

# LONDON ARTS IN HEALTH FORUM

England & Wales · Charity number 1135543

## Details

|                |                                                         |
|----------------|---------------------------------------------------------|
| Status         | Registered                                              |
| Legal form     | Charitable company                                      |
| Company number | <a href="#">06939695</a>                                |
| Registered     | 2010-04-15                                              |
| Register       | <a href="#">View on the Charity Commission register</a> |

## Contact

|         |                                                                                      |
|---------|--------------------------------------------------------------------------------------|
| Address | St. Margarets House Settlement<br>21 Old Ford Road<br>London<br>E2 9PL               |
| Phone   | 03001111461                                                                          |
| Email   | <a href="mailto:info@londonartsandhealth.org.uk">info@londonartsandhealth.org.uk</a> |
| Website | <a href="http://www.londonartsandhealth.org.uk">www.londonartsandhealth.org.uk</a>   |

## Activities

**Objects:** "THE OBJECTS FOR WHICH THE COMPANY IS FORMED ARE TO USE THE ARTS AS A MEANS FOR THERELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG (IN PARTICULAR BUT NOTEXCLUSIVELY) PEOPLE LIVING IN GREATER LONDON AND SURROUNDING AREAS AND IN PARTICULAR TO PROMOTE, RESEARCH, IMPROVE AND DEVELOP GREATER AWARENESS OF THE BENEFITS OF THE ARTSIN PROTECTING AND PRESERVING HEALTH."

**Activities:** London Arts in Health Forum works to support, promote and develop the perception of what the arts can do to contribute to a healthy society, in London and nationally, and by so doing to encourage the use of the arts in settings beyond its conventional contexts.

## Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Arts/culture/heritage/science
- **Who:** Elderly/old People, The General Public/mankind

## Geography

- **Area of benefit:** GREATER LONDON
- Throughout London

## Finances

| Period end | Income   | Expenditure | Assets | Employees |
|------------|----------|-------------|--------|-----------|
| 2025-03-31 | £194,091 | £182,111    | -      | -         |
| 2024-03-31 | £186,541 | £192,416    | -      | -         |
| 2023-03-31 | £172,104 | £132,389    | -      | -         |
| 2022-03-31 | £122,937 | £137,523    | -      | -         |
| 2021-03-31 | £91,337  | £86,171     | -      | -         |

## Trustees

| Name                                               | Role  | Appointed  |
|----------------------------------------------------|-------|------------|
| <b>Dr Joanna Elizabeth Munro Latimer Professor</b> | Chair | 2022-02-14 |
| Anne De Charmant                                   |       | 2022-03-28 |
| Beatrice Walker                                    |       | 2022-06-28 |
| Dr Fatima Lahham                                   |       | 2025-12-11 |
| Dr Zoe Zontou                                      |       | 2022-03-28 |
| Jameisha Renai Rebecca Prescod                     |       | 2022-06-28 |
| Jonathan Maydew-Gale                               |       | 2025-12-11 |
| Maaya Dhiraj Modha                                 |       | 2025-12-11 |
| Marina Carral Fernandez                            |       | 2023-03-23 |
| Trupti Patel                                       |       | 2025-12-11 |

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# Accounts

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# **London Arts in Health Forum**

## **Trustees Annual Report and Unaudited Financial Statements**

### **Year ended 31 March 2025**

Charity registration - 1135543

Company number - 06939695



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## Reference and administrative details

### [Charity number](#)

1135543

### [Company number](#)

06939695

### [Registered office](#)

Room 7  
St Margaret's House  
21 Old Ford Road  
London  
E2 9PL

### [Trustees](#)

|                           |                         |
|---------------------------|-------------------------|
| Prof. Joanna Latimer      | (Chair)                 |
| Kim Britten               |                         |
| Vivienne Reiss            |                         |
| Anne De Charmant          |                         |
| Bablu Miah                |                         |
| Dr. Zoe Zontou            |                         |
| Prof. Anne Marie Rafferty |                         |
| Jameisha Prescod          |                         |
| Beatrice Walker           |                         |
| Maggie O'Neil             | (Resigned 28 June 2023) |
| Marina Carral Fernandez   | (Treasurer)             |

### [Chief Executive Officer](#)

Anna Woolf

### [Strategic Director](#)

Matthew Couper

### [Independent examiners](#)

Enaid Accountancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

### [Principal bankers](#)

NatWest  
Perry Barr (A),  
46 One Stop Shopping Centre,  
2 Walsall Road,  
Birmingham,  
B42 1AZ

## A note from our CEO, Anna Woolf and our Chair, Prof. Joanna Latimer

London Arts and Health (LAH) has continued to thrive in 2024-2025 and we are extremely grateful to all our partners, funders, members and colleagues from across the Creative Health sector for continuing to support our work and ideas.

We may be a small organisation, but focus on the values of transparency, collaboration and empowerment. We continue to be a flexible employer offering our core staff flexible working, updated policies and support around issues such as menopause and wellbeing, as well as becoming an accredited Living Wage Employer in 2024. In Sept 2024 we launched out new free-to-join membership with updated benefits and better data transparency to understand who the sector comprises. In January 2025 our joint training programme with Raw Material and Arts & Health Hub, the Artists' Represent Recovery Network restarted with a brand new cohort of 10 artists.

We welcome two new members to the team in 2024: Drashti Shah takes up the role of Project and Comms Officer, and Jemilea Wisdom-Baako joins us as the freelance Project Manager for the Artists' Represent Recovery Network. Our work in 2024-2025 has been wide-ranging; we have listened to and supported colleagues, collaborated and undertaken research, put on a range of free events and training and continued to work on both a micro and macro level to support the Creative Health Sector across London. We want to thank all our funders, supporters, trustees and members for another fantastic year.

## Trustees' annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of London Arts in Health Forum for the year ended 31 March 2025.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

## Aims and objectives

### Vision

London Arts and Health (LAH) is a strategic London-based charity, which creates a bridge between the arts and health across the capital. Our vision is that the power of arts and culture transforms and enriches the lives and health of Londoners. We seek to make this happen through the enjoyment, promotion and nurturing of arts and cultural activities to improve the health and well-being of all Londoners.

LAH is connected to all the leading arts in health programmes across London and the UK, and works in partnership with others to support this work, creating better provision for those who are currently underserved; particularly those who are excluded from opportunities to lead or participate in arts activities due to disability or long term health conditions. LAH has already significantly changed attitudes across London and continues to shine a light on this work.

We offer sector support to creative practitioners and artists across London and beyond by offering resources, opportunities and advocacy. Our key programme is broken down into three areas:

- Connecting the Sector
- Advocating for Creative Health Sector
- Developing the Sector

### Public benefit

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

### Launch of LAH Membership in 2024 and the state of the sector

Our research has shown that over 70% of respondents working in Creative Health felt that required training was cost-prohibitive, with 42% saying they had a lack of time to complete their work. The CH&WA 2023 state of the sector survey also highlighted that most creative Health freelancers earn £15k or less a year. These workers need support more than ever to continue working professionally within the sector.

Our Understanding Creative Health in London report shows that our sector is growing and maturing, but that Creative Health practitioners need more support than ever. A snapshot of 350 of members tells us that:

- 67% of them work as freelancers / part time and have unstable income;
- They work with a wide range of communities across London, in particular with older and younger people, people living with dementia, underserved and marginalised groups and people experiencing ill mental health;

- Around 12% of our members are from Asian background; 17% from Black/African/Caribbean background, and 10% from a mixed/multiple ethnic background;
- 12% of our members are from people/organisations based in Arts Council London priority boroughs (Enfield, Barking and Dagenham, Brent, Croydon, Newham);
- 73% of our members identify as female and 5% as non-binary;
- 12% of our members shared that they are neurodivergent.

We know we need to continue to support our members by particularly:

- Supporting the diversification of the sector's workforce and leadership;
- Workforce development is a priority for LAH, with clear demand expressed by practitioners for continued sharing of practical tips, training, mentoring, networking and peer support;
- Support to understand and unlock the funding opportunities in the Capital;
- Arguing the value of Creative Health in policy making and at decision making levels, ensuring we fight for fair pay, support and equity for the sector.

We launched our formal membership in 2024 to convert our existing follower base into active members. By March 2025 we had achieved over 600 sign ups, with a target of reaching 1000 sign ups by Dec 2025 which we are more than on track to achieve. Our core funding from City Bridge enabled us to work with Sacha Glasgow-Smith, an expert membership consultant and Good CRM, our technology provider to formalise our membership.

Our membership has provided access to opportunities, training, research, and resources. The membership is free to access and provides a range of benefits including access to tickets and newsletters first, discounts on our room booking and access to our Creative Health library, kindly donated by Arts Council England. Our CRM has enabled us to target members for specific training programmes such as the Artists' Represent Recovery Network and also hold our member data in a GDPR compliant way. Through our new membership model we have also been able to generate income via ticket sales for members and non-members providing a fruitful income stream.

Our target beneficiaries for our membership include:

- Freelancers delivering creative health programmes;
- Creative health organisations;
- Creative organisations delivering creative health programmes;
- Link workers / social prescribers;
- Refers: individuals/organisations referring people to creative health programmes inc health professionals and services;
- Londoners suffering from physical or mental ill health.

## Achievement and performance

### Core project delivery 2024-25

8 x Sandpit sessions. The Sandpit is designed to be a free programme of networking and training for LAH's members pan-London. Topics for 2024 included Menopause and CH, the CH Quality Framework, Climate and Mental Health, and Neuro-Diversity and Creative Health.

4 x LACH meetings. London Action on Creative Health is a closed group of Senior stakeholders working pan-London in Creative Health. Attendees make up freelance, organisational, NHS, social prescribing, policy, fundraiser and wider workforce connected to the sector.

Creativity & Wellbeing Week. Running every May in conjunction with the Culture, Health and Wellbeing Alliance, C&WW is a celebration and revealing of the sector pan-England. With over 300 events added to the website and 1000s of attendees every year, people are able to engage in a variety of activities across the country. Highlights in 2024 included Let's Get Clinical at The Science Gallery at King's and a reflective podcast produced by Laura Bailey.

Newsletter: We produce a monthly e-newsletter providing the latest news on the creative health sector with details of funding and training opportunities. In 2024 we sent over 20 newsletters.

Website: Our website provides resources for people working in the creative health sector, we launched our free-to-join membership, we launched our mapping project and have provisionally mapped 5 ICS systems year end 2024.

Sector Support: We advocate for the sector by attending and speaking at conferences and events. We support the sector through localised activity in ACE priority areas such as Social Prescribing Day (St. Margaret's House and Rosetta Arts in Newham). We launched the scale of the sector report with the GLA. We advocated for the sector at the newly formed APPG in Creative Health in Parliament.

4 x ARCH meetings: Advocates for Representation in Creative Health began in Jan 2024 as a way to support and advocate for diverse colleagues and set an active inclusion agenda in Creative Health in London.

### [Creativity and Wellbeing Week \(C&WW\)](#)

C&WW took place this year from the 20-26th May 2024. It was delivered with great success and buzz, with two key headline events being in-person in London; one at the Science Gallery in conjunction with King's College, London and Arts Council England, including previous LAH Trustee Viv Reiss on the panel alongside a plethora of organisations and speakers. Our second in-person day at Queen Mary's University in East London at the BLOC Cinema venue saw the launch of the Breaks and Joins film as well as an evening event with Daniel Regan in which 10 films about mental health were shown. Online and regionally we welcomed a diverse range of speakers and organisations who contributed on a range of topics in Creative Health.

We commissioned two podcasts, one launched during the week exploring the Creative Health Quality Framework and one to be launched after the festival with Laura Bailey. Laura's podcast was a qualitative reflection on the festival, and included really brilliant guests like Nafeesa Arshad from Hospital Rooms, CounterPoints Arts and Public Health Lead for London, Professor Kevin Fenton. We had events exploring a plethora of themes and ideas, wide-ranging from topics such as AI and Creative Health, Hospital and Clinical Arts and Wellbeing, Trauma-Informed approaches to Creative Health and much, much more! We are grateful to our funders, Arts Council England for their continued support of the festival and its legacy. Read the full report [here](#).

### [Project highlights 2024-25](#)

Artists' Represents Recovery Network (ARRN). The Artists' Represent Recovery Network is a professional development programme which was open to 10 London-based, freelance, ethnically diverse artists who identify as black, brown, people of colour who have faced systemic racism, and who are working in arts & health in a participatory or community setting. The project was aimed at artists with at least 3 years of experience in this field and each artist had access to professional skills development sessions, peer-to-peer support and on-the-job training. Our brand new ARRN cohort started in January 2025 engaging in training, placements and mentoring.

#### Understanding Creative Health in London

Building on the 2023 policy work with the GLA and Arts Council London around London As a Creative Health City we were incredibly proud to have partnered with Rebecca Gordon-Nesbitt and the Greater London Authority on this report, and it has been an incredible and intensely forensic piece of work, uncovering the breadth, depth and quality of the sector. Reports like this are vital to ensuring policy-makers, funders and Health systems understand how the sector functions, the commitment and enduring power of the

workforce that drives it and also unfortunately the all too familiar precarious conditions we often find our members working in. The report calls for vital support for the Creative Health sector which we welcome as a roadmap to continue to build infrastructure for Creative Health in London. This report was commissioned by the GLA to London Arts and Health and Rebecca Gordon-Nesbitt. The report was written by Rebecca Gordon-Nesbitt with additional research undertaken by London Arts and Health: Amalia Restrepo and Anna Woolf. Illustrations and animations were done by Rae Goddard.

#### Creative Connections: London as a Creative Health City

In response to the Creative Health City report recommendations LAH launched a mapping tool in June 2024 to build London as a Creative Health City, addressing the disconnect between health and arts sectors.

LAH has employed asset mapping to leverage community efforts in addressing health disparities, drawing on the principles of Asset Based Community Development (ABCD) articulated by Cormac Russel. This approach recognizes the pivotal role of environmental and social determinants in enhancing local wellbeing, advocating for integrated approaches through comprehensive asset maps. Our project aims to connect and elevate best practices in health and cultural initiatives, promoting awareness and synergy between these sectors. The tool launched with three boroughs mapped in North East London. Research Lead Amalia Restrepo has worked with Queen Mary's University and UCL students to continue to map the five ICS systems in London and uncover grass-roots organisations, practitioners, and advocates for Creative Health in London.

#### Digital reach

At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 7,000 subscribers. LAH members can now upload their own content including stories, articles, jobs and news. We achieved 600 sign ups to our newly launched membership in September 2024. On social media, we have over 26,000 subscribers engaging with our regular updates about the latest conferences, jobs, publications, news, and opportunities. We set-up BlueSky and refocussed our LinkedIn Profile to reflect the changing digital landscape. In 2024-25 we continued with our second year of our City Bridge core funding for 5 years enabling us to recruit our Project and Comms Lead and our membership officer to help us put in place a free membership with more robust CRM and digital activations, helping us to better understand our members and their needs.

### Financial review

During the current financial year, the Charity achieved a surplus of £11,980 (2024: deficit of £5,875), increasing total reserves at year end to £58,669 (2024: £46,689), of which £13,626 (2024: £7,689) were unrestricted in nature with restricted reserves totalling £45,043 (2024: £39,000).

#### Reserves policy

We continue to institute a reserves policy, aiming to maintain a level of free, unrestricted reserves of or around 3-months average core expenditure, and including ongoing assessment and reporting of risks, holding the financial accounts against LAHs target reserves as well as the creation of a Board finance sub-committee responsible for reviewing and developing strategies and processes to ensure the sustainability and accountability of the charity.

#### Funding

We are extremely grateful to the Arts Council of England for our continued IPSO status and funding until 2025. We have applied for an extension year as per ACE guidance for funding until 2026 which was successful.

In July 2023 we found out that we have been generously funded by the City Bridge Foundation for five years, creating more opportunities for training for the sector pan-London and allowing us to grow the capacity of our team through membership support and our Project and Comms Officer. We now enter our second year of City Bridge funding which continues to provide more opportunities and support for members.

We continue to be successful in multiple tenders to bid for the GLA, delivering in conjunction with Dr.

Rebecca Gordon Nesbitt the Scale of the Creative Health Sector report in September 2024. We are grateful to the GLA for their continued support of the Artists' Represent Recovery network for ethnically diverse practitioners as a core funder, the Baring Foundation and the Arts Council, England for their funding of this training Project.

We were able to forge a partnership with Queen Mary's University, East London who have funded our Research Lead to complete asset mapping of Creative Health in our Creative Connections website. We also received funding from Arts and Philanthropy to deliver a funding workshop to the sector with our partner Arts & Health Hub. We acted as the grant holder for a variety of organisations including St. George's Health and Wellbeing Hub and the NCCH. Our sister organisation the Culture, Health and Wellbeing Alliance continues to support with funds for Creativity and Wellbeing Week, allowing us to develop the website and deliver the festival.

### [Financial risk register](#)

| Risk                                        | Mitigation                                                                                                                                                                                                                                                |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Budgetary control and financial reporting   | <p>Monitor and report in a timely and accurate way</p> <p>Regularly review reserves and investments</p> <p>Recruit board sub committee to oversee budgets and resources</p> <p>Regular sessions between CEO and Treasurer to plan, project and review</p> |
| Reserves policies                           | A clear reserves policy - 3 months reserves                                                                                                                                                                                                               |
| Compliance with funder imposed restrictions | Agree budget control, monitoring and reporting arrangements                                                                                                                                                                                               |
| Fraud or error                              | <p>Review financial control procedures</p> <p>Segregate duties</p> <p>Set authorisation limits</p>                                                                                                                                                        |
| Dependency on income sources                | <p>Identify major dependencies</p> <p>Implement adequate reserves policy</p> <p>Put in place robust diversification plans</p>                                                                                                                             |

## Structure, governance and management

### [Governing Document](#)

London Arts in Health Forum is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

London Arts in Health Forum is a registered Charity constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1135543 (England and Wales) and the company registration number is 06939695 (England and Wales).

### [Recruitment and Appointment of Trustees](#)

The Trustees are also the directors of London Arts in Health Forum for the purpose of company law. LAH's Articles of Association require a minimum of 3 trustees and a maximum of 15.

Our chair, Prof. Joanna Latimer, oversaw the recruitment of new trustees bringing a wealth of diverse lived,

academic, health and VCSE experience, as well as representing the diversity of Londoners experiencing creative health in the city, including:

### Chair

- Professor Joanna Latimer: Emerita Professor of Sociology, University of York.
- Deputy Chair, Beatrice Walker: works for the National Academy for Social Prescribing on their Arts and Global programmes.

### Board

- Marina Carral-Fernandez: Treasurer. Marina is a fully Chartered Accountant Finance Manager at Haleon.
- Anne de Charmant: Founding Director of Meadow Arts, a charitable organisation, that brings curated high-quality contemporary art to underserved areas.
- Bablu Mia: Founding Head of Trapped in Zone One, a global majority led arts organisation based in East London.
- Dr Zoe Zontou: Associate Professor in Drama and Theatre Studies at Liverpool Hope University.
- Anne Marie Rafferty CBE: Professor of Nursing Policy, former President of the RCN, and former Dean of the Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care at King's College London.
- Jameisha Prescod: artist-filmmaker and chronic illness advocate from South London.

In 2024-2025 two trustees stepped down. We thank Kim Britten and Viv Reiss for their longstanding contributions to the board of trustees and wish them well in their future endeavours.

The board sub-committees including commitment to EDI, climate change and health, financial robustness and sustainability, mentoring and support for staff and board have also been established.

The charity's Memorandum and Articles of Association state that there is no maximum length of service for directors and only the current directors can appoint new directors.

Trustees are committed to working in accordance with governance best practice, as issued by the Charity Commission.

