

RISE NORTH EAST

England & Wales · Charity number 1135223

Details

Other names North-North-East Active Partnership, TYNE AND WEAR SPORT

Status Registered

Legal form Charitable company

Company number [07176549](#)

Registered 2010-03-26

Register [View on the Charity Commission register](#)

Contact

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Royal Quays Business Centre
Coble Dene
Royal Quays
North Shields
TYNE & W

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Activities

Objects: TO PROMOTE THE HEALTH AND WELLBEING OF INDIVIDUALS AND COMMUNITIES THROUGH INCREASED COMMUNITY PARTICIPATION IN SPORT, ACTIVE RECREATION AND PHYSICAL FITNESS; TO ADVANCE AND FURTHER THE EDUCATION OF THE PUBLIC IN RELATION TO PHYSICAL FITNESS, NUTRITION, ACTIVE RECREATION AND LIFESTYLE, INCLUDING THROUGH THE PROVISION OF COURSES, TRAINING PROGRAMMES, RESEARCH AND RESOURCES; TO PROVIDE OR ASSIST IN PROVIDING FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION, PHYSICAL EDUCATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, AGE, INFIRMITY, DISABILITY, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE AIM OF IMPROVING THEIR LIFE CONDITION; TO ADVANCE THE EDUCATION OF THE PUBLIC, PARTICULARLY, BUT NOT EXCLUSIVELY THOSE WORKING WITH CHILDREN OR VULNERABLE ADULTS, THEIR CARERS AND FAMILIES, AND CHILDREN, YOUNG PEOPLE AND VULNERABLE ADULTS THEMSELVES, IN CHILD AND VULNERABLE ADULTS PROTECTION; TO ADVANCE SUCH OTHER CHARITABLE PURPOSES BENEFICIAL TO THE COMMUNITY AND CONSISTENT WITH THE OBJECTS SET OUT ABOVE; FOR THE BENEFIT OF THE INHABITANTS OF COUNTY DURHAM, NORTHUMBERLAND, TYNE AND WEAR AND THE SURROUNDING AREAS

Activities: Rise North East works with a wide range of local, regional and national partners to make it easier and a more attractive proposition for people to be physically active. Rise is passionate about helping under-represented groups and those who are currently moving for less than 30 minutes per week. Rise is funded and supported by Sport England and other partners, and is one of 43 Active Partnerships.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Amateur Sport, Economic/community Development/employment, Recreation
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- **Area of benefit:** LE PURPOSES BENEFICIAL TO THE COMMUNITY AND CONSISTENT WITH THE OBJECTS SET OUT ABOVE; FOR THE BENEFIT OF THE INHABITANTS OF COUNTY DURHAM, NORTHUMBERLAND, TYNE AND WEAR
- Durham
- Gateshead
- Newcastle Upon Tyne City
- North Tyneside
- Northumberland
- South Tyneside
- Sunderland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,791,304	£1,800,192	£1,066,960	32
2024-03-31	£1,394,284	£1,542,091	£1,075,848	26
2023-03-31	£1,591,499	£1,513,488	£1,223,655	23
2022-03-31	£1,592,261	£1,756,001	£1,145,644	21
2021-03-31	£1,565,741	£1,367,444	£1,309,384	21

Trustees

Name	Role	Appointed
Simon Gordon	Chair	2020-08-04
Adam Pilkington		2021-07-27
Anoop Puri		2021-10-01
Debbie Henderson		2020-06-01
Graeme Richard Nash		2019-12-17
Joanne Cairns		2021-10-01
Karen Pearce		2023-12-04
Katy Elizabeth Storie		2019-12-17
Matthew Cormack		2018-04-24
Nicolette Erevik		2019-12-17
Steven Bell		2021-07-27

RISE NORTH EAST

England & Wales - Charity number 1135223

Accounts

REGISTERED COMPANY NUMBER: 07176549 (England and Wales)
REGISTERED CHARITY NUMBER: 1135223

REPORT OF THE TRUSTEES AND
AUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025
FOR
RISE NORTH EAST

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FOR THE YEAR ENDED 31 MARCH 2025**

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RISE NORTH EAST

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2025

Registered Company number

07176549 (England and Wales)

Registered Charity number

1135223

Registered Office

Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

Trustees

M Cormack

K E Storie

N Erevik

G R Nash

D Henderson

S Gordon

A Pilkington

S Bell

A Puri

J Cairns

K Pearce

K Spencer (appointed 1 April 2025)

S Campbell (appointed 1 April 2025)

Key Management Personnel

Clare Morley, CEO

David Marrin, Chief Operating Officer

Adam Brougham, Strategic Director

Helen Selfridge, Director of Commercial, Marketing & Communications

Bankers

Barclays Bank PLC, 53 Fawcett Street, Sunderland, SR1 1RS

The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

Nationwide Building Society, Nationwide House, Pipers Way, Swindon, SN38 1NW

Virgin Money, 83 George Street, Edinburgh, EH2 3ES

National Westminster Bank Plc, 250 Bishopsgate, London, EC2M 4AA.

Auditor

BK Plus Audit Limited, Azzurri House, Walsall Road, Aldridge, Walsall, WS9 0RB

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2025.

OBJECTIVES AND ACTIVITIES

Objects and Aims

The charity has the following objectives:

- 1 To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
- 2 To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
- 3 To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
- 4 To advance the education of the public, particularly, but not exclusively, those working with children or vulnerable adults, their carers and families, and children, young people and vulnerable adults themselves, in child and vulnerable adults protection; and
- 5 To advance such other charitable purposes beneficial to the community and consistent with the objects set out above.

Objectives, Strategies and Activities

Rise is one of 42 Active Partnerships across England. We are primarily funded and supported by Sport England and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities - health, social, economic and environmental - that have stubbornly existed across our region for many years.

Fundraising Disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follow all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact details of all public donors.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

OBJECTIVES AND ACTIVITIES - continued

Public Benefit

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England & Wales.

ACHIEVEMENTS AND PERFORMANCE

STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP

Our ambition: physical activity has a prominent and sustained place at the strategic table across the systems of our region.

Our impact:

Empowering our future healthcare professionals

Evidence suggests that 1 in 4 people would be more active if advised by a healthcare professional. This would reduce the number of inactive adults in England by 2.9 million which would provide vast personal health benefits, reduce the strain on the NHS and boost the economy.

We've been working for years to integrate physical activity into healthcare, and more recently we've concentrated our efforts upstream to support the future workforce. In partnership with Newcastle University's Faculty of Medicine and the physical activity clinical champions (PAC) universal offer trainers, we've evolved our training and development for medical students, empowering them to better understand and advocate for physical activity.

We've improved shared knowledge and understanding and provided first-hand experience of physical activity prescription in situ by giving students PACC training embedded within their first semester, plus access to activity clinic shadowing opportunities, enabled by partnerships with primary care.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

**ACHIEVEMENTS AND PERFORMANCE:
STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

360 students undertook training this year:

- 95% improved their knowledge and understanding of the benefits of physical activity for patient health;
- 92% agreed that the training would allow them to better undertake a future health role more effectively;
- 92% felt that promoting physical activity would be more of a priority following the training.

Access to 29 activity clinics were offered to medical students, with 172 bookings made:

- 100% agreed that attending the shadowing session complemented PACC training learning outcomes;
- 92% were interested in further shadowing opportunities.

"It was really useful to see the theory that we learnt in the training put in place in real life people, and the benefit to them." Medical student

"It aided my knowledge of how doctors can encourage patients [to] include movement into their lives." Medical student

"This project has really given the students that insight into what challenges their patients face in a community setting. I think understanding that community focus is really at the heart of what any medical student really needs to know because ultimately they'll be applying that understanding in their daily practice." Dr Scott Walker, Newcastle University

Developing proactive social prescribing solutions

As well as this focus on the future, we're working here and now to reduce the strain on the NHS.

With physical activity already recommended in 98 NICE guidelines, the NHS is advocating for movement to be integrated into system-wide care. This year, in collaboration with primary care colleagues, we've successfully embedded a sustainable, activity-based, proactive solution into their practice. Our new Activity and Wellbeing Coach sits within the multi-disciplinary team, allowing practices to offer a wider, more tailored programme of group-based support than traditional social prescribing provides, enabling patients to live healthier, longer and more independent lives.

274 patients, living with various health conditions, are actively engaged in programmes championed by staff from Birtley, Oxford Terrace and Rawling Road Primary Care Network. Across frailty, weight management, MSK and women's health cohorts:

- 93% achieved their primary health goal;
- 95% of patients reported improved health;
- 74% have increased physical activity outside of supported sessions;
- 99% would advocate for their programmes to friends and family.

The impact of this innovative work has been highlighted in an evaluation by our academic partner NIHR NENC ARC. Findings suggest that this collaborative approach is a valuable system asset, enhancing the delivery of proactive personalised care, improving health outcomes and providing the potential to reduce healthcare use.

Our work has helped to strengthen individual behaviours that influence longer term change. Of a 75 person sample:

- 98% agreed that participating improved their confidence in being active;
- 97% agreed that participating encouraged them to be more active than before;
- 92% remained active 12 months after finishing the programme.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2025**

**ACHIEVEMENTS AND PERFORMANCE:
STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

The unique difference in this approach is that it allows primary care teams to proactively identify their patients from healthcare records and directly engage with them using existing health tech services. Working in this way has allowed our health partners to strengthen patient support based on hyper-local need and better tackle health inequalities.

Place-based working

All communities face different problems, which need bespoke solutions. We work directly with communities and local partners to understand and address these specific issues across all our place-based working from Berwick to South Tyneside to Gateshead and Newcastle.

In September 2024, on behalf of a consortium of partners, we secured Sport England place-based expansion development award funding. The focus of the development award is to gain a deeper understanding of the barriers that people in Gateshead and South Tyneside face to becoming more physically active. Here are some of the ways we've been working in the first six months:

- Developing a multi-agency Place Partnership Steering Group in each local authority area, including partners from the local authority, health, VCSE sector and Violence Reduction Unit;
- Strengthening relationships with place partners and helping to deepen their understanding of whole systems and place-based approaches;
- Developing collaborative relationships with other organisations working to address barriers to physical activity beyond Gateshead and South Tyneside at local and regional levels;
- Beginning the process of asset mapping in Gateshead and South Tyneside;
- Facilitating two System Leadership Programmes for partners and stakeholder identified as leaders in their respective local authority areas;
- Recruiting roles to gather insights on the barriers to physical activity faced by residents to ensure that evaluation and learning is at the forefront of this work.

Health, Wellbeing and Learning in the Early Years conference

We hosted our third annual early years conference for professionals from across the North East to gain professional development, share, learn and network. Over 100 participants experienced fantastic speeches and workshops. Huge thanks to our headline sponsors The Education Network and The North East Combined Authority, and our associate sponsors The Alnwick Garden and Lilidorei and Ability Consultants.

"Each workshop has been inspiring and will inform my practice."

"It has really opened my mind more professionally and personally."

"Best conference ever. Imaginative, interesting, Ben is brill, great motivational speaker."

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued

Participation in boards and networks

- We attend the Housing and Developer Fund for Sport and Play panel for Northumberland Council, providing upgrades to facilities, play areas and equipment to increase the opportunities for participation across the county.
- We're a member of the Active Partnership Network's Community of Practice for Active Environments steering group. We've worked to advocate for integrating Sport England's Active Design Principles into local planning policies and practice and promoted child-friendly planning and design and youth engagement in planning, regeneration and neighbourhood management.
- We've been actively involved in the panels for Playing Pitch Strategies and Local Football Facility Plans.
- Throughout the year, we continued our support to Newcastle City Council's Public Health team as they continued their Sport England-funded Core Cities programme, focussing on active travel, supporting girls to move more, physical activity within drug and alcohol treatment programmes, workplace wellbeing and a whole system approach to physical activity for the city.

BUILDING BACK FAIRER

Our ambition: using physical activity to support communities to move through, and past, the Covid-19 pandemic and emerge stronger and more resilient.

Our impact:

Improving health wellbeing and learning in the early years

In England, only 9% of 2-4 year olds and less than half of 5-18 year olds achieve the Chief Medical Officers' physical activity guidelines. This has a direct impact on their school readiness, academic and health outcomes in childhood, adolescence and beyond.

We're working to address this by delivering targeted programmes to break down barriers for children, young people, families and practitioners and reduce inequalities for our most underserved communities.

- Ready to Play: following the huge success of and demand for our early years bursary, we developed the Ready to Play project, supporting staff through training, offering equipment and resources for staff and parents. The project tackled wider health and social outcomes such as school readiness, social and communication development, but increasing sustainable physical activity and wellbeing was the focus through active play. Over 150 organisations applied to take part, so with funding and spaces limited, we were able to train 34 practitioners and indirectly reach 14,360 children across Northumberland and Tyne & Wear, significantly higher than the aim of 1,000 children.
- Our Bodies Are Made To Move animation: following requests, we developed an animation and workshop to quickly and effectively communicate the benefits of physical activity for children and young people and the guidelines supporting this.
- Physical literacy: Sunderland City Council's Public Health team approached us to upskill their early years practitioners with physical literacy training to improve knowledge and confidence. We worked in collaboration with them and Together for Children to provide our Active Start training and resources for 56 professionals working in the early years sector, who reach over 2,500 children.
- Through UKSPF and NECA funding, we fully launched Step Outdoors to use the power of nature-based outdoor play to boost children's learning and wellbeing, supporting school readiness, parent/carer and staff confidence, and support community connection.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: BUILDING BACK FAIRER - continued

"I have been incredibly fortunate to work with Rise recently. Their enthusiasm and genuine passion for improving outcomes for children shines through everything they do and their commitment to making sure disadvantaged children have the best possible outcomes is inspiring. As a trainer and keynote speaker it is extremely rewarding to work with an agency whose ethos aligns so strongly with my own. It also helps that they are always so welcoming and supportive when I visit!" Ben Kingston-Huges (Award winning trainer)

Women's Wellbeing in South Tyneside

We launched a new holistic employability support service in collaboration with Women's Health in South Tyneside (WHiST) and South Tyneside Council, thanks to UKSPF funding that aimed to improve pride in place and increase life chances across the UK by investing in communities, supporting local business, people and skills.

The project supported women by providing a personalised, person-centred approach. Service users received one-to-one support to identify barriers preventing them from considering employment and worked collaboratively with a key worker to develop individualised plans to overcome those challenges. Sessions focused on improving physical and mental well-being, raising confidence and self-esteem, communication and life skills. In addition to delivering engagement activities, the funding also supported WHiST to reopen the crèche which helped to remove childcare barriers.

To ensure the service reached those who would benefit most, our key worker was based in WHiST, an established locally trusted organisation, and launched a range of referral pathways from partners such as probation, Impact Family Services, South Tyneside Adult Recovery Service and the local VCSE sector.

Throughout the 12 month project:

- 23 economically inactive women have engaged with key worker support services;
- 279 individuals engaged in life skills opportunities;
- 172 individuals engaged in education/lifelong learning opportunities.

Of those women engaged in wellbeing activities:

- 77% reported reduced anxiety and depression;
- 70% reported improved health and fitness;
- 70% reported improved self esteem;
- 77% reported improved confidence;
- 64% reported reduced social isolation.

"I'm now less isolated, more focused and positive, have made friendships and have a reason to come out of the house."

"Helped [me] get fitter and find time for exercise around having young children. Good for confidence."

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE - continued

COMMUNITY BUILDING

Our ambition: ensuring physical activity supports communities' ability to develop, integrate and thrive.

Our impact:

Opening School Facilities (OSF) Fund

The final year of the Opening School Facilities (OSF) programme marked the most impactful phase of our three-year delivery, supporting a further 19 schools, bringing the total to 87 and exceeding our original programme target. This year, we particularly focused on recruiting SEND schools, including alternative provision, and culturally diverse communities, helping ensure the programme reached those most in need of additional support.

A further £1,025,031 was distributed in this final year, a record for us which contributed to our total funding distribution of £2,620,860 across the full programme. This funding enabled schools to open their facilities and deliver targeted inclusive, needs-led physical activity opportunities designed to meet the needs of children, young people and families.

Throughout the year, schools delivered 6,801 extra-curricular sessions, resulting in over 123,000 places taken up by children and young people, the highest participation across all three years, bringing our overall participation total to 176,304.

Our Breaking Down Barriers scheme continued in Year 3, supporting more OSF users to access essential items such as footwear, swimwear, coats, and sports kit to participate in sessions, reducing cost and stigma. An additional 15 schools (bringing the overall total to 34) accessed up to £500 worth of Decathlon vouchers, supporting over 800 children and young people.

"Being in the worst percentile of deprivation in the country, funding like this is sometimes the only way some of our students can keep up with the demands of social groups, allowing them to participate in sports." OSF-funded school

The year culminated in a vibrant Impact Celebration Conference in March 2025, with thanks to sponsorship from the North East Combined Authority, The Education Network and Enrich Education.

"OSF funding has provided our school with renewed ambition to improve our pupils lives through physical activity on their bikes. Many non-riders are now able to ride, and families are also taking opportunities to ride during the weekends or after school." (Denbigh Community Primary School)

"We would like to sincerely thank the OSF programme/Rise for enabling our school to facilitate a wide variety of inclusive daily sessions for children with complex learning difficulties and disabilities at lunchtimes and after the school day over the past three years. Their support is greatly appreciated and has enabled many children with special educational needs and disabilities to engage with physical activity during extra-curricular sessions. Thank you." (Cleaswell Hill School)

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued

This Girl Can

Women need to have access to opportunities to be physically active in ways that work for them. We developed This Girl Can Newcastle (TGCN) with Newcastle City Council focusing on three underserved groups, to understand the barriers to being physically active:

- Pregnant women and women who have children under one;
- Women aged 55+;
- Women in ethnically diverse communities.

There are two main aims:

- To create a network of VCSE organisations and volunteers who can own and empower appropriate and accessible physical activity opportunities for women and girls across Newcastle;
- To upskill professionals within services relevant to women and girls in the city (for example, family hubs and leisure operators) to be advocates for physical activity through their interactions with women and girls and how they practically support more women and girls to use their community assets and services;

To ensure we create a strong, effective and enduring network to tackle physical inactivity in women and girls, our coordinator has been working with colleagues in the local authority and, leisure, health, VCSE and education sectors to:

- Develop a Theory of Change Model;
- Gather further insight into the barriers to physical activity experienced by women and girls;
- Deliver Physical Activity Clinical Champions (PACC) training to social prescribers, leisure staff and the VCSE sector;
- Facilitate collaboration between organisations working with women and girls;
- Undertake Ripple Effect Mapping (REM) to capture the collaboration happening across the women and girls network.

Multi-Sports and PlayZones project

Multi-Sport and PlayZones engage with local communities across the country to create outstanding sports and activity spaces and tackle inequalities in participation. There are 15 PlayZones built or planned for our area and we also give advice and guidance in Teesside and Cumbria.

We're implementing and coordinating a test and learn scheme for the activation of Multi-Sports sites, with seven pilot projects across a broad range of Football Foundation and Lawn Tennis Association facilities and communities.

As a leader, advocate and catalyst:

- We give guidance in planning, community engagement and delivery oversight;
- We've co-ordinated the convening of regional PlayZone leads to align strategy, share insight, and strengthen consistency across implementation;
- We regularly contribute to the national group, updating progress reports to inform the national monitoring, evaluation and learning, and represent local issues and concerns.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued

Health and wellbeing in the natural environment

Access to nature can improve health and wellbeing and we've developed our relationships to support the green social prescribing agenda in nature, including attending workshops with the Wildlife Trust and Natural England in Ashington and Houghton-Le-Spring.

In addition, we attended a greener health and wellbeing network event at Elemore County Park hosted by Natural England and the Wildlife Trust, and a wellbeing and the environment event organised by Connected Voice.

TACKLING OUR CLIMATE CRISIS

Our ambition: physical activity supporting the drive to reduce the rate of global warming and limit climate change.

Our impact:

Environmental sustainability

As an organisation we have a commitment to make a difference through sustainability and health, setting an example for and supporting organisations and partners on their environmental sustainability journey. We've pledged to half our carbon emissions by 2030 and to help achieve this target, we enrolled in Investors in the Environment Accreditation and in November 2024 we achieved a green award, which is the highest level of accreditation.

We've focused on sustainable travel and participation in national campaigns such as World Environment Day and Plastic Free July. In August 2024 to coincide with the Paris Olympics our staff cycled 584 miles, representing the distance from our North Shields office to the Olympic Velodrome in Paris. The challenge promoted active travel, a key component of our sustainability plan, whilst fostering team engagement and reducing our carbon footprint.

Active travel

Active travel means making journeys in physically active ways such as walking, wheeling, cycling or scootering with the aim of making active travel the natural choice for short journeys. Here are some of the ways we're making this a reality:

- We're part of the Newcastle Sustainable Schools working group, which has been formed to evaluate all the options and interventions for active travel to schools across the city with an aim to provide a more comprehensive and co-ordinated offer;
- We contribute to the Active Travel forum which meets regularly to discuss more general active travel options across Newcastle;
- We attend the Northumberland Cycling, Walking and Wheeling Board and advocate for active travel opportunities;
- We attended a Transport Needs Assessment session organised by South Tyneside Council to consider what is already available and what could be done to improve transport options for all residents within the borough.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: TACKLING OUR CLIMATE CRISIS - continued

Active travel needs to be inclusive and open to everyone. That's why we've continued to raise the awareness of inclusive cycling needs and inclusive active travel opportunities across the region. We've been working with a network of organisations including Sustrans, Wheels for All, Activity Alliance and North Tyneside Council to support inclusive cycling, including along the major new North Tyneside coastal route where there are plans to look for a suitable hub location. We've also worked with partners in Gateshead and Northumberland on this important agenda.

HEALTHY MINDS FOR HEALTHY LIVES

Our ambition: the role of physical activity in supporting mental wellbeing, as well as physical wellbeing.

Our impact:

Supporting men's mental health in Berwick upon Tweed

Many men in the town face challenges including unemployment, poor health, isolation and poverty. In the last year, our Key Worker supported 28 young men aged (16-30) through their own unique situation, treating each as a person.

- 78% reported improved mental and emotional wellbeing;
- 91% demonstrated reduced risk to violence and anti-social behaviour;
- 91% understood of consequences of substance misuse;
- 70% self-reported increased feelings of safety;
- 87% of families reported less concerns for the individuals since engaging with the programme;
- 57% increased engagement in physical activity.

We employed a Community Development Worker to develop greater opportunities for young people to be more physically active, improve their social opportunities and tackle inequalities. She undertook a consultation with young people living in Berwick that engaged around 350 people to find out directly from them what they need.

Aiming to support participants into paid work, she has facilitated initiatives that can improve skills, confidence, physical activity levels, reduce isolation and provide social opportunities such as employability and wellness courses. To support life skills of young people, she has launched an orienteering challenge, alongside supporting local organisations to start junior darts and musical theatre opportunities.

Safeguarding and sport welfare

We're committed to ensuring that children, young people and adults at risk can take part in physical activity and sport in a safe environment. To reinforce this, we joined the International Safeguards for Children in Sport initiative.

Our sport welfare officers are part of a network funded by Sport England and the National Lottery that support sports clubs and organisations to create safer, more inclusive and welcoming spaces. They collaborate with a wide range of experts and support club welfare and safeguarding officers and volunteers, providing them with training, often focusing on inclusive club development, adopting high safeguarding standards and sharing best practice tips.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: HEALTHY MINDS FOR HEALTHY LIVES - continued

For Keeping Your Child Safe in Sport Week in October we ran a workshop for parents and carers about working together with clubs, and linked with YGam to offer a session on raising awareness of e-gaming and gambling harm in young people. For Safeguarding Adults Week in November, we worked with partners to organise free workshops on drug and alcohol harm, and preventing radicalisation. In March we ran an event focusing on inclusion in sport with over 50 attendees from local sports and community clubs and supported by a wide range of partner organisations.

HARNESSING DATA, DIGITAL AND TECHNOLOGY

Our ambition: ensuring technological developments are utilised to drive the physical activity agenda forward.

Our impact:

To make sure our work is effective and based on what our communities need, we have a dedicated research and insight team. Working with Rise colleagues and external stakeholders, the team plan and undertake research, insight, monitoring and evaluation to understand needs, support influencing and to identify the impact of investments interventions and partnerships and keep funders updated on our activities and outcomes.

This has included:

- using Social Value Engine software to explore the feasibility of capturing the social value created by specific activities and interventions we deliver;
- creating a new monitoring, evaluation and learning framework to capture the impact of our work in Berwick, that includes use of The Outcomes Star;
- undertaken evaluation of our work in Berwick, our women's wellbeing project in South Tyneside and our early years Step Outdoors programme.

We've loaned activity trackers to three schools as a limited pilot, which has highlighted groups of children who are most and least active in those schools, helping us to see the impact of PE and playtimes on activity levels and identify times of the day and groups of children that are less active. This has fed into our work with the schools and focused our support.

CELEBRATING THE WORK THAT UNDERPINS OUR IMPACT

To help us achieve all this amazing work, so many different vital supporting elements are in place that cut across everything that we do. Here are just some of them.

Supporting our people

As part of our commitment to supporting the wellbeing of our staff and giving them the best chance to thrive, a 4-day working week has now been adopted permanently and embedded.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

ACHIEVEMENTS AND PERFORMANCE: CELEBRATING THE WORK THAT UNDERPINS OUR IMPACT - continued

Rise Workplace Wellbeing

We were thrilled to launch our Rise Workplace Wellbeing e-learning programme at the end of last year. Designed to support employees' mental, physical, and emotional health, the programme is already making an impact. We're proud to be working with fantastic organisations, including local authorities, education partners, and the NHS — with all income generated reinvested into our charitable work. We are looking forward to continuing our work in this space with businesses and organisations across the North East.

Equality, diversity and inclusion

We're committed to equality, diversity and inclusion in all our work. Our goal is to have a workforce that thrives but is also representative of the communities we work with and for - so establishing a sense of belonging for our team and our partners.

Governance

Good governance keeps us on track and held to account. We are proud to be compliant with Sport England's Code for Sports Governance at Tier 3, the highest level.

Funding

Thank you to our funders - both new and returning. We're incredibly grateful for your support.

FINANCIAL REVIEW

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Together Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net expenditure of £8,888, including net income on restricted funds of £81,860 (unrestricted net expenditure amounted to £90,748).

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

FINANCIAL REVIEW - continued

Policy on Reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves - those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. The trustees consider that it would be appropriate to hold the equivalent of 3 months' operational costs (salaries, overheads and some operational delivery) which would equate to holding approximately **£365,000 - £415,000** in free reserves.

The directors have designated **£327,000** (2024: £477,000) of reserves to cover:

- Staff redundancy costs of **£175,000** should these become necessary on a closure of the charity (2024: £142,000);
- **£127,000** ringfenced to cover self-funded roles within the organisation during 2025-26 (2024 deficit budget: £310,000); and
- a contingency budget of **£25,000** (2024: £25,000) for consultancy costs, including legal costs, that would be needed should the charity be required to close in the future.

As at 31 March 2025, undesignated reserves, including those being accumulated to be held towards the equivalent of 3 months' operating costs, were **£335,706 (not including the fixed assets)**. This is a minimum of **£29,294** and a maximum of **£79,294** short of the target of holding **£365,000 - £415,000** for 3 months' operating costs for 2025-2026.

The trustees have prepared a budget and cashflow forecast and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis, they have continued to adopt the going concern basis when preparing the financial statements.

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day-to-day basis. The pay of the KMP is reviewed annually and normally increased annually in line with contributions towards the average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control and Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October,
- Approval of annual budget in May,
- Regular consideration by trustees of financial results and variations from budget,
- Monitoring of performance against the annual plan,
- Delegation of authority and separation of duties.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

FUTURE PLANS

Looking forward to 2025-2026 there are significant changes for Rise that will change the way that we operate but are designed to improve our ability to deliver our charitable objects.

Of key strategic significance for 2025-2026 is the transfer of the staff and assets from County Durham Sport into Rise. This grows the geographical coverage of Rise to incorporate all seven of the local authorities that form part of the new North East Combined Authority. Following the transfer, we will need to spend time understanding the new geography and building relationships with new partners and stakeholders. We will also need to review how the charity is structured, and make changes as necessary, in order to ensure that we are delivering in an efficient and effective manner.

During the year, we will also refresh our Rise Together 2021-2031 strategy. The original strategy was heavily influenced by Covid and did not factor in the transfer of a neighbouring active partnership into Rise, meaning that this year is a good time to revisit the strategy and update it where necessary to ensure that it is fit for purpose for the duration of its term. A refreshed strategy will also lead on to an updated Implementation Plan for the remaining duration of our current Sport England system partner funding period (i.e. through to March 2027).

From an operational perspective, the following areas will be significant during the forthcoming year:

- Sport England place-based investment continues to provide significant opportunities to develop place-based working in more parts of our region. We anticipate that a further three local authority areas will become eligible for funding, joining Gateshead and South Tyneside who came on stream in 2024-2025. In addition, those LA areas that do not receive place expansion investment will also become eligible for Sport England's Place Universal Offer during the year.
- Following a first year of operation for the new North East Combined Authority, which provided us with various opportunities to work in schools and early years settings, we anticipate that further opportunities to work with the Combined Authority in the children and young people's space will become live. This will sit alongside opportunities to:
 - support youth voice work in partnership with the North East and North Cumbria Integrated Care Board; and
 - understand the new approach from Government to school sport and physical activity and ensure that this is delivered in a way that supports the needs of inactive children and young people in particular.
- Following the launch of our Workplace Wellbeing offer in late 2024, the promotion and development of this offer will continue in 2025-2026 as a key vehicle through which we seek to diversify our income streams.
- Our offer of support for grassroots sports clubs and organisations will grow during the year, with support for environmental sustainability now offered in addition to our existing safeguarding and welfare support. For groups and sports in certain situations, we will also be able to open up opportunities to apply for revenue funding to activate facilities that have previously received capital funding from the Football Foundation.
- Our commitment to equality, diversity and inclusion continues, with our inaugural DIAP (Diversity & Inclusion Action Plan) from 2024-2025 setting us up well to continue into a new DIAP for the year.
- With significant changes taking place in the health landscape, and with the launch of the NHS Ten Year Plan forecast for this coming year, we will continue to engage with partners and stakeholders to support the integration of physical activity into both prevention and treatment pathways.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

Nature of Governing Document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3 March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2 November 2021.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four-year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification.

All trustees, including the Chair are volunteers and so receive no remuneration.

