



# **London Arts in Health Forum**

## **Trustees Annual Report and Unaudited Financial Statements**

### **Year ended 31 March 2025**

Charity registration - 1135543

Company number - 06939695



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## Reference and administrative details

### Charity number

1135543

### Company number

06939695

### Registered office

Room 7  
St Margaret's House  
21 Old Ford Road  
London  
E2 9PL

### Trustees

Prof. Joanna Latimer	(Chair)
Kim Britten	
Vivienne Reiss	
Anne De Charmant	
Bablu Miah	
Dr. Zoe Zontou	
Prof. Anne Marie Rafferty	
Jameisha Prescod	
Beatrice Walker	
Maggie O'Neil	(Resigned 28 June 2023)
Marina Carral Fernandez	(Treasurer)

### Chief Executive Officer

Anna Woolf

### Strategic Director

Matthew Couper

### Independent examiners

Enaid Accountancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

### Principal bankers

NatWest  
Perry Barr (A),  
46 One Stop Shopping Centre,  
2 Walsall Road,  
Birmingham,  
B42 1AZ

## A note from our CEO, Anna Woolf and our Chair, Prof. Joanna Latimer

London Arts and Health (LAH) has continued to thrive in 2024-2025 and we are extremely grateful to all our partners, funders, members and colleagues from across the Creative Health sector for continuing to support our work and ideas.

We may be a small organisation, but focus on the values of transparency, collaboration and empowerment. We continue to be a flexible employer offering our core staff flexible working, updated policies and support around issues such as menopause and wellbeing, as well as becoming an accredited Living Wage Employer in 2024. In Sept 2024 we launched out new free-to-join membership with updated benefits and better data transparency to understand who the sector comprises. In January 2025 our joint training programme with Raw Material and Arts & Health Hub, the Artists' Represent Recovery Network restarted with a brand new cohort of 10 artists.

We welcome two new members to the team in 2024: Drashti Shah takes up the role of Project and Comms Officer, and Jemilea Wisdom-Baako joins us as the freelance Project Manager for the Artists' Represent Recovery Network. Our work in 2024-2025 has been wide-ranging; we have listened to and supported colleagues, collaborated and undertaken research, put on a range of free events and training and continued to work on both a micro and macro level to support the Creative Health Sector across London. We want to thank all our funders, supporters, trustees and members for another fantastic year.

## Trustees' annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of London Arts in Health Forum for the year ended 31 March 2025.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

## Aims and objectives

### Vision

London Arts and Health (LAH) is a strategic London-based charity, which creates a bridge between the arts and health across the capital. Our vision is that the power of arts and culture transforms and enriches the lives and health of Londoners. We seek to make this happen through the enjoyment, promotion and nurturing of arts and cultural activities to improve the health and well-being of all Londoners.

LAH is connected to all the leading arts in health programmes across London and the UK, and works in partnership with others to support this work, creating better provision for those who are currently underserved; particularly those who are excluded from opportunities to lead or participate in arts activities due to disability or long term health conditions. LAH has already significantly changed attitudes across London and continues to shine a light on this work.

We offer sector support to creative practitioners and artists across London and beyond by offering resources, opportunities and advocacy. Our key programme is broken down into three areas:

- Connecting the Sector
- Advocating for Creative Health Sector
- Developing the Sector

### Public benefit

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

### Launch of LAH Membership in 2024 and the state of the sector

Our research has shown that over 70% of respondents working in Creative Health felt that required training was cost-prohibitive, with 42% saying they had a lack of time to complete their work. The CH&WA 2023 state of the sector survey also highlighted that most creative Health freelancers earn £15k or less a year. These workers need support more than ever to continue working professionally within the sector.

Our Understanding Creative Health in London report shows that our sector is growing and maturing, but that Creative Health practitioners need more support than ever. A snapshot of 350 of members tells us that:

- 67% of them work as freelancers / part time and have unstable income;
- They work with a wide range of communities across London, in particular with older and younger people, people living with dementia, underserved and marginalised groups and people experiencing ill mental health;

- Around 12% of our members are from Asian background; 17% from Black/African/Caribbean background, and 10% from a mixed/multiple ethnic background;
- 12% of our members are from people/organisations based in Arts Council London priority boroughs (Enfield, Barking and Dagenham, Brent, Croydon, Newham);
- 73% of our members identify as female and 5% as non-binary;
- 12% of our members shared that they are neurodivergent.

