

# British Association for Cardiovascular Prevention and Rehabilitation

Annual Report 2020-21



# President's Report

We continue to live in unprecedented times. None of us had heard of COVID-19 until the end of 2019 but it has had such a profound effect on our lives and how we work. We are far from 'back to normal' but perhaps embracing a 'new normal'. Earlier in 2019, Professors Thompson, Ski and Clark described the situation with cardiac rehabilitation as 'akin to 40 years in the wilderness'. Medicine and healthcare had changed so much over the years but cardiac rehabilitation and secondary prevention of cardiovascular disease perhaps less so. Clinical guidelines, including the BACPR Standards and Core Components, stipulated that a menu-based approach should be used to provide an individualised pathway of care for cardiac rehabilitation and yet some patients were given little choice of delivery mode or venue. This seemed to be as a result of the way services had been designed and the finite resource available to deliver the cardiac rehabilitation. It was difficult to consider new and better ways of working to enhance uptake of cardiac rehabilitation and improve patient outcome when we were always so busy and did not have enough 'head space' to think differently.

Then COVID struck and literally overnight, teams had to adapt to new ways of working and it has been great to hear about how cardiac rehabilitation teams have adapted to the pandemic and continued as far as possible, to support patients. The novel and innovative approaches to cardiac rehabilitation have been impressive. Not much good has come from the COVID situation but one positive is that it has led to some fantastic innovative practice and has really pushed us to look for different ways of delivering cardiovascular disease (CVD) prevention and rehabilitation. We want to ensure our practice, new or otherwise, is evidence-based and so for some of the new approaches and delivery modes it may be that we need to gather the appropriate evidence or evaluate how we are supporting patients. I am keen that when finally this pandemic is over (soon I hope!) that we keep the newer ways of working that are beneficial for our patients and their outcomes and not simply revert to pre-COVID practices. The NHS England Long-Term Plan and other national strategy documents have set up some stretching targets and we will only achieve these through service reform and embracing alternative ways of working. I do not think we need to work harder (as we cannot) but we need to work differently and smarter. I recognise though that the situation is still challenging and services not yet fully restored but I know everyone involved is working with the current constraints as best they can to support patients as much as possible. Thank you for all the hard work. It is most appreciated.

Given the new ways of working some of the BACPR Council and I have been working on an update to the Standards and Core Components. We are keen that these continue to be evidence-based and so we will base our recommendations on the best available evidence. We should be able to share the update to the core components at the annual conference in October and the new standards by the yearend. As I mentioned previously though, we were cognisant that some new practices may not yet have the underpinning evidence and so we will also consider the new standards in the context in which we are currently practicing and produce a supplement to share some areas of good or best practice. We hope this will be helpful in helpful.

It has been a rather busy year for a variety of reasons. Sadly we could not hold our annual conference in Belfast in October 2020 but instead we held an online conference for the first time. It was great and the feedback we received was incredibly positive. Hearing that people who would not normally be able to attend a face-to-face conference were able to join us was great and it felt quite inclusive. I thought that the quality of the speakers was excellent and hearing more about the impact COVID has had on cardiac rehabilitation provision, what we could learn from this and the innovations that have already been put in place was really helpful. Our success in hosting this conference online has resulted in BACPR providing regular webinars. All of these have been well attended and have stimulated discussion and debate which will ultimately enhance all of our practice. We do plan to continue these and if you have any suggestions of topics for the webinars then please let us know.

For this year I am absolutely delighted that we will be hosting a conference where we can attend in person. This though will be our first venture into a hybrid conference. Some people will be attending in person in Belfast, while others can join online. If you are like me you will be desperate to get back to in person events as I miss the networking opportunities but I am also conscious of the need to keep us all safe. However people join the conference in 2021 I hope it will be a useful event that will update you on the latest research in the field, stimulate you to consider your working practices and how these could perhaps be enhanced as well as provide an opportunity to share experiences and network. Organising conferences is never easy but having a hybrid approach takes this to a whole new level of complexity but I am sure it will be worth it. I am indebted to the conference organising committee led by Dr Tom Butler, BACPR Scientific Officer, for the hard work. Without them it would not happen.

It has been great to see that the education courses delivered by Sally Hinton, BACPR Executive Director and the team have remained very popular and well attended. Feedback from these sessions is always excellent and I want to thank everyone who



gives up their time to contribute to this. It is most appreciated. I want to say particular thanks to Sally for her leadership with the educational provision but also to Penny and Vivienne who work so hard to support the sessions.

Ceri Roberts our Digital and Communications Officer has been doing a fantastic job increasing our reach on social media (or as I believe it is now referred to – the 'socials'). Hopefully you have seen and perhaps even contributed to the Twitter chats which have been great. Using the eBulletin and Connect magazine to keep us connected throughout the pandemic has been really useful and these have been great at sharing the hints and tips to keep the services going. I want to thank Ceri for his work.

As I come to the end of my Presidency and hand over the reigns to the fantastic President Elect, Dr Kathryn Carver, I want to express my thanks and admiration to all of the BACPR staff and Council who dedicate their time to promote excellence in CVD prevention and rehabilitation. I said last year that Sally Hinton the BACPR Executive Director is the 'backbone' of the Association and that most certainly remains the case. Sally truly goes above and beyond to not only deliver the education sessions but she represents BACPR on a multitude of national strategic forums to ensure we have our rightful place at the table to make sure CVD prevention and rehabilitation is prioritized. I want to thank Sally for her unwavering support of both the Association and I.