Induction, Training and Evaluation of the Board

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of the trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

Organisational Structure

The Board comprises all the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

Compliance with the Sport England / UK Sport Code of Governance

In December 2021, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with. In the year, Sport England confirmed our compliance with the code.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under that law, the trustees have elected to prepare the financial statements in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law).

Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of BK Plus Audit Limited as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 26 November 2025 and signed on its behalf by:

S Gordon - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinion

We have audited the financial statements of Rise North East (the 'charitable company') for the year ended 31 March 2025 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. In this regard, our procedures include the following:

- enquiry of management around actual and potential litigation and claims;
- reviewing minutes of meetings of those charged with governance;
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business;
- challenging assumptions and judgements made by management in their significant accounting estimates.

Because of the field in which the charity operates, we have identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; Employment Law; and compliance with the Companies and Charities Acts.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Colin Chater FCA (Senior Statutory Auditor)
for and on behalf of BK Plus Audit Limited
Chartered Certified Accountants and Statutory Auditors
Azzurri House
Walsall Road
Aldridge
Walsall
WS9 0RB

26 November 2025

RISE NORTH EAST

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT) FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 Total funds £	2024 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	229	394,200	394,429	243,826
Charitable activities	5				
Charitable Activities		-	1,347,606	1,347,606	1,111,980
Other trading activities	3	18,249	3,250	21,499	9,743
Investment income	4	<u>27,770</u>	<u>-</u>	<u>27,770</u>	<u>28,735</u>
Total		<u>46,248</u>	<u>1,745,056</u>	<u>1,791,304</u>	<u>1,394,284</u>
EXPENDITURE ON					
Charitable activities	6				
Charitable Activities		<u>146,151</u>	<u>1,654,041</u>	<u>1,800,192</u>	<u>1,542,091</u>
NET INCOME/(EXPENDITURE)					
Transfers between funds	18	(99,903) <u>9,155</u>	91,015 <u>(9,155)</u>	(8,888) <u>-</u>	(147,807) <u>-</u>
Net movement in funds		(90,748)	81,860	(8,888)	(147,807)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>771,487</u>	<u>304,361</u>	<u>1,075,848</u>	<u>1,223,655</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>680,739</u></u>	<u><u>386,221</u></u>	<u><u>1,066,960</u></u>	<u><u>1,075,848</u></u>

The notes form part of these financial statements

RISE NORTH EAST**BALANCE SHEET
31 MARCH 2025**

	Notes	2025 £	2024 £
FIXED ASSETS			
Tangible assets	13	18,033	14,892
CURRENT ASSETS			
Debtors	14	112,091	125,335
Cash at bank		<u>1,122,643</u>	<u>1,059,927</u>
		1,234,734	1,185,262
CREDITORS			
Amounts falling due within one year	15	(185,807)	(124,306)
		<u> </u>	<u> </u>
NET CURRENT ASSETS		<u>1,048,927</u>	<u>1,060,956</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		1,066,960	1,075,848
		<u> </u>	<u> </u>
NET ASSETS		<u>1,066,960</u>	<u>1,075,848</u>
FUNDS	18		
Unrestricted funds		680,739	771,487
Restricted funds		<u>386,221</u>	<u>304,361</u>
TOTAL FUNDS		<u>1,066,960</u>	<u>1,075,848</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 26 November 2025 and were signed on its behalf by:

S Gordon - Trustee

RISE NORTH EAST**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2025**

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	20	<u>44,098</u>	<u>(177,656)</u>
Net cash provided by/(used in) operating activities		<u>44,098</u>	<u>(177,656)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(9,152)	(4,706)
Sale of tangible fixed assets		-	(3)
Interest received		<u>27,770</u>	<u>28,735</u>
Net cash provided by investing activities		<u>18,618</u>	<u>24,026</u>
Change in cash and cash equivalents in the reporting period		62,716	(153,630)
Cash and cash equivalents at the beginning of the reporting period		<u>1,059,927</u>	<u>1,213,557</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,122,643</u></u>	<u><u>1,059,927</u></u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting period
- periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pension costs and other post-retirement obligations

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

1. ACCOUNTING POLICIES - continued

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2025	2024
	£	£
Donations	229	197
Grants	<u>394,200</u>	<u>243,629</u>
	<u>394,429</u>	<u>243,826</u>

3. OTHER TRADING ACTIVITIES

	2025	2024
	£	£
Conferences and similar events	13,456	4,891
Other income	<u>8,043</u>	<u>4,852</u>
	<u>21,499</u>	<u>9,743</u>

4. INVESTMENT INCOME

	2025	2024
	£	£
Bank interest receivable	<u>27,770</u>	<u>28,735</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2025	2024
		£	£
Grants	Charitable Activities	<u>1,347,606</u>	<u>1,111,980</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable Activities	<u>1,790,101</u>	<u>10,091</u>	<u>1,800,192</u>

7. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Charitable Activities	<u>6,011</u>	<u>4,080</u>	<u>10,091</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2025 £	2024 £
Auditor's remuneration	4,080	3,840
Depreciation - owned assets	5,454	4,827
Deficit on disposal of fixed assets	<u>557</u>	<u>2,097</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2025 nor for the year ended 31 March 2024.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2025 nor for the year ended 31 March 2024.

10. STAFF COSTS

	2025 £	2024 £
Wages and salaries	1,019,768	852,395
Social security costs	91,719	80,860
Other pension costs	<u>86,781</u>	<u>75,162</u>
	<u>1,198,268</u>	<u>1,008,417</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

10. STAFF COSTS - continued

The average monthly number of employees during the year was as follows:

	2025	2024
Management and administration	10	9
Charitable activities	<u>21</u>	<u>17</u>
	<u>31</u>	<u>26</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2025	2024
£70,001 - £80,000	<u>1</u>	<u>1</u>

The total employee benefits of the charity's key management personnel amounted to £286,466 (2024 - £267,891).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	197	243,629	243,826
Charitable activities			
Charitable Activities	-	1,111,980	1,111,980
Other trading activities	7,866	1,877	9,743
Investment income	<u>28,735</u>	<u>-</u>	<u>28,735</u>
Total	<u>36,798</u>	<u>1,357,486</u>	<u>1,394,284</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities	<u>122,935</u>	<u>1,419,156</u>	<u>1,542,091</u>
NET INCOME/(EXPENDITURE)			
Transfers between funds	(86,137) <u>4,706</u>	(61,670) <u>(4,706)</u>	(147,807) <u>-</u>
Net movement in funds	(81,431)	(66,376)	(147,807)
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>
TOTAL FUNDS CARRIED FORWARD	<u><u>771,487</u></u>	<u><u>304,361</u></u>	<u><u>1,075,848</u></u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

12. INCOME RECEIVED FROM PUBLIC INVESTORS

	Sport England £	Other Grants £	Total £
Income	<u>1,347,606</u>	<u>395,550</u>	<u>1,743,156</u>
	<u>1,347,606</u>	<u>395,550</u>	<u>1,743,156</u>
Expenditure			
Staff costs (including on costs)	891,814	219,491	1,111,305
Equipment hire/purchase	7,097	16,886	23,983
Hire of facilities	10,313	17,710	28,023
Promotion/publicity/insight	28,747	24,802	53,549
Coaches/tutor fees/expenses	24,571	21,445	46,016
Transport/travel costs	12,240	3,108	15,348
Training	11,242	378	11,620
Other: office related costs, phone and ICT	93,654	8,043	101,697
Other: professional fees	28,355	264	28,619
Other: grants to local organisations	67,452	110,349	177,801
Other: refreshments/misc	23,433	482	23,915
Other: other operational costs including programme delivery	6,039	1,770	7,809
Other: management fee	<u>-</u>	<u>25,008</u>	<u>25,008</u>
	<u>1,204,957</u>	<u>449,736</u>	<u>1,654,693</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

13. TANGIBLE FIXED ASSETS

	Furniture and equipment £
COST	
At 1 April 2024	53,984
Additions	9,152
Disposals	<u>(10,201)</u>
At 31 March 2025	<u>52,935</u>
DEPRECIATION	
At 1 April 2024	39,092
Charge for year	5,454
Eliminated on disposal	<u>(9,644)</u>
At 31 March 2025	<u>34,902</u>
NET BOOK VALUE	
At 31 March 2025	<u>18,033</u>
At 31 March 2024	<u>14,892</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025 £	2024 £
Trade debtors	23,381	40,991
Accrued income	55,079	41,576
Prepaid expenses	<u>33,631</u>	<u>42,768</u>
	<u>112,091</u>	<u>125,335</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2025

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Trade creditors	66,362	68,313
Social security and other taxes	24,167	-
VAT	5,252	2,754
Other creditors	1,957	-
Deferred income	81,500	45,701
Accrued expenses	<u>6,569</u>	<u>7,538</u>
	<u>185,807</u>	<u>124,306</u>

	£
Deferred income at 1 April 2024	99,700
Released to incoming resources	(99,700)
Amount deferred in year	<u>45,701</u>
Deferred income at 31 March 2025	<u>45,701</u>

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2025	2024
	£	£
Within one year	<u>7,680</u>	<u>7,680</u>

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2025 Total funds	2024 Total funds
	£	£	£	£
Fixed assets	18,033	-	18,033	14,892
Current assets	767,013	467,721	1,234,734	1,185,262
Current liabilities	<u>(104,307)</u>	<u>(81,500)</u>	<u>(185,807)</u>	<u>(124,306)</u>
	<u>680,739</u>	<u>386,221</u>	<u>1,066,960</u>	<u>1,075,848</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS

	At 1/4/24 £	Net movement in funds £	Transfers between funds £	At 31/3/25 £
Unrestricted funds				
General fund	294,487	(99,903)	159,155	353,739
Self-funded roles and budget deficits	310,000	-	(183,000)	127,000
Redundancy Fund	142,000	-	33,000	175,000
Contingency	25,000	-	-	25,000
	<u>771,487</u>	<u>(99,903)</u>	<u>9,155</u>	<u>680,739</u>
Restricted funds				
SE Systemic Role	163,301	(66,646)	(6,509)	90,146
SE Delivery Role	-	2,646	(2,646)	-
Access to Schools	8,003	(8,003)	-	-
Royal Foundation - Coach Core	(150)	150	-	-
Disability Tennis Network	10,248	(10,248)	-	-
Together Fund	-	1,400	-	1,400
NHS - CNTW	36,416	(36,416)	-	-
Police and Crime Commissioner - Phase 2	4,110	(4,110)	-	-
SE Multi-Sports Playzone Project	12,172	795	-	12,967
Awards for All - Berwick	10,000	(10,000)	-	-
Sunderland CC Active Start	940	(940)	-	-
Safeguarding Project - National Network	34,825	17,746	-	52,571
Community Foundation - South Shields	6,391	(6,391)	-	-
Community Foundation - Berwick Dev Worker	7,738	(7,738)	-	-
Community Foundation - Waiting Well (3 LAs)	-	4,272	-	4,272
Health Integration / Social Prescribing Extension	10,367	(10,367)	-	-
Multi Sport Activation Fund	-	50,640	-	50,640
Bernicia - Berwick Dev Worker	-	1,294	-	1,294
LNER	-	1,200	-	1,200
This Girl Can Newcastle	-	10,681	-	10,681
NECA NoT Poverty Reduction	-	14,741	-	14,741
Place Based - Gateshead	-	59,235	-	59,235
Place Based - South Tyneside	-	87,074	-	87,074
	<u>304,361</u>	<u>91,015</u>	<u>(9,155)</u>	<u>386,221</u>
TOTAL FUNDS	<u>1,075,848</u>	<u>(8,888)</u>	<u>-</u>	<u>1,066,960</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	46,248	(146,151)	(99,903)
Restricted funds			
SE Systemic Role	793,475	(860,121)	(66,646)
SE Delivery Role	105,000	(102,354)	2,646
Access to Schools	76,661	(84,664)	(8,003)
County Durham Sport - Infrastructure & Environment	17,621	(17,621)	-
Royal Foundation - Coach Core	29,600	(29,450)	150
Disability Tennis Network	-	(10,248)	(10,248)
Health Integration	500	(500)	-
Together Fund	1,400	-	1,400
NHS - CNTW	-	(36,416)	(36,416)
Police and Crime Commissioner - Phase 2	28,000	(32,110)	(4,110)
SE Multi-Sports Playzone Project	20,209	(19,414)	795
PE & School Sport Alliance	1,350	(1,350)	-
Awards for All - Berwick	-	(10,000)	(10,000)
Sir James Knott - Berwick Post	5,000	(5,000)	-
Sunderland CC Active Start	-	(940)	(940)
Safeguarding Project - National Network	109,849	(92,103)	17,746
Community Foundation - South Shields	-	(6,391)	(6,391)
Community Foundation - Berwick Dev Worker	-	(7,738)	(7,738)
Community Foundation - Waiting Well (3 LAs)	13,672	(9,400)	4,272
RW Mann - Step Outdoors NoT	1,000	(1,000)	-
Health Integration / Social Prescribing Extension	5,314	(15,681)	(10,367)
Path 2 Paris	11,500	(11,500)	-
UKSPF - South Tyneside	126,619	(126,619)	-
Multi Sport Activation Fund	77,000	(26,360)	50,640
Hadrian Trust - Berwick Dev Worker	1,500	(1,500)	-
Alpkit Foundation - Step Outdoors	200	(200)	-
Hospital of God - Berwick Dev Worker	2,320	(2,320)	-
NENC Core20 - Early Years	9,943	(9,943)	-
Bernicia - Berwick Dev Worker	9,386	(8,092)	1,294
LNER	14,461	(13,261)	1,200
This Girl Can Newcastle	45,374	(34,693)	10,681
North Tyneside VODA - UKSPF CYP	9,967	(9,967)	-
NECA NoT Poverty Reduction	36,750	(22,009)	14,741
Place Based - Gateshead	80,693	(21,458)	59,235
Place Based - South Tyneside	110,692	(23,618)	87,074
	<u>1,745,056</u>	<u>(1,654,041)</u>	<u>91,015</u>
TOTAL FUNDS	<u>1,791,304</u>	<u>(1,800,192)</u>	<u>(8,888)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	360,918	(86,137)	19,706	294,487
Self-funded roles and budget deficits	244,000	-	66,000	310,000
Redundancy Fund	143,000	-	(1,000)	142,000
Contingency	105,000	-	(80,000)	25,000
	852,918	(86,137)	4,706	771,487
Restricted funds				
SE Systemic Role	185,452	(17,445)	(4,706)	163,301
Access to Schools	20,648	(12,645)	-	8,003
Royal Foundation - Coach Core	1,065	(1,215)	-	(150)
NLD PA Strategy - Thriving Together	1,200	(1,200)	-	-
Disability Tennis Network	11,273	(1,025)	-	10,248
MIND	1,633	(1,633)	-	-
Thriving Communities	9,609	(9,609)	-	-
Together Fund	5,474	(5,474)	-	-
NHS - CNTW	111,787	(75,371)	-	36,416
Police and Crime Commissioner – Phase 2	759	3,351	-	4,110
UK Youth Project	3,000	(3,000)	-	-
ICS Child Health Inequalities Fund	2,402	(2,402)	-	-
SE Multi-Sports Playzone Project	10,162	2,010	-	12,172
VONNE - Going Green	2,000	(2,000)	-	-
PE & School Sport Alliance	1,009	(1,009)	-	-
ICS Healthier Together	3,264	(3,264)	-	-
Awards for All - Berwick	-	10,000	-	10,000
Sunderland CC Active Start	-	940	-	940
Safeguarding Project - National Network	-	34,825	-	34,825
Community Foundation - South Shields	-	6,391	-	6,391
Community Foundation - Berwick Dev Worker	-	7,738	-	7,738
Health Integration / Social Prescribing	-	10,367	-	10,367
	370,737	(61,670)	(4,706)	304,361
TOTAL FUNDS	<u>1,223,655</u>	<u>(147,807)</u>	<u>-</u>	<u>1,075,848</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	36,798	(122,935)	(86,137)
Restricted funds			
SE Systemic Role	794,552	(811,997)	(17,445)
SE Delivery Role	105,000	(105,000)	-
Access to Schools	76,661	(89,306)	(12,645)
County Durham Sport - Infrastructure & Environment	17,052	(17,052)	-
Royal Foundation - Coach Core	32,800	(34,015)	(1,215)
NLD PA Strategy - Thriving Together	300	(1,500)	(1,200)
Disability Tennis Network	-	(1,025)	(1,025)
MIND	3,500	(5,133)	(1,633)
Thriving Communities	23,240	(32,849)	(9,609)
Together Fund	74,950	(80,424)	(5,474)
NHS - CNTW	-	(75,371)	(75,371)
Police and Crime Commissioner - Phase 2	40,550	(37,199)	3,351
Sunderland Uni Graduate Intern	500	(500)	-
UK Youth Project	5,650	(8,650)	(3,000)
ICS Child Health Inequalities Fund	-	(2,402)	(2,402)
Places & Spaces - Crowdfunding	17,943	(17,943)	-
SE Multi-Sports Playzone Project	19,484	(17,474)	2,010
VONNE - Going Green	3,000	(5,000)	(2,000)
PE & School Sport Alliance	-	(1,009)	(1,009)
ICS Healthier Together	-	(3,264)	(3,264)
Awards for All - Berwick	10,000	-	10,000
Northumbria Uni Intern	1,042	(1,042)	-
Sir James Knott - Berwick Post	5,000	(5,000)	-
Sunderland CC Active Start	10,000	(9,060)	940
Safeguarding Project - National Network	44,517	(9,692)	34,825
Bupa Foundation/Groundwork UK	2,496	(2,496)	-
Community Foundation - South Shields	9,901	(3,510)	6,391
Community Foundation - Berwick Dev Worker	9,826	(2,088)	7,738
Health Integration / Social Prescribing Extension	18,929	(8,562)	10,367
UKSPF - South Tyneside	3,399	(3,399)	-
Hospital of God - Berwick Dev Worker	180	(180)	-
Bernicia - Berwick Dev Worker	614	(614)	-
Moving Communities	26,400	(26,400)	-
	<u>1,357,486</u>	<u>(1,419,156)</u>	<u>(61,670)</u>
TOTAL FUNDS	<u>1,394,284</u>	<u>(1,542,091)</u>	<u>(147,807)</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

18. MOVEMENT IN FUNDS - continued

The specific purposes for which the funds are to be applied are as follows:

Sport England - Systemic & Delivery Funding

This is our core funding, provided by Sport England, which focuses on us influencing local systems to create more opportunities for people to take part in sport and physical activity. It aims to tackle the inequalities that affect people's participation in sport and physical activity whilst supporting the aims and objectives of Sport England's 10-year strategy 'Uniting the Movement'. Our work focuses upon helping local partners to unlock the power of physical activity and collectively affect long-term system change to positively impact more lives across our region, particularly those who need it the most.

Sport England - Community Football & Multi-Sports Capacity (programme started pre-April 2024)

This funding is provided by Sport England to help to strengthen the relationship between local and national strategy and delivery, and to connect local resource, intelligence and experience to national programme design. It aims to maximise the impact of the targeted investment into community football, tennis and multi-sport facilities, ensuring that they are delivered in the communities that need it the most, with an overall priority focus on tackling inactivity.

Sport England - Thriving Communities (programme started pre-April 2024)

Through the Thriving Communities Fund we are working to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project aims to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by Covid-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health.

Sport England - National Safeguarding Network (programme started pre-April 2024)

Funding provided by Sport England to appoint two Sport Welfare Officers as part of the national network being created across England in response to the Whyte Review. The Welfare Officers will support National Governing Bodies of Sport and local sports clubs and delivery organisations, promoting good practice and safe sport at a local level, and helping to create safer environments for participants.

Sport England - Football Multi-Sport Activation Fund

This funding is provided by Sport England and aims to help activate eligible local facilities, providing support to help local groups to access new and improved facilities. The fund aims to increase physical activity levels and has a particular focus on culturally diverse communities, those from lower socio-economic groups, women and girls, and those with a disability or long-term health condition.

Sport England - This Girl Can Newcastle

Funding provided by Sport England to deliver a revamped This Girl Can Newcastle programme, supporting women and girls facing barriers to being physically active across the city. The work involves helping to create a network of VCSE organisations and volunteers who can empower women and girls to access physical activity opportunities, and upskilling professionals and operators to be advocates for physical activity.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

18. MOVEMENT IN FUNDS - continued

Sport England - Place Expansion Gateshead & South Tyneside

This is part of Sport England's significant national investment into place-based work, focusing upon the places that have the greatest need. The funding will enable us to work with key local partners in Gateshead and South Tyneside to develop a deeper understanding of the places, their audiences, the barriers and enablers to residents being active, to better understand community needs and develop stronger relationships with key local stakeholders to increase physical activity levels.

Active Partnership Network DfE - Opening School Facilities (OSF) Capacity Funding (programme started pre-April 2024)

Awarded by the Department for Education via the Active Partnership Network for us to assist with the delivery of the £57m national OSF programme. The project aims to support schools to open up their sports facilities outside of the school day, to both school and community users, in order to create sustainable change in increased physical activity levels in communities where they are needed most. The programme is targeted towards helping to encourage and enable more women and girls, people from disadvantaged and culturally diverse communities, and children with special educational needs and disabilities to become more active.

British Olympic Foundation

This funding is provided by the British Olympic Foundation to run the 'Path to Paris' programme, which aims to inspire and influence schools, families and local communities to get moving by virtually travelling to Paris (linked to the Paris 2024 Olympic and Paralympic Games).

Youth Sport Trust - Education Alliance

Funding provided from the Youth Sport Trust for us to plan, organise and deliver a Secondary School PE Conference in partnership with the Tyne & Wear and Northumberland Education Alliance.

North East & North Cumbria Integrated Care Board (NENC ICB) Core 20 Plus 5

This project builds on a previous pilot and aims to address concerns around school readiness. The project involves providing equipment and training to schools, nurseries and wider organisations that serve high proportions of disadvantaged 0-5 year olds so that the practitioners can increase physical activity levels, address health inequalities and improve early development and school readiness.

Cumbria, Northumberland and Tyne & Wear NHS Foundation Trust (Underspend) (programme started pre-April 2024)

Funding provided to make improvements to the health and wellbeing of staff in the ICS workforce. The programme aims to provide physical and mental health benefits to people and address wider health inequalities.

North East Combined Authority (NECA)

Funding provided by NECA to support their aspirations focused on reducing and preventing child poverty. The project we have been funded for focuses on providing early intervention for vulnerable children aged 2-11 years old to improve physical and mental wellbeing, in addition to seeking to change school culture to embrace physical activity, play, movement and wider emotional health and wellbeing. It includes bespoke school visits, the development of bespoke action plans to facilitate change, Step Outdoors sessions for parents and carers, and training and resources for practitioners to support them to embed physical movement in the early years for child development.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

18. MOVEMENT IN FUNDS - continued

South Tyneside Council - UKSPF (programme started pre-April 2024)

Funding provided by South Tyneside Council through the UK Shared Prosperity programme for a specific project focused on supporting women into employment, particularly targeting young women with caring responsibilities and those living with poor mental health. The project is being delivered in partnership with local charity Women's Health in South Tyneside (WHiST), public health and some other local partners and will focus upon improving physical and mental wellbeing, as well as developing life skills.

North Tyneside Council - UKSPF

Funding provided by North Tyneside Council through the UK Shared Prosperity programme to deliver a project co-designed with families which supports their and their children's needs. The project involves the delivery of physical activities to develop motor skills, encourage social interactions, improve physical and mental health, as well as connecting children with their local environment.

Sunderland City Council - Active Start (Underspend) (programme started pre-April 2024)

Funding provided to us to facilitate a training offer to early years practitioners in Sunderland. The training will focus on Active Start physical literacy and aims to increase the physical activity levels of children aged 0-5 years old.

County Durham Sport - Infrastructure & Environment (programme started pre-April 2024)

Funding provided by County Durham Sport (the active partnership for County Durham) to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across the full LA7 area.

Coach Core (programme started pre-April 2024)

Funded by the charity Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. We are responsible for managing and overseeing the programme locally across Northumberland and Tyne & Wear, which will enhance the local coaching offer and provide the apprentices with valuable training and experiences.

Lawn Tennis Association - Disability Tennis Network (Underspend) (programme started pre-April 2024)

This funding from the Lawn Tennis Association is focused on providing more tennis opportunities for people with disabilities.

Northumbria Police & Crime Commissioner (programme started pre-April 2024)

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

Awards for All - Berwick-upon-Tweed (Underspend)

Funding to help employ a Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Sir James Knott - Berwick-upon-Tweed (programme started pre-April 2024)

Funding to support the employment of our Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025

18. MOVEMENT IN FUNDS - continued

Bernicia - Berwick-upon-Tweed (programme started pre-April 2024)

Funding to help employ a Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Hospital of God - Berwick-upon-Tweed (programme started pre-April 2024)

Funding to help employ a Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Hadrian Trust

This funding provided by the Hadrian Trust is to support our project in Berwick-upon-Tweed which focuses on improving the wellbeing of vulnerable young people in the town.

Community Foundation - Berwick-upon-Tweed (Underspend) (programme started pre-April 2024)

A grant to support the mental health and wellbeing of vulnerable young people in and around Berwick-upon-Tweed. The funding will help to employ a Community Development Worker linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Community Foundation - South Shields (Underspend) (programme started pre-April 2024)

Funding to run an Active Ageing project in South Shields to support older people to increase their physical activity levels, mobility and wellbeing, whilst also aiming to reduce isolation.

Community Foundation - Waiting Well

Funding to run an Every Move Matters health and wellbeing programme in Newcastle, Gateshead and South Tyneside for people referred from the NHS Waiting Well Preparing Well Programme.

London North Eastern Railway (LNER)

Funding provided by LNER to run a programme focused on interventions and activities to improve the physical and mental health of young people in Berwick-upon-Tweed, including raising their aspirations, building life skills and improving employability support.

R W Mann Trust

Funding provided to support our Step Outdoors project in North Tyneside, a project which aims to improve the health and wellbeing of disadvantaged young children and their families by increasing activity levels outdoors.

Alpkit Foundation

This funding from the Alpkit Foundation is to support our Step Outdoors project, which engages children and families from deprived areas in an outdoor learning programme to build confidence, independence and physical and mental wellbeing.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

19. RELATED PARTY DISCLOSURES

John Spence Community High School

One of the trustees is a teacher at the school. During the year the charity incurred expenditure totalling £10,000 with the school. At the balance sheet date the amount due to John Spence Community High School was £nil (2024 - £2,420).

Active Families North East / Active Families Training Academy

One of the employees is married to the owner/director of Active Families North East and Active Families Training Academy. During the year the charity incurred expenditure totalling £47,944 with these organisations. At the balance sheet date the amount due was £nil (2023 - £nil).

20. RECONCILIATION OF NET EXPENDITURE TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2025 £	2024 £
Net expenditure for the reporting period (as per the Statement of Financial Activities)	(8,888)	(147,807)
Adjustments for:		
Depreciation charges	5,454	4,827
Loss on disposal of fixed assets	557	2,097
Interest received	(27,770)	(28,735)
Decrease/(increase) in debtors	13,244	(5,789)
Increase/(decrease) in creditors	<u>61,501</u>	<u>(2,249)</u>
Net cash provided by/(used in) operations	<u><u>44,098</u></u>	<u><u>(177,656)</u></u>

21. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/24 £	Cash flow £	At 31/3/25 £
Net cash			
Cash at bank	<u>1,059,927</u>	<u>62,716</u>	<u>1,122,643</u>
	<u>1,059,927</u>	<u>62,716</u>	<u>1,122,643</u>
Total	<u><u>1,059,927</u></u>	<u><u>62,716</u></u>	<u><u>1,122,643</u></u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2025**

22. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The company's registered number and registered office address can be found within Reference and Administrative Details.

RISE NORTH EAST

England & Wales - Charity number 1135223

Accounts

REGISTERED COMPANY NUMBER: 07176549 (England and Wales)
REGISTERED CHARITY NUMBER: 1135223

REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024
FOR
RISE NORTH EAST

Read, Milburn & Co
Chartered Accountants and Statutory Auditors
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

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FOR THE YEAR ENDED 31 MARCH 2024**

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RISE NORTH EAST

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2024

Registered Company number

07176549 (England and Wales)

Registered Charity number

1135223

Registered Office

Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

Trustees

M Cormack

P A Price (retired 14 November 2023)

K E Storie

S Gordon

N Erevik

G R Nash

D Henderson

A Pilkington

S Bell

A Puri

J Cairns

K Pearce (appointed 4 December 2023)

Key Management Personnel

Clare Morley, CEO

David Marrin, Business & Strategy Director

Lee Sprudd, Strategic Director (until April 2023)

Adam Brougham, Strategic Director (from May 2023)

Helen Tong, Business Development Director

Bankers

Barclays Bank PLC, 53 Fawcett Street, Sunderland, SR1 1RS

The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

Nationwide Building Society, Nationwide House, Pipers Way, Swindon, SN38 1NW

Virgin Money, 83 George Street, Edinburgh, EH2 3ES

National Westminster Bank Plc, 250 Bishopsgate, London, EC2M 4AA.

Auditor

Read, Milburn & Co., 71 Howard Street, North Shields, NE30 1AF

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended March 2024.

OBJECTIVES AND ACTIVITIES

Objects and Aims

The charity has the following objectives:

- 1 To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
- 2 To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
- 3 To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
- 4 To advance the education of the public, particularly, but not exclusively, those working with children or vulnerable adults, their carers and families, and children, young people and vulnerable adults themselves, in child and vulnerable adults protection; and
- 5 To advance such other charitable purposes beneficial to the community and consistent with the objects set out above.

Objectives, Strategies and Activities

Rise is one of 43 Active Partnerships across England. We are primarily funded and supported by Sport England and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities - health, social, economic and environmental - that have stubbornly existed across our region for many years.

Fundraising Disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follow all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact details of all public donors.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES - continued

Public Benefit

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England & Wales.

ACHIEVEMENT AND PERFORMANCE

STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP

Place-Based Work in Berwick-upon-Tweed

Over the past 12 months we gleaned a more in-depth understanding of the wider social health and wellbeing issues faced by young adult males across Berwick-upon-Tweed and the surrounding rural areas.

Over the 3 years that the service has been operating the Key Worker has supported 72 young men with issues such as adverse childhood experiences (ACE's), poor mental health, isolation, employability, further education/training, housing, poverty, debt, alcohol/substance misuse, relationship advice/family support and a lack of support for those aged 16+ with additional needs.

As the Key Worker role has grown and we have established our presence in Berwick it was identified that there was a need for additional capacity; due to this funding was secured during 2023/24 to employ a Community Development Worker who will start in April 2024. The Community Development Worker will not only support the Key Worker but also provide us with the capacity to enhance the place-based approach we have adopted in Berwick by allowing us to provide wider community support such as facilitating careers events, implementing wellbeing and employment programmes, and collaborating with partners to establish additional youth provision.

