

ANNUAL REVIEW 2020/21



CONTENTS

Welcome from our Chair	3
Message from our CEO	4
About us	5
Our year in numbers	7
Our lockdown year	8
We kept the shop open	9
Highlights of the year	10
What carers said	12
Who we reached	13
Financial overview	14
Carer stories	16
Special projects	17
Partnership working	20
Some things changed	22
We welcomed new faces	23
Our supporters	24
Our volunteers	26



Lesley, one of our volunteers working from home, making carer cards during lockdown

WELCOME FROM OUR CHAIR

**Welcome to the Carers in Bedfordshire
Annual Review 2020/21, my first as your
new Chair.**

I took over as Chair from Emma Wilkinson in October after she served three years in the role. I'd like to thank Emma for introducing me to Carers in Bedfordshire in the first place and, on behalf of the whole Board, for all her hard work and commitment. We're delighted that we still have her on board as a trustee.

During the last year the world changed dramatically with the arrival of Covid-19. This meant the charity had to change as well and do things differently to continue to support carers through the various stages of lockdown.

As carers provide care for some of the most vulnerable people in society, a lot of them were shielding and became very isolated even once restrictions started to be lifted.

We had to adjust our services to provide most of our support online, but carers had to make much bigger adjustments, perhaps especially those who found themselves in a caring role unexpectedly for the first time.

Many people also had little experience dealing new online video technology and we had to ensure that we had contingencies in



in place to help them along the way.

I am so proud of how our staff stepped up to provide new and innovative ways to keep carers active, socialised and supported and I'm delighted to see the extent to which carers embraced these changes.

A special thank you goes to our Treasurer Graham Mills and Finance Lead Tracey Gill for the financial reports to the Board throughout the year and the annual report. As well as to our auditors Keens Shay Keens Ltd who have checked and approved them.

I would also like to thank all our funders, donors, partners, members and volunteers for supporting this vital charity. I hope you enjoy reading about what your money or time has helped us to achieve and the impact it has on carers lives, during what has been a very tough year.

PHIL TAVERNER

Chairperson

MESSAGE FROM OUR CEO

This was my first full financial year at Carers in Bedfordshire and it is one that will live long in the memory!

When I reflect upon the uncertainty of those early weeks of April 2020, I vividly remember the surrealness of it all. The arrival of Covid-19 and the subsequent restrictions was asking a great deal from carers, often without recognition.

You will come to read about the immense amount the team has achieved this year upon a backdrop of many operational challenges and financial uncertainties. The organisation as a whole showed remarkable agility adapting to the new world.

Our frontline staff supported more carers than ever before. They were enabled to do so by our superb back-office team, who not only mobilised the charity to work from home, but kept carers informed and made sure we remained contactable for those who needed us. I was delighted to see the teams commitment recognised by the High Sheriff earlier this year.

I would like to thank the Board of Trustees and those who worked closely with me during such an uncertain period. It would have been understandable, perhaps even



sensible, to stand steady during the past year. But they showed resolve, resilience and persistence to continue pushing forward on our strategic priorities, as you will come to read.

To each and every person who has supported us in our mission I want to extend my deepest gratitude. We were so grateful to those of you who took the time to say thank you, who donated their time or money to the cause, shared our mission to help us reach more carers and for being patient with the team as we began to work differently.

Our mission is simple: to give carers access to the support, information and skills to enhance their wellbeing and enable them to remain in a caring role for as long as they choose. I hope you enjoy reading how we have worked to do this during such a difficult time

CHRIS STELLING

Chief Executive Officer

ABOUT US



We've been around since 2004 and know that people who care for a family member or friend often put their own wellbeing last. They may not even see themselves as a carer and so miss out on support which could help the whole family.



We support carers of all ages over the phone, through face-to-face contact, support groups and workshops.



Our services include experienced carer support workers, counselling, wellbeing sessions, coping with hospital, grants and information such as the Carers magazine.



We work closely with local and national agencies and can signpost carers to specialised sources of support.



Our Memory Navigation Service is for people living with memory loss and dementia, and their carers.



We help carers have their say on caring matters in Bedfordshire, and beyond, working with the NHS, local councils, and influencing government, local and national.



We are regulated by the Charity Commission and comply with Company Law. We're a Network Partner of Carers Trust, and also work closely with Carers UK, the UK's two national carer charities.



We are well connected locally with many health and social care organisations and have strong links with businesses, schools and employers.



We only do what makes life better for carers – carers are at the heart of our values.



ABOUT US

OUR OBJECTIVES

Reach more carers

Reaching carers was more important than ever this year and one of our top objectives.

Be transparent,
efficient & effective

We took some radical decisions for the security of the charity and our mission.

Work in partnership

We've worked in partnership with many organisations to support our carers.

Invest in high quality
support

We invested in high quality support through new and innovative ways to support carers.

Advocate with carers

We were involved in the Carers UK's Fairer for Carers campaign to advocate for carers' rights.

OUR VISION

Carers will feel recognised, respected and supported in their role.

OUR MISSION

To give carers access to the support, information and skills that enhances their wellbeing and enables them to remain in a caring role for as long as they choose.

OUR VALUES

We put carers at the centre of every decision we make.
We are transparent.
We work with integrity.
We are open.
We are resilient.

OUR YEAR IN NUMBERS



We supported **6,652** carers



We had **22,284** contacts with carers



548 carers grants were awarded a total of **£147,671**



10,169 telephone conversations were conducted



652 people were supported by groups



We registered **1,384** new carers



2,002 virtual cups of tea were made



1,126 carers were supported in **355** groups **286** carried out online



466,883 reach on social media



We sent out **17,608** copies of our quarterly Carers magazine by post and **14,544** by email



558 people were supported through our Memory Navigation Service



218 carers and **76** people with dementia attended dementia groups



We delivered **42** sessions of Cognitive Stimulation Therapy (CST)



51 people with dementia received a course of CST



71 young carers received a wellbeing assessment



786 young and sibling carers supported in the year



146 group sessions held for young carers



698 contacts with young carers made through alternative methods this year due to lockdown



1,004 times someone said 'you're on mute!'

OUR LOCKDOWN YEAR

Achieving objective:
Reach more carers

Reaching carers was more important than ever this year and one of our top objectives.

Carers faced additional isolation as they shielded the person they cared for, or could not visit their loved ones in care homes. They came to us with worries and practical questions relating to the pandemic.

We hit the phones, sent out letters and postcards and went online. We found creative ways to keep carers connected to us and with each other – trying out innovative ideas like online pet shows, bake-offs, choir, yoga and quizzes (see our highlights of the year on pages 10 and 11).

Things that were unimaginable before became welcome and essential, such as counselling over Zoom. We even let some staff play Minecraft with young carers!

Everyone worked extremely hard to give carers varied and interesting activities to alleviate loneliness and isolation. One carer told us: *"You are my main contact with the outside world."* You can read our carers' comments on page 12 about the impact we had.



Support workers were on the end of the phone to help carers with their worries and questions, practical matters and need to hear a friendly voice. All staff were offered extra wellbeing support.

The High Sheriff of Bedfordshire recognised our efforts in March with a [Charitable Organisation Award](#) for 'operating at an outstanding level throughout the pandemic and showing great versatility, kindness and care.' (See staff celebrating at the virtual ceremony above and on the front page.)

High Sheriff Susan Lousada said:

"I am so pleased to recognise Carers in Bedfordshire for the outstanding service they deliver within Bedfordshire. They quickly adapted to the challenges of this pandemic ensuring that no carer was left without contact."

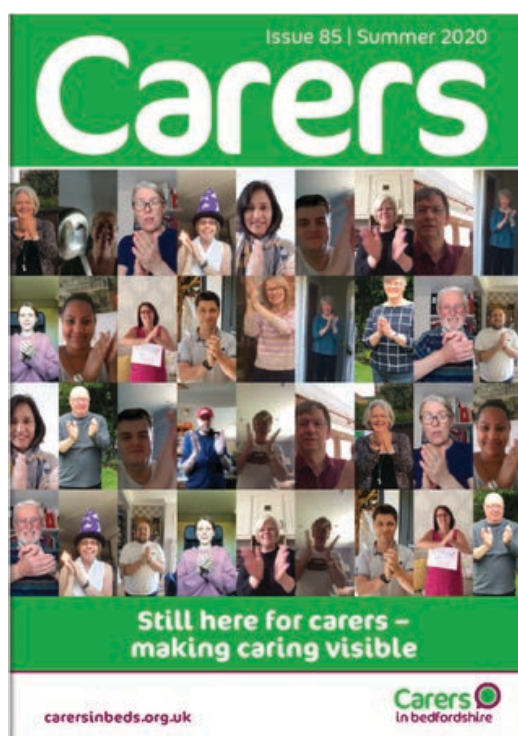
WE KEPT THE SHOP OPEN

Achieving objective:
Reach more carers

Clearly this year nothing was normal and we had to swing into action to enable staff to work from home.

It seemed a good time too to move office when our lease expired. Our new office is bigger, brighter and still on the same site, so not too inconvenient for visitors who turn up to the old place. We took the decision to close the Biggleswade office and relocate staff to Bedford.

Our attention was focused on offering carers continuity and stability in a time of extreme uncertainty. So we carried on sending out the Carers magazine, and issuing the discount cards. In fact, the cards became a popular means of proving carer status at supermarket priority shopping slots we saw demand increase.