As an Association we have never been stronger, we are in a stable and sustainable financial position, our membership is increased, with significant increase in the exercise professional and nursing groups, and we have a Council and body of members who are most definitely passionate about promoting excellence in CVD prevention and rehabilitation. Your new President, Dr Carver, has brilliant ideas to maintain the momentum we have and I know she will increase the reach and impact we can make as an Association. I wish Kathryn all the very best and will support her as best I can with the direction she takes us in.

Finally, I want to thank the BACPR members who have supported the Association in various ways. Together, we will continue to make progress as we strive for excellence in CVD prevention and rehabilitation.

Take care

With very best wishes

***Professor Susan Dawkes***

BACPR President

# Treasurer's Report

*The BACPR's accounts for the year ending 31st March 2021 were prepared and audited by AEL Partners LLP, 201 Haverstock Hill, London NW3 4QG.*

The financial performance of the association continues to demonstrate robust financial management and account monitoring. The total income for 2020/2021 was £ 288,261. This is a significant decrease from the previous year of £463,435. This is mainly due to less income generated from the conference, as we were unable to host a full annual conference in 2020. The conference income for this financial year is actually showing a deficit as we refunded registration fees received already and had made pre payments to be rolled over to Belfast 2021. We have kept overall costs down due to less council activity expenditure. We have continued all our council activity remotely. The conference expenditure was considerably less owing to not hosting a full conference. We hosted a webinar in October 2020 that was cost neutral and we were able to offer this for free to members due to sponsorship funding. The closing balance showed a surplus of £ 25,844, which is an increase on the previous year. We continue to keep the associations operational day to day running costs well controlled.

Prior to this year, income from the conference was increasing year on year, mainly due to the work to secure a healthy sponsorship fund. Although we did not host a full annual conference, we have maintained engagement with our key Sponsors and have secured future funding. We are delighted to have continued engagement with our key Sponsors. The President and Council strive to secure sponsorship to help support activities of the council and particularly its annual conference.

The BACPR Training and Education courses continue to be a popular and highly acclaimed provider of accredited training in cardiac rehabilitation. The education team was extremely adaptable and made a swift transition to online modes of delivery. This has ensured ongoing financial stability.

The end of year closing balance at £ 337,477 demonstrates a healthy and robust financial position for the BACPR. We are able to cover our essential annual operating costs as well as being able to explore new projects for the benefit of our members. This regular and consistent monitoring of its financial performance will ensure the BACPR continues to be strong and resilient for future years.

	2018 - 19	2019 - 2020	2020 - 2021
<b>Opening Balance</b>	<b>335,581</b>	<b>302,672</b>	<b>311,633</b>
<b>Income</b>			
Membership	38,674	43,684	34,311
Conference	67,340	77,000	-5,480
Education	288,952	300,611	256,430
Sponsorship	23,464	42,140	3,000
<b>Total Income</b>	<b>418,430</b>	<b>463, 435</b>	<b>288, 261</b>
<b>Expenditure</b>			
Membership	65,128	50,315	32,487
Conference	92,332	106,944	13,884
Education	293,878	297,215	216,046
<b>Total Expenditure</b>	<b>451,338</b>	<b>454,475</b>	<b>262,417</b>
<b>Surplus (-Loss)</b>	<b>-32,909</b>	<b>+8,961</b>	<b>+25,844</b>
<b>Closing Balance</b>	<b>302,672</b>	<b>311,633</b>	<b>337,477</b>

**Table 1:** Summary of 2020/2021 Financial position

The full financial report is available within the Members' Area at [www.bacpr.com](http://www.bacpr.com) or via the Charities' Commission Website at [www.charity-commission.gov.uk](http://www.charity-commission.gov.uk).

### **Gill Farthing**

Treasurer

# Secretary's Report

## Membership

The membership of 1003 at March 2021 shows the diversity of professions engaged in cardiac prevention and rehabilitation. Membership renewals remain consistent year on year. Training events and courses also stimulate new membership numbers, in particular the webinar events linked to the six BACPR core components which are complimentary to BACPR members. The BACPR 2020 virtual conference overcame time and distance access barriers generating new membership from the UK and overseas. Virtual options have allowed us to reach members who, for different reasons, previously could not attend in person.

Membership by Profession	March 2021	April 2020
Overall total	1,003	711
BACPR Exercise Instructor	411	289
Dietitian	14	9
Doctor	22	22
Exercise Physiologist	43	39
Nurse	310	207
Occupational Therapist	12	8
Other Exercise Professional	20	13
Physiotherapist	140	95
Psychologist	2	2
Research Fellow/Academic	13	12
Other	15	15
Not Specified	0	0

## Communication

BACPR members regularly make use of the enquiries facility on the website. These have been particularly busy with questions regarding the changing nature of the COVID situation including returning face to face delivery and adoption of hybrid innovations. The surge in enquiries about service delivery at the beginning of the pandemic was sustained throughout the year. The guidelines issued by BACPR's Exercise Professionals Group (EPG) available via the BACPR website

has been a valuable resource addressing many of the enquiries we have received. Expert groups and professionals have continued to respond to complex enquiries forwarded on to them, with evidence-based explanations and clarification. Thank you to all those who have given such support. Our busy social media activity is reported in the Digital Communications section.

## **Travel Award**

Due to the COVID restrictions this has been suspended.

## **Council Activities**

During 2020 we held two elections for ordinary council members and President Elect. Dr Kathryn Carver who has served as BACPR Treasurer was successfully elected as President Elect. Dr Tom Butler, Simone Meldrum and Alison Allan were re-elected and we also welcomed Heather Probert, Jenny Aindow and Jen Hannay as ordinary officers. Dr Butler took over the role of Scientific Officer from Dr Simon Nichols, now an ordinary officer. Sheona McHale stepped down from Council but remains active on the BACPR Exercise Professional Group.