In September 2023 we established a VRU Key Worker Steering Group, and building on insight received from those involved, convened a Partnership Networking event in conjunction with Thriving Together. The event brought together over 30 individuals from health, the local authority, the VCSE sector and the Violence Reduction Unit to share knowledge and insight of services available within Berwick.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

**ACHIEVEMENTS AND PERFORMANCE:
STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

Grief and Loss Course: We were approached by partners from St. Oswald's Hospice who were keen to work with us to run a programme focused on grief and loss linked to mental and physical wellbeing. The course, titled 'Personal Loss and Wellbeing,' incorporated workshops, 1:1 support around grief and loss which could be linked to addiction, job loss, death etc. alongside wellbeing. The attendees engaged in art and craft activities and walk and talk sessions. 9 participants attended and feedback included: 'after the recent bereavement of my husband, the course was my first point of contact with others, I found a calm and safe environment to help me sort out my thoughts', 'the course has really helped me with my recovery from addiction' and 'this has helped in so many ways that I can't describe.'

Employability Course: To further support our work around tackling unemployment we coordinated a holistic employability course in conjunction with Newcastle United Foundation. The programme was targeted towards young people aged 16-30 years old not in education, training or employment and included a Level 1 employability qualification delivered by Newcastle United Foundation. In addition, the attendees received advice and guidance around mental and physical wellbeing provided by ourselves, guaranteed interviews with local employers from various sectors across Berwick including Haven Holiday Parks, Country Style Foods and PGL Ford Castle, and possible volunteering opportunities with the Lifeboat (and a free lunch!). 9 young men attended the course with 5 receiving job offers from Haven Holiday Park and 2 receiving job offers from PGL. Feedback from the course showed that 77% of attendees agreed/strongly agreed that they had a better understanding of job opportunities in Berwick, 77% felt more confident in looking for a job, with 1 individual stating that 'it's allowed me to apply for a job I would love to do'.

Women's Wellbeing Programme - South Tyneside

In January 2024 we successfully secured £130,018 of funding from the South Tyneside UK Shared Prosperity Fund to deliver a Women's Employability service. Through the funding we appointed a Key Worker who will be based within South Tyneside and will start delivering support in April 2024.

The service, which is a collaborative approach with women's charity Women's Health in South Tyneside (WHiST), Public Health South Tyneside, local Primary Care Networks and First Contact Clinical Social Prescribing Team, delivers a holistic employability support service. Although the service primarily supports young women with children/caring responsibilities or those living with poor mental health, the Key Worker will provide support for all females who are economically inactive.

The aim of the project is to support the service users to progress towards employment through tackling barriers such as low self-esteem and confidence. The project combines intensive 1:1 support with the Key Worker alongside a universal offer in conjunction with WHiST which offers support to improve mental and physical wellbeing.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued

Moving Social Work

During the academic year 2023/24 we used the strong relationships we have with the developer of Moving Social Work, and further education, to coordinate the delivery of Moving Social Work to health and social care students at Northumberland College and Sunderland College.

Moving Social Work is an education programme designed to encourage social workers to speak about physical activity to people with disabilities and other groups. It is evidence-based and was co-produced with multiple stakeholders including Social Work England, social workers, people with disabilities, Disability Rights UK, leaders in county councils and the NHS.

During December 2023 and February 2024 all students studying health and social care at Northumberland College and Sunderland College received the training as part of the curriculum, thereby helping them to better understand the importance of physical activity and to be advocates of it in the future.

Place Based Expansion - Gateshead and South Tyneside

In January 2024, Sport England confirmed the two areas for place based expansion across our geography would be Gateshead and South Tyneside.

Since January we have convened two multi-partner engagement meetings in each area with representatives from the Local Authority (including Public Health, Culture and Leisure Services and Early Help), the Northumbria Police and Crime Commissioner Violence Reduction Unit (VRU), the Integrated Care Board (ICB) and VCSE sector. In order to strengthen the breadth of partners involved in the place based expansion work we have undertaken stakeholder mapping exercises both internally and externally, which has led to conversations being held with anti-poverty leads in both areas, the Citizen's Advice Bureau and numerous other partners.

We are also active members of the North East Cluster and the Co-Design Group which has convened specific sessions focusing upon leadership and the sector led improvement tool.

The initial phase of this project has involved lots of preparatory work in the lead up to the development award phase, including lots of work understanding the National Evaluation Learning Partners work around conceptual frameworks, Theory of Change Models, the 10 conditions for tackling inequalities in physical activity and the Maturity Matrix.

Active Design

Following the launch of Sport England Active Design in May 2023 we attended an event with our planning and public health local authority partners at Sunderland City Council to discuss how to ensure that the principles of Active Design are included in local policies and guidance across the North East. Since this time, we have been working with our local authority partners to try to get Active Design referenced in planning policies and physical activity strategies across the region.

In tandem we have quarterly catch-up sessions with the Sport England Planning Manager for the North and the North East Regional Stakeholder Manager for Active Travel England to share good practice and to discuss and input into active travel and environment opportunities across the region.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

**ACHIEVEMENTS AND PERFORMANCE:
STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

Gateshead Playing Pitch Strategy

We have been actively involved over the last 12 months as part of the Gateshead Playing Pitch Strategy Steering Group who have been working to refresh and update the strategy. This has involved assessing the current playing pitch offer within the borough, discussing how the facilities can be sustained, planning for future requirements and providing development options for some of the land. It has been useful to be part of this group to understand the current situation within Gateshead and to seek to ensure that adequate playing pitch facilities are provided in the future.

Active Partnerships Active Environments Community of Practice

We are part of the steering group who lead on the organisation of the Active Partnerships Active Environments Community of Practice. Over the last 12 months we have organised sessions on Active Design, how active environments can help priority audiences to become more active in parks, an introduction to planning and how to effectively engage in the system, and how to use wayfinding opportunities. The community of practice allows us to share experience from a local perspective and to learn how this fits into the national picture in terms of active environments and travel.

Planning Consultation Support

We have continued to respond to consultations on Local Plans and Supplementary Planning Documents during this last year including amongst others commenting on the MetroGreen Area Action Plan in Gateshead. This has further helped to strengthen our relationships across the region with planning officers and we hope to continue this momentum over the coming months as we look to see what the planning reforms proposed by the Government entail and the impact that this will have on planning policies and guidance at a local level.

Physical Activity for Health Pathways Framework

Our strong leadership across health integration and social prescribing spheres enabled us to position ourselves well with health and physical activity sector partners last year. Sector-wide confidence in our role as a trusted system-partner created an opportunity to support Move Consulting and the APNO in developing a framework and guidance to support the development of Physical Activity for Health Pathways. We look forward to joining a national group of 39 organisations, which includes Active Partnerships, local authorities, Integrated Care Boards, Primary Care Trusts, leisure providers and community-based organisations, to explore practices and solutions for physical activity for health pathways.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued

Physical Activity Clinical Champions (PACC) Training

During the 2023/24 academic year we were able to deliver PACC training as part of the curriculum for Year 1 students studying medicine and dietetics at Newcastle University.

Through previous work, we had identified barriers to professionals being able to access CPD training once in the workforce due to issues such as capacity and time commitments. Therefore, through embedding PACC training in the curriculum we aimed to increase physical activity knowledge of the future professional workforce whilst they were attending university.

Over 350+ students studying medicine, including the Accelerated Medicine programme and Dietetics, undertook the training at Newcastle University in December 2023.

Evaluation of the training highlighted that pre-training only 3.74% of participants said that they had an advanced or good level of knowledge around the Chief Medical Officer's Physical Activity Guidelines. This improved significantly after participation in the training, with 83.23% reporting an advanced or good level of knowledge. In addition, 95% of students who attended the training stated that they felt more able and confident about promoting physical activity to patients after the training than they did beforehand.

Walk Leader Programme

We worked in partnership with Newcastle City Council and the Ramblers to deliver free Walk Leader Training to organisations and individuals across Newcastle. 86 individual walk leaders have been trained to date from a range of different organisations across Newcastle. The long-term aim of the programme is to have trained walk leaders in place to deliver free, enjoyable and easily accessible walks across Newcastle, which are open for anyone to join.

CIMSPA North & South of Tyne Skills Accountability Boards

We sit on CIMSPA's Skills Accountability Boards for both North and South of Tyne. The aim of the boards is to bring together key partners from the physical activity spectrum, to work collectively to advocate for greater importance being given to the role of physical activity in the development of Local Skills Improvement Plans. We also sit on a sub-board focusing on the development of the curriculum of various sports courses at Northumberland College, where we have advocated for a much wider view of physical activity, in comparison to what courses at the college have traditionally offered.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

**ACHIEVEMENTS AND PERFORMANCE:
STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

Physical Activity Clinical Champions within Higher Education

Ongoing work utilising Physical Activity Clinical Champions (PACC) training, and other emerging physical activity-centric training programmes such as Moving Social Care, has developed a mechanism for local healthcare professionals, provider workforces, and related Medical School Students to improve shared knowledge and understanding of physical activity for long-term condition management.

The initial adoption of PACC training within our Primary Care Network activity partnership programme, which successfully upskilled over 200 health and third sector practitioners led to our PACC training expansion into higher education. This later work, allowed physical activity training to be delivered to over 300+ medical and dietetic students at Newcastle University, supporting the professional development of future healthcare workforces.

As a result of this successful partnership working, we are finalising work to embed PACC training within university curriculum for the 2024-25 academic year. Faculty staff have set an ambitious target for all year 1 medical students to complete PACC training within semester 1. We have extended this development offer further by providing students with first-hand experience of physical activity for health improvement by way of access to shadowing opportunities at several of our activity clinics in partnership with our primary care partners. Again, faculty staff have tasked students with attending a minimum of 1 activity clinic within semester 1. This collaborative approach has captured the attention of other Active Partnerships and Public Health Teams, and we hope shared learning opportunities result in programme refinement and wider adoption across neighbouring university sites.

Children and Young People Health Pathways

We have enhanced connectivity and relationships with key health partners, influencing and enabling a more comprehensive use of physical activity-based support within routine health and care pathways.

Following the successful development of our previous Health Pathways work, South Tyneside pathways editors requested support to co-develop similar best-practice guidance related to the importance of physical activity for infants, children and young people. Through this cross-theme collaboration we will be able to influence the shared knowledge and understanding of the health benefits associated with physical activity, and raise the awareness of opportunities to prescribe physical activity to infants, children and young people as part of routine clinical practice and wider personalised care.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued

Health, Wellbeing and Learning in the Early Years Conference 2024

Due to the success of our first Conference, we delivered a further Early Years Conference in March 2024, which was yet again a sold out "inspirational and wonderful" event with over 100 attendees. During the conference, delegates heard from insightful and knowledgeable experts, including international keynote speaker, author and multi award-winning trainer Ben Kingston-Hughes. They also took part in engaging and interactive workshops in Poverty Proofing, SEND and risky play to name a few and explored the marketplace where they had the opportunity to find information and support for their work with children.

We were also grateful to have financial support to make the event happen from headline sponsor 'The Education Network', and wider supporters Ability Consultants, The Alnwick Castle and Gardens, the North East Combined Authority, PaddlePod and The Grand Hotel Gosforth Park.

The inspiration, enthusiasm and positivity in the room was infectious and continued to highlight the need for the sector to come together to learn, share and network.

Step Outdoors

With funding from the Integrated Care System, we were able to develop our own nature-based outdoor learning pilot, Step Outdoors, which is a train the trainer cascade model of CPD, with resources for Early Years staff to support them to get the children in their settings outdoors to develop 'school readiness' outcomes. The pilot was delivered in partnership with South Tyneside Public Health and co-produced with Early Years professionals at all levels.

Sunderland Physical Literacy Training in Early Years

Sunderland Public Health identified that physical literacy and physical development skills of young children is a key concern resulting from the Covid-19 pandemic. The lack of these skills can have a direct impact on children's school readiness, academic and health outcomes in childhood and beyond.

Public Health approached us to upskill their early years practitioners with physical literacy training and offer them support using our insight, knowledge and resources. We worked in collaboration with Public Health and Together for Children to provide our Active Start training and resources for professionals working in the early years sector across the city. We delivered 5 courses to 56 staff from across 36 early years settings which will have a direct impact on 2,500 children across Sunderland.

This will continue to provide opportunities for further collaboration and influence of system partners, as well as supporting training in the early years sector to help improve skills, knowledge and confidence.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

**ACHIEVEMENTS AND PERFORMANCE:
STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued**

Secondary PE Lead Conference

For the second year running, we delivered the Northumberland and Tyne & Wear Secondary PE Lead Conference, in partnership with the Youth Sport Trust and Active Education Alliance. It was great to see so many secondary school PE Leads come together which provided invaluable learning, insight and knowledge, focusing on the successes, barriers, challenges and opportunities faced by PE leads within secondary education settings. We took a solution focused approach on how we work together collaboratively as wider system partners to mitigate some of the barriers and challenges to ensure our workforce is supported and our children and young people thrive.

We were supported by Northumberland College, who hosted the event in their new STEM building. We had a thought-provoking morning with our keynote speaker Neil Moggan who delivered such a different and informative session. Neil focused on the power of trauma informed PE and early intervention wellbeing programmes in schools, and their ability to transform relationships, wellbeing, engagement, behaviour and progress in the short-term, and children's life chances in the long term. We also had speakers/presentations across the day from Ofsted, curriculum development and planning, School Games and the Post 16 reform on PE & Sport which made the day the success it was.

Active Education Alliance

We facilitate the termly Active Education Alliance, which is a strategic partnership covering Northumberland and Tyne & Wear with diverse senior representation from across education, health, local authorities and the wider children and young people sector etc. We have amended the Terms of Reference to ensure that the Alliance remains fit for purpose. The group focuses on wider outcomes for children and young people in an educational setting, to tackle the rising widening inactivity levels of children and young people, using physical and mental health/wellbeing as a vehicle to achieve wider outcomes.

We use local data, insight and lived experience through meaningful youth voice and consultation to drive and inform our work for meaningful results. The Alliance works collaboratively with system partners to share and advocate our learning to help partners see things differently, in order to feed into wider systemic policies and plans, and influence key decision makers in order to create a higher quality of life for children and young people.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: STRONG AND INFLUENTIAL SYSTEMS LEADERSHIP - continued

Girls Active

We have been working in collaboration with the Youth Sport Trust to roll out the Girls Active programme across secondary schools in Newcastle, expanding on the success of the programme in Northumberland a couple of years ago. The Girls Active programme helps schools understand what motivates disengaged and inactive teenage girls to take part in PE, enabling teachers to work with girls through consultation and leadership to make the necessary changes to their PE, sport and physical activity provision to engage all girls in ways that appeal to them.

8 secondary schools and 1 primary school (focusing on a targeted transition programme) are engaged in the 2 year programme. Each school has selected 10 girls who will lead the change through their school, and who all attended an inspiration leadership day in February 2024 at St James's Park. Our staff, alongside Youth Sport Trust staff, worked with the girls and the teachers, in collaboration with key Newcastle based stakeholders, to discuss barriers to participation and to learn skills for leading change.

The girls will now have continued support so that they feel empowered to have their voices heard, and to enable them to have a stronger active female voice in school to make positive change happen. We are excited to see what the girls do next in their leadership journey throughout the programme.

Active Start

Active Start is a programme of training and resources for staff who work with children aged 2 to 5 years. It aims to support staff to integrate physical activity and movement into all areas of the Early Years Foundation Skills to support children's physical and holistic development. We delivered a further 3 training days in 2023/24, upskilling a further 50+ early years practitioners.

BUILDING BACK FAIRER

Inclusive Cycling

We have been actively involved in raising the profile of inclusive cycling within the North East region to give it a much higher priority than it currently has. We have been working with national charity Wheels4All to connect them within the region as they previously had little presence locally and we have completed an audit of the opportunities and facilities available across the area to support the formation of a disability cycling network.

We will continue to focus on improving the advocacy and representation of people with disabilities on decision-making groups, committees and boards so that lived experience is used in the planning and implementation of new infrastructure. This is an under resourced sector and by forming a regional disability cycling network and securing sources of funding, medium- to long-term support can be given to the development of adaptive cycle hubs and schemes.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE: BUILDING BACK FAIRER - continued

Crowdfunding Role

Sport England provided us with funding to enable one of our staff members to have the dedicated capacity to provide direct support and guidance to organisations wishing to access one of Sport England's crowdfunding offers, Places & Spaces and Active Together. From April-November 2023, we supported 13 campaigns that went on to raise £187,011, including contributions from Sport England totaling £73,850. 2 of the projects also received further significant financial support to expand their impact, Birtley Pool receiving £272,000 from the Community Ownership Fund and Young Asian Voices receiving £150,000 in further support from Sport England.

Regarding locality data for the campaigns, 38% of the campaigns were from organisations located in an IMD area 1-3, 31% of the campaigns were from organisations located in an IMD area 4-6, and a further 31% of the campaigns were from organisations located in an IMD area 7-10. The member of staff also produced an evaluation report for Sport England, detailing their experience of the role. This has since been used to help inform Sport England's decision-making process regarding the Movement Fund Partner Role to help support the roll out of Sport England's Movement Fund, which will be launched in April 2024.

Coach Core

In September 2023, the third cohort of Coach Core apprentices supported by ourselves began their apprenticeships. In total, there were 17 apprentices enrolled at the start of the programme from 10 different employers. In addition to returning employers such as Tumble Gymnastics Centre, Sunderland Community Action Group and Newcastle Eagles, we were delighted to be able to welcome 3 new employers to the programme, Active Families, the National Trust (Souter Lighthouse) and New Hope North East.

We also decided to go above and beyond our obligations as the system partner for Coach Core in Northumberland and Tyne & Wear, by paying for the use of Wallsend Boys Club for the apprentices' education days, which greatly enhanced the learners experience, in addition to funding a Level 2 Multi Skills qualification for all of the apprentices that they otherwise would not have received.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE: BUILDING BACK FAIRER - continued

Primary Care Partnerships

We have significantly developed our 'Every Move Matters' service model, and its integration within local primary care settings. This work has not only refined the conditions that improve the acceptability and inclusion of physical activity within health and care pathways but it has also improved our reputation as a valuable and trusted health system partner. An example of this trust can be found in our work in Birtley and Central Gateshead Primary Care Network, where Primary Care ARRS funding was secured to co-fund an activity-centric social prescribing post, ensuring that physical activity features as a core element of pro-active personalised care. The role combines health coaching with direct physical activity delivery, providing significant opportunities to change physical, mental, and social factors impacting on health outcomes.

Over the past year we have facilitated the delivery of 22 activity and wellbeing interventions (234 sessions) that specifically target adults at greater risk of poor health outcomes. In partnership with 11 GP Practices, our programmes have supported 359 patients. These patients improved their health-related outcomes significantly across the duration of our programmes.

Evidence-to-date, provided by the NENC Applied Research Collaborative, has confirmed that our programme of work has been effectively implemented in primary care settings and was received enthusiastically by participants and staff members alike. Participants felt reassured and safe, finding confidence in the collaboration between NHS and VCSE delivery partners.

We have worked hard to leverage this work into ongoing partnership conversations with local NHS Foundations Trusts and our Integrated Care Board, with the hope that our approach can be considered for wider adoption.

Early Years Bursary

The results of our 2023 Early Years Survey informed us that funding was a barrier to training and equipment to support child development and school readiness. In response, we developed our Early Years Bursary scheme. This allowed early years providers to apply for funding to buy equipment or access training that they could not afford and give children the opportunity to become more physically active which in turn increased confidence, self-esteem, reduced anxiety and improved social skills with them having a more positive attitude to physical activity. We awarded £5,400 to 15 early years providers, with 576 children benefitting directly from the scheme.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: BUILDING BACK FAIRER - continued

Ready to Play Early Years Programme

On the back of the huge success and demand of our Early Years Bursary Scheme, we received funding from the Integrated Care System to grow this offer as part of our continuing support for the development of the early years sector. We knew from our insight that a key barrier to delivering physical activity in the settings was a lack of CPD and funding for resources and equipment to support their work.

Our Ready to Play Programme was available to early years settings across Tyne & Wear and Northumberland to improve physical activity opportunities for under 5s in a fun and accessible way, based on individual and community needs. The project also tackled wider health and social outcomes such as school readiness and social and communication development, although the focus was on increasing sustainable physical activity and wellbeing.

The programme had a huge demand with over 150 organisations applying to be part of Ready to Play, however the allocated funding only allowed for 15 settings to be supported. We therefore funded a further 5 organisations to come on board, with those 20 organisations/settings having a collective reach of just over 14,000 children (and their families) per year, hence having the opportunity to have a huge positive impact on the lives of thousands of our residents.

COMMUNITY BUILDING

Football Foundation Multi-Sports Investment

Last year we reported that we were successful in securing a 3-year regional role to support the Football Foundation's investment into new multi-sport facilities (Playzones, 3G pitch installation and grass pitch improvement) to make up 40% of their portfolio. A member of our team was therefore seconded into the part-time role of Network Manager.

Working across the Active Partnership areas of Rise, Active Cumbria, County Durham Sport and Tees Valley Sport, the Network Manager has been providing additional capacity within the Active Partnership network to strengthen the relationship between local delivery and Sport England's 'Uniting the Movement'. This aims to help ensure that the right type of facilities are provided for the communities that need them the most, whilst following the requirements drawn from local consultation. The Football Foundation aim to deliver over 240 Playzones by 2025.

In addition to supporting the Foundation's investment into new multi-sport facilities, we have been chosen to pilot the administration of the Sport England Activation Fund which seeks to activate the multi-sport and Playzone facilities. This pilot will result in 7 projects being supported through the Activation Fund during 2024-25.

School Streets

We have been actively involved in the process of implementing School Street Closures across the region. We were part of the planning and launch of the 2 School Street pilots in South Tyneside in September 2023. The School Street closures have been deemed to be successful with the local authority hoping to launch further closures over the next year. We have also been discussing School Streets with Newcastle, Gateshead and Sunderland and hope to see the number of closures increasing in the future.

The general consensus and feedback to date shows that the closure of the streets lowers congestion, improves air quality and can help to boost the number of children walking, cycling and scooting to school each day.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued

Play Streets

North Tyneside has a strong legacy of Play Streets which has been facilitated by Play Meet Street North Tyneside. However, after many years of supporting the Play Streets offer Play Meet Street North Tyneside no longer have this responsibility and North Tyneside Council are now offering the support service.

The co-ordinator of Play Meet Street North Tyneside now has some capacity to support other local authorities across our region to introduce Play Streets and we have been working with the co-ordinator to establish what a regional offer could look like and provide. This has included liaising with 'Playing Out', which is the national charity that supports Play Streets.

We have been, and continue to, work together and aim to provide a Play Streets offer as part of our place-based work moving forward and where appropriate, which will hopefully result in Play Streets being offered more widely across our region.

Welcoming Places South Tyneside

South Tyneside have been developing their Warm Spaces offer following their introduction to the borough. These spaces have been renamed Welcoming Places and the local authority have been working on extending the offer across the borough.

As part of the Together Fund Resilience investment, in June 2023 we funded Inspire South Tyneside, the umbrella body for the voluntary and community sector across South Tyneside, to provide a physical activity offer to 10 Welcoming Places. Prior to establishing which places would provide the physical activity offer, people attending the Welcoming Places were asked what activities they would be interested in attending. Programmes for each of the 10 places were matched to the consultation responses.

Following the initial programme, the local authority has continued to provide physical activity as an offer where this has been possible. They have also extended the programme to include investing in projects which offer a cultural experience alongside physical activity.

S106 Housing Developer Fund Panel for Sport and Play

We have been a panel member for the Northumberland County Council Section 106 Housing Developer Fund for Sport and Play for several years. Every quarter there is a panel meeting which assesses the submitted applications for sport and play opportunities to be funded from Section 106 money, which is a financial contribution or payment made by developers to local planning authorities to mitigate the impact of development on the local area to provide necessary infrastructure and amenities.

Since the Northumberland Local Plan was adopted on 31st March 2022 the money received from developers through S106 contributions has started to transition away from the old process and we have been able to input into the types of sport and play offers that have recently been approved for funding. During this last year we have attended the panel meetings and contributed to the assessment of whether the submitted applications are appropriate and acceptable.

Going forward we will continue as a panel member to seek to ensure that the sport and play provided through the funding is targeted in appropriate locations and is available to the wider communities located in the local area.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued

Transport Needs Assessment

There has been a lot of regional work undertaken recently on transport needs and transport poverty where people do not have equitable access to transport options. Northumberland County Council completed a Health Needs Assessment of Public and Community Transport, the conclusions of which seek to prioritise sustainable public and community transport and support those at highest risk of transport-related exclusion. We will continue to support Northumberland County Council in seeking to achieve the priorities in terms of transport need.

Alongside the need to provide suitable transport options for local communities we are a Member of the Northumberland Cycling and Walking Board where active travel is considered as an important transport choice. We have been involved in the audit of the walking offer across the county to create walk ready communities, with work progressing to consider what interventions are required to improve the walking offer county wide.

In addition, we are working with South Tyneside on transport equality and there will be a workshop in mid-late 2024 which we will be attending as a partner organisation.

Opening Schools Facilities (OSF)

The Department for Education's £57 million 'Opening School Facilities' fund is a 3-year investment that aims to provide support and funding into schools to develop and increase their extra-curricular opportunities and activities for children, young people and families. It aims to open up school facilities for the local community outside of the normal school day.

The programme is co-designed and co-delivered with and by children and young people, giving them a voice to empower them through leadership and volunteering opportunities. It aims to support them to access fun needs led inclusive and diverse opportunities that will support their personal and social development whilst looking after their physical and mental wellbeing.

During 2023-24, using our insight and local knowledge, we worked intensively in collaboration with wider strategic system partners to recruit schools to the programme and support them with their action plans and funding applications to provide new extra-curricular opportunities. These opportunities aim to help children and young people and the wider community to become more active, with a focus on reducing inequalities and inactivity.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued

Wellbeing Wanderers Family Pilot

We worked in collaboration with Wallsend Children's Community and Wallsend Parks to empower and enable a community champion to develop the 'Wellbeing Wanderers', after they identified that there was a gap in provision. This is a needs-led co-designed intervention for local families and young children to meet in the local park to walk, socialise and play, boosting their physical and mental wellbeing through gentle exercise.

All of the respondents said that the sessions "boosted their wellbeing and inspired them to continue to be more active outdoors with your family". The group has continued, with the group lead transitioning from being a volunteer to being paid to facilitate the group by the local council. We have continued to support the group through providing training for the leader, and through providing support with further funding and resources to support outdoor active play.

On the back of a local survey we ran with families, the group have recently supported us to co-create our new 'Step Outdoors' families programme, created with and for families. This pilot has had a huge positive impact, not only on the beneficiaries, but also with regard to how we have worked collaboratively based upon need and how the community has been empowered to lead sustainable change.

Bite Back Community Food Champion Programme

In 2023, we provided additional funding to support Bright Futures Young Women's Project to participate in Phase 2 of the Bite Back Community Food Champions Project. The project sought to enable grassroots change to the food environment, by supporting young people to identify and address issues in their local areas.

Phase 1 projects enabled us to support 54 young people from across 5 VCSE organisations to work together to identify issues, engage with professionals and develop and implement solutions. Projects included a series of workshops to identify issues, develop solutions and deliver a 'pitch' to an audience of local political leaders, business owners, creatives, and other influencers. Groups received feedback on their plans, with the chance to secure funding to bring their idea to life and recruit additional expert support to strengthen their campaign ideas. The Bright Futures project focused on improving economically disadvantaged households' access to healthy food. The successful project resulted in children receiving a discount on healthy items from a local business.

It was inspiring watching the young people's confidence grow throughout the project, from the pitch launch event to them developing their campaign ideas in Phase 2. The young people learnt so many new skills, such as confidence, resilience, negotiation, public speaking, decision making, teamwork, research and more. More importantly, it was fulfilling seeing that they believed in their ideas and themselves, thereby raising their aspirations in life.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: COMMUNITY BUILDING - continued

School Games

The School Games Programme inspires children and young people to be physically active for life through positive experiences of daily activity and competition in school. Working in collaboration with the Northumberland and Tyne & Wear School Games Organisers (SGOs), 66,621 children and young people have participated in the School Games programmes and events throughout 2023/24.

Youth voice is at the heart of the School Games offer, which provides a fun and enjoyable way of engaging young people through school sport, physical activity, and movement, whilst also creating opportunities and positive experiences which can support their wider development. Young people have engaged in fun activities, events and competitions, as well as becoming young leaders/ambassadors, delivering peer to peer research, and volunteering at events.

SGOs have participated in a wide range of CPD opportunities, including in topics such as youth voice, tackling inequalities, Trauma Informed PE, and supporting and engaging visually impaired children and young people to participate in different sports and activities. We hugely appreciate the hard work of the SGO network, without whom this would not have been possible.

TACKLING OUR CLIMATE CRISIS

Newcastle University Tree Planting Initiative

We worked in partnership with Newcastle University to deliver a tree planting project to encourage staff at the university to be more physically active. Through the project university staff would plant / 'earn' a tree by attending an exercise class, gym session or sporting activity, with a target set of 650 trees to be planted. The staff engaged brilliantly with the challenge, registering 1,722 attendances from 253 individual colleagues, well above the target set. 15 members of staff from the university then went and planted the 650 trees on the Newcastle United Golf Course in Cowgate, as part of a 1.4km hedge rejuvenation.

Investors in the Environment

Last year we were delighted to report that we had been awarded the Investors in the Environment Bronze level accreditation. In November 2023 we continued our commitment to achieving net zero carbon emissions and to minimising our environmental impact by achieving the Silver Award through Investors in the Environment.

We are persisting to work towards the SME Climate Hub Pledge and 10-year Rise Together Strategy to halve our carbon emissions by 2030 and to reach net zero emissions by 2050. In 2024/25 we will continue with our commitment by working towards the Green level Investors in the Environment accreditation.

Sport England Every Move

Prior to the completion of the Sport England Every Move Strategy we were actively involved in the Environmental Sustainability and Climate Change consultation and we supported the development of the Strategy through the focus group sessions. We were able, as part of the group sessions, to report on our own Environmental and Sustainability journey and the steps that we have taken. We are looking forward to supporting the roll out of the Every Move Strategy with our partners in the coming months.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

ACHIEVEMENTS AND PERFORMANCE: TACKLING OUR CLIMATE CRISIS - continued

Active Partnership Climate Collaborative Convention

In November 2023 we attended the first Active Partnership Climate Convention which was organised by the Active Partnership Climate Crew. The event was arranged to bring together representatives from Active Partnerships to discuss our role in relation to Environmental Sustainability and Climate Change issues. At the event we were able to share our experience in trying to achieve our pledge to halve our carbon emissions by 2030 and to reach net zero by 2050. We were also able to listen to what other Active Partnerships have been doing in this space.

