people. "(From members' questionnaire 2025) 24-25 has seen us continue to amplify our crucial insights through blogs, research, reports and artwork. By filling knowledge gaps, championing lived experience expertise, and connecting people with a movement by and for people with lived experience, we aim to create a better, more intersectional understanding of mental ill-health, distress and trauma, defined by people who experience of the issues.

Key publications

- Menstrual health in psychiatric inpatient settings, by Hat Porter, was published in May 2024. This project was initially pitched by Hat, and was commissioned and supported by NSUN. NSUN hosted launch events, and Hat also spoke at Bloody Good Period's parliamentary event in May to discuss the report's findings and recommendations. Information from the report was published in Asylum magazine, and the report has supported people to advocate for their rights and change practice: one member shared, "I've put menstrual health onto agenda of local service user and carer forum as a result of reading report in Asylum magazine." (From members' questionnaire 2025)

- Mapping resilience and sustainability in user-led groups is a report commissioned by NSUN and carried out by Teapot Collective, which undertook collaborative research with six London-based User Led Groups. More on this below.

- In August 24, we published The Language of Mental Health Lived Experience. This is a unique crowd-sourced glossary drawn from 32 submissions from members with lived experience, who collectively defined various terms used in the context of mental health and social justice.

- In September 24, we published The Shape of Safety: A guide to reimaging safety and safeguarding alongside young people with experience of mental ill-health, distress and trauma. This research

was carried out in partnership with Act Build Change, Voice Collective and Revoke, and was part-funded by the Blagrave Trust; it brought together twenty one young people and five staff members across multiple organisations to explore critical questions of safety and safeguarding in community spaces. Feedback included, 'I loved the sessions I attended on the radical safeguarding theme […] the things we discussed and input from others in the network made permanent impact on my thinking as a practitioner. I would love to see more collated evidence and research on this topic and the alternative routes to care within policy.' (From members' questionnaire 2025)

- In 24-25, we published 27 member blogs in total. As well as ad-hoc publications, we've run one blog series, Mental Health in a Failing State, and in Feb 25 we began a second blog series, The Limitations of Lived Experience. Examples of member blogs include:
    - Falling in love with neurodivergence - Aiyana Goodfellow, 4 March 2025
    - Are we facing a step backwards in disability benefit policy? A history of benefits in the UK – Gareth Oliver, 18 Sept 2024
    - 'Like a puppet on a string'; the 'sick note' culture and those who live it – Nima Cas Hunt, 22 April 2024

We've continued to publish our weekly bulletin, which provides trustworthy information about the mental health space, including events, campaigns, critical perspectives, participation, employment, and funding opportunities. Members shape the bulletin and can use it as a collaborative platform to boost their own events and work. Our 24-25 members' questionnaire demonstrates that this is a key way for members to feel connected to a wider movement and to get reliable information about what's going on in the user-led mental health space.

This meets our stated aim to continue to promote and amplify members' perspectives, voices and campaigns.

Ongoing research

We've just launched a survey into experiences with the media, which will lead to producing resources that can support people with lived experience to engage with the media, particularly around issues relating to mental ill-health, distress and trauma. This is a particular priority given the current media interest in issues around mental health, and the hostile tone of a lot of coverage.

Collaboration – working with partners and taking an intersectional approach

"[NSUN] has introduced me to groups and campaigns/issues that I wasn't aware of e.g. the abolition movement. Also creative groups using new media I hadn't heard of e.g. zines." (From members' questionnaire 2025)

In 24-25, NSUN has worked extensively with partners, which is part of our commitment to ensuring our approach to mental health and systems change is intersectional and holistic.

Reimagining Safety

As part of a 3-year project part-funded by the Blagrave Trust, NSUN is working with Foyer Federation and Peer Power Youth to explore how we can bring young people's experience and expertise into understanding safety and safeguarding. The aim is to both build the capacity of our partner organisations to safeguard well and to build sector-level knowledge about rights-based, anti-racist approaches to safety and safeguarding. Our first year of work saw us publishing The Shape of Safety: A guide to reimaging safety and safeguarding alongside young people with experience of mental ill-health, distress and trauma. Since then, we've run seven workshops and interviews across Peer Power Youth and with Foyers across the country, engaging with staff and young people in the organisations. We will be producing bespoke resources for the organisations based on what we heard in those conversations, exploring the specific challenges of the contexts they work in and how young people with experience of mental ill-health, distress and trauma would like to be safeguarded and involved in safeguarding.

Mental Health & Migrant Justice

Since 2023, we've had a focus on the intersection of migrant justice and mental health. We host and facilitate the Mental Health and Migrant Justice Working Group, a consortium of 6 organisations working in this overlapping space, based in London and in Hull. The Working Group come together to share skills, expertise and discuss local contexts and challenges. In 24-25, the group had a focus on fighting for more just and participatory approaches to funding, and published an open letter to funders naming their hopes for the future of funding work at the intersection of migrant justice and mental health. The group also hosted a hybrid roundtable for funders, bringing together representatives from funders including JRCT, the National Lottery and some smaller family foundations to discuss how to open up the funding ecosystem.

NSUN is a member of the Disability and Migration Network, a network of organisations and individuals which aims to build solidarity and resist the disabling and racist impact of immigration restrictions and inequalities. We are contributing to their June 2025 conference in collaboration with Disabled People Against Cuts.

In partnership with Migrants' Rights Network, NSUN co-authored a short piece on the term 'vulnerability' as part of MRN's 'Words Matter' campaign, which can be read here. We also co-authored the Trauma, Mental Health and Migration Zine. We view our partnerships with migrant-led organisations as a core part of our intersectional approach to mental ill-health, trauma and distress.

Voice – speaking out and enabling our members to do the same

"I like that you raise awareness of issues that a lot of the bigger mental health charities don't touch. I get tired of seeing the narrative over and over that the biggest issue in mental health is public stigma when that hasn't been the experience of me or anyone I know. I like that you don't shy away from talking about the more difficult issues within the system." (From members' questionnaire 2025)
The development of our policy function has been a core achievement in 24-25, and it sees us moving into 25-26 able to meet the challenges of influencing at local and national levels.

In the early part of the year, we focused on developing our policy priorities through a collaborative process with staff and other stakeholders: they can be viewed here.

Policy and influencing: our strategy

The policy team have been analysing the current influencing levers available to us, and where our energy is best used. This has led to us piloting a mixed model of influencing, with a focus on developing both NSUN's own capacity to influence, and offering support for grassroots user-led campaigns originating from across our network. Our hypothesis is that this mix of more traditional policy work combined with a movement-building and capacity-building approach will lead to an effective, multi-pronged influencing strategy.

We also see these two strands as complementary; through active collaboration with grassroots groups, we'll ensure that our own influencing priorities and approaches are in keeping with the needs of the people on the ground, and through engaging in influencing with key decision makers we'll develop connections and expertise which can then benefit our members.
This meets our stated aim to deliver the rearticulated policy priorities, and launch of a newly funded project looking at how to engage with member campaigns

Social security, welfare reform

In the early part of 24-25, we worked in coalition with Big Brother Watch, Greater Manchester Disabled People's Coalition and other DDPOs to fight back against the harmful spy powers included in the previous Conservative government's Data Protection and Digital Information Bill, which was dropped in May 24 following our mobilisation. The new Labour government has brought back similar proposals in their Fraud, Error and Debt Bill. While this move is disappointing, our previous work and strong relationships mean we and our partners are well-positioned to keep pushing back and get the proposals binned.

Since the government announced their plans for sweeping cuts to welfare targeted primarily at disabled people, we have been prioritising informing and mobilising our members, connecting with allies and partners, and developing a briefing for parliamentarians to underline the seriousness of the issue. We've also offered one-off microgrants to disabled-led organisations and campaigns who are fighting back against the proposed changes – such as Crip Coffee, a group for Disabled/mad/sick activists organising against welfare cuts.

Advocating for safe, dignified and accessible mental health care

In November 2024, we learned that the Government plans to introduce changes to the Mental Health Act via a new Mental Health Bill. In our response to this, we have pushed for a greater shift towards rights-based care, and for a proactive approach to dealing with the entrenched racism in the mental health system. We continue to monitor the progression of the bill.

In January 2025, we published a response to the Government's new independent commission to reform adult social care, naming our three priorities as 1) meaningful coproduction 2) willingness to tackle private sector involvement in social care and 3) a National Care Service.

Also in January 2025, we published a primer explaining the Parliamentary inquiry into the state of community mental health services, and how people could submit evidence. We submitted both written and verbal evidence, with our Senior Policy Manager Courtney Buckler contributing to an expert panel. As part of our effort to demystify and challenge some of the 'norms' around policy and

influencing, and to be critical about how they systemically exclude people with lived experience from contributing, Courtney also wrote a piece reflecting on the experience of giving evidence.

Throughout the year, we've continued to support Stop Oxevision, a grassroots campaign exposing and fighting against the use of Oxevision and other surveillance technologies in NHS mental health wards. Our support has included upskilling campaign members on FoI requests, and offering comms support to help them launch their website, respond to media inquiries and continue their research into the use and impacts of surveillance tech. They've been able to grow their campaign through our network: a member told us in our 2025 members' questionnaire, "I found out about Oxevision through NSUN…I am now involved and campaigning against its use." Working closely with Stop Oxevision has also equipped NSUN to better understand issues of surveillance, and informed our policy positions; for instance, our response to the publication of new NHS principles on digital technologies was strongly informed by learning from our work with Stop Oxevision.

Widening our understanding of mental health, and working intersectionally

We are currently operating in the midst of multiple overlapping crises – ecological, humanitarian, economic, and public-health related, to name just a few. Mental health is connected to all of these things. In that context, our policy team have had to think carefully about when and where we can be most useful. How do we balance being intersectional and expansive with being targeted and effective? In 24-25, we've met this challenge by prioritising work which won't get done if we don't do it – thinking critically about where NSUN is best placed to offer allyship, unique perspectives and expertise.

For example: in response to the continuing attacks on the rights and dignity of trans people, NSUN has set up a group of mental health charity leaders committing to allying together for trans rights.

After consulting with trans-led organisations, we spearheaded an open letter objecting to the framing of 'mental healthcare' as an alternative to gender-affirming care for trans people, naming the importance of adequate mental health and transition-related care, signed by the seven largest mental health charities in the UK. Alongside representatives from these charities, we are now developing a letter to Kier Starmer to further highlight these issues. We think it's particularly important as an organisation which isn't led by trans people that we use our position tactically and effectively to advocate for better and more equitable access to health care for all, regardless of trans status or experience of mental ill-health.

Supporting grassroots campaigns, influencing and policy

We've worked with individual campaigns and organisations over the year, such as Stop Oxevision, Anti-Normality Club and smaller campaigns such as a member's research into how PIP stoppages are affecting people on inpatient wards.

We've launched a new monthly space called our Mad Campaigns Lab, which brings together grassroots activists in to develop their skills and capacity to campaign.

Feedback from our 2025 members' questionnaire affirms the importance of our policy, influencing and movement-building work:

"I find NSUN gives a voice to those of us who are left out of more 'mainstream' mental health advocacy."

"Important to be able to access a network where others also share the same critical thinking about the mental health system and report on how power really works within this system. This feels especially important now as I see the statutory bodies and institutions become more 'fluffy' and covering up the failures of the system with nice-looking initiatives like co-production/ lived experience voices etc."
(From members' questionnaire 2025)

However, we also received feedback about wanting to be more involved in setting NSUN policy and perspectives. This is inevitable given the varied opinions within our membership; it's our hope that establishing spaces like the Mad Campaigns Lab will support us in accurately representing and communicating the priorities of our members, while also acknowledging that there are differences of opinion across our network.

Resourcing – giving our members what they need to build community and lived-experience-led alternatives to our broken mental health system

"I am very glad that NSUN does capacity-building work and offers grants, because I am part of a community group that does work like this in other sectors on occasion, and I am therefore aware of just how difficult it is to keep such work sustainable." (From members' questionnaire 2025)

Network meetings

Our monthly Network Meetings, which began in Nov 23, continue to be popular and well-attended, with positive feedback from both new and longstanding members. In 24-25, we covered topics such as current issues in mental health policy, peer support responses to suicidality, the nature of "community" and how to navigate using lived experience in non-LE-led spaces (e.g. the NHS, academia, etc). The topics for our network meetings are responsive and drawn from member expressions of interest; in the next few months we'll be prioritising making space for members to discuss the government's proposed changes to social security and the impacts they will have on people with experience of mental ill-health, distress and trauma.

Offering grants and financial support

Using a discretionary pot from Lankelly Chase, and other funding earmarked to support small organisations with their comms and operating costs, we've made small grants to Stop Oxevision, Mad Pride, Not the Void, Anti-Normality Club and Neuromancers. Of all of these groups, only one (Neuromancers) is constituted, and all of them are run by mostly volunteer labour, doing work that isn't replicated anywhere else in the mental health sector. Their work is hard to fund, and seeking other funding is often a time investment they can't afford. Our flexible and responsive grants have covered important costs such as bespoke training on dialogue-based approaches to suicidality (Not The Void), producing media assets and communicating key messages (Stop Oxevision), and delivering a community-run Mad Pride festival (Mad Pride).

Capacity-building for user-led groups

Since 2020, understanding and meeting the needs of user-led groups has been a core part of NSUN's work. There's a clear need for capacity-building and infrastructure support which meets the needs of these groups, which are often very small and have limited resources. In 24-25, we continued this focus, and drew upon the last five years to plan for the future.

Over the year, we've made available several free training sessions for our members which were extremely well attended, including training on facilitating through conflict, safeguarding, Trans 101, and monitoring, evaluation and learning. We focus on commissioning training which is responsive to the particular needs of our members, which we hear through feedback questionnaires and informal discussions in our network meetings.

We commissioned research from Teapot Collective exploring the experiences of user-led groups in London. This research led to the production of a self-led workshop to support user-led groups to vision and plan for the future, responding to what we'd heard from groups about the difficulty of long-term planning and strategising.

As well as these offerings, which focus reaching out to a broad range of groups, we've also offered more bespoke one-to-one support to six member-led groups. Groups have had the opportunity to get advice and support from NSUN staff, particularly focusing on drafting and refining fundraising bids.

We've grown aware of a need for further capacity in this area to respond to demand. Offering ad-hoc advice has helped us to see the scale of the need and its common contours; we are now developing a pilot for a cohort-based capacity-building programme which will see 4-5 groups receive in-depth and on-going support, networking space and access to bespoke resource over a period of 4-6 months.

Synergi

NSUN secured a three-year grant from Lankelly Chase to host Synergi, a complex and ambitious programme of work focussing on the intersection of racial justice and mental health, from April 2022. Synergi works with grassroots groups and community organisers, and connects, amplifies, celebrates and resources this work. This grant has a no-cost extension to September 2025.

Significant progress has been made this year across the workstreams, including the following highlights:

SUPPORTING MOVEMENT SPACES
We had one event last year under this workstream entitled An Introduction to Developing Abolitionist Care in our Community' which led by Radical Therapist Network. The session was well attended.

We also continued to run Peer Support sessions. The peer support sessions continued to have low number and we used the start of 2025 as an opportunity to redesign and provide much more structure . The session were renamed 'Abolition In Practice and are facilitated externally with support from the Synergi Director. The sign up for these sessions has increased dramatically and even though the attendance is low it is much higher than the previous iterations. Themes of the new sessions have included "What do anti-psychiatry and abolition mean to and for us?" "what's the body got to do with it" and "Navigating conflict".

We wrote a post in light of the race riots, and organised an offering additional session 'Care for the Collective' the attendance was low but there were a lot of the same kind of offerings within the community.

In June 2025 Synergi stopped being hosted by the National Survivor Network an become an independent Unincorporated Organisation to further develop their work.

GRANTS PROGRAMME

We awarded 42 grants, totalling £272,735. We are redesigning the website and have created an interactive map showing the geographical location of the current and past grantees Until then, you can read about some of the groups we previously funded here. We sought to address the historical underfunding of this work to groups who are led by and for those racialised as Black by ring fencing 50% of the funding for these groups. We prioritised groups working on the following themes: Prisons and policing (including forensic mental health settings); Have lived experience of mental health settings; Been impacted by immigration detention and removal centres; Working at the intersection of mental ill health, distress &/trauma and racial and or disability justice using an abolitionist framework. In addition, we ensured that groups led by and for people from disabled, Muslim, trans and non-binary, refugees and/or people seeking asylum communities were also prioritized.

We also called for applications from those with a yearly project income of under £25,000; with non-traditional structures (including those that are unregistered) as these organisations can struggle to attract funding.

This meets our stated aim to successfully deliver round 2 of the Synergi grant scheme.

REMEMBERANCE AS RESISTANCE

As part of this workstream we have run an Online Zine Series to explore the power of zines to tell our own stories, build our own archives, share community knowledge, and resist erasure and harmful narratives. We also developed a podcast where we are building an oral history of learnings from archivists, artists and organisers working at the intersection of racial justice and mental health. In this podcast series, we explore themes around abolition, resistance, community and alternative modes of storytelling in order to share and re-imagine our histories.

Our Social Media presence has increased. On Instagram we have 855 followers since the account was created in February 2024. There has also been an increase in the number of posts in general and in particular to non-followers since in the past three months. Engagement has also increased to 356 from 20. On X we have 1,498 Followers (analytic are not available without a premium account). We also have 112 on Bluesky, up from 86.

Hosting

By hosting autonomous mental health projects, we can offer the benefit of our infrastructure to newer or less formalised groups as they grow and develop. We currently host two projects:

- North East Together, the regional network for people with lived experience of mental health conditions living in the North East of England.

- misery, a mental health community and sober rave based in London and led by and for queer, trans, intersex, black people and people of colour (QTIBPOC) with lived experience of madness, mental health challenges, time in hospital, addiction, public service use, disability, trauma, medication and neurodivergence.

Our support for our hosted projects primarily involves holding some of their 'backstage' operational and financial administration, while also offering bespoke advice and access to expert guidance on their work.

We also provide fiscal hosting for the **United Families and Friends Campaign (UFFC)**.

Organisational development

A huge aspect of work this year has been the development of NSUN as an organisation. We've grown organically and rapidly, and we're committed to being a progressive organisation 'doing it differently'.

This has meant taking stock of how we support our team, especially given that everyone who works for us has lived experience of mental ill-health, distress and trauma. We've been able to continue offering budgets to staff to cover coaching and therapy, as well as wellbeing budgets and an employee assistance programme. Staff have created a staff forum to give feedback to the management team: suggestions which have come from this forum and are in the process of being implemented have included making provisions for menstrual and menopausal leave, a new structure for our regular team meetings, and more accessible internal policy documents.

NSUN is committed to being an anti-racist organisation, which upholds dignity and equity for all regardless of protected characteristics. To further this mission, all staff have received Trans 101 training from Gendered Intelligence, Gypsy Roma and Travellers Cultural Awareness Training from Friends Families and Travelers, and we have scheduled an intensive course of anti-racist training sessions over the next few months with You Make It.

Over the course of 24-25, we successfully applied for and received funding from the National Lottery Community Foundation, Trust For London, City Bridge Trust and the Propel Partnership. We are currently exploring a large bid to Esme Fairbairn to expand our work. We are also developing a spec letter campaign to approach small and specialist grant-making bodies in order to diversify our pool of funders and safeguard the work into the future.
This meets our stated aim to secure multi-year funding to ensure the sustainability of our work.

What we've learned & what's next

Future of capacity building

Over the period, through participatory research with Teapot Collective, member feedback, and what we've learned through ad-hoc capacity-building engagements, we've deepened our understanding of what ULG's need from us as an infrastructure organisation. This has prompted us to develop a cohort programme which we will be trialling in 2025-26. The initial pilot will be co-created with 4-5 user-led groups, and will involve offerings of regular meetings, peer support, bespoke training and connection to opportunities over a period of 4-6 months. Our aim is to create a programme which can build confidence, connections and knowledge, and which is also flexible enough to account for the variety

across our membership. Ideally, for future cohorts, we'll be able to draw upon past cohort members as expert advisors and mentors, who can be reimbursed for their time and knowledge.

This programme design builds on the findings from research with London-based user-led groups, which draws upon the idea of solidarity and 'co-conspirators' as an unseen but crucial element of success for grassroots groups: "Co-conspirators may make groups feel less alone in their radical approach to community building and activism."

Participatory grant-making in the mental health & migrant justice space

Through our work with the Mental Health and Migrant Justice Working Group we have built an in-depth understanding of the needs of this community in relation to mental health and are working with them to secure funding to run a grants programme in 2025-26. Our hope is that this programme will both disseminate vital funding to under-resourced groups, and that being part of the design and decision-making process will be a useful exercise in building up the capacity and experience of working group members.

Survivor-led knowledge, and being a trusted curator of information

The response to Hat's report on Menstrual Health in Inpatient Psychiatric Settings taught us about the continued importance of survivor-led research and the need to ensure we continue to focus in this area and commission pieces where appropriate. Similarly, the success of our blog series and stand-alone pieces demonstrate the real need for a continuation to publish survivor voices. Our members rely on NSUN as a 'way in' to a broader movement, with one member commenting, "[I] feel optimistic about this larger community of people who are survivors-users and who are doing amazing things. I feel connected to something bigger than me." (From members' questionnaire 2025)

This is part of the unique place we hold in the mental health charity landscape as the only user-led organisation working nationally. This reminder has been particularly helpful as we embark upon the refresh of our Theory of Change, ensuring the activities we plan to deliver and develop are truly meeting community needs.

Our aims for 2025/26 are as follows:

- To continue to promote and amplify members' perspectives, voices and campaigns
- To secure funds for a new NSUN grants scheme, and plan the implementation process
- To successfully recruit and induct a Capacity Building Manager
- To continue to deliver our policy priorities, including via the new Mad Campaigns Lab offering
- To successfully deliver the pilot cohort capacity building program
- To secure new multi-year funding to achieve additional sustainable impact
- To redevelop our Theory of Change to better reflect community needs

Financial review

Income for the year ended 31st March 2025 totalled £826,919 (2024: £970,203), a decrease of £143,284 from the previous year. The largest area of decrease was in Grants and Donations which dropped by £131,630 compared with the previous year.

NSUN's principal source of funds during 2024/25 was income from grants and totalled £808,615 (2024: £940,245) and comprises 98% of income (2024: 92%).

Expenditure totaled £1,054,381 (2024: £759,013) for the year ended 31st March 2025, an increase of £295,368 compared with the previous year. The main increase in costs related to the Synergi project.

In April 2024 NSUN was notified of a successful application to the National Lottery Community Fund for £499,337 over 3 years.

NUSN is hugely grateful to our range of funders and supporters who contribute to our income.

Total funds, reserves policy and going concern

Total funds at 31st March 2025 were £298,349 (2024: £525,811) and comprised restricted funds of £206,593 (2024: £385,087) and unrestricted funds of £91,756 (2024: £140,724). The largest remaining restricted funds comprise funding for the Synergi programme (£43,700) and National Lottery funding (£42,746).

Unrestricted funding was comprised of funding from a number of unrestricted grants towards project and core costs in the 2024/25 financial year of £74,556, and unrestricted income from donations and contracts.

The Trustees review the charity's reserves policy annually and aim to hold three months of fixed staff and running costs. As such the agreed reserves target is £155,972 (2024: £139,143). The actual free unrestricted reserves are £87,245 (2024: £137,053). This represents 56% of target (2024: 98%), equivalent to 1.7 months reserves. The trustees and management will endeavour to move back towards this target in the coming years.

The Trustees have reviewed the budgets for the 2025/26 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

Grantmaking Policy

NSUN's grantmaking policy is specific to the funds being distributed and is in line with the conditions of the funder. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user-led groups.

NSUN grants are awarded to groups in England, and are currently small in volume and value. There are plans to secure further funding for this work and advertise grant more widely in the future.

The Synergi grants programme launched in April 2024 with clear published criteria, including transparency around decision-making and panel membership.

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks. This is primarily via the NSUN risk register, which is reviewed by Trustees at least quarterly. The register lists the key risks together with a score calculated based on the probability and the potential impact of the risk concerned, noting any mitigation. A separate Synergi Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

- A gap between funding expenditure and income targets, mitigated initially through the submission of multiple funding applications
- Significant changes in leadership at board and staff level, following an unsuccessful recruitment to the CEO post in summer 2023, and a change in chair of trustees at the end of December 2024. This risk has dissipated following the appointment of consecutive interim chief executives, and the appointment of a permanent chief executive from June 2024
- The growth of the organization and the increased responsibility and pressures on key staff. Risk is mitigated by NSUN's agreed ways of working, by extended notice periods for staff, regular supervision and on-going consideration of well-being issues
- The on-going integration of Synergi into NSUN, and Synergi's own delivery risks, noting the size of the programme. This has been mitigated through clear governance protocols, confirmation of Synergi's strategic direction, and the provision of a separate Synergi risk register to NSUN trustees and the Synergi governance board.

Contribution made by volunteers

NSUN is extremely grateful to all of our volunteers, many of whom have provided considerable pro-bono support, valued at £49,903 (2024: £6,060) and included within the financial statements. In both years this related to pro-bono legal support.

Structure Governance and Management

During the year, the National Survivor User Network (NSUN) was a Charitable Incorporated Organisation (CIO) with charity number 1135980. NSUN's governing document is a Constitution and the charity operates in England.

Trustees are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Constitution states that the minimum number of Trustees should be three and the maximum twelve. A third of trustees must retire at each AGM and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice-Chair, and CEO, and are offered training as necessary.

The Board meets at least five times a year.

Day-to-day management of the charity has been delegated to the CEO. The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible forappraising the performance of the CEO and Trustees.

During the year, there were ten other members of staff who are line managed and appraised by the CEO, or other Managers within the team. The staff team was supported by several freelance associates.

Following an unsuccessful recruitment process in summer 2023, interim chief executives were appointed. A successful process early in 2024 resulted in the appointment of a new substantive CEO, Mandy Crandale, who started June 2024.

The Board makes use of task and finish groups and sub committees where needed to undertake specific tasks. In 2023/24 a number of trustees met informally to review the finance papers, and to support the CEO recruitment processes.

The Board was also supported in its work around the Synergi Project by the Synergi Governance Board, which comprised five members with a specific interest in the work, including one member of the NSUN Board of Trustees. The Governance Board operates under a terms of reference approved by the NSUN Board.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in the notes to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers (since 1 October 2025 now Menzies LLP) be re-appointed as independent examiners of the charity was passed at the last NSUN Annual General Meeting on the 28th February 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 as amended by the Charities Act 2022 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 3rd December 2025 and was signed on its behalf, by:

Alisdair Cameron

National Survivor User Network
Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2025 which are set out on pages 19 to 39.

Responsibilities and basis of report
As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 as amended by the Charities Act 2022 ('the Act').
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Other Matters
Your attention is to drawn to the fact that the charity has prepared the financial statements in accordance with the Statement of Recommended Practice applicable to Charities 2019 preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

Independent examiner's statement
Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Elizabeth Hatchman

Elizabeth Hatchman ACA
Menzies LLP
Chartered Accountants
4th Floor, 95 Gresham Street
London EC2V 7AB

Date: 17 December 2025

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2025

	Notes	Unrestricted Funds	Restricted Funds	**Total 31.03.2025**	Total 31.03.2024
		£	£	**£**	£
Income from:					
Legacies and Donations					
Grants and Donations	4	82,257	726,358	**808,615**	940,245
Charitable Activities					
Contracts and Consultancy		3,881	1,516	**5,397**	18,595
Interest		12,907	-	**12,907**	11,363
Total Income		99,045	727,874	**826,919**	970,203
Expenditure on:					
Costs of raising funds	5	14,157	22,010	**36,167**	34,795
Charitable Activities					
Knowledge		42,062	87,086	**129,148**	106,433
Collaboration		53,994	131,611	**185,605**	196,790
Voice		33,800	74,191	**107,991**	190,387
Resourcing		4,000	-	**4,000**	- 950
Synergi		-	591,470	**591,470**	231,558
Total Charitable Activities	5	133,856	884,358	**1,018,214**	724,218
Total Expenditure		148,013	906,368	**1,054,381**	759,013
Net movement in funds for the year		(48,968)	(178,494)	**(227,462)**	211,190
Reconciliation of funds					
Total funds brought forward	17	140,724	385,087	**525,811**	314,621
Total funds carried forward	17	91,756	206,593	**298,349**	525,811

National Survivor User Network
Balance Sheet
For the year ended 31 March 2025

	Notes	31.03.2025	31.03.2024
		£	£
Fixed Assets			
Tangible assets	13	4,511	3,671
Total Fixed Assets		4,511	3,671
Current Assets			
Debtors	14	3,592	2,413
Cash at bank and in hand	22	561,657	617,906
Total Current Assets		565,249	620,319
Creditors:			
Creditors falling due within one year	15	271,411	98,179
Net Current Assets		293,838	522,140
Total Assets less current liabilities		**298,349**	**525,811**
Total Net Assets		**298,349**	**525,811**
		209,859	184,749
The Funds of the charity:			
Unrestricted income funds		91,756	140,724
Restricted income funds		206,593	385,087
Total charity funds	17	**298,349**	**525,811**

The financial statements set out on pages 22 to 39 were approved by the Trustees and authorised for issue on 3rd December 2025 and signed on their behalf by:

Alisdair Cameron

.....

The notes on pages 22 to 39 form an integral part of these financial statements

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2025

	Notes	**31.03.2025**	31.03.2024
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	21	(52,719)	276,856
Cash flows from investing activities			
Purchase of tangible fixed assets		(3,530)	(2,153)
Proceeds from sale of fixed assets		-	-
Net cash (used in) provided by investing activities		**(3,530)**	**(2,153)**
Change in cash in the reporting period		(56,249)	274,703
Cash at the beginning of the reporting period		617,906	343,203
Cash at the end of the reporting period	22	561,657	617,906

The notes on pages 22 to 39 form an integral part of these financial statements

1. Basis of Preparation

1.a Basis of Accounting

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the 2019 version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

1.b Legal Form

National Survivor User Network was a charitable company incorporated in England under the Companies Act 2006 from 1 April 2022 to 6 June 2023, when it then converted to a Charitable Incorporated Organisation. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 483 Green Lanes, London N13 4BS.. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2. Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

2. Accounting Policies (continued)

2.c Grants and donations
Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants
The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts
Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.f Contractual income
This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2.g Donated goods and services/facilities
Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2. Accounting Policies (continued)

2.j Allocation of governance and support costs
Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and deferred income
Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors
The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash
Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by the charity
Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

3. Prior period comparatives: statement of financial activities

	Unrestricted Funds	Restricted Funds	Total 31.03.2024
	£	£	£
Income from:			
Legacies and Donations			
Grants and Donations	159,915	780,330	940,245
Charitable Activities			
Contracts and Consultancy	12,969	5,626	18,595
Interest	11,363	-	11,363
Total Income	184,247	785,956	970,203
Expenditure on:			
Costs of raising funds	12,663	22,132	34,795
Charitable Activities			
Knowledge	31,753	74,680	106,433
Collaboration	38,643	158,147	196,790
Voice	58,942	131,445	190,387
Resourcing	(950)	-	(950)
Synergi	-	231,558	231,558
Total Charitable Activities	128,388	595,830	724,218
Total Expenditure	141,051	617,962	759,013
Net movement in funds for the year	43,196	167,994	211,190
Reconciliation of funds			
Total funds brought forward	97,528	217,093	314,621
Total funds carried forward	140,724	385,087	525,811

4. Grants and Donations

	Unrestricted Funds	Restricted Funds	**Total 31.03.2025**	Total 31.03.2024
	£	£	**£**	£
Donations from Individuals and organisations	1,641	1,873	**3,514**	1,549
Grant Income (note 4b)	74,556	724,485	**799,041**	888,793
Donated gift and services (note 4c)	6,060	-	**6,060**	49,903
	82,257	£ 726,358	**£ 808,615**	£ 940,245

4b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds £	Restricted Funds £	**Total 31.03.2025 £**	Total 31.03.2024 £
Be the Earth Foundation	-	-	**-**	4,000
Blagrave Trust	-	28,500	**28,500**	28,500
City Bridge Trust	-	-	**-**	50,000
John Ellerman Foundation	-	-	**-**	30,000
Joseph Rowntree Charitable Trust	34,556	-	**34,556**	42,308
Lankelly Chase	-	-	**-**	40,000
Lankelly Chase- Synergi	-	373,714	**373,714**	456,412
Mental Health North East	-	-	**-**	3,001
Mind Peer Support - Misery	-	-	**-**	200
Mind Community Partnership	-	-	**-**	15,000
Mind North East Together	-	-	**-**	15,000
National Lottery Community Fund- RC London and South	-	161,772	**161,772**	138,897
NHS Contract income for North East together	-	-	**-**	6,000
Synergi misery medicine	-	5,000	**5,000**	-
The Tudor Trust	40,000	-	**40,000**	20,000
The Tudor Trust- Wellness grant	-	-	**-**	7,200
Trust for London	-	58,000	**58,000**	22,275
Trust for London - Disability Justice Fund	-	56,500	**56,500**	
Unlimited misery	-	40,000	**40,000**	
Women's Environmental Network - misery	-	1,000	**1,000**	10,000
	74,556	724,486	**799,042**	888,793

No Government Grants were received in 2025 or 2024. As set out above funds were received from the National Lottery Community Fund totalling £161,772 (2024: £138,897).