We know we need to continue to support our members by particularly:

- Supporting the diversification of the sector's workforce and leadership;
- Workforce development is a priority for LAH, with clear demand expressed by practitioners for continued sharing of practical tips, training, mentoring, networking and peer support;
- Support to understand and unlock the funding opportunities in the Capital;
- Arguing the value of Creative Health in policy making and at decision making levels, ensuring we fight for fair pay, support and equity for the sector.

We launched our formal membership in 2024 to convert our existing follower base into active members. By March 2025 we had achieved over 600 sign ups, with a target of reaching 1000 sign ups by Dec 2025 which we are more than on track to achieve. Our core funding from City Bridge enabled us to work with Sacha Glasgow-Smith, an expert membership consultant and Good CRM, our technology provider to formalise our membership.

Our membership has provided access to opportunities, training, research, and resources. The membership is free to access and provides a range of benefits including access to tickets and newsletters first, discounts on our room booking and access to our Creative Health library, kindly donated by Arts Council England. Our CRM has enabled us to target members for specific training programmes such as the Artists' Represent Recovery Network and also hold our member data in a GDPR compliant way. Through our new membership model we have also been able to generate income via ticket sales for members and non-members providing a fruitful income stream.

Our target beneficiaries for our membership include:

- Freelancers delivering creative health programmes;
- Creative health organisations;
- Creative organisations delivering creative health programmes;
- Link workers / social prescribers;
- Refers: individuals/organisations referring people to creative health programmes inc health professionals and services;
- Londoners suffering from physical or mental ill health.

## Achievement and performance

### Core project delivery 2024-25

8 x Sandpit sessions. The Sandpit is designed to be a free programme of networking and training for LAH's members pan-London. Topics for 2024 included Menopause and CH, the CH Quality Framework, Climate and Mental Health, and Neuro-Diversity and Creative Health.

4 x LACH meetings. London Action on Creative Health is a closed group of Senior stakeholders working pan-London in Creative Health. Attendees make up freelance, organisational, NHS, social prescribing, policy, fundraiser and wider workforce connected to the sector.

Creativity & Wellbeing Week. Running every May in conjunction with the Culture, Health and Wellbeing Alliance, C&WW is a celebration and revealing of the sector pan-England. With over 300 events added to the website and 1000s of attendees every year, people are able to engage in a variety of activities across the country. Highlights in 2024 included Let's Get Clinical at The Science Gallery at King's and a reflective podcast produced by Laura Bailey.

Newsletter: We produce a monthly e-newsletter providing the latest news on the creative health sector with details of funding and training opportunities. In 2024 we sent over 20 newsletters.

Website: Our website provides resources for people working in the creative health sector, we launched our free-to-join membership, we launched our mapping project and have provisionally mapped 5 ICS systems year end 2024.

Sector Support: We advocate for the sector by attending and speaking at conferences and events. We support the sector through localised activity in ACE priority areas such as Social Prescribing Day (St. Margaret's House and Rosetta Arts in Newham). We launched the scale of the sector report with the GLA. We advocated for the sector at the newly formed APPG in Creative Health in Parliament.

4 x ARCH meetings: Advocates for Representation in Creative Health began in Jan 2024 as a way to support and advocate for diverse colleagues and set an active inclusion agenda in Creative Health in London.

### [Creativity and Wellbeing Week \(C&WW\)](#)

C&WW took place this year from the 20-26th May 2024. It was delivered with great success and buzz, with two key headline events being in-person in London; one at the Science Gallery in conjunction with King's College, London and Arts Council England, including previous LAH Trustee Viv Reiss on the panel alongside a plethora of organisations and speakers. Our second in-person day at Queen Mary's University in East London at the BLOC Cinema venue saw the launch of the Breaks and Joins film as well as an evening event with Daniel Regan in which 10 films about mental health were shown. Online and regionally we welcomed a diverse range of speakers and organisations who contributed on a range of topics in Creative Health.