Following the event, we were asked to share with Active Partnership colleagues some of the work that we have been undertaking. There are plans for a second Collaborative Convention in November 2024 when we will be able to discuss our progress further.

Eco Education Event

We attended an event organised by Eco Education North East which provided details of the requirements for schools to have a Sustainability Lead by April 2025. We believe that this provides an opportunity and link between sustainability, climate and physical activity and we are continuing to consider how we can input and assist schools with the sustainability requirements from the Department for Education.

Active Travel Forum - Newcastle

Newcastle City Council have re-established their Active Travel Forum which meets on a regular basis with partners from across the sector to discuss how to improve active travel opportunities within Newcastle. We are part of the forum and have been able to share with the members the work that we have been doing around the inclusive cycling offer within the region. Also, members of the forum have been able to connect us with organisations that could support inclusive cycling and possible cycling hubs. It is a good opportunity for making connections and information sharing, and the group will be looking to formalise the actions that they intend to take to improve active travel opportunities across the city in the near future.

Sector Led Improvement (SLI) Workshops

We have attended the SLI workshops for South Tyneside, Gateshead and Newcastle and facilitated the table discussions on active travel and active environments at both the Gateshead and Newcastle workshops. The SLI workshops were established by a regional leadership group comprising representation from the Office of Health Improvement and Disparities (OHID), Active Partnerships, Sport England and Local Authorities who agreed to undertake a sector led approach using the International Society for Physical Activity and Health - 8 Investments that Work for Physical Activity.

These workshops have enabled a greater understanding of what is in place in each of the local authority areas with regard to active travel and environments, and it has highlighted where further work is required. We are keen to continue with the conversations in each of the local authority areas in the future. The whole approach has helped to increase and reaffirm our relationships with partners in these areas.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

ACHIEVEMENTS AND PERFORMANCE: TACKLING OUR CLIMATE CRISIS - continued

Green Social Prescribing

We have been discussing with Natural England opportunities for green social prescribing to support people to engage in nature-based interventions and activities to improve their mental and physical health. This culminated in us attending an event in Ashington which was hosted by Natural England and the Northumberland Wildlife Trust which showcased opportunities for green social prescribing. Following the event Natural England are hosting a further session in Sunderland later this year with Durham Wildlife Trust.

We are continuing to have conversations with Natural England about how the outcomes and learning from the events in both Ashington and Sunderland will be able to inform our work and whether there are opportunities for green social prescribing as part of our place-based work in the future.

The events have enabled us to speak to people within nature-based organisations, form new partnerships, and better understand our natural environment and its potential to benefit local residents' mental and physical health and wellbeing.

HARNESSING DATA, DIGITAL AND TECHNOLOGY

Children & Young People Active Lives Survey

We have continued to build relationships with schools through different programmes such as Opening School Facilities, School Games and Girls Active, which has helped us to ensure that schools complete the Active Lives Survey. We use our bespoke online digi-hub for easy access to the surveys and now also email a QR code to schools which feedback has shown to be extremely helpful, as pupils can now scan the code in the classroom for easy access to the surveys. We have aimed to raise the profile of the Active Lives Survey by presenting the national and local insight, findings and trends from the latest reports to School Games Organisers and stakeholders through the Active Education Alliance.

The data from the Active Lives Survey has been used in other presentations, such as at the ISPHA workshops and in the new Physical Activity Clinical Champions Children & Young People training that is currently being developed, helping to raise the profile further. Further collaboration is also underway with our wider Active Partnership Network to drive forward learning to potentially adapt our practice to better meet the needs of the schools, children and young people.

Trialling New Concepts

Last year we reported that during the summer of 2022 we worked in partnership with Northumberland County Council and the Great Northumberland Forest, to launch a pilot project for staff at Northumberland County Council, utilising a free-to-use app to plant trees in the forest. We reported that the concept testing was a success and that we would be investigating the development of our own bespoke app that we could provide to organisations to encourage their employees to be more active. Unfortunately, we have not been successful in securing funding to develop our own individual app, however, we were successful in bidding for funding from Bupa to plant trees within our local community.

This resulted in us collaborating with Newcastle University in January 2024 to run a fitness challenge for the university staff. In total the physical activity undertaken equated to 650 trees which staff planted with ourselves and the North East Community Forest in a local area within Newcastle. The project will contribute to seeking to tackle the UK's deficit of woodland coverage and will help to reduce air pollution and flooding, improving biodiversity and water quality.

For further examples of our work in 2023-2024, please see our Annual Impact Report.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Together Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net expenditure of £147,807, including restricted funds of £66,376 (unrestricted net expenditure amounted to £81,431).

Policy on Reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves - those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. The trustees consider that it would be appropriate to hold the equivalent of 3 months' operational costs (salaries, overheads and some operational delivery) which would equate to holding approximately **£265,000-£315,000** in free reserves.

The directors have designated **£477,000** (2023: £492,000) of reserves to cover:

- Staff redundancy costs of **£142,000** should these become necessary on a closure of the charity (2023: £143,000);
- a forecast deficit budget for 2025-2026 of approximately **£310,000** (2024-2025: £244,000) connected to an increased number of self-funded roles within the organisation, increasing salary costs, concerns over inflation driving a significant increase in wider costs, and the existing funding landscape providing challenges with bringing in sustainable income; and
- a contingency budget of **£25,000** (2023: £105,000) for consultancy costs, including legal costs, that would be needed should the charity be required to close in the future.

At the year end, undesignated reserves, including those being accumulated to be held towards the equivalent of 3 months' operating costs, were **£279,595 (not including the £14,892 fixed assets)**. This is **£14,595** within the target of holding a minimum of **£265,000** for 3 months' operating costs for 2024-2025, and a maximum of **£35,405** short of the target of holding **£315,000** for 3 months' operating costs.

The trustees have prepared a budget and cashflow forecast and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis, they have continued to adopt the going concern basis when preparing the financial statements.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

FINANCIAL REVIEW - continued

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day-to-day basis. The pay of the KMP is reviewed annually and normally increased annually in line with contributions towards the average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control and Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October,
- Approval of annual budget in May,
- Regular consideration by trustees of financial results and variations from budget,
- Monitoring of performance against the annual plan,
- Delegation of authority and separation of duties.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

FUTURE PLANS

Looking forward to 2024-2025, the implementation of our Rise Together strategy will be heavily influenced by a few key factors:

- We are pleased to be working in partnership with Sport England as part of their plan to invest £250m into place-based working across England through to 2028. Whilst this will initially not impact the whole of Northumberland and Tyne & Wear, there are significant in-year opportunities to develop place-based working in parts of Gateshead and South Tyneside within the initial tranche of places that Sport England are seeking to invest. We also understand that later in the year we will have the chance to support all of our places with a universal offer of support for working in a place-based way.
- The new North East Combined Authority will go live during the year, alongside the inauguration of a new Metro Mayor. Through this period of change, we know that there are significant opportunities to engage with the Combined Authority (CA) off the back of the two Devolution Deals that the North East has secured. Within those Deals are a number of areas that we feel can be supported by physical activity and it is up to us to be able to articulate those opportunities and solutions using the knowledge and expertise that we have within the organisation. As the CA also covers a local authority that is not within the Rise boundaries, County Durham, we must work closely with our partners at County Durham Sport to determine the best way in which we can take a unified and collaborative approach in our work with the CA.
- Our brand-new approach to income diversification and sustainability has developed at pace over the last year, and we will be in a position to launch our Workplace Wellbeing offer to businesses across the region in 2024-2025. The development of the Workplace Wellbeing offer, with a heavy emphasis on physical activity as part of wider wellbeing, has the potential to drive trading income into the charity which can then be utilised as part of our free reserve, investing back into our charitable objects.
- As one of Sport England's system partners, we will continue to ensure that our work contributes to the delivery aspirations set out in Sport England's 'Uniting the Movement' strategy. With potential changes in Governmental priorities as part of the 2024 General Election process, we will need to stay alert to how this is impacting on Sport England's work as an arm's length body of the Department for Culture, Media and Sport, and what that may therefore mean for future implementation plans within Uniting the Movement.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2024**

FUTURE PLANS - continued

In addition to the above key factors, there is a lot of planned and new work to take place in the year, including (but not limited to):

- the development of our offer to support grassroots organisations in terms of safeguarding and welfare following the appointment of our two Sport Welfare Managers following the recommendations made within the Whyte Review;
- the role out of our inaugural Diversity and Inclusion Action Plan (DIAP) for 2024-2025, which is a new approach aligned to our Sport England Code of Governance compliance, and an opportunity to really shift the dial on our aspirations around Equality, Diversity and Inclusion;
- the development of an inclusive cycle approach across the region, ensuring that residents of all abilities are able to access cycling opportunities for leisure and active travel as part of the drive to both increase physical activity levels and also decarbonise through more sustainable transport options;
- rolling out the implementation of Physical Activity Clinical Champions (PACC) training to our future health and care professionals through inclusion within various curricula at Higher Education institutions, e.g. Newcastle University Medical School;
- the development of our Every Move Matters programme into new Primary Care Networks (PCNs), and seeking sustainable approaches for those PCNs already engaged; and
- the final planned year of our Department for Education-funded Opening School Facilities programme, which will ultimately see over 80 schools in the region supported with an investment of £3m over the life of the programme to open up their sports facilities to their pupils and the wider community outside of curriculum time.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

Nature of Governing Document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3 March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2 November 2021.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four-year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification. One trustee was recruited, Karen Pearce, and one trustee stood down, Patrick Price, during the year ended March 2024.

All trustees, including the Chair are volunteers and so receive no remuneration.

Induction, Training and Evaluation of the Board

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of the trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

Organisational Structure

The Board comprises all the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

Compliance with the Sport England / UK Sport Code of Governance

In December 2021, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with. In the year, Sport England confirmed our compliance with the code. However, in line with Sport England timings, our Diversity and Inclusion Action Plan is still to receive final Sport England sign-off.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

AUDITORS

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Read, Milburn & Co. as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on 5 November 2024 and signed on its behalf by:

A handwritten signature in blue ink, appearing to be 'S Gordon', written over a light blue horizontal line.

S Gordon - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinion

We have audited the financial statements of Rise North East (the 'charitable company') for the year ended 31 March 2024 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. In this regard, our procedures include the following:

- enquiry of management around actual and potential litigation and claims;
- reviewing minutes of meetings of those charged with governance;
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business;
- challenging assumptions and judgements made by management in their significant accounting estimates.

Because of the field in which the charity operates, we have identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; Employment Law; and compliance with the Companies and Charities Acts.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Nicholas J Liley (Senior Statutory Auditor)
for and on behalf of Read, Milburn & Co
Chartered Accountants and Statutory Auditors
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

2 December 2024

RISE NORTH EAST

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 Total funds £	2023 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	197	243,629	243,826	418,329
Charitable activities	5				
Charitable Activities		-	1,111,980	1,111,980	1,160,351
Other trading activities	3	7,866	1,877	9,743	6,594
Investment income	4	<u>28,735</u>	<u>-</u>	<u>28,735</u>	<u>6,225</u>
Total		<u>36,798</u>	<u>1,357,486</u>	<u>1,394,284</u>	<u>1,591,499</u>
EXPENDITURE ON					
Charitable activities	6				
Charitable Activities		<u>122,935</u>	<u>1,419,156</u>	<u>1,542,091</u>	<u>1,513,488</u>
NET INCOME/(EXPENDITURE)		(86,137)	(61,670)	(147,807)	78,011
Transfers between funds	18	<u>4,706</u>	<u>(4,706)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(81,431)	(66,376)	(147,807)	78,011
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>	<u>1,145,644</u>
TOTAL FUNDS CARRIED FORWARD		<u><u>771,487</u></u>	<u><u>304,361</u></u>	<u><u>1,075,848</u></u>	<u><u>1,223,655</u></u>

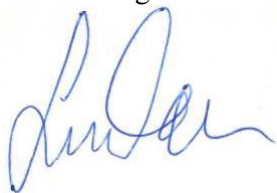
The notes form part of these financial statements

RISE NORTH EAST**BALANCE SHEET
31 MARCH 2024**

	Notes	2024 £	2023 £
FIXED ASSETS			
Tangible assets	13	14,892	17,107
CURRENT ASSETS			
Debtors	14	125,335	119,546
Cash at bank		<u>1,059,927</u>	<u>1,213,557</u>
		1,185,262	1,333,103
CREDITORS			
Amounts falling due within one year	15	(124,306)	(126,555)
		<u>1,060,956</u>	<u>1,206,548</u>
NET CURRENT ASSETS			
		<u>1,060,956</u>	<u>1,206,548</u>
TOTAL ASSETS LESS CURRENT LIABILITIES			
		1,075,848	1,223,655
NET ASSETS		<u>1,075,848</u>	<u>1,223,655</u>
FUNDS	18		
Unrestricted funds		771,487	852,918
Restricted funds		<u>304,361</u>	<u>370,737</u>
TOTAL FUNDS		<u>1,075,848</u>	<u>1,223,655</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 5 November 2024 and were signed on its behalf by:



S Gordon - Trustee

RISE NORTH EAST**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2024**

	Notes	2024 £	2023 £
Cash flows from operating activities			
Cash generated from operations	20	<u>(177,656)</u>	<u>(99,126)</u>
Net cash used in operating activities		<u>(177,656)</u>	<u>(99,126)</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(4,706)	(4,429)
Sale of tangible fixed assets		(3)	-
Interest received		<u>28,735</u>	<u>6,225</u>
Net cash provided by investing activities		<u>24,026</u>	<u>1,796</u>
Change in cash and cash equivalents in the reporting period		(153,630)	(97,330)
Cash and cash equivalents at the beginning of the reporting period		<u>1,213,557</u>	<u>1,310,887</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,059,927</u></u>	<u><u>1,213,557</u></u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES - continued

Income and endowments

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

1. ACCOUNTING POLICIES - continued

Tangible fixed assets

Computer equipment 33% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pension costs and other post-retirement obligations

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2024

2. DONATIONS AND LEGACIES

	2024	2023
	£	£
Donations	197	288
Grants	<u>243,629</u>	<u>418,041</u>
	<u>243,826</u>	<u>418,329</u>

3. OTHER TRADING ACTIVITIES

	2024	2023
	£	£
Conferences and similar events	4,891	5,309
Other income	<u>4,852</u>	<u>1,285</u>
	<u>9,743</u>	<u>6,594</u>

4. INVESTMENT INCOME

	2024	2023
	£	£
Bank interest receivable	<u>28,735</u>	<u>6,225</u>

5. INCOME FROM CHARITABLE ACTIVITIES

	Activity	2024	2023
		£	£
Grants	Charitable Activities	<u>1,111,980</u>	<u>1,160,351</u>

6. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable Activities	<u>1,531,327</u>	<u>10,764</u>	<u>1,542,091</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

7. SUPPORT COSTS

	Other	Governance costs	Totals
	£	£	£
Charitable Activities	<u>6,924</u>	<u>3,840</u>	<u>10,764</u>

8. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Auditor's remuneration	3,840	3,840
Depreciation - owned assets	4,827	5,711
Deficit on disposal of fixed assets	<u>2,097</u>	<u>709</u>

9. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2024 nor for the year ended 31 March 2023.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2024 nor for the year ended 31 March 2023.

10. STAFF COSTS

	2024	2023
	£	£
Wages and salaries	852,395	775,914
Social security costs	80,860	70,889
Other pension costs	<u>75,162</u>	<u>73,543</u>
	<u>1,008,417</u>	<u>920,346</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Management	9	9
Charitable Activities	<u>17</u>	<u>14</u>
	<u>26</u>	<u>23</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

10. STAFF COSTS - continued

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2024	2023
£70,001 - £80,000	<u>1</u>	<u>1</u>

The total employee benefits of the charity's key management personnel amounted to £267,891 (2023 - £221,662).

11. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	571	417,758	418,329
Charitable activities			
Charitable Activities	-	1,160,351	1,160,351
Other trading activities	6,594	-	6,594
Investment income	<u>6,225</u>	<u>-</u>	<u>6,225</u>
Total	<u>13,390</u>	<u>1,578,109</u>	<u>1,591,499</u>
EXPENDITURE ON			
Charitable activities			
Charitable Activities	<u>47,031</u>	<u>1,466,457</u>	<u>1,513,488</u>
NET INCOME/(EXPENDITURE)	(33,641)	111,652	78,011
Transfers between funds	<u>4,429</u>	<u>(4,429)</u>	<u>-</u>
Net movement in funds	(29,212)	107,223	78,011
RECONCILIATION OF FUNDS			
Total funds brought forward	<u>882,130</u>	<u>263,514</u>	<u>1,145,644</u>
TOTAL FUNDS CARRIED FORWARD	<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

12. INCOME RECEIVED FROM PUBLIC INVESTORS

	Sport England £	Other Grants £	Total £
Income	<u>1,111,980</u>	<u>244,429</u>	<u>1,404,780</u>
	<u>1,111,980</u>	<u>244,429</u>	<u>1,404,780</u>
Expenditure			
Staff costs (including on costs)	755,656	152,116	907,772
Equipment hire/purchase	1,996	52,629	54,625
Hire of facilities	2,245	3,833	6,078
Promotion/publicity/insight	18,591	10,127	28,718
Coaches fees/expenses	700	20,312	21,012
Transport/travel costs	7,516	951	8,467
Training	6,773	292	7,065
Other: office related costs, phone and ICT	64,060	2,638	66,898
Other: professional fees	48,916	2,075	50,991
Other: grants to local organisations	74,916	42,480	116,506
Other: refreshments/misc	19,209	1,987	21,196
Other: other operational costs including programme delivery	88,571	10,135	98,706
Other: management fee	-	23,995	23,995
	<u>1,088,259</u>	<u>323,570</u>	<u>1,411,829</u>

RISE NORTH EAST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024****13. TANGIBLE FIXED ASSETS**

	Furniture and equipment £
COST	
At 1 April 2023	57,075
Additions	4,706
Disposals	<u>(7,797)</u>
At 31 March 2024	<u>53,984</u>
DEPRECIATION	
At 1 April 2023	39,968
Charge for year	4,827
Eliminated on disposal	<u>(5,703)</u>
At 31 March 2024	<u>39,092</u>
NET BOOK VALUE	
At 31 March 2024	<u>14,892</u>
At 31 March 2023	<u>17,107</u>

14. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024 £	2023 £
Trade debtors	40,991	48,584
Accrued income	41,576	2,406
Prepaid expenses	<u>42,768</u>	<u>68,556</u>
	<u>125,335</u>	<u>119,546</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

15. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Trade creditors	68,313	22,103
VAT	2,754	-
Deferred income	45,701	99,700
Accrued expenses	<u>7,538</u>	<u>4,752</u>
	<u>124,306</u>	<u>126,555</u>
		£
Deferred income at 1 April 2023		99,700
Released to incoming resources		(99,700)
Amount deferred in year		<u>45,701</u>
Deferred income at 31 March 2024		<u>45,701</u>

16. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2024	2023
	£	£
Within one year	<u>7,680</u>	<u>7,680</u>

17. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2024 Total funds	2023 Total funds
	£	£	£	£
Fixed assets	14,892	-	14,892	17,107
Current assets	835,050	350,212	1,185,262	1,333,103
Current liabilities	<u>(78,455)</u>	<u>(45,851)</u>	<u>(124,306)</u>	<u>(126,555)</u>
	<u>771,487</u>	<u>304,361</u>	<u>1,075,848</u>	<u>1,223,655</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS

	At 1/4/23 £	Net movement in funds £	Transfers between funds £	At 31/3/24 £
Unrestricted funds				
General fund	360,918	(86,137)	19,706	294,487
Budgeted Deficits in Future Years	244,000	-	66,000	310,000
Redundancy Fund	143,000	-	(1,000)	142,000
Contingency	105,000	-	(80,000)	25,000
	852,918	(86,137)	4,706	771,487
Restricted funds				
SE Systemic Role	185,452	(17,445)	(4,706)	163,301
Access to Schools	20,648	(12,645)	-	8,003
Royal Foundation - Coach Core	1,065	(1,215)	-	(150)
NLD PA Strategy - Thriving Together	1,200	(1,200)	-	-
Disability Tennis Network	11,273	(1,025)	-	10,248
MIND	1,633	(1,633)	-	-
Thriving Communities	9,609	(9,609)	-	-
Together Fund	5,474	(5,474)	-	-
NHS - CNTW	111,787	(75,371)	-	36,416
Police and Crime Commissioner - Phase 2	759	3,351	-	4,110
UK Youth Project	3,000	(3,000)	-	-
ICS Child Health Inequalities Fund	2,402	(2,402)	-	-
SE Multi-Sports Playzone Project	10,162	2,010	-	12,172
VONNE - Going Green	2,000	(2,000)	-	-
PE & School Sport Alliance	1,009	(1,009)	-	-
ICS Healthier Together	3,264	(3,264)	-	-
Awards for All - Berwick	-	10,000	-	10,000
Sunderland CC Active Start	-	940	-	940
Safeguarding Project - National Network	-	34,825	-	34,825
Community Foundation - South Shields	-	6,391	-	6,391
Community Foundation - Berwick Dev Worker	-	7,738	-	7,738
Health Integration / Social Prescribing Extension	-	10,367	-	10,367
	370,737	(61,670)	(4,706)	304,361
TOTAL FUNDS	<u>1,223,655</u>	<u>(147,807)</u>	<u>-</u>	<u>1,075,848</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	36,798	(122,935)	(86,137)
Restricted funds			
SE Systemic Role	794,552	(811,997)	(17,445)
SE Delivery Role	105,000	(105,000)	-
Access to Schools	76,661	(89,306)	(12,645)
County Durham Sport - Infrastructure & Environment	17,052	(17,052)	-
Royal Foundation - Coach Core	32,800	(34,015)	(1,215)
NLD PA Strategy - Thriving Together	300	(1,500)	(1,200)
Disability Tennis Network	-	(1,025)	(1,025)
MIND	3,500	(5,133)	(1,633)
Thriving Communities	23,240	(32,849)	(9,609)
Together Fund	74,950	(80,424)	(5,474)
NHS - CNTW	-	(75,371)	(75,371)
Police and Crime Commissioner - Phase 2	40,550	(37,199)	3,351
Sunderland Uni Graduate Intern	500	(500)	-
UK Youth Project	5,650	(8,650)	(3,000)
ICS Child Health Inequalities Fund	-	(2,402)	(2,402)
Places & Spaces - Crowdfunding	17,943	(17,943)	-
SE Multi-Sports Playzone Project	19,484	(17,474)	2,010
VONNE - Going Green	3,000	(5,000)	(2,000)
PE & School Sport Alliance	-	(1,009)	(1,009)
ICS Healthier Together	-	(3,264)	(3,264)
Awards for All - Berwick	10,000	-	10,000
Northumbria Uni Intern	1,042	(1,042)	-
Sir James Knott - Berwick Post	5,000	(5,000)	-
Sunderland CC Active Start	10,000	(9,060)	940
Safeguarding Project - National Network	44,517	(9,692)	34,825
Bupa Foundation/Groundwork UK	2,496	(2,496)	-
Community Foundation - South Shields	9,901	(3,510)	6,391
Community Foundation - Berwick Dev Worker	9,826	(2,088)	7,738
Health Integration / Social Prescribing Extension	18,929	(8,562)	10,367
UKSPF - South Tyneside	3,399	(3,399)	-
Hospital of God - Berwick Dev Worker	180	(180)	-
Bernicia - Berwick Dev Worker	614	(614)	-
Moving Communities	26,400	(26,400)	-
	<u>1,357,486</u>	<u>(1,419,156)</u>	<u>(61,670)</u>
TOTAL FUNDS	<u>1,394,284</u>	<u>(1,542,091)</u>	<u>(147,807)</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024

18. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	542,130	(33,641)	(147,571)	360,918
Budgeted Deficits in Future Years	185,000	-	59,000	244,000
Redundancy Fund	131,000	-	12,000	143,000
Contingency	24,000	-	81,000	105,000
	882,130	(33,641)	4,429	852,918
Restricted funds				
SE Systemic Role	-	189,881	(4,429)	185,452
NS - Workforce	10,455	(10,455)	-	-
TW - Workforce	9,656	(9,656)	-	-
Access to Schools	-	20,648	-	20,648
County Durham Sport - Infrastructure & Environment	4,263	(4,263)	-	-
Royal Foundation - Coach Core	4,024	(2,959)	-	1,065
NLD PA Strategy - Thriving Together	-	1,200	-	1,200
Disability Tennis Network	11,523	(250)	-	11,273
MIND	2,353	(720)	-	1,633
Tackling Inequalities Fund	198	(198)	-	-
Children and Young People Programme	39,070	(39,070)	-	-
Thriving Communities	20,949	(11,340)	-	9,609
Police and Crime Commissioner	11,469	(11,469)	-	-
Barclays	5,780	(5,780)	-	-
Rollover - Primary Role	115,376	(115,376)	-	-
Commonwealth Games	11,500	(11,500)	-	-
Together Fund	-	5,474	-	5,474
Bikeability	3,241	(3,241)	-	-
NHS - CNTW	13,657	98,130	-	111,787
Police and Crime Commissioner - Phase 2	-	759	-	759
UK Youth Project	-	3,000	-	3,000
ICS Child Health Inequalities Fund	-	2,402	-	2,402
SE Multi-Sports Playzone Project	-	10,162	-	10,162
VONNE - Going Green	-	2,000	-	2,000
PE & School Sport Alliance	-	1,009	-	1,009
ICS Healthier Together	-	3,264	-	3,264
	263,514	111,652	(4,429)	370,737
TOTAL FUNDS	<u>1,145,644</u>	<u>78,011</u>	<u>-</u>	<u>1,223,655</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

18. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,390	(47,031)	(33,641)
Restricted funds			
SE Systemic Role	793,475	(603,594)	189,881
SE Delivery Role	105,000	(105,000)	-
NS - Workforce	-	(10,455)	(10,455)
TW - Workforce	-	(9,656)	(9,656)
Access to Schools	76,661	(56,013)	20,648
County Durham Sport - Infrastructure & Environment	13,358	(17,621)	(4,263)
Royal Foundation - Coach Core	23,576	(26,535)	(2,959)
NLD PA Strategy - Thriving Together	3,000	(1,800)	1,200
Disability Tennis Network	4,000	(4,250)	(250)
MIND	3,500	(4,220)	(720)
Tackling Inequalities Fund	-	(198)	(198)
Children and Young People Programme	-	(39,070)	(39,070)
Rugby Football Union - Families Fund	9,000	(9,000)	-
Thriving Communities	34,312	(45,652)	(11,340)
Police and Crime Commissioner	-	(11,469)	(11,469)
Barclays	-	(5,780)	(5,780)
Rollover - Primary Role	-	(115,376)	(115,376)
Commonwealth Games	-	(11,500)	(11,500)
Yorkshire Sport - Creating Active Schools	13,862	(13,862)	-
Together Fund	201,346	(195,872)	5,474
Bikeability	34,324	(37,565)	(3,241)
NHS - CNTW	158,288	(60,158)	98,130
Police and Crime Commissioner - Phase 2	31,000	(30,241)	759
Sunderland Uni Graduate Intern	4,500	(4,500)	-
UK Youth Project	17,000	(14,000)	3,000
ICS Child Health Inequalities Fund	4,787	(2,385)	2,402
Places & Spaces - Crowdfunding	19,404	(19,404)	-
SE Multi-Sports Playzone Project	18,772	(8,610)	10,162
VONNE - Going Green	2,000	-	2,000
PE & School Sport Alliance	1,009	-	1,009
ICS Healthier Together	4,985	(1,721)	3,264
Northumbria Uni Intern	950	(950)	-
	<u>1,578,109</u>	<u>(1,466,457)</u>	<u>111,652</u>
TOTAL FUNDS	<u>1,591,499</u>	<u>(1,513,488)</u>	<u>78,011</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

18. MOVEMENT IN FUNDS - continued

The specific purposes for which the funds are to be applied are as follows:

Sport England - Systemic & Delivery Funding

This is our core funding, provided by Sport England, which focuses on us influencing local systems to create more opportunities for people to take part in sport and physical activity. It aims to tackle the inequalities that affect people's participation in sport and physical activity whilst supporting the aims and objectives of Sport England's 10-year strategy 'Uniting the Movement'. Our work focuses upon helping local partners to unlock the power of physical activity and collectively affect long-term system change to positively impact more lives across our region, particularly those who need it the most.

Sport England - Together Fund (programme started pre-April 2023)

Funding provided by Sport England as a continuation of the Tackling Inequalities Fund, which was set up to help the sport and physical activity sector through the Covid-19 pandemic. The Together Fund is targeted towards increasing the physical activity levels of culturally diverse communities, those from lower socio-economic groups, and those with a disability or long-term health condition.

Sport England - Community Football & Multi-Sports Capacity (programme started pre-April 2023)

This funding is provided by Sport England to help to strengthen the relationship between local and national strategy and delivery, and to connect local resource, intelligence and experience to national programme design. It aims to maximise the impact of the targeted investment into community football, tennis and multi-sport facilities, ensuring that they are delivered in the communities that need it the most, with an overall priority focus on tackling inactivity.

Sport England - Places & Spaces (programme started pre-April 2023)

Funding provided by Sport England to provide us with designated capacity to work closely with community sport and physical activity groups to raise awareness of Sport England's Places & Spaces crowdfunding programme and support such groups to successfully access this funding stream. The focus is to create and improve local facilities to enable and encourage more people to be physically active.

Sport England - Thriving Communities (programme started pre-April 2023)

Through the Thriving Communities Fund we work to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project aims to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by Covid-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health.

Sport England - National Safeguarding Network

Funding provided by Sport England to appoint two Sport Welfare Officers as part of the national network being created across England in response to the Whyte Review. The Welfare Officers will support National Governing Bodies of Sport, promote good practice and safe sport at a local level, and help to create safer club environments for participants.

Sport England - Moving Communities

Funding provided by Sport England for us to engage the services of 4 Global to bring together participation data into a secure online platform. The platform aims to help inform and inspire local decision makers with getting communities moving.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

18. MOVEMENT IN FUNDS - continued

Active Partnership Network DfE - Opening School Facilities (OSF) Capacity Funding (programme started pre-April 2023)

Awarded by the Department for Education via the Active Partnership Network for us to assist with the delivery of the £57m national OSF programme. The project aims to support schools to open up their sports facilities outside of the school day, to both school and community users, in order to create sustainable change in increased physical activity levels in communities where they are needed most. The programme is targeted towards helping to encourage and enable more women and girls, people from disadvantaged and culturally diverse communities, and children with special educational needs and disabilities to become more active.