4c. Donated goods, Facilities and Services

	Total 31.03.2025 £	Total 31.03.2024 £
Legal Advice	**6,060**	49,903
	6,060	49,903

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that the amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts. However we are extremely grateful for to all NSUN volunteers

5. Resources expended

	Direct Staff Costs	Direct Costs	Support Costs (Note 7)	**Total 31.03.2025**	Total 31.03.2024
	£	£	£	**£**	£
Costs of Raising Funds	21,636	-	14,531	**36,167**	34,795
Charitable Activities					
Knowledge					
Communications	72,857	12,838	37,779	**123,474**	103,341
Other Projects	-	5,378	-	**5,378**	2,792
National Elf partnership	-	296	-	**296**	300
	72,857	18,512	37,779	**129,148**	106,433
Collaboration					
Membership	59,611	516	31,967	**92,094**	69,414
Community Constellations	24,727	925	14,531	**40,183**	52,143
Members projects	-	4,184	-	**4,184**	11,975
Hosted Projects- North East Together	-	8,858	-	**8,858**	5,500
Hosted Projects- misery	-	39,153	250	**39,403**	19,029
Hosted Projects- UFFC	883	-	-	**883**	38,729
	85,221	53,636	46,748	**185,605**	196,790
Voice					
Influencing policy work	48,572	7,832	26,155	**82,559**	167,690
Reimagining safety	9,213	16,219	-	**25,432**	18,322
	57,785	24,051	26,155	**107,991**	190,387
Resourcing					
Grants to user led groups (note 21)					
NSUN	-	4,000	-	**4,000**	(950)
	-	4,000	-	**4,000**	(950)
Synergi					
Synergi Project	233,652	52,688	22,875	**309,215**	228,915
Synergi Small Grants Scheme	-	282,255	-	**282,255**	2,643
	233,652	334,943	22,875	**591,470**	231,558
Total Cost of Charitable Activities	449,515	435,142	133,557	**1,018,214**	724,218
Total Costs	471,152	435,142	148,087	**1,054,381**	759,013

6. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 7)	Total 31.03.2024
	£	£	£	£
Costs of Raising Funds	17,355	-	17,440	34,795
Charitable Activities				
Knowledge				
Communications	47,727	13,758	41,856	103,341
Other Projects	-	2,792	-	2,792
National Elf partnership	-	300	-	300
	47,727	16,850	41,856	106,433
Collaboration				
Membership	34,711	3,311	31,392	69,414
Community Constellations	21,694	13,009	17,440	52,143
Lived Experience Leadership	-	-	-	-
Mind Peer Support	-	11,975	-	11,975
Hosted Projects- North East Together	-	5,500	-	5,500
Hosted Projects- Survivor Researcher Network	3,300	15,729	-	19,029
Hosted Projects- misery	-	-	-	-
Hosted Projects- 2027 Project	-	38,479	250	38,729
Hosted Projects- UFFC	-	-	-	-
	-	-	-	-
Voice	59705	88,003	49082	196790
Influencing policy work				
Keeping Control	82,438	12,005	73,247	167,690
Other Projects	4,639	13,683	-	18,322
	-	4,375	-	4,375
	87,077	30,063	73,247	190,387
Resourcing				
Grants to user led groups (note 24)				
NSUN Grants	-	(950)	-	(950)
	-	(950)	-	(950)
Synergi				
Synergi Project	157,393	55,715	15,807	228,915
Synergi Small Grants Scheme	-	2,643	-	2,643
	157,393	58,358	15,807	231,558
Total Cost of Charitable Activities	351,902	192,324	179,992	724,218
Total Costs	369,257	192,324	197,432	759,013

7. Support Costs

	Total 31.03.2025 £	Total 31.03.2024 £
Support Staff Costs, including governance (see note 8)	**38,416**	39,050
Direct Governance costs (see note 8)	**11,288**	57,788
Legal and Professional Fees	**662**	1,789
Payroll, Accountancy and Bookkeeping	**45,481**	25,813
Website costs	**1,781**	2,196
Stationary, Postage, Telephones and IT costs	**13,649**	16,097
Insurance and HR support	**596**	4,292
Advertising, Recruitment and Subscriptions	**3,468**	20,551
Staff Travel and Wellness	**7,935**	10,364
Staff Training costs	**21,263**	16,281
Depreciation and profit on disposal	**2,030**	1,235
Other	**1,519**	1,977
	148,088	197,433

Support costs, including governance costs, are apportioned based across the activities shown in note 5 on the proportion of time spent on each activity by staff

8. Governance costs

Governance costs are included within support costs (note 7) and comprise	**Total 31.03.2025 £**	Total 31.03.2024 £
Staff costs	**17,221**	17,355
Independent Examination	**2,718**	2,720
Board expenses and training	**333**	248
Legal advice - including in-kind support	**6,060**	49,903
Governance support	**2,177**	4,917
	28,509	75,143

9. Net expenditure for the year

This is stated after the following	**Total 31.03.2025 £**	Total 31.03.2024 £
Depreciation of tangible fixed assets	**2,030**	1,045
Profit/(loss) on disposal of Fixed Assets	**(661)**	(538)
Independent Examination Fees (excluding VAT)		
- Independent Examination	**2,304**	2,265
- Other Services	**-**	-

10. Analysis of staff costs and the cost of key management personnel

The staff costs were	**Total 31.03.2025 £**	Total 31.03.2024 £
Wages and Salaries	**418,482**	344,494
Social Security Costs	**38,055**	32,103
Pension Costs	**19,264**	15,609
	475,801	392,206

In 2025 no employees received employee benefits (excluding employer pension costs) for the reporting period over £60,000 (2024: none).

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expense for the year total £19,264 (2024: £15,609).

The key management personnel of the charity comprise the Trustees and the CEO. The total amount paid, including Employers National Insurance and Pension, to the CEO was £59,624 (2024: £74,896).

No trustees received any payment for their services to the charity (2024: none). Two trustees received payment for professional services to the charity totalling £1,225 (2024: £2,050). Three trustees were reimbursed £398 for travel expenses (2024: none). There were no training costs for trustees (2024: £248)

11. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 9.7 (2024: 9.7) with a full time equivalent of 8.0 (2024: 8.0).

12. Taxation

The Charity is a registered charity and is thus exempted from taxation of its income and gains falling within section 524 of the Income Tax Act 2007 to the extent that they are applied to its charitable objectives. No tax charge has arisen in the year.

13. Tangible Fixed Assets

	IT Equipment £	Total £
Cost		
As at 1 April 2024	6,335	6,335
Additions	3,530	3,530
Disposals	(857)	(857)
As at 31 March 2025	**9,008**	**9,008**
Depreciation		
As at 1 April 2024	2,664	2,664
Charge for the year	2,030	2,030
Disposals	(196)	(196)
As at 31 March 2025	**4,498**	**4,498**
Net Book Value		
As at 31 March 2024	3,671	3,671
As at 31 March 2025	**4,511**	**4,511**

14. Debtors

	Total 31.03.2025 £	Total 31.03.2024 £
Trade debtors	**1,000**	275
Prepayments	**2,568**	2,114
Gift Aid Accrued Income	**24**	24
	3,592	2,413

All debtors relate to amounts owed within one year

15. Creditors: Amounts falling due within one year

	Total 31.03.2025 £	Total 31.03.2024 £
Trade creditors	**15,310**	7,149
Lease Accrual	**1,640**	1,640
Other Creditors- Social Security	**12,585**	9,825
Accruals	**12,851**	29,850
Grants payable	**4,683**	715
Funds held on behalf of hosted project UFFC	**-**	20,000
Deferred Income (note 16)	**224,342**	29,000
	271,411	98,179

An accrual has been made for grants awarded under the Synergi grants programme of £4,683 by not yet paid at the year end (2024: Synergi grant programme £115 and North East Together grant £600).

Movement in recognised grant commitments during the year

	Grant Commitments Accrued **31.03.2025 £**	31.03.2024 £
Grant commitment recognised at the start of the year	**715**	9,000.00
New Grant Commitments charged to the SoFA in year	**276,735**	8,293
Grants paid during the year	**(272,767)**	(16,578)
Amount of grant commitments recognised at year end	**£ 4,683**	£ 715

16. Deferred Income

	Total 31.03.2025 £	Total 31.03.2024 £
Balance at the start of the year	**29,000**	7,400
Released in the year	**(29,000)**	(7,400)
Deferred in the year	**224,342**	29,000
Balance at year end	**£ 224,342**	£ 29,000

Income deferred relates to a grant from Trust for London which was paid in advance of the start date. Income in 2024/25 has been deferred in relation to agreed activities supporting Central North West London NHS Foundation Trust which had not been delivered at the year end.

17. Analysis of charitable funds
17a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2024	Income	Expenditure	**Fund balance at 31.03.2025**
	£	£	£	**£**
Unrestricted Funds	140,724	96,803	148,238	**89,289**
Restricted funds				
Blagrave Trust	10,178	28,500	28,398	**10,280**
City Bridge Trust	17,570	-	17,570	**-**
John Ellerman Foundation	18,207	-	18,207	**-**
Synergi	297,857	373,814	627,971	**43,700**
misery	16,519	2,983	10,197	**9,305**
misery library	-	295	295	**-**
misery medicine	-	5,000	3,898	**1,102**
misery Unlimited	-	40,000	21,199	**18,801**
North East Together	19,810	2,241	8,857	**13,194**
National Lottery Community Fund- RC London	(128)	161,772	118,899	**42,745**
NSUN Small Grants Programme	794	10	-	**804**
Trust for London	-	58,000	22,500	**35,500**
Trust for London - Disability Justice Fund	-	56,500	23,871	**32,629**
Women's Environmental Network - misery	4,280	1,000	4,280	**1,000**
Total Restricted Funds	385,087	730,115	906,142	**209,060**
Total Funds	525,811	826,918	1,054,381	**298,349**

17a. Details of charitable funds held and movements during the current reporting period (continued)

Restricted Fund	**Purpose of fund**
Blagrave Trust	Reimagining safety - three-year project seeking new, more liberatory approaches to young people's safety and mental health.
City Bridge Trust	Building the resilience and sustainability of grassroots, lived experience led groups in London that work to support the mental health of those in their communities
John Ellerman Foundation	Funding towards core costs of NSUN
Lankelly Chase- Synergi	First year of a 3-year grant for the Synergi Project
misery, misery medicine and Women's Environmental Network - misery	Funds held towards the activities of the misery hosted project
misery library	Funds held towards the activities of the misery to create a library resource
misery Unlimited	Funds held towards the activities of the misery hosted project to create a cookbook
National Lottery Community Fund- RC London	Funding towards membership support and community constellations
North East Together	Funds held to support work in the North East
NSUN Small Grants Programme	Restricted donations for small grants
Trust for London	Funding towards Policy Officer and Policy work
Trust for London - Disability Justice Fund	Funding towards Policy Officer and Policy work
Women's Environmental Network - misery	Funds held towards the activities of the misery hosted project

17. Analysis of charitable funds (continued)
17b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2023	Income	Expenditure	Fund balance at 31.03.2024
	£	£	£	£
Unrestricted Funds	97,528	184,247	141,051	140,724
Restricted funds				
2027 Project	-	28,500	18,322	10,178
John Ellerman Foundation	-	50,000	32,430	17,570
Lankelly Chase- Synergi	24,029	30,000	35,822	18,207
LGBT Futures	112,054	456,412	270,609	297,857
Mind Side by Side Fund	19,410	-	19,410	-
misery	14,849	24,001	19,040	19,810
National Lottery Community Fund- RC London	20,516	10,777	14,774	16,519
North East Together	-	15,000	15,000	-
NSUN Small Grants Programme	10,070	138,897	149,095	(128)
The Tudor Trust	699	94	0	793
The Tudor Trust- development grant	15,466	22,275	37,741	-
Trust for London	-	10,000	5,720	4,280
Total Restricted Funds	217,093	785,956	617,963	385,086
Total Funds	314,621	970,203	759,014	525,810

Restricted Fund	**Purpose of fund**
LGBT Futures	Funding for the misery herbal walks programme
Mind- NSUN Side by Side Fund	Funding towards the costs of the NSUN Side-by-Side small grants fund

18. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	**Total Funds 31.03.2025**	Total Funds 31.03.2024
	£	£	**£**	£
Fixed Assets	4,510	-	**4,510**	3,670
Current Assets	106,763	458,485	**565,248**	620,319
Creditors: amounts falling due within one year	(21,987)	(249,425)	**(271,412)**	(98,180)
	89,286	209,060	**298,346**	525,809

19. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.2025 **£**	31.03.2024 £
Financial Assets		
Measured at cost:		
Cash at bank	**561,657**	617,906
Measured at amortised cost:		
Trade Debtors	**1,000**	275
Prepayments	**2,568**	2,115
Gift Aid Accrued Income	**24**	24
Total Financial Assets	**565,249**	620,320
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	**15,310**	7,149
Income in advance	**224,342**	-
Lease Accrual	**1,640**	1,640
Other Creditors- Social Security	**12,585**	9,825
Accruals	**12,851**	29,850
Grants payable	**4,683**	715
Total Financial Liabilities	**271,411**	49,179

20. Transactions with trustees and related parties

None of the trustees have been paid any renumeration or received any other benefits in relation to their role as Trustees with the charity (2024: none).

During the year no training and board development costs were paid (2024: £248 was paid for two Trustees).

During the year one Trustee (2024: one) received participation payments of £525 (2024: £300). This was at the same rate as other participants.

Payments totalling £700 (2024: £1,750) were paid to NSUN trustee Shuranjeet Takhar for their role on the Synergi Governance Board. These payments were made under a written agreement and agreed to be in the best interest of NSUN by the Trustee board.

21. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2025 £	Total 31.03.2024 £
Net income for the reporting period (as per the statement of financial activities)	**(227,462)**	211,190
Adjustment for :		
Depreciation charges	**2,030**	1,234
(Profit)/loss on disposal of equipment	**661**	-
(Increase)/decrease in debtors	**(1,180)**	19,507
Increase/(decrease) in creditors	**173,232**	44,925
Net cash provided by operating activities	**(52,719)**	276,856

22. Cash at bank and in hand

	Total 31.03.2025 £	Total 31.03.2024 £
Cash at bank	**540,951**	597,610
North East Together Account	**16,800**	17,256
North East Together Cash	**101**	200
Equals Money Prepaid Cards	**3,303**	2,685
PayPal	**502**	155
Total Cash	**561,657**	617,906

23. Analysis of changes in net debt

	31.03.2024 £	Cash flows £	**31.03.2025 £**
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	617,907	(56,249)	**561,658**
Total net debt	617,907	(56,249)	**561,658**

24. Analysis of Grants

	Total 31.03.2025 £	Total 31.03.2024 £
NSUN	**4,000**	(950)
North East Together	**-**	6,600
Synergi Grant Fund	**272,735**	2,643
Total Grants to Institutions	**276,735**	8,293

In 2024/25 two grants of £2000 where given funded by Lankelly Knowledge Justice.

In 2022/23 NSUN awarded grants of between £500 and £1,000 to groups facilitating community spaces where people shared identities and experiences come together in support of one another's wellbeing. Grants were funded by Mind's Peerfest Project. In 2023/24 £950 was returned.

In 2024/25 36 grants of £5,000, 1 grant of £8,360 and 5 grants of £16,875 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma to take action on mental health and racial justice. In 2023/24 the Synergi Small Grants programme awarded grants totalling £2,643 to four groups.

In 2023/24 North East Together gave grants of £600 to 11 groups supporting mental health in the North East.

No grants were awarded to individuals

Reconciliation to Direct costs (Note 5)	Total **31.03.2025** £	Total 31.03.2024 £
Grants to institutions- NSUN	4,000	(950)
Grants to institutions- Synergi Small Grants	282,255	2,643
Direct cost of administration of funds (including Panel and Evaluation costs)	278,255	-
Total Direct costs of NSUN Grants	**564,510**	**1,693**

24. Analysis of Grants (continued)

Recipients of Intuitional grants	**Total 31.03.2025 £**	Total 31.03.2024 £
Campaign for Phsychiatric Abolition	**2,000**	-
Neuromancers	**2,000**	-
Plushealth	**-**	(950)
Total Recipients - NSUN	**4,000**	(950)

Recipients of North East Together	**Total 31.03.2025 £**	Total 31.03.2024 £
Autie Mates	**-**	600
Contact Morpeth Mental Health Group	**-**	600
County Durham and Darlington Mental Health Forum	**-**	600
County Durham Peer Support Network	**-**	600
Fungi Sea Days Connect and Flourish Together	**-**	600
Gateshead Clubhouse	**-**	600
Holding Hands North East CIC	**-**	600
Newcastle Bipolar Self Help Group	**-**	600
Teeside Eritrean Community	**-**	600
Thrivers	**-**	600
Tuesday Treckers	**-**	600
Total Recipients of North East Together Grants	**-**	6,600

24. Analysis of Grants (continued)

Recipients of Synergi Grants	**Total 31.03.2025 £**	Total 31.03.2024 £
Abolitionist Healing Collective	**5,000**	-
Adiyah Collective	**5,000**	-
Back A Yardd	**5,000**	-
Be Active Recovery Group	**5,000**	-
Black Men Rising	**5,000**	-
Black Muslim Women Healing Collective	**5,000**	-
Black Trans Foundation	**8,360**	-
Bounce Black	**5,000**	-
Bring British Families Home	**5,000**	-
Collective Futurism	**5,000**	-
Cradle Community	**5,000**	-
Critical Youth Sound	**5,000**	-
GEM Collective	**5,000**	-
Global Copwatch	**5,000**	-
Harehills Lane Action Team	**16,875**	-
Heal Together CIC	**5,000**	-
Holding Hands North East CIC	**5,000**	-
Mcr Womxn	**5,000**	-
Misery	**5,000**	-
Muslim Social Justice Initative	**5,000**	-
Nejma Collective	**16,875**	-
NISABA	**5,000**	-
Nottingham Nourishment Network CIC	**5,000**	-
NUBIA Wellness Healing NW	**5,000**	-
Out & Proud African LGBTI	**16,875**	-
Our Naked Truth	**5,000**	-
Radical Rhizomes	**5,000**	-
Rafiki Community CIC	**5,000**	-
Resistance Is Our Mother Tongue	**5,000**	-
Serene Group	**5,000**	-
Therapeutic Productions CIC	**16,875**	-
The Advocacy Academy	**5,000**	-
The Black Men’s Consortium	**5,000**	-
The Delicate Mind	**5,000**	-
The Muslim Voice	**5,000**	-
The Nerve of My MS	**5,000**	-
The Rights Collective	**5,000**	-
Together in Unity	**5,000**	-
Ubuntu - Liverpool's Black Wellbeing Collective	**5,000**	-
United Families and Friends	**5,000**	-
Voice Of Voiceless Immigration Detainees Yorkshire	**16,875**	-
Wharf Radical Lending Library	**5,000**	-
York Anti Racist Collective	**-**	100
Other	**-**	2,643
Total Recipients of Synergi Grants	**272,735**	2,743
Total Grants to institutions	**276,735**	8,393

NATIONAL SURVIVOR USER NETWORK

England & Wales - Charity number 1135980

Accounts

Docusign Envelope ID: 815A034D-39EF-4E69-A795-F571289DDF3F

National Survivor User Network

(a Charitable Incorporated Organisation)

Report and Financial Statements

For the year ended 31st March 2024

CIO Number 1135980

Docusign Envelope ID: 815A034D-39EF-4E69-A795-F571289DDF3F

National Survivor User Network
Trustee's annual reporting for the period for the year ended 31st March 2024

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National Survivor User Network
Trustee's annual reporting for the period for the year ended 31 March 2024 (continued)

Reference and Administrative Information

Charity Name:	National Survivor User Network
CIO Registered Number:	1135980
Registered Address:	NSUN Ltd, 150 Minories London EC3N 1LS
Trustees:	The Trustees of the CIO are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2023 up to the date of approval of these financial statements were as follows: Alisdair Cameron Micha Frazer-Carroll Angela Newton, Chair, until 8th November 2023 Amy Palmer Andrew Payne Worpole, Treasurer, from 22nd November 2023 Emily Reynolds Rachel Rowan Olive Amy Rushton, Chair Aqsa Suleman Tasha Suratwala Shuranjeet Takhar, Vice Chair
CEO: Interim CEO:	Akiko Hart (until 1st June 2023) Jen Beardsley (from 1st June 2023 to 15th March 2024) Justin Irwin (from 18th March 2024)
Independent Examiner:	Michael Tourville, Beever and Struthers, 150 Minories, London, EC3N 1LS
Principal Bankers:	CAF Bank Ltd, 25 Kings Hill Ave, West Malling, ME19 4JQ
Solicitors:	Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

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The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2024. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 as amended by the Charities Act 2022, and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of activities, including:

- building capacity in our membership;
- strengthening local, regional and specialist networks;
- capacity building and information sharing;
- influencing mental health policy and practice;
- representing and relaying members' views at high level mental health policy spaces and communicating practice, policy and legislative changes back to members; and
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy.

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Review of achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live at the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience of mental ill-health, distress or trauma which may include racial trauma.

2023/2024 Activities

NSUN's stated aims for 2023/24 were as follows:

- following on from the CIO conversion, to develop and deliver a refreshed membership offer for groups and individuals;
- continuing to promote and amplify members' perspectives, voices and campaigns through communications;
- working in partnership with three youth organisations to deliver 'Reimagining Safety', a project on young people and safeguarding;
- working in partnership with a member to develop a member-led research project on menstrual health needs in psychiatric settings;
- creating a series of connective spaces for grassroots groups working on migrant justice and mental health; and
- delivering a second grants programme through Synergi and developing and delivering an offer to support grassroots groups in the Synergi network.

Progress against these aims is described below, structured around the four themes of NSUN's Theory of Change: Knowledge, Collaboration, Voice, and Resourcing.

Knowledge: ***Building, amplifying and distributing the knowledge that is held by people with lived experience of mental ill-health, distress and trauma***

NSUN builds, amplifies and distributes the knowledge that is held by people with lived experience of mental ill-health, distress and trauma, by platforming members' voices in a variety of ways – including through the weekly bulletin, blogs and articles, supporting members' research, and sharing members' work and voices in a variety of contexts.

An aim for 23/24 was to work in partnership with three youth organisations to deliver the first year of our three-year Reimagining Safety project. We worked with young people who are migrants, refugees and asylum seekers via a partnership with Revoke, and with young people who hear voices and see visions in partnership with Voice Collective. We also partnered with Act Build Change as a learning and practice partner, bringing expertise in facilitation and radical education for community organising. NSUN coordinated the project, building on our previous work exploring safety and mental health and using our position as an infrastructure organisation to challenge sector norms. Through workshops with young people and staff we developed insights into ways of creating safety, choice and agency and identified eight key principles for this work, due to be published in Summer 2024.

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Another aim for 23/24 was to work in partnership with a member to develop a member-led research project on menstrual health needs in psychiatric inpatient settings. We coordinated this project into how menstrual health needs are met, or not met, for people in inpatient settings, an area around which there is currently minimal research. We worked with the member to develop a small-scale research study which aimed to develop an understanding of peoples' experiences and co-develop guidance to address barriers identified. We supported the member to get ethical approval from the NHS Health Research Authority and to develop the research surveys and participation information sheets, advertised involvement opportunities through our communications channels, and made payments to those participating in interviews and focus groups in line with our participation payments policy. We also paid for the option of support spaces for participants after they had taken part in the research. The resulting research report is due to be published in summer 2024.

In 23/24, we commissioned an NSUN member to carry out a research project into the meaning of "community" in the mental health lived experience landscape, funded via Mind's Communities Team. We supported the development of the research methods and made payments to participants in interviews and focus groups. Published in March 2024, the report, 'Exploring "community" & the mental health lived experience landscape', explores whether those with lived experience of mental ill-health, distress and trauma could be considered a "community", and how the term "community" is assumed or forced upon us from outside. It aims to inform and challenge work focused on engaging communities and lived experience, exploring the complexities of claiming, building, representing, and working with communities: how people can be harmed, who is left behind, and how the terms "community" and "lived experience" can be co-opted for interests other than our own.

In 23/24, NSUN commissioned and published twenty-five pieces from members, including blogs, book and zine reviews (for example, a review of Nicole Lacey's "Poems from Inside" zine by Heather Cobb), and longer-form articles/opinion pieces on our Members' Blog. This included two themed series of pieces, one around creativity and mental health which involved interviewing artists and creatives working on themes of mental ill-health, distress, and trauma (for example "An interview with emerging outsider artist, Mud"), and one around safety and care in healthcare settings (for example, "Surviving restrictive and least restrictive practice: Hold me up, don't hold me down" by Fruit Bat). Other pieces touch on important topics in the lived experience landscape, such as lived experience and class ("Navigating class as a lived experience advocate" by Taimour Ahmed), and concerns around the rise of so-called 'trauma-informed care' ("We should be sceptical of trauma-informed care" by Chloe Apter). Longer-form pieces often offer responses to policy and legal developments in and around mental health care, sitting alongside NSUN's own organisational responses, briefings, and statements on such issues, such as "Can single-sex wards prevent sexual violence in mental health hospitals?" by Nima Cas Hunt, and "Legislating about us, without us: virtue signaling, self-harm, and the Criminal Justice Bill" by Courtney Buckler.

These member pieces and significant amounts of other relevant external news, events, and opportunities from across the mental health landscape, with a focus on user-led activity, are showcased in NSUN's weekly bulletin to members. In the 23/24 annual NSUN membership survey, the bulletin was the most common theme raised in feedback, with respondents praising the events, articles and opportunities advertised in the bulletin, and several individuals crediting the bulletin as helping them gain paid work or research opportunities.

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Respondents described the bulletin as a "precious, precious link" to the national lived experience community which provides members with a "beacon of hope" and sense of community, as well as increasing awareness around intersectional issues within the lived experience landscape. More than three quarters of respondents (79%) had connected with other user-led groups, events, campaigns, projects, or involvement opportunities as a result of NSUN's communications and resources. One member shared: "The weekly bulletins make me feel connected to the mad community and other people with lived experience. Reading them helps me feel hopeful about the work that is going on. Also they are helpful when I don't feel able to connect via social media. Thank you for creating them." Another said: "I find the newsletter really helpful for involvement opportunities and just to keep connected to an identity which is important to me - I find a lot of NGO work relating to mental health isolating because it doesn't reflect my rarer experiences and I think NSUN does this well."

In 23/24 we also began further sharing and archiving external content (that is not commissioned by NSUN for the Members' Blog, for example, but shared by us in our bulletins) by people with lived experience through our monthly bulletin articles and blogs roundup posts on our website. They contain all the articles, blogs, and other forms of media that we share in each of a given month's four bulletins, with a focus on first person pieces written or made by people within and beyond our membership, as well as relevant articles about news and policy in mental health from sources such as Disability News Service. We began posting these roundups to bring together, amplify, and archive current, lived experience-focused voices and perspectives in mental health.

We are also collaborating with Mental Elf to commission a series of research blogs written by people with lived experience of mental ill-health, distress and trauma. The blogs summarise and respond to recently published mental health research and explore what that research means from the perspective of someone with lived experience. The first blog was published in 23/24, the rest are to follow in 24/25.

In July 2023, NSUN began offering monthly Network Meetings, open to all NSUN members and themed around particular topics suggested by the membership or spotlighting particular areas of NSUN's work or members' work. Topics have included: a panel on welfare reform with speakers from Greater Manchester Coalition of Disabled People and Black Activists Rising Against Cuts; a discussion about how the funding landscape impacts user-led work; hearing from organisers involved in StopOxevision; and discussing the findings and impacts of "Exploring 'community' and the mental health lived experience landscape". Members have shared that they've found these spaces engaging, useful and informative; one member shared, "[I] heard perspectives I had not considered before. It was inspiring to see and hear from different people who care about these issues. I felt less alone."

Collaboration*: Creating collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work; building nurturing conditions within mental health work that prioritise care*

NSUN creates collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work.

An aim for 23/24 was, following on from the CIO conversion in June 23, to develop and deliver a refreshed membership offer for groups and individuals. We have done this through many areas of our work in 23/34 that are outlined throughout this report, such as offering intensive support for

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member-led research projects and launching our monthly network meetings for members to connect with NSUN and each other across various topics and themes (see 'Knowledge' section, above),

amplifying, supporting, and resourcing member-led campaigns (see 'Voice' section, below), and providing resources and free training opportunities to members (see 'Resourcing' section, below).

NSUN held its annual members' event in November 2023. Alongside a business meeting (where the NSUN Trustees and staff presented on NSUN's work over the last 12 months, gave an overview of the financial statements for the previous year, and took questions from members), we held three panel discussion style sessions for members, with a variety of guest speakers. These were: 'Peer support and activism: radical roots & radical futures', 'Surveillance & data sharing in mental health care', and 'Abolition & mental health with Synergi: reimagining & building alternatives'. There were more than 150 member attendances across the day's four sessions. Details and recordings of the sessions, along with the annual member's creative exhibition, can be found here.

The vast majority of attendees rated the enjoyability and accessibility of all sessions as 'Excellent' and selected 'Yes' in response to questions about whether the events reflected their interests and helped them to feel connected to other members. Providing feedback on the session on peer support, one attendee said: "[I] loved the panel and the discussion around activism and peer support and reading such collective power in the chat. I feel connected to others who want to ensure the history [of peer support] is not lost". Of the session on surveillance and data sharing, one attendee said: "Amazing range of speakers and so good to see connections being made". Providing feedback on the session with Synergi, one attendee said: "Chairing full of love, connection, and insight... human connections with exceptional speakers, [a] powerful experience of unity". The business meeting was described as "well structured and organised", and another member fed back that they were "always impressed by the principled way in which NSUN works".

NSUN's collaborative work also includes hosting two grassroots collectives and networks, North East together and misery, and acting as a fiscal host for the United Friends and Families Campaign (UFFC).

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England. Since the launch at a conference in April 2009 attended by over 150 of the region's service users, carers and workers in the mental health field, we have carried out a variety of initiatives usually led by our members letting us know what our priorities should be. For example, our Welfare Reform Action Group was set up in response to the 2010 Coalition Government's changes to the benefits system, and campaigned to highlight the injustices of Welfare Reform and advocated for a fairer system for all.

In the last few years, we have developed some strong relationships with the statutory sector, and in particular with Public Health England and The Northern Clinical Network. We have worked closely with these and other partners in various pieces of work on a regional level.

misery is a hosted project benefiting from the container of NSUN's policies, legal structure and accounts. Over the year misery successfully delivered their monthly 'misery medicine: plant magic' programme that saw hundreds of queer, trans, intersex, Black, people of colour (QTIBPOC) visiting, connecting, and learning about different green spaces in London and foraging for herbal remedies found there. misery partnered with various mental health, arts, and social justice organisations and

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projects to deliver a range of projects, including a film screening at the historic Rio Cinema in East London, a sober party in Edinburgh in conjunction with Rhubaba and an adventurous nightwalk curation alongside The Hive educational center in Epping Forest and William Morris Gallery. Towards the end of 2023 misery introduced a bimonthly online grief space offering facilitated by author and somatic practitioner Camille Sapara Barton. misery has also contributed to magazines, journals, workshops and panels, appearing as part of the Rehearsing Freedoms festival by Healing Justice London, at Sable Studio in Leeds and at Dialled In festival. In September 2024, misery will transition into a fiscal hosting agreement only.

The United Friends and Families Campaign (UFFC) is a coalition of those affected by deaths in police, prison and psychiatric custody, and supports others in similar situations. Established in 1997 initially as a network of Black families, over recent years the group has expanded and now includes the families and friends of people from varied ethnic and cultural backgrounds. NSUN is acting as fiscal host for UFFC in order for them to access a grant of £80,000 from the Joseph Rowntree Charitable Trust. During the year UFFC has run a small grants scheme aimed at funding projects supporting younger people which has been supported by NSUN's Communities and Grants Officer.

Voice: ***Building an alternative approach to mental health policy work, challenging traditional silos, unjust hierarchies of evidence, and harmful demands for data and visibility. This comes at a time where the external environment is one of hostile and unjust structures, systems and legislation.***

An aim for 23/24 was continuing to promote and amplify members' perspectives, voices and campaigns through our communications. We are pleased to have worked to support numerous member campaigns in 23/24. One such campaign is the Stop Oxevision campaign, a grassroots, lived-experience led campaigning group working to halt the rollout of surveillance technology in psychiatric inpatient settings due to concerns around the implementation of a blanket restrictive practice with implications around consent, privacy, and dignity. We worked with members of the campaign to publish an open letter and a petition on the NSUN website. We continuously amplified the campaigning work of Stop Oxevision across our communications channels, and have provided advice, guidance, and connections to other useful organisations. We offered the group a small grant towards their time spent working on the campaign, and other campaign costs.

Another member-led campaign we supported in 23/24 was supporting NSUN member group Make Space, which works around self-harm, to organise against issues in the Online Safety Bill relating to the criminalisation of self-harm related content online such as peer support and harm minimisation content which could be seen as 'encouraging' people to self-harm. We hosted an open letter following the publication of a critique of the Bill we had commissioned and published on our members' blog, and supported Make Space to do parliamentary lobbying work during the process of the passing of the Bill, including through giving Make Space funding for their time spent on the campaign, and connecting them to other useful organisations for legal support and advice on the parliamentary lobbying work such as drafting an amendment to the Bill. We commissioned and published a reflective follow-up piece about the process of the campaign.

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Another membership project we supported was Self injury Support's intersectional experiences of self-harm research project, with a focus on the different needs of different groups of people in relation to self-injury. We made a grant to Self injury Support so that they could pay participants in research focus groups and are planning on supporting the production and dissemination of an external-facing communications output from the project, covering its findings and recommendations, in 24/25.

The period from April 2023 to March 2024 has been an exciting one for NSUN's work on mental health and migrant justice, funded by the Joseph Rowntree Charitable Trust. During this time, we have moved from learning about existing work happening at this intersection to directly collaborating with grassroots groups in that space, thus achieving our 23/24 aim of creating a series of connective spaces for grassroots groups working on migrant justice and mental health.

By hosting a monthly Mental Health and Migrant Justice Networking Space, we have given grassroots migrant support organisations more opportunities to connect with each other, responding to a common problem identified during the scoping stage of this work. These monthly meetings have also allowed engaged groups to collectively draft an open letter to funders about the barriers they face to accessing grants for mental health and migrant justice work. With the contacts we've developed through these spaces, we're discussing other areas in which NSUN might be able to support them, such as improving communications and visibility.

NSUN has also strengthened its relationships with other organisations that are interested in both migrant and disability justice. We have joined the Disability and Migration Network and started a working relationship with Migrants' Rights Network, both of which will allow us to play a more active role in efforts to increase cross-movement solidarity.

We have continued to work on policy and campaigning issues in a variety of ways, focussing on four main priorities: challenging poor mental health care, political responses to mental health care, surveillance and data sharing in mental health, and resourcing grassroots groups.