Moving day

The grants panel met online so we could carry on awarding grants. Extensions and flexibility were introduced as taking a break was no longer an option for most people. We introduced a transitions grant this year for former carers in the first year of their bereavement.

We continued too with our plans to change our logo which we unveiled in Summer 2020 for Carers Week.

The old logo had stood us in good stead since 2004 when the amazing Yvonne Clark first set up the organisation. The new logo gives us a fresh, modern look and a new emblem.

Our AGM was held online and face to face. [Phil Taverner took on the role of Chairperson in October](#), bringing with him 50 years experience of working in social care.

HIGHLIGHTS OF THE YEAR

Achieving objective:
Invest in high quality
support



Our Dementia Team provided pictures, trivia, quizzes and puzzles to jog memories, start conversations and keep the brain stimulated. [Read more](#)



Our wonderful choir kept each others' spirits up with their weekly Zoom singing sessions. [Read more](#)



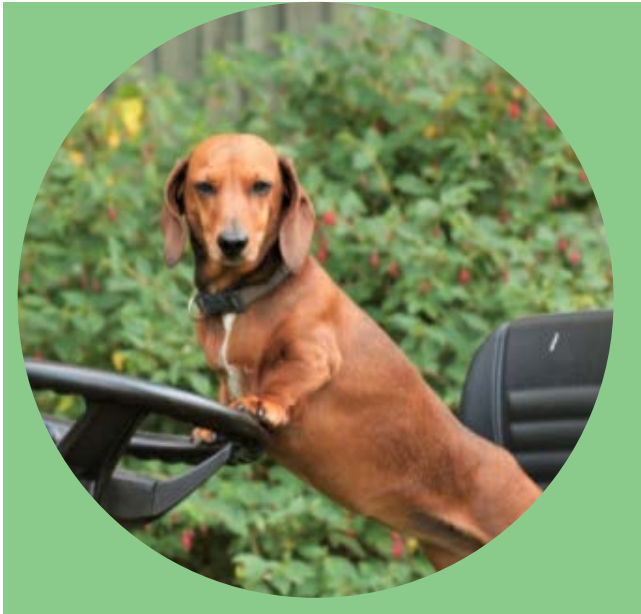
During lockdown, we put on different online sessions for young carers, including weekly Minecraft sessions, dubbed 'Minecraft Mondays.' [Read more](#)



Our Zoom yoga sessions were a big success and led to lots of positive feedback. [Read more](#)

HIGHLIGHTS OF THE YEAR

Achieving objective:
Invest in high quality
support



We just asked people to zoom in with their pets and talk about their value especially during lockdown.



We launched our [Emergency Plan booklet](#) and posted it to carers who might be in most need of this resource.

Five Ways to Wellbeing *Caring under lockdown*



Connect - send a card or letter to faraway family or friends



Give - yourself a pat on the back. You're doing your best



Notice - nature, look out for growth and feel the fresh air



Learn - a new language, a new recipe or some new jokes



Be active - 10 mins a day of cleaning or stretches will help

We sent 'Five Ways to Wellbeing' postcards to carers to let them know we were still here to support them during lockdown.



Budding chefs took part in our free six-week cooking course aimed at those taking on a new caring role or to brush up on their skills in the kitchen. [Read more](#)

WHAT CARERS SAID

**Achieving objective:
Invest in high quality
support**

Thank you so much for all the emotional support. I have really valued it and it has been so nice to hear a friendly voice on the phone.

We feel very lucky to have had the choir via Zoom throughout the pandemic when it has not been possible to meet up in person. It lifts our spirits.

I am so grateful for your call and the chance to talk to someone who understands.

Thank you very much. I am using the grant to complete a mental health diploma. It will help me to improve myself and the person I am caring for.

These sessions are great for unpaid carers who can't leave the house.

CiB have been crucial in helping me with my grief and through lockdown. Events on Zoom are great being available to so many people who are housebound. CiB have been very inventive and thanks too to the experts who have supported us all.

I am going to use the grant to help me pay for things for university.

Thank you so much for listening, understanding and for your kindness.

I want to thank you for all the support this group has given me - it's helped me through some very hard times.

You sorted me out at the beginning and you've always been there so that has been very comforting.

Ringing Carers in Bedfordshire was the best thing I ever did - I know I was worried about it, but it has turned out really positively.

I couldn't have got through lockdown without you guys.

We feel listened to with Carers in Beds.

Being a peer mentor is a really good opportunity. It gave me the confidence to go for a part time job.

We love getting the CST sheets every week - we have had so many brilliant conversations based on them and I've learnt things about my husband I didn't know.

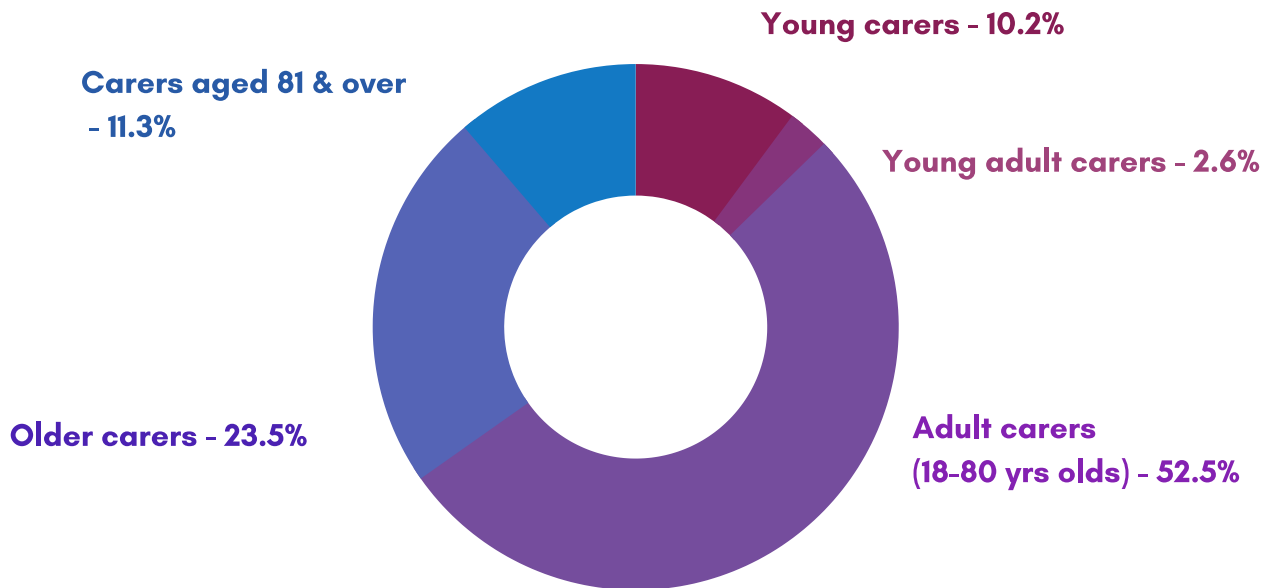
It's a chance to get away from the hard times and have time for us when we come to the groups with Carers in Beds.

We are with a group of other kids who understand what we are going through, most of our friends don't get it.