Dr Nikhil Ahluwalia was co-opted as representative from British Junior Cardiovascular Association (BJCA) taking over the role from Dr Reza Aghamohammadzadeh. Vicky Hatch and Dr Aynsley Cowie were co-opted in light of their respective EPG chair and Clinical Research Collaborative (CRC) representation.

## BACPR Council & Staff (as of March 2021)

Position	Name	Profession	Country
<b>Executive Officers</b>			
President	Prof Susan Dawkes	Nurse	Scotland
President Elect	Dr Kathryn Carver	Nurse	England
Treasurer	Gill Farthing	Nurse	England
Secretary	Dr Carolyn Deighan	Psychologist	Scotland
Scientific Officer	Dr Tom Butler	Dietician	England
Digital and Communications officer	Ceri Roberts	Nurse/ Exercise Specialist	England
<b>Ordinary Officer</b>			
	Heather Probert	Physiotherapist	England
	Dr Simon Nichols	Exercise Physiologist	England
	Simone Meldrum	Nurse	England
	Jennifer (Jenny) Aindow	Occupational Therapist	England
	Alison Allen	Nurse	Wales
	Ruby Miller	Occupational Therapist	Wales
	Tracy Kitto	Nurse	England
	Jennifer (Jen) Hannay	Exercise Physiologist	England
<b>Co-opted officers</b>			
Northern Ireland	Maria Mooney		
BSH	Dr Simon Beggs		
CCP/Patient Rep	Sarah Brown		
NACR	Prof Patrick Doherty		
BHF	Joanne Oliver		
Primary Care	Dr Hayes Dalal		
Public Health	Alison Iliff		
EPG chair	Vicky Hatch		
CRC	Dr Ainsley Cowie		
BCJA	Dr Nikhil Ahluwalia		
<b>Employed Staff</b>			
Executive director/Education director		Sally Hinton	
Education coordinator		Vivienne Stockley	
Education Administrator		Penny Hudson	
BCS Affiliates Coordinator		Val Collins	
IT Support		BCS IT Department	

Further information on BACPR Council and staff can be found in the About section at [www.BACPR.com](http://www.BACPR.com)

### ***Dr Carolyn Deighan***

BACPR Honorary Secretary

## **Communications and Digital Media**

We are now nearing 4000 followers on our social media platforms; Twitter, Facebook and Instagram. This increasing following is proving to be beneficial in the dissemination of current goings on within the organisation. The ongoing Twitter chats, covering various topics that have provided very good discussion, are now scheduled on a monthly basis are proving successful with good engagement. Activity across all platforms is increasing every month helping to spread the awareness of the great work from all those within the Cardiac Rehabilitation Specialty.

### ***e-Bulletins***

There continues to be some excellent content from services around the country, and world, highlighting commitment from all professionals in their pursuit of delivering an excellent service to their patients, especially as we are now (hopefully) coming out of the pandemic. Cardiac Rehabilitation services internationally have shown exemplary commitment to their service delivery during these unprecedented times. We continue to receive service delivery reports highlighting exceptional work in the development of their respective services.

### ***Connect***

We were able to successfully deliver a new digital version of Connect. This new format allows for increased usability with hyperlink to relevant materials. The digital format allows the organisation to meet the NHS target of going paperless by 2027.

### ***Website***

We are currently developing a new website format in conjunction with the BCS. We hope that the new features will provide increased communication and support between CR professionals and the organisation. New features include a secure, forum based communication system allowing for discussion of clinical information.

### ***Ceri Roberts***

BACPR Communications and Digital Media Officer

Twitter: @bacpr Instagram: @bacpr1 Facebook: @bacpr1



# Looking to the Future

*Learning, Innovation and Impact of  
Covid-19 on Cardiac Rehab Provision*

Friday 2nd October 2020

## Conference Report

### **BACPR Live Webinar (Online Conference) 2020**

**'Looking to the future: learning, innovation and impact of COVID-19'**

Friday 2nd October 2020.

The 2020 Annual conference was due to be held in Belfast and was going to address "Innovations in Practice". When COVID-19 became a pandemic, in March 2020, planning for the conference was at an advanced stage with most speakers across the two days having been confirmed, the venue booked, catering arranged, and accommodation provisionally arranged. In response to government restrictions on social contact, the BACPR took the decision to move the conference online. To support cardiovascular prevention and rehabilitation services, the theme of the conference was changed to 'Looking to the future: learning, innovation and impact of COVID-19'. Sanofi sponsored the event and provided £3,000, which paid for a large part of the online platform fees. The fees paid by non-members also helped pay for the cost of the online platform.

The conference was well received by delegates and had the largest number of delegates of any BACPR event. ~500 people, including council members and presenters, registered for the event. The event was launched by BACPR president, Prof Susan Dawkes, who outlined the impact of COVID-19 on healthcare professionals and cardiovascular prevention and rehabilitation



services. Dr Simon Nichols, the BACPR Scientific Chair, then proceeded to present data from the BACPR survey. It was striking to note that ~50% of UK cardiovascular prevention and rehabilitation services had been entirely suspended between March and June 2020. Prof. Gary Ford then provided an insightful presentation on how the NHS can innovate and adapt following the COVID-19 pandemic. Richard Forsyth discussed “Cardiac Rehabilitation for the future” and explained how the British Heart Foundation will be supporting the recovery and development of cardiac rehabilitation. The following section was a sequence of applied learning presentations from healthcare professionals working in cardiovascular prevention and rehabilitation. All three presentations shared valuable insights in to the challenges and success stories that their services had experienced.