### Core Staff 2024-25

- CEO: Anna Woolf
- Strategic Director: Matthew Couper
- Research Lead: Amalia Restrepo
- Project and Comms Lead: Drashti Shah

### Support Staff

- SM Support: Renee McCauley-Burnett
- Bookkeeper: Jane Roche
- Project Manager (The ARRN): Jemilia Wisdom-Baako
- Membership Consultant: Sacha Glasgow-Smith

- Placement Students in 2024-25 have included Alys Pearce (RCSSD), Elsie Fung (UCL), Zeina Ismail (UCL), Shivali Mahtani (UCL), Rebecca Marcano (UCL), Helen Zhuang (UCL)

## Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of income over expenditure for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 4 to 13 of this document meets the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of the Companies Act 2006, and the exemptions available for smaller charities under the Statement of

Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 11 December 2025 and signed on its behalf by:

A handwritten signature in black ink, appearing to read 'Joanna Latimer', with a long horizontal flourish extending to the right.

**PROFESSOR JOANNA LATIMER**

**CHAIRMAN**

## Independent examiner's report

I report to the Trustees on my examination of the accounts of London Arts in Health Forum (charity number 1135543, company number 06939695) for the year ended 31 March 2025 which are set out on pages 16 to 28.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'APN' followed by a stylized flourish.

**ANDREW PHILIP NASH FCA**

**MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833**

**DATED: 15 DECEMBER 2025**

Enaid Accountancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2025

|                                 |         | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            | Total<br>Funds            |
|---------------------------------|---------|---------------------------|---------------------------|---------------------------|---------------------------|
|                                 |         | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2025 | Year ended<br>31 Mar 2024 |
|                                 | Notes   | £                         | £                         | £                         | £                         |
| <b>Income from:</b>             |         |                           |                           |                           |                           |
| Donations & legacies            | 3       | 67,820                    | 89,240                    | 157,060                   | 181,698                   |
| Charitable activities           | 4       | 2,931                     | 32,743                    | 35,674                    | 4,526                     |
| Investments                     |         | 751                       | -                         | 751                       | 317                       |
| Other income                    |         | 606                       | -                         | 606                       | -                         |
| <b>Total income</b>             |         | <b>72,108</b>             | <b>121,983</b>            | <b>194,091</b>            | 186,541                   |
| <b>Expenditure on:</b>          |         |                           |                           |                           |                           |
| Charitable activities           | 5 & 6   | 66,006                    | 116,105                   | 182,111                   | 192,416                   |
| <b>Total expenditure</b>        |         | <b>66,006</b>             | <b>116,105</b>            | <b>182,111</b>            | 192,416                   |
| <b>Net income/(expenditure)</b> |         | <b>6,102</b>              | <b>5,878</b>              | <b>11,980</b>             | (5,875)                   |
| Transfers between funds         |         | (165)                     | 165                       | -                         | -                         |
| <b>Net movement in funds</b>    |         | <b>5,937</b>              | <b>6,043</b>              | <b>11,980</b>             | (5,875)                   |
| <b>Reconciliation of funds:</b> |         |                           |                           |                           |                           |
| Total funds brought forward     | 10 & 11 | 7,689                     | 39,000                    | 46,689                    | 52,564                    |
| Total funds carried forward     | 10 & 11 | <b>13,626</b>             | <b>45,043</b>             | <b>58,669</b>             | 46,689                    |

The notes on pages 18 to 28 form part of the financial statements.

**Balance sheet**

As at 31 March 2025

|                                         |         |               | Total<br>31 Mar 2025 | Total<br>31 Mar 2024 |
|-----------------------------------------|---------|---------------|----------------------|----------------------|
|                                         | Notes   | £             | £                    | £                    |
| <b>Current assets:</b>                  |         |               |                      |                      |
| Debtors & prepayments                   | 8       | 4,561         |                      | 6,005                |
| Cash at bank and in hand                |         | 68,641        |                      | 43,936               |
|                                         |         | <b>73,202</b> |                      | 49,941               |
| <b>Creditors:</b>                       |         |               |                      |                      |
| Amounts falling due within one year     | 9       | (14,533)      |                      | (3,252)              |
| <b>Net current assets/(liabilities)</b> |         |               | <b>58,669</b>        | 46,689               |
| <b>Net assets/(liabilities)</b>         |         |               | <b>58,669</b>        | 46,689               |
| <b>The funds of the charity:</b>        |         |               |                      |                      |
| Restricted funds                        | 10 & 11 |               | <b>45,043</b>        | 39,000               |
| Unrestricted funds                      | 10 & 11 |               | <b>13,626</b>        | 7,689                |
| <b>Total charity funds</b>              |         |               | <b>58,669</b>        | 46,689               |

The notes on pages 18 to 28 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2025, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2025 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 11 December 2025 and signed on their behalf by:


**PROFESSOR JOANNA LATIMER****CHAIRMAN**

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2025, which occurred before the date of approval of the financial statements by the Board of Trustees, has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2025 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Using the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

#### Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### Legal status

London Arts in Health Forum is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Room 7, St Margaret's House, 21 Old Ford Road, London, E2 9PL.

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 10 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

## 1. Accounting policies (continued from previous page)

### Income (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event.

### Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised. There are no assets held over this amount currently.

### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

### Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### Pensions

The Charity has no pension liabilities.

### Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

### Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

## 2. Comparative statement of financial activities

|                             |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|-----------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                             | Notes   |                                                         |                                                       |                                                  |
| Income from:                |         |                                                         |                                                       |                                                  |
| Donations & legacies        | 3       | 67,470                                                  | 114,228                                               | 181,698                                          |
| Charitable activities       | 4       | 1,776                                                   | 2,750                                                 | 4,526                                            |
| Investments                 |         | 317                                                     | -                                                     | 317                                              |
| Total income                |         | 69,563                                                  | 116,978                                               | 186,541                                          |
| Expenditure on:             |         |                                                         |                                                       |                                                  |
| Charitable activities       | 5       | 101,567                                                 | 90,849                                                | 192,416                                          |
| Total expenditure           |         | 101,567                                                 | 90,849                                                | 192,416                                          |
| Net income/(expenditure)    |         | (32,004)                                                | 26,129                                                | (5,875)                                          |
| Transfers between funds     |         | (12,871)                                                | 12,871                                                | -                                                |
| Net movement in funds       |         | (44,875)                                                | 39,000                                                | (5,875)                                          |
| Reconciliation of funds:    |         |                                                         |                                                       |                                                  |
| Total funds brought forward | 10 & 11 | 52,564                                                  | -                                                     | 52,564                                           |
| Total funds carried forward | 10 & 11 | 7,689                                                   | 39,000                                                | 46,689                                           |

3. Income from donations and legacies

|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2025<br>£ |
|----------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| <b>Income from funders</b> |                                                         |                                                       |                                                  |
| Arts Council England       | 67,820                                                  | 15,800                                                | <b>83,620</b>                                    |
| City of London             | -                                                       | 29,363                                                | <b>29,363</b>                                    |
| Greater London Authority   | -                                                       | 5,000                                                 | <b>5,000</b>                                     |
| Royal Society of Art       | -                                                       | 910                                                   | <b>910</b>                                       |
| Baring Foundation          | -                                                       | 28,889                                                | <b>28,889</b>                                    |
| Queen Mary University      | -                                                       | 5,000                                                 | <b>5,000</b>                                     |
| Other grants               | -                                                       | 4,278                                                 | <b>4,278</b>                                     |
|                            | <b>67,820</b>                                           | <b>89,240</b>                                         | <b>157,060</b>                                   |
|                            |                                                         |                                                       |                                                  |
|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
| <b>Income from funders</b> |                                                         |                                                       |                                                  |
| Arts Council England       | 67,470                                                  | 10,000                                                | 77,470                                           |
| City of London             | -                                                       | 24,188                                                | 24,188                                           |
| Greater London Authority   | -                                                       | 71,950                                                | 71,950                                           |
| Royal Society of Art       | -                                                       | 6,590                                                 | 6,590                                            |
| Other grants               | -                                                       | 1,500                                                 | 1,500                                            |
|                            | <b>67,470</b>                                           | <b>114,228</b>                                        | <b>181,698</b>                                   |

#### 4. Income from charitable activities

|                                          | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2025<br>£ |
|------------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| <b>Income from charitable activities</b> |                                                         |                                                       |                                                  |
| Fees                                     | 2,931                                                   | 32,743                                                | 35,674                                           |
|                                          | <b>2,931</b>                                            | <b>32,743</b>                                         | <b>35,674</b>                                    |

|                                          | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|------------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| <b>Income from charitable activities</b> |                                                         |                                                       |                                                  |
| Fees                                     | 1,776                                                   | 2,750                                                 | 4,526                                            |
|                                          | <b>1,776</b>                                            | <b>2,750</b>                                          | <b>4,526</b>                                     |

#### 5. Total expenditure

|                              | Direct<br>staff<br>expenditure<br>Year ended<br>31 Mar 2025<br>£ | Direct<br>project<br>expenditure<br>Year ended<br>31 Mar 2025<br>£ | Indirect<br>other<br>expenditure<br>Year ended<br>31 Mar 2025<br>£ | Total<br>expenditure<br>Year ended<br>31 Mar 2025<br>£ |
|------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------|
| <b>Charitable Activities</b> | 86,547                                                           | 72,424                                                             | 23,140                                                             | 182,111                                                |
|                              | <b>86,547</b>                                                    | <b>72,424</b>                                                      | <b>23,140</b>                                                      | <b>182,111</b>                                         |

|                              | Direct<br>staff<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ | Direct<br>project<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ | Indirect<br>other<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ | Total<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ |
|------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------|
| <b>Charitable Activities</b> | 76,318                                                           | 95,373                                                             | 20,725                                                             | 192,416                                                |
|                              | <b>76,318</b>                                                    | <b>95,373</b>                                                      | <b>20,725</b>                                                      | <b>192,416</b>                                         |

5. Total expenditure (continued from the previous page)

|                               | <b>Restricted<br/>Funds</b> | <b>Total<br/>Funds</b> |
|-------------------------------|-----------------------------|------------------------|
|                               | <b>Year ended</b>           | <b>Year ended</b>      |
|                               | <b>31 Mar 2025</b>          | <b>31 Mar 2024</b>     |
|                               | <b>£</b>                    | <b>£</b>               |
| Other staff costs             | <b>2,204</b>                | 4,460                  |
| Printing, post and stationery | <b>1,321</b>                | 1,159                  |
| Subscriptions and memberships | <b>376</b>                  | 362                    |
| Telephone                     | <b>475</b>                  | 396                    |
| Computer and website costs    | <b>4,446</b>                | 5,162                  |
| Premises rent and rates       | <b>4,402</b>                | 2,873                  |
| Bank charges                  | <b>70</b>                   | 131                    |
| Bookkeeping                   | <b>5,244</b>                | 4,221                  |
| Governance                    | <b>4,602</b>                | 1,961                  |
|                               | <b>23,140</b>               | 20,725                 |

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 7.

Governance costs consists of the following:

|                         | <b>Total</b>       | <b>Total</b>       |
|-------------------------|--------------------|--------------------|
|                         | <b>Year ended</b>  | <b>Year ended</b>  |
|                         | <b>31 Mar 2025</b> | <b>31 Mar 2024</b> |
|                         | <b>£</b>           | <b>£</b>           |
| Independent examination | <b>1,608</b>       | 1,584              |
| Insurance               | <b>1,216</b>       | 98                 |
| Other governance costs  | <b>1,778</b>       | 279                |
|                         | <b>4,602</b>       | 1,961              |

## 6. Expenditure on charitable activities

|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2025<br>£ |
|----------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Direct staff expenditure   | 51,063                                                  | 35,484                                                | 86,547                                           |
| Direct project expenditure | 4,096                                                   | 68,328                                                | 72,424                                           |
| Indirect expenditure       | 10,847                                                  | 12,293                                                | 23,140                                           |
|                            | <b>66,006</b>                                           | <b>116,105</b>                                        | <b>182,111</b>                                   |

|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|----------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Direct staff expenditure   | 52,784                                                  | 23,534                                                | 76,318                                           |
| Direct project expenditure | 31,654                                                  | 63,719                                                | 95,373                                           |
| Indirect expenditure       | 17,129                                                  | 3,596                                                 | 20,725                                           |
|                            | <b>101,567</b>                                          | <b>90,849</b>                                         | <b>192,416</b>                                   |

## 7. Staff costs

There were no employees employed during the period (2024: no employees).

No employee received employee benefits of more than £60,000 (2024: Nil).

The total fees paid to key management personnel on a self-employed basis during the year were £52,159 (2024: £53,500).

## 8. Debtors and prepayments

|                | Total<br>31 Mar 2025<br>£ | Total<br>31 Mar 2024<br>£ |
|----------------|---------------------------|---------------------------|
| Trade debtors  | 1,750                     | 1,703                     |
| Prepayments    | 1,811                     | 1,711                     |
| Accrued income | 1,000                     | 2,591                     |
|                | <b>4,561</b>              | <b>6,005</b>              |

**9. Creditors: amounts falling due within one year**

|                 | Total<br>31 Mar 2025<br>£ | Total<br>31 Mar 2024<br>£ |
|-----------------|---------------------------|---------------------------|
| Trade creditors | 1,616                     | 1,470                     |
| Accruals        | 1,806                     | 1,782                     |
| Deferred income | 11,111                    | -                         |
|                 | <b>14,533</b>             | <b>3,252</b>              |

Deferred revenue relates to amounts received in advance for the 2025/26 financial year.

**10. Analysis of charity funds**

|                                                                  | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2025<br>£ | Income<br>for the<br>period<br>Year ended<br>31 Mar 2025<br>£ | Expenditure<br>in the<br>period<br>Year ended<br>31 Mar 2025<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2025<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2025<br>£ |
|------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>                                        | <b>7,689</b>                                                    | <b>72,108</b>                                                 | <b>(66,006)</b>                                                   | <b>(165)</b>                                                    | <b>13,626</b>                                                   |
| <b>Restricted funds</b>                                          |                                                                 |                                                               |                                                                   |                                                                 |                                                                 |
| ARRN (various funders)                                           | 1,707                                                           | -                                                             | (1,707)                                                           | -                                                               | -                                                               |
| ARRN Phase 2 (various funders)                                   | -                                                               | 49,689                                                        | (27,274)                                                          | -                                                               | <b>22,415</b>                                                   |
| GLA (City Sprint)                                                | 803                                                             | -                                                             | (803)                                                             | -                                                               | -                                                               |
| GLA (Mapping)                                                    | 500                                                             | -                                                             | (500)                                                             | -                                                               | -                                                               |
| GLA (Other)                                                      | 4,728                                                           | -                                                             | (4,728)                                                           | -                                                               | -                                                               |
| GLA (Scale of sector)                                            | 4,636                                                           | -                                                             | (4,617)                                                           | (19)                                                            | -                                                               |
| Quality Framework                                                | (184)                                                           | -                                                             | -                                                                 | 184                                                             | -                                                               |
| City Bridge (core)                                               | 14,070                                                          | 29,363                                                        | (36,916)                                                          | -                                                               | <b>6,517</b>                                                    |
| Culture Health and Wellbeing Alliance (Creativity and Wellbeing) | 7,840                                                           | 141                                                           | (3,593)                                                           | -                                                               | <b>4,388</b>                                                    |
| Digital Sandpit                                                  | -                                                               | 41                                                            | (2,328)                                                           | -                                                               | <b>(2,287)</b>                                                  |
| Newham Creative Health Zone                                      | -                                                               | -                                                             | (382)                                                             | -                                                               | <b>(382)</b>                                                    |
| Royal Society of Art                                             | 4,900                                                           | 910                                                           | (5,810)                                                           | -                                                               | -                                                               |
| Greenwich Health Watch                                           | -                                                               | 3,000                                                         | (2,650)                                                           | -                                                               | <b>350</b>                                                      |
| Liberty Festival Advisory Group                                  | -                                                               | 8,150                                                         | (4,556)                                                           | -                                                               | <b>3,594</b>                                                    |
| Mapping (Queen Mary)                                             | -                                                               | 5,150                                                         | (2,125)                                                           | -                                                               | <b>3,025</b>                                                    |
| NEL CH fund                                                      | -                                                               | 4,750                                                         | (2,147)                                                           | -                                                               | <b>2,603</b>                                                    |
| St Georges                                                       | -                                                               | 18,900                                                        | (14,368)                                                          | -                                                               | <b>4,532</b>                                                    |
| Arts and Philanthropy                                            | -                                                               | 1,889                                                         | (1,601)                                                           | -                                                               | <b>288</b>                                                      |
| <b>Restricted funds</b>                                          | <b>39,000</b>                                                   | <b>121,983</b>                                                | <b>(116,105)</b>                                                  | <b>165</b>                                                      | <b>45,043</b>                                                   |
| <b>Total funds</b>                                               | <b>46,689</b>                                                   | <b>194,091</b>                                                | <b>(182,111)</b>                                                  | <b>-</b>                                                        | <b>58,669</b>                                                   |

10. Analysis of charity funds (continued from the previous page)

**ARRN (various funders)** - Project funding to support the Artists Represents Recovery project.

**ARRN Phase 2 (various funders)** - Project funding to support phase 2 of the Artists Represents Recovery project.

**GLA (ARRN)** - Project funding from the Greater London Authority to support the Artists Represents Recovery project.

**GLA (City Sprint)** - Project funding from Greater London Authority to support City Sprint workshops.

**GLA (Mapping)** - Project funding from Greater London Authority to mapping of creative health provision.

**GLA (Other)** - Project funding from Greater London Authority for SE London creative health programme.

**GLA (Scale of the Sector)** - Project funding from Greater London Authority to support Scale of the Sector.

**Quality Framework** - Project funding to support Quality Framework.

**City Bridge (core)** - Core funding contribution to the recruitment of training providers, a Project & Communications Lead and delivery of Global Majority Leadership programme.

**Culture Health and Wellbeing Alliance (Creativity and Wellbeing Week)** - Project costs to support delivery of Creativity and Wellbeing Week.

**Royal Society of Arts** - Project funding for mapping creative health provision.

**Greenwich Health Watch** - Delivery of workshops to health care workers in Greenwich

**Liberty Festival Advisory Group** - Fund holding and management for an advisory group of CYP for the GLA.

**Mapping (Queen Mary)** - Restricted grant to deliver an AI and mapping project in Creative Health.

**NEL CH fund** - Restricted grant to hold the FL employment of the NEL CH Associate with management fee for LAH.

**St Georges** - Restricted ACE grant to manage the fund and project management of the delivery of a CH strategy for St George's Health and Wellbeing Hub in Havering.