During the year we reflected on our policy and campaigning work, rearticulated our policy priorities, redefined what we mean by impact and how we can measure it, and laid the groundwork for increased member involvement in policy and campaigning work. We have kept members and readers up to date on national policy developments; publishing briefings and statements on key issues relating to mental ill-health, distress, and trauma, including responding to Metropolitan Police's announcement that they will no longer attend mental health call outs, briefing on the Illegal Migration Bill, and publishing briefings on the Mental Health Act, including writing on the omission of Mental Health Act reforms from the King's Speech.

Over the year, we have taken part in many joint and coalitionary projects. Highlights include a chapter in Holding our Own: A guide to non-policing solutions to what is called 'serious youth violence', co-ordinated by Liberty, and a joint statement against transphobic healthcare policy announcements. We have supported members to campaign on issues that matter to them, including working with member organisations against the criminalisation of self-harm, jointly submitting written evidence to parliament. We have we have engaged grassroots/user-led groups on issues that matter to them, including through releasing three briefings on precarity, access, and mental health - the culmination of a two year consultation process with London based grassroots groups, funded by Trust for London.

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With our policy manager moving to a new role in October 2023, we recruited a freelance survivor researcher to offer policy support, allowing our continued significant impact. We have subsequently been successful in bidding for funding from Trust for London to recruit a full-time Policy Manager position, which we expect to fill in the first half of 24/25.

Resourcing: ***Working with funders, and acting as a microfunder to redistribute resources to grassroots user-led groups and establish better practice***

Early in 23/24 we analysed the reflective conversations with 27 recipients of the Sustaining Spaces Fund 2022. Key learnings included the benefits of having a brief written application and minimal reporting requirements, the importance of prioritising conversations and connections in our grants processes, and that small interventions have long-term impacts, but that wider change is needed.

The funding offered groups space and time to continue and develop their activities, as well as creating intangible benefits like opportunities, connection and stronger support networks. Many groups used the money for essential things that would outlast the grant spending period, like furniture, equipment or digital infrastructure, and some found that the process of applying for and using the grant was a useful learning exercise in and of itself. However, small grants are still small, and these groups are continually being put under more and more pressure through increasing demand and diminishing capacity. Larger amounts are necessary to develop long-term sustainability for these groups. This also requires that funders understand the impacts that user-led groups have and the unique roles they play in their communities.

Our evaluation made clear the need for small grants programmes; are we are committed to seeking funding to offering more grants opportunities in the future. We also used these insights to support North East Together in delivering a local small grants programme.

During this year we were able to offer a number of small grants to members around online event accessibility. In 23/24, we repeated our British Sign Language (BSL) interpretation small grants offering, making five grants of £150 available to user-led group NSUN members to pay for a BSL interpreter (or with the option of using the money to pay for a palantypist to provide live captions if that was preferred) at an event. As with the previous two years, all five grants were taken up by user-led mental health groups and used at events such as conferences, workshops, and creative performances.

With funding from City Bridge Trust via the Propel partnership, we carried out scoping work exploring how to build the resilience and sustainability of grassroots, lived experience led groups in London that work to support the mental health of those in their communities. We partnered with Teapot Collective to map some London-based groups and organisations, and carry out workshops and interviews. Based on what we heard, Teapot Collective drew up an internal report to help guide NSUN's future London-based work, an external summary sharing key findings, and resources for groups based on needs identified within the workshops, due to be published in summer 2024.

Throughout the year, NSUN made a range of training available for members by commissioning free places. These included: Community Organising (Act Build Change), Legal Structures for Community Organisations (Sistren Legal Collective), Safeguarding Training (Shaped Workshops), Trans Awareness Training (Gendered Intelligence), and Facilitation Training (Act Build Change).

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Synergi

NSUN secured a three-year grant from Lankelly Chase to host Synergi, a complex and ambitious programme of work focusing on the intersection of racial justice and mental health, from April 2022. Synergi works with grassroots groups and community organisers, and connects, amplifies, celebrates and resources this work. This grant has a no-cost extension to September 2025.

The programme faced some staffing and other challenges during the first part of this year, one result of which was a delay to the grants programme. A new Synergi Director started in September 2023, which, along with additional staff joining the team, has resulted in significant progress now being made against the four agreed workstreams:

i. Community Responses to Mental Health**:** working with grassroots groups to experiment with community-based mental health care. We participated in the NSUN's Members' Event, delivering a session on abolition and mental health. We also sponsored a table and attended the National Mikey Powell Memorial Family Fund (NMPMFF) event, held in partnership with INQUEST

ii. Supporting Movement Spaces: working with grassroots groups to support movement building work. Monthly peer support spaces are held online every second Tuesday in the month, providing a free supportive space for people with lived experience of racism, working or volunteering in user-led peer groups or campaigning capacities. A series of monthly online embodiment sessions for grant holders was launched in June 23 and continued until December 23.

iii. Grants Programme: running an annual grants programme and influencing funders to fund differently. Round 1 of the grant programme is now coming to an end. These grants were awarded in 2022/23 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma, to take action on mental health and racial justice. We have featured several blogs on our website to highlight the impact on the range of grantees, such as the York anti-racist collective.

   Plans for round 2 of the grants scheme 'Democratising Policy' were developed, with the launch taking place just after the financial year ended, in April 2024. Eligibility and priority focus is having living experience of mental health settings, working at the intersection of mental health, disability, and racial justice, having been impacted by immigration detention and removal centres, and prisons and policing, including forensic mental health settings. There will also be a solidarity fund administered via 3 to 4 hubs across the U.K.

iv. Remembrance as Resistance: a creative culmination of all the workstreams. Work is underway, with a podcast, and several events now being planned.

NSUN's rebrand

Over the past few years, NSUN has developed and changed as an organisation. Our new strategic direction and ways of working have grounded us as an organisation that aims to facilitate change through connection and collaboration, and through amplifying and resourcing the work of the individuals and groups in our network, and we are surer of the unique space(s) we occupy, as well as the spaces that we do not occupy. To reflect this, we felt it was time to refresh our 'brand', which we did in 2023. We commissioned illustrator Cherie Kwok to create a new logo, colour palette, and illustrations/graphics that feature on our website, social media channels, and other materials.

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We are confident that the new visual identity better reflects our new direction and is hopeful, vibrant, warm, and engaging. It is reflective of our position as a unique and less 'traditional' charity with a grassroots focus, steering clear of overly polished modern corporate/charity branding which can feel generic and characterless. We are also pleased that the new visual identity avoids stereotypical mental health imagery and symbols, which emphasises that we are not a single-issue organisation, and means that our visual identity does not reinforce simplistic representations of mental health.

Our new visual identity was commissioned to reflect some of the following ideas around the nature of our work: connection, community, care, mutual aid, collectivity, solidarity, movement building, change, and justice. The illustrations in particular were commissioned to embody a sense of joy and hope – something that many user-led groups and collectives in the movement-building and transformative justice space hold onto and try to centre.

Key aims 2024/25

NSUN's key aims for the next year include the following:

- To continue to promote and amplify members' perspectives, voices and campaigns
- To secure funds for a new NSUN grants scheme, and plan the implementation process
- To successfully induct the new substantive CEO, Mandy Crandale, who joins NSUN in June 2024
- To deliver the rearticulated policy priorities, including via the successful recruitment of a new Policy Manager and launch of a newly funded project looking at how to engage with member campaigns
- To successfully deliver round 2 of the Synergi grant scheme
- To secure new multi-year funding to achieve additional sustainable impact

Financial review

Income for the year ended 31st March 2024 totalled £970,203 (2023: £864,417), an increase of £105,786 from the previous year. The largest area of increase was in Grants and Donations which rose by £116,079 compared with the previous year.

NSUN's principal source of funds during 2023-4 was income from grants and totalled £888,793 (2023: £773,320) and comprises 92% of income (2023: 89%).

Expenditure totaled £759,013 (2023: £704,954) for the year ended 31st March 2024, an increase of £54,059 compared with the previous year.

In April 2024 NSUN was notified of a successful application to the National Lottery Community Fund for £499,337 over 3 years.

NUSN is hugely grateful to our range of funders and supporters who contribute to our income.

Total funds, reserves policy and going concern

Total funds at 31st March 2024 were £525,811 (2023: £314,621) and comprised restricted funds of £385,087 (2023: £217,093) and unrestricted funds of £140,724 (2023: £97,528). The largest remaining restricted funds comprise funding for the Synergi programme (£297,857).

Unrestricted funding was comprised of funding from a number of unrestricted grants towards project and core costs in the 2023/24 financial year of £82,308, and unrestricted income from donations and contracts.

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The Trustees review the charity's reserves policy annually and aim to hold three months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectation they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £139,143 (2023: £170,780). The actual free unrestricted reserves are £137,053 (2023: £70,453) including £56,973 (2023: £56,848) in relation to unrestricted grants to be used in the coming year. This represents 98% of target (2023: 33%).

The Trustees have reviewed the budgets for the 2024/25 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

Grantmaking Policy

NSUN's grantmaking policy is specific to the funds being distributed and is in line with the conditions of the funder. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user-led groups.

NSUN grants are awarded to groups in England, and are currently small in volume and value. There are plans to secure further funding for this work and advertise grant more widely in the future.

The Synergi grants programme launched in April 2024 with clear published criteria, including transparency around decision-making and panel membership.

North East together ran a small grants programme with published criteria open from November 2023 to January 2024, with decisions about awards made by committee members following reviews of applications.

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks. This is primarily via the NSUN risk register, which is reviewed by Trustees at least quarterly. The register lists the key risks together with a score calculated based on the probability and the potential impact of the risk concerned, noting any mitigation. A separate Synergi Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

- A gap between funding expenditure and income targets, mitigated initially through the submission of multiple funding applications
- Significant changes in leadership at board and staff level, following an unsuccessful recruitment to the CEO post in summer 2023, and a change in chair of trustees at the end of December 2024. This risk has dissipated following the appointment of consecutive interim chief executives, and the appointment of a permanent chief executive from June 2024

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- The growth of the organization and the increased responsibility and pressures on key staff. Risk is mitigated by NSUN's agreed ways of working, by extended notice periods for staff, regular supervision and on-going consideration of well-being issues
- The on-going integration of Synergi into NSUN, and Synergi's own delivery risks, noting the size of the programme. This has been mitigated through clear governance protocols, confirmation of Synergi's strategic direction, and the provision of a separate Synergi risk register to NSUN trustees and the Synergi governance board.

Contribution made by volunteers

NSUN is extremely grateful to all of our volunteers, many of whom have provided considerable pro-bono support, valued at £49,903 (2023: £20,523) and included within the financial statements. In the year ended March 2024 this related to pro-bono legal support.

Structure Governance and Management

During the year, the National Survivor User Network (NSUN) was a Charitable Incorporated Organisation (CIO) with charity number 1135980. NSUN's governing document is a Constitution and the charity operates in England.

Trustees are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Constitution states that the minimum number of Trustees should be three and the maximum twelve. A third of trustees must retire at each AGM and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice-Chair, and CEO, and are offered training as necessary.

The Board meets at least five times a year.

Day-to-day management of the charity has been delegated to the CEO. The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible forappraising the performance of the CEO and Trustees.

During the year, there were ten other members of staff who are line managed and appraised by the CEO, or other Managers within the team. The staff team was supported by several freelance associates.

Following an unsuccessful recruitment process in summer 2023, interim chief executives were appointed. A successful process early in 2024 resulted in the appointment of a new substantive CEO, appointed to start at NSUN in June 2024.

The Board makes use of task and finish groups and sub committees where needed to undertake specific tasks. In 2023/24 a number of trustees met informally to review the finance papers, and to support the CEO recruitment processes.

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The Board was also supported in its work around the Synergi Project by the Synergi Governance Board, which comprised five members with a specific interest in the work, including one member of the NSUN Board of Trustees. The Governance Board operates under a terms of reference approved by the NSUN Board.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

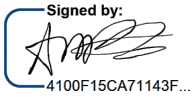
Details of Trustee expenses and related party transactions are disclosed in the notes to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity was passed at the last NSUN Annual General Meeting on the 28th February 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 as amended by the Charities Act 2022 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 17th July 2024 and was signed on its behalf, by:

Signed by:

4100F15CA71143F...

Amy Rushton
Chair

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National Survivor User Network
Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2024 which are set out on pages 17 to 36.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 as amended by the Charities Act 2022 ('the Act').
I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Other Matters
Your attention is to drawn to the fact that the charity has prepared the financial statements in accordance with the Statement of Recommended Practice applicable to Charities 2019 preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

We understand that this has been done in order for the accounts to provide a true and fair view in accordance with UK Generally Accepted Accounting Practice.

Independent examiner's statement
Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

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National Survivor User Network
Independent Examiner's Report to the Trustees of National Survivor User Network

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.



Michael Tourville FCA
Beever and Struthers
Chartered Accountants
150 Minories
London
EC3N 1LS
Date: 18 September 2024

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National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2024

	Notes	Unrestricted Funds	Restricted Funds	**Total 31.03.2024**	Total 31.03.2023
		£	£	**£**	£
Income from:					
Legacies and Donations					
Grants and Donations	4	159,915	780,330	**940,245**	824,166
Charitable Activities					
Contracts and Consultancy		12,969	5,626	**18,595**	39,452
Interest		11,363	-	**11,363**	799
Total Income		184,247	785,956	**970,203**	864,417
Expenditure on:					
Costs of raising funds	5	12,663	22,132	**34,795**	20,684
Charitable Activities					
Knowledge		31,753	74,680	**106,433**	63,925
Collaboration		38,643	158,147	**196,790**	133,567
Voice		58,942	131,445	**190,387**	103,289
Resourcing		(950)	-	**(950)**	47,760
Synergi		-	231,558	**231,558**	335,729
Total Charitable Activities	5	128,388	595,830	**724,218**	684,270
Total Expenditure		141,051	617,962	**759,013**	704,954
Net movement in funds for the year		43,196	167,994	**211,190**	159,463
Reconciliation of funds					
Total funds brought forward	17	97,528	217,093	**314,621**	155,158
Total funds carried forward	17	140,724	385,087	**525,811**	314,621

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National Survivor User Network
Balance Sheet
For the year ended 31 March 2024

	Notes	31.03.2024	31.03.2023
		£	£
Fixed Assets			
Tangible assets	13	3,671	2,751
Total Fixed Assets		3,671	2,751
Current Assets			
Debtors	14	2,413	21,920
Cash at bank and in hand	22	617,906	343,204
Total Current Assets		620,319	365,124
Creditors:			
Creditors falling due within one year	15	98,179	53,254
Net Current Assets		522,140	311,870
Total Assets less current liabilities		**525,811**	**314,621**
Total Net Assets		**525,811**	**314,621**
The Funds of the charity:			
Unrestricted income funds		140,724	97,528
Restricted income funds		385,087	217,093
Total charity funds	17	**525,811**	**314,621**

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies. The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts. These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The financial statements set out on pages 17 to 19 were approved by the Trustees and authorised for issue on 17th July 2024 and signed on their behalf by:

Signed by:
4100F15CA71143F...

Dr Amy Rushton (Chair)

The notes on pages 20 to 36 form an integral part of these financial statements

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National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2023

	Notes	31.03.2024	31.03.2023
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	21	276,856	167,227
Cash flows from investing activities			
Purchase of tangible fixed assets		(2,153)	(3,147)
Proceeds from sale of fixed assets		-	275
Net cash (used in) provided by investing activities		**(2,153)**	**(2,872)**
Change in cash in the reporting period		274,703	164,355
Cash at the beginning of the reporting period		343,204	178,849
Cash at the end of the reporting period	22	617,907	343,204

The notes on pages 20 to 36 form an integral part of these financial statements

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1. Basis of Preparation

1.a Basis of Accounting

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view'. This departure has involved following the 2019 version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

1.b Legal Form

National Survivor User Network was a charitable company incorporated in England under the Companies Act 2006 from 1 April 2022 to 6 June 2023, when it then converted to a Charitable Incorporated Organisation. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 150 Minories, London, EC3N 1LS. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2. Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

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2. Accounting Policies (continued)

2.c Grants and donations
Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants
The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts
Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.f Contractual income
This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2.g Donated goods and services/facilities
Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

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2. Accounting Policies (continued)

2.j Allocation of governance and support costs
Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and deferred income
Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors
The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash
Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by the charity
Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

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3. Prior period comparatives: statement of financial activities

	Unrestricted Funds	Restricted Funds	Total 31.03.2023
	£	£	£
Income from:			
Legacies and Donations			
Grants and Donations	143,354	680,812	824,166
Charitable Activities			
Contracts and Consultancy	12,734	26,718	39,452
Interest	799	-	799
Total Income	156,887	707,530	864,417
Expenditure on:			
Costs of raising funds	20,684	-	20,684
Charitable Activities			
Knowledge	9,450	54,474	63,924
Collaboration	8,933	124,635	133,568
Voice	61,239	42,050	103,289
Resourcing	30,967	16,826	47,793
Synergi	-	335,696	335,696
	-		
Total Charitable Activities	110,589	573,681	684,270
Total Expenditure	131,273	573,681	704,954
Net movement in funds for the year	25,614	133,849	159,463
Reconciliation of funds			
Total funds brought forward	71,914	83,244	155,158
Total funds carried forward	97,528	217,093	314,621

4. Grants and Donations

	Unrestricted Funds	Restricted Funds	**Total 31.03.2024**	Total 31.03.2023
	£	£	**£**	£
Donations from Individuals and organisations	504	1,045	**1,549**	30,323
Grant Income (note 4b)	109,508	779,285	**888,793**	773,320
Donated gift and services (note 4c)	49,903	-	**49,903**	20,523
	159,915	£ 780,330	**£ 940,245**	£ 824,166

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4b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	Restricted Funds	**Total 31.03.2024**	Total 31.03.2023
	£	£	**£**	£
Be the Earth Foundation	-	4,000	**4,000**	3,600
Blagrave Trust	-	28,500	**28,500**	-
City Bridge Trust	-	50,000	**50,000**	-
John Ellerman Foundation	-	30,000	**30,000**	30,000
Joseph Rowntree Charitable Trust	42,308	-	**42,308**	30,321
Joseph Rowntree Charitable Trust- UFFC	-	-	**-**	1,333
Lankelly Chase	40,000	-	**40,000**	31,000
Lankelly Chase- Synergi	-	456,412	**456,412**	445,532
LGBT+ Futures: Equity Fund	-	-	**-**	25,000
Mental Health North East	-	3,001	**3,001**	-
Mind Sustaining Spaces Fund	-	-	**-**	33,864
Mind Peer Support - misery	-	200	**200**	-
Mind Community Partnership	-	15,000	**15,000**	-
Mind North East Together	-	15,000	**15,000**	-
National Lottery Community Fund- RC London and South	-	138,897	**138,897**	108,213
NHS Contract income for North East together		6,000	**6,000**	-
The Tudor Trust	20,000	-	**20,000**	22,000
The Tudor Trust- Wellness grant	7,200	-	**7,200**	-
Trust for London	-	22,275	**22,275**	40,525
University of Wolverhampton - SMaRteN	-	-	**-**	1,932
Women's Environmental Network - misery	-	10,000	**10,000**	-
	109,508	779,285	**888,793**	773,320

No Government Grants were received in 2024 or 2023. As set out above funds were received from the National Lottery Community Fund totalling £138,897 (2023: £108,213).

4c. Donated goods, Facilities and Services

	Total 31.03.2024	Total 31.03.2023
	£	£
Membership Subscriptions	**-**	450
Legal Advice	**49,903**	20,073
	49,903	20,523

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that the amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts. However we are extremely grateful for to all NSUN volunteers

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5. Resources expended

	Direct Staff Costs	Direct Costs	Support Costs (Note 7)	**Total 31.03.2024**	Total 31.03.2023
	£	£	£	**£**	£
Costs of Raising Funds	17,355	-	17,440	**34,795**	20,684
Charitable Activities					
Knowledge					
Communications	47,727	13,758	41,856	**103,341**	57,304
Other Projects	-	2,792	-	**2,792**	4,400
National Elf partnership	-	300	-	**300**	2,220
	47,727	16,850	41,856	**106,433**	63,924
Collaboration					
Membership	34,711	3,311	31,392	**69,414**	41,661
Community Constellations	21,694	13,009	17,440	**52,143**	36,988
Lived Experience Leadership	-	-	-	**-**	-
Mind Peer Support	-	11,975	-	**11,975**	-
Members projects	-	5,500	-	**5,500**	
Hosted Projects- North East Together	3,300	15,729	-	**19,029**	9,689
Hosted Projects- Survivor Research Network	-	-	-	**-**	861
Hosted Projects- misery	-	38,479	250	**38,729**	42,647
Hosted Projects- 2027 Project	-	-	-	**-**	861
Hosted Projects- UFFC	-	-	-	**-**	861
	59,705	88,003	49,082	**196,790**	133,568
Voice					
Influencing policy work	82,438	12,005	73,247	**167,690**	102,514
Reimagining safety	4,639	13,683	-	**18,322**	-
Other Projects	-	4,375	-	**4,375**	775
	87,077	30,063	73,247	**190,387**	103,289
Resourcing					
Grants to user led groups (note 21)					
NSUN Side by Side Fund	-	-	-	**-**	-
Sustaining Spaces	-	(950)	-	**(950)**	47,793
	-	(950)	-	**(950)**	47,793
Synergi					
Synergi Project	157,393	55,715	15,807	**228,915**	155,538
Synergi Small Grants Scheme	-	2,643	-	**2,643**	180,158
	157,393	58,358	15,807	**231,558**	335,696
Total Cost of Charitable Activities	351,902	192,324	179,992	**724,218**	684,270
Total Costs	369,257	192,324	197,432	**759,013**	704,954

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6. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 7)	Total 31.03.2023
	£	£	£	£
Costs of Raising Funds	17,339	-	3,345	20,684
Charitable Activities				
Knowledge				
Communications	39,616	2,262	15,426	57,304
Other Projects	-	4,400	-	4,400
National Elf partnership	-	2,220	-	2,220
	39,616	8,882	15,426	63,924
Collaboration				
Membership	27,983	2,743	10,935	41,661
Community Constellations	26,554	400	10,034	36,988
Lived Experience Leadership	-	-	-	-
Mind Peer Support	-		-	-
Hosted Projects- North East Together	2,015	6,902	772	9,689
Hosted Projects- Survivor Researcher Network	732	-	129	861
Hosted Projects- misery	4,720	36,255	1,672	42,647
Hosted Projects- 2027 Project	732	-	129	861
Hosted Projects- UFFC	732	-	129	861
	63,468	46,300	23,800	133,568
Voice				
Influencing policy work	61,429	1,850	39,236	102,515
Keeping Control	-	-	-	-
Other Projects	-	775	-	775
	61,429	2,625	39,236	103,290
Resourcing				
Grants to user led groups (note 24)				
NSUN Covid-19 Fund	-	-	-	-
NSUN Side by Side Fund	-	-	-	-
Sustaining Spaces	15,442	27,172	5,179	47,793
	15,442	27,172	5,179	47,793
Synergi				
Synergi Project	105,944	15,900	33,694	155,538
Synergi Small Grants Scheme	35,971	132,748	11,439	180,158
	141,915	148,648	45,133	335,696
Total Cost of Charitable Activities	321,870	233,627	128,773	684,270
Total Costs	339,209	233,627	132,118	704,954

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7. Support Costs

	Total 31.03.2024 £	Total 31.03.2023 £
Support Staff Costs, including governance (see note 8)	**39,050**	42,280
Direct Governance costs (see note 8)	**57,788**	35,301
Legal and Professional Fees	**1,789**	5,790
Payroll, Accountancy and Bookkeeping	**25,813**	8,715
Website costs	**2,196**	12,646
Stationary, Postage, Telephones and IT costs	**16,097**	11,534
Insurance and HR support	**4,292**	2,109
Advertising, Recruitment and Subscriptions	**20,551**	1,670
Staff Travel and Wellness	**10,364**	4,531
Staff Training costs	**16,281**	4,126
Depreciation and profit on disposal	**1,235**	1,583
Other	**1,977**	1,834
	197,433	132,119

Support costs, including governance costs, are apportioned based across the activities shown in note 5 on the proportion of time spent on each activity by staff

8. Governance costs

Governance costs are included within support costs (note 7) and comprise	**Total 31.03.2024 £**	Total 31.03.2023 £
Staff costs	**17,355**	18,017
Independent Examination	**2,720**	2,600
Board expenses and training	**248**	3,213
Strategic work	**-**	3,000
Legal advice - including in-kind support	**49,903**	20,073
Trustee Recruitment	**-**	1,067
Governance support	**4,917**	5,348
	75,143	53,318

9. Net expenditure for the year

This is stated after the following	**Total 31.03.2024 £**	Total 31.03.2023 £
Depreciation of tangible fixed assets	**1,234**	1,045
Profit/(loss) on disposal of Fixed Assets	**-**	(538)
Independent Examination Fees (including VAT)		
- Independent Examination	**2,720**	2,600
- Other Services	**-**	-

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10. Analysis of staff costs and the cost of key management personnel

	Total 31.03.2024	Total 31.03.2023
The staff costs were	**£**	£
Wages and Salaries	**344,494**	325,665
Social Security Costs	**32,103**	28,513
Pension Costs	**15,609**	13,799
	392,206	367,977

No employees received employee benefits (excluding employer pension costs) for the reporting period over £60,000. In 2023 one employee received employee benefits (excluding employer pension costs) of between £60,000 and £70,000.

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expense for the year total £15,609 (2023:£13,799).

The key management personnel of the charity comprise the Trustees, the CEO and the Interim CEO. The total amount paid, including Employers National Insurance and Pension, to the CEO and Interim CEO was £74,896 (2023: £71,134).

No trustees received any payment for their services to the charity (2023: none). Two trustees received payment for professional services to the charity totalling £2,050 (2023: £3,200)

11. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 9.7 (2023: 9.5) with a full time equivalent of 8.0 (2023: 7.9)

12. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

13. Tangible Fixed Assets

	IT Equipment	Total
	£	£
Cost		
As at 1 April 2023	4,181	4,181
Additions	2,154	2,154
As at 31 March 2024	**6,335**	**6,335**
Depreciation		
As at 1 April 2023	1,430	1,430
Charge for the year	1,234	1,234
As at 31 March 2024	**2,664**	**2,664**
Net Book Value		
As at 31 March 2023	2,751	2,751
As at 31 March 2024	**3,671**	**3,671**

14. Debtors

	Total 31.03.2024 £	Total 31.03.2023 £
Trade debtors	**275**	13,400
Prepayments	**2,114**	2,645
Other Debtors	**24**	1,742
Gift Aid Accrued Income	**-**	4,133
	2,413	21,920

All debtors relate to amounts owed within one year

15. Creditors: Amounts falling due within one year

	Total 31.03.2024 £	Total 31.03.2023 £
Trade creditors	**7,149**	5,945
Lease Accrual	**1,640**	1,640
Other Creditors- Social Security	**9,825**	10,268
Accruals	**29,850**	19,001
Grants payable	**715**	9,000
Funds held on behalf of hosted project UFFC	**20,000**	-
Deferred Income (note 16)	**29,000**	7,400
	98,179	53,254

An accrual has been made for grants awarded under the North East Together grant of £600 and Synergi grants programme of £115 by not yet paid at the year end (2022: Synergi grant programme £9,000)

Movement in recognised grant commitments during the year

	Grant Commitments Accrued **31.03.2024 £**	31.03.2023 £
Grant commitment recognised at the start of the year	**9,000**	-
New Grant Commitments charged to the SoFA in year	**8,293**	136,355
Grants paid during the year	**(16,578)**	(127,355)
Amount of grant commitments recognised at year end	**£ 715**	£ 9,000

16. Deferred Income

	Total 31.03.2024 £	Total 31.03.2023 £
Balance at the start of the year	**7,400**	13,250
Released in the year	**(7,400)**	(13,250)
Deferred in the year	**29,000**	7,400
Balance at year end	**£ 29,000**	£ 7,400

Income deferred relates to a grant from Trust for London which was paid in advance of the start date. Income in 2022/23 has been deferred in relation to agreed activities supporting Central North West London NHS Foundation Trust which had not been delivered at the year end.

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17. Analysis of charitable funds

17a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2023 £	Income £	Expenditure £	**Fund balance at 31.03.2024 £**
Unrestricted Funds	97,528	184,247	141,051	**140,724**
Restricted funds				
Blagrave Trust	-	28,500	18,322	**10,178**
City Bridge Trust	-	50,000	32,430	**17,570**
John Ellerman Foundation	24,029	30,000	35,822	**18,207**
Synergi	112,054	456,412	270,609	**297,857**
LGBT Futures	19,410	-	19,410	**-**
North East Together	14,849	24,001	19,040	**19,810**
misery	20,516	10,777	14,774	**16,519**
Mind - Community	-	15,000	15,000	**-**
National Lottery Community Fund- RC London	10,070	138,897	149,095	**(128)**
NSUN Small Grants Programme	699	94	-	**793**
Trust for London	15,466	22,275	37,741	**-**
Women's Environmental Network - misery	-	10,000	5,720	**4,280**
Total Restricted Funds	217,093	785,956	617,963	**385,086**
Total Funds	314,621	970,203	759,014	**525,810**

Restricted Fund	**Purpose of fund**
Blagrave Trust	Reimagining safety - three-year project seeking new, more liberatory approaches to young people's safety and mental health.
City Bridge Trust	Building the resilience and sustainability of grassroots, lived experience led groups in London that work to support the mental health of those in their communities
John Ellerman Foundation	Funding towards core costs of NSUN
Lankelly Chase- Synergi	First year of a 3-year grant for the Synergi Project
LGBT Futures	Funding for the misery herbal walks programme
Mind- NSUN Side by Side Fund	Funding towards the costs of the NSUN Side-by-Side small grants fund
misery	Funds held towards the activities of the misery hosted project
Mind - Community	Community hub grant
National Lottery Community Fund- RC London	Funding towards membership support and community constellations
North East Together	Funds held to support work in the North East
NSUN Small Grants Programme	Restricted donations for small grants
Trust for London	Funding towards Policy Officer and Policy work
Women's Environmental Network - misery	Funds held towards the activities of the misery hosted project

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17. Analysis of charitable funds (continued)
17b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2022 £	Income £	Expenditure £	Fund balance at 31.03.2023 £
Unrestricted Funds	71,914	156,887	(131,273)	97,528
Restricted funds				
2027 Project	1,500	-	(1,500)	-
John Ellerman Foundation	30,000	30,000	(35,971)	24,029
Lankelly Chase- Synergi	2,218	445,532	(335,696)	112,054
LGBT Futures	-	25,000	(5,590)	19,410
Mind Side by Side Fund	1,050	-	(1,050)	-
misery	14,021	38,880	(32,385)	20,516
National Lottery Community Fund- RC London	-	108,213	(98,143)	10,070
North East Together	3,079	18,672	(6,902)	14,849
NSUN Small Grants Programme	-	709	(10)	699
The Tudor Trust	20,083	-	(20,083)	-
The Tudor Trust- development grant	1,310	-	(1,310)	-
Trust for London	9,983	40,525	(35,042)	15,466
Total Restricted Funds	83,244	707,531	(573,682)	217,093
Total Funds	155,158	864,418	(704,955)	314,621

18. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	**Total Funds 31.03.2024 £**	Total Funds 31.03.2023 £
Fixed Assets	1,691	1,979	**3,670**	2,751
Current Assets	336,728	283,591	**620,319**	365,124
Creditors: amounts falling due within one year	(29,703)	(68,477)	**(98,180)**	(53,254)
	308,716	217,093	**525,809**	314,621

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19. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.2024	31.03.2023
	£	£
Financial Assets		
Measured at cost:		
Cash at bank	**617,906**	343,204
Measured at amortised cost:		
Trade Debtors	**275**	13,400
Other Debtors	**24**	1,742
Prepayments	**2,115**	-
Gift Aid Accrued Income	**-**	4,133
Total Financial Assets	**620,320**	362,479
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	**7,149**	5,945
Lease Accrual	**1,640**	1,640
Other Creditors- Social Security	**9,825**	10,268
Accruals	**29,850**	19,001
Grants payable	**715**	9,000
Total Financial Liabilities	**49,179**	45,854

20. Transactions with trustees and related parties

None of the trustees have been paid any renumeration or received any other benefits in relation to their role as Trustees with the charity (2023: none).

During the year, training and board development costs totalling £248 (2023: £2,219) were paid for two Trustees (2023: nine).

During the year one Trustee (2023: nil) received participation payments of £300. This was at the same rate as other participants.

Payments totalling £1,750 (2023: £3,200) were paid to NSUN trustee Shuranjeet Takhar for their role on the Synergi Governance Board. These payments were made under a written agreement and agree to be in the best interest of NSUN by the Trustee board.

In 2022/23 a workshop was delivered to Ten Years' Time during the year with total income of £300. Angela Newton, former Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

In 2022/23 Consultancy was delivered to Taraki Wellbeing during the year with total income of £300. Shuranjeet Takhar, a NSUN trustee is also Director at Taraki. The consultancy was provided on normal commercial terms.

In 2022/23 one Trustee made donations to the work of NSUN totalling £525.

In 2022/23 five trustees were reimbursed expenses incurred as part of their role as a Trustee totalling £762.

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21. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2024 £	Total 31.03.2023 £
Net income for the reporting period (as per the statement of financial activities)	**211,190**	159,463
Adjustment for :		
Depreciation charges	**1,234**	1,045
(Profit)/loss on disposal of equipment	**-**	538
(Increase)/decrease in debtors	**19,507**	(19,752)
Increase/(decrease) in creditors	**44,925**	25,933
Net cash provided by operating activities	**276,856**	167,227

22. Cash at bank and in hand

	Total 31.03.2024 £	Total 31.03.2023 £
Cash at bank	**597,610**	333,011
North East Together Account	**17,256**	8,374
North East Together Cash	**200**	200
Equals Money Card	**2,685**	1,619
PayPal	**155**	-
Total Cash	**617,906**	343,204

23. Analysis of changes in net debt

	31.03.2023 £	Cash flows £	**31.03.2024 £**
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	343,204	274,703	**617,907**
Total net debt	343,204	274,703	**617,907**

Docusign Envelope ID: 815A034D-39EF-4E69-A795-F571289DDF3F

24. Analysis of Grants

	Total 31.03.2024 £	Total 31.03.2023 £
North East Together	**6,600**	-
NSUN Sustaining Spaces Fund	**(950)**	25,355
Synergi Grant Fund	**2,643**	111,000
Total Grants to Institutions	**8,293**	136,355

In 2022/23 The NSUN Sustaining Space fund awarded grants of between £500 and £1,000 to groups facilitating community spaces where people shared identities and experiences come together in support of one another's wellbeing. Grants were funded by Mind's Peerfest Project. In the year £950 was returned.