North East & North Cumbria Integrated Care System (ICS) - Child Health Inequalities Fund (Underspend) (programme started pre-April 2023)

Funding provided by the ICS Child Health & Wellbeing Network to upskill and empower the early years workforce to support children aged 3-5 years old to have the best start in life, engaging in fun outdoor active learning to improve their physical and mental wellbeing.

North East & North Cumbria Integrated Care System (ICS) - Healthier Together (Underspend) (programme started pre-April 2023)

Funding provided by the ICS Child Health & Wellbeing Network via the Healthier Together VCSE Programme to deliver an Active Start project aimed at enabling and encouraging more under 5s to be more physically active.

Cumbria, Northumberland and Tyne & Wear NHS Foundation Trust (Underspend) (programme started pre-April 2023)

Funding provided to make improvements to the health and wellbeing of staff in the ICS workforce. The programme aims to provide physical and mental health benefits to people and address wider health inequalities.

VONNE - Going Green Together (programme started pre-April 2023)

Funding provided through VONNE to help us to deliver a climate action project to reduce carbon emissions and address the climate emergency.

Northumbria University Intern (programme started pre-April 2023)

Funding provided via Northumbria University linked to its internship programme, which provided support to enable us to appoint a graphic design intern on a short-term basis in 2023.

Sunderland University Graduate Intern (programme started pre-April 2023)

ERDF funding provided via Sunderland University linked to its internship programme, which provided support to enable us to appoint a research and insight intern during 2022-2023 and into April 2023.

Gateshead Council - PE & School Sport Alliance (Underspend) (programme started pre-April 2023)

Funding transferred to us from Gateshead Council to support more children and young people of secondary school age to become more active, which could involve supporting the delivery of a secondary school conference in partnership with the region's PE & School Sport Alliance.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

18. MOVEMENT IN FUNDS - continued

South Tyneside Council - UKSPF

Funding provided by South Tyneside Council through the UK Shared Prosperity programme for a specific project focused on supporting women into employment, particularly targeting young women with caring responsibilities and those living with poor mental health. The project is being delivered in partnership with local charity Women's Health in South Tyneside (WHiST), public health and some other local partners and will focus upon improving physical and mental wellbeing, as well as developing life skills.

Sunderland City Council - Active Start

Funding provided to us to facilitate a training offer to early years practitioners in Sunderland. The training will focus on Active Start physical literacy and aims to increase the physical activity levels of children aged 0-5 years old.

Thriving Together Northumberland (programme started pre-April 2023)

Funding provided via Northumberland's Thriving Together Steering Group to support the delivery of workshops linked to Northumberland's Physical Activity Strategy, which aims to get more people physically active across Northumberland.

County Durham Sport - Infrastructure & Environment (programme started pre-April 2023)

Funding provided by County Durham Sport (the active partnership for County Durham) to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across the full LA7 area.

UK Youth - Community Food Champions (programme started pre-April 2023)

Funding provided by UK Youth for us to support local community organisations to work with groups of young people to create social action projects that aim to address issues within their local food environment. The project aims to create positive youth-led partnerships within local communities and targets young people from both low-income backgrounds and culturally diverse populations.

Coach Core (programme started pre-April 2023)

Funded by the charity Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. We are responsible for managing and overseeing the programme locally in Northumberland and Tyne & Wear, which will enhance the local coaching offer and provide the apprentices with valuable training and experiences.

Mind (programme started pre-April 2023)

This funding is focused on us leading the development of a regional network of sport, physical activity and mental health organisations.

Lawn Tennis Association - Disability Tennis Network (Underspend) (programme started pre-April 2023)

This funding from the Lawn Tennis Association is focused on providing more tennis opportunities for people with disabilities.

Northumbria Police & Crime Commissioner (programme started pre-April 2023)

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

18. MOVEMENT IN FUNDS - continued

St Oswald's Hospice

Funding provided for a project delivered in conjunction with St Oswald's Hospice in Berwick-upon-Tweed aimed at anyone who has experienced grief or loss. The project incorporated workshops and 1:1 support around grief and loss to improve physical and mental wellbeing, and it included art and craft activities and walk and talk sessions.

Awards for All - Berwick-upon-Tweed

Funding to help employ a new Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Sir James Knott - Berwick-upon-Tweed

Funding to support the employment of our Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

Bernicia - Berwick-upon-Tweed

Funding to help employ a new Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Hospital of God - Berwick-upon-Tweed

Funding to help employ a new Community Development Worker to support the wellbeing of vulnerable young people in Berwick-upon-Tweed, linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Community Foundation - Berwick-upon-Tweed

A grant to support the mental health and wellbeing of vulnerable young people in and around Berwick-upon-Tweed. The funding will help to employ a new Community Development Worker linked to the increasing demand for our support services in the town and the widening of our offer to young people.

Community Foundation - South Shields

Funding to run an Active Ageing project in South Shields to support older people to increase their physical activity levels, mobility and wellbeing, whilst also aiming to reduce isolation.

Bupa Foundation/Groundwork UK

A grant received from the Bupa Foundation Green Community Grants programme (and managed by Groundwork UK) for the 'Step into Nature' project. The project aims to address climate change, by creating a digital app that enables users to track their zero-carbon physical activity and receive nature-based rewards (e.g. tree planting) when they meet their targets.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

19. RELATED PARTY DISCLOSURES

John Spence Community High School

One of the trustees is a teacher at the school. During the year the charity incurred expenditure totalling £9,898 with the school. At the balance sheet date the amount due to John Spence Community High School was £2,420 (2023 - £nil).

Active Families North East / Active Families Training Academy

One of the employees is married to the owner/director of Active Families North East and Active Families Training Academy. During the year the charity incurred expenditure totalling £25,111 with these organisations. At the balance sheet date the amount due was £nil (2023 - £nil).

20. RECONCILIATION OF NET (EXPENDITURE)/INCOME TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2024 £	2023 £
Net (expenditure)/income for the reporting period (as per the Statement of Financial Activities)	(147,807)	78,011
Adjustments for:		
Depreciation charges	4,827	5,711
Loss on disposal of fixed assets	2,097	709
Interest received	(28,735)	(6,225)
Increase in debtors	(5,789)	(95,118)
Decrease in creditors	<u>(2,249)</u>	<u>(82,214)</u>
Net cash used in operations	<u>(177,656)</u>	<u>(99,126)</u>

21. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/23 £	Cash flow £	At 31/3/24 £
Net cash			
Cash at bank	<u>1,213,557</u>	<u>(153,630)</u>	<u>1,059,927</u>
	<u>1,213,557</u>	<u>(153,630)</u>	<u>1,059,927</u>
Total	<u>1,213,557</u>	<u>(153,630)</u>	<u>1,059,927</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2024**

22. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The company's registered number and registered office address can be found within Reference and Administrative Details.

RISE NORTH EAST

England & Wales - Charity number 1135223

Accounts

REGISTERED COMPANY NUMBER: 07176549 (England and Wales)
REGISTERED CHARITY NUMBER: 1135223

**REPORT OF THE TRUSTEES AND
FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023
FOR
RISE NORTH EAST**

Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

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FOR THE YEAR ENDED 31 MARCH 2023**

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RISE NORTH EAST

REFERENCE AND ADMINISTRATIVE DETAILS FOR THE YEAR ENDED 31 MARCH 2023

Registered Company number

07176549 (England and Wales)

Registered Charity number

1135223

Registered Office

Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

Trustees

M Cormack

P A Price

K E Storie

S Gordon

N Erevik

G R Nash

D Henderson

A Pilkington

S Bell

A Puri

J Cairns

Key Management Personnel

Clare Morley, CEO

David Marrin, Business & Strategy Director

Lee Sprudd, Strategic Director

Helen Tong, Business Development Director

Bankers

Barclays Bank PLC, 53 Fawcett Street, Sunderland, SR1 1RS

The Co-Operative Bank PLC, PO Box 250 Delf House, Skelmersdale, WN8 6WT

Nationwide Building Society, Nationwide House, Pipers Way, Swindon, SN38 1NW

Virgin Money, 83 George Street, Edinburgh, EH2 3ES

Auditor

Read, Milburn & Co., 71 Howard Street, North Shields, NE30 1AF

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended March 2023.

OBJECTIVES AND ACTIVITIES

Objects and Aims

The charity has the following objectives:

- 1 To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
- 2 To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
- 3 To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
- 4 To advance the education of the public, particularly, but not exclusively, those working with children or vulnerable adults, their carers and families, and children, young people and vulnerable adults themselves, in child and vulnerable adults protection; and
- 5 To advance such other charitable purposes beneficial to the community and consistent with the objects set out above.

Objectives, Strategies and Activities

Rise is one of 43 Active Partnerships across England. We are primarily funded and supported by Sport England and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities - health, social, economic and environmental - that have stubbornly existed across our region for many years.

Fundraising Disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follow all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact details of all public donors.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

OBJECTIVES AND ACTIVITIES - continued

Public Benefit

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England & Wales.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE

This trustees report is structured around the six priorities that are core to our long-term strategic approach, and much of the work towards these priorities has been grounded in our values of collaboration, positively disrupting and catalysing change. Examples that you will read about in more detail include:

- **Building Back Fairer** - engaging with a huge array of community organisations supporting groups who are less likely to be active, including those from lower socio-economic groups, those from ethnically diverse communities, and those who have a disability or long-term health condition. These groups were disproportionately negatively impacted by the Covid-19 pandemic and are again in the current cost of living crisis, and so the support that we were able to provide to groups through the Together Fund has been invaluable in helping them to get their beneficiaries to be more physically active;
- **Community Building** - recognising the unique place that schools play within their communities, we embraced the opportunity that the third phase of the Department for Education's Opening School Facilities Programme provided in order to be able to support schools to engage with their communities in physical activity opportunities outside of curriculum time;
- **Tackling Our Climate Crisis** - providing expert support, advice and guidance to partners engaged in the development of the North East's Active Travel Strategy in order to support the required transition to more sustainable forms of transport as the need to reduce carbon production becomes ever-more evident and urgent;
- **Harnessing the Power of Data, Digital and Tech** - trialling the use of an App to engage workforces to walk, run, cycle and move more in order to 'earn' points that are then translated into trees that are planted in the Great Northumberland Forest;
- **Healthy Minds for Healthy Lives** - supporting the wellbeing aspirations of Sunderland College by developing students to lead on the delivery of physical activity and wellbeing interventions for both their peers and for the wider College workforce; and
- **Strong & Influential Systems Leadership** - delivering our inaugural Early Years Conference, where 90 practitioners from across the Rise region came together to share, learn and be inspired around getting our under 5s moving more.

Our Strategic Priorities

We've remained committed to our 6 strategic priorities that we established when we first launched our Rise Together strategy in 2021.

We must continue to build back fairer, support our communities to develop, use physical activity to approach issues that have an impact on our climate, utilise the power of moving more to benefit mental wellbeing, ensure technological developments are utilised to drive the physical activity agenda forward and use our unique position to support a cross sector systems leadership approach to ensure physical activity contributes to a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Priority: Strong and Influential Leadership

Early Years - Listening to the Sector

We have continued to build on the work we began in 2021 to develop the provision of physical activity interventions within the early years sector.

To demonstrate our role in responding to issues raised by the sector we produced a 'You Said - We Did' report which highlighted how we have worked with partners to date to support the early years workforce to understand the benefits of physical activity and how they can embed and implement their new learning into practice.

Early Years Network Forum

In 2022, we established the Early Years Network Forum in our area. The Network provides opportunities for the sector's workforce to share, offload, network, learn and explore opportunities to collaborate.

Early Years Conference

We also delivered our first ever Health, Wellbeing and Learning Early Years Conference, which was sold out with 90 attendees. The inspiration, enthusiasm and positivity in the room was infectious and highlighted the need for the sector to come together to learn, share and network.

Step Outdoors

We were also successful in an application for funding from our local Integrated Care System to develop our own outdoor learning pilot "Step Outdoors", which is a training programme for early years setting staff. The Pilot is being run in partnership with South Tyneside Public Health and coproduced with early years professionals at all levels.

Secondary PE Lead Conference

In partnership with the Youth Sport Trust as part of the Education Alliance, we facilitated a Secondary PE Lead conference which provided invaluable learning, insight and knowledge focusing on the successes, barriers, challenges and opportunities faced by PE leads within secondary education settings. The conference also looked at how we could work together collaboratively as wider system partners to mitigate some of these barriers and challenges to ensure our workforce is supported and our children and young people thrive.

Youth Leadership

Following a successful Youth Leadership Programme last year, we used the learning from the programmes and from youth voice consultations to develop a series of youth-led programmes. These programmes included a partnership with Youth Sport Trust to roll out the Girls Active Programme across four secondary schools in Northumberland, and one in North Tyneside which supported disengaged, inactive teenage girls to be empowered to join the Leadership Programme and deliver activities to over 150 girls and young women.

Healthier Together

We secured further funding from the Integrated Care System North East and North Cumbria Child Health and Wellbeing Network to develop a campaign to support the launch of the new NHS Healthier Together website and app.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

The purpose of the website and app is to provide resources and advice in one place for families, practitioners and young people. We used this opportunity to ensure that physical activity advice was also included through disseminating the information across our network and developing the rollout of an Early Years Healthier Together Campaign. As part of this campaign, Early Years settings disseminated the information and new resources to families. They developed creative and varied campaigns and initiatives, such as workshops for young vulnerable mums, creating fun topics for the children and developed family videos.

School Games

Our School Games Programme, in partnership with the Northumberland and Tyne & Wear School Games Organisers (SGOs), continues to develop, sharing learning and best practice to collectively tackle inequalities and inactivity through innovative approaches. These approaches ensure we are providing positive experiences in the right schools and with those children and young people who need it the most. With this in mind, we are proud that a strong successful collaborative inclusion offer is now embedded across both our Northumberland and Tyne and Wear School Games County events. In 2022, we worked in partnership with our friends at County Durham Sport to develop a collaborative School Games Introduction video to share the new vision and offer for the School Games with wider system partners.

We also engaged in a regional collaboration with our regional Active Partnership Network (Tees Valley Sport and County Durham Sport) as well as the SGOs to offer the first Regional Virtual School Games Live Easter Event which was open to all school games schools. These fun live workout sessions were designed to get everyone active whilst having fun with their friends. This was a really successful first event with an outstanding 10,895 participants who joined from 71 schools across the region.

One young person from a Northumberland school said "it was really good to get us all active before the Easter holidays and remind us how important moving our body is. It was a nice start to the day and left me energised and full of energy. The person leading it was really nice".

After the success of the first event, it has been agreed that we will continue on this success and offer termly themed collaborative events as a region throughout 2023-2024.

Workforce

Working closely with regional and national thriving community leads and via the regional physical activity advisor we have supported a number of VCSE organisations to build capacity and develop their workforce to be social prescribing ready.

More than 70 organisations signed up to the learning together programme and now 66 people receive monthly E-shots on social prescribing related topics such as training and funding. We have been involved in the development of two specific social prescribing sessions via the Active Through Football programme in Gateshead and are currently supporting mapping and consultation around the More Than A Game concept which is being piloted by the National Academy for Social Prescribing and NHS England.

Working alongside the Ramblers Association it was identified that Newcastle was one of a handful of areas in the country that did not have a 'Wellbeing Walks' scheme. Working in partnership with colleagues in the Newcastle Public Health Team we qualified four train the trainers, identified target areas to pilot walks programmes and delivered walk leader training to nine new leaders.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

The 'Moving Healthcare Professionals' resource provides a great platform to influence and support health partners to be more confident and competent in having conversations with patients around physical activity. During 2022 - 2023 we were able to deliver five Physical Activity Clinical Champion (PACC) workshops to approximately 100 Health Care Professionals. To build on this we created a unique partnership with Newcastle University to embed PACC training into medical students' curriculum, ensuring that when they graduate, they already have the physical activity knowledge to be physical activity advocates as part of the preventative and personalised care agenda.

Infrastructure and Environment

During the year, Transport North East have been consulting on two strategies which aim to deliver the objectives of the North East Transport Plan. 'Making the Right Travel Choice' and the 'Active Travel Strategy' seek to increase the opportunities for active travel across the region and to make active travel part of the transport solution to help to tackle climate change and to improve health and well-being.

As part of the consultation process, we have been included on the steering and stakeholder groups supporting the strategy development. We have been able to input into the strategies and to support extending the reach of the consultations including linking Transport North East with community groups to establish the barriers and opportunities for creating a fully connected and integrated transport system.

Older People

We utilised the Live Longer Better (LLB) ethos across several platforms, from arranging Sir Muir Gray to be the keynote speaker at the Northumberland thriving together launch, to embedding the learning and training resources within GPs' community health pathway systems to delivering five Physical Activity Clinical Champions (PACC) workshops to approximately 100 local partners, as well as 75 participants registering for the LLB online training programme.

Participating GP Practices have supported the delivery of 56 patient-centred physical and social activity sessions, with more planned throughout 2023/24.

A member of our team has been co-opted onto the ICC executive group as the ageing well VCSE sector representative. In addition the same member of the team has also been nominated as the VCSE Rep on the ICS ageing well board. This provides a great platform for Rise to influence health system leads in regard to the role physical activity can play in relation to the priorities and outcomes detailed within the Ageing Well five-year plan.

In partnership with the NENC Applied Research Collaboration, West End Family Health, Oxford Terrace and Rawling Road Medical Group and our local third sector partners, we continue to demonstrate the value of adopting an alternative approach to proactive patient care. Centred around effective place-based partnerships, which utilise existing local community provision to facilitate a supported multi activity intervention, we have successfully supported Primary Care teams with their response to local anticipatory care and preventative health management challenges.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Priority: Building Back Fairer

Together Fund

In June 2022, we secured £200,000 from the Sport England Together Fund to continue helping community organisations to deal with issues caused by Covid-19. It allowed us to provide funding of up to £10,000 a time to a wide range of organisations who have a clear understanding of the inequalities that exist in their communities, including the barriers that stop them from being active.

The fund has been used to enable community groups to continue to recover and grow and engage with their communities, supporting people to be engaged and active, particularly those organisations working with the fund's priority audiences:

- Lower socio-economic groups,
- Culturally diverse communities,
- Disabled people,
- People with long-term health conditions.

Early Years Bursary Scheme

As part of our continuing support for the development of the Early Years sector, we also developed a bursary scheme. We knew from our insight that a key barrier to delivering physical activity in Early Year settings was a lack of funding to cover staff training and supplying staff to backfill when permanent staff are on training as well as resources and equipment to support their work.

Our Early Years Bursary Scheme was available to Early Years settings to improve physical activity opportunities for under 5s in a fun and accessible way, based on individual and community needs.

Projects could also tackle wider social outcomes such as school readiness, and social and communication development, but increasing sustainable physical activity had to be the focus.

As a result, 90 settings applied, and 15 bursaries were awarded to support the sector which will be used by them during 2023 - 2024.

Active Start

During the year 2022-23, we also worked in collaboration with Active Cumbria to pilot Active Start. Active Start is a programme created to inspire and increase activity levels in the early years through activity and active play. We delivered courses to over 60 early years practitioners and received amazing feedback. Due to the fantastic feedback we will continue delivery in 2023 - 2024 with up to 100 more practitioners trained across Northumberland and Tyne & Wear. We will also be working with Sunderland City Council to train up to 100 more practitioners across their local authority area.

Active Partnership Early Years Community of Learning

We continue to co-chair the Active Partnerships Early Years Community of Learning group which meets termly to discuss all things Early Years going on in the Active Partnership network. We share good practice, ideas and challenges at a local level as well as working together and collaborating to champion the early years agenda at a national level.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENTS AND PERFORMANCE - continued

Coach Core

In December 2022 we concluded year two of the Northumberland and Tyne and Wear Coach Core programme. Our focus for this cohort was again ensuring that our offer reached those young people who needed it the most. We engaged young people from all of our six local authority areas and we continued to target those young people from lower socioeconomic areas which are a priority for Rise across our work. 35% of the apprentices we recruited were from IMD 1 and 2 and in total 45% were from the areas IMD 1 - 5. In addition, 55% of the apprentices recruited were male and 45% female.

Alongside the cohort of Level 2 apprentices, during year two of the programme we also piloted the Level 3 Community Sport and Health Officer apprenticeship with five young people. At the end of the year (April 2023) across the Level 2 and Level 3 apprentices, all young people had confirmed employment beyond their apprenticeship.

We were also delighted to secure two awards at the National Coach Core Awards in London in February 2023 for Learning Coach of the Year and Employer of the Year awards.

Priority: Community Building

Opening Schools Facilities

We were delighted this year to successfully bid for a share of the Department for Education's £57 million 'Opening School Facilities' fund, which is a three year investment to provide support and investment into schools to develop and increase their extra-curricular opportunities and activities for children, young people and families whilst creating community links that open their facilities for the local community outside of the normal school day.

The programme is co-designed with and by children and young people giving them a voice to empower them through leadership and volunteering opportunities. This approach will support them to access fun needs-led inclusive and diverse opportunities that will support their personal and social development whilst looking after their physical and mental wellbeing.

The Opening Schools Facilities programme was launched to schools by us in January 2023. The target for year one (deadline 14 March 2023) was to recruit and distribute £1million to 48 schools.

Using our insight and local knowledge we worked intensively in collaboration with wider strategic system partners to recruit the schools and support them with their action plans and funding applications to provide new extracurricular opportunities for targeted children and young people and the wider community to reduce inequalities and inactivity.

Creating Active Schools

The Creating Active Schools (CAS) Framework has been developed to promote a whole systems approach to school improvement, with all stakeholders, from local authorities to school leaders and pupils playing a role in embedding physical activity in the school's ethos.

During the early part of the programme in 2022, we began working with five schools in Newcastle to develop CAS in their schools. We developed a community of Learning Network Forum where all five schools would come together to share good practice, learning and any challenges. By the end of the year, three of the schools had already made great progress in embedding physical activity into their school approach and policies.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

We also began working with Sunderland Together for Children to link in CAS and Opening Schools Facilities programmes and other areas of work with their health and well-being aims and objectives. A headteacher from a local primary school was seconded to support several schools in the area to help tackle the overweight/obesity levels in primary schools across Sunderland.

Bite Back - Community Champions Programme

The aim of the Bite Back programme is to ensure every young person has access to healthy, nutritious food, no matter where they live.

Through the Bite Back programme, we funded five grassroots youth organisations to each recruit 10 to 15 young people aged 11 to 18 years (from low income and ethnically diverse community backgrounds). Groups became youth food community champions/researchers, identifying issues that matter to them in their communities to tackle inequalities and supporting young people and families to access affordable, healthy food. In turn this also helped to improve their physical and mental well-being through empowering and influencing change in their communities.

With support from Rise, the youth champions from each group worked to influence and educate their peers, working in partnership with businesses and strategic key partners across the local authority areas to share learning and behaviour change. Public Health teams also came on board to support the groups to ensure young people, regardless of backgrounds, have access to healthier food options in their local community to reduce obesity levels and overall inequalities.

Football Foundation Multi-Sports Investment

At the end of 2022, we were successful in securing a three year regional role to support the Foundation's investment into new Multi-Sport facilities (Playzones, 3G pitch installation and grass pitch improvement) which will now make up 40% of their portfolio. A member of our team was therefore seconded into the part-time role of Network Manager.

Working across the Active Partnership areas of Rise, Active Cumbria, County Durham Sport, Tees Valley Sport, North Yorkshire Sport, Yorkshire Sport and Active Humber, the Network Manager provides additional capacity within the Active Partnership network to strengthen the relationship between local delivery and Sport England's 'Uniting the Movement'. This will help to ensure that the correct type of facilities are provided to the communities that need it most, whilst following the requirements drawn from local consultation.

Older People

During the year we established support to the South Tyneside clinical health pathways team, providing expert advice to develop physical activity messaging and advice to enable all clinicians and allied health professionals to have appropriate physical activity conscious conversations with patients, and support signposting/referral into relevant community-based activity opportunities. These efforts have been coupled with our ongoing coordination of the Physical Activity Clinical Champions training programme which has been successfully delivered to NHS, public health, local authority and third sector staff.

Crowdfunding

Since September 2022, we have been providing support and guidance to organisations across the North East applying to Sport England's two crowdfunding streams, Active Together and Places & Spaces. As of March 2023, projects we've supported had raised over £95,000 in total, including over £40,000 of investment secured from Sport England.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Priority: Tackling Our Climate Crisis

Local Authorities' Approaches to Climate Change

During the year we researched each of the local authority areas' climate change journeys and agendas and discovered that all six local authorities are working to address climate change in different ways.

For example, Northumberland County Council has a Council Thematic Group made up of senior officers across the Council who work with the carbon team to ensure that carbon reduction is built into all new policy development.

North Tyneside have developed Action on Climate Change North Tyneside, whilst South Tyneside are driving the Council's activities to be carbon neutral by 2030.

With this knowledge we began work to see where our agendas align or cross over and how we could support the local authority agendas in relation to climate change.

Involving Schools in Climate Change

We were involved in several initiatives which promoted sustainable and active travel to schools.

We supported South Tyneside Council to promote a climate change and active travel to school competition which received good interaction with the schools. Following its success, the competition will be offered again with the hope of engaging more schools.

In addition, we supported South Tyneside Council to implement school street closures within the Borough. The learning from Newcastle City Council has been shared with South Tyneside and the school street closures are being co-ordinated in partnership with Sustrans as we head into 2023/24.

We also promoted and supported Living Streets Walk to School Week and Sustrans Big Walk and Wheel. These initiatives are also continuing into 2023/24.

Active Travel

One particular project that we successfully delivered was the Bikeability project which was funded through the Bikeability Trust. The funding was to widen the participation in cycle training particularly for underrepresented groups.

To achieve the outcomes of the project we worked with the Sunderland City Council, local schools, a local cycle provider, a community engagement worker and a project in Sunderland to offer cycle training within a community setting.

The evaluation and learning from the project has led to cycle training being provided outside of the school setting. The learning has also since been shared with our other local authority areas to increase participation in Bikeability training across the region.

Consultation Support

During the year, there were several consultations on Local Plans and Supplementary Planning Documents which we contributed towards, including the Northumberland Local Plan and validation requirements document, the South Tyneside Local Plan, the South Tyneside Supplementary Planning Document for Green and Blue Spaces and the Gateshead and South Tyneside Biodiversity Supplementary Planning Document.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

By commenting as part of the consultation process, this opened further discussions with the local authorities and strengthened our relationships with planning officers.

Alongside this we have also been keeping up to date with National Planning Policy development to assist in our responses locally. For example, the National Planning Policy Framework consultation will ultimately influence local planning policy.

Priority: Healthy Minds for Healthy Lives

The Couch to 2K Programme

The Couch to 2k programme supports young people aged 11-18 to gain self-confidence, improve fitness, increase physical activity and have fun via weekly walking / jogging / running sessions over 6 - 8 weeks. Building on the success of our previous Couch to 2K pilot programme and subsequent successful projects in Newcastle and Gateshead, we took the programme to Northumberland this year. Working collaboratively with The Children's Foundation and Northumberland Council's Emotional Wellbeing Support Team we used youth voice to understand and increase participation and physical and mental activity levels with looked after children and young people.

Working with Sunderland College

During the 2022/23 academic year we supported Sunderland College to develop a student workforce to deliver physical activity sessions to inactive students and staff and deliver a well-being roadshow. As part of this work the college undertook a baseline survey with students to understand their barriers to being physically active. From the survey we produced a recommendations report to shape the delivery model which the college then implemented based on the results.

Sixteen students undertook various training courses such as boxing activator, multi-skills courses, safeguarding and first aid. The students then rolled out a programme of activities across the academic year including student v staff football and basketball. In addition, the student workforce project also enabled the college to reopen their gym which had not been possible since the pandemic due to staff capacity.

Us Active Project

During the year Rise supported Us Active, a charity who utilise physical activity to support young people aged between 12 and 25 with or at risk of developing mental health difficulties to transform their lives, to employ a Youth Engagement Officer.

Our Research and Insight Development Manager worked with the Youth Engagement Officer to gather insight from young people to gain a better understanding of their behaviours and motivations around physical activity. From this work the Youth Engagement Officer has created a Youth Board to support the direction of the charity and ensure it is meeting the needs of young people in the future. In addition, through the Youth Engagement Officer the charity has now forged links with Newcastle Skills Hub, Gateshead Looked After Children Team, Sunderland College and multiple social prescribing networks to support youth mental health through physical activity.

Place-Based Work in Berwick

Over the past 12 months we gleaned a more in-depth understanding of the wider social health and wellbeing issues faced by young adult males across Berwick and the surrounding rural areas.

Due to our learning and the work we are doing we have presented our Impact Report to the Northumberland Physical Activity Strategy Group. The presentation showcased how the asset-based approach we have adopted in Berwick empowers the community and provides provision which has long term sustainability.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

We also provided insight for New Local in conjunction with the Joseph Rowntree Foundation around deep poverty and destitution and provided insight to the North of Tyne Combined Authority research around working to support residents who are economically inactive.

Our Key Worker also presented at the Northumberland VCS Liaison Group, highlighting the challenges we have faced securing support for young people with learning disabilities transitioning into adulthood.

Overall, we saw more engagement from young men with diagnosed and undiagnosed neurodiverse issues which has a huge impact on their health and wellbeing. In addition, we continued to see similar trends in engagement from young men who are unemployed, socially isolated and living in debt/poverty who lack support from statutory services with their health and wellbeing.

Mind - Mental Health Awareness for Sport and Physical Activity

Over the past 12 months we have supported Mind locally and regionally to promote mental health awareness training across the sector. The training was developed by Mind, Sport England, 1st4Sport and UK Coaching. 34 people have accessed this training to increase knowledge and understanding of mental health within a sport and physical activity context.

Priority: Harnessing Data, Digital & Tech

Insight and Knowledge

The use of data and technology has continued to play a significant role in our work.

We have utilised a number of systems to support us to work more efficiently and be better informed with insight and knowledge.

We have been using all opportunities to listen to our partners, participants and end users to learn about what works and what doesn't, the challenges and barriers faced, as well as the routes to successful outcomes they have discovered.

Existing data and insight gathered from national sources including the NHS, public health, the Office for National Statistics and Sport England plays a big part in informing our decision making.

Many of our partners also hold their own sector specific data which has also been a key element of informing decisions and co-designing activities and work.