We commissioned two podcasts, one launched during the week exploring the Creative Health Quality Framework and one to be launched after the festival with Laura Bailey. Laura's podcast was a qualitative reflection on the festival, and included really brilliant guests like Nafeesa Arshad from Hospital Rooms, CounterPoints Arts and Public Health Lead for London, Professor Kevin Fenton. We had events exploring a plethora of themes and ideas, wide-ranging from topics such as AI and Creative Health, Hospital and Clinical Arts and Wellbeing, Trauma-Informed approaches to Creative Health and much, much more! We are grateful to our funders, Arts Council England for their continued support of the festival and its legacy. Read the full report [here](#).

### [Project highlights 2024-25](#)

Artists' Represents Recovery Network (ARRN). The Artists' Represent Recovery Network is a professional development programme which was open to 10 London-based, freelance, ethnically diverse artists who identify as black, brown, people of colour who have faced systemic racism, and who are working in arts & health in a participatory or community setting. The project was aimed at artists with at least 3 years of experience in this field and each artist had access to professional skills development sessions, peer-to-peer support and on-the-job training. Our brand new ARRN cohort started in January 2025 engaging in training, placements and mentoring.

#### Understanding Creative Health in London

Building on the 2023 policy work with the GLA and Arts Council London around London As a Creative Health City we were incredibly proud to have partnered with Rebecca Gordon-Nesbitt and the Greater London Authority on this report, and it has been an incredible and intensely forensic piece of work, uncovering the breadth, depth and quality of the sector. Reports like this are vital to ensuring policy-makers, funders and Health systems understand how the sector functions, the commitment and enduring power of the



workforce that drives it and also unfortunately the all too familiar precarious conditions we often find our members working in. The report calls for vital support for the Creative Health sector which we welcome as a roadmap to continue to build infrastructure for Creative Health in London. This report was commissioned by the GLA to London Arts and Health and Rebecca Gordon-Nesbitt. The report was written by Rebecca Gordon-Nesbitt with additional research undertaken by London Arts and Health: Amalia Restrepo and Anna Woolf. Illustrations and animations were done by Rae Goddard.

#### Creative Connections: London as a Creative Health City

In response to the Creative Health City report recommendations LAH launched a mapping tool in June 2024 to build London as a Creative Health City, addressing the disconnect between health and arts sectors.

LAH has employed asset mapping to leverage community efforts in addressing health disparities, drawing on the principles of Asset Based Community Development (ABCD) articulated by Cormac Russel. This approach recognizes the pivotal role of environmental and social determinants in enhancing local wellbeing, advocating for integrated approaches through comprehensive asset maps. Our project aims to connect and elevate best practices in health and cultural initiatives, promoting awareness and synergy between these sectors. The tool launched with three boroughs mapped in North East London. Research Lead Amalia Restrepo has worked with Queen Mary's University and UCL students to continue to map the five ICS systems in London and uncover grass-roots organisations, practitioners, and advocates for Creative Health in London.

#### Digital reach

At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 7,000 subscribers. LAH members can now upload their own content including stories, articles, jobs and news. We achieved 600 sign ups to our newly launched membership in September 2024. On social media, we have over 26,000 subscribers engaging with our regular updates about the latest conferences, jobs, publications, news, and opportunities. We set-up BlueSky and refocussed our LinkedIn Profile to reflect the changing digital landscape. In 2024-25 we continued with our second year of our City Bridge core funding for 5 years enabling us to recruit our Project and Comms Lead and our membership officer to help us put in place a free membership with more robust CRM and digital activations, helping us to better understand our members and their needs.

### Financial review

During the current financial year, the Charity achieved a surplus of £11,980 (2024: deficit of £5,875), increasing total reserves at year end to £58,669 (2024: £46,689), of which £13,626 (2024: £7,689) were unrestricted in nature with restricted reserves totalling £45,043 (2024: £39,000).

#### Reserves policy

We continue to institute a reserves policy, aiming to maintain a level of free, unrestricted reserves of or around 3-months average core expenditure, and including ongoing assessment and reporting of risks, holding the financial accounts against LAHs target reserves as well as the creation of a Board finance sub-committee responsible for reviewing and developing strategies and processes to ensure the sustainability and accountability of the charity.

#### Funding

We are extremely grateful to the Arts Council of England for our continued IPSO status and funding until 2025. We have applied for an extension year as per ACE guidance for funding until 2026 which was successful.