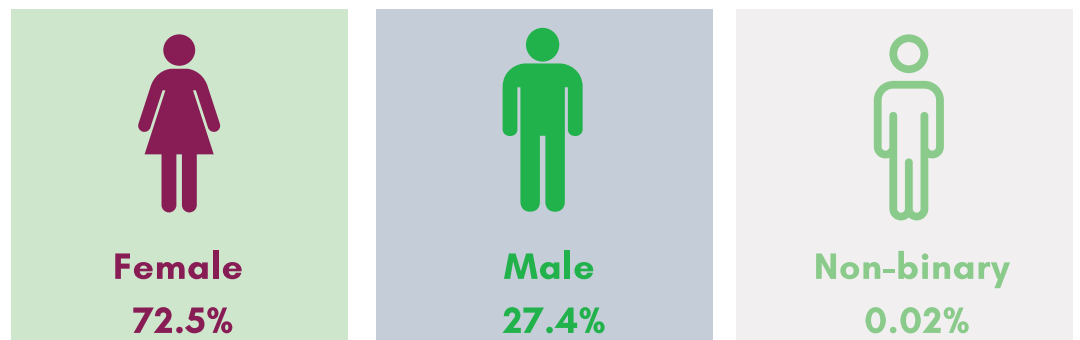
WHO WE REACHED

Achieving objective: Be transparent, efficient & effective

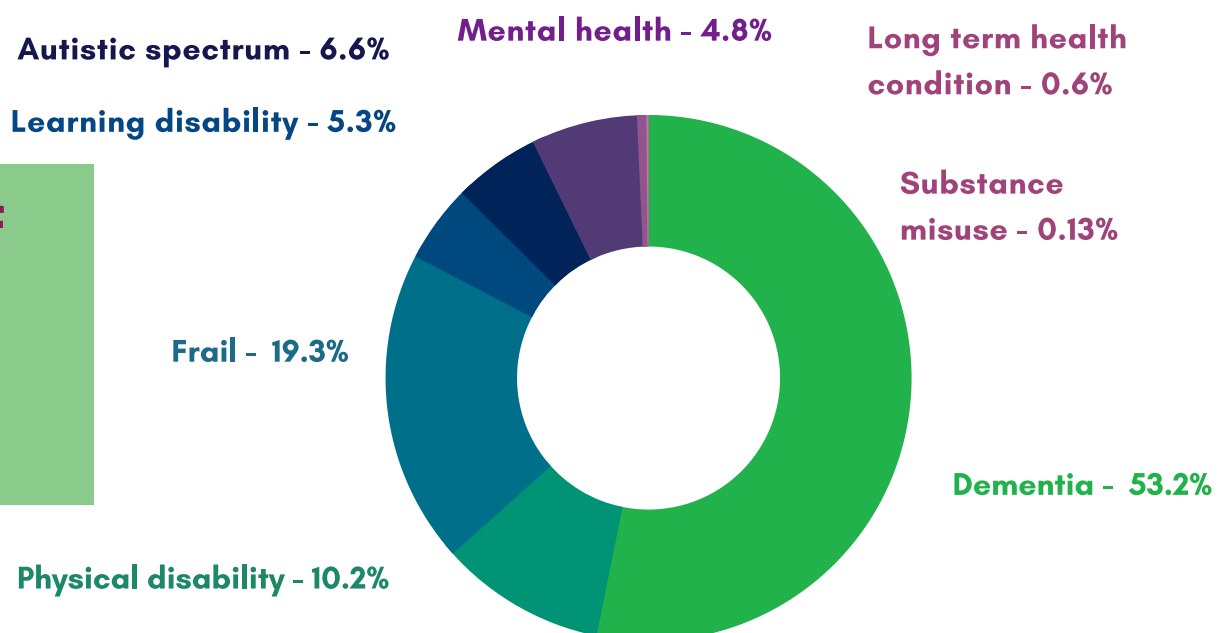
Age



Gender



Conditions of those being cared for



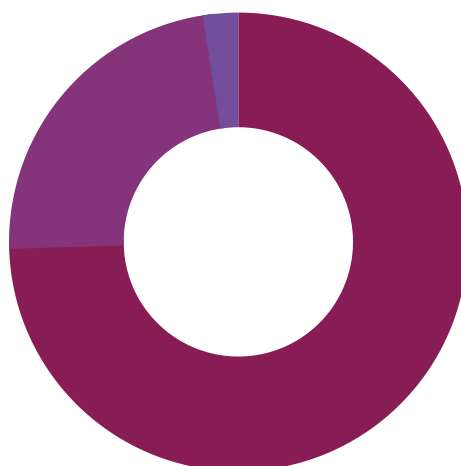
FINANCIAL OVERVIEW

Achieving objective: Be
transparent,
efficient & effective

	2018/19	2019/20	2020/21
Income			
Statutory bodies	941,624	947,074	953,809
Grants and trust foundations	187,524	198,701	294,295
Donations	37,545	45,827	21,981
Service charges	26,673	23,152	8,928
Misc	2,354	1,648	983
	<u>1,195,720</u>	<u>1,216,402</u>	<u>1,279,996</u>
Expenditure			
Carer services	864,919	905,122	823,754
Dementia services	137,525	185,626	171,178
Carers grants	243,131	226,184	189,307
Fundraising			36,198
	<u>1,245,575</u>	<u>1,316,932</u>	<u>1,220,437</u>

Income

Grants and Trust
Foundations 23%



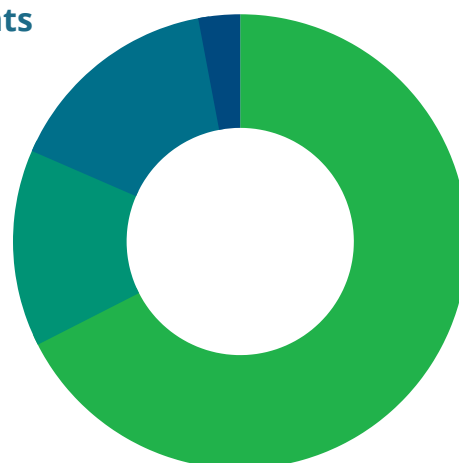
Donations, service
charges and misc
income 2.5%

Statutory bodies
74.5%

Expenditure on services

Dementia services
14%

Carers grants
15.5%



Fundraising
3%

Carer services
67.5%

FINANCIAL OVERVIEW

Achieving objective: Be transparent, efficient & effective

Income

Forecasting and managing our income has never been more of a challenge for the finance team. At the start of the pandemic, we anticipated and began to plan for a drop in income. Jolene, our new Fundraising Manager, was tasked with an unenviable position of securing income to make up for a 61% drop in service income and a 52% drop in donation income.

We were delighted to see this hard work pay off as our grant income grew by approximately £95,000 in comparison to the previous financial year. Overall, total income for the year rose by roughly 5.2% on the previous year. A tremendous achievement given the uncertainty and challenges we have faced.

Expenditure on services

Expenditure in many areas decreased as typical costs associated with face-to face services were no longer needed. We did, however, need to increase expenditure on IT. We spent approximately £18,000 equipping our staff with the necessary equipment to work remotely and investing in our digital infrastructure. Despite the challenges, we delighted to have ended the financial year with a small surplus of £25,564 (excluding the funds we hold for Carers Grants).

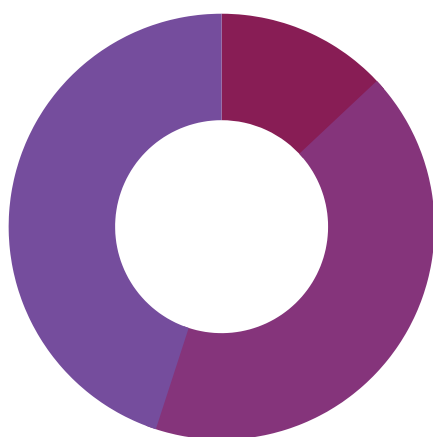
Funds in Reserves

At the end of the 2020-2021 financial year the total reserves of the charity stood at £340,472.

We hold funds in the following three categories:

Unrestricted 45%

Funds that are held to manage the uncertainty and the capacity to manage unforeseen financial difficulties and short-term changes in circumstances



Restricted 13%

The funder restricts the activities or projects that the funds can be used for

Designated 42%

The charity determines the activities or projects necessary to achieve certain outcomes or objectives

CARER STORIES

Achieving objective:
Invest in high quality
support

Jamaal

We spoke to young carer Jamaal, who is destined for great things. At the age of 16, he shows resilience and maturity way past his years, which he puts down to being a young carer. Despite the responsibilities he carries at such a young age, he still knows how to have fun. Jamaal opens up about the challenges and positives of life as a young carer in a [Q&A session](#) and talks about how we helped him at Carers in Bedfordshire.



Eshe

Eshe is a carer for her younger brother who doesn't have much contact with others his age or people who understand that he struggles with social skills due to his Asperger's. [Eshe spoke to us](#) about the challenges in her caring role, her plans to go to university and the support we have given her.



Roger

After caring for his wife for more than 10 years and having received a lot advice and support from Carers in Bedfordshire, Roger decided he wanted to give something back. After his wife moved into nursing care, he began [volunteering for us](#).

SPECIAL PROJECTS

**Achieving objective:
Reaching more carers**

The pandemic brought additional challenges for carers' wellbeing.

In response, we introduced a brand-new role in January, a Wellbeing Practitioner. Caroline Carter works with individuals to draw up a personalised wellbeing plan and to practice wellbeing techniques with them. Her one-off and short courses are popular – and reach even more people on YouTube.

Male carers were an under-represented group, as research shows men find it difficult to seek out support. The British Journal of GPs found barriers such as stigmas around mental health and a preference for self-reliance, make it more difficult for men to come forward for help.



To address this issue, we put on events and talks aimed specifically at male carers registered with us. We hosted a successful *Autism and ADHD Talk for Dads and Granddad's* to help men feel more comfortable, knowing there would be other male carers joining the session who shared similar situations.



Carer Deepesh (pictured above) said:
"What I found extremely useful was a run through Autism spectrum disorder and ADHD for dads, as usually it is mums that would attend these sessions. It was great to be able to share experiences and hear from other dads."

We also put on a falconry and clay pigeon shooting sessions, as well as a cookery course (see page 11), which gave men a chance to switch off from their caring duties, as well as to learn new skills.

SPECIAL PROJECTS

A grant from the Carers Trust enabled us to take on another exciting endeavour and extend our valuable service to carers whose first language is Bengali, Punjabi and Urdu.

Having Bengali, Punjabi and Urdu speaking support workers means carers from these communities who may have faced a language and cultural barrier can speak with us direct, without needing to go through an interpreter or family member.

We promoted this [diverse community service](#) through videos, social media, leaflets and posters in the three languages.

We were recognised by HM Lord-Lieutenant of Bedfordshire, Helen Nellis, at our virtual launch event.

She said: "This is a great initiative and recognises that, in all communities, there are people quietly caring for relatives and friends. It is important for carers everywhere to realise that there is help and support available to sustain them through this vital role."

"By reaching out in this way, Carers in Bedfordshire are seeking to engage with all carers to help overcome some of the barriers which prevent carers from accessing the help and services that are available."

Achieving objective: Reaching more carers

[illegible]

Cause for Applause

We launched this campaign to celebrate people who go the extra mile for carers every day, many of whom don't realise what a positive impact they're having.

Watch our videos of all the inspiring nominations.



SPECIAL PROJECTS

**Achieving objective:
Work in partnership**

Young Carers Action Day in March saw us paint the town purple!

We teamed up with Bedford Borough Council to support young carers during Young Carers Action Day, by lighting up the town bridge purple, the official colour of the campaign.



We also worked together to empower young carers and give them a voice through a podcast series called [Welcome To My World](#).