**Arts and Philanthropy** - Restricted funding to deliver a one off workshop exploring funding for Creative Health.

**10. Analysis of charity funds (continued from the previous page)**

|                                                                        | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2024<br>£ | Income<br>for the<br>period<br>Year ended<br>31 Mar 2024<br>£ | Expenditure<br>in the<br>period<br>Year ended<br>31 Mar 2024<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2024<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2024<br>£ |
|------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| Unrestricted funds                                                     | 52,564                                                          | 69,563                                                        | (101,567)                                                         | (12,871)                                                        | 7,689                                                           |
| Restricted funds                                                       |                                                                 |                                                               |                                                                   |                                                                 |                                                                 |
| GLA (ARRN)                                                             | -                                                               | 500                                                           | -                                                                 | 1,207                                                           | 1,707                                                           |
| GLA (City Sprint)                                                      | -                                                               | 8,470                                                         | (6,897)                                                           | (770)                                                           | 803                                                             |
| GLA (Mapping)                                                          | -                                                               | 3,500                                                         | (3,000)                                                           | -                                                               | 500                                                             |
| GLA (Other)                                                            | -                                                               | 22,000                                                        | (20,000)                                                          | 2,728                                                           | 4,728                                                           |
| GLA (Scale of sector)                                                  | -                                                               | 14,480                                                        | (15,011)                                                          | 5,167                                                           | 4,636                                                           |
| Quality Framework                                                      | -                                                               | 750                                                           | (934)                                                             | -                                                               | (184)                                                           |
| ACEandGLA(Unconference)                                                | -                                                               | 35,000                                                        | (29,833)                                                          | (5,167)                                                         | -                                                               |
| City Bridge (core)                                                     | -                                                               | 24,188                                                        | (10,118)                                                          | -                                                               | 14,070                                                          |
| Culture Health and<br>Wellbeing Alliance<br>(Creativity and Wellbeing) | -                                                               | 1,500                                                         | (2,606)                                                           | 8,946                                                           | 7,840                                                           |
| Royal Society of Art                                                   | -                                                               | 6,590                                                         | (2,450)                                                           | 760                                                             | 4,900                                                           |
| Restricted funds                                                       | -                                                               | 116,978                                                       | (90,849)                                                          | 12,871                                                          | 39,000                                                          |
| Total funds                                                            | 52,564                                                          | 186,541                                                       | (192,416)                                                         | -                                                               | 46,689                                                          |

**ACE & GLA (Unconference)** - Joint Project funding from Greater London Authority and Arts Council England for the delivery of the Unconference at Battersea Arts Centre.

## 11. [Analysis of net assets](#)

|                     | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2025<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2025<br>£ |
|---------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Current assets      | 28,159                                                  | 45,043                                                | 73,202                                           |
| Current liabilities | (14,533)                                                | -                                                     | (14,533)                                         |
|                     | <b>13,626</b>                                           | <b>45,043</b>                                         | <b>58,669</b>                                    |

|                     | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|---------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Current assets      | 10,941                                                  | 39,000                                                | 49,941                                           |
| Current liabilities | (3,252)                                                 | -                                                     | (3,252)                                          |
|                     | <b>7,689</b>                                            | <b>39,000</b>                                         | <b>46,689</b>                                    |

## 12. [Trustee remuneration](#)

During the year, no Trustee received any remuneration (2024: £Nil). No members of the Board of Trustees received reimbursement of expenses (2024: £Nil).

## 13. [Related party transactions](#)

During the year there were no related party transactions (2024: £Nil).

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# Accounts

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# **London Arts in Health Forum**

## **Trustees Annual Report and Unaudited Financial Statements**

### **Year ended 31 March 2024**

Charity registration - 1135543

Company number - 06939695



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## Reference and administrative details

### Charity number

1135543

### Company number

06939695

### Registered office

Room 7  
St Margaret's House  
21 Old Ford Road  
London  
E2 9PL

### Trustees

|                           |                         |
|---------------------------|-------------------------|
| Prof. Joanna Latimer      | (Chair)                 |
| Kim Britten               |                         |
| Vivienne Reiss            |                         |
| Anne De Charmant          |                         |
| Bablu Miah                |                         |
| Dr. Zoe Zontou            |                         |
| Prof. Anne Marie Rafferty |                         |
| Jameisha Prescod          |                         |
| Beatrice Walker           |                         |
| Maggie O'Neil             | (Resigned 28 June 2023) |
| Marina Carral Fernandez   | (Treasurer)             |

### Chief Executive Officer

Anna Woolf

### Strategic Director

Matthew Couper

### Independent examiners

Enaid Accountancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

### Principal bankers

NatWest  
Perry Barr (A),  
46 One Stop Shopping Centre,  
2 Walsall Road,  
Birmingham,  
B42 1AZ

## Trustees' annual report

The Board of Trustees, who are also directors of the Charity for the purposes of the Companies Act, and trustees for charity law purposes, submit their annual report and the financial statements of London Arts in Health Forum for the year ended 31 March 2024.

The Board of Trustees confirms that the annual report and financial statements of the Charity comply with current statutory requirements, including the Charity Act 2011, as well as the requirements of the Charity's governing document and the provisions of the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), and the Companies Act 2006.

## Aims and objectives

### Vision

London Arts and Health (LAH) is a strategic London-based charity, which creates a bridge between the arts and health across the capital. Our vision is that the power of arts and culture transforms and enriches the lives and health of Londoners.

We seek to make this happen through the enjoyment, promotion and nurturing of arts and cultural activities to improve the health and well-being of all Londoners.

LAH is connected to all the leading arts in health programmes across London and the UK, and works in partnership with others to support this work, creating better provision for those who are currently underserved; particularly those who are excluded from opportunities to lead or participate in arts activities due to disability or long term health conditions. LAH has already significantly changed attitudes across London and continues to shine a light on this work.

### Public benefit

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2011 to have due regard to the Charity Commission's general guidance on public benefit, 'Charities and Public Benefit'.

### State of Creative Health in London 2023-24

Our research has shown that 77% of respondents working in creative health felt that required training was cost-prohibitive, with 42% saying they had a lack of time to complete their work. The CH&WA state of the sector survey also highlighted that most creative health freelancers earn £15k or less a year. These workers need support more than ever to continue working professionally within the sector.

- 50% freelance / part time workforce with unstable income;
- Work with a range of communities, in particular with older and younger people, people living with dementia, diverse and marginalised groups and people experiencing ill mental health;
- 60% of our members identify as white, british;
- 35% are aged 35-44 and 23% are aged 45-54;
- 95% of our members are based in London;
- 76% of our members identify as female, non-binary or trans.

Our target beneficiaries are:

- Freelancers delivering creative health programmes;
- Creative health organisations;
- Creative organisations delivering creative health programmes;
- Link workers / social prescribers;
- Refers: individuals/organisations referring people to creative health programmes inc health professionals and services;
- Londoners suffering from physical or mental ill health.

## Achievement and performance

### Core project delivery 2023-24

- 8 x Sandpit sessions. The Sandpit is designed to be a free programme of networking and training for LAH's members pan-London. Topics for 2023 included Black History Month, the Quality Framework and Climate Change.
- 4 x LACH meetings. London Action on Creative Health is a closed group of Senior stakeholders working pan-London in Creative Health. Attendees make up freelance, organisational, NHS, social prescribing, policy, fundraiser and wider workforce connected to the sector.
- Creativity & Wellbeing Week. Running every May in conjunction with the Culture, Health and Wellbeing Alliance, C&WW is a celebration and revealing of the sector pan-England. With over 200 events added to the website and 1000s of attendees every year, people are able to engage in a variety of activities across the country. Highlights this year included Michael Rosen and Professor Kevin Fenton at King's.
- Newsletter: We produce a monthly e-newsletter providing the latest news on the creative health sector with details of funding and training opportunities. In 2023 we sent over 20 newsletters.
- Website: Our website provides resources for people working in the creative health sector.
- Sector Support: We advocate for the sector by attending and speaking at conferences and events. We support the sector through localised activity in ACE priority areas such as Social Prescribing Day (St. Margaret's House and Tower Hamlets GP Care Group) and Creative Health networking and training in Newham.
- Hot Desking: We offer the sector competitive hot-desking at SMH in Bethnal Green and support via arts and health library and materials.

### Creativity and Wellbeing Week (C&WW)

The overarching provocation for C&WW '23 was 'What is the role of creativity in a health crisis?', a provocation that was urgent and necessary to consider for all of us who have a stake in supporting people's health and wellbeing, inside and outside the clinic.

With 13 curated headline events for C&WW '23, produced in collaboration with partners such as the National Centre for Creative Health, WHO Collaborating Centre for Arts and Health, NHS Greater Manchester, Queer Circle and Arts and Health Hub, events responded to some of the tipping points the sector has been caught up in, such as how to spread creative health city region strategies across the UK and how to translate evidence coming from academia and the VCSE sector surrounding best practice in CH into recommendations for policymakers. Headliners included Michael Rosen and Prof. Kevin Fenton in conversation at King's College, London.

LAH hosted an in-person Sandpit Networking session at City Hall which was attended by 16 freelancers and

health professionals, and then an online networking session in collaboration with Seiwa Cunningham and Arts 4 Dementia, to explore the role of creativity in dementia care. [Read our evaluation](#) from 2023.

## Project highlights

[Artists Represents Recovery Network \(ARRN\)](#). The Artists' Represent Recovery Network is a professional development programme which was open to 10 London-based, freelance, ethnically diverse artists who identify as black, brown, people of colour who have faced systemic racism, and who are working in arts & health in a participatory or community setting. The project was aimed at artists with at least 3 years of experience in this field and each artist had access to professional skills development sessions, peer-to-peer support and on-the-job training in [South London and Maudsley \(SLaM\)](#) hospital ward.

[London As a Creative Health City](#). Culture has a significant impact on people's physical and mental health and wellbeing. Through a multitude of organisations, practitioners, artists, creative health workers, social prescribers, allied health professionals, ICS systems and more we see health and culture working together to address health needs across the UK's capital city. On the 27th November we invited everyone interested in the intersections of health and culture to come together to take part in a day of exchange and reflection, boundary-pushing and action planning. Together, we imagined London as a Creative Health capital city, laying the building blocks to see it become a reality.

The [Creative Health Quality Framework](#) is a ground-breaking tool that clearly articulates what "good" looks like for creative and cultural initiatives that aim to support people's health and wellbeing. The Creative Health Quality Framework consists of a set of downloadable PDF resources, based around eight Creative Health Quality Principles. It offers clear guidance on how to use these principles to deliver safe and effective projects. Funded by [Arts Council England](#) and developed by Creative Health consultant [Jane Willis](#) and the [Culture Health & Wellbeing Alliance](#) in collaboration with over 200 people including London Arts and Health, creative and cultural practitioners, participants, health commissioners, and researchers, it is designed to help anyone involved in developing and delivering creative approaches to supporting health and wellbeing. In 2024 LAH aims to continue embedding the framework into the sector in London via free training for its members.

The National Centre for Creative Health (NCCH) and the [All-Party Parliamentary Group on Arts, Health and Wellbeing \(APPG AHW\)](#) launched the [report](#) of the Creative Health Review on 6th December 2023. The Review highlights the potential for creative health to help tackle pressing issues in health and social care and more widely, including health inequalities and the additional challenges we face as we recover from Covid-19. The Review has gathered evidence that shows the benefits of creative health in relation to major current challenges, and examples of where this is already working in practice.

LAH contributed to two round tables as well as a case study about the Artists' Represent Recovery Network that was featured as part of the evidence base in the review. Further highlights included the Creative Health City work championed by the GLA.

## Digital reach

At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 6,000 subscribers. LAH members can now upload their own content including stories, articles, jobs and news. On social media, we have over 25,000 subscribers engaging with our regular updates about the latest conferences, jobs, publications, news, and opportunities. In 2023-24 we were able to secure additional funding from City Bridge for 5 years enabling us to go live with job descriptions for a Project and Comms Lead and a membership officer to help us put in place a free membership with more robust CRM and digital activations, helping us to better understand our members and their needs.

## Financial review

During the current financial year, the Charity incurred a deficit of £5,875 (2023: surplus of £39,715), decreasing total reserves at year end to £46,689 (2023: £52,564), of which £7,689 (2023: £52,564) were unrestricted in nature.

## [Reserves policy](#)

We continue to institute a reserves policy, aiming to maintain a level of free, unrestricted reserves of or around 3-months average core expenditure, and including ongoing assessment and reporting of risks, holding the financial accounts against LAHs target reserves as well as the creation of a Board finance sub-committee responsible for reviewing and developing strategies and processes to ensure the sustainability and accountability of the charity. The Directors and Board continue to build and develop relationships with new funders as well as look to launch the membership model to offer further sustainability to the organisation moving forwards.

## [Funding](#)

2023 saw the start of the second year of LAH as an IPSO with funding guaranteed until 2025-26. At the end of financial period 22-23 LAH prepared a 5-year bid to City Bridge Trust to further solidify and increase core funding to allow the team to grow and achieve

Sustainability. We were successful in this application and the funding began in July 2023 to further support our team's expansion and the sustainability of the organisation.

## [Financial risk register](#)

| Risk                                        | Mitigation                                                                                                                                                                                                                                                |
|---------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Budgetary control and financial reporting   | <p>Monitor and report in a timely and accurate way</p> <p>Regularly review reserves and investments</p> <p>Recruit board sub committee to oversee budgets and resources</p> <p>Regular sessions between CEO and Treasurer to plan, project and review</p> |
| Reserves policies                           | A clear reserves policy - 3 months reserves                                                                                                                                                                                                               |
| Compliance with funder imposed restrictions | Agree budget control, monitoring and reporting arrangements                                                                                                                                                                                               |
| Fraud or error                              | <p>Review financial control procedures</p> <p>Segregate duties</p> <p>Set authorisation limits</p>                                                                                                                                                        |
| Dependency on income sources                | <p>Identify major dependencies</p> <p>Implement adequate reserves policy</p> <p>Put in place robust diversification plans</p>                                                                                                                             |

## [Structure, governance and management](#)

### [Governing Document](#)

London Arts in Health Forum is registered under the Companies Act 2006 as a company limited by guarantee and not having a share capital.

London Arts in Health Forum is a registered Charity constituted as a limited company under its Memorandum and Articles of Association. The charity registration number is 1135543 (England and Wales) and the company registration number is 06939695 (England and Wales).

## [Recruitment and Appointment of Trustees](#)

The Trustees are also the directors of London Arts in Health Forum for the purpose of company law. LAH's Articles of Association require a minimum of 3 trustees and a maximum of 15.

Our chair, Prof. Joanna Latimer, oversaw the recruitment of new trustees bringing a wealth of diverse lived, academic, health and VCSE experience, as well as representing the diversity of Londoners experiencing creative health in the city, including:

- Professor Joanna Latimer: Chair. Joanna is Emerita Professor of Sociology, University of York.
- Marina Carral-Fernandez: Treasurer. Marina is a fully Chartered Accountant Finance Manager at Haleon.
- Vivienne Reiss: Freelance Creative Health Consultant.
- Kim Britten: 20 years working within fundraising for organisations including The Metropolitan Museum of Art, NSPCC, Leonard Cheshire and Carers Trust.
- Anne de Charmant: Founding Director of Meadow Arts, a charitable organisation, that brings curated high-quality contemporary art to underserved areas.
- Bablu Mia: Founding Head of Trapped in Zone One, a global majority led arts organisation based in East London.
- Dr Zoe Zontou: Associate Professor in Drama and Theatre Studies at Liverpool Hope University.
- Anne Marie Rafferty CBE: Professor of Nursing Policy, former President of the RCN, and former Dean of the Florence Nightingale Faculty of Nursing, Midwifery & Palliative Care at King's College London.
- Jameisha Prescod: artist-filmmaker and chronic illness advocate from South London.
- Beatrice Walker: works for the National Academy for Social Prescribing on their Arts and Global programmes.

The board sub-committees including commitment to EDI, climate change and health, financial robustness and sustainability, mentoring and support for staff and board have also been established.

The charity's Memorandum and Articles of Association state that there is no maximum length of service for directors and only the current directors can appoint new directors.

Trustees are committed to working in accordance with governance best practice, as issued by the Charity Commission.

## [Core Staff 2023-24](#)

- CEO: Anna Woolf
- Strategic Director: Matthew Couper
- Research Lead: Elle Charlton

## [Freelance / Support Staff](#)

- Comms Lead: Renee McCauley-Burnett
- Researcher: Amalia Restrepo
- Bookkeeper: Jane Roche
- Podcast team: Alba Frederick and Naomi Woddiss

- Placements Students in 2023 have included Riz Mirza (Goldsmith's) and Kai Luo (UCL)L

## Statement of Board of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and regulations. Company law requires the Trustees to prepare financial statements for each financial year. Under that law they are required to prepare the financial statements in accordance with UK Accounting Standards and applicable law (UK Generally Accepted Accounting Practice), including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland.

Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the excess of expenditure over income for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and,
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue its activities.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charitable company and to prevent and detect fraud and other irregularities.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the UK governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions. In addition, the Trustees confirm that they are happy that the content of the annual review on pages 4 to 10 of this document meets the requirements of both the Trustees' Annual Report under charity law and the Directors' Report under company law.

They also confirm that the financial statements have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, the Charities Act 2011, the 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The Trustees confirm that:

- so far as each Trustee is aware, there is no relevant information of which the Charity's independent examiner is unaware; and,
- each Trustee has taken all the steps that they should have taken as a Trustee/Director in order to make themselves aware of any relevant independent examination information and to establish that the Charity's independent examiner is aware of that information.

## Preparation of the report

This report has been prepared taking advantage of the small companies exemption of section 415A of

the Companies Act 2006, and the exemptions available for smaller charities under the Statement of Recommended Practice.

This report was approved and authorised for issue by the Board of Trustees on 10 December 2024 and signed on its behalf by:



**PROFESSOR JOANNA LATIMER**

**CHAIRMAN**

## Independent examiner's report

I report to the Trustees on my examination of the accounts of London Arts in Health Forum (charity number 1135543, company number 06939695) for the year ended 31 March 2024 which are set out on pages 14 to 23.

### Respective responsibilities of trustees and examiner

The Trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 ('the 2011 Act') nor under Part 16 of the 2006 Act, and that an independent examination is needed.

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and,
- to state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

### Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the Trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or,
- the accounts do not accord with those records; or,
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or,
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'AP Nash', with a stylized flourish at the end.

**ANDREW PHILIP NASH FCA**

**MEMBER OF THE INSTITUTE OF CHARTERED ACCOUNTANTS IN ENGLAND AND WALES – 2461833**

**DATED: 12 DECEMBER 2024**

Enaid Accountancy Ltd  
Units 24 & 25  
Goodsheds Container Village  
Hood Road  
Barry  
CF62 5QU

## Statement of financial activities

### Incorporating the Income and Expenditure Account & Statement of Realised Gains and Losses

For the year ended 31 March 2024

|                                 |         | Unrestricted<br>Funds     | Restricted<br>Funds       | Total<br>Funds            | Total<br>Funds            |
|---------------------------------|---------|---------------------------|---------------------------|---------------------------|---------------------------|
|                                 |         | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2024 | Year ended<br>31 Mar 2023 |
|                                 | Notes   | £                         | £                         | £                         | £                         |
| <b>Income from:</b>             |         |                           |                           |                           |                           |
| Donations & legacies            | 3       | 67,470                    | 114,228                   | 181,698                   | 115,089                   |
| Charitable activities           | 4       | 1,776                     | 2,750                     | 4,526                     | 56,995                    |
| Investments                     |         | 317                       | -                         | 317                       | 20                        |
| <b>Total income</b>             |         | <b>69,563</b>             | <b>116,978</b>            | <b>186,541</b>            | 172,104                   |
| <b>Expenditure on:</b>          |         |                           |                           |                           |                           |
| Charitable activities           | 5       | 101,567                   | 90,849                    | 192,416                   | 132,389                   |
| <b>Total expenditure</b>        |         | <b>101,567</b>            | <b>90,849</b>             | <b>192,416</b>            | 132,389                   |
| <b>Net income/(expenditure)</b> |         | <b>(32,004)</b>           | <b>26,129</b>             | <b>(5,875)</b>            | 39,715                    |
| Transfers between funds         |         | (12,871)                  | 12,871                    | -                         | -                         |
| <b>Net movement in funds</b>    |         | <b>(44,875)</b>           | <b>39,000</b>             | <b>(5,875)</b>            | 39,715                    |
| <b>Reconciliation of funds:</b> |         |                           |                           |                           |                           |
| Total funds brought forward     | 10 & 11 | 52,564                    | -                         | 52,564                    | 12,849                    |
| Total funds carried forward     | 10 & 11 | 7,689                     | 39,000                    | 46,689                    | 52,564                    |

The notes on pages 16 to 23 form part of the financial statements.