After a 15 minute break. Dr Tee Joo Yeo gave an excellent presentation on the use of technology to adapt to the COVID-19 pandemic. Based on delegate feedback, this proved to be a very popular presentation. Next, Dr Gabriella Ghisi presented the ICCPR survey findings on the impact of COVID-19 on Cardiac Rehabilitation. Similar to the BACPR survey, they found that ~50 of cardiac rehabilitation programmes had been cancelled, worldwide, during the COVID-19 pandemic. It was concerning to hear that more than 60% of cardiac rehabilitation programmes did not offer any form of remote service delivery. In the final session of the day, data from the National Audit of Cardiac Rehabilitation highlighted the impact that COVID-19 had had on UK and cardiovascular prevention and rehabilitation services. They also explored what can be learnt from the experience. The final presentation of the day was given by Prof. Dominique Hansen. Prof. Hansen gave an informative presentation that explained what evidence was available to support the use of telehealth, and for which applications it is effect. Questions and answers were then put to our presenters, by the delegates. The online event was then closed by BACPR President, Susan Dawkes.

*Conference presentations are available to view in the ‘members only’ area at: [www.bacpr.com](http://www.bacpr.com).*

## **BACPR Annual Conference 2021**

### ***‘New World of Cardiovascular Prevention and Rehabilitation’***

Following from the disruption to the previous years conference, the location for the 2021 Annual Conference has been “rolled over” to this year, with the venue being the ICC, Belfast. Speakers for this years event have been briefed that this should not be another “lets talk about how COVID ruined things” kind of affair, but rather what innovations and refinements are now embedded in cardiac rehab, and what impact are they having.

There are some important considerations to note at this stage regarding the format of the conference, namely the hybrid option that we are offering this year. Many speakers will be delivering their sessions live online (as has been the case with other conferences this year), however we have still offered the option for delegates to attend in person. There is likely a strong desire to return to some level of normality regarding conferences and we cannot ignore the significant benefit of in-person conferences on networking and making professional connections (as well as reconnecting again as a community). By offering an in “person option” for booking we hope to support this.

All sessions will be streamed live allowing those not able to attend in person to watch, and also ask questions during the presentations. It will be important to evaluate the success of this hybrid approach (face to face and online viewing) in order to better inform future events for the organisation.

***Dr Tom Butler and Dr Simon Nichols***

BACPR Scientific Officer

## Education and Training Report

In 2020-2021, despite the arrival of the Covid pandemic we have continued to deliver the UK's leading Specialist Cardiac Exercise Instructor Training course recognised by both the Register of Exercise Professionals (REPs) Ireland and CIMSPA (Chartered Institute for the Management of Sport and Physical Activity).

Our comprehensive CPD programme of short courses are delivered across the UK and the Republic of Ireland with all course material regularly re-evaluated and updated to ensure delegates receive comprehensive material on every course. We have national recognition for our education programme from The CPD Certification Scheme.



**Training  
Provider**



This year there have been 23 Short Courses with a total of 418 delegates attending and 11 BACPR Exercise Instructor Qualification courses with a total of 182 Instructors attending over the last 12 months along with 630 BACPR instructors undergoing the on-line revalidation. We continue with our links with higher education and continue to deliver MSc modules at University of Chester and University College of London.

During this year we started a series of short webinars around the different core components of cardiovascular prevention and rehabilitation which are continuing on. There was one entitled Focus on Cardiovascular Nutrition on 18th November 2020 and one on Physical Activity and Exercise component on 13th January 2021.

Our online education platform continues to grow and now includes revalidation, resources and MCQ assessment for the BACPR Exercise Instructor Training along with short online modules to introduce the six core components. These BACPR Standards & Core Components on-line stand alone course e-modules give an overview of our specialty to our colleagues who are new to the cardiovascular health field.

The Education team led in planning and organising the Virtual Annual Conference in October 2020 and the virtual EPG spring study day in April 2021.

Finally, as ever a massive thank you to Vivienne, Penny and all the tutors who worked so hard over the last year to continue delivering quality education and training across all the core components of cardiovascular disease prevention and rehabilitation.

***Sally Hinton***

BACPR Education Director

# Exercise Professionals Group (EPG) Report

Following a number of changes, the EPG Committee now consists of:

Dr Simon Nichols	Past chair and BASES representative
Vicky Hatch	Chair and BACPR EIN representative
Eddie Caldow	BASES representative
Helen Alexander	ACPICR representative
Susan Young	ACPICR representative
Lindsey Smith	BACPR EIN representative
Prof John Buckley	Founder Member

## Overall Aim of Group

To develop practice standards and guidelines, offer training and continuing professional development, advise professional groups, charities, associations on matters pertaining to patient/client guidance, professional practice, or research of physical activity and exercise in relation to cardiovascular disease and prevention.

In the last 12 months members of the committee have:

- Provided ongoing support to BACPR members (and non members!) during COVID restrictions. We have answered e mail queries, publishing an update to the EPG guideline document which includes advice on restarting and revising delivery to maintain effective rehabilitation services in a 'post COVID' landscape and offered virtual workshops to facilitate the sharing of ideas and practical advice to restart Phase IV services.
- Continued the work to develop a route to competency for each of the three professional groups. This has now been completed and final draft documents are being proof read prior to publication.
- Continued the development of the certified exercise specialist practitioner; Application and assessment documentation is now in the final stages. There are a number of interested applicants ready to apply.
- Replied to questions posted on BACPR members forum and to other individual queries.
- Commented on patient/client information and professional practice in the UK and other countries.
- Maintained strong links with Council; Vicky Hatch and Dr Simon Nichols currently sit on Council.