The Synergi Small Grants programme awarded grants totalling £2,643 to four groups. In 2023/23 37 grants of £3,000 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma to take action on mental health and racial justice.

In 2023/24 North East Together gave grants of £600 to 11 groups supporting mental health in the North East.

No grants were awarded to individuals

Reconciliation to Direct costs (Note 5)	Total 31.03.2024 £	Total 31.03.2023 £
Grants to institutions- NSUN Sustaining Spaces Fund	(950)	25,355
Grants to institutions- Synergi Small Grants	2,643	111,000
Direct cost of administration of funds (including Panel and Evaluation costs)	-	23,565
Total Direct costs of NSUN Grants	**1,693**	**159,920**

Docusign Envelope ID: 815A034D-39EF-4E69-A795-F571289DDF3F

24. Analysis of Grants (continued)

Recipients of Intuitional grants	**Total 31.03.2024 £**	Total 31.03.2023 £
Recipients of NSUN Sustaining Space/Side by Side		
Angels of Hope for Women	**-**	1,000
Be Active Recovery Group	**-**	996
Borashabaa Refugee Community Organisation	**-**	1,000
Community of Cultures	**-**	1,000
Compassionate Conversations	**-**	755
Family Unit Trust	**-**	1,000
GIN LGBTQIA Indian Network	**-**	1,000
Girls Against Anxiety	**-**	1,000
Happy and Healthy	**-**	1,000
Learnest CIC	**-**	1,000
Manchester Roots	**-**	180
Marlborough Theatre Productions	**-**	1,000
Mix Up	**-**	1,000
Out in the Bay	**-**	1,000
Plushealth	**(950)**	950
People Come First	**-**	600
Proud North London	**-**	750
Rotherham Wellness & Wellbeing Through the Arts	**-**	1,000
SAYiT	**-**	1,000
STAR Blackpool	**-**	1,000
Survivors' Poetry	**-**	144
The Black Men's Consortium	**-**	1,000
The Happy Health Hub	**-**	1,000
The Outside Project	**-**	1,000
Together As One	**-**	980
TransSober	**-**	1,000
WOC Azadi Collective	**-**	1,000
Women of Colour Peer Support	**-**	1,000
Total Recipients of NSUN Sustaining Spaces Grants/Side by Side Fund	**(950)**	**25,355**

Recipients of North East Together	**Total 31.03.2024 £**	Total 31.03.2023 £
Autie Mates	**600**	-
Contact Morpeth Mental Health Group	**600**	-
County Durham and Darlington Mental Health Forum	**600**	-
County Durham Peer Support Network	**600**	-
Fungi Sea Days Connect and Flourish Together	**600**	-
Gateshead Clubhouse	**600**	-
Holding Hands North East CIC	**600**	-
Newcastle Bipolar Self Help Group	**600**	-
Teeside Eritrean Community	**600**	-
Thrivers	**600**	-
Tuesday Treckers	**600**	-
Total Recipients of North East Together Grants	**6,600**	-

Docusign Envelope ID: 815A034D-39EF-4E69-A795-F571289DDF3F

24. Analysis of Grants (continued)

Recipients of Synergi Grants	**Total 31.03.2024 £**	Total 31.03.2023 £
Abolition x Health	**-**	3,000
Across Borders	**-**	3,000
ADHD Babes	**-**	3,000
Adira	**-**	3,000
Adiyah Muslim Abortion Collective	**-**	3,000
Adoptee Futures CIC	**-**	3,000
Awaken Genius Alternative Education	**-**	3,000
Babylon Migrants Project	**-**	3,000
BARAC UK	**-**	3,000
Be Active Recovery Group	**-**	3,000
Black Muslim Women Healing Collective	**-**	3,000
Collective Futurism	**-**	3,000
DiaspoRainbow	**-**	3,000
Eritrean Community Teesside	**-**	3,000
Families in Harmony	**-**	3,000
Foundation for Renewal and Fora	**-**	3,000
Golden Careers Champions	**-**	3,000
Holding Hands North East CIC	**-**	3,000
Holding Her Space	**-**	3,000
Hummingbird Senior Citizens Club	**-**	3,000
Mr Boy Cookery School CIC	**-**	3,000
Nejma Collective	**-**	3,000
Nergiz Kurdish Women's Group	**-**	3,000
oestrogeneration	**-**	3,000
Organising our Earth Selves	**-**	3,000
Oxford Community Action	**-**	3,000
Peaks of Colour	**-**	3,000
Resistance Is Our Mother Tongue	**-**	3,000
Therapeutic Productions CIC	**-**	3,000
The Rights Collective	**-**	3,000
The Syria Families Group	**-**	3,000
The Windrush Movement (UK)	**-**	3,000
The Youth Excellence Academy	**-**	3,000
Women's Lounge	**-**	3,000
York Anti Racist Collective	**100**	3,000
Yuvanis Foundation	**-**	3,000
Other	**2,643**	3,000
Total Recipients of Synergi Grants	**2,743**	111,000
Total Grants to institutions	**8,393**	136,355

NATIONAL SURVIVOR USER NETWORK

England & Wales - Charity number 1135980

Accounts

National Survivor User Network

A company limited by guarantee

up to 6 June 2023

A Charitable Incorporated

Organisation (CIO) from 6 June

2023

Report and Financial Statements

For the year ended 31st March 2023

CIO Number 1135980
Company Number 07166851 (up to 6 June 2023)

National Survivor User Network
Trustees' Annual Report for the period for the year ended 31st March 2023

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National Survivor User Network
Trustees' Annual Report for the period for the year ended 31st March 2023

Reference and Administrative Information

Charity Name:	National Survivor User Network
CIO Registration Number:	1135980
Company Registration Number:	1032145 (up to 6 June 2023)
Registered Address:	National Survivor User Network 150 Minories London EC3N 1LS
Trustees:	The Trustees of the CIO are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2022 up to the date of approval of these financial statements were as follows:

Alisdair Cameron	
Micha Frazer-Carroll	from 28th February 2023
Angela Newton, Chair	
Amy Palmer	
Jonathan Rackham	until 15th November 2023
Emily Reynolds	
Rachel Rowan Olive	
Amy Rushton	
Aqsa Suleman	from 28th February 2023
Tasha Suratwala	
Shuranjeet Takhar	

CEO :	Akiko Hart (until 1st June 2023)
Interim CEO :	Jen Beardsley (from 1st June 2023)
Independent Examiner:	Michael Tourville, Beever and Struthers, 150 Minories, London, EC3N 1LS
Principal Bankers:	CAF Bank Ltd, 25 Kings Hill Ave, West Malling, ME19 4JQ
Solicitors:	Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2023. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011, and the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The Charity converted from an incorporated charity to a Charitable Incorporated Organisation (CIO) on the 6 June 2023. The Charity has opted for the Association model.

The Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of activities, including:

- building capacity in our membership;
- strengthening local, regional and specialist networks;
- capacity building and information sharing;
- influencing mental health policy and practice;
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members; and
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy.

Review of Achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live on the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience of mental ill-health, distress or trauma which may include racial trauma.

2022/2023 Activities:

As stated in the 2021/22 Trustees' Annual Report, NSUN's aims for 2022/23 were to:

- Develop and launch a new strategy and Theory of Change
- Develop and launch a new membership structure and offer
- Consolidate the growth of the organisation and put in place additional support structures for staff in light of the growth of the team
- Launch the second phase of Synergi, a programme of work on racial justice and mental health, which will include a small grants fund
- Continue to promote and amplify members' perspectives, voices and campaigns through communications
- Develop policy work alongside NSUN members, with a particular thematic focus in 22/23 on migrant justice and mental health
- Build on the capacity building work of Community Constellations, with a particular focus on youth-led work and groups led by and for people from racialised communities
- Convert to a CIO

These aims were achieved as follows.

NSUN's Theory of Change (https://www.nsun.org.uk/about-us/what-we-do/) was launched in June 2022, and was praised by members and stakeholders for its clarity and ambition. The Annual Report is structured around its four themes: Knowledge, Collaboration, Voice and Resourcing.

Knowledge

Building, amplifying and distributing the knowledge that is held by people with lived experience of mental ill-health, distress and trauma

NSUN builds, amplifies and distributes the knowledge that is held by people with lived experience of mental ill-health, distress and trauma, by platforming members' voices in a variety of ways – through the weekly bulletin, blogs and articles, supporting members' research, and sharing members' work and voices in a variety of contexts.

In 2022 –2023, NSUN published twenty-three pieces from members, including book reviews, research articles, podcasts and opinion pieces. The communications team now have relationships with publishers who send over advance review copies of relevant books to share with members who wish to write reviews, for example Leila's review of *The Muslim, State and Mind*. Some members have contributed interventions into debates around psychiatry, mental health, and the nature of community and solidarity – debates which are central to NSUN's work, for instance, Heather Cobb's "Beyond serotonin, I'll see you there" or Harry Josephine Giles' "Transitioning Out of Psychiatry". Other members' blogs consider the practices, policies and working conditions within the academic, healthcare and voluntary-sector spheres of the mental health world, such as Sohail Jannesari's "Participatory research in mental health and migration", Kadra Abdinasir and António Ferreira's podcast "Lived experience work: anti-racism and mental health" and "Unionisation options for lived experience workers" by Mike McKeown.

These member publications and other relevant news, articles and opportunities are showcased in NSUN's weekly bulletin to members. In the 2022 membership survey, the bulletin was the most common theme raised in feedback, with respondents emphasising its ability to bring the community together and act as a cohesive space to access relevant news and opportunities in the user-led and radical mental health thinking field. More than half of respondents (59%) had connected with other user-led groups, events, projects, or involvement opportunities as a result of NSUN's communications and resources. One member shared: "Reading the resources that I have found on the NSUN bulletin has transformed my understanding of my own lived experience of distress from one of isolation and rejection to one of belonging to a political and social movement."

Following the recommendations of NSUN's Lived Experience Leadership 2021 report, Mind commissioned NSUN to explore how Mind and partners can support and resource lived experience leaders through lived experience hubs. This piece of work scoped the need and purpose of lived experience hubs, and Mind's role in developing them.

NSUN is also collaborating with Mental Elf to commission a series of research blogs written by people with lived experience of mental ill-health, distress and trauma. The blogs, to be published in 2023, will summarise and respond to recently published mental health research and will explore what that research means from the perspective of someone with lived experience.

Collaboration

Creating collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work; building nurturing conditions within mental health work that prioritise care

NSUN creates collaborative spaces with members and partners through coalitions and networks to build momentum and sustainability for the work.

In 22–23, NSUN has thought deeply about how to communicate and collaborate. NSUN is a remote organisation and has recently focused on online events, which still make up an important part of the membership offer. For instance, the 2022 Members' Event attracted 109 attendees for a day of online panel discussions, workshops and connection. Panels and workshops included 'Telling the story of survivor history and activism', 'Re-imagining safety', and 'Mental health in a hostile environment'. Recordings and transcripts, as well as an online creative exhibition with contributions from the membership, have been collated on a dedicated website: https://nsunmembersevent2022.com/

After attending the 2022 Member's Event, feedback included:

"I am already feeling the benefit of hearing all the nuanced views and lived experiences of the participants. Things I'd not thought of. This is what sharing lived experience is all about!."

"It's just so nice to be in a room with like-minded people, where conversations about marginalisation, power imbalance and the inherently abusive structures we tend to work within are just accepted as truth and don't feel like radical things to say."

However, in 22/23, NSUN also engaged in more face-to-face work than in previous years during the pandemic. The 2022 AGM was hosted in person in February. The membership voted to convert NSUN to a CIO, which was completed on the 6th June 2023. In summer 2023, a new membership offer will be developed and launched.

Face-to-face work also focused on specific localities. Through the Community Constellations programme, NSUN has developed strong relationships with Women of Colour-led groups in Yorkshire & the North East, including:

- WoC Azadi, a user-led collective of Women of Colour exploring collective healing and liberation. Through building a supportive relationship, NSUN enabled WoC Azadi to apply for a small grant from the Sustaining Spaces fund – something which may not have been possible had NSUN not had the time and capacity to put into building trust. The grant has allowed WoC Azadi to hold a mix of in-person and online events.
- ADIRA, a survivor-led mental health & well-being organisation supporting Black people with mental health issues
- Sistren Legal Collective, a new Women of Colour-led group which offers advice, support and education around legal and financial structures for user-led groups, especially those led by people of colour

Diversifying how NSUN collaborates has helped the organisation understand how digital exclusion, poverty and local contexts impact members' engagement with NSUN, and has given the team insights into how to navigate these barriers.

NSUN's collaborative work also includes hosting two grassroots collectives and networks, North East together and misery, acting as a fiscal host for UFFC, and awarding a subgrant to the 2027 Community Power Project.

North East together

In 2022 for the first time North East together carried out a series of focus groups for the new NHS ICS (Integrated Care System), looking at how best NHS 111 and Crisis Services can best respond to support people in a time of crisis. Groups were held in North Tyneside, Gateshead, Durham, and Middlesbrough.

North East together were also asked by The Northern Clinical Network to carry out further focus groups to look at mental health and inequalities, particularly on the Cost of Living Crisis and its impact on peoples' mental health. This work was launched with a workshop at the 2023 AGM at Gateshead Clubhouse. Other focus groups were held in North Tyneside and Middlesbrough in March, with further groups to be held in the next financial year.

North East together also supported various research groups across the region on a variety of subjects including the impact of using Making Every Contact Count to support people in secure hospital wards to manage their weight better, how to improve the support for people with a mental health condition who want to stop smoking, and how to encourage people with mental health conditions to take up cancer screenings when invited to attend.

Looking forward to the coming year, North East together is delighted that, with assistance from NSUN, they have been awarded a grant from National Mind to support their work and plan to use this to increase their reach and membership across the region.

misery

Over 2022/2023, misery was a hosted project benefiting from the container of NSUN's policies, legal structure and accounts. Over the year misery successfully delivered their monthly 'misery medicine: plant magic' programme that saw hundreds of queer, trans, intersex, Black, people of colour (QTIBPOC) visiting, connecting, and learning about different green spaces in London and foraging for herbal remedies found there. misery also partnered with various mental health, arts, and social justice organisations and projects to deliver additional projects, including Brent Biennial, the Science Museum and Land In Our Names. In addition, misery hosted a summer sober rave at the Yard in Hackney Wick and participated in other LGBTQ music and nightlife events such as Body Movements Festival. Alongside securing their biggest grant to date (£25k) from The National Lottery Community Fund via LGBT Consortium LGBTQ+ Futures: Equity Fund, misery was also awarded a Marsh Award for Mental Health Peer Support by Mind, in particular for their contributions and innovation in creativity in peer support.

2027 Community Power Project

In 2022/23, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Community Power Project, which focused on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts. The goal of this research was to help map and understand the current system dynamics, blockers, opportunities and examples of good practice, as well as to identify potential partners. The data has been collected and analysed, and recommendations are being put into place.

UFFC

The United Friends and Families Campaign (UFFC) is a coalition of those affected by deaths in police, prison and psychiatric custody, and supports others in similar situations. Established in 1997 initially as a network of Black families, over recent years the group has expanded and now includes the families and friends of people from varied ethnic and cultural backgrounds. NSUN is acting as fiscal host for UFFC in order for them to access a grant of £80,000 from the Joseph Rowntree Charitable Trust.

Voice

Building an alternative approach to mental health policy work, challenging traditional silos, unjust hierarchies of evidence, and harmful demands for data and visibility. This comes at a time where the external environment is one of hostile and unjust structures, systems and legislation.

NSUN's policy work is funded by Trust for London to take a social determinants approach to mental health, looking at poverty and precarity, and its impact on mental health. A further grant was secured from the Joseph Rowntree Charitable Trust to focus on mental health and migrant justice policy work.

This work has included

- Supporting and amplifying the StopSIM coalition, a grassroots campaign against the criminalisation of mental ill health, distress and trauma, and connecting them with other organisations including Medact
- Publishing a series of briefings for members on different policy announcements, for example on the Emergency Budget: https://www.nsun.org.uk/news/nsun-statement-on-the-emergency-budget/
- Commissioning a series of articles from members on Migration, Mental Health and Racial Justice: https://www.nsun.org.uk/category/mental-health-racial-justice-and-migration/
- Increasing NSUN's media presence through building relationships with journalists and providing quotes for the press including the Guardian and Disability News Service. NSUN's Policy Manager was interviewed for a podcast on co-production, racial justice and mental health: https://www.quahrc.co.uk/resources/qualitative-open-mic-anti-racist-qualitative-health-research-episode-4-%E2%80%93-mary-sadid-on

NSUN's work on the Mental Health Act has included the following:

- The CEO of NSUN chaired the Mental Health Alliance, a network of civil society organisations working on mental health legislation
- Feeding into a Parliamentary POST briefing on reform of the Mental Health Act and Race and Ethnic Inequalities: https://researchbriefings.files.parliament.uk/documents/POST-PN-0671/POST-PN-0671.pdf
- Responding to the Joint Committee's report on the draft Mental Health Bill: https://www.nsun.org.uk/news/nsun-response-to-the-joint-committees-report-on-the-draft-mental-health-bill/
- Giving evidence at the Formal Meeting (oral evidence session) of the draft Mental Health Bill: https://committees.parliament.uk/event/14894/formal-meeting-oral-evidence-session/

Coalitionary and partnership work has included membership of the Keep the Lifeline campaign on the Cost of Living Crisis, work with the Disability Benefits Consortium on legacy benefits, managed migration and further disability specific issues, and membership of the DPO Forum which includes work on disability poverty and advocacy.

NSUN has also worked on Liberty's Safer Communities Project, a collaborative project and publication on young people and 'serious youth violence' for which NSUN is contributing a chapter on mental health, to be published in May 2023.

Single Sex Spaces

NSUN published a report, Single Sex Spaces (https://www.nsun.org.uk/resource/single-sex-spaces-2023/), which explored the discrimination and harm that trans and non-binary service users experience in mental health care settings. The report is based on desk-based research and a survey and was led by a trans and non-binary researcher. It sets out recommendations for policy and practice that may help to ensure the needs of trans and non-binary service users are not undermined or neglected. The report was widely circulated and praised by LGBTQ and mental health civil society stakeholders.

Resourcing

Working with funders, and acting as a microfunder to redistribute resources to grassroots user-led groups and establish better practice

Sustaining Spaces Fund

The Sustaining Spaces Fund awarded twenty-seven small grants of between £500 and £1000, totalling £25,180, to groups facilitating community spaces where people with shared identities and experiences come together in support of one another's wellbeing. The Fund was open to peer support, mutual aid or self-help groups, but was not limited to groups defining themselves in this way. It funded groups who were led "by and for" members of communities.

The Fund prioritised applications from:

- Groups led by and for people from racialised communities/people of colour
- Groups led by and for young people (approximately defined as 18–25)
- Groups led by and for people from LGBTQ+ and QTIBPOC communities

This fund was supported by Mind's PeerFest programme.

Training Opportunities

NSUN also supported grassroots user-led groups to access resources like funding, training, connection and support for development, so that their unique work can thrive and be sustainable. For example, in 2022 NSUN commissioned a trans awareness training session from Gendered Intelligence which twenty-one members attended. Based on the positive feedback, NSUN is commissioning further training for groups including around governance and community organising.

Influencing Funders

NSUN's resourcing work also involves sharing learning with other organisations to create sector-wide change. In December 23, NSUN published Funding Grassroots Mental Health Work: https://www.nsun.org.uk/resource/funding-grassroots-mental-health-work/. The report is based on a survey of 137 grassroots user-led mental health groups regarding their funding experiences. These small and often-overlooked groups do vital and urgent work to support the mental health and wellbeing of their communities in many different ways, with limited capacity and resources.

Key findings included:

- those who had previously applied for funding reported inaccessible, inflexible and overly-complicated processes;
- over half of the groups surveyed did not feel that funders understood their work or the reality of the conditions they operate under.;
- groups who had not previously applied for funding had many reasons. They often simply struggle to know what funding opportunities are available. They might be put off due to rigid eligibility requirements around things like structure, or they are discouraged by extensive application and reporting processes, which are regarded as inaccessible;
- grassroots groups urgently need more funding pots where they can apply for money to go towards core costs to be made available; and
- funding norms are having a negative impact on the already-difficult working conditions of those in user-led organisations. Burnout, fatigue, and precarious working conditions were prominent themes in this research. The process of applying for funding is exhausting and financial insecurity creates huge amounts of anxiety. This is on top of the work itself already being emotionally taxing and deeply personal.

The report included some action points for funders, including:

- Increasing simplicity, flexibility and transparency
- Offering support and interactivity to small, user-led groups
- Making the offer less project-bound
- Working towards trust
- Rejecting a one-size-fits-all approach and developing their understanding of the work of user-led groups

In February 2023, NSUN presented the findings to a National Lottery Community Fund learning session to explore how funding officers who are on the frontlines of grantmaking can make their funding offer work better for groups doing grassroots mental health work. One attendee described the session as "really helpful in framing how smaller grassroots orgs [. . .] stop people reaching the point of crisis further down the line. I'll remember this and will take it away in my work and in the conversations that I have both internally and externally."

Synergi

NSUN secured a three year grant from Lankelly Chase to host Synergi, a complex and ambitious programme of work focusing on the intersection of racial justice and mental health, from April 2022. Synergi works with grassroots groups and community organisers, and connects, amplifies, celebrates and resources this work.

In 2022/23, Synergi ran a small grants programme, which awarded thirty-seven grants of £3000 (total: £111,000) to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma, to take action on mental health and racial justice. The grants programme was open for a month and received 307 applications. Work funded included collective care, campaigning, and change-making. The priority areas included:

- Groups led by and for people from Muslim communities (27% of applications, 19% of grants)
- Groups led by and for trans and non-binary communities (9% of applications, 29% of grants)
- Groups led by and for refugees and/or people seeking asylum (33% of applications, 9% of grants)
- Groups whose work engages with an abolitionist framework (20% of applications, 28% of grants)
- Groups with a yearly project income of under £25,000 (60% of applications, 15% of grants)
- Groups with non-traditional structures, including those that are unregistered (35% of applications, 22% of grants)

Following on from this grants programme, Synergi will deliver the following workstreams over the next two years:

- Community Responses to Mental Health: working with grassroots groups to experiment with community-based mental health care
- Supporting Movement Spaces: working with grassroots groups to support movement building work
- Grants Programme: running an annual grants programme and influencing funders to fund differently
- -Festival/Remembrance as Resistance: a creative culmination of all the workstreams

Key aims for 2023/24 include:

- following on from the CIO conversion, to develop and deliver a refreshed membership offer for groups and individuals;
- continuing to promote and amplify members' perspectives, voices and campaigns through communications;
- working in partnership with three youth organisations to deliver 'Re-imagining safety', a project on young people and safeguarding;
- working in partnership with a member to develop a member-led research project on menstrual health needs in psychiatric settings;
- creating a series of connective spaces for grassroots groups working on migrant justice and mental health; and
- delivering a second grants programme through Synergi and developing and delivering an offer to support grassroots groups in the Synergi network.
- Consolidating the recent growth of the organisation

Financial review

Income for the year ended 31st March 2022 totalled £864,417 (2021: £508,168) and increased by £356,249 from the previous year. The largest area of increase was seen in Grants and Donation which rose by £397,469 when compared with the previous year. The area which saw the greatest increase was grant income, which rose by £454,805, driven by the receipt of the first installment of a large three year grant from Lankelly Chase towards the work of Synergi with income of £445,532 in this financial year.

NSUN's principal source of funds during 2022–23 was income from grants and totalled £773,320 (2022:318,515) and comprises 89% of income (2022: 63%). The previous year saw an unusually low percentage income from this source driven by unusually high one-off donation income associated with the 2027 Project.

Expenditure totalled £704,954 (2021: £487,558) for the year ended 31st March 2023, an increase of £217,299 when compared with the previous year. This rise was driven, in the main, by costs associated with the first year of the Synergi porgramme of work, which rose by £214,396 with expenditure in 2021/22 having represented the scoping phase of the project only. Costs associated with Collaboration fell by £89,546 with 2021/22 having seen costs of £69,903 associated with the 2027 project which weren't repeated in the 2022/23 financial year, a fall in costs associated with our Membership and Community Constellation work of £17,196 and £29,483 respectively driven by a fall in support costs. These falls were offset by new expenditure associated with misery of £42,646, which started its hosting arrangement with NSUN during 2022/23. Costs associated with Voice increased by £27,194 with the start of our JRCT funded work and the employment of our new Migration and Rights Assistant. Total costs associated with staff across NSUN have increased by £177,652 to £367,978 (2022:£190,326) due to the expansion of the team from an average full time equivalent of 7.9 from 4.9 in the 2021/22.

Support costs including governance costs, remained relatively stable overall at £132,119 (2022:£135,067). Higher staff costs by £14,390 associated with supporting the larger team was offset by a fall in non-staff governance of £21,852 as a result of lower expenditure on board training, strategic support and pro-bono legal support.

Fundraising costs totalled £20,684 (2022:18,103). Fundraising costs relate to staff time spent on grant fundraising and associated support costs and the investment saw grant income of £773,320 received from these sources. As well as funds secured in the year, investment of time in fundraising in the year also saw the award of £164,039 for the 2023/24 financial year.

Total funds, reserves policy and going concern

Total funds at 31st March 2023 were £314,621 (2022: £155,158) and comprised restricted funds of £217,093 (2022: £83,244) and unrestricted funds of £97,528 (2022: £71,914). The largest remaining restricted funds comprise funding for the Synergi programme of work (£112,054), funding from the John Ellerman Foundation towards core costs (£24,029) and funding held on behalf of misery, a hosted project (£19,410 from LGBT Futures and £20,516 of funds restricted for the project). Unrestricted funding was comprised of funding from a number of unrestricted grants towards project and core costs in the 2023/24 financial year of £56,848 and unrestricted income from donations and contracts.

The Trustees review the charity's reserves policy annually and aim to hold three months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectation they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £164,665 including £56,848 in relation to unrestricted grants to be used in the coming year.

	2023	% of target	2022	% of target
Reserves Target	**£170,780**		**£143,267**	
Made up of				
Unrestricted Grants	£ 56,848		£ 38,537	
Unrestricted Reserves Requirement	£113,932		£104,730	
Actual Free Unrestricted Reserves	**£94,777**		**£70,452**	
Made up of				
Unrestricted Grants	£56,848		£38,537	
Other Unrestricted Reserves	£37,929	33%	£31,915	30%

At the 31st March 2023 unrestricted free reserves, excluding fixed assets, totalled £94,777. This comprised 33% of the unrestricted reserves requirement excluding grants. This compares to 30% of the unrestricted reserves requirement in the previous year. Actual reserves excluding grants saw a growth of £6,600 during the year and Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at the level set by the reserves policy due to unrestricted income making up a low proportion of NSUN's overall income.

The Trustees have reviewed the budgets for the 2023/24 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

Grant Making Policy

NSUN's grantmaking policy is specific to the funds being distributed and is in line with the conditions of the funder, which during the 2022/23 financial year was the Sustaining Spaces Fund, funded by Mind's PeerFest programme, and the Synergi small grants scheme, funded by Lankelly Chase. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user-led groups. Grants were awarded to groups in England.

Applications for both funds were invited through the weekly bulletin and advertised widely through social media channels. It is NSUN's policy to make grants as accessible as possible and applications were made through using a light-touch form and with the offer of support from a grants officer.

For the Sustaining Spaces Fund, applications were reviewed on a first-come-first-serve basis and were shortlisted by member of the Communities and Grants team. The panel met each week for the duration of the fund and comprised the CEO, one NSUN Trustee, Mind Peerfest representation and NSUN members. Where successful, restricted grants were awarded to groups subject to agreement with the terms and conditions set out in the grant agreement. NSUN's policy is that all grantees confirmed full expenditure of the grant in writing, and received a follow-up call with a member of the Communities and Grants team to confirm discuss impact of the funding. Grants were awarded to user-led groups or organisations, which were run, governed or delivered by people with direct experience of the kinds of challenges faced by the people they intend to help or support.

For the Synergi Grants, applications were received over a period of three weeks at the start of 2023. Applications were longlisted by teams of two Grants Officers who comprised members of the Synergi Grants Staff team, NSUN Communities and Grants team and NSUN's Communications Team as well as a freelance associate. Longlisted applicants received a follow-up call from a grants officer and the strongest applications were shortlisted by the Grant Officer team. Shortlisted applications went to one of two panels comprising of the CEO, an NSUN board member, NSUN members and various independent parties with an interest in the work. Where successful, restricted grants were awarded to groups, subject to agreement with the terms and conditions set out in the grant agreement. NSUN's policy is that all grantees confirmed full expenditure of the grant in writing, and received a follow-up call with a member of the Synergi team to discuss the impact of the funding. Grants were awarded to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma, to take action on mental health and racial justice.

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks.

The Board review the risk register at every Board Meeting (at least quarterly) which lists the key risks identified together with a risk score calculated based on the probability and the potential impact of the risk concerned. A separate Synergi High Level Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

1) The limited number of grantmaking trusts and foundations which fund NSUN's work and the low level of unrestricted reserves together with the approaching end of multiyear funded at the end of the 2022/23 year mean that potential funding gaps are a key risk for the organisation. This is being managed though a fundraising strategy which identifies funding pipelines and seeks to diversify income sources where possible. 100% of funding has been secured for 2022/23 and the funding pipeline is discussed at every board meeting, looking several years ahead.
2) The significant growth of the organisation, with the start of the Synergi programme of work, as well as the reliance of key members of staff was another key risk over the year. The creation of the Head of Operations and Finance role provided additional support for the CEO and reduced the risk overall. Continued integration of the larger team, following the recruitment of a new CEO and Synergi Director remains a key focus for the 2023/24.
3) The Cost of Living Crisis was a further key risk during the year. Whilst the organisation is sheltered from increasing operating costs as a result of operating remotely with low overheads, the personal impact on the staff team remains a significant risk, both to individuals' wellbeing and to staff retention. We were grateful to have received uplift funding from a number of funders which enabled us to provide Cost of Living payments to staff over winter 2022 and will again enable us to make these payments in winter 2023 alongside a small Costs of Living increase.

Contribution made by volunteers

We are incredibly grateful to all of the volunteers, many of whom have provided considerable pro-bono support valued at £20,073 (2022:£32,878) and included within the financial statements. In the year ended March 2023 this support related to pro-bono legal support around the CIO conversion.

Structure Governance and Management

Up to 6 June 2023, National Survivor User Network (NSUN) was a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 1032145.

Following final approval at the AGM in February 2023, NSUN's conversion to a Charitable Incorporated Organisation (CIO) was completed by the charity commission on the 6th June 2023. NSUN's charity number remains 1135980 and the governing document from this point is its Constitution. The charity continues to operate in England.

Trustees are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Constitution states that the minimum number of Trustees should be three and the maximum twelve. A third of trustees must retire at each AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice- Chair, CEO and Head of Operations and Finance and offered training as necessary.

The Board meets at least five times a year.

Day-today management of the charity has been delegated to the CEO. The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

During the year, there were eleven other members of staff ("Associates") who are line managed and appraised by the CEO. The staff team was supported by several freelance associates.

The Board makes use of tasks and finish groups and sub committees where needed to undertake specific tasks. In 2022/23 a group of trustees supported the Board development process, a further group of trustees supported the recruitment of new trustees and a number of trustees meet informally to review the finance papers.