In July 2023 we found out that we have been generously funded by the City Bridge Foundation for five years, creating more opportunities for training for the sector pan-London and allowing us to grow the capacity of our team through membership support and our Project and Comms Officer. We now enter our second year of City Bridge funding which continues to provide more opportunities and support for members.

We continue to be successful in multiple tenders to bid for the GLA, delivering in conjunction with Dr.

Rebecca Gordon Nesbitt the Scale of the Creative Health Sector report in September 2024. We are grateful to the GLA for their continued support of the Artists' Represent Recovery network for ethnically diverse practitioners as a core funder, the Baring Foundation and the Arts Council, England for their funding of this training Project.

We were able to forge a partnership with Queen Mary's University, East London who have funded our Research Lead to complete asset mapping of Creative Health in our Creative Connections website. We also received funding from Arts and Philanthropy to deliver a funding workshop to the sector with our partner Arts & Health Hub. We acted as the grant holder for a variety of organisations including St. George's Health and Wellbeing Hub and the NCCH. Our sister organisation the Culture, Health and Wellbeing Alliance continues to support with funds for Creativity and Wellbeing Week, allowing us to develop the website and deliver the festival.

### [Financial risk register](#)

Risk	Mitigation
Budgetary control and financial reporting	<p>Monitor and report in a timely and accurate way</p> <p>Regularly review reserves and investments</p> <p>Recruit board sub committee to oversee budgets and resources</p> <p>Regular sessions between CEO and Treasurer to plan, project and review</p>
Reserves policies	A clear reserves policy - 3 months reserves
Compliance with funder imposed restrictions	Agree budget control, monitoring and reporting arrangements
Fraud or error	<p>Review financial control procedures</p> <p>Segregate duties</p> <p>Set authorisation limits</p>
Dependency on income sources	<p>Identify major dependencies</p> <p>Implement adequate reserves policy</p> <p>Put in place robust diversification plans</p>

## Structure, governance and management

### [Governing Document](#)

London Arts in Health Forum is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

London Arts in Health Forum is a registered Charity constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1135543 (England and Wales) and the company registration number is 06939695 (England and Wales).

### [Recruitment and Appointment of Trustees](#)

The Trustees are also the directors of London Arts in Health Forum for the purpose of company law. LAH's Articles of Association require a minimum of 3 trustees and a maximum of 15.

Our chair, Prof. Joanna Latimer, oversaw the recruitment of new trustees bringing a wealth of diverse lived,

academic, health and VCSE experience, as well as representing the diversity of Londoners experiencing creative health in the city, including:

### Chair

- Professor Joanna Latimer: Emerita Professor of Sociology, University of York.
- Deputy Chair, Beatrice Walker: works for the National Academy for Social Prescribing on their Arts and Global programmes.

### Board

- Marina Carral-Fernandez: Treasurer. Marina is a fully Chartered Accountant Finance Manager at Haleon.
- Anne de Charmant: Founding Director of Meadow Arts, a charitable organisation, that brings curated high-quality contemporary art to underserved areas.
- Bablu Mia: Founding Head of Trapped in Zone One, a global majority led arts organisation based in East London.
- Dr Zoe Zontou: Associate Professor in Drama and Theatre Studies at Liverpool Hope University.
- Anne Marie Rafferty CBE: Professor of Nursing Policy, former President of the RCN, and former Dean of the Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care at King's College London.
- Jameisha Prescod: artist-filmmaker and chronic illness advocate from South London.

In 2024-2025 two trustees stepped down. We thank Kim Britten and Viv Reiss for their longstanding contributions to the board of trustees and wish them well in their future endeavours.

The board sub-committees including commitment to EDI, climate change and health, financial robustness and sustainability, mentoring and support for staff and board have also been established.

The charity's Memorandum and Articles of Association state that there is no maximum length of service for directors and only the current directors can appoint new directors.

Trustees are committed to working in accordance with governance best practice, as issued by the Charity Commission.