## EPG Study Day 2021

Due to ongoing restrictions and concerns re: COVID, Annual EPG study day on Friday 14th May 2021 took place virtually. All of the booked speakers from 2021 kindly agreed to speak, including our keynote speaker Professor Dominique Hansen from the University of Hasselt, Belgium.

Thanks to all EPG committee members and to Sally Hinton, who helped behind the scenes to manage the audience questions, and ensure that despite being a virtual event, there was good opportunity for interaction. The feedback from the event showed that just over 90% of the delegates that gave feedback rated the event as very good or excellent.

### ***Vicky Hatch***

BACPR Exercise Professional Group Chair



## Exercise Instructor Network (EIN) Report

### EIN Committee

The EIN Committee currently consists of the following people:

<b>Past Chair</b>	Brian Begg
<b>Chair</b>	Vicky Hatch
<b>Vice Chair</b>	Julie Mason
<b>Secretary</b>	Lindsey Smith
<b>PR Officer</b>	Katie Andrew (Plant)

Sheona McHale

Emma Spalding

Toby Whitehead

Stefan Birkett

### BACPR EIN CPD Days

With the help of Sally Hinton, five BACPR EIN workshops were delivered in April /May 2021 to facilitate the sharing of ideas and offer practical advice on restarting face to face Phase IV sessions in the community. Feedback was extremely positive and attendees felt more confident in re starting their sessions. Going forward, virtual delivery of study days is being explored with new content as an effective way of ensuring that Phase IV exercise professionals remain up to date with knowledge and skills.

### Communications

The BACPR EIN Facebook page, set up to share information that is of interest to BACPR qualified Exercise Instructors, BACPR members or members of the public with an interest in physical activity and health related topics, currently has just under 950 followers.

Katie, Emma and Toby have worked hard to build the content and community.

### Advanced Exercise Practitioner Award

See EPG Report, Bullet point 2.

BACPR Exercise Professionals Group (EPG) Position Statement 2012 (version 2) remains the overarching guidance for eligibility and includes the details of minimum qualifications and competences.

### *Vicky Hatch*

BACPR Exercise Instructor Network Chair



*“Promoting excellence in cardiovascular disease prevention and rehabilitation”*

**The British Association for Cardiovascular Prevention and Rehabilitation**

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**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

**Company no 5086964**



# **BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

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# **BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

## **TRUSTEES**

Professor Susan Dawkes - President

Dr Carolyn Deighan - Secretary

Mrs Gillian Farthing - Treasurer

## **PRINCIPAL OFFICE**

9 Fitzroy Square

London

W1T 5HW

## **INDEPENDENT EXAMINER**

AEL Markhams Ltd

201 Haverstock Hill

London

NW3 4QG

**Charity number**

1135639



# **BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

## **Report of the Trustees for the year ended 31st March 2021**

The Trustees present their report along with the financial statements for the year ended 31st March 2021

### **Constitution and objects**

British Association for Cardiovascular Prevention and Rehabilitation is a company limited by guarantee without share capital, incorporated on 29th March 2004. BACPR was constituted on 11th September 1993 and is a registered charity no 1031354.

The objects of the charity are:-

- (i) The relief of sickness of persons suffering from diseases of the heart and circulation.
- (ii) To undertake and promote, in relation to diseases of the heart and circulation, preventions, rehabilitation, education and medical and scientific research.

### **Financial review**

Total income for the year ended 31st March 2021 was £288,261 (2020 = £463,435)

Total expenditure for the year ended 31st March 2021 was £262,417 (2020 = £454,475)

Income exceeded expenditure by £25,844 (2020 = Surplus £8,962)

Funds held on deposit increased from £290,315 to £333,680

### **Investment powers and policy**

Under its memorandum of Association the charity has the power to invest in any way the trustees wish.

The trustees, having regard to the liquidity requirements of operating the charity have maintained a policy of keeping available funds in interest bearing deposit accounts.

### **Reserves policy**

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity at a level which provides sufficient funds to cover management and administration and support costs.

### **Risk management**

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

### **Trustees' responsibilities in relation to financial statements**

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the Trustees are required to:

- \* select suitable accounting policies and apply them consistently,
- \* make judgements and estimates that are reasonable and prudent,
- \* state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- \* prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the accounts comply with the Charities Acts. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**Report of the Trustees for the year ended 31st March 2021  
continued**

**Statement as to disclosure of information to auditors**

So far as the trustees are aware, there is no relevant information (as defined by Section 234ZA of the Companies Act 1985) of which the charitable company's auditors are unaware and each trustee has taken all the steps they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

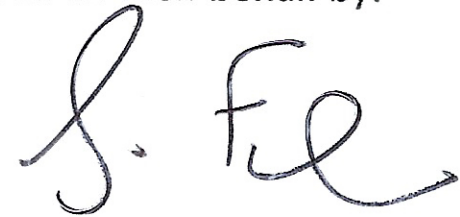
**Auditors**

The auditors, AEL Markhams Ltd, will be proposed for re-appointment in accordance with Section 385 of the Companies Act 1985.

Approved by the Board of Trustees on

17th June

2021 and signed on their behalf by:-



Gillian Farthing  
Trustee

**REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF**  
**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**  
**(A COMPANY LIMITED BY GUARANTEE)**

**Independent examiner's report to the trustees of British Association of Cardiovascular Prevention and Rehabilitation**

We report on the accounts of the company for the year ended 31st March 2021, which are set out on pages 6 to 9.

**Respective responsibilities of trustees and examiner**

The trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 1993 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and we are qualified to undertake the examination by being a qualified members of the Institute of Chartered Accountants in England and Wales.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiners report**

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented by those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.



**REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF  
BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**(A COMPANY LIMITED BY GUARANTEE)**

**continued**

**Independent examiners statement**

In connection with our examination, no matter has come to our attention;

(1) which gives us reasonable cause to believe that in any material respect the requirements;

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities

have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*AEL Markhams*

**AEL Markhams Ltd  
Chartered Accountants and  
Registered Auditors  
201 Haverstock Hill  
London NW3 4QG**

**Date:** 17th June 2021

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>Notes Page</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
<b>Incoming resources</b>	<b>9</b>				
Education fund			256,430	256,430	300,611
Conference fund		-2,480		-2,480	119,140
Members fund		34,311		34,311	43,684
<b>Total incoming resources</b>		<b>31,831</b>	<b>256,430</b>	<b>288,261</b>	<b>463,435</b>
<b>Resources expended</b>	<b>10</b>				
Education fund			216,046	216,046	303,657
Conference fund		13,884		13,884	106,944
Members fund		32,487		32,487	43,872
<b>Total resources expended</b>		<b>46,371</b>	<b>216,046</b>	<b>262,417</b>	<b>454,473</b>
<b>Net incoming resources for the year</b>		<b>-14,540</b>	<b>40,385</b>	<b>25,844</b>	<b>8,962</b>
Total funds brought forward		118,062	193,571	311,633	302,671
<b>Total funds carried forward</b>		<b>103,522</b>	<b>233,956</b>	<b>337,477</b>	<b>311,633</b>

The Statement of Financial Activities include all the gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared

All the above amounts relate to continuing services

The notes on page 8 form part of the financial statements



**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**BALANCE SHEET**

**31 MARCH 2021**

	Notes	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	2	<u>1</u>	<u>1</u>
<b>Current assets</b>			
Cash at bank and in hand		333,680	290,315
Prepayments		<u>12,816</u>	<u>25,517</u>
		<u>346,496</u>	<u>315,832</u>
<b>Creditors - amounts falling due within one year</b>	3	9,020	4,200
<b>Net current assets</b>		<u>337,476</u>	<u>311,632</u>
<b>Total net assets</b>		£ <u>337,477</u>	£ <u>311,633</u>
<b>Funds</b>			
Restricted funds		233,956	193,571
Unrestricted funds		<u>103,522</u>	<u>118,062</u>
		£ <u>337,477</u>	£ <u>311,633</u>

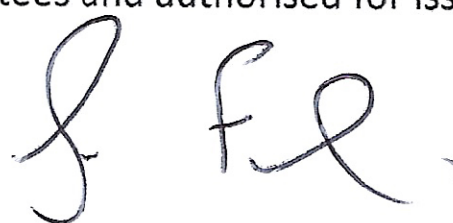
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the Board of Trustees and authorised for issue on 2021 and signed on their behalf by:-



Gillian Farthing  
Trustee

The notes on page 8 form part of the financial statements



**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

**1 Principle accounting policies**

**Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities. In preparing the financial statements the charity follows best practice laid down in the Statement of Recommended Practice - Accounting and Reporting.

**Incoming resources**

Income is accounted for in the period in which it is received.

**Resources expended**

Expenditure is included on an accruals basis.

**Tangible fixed assets**

Depreciation is provided for as follows:-

Fixtures and fittings - 15% on cost

**2 Tangible fixed assets**

**Fixed  
Assets**

**Cost**

At 1st April 2020 and 31st March 2021

9,670

**Depreciation**

At 1st April 2020

9,669

Charge for the year

At 31st March 2021

£ 9,669

**Net book value**

31st March 2021

£ 1

31st March 2020

£ 1

**3 Creditors**

**2021      2020**

Amounts falling due within one year

Trade creditors

£ 9,020   £ 4,200

**4 Funds**

**Unrestricted funds**

Comprise those funds which the trustees are free to use in accordance with the charitable objects.

**Restricted funds**

Comprise those funds which have been given for a particular purpose and that restricted fund must be used wholly for that charitable object. The restricted funds in operation at 31st March 2021 were:-

(i) Education account

These notes form part of the financial statements

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>INCOME</b>				
<b>BACPR EDUCATION FUND</b>				
Course income		256,430		300,611
<b>CONFERENCE FUND</b>				
Registration	2,390		77,000	
Registration refund - 2020	-7,870		0	
Sponsorship and exhibitors	3,000		42,140	
		-2,480		119,140
<b>MEMBERS FUND</b>				
Membership fees	33,651		37,284	
EPG income	0		5,400	
Miscellaneous income	660		1,000	
		34,311		43,684
		288,261		463,435
<b>EXPENSES</b>				
Resources expended (page 10)		262,417		454,473
<b>Net outgoing resources for the year</b>	£	<u>25,844</u>	£	<u>8,962</u>

These notes form part of the financial statements

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**RESOURCES EXPENDED**

**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>EXPENDITURE</b>				
<b>BACPR EDUCATION FUND</b>				
<b>General costs</b>				
ACPICR fees	4,700		4,391	
Course expenses	16,964		61,167	
Online developments costs	22,886		0	
Computer and IT costs	3,865		6,442	
Tutor travel, subsistence and accommodation	1,823		47,396	
Tutor fees	<u>82,374</u>		<u>94,250</u>	
		132,611		213,646
<b>Project costs</b>				
Tutor fees and expenses		1,889		4,464
<b>EDUCATION ADMINISTRATION COSTS</b>				
Office rental	10,259		10,226	
Office expenses	11,090		7,703	
Covid grant received	-10,000		0	
Salaries	<u>70,195</u>		<u>67,618</u>	
		81,545		85,547
<b>CONFERENCE FUND</b>				
Administration and speakers expenses	13,884		49,671	
Venue	<u>0</u>		<u>57,273</u>	
		13,884		106,944
<b>MEMBERS FUND</b>				
Administration	27,483		22,189	
Council costs	0		9,029	
Professional fees	4,290		4,200	
Advertising	90		452	
Connect newsletter	624		2,949	
EPG expenses	0		2,148	
Travel awards	<u>0</u>		<u>2,905</u>	
		32,487		43,872
	<u>£</u>	<u>262,417</u>	<u>£</u>	<u>454,473</u>