Seven young carers from Bedford took part in recording the podcasts, available on all streaming services.

They cover a different topic in each one focusing on young carers' feelings, emotions, experiences and challenges they face on a day-to-day basis.

Businesses, young carers, schools and members of the public wore purple and donated to help



us to carry out the valuable support we provide to young carers.

We sent craft packs, courtesy of the Carers Trust, to all young carers registered with us, so they could support the national day of action.

FREE PPE FOR CARERS

We worked in partnership with Bedford Borough Council and Central Bedfordshire Council to spread the word to carers the local authorities were offering free Personal Protective Equipment (PPE) to protect them and the person they are caring for from Covid.



PARTNERSHIP WORKING

**Achieving objective:
Work in partnership &
advocate with carers**

We delivered many of sessions and groups in partnership with others.

Time to Ask' sessions give carers an opportunity to submit questions to professionals from other services and get answers on the day. It also provides a platform for professionals to discuss their service in further detail.

We have had sessions with Impact Mental Health, Mind BLMK, Bedford Adult Social services and ELFT (East London foundation Trust).

We have also worked with ELFT People Participation, developing a carer awareness training programme alongside carers for their staff teams.

With carer wellbeing as a top priority, we have partnered with clinical psychologists to provide talks on maintaining wellbeing and boosting self confidence as well as anxiety in lockdown. We continue to work with the Citizens Advice Bureau to provide carers with information on benefits.

Our Dementia Team has continued to work closely with the Alzheimer's Society and Tibbs Dementia Foundation to offer a cohesive service to support people living with dementia and those who care for them, as well as with the local memory clinics and Age UK Bedfordshire.

The team has also collaborated with:

- The Mobility Physio to provide exercises for balance and strength.



- Creative Connections to provide chair dance for those with dementia and their carers.
- Dementia Adventure to offer Dementia Skills Sessions.
- Music 24 for music Zoom session.



We joined the [Carer's UK's Fairer For Carers campaign](#) to advocate for carers. We urged people to write to their local MP to call for a £20 a week supplement to the Carer's Allowance, to help carers manage both the higher costs of caring and the lack of services available to help them stay in work.

PARTNERSHIP WORKING

Achieving objective:
Work in partnership

Here are some of the partners we've been working collaboratively with over the last year to provide a high quality service to carers



dementia adventure®



SOME THINGS CHANGED

**Achieving objective:
Be transparent,
efficient & effective**

We took a long hard look at the efficiency and effectiveness of our services, and made some radical decisions for the security of the charity and our mission.



A review of the relaxation therapy service concluded that it was not financially viable through employing our own relaxation therapist. We now contract with local therapists to offer this at wellbeing sessions. Carers may also be eligible to apply for an NHS carers grant to take up therapy with a local private practitioner.



Reducing the isolation that carers experience is a key mission of Carers in Bedfordshire. We created a new events team to set up online and other workshops, groups and events across the Bedford and Central Bedfordshire.



We streamlined our staffing for the future and reduced or compacted staff hours. New staff were recruited, some to brand new posts, in response to the changing needs of carers.



We moved our finance, telephones and HR systems into the cloud. This not only reduced our costs, but helps our journey towards a paperless organisation.



We secured funding to equip all field staff with laptops and improved our internal digital communications.



Extra welfare was offered to staff such as online yoga, nordic walking, online Thursday coffee morning, lots of advice on working from home, as well as access to an employee support facility.

WE WELCOMED NEW FACES

Achieving objective: Be
transparent,
efficient & effective

Here are the new staff and trustees we have welcomed over the past year. They have all made such a difference to the organisation in helping to support our carers and make them feel visible and valued, helping us to be an efficient and effective organisation.

Welcome to our new staff



Debi Chegi-Hughes
Parent Carer Support Worker



Harriet Opalanski
Operations
Manager



Jolene Macnaughton
Fundraising
Manager



Nicky Harris
Adult Carer Support Worker



Anni Berman
Dementia
Carers Support
Worker



Caroline Carter
Wellbeing Practitioner



Helen Hutchinson
Communications Officer



Lynne Sims
Dementia
Carers Support
Worker

Welcome to new trustees



David Dwyer



Helen Battersby



Jacqui Fincham

OUR SUPPORTERS

**Achieving objective:
Invest in high quality
support**

This year we welcomed Jolene Macnaughton, our first fundraising manager. Jolene quickly had a positive impact on the charity, crucially attracting more and larger trust, foundations and grant funding, than in previous years, to enable us to support more for carers. We were grateful to receive Covid specific grants, as well as grants towards new and existing projects to invest in high quality support.

Fundraising for our supporters was difficult during the height of the pandemic. Events were cancelled and challenges postponed, as our supporters kept safe indoors. But Covid didn't stop everyone, however...



Millbrook Golf Club raised over **£2,000** during the short periods of time when they were allowed on the golf course!



Lands Improvement

Lands Improvement Holdings donated **£5,000** towards our work in Houghton Regis and we received generous donations from Dunster House Limited, A Class Care, Bedford Lions Club and All Saints Church in Leighton Buzzard.



Carers and former carers offered their support on a regular basis and we want to say a big thank you to them for their kindness. A special thank you goes to those who made donations in memory of a loved one.

OUR SUPPORTERS

**Achieving objective:
Invest in high quality
support**

Ongoing grants from The Harpur Trust and Children in Need supported our early response project and young carer peer mentoring programme respectively.



**ST JOHN'S
HOSPITAL TRUST**

We also received grants from local organisations such as Bedford and Luton Community Foundation, St. John Hospital Trust and the Gale Family Charity Trust.

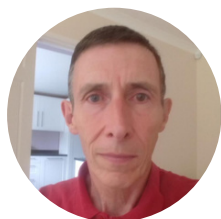


At Christmas we delivered over 300 hampers to carers across Bedfordshire. Thanks to the generosity of our members, and shops and supermarkets across the county, sweet treats and toiletries were given to carers who had had a particularly challenging year.

One carer told us: "I was so touched when a driver arrived with a Christmas parcel for me. Thank you very much for your kindness and thoughtfulness. The gifts were so beautifully presented and sparkly, in what has been quite a difficult year for all"

OUR VOLUNTEERS

In Volunteers week, we paid tribute to those volunteers who managed to volunteer from home during lockdown. They were vital in helping us to keep services running. Meet some of them:



Martin is one of our IT volunteers who helps carers with all things digital, including using Zoom.



Pam calls newly registered carers so that we can give them the right level of support. She would normally have been in the Bedford hospital lounge.



Lesley is one of our senior admin volunteers. She takes minutes at Board meetings and makes up the carers card.



Hanna, Chris and Veronica got to grips with offering counselling by phone or Zoom.



Peter continued his memory navigator role from home, finding that carers appreciated his call especially under lockdown.



Marion, as well as being a Memory Navigator, also signed up to help us create our activity packs for people with memory loss and dementia.

OUR VOLUNTEERS

Achieving objective: Be
transparent,
efficient & effective



Our army of 100 volunteers managed to clock up 2,271 hours during lockdown. It's understandably down from the previous year's total, due to being unable to run face-to-face events.



But is still represents a whopping £27,252 - helping us to make efficient and effective savings, while investing in high quality support.



Sue Wildman was delighted to be nominated for [Bedford Independent Everyday Hero, Volunteer of the Year.](#)

Sue symbolises all that is great about so many of our volunteers: totally committed, totally trustworthy and totally versatile. Having been a carer herself, she knows full well that family carers often put their own needs last, feeling exhausted, isolated and guilty about getting help for themselves.

We thank all those volunteers who stepped up over the course of the year to take on different roles and to help out where they could. The messages of support from those who could not volunteer at this time also meant so much to us.





Get involved

support

donate

volunteer

☎ 0300 111 1919

✉ contact@carersinbeds.org.uk

🌐 www.carersinbeds.org.uk

Charity number 1135507

Company Limited No. 07140432

Emerald Court, Pilgrim Centre, Bedford MK41 7PZ

Bedfordshire Memory Navigation Service

☎ 0300 1919 9090

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CARERS TRUST



CARERS IN BEDFORDSHIRE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2021**

**REGISTERED COMPANY NUMBER: 07140432 (England and Wales)
REGISTERED CHARITY NUMBER: 1135507**



**AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31st MARCH 2021**

CARERS IN BEDFORDSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

	Page
Reserves policy	3
Reference and administrative details	3-4
Statement of the Trustees responsibilities	5
Report of the Independent Auditors	6-8
Statement of Financial Activities	9
Balance Sheet	10
Statement of Cash Flows	11
Notes to the Financial Statements	12-19
Detailed Statement of Financial Activities	20

See Annual Review for a summary of achievement and performance in 2020/2021

CARERS IN BEDFORDSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

Reserves policy

The Board of Directors has regard to managing its level of reserves effectively. As a not-for-profit organisation it has developed and adopted a policy on reserves, which establishes a level of reserves that is right for the charity.

Reserves are held in three categories for future activity:

- Restricted – where the funder restricts the activities or projects the funds can be used for
- Designated – where CiB determines the activities or projects necessary to achieve certain outcomes or objectives
- Unrestricted – that are held to manage uncertainty and CiB's capacity to manage unforeseen financial difficulties and short-term changes in circumstances.