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total income and expenditure remains unchanged.

**Balance sheet**

As at 31 March 2024

|                                         |         |               | Total<br>31 Mar 2024 | Total<br>31 Mar 2023 |
|-----------------------------------------|---------|---------------|----------------------|----------------------|
|                                         | Notes   | £             | £                    | £                    |
| <b>Current assets:</b>                  |         |               |                      |                      |
| Debtors & prepayments                   | 9       | 6,005         | -                    |                      |
| Cash at bank and in hand                |         | 43,936        | 54,764               |                      |
|                                         |         | <b>49,941</b> | <b>54,764</b>        |                      |
| <b>Creditors:</b>                       |         |               |                      |                      |
| Amounts falling due within one year     | 9       | (3,252)       | (2,200)              |                      |
| <b>Net current assets/(liabilities)</b> |         |               | <b>46,689</b>        | 52,564               |
| <b>Net assets/(liabilities)</b>         |         |               | <b>46,689</b>        | <b>52,564</b>        |
| <b>The funds of the charity:</b>        |         |               |                      |                      |
| Restricted funds                        | 10 & 11 | 39,000        | -                    |                      |
| Unrestricted funds                      | 10 & 11 | 7,689         | 52,564               |                      |
| <b>Total charity funds</b>              |         |               | <b>46,689</b>        | <b>52,564</b>        |

The notes on pages 16 to 23 form part of the financial statements.

The financial statements have been prepared in accordance with section 415A of the Companies Act 2006 relating to small companies and FRS 102 Section 1A.

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the year ended 31 March 2024, and the members have not required the charitable company to obtain an audit of its financial statements for the year ended 31 March 2024 under section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

They were approved and authorised for issue by the Board of Trustees on 10 December 2024 and signed on their behalf by:


**PROFESSOR JOANNA LATIMER****CHAIRMAN**

## Notes to the financial statements

### 1. Accounting policies

#### Basis of preparation of the financial statements

The financial statements have been prepared in accordance with 'Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) second edition (effective 1 January 2019)', the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), including Update Bulletin 1, and the Companies Act 2006.

The effect of any event relating to the year ended 31 March 2024, which occurred before the date of approval of the financial statements by the Board of Trustees, has been included in the financial statements to the extent required to show a true and fair view of the state of affairs at 31 March 2024 and the results for the year ended on that date.

The functional currency of the Charity is GBP and amounts in the financial statements are rounded to the nearest pound.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Using the exemption available to smaller charities the Board of Trustees has chosen not to include a Statement of Cash Flows within the financial statements.

#### Going concern

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern. Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments. The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

#### Legal status

London Arts in Health Forum is a charitable company registered in England & Wales and meets the definition of a public benefit entity. In the event of the Charity being wound up, the liability in respect of the guarantee is limited to £1 per member. The registered address is Room 7, St Margaret's House, 21 Old Ford Road, London, E2 9PL.

#### Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the Charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in note 10 of the financial statements.

#### Income

Income is recognised when the Charity has entitlement to the funds, any performance indicators attached to the item(s) of income have been met, it is probable that the income will be received, and the amount can be measured reliably.

Grant income is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless the grant relates to a future period, in which case it is deferred.

## 1. Accounting policies (continued from previous page)

### Income (continued from previous page)

Income from charitable activities and other trading activities is credited to the Statement of Financial Activities when received or receivable whichever is earlier, unless it relates to a specific future period or event.

### Expenditure and irrecoverable VAT

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

Irrecoverable VAT is charged against the category of expenditure for which it was incurred.

### Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised. There are no assets held over this amount currently.

### Cash at bank and in hand

Cash at bank and in hand includes cash in hand, deposits with banks and funds that are readily convertible into cash at, or close to, their carrying values, but are not held for investment purposes.

### Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount is applied. Prepayments are valued at the amount prepaid net of any trade discounts due.

### Creditors and accruals

Creditors are recognised where the Charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party, and the amount due to settle the obligation can be measured or estimated reliably.

### Pensions

The Charity has no pension liabilities.

### Financial instruments

Basic financial instruments are measured at amortised cost other than investments which are measured at fair value.

### Critical estimates and judgements

In preparing financial statements it is necessary to make certain judgements, estimates and assumptions that affect the amounts recognised in the financial statements. The treatment of tangible fixed assets is sensitive to changes in useful economic lives and residual values of assets. In the view of the Trustees in applying the accounting policies adopted, no judgements were required that have a significant effect on the amounts recognised in the financial statements nor do any estimates or assumptions made carry a significant risk of material adjustment in the next financial year.

## 2. Comparative statement of financial activities

|                                 |         | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|---------------------------------|---------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
|                                 | Notes   |                                                         |                                                       |                                                  |
| Income from:                    |         |                                                         |                                                       |                                                  |
| Donations & legacies            | 3       | 87,739                                                  | 27,350                                                | 115,089                                          |
| Charitable activities           | 4       | 13,769                                                  | 43,226                                                | 56,995                                           |
| Investments                     |         | 20                                                      | -                                                     | 20                                               |
| <b>Total income</b>             |         | <b>101,528</b>                                          | <b>70,576</b>                                         | <b>172,104</b>                                   |
| Expenditure on:                 |         |                                                         |                                                       |                                                  |
| Charitable activities           | 5       | 61,813                                                  | 70,576                                                | 132,389                                          |
| <b>Total expenditure</b>        |         | <b>61,813</b>                                           | <b>70,576</b>                                         | <b>132,389</b>                                   |
| <b>Net income/(expenditure)</b> |         | <b>39,715</b>                                           | <b>-</b>                                              | <b>39,715</b>                                    |
| Reconciliation of funds:        |         |                                                         |                                                       |                                                  |
| Total funds brought forward     | 10 & 11 | 12,849                                                  | -                                                     | 12,849                                           |
| Total funds carried forward     | 10 & 11 | 52,564                                                  | -                                                     | 52,564                                           |

## 3. Income from donations and legacies

|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|----------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| <b>Income from funders</b> |                                                         |                                                       |                                                  |
| Arts Council England       | 67,470                                                  | 10,000                                                | <b>77,470</b>                                    |
| City of London             | -                                                       | 24,188                                                | <b>24,188</b>                                    |
| Greater London Authority   | -                                                       | 71,950                                                | <b>71,950</b>                                    |
| Royal Society of Art       | -                                                       | 6,590                                                 | <b>6,590</b>                                     |
| Other grants               | -                                                       | 1,500                                                 | <b>1,500</b>                                     |
|                            | <b>67,470</b>                                           | <b>114,228</b>                                        | <b>181,698</b>                                   |
|                            |                                                         |                                                       |                                                  |
|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
| Income from funders        |                                                         |                                                       |                                                  |
| Arts Council England       | 48,453                                                  | 20,000                                                | 68,453                                           |
| City of London             | -                                                       | 7,350                                                 | 7,350                                            |
| Other grants               | 39,286                                                  | -                                                     | 39,286                                           |
|                            | <b>87,739</b>                                           | <b>27,350</b>                                         | <b>115,089</b>                                   |

4. Income from charitable activities

|                                          | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|------------------------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| <b>Income from charitable activities</b> |                                                         |                                                       |                                                  |
| Fees                                     | 1,776                                                   | 2,750                                                 | 4,526                                            |
|                                          | <b>1,776</b>                                            | <b>2,750</b>                                          | <b>4,526</b>                                     |
|                                          | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
| Income from charitable activities        |                                                         |                                                       |                                                  |
| Fees                                     | 13,769                                                  | 43,226                                                | 56,995                                           |
|                                          | <b>13,769</b>                                           | <b>43,226</b>                                         | <b>56,995</b>                                    |

5. Total expenditure

|                              | Direct<br>staff<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ | Direct<br>project<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ | Indirect<br>other<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ | Total<br>expenditure<br>Year ended<br>31 Mar 2024<br>£ |
|------------------------------|------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------------------|--------------------------------------------------------|
| <b>Charitable activities</b> | <b>76,318</b>                                                    | <b>95,373</b>                                                      | <b>20,725</b>                                                      | <b>192,416</b>                                         |
|                              | <b>76,318</b>                                                    | <b>95,373</b>                                                      | <b>20,725</b>                                                      | <b>192,416</b>                                         |
|                              | Direct<br>staff<br>expenditure<br>Year ended<br>31 Mar 2023<br>£ | Direct<br>project<br>expenditure<br>Year ended<br>31 Mar 2023<br>£ | Indirect<br>other<br>expenditure<br>Year ended<br>31 Mar 2023<br>£ | Total<br>expenditure<br>Year ended<br>31 Mar 2023<br>£ |
| Charitable activities        | 89,582                                                           | 27,150                                                             | 15,657                                                             | 132,389                                                |
|                              | <b>89,582</b>                                                    | <b>27,150</b>                                                      | <b>15,657</b>                                                      | <b>132,389</b>                                         |

5. Total expenditure (continued from the previous page)

|                               | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2024</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2023</b> |
|-------------------------------|-------------------------------------------------------|-------------------------------------------------------|
|                               | <b>£</b>                                              | <b>£</b>                                              |
| Other staff costs             | <b>4,460</b>                                          | -                                                     |
| Printing, post and stationery | <b>1,159</b>                                          | 122                                                   |
| Subscriptions and memberships | <b>362</b>                                            | 244                                                   |
| Telephone                     | <b>396</b>                                            | 567                                                   |
| Website costs                 | <b>2,572</b>                                          | 2,170                                                 |
| Computer costs                | <b>2,590</b>                                          | 1,897                                                 |
| Premises rent and rates       | <b>2,873</b>                                          | 3,555                                                 |
| Bank charges                  | <b>131</b>                                            | 72                                                    |
| Bookkeeping                   | <b>4,221</b>                                          | 3,018                                                 |
| Governance                    | <b>1,961</b>                                          | 4,012                                                 |
|                               | <b>20,725</b>                                         | 15,657                                                |

Following a review of the financial structure during the year the cost allocation model has been reviewed to ensure costs are accurately recorded against the activity to which they should be attributed. As a result the Charity has chosen to represent the prior year figures using this model however total expenditure remains unchanged.

Indirect costs, including governance costs, which cannot be directly attributed to activities, are allocated between activities proportionate to the direct costs incurred in those activities.

An analysis of staff costs can be found in note 7.

Governance costs consists of the following:

|                         | <b>Total<br/>Year ended<br/>31 Mar 2024</b> | <b>Total<br/>Year ended<br/>31 Mar 2023</b> |
|-------------------------|---------------------------------------------|---------------------------------------------|
|                         | <b>£</b>                                    | <b>£</b>                                    |
| Independent examination | <b>1,584</b>                                | 2,886                                       |
| Insurance               | <b>98</b>                                   | 1,126                                       |
| Other governance costs  | <b>279</b>                                  | -                                           |
|                         | <b>1,961</b>                                | 4,012                                       |

**6. Expenditure on charitable activities**

|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2024<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2024<br>£ |
|----------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Direct staff expenditure   | 52,784                                                  | 23,534                                                | 76,318                                           |
| Direct project expenditure | 31,654                                                  | 63,719                                                | 95,373                                           |
| Indirect expenditure       | 17,129                                                  | 3,596                                                 | 20,725                                           |
|                            | <b>101,567</b>                                          | <b>90,849</b>                                         | <b>192,416</b>                                   |

|                            | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|----------------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Direct staff expenditure   | 19,006                                                  | 70,576                                                | 89,582                                           |
| Direct project expenditure | 27,150                                                  | -                                                     | 27,150                                           |
| Indirect expenditure       | 15,657                                                  | -                                                     | 15,657                                           |
|                            | <b>61,813</b>                                           | <b>70,576</b>                                         | <b>132,389</b>                                   |

**7. Staff costs**

There were no employees employed during the period (2023: 6 employees).

No employee received employee benefits of more than £60,000 (2023: Nil).

The total fees paid to key management personnel on a self-employed basis during the year were £53,500 (2023: £48,504).

**8. Debtors and prepayments**

|                | Total<br>31 Mar 2024<br>£ | Total<br>31 Mar 2023<br>£ |
|----------------|---------------------------|---------------------------|
| Trade debtors  | 1,703                     | -                         |
| Prepayments    | 1,711                     | -                         |
| Accrued income | 2,591                     | -                         |
|                | <b>6,005</b>              | <b>-</b>                  |

## 9. Creditors: amounts falling due within one year

|                 | Total<br>31 Mar 2024<br>£ | Total<br>31 Mar 2023<br>£ |
|-----------------|---------------------------|---------------------------|
| Trade creditors | 1,470                     | -                         |
| Accruals        | 1,782                     | 2,200                     |
|                 | <b>3,252</b>              | <b>2,200</b>              |

## 10. Analysis of charity funds

|                                                                        | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2024<br>£ | Income<br>for the<br>period<br>Year ended<br>31 Mar 2024<br>£ | Expenditure<br>in the<br>period<br>Year ended<br>31 Mar 2024<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2024<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2024<br>£ |
|------------------------------------------------------------------------|-----------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| <b>Unrestricted funds</b>                                              | <b>52,564</b>                                                   | <b>69,563</b>                                                 | <b>(101,567)</b>                                                  | <b>(12,871)</b>                                                 | <b>7,689</b>                                                    |
| <b>Restricted funds</b>                                                |                                                                 |                                                               |                                                                   |                                                                 |                                                                 |
| GLA (ARRN)                                                             | -                                                               | 500                                                           | -                                                                 | 1,207                                                           | 1,707                                                           |
| GLA (City Sprint)                                                      | -                                                               | 8,470                                                         | (6,897)                                                           | (770)                                                           | 803                                                             |
| GLA (Mapping)                                                          | -                                                               | 3,500                                                         | (3,000)                                                           | -                                                               | 500                                                             |
| GLA (Other)                                                            | -                                                               | 22,000                                                        | (20,000)                                                          | 2,728                                                           | 4,728                                                           |
| GLA (Scale of sector)                                                  | -                                                               | 14,480                                                        | (15,011)                                                          | 5,167                                                           | 4,636                                                           |
| Quality Framework                                                      | -                                                               | 750                                                           | (934)                                                             | -                                                               | (184)                                                           |
| ACEandGLA(Unconference)                                                | -                                                               | 35,000                                                        | (29,833)                                                          | (5,167)                                                         | -                                                               |
| City Bridge (core)                                                     | -                                                               | 24,188                                                        | (10,118)                                                          | -                                                               | 14,070                                                          |
| Culture Health and<br>Wellbeing Alliance<br>(Creativity and Wellbeing) | -                                                               | 1,500                                                         | (2,606)                                                           | 8,946                                                           | 7,840                                                           |
| Royal Society of Art                                                   | -                                                               | 6,590                                                         | (2,450)                                                           | 760                                                             | 4,900                                                           |
| <b>Restricted funds</b>                                                | <b>-</b>                                                        | <b>116,978</b>                                                | <b>(90,849)</b>                                                   | <b>12,871</b>                                                   | <b>39,000</b>                                                   |
| <b>Total funds</b>                                                     | <b>52,564</b>                                                   | <b>186,541</b>                                                | <b>(192,416)</b>                                                  | <b>-</b>                                                        | <b>46,689</b>                                                   |

**GLA (ARRN)** - Project funding from the Greater London Authority to support the Artists Represents Recovery project

**GLA (City Sprint)** - Project funding from Greater London Authority to support City Sprint workshops

**GLA (Mapping)** - Project funding from Greater London Authority to mapping of creative health provision

**GLA (Other)** - Project funding from Greater London Authority for SE London creative health programme

**GLA (Scale of the Sector)** - Project funding from Greater London Authority to support Scale of the Sector

**Quality Framework** - Project funding to support Quality Framework

**ACE & GLA (Unconference)** - Joint Project funding from Greater London Authority and Arts Council England for the delivery of the Unconference at Battersea Arts Centre

**10. Analysis of charity funds (continued from the previous page)**

**City Bridge (core)** - Core funding contribution to the recruitment of training providers, a Project & Communications Lead and delivery of Global Majority Leadership programme

**Culture Health and Wellbeing Alliance (Creativity and Wellbeing Week)** - Project costs to support delivery of Creativity and Wellbeing Week

**Royal Society of Arts** - Project funding for mapping creative health provision.

|                    | Balance<br>brought<br>forward<br>Year ended<br>31 Mar 2023<br>£ | Income<br>for the<br>period<br>Year ended<br>31 Mar 2023<br>£ | Expenditure<br>in the<br>period<br>Year ended<br>31 Mar 2023<br>£ | Transfers<br>between<br>funds<br>Year ended<br>31 Mar 2023<br>£ | Balance<br>carried<br>forward<br>Year ended<br>31 Mar 2023<br>£ |
|--------------------|-----------------------------------------------------------------|---------------------------------------------------------------|-------------------------------------------------------------------|-----------------------------------------------------------------|-----------------------------------------------------------------|
| Unrestricted funds | 12,849                                                          | 101,528                                                       | (61,813)                                                          | -                                                               | 52,564                                                          |
| Restricted funds   | -                                                               | 70,576                                                        | (70,576)                                                          | -                                                               | -                                                               |
| <b>Total funds</b> | <b>12,849</b>                                                   | <b>172,104</b>                                                | <b>(132,389)</b>                                                  | <b>-</b>                                                        | <b>52,564</b>                                                   |

**11. Analysis of net assets**

|                     | <b>Unrestricted<br/>Funds<br/>Year ended<br/>31 Mar 2024<br/>£</b> | <b>Restricted<br/>Funds<br/>Year ended<br/>31 Mar 2024<br/>£</b> | <b>Total<br/>Funds<br/>Year ended<br/>31 Mar 2024<br/>£</b> |
|---------------------|--------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------|
| Current assets      | 10,941                                                             | 39,000                                                           | <b>49,941</b>                                               |
| Current liabilities | (3,252)                                                            | -                                                                | <b>(3,252)</b>                                              |
|                     | <b>7,689</b>                                                       | <b>39,000</b>                                                    | <b>46,689</b>                                               |

|                     | Unrestricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Restricted<br>Funds<br>Year ended<br>31 Mar 2023<br>£ | Total<br>Funds<br>Year ended<br>31 Mar 2023<br>£ |
|---------------------|---------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------|
| Current assets      | 54,764                                                  | -                                                     | 54,764                                           |
| Current liabilities | (2,200)                                                 | -                                                     | (2,200)                                          |
|                     | 52,564                                                  | -                                                     | 52,564                                           |

**12. Trustee remuneration**

During the year, no Trustee received any remuneration (2023: £Nil). No members of the Board of Trustees received reimbursement of expenses (2023: £Nil).

**13. Related party transactions**

During the year there were no related party transactions (2023: £Nil).

# LON001 - Final Accounts - 31 March 2024

Final Audit Report

2024-12-12

|                 |                                              |
|-----------------|----------------------------------------------|
| Created:        | 2024-12-12                                   |
| By:             | Andrew Nash (andy@enaidaccountancy.co.uk)    |
| Status:         | Signed                                       |
| Transaction ID: | CBJCHBCAABAA1qV79npYjEw3StNfdzAY9cIlbcYUeJ3l |

## "LON001 - Final Accounts - 31 March 2024" History

-  Document created by Andrew Nash (andy@enaidaccountancy.co.uk)  
2024-12-12 - 10:11:51 AM GMT
-  Document emailed to Joanna Mumro (joanna@londonartsandhealth.org.uk) for signature  
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Signature Date: 2024-12-12 - 12:31:14 PM GMT - Time Source: server
-  Agreement completed.  
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# Accounts

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**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

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**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**COMPANY INFORMATION**

COMPANY NUMBER : 06939695

CHARITY NUMBER : 1135543

DIRECTORS/TRUSTEES :  
Prof. Joanna Latimer (Chair)  
Kim Britten  
Vivienne Reiss  
Anne De Charmant  
Bablu Miah  
Dr. Zoe Zontou  
Prof. Anne Marie Rafferty  
Jameisha Prescod  
Beatrice Walker  
Maggie O'Neil  
Marina Carral Fernandez

CHARITY ADDRESS AND :  
Room 7  
St. Margaret's House  
21 Old Ford Road  
London  
E2 9PL

REGISTERED OFFICE :  
75 Maygrove Road  
West Hampstead  
London  
NW6 2EG

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS**

The trustees present their report and accounts for the year ended 31 March 2023.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102- effective 1 January 2015- (Charities SORP FRS 102).