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

**Company no 5086964**



## **BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

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# **BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

## **TRUSTEES**

Professor Susan Dawkes - President

Dr Carolyn Deighan - Secretary

Mrs Gillian Farthing - Treasurer

## **PRINCIPAL OFFICE**

9 Fitzroy Square

London

W1T 5HW

## **INDEPENDENT EXAMINER**

AEL Markhams Ltd

201 Haverstock Hill

London

NW3 4QG

**Charity number**

1135639



# **BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

## **Report of the Trustees for the year ended 31st March 2021**

The Trustees present their report along with the financial statements for the year ended 31st March 2021

### **Constitution and objects**

British Association for Cardiovascular Prevention and Rehabilitation is a company limited by guarantee without share capital, incorporated on 29th March 2004. BACPR was constituted on 11th September 1993 and is a registered charity no 1031354.

The objects of the charity are:-

- (i) The relief of sickness of persons suffering from diseases of the heart and circulation.
- (ii) To undertake and promote, in relation to diseases of the heart and circulation, preventions, rehabilitation, education and medical and scientific research.

### **Financial review**

Total income for the year ended 31st March 2021 was £288,261 (2020 = £463,435)

Total expenditure for the year ended 31st March 2021 was £262,417 (2020 = £454,475)

Income exceeded expenditure by £25,844 (2020 = Surplus £8,962)

Funds held on deposit increased from £290,315 to £333,680

### **Investment powers and policy**

Under its memorandum of Association the charity has the power to invest in any way the trustees wish.

The trustees, having regard to the liquidity requirements of operating the charity have maintained a policy of keeping available funds in interest bearing deposit accounts.

### **Reserves policy**

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity at a level which provides sufficient funds to cover management and administration and support costs.

### **Risk management**

The trustees have examined the major strategic, business and operational risks which the charity faces and confirm that systems have been established to enable regular reports to be produced so that the necessary steps can be taken to lessen these risks.

### **Trustees' responsibilities in relation to financial statements**

Law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the Trustees are required to:

- \* select suitable accounting policies and apply them consistently,
- \* make judgements and estimates that are reasonable and prudent,
- \* state whether applicable accounting standards and statements of recommended practice have been followed subject to any departures disclosed and explained in the financial statements; and
- \* prepare the accounts on the going concern basis unless it is inappropriate to presume that the charity will continue to operate.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and which enable them to ensure that the accounts comply with the Charities Acts. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**Report of the Trustees for the year ended 31st March 2021  
continued**

**Statement as to disclosure of information to auditors**

So far as the trustees are aware, there is no relevant information (as defined by Section 234ZA of the Companies Act 1985) of which the charitable company's auditors are unaware and each trustee has taken all the steps they ought to have taken as a trustee in order to make them aware of any audit information and to establish that the charitable company's auditors are aware of that information.

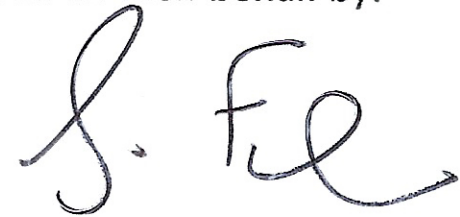
**Auditors**

The auditors, AEL Markhams Ltd, will be proposed for re-appointment in accordance with Section 385 of the Companies Act 1985.

Approved by the Board of Trustees on

17th June

2021 and signed on their behalf by:-



Gillian Farthing  
Trustee



**REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF  
BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION  
(A COMPANY LIMITED BY GUARANTEE)**

**Independent examiner's report to the trustees of British Association of Cardiovascular Prevention and Rehabilitation**

We report on the accounts of the company for the year ended 31st March 2021, which are set out on pages 6 to 9.

**Respective responsibilities of trustees and examiner**

The trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 1993 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and we are qualified to undertake the examination by being a qualified members of the Institute of Chartered Accountants in England and Wales.

Having satisfied ourselves that the charity is not subject to audit under company law and is eligible for independent examination, it is our responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

**Basis of independent examiners report**

Our examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented by those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

**REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF  
BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**(A COMPANY LIMITED BY GUARANTEE)**

**continued**

**Independent examiners statement**

In connection with our examination, no matter has come to our attention;

(1) which gives us reasonable cause to believe that in any material respect the requirements;

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and

- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice Accounting and Reporting by Charities

have not been met; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*AEL Markhams*

**AEL Markhams Ltd  
Chartered Accountants and  
Registered Auditors  
201 Haverstock Hill  
London NW3 4QG**

**Date:** 17th June 2021



**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>Notes Page</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>	<b>Total 2020 £</b>
<b>Incoming resources</b>	<b>9</b>				
Education fund			256,430	256,430	300,611
Conference fund		-2,480		-2,480	119,140
Members fund		34,311		34,311	43,684
<b>Total incoming resources</b>		<b>31,831</b>	<b>256,430</b>	<b>288,261</b>	<b>463,435</b>
<b>Resources expended</b>	<b>10</b>				
Education fund			216,046	216,046	303,657
Conference fund		13,884		13,884	106,944
Members fund		32,487		32,487	43,872
<b>Total resources expended</b>		<b>46,371</b>	<b>216,046</b>	<b>262,417</b>	<b>454,473</b>
<b>Net incoming resources for the year</b>		<b>-14,540</b>	<b>40,385</b>	<b>25,844</b>	<b>8,962</b>
Total funds brought forward		118,062	193,571	311,633	302,671
<b>Total funds carried forward</b>		<b>103,522</b>	<b>233,956</b>	<b>337,477</b>	<b>311,633</b>