CiB will target a minimum of one month's salary costs of all staff on all projects and three months central organisational costs and a maximum of 150% of this amount in unrestricted reserves. Based on these financial statements the minimum equates to £112,368 and the maximum £168,552. These limits are reviewed on an annual basis.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07140432 (England and Wales)

Registered Charity number

1135507

Registered office

Carers in Bedfordshire
First Floor, Suite D1, Emerald Court
Pilgrim Centre, Brickhill Drive
Bedford
Bedfordshire
MK41 7PZ

Trustees

E Wilkinson	
G Mills	
B Wootton	
S Lowe	
K Lee	(retired 26 th June 2020)
E Curtis	(retired 30 th September 2020)
G Dearing	(retired 17 th June 2020)
D Dwyer	Appointed 17 th June 2020
J Fincham	Appointed 17 th June 2020
H Battersby	
P Taverner	
T Palmariellodiviney	

Company Secretary

Tracey Gill FMAAT

CARERS IN BEDFORDSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

Auditors

Keens Shay Keens Limited
Chartered Accountants & Registered Auditors
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire, MK40 3JG

Bankers

Barclays Bank plc
111 High Street
Bedford, MK40 1NJ

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2021**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the Directors of CiB for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing those financial statements, the Trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity Statement Of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

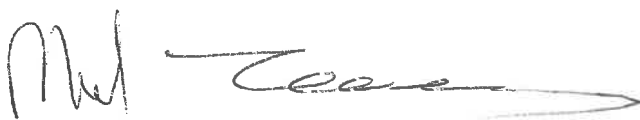
In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditors are unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Keens Shay Keens Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD:



.....
P Taverner - Chair

Date:

27-8-21

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF CARERS IN BEDFORDSHIRE

Opinion

We have audited the financial statements of Carers in Bedfordshire for the year ended 31st March 2021 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further disclosed in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information, and except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatements of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF CARERS IN BEDFORDSHIRE

- we have not received all the information and explanations we require for our audit; or the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Trustees.

Respective responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We have assessed that there is a low risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations central to the trading activities of the charity. This assessment has been based upon a substantive testing approach to key identified risk areas, principally being revenue recognition and the threat of override of controls by management. No suspected fraud, breach or other non-compliance with underlying laws and regulations has been identified during the sample testing undertaken during the audit process and no such issues have been raised by the board of trustees or management prior to making this assessment. A full review of available board minutes, and other supporting third party documentation where available, has been undertaken and no items have come to our attention which require to be reported to the user of the financial statements. The charity has strong internal controls and our audit testing has indicated no instances of managerial override of controls, through the testing of journal entries and other adjustments for appropriateness. No transactions have been identified as being made outside the normal course of business from the work we have performed in each key risk area of the audit. The trustees and other key local officers are informed management and as such they make regular reviews to ensure the company is compliant in all instances.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Opinion on other matter prescribed by the companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
CARERS IN BEDFORDSHIRE**

charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Keens Shay Keens

Michael Grange BA (Hons) FCA (Senior Statutory Auditor)
for and on behalf of Keens Shay Keens Limited
Chartered Accountants &
Registered Auditors
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire
MK40 3JG

Date: *2/9/2021*

CARERS IN BEDFORDSHIRE

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31ST MARCH 2021

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Year Ended 31.3.21 Total	Year Ended 31.3.20 Total
Income from:						
Donations, legacies and other income	2	20,328	1,653	-	21,981	45,827
Recognition of capital deferred grants	3	-	-	-	-	-
Investments	4	371	-	-	371	600
Charitable activities		36,698	789,921	431,024	1,257,644	1,169,975
TOTAL INCOME		57,397	791,574	431,024	1,279,996	1,216,402
Expenditure on:						
Charitable activities		21,433	806,382	392,623	1,220,438	1,316,932
TOTAL EXPENDITURE		21,433	806,382	392,623	1,220,438	1,316,932
NET INCOME/(EXPENDITURE)		35,965	(14,808)	38,401	59,558	(100,530)
Total funds brought forward		118,231	158,866	3,817	280,914	381,444
TOTAL FUNDS CARRIED FORWARD		154,196	144,058	42,218	340,472	280,914

All transactions during the year are derived from continuing activities.

CARERS IN BEDFORDSHIRE

BALANCE SHEET AT 31ST MARCH 2021

Company Number: 07140432 (England and Wales)

	Notes	Unrestricted and designated funds £	Restricted funds £	2021 Total funds £	2020 Total Funds £
FIXED ASSETS					
Tangible assets	8	16,803	6,154	22,957	7,894
CURRENT ASSETS					
Debtors	9	77,201	-	77,201	71,576
Cash at bank and in hand		<u>359,714</u>	<u>191,999</u>	<u>551,713</u>	<u>364,578</u>
		436,915	191,999	628,914	436,154
CREDITORS					
Amounts falling due within one year		155,464	155,935	311,399	163,134
NET CURRENT ASSETS		<u>281,451</u>	<u>36,064</u>	<u>317,515</u>	<u>273,020</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		298,254	42,218	340,472	280,914
NET ASSETS		<u>298,254</u>	<u>42,218</u>	<u>340,472</u>	<u>280,914</u>
FUNDS	1 5				
Unrestricted funds				154,196	118,231
Designated funds				144,058	158,866
Restricted funds				<u>42,218</u>	<u>3,817</u>
TOTAL FUNDS				<u>340,472</u>	<u>280,914</u>

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees on 27th August 2021 and were signed on its behalf by:


P Taverner - Chair

27-8-2021

CARERS IN BEDFORDSHIRE

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

	Total Funds 2020/21	2019/20
Cash Flows from operating activities		
Net Cash flows provided from operating activities	207,896	(110,000)
Cash Flows from investing activities	(20,761)	(5,883)
Purchase of fixed assets	-	-
Change in cash in the year	187,135	(115,850)
Cash at the beginning of the year	364,578	480,428
Cash at the end of the year	551,713	364,578

RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

Net incoming/(outgoing) resources for the year, as per the Statement of Financial Activities	59,558	(100,529)
Adjustments for		
Depreciation charge	5,698	2,859
(Increase)decrease in debtors	(5,625)	(20,915)
Increase(decrease) in creditors	148,265	8,615
Net Cash flows provided from operating activities	207,896	(110,000)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2021**

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) and the Companies Act 2006.

The company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

During the year, the global health crisis caused by Coronavirus (COVID-19) has had a significant impact on all businesses. The Trustees has assessed the potential impact of this uncertain situation on the Charity and has put in contingency plans in order to mitigate the negative effects of any period of interrupted trading, which will enable the Charity to continue as a going concern. The review of the financial position, reserves levels and future plans gives Trustees confidence that the charity remains a going concern for the foreseeable future.

Income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable
- The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Incoming resources from charitable activities are accounted for when earned.

Expenditure

Expenditure is recognised on an accruals basis. Expenditure includes attributable VAT, which cannot be recovered, and is reported as part of the expenditure to which it relates. Charitable expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Allocation and apportionment of costs

Costs that can attribute to a specific activity or reserve are directly allocated within the Statement of Financial Activities.

Allocations of overheads to individual funds are based on a budget which is set at the commencement of each contract period.

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2021**

1. ACCOUNTING POLICIES – continued**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment/furniture	- 25% on cost
Computer equipment	-25% on cost

Fixed assets are stated at cost less accumulated depreciation. Minor additions of less than £400 are not capitalised.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds can be used in accordance with the charitable objectives under contracted services or specific programmes designated by the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS, LEGACIES AND OTHER INCOME

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Membership income	0	0
Donations, fundraising and legacies	21,981	45,827
	21,981	45,827

The types of membership were consolidated into one at the Annual General Meeting held in November 2016.

All members must pay the subscriptions (if any) that the Board decides from time to time. The Board may fix differing rates for subscriptions for different members or categories of members. At present no membership subscription is set.

3. GRANTS RECEIVED FOR CAPITAL EXPENDITURE

Grants can be received to assist the purchase of fixed assets. These are shown in the balance sheet as Deferred Capital Grant Received in note 10. This balance is written back to the Income and Expenditure account in line with the assets' depreciable life.

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

4. INVESTMENT INCOME

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Bank interest receivable	371	600

5. NET INCOME

These are stated after charging:

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Auditors' remuneration	3,720	2,762
Depreciation - owned assets	5,698	2,859

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021, nor for the year ended 31st March 2020.

Trustees' Expenses

Some trustees received reimbursement for travel expenses incurred on behalf of the charity totalling £99 (2020 – £764) but the trustees gave this back to the charity as a donation.

7. STAFF COSTS

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Wages and salaries	741,105	752,044
Social security costs	52,168	50,941
Other pension costs	16,014	10,539
Total staff costs	809,287	813,524
Training and DBS checks	2,925	6,307
Total human resources costs	812,212	819,831

The average monthly number of employees during the year was 39 (2020: 36)

No employees' emoluments exceeded £60,000 during the current or prior period.

Key management remuneration

The total employee remuneration of the key management personnel, identified members of the Carers in Bedfordshire Leadership Team and other employees having authority and responsibility for planning, directing and controlling the activities of the charity were £95,577 (2020: £79,046).