**Structure, governance, and management**

**DIRECTORS AND THEIR INTERESTS**

The directors who have served during the period are as follows: -

Dr. Joanna Latimer (Chair)  
Kim Britten  
Vivienne Reiss  
Anne De Charmant  
Bablu Miah  
Zoe Zontou  
Prof. Anne Marie Rafferty  
Jameisha Prescod  
Beatrice Walker  
Maggie O'Neil  
Marina Carral Fernandez  
Stephen Sandford (retired in June 2022)  
Daniel Regan (retired in June 2022)  
Kat Low (retired in June 2022)  
Gail Babb (retired in June 2022)  
Rishi Coupland (retired in December 2022)  
Eugenia Lee (retired in December 2022)

Each of the directors has a limited liability of £1.

**Objects and activities for public benefit**

**Vision**

Our vision is that the power of arts and culture transforms and enriches the lives and health of Londoners.

**Mission**

London Arts and Health Forum (LAHF) supports artists, creative practitioners, and health professionals across the whole of London and beyond. Promoting excellence and engagement in the field of Creative Health and extending the reach of the arts to communities and individuals who would otherwise be excluded.

The objectives of LAHF, as set out in articles of association and memorandum, are:

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

*The objects for which the Company is formed shall be to advance the education of the public in Greater London and surrounding areas by promoting, researching, improving and developing greater awareness of the benefits of the arts in protecting and preserving health.*

**Achievements and performance**

2022-2023 saw refreshed leadership for LAHF with the appointment of new Director Anna Woolf who oversaw and delivered three key milestone projects including: Creativity and Wellbeing Week (May 2022), the successful submission to the new 2023-26 Arts Council England (ACE) *Let's Create* portfolio to refund LAHF as an Investment Principles Support Organization (IPSO, confirmed Nov 2022 and starting April 2023) and the launch of the Artists' Represent Recovery Network (ARRN, February 2023).

LAHF continued collaborating and working with key funder and strategic partner, the Greater London Authority (GLA), and delivered training for the sector at City Hall as well as working more strategically on the creation of London as a Creative Health Capital City.

**Creativity and Wellbeing Week (C&WW)**

In May 2022 the team delivered C&WW, our national yearly festival in conjunction with the Culture, Health & Wellbeing Alliance and core partners the Royal Horticultural Society and University Hospital Lewisham, reflecting Lewisham's place as the 2022 London borough of Culture. The week promoted a range of cultural health partners including the global majority LGBTQIA+ collective *Misery*, to think about inclusion, mental health, and creativity in nature; the launch of *Julie's Bicycle* and *Fast Familiar's* digital climate tool for cultural organisations; and the celebration of excellence in the field by launching the 2022 CH&WA awards. The week saw 100s of events and 1000s of participants take part in activities up and down the country.

**Board and Trustees**

Our chair, Prof. Joanna Latimer, oversaw the recruitment of new trustees bringing a wealth of diverse lived, academic, health and VCSE experience, as well as representing the diversity of Londoners experiencing creative health in the city, including: Anne De Charmant (Founding Director of *Meadowarts*); Bablu Miah (Founding Director of *Trapped in Zone 1*); Dr. Zoe Zontou (Associate Professor In Drama, Liverpool Hope University); Prof. Anne Marie Rafferty (Professor of Nursing Policy, KCL); Jameisha Prescod (Artist-filmmaker, producer and writer); Beatrice Walker (Researcher, National Academy for Social Prescribing); and Maggie O'Neil (Sociology & Criminology at University College Cork). Recruitment continued for an experienced Treasurer, appointed in June 2023. The board sub-committees including commitment to EDI, climate change and health, financial robustness and sustainability, mentoring and support for staff and board have also been established.

## **Partnerships and Projects**

Further awards from ACE and the GLA funded the launch of the Artists' Represent Recovery Network (ARRN) which we lead, collaborating with *RAW Material* and *Arts & Health Hub*. The purpose of the ARRN is to create opportunity in the sector for Black and Global Majority artists working in, or who have the potential to work in, the field of creative health. 10 artist practitioners were selected from over 80 applications and in February 2023 commenced a comprehensive 12-month training programme. We are committed to making the sector as inclusive as possible by collaborating with organisations such as Arts & Health Hub to do this.

In March 2023 we moved to St. Margaret's House (SMH) in Bethnal Green (Tower Hamlets) as LAHF continues to solidify work in the Integrated Care Partnership North East London region, partnering with organisations such as SMH to achieve this. Our newly opened hot-desking space provides low-cost space for practitioners to work and collaborate in as well as a library of Creative Health materials for the sector to use.

We were successful in achieving a Catalyst grant from the Royal Society of Arts to continue to develop our work supporting the sector in Cultural Social Prescribing.

## **Digital Reach**

At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 6,000 subscribers. LAHF members can now upload their own content including stories, articles, jobs and news. Highlights from members include a Black History Month commission and interview, Cultural Social Prescribing Myth Buster updates and Creativity and Wellbeing Week activity including a reach of 278,000 UU on social media. On social media, we have over 25,000 subscribers engaging with our regular updates about the latest conferences, jobs, publications, news, and opportunities.

## **Funding**

LAHF is grateful to ACE for its ongoing support of the charity, funded as a National Portfolio Organisation (NPO) until April 2023. In November 2022, LAHF was informed it had successfully been reaccepted into the new ACE Portfolio as an Investment Principles Support Organization (IPSO) and had received standstill funding for 3 more years. At the heart of the organisation is support for creative health practitioners and organizations, and over the course of the year 22-23, LAHF responded to thousands of enquiries with support and guidance.

At the end of financial period 22-23 LAHF prepared a 5-year bid to City Bridge Trust to further solidify and increase core funding to allow the team to grow and achieve sustainability.

It is noted that income has increased significantly and expenditure has remained stable during this period, allowing the organisation to begin to plan strategically for the next 3-5 years of delivery and growth.

## **Reserves and future sustainability**

Jenni Regan, the outgoing Director, was replaced in 2022 by Anna Woolf as the incoming Director, later supported by Matthew Couper, appointed as Co-Director in April 2022. A bookkeeper has been employed on a monthly basis to support the team in making sound financial decisions. We have instituted a reserves policy, aiming to maintain a level of free,

unrestricted reserves of or around 3-months average core expenditure, and including ongoing assessment and reporting of risks, holding the financial accounts against LAHs target reserves as well as the creation of a Board finance sub-committee responsible for reviewing and developing strategies and processes to ensure the sustainability and accountability of the charity. The Directors and Board continue to build and develop relationships with new funders as well as look to launch the membership model to offer further sustainability to the organisation moving forwards.

## Financial Risk Register

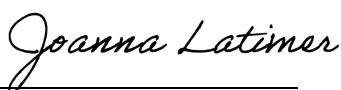
| RISK                                        | MITIGATION                                                                                                                                                                                                                                                                                                    |
|---------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| Budgetary control and financial reporting   | <ul style="list-style-type: none"><li>• Monitor and report in a timely and accurate way</li><li>• Regularly review reserves and investments</li><li>• Recruit board sub committee to oversee budgets and resources</li><li>• Regular sessions between CEO and Treasurer to plan, project and review</li></ul> |
| Reserves policies                           | <ul style="list-style-type: none"><li>• A clear reserves policy - 3 months reserves</li></ul>                                                                                                                                                                                                                 |
| Compliance with funder imposed restrictions | <ul style="list-style-type: none"><li>• Agree budget control, monitoring and reporting arrangements</li></ul>                                                                                                                                                                                                 |
| Fraud or error                              | <ul style="list-style-type: none"><li>• review financial control procedures</li><li>• segregate duties</li><li>• set authorisation limits</li></ul>                                                                                                                                                           |
| Dependency on income sources                | <ul style="list-style-type: none"><li>• identify major dependencies</li><li>• implement adequate reserves policy</li><li>• Put in place robust diversification plans</li></ul>                                                                                                                                |

The Directors' Report is prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SIGNED ON BEHALF OF  
THE BOARD OF DIRECTORS

**Professor Joanna Latimer**  
**Chair of the Board of Trustees**  
**Director**

The Highwood, Bircher, Herefordshire, HR60 0BN.

  
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26 January 2024

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
LONDON ARTS IN HEALTH FORUM  
FOR THE YEAR ENDED 31 MARCH 2023**

I report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 8 to 17.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Anthony Epton*

**Anthony Epton BA FCA CTA FCIE  
Goldwins  
Chartered accountants  
75 Maygrove Road  
West Hampstead  
London NW6 2EG**

26 January 2024

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR EDNED 31 MARCH 2023**

|                                                  | Note | Unrestricted<br>£    | Restricted<br>£ | 2023<br>Total<br>£          | 2022<br>Total<br>£   |
|--------------------------------------------------|------|----------------------|-----------------|-----------------------------|----------------------|
| <b>Income from:</b>                              |      |                      |                 |                             |                      |
| Charitable activities                            | 3    | 101,508              | 70,576          | <b>172,084</b>              | 122,937              |
| Investments                                      | 4    | 20                   | -               | <b>20</b>                   | -                    |
| <b>Total income</b>                              |      | <u>101,528</u>       | <u>70,576</u>   | <u><b>172,104</b></u>       | <u>122,937</u>       |
| <b>Expenditure on:</b>                           |      |                      |                 |                             |                      |
| Charitable activities                            | 5    | <u>61,813</u>        | <u>70,576</u>   | <u><b>132,389</b></u>       | <u>137,523</u>       |
| <b>Total expenditure</b>                         |      | <u>61,813</u>        | <u>70,576</u>   | <u><b>132,389</b></u>       | <u>137,523</u>       |
| <b>Net income/(expenditure)<br/>for the year</b> |      | 39,715               | -               | <b>39,715</b>               | (14,586)             |
| Transfers between funds                          |      | <u>-</u>             | <u>-</u>        | <u>-</u>                    | <u>-</u>             |
| <b>Net movement in funds</b>                     |      | 39,715               | -               | <b>39,715</b>               | (14,586)             |
| <b>Reconciliation of funds:</b>                  |      |                      |                 |                             |                      |
| Total funds brought forward                      |      | <u>12,849</u>        | <u>-</u>        | <u><b>12,849</b></u>        | <u>27,435</u>        |
| <b>Total funds carried forward</b>               |      | <u><u>52,564</u></u> | <u><u>-</u></u> | <u><u><b>52,564</b></u></u> | <u><u>12,849</u></u> |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**BALANCE SHEET AS AT 31 MARCH 2023**

|                                                | Note | £       | 2023<br>£ | £      | 2022<br>£ |
|------------------------------------------------|------|---------|-----------|--------|-----------|
| <b>Fixed assets:</b>                           |      |         |           |        |           |
| Tangible assets                                |      |         | -         | -      | -         |
|                                                |      |         | -         | -      | -         |
| <b>Current assets:</b>                         |      |         |           |        |           |
| Debtors                                        |      | -       | -         | -      | -         |
| Cash at bank and in hand                       |      | 54,764  | 14,203    |        |           |
|                                                |      | 54,764  | 14,203    |        |           |
| <b>Liabilities:</b>                            |      |         |           |        |           |
| Creditors: amounts falling due within one year | 10   | (2,200) | (1,354)   |        |           |
| <b>Net current assets / (liabilities)</b>      |      |         | 52,564    | 12,849 |           |
| <b>Total assets less current liabilities</b>   |      |         | 52,564    | 12,849 |           |
| <b>Total net assets / (liabilities)</b>        |      |         | 52,564    | 12,849 |           |
| <b>The funds of the charity:</b>               | 12   |         |           |        |           |
| Unrestricted income funds                      |      |         | 52,564    | 12,849 |           |
| <b>Total charity funds</b>                     |      |         | 52,564    | 12,849 |           |

For the financial year ended 31 March 2023, the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006, and no notice has been deposited under Section 476. The directors acknowledge their responsibilities for ensuring that the Company keeps accounting records which comply with Section 386 of the Act and preparing Financial Statements which give a true and fair view of the state of affairs of the Company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the Company.

The Financial Statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Financial Statements were approved by the Board on 26th January 2024

~~Julith Mellor, OBE~~  
~~Director~~

Joanna Latimer, Director & Chair of the Board of Trustees

*Joanna Latimer*

Company No. 06939695

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ACCOUNTING POLICIES**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies (continued)**

**e) Donations of gifts, services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

~ Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose

~ Expenditure on charitable activities includes the costs of delivering activities undertaken to further the purposes of the charity and their associated support costs

~ Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the staff costs and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**1 Accounting policies (continued)**

**j) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**k) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**l) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**m) Pensions**

The Charity has no pension liabilities.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**2 Detailed comparatives for the statement of financial activities**

|                                              | Note | Unrestricted<br>£ | 2022<br>Total<br>£     |
|----------------------------------------------|------|-------------------|------------------------|
| <b>Income from:</b>                          |      |                   |                        |
| Charitable activities                        | 3    | 122,937           | <b>122,937</b>         |
| Investments                                  | 4    | -                 | -                      |
| <b>Total income</b>                          |      | <u>122,937</u>    | <u><b>122,937</b></u>  |
| <b>Expenditure on:</b>                       |      |                   |                        |
| Charitable activities                        | 5    | <u>137,523</u>    | <u><b>137,523</b></u>  |
| <b>Total expenditure</b>                     |      | <u>137,523</u>    | <u><b>137,523</b></u>  |
| <b>Net income/(expenditure) for the year</b> |      | (14,586)          | <b>(14,586)</b>        |
| Transfers between funds                      |      | -                 | -                      |
| <b>Net movement in funds</b>                 |      | <u>(14,586)</u>   | <u><b>(14,586)</b></u> |
| <b>Reconciliation of funds:</b>              |      |                   |                        |
| Total funds brought forward                  |      | <u>27,453</u>     | <u><b>27,453</b></u>   |
| <b>Total funds carried forward</b>           |      | <u>12,849</u>     | <u><b>12,849</b></u>   |

**3 Income from charitable activities**

|                                                 | Unrestricted<br>£     | Restricted<br>£      | 2023<br>Total<br>£           | 2022<br>Total<br>£    |
|-------------------------------------------------|-----------------------|----------------------|------------------------------|-----------------------|
| <b>Income from funders</b>                      |                       |                      |                              |                       |
| Arts Council England                            | 48,453                | 20,000               | <b>68,453</b>                | 76,870                |
| City of London                                  | -                     | 7,350                | <b>7,350</b>                 | 10,000                |
| Other Grants                                    | 39,286                | -                    | <b>39,286</b>                | 3,816                 |
| <b>Income earned from charitable activities</b> |                       |                      |                              |                       |
| Fees                                            | <u>13,769</u>         | <u>43,226</u>        | <u><b>56,995</b></u>         | <u>32,251</u>         |
| <b>Total income from charitable activities</b>  | <u><u>101,508</u></u> | <u><u>70,576</u></u> | <u><u><b>172,084</b></u></u> | <u><u>122,937</u></u> |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**4 Income from investments**

|               | Unrestricted | Restricted | 2023<br>Total | 2022<br>Total |
|---------------|--------------|------------|---------------|---------------|
|               | £            | £          | £             | £             |
| Bank interest | 20           | -          | 20            | -             |
|               | <u>20</u>    | <u>-</u>   | <u>20</u>     | <u>-</u>      |

|                               | Charitable<br>activities | Support<br>costs | 2023<br>Total         | 2022<br>Total  |
|-------------------------------|--------------------------|------------------|-----------------------|----------------|
|                               | £                        | £                | £                     | £              |
| <b>5 Expenditure</b>          |                          |                  |                       |                |
| Staff costs                   | 89,582                   | -                | <b>89,582</b>         | 107,487        |
| <b>Direct cost</b>            |                          |                  |                       |                |
| Project expenses              | 21,334                   | -                | <b>21,334</b>         | 8,625          |
| Research and training costs   | 1,055                    | -                | <b>1,055</b>          | -              |
| Events and meeting expenses   | 411                      | -                | <b>411</b>            | 602            |
| Consultancy                   | 4,350                    | -                | <b>4,350</b>          | 6,798          |
| <b>Support cost</b>           |                          |                  |                       |                |
| Insurance                     | -                        | 1,126            | <b>1,126</b>          | 1,058          |
| Telephone                     | -                        | 567              | <b>567</b>            | 470            |
| PPS                           | -                        | 122              | <b>122</b>            | -              |
| Website Costs                 | -                        | 2,170            | <b>2,170</b>          | 3,170          |
| Computer Expenses             | -                        | 1,897            | <b>1,897</b>          | 4,797          |
| Rent and rates                | -                        | 3,555            | <b>3,555</b>          | 1,232          |
| Subscription                  | -                        | -                | -                     | 185            |
| Bank charges                  | -                        | 72               | <b>72</b>             | 96             |
| Miscellaneous                 | -                        | 244              | <b>244</b>            | 974            |
| Legal and professional        | -                        | 3,018            | <b>3,018</b>          | 515            |
| Independent examination       | -                        | 2,886            | <b>2,886</b>          | 1,514          |
|                               | <u>116,732</u>           | <u>15,657</u>    | <u><b>132,389</b></u> | <u>137,523</u> |
| Support costs                 | 15,657                   | (15,657)         | -                     |                |
| <b>Total expenditure 2023</b> | <u>132,389</u>           | <u>-</u>         | <u><b>132,389</b></u> |                |
| Total expenditure 2022        | <u>137,523</u>           | <u>-</u>         | <u>137,523</u>        |                |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

| 5a Expenditure (prior year)   | Charitable activities | Support costs | 2022 Total     | 2021 Total |
|-------------------------------|-----------------------|---------------|----------------|------------|
|                               | £                     | £             | £              | £          |
| Staff costs                   | 107,487               | -             | <b>107,487</b> | 52,368     |
| <b>Direct cost</b>            |                       |               |                |            |
| Project expenses              | 8,625                 | -             | <b>8,625</b>   | 24,966     |
| Events and meetings expenses  | 602                   | -             | <b>602</b>     | -          |
| Research and training costs   | -                     | -             | -              | 120        |
| Consultancy                   | 6,798                 | -             | <b>6,798</b>   | -          |
| <b>Support cost</b>           |                       |               |                |            |
| Insurance                     | -                     | 1,058         | <b>1,058</b>   | 865        |
| Telephone                     | -                     | 470           | <b>470</b>     | 174        |
| PPS                           | -                     | -             | -              | 265        |
| Website Costs                 | -                     | 3,170         | <b>3,170</b>   | 4,404      |
| Computer Expenses             | -                     | 4,797         | <b>4,797</b>   | 272        |
| Rent and Rates                | -                     | 1,232         | <b>1,232</b>   | -          |
| Bank charges                  | -                     | 96            | <b>96</b>      | 69         |
| Miscellaneous                 | -                     | 974           | <b>974</b>     | 32         |
| Subscription                  | -                     | 185           | <b>185</b>     | -          |
| Legal and professional        | -                     | 515           | <b>515</b>     | 1,393      |
| Independent examination       | -                     | 1,514         | <b>1,514</b>   | 1,483      |
|                               | 123,512               | 14,011        | <b>137,523</b> | 86,171     |
| Support costs                 | 14,011                | (14,011)      | -              |            |
| <b>Total expenditure 2022</b> | <b>137,523</b>        | -             | <b>137,523</b> |            |
| Total expenditure 2021        | 86,171                | -             | 86,171         |            |

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

|                   | 2023          | 2022    |
|-------------------|---------------|---------|
|                   | £             | £       |
| Other staff costs | <b>89,582</b> | 107,487 |
|                   | <b>89,582</b> | 107,487 |

No employees earned more than £60,000 per annum.