The Board was also supported in it's work around the Synergi Project by the Synergi Governance Board, which comprised six members with a specific interest in the work, including one member of the NSUN Board of Trustees. The Governance Board operates under a terms of reference approved by the NSUN Board.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note twenty to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity was passed at the Annual General Meeting on the 28th February 2023.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 12th July 2023 and was signed on its behalf, by:

Angela Newton

Angela Newton
Chair

Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity trustees on my examination of the financial statements of the charity for the year ended 31 March 2023 which are set out on pages 21 to 43.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records ; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Tourville

Michael Tourville FCA

Beever and Struthers

Chartered Accountants

150 Minories

London

EC3N 1LS

Date: 1 September 2023

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2023

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2023	Unrestricted Funds	Restricted Funds	Total 31.03.2022
		£	£	£	£	£	£
Income from:							
Legacies and Donations							
Grants and Donations	3	143,354	680,812	824,166	134,627	292,070	426,697
Charitable Activities							
Contracts and Consultancy		12,734	26,718	39,452	61,950	19,521	81,471
Interest		799	-	799			
Total Income		156,887	707,530	864,417	196,577	311,591	508,168
Expenditure on:							
Costs of raising funds	4	20,684	-	20,684	18,103	-	18,103
Charitable Activities							
Knowledge		9,450	54,474	63,924	35,272	31,208	66,480
Collaboration		8,933	124,635	133,568	82,970	140,144	223,114
Voice		61,239	42,050	103,289	31,876	44,219	76,095
Resourcing		30,967	16,826	47,793	2,652	36,058	38,710
Synergi		-	335,696	335,696	29,095	35,961	65,056
Total Charitable Activities	4	110,589	573,681	684,270	181,865	287,590	469,455
Total Expenditure		131,273	573,681	704,954	199,968	287,590	487,558
Net income/(expenditure)		25,614	133,849	159,463	(3,391)	24,001	20,610
Transfer between funds		-	-	-	1,848	(1,848)	-
Net movement in funds for the year		25,614	133,849	159,463	(1,543)	22,153	20,610
Reconciliation of funds							
Total funds brought forward	16b	71,914	83,244	155,158	73,457	61,091	134,548
Total funds carried forward	17	97,528	217,093	314,621	71,914	83,244	155,158

All income and expenditure derive from continuing activities. The Statement of Financial Activities includes all gains and losses recognised during the year. The notes on pages 25-43 form an integral part of these financial statements

National Survivor User Network
Balance Sheet
As at 31 March 2023

Charity Number 1135980

	Notes	31.03.2023	31.03.2022
		£	£
Fixed Assets			
Tangible assets	12	2,751	1,462
Total Fixed Assets		2,751	1,462
Current Assets			
Debtors	13	21,920	2,168
Cash at bank and in hand	21	343,204	178,849
Total Current Assets		365,124	181,017
Creditors:			
Creditors falling due within one year	14	53,254	27,321
Net Current Assets		311,870	153,696
Total Assets less current liabilities		**314,621**	**155,158**
Total Net Assets		**314,621**	**155,158**
The Funds of the charity:			
Unrestricted income funds		97,528	71,914
Restricted income funds		217,093	83,244
Total charity funds	17	**314,621**	**155,158**

The financial statements set out on pages 22-43 were approved by the Trustees and authorised for issue on 12th July 2023 and signed on their behalf by:

Angela Newton

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Angela Newton (Chair)

The notes on pages 25-43 form an integral part of these financial statements

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2023

	Notes	31.03.2023	31.03.2022
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	20	167,227	25,128
Cash flows from investing activities			
Purchase of tangible fixed assets		(3,147)	(1,457)
Proceeds from sale of fixed assets		275	0
Net cash (used in) provided by investing activities		**(2,872)**	**(1,457)**
Change in cash in the reporting period		164,355	23,670
Cash at the beginning of the reporting period		178,849	155,178
Cash at the end of the reporting period	21	343,204	178,848

The notes on pages 25-43 form an integral part of these financial statements

1. Basis of Preparation

1.a Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

1.b Legal Form

National Survivor User Network was a charitable company incorporated in England under the Companies Act 2006 up to 6 June 2023, when it then converted to a Charitable Incorporated Organisation. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 150 Minories, London, EC3N 1LS. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2. Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2. Accounting Policies (continued)

2.g Donated goods and services/facilities
Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.j Allocation of governance and support costs
Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and deferred income
Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors
The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash
Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by the charity
Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

3. Grants and Donations

	Unrestricted Funds	Restricted Funds	Total 31.03.2023	Total 31.03.2022
	£	£	£	£
Donations from Individuals and organisations	2,381	27,942	30,323	75,304
Grant Income (note 3b)	120,450	652,870	773,320	318,515
Donated gift and services (note 3c)	20,523	-	20,523	32,878
	143,354	680,812	824,166	426,697

3b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	Restricted Funds	Total 31.03.2023	Total 31.03.2022
	£	£	£	£
Be the Earth Foundation	-	3,600	3,600	-
Esmee Fairbairn Charitable Trust- Core grants	-	-	-	66,000
John Ellerman Foundation	-	30,000	30,000	30,000
Joseph Rowntree Charitable Trust	30,321	-	30,321	-
Joseph Rowntree Charitable Trust- UFFC	1,333	-	1,333	-
Lankelly Chase- Knowledge Fund	31,000	-	31,000	30,000
Lankelly Chase- Synergi	-	445,532	445,532	38,179
LGBT+ Futures: Equity Fund	-	25,000	25,000	-
Mind Peerfest- Sustaining Spaces Fund	-	-	-	29,920
Mind Sustaining Spaces Fund	33,864	-	33,864	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	-	-	2,554
National Lottery Community Fund- RC London and South East Region	-	108,213	108,213	59,614
Kings College London- Student Mental Health Research Network	-	-	-	1,848
The Tudor Trust	22,000	-	22,000	20,000
The Tudor Trust- development grant	-	-	-	5,000
Trust for London	-	40,525	40,525	35,400
University of Wolverhampton - SMaRteN	1,932	-	1,932	-
	120,450	652,870	773,320	318,515

No Government Grants were received in 2023 or 2022. As set out above funds were received from the National Lottery Community Fund totalling £108,213 (2022: £55,614).

3c. Donated goods, Facilities and Services

	Total 31.03.2023 £	Total 31.03.2022 £
Use of meeting rooms and office space	-	-
Membership Subscriptions	450	-
Legal Advice in relation to Articles of Association	20,073	29,628
Coaching Support for CEO	-	1,000
Communications Support	-	-
Consultancy	-	-
Room Hire	-	2,000
Waived Contributors Fees	-	250
	20,523	32,878

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers

4. Resources expended

	Direct Staff Costs	Direct Costs	Support Costs (Note 6)	Total 31.03.2023	Total 31.03.2022
	£	£	£	£	£
Costs of Raising Funds	17,339	-	3,345	20,684	18,103
Charitable Activities					
Knowledge					
Communications	39,616	2,262	15,426	57,304	63,477
Other Projects	-	4,400	-	4,400	3,003
National Elf partnership	-	2,220	-	2,220	-
	39,616	8,882	15,426	63,924	66,480
Collaboration					
Membership	27,983	2,743	10,935	41,661	58,857
Community Constellations	26,554	400	10,034	36,988	66,471
Lived Experience Leadership	-	-	-	-	7,648
Mind Peer Support	-		-	-	4,653
Hosted Projects- North East Together	2,015	6,902	772	9,689	7,195
Hosted Projects- Survivor Researcher Network	732	-	129	861	8,387
Hosted Projects- misery	4,720	36,255	1,672	42,647	-
Hosted Projects- 2027 Project	732	-	129	861	69,903
Hosted Projects- UFFC	732	-	129	861	-
	63,468	46,300	23,800	133,568	223,114
Voice					
Influencing policy work	61,428	1,850	39,236	102,514	68,956
Keeping Control	-	-	-	-	846
Other Projects	-	775	-	775	6,293
	61,428	2,625	39,236	103,289	76,095
Resourcing					
Grants to user led groups (note 21)					
NSUN Covid-19 Fund	-	-	-	-	5,237
NSUN Side by Side Fund	-	-	-	-	33,473
Sustaining Spaces	15,442	27,172	5,179	47,793	-
	15,442	27,172	5,179	47,793	38,710
Synergi					
Synergi Project	105,944	15,900	33,694	155,538	65,056
Synergi Small Grants Scheme	35,971	132,748	11,439	180,158	-
	141,915	148,648	45,133	335,696	65,056
Total Cost of Charitable Activities	321,869	233,627	128,774	684,270	469,455
Total Costs	339,208	233,627	132,119	704,954	487,558

5. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 6)	Total 31.03.2022
	£	£	£	£
Costs of Raising Funds	11,748	-	6,355	18,103
Charitable Activities				
Knowledge				
Communications	31,495	2,881	29,101	63,477
Other Projects	619	2,050	334	3,003
	32,114	4,931	29,435	66,480
Collaboration				
Membership	26,763	6,873	25,221	58,857
Community Constellations	27,341	13,508	25,622	66,471
Lived Experience Leadership	1,844	4,600	1,204	7,648
Mind Peer Support	619	3,700	334	4,653
Hosted Projects- North East Together	619	6,242	334	7,195
Hosted Projects- Survivor Researcher Network	1,446	6,027	914	8,387
Hosted Projects- 2027 Project	500	69,403	-	69,903
	59,132	110,353	53,629	223,114
Voice				
Influencing policy work	37,719	1,500	29,737	68,956
Keeping Control	-	846	-	846
Other Projects	608	5,150	535	6,293
	38,327	7,496	30,272	76,095
Resourcing				
Grants to user led groups (note 21)				
NSUN Covid-19 Fund	2,713	450	2,074	5,237
NSUN Side by Side Fund	4,672	24,854	3,947	33,473
	7,385	25,304	6,021	38,710
Synergi				
Synergi	16,155	39,546	9,355	65,056
Total Cost of Charitable Activities	153,113	187,630	128,712	469,455
Total Costs	164,861	187,630	135,067	487,558

6. Support Costs

	Total 31.03.2023 £	Total 31.03.2022 £
Support Staff Costs, including governance (see note 7)	42,280	27,890
Direct Governance costs (see note 7)	35,301	57,153
Consultancy	-	-
Legal and Professional Fees	5,790	140
Storage	-	461
Use of rooms - in kind donations	-	-
Payroll, Accountancy and Bookkeeping	8,715	9,797
Website costs	12,646	10,290
Stationary, Postage, Telephones and IT costs	11,534	12,134
Insurance and HR support	2,109	571
Advertising, Recruitment and Subscriptions	1,670	1,603
Staff Travel and Wellness	4,531	2,676
Staff Training costs	4,126	10,448
Depreciation and profit on disposal	1,583	607
Other	1,834	1,297
	132,119	135,067

Support costs, including governance costs, are apportioned based across the activities shown in note 4 on the proportion of time spent on each activity by staff

7. Governance costs

Governance costs are included within support costs (note 6) and comprise	Total 31.03.2023 £	Total 31.03.2022 £
Staff costs	18,017	12,731
Independent Examination	2,600	2,160
Board expenses and training	3,213	9,174
Strategic work	3,000	10,790
Legal advice - including in-kind support	20,073	29,628
Trustee Recruitment	1,067	-
Governance support	5,348	5,401
	53,318	69,884

8. Net expenditure for the year

This is stated after the following	Total 31.03.2023 £	Total 31.03.2022 £
Depreciation of tangible fixed assets	1,045	607
Profit/(loss) on disposal of Fixed Assets	(538)	-
Independent Examination Fees (including VAT)		
- Independent Examination	2,600	2,266
- Other Services	-	480

9. Analysis of staff costs and the cost of key management personnel

The staff costs were	Total 31.03.2023 £	Total 31.03.2022 £
Wages and Salaries	325,665	174,242
Social Security Costs	28,513	12,740
Pension Costs	13,799	3,344
	367,977	190,326

One employee received employee benefits (excluding employer pension costs) for the reporting period of between £60,000 and £70,000 (2021/22: one)

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2023 and total £13,799 (2022:£3,344).

The key management personnel of the charity comprise the Trustees and the CEO (2021/22 Trustees and CEO). The total amount paid, including Employers National Insurance and Pension, to the CEO in the financial year ended 31 March 2023 was £71,134 (2021/22 £63,110)

No trustees received any payment for their services to the charity (2022:none) One trustee received payment for professional services to the charity totalling £3,200 (2022: £350)

10. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 9.5 (2022:6) with a full time equivalent of 7.9 (2022: 4.9)

The full time equivalent across the various areas of operation was

	2023	2022
Management	1	1
Charitable activities	6	3.3
Operations and administration	0.9	0.6
	7.9	4.9

11. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

12. Tangible Fixed Assets

	IT Equipment	Total
	£	£
Cost		
As at 1 April 2022	2,429	2,429
Additions	3,147	3,147
Disposals	(1,396)	(1,396)
As at 31 March 2023	4,181	4,181
Depreciation		
As at 1 April 2021	967	967
Charge for the year	1,045	1,045
Disposals	(583)	(582)
As at 31 March 2022	1,429	1,430
Net Book Value		
As at 31 March 2022	1,462	1,462
As at 31 March 2023	2,751	2,751

13. Debtors

	Total 31.03.2023 £	Total 31.03.2022 £
Trade debtors	13,400	300
Prepayments	2,645	1,834
Other Debtors	1,742	-
Gift Aid Accrued Income	4,133	34
	21,920	2,168

All debtors relate to amounts owed within one year

14. Creditors: Amounts falling due within one year

	Total 31.03.2023 £	Total 31.03.2022 £
Trade creditors	5,945	693
Lease Accrual	1,640	1,640
Other Creditors- Social Security	10,268	5,392
Accruals	19,001	6,346
Grants payable	9,000	-
Deferred Income (note 15)	7,400	13,250
	53,254	27,321

An accrual has been made for grants awarded under the Synergi grants programme but not yet paid at the year end of £9,000 (2022:£nil)

Movement in recognised grant commitments during the year

	Grant Commitments Accrued 31.03.2023 £	31.03.2022 £
Grant commitment recognised at the start of the year	-	-
New Grant Commitments charged to the SoFA in year	136,355	88,047
Grants paid during the year	(127,355)	(88,047)
Amount of grant commitments recognised as at 31st March 2023	£ 9,000	£ -

15. Deferred Income

	Total 31.03.2023 £	Total 31.03.2022 £
Balance at 1 April 2022	13,250	11,225
Released in the year	(13,250)	(11,225)
Deferred in the year	7,400	13,250
Balance at 31 March 2023	7,400	13,250

Income has been deferred in relation to agreed activities supporting Central North West London NHS Foundation Trust which had not been delivered at the year end. 2021/22 deferred income related to contracts with also relates to contracts with Mind (£7,350) and NHS Cumbria (£6,000).

16. Analysis of charitable funds

16a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward	Income	Expenditure	Fund balance at
	01.04.2022 £	£	£	31.03.2023 £
Unrestricted Funds	71,914	156,887	(131,273)	97,528
Restricted funds				
2027 Project	1,500	-	(1,500)	-
John Ellerman Foundation	30,000	30,000	(35,971)	24,029
Lankelly Chase- Synergi	2,218	445,532	(335,696)	112,054
LGBT Futures	-	25,000	(5,590)	19,410
Mind Side by Side Fund	1,050	-	(1,050)	-
misery	14,021	38,880	(32,385)	20,516
National Lottery Community Fund- RC London and South East Region	-	108,213	(98,143)	10,070
North East Together	3,079	18,671	(6,901)	14,849
NSUN Small Grants Programme	-	709	(10)	699
The Tudor Trust	20,083	-	(20,083)	-
The Tudor Trust- development grant	1,310	-	(1,310)	-
Trust for London	9,983	40,525	(35,042)	15,466
Total Restricted Funds	**83,244**	**707,530**	**(573,681)**	**217,093**
Total Funds	**155,158**	**864,417**	**(704,954)**	**314,621**

Restricted Fund	**Purpose of fund**
2027 Project	Funding for the 2027 project
John Ellerman Foundation	Funding towards core costs of NSUN
Lankelly Chase- Synergi	First year of a 3-year grant for the Synergi Project
LGBT Futures	Funding for the misery herbal walks programme
Mind- NSUN Side by Side Fund	Funding towards the costs of the NSUN Side-by-Side small grants fund
misery	Funds held towards the activities of the misery hosted project
National Lottery Community Fund- RC London and South East Region	Funding towards membership support and community constellations
North East Together	Funds held to support work in the North East
NSUN Small Grants Programme	Restricted donations for small grants
The Tudor Trust	Core funding
The Tudor Trust- development grant	Funding towards NSUN's strategic development work
Trust for London	Funding towards Policy Officer and Policy work

16b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2021 £	Income £	Expenditure £	Transfer £	Fund balance at 31.03.2022 £
Unrestricted Funds	73,457	196,577	(199,968)	1,848	71,914
Restricted funds					
2027 Project	-	71,403	(69,903)	-	1,500
City Bridge Trust- London Community Response Fund - Wave 3	19,977		(19,977)	-	-
Esmee Fairbairn- Strategy Support	4,320		(4,320)	-	-
John Ellerman Foundation	-	30,000		-	30,000
Lankelly Chase- Synergi	-	38,179	(35,961)	-	2,218
Mind Side by Side Fund	-	29,920	(28,870)	-	1,050
Mind- Coronavirus Mental Health Response	4,531	2,554	(5,237)	(1,848)	-
misery	-	14,021	-	-	14,021
National Lottery Community Fund- RC London and South East Region	-	59,614	(59,614)	-	-
North East Together	3,820	5,500	(6,241)	-	3,079
The Tudor Trust	21,344	20,000	(21,261)	-	20,083
The Tudor Trust- development grant	-	5,000	(3,690)	-	1,310
Trust for London	7,099	35,400	(32,516)	-	9,983
Total Restricted Funds	**61,091**	**311,591**	**(287,590)**	**(1,848)**	**83,244**
Total Funds	**134,548**	**508,168**	**(487,558)**	**-**	**155,158**

17. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 31.03.23 £	Total Funds 31.03.22 £
Fixed Assets	1,247	1,504	2,751	1,462
Current Assets	118,714	246,410	365,124	181,017
Creditors: amounts falling due within one year	(22,433)	(30,821)	(53,254)	(27,321)
	97,528	**217,093**	**314,621**	**155,158**

18. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.23 £	31.03.22 £
Financial Assets		
Measured at cost:		
Cash at bank	343,204	178,849
Measured at amortised cost:		
Trade Debtors	13,400	300
Other Debtors	1,742	-
Gift Aid Accrued Income	4,133	34
Total Financial Assets	362,479	179,183
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	5,945	693
Lease Accrual	1,640	1,640
Other Creditors- Social Security	10,268	5,392
Accruals	19,001	6,346
Grants payable	9,000	-
Total Financial Liabilities	45,854	14,071

19. Transactions with trustees and related parties

None of the trustees have been paid any renumeration or received any other benefits in relation to their role as Trustees with the charity. (2022: none)

During the year five trustees was reimbursed expenses incurred as part of their role as a Trustee totalling £761.84 (2022:£99 was reimbursed to one trustee)

During the year, training and board development costs totalling £2,219 (2022: £6,094) were paid for nine Trustees (2022:nine)

Payments totalling £3,200 (2022: £350) were paid to NSUN trustee Shuranjeet Takhar for their role on the Synergi Governance Board. These payments were made under a written agreement and agree to be in the best interest of NSUN by the Trustee board.

In 2021/22 a payment of a subgrant to the Centre for Knowledge and Equity for the 2027 Project was made totalling £69,403. One of the Project Partners under the agreement with Centre for Knowledge and Equity was Ten Years' Time where NSUN Chair Angela Newton is Managing Director. Angela Newton declared the conflict of interest, was not involved in the agreement of the project, and did not directly benefit from the agreement.

A workshop was delivered to Ten Years' Time during the year with total income of £300 (2022: £700). Angela Newton, the Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

Consultancy delivered to Taraki Wellbeing during the year with total income of £300 (2022: £nil). Shuranjeet Takhar, a NSUN trustee is also Director at Taraki. The consultancy was provided on normal commercial terms.

During the year one trustee (2022:none) made donations to the work of NSUN totalling £525

20. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2023 £	Total 31.03.2022 £
Net income for the reporting period (as per the statement of financial activities)	159,463	20,610
Adjustment for :		
Depreciation charges	1,045	607
(Profit)/loss on disposal of equipment	538	-
(Increase)/decrease in debtors	(19,752)	5,719
Increase/(decrease) in creditors	25,933	(1,808)
Net cash provided by operating activities	**167,227**	**25,128**

21. Cash at bank and in hand

	Total 31.03.2023 £	Total 31.03.2022 £
Cash at bank	333,011	169,092
North East Together Account	8,374	8,874
North East Together Cash	200	200
Equals Money Card	1,619	683
PayPal	-	-
Total Cash	**343,204**	**178,849**

22. Analysis of changes in net debt

	31.03.22 £	Cash flows £	31.03.23 £
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	178,849	164,355	343,204
Total net debt	**178,849**	**164,355**	**343,204**

23. Analysis of Grants

	Total 31.03.2023 £	Total 31.03.2022 £
NSUN Side by Side Fund	-	18,644
NSUN Sustaining Spaces Fund	25,355	-
Synergi Grant Fund	111,000	-
2027 Project Sub-Grant	-	69,403
Total Grants to Institutions	**136,355**	**88,047**

In 2022/23 The NSUN Sustaining Space fund awarded grants of between £500 and £1,000 to groups facilitating community spaces where people shared identities and experiences come together in support of one another's wellbeing. Grants were funded by Mind's Peerfest Project.

In 2023/23 The Synergi Small Grants programme awarded 37 grants of £3,000 to groups led by Black people and people of colour with lived experience of mental ill-health, distress or trauma to take action on mental health and racial justice.

In 2021/22 The NSUN Side by Side fund awarded grants to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable. The grant was aimed at groups that benefit people or communities who live with mental ill-health, trauma and distress, take place in a community setting (i.e. not NHS or local authority), and are in some way led by members of the community they engage. Grants were funded by Mind's Side by Side: Peer support in the community project.

In 2021/22, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Project, which focuses on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts.

No grants were awarded to individuals

Reconciliation to Direct costs (Note 4)

	Total 31.03.2023 £	Total 31.03.2022 £
Grants to institutions- NSUN Side by Side Fund	-	18,644
Grants to institutions- NSUN Sustaining Spaces Fund	25,355	-
Grants to institutions- Synergi Small Grants	111,000	-
Direct cost of administration of funds (including Panel and Evaluation costs)	23,565	20,066
Total Direct costs of NSUN Grants	**159,920**	**38,710**

23. Analysis of Grants (continued)

Recipients of Intuitional grants	Total 31.03.2023 £	Total 31.03.2022 £
Recipients of NSUN Sustaining Space/Side by Side		
Al-Abbas	-	500
All about Women	-	500
Angels of Hope for Women	1,000	500
Be Active Recovery Group	996	-
Blue Van Armed Forces & Veterans	-	500
Borashabaa Refugee Community Organisation	1,000	-
Community of Cultures	1,000	-
Compassionate Conversations	755	-
Decolonised Network	-	500
Downham Dementia Support	-	500
Dulwich Islamic Centre	-	500
Experts by Experience	-	500
Family Unit Trust	1,000	-
Food Troops	-	500
Freedom4Girls	-	500
GIN LGBTQIA Indian Network	1,000	-
Girls Against Anxiety	1,000	-
GUSU	-	500
Happy and Healthy	1,000	500
Happy Hooves	-	500
Hong Kong Adoptee Network	-	500
Humanity Concern Projects	-	500
I Am My Sister	-	500
Inspire Women, Men and Children	-	500
Learnest CIC	1,000	-
Sub total carried forward to next page	**9,751**	**8,500**

23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued from previous page)	Total 31.03.2023 £	Total 31.03.2022 £
Sub total from previous page	9,751	8,500
	-	-
Let's Talk About Loss	-	500
Lighthouse	-	500
Manchester Roots	180	-
Marlborough Theatre Productions	1,000	-
MASAKHANE	-	500
Migrant Empowerment Group	-	500
Mind in Camden	-	500
Mix Up	1,000	-
Norwich Access Group	-	500
Organic Arts	-	500
Out in the Bay	1,000	-
Plushealth	950	-
People Come First	600	-
Proud North London	750	-
Renew	-	500
Rochdale Dawah Centre	-	500
Rotherham Wellness & Wellbeing Through the Arts	1,000	-
SAM Recovery Swansea	-	500
Sangini	-	500
SAYiT	1,000	-
Shining Stars	-	500
Shropshire Epilepsy	-	500
Sporting Recovery	-	500
STAR Blackpool	1,000	-
Survivors' Poetry	144	144
Sub total carried forward to next page	**18,375**	**15,644**

23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued)	Total 31.03.2023 £	Total 31.03.2022 £
Sub total from previous page	18,375	15,644
The Black Men's Consortium	1,000	-
The Happy Health Hub	1,000	-
The Lokki Foundation	-	500
The Outside Project	1,000	-
The Wellness Tribe	-	500
Together As One	980	-
Trans Aid Cymru	-	500
TransSober	1,000	-
WOC Azadi Collective	1,000	-
Women of Colour Peer Support	1,000	-
Women and Digital Exclusion	-	500
Woodenstone	-	500
Youth Ngage Kent UK	-	500
Total Recipients of NSUN Sustaining Spaces Grants/Side by Side Fund	**25,355**	**18,644**

Recipients of Synergi Grants	Total 31.03.2023 £	Total 31.03.2022 £
Abolition x Health	3,000	-
Across Borders	3,000	-
ADHD Babes	3,000	-
Adira	3,000	-
Adiyah Muslim Abortion Collective	3,000	-
Adoptee Futures CIC	3,000	-
Awaken Genius Alternative Education	3,000	-
Babylon Migrants Project	3,000	-
BARAC UK	3,000	-
Be Active Recovery Group	3,000	-
Black Muslim Women Healing Collective	3,000	-
Collective Futurism	3,000	-
DiaspoRainbow	3,000	-
Eritrean Community Teesside	3,000	-
Families in Harmony	3,000	-
Foundation for Renewal and Fora	3,000	-
Golden Careers Champions	3,000	-
Holding Hands North East CIC	3,000	-
Holding Her Space	3,000	-
Hummingbird Senior Citizens Club	3,000	-
Mr Boy Cookery School CIC	3,000	-
Nejma Collective	3,000	-
Nergiz Kurdish Women's Group	3,000	-
oestrogeneration	3,000	-
Organising our Earth Selves	3,000	-
Oxford Community Action	3,000	-
Sub total carried forward to next page	**78,000**	**-**

Recipients of Synergi Grants Cont.	Total 31.03.2023 £	Total 31.03.2022 £
Sub total from previous page	78,000	-
Peaks of Colour	3,000	-
Resistance Is Our Mother Tongue	3,000	-
Therapeutic Productions CIC	3,000	-
The Rights Collective	3,000	-
The Syria Families Group (now Bring British Families Home)	3,000	-
The Windrush Movement (UK)	3,000	-
The Youth Excellence Academy	3,000	-
Womens Lounge	3,000	-
York Anti Racist Collective	3,000	-
Yuvanis Foundation	3,000	-
Other	3,000	-
Total Recipients of Synergi Grants	**111,000**	**-**
Recipients of 2027 Project Sub-Grant		
Centre for Knowledge and Equity	-	69,403
Total Grants to institutions	**136,355**	**88,047**

24. Operating Leases

The Charity did not have any operating leases in the year (2022: none)

25. Capital Commitments

There are no capital commitments as at 31 March 2023 (2022: Nil).

26. Contingent Liability

As at 31 March 23, there is a pending legal case against NSUN for which there is a possible liability of £5,000. This has not been recognised in the Statement of Financial Activities as at 31 March 23.

28. Events after the end of the reporting period

The Charity converted to a Charitable Incorporated Organisation on the 6 June 2023.

NATIONAL SURVIVOR USER NETWORK

England & Wales - Charity number 1135980

Accounts

National Survivor User Network

(A company limited by guarantee)

Report and Financial Statements

For the year ended 31st March 2022

Charity Number 1135980
Company Number 07166851

National Survivor User Network
Report and Financial Statements for the Year Ended 31 March 2022

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National Survivor User Network
Report and Financial Statements for the Year Ended 31 March 2022

Reference and Administrative Information

Charity Name:	National Survivor User Network
Charity Registration Number:	1135980
Company Registration Number:	1032145
Registered Address:	NSUN Ltd, 15 Bunhill Row, London EC1Y 8LP
Trustees:	The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2021 up to the date of approval of these financial statements were as follows:

Zoe Bennett	until 27 January 2022
Alisdair Cameron	
Eleni Chambers	until 31 March 2022
Nic Murray	until 10 September 2021
Angela Newton, Chair	
Amy Palmer	from 29 November 2021
Jonathan Rackham	
Emily Reynolds	
Rachel Rowan Olive	
Amy Rushton	
Tasha Suratwala	from 29 November 2021
Shuranjeet Takhar	from 29 November 2021

CEO :	Akiko Hart
Independent Examiner:	Michael Tourville, Beever and Struthers, 15 Bunhill Row, London, EC1Y 8LP
Principal Bankers:	Santander, Bootle, Merseyside, L30 4GB
Solicitors:	Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2022. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen the user voice;
2. facilitating active links between service user groups and individuals;
3. building capacity for service user groups; and
4. brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of the following activities:

- building capacity in our membership
- strengthening local, regional and specialist networks
- capacity building and information sharing
- influencing mental health policy and practice
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy

Review of Achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an England-wide network of people and groups with lived experience of mental ill-health, distress and trauma. It is an infrastructure organisation and sector voice for user-led groups that work to support the mental health of those in their communities, who live on the intersection of multiple, compounding inequalities and marginalisations. NSUN's aims are to create and strengthen links between individuals and groups; support and promote user-led groups and initiatives; and influence and inform policy and decision makers. All NSUN staff and Trustees have lived experience.

2021/22 Activities:

As stated in the 2020/21 Trustees' Annual Report, NSUN's aims for 2021/22 were to:

- consolidate the growth of the past 12 months, strengthen its policies and governance, and review the membership offer.
- NSUN also aims to continue building capacity in its membership through a second small grants programme for user-led organisations
- scale Community Constellations in order to work alongside groups across England
- NSUN will continue to promote and amplify members' perspectives, voices and campaigns through communications, and will also develop its policy work, focusing on the social determinants of mental ill health or distress.

These aims were achieved through the following:

Theory of Change

In the last quarter, NSUN worked with an external consultant, Lena Mohamed, to reflect on the growth of the organization over the past two years, and develop a Theory of Change to guide future work. This Theory of Change will be shared and operationalised in 2022. A key element of this is a refreshed membership offer, developed with Associate Mark Brown, and to be launched in 2022, which will better reflect different stakeholders' needs and relationships with NSUN. In parallel, NSUN has engaged an external facilitator to facilitate regular reflective practice sessions for the staff team, and has updated all its policies, with the support of Associate Rachel Barker.

NSUN Side by Side Fund

The Side by Side Fund is NSUN's second small grants programme, following on from the success of the NSUN Covid-19 Fund in 2019. The Side by Side Fund awarded 37 grants of £500 and 1 grant of £144 to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable. This opportunity was made available through Mind's Side by Side: Peer Support in your community project, which was funded by Morrisons Foundation and Garfield Weston Foundation.

The grants were aimed at peer support, mutual aid or self-help groups that benefit people or communities who live with mental ill-health, trauma and distress, take place in a community setting (i.e. not NHS or local authority), and are in some way led by members of the community they engage. In this context, NSUN defined peer support as the intentional action of bringing people together who have experiences in common, to offer mutual support. Not all groups who applied or who were successful in receiving funding define themselves as 'mental health groups'. NSUN was especially interested in groups who recognise that coming together supports wellbeing, healing or connection.

The Fund had three funding priorities:
- Groups led by and for people from racialised communities/people of colour
- Groups led by and for young people (aged 18-25)
- Groups who have been unable to meet during the pandemic, which may be due to digital poverty

NSUN received 215 applications, and awarded grants to 38 organisations.

This grant-making programme demonstrated the importance and the vitality of peer support, mutual aid and self-help groups, but also indicated that these groups find it hard to access support from other funders, and face challenges that bigger organisations don't. This echoes the findings from the 2020 NSUN report 'What do user led groups need?'.

Community Constellations

Over the year, NSUN's capacity building programme for user-led groups, Community Constellations, was scaled, and created spaces for connection in three different ways; through cohort meetings with grantees from the Side by Side grants programme, through the Youth Constellation Network, and through safeguarding work with groups Taraki and Black People Talk.

As a follow up to the Side by Side Fund, Community Constellations delivered three networking events for Side by Side grantees, open to all 37 grantees, alongside Mind. These networking events offered space for people working in user-led groups to connect and share their experiences and advice, and functioned as a community of practice for people who would otherwise be isolated. They also enabled grantees to name what would be helpful to them and generate ideas for outputs that could influence and inform external stakeholders about what user-led groups do and the challenges they face. Many of the grantees have since made contact separately and identified the groups as a peer support and personal development space.

Community Constellations also provided a reflective space and community of practice for people doing youth-led user-led work, through its Youth Constellation Network. This came to a close at the end of the year partly due to one of the founding members of the Network (Hearts & Minds) ceasing operations. However, the relationships which were built within the network remain, and NSUN continues to engage with the organisations which constituted it.

In the conversations NSUN has had with people involved in grassroots mental health work, safeguarding has repeatedly been named as an area in need of more resource and collaborative thinking. Between April and July 2021 Community Constellations worked intensively with groups Taraki and Black People Talk to develop anti-racist safeguarding policies for their organisations through a series of workshops and discussions. These included in-depth discussions about safeguarding, surveillance cultures and racism in mental health spaces. By the end of the summer of 2021, Taraki and Black People Talk had developed finished, custom-built safeguarding policies and implementation plans.

Feedback from these sessions has included:

"It was a brilliant idea and session. I for one enjoyed every moment of it and making new connections, so thank you […] for allowing us to connect and network." – SBS cohort member

"It's been a fantastic opportunity to think about how (…) can we actually share our approaches and the things that have really enabled us to do what we're doing in the mental health landscape. Thinking about how do we challenge the very, very unfair allocation of access to resources, and also especially knowledge that is often a huge, huge systemic barrier within the mental health landscape. So how do we learn off each other? [F]or me, that's what the Community Constellations project is. It is a direct naming of the fact that current ways of working, current ways of communicating, current ways of engaging within the mental health landscape do not make it easy for those wanting to do things differently and do not make it easy for those wanting to build together rather than just kind of build individually." Shuranjeet Singh – NSUN Trustee and Founder and Director of Taraki, involved in both Youth Constellation Network and safeguarding development work.

Resources for user led groups

Resources by and for user-led groups

In August NSUN launched a new series of video resources by and for user-led groups. Following on from the 2020 NSUN report "What do User Led Groups Need?, NSUN created resources that helped people who are part of user-led groups to understand some of the common hurdles faced in setting up and sustaining organisations, from funding and finance to organisational structure and communications.

NSUN published videos by ADHDAware discussing the pros and cons of being a volunteer-led organisation; Expert By Experience discussing maturing as a user-led group; Make Space on safeguarding; ADHDBabes on community engagement; Arts and Health Hub on organisational structure; Sisters of Frida on governance for DPOs; Let's Talk about Loss on becoming a registered charity; and Sangini on funding. They are all published here: https://www.nsun.org.uk/our-members/user-led-groups/

In keeping with NSUN's aim of developing resources with user-led groups, the team commissioned 3 blogs from the members of the Side by Side grantees cohort in order to bring the discussions which were had as a group to a wider audience. Taimour Ahmed of Experts By Experience shared his personal experience and reflections on 'One Person Show Syndrome' in user-led groups and grassroots activism and its impact on community-led work. In another piece, Sylvia Kalungi of WODIN explored 'The Hamster Wheel Challenge: Funding & Sustainability for User-led Groups', which sums up the landscape that a lot of grassroots organisers find themselves in – underfunded, under-supported, but playing an irreplaceable role in their communities. Finally, Leah Chikamba of Angels of Hope gave an interview about how and why she founded her organisations, and some of the specific challenges that organisations by and for Black women face in achieving funding and sustainability; she explains that "The women we were helping wouldn't go anywhere but us".