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

8. TANGIBLE FIXED ASSETS

	Office/ Furniture	Computer equipment £	Totals £
COST			
At 1st April 2020	26,032	39,869	65,901
Additions	2,726	18,035	20,761
At 31st March 2021	28,758	57,904	86,662
DEPRECIATION			
At 1st April 2020	26,032	31,975	58,007
Charge for year	350	5,348	5,698
At 31st March 2021	26,382	37,323	63,705
NET BOOK VALUE			
At 31st March 2021	2,376	20,581	22,957
At 31st March 2020	0	7,894	7,894

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	45,964	37,206
Prepayments	30,237	33,370
Other debtors	1,000	1,000
	77,201	71,576

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	6,636	11,560
Taxation and social security	14,162	11,975
Carers breaks awarded not yet claimed	129,846	100,611
Deferred capital grants	95,010	4,750
Other creditors and accruals	65,745	34,238
	311,399	163,134

11. RELATED PARTY DISCLOSURES

There were no related party transactions in the year to 31 March 2021 (2020: £nil).

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2021****12. CAPITAL**

The company has no share capital. The types of membership were consolidated into one at the Annual General Meeting held in November 2016.

The maximum number of members is 200. Each member of the Charity undertakes that, if the Charity is wound up while they are a member, or within one year after they cease to be a member, they will contribute a sum not exceeding £1 to the assets of the Charity for:

- payment of the debts and liabilities of the Charity contracted before they cease to be a member; and
 - payment of the costs, charges and expenses of winding up
- Honorary Life members are members but are exempt from subscription charges if set.

All members must pay the subscriptions (if any) that the Board decides from time to time. The Board may fix differing rates for subscriptions for different members or categories of members. At present no membership subscription is set. Members and Honorary Life Members have voting rights at the AGM. There were 47 (2020: 49) members and 0 honorary life members as at 31 March 2021 (2020: 0).

13. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid

	2021	2020
	£	£
Expiring:		
Within one year	40,000	26,790
Between one and five years	56,667	13,995
	96,667	40,785

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

14. MOVEMENT IN FUNDS

	1/4/2020	Incoming Resources	Resources expended	Surplus/(deficit) for year	Transfers	31/03/2021
RESTRICTED FUNDS						
Bedford Carers Lounge- BBC	442	45,137	44,064	1,073	0	1,515
Carers Grants	3,302	220,000	189,307	30,693	0	33,995
Harpur Trust	(1,698)	16,729	15,031	1,698	0	0
Luton and Dunstable Carers Lounge - CBC and LBC	168	51,105	51,816	(711)	0	(543)
Support Groups	829	0	829	(829)	0	0
Young carer peer mentoring - Children in Need	484	28,188	28,672	(484)	0	0
Volunteering	290	31,892	34,782	(2,890)	0	(2,600)
Lottery Core Funding		14,631	14,005	626	0	626
BLCF Beds Coronavirus Emergency Fund		7,500	6,150	1,350	0	1,350
BLCF NET Coronavirus Programme		6,924	1,197	5,727	0	5,727
Mental Health Fund – Young People		5,944	3,796	2,148	0	2,148
CiN Booster		2,974	2,974	0	0	0
Sub total	3,817	431,024	392,623	38,401	0	42,218
DESIGNATED FUNDS						
External designation						
Carers Café	150	86,963	85,225	1,738	0	1,888
Carers discount card and on line support	5,292	0	5,292	(5,292)	0	0
Carer support (dementia)	(1,980)	43,316	41,098	2,218	0	238
Carer support (all carer types)	(7,435)	435,576	404,906	30,671	0	23,235
Dementia Services	27,292	111,811	130,080	(18,269)	0	9,023
Sibling support	175	19,649	20,262	(614)	0	(438)
Workshops, Education and Groups		94,259	83,321	10,938		10,938
	23,494	791,574	770,184	21,391	0	44,884
Legacy	135,372	0	36,198	(36,198)	0	99,174
Sub total	158,866	791,574	806,382	(14,807)	0	144,058
UNRESTRICTED FUNDS	118,231	57,398	21,432	35,965	0.00	154,196
Grand Total	280,914	1,279,996	1,220,437	59,559	0	340,472

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

14. MOVEMENT IN FUNDS – continued

Bedford Carers Lounge – BBC	Funding received from Bedford Borough Council to open and run a Carers Advice and Information Centre within Bedford Hospital (South Wing)
Carers Grants	Funding received under contract to allow the award of grants direct to carers whose emotional and/or physical wellbeing has been adversely affected by their caring role
Luton and Dunstable Carers Lounge - CBC and LBC	Funding received from Central Bedfordshire Council and Luton Borough Council to open and run a Carers Advice and Information Centre within The Luton & Dunstable Hospital
Young carer peer mentoring - Children in Need	Funding received from Children in Need to complement funds within the carer support contract to identify and support young carers as peer mentors to support others, in school and other contexts
Volunteering	Bedford Borough Council have provided funding to employ a Volunteer Coordinator to identify and support the development of volunteering
Harpur Trust	Funding received from the Harpur Trust to complement funds within the carer support contract to establish a volunteer-led 'early response' service delivering timely support to carers whose needs can be met through information or someone to talk to.
Carers Café	Weekend and weekday café service for carers, individuals with care needs and extended family
Carers discount card and on line support	Funding received to establish and deliver a carers discount card to reward carers for their services, and to develop targeted online information
Carer support (dementia)	A range of services including identifying and coordinating a team of volunteer dementia befrienders, and running a weekly group for carers and people with dementia in Bedford, the Carers Rest.
Carer support (all carer types)	We are funded under contract by Central Bedfordshire Council, Bedford Borough Council and the BCCG acting together to offer carers support services on their behalf
Dementia Services	We are funded under contract by Central Bedfordshire Council, Bedford Borough Council and the BCCG acting together to offer support services to people affected by memory loss or dementia and their carers.

Sibling support

We are funded under contract by Central Bedfordshire Council, Bedford Borough Council and the BCCG acting together to offer support services to young people caring for, and/or affected by the illness or disability of a sibling.

BLCF – Bedfordshire Emergency Coronavirus Fund

Funding from Bedford and Luton Community Foundation for a postal mailing to carers, additional hours for Support Workers, a social media consultant and laptops for staff working from home

BLCF NET Coronavirus Programme

Funding from Bedford and Luton Community Foundation allowed us to provide laptops for staff who were working from home

Mental Health Fund For Young People

Funding provided by Bedford and Luton Community Fund and The Sun Readers' Fund allows us to offer free counselling to young carers and young adult carers

Children in Need Booster Grant

Additional funding from Children in Need for online gaming groups and postal mailings to young carers

Legacy

Legacies are received from individuals who gift monies to Carers in Bedfordshire in their wills. The Board of Trustees then determine how these funds can be effectively spent and allocate specific amounts to projects within this fund.

CARERS IN BEDFORDSHIRE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2021**

	31.3.21	31.3.20
INCOME		
Donations And Fundraising	21,981	45,827
Contract Income	1,248,105	1,145,775
Grant Release	-	-
Membership	-	-
Contributions Received	8,928	23,151
Investment Income	371	600
Other Income	611	1,049
	1,279,996	1,216,402
EXPENDITURE		
Programme Direct Costs	227,444	310,454
Hall Hire	880	12,465
Rent And Rates	60,399	44,107
Taxis	274	2,859
Vehicle Hire	-	1,375
Travel	1,701	13,107
Electricity	757	2,698
Gas	962	1,704
Water	565	402
Printing	21,974	28,413
Postage	8,528	8,548
Telephone	25,472	22,051
Stationery	526	3,600
Computer	25,378	21,863
Office Maintenance		
Repairs	131	241
Cleaning	950	3,360
Fuel	-	-
Motor Expenses	-	-
Sundry Office Expenses	10,030	748
Insurance	4,888	1,747
Refreshments	262	8,508
Bank Charges	1,032	394
Salaries Wages and Temporary Staff	793,273	802,985
Staff Training	1,975	5,169
Pensions	16,014	10,539
Staff Checks	950	1,138
Legal	2,160	1,710
Audit & Accountancy	3,733	2,775
Professional	3,826	492
Recruitment Expenses	655	620
Depreciation	5,698	2,859
	1,220,437	1,316,931
	59,559	(100,529)

CARERS IN BEDFORDSHIRE

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2021**

**REGISTERED COMPANY NUMBER: 07140432 (England and Wales)
REGISTERED CHARITY NUMBER: 1135507**



**AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED
31st MARCH 2021**

CARERS IN BEDFORDSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

CONTENTS OF THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2021

	Page
Reserves policy	3
Reference and administrative details	3-4
Statement of the Trustees responsibilities	5
Report of the Independent Auditors	6-8
Statement of Financial Activities	9
Balance Sheet	10
Statement of Cash Flows	11
Notes to the Financial Statements	12-19
Detailed Statement of Financial Activities	20

See Annual Review for a summary of achievement and performance in 2020/2021

CARERS IN BEDFORDSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

Reserves policy

The Board of Directors has regard to managing its level of reserves effectively. As a not-for-profit organisation it has developed and adopted a policy on reserves, which establishes a level of reserves that is right for the charity.

Reserves are held in three categories for future activity:

- Restricted – where the funder restricts the activities or projects the funds can be used for
- Designated – where CiB determines the activities or projects necessary to achieve certain outcomes or objectives
- Unrestricted – that are held to manage uncertainty and CiB's capacity to manage unforeseen financial difficulties and short-term changes in circumstances.