### Core Staff 2024-25

- CEO: Anna Woolf
- Strategic Director: Matthew Couper
- Research Lead: Amalia Restrepo
- Project and Comms Lead: Drashti Shah

### Support Staff

- SM Support: Renee McCauley-Burnett
- Bookkeeper: Jane Roche
- Project Manager (The ARRN): Jemilia Wisdom-Baako
- Membership Consultant: Sacha Glasgow-Smith

- Placement Students in 2024-25 have included Alys Pearce (RCSSD), Elsie Fung (UCL), Zeina Ismail (UCL), Shivali Mahtani (UCL), Rebecca Marcano (UCL), Helen Zhuang (UCL)

## Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 4 to 13 of this document meets the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of

Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 11 December 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Joanna Latimer', with a long horizontal flourish extending to the right.

**PROFESSOR JOANNA LATIMER**

**CHAIRMAN**

## Independent examiner's report

I report to the Trustees on my examination of the accounts of London Arts in Health Forum (charity number 1135543, company number 06939695) for the year ended 31 March 2025 which are set out on pages 16 to 28.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'APN' followed by a stylized flourish.

**ANDREW PHILIP NASH FCA**

**MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833**

**DATED: 15 DECEMBER 2025**

Enaid Accountancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2025

		Unrestricted Funds	Restricted Funds	Total Funds	Total Funds
		Year ended 31 Mar 2025	Year ended 31 Mar 2025	Year ended 31 Mar 2025	Year ended 31 Mar 2024
	Notes	£	£	£	£
<b>Income from:</b>					
Donations & legacies	3	67,820	89,240	157,060	181,698
Charitable activities	4	2,931	32,743	35,674	4,526
Investments		751	-	751	317
Other income		606	-	606	-
<b>Total income</b>		<b>72,108</b>	<b>121,983</b>	<b>194,091</b>	186,541
<b>Expenditure on:</b>					
Charitable activities	5 & 6	66,006	116,105	182,111	192,416
<b>Total expenditure</b>		<b>66,006</b>	<b>116,105</b>	<b>182,111</b>	192,416
<b>Net income/(expenditure)</b>		<b>6,102</b>	<b>5,878</b>	<b>11,980</b>	(5,875)
Transfers between funds		(165)	165	-	-
<b>Net movement in funds</b>		<b>5,937</b>	<b>6,043</b>	<b>11,980</b>	(5,875)
<b>Reconciliation of funds:</b>					
Total funds brought forward	10 & 11	7,689	39,000	46,689	52,564
Total funds carried forward	10 & 11	<b>13,626</b>	<b>45,043</b>	<b>58,669</b>	46,689

The notes on pages 18 to 28 form part of the financial statements.



**Balance sheet**

As at 31 March 2025

			Total 31 Mar 2025	Total 31 Mar 2024
	Notes	£	£	£
<b>Current assets:</b>				
Debtors & prepayments	8	4,561		6,005
Cash at bank and in hand		68,641		43,936
		<b>73,202</b>		49,941
<b>Creditors:</b>				
Amounts falling due within one year	9	(14,533)		(3,252)
<b>Net current assets/(liabilities)</b>			<b>58,669</b>	46,689
<b>Net assets/(liabilities)</b>			<b>58,669</b>	46,689
<b>The funds of the charity:</b>				
Restricted funds	10 & 11		<b>45,043</b>	39,000
Unrestricted funds	10 & 11		<b>13,626</b>	7,689
<b>Total charity funds</b>			<b>58,669</b>	46,689

The notes on pages 18 to 28 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2025, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2025 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 11 December 2025 and signed on their behalf by:


**PROFESSOR JOANNA LATIMER****CHAIRMAN**

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2025, which occurred before the date of approval of the financial statements by the Board of Trustees, has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2025 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Using the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

#### Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### Legal status

London Arts in Health Forum is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Room 7, St Margaret's House, 21 Old Ford Road, London, E2 9PL.

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 10 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

## 1. Accounting policies (continued from previous page)

### Income (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event.

### Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised. There are no assets held over this amount currently.

### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

### Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### Pensions

The Charity has no pension liabilities.

### Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

### Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

## 2. Comparative statement of financial activities

		Unrestricted Funds Year ended 31 Mar 2024 £	Restricted Funds Year ended 31 Mar 2024 £	Total Funds Year ended 31 Mar 2024 £
	Notes			
Income from:				
Donations & legacies	3	67,470	114,228	181,698
Charitable activities	4	1,776	2,750	4,526
Investments		317	-	317
Total income		69,563	116,978	186,541
Expenditure on:				
Charitable activities	5	101,567	90,849	192,416
Total expenditure		101,567	90,849	192,416
Net income/(expenditure)		(32,004)	26,129	(5,875)
Transfers between funds		(12,871)	12,871	-
Net movement in funds		(44,875)	39,000	(5,875)
Reconciliation of funds:				
Total funds brought forward	10 & 11	52,564	-	52,564
Total funds carried forward	10 & 11	7,689	39,000	46,689

3. Income from donations and legacies

	Unrestricted Funds Year ended 31 Mar 2025 £	Restricted Funds Year ended 31 Mar 2025 £	Total Funds Year ended 31 Mar 2025 £
<b>Income from funders</b>			
Arts Council England	67,820	15,800	<b>83,620</b>
City of London	-	29,363	<b>29,363</b>
Greater London Authority	-	5,000	<b>5,000</b>
Royal Society of Art	-	910	<b>910</b>
Baring Foundation	-	28,889	<b>28,889</b>
Queen Mary University	-	5,000	<b>5,000</b>
Other grants	-	4,278	<b>4,278</b>
	<b>67,820</b>	<b>89,240</b>	<b>157,060</b>
	Unrestricted Funds Year ended 31 Mar 2024 £	Restricted Funds Year ended 31 Mar 2024 £	Total Funds Year ended 31 Mar 2024 £
<b>Income from funders</b>			
Arts Council England	67,470	10,000	77,470
City of London	-	24,188	24,188
Greater London Authority	-	71,950	71,950
Royal Society of Art	-	6,590	6,590
Other grants	-	1,500	1,500
	<b>67,470</b>	<b>114,228</b>	<b>181,698</b>

#### 4. Income from charitable activities

	Unrestricted Funds Year ended 31 Mar 2025 £	Restricted Funds Year ended 31 Mar 2025 £	Total Funds Year ended 31 Mar 2025 £
<b>Income from charitable activities</b>			
Fees	2,931	32,743	35,674
	<b>2,931</b>	<b>32,743</b>	<b>35,674</b>

	Unrestricted Funds Year ended 31 Mar 2024 £	Restricted Funds Year ended 31 Mar 2024 £	Total Funds Year ended 31 Mar 2024 £
<b>Income from charitable activities</b>			
Fees	1,776	2,750	4,526
	<b>1,776</b>	<b>2,750</b>	<b>4,526</b>

#### 5. Total expenditure

	Direct staff expenditure Year ended 31 Mar 2025 £	Direct project expenditure Year ended 31 Mar 2025 £	Indirect other expenditure Year ended 31 Mar 2025 £	Total expenditure Year ended 31 Mar 2025 £
<b>Charitable Activities</b>	86,547	72,424	23,140	182,111
	<b>86,547</b>	<b>72,424</b>	<b>23,140</b>	<b>182,111</b>

	Direct staff expenditure Year ended 31 Mar 2024 £	Direct project expenditure Year ended 31 Mar 2024 £	Indirect other expenditure Year ended 31 Mar 2024 £	Total expenditure Year ended 31 Mar 2024 £
<b>Charitable Activities</b>	76,318	95,373	20,725	192,416
	<b>76,318</b>	<b>95,373</b>	<b>20,725</b>	<b>192,416</b>

5. Total expenditure (continued from the previous page)

	<b>Restricted Funds</b>	<b>Total Funds</b>
	<b>Year ended</b>	<b>Year ended</b>
	<b>31 Mar 2025</b>	<b>31 Mar 2024</b>
	<b>£</b>	<b>£</b>
Other staff costs	<b>2,204</b>	4,460
Printing, post and stationery	<b>1,321</b>	1,159
Subscriptions and memberships	<b>376</b>	362
Telephone	<b>475</b>	396
Computer and website costs	<b>4,446</b>	5,162
Premises rent and rates	<b>4,402</b>	2,873
Bank charges	<b>70</b>	131
Bookkeeping	<b>5,244</b>	4,221
Governance	<b>4,602</b>	1,961
	<b>23,140</b>	20,725

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 7.