The Side by Side grantee cohort developed the idea of a survey into user-led groups' experiences of funding, and NSUN approached funder The Fore to lend their expertise in drafting the questions and disseminating the survey, which was live from November – December 2021. NSUN now has high-quality data on the experiences of small user-led groups working in the area of mental ill-health, including those who have chosen not to apply for funding or who have never been successful in applying, and plans to begin analysis in spring 2022 and publish the results in the summer.

Mapping Lived Experience Leadership

Commissioned by Mind and NSUN, this report collates the contributions provided by people with Lived Experience through 106 survey submissions, 32 interviews and 7 focus groups with 31 people. It was inspired by a desire to understand the complexities of the 'Lived Experience Leadership' field and determine any supportive role Mind, NSUN and other mental health organisations might play. Contributions were gathered from August 2020 until January 2021. Its intention is to honour and reflect the diversity in experiences and positions expressed by contributors rather than provide a neat narrative.

The AGM also featured a panel on Lived Experience Leadership (https://nsunagm2021.com/schedule-and-register/lived-experience-leadership/) and NSUN also commissioned a series of blogs and vlogs from our members on the topic: https://www.nsun.org.uk/category/lived-experience-leadership/

The Lived Experience Leadership report, blogs and panel have been enthusiastically received, and the team is in talks with Mind about some practical follow-up work based on the recommendations in the report.

Membership and Communications

Over the year, NSUN has worked on improving the digital spaces it holds for its members. This has been partly achieved through the development and launch of a new website, with a clearer structure and a greater focus on content generated by members. This has included standalone blogs and book reviews, but also series commissioned by NSUN, including on lived experience leadership and abolition and mental health. All digital metrics, from the number of twitter users, to website hits, to bulletin reads, have continued to improve over the past 12 months.

The annual Members' Survey took place in September 2021, with improvements based on the recommendations from the Royal Society of Statisticians.

Respondents praised the weekly bulletin highly, and gave examples of events and involvement opportunities that they had taken part in after finding out about them through NSUN. Many respondents noted that they thought NSUN helped people feel "less alone", keeps them "in touch" and plugged in to "something bigger", and appreciated NSUN's "knowledge-sharing" on issues they would otherwise struggle to find information about. Feedback included the following:

"It's really helpful to have a centralised place to access other people/groups in the community. It is also incredibly helpful that NSUN spearheads the strategic or policy response of the movement - the concise and considered articles/reports help me stay in touch with the direction and challenges of the movement at large without having to spend a lot of time doing research myself. NSUN has helped me feel part of a movement, which is vital for sustaining myself and the group as we try to bring about change and serve our community."

"NSUN feels like a lifeline of hope for us as we slowly develop. We have found no other service that supports/includes peer led groups without a bank account and we hope to become more involved with NSUN as we build our confidence and expertise."

"By far leading on consistently and coherently bringing a vulnerable and disparate community together through the newsletter alone. A way to get the feeling of a collective experience even if not on social media through the variety of information and a sense of something big going on, countering the isolation caused by trauma etc. Excellent for getting job vacancies out there, especially LX NHS jobs that miss out on reaching their intended audience... The bulletin is a really, really good thing and it really works, highlight of my week."

The two-day AGM and Members' Event was held online and included the following panels: Beyond beneficiaries: resourcing user-led groups; Democratising policy: who does the work, who gets the recognition?; Care as resistance; Survivor researchers, what do we bring; and Lived Experience Leadership. The AGM also included the premiere of a podcast with the members of the StopSIM campaign, a small group discussion on peer support, and a group chat in collaboration with Bounce Black. All the panels and keynotes had British Sign Language interpretation, and the videos and transcripts are available on the AGM website: https://nsunagm2021.com

NSUN members voted at the AGM in support of NSUN's conversion to a CIO. This process has now started and it is envisaged that it will be completed in the next financial year.

Initial scoping work on the membership structure and offer was started after the AGM in November, and is expected to be completed and launched in the first half of 2022.

Policy work

NSUN's policy work is funded by Trust for London to take a social determinants approach to mental health, looking at poverty and precarity, and its impact on mental health.

A key focus in NSUN's policy work has been creating stronger partnerships beyond mental health. This has meant connecting with organisations including Joseph Rountree Foundation (JRF), Z2K, Turn2US, APLEcollective, and others, and joining campaigning coalitions including the Social Security Consortium (led by Child Poverty Action Group) and Keeping the Lifeline (led by JRF). Core themes of the policy work include lack of community funds, loss of income due to mental health and lack of statutory support when facing hardship. Much of NSUN's policy work is achieved through coalitions or cross-sector approaches, for example through our membership of the Disability Benefits Consortium and DPO Forum, looking at issues such as the National Disability Strategy (https://www.nsun.org.uk/news/national-disability-strategy-where-do-we-go-from-here/) and the Health and Disability Green Paper.

As part of the Theory of Change, NSUN has reviewed its policy work, to determine where the organisation is best placed to effect change. This will be shared and operationalised in 2022. In many traditional mental health policy spaces, NSUN might have less leverage for structural reasons, and these spaces do not always adequately reflect the concerns of the membership, who do not live single issue lives. For example, a focus group which NSUN ran with members which was aimed at better understanding members' experiences of money, social security, and mental health, highlighted instead particularly acute issues around the mental health of those who are undocumented or have precarious migration status. This session prompted an exploration of data, anonymity and policy work (https://www.nsun.org.uk/news/invisibility-in-policy-work-when-more-data-isnt-always-the-answer/). As a result of this session with members, restricted access to secondary mental health care for those who are undocumented/have precarious migration status is a core theme of ongoing policy work.

Additional work has focused on themes including the securitisation of health, where policing or counter-extremism measures are embedded in mental health services. This includes responding to Medact's report on Vulnerability Support Hubs (https://www.nsun.org.uk/news/racism-mental-health-and-pre-crime-policing-the-ethics-of-vulnerability-support-hubs/) and a submission to Parliament's Joint Committee on Human Rights (https://www.nsun.org.uk/news/surveillance-in-mental-health-settings-jchr/). NSUN continues to chair the Mental Health Alliance, which focuses on mental health legislation, and coordinated a joint letter to the Secretary of State for Health and Social Care on institutional racism in relation to the Act (https://www.nsun.org.uk/news/open-letter-to-sajid-javid-institutional-racism-mha-reform/). NSUN has also responded to events, for example COP26 (https://www.nsun.org.uk/news/mental-health-and-climate-justice-where-do-we-stand/), or the September announcements on social care charging: https://www.nsun.org.uk/news/nsun-statement-on-social-care-charging/.

North East together

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England.

The last year has at times been a challenging one for North East together, as the impact of the Covid 19 pandemic continued to affect the membership.

In response to this, NEt held some Members Meetings online via Zoom and also created and distributed a survey to members to find out how the pandemic had impacted on the support they or the person they cared for had received. Learnings were forwarded to the Northern Clinical Network who NEt worked in partnership with to research people's experiences of accessing mental health services and the impact the pandemic had upon this. For this research NEt held meetings across the region in North Tyneside, Gateshead, Durham and Middlesbrough as well as hosting a meeting online via Zoom. This work began in February 2022 and continued in the next financial year. North East together also supported Pride in Mind, a social and support group for members of the LGBT+ communities with lived experience of a mental health condition, with the NEt secretary organising and co- facilitating regular meetings and social activities for the group up until September 2021.

Going forward, North East together are planning to work in partnership with the Integrated Care System in the North East and Cumbria and plan some further research on mental health and inequalities later in 2022.

Survivor Researcher Network

NSUN hosted the Survivor Researcher Network (SRN) for ten years, from 2011 until October 2021, when it became an independent network and Community Interest Company: https://survivorresearcher.net. NSUN supported the transition and exit strategy, including through an external facilitator to support SRN to articulate its mission and objectives.

While it was hosted with NSUN, SRN shared resources and opportunities relating to survivor research through its bulletin, held regular discussion spaces and events, including at the NSUN AGM, contributed to publications, and lobbied research organisations and funders for opportunities for user-led research.

Synergi

NSUN secured a three year grant from Lankelly Chase to host the new iteration of Synergi, a complex and ambitious programme of work focusing on the intersection of racial justice and mental health, from April 2022. During the course of 21/22, NSUN worked closely with Catalyst 4 Change, Lankelly Chase, the members of the first phase of Synergi, and the Synergi Advisory Board, to scope out the possibilities for the next phase of the work. This was funded through a contract and then a bridging grant from Lankelly Chase.

The 5 work streams planned for the second phase of Synergi are:

- Remembrance as resistance: developing a multimedia and digital exhibition and festival programme that will act as a window to community action tackling mental health and racial injustices over the last 40 years in the UK, to reimagine mental health services and support for racialised communities
- Building as abolition: working with and influencing funders to better understand abolitionist work in this space so that it is resourced and elevated
- Creating spaces: building on the place-based creative and collaborative system change work which was developed in the first phase of Synergi
- Democratising policy: managing an annual small grants programme to distribute to grassroots campaigning groups working on the intersection of racial justice and mental health
- Transformational governance: embedding ethical and collaborative ways of working within Synergi and beyond it

misery

In 2020/21, NSUN supported misery, a queer, trans, intersex, Black, people of colour (QTIBPOC) sober mental health collective, by connecting them with a consultant to help them identify their strategic needs. As a result of this work, misery concluded that they would benefit from hosting/incubation within a larger organisation whose aims fitted with theirs. In March 2022, misery migrated their operations and finances to NSUN, becoming a hosted project. They will continue their activities with their own funding, but within the container of NSUN's policies, legal structure and accounts. NSUN and misery hope that this relationship will be one of mutual learning and discovery.

2027 Community Power Project

In 2021/22, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Community Power Project, which focuses on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts. The goal of this research is to help map and understand the current system dynamics, blockers, opportunities and examples of good practice, as well as to identify potential partners. Recruitment and planning have been put in place, and the next phase is data collection and analysis.

Key aims for 2022/23 are

Develop and launch a new strategy and Theory of Change

Develop and launch a new membership structure and offer

Consolidate the growth of the organization and put in place additional support structures for staff in light of the growth of the team

Launch the second phase of Synergi, a programme of work on racial justice and mental health, which will include a small grants fund

Continue to promote and amplify members' perspectives, voices and campaigns through communications

Develop policy work alongside NSUN members, with a particular thematic focus in 22/23 on migrant justice and mental health

Build on the capacity building work of Community Constellations, with a particular focus on youth-led work and groups led by and for people from racialised communities

Convert to a CIO

Financial review

Income for the year ended 31st March 2022 totalled £508,168 (2021: £561,920) and decreased by £53,752 from the previous year. The largest area of decrease was seen in Grants and Donation which fell by £90,128 when compared with the previous year. The area which saw the greatest fall was grant income, which reduced by £161,732. Grant income was particularly high in 2020/21 due to significant funding totalling £165,000 for the NSUN Covid-19 fund, the similar NSUN Side-by-Side fund which ran in 2021/22 was smaller, receiving grant funding of £29,920.

NSUN's principal source of funds during 2021-22 was income from grants and totals £318,515 (2021:480,247) and comprises 63% of income (2019: 85%). The fall in this % is driven by unusually high one off donation income associated with the 2027 Project, and grant funding is likely to remain the principal source of funding in coming years.

Expenditure totalled £469,455 (2021: £440,211) for the year ended 31st March 2022, an increase of £29,244 when compared with the previous year. Costs associated with grants to user-led groups fell by £122,988, due to the NSUN Side by Side fund issued in 2021/22 having been smaller than the NSUN Covid-19 Fund issued in the previous year. This decrease was offset by an increase in costs associated with hosted projects which rose by £137,143 compared to the previous year due to the 2027 Project and costs associated with the scoping work for Synergi. Costs associated with Resources for user- led groups have increased by £41,716 to £204,109 (2021: £162,393) due to a full year of the Community Constellations work. Influencing Policy costs have fallen by £26,627 to £76,095 (2021: £102,722) due to the large Covid-19 communications project which took place in 2021 having not been repeated this year. Total costs associated with staff across NSUN have increased by £76,755 to £190,326 (2021:£113,571) due to the expansion of the team from an average full time equivalent of 4.9 from 2.7 in the 2020/21.

Support costs including governance costs, saw an increase of £30,411 compared with the previous year. Most costs have remained stable, with an increase in training costs having been seen as a result of a 6 session racial justice training undertaken with You Make It in 2021, for all staff and trustees. Governance costs increased by £23,083 due to higher staff time involved in supporting this area and a focus on strategic development and membership. Despite the increase in costs, due to the increase in the size of the team, support costs per full time equivalent staff fell over the course of the year.

Fundraising costs totalled £18,103 and fell by £2,812 with staff time in this area haven fallen in percentage terms. Fundraising costs relate to staff time spent on grant fundraising and associated support costs and the investment saw grant income of £318,515 received from these sources. As well as funds secured in the year, investment of time in fundraising in the year also saw the award of £84,620 for the 2022/23 financial year and beyond from the Joseph Rowntree Charitable Trust.

Total funds, reserves policy and going concern

Total funds at 31st March 2022 were £155,158 (2021: £134,548) and comprised restricted funds of £83,524 (2021: £61,091) and unrestricted funds of £71,914 (2021: £73,457). The largest remaining restricted funds comprise core funding and funding towards staff and Trustee wellness activities from Tudor Trust (£21,673), funding from the John Ellerman Foundation towards core costs (£30,000) and funding held on behalf of misery, a hosted project (£14,021). Unrestricted funding comprised funding from Esmee Fairbairn towards core costs in the 2022/23 financial year of £38,537 and unrestricted income from donations and contracts.

The Trustees review the charity's reserves policy annually and aim to hold 3 months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectation they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £143,267 including £38,537 in relation tounrestricted grants to be used in the coming year.

	2022	% of target	2021	% of target
Reserves Target	**£143,267**		**£125,727**	
Made up of				
Unrestricted Grants	£ 38,537		£47,527	
Unrestricted Reserves Requirement	£104,730		£78,200	
Actual Free Unrestricted Reserves	**£70,452**		**£72,845**	
Made up of				
Unrestricted Grants	£38,537		£47,527	
Other Unrestricted Reserves	£31,319	30%	£25,318	32%

At the 31st March 2022 unrestricted free reserves, excluding fixed assets, totalled £70,452. This comprised 30% of the unrestricted reserves requirement. This compares to 32% of the unrestricted reserves requirement in the previous year. The percentage of unrestricted reserves held has fallen slightly due to an increase in the reserves policy surrounding the larger team and does not reflect a fall in funds. Actual reserves saw a growth of £6,000 during the year and Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at the level set by the reserves policy due to unrestricted income making up a low proportion of NSUN's overall income.

The Trustees have reviewed the budgets for the 2022/23 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

Grant Making Policy

NSUN's grant making policy is specific to the funds being distributed and is in line with the conditions of the funder, which during the 2021/22 financial year was the Side by Side Fund, funded by Mind via a grant from Garfield Weston Foundation and Morrisons Foundation. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user led groups. Grants were awarded to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable.

Applications for grants were invited through the weekly bulletin and advertised widely through social media channels. It is NSUN's policy to make grants as accessible as possible and applications were made through using a light-touch form and with the offer of support from a grants manager. Applications were reviewed on a first come first serve basis and were shortlisted by a grants manager. The panel met each week for the duration of the fund and comprised the CEO, a member of the Side by Side Advisory Board, and one NSUN Trustee. Where successful, restricted grants were awarded to groups subject to agreement with the terms and conditions set out in the grant agreement. NSUN's policy is that all expenditure will be agreed to supporting evidence and at the end of the grant period each grant was monitored by the Finance Manager to ensure compliance with this. Grants were awarded to user-led groups or organisations, which were run, governed or delivered by people with direct experience of the kinds of challenges faced by the people they intend to help or support.

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks.

The Board review the risk register at every Board Meeting (at least quarterly) which lists the key risks identified together with a risk score calculated based on the probability and the potential impact of the risk concerned. A separate Synergi High Level Risk Register is also shared and discussed as a standing item, due to the size and complexity of Synergi as a hosted project, and the associated risks. Actions being taken to manage the identified risks are listed on the registers.

Key risks identified during the year are:

1) The ongoing impact of the coronavirus pandemic, particularly on funding, given the increased pressure on grant-making trusts and foundations. This is being managed though a fundraising strategy which identifies funding pipelines. 89% of funding has been secured for 22/23 and the Trustees do not anticipate any difficulties in securing the remaining 11% which is not required until later in the year.
2) Board effectiveness, including risks around poor communications and skills, which continues to be addressed through a skills audit, Board appraisal process, Board training, and a Board development process in 2022.
3) Lack of racial diversity on the Board, particularly in the light of Synergi, a new hosted project on racial justice and mental health. It has been partly addressed through the 2021 trustee recruitment and a 6 week training on racial justice, and will continue to be addressed through the 2022 trustee recruitment.
4) Clarity over the membership offer and the most appropriate legal structure of NSUN going forward, which have now been agreed, and will be operationalised in 22/23.

Contribution made by volunteers

We are incredibly grateful to all of the volunteers many of whom have provided considerable pro bono support valued at £32,878 (2021:£33,800) and included within the financial statements. This has included pro-bono legal support, coaching, room hire, as well as individuals generously sharing their expertise.

Structure Governance and Management

The National Survivor User Network (NSUN) is a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 07166851. NSUN's governing documents are Articles of Association and the charity operates in England.

Trustees (who are also Company Directors) are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. The Articles of Association state that the minimum number of Trustees should be 3 and the maximum 12. Trustees must retire at the AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair, Vice- Chair and CEO and offered training as necessary.

The Board meets at least 5 times a year.

Day to day management of the charity has been delegated to the CEO (previously the Managing Director). The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

During the year, there were 6 other members of staff, the General Manager, the Communications Manager, the Project Manager of Community Constellations, the Policy Officer, the Communications Assistant and the Policy Intern and several self- employed consultants ("Associates") who are line managed and appraised by the CEO. The Finance Manager was contracted on a self-employment basis.

The Board makes use of I task and finish groups and sub committees where needed to undertake specific tasks. In 2021/22 a group of trustees supported the new trustee recruitment process and a number of trustees meet informally to review the finance papers.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note 19 to the financial statements. Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 14th July 2022 and was signed on its behalf, by:

Angela Newton

Angela Newton
Chair

Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity trustees on my examination of the financial statements of the company for the year ended 31 March 2022 which are set out on pages 22 to 40.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Tourville

Michael Tourville ACA

Beever and Struthers

Chartered Accountants

15 Bunhill Row

London

EC1Y 8LP

Date: **26 September 2022**

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2022

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2022	Unrestricted Funds	Restricted Funds	Total 31.03.2021
		£	£	£	£	£	£
Income from:							
Legacies and Donations							
Grants and Donations	3	134,627	292,070	426,697	200,599	316,226	516,825
Charitable Activities							
Contracts and Consultancy		61,950	5,500	67,450	39,595	5,500	45,095
Hosted Projects- misery		-	14,021	14,021	-	-	-
Total Income		196,577	311,591	508,168	240,194	321,726	561,920
Expenditure on:							
Costs of raising funds	4	18,103	-	18,103	20,915	-	20,915
Charitable Activities							
Grants to user-led groups		2,652	36,058	38,710	11,229	150,469	161,698
Resources for user led groups		112,802	91,307	204,109	64,470	97,923	162,393
Influencing Policy		31,876	44,219	76,095	73,871	28,851	102,722
Hosted Projects		34,535	116,006	150,541	6,997	6,401	13,398
Total Charitable Activities	4	181,865	287,590	469,455	156,567	283,644	440,211
Total Expenditure		199,968	287,590	487,558	177,482	283,644	461,126
Net income/(expenditure)		(3,391)	24,001	20,610	62,712	38,082	100,794
Transfer between funds		1,848	(1,848)	-	-	-	-
Net movement in funds for the year		(1,543)	22,153	20,610	62,712	38,082	100,794
Reconciliation of funds							
Total funds brought forward	17	73,457	61,091	134,548	10,745	23,009	33,754
Total funds carried forward	17	71,914	83,244	155,158	73,457	61,091	134,548

All income and expenditure derive from continuing activities. The Statement of Financial Activities includes all gains and losses recognised during the year. The notes on pages 22 to 40 form an integral part of these financial statements

National Survivor User Network
Balance Sheet
As at 31 March 2022

Company Number 07166851

	Notes	31.03.2022	31.03.2021
		£	£
Fixed Assets			
Tangible assets	12	1,462	612
Total Fixed Assets		1,462	612
Current Assets			
Debtors	13	2,168	7,887
Cash at bank and in hand	21	178,849	155,178
Total Current Assets		181,017	163,065
Creditors:			
Creditors falling due within one year	14	27,321	29,129
Net Current Assets		153,696	133,936
Total Assets less current liabilities		**155,158**	**134,548**
Total Net Assets		**155,158**	**134,548**
The Funds of the charity:			
Unrestricted income funds		71,914	73,457
Restricted income funds		83,244	61,091
Total charity funds	17	**155,158**	**134,548**

-

For the year ending 31 March 2022, the company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies

Directors' responsibilities

- The members have not required the company to obntain an audit of oits financial statements for the year in question in accordance with the section 476
- The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102) 2019.

The financial statements set out on pages 22 to 40 were approved by the Trustees and authorised for issue on 14th July 2022 and signed on their behalf by:

Angela Newton

Angela Newton (Chair)

The notes on pages 225 to 40 form an integral part of these financial statements

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2022

	Notes	31.03.2022	31.03.2021
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	20	25,128	127,417
Cash flows from investing activities			
Purchase of tangible fixed assets		(1,457)	(505)
Proceeds from sale of fixed assets		-	0
Net cash (used in) provided by investing activities		**(1,457)**	**(505)**
Change in cash in the reporting period		23,671	126,912
Cash at the beginning of the reporting period		155,178	28,266
Cash at the end of the reporting period	21	178,849	155,178

The notes on pages 22 to 40 form an integral part of these financial statements

1. Basis of Preparation

1.a Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice

1.b Legal Form

National Survivor User Network is a charitable company incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is 15 Bunhill Row, London EC1Y 8LP. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set out in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2. Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2.f Contractual income

This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2. Accounting Policies (continued)

2.g Donated goods and services/facilities
Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.j Allocation of governance and support costs
Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Liabilities

2.l Accrued and deferred income
Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors
The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash
Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by the charity
Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight-line basis.

3. Grants and Donations

	Unrestricted Funds £	Restricted Funds £	Total 31.03.2022 £	Total 31.03.2021 £
Donations from Individuals	3,901	71,403	75,304	2,778
Grant Income (note 3b)	97,848	220,667	318,515	480,247
Donated gift and services (note 3c)	32,878	-	32,878	33,800
	134,627	£ 292,070	£ 426,697	£ 516,825

3b. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds £	Restricted Funds £	Total 31.03.2022 £	Total 31.03.2021 £
CAF Coronavirus Emergency Fund	-	-	-	8,000
CAF Resilience Fund	-	-	-	31,000
City Bridge Trust- London Community Response Fund - Wave 2	-	-	-	12,000
City Bridge Trust- London Community Response Fund - Wave 3	-	-	-	48,696
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	-	-	12,500
Esmee Fairbairn Charitable Trust- Core grants	66,000	-	66,000	99,000
Esmee Fairbairn Charitable Trust- Strategy Support	-	-	-	4,320
John Ellerman Foundation	-	30,000	30,000	-
Lankelly Chase- Knowledge Fund	30,000	-	30,000	-
Lankelly Chase- Covid Core Grant	-	-	-	10,000
Lankelly Chase- Communications Grant	-	-	-	6,300
Lankelly Chase- Small Grants Fund	-	-	-	10,000
Lankelly Chase- Synergi	-	38,179	38,179	-
Mind Side by Side Fund	-	29,920	29,920	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	2,554	2,554	155,000
National Lottery Community Fund- Coronavirus Community Support Fund	-	-	-	44,281
National Lottery Community Fund- RC London and South East Region	-	59,614	59,614	-
Kings College London- Student Mental Health Research Network	1,848	-	1,848	-
The Tudor Trust	-	20,000	20,000	22,000
The Tudor Trust- development grant	-	5,000	5,000	-
Trust for London	-	35,400	35,400	17,150
	97,848	£ 220,667	£ 318,515	£ 480,247

No Government Grants were received in 2022. In 2021 Government Grants were received from the Department of Health and Social Care (DHSC) totalling £167,500. As set out above funds were received from the National Lottery Community Fund totalling £59,614 (2021: £44,281). There were no unfulfilled conditions or contingences in relation to government grants at the end of March 2022 (2021: one in relation to £4,531 of unused funding from DHSC from Mind for the Coronavirus Mental Health Fund).

3c. Donated goods, Facilities and Services

	Total 31.03.2022 £	Total 31.03.2021 £
Use of meeting rooms and office space	-	-
Membership Subscriptions	-	-
Legal Advice in relation to Articles of Association	29,628	28,300
Coaching Support for CEO	1,000	3,000
Communications Support	-	1,050
Consultancy	-	350
Room Hire	2,000	-
Waived Contributors Fees	250	1,100
	£ 32,878	£ 33,800

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers

4. Resources expended

	Direct Staff Costs £	Direct Costs £	Support Costs (Note 6) £	Total 31.03.2022 £	Total 31.03.2021 £
Costs of Raising Funds	11,748	-	6,355	18,103	20,915
Charitable Activities					
Grants to user led groups (note 23)					
NSUN Covid-19 Fund	2,713	450	2,074	5,237	161,698
NSUN Side by Side Fund	4,672	24,854	3,947	33,473	-
	7,385	25,304	6,021	38,710	161,698
Resources for user led groups					
Membership	26,763	6,873	25,221	58,857	47,045
Mind Peer Support	618	3,700	334	4,652	8,738
User Led Funders Report	-	-	-	-	10,768
Community Constellations	27,341	13,508	25,622	66,471	25,799
Lived Experience Leadership	1,845	4,600	1,204	7,649	9,575
Communications	31,495	2,881	29,101	63,477	49,754
Other Projects	618	2,050	335	3,003	10,714
	88,680	33,612	81,817	204,109	162,393
Policy and Influencing Work					
Influencing policy work	37,719	1,500	29,737	68,956	46,375
Health And Wellbeing Alliance	-	-	-	-	15,091
Keeping Control	-	846	-	846	7,625
Covid-19 Communications Project	-	-	-	-	27,450
Other Projects	608	5,150	535	6,293	6,181
	38,327	7,496	30,272	76,095	102,722
Hosted Projects					
North East Together	619	6,242	334	7,195	7,435
Survivor Researcher Network	1,446	6,027	914	8,387	5,963
Synergi	16,155	39,546	9,355	65,056	-
2027 Project	500	69,403	-	69,903	-
	18,720	121,218	10,603	150,541	13,398
Total Cost of Charitable Activities	153,112	187,630	128,713	469,455	440,211
Total Costs	164,860	187,630	135,068	487,558	461,126

5. Resources expended in the previous year

	Direct Staff Cos	Direct Costs	Support Costs (Note 6)	Total 31.03.2021
	£	£	£	£
Costs of Raising Funds	10,453	1,283	9,179	20,915
Charitable Activities				
NSUN Covid-19 Fund (Note 21)	6,809	147,836	7,053	161,698
Resources for user led groups				
Membership	13,117	16,005	17,923	47,045
Mind Peer Support	1,650	5,638	1,449	8,738
User Led Funders Report	1,100	8,701	966	10,768
Community Constellations	12,313	12,520	966	25,799
Lived Experience Leadership	825	8,025	725	9,575
Communications	14,817	14,453	20,484	49,754
Other Projects	734	9,337	644	10,714
	44,556	74,679	43,158	162,393
Policy and Influencing Work				
Influencing policy work	18,301	8,266	19,807	46,375
Health And Wellbeing Alliance	7,248	1,225	6,619	15,091
Keeping Control	550	6,592	483	7,625
Covid-19 Communications Project	1,100	9,280	17,070	27,450
Other Projects	367	5,493	322	6,181
	27,566	30,855	44,301	102,722
Hosted Projects				
North East Together	550	6,401	483	7,435
Survivor Researcher Network	550	4,930	483	5,963
Reigniting the Space	-	-	-	-
	1,100	11,331	966	13,397
Total Cost of Charitable Activities	80,031	264,701	95,478	440,211
Total Costs	90,484	265,984	104,657	461,126

6. Support Costs

	Total 31.03.2022	Total 31.03.2021
	£	£
Support Staff Costs, including governance (see note 7)	27,890	22,906
Direct Governance costs (see note 7)	57,153	38,344
Consultancy	-	1,575
Legal Fees	140	1,000
Storage	460	2,439
Payroll, Accountancy and Bookkeeping	9,797	8,133
Website costs	10,290	15,296
Stationary, Postage, Telephones and IT costs	12,134	8,339
Insurance and HR support	571	483
Advertising, Recruitment and Subscriptions	1,603	2,225
Staff Travel and Wellness	2,676	657
Staff Training costs	10,447	2,076
Depreciation and profit on disposal	607	243
Other	1,300	943
	135,068	104,657

Support costs, including governance costs, are apportioned based across the activities shown in note 4 on the proportion of time spent on each activity by staff

7. Governance costs

Governance costs are included within support costs (note 6) and comprise	Total 31.03.2022 £	Total 31.03.2021 £
Staff costs	12,730	8,456
Independent Examination	2,266	2,161
Board expenses and training	9,174	366
Strategic work	10,790	-
Legal advice - including in-kind support	29,628	28,967
Governance support	5,295	6,850
	69,883	46,800

8. Net expenditure for the year

This is stated after the following	Total 31.03.2022 £	Total 31.03.2021 £
Depreciation of tangible fixed assets	607	245
Independent Examination Fees (including VAT)		
- Independent Examination	2,266	2,161
- Other Services	480	-

9. Analysis of staff costs and the cost of key management personnel

The staff costs were	Total 31.03.2022 £	Total 31.03.2021 £
Wages and Salaries	174,242	101,535
Social Security Costs	12,740	9,822
Pension Costs	3,344	2,214
	190,326	113,571

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2020/21: none)

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2022 and total £3,344 (2021:£2,214).

The key management personnel of the charity comprise the Trustees and the CEO (2020/21 Trustees and CEO). The total amount paid, including Employers National Insurance and Pension, to the CEO in the financial year ended 31 March 2022 was £63,110 (2020/21 £54,390)

No trustees received any payment for their services to the charity (2020/21:none) One trustee received payment for professional services to the charity totalling £350 (2021: nil)

10. Staff numbers

The average number of employees (headcount based on number of staff employed) during the year was 6 (2021:3.4) with a full time equivalent of 4.9 (2020/21: 2.7)

The full time equivalent across the various areas of operation was

	2022	2021
Management	1	1
Charitable activities	3.3	1.1
Administration	0.6	0.6
	4.9	2.7

11. Taxation

National Survivor User Network is a registered charity and as such its income and gains falling within Section 471 to 489 of the Corporation Tax Act 2010 or Section 256 of Taxation of Chargeable Gains Act 1992 are exempt from corporation tax to the extent that they are applied to its charitable objectives.

12. Tangible Fixed Assets

	IT Equipment	Total
	£	£
Cost		
As at 1 April 2021	973	973
Additions	1,457	1,457
Disposals	-	-
As at 31 March 2022	2,430	2,430
Depreciation		
As at 1 April 2021	361	361
Charge for the year	607	607
Disposals	-	-
As at 31 March 2022	968	968
Net Book Value		
As at 31 March 2021	612	612
As at 31 March 2022	1,462	1,462

13. Debtors

	Total 31.03.2022 £	Total 31.03.2021 £
Trade debtors	300	400
Prepayments	1,834	1,823
Other Debtors	-	2,419
Gift Aid Accrued Income	34	3,245
	2,168	7,887

All debtors relate to amounts owed within one year

14. Creditors: Amounts falling due within one year

	Total 31.03.2022 £	Total 31.03.2021 £
Trade creditors	693	6,274
Lease Accrual	1,640	1,640
Other Creditors- Social Security	5,392	-
Other Creditors- Covid Fund	-	4,314
Accruals	6,346	5,676
Deferred Income (note 15)	13,250	11,225
	27,321	29,129

In 2020/21 the Covid Fund creditor represent grants awarded to groups who do not have their own bank account. These funds are either held on Equals Money Cards and have not yet been spent or are for various specific expenditure which is drawn down by the group as needed.

15. Deferred Income

	Total 31.03.2022 £	Total 31.03.2021 £
Balance at 1 April 2021	11,225	-
Released in the year	(11,225)	-
Deferred in the year	13,250	11,225
Balance at 31 March 2022	£ 13,250	£ 11,225

Income has been deferred in relation to agreed activities under contracts with Mind (£7,350) and NHS Cumbria (£6,000) which had not been delivered at the year end. 2020/21 deferred income also relates to contracts with Mind.

16. Analysis of charitable funds

16a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2021	Income	Expenditure	Transfer	Fund balance at 31.03.2022
	£	£	£	£	£
Unrestricted Funds	73,457	196,577	(199,968)	1,848	71,914
Restricted funds					
2027 Project	-	71,403	(69,903)	-	1,500
City Bridge Trust- London Community Response Fund - Wave 3	19,977		(19,977)	-	-
Esmee Fairbairn- Strategy Support	4,320		(4,320)	-	-
John Ellerman Foundation	-	30,000		-	30,000
Lankelly Chase- Synergi	-	38,179	(35,961)	-	2,218
Mind Side by Side Fund	-	29,920	(28,870)	-	1,050
Mind- Coronavirus Mental Health Response Fund (DHSC)	4,531	2,554	(5,237)	(1,848)	
misery	-	14,021	-	-	14,021
National Lottery Community Fund- RC London and South East Region	-	59,614	(59,614)	-	-
North East Together	3,820	5,500	(6,241)	-	3,079
The Tudor Trust	21,344	20,000	(21,261)	-	20,083
The Tudor Trust- development grant	-	5,000	(3,690)	-	1,310
Trust for London	7,099	35,400	(32,516)	-	9,983
Total Restricted Funds	**61,091**	**311,591**	**(287,590)**	**(1,848)**	**83,244**
Total Funds	**134,548**	**508,168**	**(487,558)**	**-**	**155,158**

The transfer of funds relates to core costs incurred in delivering the NSUN Covid-19 fund in 2020/21 which were recouped from returned funds with the permission of the funder.