Active Lives

In December 2022, we produced a summary of the local Children and Young People Active Lives results, covering the academic year 2021 - 2022. The report summarised the sport and physical activity behaviours of 5 to 16-year-olds, providing us with data for the six local authorities of Northumberland and Tyne & Wear. The report showed continued progress towards increasing physical activity among our children and young people, but also that there is still the need for more work to do.

In 2022 we revamped and relaunched our Active Lives Children and Young People Survey approach and the way we engage with schools to make the process more accessible and streamlined. We developed a bespoke 'Digital Hub' to enable schools to find up-to-date information about the survey. The hub also includes information on the benefits and incentives to schools of participating in the Active Lives process, as well as the DfE Healthy Schools Rating Scheme. This new approach proved to be very successful in improving the return rate of surveys from our schools, which in turn will be reflected when the results of the survey are published in December 2023.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

ACHIEVEMENTS AND PERFORMANCE - continued

Trialing New Concepts

During the summer of 2022 we worked in partnership with Northumberland County Council and The Great Northumberland Forest, to launch a pilot project for staff at Northumberland County Council, utilising a free-to-use app to plant trees in the Great Northumberland Forest.

The app converts users' recorded physical activity into donations to a range of environmental / social projects. We funded the creation of a Northumberland County Council team on the app to convert their physical activity into tree donations for the Great Northumberland Forest.

The concept testing was a success which has led to us investigating the development of our own bespoke app that we can provide to organisations to encourage their employees to be more active.

Other Focus Areas In 2022-2023

Safeguarding Standards

Throughout the year, we continued to work hard to ensure that children, young people and adults at risk can take part in physical activity opportunities in a safe environment. We once again undertook a comprehensive self-assessment and produced an annual plan to improve our safeguarding practices.

We completed numerous actions over the course of the year to help safeguard children, young people and adults at risk, including appointing a Board safeguarding champion for the first time, reviewing and updating the safeguarding section of our website, ensuring safeguarding was embedded across all of our key programmes, providing knowledge and guidance to partners, and providing/accessing training opportunities internally and externally.

Investors in the Environment

In January 2023, we were delighted to announce that we'd been awarded the Investors in the Environment Bronze level accreditation.

The Investors in the Environment accreditation demonstrates our commitment to achieving net zero carbon emissions and to minimising our environmental impact. The Bronze level accreditation also helps us with our SME Climate Hub pledge and 10-year Rise Together strategy to halve our carbon emissions by 2030 and to reach net zero emissions by 2050.

In 2023/24 we will continue with our commitment by beginning to work towards the Silver level accreditation.

Partner Survey

Having scored a very high Net Promoter Score (NPS) of +77 in our 2021-2022 partner survey, we were delighted when our 2022-2023 partner survey returned a NPS of +89, demonstrating the value and support that we provide to our partners on a daily basis. In addition, 97% of respondents strongly agreed/agreed that the impact of their work was increased by working with us.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

ACHIEVEMENTS AND PERFORMANCE - continued

Our Team

During 2022, we strengthened our team with several new appointments. We recruited:

- a Business Development Director to develop and implement our income diversification and sustainability strategy;
- a Trusts and Foundations Manager to diversify our income streams;
- an Administration Officer to provide support to the team;
- a Research and Insight Development Manager to ensure that our decision making would be based on robust evidence and the impact of our work is captured; and
- a new Strategic Lead to direct and manage our work with Children and Young People.

We also worked with Northumbria University to recruit a Graphic Design Intern and with Sunderland University to recruit a Research and Insight Intern.

Cyber Essentials

Cyber Essentials is a government backed self-assessment which gives confirmation that an organisation is taking correct protection against a wide variety of the most common cyber-attacks.

We undertook certification to reassure our Board, team and our partners that we are continuously working to secure our IT against cyber attack and to give peace of mind that our defences will protect against the vast majority of common cyber-attacks simply because these attacks are looking for targets which do not have the Cyber Essentials technical controls in place.

We completed the self-assessment in June 2022 and received certification that we had successfully completed Cyber Essentials.

For further examples of our work in 2022-2023, please see our Annual Impact Report.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FINANCIAL REVIEW

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Together Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net incoming funds of £78,011, including restricted funds of £107,223 (unrestricted net expenditure amounted to £29,212).

Policy on Reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves - those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. In light of the current economic crisis, the trustees consider that it would be appropriate to hold the equivalent of six months' operational costs which would equate to holding approximately £580,000-£625,000 in free reserves.

The directors have designated **£492,000** (2022: £340,000) of reserves to cover:

- Staff redundancy costs of **£143,000** should these become necessary on a closure of the charity (2022: £131,000);
- a deficit budget for 2024-2025 of **£244,000** (2022: £185,000) connected to self-funded roles within the organisation, increasing salary costs and concerns over inflation driving a significant increase in wider costs; and
- a contingency budget of **£105,000** (2022: £24,000) for protection against a decision by Sport England to vary the way it supports the School Games and CYP Active Lives service delivery for active partnerships in 2025-2026.

At the year end, undesignated reserves, including those being accumulated to be held towards the equivalent of six months' operating costs, were **£360,918**. This is a minimum of **£219,082** and a maximum of **£264,082** short of the target of holding **£580,000 - £625,000** for six months' operating costs for 2023-2024.

The trustees have prepared a budget and cashflow forecast and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis, they have continued to adopt the going concern basis when preparing the financial statements.

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

FINANCIAL REVIEW - continued

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day-to-day basis. The pay of the KMP is reviewed annually and normally increased annually in line with contributions towards the average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control and Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October,
- Approval of annual budget in May,
- Regular consideration by trustees of financial results and variations from budget,
- Monitoring of performance against the annual plan,
- Delegation of authority and separation of duties.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

FUTURE PLANS

Looking forward to 2023-2024, we will be implementing the first year of our 2023-2025 Implementation Plan alongside a refreshed way of working to ensure that there is stronger and deeper connectivity across the team, given the cross-departmental requirements of much of our work in the era of being a key systemic partner locally, regionally and in some instances, nationally. The new Implementation Plan clearly connects all of our work to our broader strategic aims as we continue to ensure that we drive our Rise Together 2021-2031 strategy forward.

We will reflect on our first year of a new five-year funding cycle with our main funder, Sport England, and ensure that we learn from our experiences and use this learning to support future work and planning. As one of Sport England's system partners, we will continue to ensure that in addition to relating to our own strategy, our work contributes to the delivery aspirations set out in Sport England's 'Uniting the Movement' strategy. Part of this work will include the opportunity to work alongside Sport England and other partners locally as Sport England seek to expand the places that they support to take a place-based approach to tackling physical inactivity. This work may also start to overlap with opportunities linked to the forthcoming North East Combined Mayoral Authority. The Devolution Deal specifically references the role of grassroots sport and physical activity as a key opportunity to tackle post-pandemic disparities and we want to work with our equivalent active partnership in County Durham to ensure that we capitalise on the opportunities that this might bring as the Combined Authority begins to form.

We are also excited to be working with Sport England on the plans to introduce a network of Sport Welfare Officers during 2023-2024, following the recommendations for the creation of such a system in the Whyte Review.

Having worked hard in 2022-2023 to move towards full compliance with the December 2021 updated version of the Sport England/UK Sport Code of Governance, we will continue in 2023-2024 to transition our existing EDI Action Plan into a Diversity and Inclusion Action Plan (DIAP), which for the first time will involve us publishing clear ambitions to ensure our leadership represents and reflects the diversity of the local community (this work was delayed from 2022-2023 due to national delays in activating the consultant support for this critical area of work).

We are pleased with how the early stages of our inaugural approach to income diversification and sustainability developed in 2022-2023, and we will continue to work hard during the forthcoming year on developing our approach to significantly increase non-Sport England income into the charity by the end of 2025, with further growth thereafter, in order to continue to push forward our aspirations to unlock the power of physical activity in order to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Nature of Governing Document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3 March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2 November 2021.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and Appointment of Trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four-year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification. No new trustees were recruited, and no trustees stood down, during the year ended March 2023. However, Matthew Cormack was re-appointed for a second four-year term at the AGM in November 2022. Adam Pilkington was also appointed as the Safeguarding & Welfare Lead Trustee during the year.

All trustees, including the Chair are volunteers and so receive no remuneration.

Induction, Training and Evaluation of the Board

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of the trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

In April 2021, the Board received an external evaluation report from management and recruitment consultancy, Campbell Tickell. This highlighted that a good governance foundation has been established at Rise, but there were minor areas where further development and strengthening would add to our existing good governance approach. An action plan was developed and is due to be fully completed in the near future.

Organisational Structure

The Board comprises all the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

RISE NORTH EAST

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT - continued

Compliance with the Sport England / UK Sport Code of Governance

In December 2021, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with. An action plan to achieve full compliance was agreed at the February 2022 Board meeting. During the year, we have therefore had to collate and provide a plethora of evidence to Sport England as to our compliance with Tier 3 of their Code of Governance requirements. The final aspect of our compliance, which must be completed by Spring 2024, but about which work has already started, is the creation of a Diversity and Inclusion Action Plan (DIAP) that is fit for modern times. Our EDI Sub-Committee has overseen our EDI Action Plan 2021-2023 and has now started in supporting the transition to the DIAP format, which is designed to ensure that our work in the EDI space is transformative.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the Report of the Trustees and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing those financial statements, the trustees are required to

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charity SORP;
- make judgements and estimates that are reasonable and prudent;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditors are unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditors are aware of that information.

RISE NORTH EAST

**REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023**

AUDITORS

Read, Milburn & Co. were appointed auditor to the company on 14 March 2023 following the resignation of Azets Audit Services Limited.

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Read, Milburn & Co. as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

Approved by order of the board of trustees on and signed on its behalf by:

.....
S Gordon - Trustee

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinion

We have audited the financial statements of Rise North East (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Opinions on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to take advantage of the small companies exemption from the requirement to prepare a Strategic Report or in preparing the Report of the Trustees.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

REPORT OF THE INDEPENDENT AUDITORS TO THE MEMBERS OF RISE NORTH EAST

Our responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. In this regard, our procedures include the following:

- enquiry of management around actual and potential litigation and claims;
- reviewing minutes of meetings of those charged with governance;
- reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness, and evaluating the business rationale of significant transactions outside the normal course of business;
- Challenging assumptions and judgements made by management in their significant accounting estimates.

Because of the field in which the charity operates, we have identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; Employment Law; and compliance with the Companies Act and Charities Act.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.

Nicholas J Liley (Senior Statutory Auditor)
for and on behalf of Read, Milburn & Co
71 Howard Street
North Shields
Tyne and Wear
NE30 1AF

Date:

RISE NORTH EAST

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 Total funds £	2022 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	2	571	417,758	418,329	230,616
Charitable activities	5				
Charitable Activities		-	1,160,351	1,160,351	1,340,404
Other trading activities	3	6,594	-	6,594	21,129
Investment income	4	<u>6,225</u>	<u>-</u>	<u>6,225</u>	<u>112</u>
Total		<u>13,390</u>	<u>1,578,109</u>	<u>1,591,499</u>	<u>1,592,261</u>
EXPENDITURE ON					
Raising funds	6	-	-	-	11,168
Charitable activities	7				
Charitable Activities		<u>47,031</u>	<u>1,466,457</u>	<u>1,513,488</u>	<u>1,744,833</u>
Total		<u>47,031</u>	<u>1,466,457</u>	<u>1,513,488</u>	<u>1,756,001</u>
NET INCOME/(EXPENDITURE)		(33,641)	111,652	78,011	(163,740)
Transfers between funds	19	<u>4,429</u>	<u>(4,429)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(29,212)	107,223	78,011	(163,740)
RECONCILIATION OF FUNDS					
Total funds brought forward		<u>882,130</u>	<u>263,514</u>	<u>1,145,644</u>	<u>1,309,384</u>
TOTAL FUNDS CARRIED FORWARD		<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>	<u>1,145,644</u>

The notes form part of these financial statements

RISE NORTH EAST**BALANCE SHEET
31 MARCH 2023**

	Notes	2023 £	2022 £
FIXED ASSETS			
Tangible assets	14	17,107	19,098
CURRENT ASSETS			
Debtors	15	119,546	24,428
Cash at bank		<u>1,213,557</u>	<u>1,310,887</u>
		1,333,103	1,335,315
CREDITORS			
Amounts falling due within one year	16	(126,555)	(208,769)
		<u>1,206,548</u>	<u>1,126,546</u>
NET CURRENT ASSETS			
		1,223,655	1,145,644
TOTAL ASSETS LESS CURRENT LIABILITIES			
		<u>1,223,655</u>	<u>1,145,644</u>
NET ASSETS			
		<u>1,223,655</u>	<u>1,145,644</u>
FUNDS	19		
Unrestricted funds		852,918	882,130
Restricted funds		<u>370,737</u>	<u>263,514</u>
TOTAL FUNDS		<u>1,223,655</u>	<u>1,145,644</u>

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on and were signed on its behalf by:

.....
S Gordon - Trustee

The notes form part of these financial statements

RISE NORTH EAST**CASH FLOW STATEMENT
FOR THE YEAR ENDED 31 MARCH 2023**

	Notes	2023 £	2022 £
Cash flows from operating activities			
Cash generated from operations	21	<u>(99,126)</u>	<u>23,151</u>
Net cash (used in)/provided by operating activities		<u>(99,126)</u>	<u>23,151</u>
Cash flows from investing activities			
Purchase of tangible fixed assets		(4,429)	(5,244)
Interest received		<u>6,225</u>	<u>112</u>
Net cash provided by/(used in) investing activities		<u>1,796</u>	<u>(5,132)</u>
		<u> </u>	<u> </u>
Change in cash and cash equivalents in the reporting period		(97,330)	18,019
Cash and cash equivalents at the beginning of the reporting period		<u>1,310,887</u>	<u>1,292,868</u>
Cash and cash equivalents at the end of the reporting period		<u><u>1,213,557</u></u>	<u><u>1,310,887</u></u>

The notes form part of these financial statements

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling, rounded to the nearest Pound (£) which is the functional currency of the entity.

Going concern

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amounts and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- the donor specifies that the grant or donation must only be used in future accounting periods; or
- the donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

1. ACCOUNTING POLICIES - continued

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their useful economic life as follows:

Asset class	Depreciation method and rate
Sports equipment	33% straight line
Office equipment	15% reducing balance
Computer equipment	33% reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK Corporation Tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pension costs and other post-retirement obligations

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Debtors and prepayments

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand, call deposits and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES - continued

Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Financial instruments

All financial assets and financial liabilities of the charity qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value.

2. DONATIONS AND LEGACIES

	2023	2022
	£	£
Donations	288	377
Grants	<u>418,041</u>	<u>230,239</u>
	<u>418,329</u>	<u>230,616</u>

3. OTHER TRADING ACTIVITIES

	2023	2022
	£	£
Conferences and similar events	5,309	10,855
Property rental income	-	160
Other income	<u>1,285</u>	<u>10,114</u>
	<u>6,594</u>	<u>21,129</u>

4. INVESTMENT INCOME

	2023	2022
	£	£
Bank interest receivable	<u>6,225</u>	<u>112</u>

RISE NORTH EAST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****5. INCOME FROM CHARITABLE ACTIVITIES**

		2023 £	2022 £
Grants	Activity Charitable Activities	<u>1,160,351</u>	<u>1,340,404</u>

6. RAISING FUNDS**Raising donations and legacies**

	2023 £	2022 £
Course and event costs	<u>-</u>	<u>11,168</u>

7. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support costs (see note 8) £	Totals £
Charitable Activities	<u>1,503,228</u>	<u>10,260</u>	<u>1,513,488</u>

8. SUPPORT COSTS

	Other £	Governance costs £	Totals £
Charitable Activities	<u>6,420</u>	<u>3,840</u>	<u>10,260</u>

9. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2023 £	2022 £
Auditor's remuneration	3,840	4,500
Depreciation - owned assets	5,711	6,716
Deficit on disposal of fixed assets	<u>709</u>	<u>-</u>

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

10. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2023 nor for the year ended 31 March 2022.

Trustees' expenses

There were no trustees' expenses paid for the year ended 31 March 2023 nor for the year ended 31 March 2022.

11. STAFF COSTS

	2023	2022
	£	£
Wages and salaries	775,914	677,647
Social security costs	70,889	58,209
Other pension costs	<u>73,543</u>	<u>77,521</u>
	<u>920,346</u>	<u>813,377</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Management	9	7
Charitable Activities	<u>14</u>	<u>14</u>
	<u>23</u>	<u>21</u>

The number of employees whose employee benefits (excluding employer pension costs) exceeded £60,000 was:

	2023	2022
£70,001 - £80,000	<u>1</u>	<u>1</u>

The total employee benefits of the charity's key management personnel amounted to £221,662 (2022 - £191,676).

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

12. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM			
Donations and legacies	2,277	228,339	230,616
Charitable activities			
Charitable Activities	-	1,340,404	1,340,404
Other trading activities	21,129	-	21,129
Investment income	<u>112</u>	<u>-</u>	<u>112</u>
Total	<u>23,518</u>	<u>1,568,743</u>	<u>1,592,261</u>
 EXPENDITURE ON			
Raising funds	11,168	-	11,168
Charitable activities			
Charitable Activities	<u>48,868</u>	<u>1,695,965</u>	<u>1,744,833</u>
Total	<u>60,036</u>	<u>1,695,965</u>	<u>1,756,001</u>
 NET INCOME/(EXPENDITURE)			
Transfers between funds	<u>(36,518)</u> <u>33,455</u>	<u>(127,222)</u> <u>(33,455)</u>	<u>(163,740)</u> <u>-</u>
Net movement in funds	(3,063)	(160,677)	(163,740)
 RECONCILIATION OF FUNDS			
Total funds brought forward	<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>
 TOTAL FUNDS CARRIED FORWARD	<u><u>882,130</u></u>	<u><u>263,514</u></u>	<u><u>1,145,644</u></u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

13. INCOME RECEIVED FROM PUBLIC INVESTORS

	Sport England £	Other Grants £	Total £
Income	<u>1,160,351</u>	<u>418,041</u>	<u>1,578,392</u>
	<u><u>1,160,351</u></u>	<u><u>418,041</u></u>	<u><u>1,578,392</u></u>
Expenditure			
Staff costs (including on costs)	750,613	135,811	886,424
Equipment hire/purchase	4,619	32,676	37,295
Hire of facilities	3,032	4,160	7,192
Promotion/publicity/insight	16,783	17,389	34,172
Coaches fees/expenses	919	1,050	1,969
Transport/travel costs	7,375	1,572	8,947
Training	6,999	20,595	27,594
Other: office related costs, phone and ICT	54,037	4,433	58,470
Other: professional fees	29,136	10,900	40,036
Other: grants to local organisations	185,961	82,253	268,214
Other: refreshments/misc	2,630	283	2,913
Other: other operational costs including programme delivery	94,905	490	95,395
Other: management fee	<u>-</u>	<u>37,857</u>	<u>37,857</u>
	<u><u>1,157,009</u></u>	<u><u>349,469</u></u>	<u><u>1,506,478</u></u>

RISE NORTH EAST**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023****14. TANGIBLE FIXED ASSETS**

	Furniture and equipment £
COST	
At 1 April 2022	80,572
Additions	4,429
Disposals	<u>(27,926)</u>
At 31 March 2023	<u>57,075</u>
DEPRECIATION	
At 1 April 2022	61,474
Charge for year	5,711
Eliminated on disposal	<u>(27,217)</u>
At 31 March 2023	<u>39,968</u>
NET BOOK VALUE	
At 31 March 2023	<u>17,107</u>
At 31 March 2022	<u>19,098</u>

15. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023 £	2022 £
Trade debtors	48,584	17,968
Accrued income	2,406	-
Prepaid expenses	<u>68,556</u>	<u>6,460</u>
	<u>119,546</u>	<u>24,428</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

16. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2023	2022
	£	£
Trade creditors	22,103	39,217
Deferred income	99,700	158,288
Accrued expenses	<u>4,752</u>	<u>11,264</u>
	<u>126,555</u>	<u>208,769</u>
		£
Deferred income at 1 April 2022		158,288
Released to incoming resources		(158,288)
Amount deferred in year		<u>99,700</u>
Deferred income at 31 March 2023		<u>99,700</u>

17. LEASING AGREEMENTS

Minimum lease payments under non-cancellable operating leases fall due as follows:

	2023	2022
	£	£
Within one year	<u>7,680</u>	<u>7,680</u>

18. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted funds	Restricted funds	2023 Total funds	2022 Total funds
	£	£	£	£
Fixed assets	17,107	-	17,107	19,098
Current assets	858,689	474,414	1,333,103	1,335,315
Current liabilities	<u>(22,878)</u>	<u>(103,677)</u>	<u>(126,555)</u>	<u>(208,769)</u>
	<u>852,918</u>	<u>370,737</u>	<u>1,223,655</u>	<u>1,145,644</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS

	At 1/4/22 £	Net movement in funds £	Transfers between funds £	At 31/3/23 £
Unrestricted funds				
General fund	542,130	(33,641)	(147,571)	360,918
Budgeted Deficits in Future Years	185,000	-	59,000	244,000
Redundancy Fund	131,000	-	12,000	143,000
Contingency	24,000	-	81,000	105,000
	882,130	(33,641)	4,429	852,918
Restricted funds				
SE Systemic Role	-	189,881	(4,429)	185,452
NS - Workforce	10,455	(10,455)	-	-
TW - Workforce	9,656	(9,656)	-	-
Access to Schools	-	20,648	-	20,648
County Durham Sport - Infrastructure & Environment	4,263	(4,263)	-	-
Royal Foundation - Coach Core	4,024	(2,959)	-	1,065
NLD PA Strategy - Thriving Together	-	1,200	-	1,200
Disability Tennis Network	11,523	(250)	-	11,273
MIND	2,353	(720)	-	1,633
Tackling Inequalities Fund	198	(198)	-	-
Children and Young People Programme	39,070	(39,070)	-	-
Thriving Communities	20,949	(11,340)	-	9,609
Police and Crime Commissioner	11,469	(11,469)	-	-
Barclays	5,780	(5,780)	-	-
Rollover - Primary Role	115,376	(115,376)	-	-
Commonwealth Games	11,500	(11,500)	-	-
Together Fund	-	5,474	-	5,474
Bikeability	3,241	(3,241)	-	-
NHS - CNTW	13,657	98,130	-	111,787
Police and Crime Commissioner - Phase 2	-	759	-	759
UK Youth Project	-	3,000	-	3,000
ICS Child Health Inequalities Fund	-	2,402	-	2,402
SE Multi-Sports Playzone Project	-	10,162	-	10,162
VONNE - Going Green	-	2,000	-	2,000
PE & School Sport Alliance	-	1,009	-	1,009
ICS Healthier Together	-	3,264	-	3,264
	263,514	111,652	(4,429)	370,737
TOTAL FUNDS	<u>1,145,644</u>	<u>78,011</u>	<u>-</u>	<u>1,223,655</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	13,390	(47,031)	(33,641)
Restricted funds			
SE Systemic Role	793,475	(603,594)	189,881
SE Delivery Role	105,000	(105,000)	-
NS - Workforce	-	(10,455)	(10,455)
TW - Workforce	-	(9,656)	(9,656)
Access to Schools	76,661	(56,013)	20,648
County Durham Sport - Infrastructure & Environment	13,358	(17,621)	(4,263)
Royal Foundation - Coach Core	23,576	(26,535)	(2,959)
NLD PA Strategy - Thriving Together	3,000	(1,800)	1,200
Disability Tennis Network	4,000	(4,250)	(250)
MIND	3,500	(4,220)	(720)
Tackling Inequalities Fund	-	(198)	(198)
Children and Young People Programme	-	(39,070)	(39,070)
Rugby Football Union - Families Fund	9,000	(9,000)	-
Thriving Communities	34,312	(45,652)	(11,340)
Police and Crime Commissioner	-	(11,469)	(11,469)
Barclays	-	(5,780)	(5,780)
Rollover - Primary Role	-	(115,376)	(115,376)
Commonwealth Games	-	(11,500)	(11,500)
Yorkshire Sport - Creating Active Schools	13,862	(13,862)	-
Together Fund	201,346	(195,872)	5,474
Bikeability	34,324	(37,565)	(3,241)
NHS - CNTW	158,288	(60,158)	98,130
Police and Crime Commissioner - Phase 2	31,000	(30,241)	759
Sunderland Uni Graduate Intern	4,500	(4,500)	-
UK Youth Project	17,000	(14,000)	3,000
ICS Child Health Inequalities Fund	4,787	(2,385)	2,402
Places & Spaces - Crowdfunding	19,404	(19,404)	-
SE Multi-Sports Playzone Project	18,772	(8,610)	10,162
VONNE - Going Green	2,000	-	2,000
PE & School Sport Alliance	1,009	-	1,009
ICS Healthier Together	4,985	(1,721)	3,264
Northumbria Uni Intern	950	(950)	-
	<u>1,578,109</u>	<u>(1,466,457)</u>	<u>111,652</u>
TOTAL FUNDS	<u>1,591,499</u>	<u>(1,513,488)</u>	<u>78,011</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1/4/21 £	Net movement in funds £	Transfers between funds £	At 31/3/22 £
Unrestricted funds				
General fund	228,682	(36,518)	349,966	542,130
Northumberland Sport	265,511	-	(265,511)	-
Budgeted Deficits in Future Years	220,000	-	(35,000)	185,000
Redundancy Fund	123,000	-	8,000	131,000
Contingency	48,000	-	(24,000)	24,000
	885,193	(36,518)	33,455	882,130
Restricted funds				
NS - Satellite	11,865	-	(11,865)	-
TW - Satellite Clubs	38,521	(50,386)	11,865	-
NS - Workforce	14,305	(3,850)	-	10,455
TW - Workforce	3,232	6,424	-	9,656
NS - DfE Leadership & Volunteering	5,100	(5,100)	-	-
TW - DfE Leadership & Volunteering	4,440	(4,440)	-	-
Access to Schools	500	(500)	-	-
Daily Mile	11,094	(11,094)	-	-
County Durham Sport - Infrastructure & Environment	2,842	1,421	-	4,263
Royal Foundation - Coach Core	5,389	1,635	(3,000)	4,024
Disability Tennis Network	9,845	1,428	250	11,523
MIND	3,853	1,900	(3,400)	2,353
Tackling Inequalities Fund	152,666	(152,468)	-	198
Children and Young People Programme	46,122	(7,052)	-	39,070
Homelessness	6,646	2,354	(9,000)	-
Rugby Football Union - Families Fund	9,807	(4,307)	(5,500)	-
Thriving Communities	13,620	2,283	5,046	20,949
Police and Crime Commissioner	41,648	(31,179)	1,000	11,469
Community Foundation	5,000	(6,000)	1,000	-
Barclays	37,696	(26,916)	(5,000)	5,780
Rollover - Primary Role	-	130,227	(14,851)	115,376
Commonwealth Games	-	11,500	-	11,500
Bikeability	-	3,241	-	3,241
NHS - CNTW	-	13,657	-	13,657
	424,191	(127,222)	(33,455)	263,514
TOTAL FUNDS	<u>1,309,384</u>	<u>(163,740)</u>	<u>-</u>	<u>1,145,644</u>

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	23,518	(60,036)	(36,518)
Restricted funds			
TW - Satellite Clubs	-	(50,386)	(50,386)
NS - Workforce	40,000	(43,850)	(3,850)
TW - Workforce	40,571	(34,147)	6,424
NS - DfE Leadership & Volunteering	-	(5,100)	(5,100)
TW - DfE Leadership & Volunteering	-	(4,440)	(4,440)
Access to Schools	327,399	(327,899)	(500)
Daily Mile	21,500	(32,594)	(11,094)
County Durham Sport - Infrastructure & Environment	18,473	(17,052)	1,421
Royal Foundation - Coach Core	57,940	(56,305)	1,635
Disability Tennis Network	8,250	(6,822)	1,428
MIND	5,500	(3,600)	1,900
Tackling Inequalities Fund Children and Young People Programme	-	(152,468)	(152,468)
Homelessness	362,132	(369,184)	(7,052)
Rugby Football Union - Families Fund	43,000	(40,646)	2,354
Thriving Communities	-	(4,307)	(4,307)
Police and Crime Commissioner	51,616	(49,333)	2,283
Community Foundation	-	(31,179)	(31,179)
Barclays	-	(6,000)	(6,000)
Rollover - Primary Role	-	(26,916)	(26,916)
Commonwealth Games	455,773	(325,546)	130,227
Bikeability	62,500	(51,000)	11,500
LA Participation Data	34,324	(31,083)	3,241
NHS - CNTW	8,108	(8,108)	-
	<u>31,657</u>	<u>(18,000)</u>	<u>13,657</u>
	<u>1,568,743</u>	<u>(1,695,965)</u>	<u>(127,222)</u>
TOTAL FUNDS	<u><u>1,592,261</u></u>	<u><u>(1,756,001)</u></u>	<u><u>(163,740)</u></u>

The specific purposes for which the funds are to be applied are as follows:

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Sport England - Systemic & Delivery Funding

This is our core funding, provided by Sport England, which focuses on us influencing local systems to create more opportunities for people to take part in sport and physical activity. It aims to tackle the inequalities that affect people's participation in sport and physical activity whilst supporting the aims and objectives of Sport England's 10-year strategy 'Uniting the Movement'. Our work focuses upon helping local partners to unlock the power of physical activity and collectively affect long-term system change to positively impact more lives across our region, particularly those who need it the most.

Sport England - Rollover Award (Underspend)

This is underspend from our 2021-2022 main Rollover Award grant from Sport England, aimed at tackling inequalities and reducing inactivity. The funding was provided for us to have a strong granular understanding of our place and people, to focus on brokering and facilitating a much wider range of relationships, to enable us to provide support for Sport England's workforce priorities, as well as working to develop and deliver positive experiences for young people.

Sport England - Together Fund

Funding provided by Sport England as a continuation of the Tackling Inequalities Fund, which was set up to help the sport and physical activity sector through the Covid-19 crisis. The Together Fund aims to help groups that have been disproportionately affected by the pandemic to mitigate the significant impact on people's ability to be physically active. The funding is targeted towards culturally diverse communities, those from lower socio-economic groups, and those with a disability or long-term health condition.

Sport England - Community Football & Multi-Sports Capacity

This funding is provided by Sport England to help to strengthen the relationship between local and national strategy and delivery, and to connect local resource, intelligence and experience to national programme design. It aims to maximise the impact of the targeted investment into community football, tennis and multi-sport facilities, ensuring that they are delivered in the communities that need it the most, with an overall priority focus on tackling inactivity.