CiB will target a minimum of one month's salary costs of all staff on all projects and three months central organisational costs and a maximum of 150% of this amount in unrestricted reserves. Based on these financial statements the minimum equates to £112,368 and the maximum £168,552. These limits are reviewed on an annual basis.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number

07140432 (England and Wales)

Registered Charity number

1135507

Registered office

Carers in Bedfordshire
First Floor, Suite D1, Emerald Court
Pilgrim Centre, Brickhill Drive
Bedford
Bedfordshire
MK41 7PZ

Trustees

E Wilkinson	
G Mills	
B Wootton	
S Lowe	
K Lee	(retired 26 th June 2020)
E Curtis	(retired 30 th September 2020)
G Dearing	(retired 17 th June 2020)
D Dwyer	Appointed 17 th June 2020
J Fincham	Appointed 17 th June 2020
H Battersby	
P Taverner	
T Palmariellodiviney	

Company Secretary

Tracey Gill FMAAT

CARERS IN BEDFORDSHIRE

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31ST MARCH 2021

Auditors

Keens Shay Keens Limited
Chartered Accountants & Registered Auditors
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire, MK40 3JG

Bankers

Barclays Bank plc
111 High Street
Bedford, MK40 1NJ

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31ST MARCH 2021**

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees (who are also the Directors of CiB for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure of the charitable company for that period. In preparing those financial statements, the Trustees are required to

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charity Statement Of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

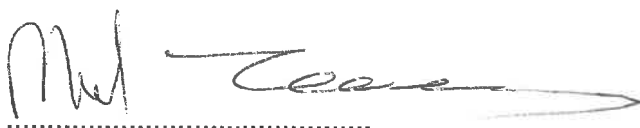
In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditors are unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

The auditors, Keens Shay Keens Limited, will be proposed for re-appointment at the forthcoming Annual General Meeting.

ON BEHALF OF THE BOARD:



.....
P Taverner - Chair

Date:

27-8-21

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF CARERS IN BEDFORDSHIRE

Opinion

We have audited the financial statements of Carers in Bedfordshire for the year ended 31st March 2021 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2021 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further disclosed in the Auditors responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information, and except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatements of this other information, we are required to report that fact. We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or

REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF CARERS IN BEDFORDSHIRE

- we have not received all the information and explanations we require for our audit; or the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Report of the Trustees.

Respective responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

We have assessed that there is a low risk of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations central to the trading activities of the charity. This assessment has been based upon a substantive testing approach to key identified risk areas, principally being revenue recognition and the threat of override of controls by management. No suspected fraud, breach or other non-compliance with underlying laws and regulations has been identified during the sample testing undertaken during the audit process and no such issues have been raised by the board of trustees or management prior to making this assessment. A full review of available board minutes, and other supporting third party documentation where available, has been undertaken and no items have come to our attention which require to be reported to the user of the financial statements. The charity has strong internal controls and our audit testing has indicated no instances of managerial override of controls, through the testing of journal entries and other adjustments for appropriateness. No transactions have been identified as being made outside the normal course of business from the work we have performed in each key risk area of the audit. The trustees and other key local officers are informed management and as such they make regular reviews to ensure the company is compliant in all instances.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Opinion on other matter prescribed by the companies Act 2006

In our opinion the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the

**REPORT OF THE INDEPENDENT AUDITORS TO THE TRUSTEES OF
CARERS IN BEDFORDSHIRE**

charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Keens Shay Keens

Michael Grange BA (Hons) FCA (Senior Statutory Auditor)
for and on behalf of Keens Shay Keens Limited
Chartered Accountants &
Registered Auditors
2nd Floor Exchange Building
16 St Cuthberts Street
Bedford
Bedfordshire
MK40 3JG

Date: *2/9/2021*

CARERS IN BEDFORDSHIRE

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31ST MARCH 2021

	Notes	Unrestricted Funds £	Designated Funds £	Restricted Funds £	Year Ended 31.3.21 Total	Year Ended 31.3.20 Total
Income from:						
Donations, legacies and other income	2	20,328	1,653	-	21,981	45,827
Recognition of capital deferred grants	3	-	-	-	-	-
Investments	4	371	-	-	371	600
Charitable activities		36,698	789,921	431,024	1,257,644	1,169,975
TOTAL INCOME		57,397	791,574	431,024	1,279,996	1,216,402
Expenditure on:						
Charitable activities		21,433	806,382	392,623	1,220,438	1,316,932
TOTAL EXPENDITURE		21,433	806,382	392,623	1,220,438	1,316,932
NET INCOME/(EXPENDITURE)		35,965	(14,808)	38,401	59,558	(100,530)
Total funds brought forward		118,231	158,866	3,817	280,914	381,444
TOTAL FUNDS CARRIED FORWARD		154,196	144,058	42,218	340,472	280,914

All transactions during the year are derived from continuing activities.

CARERS IN BEDFORDSHIRE

BALANCE SHEET AT 31ST MARCH 2021

Company Number: 07140432 (England and Wales)

	Notes	Unrestricted and designated funds £	Restricted funds £	2021 Total funds £	2020 Total Funds £
FIXED ASSETS					
Tangible assets	8	16,803	6,154	22,957	7,894
CURRENT ASSETS					
Debtors	9	77,201	-	77,201	71,576
Cash at bank and in hand		<u>359,714</u>	<u>191,999</u>	<u>551,713</u>	<u>364,578</u>
		436,915	191,999	628,914	436,154
CREDITORS					
Amounts falling due within one year		155,464	155,935	311,399	163,134
NET CURRENT ASSETS		<u>281,451</u>	<u>36,064</u>	<u>317,515</u>	<u>273,020</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		298,254	42,218	340,472	280,914
NET ASSETS		<u>298,254</u>	<u>42,218</u>	<u>340,472</u>	<u>280,914</u>
FUNDS	1 5				
Unrestricted funds				154,196	118,231
Designated funds				144,058	158,866
Restricted funds				<u>42,218</u>	<u>3,817</u>
TOTAL FUNDS				<u>340,472</u>	<u>280,914</u>

These financial statements have been prepared in accordance with the special provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees on 27th August 2021 and were signed on its behalf by:


P Taverner - Chair

27-8-2021

CARERS IN BEDFORDSHIRE

STATEMENT OF CASH FLOWS FOR THE YEAR ENDED 31 MARCH 2021

	Total Funds 2020/21	2019/20
Cash Flows from operating activities		
Net Cash flows provided from operating activities	207,896	(110,000)
Cash Flows from investing activities	(20,761)	(5,883)
Purchase of fixed assets	-	-
Change in cash in the year	187,135	(115,850)
Cash at the beginning of the year	364,578	480,428
Cash at the end of the year	551,713	364,578

RECONCILIATION OF NET INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

Net incoming/(outgoing) resources for the year, as per the Statement of Financial Activities	59,558	(100,529)
Adjustments for		
Depreciation charge	5,698	2,859
(Increase)decrease in debtors	(5,625)	(20,915)
Increase(decrease) in creditors	148,265	8,615
Net Cash flows provided from operating activities	207,896	(110,000)

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST MARCH 2021**

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019) and the Companies Act 2006.

The company meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

During the year, the global health crisis caused by Coronavirus (COVID-19) has had a significant impact on all businesses. The Trustees has assessed the potential impact of this uncertain situation on the Charity and has put in contingency plans in order to mitigate the negative effects of any period of interrupted trading, which will enable the Charity to continue as a going concern. The review of the financial position, reserves levels and future plans gives Trustees confidence that the charity remains a going concern for the foreseeable future.

Income

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Voluntary income is received by way of grants, donations and gifts and is included in full in the Statement of Financial Activities when receivable. Grants are recognised in full in the Statement of Financial Activities in the year in which they are receivable
- The value of services provided by volunteers has not been included in these accounts.
- Investment income is included when receivable.
- Incoming resources from charitable activities are accounted for when earned.

Expenditure

Expenditure is recognised on an accruals basis. Expenditure includes attributable VAT, which cannot be recovered, and is reported as part of the expenditure to which it relates. Charitable expenditure comprises of those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Allocation and apportionment of costs

Costs that can attribute to a specific activity or reserve are directly allocated within the Statement of Financial Activities.

Allocations of overheads to individual funds are based on a budget which is set at the commencement of each contract period.

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2021**

1. ACCOUNTING POLICIES – continued**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Office equipment/furniture	- 25% on cost
Computer equipment	-25% on cost

Fixed assets are stated at cost less accumulated depreciation. Minor additions of less than £400 are not capitalised.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Designated funds can be used in accordance with the charitable objectives under contracted services or specific programmes designated by the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS, LEGACIES AND OTHER INCOME

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Membership income	0	0
Donations, fundraising and legacies	21,981	45,827
	21,981	45,827

The types of membership were consolidated into one at the Annual General Meeting held in November 2016.

All members must pay the subscriptions (if any) that the Board decides from time to time. The Board may fix differing rates for subscriptions for different members or categories of members. At present no membership subscription is set.

3. GRANTS RECEIVED FOR CAPITAL EXPENDITURE

Grants can be received to assist the purchase of fixed assets. These are shown in the balance sheet as Deferred Capital Grant Received in note 10. This balance is written back to the Income and Expenditure account in line with the assets' depreciable life.

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

4. INVESTMENT INCOME

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Bank interest receivable	371	600

5. NET INCOME

These are stated after charging:

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Auditors' remuneration	3,720	2,762
Depreciation - owned assets	5,698	2,859

6. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2021, nor for the year ended 31st March 2020.

Trustees' Expenses

Some trustees received reimbursement for travel expenses incurred on behalf of the charity totalling £99 (2020 – £764) but the trustees gave this back to the charity as a donation.