Restricted Fund	**Purpose of fund**
2027 Project	Funding for the 2027 project
City Bridge Trust- London Community Response Fund - Wave 3	Funding for Project Officer and Community Constellations Project
Esmee Fairbairn- Strategy Support	Funding towards work on membership structure
John Ellerman Foundation	Funding towards core costs of NSUN
Lankelly Chase- Synergi	Funding towards Synergi project costs in February and March 22
Mind- NSUN Side by Side Fund	Funding towards the costs of the NSUN Side-by-Side small grants fund
Mind- Coronavirus Mental Health Response Fund (DHSC)	Funding towards the costs of the NSUN Covid-19 small grants fund.
misery	Funds held towards the activities of the misery hosted project
National Lottery Community Fund- RC London and South East Region	Funding towards membership support and community constellations
North East Together	Funds held to support work in the North East
The Tudor Trust	Core funding
The Tudor Trust- development grant	Funding towards NSUN's strategic development work
Trust for London	Funding towards Policy Officer and Policy work

16b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2020 £	Income £	Expenditure £	Fund balance at 31.03.2021 £
Unrestricted Funds	10,745	240,194	(177,482)	73,457
Restricted funds				
City Bridge Trust- London Community Response Fund - Wave 2	-	12,000	(12,000)	-
City Bridge Trust- London Community Response Fund - Wave 3	-	48,696	(28,719)	19,977
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	12,500	(12,500)	-
Esmee Fairbairn - Communications Project	6,300	-	(6,300)	-
Esmee Fairbairn- Strategy Support	-	4,320	-	4,320
Keeping Control- University of Middlesex	4,417	-	(4,417)	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	155,000	(150,469)	4,531
National Lottery Community Fund- Coronavirus Community Support Fund	-	44,281	(44,281)	-
North East Together	4,442	5,779	(6,401)	3,820
The Tudor Trust	7,850	22,000	(8,506)	21,344
Trust for London	-	17,150	(10,051)	7,099
Total Restricted Funds	**23,009**	**321,726**	**(283,644)**	**61,091**
Total Funds	**33,754**	**561,920**	**(461,126)**	**134,548**

17. Analysis of net assets between funds

	Unrestricted Funds £	Restricted Funds £	Total Funds 31.03.22 £	Total Funds 31.03.21 £
Fixed Assets	1,462		1,462	612
Current Assets	91,773	89,244	181,017	163,064
Creditors: amounts falling due within one year	(21,321)	(6,000)	(27,321)	(29,129)
	71,914	**83,244**	**155,158**	**134,547**

18. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.22 £	31.03.21 £
Financial Assets		
Measured at cost:		
Cash at bank	178,849	155,178
Measured at amortised cost:		
Trade Debtors	300	400
Other Debtors	-	2,419
Total Financial Assets	179,149	157,997
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	693	6,274
Other Creditors- Covid Fund	-	4,314
Deferred Income	13,250	11,225
Total Financial Liabilities	13,943	21,813

19. Transactions with trustees and related parties

None of the trustees have been paid any renumeration or received any other benefits in relation to their role as Trustees with the charity. (2021: none)

During the year one trustee was reimbursed expenses incurred as part of their role as a Trustee totalling £99 (2021: none)

During the year, training costs totalling £6,094 (2021: £295) were paid for nine Trustees (2021:five)

In 2020/21 two Trustees received participation payments totalling £100 in aggregate in relation to their contribution to a project focus group- the same level of payment was made to all participants and their involvement was as a contributor and not related to their role as a Trustee. No payments of this kind were made to Trustees in 2021/22

Payments totalling £350 (2021: £nil) were paid to NSUN trustee Shuranjeet Takhar for consultancy services in relation to the development Synergi Governance Board. These payments were made under a written agreement and agree to be in the best interest of NSUN by the Trustee board.

In 2021/22 a payment of a subgrant to the Centre for Knowledge and Equity for the 2027 Project was made totalling £69,403 (2021: £nil) One of the Project Partners under the agreement with Centre for Knowledge and Equity was Ten Years' Time where NSUN Chair Angela Newton is Managing Director. Angela Newton declared the conflict of interest, was not involved in the agreement of the project, and did not directly benefit from the agreement.

Consultancy and a workshop were delivered to Ten Years' Time during the year with total income of £700 (2021: £750). Angela Newton, the Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

20. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2022 £	Total 31.03.2021 £
Net income for the reporting period (as per the statement of financial activities)	20,610	100,794
Adjustment for :		
Depreciation charges	607	245
(Profit)/loss on disposal of equipment	-	-
(Increase)/decrease in debtors	5,719	14,597
Increase/(decrease) in creditors	(1,808)	11,781
Net cash provided by operating activities	**25,128**	**127,417**

21. Cash at bank and in hand

	Total 31.03.2022 £	Total 31.03.2021 £
Cash at bank	169,092	150,697
North East Together Account	8,874	2,086
North East Together Cash	200	-
Equals Money Card	683	2,375
PayPal	-	20
Total Cash	**178,849**	**155,178**

22. Analysis of changes in net debt

	31.03.21	Cash flows	31.03.22
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	155,178	23,671	178,849
Total net debt	**155,178**	**23,671**	**178,849**

23. Analysis of Grants

	Total 31.03.2022 £	Total 31.03.2021 £
NSUN Covid-19 Fund	-	125,280
NSUN Side by Side Fund	18,644	-
2027 Project Sub-Grant	69,403	-
Total Grants to Institutions	**88,047**	**125,280**

In 2021/22 The NSUN Side by Side fund awarded grants to peer support, mutual aid or self-help groups in England and Wales to connect remotely, prepare to move their activities to face-to-face, or make their group more sustainable. The grant was aimed at groups that benefit people or communities who live with mental ill-health, trauma and distress, take place in a community setting (i.e. not NHS or local authority), and are in some way led by members of the community they engage. Grants were funded by Mind's Side by Side: Peer support in the community project.

In 2021/22, a sub grant was awarded to the Centre for Knowledge and Equity for the delivery of the 2027 Project, which focuses on embedding lived experience within decision-making roles in critical local and regional institutions including NHS trusts.

In 2020/21 the NSUN Covid Fund awarded grants to support community led and user-led groups and organisations to support community action, peer support, mutual aid and other activities that made a direct difference to the lives of people living with mental ill-health, trauma and distress during this Covid-19 period. Grants were funded by the Department of Health and Social Care through the Mind Coronavirus Mental Health Response Fund, and by Lankelly Chase

No grants were awarded to individuals

Reconciliation to Direct costs (Note 4)

	Direct administration costs (incl Panel and Evaluation)	Grants to institutions	31.03.2022 £	31.03.2021 £
Total Direct costs of Grants to User Led Groups	6,660	18,644	25,304	147,847
Total Direct Costs of 2027 Project	-	69,403	69,403	-
Total	**6,660**	**88,047**	**94,707**	**147,847**

23. Analysis of Grants (continued)

Recipients of Intuitional grants	Total 31.03.2022 £	Total 31.03.2021 £
Recipients of NSUN Side by Side/Covid-19 Fund Grants		
3 Starts Limited	-	980
361 Life support	-	579
Adira	-	6,200
African Caribbean Forum Kent	-	5,990
Al-Abbas	500	-
All about Women	500	-
Angels of Hope for Women	500	-
Arts and Health	-	840
Badass People Demystified	-	1,000
Blue Van Armed Forces & Veterans	500	-
Booom	-	1,000
Breakdown Bolton CIC	-	938
Bristol Disability Equality Forum	-	1,000
Bristol Reclaiming Independent Living (BRIL)	-	787
Bury Veterans Hub Cafe	-	850
By Your Side	-	1,020
Chesterfield Bipolar Group	-	144
Chime to Thrive	-	1,000
Chronically Awesome	-	196
CiLK (Centre for Independent Living (Kent))	-	1,000
Community Action to Inspire Hope	-	400
Community Enterprise East London	-	200
Community Network Group CIC	-	180
Compassionate Mental health	-	1,000
Decolonised Network	500	-
Depression Xpression	-	674
Downham Dementia Support	500	-
Dulwich Islamic Centre	500	-
EleMental Music	-	580
Empower the Invisible Project CIC	-	750
Experts by Experience	500	-
FACE	-	900
FFENA	-	6,000
Food Troops	500	-
For Women	-	120
Free2B-Me LGBTQ+ Community Organisation	-	912
Freedom4Girls	500	-
Freya	-	849
FruitCake Creatives	-	1,000
GUSU	500	-
Happy and Healthy	500	-
Happy Hooves	500	-
Hearts and Minds	-	1,000
Hive South Yorkshire	-	850
Hong Kong Adoptee Network	500	-
Humanity Concern Projects	500	1,000
Humber All Nations Alliance	-	1,050
I Am My Sister	500	-
Independent and Work Ready	-	1,000
Inspire Women, Men and Children	500	-
Kashmiri Arts & Heritage Foundation	-	1,800
Kunsaka	-	5,950
Sub total carried forward to next page	**8,500**	**49,738**

23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued from previous page)

	Total 31.03.2022 £	Total 31.03.2021 £
Sub total from previous page	8,500	49,738
Kwaafrica	-	1,000
Let's Talk About Loss	500	896
Lighthouse	500	-
MadCovid	-	794
Make it Happen	-	479
Make Space	-	410
MASAKHANE	500	-
MCRC Ltd	-	980
Melancholy and Raving Mental Health Variety Night	-	226
Men Up North	-	5,472
Meridian	-	1,000
Migrant Empowerment Group	500	5,700
Mind in Camden	500	-
Mom's Mindful Hub	-	1,000
MSKT/BACA Whiteness and Race Equality network	-	935
National Hearing Voices Network	-	2,000
New Baby Network CIC	-	946
Nomad Radio	-	800
North East together	-	1,000
North Tyneside Disability Forum Ltd	-	600
Norwich Access Group	500	-
On the Out	-	1,000
Organic Arts	500	-
Organisation of Support and Advice for Religion and Culture (OSARC)	-	6,000
People Come First	-	300
People First (Self Advocacy)	-	299
Pioneer LXP	-	690
PND Mummies CIC	-	499
Real Insight Consultancy UK CIC	-	1,970
Release into Victory	-	200
Renew	500	-
Rise & Shine Lancashire	-	887
Rising Moments community project group	-	800
Rochdale Dawah Centre	500	-
Safely Held Talking Learning Healing	-	194
SAM Recovery Swansea	500	-
Sangini	500	-
SARELI (Salford Refugees Link)	-	6,272
Self Injury Self Help (SISH)	-	800
Self injury Support	-	6,200
Shaftesbury Mental Health Peer Support Group	-	210
Shining Stars	500	-
Shining stars community group	-	1,000
Shropshire Epilepsy	500	-
SM TalkingCircles	-	935
Sporting Recovery	500	-
Surrey Coalition of Disabled People	-	1,000
Survivors of depression in transition	-	1,000
Survivors' Poetry	144	474
SWAN (Supporting Women, Activities Network)	-	1,000
Sub total carried forward to next page	**15,644**	**105,705**

23. Analysis of Grants (continued)

Recipients of Intuitional grants (continued from previous page)

	Total 31.03.2022 £	Total 31.03.2021 £
Sub total from previous page	15,644	105,705
Taking Control of Psychiatric Medication Group	-	444
Talk for Health Chair and Share group	-	144
Talking Sense	-	120
Taraki	-	5,275
The Clear Out Your Closet Collective	-	1,000
The Cultural Connection	-	1,249
The Lokki Foundation	500	-
The Octopus Foundation	-	550
The Sunshine Group	-	314
The Wellness Tribe	500	-
Trans Aid Cymru	500	-
Traveller Pride	-	5,500
Waltham Forest Hearing Voices Group	-	1,000
WatchUsgrow	-	993
We Love Carers	-	1,000
West London Somaliland Community	-	986
Wish	-	1,000
Women and Digital Exclusion	500	-
Woodenstone	500	-
Youth Ngage Kent UK	500	-
Total Recipients of NSUN Side by Side Grants	**18,644**	**125,280**
Recipients of 2027 Project Sub-Grant		
Centre for Knowledge and Equity	69,403	-
Total Grants to institutions	**88,047**	**125,280**

NATIONAL SURVIVOR USER NETWORK

England & Wales - Charity number 1135980

Accounts

National Survivor User Network

(A company limited by guarantee)

Report and Financial Statements

For the year ended 31st March 2021

Charity Number 1135980
Company Number 07166851

National Survivor User Network
Report and Financial Statements for the Year Ended 31 March 2021

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National Survivor User Network
Legal and Administrative Details for the Year Ended 31 March 2021

Reference and Administrative Information

Charity Name:	National Survivor User Network
Charity Registration Number:	1135980
Company Registration Number:	1032145
Registered Address:	NSUN Ltd, Kemp House, 152-160 City Road, London EC1V 2NX
Trustees:	The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served from 1st April 2020 up to the date of approval of these financial statements were as follows:

Zoe Bennett		
Alisdair Cameron		
Eleni Chambers		
Nic Murray		
Angela Newton (Harris),	Chair	
Helen Oldfield,	Treasurer	until 22nd June 2020
Jonathan Rackham		from 24th November 2020
Emily Reynolds		
Rachel Rowan Olive		
Amy Rushton		from 24th November 2020
Julia Smith		until 24th November 2020
Dawn Wills,	Secretary	until 9th March 2021
Mark Wood		until 17th September 2020

CEO :	Akiko Hart
Independent Examiner:	Michael Tourville, Beever and Struthers, 15 Bunhill Row, London, EC1Y 8LP
Principal Bankers:	Santander, Bootle, Merseyside, L30 4GB
Solicitors:	Faegre Drinker Biddle & Reath LLP, 7 Pilgrim Street, London, EC4V 6LB

National Survivor User Network
Trustee's Annual Report (including Directors' Report) for the year ended 31 March 2021

The Trustees present their report and the examined financial statements of the charity for the year ended 31 March 2021. The Trustees have adopted the provisions of the Statement of Recommended Practice (SORP) "Accounting and Reporting by Charities" in preparing the annual report and financial statements of the charity.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

The Directors of the charitable company are its Trustees for the purposes of charity law. The Trustees who have served during the year are listed on page 1.

Objects and activities for the public benefit

The objects of the charity as set out in its governing document are to provide for the public benefit, the promotion of good health and to advance education in particular, but not exclusively, by:

1. Creating a network which will engage and support the wide diversity of mental health service users and survivors across England in order to strengthen user voices.
2. Facilitating active links between service user groups and individuals.
3. Building capacity for service user groups.
4. Brokering and facilitating access to service users for purposes of influencing and informing policy-makers and planners.

The Trustees confirm that they have referred to the Charity Commission's Guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities. The objects are achieved through a variety of the following activities:

- building capacity in our membership
- strengthening local and regional networks
- capacity building and information sharing
- influencing mental health policy and practice
- representing and relaying members' views at all high level mental health policy levels and communicating practice, policy and legislative changes back to members
- promoting better service user involvement and Public and Patient Involvement (PPI) practices in research, practice and policy

Review of Achievements and performance: How our activities delivered public benefit

National Survivor User Network (NSUN) is an independent user-led network, bringing individuals and groups together to communicate, support each other, share experiences and have a voice. It's a membership network led by people with lived experience of mental health issues or long-term mental distress.

NSUN exists to enable change for people who experience long-term distress, discrimination and disadvantage. As a membership organisation, NSUN connects individuals and groups and then supports, encourages, amplifies and advocates so that the issues, ideas, dreams and ambitions of those who live with long-term distress and/or mental ill-health can be realised.

2020/21 Activities:

As stated in the 2019/20 Trustees' Annual Report, NSUN's aims for 2020/21 were to:

- build capacity in its membership through a micro-grant making programme for User Led Organisations (ULO), as well as series of resources aimed at strengthening the resilience of ULOs and facilitating shared learning
- gain a better understanding of the sector through mapping our members' activities
- continue to promote and amplify members' perspectives, voices and campaigns through our communications and policy work, and ensure that NSUN is a disruptive and constructive voice in policy settings, challenging the focus on individual expertise and bringing to the fore collective knowledge and action.

We have achieved those aims through

NSUN Covid-19 Fund

"It's a small pot of money but it's amazing what you can do with a small pot of money."

NSUN Covid-19 Fund grantee

In 2020, NSUN awarded grants to 88 organisations and groups, to support peer support, community action and mutual aid for people experiencing mental ill-health or distress during the pandemic. The NSUN Covid-19 Fund consisted of an initial grant of £100,000 from Mind's Coronavirus Mental Health Relief Fund (CMHRF) via the Department of Health and Social Care, to distribute £60,000 in small grants. Based on the success of the first grant, NSUN was then awarded a second grant of £50,000 to distribute 10 grants of £5,000 to existing NSUN grantees which were organisations or groups led by and for people from racialised communities. NSUN then received an additional grant of £10,000 from Lankelly Chase, and the CMHRF then awarded NSUN £5,000 to distribute to an existing grantee delivering helpline support. In total, NSUN distributed £125,280. The grant management costs including the evaluation totalled £36,404 to the end of the financial year with some further costs of monitoring grant expenditure expected in the 2021/22 financial year.

The proportion of funding awarded to groups led by people from racialised communities was 63%. 15 (17%) of the 88 organisations were gender specific: 14 for women and one for men. Four (4.5%) were LGBTQ+ organisations or groups.

Most of the applications (c. 75%) were for some form of technology to enable online or remote connection with their communities, whether for software (typically Zoom subscriptions) or hardware (laptops, mobile phones or tablets). Two-thirds of these (30% of the grants overall) were asking for additional items along with technology; examples of this include: training, creative or wellbeing packs to send out to members, facilitator costs for online groups and printing and postage. The remaining 25% of applications included staffing and volunteer costs, creative and postal projects, and translations.

Some applications were rejected on the basis that the group was not user-led, some for being outside the grant remit (e.g. not Covid related) and some because they were applying for food which was not within the remit of the fund. In the early days of the fund, a number of applications came from mutual aid groups where the link with the ethos of NSUN and the fund was not clear, which we were unable to fund.

NSUN aimed to make the process as accessible as possible, using a light-touch form and offering support from an NSUN Associate undertaking a Grant Manager role. NSUN also supplied an Easy Read version of the form, an opportunity taken up by three organisations. Grant applicants were contacted by a grants manager in the first instance, who was also available to support people with their applications. The grants manager did an initial sift according to the criteria, arranged a phone call/Zoom with the shortlisted applicant, and approved applications under £200 which met the criteria. The contact with the grantees was an invaluable part of the process. These applications and the notes were then put forward to a panel which met each week (two standing members: the CEO, one NSUN Associate, one NSUN trustee and the evaluator). Successful applicants were then sent a grant agreement form based on similar forms from Awards for All and Lankelly Chase. NSUN was able to fund applicants without bank accounts through the Equals Money Scheme which sends out expenses cards which people could use to make and track purchases. Throughout the process, the grants team worked closely with the Finance Officer to set up strict financial controls, including receipts for all purchases, and requests for copies of organisational bank details.

The independent evaluation, undertaken by a survivor researcher, included a quantitative analysis, an-depth qualitative analysis based on an evaluation form and 12 case studies, reflections on NSUN's learning, and 10 short videos from grantees: https://www.nsun.org.uk/how-our-members-adapted

The CEO was invited to do a podcast interview with Healing Justice London where she talked about the work of the Fund and NSUN's learning which could benefit the sector: https://anchor.fm/healing-justice-ldn/episodes/Lived-Experience-Mental-Health-in-Times-of-Covid- 19-with-China-Mills-and-Akiko-Hart-etor8v

"It is vital for funders and commissioners everywhere to recognise the value of a seriously small grants fund. There are so many small groups and organisations out there who, for various reasons, are unable or unwilling to try to apply for medium or large grants. They may not have the capacity or resources to embark on the process, they do not want to be funded out of their comfort zone, but they do want to survive and thrive, doing what they do best for their immediate communities."

NSUN Covid-19 Fund evaluation, Alison Faulkner

Resources for user-led groups

During 2020/21, NSUN held a number of events and created a series of resources to help build the capacity of user-led groups.

Due to Covid restrictions, the NSUN 2020 Annual General Meeting and Members' Event was held online in November. It included panel discussions (on LGBTQ and survivor activism; what user led groups need; survivor research; and youth lived experience leadership). These are all available to view on the AGM website (https://nsunagm2020.com/) and the NSUN YouTube channel. The website also includes soapbox videos, a creative exhibition, membership videos, an update video on NSUN's work this year, and a "meet the team" video. Accessibility was one of the main considerations for the AGM, and the event included British Sign Language (BSL), captioning, a group agreement which enabled people to feel safe and respected, and a range of speakers who reflected the diversity of the membership. Following on from the AGM, NSUN supported 5 small user led groups to access BSL/captioning for their events this year.

Through the partnership work with Mind, NSUN commissioned and published a number of resources for members on peer support, including a guide to remote and online peer support and case studies on peer support groups. Following on from the Principles Ways of Working Peer Support Charter published in 2018, NSUN commissioned and published a report, blog and video on "Principled ways of working: peer support in Sussex, learning from a local partnership." The process enabled the partners involved to review their work together and discuss their achievements, as well as the benefits and the challenges of peer support partnership work across statutory and small and large VCSE organisations. NSUN also convened online shared learning spaces for members, in partnership with Make Space and LGBT Switchboard, on different aspects of facilitating peer support groups online.

Thanks to a grant from City Bridge Trust funded from the London Community Response Fund, NSUN launched Community Constellations, a new capacity-building project for the vibrant but precarious user-led and community-led sector in London. Community Constellations takes as its starting point the fact that user-led community groups resemble the specific communities they serve more than they resemble an overall model. The project, works with partner organisations to create generative spaces in which user-led organisations can support each other and build for the future. Its work includes:

- launching a regular online reflective practice space in partnership with youth mental health projects Voice Collective and Hearts and Minds
- supporting the Survivor Researcher Network, currently hosted by NSUN, and Misery, a QTIPOC sober mental health collective, with their journey to becoming constituted
- working in partnership with user-led group Feeling Queer on a zine on queer mental health.

NSUN also funded an additional print run of Asylum Magazine which Women in Secure Hospitals and Books Beyond Bars sent to women and LGBTQIA+ folk in forensic wards or in prison. This was part of NSUN's work to share mental health resources with people who were digitally excluded during the pandemic.

Understanding our sector

In December 2020, NSUN published the report "What do user-led groups need?", thanks to a grant from the London Community Response Fund: https://www.nsun.org.uk/news/what-do-user-led-groups-need

The report is the result of 19 interviews commissioned by NSUN with community organisations and groups using lived experience to deliver mental health support in England. These interviews took place in August 2020.

The objective of the research was shaped by NSUN's role as a national network of user-led mental health organisations and its experience of delivering a micro grants programme to support user-led community groups and organisations to deliver mental health related activity in the context of the first national pandemic lockdown in 2020. The research looked to understand what challenges user-led mental health organisations face and to explore what might help user-led organisations delivering mental health support to meet their aims and sustain and develop their activities.

This report contains a number of observations from the interviews carried out and a number of testable hypotheses for future action. Key findings from the report include:

- "User-led organisations and groups can feel that their target cohort is too specific to attract the attention of funders interested in whole community change, even when the size of the funds required to meet the needs of that cohort are minimal. Making a big change to a small number of people does not feel like an easy sell.
- User-led groups and organisations that have grown from racialised or marginalised community may define themselves and their lived experience in terms of their community experience primarily, even when their activities support the mental health of their community.
- User-led groups and organisations delivering support and opportunities to improve mental health can feel outside bodies, including funders, do not understand what is specific about their work and the context in which it takes place and as such struggle to communicate the value of what they deliver.
- User-led groups and organisations may feel themselves to have few local allies or peers with which to share, discuss and develop ideas and partnerships, especially where the mental health elements of their work are not widely recognised as important within their wider community."

What do user led groups need? By Mark Brown and Emma Ormerod

NSUN continued to develop its relationships with grant-making trusts and foundations in order to influence the way in which they consider, value and fund grassroots user-led groups. This included participating in a roundtable on Disabled People's Organisations convened by the National Lottery Community Fund, ongoing conversations with the Fore about the NSUN Covid-19 Fund, and facilitating a learning session on mental health & inequalities for philanthropy consultancy Ten Years' Time' Grant Givers Programme.

Amplifying our members' voices and campaigns

NSUN published 25 members' blogs and continued to share campaigns from the membership. Highlights include "'Call Before You Walk' for A&E – how will this impact treatment for self-harm?", by Self Injury Support Director Naomi Salisbury, responding to changes in the process for going to A&E for self-harm (https://www.nsun.org.uk/call-before-you-walk-for-ae-how-will-this-impact-on-treatment-for-self-harm), and "Another shocking scandal - why does this keep happening?" - by People First Director Andrew Lee, in response to ten staff being suspended at Yew Trees hospital in Essex after reports of abusive behaviour (https://www.nsun.org.uk/another-shocking-scandal-why-does-this-keep-happening).

As part of the partnership work with Mind, NSUN commissioned a series of focus groups and interviews to map out what is sometimes called 'Lived Experience Leadership' in different settings in England and Wales. The project engages with the questions, complexities and debates about Lived Experience Leadership, to see if there might be a role for NSUN or Mind in supporting its development. NSUN also commissioned a series of blogs and vlogs for members to share their views on what Lived Experience Leadership means to them, and, for some, the challenges of navigating a Lived Experience job in a mental health setting.

In the week before World Mental Health Day (October 2020), NSUN released a series of articles looking at the "new normal" as well as interacting cycles of poverty and distress.

Policy and Influencing Work

NSUN has continued to work closely with its policy partners in order to influence mental health and welfare policy, from the perspective of our members who might otherwise not have a voice in these spaces. NSUN is a member of the following coalitions or groups:

- the Mental Health Independent Advisory Oversight Group, which tracks progress against the NHS Long Term Plan
- the Mental Health Alliance, which focuses on mental health legislation and which NSUN currently chairs
- two consortia at the Health & Wellbeing Alliance at Department of Health & Social Care (the Lived Experience Alliance, formerly the Win-Win Alliance, and the Mental Health Consortia). The Health & Wellbeing Alliance is a partnership between the voluntary sector and the health and care system to provide a voice and improve the health and wellbeing for all communities.
- the Disability Benefits Consortium, a coalition of over 100 charities and other organisations working towards a fair benefit system
- and regular Care Quality Commission (CQC) meetings and updates. The CQC is the independent regulator of health and social care in England.

Highlights from policy and influencing work include:

- The proposed changes to mental health legislation in the Coronavirus Act expired (sunsetted) thanks to campaigning work by NSUN and other organisations
- Work on the Mental Health Act in the run-up to the publication of the White Paper in January and during the subsequent public consultation, including co-hosting two webinars with the British Institute of Human Rights, commissioning and publishing a series of blogs on members' personal experience of being detained under the Act, consulting with members through online surveys, and publishing a response to the consultation.
- NSUN's submission referenced and included in the Joint Committee on Human Rights report "The Government's response to COVID-19: human rights implications": https://committees.parliament.uk/writtenevidence/9268/html
- Partnership work with mental health charities which culminated in the publication of the Social Contract, a manifest for a mentally healthy society (https://amhp.org.uk/app/uploads/2020/06/A-New-Social-Contract-for-a-mentally-healthier-society-FINAL.pdf)

- Policy work on the Competence Framework on Mental Health Peer Support Workers
- Launching the 4Pi microsite in November: https://www.nsun.org.uk/4pi-involvement-standards
- Publishing 'Keeping Control', a series of resources on hate crime and abuse in mental health, including a report translated into Bengali, Urdu, Arabic and Gujarati, and available in Easy Read. It also included a series of audio interviews: https://www.nsun.org.uk/news/keeping-control

NSUN's work was presented at numerous events, including a Coping with Covid webinar organised by the United Nations, the ACEVO (Association of Chief Executives of Voluntary Organisations) conference, and the House of Lords Select Committee on digital mental health and Covid.

Hosted Project: North East together

North East together (NEt) is the Regional Network for people with lived experience of mental health conditions living in the North East of England.

In the last year NEt continued to stay in touch with our members during lockdown by purchasing a Zoom licence and holding Members' meetings online.

NEt has also been able to continue support via online meetings Pride in Mind, a social and support group for members of the LGBTQ+ Community with lived experience of a mental health condition.

Work has also progressed with involvement in A Weight off Your Mind, a regional plan to support those within secondary mental health and learning disability services to manage their weight. Our secretary is now involved with two steering groups to roll out the work across the Region and NEt are also involved in some associated research on the plan.

In the next year NEt has agreed a service level agreement with the Northern Clinical Network and Senate to engage and measure the impact Covid 19 has had on people with lived experience, particularly around access to mental health services.

Hosted Project: Survivor Researcher Network

The Survivor Researcher Network (SRN) was originally formed after the 'Strategies for Living' Mental Health Foundation project (1997-2003) and was hosted by the Mental Health Foundation until 2011 when it moved to NSUN.

The network aims to provide mental health service users and survivors who are involved and interested in research with a forum for networking, sharing information and supporting each other. SRN produces a bulletin of research opportunities, events and articles every two months. Information is also now shared via the SRN Twitter account at @SurvivorResNet.

In 2020/21, Working Group members completed their chapter entitled 'How can we survive and thrive as survivor researchers?' for the *Routledge Handbook of Service User Involvement in Human Services Research and Education*, which was published during Autumn 2020 in hardback and a more affordable e-book format. SRN staged a panel discussion at the NSUN AGM under a similar title.

They contributed to the March 2021 LIvPsych meeting, 'Survivor Research Perspectives: Unmasking the Black-White Mirror to Save Black Lives in the Mental Health' with Colin King and Doreen Joseph. The SRN bulletin with information on relevant opportunities and publications continues to be circulated every other month to NSUN members on the mailing list.

Over the winter months SRN successfully established an online Discussion and Support Group for those interested in using their lived experience in mental health research. There has been considerable interest and three meetings have taken place. Meetings include a topic for discussion and free space to bring issues of concern.

The Working Group has met regularly and considered options for the future development of SRN. The hosting and funding arrangements for SRN with NSUN are coming to an end in 2021. The Working Group are currently building a new SRN website which can offer a platform for interaction and resources for survivor researchers, establishing a community interest company and seeking alternative core funding.

Fundraising

The Trustees are delighted to report that in addition to the NSUN Covid fund grant gratefully received from Mind/DHSC, other new grant funding was successfully secured in the year from The National Lottery Community Fund, Trust for London, Lankelly Chase, the London Community Response Fund, and the Charities Aid Foundation (CAF) totalling £161,127 and are incredibly grateful for their support. We are also grateful for the ongoing support from Esmee Fairbairn Charitable Trust and the Tudor Trust towards core funding, and Mind, Lankelly Chase, Esmee Fairbairn Charitable Trust and Disability Rights UK (DHSC) for grant income to support various specific projects during the year.

Aims for 2021/22

In 2021/22, NSUN will consolidate the growth of the past 12 months, strengthen its policies and governance, and review the membership offer.

NSUN also aims to continue building capacity in its membership through a second small grants programme for user-led organisations, as well as scaling Community Constellations in order to work alongside groups across England. NSUN will continue to promote and amplify members' perspectives, voices and campaigns through communications, and will also develop its policy work, focusing on the social determinants of mental ill health or distress.

Financial review

Income for the year ended 31st March 2021 totalled £561,920 (2020: £236,082) and increased by £325,838 from the previous year. The largest area of increase was seen in Grants and Donations which rose by £319,920 when compared with the previous year. This increase was driven by grants totalling £155,977 secured from funders specifically responding to the Coronavirus pandemic and grants totalling £165,000 received towards the NSUN Covid Fund.

NSUN's principal source of funds during 2020-21 was income from grants and totals £480,247 (2020: 190,258) and comprises 85% of income (2019: 81%).

Expenditure totalled £440,211 (2020: £230,109) for the year ended 31st March 2021, an increase of £231,017 when compared with the previous year. Costs have increased with the expansion of activities and the staff team and the largest single area of increased costs was seen for the Covid Fund Small Grants scheme with costs of £161,698 of which £125,280 comprised grants issued to groups and organisations. Total staff costs have increased by £27,341 as a result of the team having grown from an average headcount of 2 to 3.4 during the year.

Non-staff support costs including governance costs, saw an increase of £32,163. The two largest areas of increase were governance costs, where legal support given in-kind by solicitors Faegre Drinker Biddle & Reath LLP in respect of reviewing the Articles of Association totalling £28,300, was included in the total. In addition, costs of starting the development of a new website at the end of the financial year increased website costs. This was partially offset by falls in travel costs due to the Coronavirus pandemic restricting face to face meetings. Despite the increase in costs, due to the increase in the size of the team, support costs per head fell over the course of the year.

Fundraising costs totalled £20,915 and fell by £15,584. This fall was primarily due to the allocation of support costs mentioned above rather than a decrease in staff time spent. Fundraising costs relate to staff time spent on grant fundraising and the investment saw an increase in income from these sources of £289,989. In addition to funds secured in the 2020/21 financial year, fundraising efforts to secured Lottery funding, made both in the 2019/20 and the 2020/21 financial years saw the successful securing of a 3-year grant totalling £278,868 across the 21/22, 22/23 and 23/24 financial years. We are very grateful to The National Lottery Community Fund for this support.

Total funds, reserves policy and going concern

Total funds at 31st March 2021 were £134,548 (2020: £33,754) and comprised restricted funds of £61,091 (2020: £23,009) and unrestricted funds of £73,457 (2020: £10,745). The largest remaining restricted funds comprise core funding and funding towards staff and Trustee wellness activities from Tudor Trust (£21,344), funding from City Bridge Trust (London Community Response Fund) towards the Community Constellation Project (£19,977) and Trust for London funding towards the Policy Officer (£7,099). Unrestricted funding comprised funding from Esmee Fairbairn and CAF towards core costs in the 2021/22 financial year and unrestricted income from donations and contracts.