The total employee benefits including pension contributions of the key management personnel during the year were £Nil (2022: £Nil).

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2022: £nil). No charity trustee received payment for professional or other services supplied to the charity (2022: £nil).

Trustees' expenses represent the payment or reimbursement of travel and subsistence costs totalling £Nil (2022: £Nil).

**Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

|                       | <b>2023</b> | <b>2022</b> |
|-----------------------|-------------|-------------|
|                       | <b>No.</b>  | <b>No.</b>  |
| Charitable activities | <b>6</b>    | <b>6</b>    |

**7 Related party transactions**

There are no related party transactions to disclose for 2023 (2022: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**8 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**9 Debtors**

|               | <b>2023</b> | <b>2022</b> |
|---------------|-------------|-------------|
|               | <b>£</b>    | <b>£</b>    |
| Trade debtors | -           | -           |
|               | <u>-</u>    | <u>-</u>    |

**10 Creditors: amounts falling due within one year**

|          | <b>2023</b>         | <b>2022</b>  |
|----------|---------------------|--------------|
|          | <b>£</b>            | <b>£</b>     |
| Accruals | <b>2,200</b>        | 1,354        |
|          | <u><b>2,200</b></u> | <u>1,354</u> |

**11 Analysis of net assets between funds**

|                                          | <b>General<br/>unrestricted</b> | <b>Restricted</b> | <b>Total<br/>funds</b> |
|------------------------------------------|---------------------------------|-------------------|------------------------|
|                                          | <b>£</b>                        | <b>£</b>          | <b>£</b>               |
| Net current assets                       | 52,564                          | -                 | <b>52,564</b>          |
| <b>Net assets at the end of the year</b> | <u>52,564</u>                   | <u>-</u>          | <u><b>52,564</b></u>   |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2023**

**11a Analysis of net assets between funds (prior year)**

|                                          | General<br>unrestricted | Restricted | Total<br>funds |
|------------------------------------------|-------------------------|------------|----------------|
|                                          | £                       | £          | £              |
| Net current assets                       | 12,849                  | -          | 12,849         |
| <b>Net assets at the end of the year</b> | <b>12,849</b>           | <b>-</b>   | <b>12,849</b>  |

**12 Movements in funds**

|                                 | At the<br>start of<br>the<br>year<br>£ | Incoming<br>resources<br>& gains<br>£ | Outgoing<br>resources<br>& losses<br>£ | Transfers<br>£ | At the<br>end of<br>the<br>year<br>£ |
|---------------------------------|----------------------------------------|---------------------------------------|----------------------------------------|----------------|--------------------------------------|
| <b>Unrestricted funds:</b>      | -                                      | -                                     | -                                      | -              | -                                    |
| <b>General funds</b>            | 12,849                                 | 101,528                               | (61,813)                               | -              | 52,564                               |
| <b>Total unrestricted funds</b> | <u>12,849</u>                          | <u>101,528</u>                        | <u>(61,813)</u>                        | <u>-</u>       | <u>52,564</u>                        |
| <b>Restricted Funds</b>         | -                                      | 70,576                                | (70,576)                               | -              | -                                    |
| <b>Total funds</b>              | <u>12,849</u>                          | <u>172,104</u>                        | <u>(132,389)</u>                       | <u>-</u>       | <u>52,564</u>                        |

**12a Movements in funds (prior year)**

|                                 | At the<br>start of<br>the year<br>£ | Incoming<br>resources<br>& gains<br>£ | Outgoing<br>resources<br>& losses<br>£ | Transfers<br>£ | At the<br>end of<br>the year<br>£ |
|---------------------------------|-------------------------------------|---------------------------------------|----------------------------------------|----------------|-----------------------------------|
| <b>Unrestricted funds:</b>      |                                     |                                       |                                        |                |                                   |
| <b>General funds</b>            | 27,435                              | 122,937                               | (137,523)                              | -              | 12,849                            |
| <b>Total unrestricted funds</b> | <u>27,435</u>                       | <u>122,937</u>                        | <u>(137,523)</u>                       | <u>-</u>       | <u>12,849</u>                     |
| <b>Total funds</b>              | <u>27,435</u>                       | <u>122,937</u>                        | <u>(137,523)</u>                       | <u>-</u>       | <u>12,849</u>                     |

**13 Operating lease commitments**

At the balance sheet date, the charity had no financial commitment under non-cancellable operating leases.

**14 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

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# Accounts

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**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

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**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**COMPANY INFORMATION**

COMPANY NUMBER : 06939695

CHARITY NUMBER : 1135543

DIRECTORS/TRUSTEES : Gail Babb  
Kim Britten  
Rishi Coupland  
Mao Fong Lim  
Suki Kaur  
Dr Eugenia Lee  
Dr Katharine Low  
Judith Mellor, OBE (Chair - resigned)  
Daniel Regan  
Vivienne Reiss  
Stephen Sandford  
Dr Seyed Reza Shirazi  
Leah Zakss  
Joanna Latimer (chair from 14/2/22)

CHARITY ADDRESS AND : CAN Mezzanine  
7-14 Great Dover Street  
London  
SE1 4YR

REGISTERED OFFICE : 75 Maygrove Road  
West Hampstead  
London  
NW6 2EG

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS**

The trustees present their report and accounts for the year ended 31 March 2022.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102- effective 1 January 2015- (Charities SORP FRS 102).

**Structure, Governance and Management**

**Directors and their interests**

The directors who have served during the period are as follows:

Gail Babb, Creative Facilitator and Lecturer  
Kim Britten, Fundraiser, Carer, Volunteer in Arts and Health  
Rishi Coupland, Head of Research and Insight, British Film Institute  
Mao Fong Lim, Trainee Psychiatrist  
Suki Kaur, Deputy Director of Partnership Development, Tower Hamlets (Treasurer)  
Dr Wing Cheung Eugenia Lee, General Practitioners.  
Dr Katharine Low, Senior Lecturer, Community Performance and Applied Theatre, Royal Central School of Speech and Drama (Acting Chair October 2021-February 2022)  
Judith Mellor, OBE (Chair – resigned 2021)  
Daniel Regan, Photographic Artist and Founder and Executive Director, Arts and Health Hub  
Vivienne Reiss, Director of Arts, Great Ormond Street Hospital  
Stephen Sandford, Music Therapist and Lead for Allied Health Professionals  
Dr Seyed Reza Shirazi, Accountant (Treasurer)  
Leah Zakss, Music Programs, British Council PRS Foundation  
Professor Joanna Latimer, Emerita Professor of Sociology, University of York (Chair from 14/2/22)

Each of the directors has a limited liability of £1.

**Objects and activities for public benefit**

London Arts in Health Forum (LAHF) is a strategic London based charity, which creates a bridge between the arts and health across the capital.

Our vision is that **the power of arts and culture transforms and enriches the lives and health of Londoners.**

We seek to make this happen through the **enjoyment, promotion and nurturing of arts and cultural activities to improve the health and wellbeing of all Londoners.**

LAHF is connected to all the leading arts in health programmes across London and the UK, and works in partnership with others to support this work, creating better provision for those who are currently underserved; particularly those who are excluded from opportunities to lead or participate in arts activities due to disability or long term health conditions. LAHF has already significantly changed attitudes across London and continues to shine a light on this work.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

Our work is focused on creating more opportunities for Londoners with the least access, and the most to gain, to engage meaningfully with the arts. With core funding from Arts Council England (ACE) LAHF is a strategic London based charity that bridges the arts and health across the capital. Our mission is to harness the power of culture, so that the lives and health of all Londoners can be transformed and enriched. Our values are to be transparent, inclusive, collaborative and collegiate. Most excitingly, we continue to connect, uplift and support grass-roots practitioners and local organisations engaged in making Londoners' lives healthier.

The health inequalities in the capital are stark. The capital has the biggest gap in life expectancy between local authorities of any region in England: “A boy born today in one part of London could be expected to die up to six years earlier than a boy born elsewhere in the city, whilst girls born in some boroughs could be expected to live up to a third of their life in poor health” (REFERENCE?) Mental health is also a key issue, with one in four people experiencing mental health support during their lifetimes.

We believe that participating in the arts and exploring creativity makes a crucial difference to the health and wellbeing of individuals and of society as a whole. LAHF is a central pillar in the fast emerging world of arts and health and has been at the forefront of this work for many years. It is hugely respected for the support it offers to individual artists, patients and service users, health professionals, communities and the wider public. The organisation works collaboratively in everything it does, partnering with a huge range of colleagues to increase the impact the arts can have on the health of everyone in society. It is a strategic organisation with a team of expert staff, a strong and engaged board, diverse and strong networks and a commitment to quality and transparency in the delivery of its work.

**Achievements and performance**

In 2021-2022 we continued to build on and offer sector support to creative practitioners, artists, health professionals and organisations across London through the provision of digital and in-person resources including a newsletter and website, peer support, training, an opportunities and jobs board, networking and advocacy. LAHF is proud to continue in its role as the London lead for the Culture, Health & Wellbeing Alliance (CH&WA).

LAHF has significantly changed attitudes to arts and health activities across London and whilst this remains our focus, we also continue to shine a light on this work across England with our online tools, and delivery of an annual festival, Creativity and Wellbeing Week (delivered in partnership with CH&WA).

As a membership organisation of over 28,000 people - cultural practitioners and health professionals drive our work in supporting the creative health sector. During the Covid-19 pandemic, we responded to member needs, rapidly responding, and supporting many to continue working. Through our digital learning and online peer support sessions, podcasts, Facebook group, and a newly launched website, members felt supported and less alone.

Partnerships are at the heart of our work. We have robust, established, relationships with key stakeholders such as the GLA who commissioned us to produce a digital resource to support cultural, social prescribing in London. We co-chair the London Action on Creative Health (LACH) network which ensures that the key leaders across the sector in the capital can access up to date research, building on the creative health zones being developed across London. The group is also actively working to rectify the need for better inclusivity in the field, bringing new and diverse voices from both the health and culture sectors together.

A core component of our work over the last 18 months has been to work with ACE and the GLA to respond to the explosion of interest, uptake, and opportunities around cultural social prescribing. We have been part of two successful Thriving Communities projects in London and worked in partnership with St. Margaret's House (The Health Tree) and OrganicLea in Waltham Forest. We supported both organisations with strategy, research and platforming of their work and relationships, using our own work on cultural social prescribing (supported by the GLA <https://cultureonprescription.org.uk>). We collaborated with a wide range of organisations to undertake research and scoping, including the English National Opera, Arts 4 Dementia, St. Margaret's House, Portugal Prints, Jane Willis, CH&WA, NASP, a range of link workers across London, UCLH, Entelechy Arts, Social Action for Health and many others to produce animation, podcasts and case studies. The impact of the social prescribing myth-buster has been huge. The original PDF document launched in March 2021 was downloaded over 2,000 times and the website has had a staggering 10,000 visits, achieved largely through promotion across our own and the GLA culture team's channels.

## **COVID-19 Pandemic**

We continued to support practitioners particularly in online peer support and networking via the continued development of our Digital Sandpit tool, which we secured a further £10,000 towards development and delivery of free workshops for our members. Topics included Cultural Social Prescribing and practitioner care.

Despite the effects of the pandemic London Arts in Health Forum managed to grow its capacity during 21-22 by taking advantage of the Government Kickstart scheme enabling us to employ 6 dynamic and diverse young people interested in developing their skills working in an arts and health charity.

## **Creativity and Wellbeing Week**

A key part of our public facing delivery is Creativity and Wellbeing Week which we deliver in conjunction with the Culture Health & Wellbeing Alliance (CH&WA). This national festival happens every May and aims to bring together and highlight some of the best work happening across the UK in the fields of arts, health, culture and wellbeing. Pre-pandemic in 2019 the festival had around 50,000 attendees with hundreds of events happening up and down the country. During the pandemic, we ran the festival online, focusing on themes of care in 2020, and hybridity and digital inclusion in 2021 with events from Great Ormond Street Hospital and the Arts and Health Hub to name but a few. In May 2022 the festival seeks to reorient itself around creativity, wellbeing, and nature, with core partners the Royal Horticultural Society and University Hospital Lewisham reflecting Lewisham's place as the London borough of Culture. The week promoted a range of cultural health partners including the global majority LGBTQIA+ collective, *Misery*, to think about inclusion, mental health and creativity in nature; the launch of Julie's Bicycle and Fast Familiar's digital climate tool for cultural organisations; and the celebration of excellence in the field by launching the 2022 CH&WA awards.

## **Board and Trustees**

During 2021- 22 Judith Mellor resigned and LAHF planned with the board to recruit a new Chair of the Board of Trustees. Professor Joanna Latimer began as the new Chair in February 2022 and the charity thanks Judith Mellor for all her work for the organisation. As well as contacts from the academic, health and arts and creative health sector, Professor Latimer, a leading sociologist, brings experience in management and organization of public institutions, and a wealth of knowledge of research and policy on inclusion, health & wellbeing.

## **Partnerships**

As one of the oldest arts and health networks LAHF sees itself as key to the ecosystem of creative health excellence and wants to encourage and support young people in a variety of roles across the

sector. We have a strong commitment to the next generation of arts and health practitioners and have already made great strides in delivering against this ambition. During 2021 and 2022 we recruited and hosted six diverse, intersectional Kickstart employees, alongside numerous placement students from both UCL and Royal Central School of Speech and Drama. This move has been driven by analysing our membership, recognising that young practitioners feel underserved and excluded from breaking into the sector. We created 'Digital Sandpit' sessions aimed at a younger demographic, encouraging a broad range of students to run research sessions, practitioner networking and creative workshops as part of our offer. One young volunteer is now a paid research assistant and on our letter of recommendation, has secured a place on the Creative Health MSc at UCL.

Further awards from ACE and the GLA fund the Artists' Represent Recovery Network (ARRN) which we lead, collaborating with RAW Material and Arts & Health Hub. The purpose of the ARRN is to create opportunity in the sector for Black and Global Majority artists working in, or who have the potential to work in the field of creative health. They will be supported to enter the sector across a comprehensive 12-month training programme. We are committed to making the sector as inclusive as possible by collaborating with organisations such as Arts & Health Hub to do this.

### **The City Arts and Health Hub**

As a part of a scheme offered during the pandemic by landlords looking to support charities with temporary physical space, we took over a site near Monument tube station to create a free/ low-cost City Arts and Health Hub. We designed the Hub to particularly support lone practitioners and small groups and have hosted two refugee artists, numerous freelance practitioners and exhibitions including groups such as Arts 4 Dementia, Revoke and Counterpoint Arts.

### **Digital Reach**

We are ambitious about quality and have undertaken the development and in 2021 the launch of a new website, providing accessible, inclusive services for our members. At the core of our free digital-first offer to our members is our bi-weekly updated newsletter, with over 6,000 subscribers. LAHF members can now upload their own content including stories, articles, jobs, and news. Highlights from members include interviews, blogs and podcasts produced with Hospital Rooms (mental health and visual art), Trapped in Zone One (young people, social prescribing, and mental and physical health), Arts & Health Hub (practitioner support), and Breathe Arts and Health Research (research). On social media, we have over 23,000 subscribers whom we engage regularly to update with the latest conferences, jobs, publications, news, and opportunities. LAHF has around 6000 followers on Facebook, 14,900 Twitter followers and 2439 Instagram followers.

### **Funding**

LAHF is grateful to Arts Council England for its ongoing support for the organisation as the charity is funded as a National Portfolio Organisation (NPO) until 2022. At the heart of the organisation is support for individual practitioners, over the course of the year 21-22, LAHF responded to thousands of enquiries with support and guidance.

In addition, events provided significant networking opportunities for artists, newsletters and blogs offer information and signposting to resources and opportunities as well as guidance on best practice.

Our Creativity and Wellbeing Week has grown to offer a high-profile platform to our members, and we were able to increase the support we gave to those who held events.

We have also been able to diversify our funding. We secured grant funding to develop digital projects for our members from Catalyst and gained commissions from the GLA as well as generating income through online creative well-being sessions for example delivering projects with University's and other partners.

## **Reserves and future**

Looking to the future, LAHF has applied (started early 2022 and submitted May 2022) to ACE to continue to be part of the NPO, as an IPSO organisation supporting the sector in London and nationally with Creativity and Wellbeing Week. Jenni Regan was the outgoing Director and was replaced in 2022 by Anna Woolf as the incoming Director, later supported by Matthew Couper the Co-Director. A bookkeeper has been employed to support the team in making sound financial decisions as well as a finance sub-committee on the board. The Directors and board continue to build and develop relationships with new funders as well as look to launch the membership model to offer further sustainability to the organisation moving forwards.

The Directors' Report is prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SIGNED ON BEHALF OF  
THE BOARD OF DIRECTORS



**Professor Joanna Latimer**  
**Chair of the Board of Trustees**  
**Director**

The Highwood, Bircher, Herefordshire, HR60 0BN.

5 December 2022

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
LONDON ARTS IN HEALTH FORUM  
FOR THE YEAR ENDED 31 MARCH 2022**

I report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 10 to 19.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

*Anthony Epton*

**Anthony Epton BA FCA CTA FCIE  
Goldwins  
Chartered accountants  
75 Maygrove Road  
West Hampstead  
London NW6 2EG**

6 December 2022

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

|                                              |      | Unrestricted    | 2022                   | 2021          |
|----------------------------------------------|------|-----------------|------------------------|---------------|
|                                              |      | £               | Total                  | Total         |
|                                              | Note | £               | £                      | £             |
| <b>Income from:</b>                          |      |                 |                        |               |
| Charitable activities                        | 3    | 122,937         | <b>122,937</b>         | 91,320        |
| Investments                                  | 4    | -               | -                      | 17            |
| <b>Total income</b>                          |      | <u>122,937</u>  | <u><b>122,937</b></u>  | <u>91,337</u> |
| <b>Expenditure on:</b>                       |      |                 |                        |               |
| Charitable activities                        | 5    | 137,523         | <b>137,523</b>         | 86,171        |
| <b>Total expenditure</b>                     |      | <u>137,523</u>  | <u><b>137,523</b></u>  | <u>86,171</u> |
| <b>Net income/(expenditure) for the year</b> |      | (14,586)        | <b>(14,586)</b>        | 5,166         |
| Transfers between funds                      |      | -               | -                      | -             |
| <b>Net movement in funds</b>                 |      | <u>(14,586)</u> | <u><b>(14,586)</b></u> | <u>5,166</u>  |
| <b>Reconciliation of funds:</b>              |      |                 |                        |               |
| Total funds brought forward                  |      | 27,435          | <b>27,435</b>          | 22,269        |
| <b>Total funds carried forward</b>           |      | <u>12,849</u>   | <u><b>12,849</b></u>   | <u>27,435</u> |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**BALANCE SHEET AS AT 31 MARCH 2022**

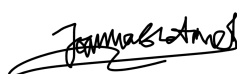
|                                                | Note | £       | 2022<br>£ | £       | 2021<br>£ |
|------------------------------------------------|------|---------|-----------|---------|-----------|
| <b>Fixed assets:</b>                           |      |         |           |         |           |
| Tangible assets                                |      |         | -         | -       | -         |
|                                                |      |         | -         |         | -         |
| <b>Current assets:</b>                         |      |         |           |         |           |
| Debtors                                        |      | -       |           | 2,950   |           |
| Cash at bank and in hand                       |      | 14,203  |           | 25,839  |           |
|                                                |      |         | 14,203    | 28,789  |           |
| <b>Liabilities:</b>                            |      |         |           |         |           |
| Creditors: amounts falling due within one year | 10   | (1,354) |           | (1,354) |           |
| <b>Net current assets / (liabilities)</b>      |      |         | 12,849    |         | 27,435    |
| <b>Total assets less current liabilities</b>   |      |         | 12,849    |         | 27,435    |
| <b>Total net assets / (liabilities)</b>        |      |         | 12,849    |         | 27,435    |
| <b>The funds of the charity:</b>               | 12   |         |           |         |           |
| Unrestricted income funds                      |      |         | 12,849    |         | 27,435    |
| <b>Total charity funds</b>                     |      |         | 12,849    |         | 27,435    |

For the financial year ended 31 March 2022, the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006, and no notice has been deposited under Section 476. The directors acknowledge their responsibilities for ensuring that the Company keeps accounting records which comply with Section 386 of the Act and preparing Financial Statements which give a true and fair view of the state of affairs of the Company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the Company.