The Statement of Financial Activities include all the gains and losses in the year and therefore a statement of total recognised gains and losses has not been prepared

All the above amounts relate to continuing services

The notes on page 8 form part of the financial statements

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**BALANCE SHEET**

**31 MARCH 2021**

	Notes	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	2	<u>1</u>	<u>1</u>
<b>Current assets</b>			
Cash at bank and in hand		333,680	290,315
Prepayments		<u>12,816</u>	<u>25,517</u>
		<u>346,496</u>	<u>315,832</u>
<b>Creditors - amounts falling due within one year</b>	3	9,020	4,200
<b>Net current assets</b>		<u>337,476</u>	<u>311,632</u>
<b>Total net assets</b>		£ <u>337,477</u>	£ <u>311,633</u>
<b>Funds</b>			
Restricted funds		233,956	193,571
Unrestricted funds		<u>103,522</u>	<u>118,062</u>
		£ <u>337,477</u>	£ <u>311,633</u>

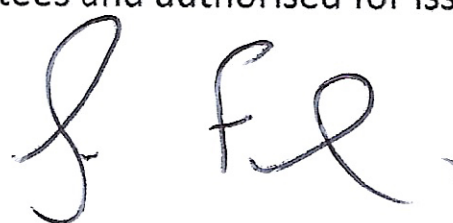
For the financial year in question the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

No members have required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

These financial statements were approved by the Board of Trustees and authorised for issue on 2021 and signed on their behalf by:-



Gillian Farthing  
Trustee

The notes on page 8 form part of the financial statements



**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

**1 Principle accounting policies**

**Accounting convention**

The financial statements are prepared under the historical cost convention and in accordance with the Financial Reporting Standard for Smaller Entities. In preparing the financial statements the charity follows best practice laid down in the Statement of Recommended Practice - Accounting and Reporting.

**Incoming resources**

Income is accounted for in the period in which it is received.

**Resources expended**

Expenditure is included on an accruals basis.

**Tangible fixed assets**

Depreciation is provided for as follows:-

Fixtures and fittings - 15% on cost

**2 Tangible fixed assets**

**Fixed  
Assets**

**Cost**

At 1st April 2020 and 31st March 2021

9,670

**Depreciation**

At 1st April 2020

9,669

Charge for the year

At 31st March 2021

£ 9,669

**Net book value**

31st March 2021

£ 1

31st March 2020

£ 1

**3 Creditors**

**2021      2020**

Amounts falling due within one year

Trade creditors

£ 9,020   £ 4,200

**4 Funds**

**Unrestricted funds**

Comprise those funds which the trustees are free to use in accordance with the charitable objects.

**Restricted funds**

Comprise those funds which have been given for a particular purpose and that restricted fund must be used wholly for that charitable object. The restricted funds in operation at 31st March 2021 were:-

(i) Education account

These notes form part of the financial statements

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**STATEMENT OF FINANCIAL ACTIVITIES**

**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>INCOME</b>				
<b>BACPR EDUCATION FUND</b>				
Course income		256,430		300,611
<b>CONFERENCE FUND</b>				
Registration	2,390		77,000	
Registration refund - 2020	-7,870		0	
Sponsorship and exhibitors	3,000		42,140	
		-2,480		119,140
<b>MEMBERS FUND</b>				
Membership fees	33,651		37,284	
EPG income	0		5,400	
Miscellaneous income	660		1,000	
		34,311		43,684
		288,261		463,435
<b>EXPENSES</b>				
Resources expended (page 10)		262,417		454,473
<b>Net outgoing resources for the year</b>	£	<u>25,844</u>	£	<u>8,962</u>

These notes form part of the financial statements

**BRITISH ASSOCIATION FOR CARDIOVASCULAR PREVENTION AND REHABILITATION**

**RESOURCES EXPENDED**

**FOR THE YEAR ENDED 31 MARCH 2021**

	<b>2021</b>		<b>2020</b>	
	£	£	£	£
<b>EXPENDITURE</b>				
<b>BACPR EDUCATION FUND</b>				
<b>General costs</b>				
ACPICR fees	4,700		4,391	
Course expenses	16,964		61,167	
Online developments costs	22,886		0	
Computer and IT costs	3,865		6,442	
Tutor travel, subsistence and accommodation	1,823		47,396	
Tutor fees	<u>82,374</u>		<u>94,250</u>	
		132,611		213,646
<b>Project costs</b>				
Tutor fees and expenses		1,889		4,464
<b>EDUCATION ADMINISTRATION COSTS</b>				
Office rental	10,259		10,226	
Office expenses	11,090		7,703	
Covid grant received	-10,000		0	
Salaries	<u>70,195</u>		<u>67,618</u>	
		81,545		85,547
<b>CONFERENCE FUND</b>				
Administration and speakers expenses	13,884		49,671	
Venue	<u>0</u>		<u>57,273</u>	
		13,884		106,944
<b>MEMBERS FUND</b>				
Administration	27,483		22,189	
Council costs	0		9,029	
Professional fees	4,290		4,200	
Advertising	90		452	
Connect newsletter	624		2,949	
EPG expenses	0		2,148	
Travel awards	<u>0</u>		<u>2,905</u>	
		32,487		43,872
	<u>£ 262,417</u>		<u>£ 454,473</u>	