Governance costs consists of the following:

	<b>Total</b>	<b>Total</b>
	<b>Year ended</b>	<b>Year ended</b>
	<b>31 Mar 2025</b>	<b>31 Mar 2024</b>
	<b>£</b>	<b>£</b>
Independent examination	<b>1,608</b>	1,584
Insurance	<b>1,216</b>	98
Other governance costs	<b>1,778</b>	279
	<b>4,602</b>	1,961

## 6. Expenditure on charitable activities

	Unrestricted Funds Year ended 31 Mar 2025 £	Restricted Funds Year ended 31 Mar 2025 £	Total Funds Year ended 31 Mar 2025 £
Direct staff expenditure	51,063	35,484	86,547
Direct project expenditure	4,096	68,328	72,424
Indirect expenditure	10,847	12,293	23,140
	<b>66,006</b>	<b>116,105</b>	<b>182,111</b>

  

	Unrestricted Funds Year ended 31 Mar 2024 £	Restricted Funds Year ended 31 Mar 2024 £	Total Funds Year ended 31 Mar 2024 £
Direct staff expenditure	52,784	23,534	76,318
Direct project expenditure	31,654	63,719	95,373
Indirect expenditure	17,129	3,596	20,725
	<b>101,567</b>	<b>90,849</b>	<b>192,416</b>

## 7. Staff costs

There were no employees employed during the period (2024: no employees).

No employee received employee benefits of more than £60,000 (2024: Nil).

The total fees paid to key management personnel on a self-employed basis during the year were £52,159 (2024: £53,500).

## 8. Debtors and prepayments

	Total 31 Mar 2025 £	Total 31 Mar 2024 £
Trade debtors	1,750	1,703
Prepayments	1,811	1,711
Accrued income	1,000	2,591
	<b>4,561</b>	<b>6,005</b>



9. Creditors: amounts falling due within one year

	Total 31 Mar 2025 £	Total 31 Mar 2024 £
Trade creditors	1,616	1,470
Accruals	1,806	1,782
Deferred income	11,111	-
	<b>14,533</b>	<b>3,252</b>

Deferred revenue relates to amounts received in advance for the 2025/26 financial year.

10. Analysis of charity funds

	Balance brought forward Year ended 31 Mar 2025 £	Income for the period Year ended 31 Mar 2025 £	Expenditure in the period Year ended 31 Mar 2025 £	Transfers between funds Year ended 31 Mar 2025 £	Balance carried forward Year ended 31 Mar 2025 £
<b>Unrestricted funds</b>	<b>7,689</b>	<b>72,108</b>	<b>(66,006)</b>	<b>(165)</b>	<b>13,626</b>
<b>Restricted funds</b>					
ARRN (various funders)	1,707	-	(1,707)	-	-
ARRN Phase 2 (various funders)	-	49,689	(27,274)	-	<b>22,415</b>
GLA (City Sprint)	803	-	(803)	-	-
GLA (Mapping)	500	-	(500)	-	-
GLA (Other)	4,728	-	(4,728)	-	-
GLA (Scale of sector)	4,636	-	(4,617)	(19)	-
Quality Framework	(184)	-	-	184	-
City Bridge (core)	14,070	29,363	(36,916)	-	<b>6,517</b>
Culture Health and Wellbeing Alliance (Creativity and Wellbeing)	7,840	141	(3,593)	-	<b>4,388</b>
Digital Sandpit	-	41	(2,328)	-	<b>(2,287)</b>
Newham Creative Health Zone	-	-	(382)	-	<b>(382)</b>
Royal Society of Art	4,900	910	(5,810)	-	-
Greenwich Health Watch	-	3,000	(2,650)	-	<b>350</b>
Liberty Festival Advisory Group	-	8,150	(4,556)	-	<b>3,594</b>
Mapping (Queen Mary)	-	5,150	(2,125)	-	<b>3,025</b>
NEL CH fund	-	4,750	(2,147)	-	<b>2,603</b>
St Georges	-	18,900	(14,368)	-	<b>4,532</b>
Arts and Philanthropy	-	1,889	(1,601)	-	<b>288</b>
<b>Restricted funds</b>	<b>39,000</b>	<b>121,983</b>	<b>(116,105)</b>	<b>165</b>	<b>45,043</b>
<b>Total funds</b>	<b>46,689</b>	<b>194,091</b>	<b>(182,111)</b>	<b>-</b>	<b>58,669</b>