The Financial Statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Financial Statements were approved by the Board on 5th December 2022

**Professor Joanna Latimer**  
**Director**



**Company No. 06939695**

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ACCOUNTING POLICIES**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1 Accounting policies (continued)**

**e) Donations of gifts, services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose

~

Expenditure on charitable activities includes the costs of delivering activities undertaken to further the purposes of the charity and their associated support costs

~

Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the staff costs and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1 Accounting policies (continued)**

**j) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**k) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**l) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**m) Pensions**

The Charity has no pension liabilities.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**2 Detailed comparatives for the statement of financial activities**

|                                              | Note | Unrestricted<br>£ | 2021<br>Total<br>£   |
|----------------------------------------------|------|-------------------|----------------------|
| <b>Income from:</b>                          |      |                   |                      |
| Charitable activities                        | 3    | 91,320            | <b>91,320</b>        |
| Investments                                  | 4    | 17                | <b>17</b>            |
| <b>Total income</b>                          |      | <u>91,337</u>     | <u><b>91,337</b></u> |
| <b>Expenditure on:</b>                       |      |                   |                      |
| Charitable activities                        | 5    | 86,171            | <b>86,171</b>        |
| <b>Total expenditure</b>                     |      | <u>86,171</u>     | <u><b>86,171</b></u> |
| <b>Net income/(expenditure) for the year</b> |      | 5,166             | <b>5,166</b>         |
| Transfers between funds                      |      | -                 | -                    |
| <b>Net movement in funds</b>                 |      | <u>5,166</u>      | <u><b>5,166</b></u>  |
| <b>Reconciliation of funds:</b>              |      |                   |                      |
| Total funds brought forward                  |      | 22,269            | <b>22,269</b>        |
| <b>Total funds carried forward</b>           |      | <u>27,435</u>     | <u><b>27,435</b></u> |

**3 Income from charitable activities**

|                                                        | Unrestricted<br>£ | Restricted<br>£ | 2022<br>Total<br>£    | 2021<br>Total<br>£ |
|--------------------------------------------------------|-------------------|-----------------|-----------------------|--------------------|
| <b><i>Income from funders</i></b>                      |                   |                 |                       |                    |
| Arts Council England                                   | 76,870            | -               | <b>76,870</b>         | 66,870             |
| CAST                                                   | 10,000            | -               | <b>10,000</b>         | 5,000              |
| Thriving Communities                                   | 3,816             | -               | <b>3,816</b>          | 5,000              |
| <b><i>Income earned from charitable activities</i></b> |                   |                 |                       |                    |
| Fees                                                   | 32,251            | -               | <b>32,251</b>         | 14,450             |
| <b>Total income from charitable activities</b>         | <u>122,937</u>    | <u>-</u>        | <u><b>122,937</b></u> | <u>91,320</u>      |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**4 Income from investments**

|               | Unrestricted<br>£ | Restricted<br>£ | 2022<br>Total<br>£ | 2021<br>Total<br>£ |
|---------------|-------------------|-----------------|--------------------|--------------------|
| Bank interest | -                 | -               | -                  | 17                 |
|               | -                 | -               | -                  | 17                 |

|                               | Charitable<br>activities<br>£ | Support<br>costs<br>£ | 2022<br>Total<br>£ | 2021<br>Total<br>£ |
|-------------------------------|-------------------------------|-----------------------|--------------------|--------------------|
| <b>5 Expenditure</b>          |                               |                       |                    |                    |
| Staff costs                   | 107,487                       | -                     | 107,487            | 52,368             |
| <i><b>Direct cost</b></i>     |                               |                       |                    |                    |
| Project expenses              | 8,625                         | -                     | 8,625              | 24,966             |
| Research and training costs   | -                             | -                     | -                  | (120)              |
| Events and meeting expenses   | 602                           | -                     | 602                |                    |
| Consultancy                   | 6,798                         | -                     | 6,798              | -                  |
| <i><b>Support cost</b></i>    |                               |                       |                    |                    |
| Insurance                     | -                             | 1,058                 | 1,058              | 865                |
| Telephone                     | -                             | 470                   | 470                | 174                |
| PPS                           | -                             | -                     | -                  | 265                |
| Website Costs                 | -                             | 3,170                 | 3,170              | 4,404              |
| Computer Expenses             | -                             | 4,797                 | 4,797              | 272                |
| Rent and rates                | -                             | 1,232                 | 1,232              | -                  |
| Subscription                  | -                             | 185                   | 185                | -                  |
| Bank charges                  | -                             | 96                    | 96                 | 69                 |
| Miscellaneous                 | -                             | 974                   | 974                | 32                 |
| Legal and professional        | -                             | 515                   | 515                | 1,393              |
| Independent examination       | -                             | 1,514                 | 1,514              | 1,483              |
|                               | 123,512                       | 14,011                | 137,523            | 86,171             |
| Support costs                 | 14,011                        | (14,011)              | -                  |                    |
| <b>Total expenditure 2022</b> | 137,523                       | -                     | 137,523            |                    |
| Total expenditure 2021        | 86,171                        | -                     | 86,171             |                    |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

| <b>5a Expenditure (prior year)</b> | <b>Charitable activities</b> | <b>Support costs</b> | <b>2021 Total</b>    | <b>2020 Total</b> |
|------------------------------------|------------------------------|----------------------|----------------------|-------------------|
|                                    | <b>£</b>                     | <b>£</b>             | <b>£</b>             | <b>£</b>          |
| Staff costs                        | 52,368                       | -                    | <b>52,368</b>        | 58,520            |
| <b>Direct cost</b>                 |                              |                      |                      |                   |
| Project expenses                   | 24,966                       | -                    | <b>24,966</b>        | 8,637             |
| Events and meetings expenses       | -                            | -                    | -                    | 457               |
| Research and training costs        | (120)                        | -                    | <b>(120)</b>         | 279               |
| <b>Support cost</b>                |                              |                      |                      |                   |
| Insurance                          | -                            | 865                  | <b>865</b>           | 984               |
| Telephone                          | -                            | 174                  | <b>174</b>           | 167               |
| PPS                                | -                            | 265                  | <b>265</b>           | 232               |
| Website Costs                      | -                            | 4,404                | <b>4,404</b>         | 6,077             |
| Computer Expenses                  | -                            | 272                  | <b>272</b>           | 152               |
| Travel and subsistence             | -                            | -                    | -                    | 420               |
| Bank charges                       | -                            | 69                   | <b>69</b>            | 60                |
| Miscellaneous                      | -                            | 32                   | <b>32</b>            | 97                |
| Legal and professional             | -                            | 1,393                | <b>1,393</b>         | -                 |
| Independent examination            | -                            | 1,483                | <b>1,483</b>         | 1,413             |
|                                    | <u>77,214</u>                | <u>8,957</u>         | <u><b>86,171</b></u> | <u>77,495</u>     |
| Support costs                      | 8,957                        | (8,957)              | -                    |                   |
| <b>Total expenditure 2021</b>      | <u><b>86,171</b></u>         | <u>-</u>             | <u><b>86,171</b></u> |                   |
| Total expenditure 2020             | <u>77,495</u>                | <u>-</u>             | <u>77,495</u>        |                   |

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

|                   | <b>2022</b>           | <b>2021</b>   |
|-------------------|-----------------------|---------------|
|                   | <b>£</b>              | <b>£</b>      |
| Other staff costs | <u><b>107,487</b></u> | <u>52,368</u> |
|                   | <u><b>107,487</b></u> | <u>52,368</u> |

No employees earned more than £60,000 per annum.

The total employee benefits including pension contributions of the key management personnel were £Nil (2021: £Nil).

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2021: £nil). No charity trustee received payment for professional or other services supplied to the charity (2021: £nil).

Trustees' expenses represent the payment or reimbursement of travel and subsistence costs totalling £Nil (2021: £Nil).

**Staff numbers**

The average number of employees (head count based on number of staff employed) during the year was as follows:

|                       | <b>2021</b> | <b>2020</b> |
|-----------------------|-------------|-------------|
|                       | <b>No.</b>  | <b>No.</b>  |
| Charitable activities | <b>6</b>    | <b>-</b>    |

**7 Related party transactions**

There are no related party transactions to disclose for 2022 (2021: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**8 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**9 Debtors**

|               | <b>2022</b> | <b>2021</b>  |
|---------------|-------------|--------------|
|               | <b>£</b>    | <b>£</b>     |
| Trade debtors | <b>-</b>    | <b>2,950</b> |
|               | <b>-</b>    | <b>2,950</b> |

**10 Creditors: amounts falling due within one year**

|          | <b>2022</b>  | <b>2021</b>  |
|----------|--------------|--------------|
|          | <b>£</b>     | <b>£</b>     |
| Accruals | <b>1,354</b> | <b>1,354</b> |
|          | <b>1,354</b> | <b>6,161</b> |

**11 Analysis of net assets between funds**

|                                          | <b>General<br/>unrestricted</b> | <b>Restricted</b> | <b>Total<br/>funds</b> |
|------------------------------------------|---------------------------------|-------------------|------------------------|
|                                          | <b>£</b>                        | <b>£</b>          | <b>£</b>               |
| Net current assets                       | <b>12,849</b>                   | <b>-</b>          | <b>12,849</b>          |
| <b>Net assets at the end of the year</b> | <b>12,849</b>                   | <b>-</b>          | <b>12,849</b>          |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**11a Analysis of net assets between funds (prior year)**

|                                          | General<br>unrestricted | Restricted | Total<br>funds |
|------------------------------------------|-------------------------|------------|----------------|
|                                          | £                       | £          | £              |
| Net current assets                       | 27,435                  | -          | 27,435         |
| <b>Net assets at the end of the year</b> | <b>27,435</b>           | <b>-</b>   | <b>27,435</b>  |

**12 Movements in funds**

|                                 | At the<br>start of<br>the<br>year<br>£ | Incoming<br>resources<br>& gains<br>£ | Outgoing<br>resources<br>& losses<br>£ | Transfers<br>£ | At the<br>end of<br>the<br>year<br>£ |
|---------------------------------|----------------------------------------|---------------------------------------|----------------------------------------|----------------|--------------------------------------|
| <b>Unrestricted funds:</b>      |                                        |                                       |                                        |                |                                      |
| <b>General funds</b>            | 27,435                                 | 122,937                               | (137,523)                              | -              | <b>12,849</b>                        |
| <b>Total unrestricted funds</b> | <u>27,435</u>                          | <u>122,937</u>                        | <u>(137,523)</u>                       | <u>-</u>       | <u><b>12,849</b></u>                 |
| <b>Total funds</b>              | <u>27,435</u>                          | <u>122,937</u>                        | <u>(137,523)</u>                       | <u>-</u>       | <u><b>12,849</b></u>                 |

**12a Movements in funds (prior year)**

|                                 | At the<br>start of<br>the year<br>£ | Incoming<br>resources<br>& gains<br>£ | Outgoing<br>resources<br>& losses<br>£ | Transfers<br>£ | At the<br>end of<br>the year<br>£ |
|---------------------------------|-------------------------------------|---------------------------------------|----------------------------------------|----------------|-----------------------------------|
| <b>Unrestricted funds:</b>      |                                     |                                       |                                        |                |                                   |
| <b>General funds</b>            | 22,269                              | 91,337                                | (86,171)                               | -              | 27,435                            |
| <b>Total unrestricted funds</b> | <u>22,269</u>                       | <u>91,337</u>                         | <u>(86,171)</u>                        | <u>-</u>       | <u>27,435</u>                     |
| <b>Total funds</b>              | <u>22,269</u>                       | <u>91,337</u>                         | <u>(86,171)</u>                        | <u>-</u>       | <u>27,435</u>                     |

**13 Operating lease commitments**

At the balance sheet date, the charity had no financial commitment under non-cancellable operating leases.

**14 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

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# Accounts

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**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

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**LONDON ARTS IN HEALTH FORUM**

**(A COMPANY LIMITED BY GUARANTEE)**

**COMPANY INFORMATION**

COMPANY NUMBER : 06939695

CHARITY NUMBER : 1135543

DIRECTORS/TRUSTEES : Gail Babb  
Kim Britten (Appointed 22nd February 2021)  
Rishi Coupland  
Mao Fong Lim  
Suki Kaur  
Dr Eugenia Lee  
Dr Katharine Low  
Judith Mellor, OBE (Chair)  
Daniel Regan  
Vivienne Reiss  
Stephen Sandford  
Dr Seyed Reza Shirazi (appointed 26th November 2020)  
Dr John Wynne (Resigned 23rd April 2020)  
Leah Zakss

CHARITY ADDRESS AND : Can Mezzanine  
49-51 East Road  
London  
N1 6AH

REGISTERED OFFICE : 75 Maygrove Road  
West Hampstead  
London  
NW6 2EG

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS**

The trustees present their report and accounts for the year ended 31 March 2021.

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102- effective 1 January 2015- (Charities SORP FRS 102).

**Structure, governance and management**  
**DIRECTORS AND THEIR INTERESTS**

The directors who have served during the period are as follows:-

Gail Babb  
Kim Britten (Appointed 22nd February 2021)  
Rishi Coupland  
Mao Fong Lim  
Suki Kaur  
Dr Wing Cheung Eugenia Lee  
Dr Katharine Low  
Judith Mellor, OBE (Chair)  
Daniel Regan  
Vivienne Reiss  
Stephen Sandford  
Dr Seyed Reza Shirazi (appointed 26th November 2020)  
Dr John Wynne (Resigned 23rd April 2020)  
Leah Zakss

Each of the directors has a limited liability of £1.

**Objects and activities for public benefit**

London Arts in Health Forum (LAHF) is a strategic London based charity, which creates a bridge between the arts and health across the capital.

Our vision is that **the power of arts and culture transforms and enriches the lives and health of Londoners.**

We seek to make this happen through the **enjoyment, promotion and nurturing of arts and cultural activities to improve the health and wellbeing of all Londoners.**

LAHF is connected to all the leading arts in health programmes across London and the UK, and works in partnership with others to support this work, creating better provision for those who are currently underserved; particularly those who are excluded from opportunities to lead or participate in arts activities due to disability or long term health conditions. LAHF has already significantly changed attitudes across London and continues to shine a light on this work.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

Our work is focused on creating more opportunities for Londoners with the least access, and the most to gain, to engage meaningfully with the arts.

The health inequalities in the capital are stark, – “A boy born today in one part of London could be expected to die up to six years earlier than a boy born elsewhere in the city, whilst girls born in some boroughs could be expected to live up to a third of their life in poor health”. The capital has the biggest gap in life expectancy between local authorities of any region in England. Mental health is also a key issue, with one in four people experiencing mental health support during their lifetimes.

We believe that participating in the arts and exploring creativity makes a crucial difference to the health and wellbeing of individuals and of society as a whole. LAHF is a central pillar in the fast emerging world of arts and health and has been at the forefront of this work for many years. It is hugely respected for the support it offers to individual artists, patients and service users, health professionals and the wider public. The organisation works collaboratively in everything it does, partnering with a huge range of colleagues to increase the impact the arts can have on the health of everyone in society. It is a strategic organisation with a team of expert staff, a strong and engaged board, diverse and strong networks and a commitment to quality in the delivery of its work.

**Achievements and performance**

2020-2021 was a significant but difficult year for the organisation and the wider arts and health sector, mainly due to the continued Covid Pandemic and lockdown.

LAHF built on the regional sector support it offers arts organisations and museums as the London Champion for CHWA and formed a London Stakeholders Group, co-chaired by the Greater London Authority (GLA) and Arts Council England (ACE) to support this activity.

LAHF delivered a Cultural Social Prescribing Mythbuster Guide and additional resources which were commissioned by the Culture Department of the GLA. The resources were launched on Social Prescribing Day by the Mayor of London's Office.

**COVID-19 Pandemic**

London Arts in Health Forum were swift and agile in responding to the needs of our members. Many of whom are freelance arts and health practitioners who work in clinical settings. We launched a major scoping and research exercise with our members, many of whom were facing a loss of earnings and a skills gap when moving from face to face to online delivery.

We launched a number of new digital tools during the year, in response to what our members needed to continue delivering their activities. This included a platform called The Digital Sandpit, which offers peer to peer skills training around digital delivery. This was supported by securing a succession of grants from Catalyst.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

London Arts in Health emerged from the first lockdown in a strong financial position with additional digital tools and stronger skills for the team.

**Creativity and Wellbeing Week**

Because of the COVID-19 Pandemic it was necessary to host our yearly festival online, with little notice. This was a difficult period for both the charity and festival partners as well as the event organisers across the UK, many of whom were new to digital. We benefited from partnerships with Age of Creativity, Get Creative and our festival partner CHWA by sharing resources and hosting a joint event. We also launched a new website which made it a lot easier for event organisers to upload events and also share what they were doing offline.

We were able to use Creativity and Wellbeing week as an opportunity to explore innovative ways of working. Including online and remotely for those facing barriers to digital engagement. During the week we were able to reach participants who had not taken part in creative wellbeing activities before and also saw a much broader geographical reach as participants were able to take part in events from home.

**Board and Trustees**

The charity recruited two new trustees – Dr Reza Shirazi and Kim Britten both of whom bring incredible experience and skills into the charity. Dr Shirazi has been appointed the Treasurer of London Arts and Health Forum, he is a Finance Director and Operating Executive with strong international leadership experience. Whereas Kim has a wealth of fundraising experience, including the role as Director of Fundraising at The Carers Trust.

**Partnerships**

The charity became a strategic partner in two successful Thriving Community Projects, The Health Tree and Organiclea. This fund was led by Arts Council England with the aim of creating partnerships to deliver social prescribing. Our role is supporting partnership working and support further engagement in the community.

LAHF also created a digital tool to support this fund, with some funding from the GLA. PartnerUp is designed for organisations and practitioners to seek out and engage with potential partners for collaboration and funding bids.

We also partnered with the Get Creative and Age of Creativity festivals which enabled us to reach a new audience for Creativity and Wellbeing Week.

**Digital Reach**

Faced with the pandemic we have worked hard to develop several digital strategies to support our members including informal networking and peer training, web resources, digital events

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

and practical solutions to enable our members to continue to work in these unprecedented times.

**Facebook**

On Facebook, our page likes stand at 4,783, and our page followers at 5,503 (it was 4,597) which is a 20% increase in page followers from last year. Our average monthly content reach is around 3,500 people (the number of people viewing the content). Our average post engagement is around 500 engagements per month (shares, likes, comments).