The Trustees review the charity's reserves policy annually and aim to hold 3 months of fixed staff and running costs plus other specific amounts in relation to: staff redundancy entitlement, provision to cover any unexpected key staff sickness, provisions against unsecured consultancy income and provision against the unrestricted grants, whose balances form part of the unrestricted reserves but where there is an expectations they will be used to fund costs in the coming year and not held as contingency reserves. As such the agreed reserves target is £125,727 including £47,527 in relation to unrestricted grants to be used in the coming year. At the 31st March 2021 unrestricted free reserves, excluding fixed assets, total £72,845 which were 60% of this target. Trustees aim to set aside further unrestricted funds over the coming year but anticipate that it may take several years before reserves are maintained at the level set by the reserves policy.

The Trustees have reviewed the budgets for the 2021/22 financial year, including reserves and secured income and consider there to be sufficient funding secured to prepare these financial statements on a going concern basis.

Grant Making Policy

NSUN's grant making policy is specific to the funds being distributed and is in line with the conditions of the funder, which during the year 2020/21 financial year was the NSUN Covid-19 Fund funded by Mind/Department of Health and Social Care. The Trustees consider micro-grants an effective means of achieving NSUN's charitable objectives of building capacity for user led groups and grants were awarded which supported peer support, community action and mutual aid for mental health during Covid-19

Applications for grants were invited through our members bulletin and advertised widely through social media channels. It is NSUN's policy to make grants as accessible as possible and applications were made through using a light-touch form and with the offer of support from a grants manager. Applications were reviewed on a first come first serve basis and are shortlisted by a grants manager. Applications meeting the criteria for under £200 are approved directly by the grants manager, with larger applications being passed to the grants panel for consideration. The panel met each week for the duration of the fund and compromised two standing members: the CEO, one NSUN Associate, one NSUN Trustee and the evaluator. Where successful, restricted grants were awarded to groups subject to agreement with the terms and conditions set out in our grant agreement. To ensure compliance with the grant award the Finance Manager agrees all expenditure to supporting evidence supplied by the grantees at the end of the grant period. Grants were awarded to user-led groups or organisations, which were run, governed or delivered by people with direct experience of the kinds of challenges faced by the people they intend to help or support.

Key Risks and Uncertainty

The Trustees regularly review the principal risks and major uncertainties to which the charity may be exposed and systems and procedures have been established to manage those risks.

The Board review the risk register at every Board Meeting (at least quarterly) which lists the key risks identified together with a risk score calculated based on the probability and the potential impact of the risk concerned. Actions being taken to manage the identified risks are listed on the register.

Key risks identified during the year are:

1) Compliance with laws and regulations around data, which has been managed by ongoing targeted training for Trustees, staff, associates and volunteers and maintenance and monitoring of appropriate policies in line with current developments and legislative changes.
2) The impact of the coronavirus pandemic on finance and operational activities, which has been managed through a business continuity plan in place to identify and mitigate Covid specific risks. In addition, funding has been secured to provide financial stability over the next more than 12 months.
3) Board effectiveness, including risks around poor communications and skills, which is being addressed through a skills audit, Board appraisal process and Board training.
4) Lack of racial diversity on the Board, which is the subject of ongoing discussions including the accessing of Racial Justice training for Board members and the consideration during 2021 Board recruitment.
5) Clarity over the membership offer and the most appropriate legal structure of NSUN going forward.

As is the case with many charities, NSUN is facing a number of external risks, as the sector constricts and adapts to a post-Covid world. NSUN also faces internal risks, in particular around governance. In October 2020, NSUN released a statement to its members on their liability in the unlikely event of NSUN becoming insolvent: https://www.nsun.org.uk/news/statement-on-liability-of-nsun-members-in-case-of-insolvency-news. This had not previously been communicated to members. One of the key tasks for 2021/22 is to review the membership offer and the most appropriate legal structure for the organisation, and to continue strengthening internal policies and governance.

Contribution made by volunteers

We are incredibly grateful to all of the volunteers many of whom have provided considerable pro bono support valued at £33,800 and included within the financial statements. This has included pro-bono legal support, coaching and policy support, as well as individuals generously sharing their expertise.

Structure Governance and Management

The National Survivor User Network (NSUN) is a Charitable Company Limited by Guarantee with charity number 1135980 and Company number 1032145. NSUN's governing document are Articles of Association and the charity operates in England.

Trustees (who are also Company Directors) are elected at the Annual General Meeting or co-opted onto the Board when a serving Trustee resigns during the year. Trustees are approved and appointed by the members at the AGM. They can also be appointed by the Board. The Articles of Association state that the minimum number of Trustees should be 3 and the maximum 12. Trustees must retire at the AGM which falls on or after the third anniversary of their appointment and may be reappointed.

Skills gaps at Board level are addressed by regular skills audits. New Trustees are inducted by the Chair and CEO and offered training as necessary.

The Board meets at least 4 times a year.

Day to day management of the charity has been delegated to the CEO (previously the Managing Director). The CEO is supported by staff, consultants ("Associates") and volunteers, if applicable, and a scheme of delegation is in place.

Organisational Structure and Key Management Personnel

The CEO reports to the Chair of NSUN, who is responsible for convening Board meetings and ensuring correct governance of the charity with other Trustees. The Chair is also responsible for appraising the performance of the CEO and Trustees.

At present, there are 4 other members of staff, the General Manager, the Communications and Membership Officer, the Project Manager of Community Constellations and the Policy Officer, and several self- employed consultants ("Associates") who are line managed and appraised by the CEO. The Finance and Administration Officer is contracted on a self-employment basis.

The Board also conducts business through several task and finish groups and sub committees and delegated responsibility are agreed to provide additional reviews, scrutiny and controls. Task and finish groups include Strategy, and sub committees during the year were Finance and Policies.

The SORP considers the key management personnel of the charity to be those persons having authority and responsibility for planning, directing and controlling the activities of the charity, directly or indirectly. The Trustees consider that the NSUN Board of Trustees and the CEO are Key Management Personnel of the charity.

The pay of the CEO is reviewed annually by the Chair and benchmarked to similar posts within the sector.

Details of Trustee expenses and related party transactions are disclosed in note 20 to the financial statements.Trustees are required to disclose all relevant interests and register them with the CEO and, in accordance with the charities policy, withdraw from decisions where a conflict of interest arises.

Trustees' responsibilities in relation to the financial statements

A resolution proposing that Beever and Struthers be re-appointed as independent examiners of the charity will be put to the Annual General Meeting.

The report of the Trustees has been prepared taking advantage of the small companies' exemption of section 415(A) of the Companies Act 2006.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the financial statements and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland published in October 2019.

This report was approved by the Board of Trustees on 1st June 2021 and was signed on its behalf, by:

Angela Newton

Angela Newton (Harris)
Chair

Independent Examiner's Report to the Trustees of National Survivor User Network

I report to the charity Trustees on my examination of the financial statements of the company for the year ended 31 March 2021 which are set out on pages 20 to 36

Responsibilities and basis of report

As the charity Trustees of the company (and also its Directors for the purposes of company law) youare responsible for the preparation of the Financial Statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Michael Tourville

Michael Tourville ACA

Beever and Struthers
Chartered Accountants
15 Bunhill Row,
London
EC1Y 8LP

Date: 21 July 2021

National Survivor User Network
Statement of Financial Activities (including summary income and expenditure account)
For the year ended 31 March 2021

	Notes	Unrestricted Funds	Restricted Funds	Total 31.03.2021	Unrestricted Funds	Restricted Funds	Total 31.03.2020
		£	£	£	£	£	£
Income from:							
Legacies and Donations							
Grants and Donations	3	200,599	316,226	516,825	84,257	112,648	196,905
Charitable Activities							
Contracts and Consultancy		39,595	5,500	45,095	39,177	-	39,177
Total Income		240,194	321,726	561,920	123,434	112,648	236,082
Expenditure on:							
Costs of raising funds	4	20,915	-	20,915	36,500	-	36,500
Charitable Activities							
NSUN Covid-19 Fund		11,229	150,469	161,698	-	-	-
Resources for user led groups		64,470	97,923	162,393	24,646	67,233	91,879
Influencing Policy		73,871	28,851	102,722	47,490	13,125	60,615
Hosted Projects		6,997	6,401	13,398	6,127	34,988	41,115
Total Charitable Activities	4	156,567	283,644	440,211	78,263	115,346	193,609
Total Expenditure		177,482	283,644	461,126	114,763	115,346	230,109
Net income/(expenditure)		62,712	38,082	100,794	8,671	(2,698)	5,973
Net movement in funds for the year		62,712	38,082	100,794	8,671	(2,698)	5,973
Reconciliation of funds							
Total funds brought forward	17	10,745	23,009	33,754	2,074	25,707	27,781
Total funds carried forward	17	73,457	61,091	134,548	10,745	23,009	33,754

Income and expenditure derive from continuing activities. The Statement of Financial Activities includes all gains and losses recognised during the year. The notes on pages 23 to 36 form an integral part of these financial statements

National Survivor User Network
Balance Sheet
As at 31 March 2021

Company Number 1032145

	Notes	31.03.2021	31.03.2020
		£	£
Fixed Assets			
Tangible assets	12	612	351
Total Fixed Assets		612	351
Current Assets			
Debtors	13	7,888	22,484
Cash at bank and in hand	22	155,178	28,266
Total Current Assets		163,065	50,750
Creditors:			
Creditors falling due within one year	14	29,129	17,347
Net Current Assets		133,936	33,403
Total Assets less current liabilities		**134,548**	**33,754**
Total Net Assets		**134,548**	**33,754**
The Funds of the charity:			
Unrestricted income funds		73,457	10,745
Restricted income funds		61,091	23,009
Total charity funds	17	**134,548**	**33,754**

For the year ending 31 March 2021, the company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

•The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;

•The Directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS 102 and the Charities SORP (FRS 102) 2019.

The financial statements set out on pages 20 to 36 were approved by the Trustees and authorised for issue on 1 June 2021 and signed on their behalf by:

Angela Newton

_____

Angela Newton (Harris) (Chair)

The notes on pages 23 to 36 form an integral part of these financial statements.

National Survivor User Network
Statement of Cash Flows
For the year ended 31 March 2021

	Notes	31.03.2021	31.03.2020
		£	£
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	21	127,417	(16,102)
Cash flows from investing activities			
Purchase of tangible fixed assets		(505)	(468)
Proceeds from sale of fixed assets		-	2,500
Net cash (used in) provided by investing activities		**(505)**	**2,032**
Change in cash in the reporting period		126,912	(14,070)
Cash at the beginning of the reporting period		28,266	42,336
Cash at the end of the reporting period	22	155,178	28,266

The notes on pages 23 to 36 form an integral part of these financial statements.

1 Basis of Preparation

1.a Basis of Accounting

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

1.b Legal Form

National Survivor User Network is a charitable company incorporated in England under the Companies Act 2006. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £10 per member of the charity. The address of the registered office is Kemp House, 152-160 City Road, London EC1V 2NX. The charity's operations and principal activities are included on page 2 and 3 of the Trustees' annual report.

1.c Going Concern

The financial statements are prepared on a going concern basis. The Trustees have looked at least 12 months from the signing date of these accounts, considering the charity's cost base, reserves and secured funding and have concluded that there are no material uncertainties around the charity's ability to continue as a going concern.

1.d Accounting Policies

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

1.e Significant accounting estimates and judgements

Aside from going concern set our in 1c above, there have been no other key estimates or judgements required in determining the carrying values of assets and liabilities.

2 Accounting Policies

Income

2.a Recognition of income

Income is included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- it is more likely than not that the trustees will receive the resources; and
- the monetary value can be measured with sufficient reliability.

2.b There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP.

2.c Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met, generally upon receipt.

Where grants are of a performance related nature, income is only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met.

2.d Government grants

The charity has received government grants in the reporting period and these are disclosed in note 3a.

2.e Tax reclaims on donations and gifts

Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.

2 Accounting Policies (continued)

2.f Contractual income
This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.

2.g Donated goods and services/facilities
Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable. Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.

Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.

Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.

2.h Volunteer help
The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Expenditure

2.i Liability recognition
Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

2.j Allocation of Governance and support costs
Support costs represent indirect charitable expenditure. In order to carry out the primary purposes of the charity it is necessary to provide support in the
form of personnel development and support, financial support, insurances and IT support.

Governance costs comprise the costs involving the public accountability of the charity (including independent examination costs) and costs in respect of its compliance with regulation and good practice.

Support costs including governance costs are apportioned based on the proportion of time spent on each activity by staff.

Assets and Labilities

2.l Accrued and Deferred income
Accrued income relates to gift aid receivable only.

Deferred income relates to contract income received where a proportion of the work remains incomplete.

2.m Debtors
Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity.
Subsequently, they are measured at the cash or other consideration expected to be received.

2.n Creditors
The charity has creditors which are measured at settlement amounts less any trade discounts.

2.o Bank and Cash
Cash includes cash held in the charity's bank accounts, amounts held by PayPal and Equals Money.

2.p Tangible fixed assets for use by charity
Tangible fixed assets represent computer equipment and are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost. Assets are depreciated over 4 years on a straight line basis.

3. Grants and Donations

	Unrestricted Funds £	Restricted Funds £	Total 31.03.2021 £	Total 31.03.2020 £
Donations from Individuals	2,499	279	2,778	4,279
Grant Income (note 3a)	164,300	315,947	480,247	190,258
Donated gift and services (note 3b)	33,800	-	33,800	2,368
	200,599	316,226	516,825	196,905

3a. Grant Income (including Government Grants)

We were grateful to have received Grant income from:

	Unrestricted Funds	Restricted Funds	Total 31.03.2021 £	Total 31.03.2020 £
Association of Mental Health Providers Forum (Health Education England)	-	-	-	8,333
CAF Coronavirus Emergency Fund	8,000	-	8,000	-
CAF Resilience Fund	31,000	-	31,000	-
City Bridge Trust- London Community Response Fund - Wave 2	-	12,000	12,000	-
City Bridge Trust- London Community Response Fund - Wave 3	-	48,696	48,696	-
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	12,500	12,500	13,125
Esmee Fairbairn Charitable Trust- Core grants	99,000		99,000	72,300
Esmee Fairbairn Charitable Trust- Strategy Support	-	4,320	4,320	-
Lankelly Chase- Core Grant	-	-	-	12,000
Lankelly Chase- Covid Core Grant	10,000	-	10,000	-
Lankelly Chase- Communications Grant	6,300	-	6,300	-
Lankelly Chase- Small Grants Fund	10,000	-	10,000	-
Lankelly- Reigniting the Space	-	-	-	15,000
Local Mind Grants Fund	-	-	-	31,000
Mind- Coronvirus Mental Health Response Fund (DHSC)	-	155,000	155,000	-
National Lottery Community Fund- Coronovirus Community Support Fund	-	44,281	44,281	-
The Tudor Trust	-	22,000	22,000	20,000
Trust for London	-	17,150	17,150	18,500
	164,300	£ 315,947	£ 480,247	£ 190,258

Government Grants were received from the Department of Health and Social Care (DHSC) totalling £167,500 (2020:£21,458 including Health Education England Funding received in that year) In addition, as set out above funds were received from the National Lottery Community Fund totalling £44,281 (2020: £nil). DHSC funding from Mind through the Coronavirus Mental Health Response Fund totalling £4,531 was yet to be used at 31st March 2021 (note 17). . There were no other unfulfilled conditions or contingencies in relation to government grants at the end of March 2021 (2020: none).

3b. Donated goods, Facilities and Services

	Total 31.03.2021 £	Total 31.03.2020 £
Use of meeting rooms and office space	-	2,200
Membership Subscriptions	-	168
Legal Advice in relation to Articles of Association	28,300	-
Coaching Support for CEO	3,000	-
Communications Support	1,050	-
Consultancy	350	-
Waived Contributors Fees	1,100	-
	£ 33,800	£ 2,368

Donated services and facilities are included in the SOFA when received and are shown at the value the charity would need to pay to secure the same services, items or facilities provided that amount can be measured reliably.

There are no unfulfilled conditions or other contingencies associated with the donated services or facilities.

The time given by volunteers is not recognised in the accounts however we are extremely grateful for to all NSUN volunteers.

4. Resources expended

	Direct Staff Costs £	Direct Costs £	Support Costs (Note 6) £	Total 31.03.2021 £	Total 31.03.2020 £
Costs of Raising Funds	10,453	1,283	9,179	20,915	36,500
Charitable Activities					
NSUN Covid-19 Fund (Note 24)	6,809	147,836	7,053	161,698	-
Resources for user led groups					
Membership	13,117	16,005	17,923	47,045	28,973
Mind Peer Support	1,650	5,638	1,450	8,738	9,860
User Led Funders Report	1,100	8,701	967	10,768	-
Community Constellations	12,313	12,520	966	25,799	-
Lived Experience Leadership	825	8,025	725	9,575	-
Communications	14,817	14,453	20,484	49,754	31,923
Other Projects	734	9,337	643	10,714	21,123
	44,556	74,679	43,158	162,393	91,879
Policy and Influencing Work					
Influencing policy work	18,301	8,267	19,807	46,374	39,886
Health And Wellbeing Alliance	7,248	1,224	6,619	15,092	14,033
Keeping Control	550	6,592	483	7,625	6,696
Covid-19 Communications Project	1,100	9,280	17,070	27,450	-
Other Projects	367	5,492	322	6,181	-
	27,566	30,855	44,301	102,722	60,615
Hosted Projects					
North East Together	550	6,401	484	7,435	5,684
Survivor Researcher Network	550	4,930	483	5,963	9,667
Reigniting the Space	-	-	-	-	25,764
	1,100	11,331	967	13,398	41,115
Total Cost of Charitable Activities	80,031	264,701	95,479	440,211	193,609
Total Costs	90,484	265,984	104,658	461,126	230,109

5. Resources expended in the previous year

	Direct Staff Costs	Direct Costs	Support Costs (Note 6)	Total 31.03.2020
	£	£	£	£
Costs of Raising Funds	13,030	8,434	15,036	36,500
Charitable Activities				
Resources for user led groups				
Membership	5,969	13,445	9,558	28,972
Mind Peer Support	1,955	5,650	2,255	9,860
Communications	12,248	4,800	14,875	31,923
Other Projects	2,214	16,332	2,578	21,124
	22,386	40,227	29,266	91,879
Influencing Policy				
Influencing policy work	13,030	11,820	15,036	39,886
Health And Wellbeing Alliance	6,515	-	7,518	14,033
Keeping Control	522	5,583	591	6,696
	20,067	17,403	23,145	60,615
Hosted Projects				
North East Together	652	4,281	751	5,684
Survivor Researcher Network	651	8,264	752	9,667
Reigniting the Space	3,131	19,089	3,544	25,764
	4,434	31,634	5,047	41,115
Total Cost of Charitable Activities	46,887	89,264	57,458	193,609
Total Costs	59,917	97,698	72,494	230,109

6. Support Costs

	Total 31.03.2021	Total 31.03.2020
	£	£
Support Staff Costs, including governance (see note 7)	22,906	25,749
Direct Governance costs (see note 7)	38,344	9,150
Consultancy	1,575	-
Legal Fees	1,000	-
Storage	2,439	2,218
Use of rooms - in kind donations	-	1,400
Payroll, Accountancy, HR and Bookkeeping	8,132	6,482
Website costs	15,296	6,336
Stationary, Postage, Telephones and IT costs	8,339	10,165
Insurance and HR support	483	1,248
Advertising, Recruitment and Subscriptions	2,225	3,656
Staff Travel and Wellness	657	6,040
Staff Training costs	2,076	420
Depreciation and profit on disposal	243	(859)
Other	943	489
	104,658	72,494

Support costs, including governance costs, are apportioned based across the activities shown in note 4 on the proportion of time spent on each activity by staff.

7. Governance costs

Governance costs are included within support costs (note 6) and comprise	Total 31.03.2021 £	Total 31.03.2020 £
Staff costs	8,456	10,874
Independent Examination	2,161	1,000
Board expenses and training	366	3,270
Legal advice - including in-kind support	28,967	-
Other Governance costs	6,850	4,880
	46,800	20,024

8. Net expenditure for the year

This is stated after the following	Total 31.03.2021 £	Total 31.03.2020 £
Depreciation of tangible fixed assets	244	117
Profit of disposal of equipment	-	(976)
Independent Examination Fees (including VAT)	2,161	1,000

9. Analysis of staff costs and the cost of key management personnel

The staff costs were	Total 31.03.2021 £	Total 31.03.2020 £
Wages and Salaries	101,535	76,853
Social Security Costs	9,822	7,612
Employer's pension contributions	2,214	1,765
	113,571	86,230

No employees received employee benefits (excluding employer pension costs) for the reporting period of more than £60,000 (2020: none).

National Survivor User Network operates a defined contribution pension scheme for all eligible employees. Employer contributions are included in the SOFA within staff costs as an expenses for the year ended 31 March 2021 and total £2,214 (2020: £1,765).

The key management personnel of the charity comprise the Trustees and the CEO (2019/20 Trustees, Managing Director and CEO). No trustee receives any payment for their services to the charity (2020: none). The total amount paid, including Employers National Insurance and Pension, to the CEO in the financial year ended 31 March 2021 was £54,390 (in 2019/20 £52,181 was paid to the Managing Director and £12,969 to the CEO)

10. Staff headcount

	2021		2020	
	Full Time	Part Time	Full Time	Part Time
Management	1	-	1	-
Charitable activities	-	1.4	-	-
Administration	-	1	-	1
	1	2.4	1	1

The average number of full-time equivalent employees in the year was 2.7 (2020: 2).
The average number of employees in the year was 3 (2020: 2).

11. Taxation

By virtue of S.478 Corporation Tax Act 2010, the charitable company is exempt from corporation tax.

12. Tangible Fixed Assets

	IT Equipment	Total
	£	£
Cost		
As at 1 April 2020	468	468
Additions	505	505
Disposals	-	-
As at 31 March 2021	973	973
Depreciation		
As at 1 April 2020	117	117
Charge for the year	244	244
Disposals	-	-
As at 31 March 2021	361	361
Net Book Value		
As at 31 March 2020	351	351
As at 31 March 2021	612	612

13. Debtors

	Total 31.03.2021 £	Total 31.03.2020 £
Trade debtors	400	12,218
Prepayments	1,824	-
Other Debtors	2,419	7,082
Gift Aid Accrued Income	3,245	3,184
	7,888	22,484

All debtors relate to amounts owed within one year.

14. Creditors: Amounts falling due within one year

	Total 31.03.2021 £	Total 31.03.2020 £
Trade creditors	6,274	8,172
Lease Accrual	1,640	1,640
Other Creditors- Covid Fund	4,314	-
Accruals	5,676	3,074
Deferred Income (note 15)	11,225	-
Real Insight Funds	-	4,461
	29,129	17,347

The Covid Fund creditor represent grants awarded to groups who do not have their own bank account. These funds are either held on Equals Money Cards and have not yet been spent or are for various specific expenditure which is drawn down by the group as needed.

15. Deferred Income

	Total 31.03.2021 £	Total 31.03.2020 £
Balance at 1 April	-	-
Released in the year	-	-
Deferred in the year	11,225	-
Balance at 31 March	11,225	-

Income has been deferred in relation to agreed activities under contracts with Mind which had not been delivered at the year end.

16. Funds held on behalf of Real Insight

During the previous financial year NSUN held grant funds received from Lankelly Chase on behalf of Real Insight, a Community Interest Company. NSUN received a hosting fee for administration costs totalling £12,000 which is shown in the 2019/20 Statement of Financial Activities. Other Income and Expenditure is not included within these accounts but the final balance is shown on the March 2020 balance sheet and included in note 14. This arrangement came to an end in Spring 2020. Neither Lankelly Chase nor Real Insight are related parties.

17. Analysis of charitable funds

17a. Details of charitable funds held and movements during the current reporting period

	Fund balance brought forward 01.04.2020 £	Income £	Expenditure £	Fund balance at 31.03.2021 £
Unrestricted Funds	10,745	240,194	(177,482)	73,457
Restricted funds				
City Bridge Trust- London Community Response Fund -	-	12,000	(12,000)	-
City Bridge Trust- London Community Response Fund -	-	48,696	(28,719)	19,977
DHSC Disability Rights UK/ Health and Wellbeing Alliance	-	12,500	(12,500)	-
Esmee Fairbairn - Communications Project	6,300	-	(6,300)	-
Esmee Fairbairn- Strategy Support	-	4,320	-	4,320
Keeping Control- University of Middlesex	4,417	-	(4,417)	-
Mind- Coronavirus Mental Health Response Fund (DHSC)	-	155,000	(150,469)	4,531
National Lottery Community Fund- Coronavirus	-	44,281	(44,281)	-
North East Together	4,442	5,779	(6,401)	3,820
The Tudor Trust	7,850	22,000	(8,506)	21,344
Trust for London	-	17,150	(10,051)	7,099
Total Restricted Funds	**23,009**	**321,726**	**(283,644)**	**61,091**
Total Funds	**33,754**	**561,920**	**(461,126)**	**134,548**

Restricted Fund	**Purpose of fund**
City Bridge Trust- London Community	Funding for Policy Associates and report on user led groups
City Bridge Trust- London Community	Funding for Project Officer and Community Constellations Project
DHSC- Disability Rights UK	Funding for promoting lived experience work within the Health & Well-
Esmee Fairbairn - Communications Project	Funding for communication support & Covid-19 related communications p
Esmee Fairbairn- Strategy Support	Funding towards work on membership structure
Keeping Control- University of Middlesex	Funding for research and resources about adult safeguarding/hate crime
North East Together	Funds held to support work in the North East
The Tudor Trust	Core funding
Trust for London	Funding towards Policy Officer and Policy work

17b. Details of charitable funds held and movements during the previous reporting period

	Fund balance brought forward 01.04.2019 £	Income £	Expenditure £	Fund balance at 31.03.2020 £
Unrestricted Funds	2,074	123,434	(114,763)	10,745
Restricted funds				
Esmee Fairbairn - Communications Project	-	6,300	-	6,300
DHSC- Disability Rights UK	-	13,125	(13,125)	-
Lankelly Chase- Reigniting the Space	7,465	15,000	(22,465)	-
North East Together	-	8,723	(4,281)	4,442
Survivor Researcher Network	8,242	-	(8,242)	-
Keeping Control- University of Middlesex	10,000	-	(5,583)	4,417
Local Mind Grants Fund	-	31,000	(31,000)	-
The Tudor Trust	-	20,000	(12,150)	7,850
Trust for London	-	15,000	(15,000)	-
Trust for London- SAMH	-	3,500	(3,500)	-
Total Restricted Funds	**25,707**	**112,648**	**(115,346)**	**23,009**
Total Funds	**27,781**	**236,082**	**(230,109)**	**33,754**

18. Analysis of net assets between funds

	Unrestricted Funds	Restricted Funds	Total Funds 31.03.21	Total Funds 31.03.20
	£	£	£	£
Fixed Assets	612	-	612	351
Current Assets	97,660	65,405	163,065	50,750
Creditors: amounts falling due within one year	(24,815)	(4,314)	(29,129)	(17,347)
	73,457	**61,091**	**134,548**	**33,754**

19. Financial Instruments

At the Balance Sheet date the Charity held the following:

	31.03.21	31.03.20
	£	£
Financial Assets		
Measured at cost:		
Cash at bank	155,178	28,266
Measured at amortised cost:		
Trade Debtors	400	12,218
Other Debtors	2,419	7,082
Total Financial Assets	157,997	47,566
Financial Liabilities		
Measured at amortised cost:		
Trade creditors	6,274	8,172
Other Creditors- Covid Fund	4,314	-
Deferred Income	11,225	-
Real Insight Funds	-	4,461
Total Financial Liabilities	21,813	12,633

20. Transactions with trustees and related parties

None of the trustees have been paid any renumeration or received any other benefits in relation to their role as Trustees with the charity (2020: none).

During the year no trustees were reimbursed travel expenses or accommodation costs. In 2019/20, six Trustees were reimbursed a total of £1,999 in relation to travel and a total of £606 in relation to accommodation related to attendance at the 2019 AGM.

During the year, training costs totalling £295 (2020: £nil) were paid for 5 Trustees (2020: none).

Two Trustees (2020:none) received a participation payments totalling £100 in aggregate in relation to their contribution to a project focus group- the same level of payment was made to all participants and their involvement was as a contributor and not related to their role as a Trustee.

Training was delivered to Ten Years' Time during the year with total income of £750. Angela Newton, the Chair of Trustees is also Managing Director at Ten Years' Time. The training was provided on normal commercial terms.

21. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	Total 31.03.2021 £	Total 31.03.2020 £
Net income for the reporting period (as per the Statement of Financial Activities)	100,794	5,973
Adjustment for:		
Depreciation charges	244	117
(Profit)/loss on disposal of equipment	-	(976)
(Increase)/decrease in debtors	14,597	(2,984)
Increase/(decrease) in creditors	11,782	(18,232)
Net cash provided by operating activities	**127,417**	**(16,102)**

22. Cash at bank and in hand

	Total 31.03.2021 £	Total 31.03.2020 £
Cash at bank	150,697	23,752
North East Together Account	2,086	4,442
Equals Money Card	2,375	-
PayPal	20	72
Total Cash	**155,178**	**28,266**

23. Analysis of changes in net debt

	31.03.20 £	Cash flows £	31.03.21 £
Short and long term loan liabilities	-	-	-
Total Liabilities	-	-	-
Cash and cash equivalents	(28,266)	(126,912)	(155,178)
Total net debt	**(28,266)**	**(126,912)**	**(155,178)**

24. Analysis of Grants

	Total 31.03.2021 £	Total 31.03.2020 £
NSUN Covid-19 Fund	125,280	-
Total Grants to Institutions	**125,280**	**-**

Grants were awarded to support community led and user-led groups and organisations to support community action, peer support, mutual aid and other activities that made a direct difference to the lives of people living with mental ill-health, trauma and distress during this Covid-19 period. No grants were awarded to individuals and No grants were awarded in 2019/20

Grants were funded by the Department of Health and Social Care through the Mind Coronavirus Mental Health Response Fund, and by Lankelly Chase

Reconcilliation to Direct costs (Note 4)

	Total 31.03.2021 £	Total 31.03.2020 £
Grants to institutions	125,282	-
Direct cost of administration of fund (including Grant Manager, Panel and Evaluation costs)	22,565	-
Total Direct costs of NSUN Covid-19 Fund	**147,847**	**-**

24. Analysis of Grants (continued)

Recipients of Institutional grants	Total 31.03.2021 £
3 Starts Limited	980
361Iifesupport	579
Adira	6,200
African Caribbean Forum Kent	5,990
Arts and Health	840
Badass People Demystified	1,000
Booom	1,000
Breakdown Bolton CIC	938
Bristol Disability Equality Forum	1,000
Bristol Reclaiming Independent Living (BRIL)	787
Bury Veterans Hub Cafe	850
By Your Side	1,020
Chesterfield Bipolar Group	144
Chime to Thrive	1,000
Chronically Awesome	196
CiLK (Centre for Independent Living (Kent))	1,000
Community Action to Inspire Hope	200
Community Action to Inspire Hope	200
Community Enterprise East London	200
Community Network Group CIC	180
Compassionate Mental health	1,000
Depression Xpression	674
EleMental Music	580
Empower the Invisible Project CIC	750
FACE	900
FFENA	6,000
For Women	120
Free2B-Me LGBTQ+ Community Organisation	912
Freya	849
FruitCake Creatives	1,000
Hearts and Minds	1,000
Hive South Yorkshire	850
Humanity Concern Projects	1,000
Humber All Nations Alliance	1,050
Independent and Work Ready	1,000
Kashmiri Arts & Heritage Foundation	1,800
Kunsaka	5,950
Kwaafrica	1,000
Let's Talk About Loss	896
MadCovid	794
Make it Happen	479
Make Space	410
MCRC Ltd	980
Melancholy and Raving Mental Health Variety Night	226
Men Up North	5,472
Meridian	1,000
Subtotal carried forward to next page	**60,996**

24. Analysis of Grants (continued)

Recipients of Institutional grants (continued from previous page)	Total 31.03.2021 £
Subtotal from previous page	60,996
Migrant Empowerment Group	5,700
Mom's Mindful Hub	1,000
MSKT/BACA Whiteness and Race Equality network National	935
Hearing Voices Network	2,000
New Baby Network CIC	946
Nomad Radio	800
North East together	1,000
North Tyneside Disability Forum Ltd	600
On the Out	1,000
Organisation of Support and Advice for Religion and Culture	6,000
People Come First	300
People First (Self Advocacy)	299
Pioneer LXP	690
PND Mummies CIC	499
Real Insight Consultancy UK CIC	1,970
Release into Victory	200
Rise & Shine Lancashire	887
Rising Moments community project group	800
Safely Held Talking Learning Healing	194
SARELI (Salford Refugees Link)	6,272
Self Injury Self Help (SISH)	800
Self injury Support	5,000
Self Injury Support	1,200
Shaftesbury Mental Health Peer Support Group	210
Shining stars community group	1,000
SM TalkingCircles	935
Surrey Coalition of Disabled People	1,000
Survivors of depression in transition	1,000
Survivors' Poetry	474
SWAN (Supporting Women, Activities Network)	1,000
Taking Control of Psychiatric Medication Group	444
Talk for Health Chair and Share group	144
Talking Sense	120
Taraki	5,275
The Clear Out Your Closet Collective	1,000
The Cultural Connection	1,249
The Octopus Foundation	550
The Sunshine Group	194
The Sunshine Group	120
Traveller Pride	5,500
Waltham Forest Hearing Voices Group	1,000
WatchUsgrow	993
We Love Carers	1,000
West London Somaliland Community	986
Wish	1,000
Total Grants to institutions	**125,282**

25. Operating Leases
The Charity did not have any operating leases in the year (2020: none)

26. Capital Commitments
There are no capital commitments as at 31 March 2021 (2020: £Nil).

27. Contingent Liability
As at 31 March 21, there is a pending legal case against NSUN for which there is a possible liability of £5,000. This has not been recognised in the Statement of Financial Activities as at 31 March 21.