7. STAFF COSTS

	Year Ended 31.3.21	Year Ended 31.3.20
	£	£
Wages and salaries	741,105	752,044
Social security costs	52,168	50,941
Other pension costs	16,014	10,539
Total staff costs	809,287	813,524
Training and DBS checks	2,925	6,307
Total human resources costs	812,212	819,831

The average monthly number of employees during the year was 39 (2020: 36)

No employees' emoluments exceeded £60,000 during the current or prior period.

Key management remuneration

The total employee remuneration of the key management personnel, identified members of the Carers in Bedfordshire Leadership Team and other employees having authority and responsibility for planning, directing and controlling the activities of the charity were £95,577 (2020: £79,046).

CARERS IN BEDFORDSHIRE**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2021****8. TANGIBLE FIXED ASSETS**

	Office/ Furniture	Computer equipment £	Totals £
COST			
At 1st April 2020	26,032	39,869	65,901
Additions	2,726	18,035	20,761
At 31st March 2021	28,758	57,904	86,662
DEPRECIATION			
At 1st April 2020	26,032	31,975	58,007
Charge for year	350	5,348	5,698
At 31st March 2021	26,382	37,323	63,705
NET BOOK VALUE			
At 31st March 2021	2,376	20,581	22,957
At 31st March 2020	0	7,894	7,894

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade debtors	45,964	37,206
Prepayments	30,237	33,370
Other debtors	1,000	1,000
	77,201	71,576

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Trade creditors	6,636	11,560
Taxation and social security	14,162	11,975
Carers breaks awarded not yet claimed	129,846	100,611
Deferred capital grants	95,010	4,750
Other creditors and accruals	65,745	34,238
	311,399	163,134

11. RELATED PARTY DISCLOSURES

There were no related party transactions in the year to 31 March 2021 (2020: £nil).

**NOTES TO THE FINANCIAL STATEMENTS - CONTINUED
FOR THE YEAR ENDED 31ST MARCH 2021**

12. CAPITAL

The company has no share capital. The types of membership were consolidated into one at the Annual General Meeting held in November 2016.

The maximum number of members is 200. Each member of the Charity undertakes that, if the Charity is wound up while they are a member, or within one year after they cease to be a member, they will contribute a sum not exceeding £1 to the assets of the Charity for:

- payment of the debts and liabilities of the Charity contracted before they cease to be a member; and
 - payment of the costs, charges and expenses of winding up
- Honorary Life members are members but are exempt from subscription charges if set.

All members must pay the subscriptions (if any) that the Board decides from time to time. The Board may fix differing rates for subscriptions for different members or categories of members. At present no membership subscription is set. Members and Honorary Life Members have voting rights at the AGM. There were 47 (2020: 49) members and 0 honorary life members as at 31 March 2021 (2020: 0).

13. OPERATING LEASE COMMITMENTS

The following operating lease payments are committed to be paid

	2021	2020
	£	£
Expiring:		
Within one year	40,000	26,790
Between one and five years	56,667	13,995
	96,667	40,785

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

14. MOVEMENT IN FUNDS

	1/4/2020	Incoming Resources	Resources expended	Surplus/(deficit) for year	Transfers	31/03/2021
RESTRICTED FUNDS						
Bedford Carers Lounge- BBC	442	45,137	44,064	1,073	0	1,515
Carers Grants	3,302	220,000	189,307	30,693	0	33,995
Harpur Trust	(1,698)	16,729	15,031	1,698	0	0
Luton and Dunstable Carers Lounge - CBC and LBC	168	51,105	51,816	(711)	0	(543)
Support Groups	829	0	829	(829)	0	0
Young carer peer mentoring - Children in Need	484	28,188	28,672	(484)	0	0
Volunteering	290	31,892	34,782	(2,890)	0	(2,600)
Lottery Core Funding		14,631	14,005	626	0	626
BLCF Beds Coronavirus Emergency Fund		7,500	6,150	1,350	0	1,350
BLCF NET Coronavirus Programme		6,924	1,197	5,727	0	5,727
Mental Health Fund – Young People		5,944	3,796	2,148	0	2,148
CiN Booster		2,974	2,974	0	0	0
Sub total	3,817	431,024	392,623	38,401	0	42,218
DESIGNATED FUNDS						
External designation						
Carers Café	150	86,963	85,225	1,738	0	1,888
Carers discount card and on line support	5,292	0	5,292	(5,292)	0	0
Carer support (dementia)	(1,980)	43,316	41,098	2,218	0	238
Carer support (all carer types)	(7,435)	435,576	404,906	30,671	0	23,235
Dementia Services	27,292	111,811	130,080	(18,269)	0	9,023
Sibling support	175	19,649	20,262	(614)	0	(438)
Workshops, Education and Groups		94,259	83,321	10,938		10,938
	23,494	791,574	770,184	21,391	0	44,884
Legacy	135,372	0	36,198	(36,198)	0	99,174
Sub total	158,866	791,574	806,382	(14,807)	0	144,058
UNRESTRICTED FUNDS	118,231	57,398	21,432	35,965	0.00	154,196
Grand Total	280,914	1,279,996	1,220,437	59,559	0	340,472

CARERS IN BEDFORDSHIRE

NOTES TO THE FINANCIAL STATEMENTS - CONTINUED FOR THE YEAR ENDED 31ST MARCH 2021

14. MOVEMENT IN FUNDS – continued

Bedford Carers Lounge – BBC	Funding received from Bedford Borough Council to open and run a Carers Advice and Information Centre within Bedford Hospital (South Wing)
Carers Grants	Funding received under contract to allow the award of grants direct to carers whose emotional and/or physical wellbeing has been adversely affected by their caring role
Luton and Dunstable Carers Lounge - CBC and LBC	Funding received from Central Bedfordshire Council and Luton Borough Council to open and run a Carers Advice and Information Centre within The Luton & Dunstable Hospital
Young carer peer mentoring - Children in Need	Funding received from Children in Need to complement funds within the carer support contract to identify and support young carers as peer mentors to support others, in school and other contexts
Volunteering	Bedford Borough Council have provided funding to employ a Volunteer Coordinator to identify and support the development of volunteering
Harpur Trust	Funding received from the Harpur Trust to complement funds within the carer support contract to establish a volunteer-led 'early response' service delivering timely support to carers whose needs can be met through information or someone to talk to.
Carers Café	Weekend and weekday café service for carers, individuals with care needs and extended family
Carers discount card and on line support	Funding received to establish and deliver a carers discount card to reward carers for their services, and to develop targeted online information
Carer support (dementia)	A range of services including identifying and coordinating a team of volunteer dementia befrienders, and running a weekly group for carers and people with dementia in Bedford, the Carers Rest.
Carer support (all carer types)	We are funded under contract by Central Bedfordshire Council, Bedford Borough Council and the BCCG acting together to offer carers support services on their behalf
Dementia Services	We are funded under contract by Central Bedfordshire Council, Bedford Borough Council and the BCCG acting together to offer support services to people affected by memory loss or dementia and their carers.

Sibling support

We are funded under contract by Central Bedfordshire Council, Bedford Borough Council and the BCCG acting together to offer support services to young people caring for, and/or affected by the illness or disability of a sibling.

BLCF – Bedfordshire Emergency Coronavirus Fund

Funding from Bedford and Luton Community Foundation for a postal mailing to carers, additional hours for Support Workers, a social media consultant and laptops for staff working from home

BLCF NET Coronavirus Programme

Funding from Bedford and Luton Community Foundation allowed us to provide laptops for staff who were working from home

Mental Health Fund For Young People

Funding provided by Bedford and Luton Community Fund and The Sun Readers' Fund allows us to offer free counselling to young carers and young adult carers

Children in Need Booster Grant

Additional funding from Children in Need for online gaming groups and postal mailings to young carers

Legacy

Legacies are received from individuals who gift monies to Carers in Bedfordshire in their wills. The Board of Trustees then determine how these funds can be effectively spent and allocate specific amounts to projects within this fund.

CARERS IN BEDFORDSHIRE**DETAILED STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31ST MARCH 2021**

	31.3.21	31.3.20
INCOME		
Donations And Fundraising	21,981	45,827
Contract Income	1,248,105	1,145,775
Grant Release	-	-
Membership	-	-
Contributions Received	8,928	23,151
Investment Income	371	600
Other Income	611	1,049
	1,279,996	1,216,402
EXPENDITURE		
Programme Direct Costs	227,444	310,454
Hall Hire	880	12,465
Rent And Rates	60,399	44,107
Taxis	274	2,859
Vehicle Hire	-	1,375
Travel	1,701	13,107
Electricity	757	2,698
Gas	962	1,704
Water	565	402
Printing	21,974	28,413
Postage	8,528	8,548
Telephone	25,472	22,051
Stationery	526	3,600
Computer	25,378	21,863
Office Maintenance		
Repairs	131	241
Cleaning	950	3,360
Fuel	-	-
Motor Expenses	-	-
Sundry Office Expenses	10,030	748
Insurance	4,888	1,747
Refreshments	262	8,508
Bank Charges	1,032	394
Salaries Wages and Temporary Staff	793,273	802,985
Staff Training	1,975	5,169
Pensions	16,014	10,539
Staff Checks	950	1,138
Legal	2,160	1,710
Audit & Accountancy	3,733	2,775
Professional	3,826	492
Recruitment Expenses	655	620
Depreciation	5,698	2,859
	1,220,437	1,316,931
	59,559	(100,529)