Sport England - Places & Spaces

Funding provided by Sport England to provide us with designated capacity to work closely with community sport and physical activity groups to both raise awareness of Sport England's Places & Spaces crowdfunding, and support such groups to successfully access this funding stream. The focus is to create and improve local facilities to enable and encourage more people to be physically active.

Sport England - Thriving Communities (Programme started pre-April 2022)

Through the Thriving Communities Fund we are hosting a Regional Physical Activity Advisor to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project seeks to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by Covid-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Sport England - Commonwealth Games (Programme started pre-April 2022)

Awarded by Sport England to support us to focus upon the legacy of the Birmingham 2022 Commonwealth Games, including connecting plans and provision to the event. The funding is to help support the network of School Games Organisers across Tyne & Wear and Northumberland to focus on inequalities and inactivity, and support the children and young people who need the most support to be active.

Active Partnership Network DfE - Opening School Facilities (OSF) Capacity Funding

Awarded by the Department for Education via the Active Partnerships Network for us to assist with the delivery of the £57m national OSF programme. The project aims to support schools to open up their sports facilities outside of the school day, to both school and community users in order to create sustainable change in increased physical activity levels in communities where they are needed most. The programme is targeted predominantly to support schools which will help to encourage and enable more women and girls, people from disadvantaged and culturally diverse communities, and children with special educational needs and disabilities to become more active.

UK Youth - Community Food Champions

Funding provided by UK Youth for us to support local community organisations to work with groups of young people to create social action projects that aim to address issues within their local food environment. The project aims to create positive youth-led partnerships within local communities and targets young people from both low-income backgrounds and culturally diverse populations.

North East & North Cumbria Integrated Care System (ICS) - Child Health Inequalities Fund

Funding provided by the ICS Child Health & Wellbeing Network to upskill and empower the early years workforce to support children aged 3-5 years old to have the best start in life, engaging in fun outdoor active learning to improve their physical and mental wellbeing.

North East & North Cumbria Integrated Care System (ICS) - Healthier Together

Funding provided by the ICS Child Health & Wellbeing Network via the Healthier Together VCSE Programme to deliver an Active Start project aimed at enabling and encouraging more under 5s to be more physically active.

VONNE - Going Green Together

Funding provided through VONNE to help us to deliver a climate action project to reduce carbon emissions and address the climate emergency.

Thriving Together Northumberland

Funding provided via Northumberland's Thriving Together Steering Group to support the delivery of workshops linked to Northumberland's Physical Activity Strategy, which aims to get more people physically active across Northumberland.

Northumberland Citizens Advice Bureau

Funding via the Madeleine Kinel Fund for a hardship grant to improve the quality of life for individuals involved in our place-based project in Berwick-upon-Tweed.

Sunderland University Graduate Intern

ERDF funding provided via Sunderland University linked to its internship programme, which provided support to enable us to appoint a research and insight intern during 2022-2023.

**NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023**

19. MOVEMENT IN FUNDS - continued

Northumbria University Intern

Funding provided via Northumbria University linked to its internship programme, which provided support to enable us to appoint a graphic design intern on a short-term basis in 2023.

Gateshead Council - PE & School Sport Alliance

Funding transferred from Gateshead Council to be held by Rise to support more children and young people of secondary school age to become more active. This may primarily be used to support the delivery of a secondary school conference in 2023/24 in partnership with the region's PE & School Sport Alliance.

Coach Core (Programme started pre-April 2022)

Funded by the charity Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. Rise is responsible for managing and overseeing the programme locally in Northumberland and Tyne & Wear, which will enhance the local coaching offer and provide the apprentices with valuable training and experiences.

Bikeability Trust (Programme started pre-April 2022)

Awarded by the Bikeability Trust, the funding is to manage a project aimed at getting more people cycling in Silksworth in Sunderland. Funding is being spent on programme delivery, training, equipment, promotion and transport costs.

Northumbria Police & Crime Commissioner (Programme Started pre-April 2022)

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

County Durham Sport - Infrastructure & Environment (Programme started pre-April 2022)

Funding provided by County Durham Sport (the active partnership for County Durham) to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across the full LA7 area.

Yorkshire Sport Foundation (Programme started pre-April 2022)

Funding provided for our Children and Young People Development Manager to be seconded part-time to work on a national programme aimed at leading the development of the Creating Active Schools programme.

Mind (Programme started pre-April 2022)

An extension to our previous funding award from the charity Mind to lead the development of a regional network of sport, physical activity and mental health organisations.

Lawn Tennis Association - Disability Tennis Network (Programme started pre-April 2022)

The grant we receive from the Lawn Tennis Association is funding to manage/support the NE Disability Tennis network, more specifically to oversee the management and reporting of activity focused on providing tennis opportunities for people with disabilities.

Rugby Football Union - Families Fund (Programme Started pre-April 2022)

Funding aimed at supporting families to become active together, delivered in partnership with Falcons Community Foundation, North Shields Rugby Club and local educational establishments.

NOTES TO THE FINANCIAL STATEMENTS - continued
FOR THE YEAR ENDED 31 MARCH 2023

19. MOVEMENT IN FUNDS - continued

Barclays (Underspend)

Funding initially given for us to provide activity packs to thousands of vulnerable households across our region (namely adults on the reablement pathway) to enable them to undertake physical activity in their own homes whilst they were self-isolating or shielding during the Covid-19 pandemic, as well as other activity aimed at supporting and enabling more older people to be more physically active.

Cumbria, Northumberland and Tyne & Wear NHS Foundation Trust (Underspend)

Funding provided for the North East & North Cumbria Integrated Care Service (ICS) Mental Health Home Working project. This aims to address isolation, provide access to advice and support in relation to managing weight gain, and help managers to support their staff, within the ICS workforce. The programme aims to make improvements to the health and wellbeing of staff, with the interventions offered having both physical and mental health benefits and addressing wider health inequalities in the workforce.

20. RELATED PARTY DISCLOSURES

John Spence Community High School

One of the trustees is a teacher at the school. Grants totalling £21,630 were awarded to the school through the normal application and approval process. At the balance sheet date the amount due to John Spence Community High School was £nil (2022 - £nil).

Active Families North East

One of the employees is married to the owner/director of Active Families North East. Grants totalling £6,516 were awarded to the organisation through the normal application and approval process. At the balance sheet date the amount due to Active Families North East was £nil (2022 - £nil).

21. RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	2023 £	2022 £
Net income/(expenditure) for the reporting period (as per the Statement of Financial Activities)	78,011	(163,740)
Adjustments for:		
Depreciation charges	5,711	6,716
Loss on disposal of fixed assets	709	-
Interest received	(6,225)	(112)
(Increase)/decrease in debtors	(95,118)	25,439
(Decrease)/increase in creditors	(82,214)	154,848
Net cash (used in)/provided by operations	<u>(99,126)</u>	<u>23,151</u>

RISE NORTH EAST

NOTES TO THE FINANCIAL STATEMENTS - continued FOR THE YEAR ENDED 31 MARCH 2023

22. ANALYSIS OF CHANGES IN NET FUNDS

	At 1/4/22 £	Cash flow £	At 31/3/23 £
Net cash			
Cash at bank	1,310,887	(97,330)	1,213,557
Total	<u>1,310,887</u>	<u>(97,330)</u>	<u>1,213,557</u>

23. LEGAL STATUS

The charitable company is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The company's registered number and registered office address can be found within Reference and Administrative Details.

RISE NORTH EAST

England & Wales - Charity number 1135223

Accounts

Company registration number: 07176549

Charity registration number: 1135223

RISE NORTH EAST

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2022

Rise North East

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Rise North East

Reference and Administrative Details

Trustees

S E Duncan (resigned 29 September 2021)
M Cormack
P A Price
K E Storie
S Gordon
N Erevik
G R Nash
D Henderson
A Pilkington (appointed 27 July 2021)
S Bell (appointed 27 July 2021)
A Puri (appointed 1 October 2021)
J Cairns (appointed 1 October 2021)

Key Management Personnel

Clare Morley, Chief Executive Officer
David Marrin, Strategic Director (South of Tyne)
Lee Sprudd, Strategic Director (North of Tyne)

Registered Office

Royal Quays Business Centre
Coble Dene
Royal Quays
North Shields
NE29 6DE

The charity is incorporated in England & Wales.

Rise North East

Reference and Administrative Details

Company Registration Number 07176549

Charity Registration Number 1135223

Bankers

Barclays Bank PLC
Fawcett Street
53 Fawcett Street
Sunderland
SR1 1RS

The Co-operative Bank Plc
Central Customer Services
PO Box 250
Delf House
Skelmersdale
Lancashire
WN8 6WT

Nationwide Building Society
Nationwide House
Pipers Way
Swindon
SN38 1NW

Virgin Money
Edinburgh
83 George Street
Edinburgh
EH2 3ES

Auditor

Azets Audit Services
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Rise North East

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2022.

Structure, governance and management

Nature of governing document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3rd March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 2nd November 2021. These changes related to updating the sub-committees of the Board, updating the associated cross-referencing, and updating the name of the company.

In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Recruitment and appointment of trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification. In the year ended March 2022, four new trustees were appointed to the Board (Adam Pilkington, Steven Bell, Joanne Cairns and Anoop Puri) and one trustee retired (Steve Duncan). Also in the year, Debbie Henderson was appointed as the Senior Independent Trustee, replacing Steve Duncan.

All trustees, including the Chair, are volunteers and so receive no remuneration.

Induction and training of trustees

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of Interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

In April 2021, the Board received an external evaluation report from management and recruitment consultancy, Campbell Tickell. This highlighted that a good governance foundation has been established at Rise, but there were minor areas where further development and strengthening would add to our existing good governance approach. An action plan was developed and is due to be fully completed by December 2022.

Rise North East

Trustees' Report

Organisational structure

The Board comprises all of the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

Compliance with the Sport England / UK Sport Code of Governance

During the year ended March 2022, Sport England and UK Sport published an updated Code of Governance to which Rise, as a Tier 3 funded organisation, must be fully compliant with by Sport England's stated deadlines. A full self-assessment in December 2021 identified that of the 49 Code requirements, only 3 requirements were "not met" (Requirements 2.1, 3.4 and 4.7) and 9 requirements were "partially met" (1.3, 2.2, 2.3, 3.1, 4.1, 4.2, 4.4, 4.6 and 5.2). Rise was compliant with all other Code requirements. An action plan to achieve full compliance by Sport England's stated deadlines was agreed at the February 2022 Board meeting.

Objectives and activities

Objects and aims

The charity has the following objectives:

1. To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
2. To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
3. To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
4. To advance the education of the public, particularly, but not exclusively those working with children or vulnerable adults, their carers and families, and children, young people, and vulnerable adults themselves, in child and vulnerable adults protection; and
5. To advance such other charitable purposes beneficial to the community and consistent with the objects set out above;

for the benefit of the inhabitants of Northumberland, Tyne & Wear and the surrounding areas.

Objectives, strategies and activities

Rise is one of 42 Active Partnerships across England. We are primarily funded and supported by Sport England, and, operating as a strategic agency, our vision is to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across our region. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on tackling inequalities – health, social, economic and environmental – that have stubbornly existed across our region for many years.

Rise North East

Trustees' Report

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact preferences of all public donors.

Public benefit

We have a strategic remit to reduce levels of physical inactivity by:

- Developing a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Brokering and facilitating effective partnerships between a wide range of organisations to improve the local system and to better coordinate resources and delivery;
- Supporting local government and making the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc.); and
- Supporting local organisations to secure greater investment into sport and physical activity.

We also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often overseen nationally with local responsibility being driven by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Rise North East

Trustees' Report

Achievements and performance

The year 2021-2022 has been the first under our new ten-year strategy, Rise Together. On launching the strategy in April 2021, we were excited about the opportunities it presented to really position the role of physical activity and sport at the heart of driving positive changes for communities that need it the most in Northumberland and Tyne & Wear. One year on and we remain just as excited about both the prospects of the work we can do, and the results of the work we've focussed on over the last twelve months.

We have learnt a lot in this last year, not least about working with complexity and the role of whole systems on individuals, communities and wider populations. There has been no clear road map on how to approach topics as diverse as male mental wellbeing in an isolated coastal town, attitudes and practices to deconditioning in older adults, the role of planning in supporting active communities and how to create an active school environment.

However, learning (a key principle of the Rise Together strategy) from all of our experiences this year will position us well to kick on into 2022-2023 and beyond as we seek to make headway towards achieving our ten-year strategic aims. Right now, some of those aims feel more achievable than others, but we trust that by focusing on tackling inequalities, maximising our use of insight and advocating for whole system approaches, alongside our other priorities and principles, we will achieve our vision.

In line with our values, over the last year we have:

- developed some great new collaborations, as well as cementing existing relationships. Our work with the Police & Crime Commissioner's Office and many of our local authorities' Public Health teams continued to go from strength to strength, and we have created new relationships with, among others, primary care networks, emerging leaders within our local Integrated Care System and a plethora of amazing local VCSE organisations who are driving forward the work directly with our communities, to name but a few.
- positively disrupted some of the established processes and accepted ways of thinking in relation to areas as diverse as the role of physical activity in living longer better, and what activities children and young people might actually want to engage with at school.
- catalysed change, leading the exploration around topics including the role and skills of the Early Years workforce in supporting physical activity; how to incorporate youth voice into our and others' approaches; and how a modal shift towards active travel could support improved air quality around our local schools.

This summary provides a synopsis of just some of the work that our team has focussed on this last year and highlights the true breadth of the places, spaces and systems within which physical activity can play a crucially beneficial role.

The following sections provide a brief overview of some of the work as it relates to our strategic priorities.

Rise North East

Trustees' Report

Strategic Priority: Strong & Influential Leadership for Physical Activity

1. Partnership Working in South Tyneside

We created, co-ordinated and chaired a small strategic steering group, comprising of ourselves and senior leads from South Tyneside Council's public health team and Adult Services department. The group meets bi-monthly and aims to improve outcomes for residents across South Tyneside, including improving health, reducing falls, and increasing levels of physical activity. The group is a very strong partnership which has a high level of commitment to drive change, and a high level of trust has been built between the members. It has led to us:

- a. being invited to attend other networks to discuss our work, therefore providing us with the opportunity to influence wider stakeholders, such as the South Tyneside Healthy Ageing Alliance;
- b. helping to influence the content of, and the training associated with, the Frailty Toolkit, which will lead to social work staff having more regular discussions about physical activity with residents identified as being frail, or at risk of frailty;
- c. developing better links with the Primary Care Networks and discussing how the Live Longer Better programme could be embedded to help to improve health outcomes across South Tyneside; and
- d. helping to influence the Transport team, via Adult Services, to apply for up to £500k of funding through the Department for Transport's 'Tackle Loneliness with Transport' fund, and being a key member of the steering group co-ordinating the application. In addition to submitting the bid, regular catch-up sessions are now taking place between Rise and South Tyneside's Public Health, Transport, Road Safety, and Climate Change teams to discuss a holistic approach to encouraging active travel across the borough.

2. Active Ageing: Primary Care/VCSE Collaborative Project

- a. The NHS Ageing Well long-term plan acknowledges the inextricable link between physical activity and wide-ranging factors which are crucial aspects for wellbeing in older adults. During 2021-2022 we have been developing a multi-agency, community-based physical and social activity intervention which is facilitated by Primary Care healthcare professionals and local VCSE partners.
- b. The mixed-approach model combines proactive case-finding with activity-conscious social prescribing, underpinned by evidence-based physical activity messaging, embedded within the existing primary care and community link pathways in the west end of Newcastle.
- c. Participants are being supported to improve physical ability and resilience over a 16-week period, with the aim of reducing the likelihood of worsening health and related dependence on health and care services. A workforce development offer has also been coordinated to improve shared knowledge, skills, and confidence to deliver physical activity messaging across local healthcare channels. NIHR Applied Research Collaboration North East and North Cumbria will support the intervention by way of a rapid service evaluation considering acceptability, feasibility and challenges to implementation.

Rise North East

Trustees' Report

3. Early Years National Strategic Group

a. We have been instrumental in developing the new national Active Partnership (AP) Strategic Networking Group for Early Years, which has now also incorporated an additional maternity group.

b. This has allowed Rise and other APs to share good practice and ideas and is beginning to develop opportunities for collaborative working at a national scale. For example, five APs (including Rise) from the maternity group worked collaboratively with the National Childbirth Trust (NCT) to build a business case to bid for Sport England 'Specialist Partner Investment' for a project whereby the NCT's successful Walk & Talk programme could be expanded into diverse and inactive communities using the in-depth local knowledge of APs. If successful, in 2022/23, this project will support new mothers' activity levels and their mental health where it is needed most and will work to ensure diverse groups benefit in five areas nationally, including Northumberland and Tyne & Wear. This project aims to act as a pilot to precede a national roll out.

4. Creating Active Schools Framework

a. In September 2021, we signed up to be part of the Creating Active Schools Framework, which was developed by Yorkshire Sport Foundation (YSF) in collaboration with other education stakeholders. This is designed to sustainably embed physical activity throughout the school so that everyone understands its benefits and can easily implement it into their practice.

b. In October, our Children & Young People Development Manager was seconded part time for 12 months to support YSF in the role of National CAS Programme Manager. This role includes the responsibility for overseeing the national pilot programme, and supporting 18 other APs as well as some targeted local authorities involved in the initial pilot of the programme and Sport England's Local Delivery Pilots.

c. The learning from this role has helped to focus our priorities in working with local schools in locations where insight indicates high inactivity levels combined with poor health and wellbeing outcomes.

5. Active Sunderland Board & Living Well Board

a. Throughout the year, we have continued to support the Active Sunderland Board (including fulfilling the role of Vice-Chair), a key strategic group which pulls together a wide variety of partners across the city to work together to increase levels of physical activity. A newly-created Living Well Board launched in 2021 as a sub-group of the Sunderland Health & Wellbeing Board. We represent the Active Sunderland Board on that group and seek to influence the wider system in relation to the role physical activity can play in improving wider social and health outcomes.

Rise North East

Trustees' Report

Strategic Priority: Building Back Fairer

1. Tackling Inequalities Fund (TIF)

a. Throughout the pandemic, we used the three phases of the TIF to identify and work closely with a wide range of community organisations who understand people in the four priority groups (culturally diverse communities, people with a disability, people with a long-term health condition, and people from lower socio-economic groups) and the barriers which prevent them from being active, in order to provide bespoke projects to help those groups increase their levels of physical activity.

b. From the outset, we strove to make connections with those organisations that are closer to the communities we needed to reach. We applied a broader scope to identify new partners, rather than solely focusing on our established partners such as sports clubs and other organisations that primarily engage in the delivery of traditional sporting activities.

c. In total, we distributed £347,214 to 62 different projects, leading to thousands of residents in our communities becoming more physically active.

d. We have also ensured that the process has been used as an opportunity to reflect and learn about how we engage with these new partners and used this to inform our processes in subsequent phases.

2. Barclays Project

a. Rise was chosen as one of Barclays UK's partners to help deliver their £100m Community Aid Package, linked to the meaningful work Barclays are doing supporting communities and in particular, isolated older people.

b. We worked in partnership with our local authorities' reablement teams to distribute 4,000 activity packs that have been used as a tool to improve the strength, coordination and balance of those older people at risk of slips, trips and falls.

c. The project also provided us with an opportunity to develop new partnerships with local authority health and social care teams. Utilising the remaining funding we worked with each local authority to deliver further physical activity interventions targeting those that have experienced high levels of deconditioning since the pandemic started.

3. Young People Forward Project

a. Rise was awarded £75,000 funding through the London Marathon Charitable Trust to work with eight organisations who support young people who are homeless or at risk of being homeless, to utilise physical activity opportunities to support their young people, as well as providing wrap around support.

b. The Young People Forward project allowed us to work in partnership with organisations such as Crisis, YMCA Newcastle and North Tyneside and Patchwork to embed physical activity into their package of support for their young people. The organisations consulted with their young people to identify appropriate and meaningful physical activity opportunities which would support their needs. The activities delivered as part of the project ranged from multi sports, fitness, and gym-based training to woodland walks and team building activities.

c. The funding also allowed the organisations to provide additional wrap-around support for their young people through employability and financial support, and housing and relationship advice. The impact of the project upon the young people was very positive and supported them both physically, mentally and socially by increasing their physical activity levels, allowing them to form new relationships and get advice around relationships and financial worries.

Rise North East

Trustees' Report

Strategic Priority: Community Building

1. Opening School Facilities

a. The objective of the Phase 2 Opening School Facilities funding was to support schools in opening their facilities outside set school hours - after school clubs, evenings, weekends and holidays - thus presenting young people with more opportunities to be physically active, as part of the Department for Education's Covid-19 Recovery Plan.

b. We were successful with an application of £300,000 and supported 35 schools across the area with funding. Some of the examples of the projects we supported were:

- i. funding a school to develop a cycling hub to create an outdoor space for cycling lessons, after school clubs, outdoor mechanic workspace and outdoor classroom area for both the young people and the wider community;
- ii. creating a healthy lifestyles hub to encourage students and parents to become more active;
- iii. supporting schools to restart their extra-curricular provision for their young people; and
- iv. funding new sports equipment for schools to provide a wider range of activities.

2. Place-Based Approach to Tackling Inequalities in Berwick

a. Over the past 12 months we have cemented our relationship with the Northumbria Police & Crime Commissioner's Office and their Violence Reduction Unit, embedding our Key Worker in Berwick.

b. Since the inception of the post in May 2021, we have engaged 21 young men aged 16-30 years old who were suffering with poor mental health, suicidal ideation, isolation, unemployment, learning difficulties, drug/alcohol abuse, debt, poverty, housing issues and/or offending.

c. Working in partnership with key stakeholders, our approach has been to use physical activity interventions as a method for tackling the issues and inequalities that exist for these individuals.

d. Our Key Worker in Berwick has adopted a public health approach to engaging and working with young men to improve their wellbeing. Since May 2021:

- i. 78% of the young males engaged now have an action plan;
- ii. 74% reported increased resilience, feelings of safety and ability to cope;
- iii. 78% reported improved confidence to make positive choices in their lives;
- iv. 60% have demonstrated improved engagement in employment and career progression opportunities;
- v. 42% are demonstrating reduced risk of violence and anti-social behaviour;
- vi. 70% are reporting improvements in hopes and dreams; and
- vii. 72% are engaged in physical activity when they hadn't been previously.

Rise North East

Trustees' Report

3. Leading Link Pilot

a. In 2021-2022, we commissioned Leading Link, a small independent charity, to develop place-based approaches in Northumberland, working with four secondary schools to empower Year 10 and 11 students to deliver sustainable extra-curricular activities for their peers.

b. The aim of the programme was to explore the power of young people by training and upskilling them to act as a successful alternative channel to engage their peers in physical activity, especially those who do not normally associate with being physically active. The young leaders developed by Leading Link were the driving force for an after-school club programme as they planned, led and produced the content of activities.

c. The project has produced some clear evidence indicating how the young volunteers have really grown and used their training, building up confidence to engage with their peers at school to develop after-school clubs. The subsequent activities delivered in after-school settings have all been led and organised by the young leaders, who have shown real leadership and innovation in creating opportunities and space for their peers to be active, many of whom do not engage in regular sport or physical activity.

d. Plans are now in place to utilise our newly trained young leaders to recruit the next generation of leaders and provide the required support to sustain existing extra-curricular activities, whilst continuing to ensure that youth voice remains at the heart of future decision-making.

Strategic Priority: Tackling Our Climate Crisis

1. Social Prescribing and Active Travel

a. During the year, the Department for Transport released a fund to create pilot projects across the country to combine social prescribing with active travel proposals. Expressions of interest for the funding were required from consortiums and we were invited to be part of the steering group for the bid by Sunderland City Council. The Expression of Interest was successful, and funding has been awarded to carry out a feasibility study for the pilot proposal which is due to be submitted at the end of April 2022.

b. The bid encouraged partnership working and it provides an opportunity for further collaboration moving forward, should the feasibility study result in an award of funding to implement the pilot proposal.

c. Also, Gateshead Council have been successful in progressing to the feasibility stage of the social prescribing and active travel bid and we have been in discussions about supporting the pilot proposal if the project is awarded funding.

2. Design Council

a. Following our successful application last year to become a Corporate Partner of the Design Council (the Government's advisors on design) several networking events have been attended during the last 12 months with other Corporate Partners. The networking events have given us the opportunity to meet and collaborate with a varied cross section of different experts in the field of design.

b. The Design Council's focus for the Corporate Partnership over the next 12 months seeks expertise which complements and extends their capability in several areas including sustainable design and planning, and active travel and modal shift amongst other requirements, which aligns with the strategic aims and objectives of our Infrastructure and Environment workstream.

Rise North East

Trustees' Report

Strategic Priority: Healthy Minds for Healthy Lives

1. Andy's Man Club

a. To support our 1:1 offer for young males and the wider community of Berwick, we worked with the Police and Crime Commissioner's Violence Reduction Unit and Mind to establish an 'Andy's Man Club' offer to bridge the gap between the existing clubs in Newcastle and Scotland. Andy's Man Club are talking groups to support men suffering with mental health issues and aid in suicide prevention.

b. Five males attended the initial session with numbers growing week on week. From attending Andy's Man Club and addressing their mental wellbeing, four of the participants felt able to transition to Newcastle United Foundation's "12th Man" programme which we commissioned to support men to improve their emotional wellbeing and physical health.

Strategic Priority: Harnessing Data, Digital & Tech

1. Active Giving App

a. The Active Giving app is free to use and allows users to convert their physical activity (recorded either through Strava or directly on the app) into contributions to a range of environmental and social projects across the globe. Activities that can be tracked include walking, cycling, and running as well as some less traditional pursuits, such as kayaking and rock climbing.

b. Following our discussions with Active Giving throughout the year, we have arranged for the app to also be able to be used to support local causes. The Great Northumberland Forest and the North East Community Forest have been identified as two major tree planting and regeneration projects covering all our local authority areas as the projects to benefit from our work with the app.

c. Through physical activity recorded in the app, we aim to engage with businesses and schools in order to be able to plant over 700 trees across the Great Northumberland Forest and the North East Community Forest in 2022-2023.

For further examples of our work in 2021-2022, please see our Annual Impact Report.

Rise North East

Trustees' Report

Financial review

During the year, investment was derived from a variety of sources including Sport England. The investment was made available to achieve various objectives, including:

- delivering a variety of specific programmes, including School Games and the Tackling Inequalities Fund;
- developing and maintaining networks to enhance the planning, coordination and delivery of physical activity and sport;
- supporting the development of more and better opportunities for inactive communities to become more active;
- coordinating and delivering training courses to help to upskill the frontline workforce to be able to have the confidence and competence to support their beneficiaries to be more physically active; and
- undertaking research and producing insight to identify gaps in provision and enable partners to better utilise physical activity within their offer.

The financial position for the year shows net outgoing funds of £163,740 including restricted funds of £160,677.

Policy on reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves – those reserves not invested in tangible fixed assets, excluding long-term liabilities, or designated for a particular purpose. The trustees consider that it would be appropriate to hold the equivalent of six months' operational costs which would equate to holding approximately £580,000-£625,000 in free reserves.

The directors have designated £340,000 (2021: £391,000) of reserves to cover:

- Staff redundancy costs and other associated costs arising in the event of a winding up of the charity of £131,000 (2021: £123,000);
- A deficit budget for 2023-2024 of £185,000 (2021: £220,000);
- A contingency budget for protection against public sector cuts arising from Covid that would negatively impact on our ability to deliver the NASP Social Prescribing Project, being £24,000 (2021: £48,000); and

At the year end, undesignated reserves, including those being accumulated to be held towards the equivalent of six months' operating costs, were £523,000. This is a minimum of £57,000 and a maximum of £102,000 short of the target of holding six months' operating costs of £580,000-£625,000.

Going concern

The trustees have prepared a budget and cashflow forecast, and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis they have continued to adopt the going concern basis when preparing the financial statements.

Rise North East

Trustees' Report

Risk Management

The Trustees have assessed the major risks to which the Charity is exposed and is satisfied that there are systems in place to mitigate exposure to major risks. The Board reviews the Risk Register at every Board meeting, concentrating on live and future risks to the organisation. The Charity's Risk Management Strategy gives guidance around analysis and evaluation of risk and risk appetite.

Grant making policies

Due to the nature of the charity, we give a variety of grants to different organisations. Although there is not a company wide policy, each individual programme that has this function has a grant making policy that is steered by officers, partners and funders.

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased annually in line with average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control & Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October
- Approval of annual budget in May
- Regular consideration by trustees of financial results and variations from budget
- Monitoring of performance against the annual plan
- Delegation of authority and separation of duties

Rise North East

Trustees' Report

Plans for future periods

Looking forward to 2022-2023, we will be refreshing our 2021-2023 Implementation Plans and later in the year, reflecting on progress and then setting the next set of objectives for the period beyond 2023 as we work towards the twelve strategic aims of our Rise Together 2021-2031 strategy.

In addition to our six strategic priorities (referenced above in the Achievements & Performance section), our ten-year strategy is also built around five principles, or approaches (below), that will guide how we set about our work during this period. These principles act as a guide to how we will work going forward, alongside our values, appreciating that how we work in turn leads to what we work on. They are likely to be refined over time depending on prevailing circumstances in order to be adaptive to the systems work within the region. We will be working to ensure that we develop ourselves and our relationships to be able to act in accordance with these principles.

1. Tackling Inequalities - We are humans trying to help humans, and so we will always ask: "How does this piece of work support a reduction in inequality?" We will recommend a proportionate universalism approach to target resources where they are most needed by reason of health or other socio-economic inequalities

2. Insight - We advocate for the use of intelligence, quantitative and qualitative, as well as shared value, to guide our approaches and those of the wider system in order to ensure the work has the greatest possible impact.

3. Whole System Approaches - We strongly support whole system approaches and take a person-centred stance, advocating for co-creation techniques as standard and demonstrating collaborative leadership behaviours.

4. Learning - We celebrate our collective successes and learn from our collective failures, sharing all learning across the system and recognising that in complex systems, we all need to be comfortable with the chaos and that systems change is a long-term endeavour.

5. Focus With Flexibility - There are many unknown unknowns in the next 10 years; we are focused on our vision but remain flexible in the detail.