10. Analysis of charity funds (continued from the previous page)

**ARRN (various funders)** - Project funding to support the Artists Represents Recovery project.

**ARRN Phase 2 (various funders)** - Project funding to support phase 2 of the Artists Represents Recovery project.

**GLA (ARRN)** - Project funding from the Greater London Authority to support the Artists Represents Recovery project.

**GLA (City Sprint)** - Project funding from Greater London Authority to support City Sprint workshops.

**GLA (Mapping)** - Project funding from Greater London Authority to mapping of creative health provision.

**GLA (Other)** - Project funding from Greater London Authority for SE London creative health programme.

**GLA (Scale of the Sector)** - Project funding from Greater London Authority to support Scale of the Sector.

**Quality Framework** - Project funding to support Quality Framework.

**City Bridge (core)** - Core funding contribution to the recruitment of training providers, a Project & Communications Lead and delivery of Global Majority Leadership programme.

**Culture Health and Wellbeing Alliance (Creativity and Wellbeing Week)** - Project costs to support delivery of Creativity and Wellbeing Week.

**Royal Society of Arts** - Project funding for mapping creative health provision.

**Greenwich Health Watch** - Delivery of workshops to health care workers in Greenwich

**Liberty Festival Advisory Group** - Fund holding and management for an advisory group of CYP for the GLA.

**Mapping (Queen Mary)** - Restricted grant to deliver an AI and mapping project in Creative Health.

**NEL CH fund** - Restricted grant to hold the FL employment of the NEL CH Associate with management fee for LAH.

**St Georges** - Restricted ACE grant to manage the fund and project management of the delivery of a CH strategy for St George's Health and Wellbeing Hub in Havering.

**Arts and Philanthropy** - Restricted funding to deliver a one off workshop exploring funding for Creative Health.

**10. Analysis of charity funds (continued from the previous page)**

	Balance brought forward Year ended 31 Mar 2024 £	Income for the period Year ended 31 Mar 2024 £	Expenditure in the period Year ended 31 Mar 2024 £	Transfers between funds Year ended 31 Mar 2024 £	Balance carried forward Year ended 31 Mar 2024 £
Unrestricted funds	52,564	69,563	(101,567)	(12,871)	7,689
Restricted funds					
GLA (ARRN)	-	500	-	1,207	1,707
GLA (City Sprint)	-	8,470	(6,897)	(770)	803
GLA (Mapping)	-	3,500	(3,000)	-	500
GLA (Other)	-	22,000	(20,000)	2,728	4,728
GLA (Scale of sector)	-	14,480	(15,011)	5,167	4,636
Quality Framework	-	750	(934)	-	(184)
ACEandGLA(Unconference)	-	35,000	(29,833)	(5,167)	-
City Bridge (core)	-	24,188	(10,118)	-	14,070
Culture Health and Wellbeing Alliance (Creativity and Wellbeing)	-	1,500	(2,606)	8,946	7,840
Royal Society of Art	-	6,590	(2,450)	760	4,900
Restricted funds	-	116,978	(90,849)	12,871	39,000
Total funds	52,564	186,541	(192,416)	-	46,689

**ACE & GLA (Unconference)** - Joint Project funding from Greater London Authority and Arts Council England for the delivery of the Unconference at Battersea Arts Centre.

## 11. [Analysis of net assets](#)

	Unrestricted Funds Year ended 31 Mar 2025 £	Restricted Funds Year ended 31 Mar 2025 £	Total Funds Year ended 31 Mar 2025 £
Current assets	28,159	45,043	73,202
Current liabilities	(14,533)	-	(14,533)
	<b>13,626</b>	<b>45,043</b>	<b>58,669</b>

  

	Unrestricted Funds Year ended 31 Mar 2024 £	Restricted Funds Year ended 31 Mar 2024 £	Total Funds Year ended 31 Mar 2024 £
Current assets	10,941	39,000	49,941
Current liabilities	(3,252)	-	(3,252)
	<b>7,689</b>	<b>39,000</b>	<b>46,689</b>

## 12. [Trustee remuneration](#)

During the year, no Trustee received any remuneration (2024: £Nil). No members of the Board of Trustees received reimbursement of expenses (2024: £Nil).

## 13. [Related party transactions](#)

During the year there were no related party transactions (2024: £Nil).