**Twitter**

As of September 2021 our Twitter followers numbered 14,200 (we were at 11,980) which is a 19% increase in followers to the Tw feed.

**Instagram**

From starting the IG feed in 2019, we have now accrued 2000 followers, organically, with no media spend on this channel. We are seeing exceptionally high engagement rates on IG, attracting a younger and more visually led audience through IG's content strategy including stories and IG Live. For example, a recent IG reel produced at the Art by Post exhibition achieved 4,000 views. Moving forwards, working with our digital Kickstarter employees we want to put into place more varied content across Instagram to attract younger practitioners.

**Website**

We have successfully launched [www.londonartsandhealth.org.uk](http://www.londonartsandhealth.org.uk) with self automated upload functionality for members to be able to add jobs, funding, news, blogs and events themselves. The website refresh reflects the new branding and name change to London Arts and Health, and also acts as an umbrella site to gather the other web presences we have ([C&WW](#), [Culture on Prescription](#), [Partner Up](#) and [The Digital Sandpit](#)).

**Newsletter**

Our ever popular newsletter resource which is sent bi-weekly to a total audience of 5,700 people.

We achieve an unprecedented open rate which averages at around 30% (industry standard for non-profit/charity sector is 25%) and a CTR of around 8% (industry average for non-profit/charity is 4%). We rarely have any unsubscribes.

This year we re-branded the newsletter to be inline with the new website branding, and also now include more original content which is engaging for members. [View the latest newsletter with refreshed branding here.](#)

**Funding**

LAHF is grateful to Arts Council England for its ongoing support for the organisation as the charity is funded as a National Portfolio Organisation (NPO) until 2022. At the heart of the organisation is support for individual practitioners, over the course of the year, LAHF responded to thousands of enquiries with support and guidance.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**REPORT OF THE DIRECTORS (Cont'd)**

In addition, events provided significant networking opportunities for artists, newsletters and blogs offer information and signposting to resources and opportunities as well as guidance on best practice.

Our Creativity and Wellbeing Week has grown to offer a high-profile platform to our members and we were able to increase the support we gave to those who held events.

We have also been able to diversify our funding. We secured grant funding to develop digital projects for our members from Catalyst and gained commissions from the GLA as well as generating income through online creative wellbeing sessions.

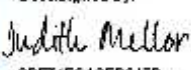
**Reserves and future**

Looking to the future, there are plans in place for increased engagement with a wide group of stakeholders, we have formed a number of strong partnerships and will be building on these to deliver more, particularly as the sector attempts to recover from COVID-19. We employed a Fundraising Consultant in this year to explore how to further grow our income and resources. This has resulted in a co-produced fundraising plan, theory of change, case for support and business plan to further diversify funding.

The bulk of our income generation development will be focused on membership and trading income which provides not only a source of regular, sustainable income but also furthers our aims to support those using arts and culture to improve the health and wellbeing of all Londoners. By moving to a tiered, paid membership model we will not only generate funds, but also learn more about our members in order to better serve, and indeed, represent them.

The Directors' Report is prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006.

SIGNED ON BEHALF OF  
THE BOARD OF DIRECTORS

DocuSigned by:  
  
9B171FC4CED847D...

**Judith Mellor, OBE**  
**Director**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF  
LONDON ARTS IN HEALTH FORUM  
FOR THE YEAR ENDED 31 MARCH 2021**

I report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 8 to 17.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



**Anthony Epton BA FCA CTA FCIE  
Goldwins  
Chartered accountants  
75 Maygrove Road  
West Hampstead  
London NW6 2EG**

14 December 2021

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCLUDING INCOME AND EXPENDITURE ACCOUNT)**  
**FOR THE YEAR EDNED 31 MARCH 2021**

|                                              | Note | Unrestricted<br>£ | 2021<br>Total<br>£   | 2020<br>Total<br>£ |
|----------------------------------------------|------|-------------------|----------------------|--------------------|
| <b>Income from:</b>                          |      |                   |                      |                    |
| Charitable activities                        | 3    | 91,320            | <b>91,320</b>        | 85,067             |
| Investments                                  | 4    | 17                | <b>17</b>            | 30                 |
| <b>Total income</b>                          |      | <u>91,337</u>     | <u><b>91,337</b></u> | <u>85,097</u>      |
| <b>Expenditure on:</b>                       |      |                   |                      |                    |
| Charitable activities                        | 5    | <u>86,171</u>     | <u><b>86,171</b></u> | <u>77,495</u>      |
| <b>Total expenditure</b>                     |      | <u>86,171</u>     | <u><b>86,171</b></u> | <u>77,495</u>      |
| <b>Net income/(expenditure) for the year</b> |      | 5,166             | <b>5,166</b>         | 7,602              |
| Transfers between funds                      |      | -                 | -                    | -                  |
| <b>Net movement in funds</b>                 |      | <u>5,166</u>      | <u><b>5,166</b></u>  | <u>7,602</u>       |
| <b>Reconciliation of funds:</b>              |      |                   |                      |                    |
| Total funds brought forward                  |      | <u>22,269</u>     | <u><b>22,269</b></u> | <u>14,667</u>      |
| <b>Total funds carried forward</b>           |      | <u>27,435</u>     | <u><b>27,435</b></u> | <u>22,269</u>      |

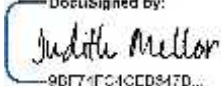
**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**BALANCE SHEET AS AT 31 MARCH 2021**

|                                                | Note | £       | 2021<br>£ | £       | 2020<br>£ |
|------------------------------------------------|------|---------|-----------|---------|-----------|
| <b>Fixed assets:</b>                           |      |         |           |         |           |
| Tangible assets                                |      |         | -         | -       | -         |
|                                                |      |         | -         | -       | -         |
| <b>Current assets:</b>                         |      |         |           |         |           |
| Debtors                                        |      | 2,950   |           | 5,000   |           |
| Cash at bank and in hand                       |      | 25,839  |           | 18,743  |           |
|                                                |      |         | 28,789    | 23,743  |           |
| <b>Liabilities:</b>                            |      |         |           |         |           |
| Creditors: amounts falling due within one year | 10   | (1,354) |           | (1,474) |           |
| <b>Net current assets / (liabilities)</b>      |      |         | 27,435    |         | 22,269    |
| <b>Total assets less current liabilities</b>   |      |         | 27,435    |         | 22,269    |
| <b>Total net assets / (liabilities)</b>        |      |         | 27,435    |         | 22,269    |
| <b>The funds of the charity:</b>               | 12   |         |           |         |           |
| Unrestricted income funds                      |      |         | 27,435    |         | 22,269    |
| <b>Total charity funds</b>                     |      |         | 27,435    |         | 22,269    |

For the financial year ended 31 March 2021, the Company was entitled to exemption from audit under Section 477 of the Companies Act 2006, and no notice has been deposited under Section 476. The directors acknowledge their responsibilities for ensuring that the Company keeps accounting records which comply with Section 386 of the Act and preparing Financial Statements which give a true and fair view of the state of affairs of the Company as at the end of the period and of its profit or loss for the financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006, so far as applicable to the Company.

The Financial Statements have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015).

The Financial Statements were approved by the Board on 12/09/2021.

DocuSigned by:  
  
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**Judith Mellor, OBE**  
**Director**

**Company No. 06939695**

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**ACCOUNTING POLICIES**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**1 Accounting policies**

**a) Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP FRS 102), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note.

**b) Public benefit entity**

The charitable company meets the definition of a public benefit entity under FRS 102.

**c) Going concern**

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

Key judgements that the charitable company has made which have a significant effect on the accounts include estimating the liability from multi-year grant commitments.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next reporting period.

**d) Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the income have been met, it is probable that the income will be received and that the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of a specified service is deferred until the criteria for income recognition are met.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**1 Accounting policies (continued)**

**e) Donations of gifts, services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item or received the service, any conditions associated with the donation have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably. In accordance with the Charities SORP (FRS 102), volunteer time is not recognised so refer to the trustees' annual report for more information about their contribution.

On receipt, donated gifts, professional services and donated facilities are recognised on the basis of the value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

**f) Interest receivable**

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the bank.

**g) Fund accounting**

Restricted funds are to be used for specific purposes as laid down by the donor. Expenditure which meets these criteria is charged to the fund.

Unrestricted funds are donations and other incoming resources received or generated for the charitable purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

**h) Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

Costs of raising funds relate to the costs incurred by the charitable company in inducing third parties to make voluntary contributions to it, as well as the cost of any activities with a fundraising purpose

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Expenditure on charitable activities includes the costs of delivering activities undertaken to further the purposes of the charity and their associated support costs

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Other expenditure represents those items not falling into any other heading

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

**i) Allocation of support costs**

Resources expended are allocated to the particular activity where the cost relates directly to that activity. However, the cost of overall direction and administration of each activity, comprising the staff costs and overhead costs of the central function, is apportioned on the following basis which are an estimate, based on staff time, of the amount attributable to each activity.

Where information about the aims, objectives and projects of the charity is provided to potential beneficiaries, the costs associated with this publicity are allocated to charitable expenditure.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**1 Accounting policies (continued)**

**j) Debtors**

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

**k) Cash at bank and in hand**

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account. Cash balances exclude any funds held on behalf of service users.

**l) Creditors and provisions**

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

The charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

**m) Pensions**

The Charity has no pension liabilities.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**2 Detailed comparatives for the statement of financial activities**

|                                              | Note | Unrestricted<br>£ | 2020<br>Total<br>£   |
|----------------------------------------------|------|-------------------|----------------------|
| <b>Income from:</b>                          |      |                   |                      |
| Charitable activities                        | 3    | 85,067            | <b>85,067</b>        |
| Investments                                  | 4    | 30                | <b>30</b>            |
| <b>Total income</b>                          |      | <u>85,097</u>     | <u><b>85,097</b></u> |
| <b>Expenditure on:</b>                       |      |                   |                      |
| Charitable activities                        | 5    | <u>77,495</u>     | <u><b>77,495</b></u> |
| <b>Total expenditure</b>                     |      | <u>77,495</u>     | <u><b>77,495</b></u> |
| <b>Net income/(expenditure) for the year</b> |      | 7,602             | <b>7,602</b>         |
| Transfers between funds                      |      | -                 | -                    |
| <b>Net movement in funds</b>                 |      | <u>7,602</u>      | <u><b>7,602</b></u>  |
| <b>Reconciliation of funds:</b>              |      |                   |                      |
| Total funds brought forward                  |      | <u>14,667</u>     | <u>14,667</u>        |
| <b>Total funds carried forward</b>           |      | <u>22,269</u>     | <u><b>22,269</b></u> |

**3 Income from charitable activities**

|                                                 | Unrestricted<br>£ | Restricted<br>£ | 2021<br>Total<br>£   | 2020<br>Total<br>£ |
|-------------------------------------------------|-------------------|-----------------|----------------------|--------------------|
| <b>Income from funders</b>                      |                   |                 |                      |                    |
| Arts Council England                            | 66,870            | -               | <b>66,870</b>        | 65,662             |
| The Baring Foundation                           | 5,000             | -               | <b>5,000</b>         | -                  |
| Catalyst- Discovery Programme                   | 5,000             | -               | <b>5,000</b>         | -                  |
| <b>Income earned from charitable activities</b> |                   |                 |                      | -                  |
| Fees                                            | <u>14,450</u>     | <u>-</u>        | <u><b>14,450</b></u> | <u>19,405</u>      |
| <b>Total income from charitable activities</b>  | <u>91,320</u>     | <u>-</u>        | <u><b>91,320</b></u> | <u>85,067</u>      |

**LONDON ARTS IN HEALTH FORUM**  
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**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**4 Income from investments**

|               | Unrestricted | Restricted | 2021<br>Total | 2020<br>Total |
|---------------|--------------|------------|---------------|---------------|
|               | £            | £          | £             | £             |
| Bank interest | 17           | -          | 17            | 30            |
|               | <u>17</u>    | <u>-</u>   | <u>17</u>     | <u>30</u>     |

|                               | Charitable<br>activities | Support<br>costs | 2021<br>Total        | 2020<br>Total |
|-------------------------------|--------------------------|------------------|----------------------|---------------|
|                               | £                        | £                | £                    | £             |
| <b>5 Expenditure</b>          |                          |                  |                      |               |
| Staff costs                   | 52,368                   | -                | 52,368               | 58,520        |
| <b>Direct cost</b>            |                          |                  |                      |               |
| Project expenses              | 24,966                   | -                | 24,966               | 8,637         |
| Events and meetings expenses  | -                        | -                | -                    | 457           |
| Research and training costs   | (120)                    | -                | (120)                | 279           |
| <b>Support cost</b>           |                          |                  |                      |               |
| Insurance                     | -                        | 865              | 865                  | 984           |
| Telephone                     | -                        | 174              | 174                  | 167           |
| PPS                           | -                        | 265              | 265                  | 232           |
| Website Costs                 | -                        | 4,404            | 4,404                | 6,077         |
| Computer Expenses             | -                        | 272              | 272                  | 152           |
| Travel and subsistence        | -                        | -                | -                    | 420           |
| Bank charges                  | -                        | 69               | 69                   | 60            |
| Miscellaneous                 | -                        | 32               | 32                   | 97            |
| Legal and professional        | -                        | 1,393            | 1,393                | -             |
| Independent examination       | -                        | 1,483            | 1,483                | 1,413         |
|                               | <u>77,214</u>            | <u>8,957</u>     | <u>86,171</u>        | <u>77,495</u> |
| Support costs                 | 8,957                    | (8,957)          | -                    |               |
| <b>Total expenditure 2021</b> | <u><b>86,171</b></u>     | <u><b>-</b></u>  | <u><b>86,171</b></u> |               |
| <b>Total expenditure 2020</b> | <u><b>77,495</b></u>     | <u><b>-</b></u>  | <u><b>77,495</b></u> |               |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

|                               | Charitable<br>activities | Support<br>costs | 2020<br>Total | 2019<br>Total |
|-------------------------------|--------------------------|------------------|---------------|---------------|
| 5a Expenditure (prior year)   | £                        | £                | £             | £             |
| Staff costs                   | 58,520                   | -                | 58,520        | 46,636        |
| <b>Direct cost</b>            |                          |                  |               |               |
| Project expenses              | 8,637                    | -                | 8,637         | 12,161        |
| Events and meetings expenses  | 457                      | -                | 457           | 1,330         |
| Research and training costs   | 279                      | -                | 279           | 5,205         |
| <b>Support cost</b>           |                          |                  |               |               |
| Insurance                     | -                        | 984              | 984           | 597           |
| Telephone                     | -                        | 167              | 167           | 1,105         |
| PPS                           | -                        | 232              | 232           | 290           |
| Website Costs                 | -                        | 6,077            | 6,077         | 3,351         |
| Computer Expenses             | -                        | 152              | 152           | 186           |
| Travel and subsistence        | -                        | 420              | 420           | 703           |
| Subscription                  | -                        | -                | -             | 100           |
| Bank charges                  | -                        | 60               | 60            | 78            |
| Legal and professional        | -                        | 97               | 97            | -             |
| Accountancy                   | -                        | -                | -             | 840           |
|                               | -                        | 1,413            | 1,413         | 1,376         |
| Support costs                 | 67,893                   | 9,602            | 77,495        |               |
| <b>Total expenditure 2020</b> | <b>77,495</b>            | <b>-</b>         | <b>77,495</b> |               |
| <b>Total expenditure 2019</b> | <b>73,958</b>            | <b>-</b>         | <b>73,958</b> |               |

**6 Analysis of staff costs, trustee remuneration and expenses, and the cost of key management personnel**

Staff costs were as follows:

|                   | 2021<br>£     | 2020<br>£     |
|-------------------|---------------|---------------|
| Other staff costs | 52,368        | 58,520        |
|                   | <b>52,368</b> | <b>58,520</b> |

No employees earned more than £60,000 per annum.

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2020: £nil). No charity trustee received payment for professional or other services supplied to the charity (2020: £nil).

Trustees' expenses represent the payment or reimbursement of travel and subsistence costs totalling £Nil (2020: £Nil).

**7 Related party transactions**

There are no related party transactions to disclose for 2021 (2020: none).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

**8 Taxation**

The charitable company is exempt from corporation tax as all its income is charitable and is applied for charitable purposes.

**9 Debtors**

|               | 2021<br>£    | 2020<br>£    |
|---------------|--------------|--------------|
| Trade debtors | 2,950        | 5,000        |
|               | <u>2,950</u> | <u>5,000</u> |

**10 Creditors: amounts falling due within one year**

|                 | 2021<br>£    | 2020<br>£    |
|-----------------|--------------|--------------|
| Trade Creditors | -            | 120          |
| Accruals        | 1,354        | 1,354        |
|                 | <u>1,354</u> | <u>6,161</u> |

**11 Analysis of net assets between funds**

|                                          | General<br>unrestricted<br>£ | Restricted<br>£ | Total<br>funds<br>£ |
|------------------------------------------|------------------------------|-----------------|---------------------|
| Net current assets                       | 27,435                       | -               | 27,435              |
| <b>Net assets at the end of the year</b> | <u>27,435</u>                | <u>-</u>        | <u>27,435</u>       |

**11a Analysis of net assets between funds (prior year)**

|                                          | General<br>unrestricted<br>£ | Restricted<br>£ | Total<br>funds<br>£ |
|------------------------------------------|------------------------------|-----------------|---------------------|
| Net current assets                       | 22,269                       | -               | 22,269              |
| <b>Net assets at the end of the year</b> | <u>22,269</u>                | <u>-</u>        | <u>22,269</u>       |

**LONDON ARTS IN HEALTH FORUM**  
**(A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2021**

**12 Movements in funds**

|                                 | At the<br>start of<br>the<br>year<br>£ | Incoming<br>resources<br>& gains<br>£ | Outgoing<br>resources<br>& losses<br>£ | Transfers<br>£ | At the<br>end of<br>the<br>year<br>£ |
|---------------------------------|----------------------------------------|---------------------------------------|----------------------------------------|----------------|--------------------------------------|
| <b>Unrestricted funds:</b>      |                                        |                                       |                                        |                |                                      |
| <b>General funds</b>            | 22,269                                 | 91,337                                | (86,171)                               | -              | 27,435                               |
| <b>Total unrestricted funds</b> | <u>22,269</u>                          | <u>91,337</u>                         | <u>(86,171)</u>                        | <u>-</u>       | <u>27,435</u>                        |
| <b>Total funds</b>              | <u>22,269</u>                          | <u>91,337</u>                         | <u>(86,171)</u>                        | <u>-</u>       | <u>27,435</u>                        |

**12a Movements in funds (prior year)**

|                                 | At the<br>start of<br>the year<br>£ | Incoming<br>resources<br>& gains<br>£ | Outgoing<br>resources<br>& losses<br>£ | Transfers<br>£ | At the<br>end of<br>the<br>year<br>£ |
|---------------------------------|-------------------------------------|---------------------------------------|----------------------------------------|----------------|--------------------------------------|
| <b>Unrestricted funds:</b>      |                                     |                                       |                                        |                |                                      |
| <b>General funds</b>            | 14,667                              | 85,097                                | (77,495)                               | -              | 22,269                               |
| <b>Total unrestricted funds</b> | <u>14,667</u>                       | <u>85,097</u>                         | <u>(77,495)</u>                        | <u>-</u>       | <u>22,269</u>                        |
| <b>Total funds</b>              | <u>14,667</u>                       | <u>85,097</u>                         | <u>(77,495)</u>                        | <u>-</u>       | <u>22,269</u>                        |

**13 Operating lease commitments**

At the balance sheet date, the charity had no financial commitment under non-cancellable operating leases.

**14 Legal status of the charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.