Going into 2022-2023, we are entering a new, five-year funding cycle with our main funder, Sport England. As one of their system partners, we will continue to ensure that in addition to relating to our own strategy, our work contributes to the delivery aspirations set out in Sport England's 'Uniting the Movement' strategy. Alongside this, throughout the year we will be working on our various action plans which ensure that we are fully compliant with the December 2021 updated version of the Sport England/UK Sport Code of Governance. As a Tier 3 organisation, this will involve, inter alia:

- the development and implementation of our inaugural People Plan;
- the transition of our existing EDI Action Plan into a Diversity and Inclusion Action Plan (DIAP), which for the first time will involve us publishing clear ambitions to ensure our leadership represents and reflects the diversity of the local community; and
- the appointment of a welfare lead on the Board to ensure our responsibilities towards the welfare and safety of our people (including but not limited to employees, participants and volunteers) are factored into the decisions we make.

Rise North East

Trustees' Report

Finally, following confirmation of the Sport England five-year funding picture in December 2021 for the period April 2022 - March 2027, financial forecasting has highlighted the need for an uplift in income if we are to match our aspirations of achieving our Rise Together strategic aims. The emerging income diversification and sustainability strategy therefore seeks to significantly increase non-Sport England income to the charity by the end of 2025, with further growth thereafter. Investment from the reserves to achieve this objective has been approved by the Board and will include a new Business Development Director leading this area of work.

Rise North East

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

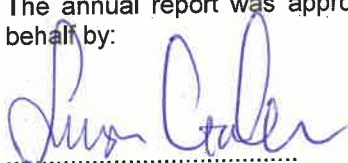
Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

Reappointment of auditor

Azets Audit Services Limited, trading as Azets Audit Services, were appointed auditor to the company following their acquisition of the trade of Tait Walker LLP, trading as MHA Tait Walker, on 1 May 2022.

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of Azets Audit Services as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

The annual report was approved by the trustees of the charity on 22/11/2022 and signed on its behalf by:



S Gordon
Trustee

Rise North East

Independent Auditor's Report to the Members of Rise North East

Opinion

We have audited the financial statements of Rise North East (the 'charity') for the year ended 31 March 2022, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2022 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and the provisions available for small entities, in the circumstances set out in note to the financial statements, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

Rise North East

Independent Auditor's Report to the Members of Rise North East

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the charity and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities [set out on page 17], the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Rise North East

Independent Auditor's Report to the Members of Rise North East

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiries with management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing board minutes
- Challenging assumptions and judgements made by management in their significant accounting estimates;
- Review financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Because of the field in which the client operates, we identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; employment law (including the Working Time Directive); and compliance with the UK Companies Act and Charities Act.

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Rise North East

Independent Auditor's Report to the Members of Rise North East

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Simon Brown BA ACA DChA (Senior Statutory Auditor)

For and on behalf of
Azets Audit Services
Chartered Accountants
Statutory Auditor

Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Date: 8/12/22

Azets Audit Services is a trading name of Azets Audit Services Limited

Rise North East

Statement of Financial Activities for the Year Ended 31 March 2022 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2022 £	Total 2021 £
Income and Endowments from:					
Donations and legacies	3	2,277	228,339	230,616	271,302
Charitable activities	4	-	1,340,404	1,340,404	1,289,835
Other trading activities	5	21,129	-	21,129	4,000
Investment income	6	112	-	112	604
Total Income		<u>23,518</u>	<u>1,568,743</u>	<u>1,592,261</u>	<u>1,565,741</u>
Expenditure on:					
Raising funds	7	(11,168)	-	(11,168)	(2,673)
Charitable activities	8	<u>(48,868)</u>	<u>(1,695,965)</u>	<u>(1,744,833)</u>	<u>(1,364,771)</u>
Total Expenditure		<u>(60,036)</u>	<u>(1,695,965)</u>	<u>(1,756,001)</u>	<u>(1,367,444)</u>
Net (expenditure)/income		(36,518)	(127,222)	(163,740)	198,297
Transfers between funds	23	<u>33,455</u>	<u>(33,455)</u>	<u>-</u>	<u>-</u>
Net movement in funds		(3,063)	(160,677)	(163,740)	198,297
Reconciliation of funds					
Total funds brought forward		<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>	<u>1,111,087</u>
Total funds carried forward	23	<u>882,130</u>	<u>263,514</u>	<u>1,145,644</u>	<u>1,309,384</u>

All of the charity's activities derive from continuing operations during the above two periods.

Rise North East

Comparative Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	51	271,251	271,302
Charitable activities	4	465,763	824,072	1,289,835
Other trading activities	5	4,000	-	4,000
Investment income	6	604	-	604
Total income		<u>470,418</u>	<u>1,095,323</u>	<u>1,565,741</u>
Expenditure on:				
Raising funds	7	(2,673)	-	(2,673)
Charitable activities	8	(441,268)	(923,503)	(1,364,771)
Total expenditure		<u>(443,941)</u>	<u>(923,503)</u>	<u>(1,367,444)</u>
Net income		26,477	171,820	198,297
Transfers between funds		<u>30,615</u>	<u>(30,615)</u>	<u>-</u>
Net movement in funds		57,092	141,205	198,297
Reconciliation of funds				
Total funds brought forward		<u>828,101</u>	<u>282,986</u>	<u>1,111,087</u>
Total funds carried forward	23	<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>

Rise North East

(Registration number: 07176549)
Balance Sheet as at 31 March 2022

	Note	2022 £	2021 £
Fixed assets			
Tangible assets	15	19,098	20,570
Current assets			
Debtors	16	24,428	49,867
Cash at bank and in hand	17	<u>1,310,887</u>	<u>1,292,868</u>
		1,335,315	1,342,735
Creditors: Amounts falling due within one year	18	<u>(208,769)</u>	<u>(53,921)</u>
Net current assets		<u>1,126,546</u>	<u>1,288,814</u>
Net assets		<u>1,145,644</u>	<u>1,309,384</u>
Funds of the charity:			
Restricted		263,514	424,191
Unrestricted income funds			
Unrestricted		<u>882,130</u>	<u>885,193</u>
Total funds	23	<u>1,145,644</u>	<u>1,309,384</u>

The financial statements on pages 22 to 43 were approved by the trustees, and authorised for issue on 30/11/22 and signed on their behalf by:



S Gordon
Trustee

Rise North East

Statement of Cash Flows for the Year Ended 31 March 2022

	Note	2022 £	2021 £
Cash flows from operating activities			
Net cash (expenditure)/income		(163,740)	198,297
Adjustments to cash flows from non-cash items			
Depreciation	15	6,716	7,784
Investment income	6	(112)	(604)
		<u>(157,136)</u>	<u>205,477</u>
Working capital adjustments			
Decrease/(increase) in debtors	16	25,439	(23,461)
(Decrease)/increase in creditors	18	(3,440)	22,435
Increase in deferred income		<u>158,288</u>	<u>-</u>
Net cash flows from operating activities		<u>23,151</u>	<u>204,451</u>
Cash flows from investing activities			
Purchase of tangible fixed assets	15	(5,244)	(9,319)
Sale of tangible fixed assets		-	850
Investment income		<u>112</u>	<u>604</u>
Net cash flows from investing activities		<u>(5,132)</u>	<u>(7,865)</u>
Net increase in cash and cash equivalents		18,019	196,586
Cash and cash equivalents at 1 April		<u>1,292,868</u>	<u>1,096,282</u>
Cash and cash equivalents at 31 March		<u>1,310,887</u>	<u>1,292,868</u>

All of the cash flows are derived from continuing operations during the above two periods.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling which is the functional currency of the entity.

Going concern

The trustees have considered the financial position and prepared forecasts covering 12 months from the approval of the financial statements and on conclusion of this work and given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Sports Equipment	33% Straight line
Office Equipment	15% Reducing balance
Computer Equipment	33% Reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Trade debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provision are normally recognised at their settlement amount after allowing for any trade discounts due.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

Contributions to a defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Donations and legacies;			
Donations from individuals and institutions	377	-	377
Grants, including capital grants;			
Grants from other charities	1,900	228,339	230,239
	<u>2,277</u>	<u>228,339</u>	<u>230,616</u>
	Unrestricted funds General £	Restricted funds £	Total 2021 £
Donations and legacies;			
Donations from individuals and institutions	51	1,000	1,051
Grants, including capital grants;			
Grants from other charities	-	270,251	270,251
	<u>51</u>	<u>271,251</u>	<u>271,302</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Sport England		1,340,404	1,340,404
	Unrestricted funds General £	Restricted funds £	Total 2021 £
Sport England	465,763	824,072	1,289,835

5 Income from other trading activities

	Unrestricted funds General £	Total 2022 £
Events income;		
Conferences and similar events	10,855	10,855
Property rental income	160	160
Other income from other trading activities	10,114	10,114
	21,129	21,129
	Unrestricted funds General £	Total 2021 £
Events income;		
Conferences and similar events	4,000	4,000
	4,000	4,000

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

6 Investment income

	Unrestricted funds General £	Total 2022 £
Interest receivable and similar income;		
Interest receivable on bank deposits	112	112
	<u>112</u>	<u>112</u>
	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income;		
Interest receivable on bank deposits	604	604
	<u>604</u>	<u>604</u>

7 Expenditure on raising funds

a) Costs of generating donations and legacies

	Unrestricted General £	Total 2022 £	Total 2021 £
Course and event costs	11,168	11,168	2,673
	<u>11,168</u>	<u>11,168</u>	<u>2,673</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

8 Expenditure on charitable activities

		Unrestricted		Total 2022 £	Total 2021 £
	Note	General £	Restricted £		
Sport England		37,627	1,686,796	1,724,423	1,338,300
Allocated support costs	9	6,716	-	6,716	8,634
Governance costs	9	4,525	9,169	13,694	17,837
Total for 2022		<u>48,868</u>	<u>1,695,965</u>	<u>1,744,833</u>	<u>1,364,771</u>

	Unrestricted funds General £	Restricted funds £	Total 2022 £
Promotion of Sport and health in Tyne & Wear and Northumberland	44,343	1,686,796	1,731,139
Governance costs	4,525	9,169	13,694
	<u>48,868</u>	<u>1,695,965</u>	<u>1,744,833</u>

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Promotion of Sport and health in Tyne & Wear and Northumberland	426,431	920,503	1,346,934
Governance costs	14,837	3,000	17,837
	<u>441,268</u>	<u>923,503</u>	<u>1,364,771</u>

	Activity undertaken directly £	Activity support costs £	2022 £
Promotion of Sport and health in Tyne and Wear and Northumberland	1,731,139	-	1,731,139
Governance costs	-	13,694	13,694
	<u>1,731,139</u>	<u>13,694</u>	<u>1,744,833</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

	Activity undertaken directly £	Activity support costs £	2021 £
Promotion of Sport and health in Tyne and Wear and Northumberland	1,346,934	-	1,346,934
Governance costs	-	17,837	17,837
	<u>1,346,934</u>	<u>17,837</u>	<u>1,364,771</u>

9 Analysis of governance and support costs

Raising funds expenditure

Governance costs

	Unrestricted funds General £	Restricted funds £	Total funds 2022 £
Audit fees			
Audit of the financial statements	4,500	-	4,500
Legal fees	-	9,169	9,169
Allocated support costs	25	-	25
Total for 2022	<u>4,525</u>	<u>9,169</u>	<u>13,694</u>
Total for 2021	<u>14,837</u>	<u>3,000</u>	<u>17,837</u>

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Audit fees			
Audit of the financial statements	4,320	-	4,320
Legal fees	9,233	3,000	12,233
Allocated support costs	1,284	-	1,284
	<u>14,837</u>	<u>3,000</u>	<u>17,837</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

10 Income received from public investors

	Sports England	Other Grants	Lawn Tennis Association	Non Public Money	Total
Revenue Grant	1,340,404	227,090	8,250	16,517	1,592,261
	1,340,404	227,090	8,250	16,517	1,592,261
Staff Costs Including On Costs	727,356	75,878			803,234
Equipment Hire/Purchase	18,492	1,242			30,944
Hire of Facilities	3,453	2,324	315		6,092
Promotion and Publicity	21,212	4,181			25,393
Coach Fees/Expenses	25,544				25,544
Transport/ Travel Costs	2,957	694			3,651
Other (Training)	7,834	28,980			36,814
Other (Office Related Costs & ICT)	44,785	5,999			50,784
Other - Professional Fees	27,638				27,638
Other (Grants to Local Organisations)	545,991	140,173	6,507		692,672
Other (Refreshments and Misc)	1,772	283			2,055
Other (Other Operational Costs)	22,166	54			22,220
Other - Management fee		28,461	500		28,961
	1,449,200	299,479	7,322		1,756,001

11 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2022 £	2021 £
Audit fees	4,500	4,320
Depreciation of fixed assets	6,716	7,784

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

12 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses from the charity during the year.

13 Staff costs

The aggregate payroll costs were as follows:

	2022 £	2021 £
Staff costs during the year were:		
Wages and salaries	677,647	550,224
Social security costs	58,209	45,864
Pension costs	77,521	72,410
	<u>813,377</u>	<u>668,498</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2022 No	2021 No
Management	7	7
Charitable Activities	14	10
	<u>21</u>	<u>17</u>

21 (2021 - 17) of the above employees participated in the Defined Contribution Pension Schemes.

The number of employees whose emoluments fell within the following bands was:

	2022 No	2021 No
£60,001 - £70,000	-	1
£70,001 - £80,000	<u>1</u>	<u>-</u>

The total employee benefits of the key management personnel of the charity were £191,676 (2021 - £184,167).

14 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2021	81,455	81,455
Additions	5,244	5,244
Disposals	(6,127)	(6,127)
At 31 March 2022	80,572	80,572
Depreciation		
At 1 April 2021	60,885	60,885
Charge for the year	6,716	6,716
Eliminated on disposals	(6,127)	(6,127)
At 31 March 2022	61,474	61,474
Net book value		
At 31 March 2022	19,098	19,098
At 31 March 2021	20,570	20,570

16 Debtors

	2022 £	2021 £
Trade debtors	17,968	37,872
Prepayments	6,460	9,778
Accrued income	-	2,217
	24,428	49,867

17 Cash and cash equivalents

	2022 £	2021 £
Cash at bank	1,310,887	1,292,868

18 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	39,217	47,618
Accruals	11,264	6,303
Deferred income	158,288	-
	208,769	53,921

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

	2022 £	2021 £
Deferred income at 1 April 2021	-	-
Resources deferred in the period	158,288	-
Amounts released from previous periods	-	-
Deferred income at year end	<u>158,288</u>	<u>-</u>

19 Commitments

Other financial commitments

The charitable company had commitments for operating leases.

The total amount of other financial commitments not provided in the financial statements was £7,680 (2021 - £7,680).

20 Analysis of net assets between funds

	Unrestricted		Restricted	Total funds
	General £	Designated £	£	£
Tangible fixed assets	19,098	-	-	19,098
Net current assets/(liabilities)	<u>523,033</u>	<u>340,000</u>	<u>263,514</u>	<u>1,126,547</u>
Total net assets	<u>542,131</u>	<u>340,000</u>	<u>263,514</u>	<u>1,145,645</u>

	Unrestricted			Total funds at 31 March 2021
	General £	Designated £	Restricted £	£
Tangible fixed assets	20,570	-	-	20,570
Net current assets/(liabilities)	<u>473,623</u>	<u>391,000</u>	<u>424,191</u>	<u>1,288,814</u>
Total net assets	<u>494,193</u>	<u>391,000</u>	<u>424,191</u>	<u>1,309,384</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

21 Related party transactions

During the year the charity made the following related party transactions:

John Spence Community High School

One of the trustees, Adam Pilkington, is a teacher at the school. Grants totaling £38,359 were awarded to the school through the normal application and approval process.

At the balance sheet date the amount due to/from John Spence Community High School was £Nil (2021 - £Nil).

22 Analysis of net funds

	At 1 April 2021 £	Financing cash flows £	At 31 March 2022 £
Cash at bank and in hand	1,292,868	18,019	1,310,887
Net funds	1,292,868	18,019	1,310,887
	At 1 April 2020 £	Financing cash flows £	At 31 March 2021 £
Cash at bank and in hand	1,096,282	196,586	1,292,868
Net funds	1,096,282	196,586	1,292,868

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

23 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
Unrestricted funds					
General					
General Fund	228,682	23,518	(60,036)	349,966	542,130
Northumberland Sport	265,511	-	-	(265,511)	-
	<u>494,193</u>	<u>23,518</u>	<u>(60,036)</u>	<u>84,455</u>	<u>542,130</u>
Designated					
Budgeted Deficits in future Years	220,000	-	-	(35,000)	185,000
Redundancy Fund	123,000	-	-	8,000	131,000
Contingency	48,000	-	-	(24,000)	24,000
	<u>391,000</u>	<u>-</u>	<u>-</u>	<u>(51,000)</u>	<u>340,000</u>
Total unrestricted funds	<u>885,193</u>	<u>23,518</u>	<u>(60,036)</u>	<u>33,455</u>	<u>882,130</u>
Restricted funds					
MIND	3,853	5,500	(3,600)	(3,400)	2,353
TW - Workforce	3,232	40,571	(34,147)	-	9,656
TW - DfE Leadership & Volunteering	4,440	-	(4,440)	-	-
TW - Satellite Clubs	38,521	-	(50,386)	11,865	-
Access to Schools	500	327,399	(327,899)	-	-
NS - Workforce	14,305	40,000	(43,850)	-	10,455
NS - Satellite	11,865	-	-	(11,865)	-
Disability Tennis Network	9,845	8,250	(6,822)	250	11,523
Daily Mile	11,094	21,500	(32,594)	-	-
NS -DfE Leadership & Volunteering	5,100	-	(5,100)	-	-
Royal Foundation - Coach Core	5,389	57,940	(56,305)	(3,000)	4,024
Barclays	37,696	-	(26,916)	(5,000)	5,780
Community Foundation	5,000	-	(6,000)	1,000	-
Homelessness	6,646	43,000	(40,646)	(9,000)	-
Police and Crime Commissioner	41,648	-	(31,179)	1,000	11,469
Rugby Football Union – Families Fund	9,807	-	(4,307)	(5,500)	-
Tackling Inequalities Fund	152,666	-	(152,468)	-	198
Thriving Communities	13,620	51,616	(49,333)	5,046	20,949
Children and Young People Programme	46,122	362,132	(369,184)	-	39,070

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2022 £
County Durham Sport – Infrastructure & Environment	2,842	18,473	(17,052)	-	4,263
Rollover - Primary Role	-	455,773	(325,546)	(14,851)	115,376
LA Participation Data	-	8,108	(8,108)	-	-
NHS - CNTW	-	31,657	(18,000)	-	13,657
Bikeability	-	34,324	(31,083)	-	3,241
Commonwealth Games	-	62,500	(51,000)	-	11,500
Total restricted funds	<u>424,191</u>	<u>1,568,743</u>	<u>(1,695,965)</u>	<u>(33,455)</u>	<u>263,514</u>
Total funds	<u>1,309,384</u>	<u>1,592,261</u>	<u>(1,756,001)</u>	<u>-</u>	<u>1,145,644</u>

The transfers were the amounts of funding the projects allowed for management fees and when assets were purchased as part of the restricted spend.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

The specific purposes for which the funds are to be applied are as follows:

Sport England – Rollover Award

Our main grant from Sport England provided us with rollover funding up to March 2022, aimed at tackling inequalities and reducing inactivity. The funding was provided for us to have a strong granular understanding of our place and people, an ability to broker and facilitate a much wider range of relationships, support for Sport England's workforce priorities, as well as working to develop and deliver positive experiences for young people.

Sport England – Primary Role (underspend)

Underspend from our 2020-21 grant from Sport England, focusing upon us having a strong granular understanding of our place and people, an ability to broker and facilitate a much wider range of relationships, where necessary supporting projects and relationships on Sport England's behalf, and supporting local authorities by consent.

Sport England – Workforce (underspend)

Underspend from our 2020-21 grant from Sport England to deliver an agreed plan to understand and develop the workforce locally to increase the quantity and improve the quality of activities in our local area. This includes establishing attractive volunteering, coaching, education, employment and career pathways, and establishing a workforce that is recognised for providing excellent service.

Sport England – Satellite Clubs (underspend)

Underspend from our Satellite Clubs funding, which was provided to help young people aged 14-19 to become active and create regular activity habits, with a focus on those from under-represented groups. Sport England provide us with programme funding for us to establish and sustain these clubs, as well as capacity funding to manage the programme.

Sport England – Opening School Facilities

Awarded by Sport England to the Charity for us to support schools to open up their sports facilities outside of the normal school day, in order to broaden the offer of extra-curricular and out of school sporting and physical activities available to pupils in the wider community. The programme is targeted predominantly to support schools with a high percentage of pupils eligible for free school meals, the least active and pupils with disabilities.

Department for Education – Leadership & Volunteering

We receive funding from Sport England to identify, train and deploy volunteers, to support the planning, delivery and evaluation of the School Games programme as well as other projects.

Sport England – Daily Mile

We received an extension to our previous Sport England award, which focused on recruiting and employing a local co-ordinator to increase the number of primary schools signed up to The Daily Mile and delivering this to a high quality.

Sport England – Tackling Inequalities Fund

Funding provided by Sport England to reduce the negative impact of COVID-19 and the widening of inequalities in sport and physical activity. The focus of the programme is to provide funding to community and voluntary sector organisations/groups so that they can continue to exist and retain the resources and capacity needed to keep people active during the COVID-19 lockdown and recovery stages. The funding was targeted towards culturally diverse communities, those from lower socioeconomic groups, and those with a disability or long-term health condition.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Sport England - Commonwealth Games

Awarded by Sport England to support the Charity to focus upon the legacy of the Commonwealth Games, including connecting plans and provision to the event. The funding is to help support the network of SGOs across Tyne & Wear and Northumberland to focus on inequalities and inactivity and supporting the children and young people who need the most support to be active.

Sport England - Moving Communities

Sport England's Moving Communities programme is a service that helps local authorities, leisure providers and policymakers to understand the performance of their leisure centres. It captures data on participants, visits, finances and customer experience, and enables better strategic decisions to be made about where time, effort and money is best invested in order to benefit local communities. The funding provided is to enable Active Partnerships to access the service to support their strategic planning and also to promote it locally.

Sport England - Thriving Communities

Through the Thriving Communities Fund we are hosting a Regional Physical Activity Advisor to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project will seek to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by COVID-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health

Disability Tennis Network

The grant we received from the Lawn Tennis Association was funding to manage the NE Disability Tennis network, more specifically to oversee the management and reporting of activity focused on providing tennis opportunities for people with disabilities.

Mind

An extension to our previous funding award from Mind to lead the development of a regional network of sport, physical activity and mental health organisations.

Coach Core

Funded by Coach Core, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a placement with them alongside a sporting qualification. The Charity is responsible for managing and overseeing the programme locally, which will enhance the coaching offer and provide the apprentices with valuable experience.

Barclays

Funding to provide activity packs to thousands of vulnerable households across our region (namely adults on the reablement pathway) to enable them to undertake physical activity in their own homes whilst they are self-isolating or shielding during the coronavirus pandemic, and other activity aimed at enabling more older people to be more physically active.

Community Foundation

Funding to trial a football-based programme in Berwick-upon-Tweed to engage men aged 16-55 years who are experiencing mental health problems.

Homelessness Project

The London Marathon Charitable Trust awarded a grant to numerous Active Partnerships, including us, for the Young People Forward project. The project targets young people aged 16-25, who are homeless or at risk of becoming homeless, and aims to improve their health and wellbeing using the power of sport and physical activity.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2022

Police and Crime Commissioner

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young men who are struggling with poor mental health and who need support to access help and services locally, including access to physical activity support.

Rugby Football Union - Families Fund

Funding aimed at supporting families from lower socio-economic groups to become active together. Underpinning the investment is the need to ensure experiences are fun and enjoyable for children and their wider family.

County Durham Sport - Infrastructure & Environment

Funding provided by County Durham Sport to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across County Durham.

Yorkshire Sport Foundation

Funding provided for our Children and Young People Development Manager to be seconded to work on a national programme aimed at leading the development of the Creating Active Schools programme.

Bikeability Trust

Awarded by the Bikeability Trust to manage a project aimed at getting more people cycling in Silksworth in Sunderland. Funding will be spent on programme delivery, training, equipment, promotion and transport costs.

NHS CNTW Project

Funding provided for the ICS Mental Health Home Working project, which aims to address isolation, provide access to advice and support in relation to managing weight gain, and helping managers to support their staff. The programme aims to make improvements to the health and wellbeing of staff, with the interventions offered having both physical and mental health benefits and addressing wider health inequalities in the workforce.

RISE NORTH EAST

England & Wales - Charity number 1135223

Accounts

Company registration number: 07176549

Charity registration number: 1135223

RISE NORTH EAST

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Rise North East

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Rise North East

Reference and Administrative Details

Trustees	A G Walton (resigned 4 August 2020) S E Duncan M Cormack P A Price K E Storie S Gordon (appointed 4 August 2020) N Erevik R L Turnbull (appointed 7 July 2020 and resigned 18 January 2021) G R Nash D Henderson (appointed 1 June 2020) A Pilkington (appointed 27 July 2021) S Bell (appointed 27 July 2021)
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Key Management Personnel	Clare Morley, Chief Executive Officer David Marrin, Strategic Director (South of Tyne) Lee Sprudd, Strategic Director (North of Tyne)
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Principal Office	Royal Quays Business Centre Coble Dene Royal Quays North Shields NE29 6DE
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The charity is incorporated in England & Wales.

Company Registration Number	07176549
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Charity Registration Number	1135223
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Bankers	Barclays Bank PLC Fawcett Street 53 Fawcett Street Sunderland SR1 1RS The Co-operative Bank Plc Central Customer Services PO Box 250 Delf House Skelmersdale Lancashire WN8 6WT
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Auditor	MHA Tait Walker Bulman House Regent Centre Gosforth Newcastle upon Tyne NE3 3LS
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Rise North East

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2021.

Structure, governance and management

Nature of governing document

Rise North East (Rise) is a charitable company limited by guarantee, incorporated on 3rd March 2010. The company was established under a Memorandum of Association which established the objects and powers of the charitable company. The latest amendment to the Articles of Association, which govern the company, were made by special resolution on 29th April 2020. In the event of the company being wound up, members are required to contribute an amount not exceeding £1.

Change of name

On the 8 November 2019 the charitable company changed its name from Tyne and Wear Sport to North-North-East Active Partnership.

On 24 June 2020 the charitable company changed its name from North-North-East Active Partnership to Rise North East.

Key management during the year

During the year the Key management personnel that served :

Clare Morley - Chief Executive Officer
David Marrin - Strategic Director (South of Tyne)
Lee Sprudd - Strategic Director (North of Tyne)

Recruitment and appointment of trustees

The directors of the company are also trustees of the charity for the purposes of charity law and under the company's Articles of Association. Each trustee retires after an initial term of four years, but at the AGM following their 4th anniversary, they can be re-appointed for another four year term. They then must have a break of four years before seeking re-election.

Directors/trustees, including the Chair, are recruited by open advertisement against a published skills and experience specification.

Rise North East

Trustees' Report

Induction and training of trustees

All new trustees receive a Trustee Information Pack and are invited to attend induction briefings with the Chair and the Chief Executive Officer. This process covers the following areas:

- The roles and responsibilities of trustees
- The main documents relating to the organisation, including the Articles of Association
- Financial and strategic plans and projections
- Information about specific programmes and projects
- Trustee Code of Conduct
- Conflicts of Interest
- Fit and Proper Person Declaration

Trustees also receive regular updates on items that might impact upon the charity's strategic planning and operations and are provided with opportunities to meet and engage with employees.

Organisational structure

The Board comprises all of the trustees. The Chief Executive Officer acts as secretary and has no voting rights.

Rise North East

Trustees' Report

Objectives and activities

Objects and aims

The charity has the following objectives:

1. To promote the health and wellbeing of individuals and communities through increased community participation in sport, active recreation and physical fitness;
2. To advance and further the education of the public in relation to physical fitness, nutrition, active recreation and lifestyle, including through the provision of courses, training programmes, research and resources;
3. To provide or assist in providing facilities in the interests of social welfare for recreation, physical education or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity, disability, financial hardship or social circumstances with the aim of improving their life condition;
4. To advance the education of the public, particularly, but not exclusively those working with children or vulnerable adults, their carers and families, and children, young people, and vulnerable adults themselves, in child and vulnerable adults protection; and
5. To advance such other charitable purposes beneficial to the community and consistent with the objects set out above;

for the benefit of the inhabitants of Northumberland, Tyne & Wear and the surrounding areas.

Objectives, strategies and activities

Rise is one of 42 Active Partnerships (APs) across England. We are primarily funded and supported by Sport England, and, operating as a strategic agency, we want to create a higher quality of life for communities that need it the most in Northumberland and Tyne & Wear. We are here to help our partners to unlock the power of physical activity and to collectively effect long-term system change in order to positively impact more lives across Northumberland and Tyne & Wear. Our partners include local authorities, NHS organisations, the Police & Crime Commissioner, educational institutions, and various voluntary, community and social enterprise organisations across our region.

We are particularly focused on helping under-represented groups, who have lower levels of physical activity, to become and remain active.

Fundraising disclosures

The charity is required to report how it deals with fundraising from the public. The charity does not use a professional fundraiser or commercial participator to raise funds. Any monies raised direct from the public follows all guidelines set out by the Charity Commission and UK law in every aspect. We respect the privacy and contact preferences of all public donors.

Rise North East

Trustees' Report

Public benefit

Through our Sport England Primary Role, we have a strategic remit to:

- Develop a strong granular understanding of place and people. We seek to understand what will work best in creating the conditions for people to be active, by using our knowledge of the local area (the market, audiences and organisations), its demographics, resources and politics, and using it to guide and influence decision making and investment;
- Broker effective partnerships between a wide range of organisations, to improve the existing local delivery system and better co-ordinate resources and delivery in the sub-region;
- Support local government and make the case for sport and physical activity across wider departments and agendas (e.g. health and wellbeing, transport and planning etc);
- Supporting local organisations to secure greater investment into sport and physical activity.

In addition to this 'primary role', which is focussed on reducing levels of physical inactivity, we also receive funding from Sport England and other bodies to manage, coordinate and deliver specific projects. These projects are often driven nationally with local responsibility being driven locally by us.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Rise North East

Trustees' Report

Achievements and performance

Children & Young People's Health & Wellbeing Workstream

School Games

Due to the ongoing impact of the coronavirus pandemic, we have taken a very different approach to School Games across the 2020-21 academic year. Most of the delivery has been done online and through virtual content. Across Tyne & Wear the School Games Organisers from the 5 local authority areas delivered a week-long programme branded as the Activ5, designed to connect children and young people from across the sub-region, allowing them to recognise and celebrate the importance of daily physical activity.

In Northumberland, the School Games Organisers adapted the normal competition format to a virtual platform where schools competed individually, and then in June 2021, competed in a Zoom based 'County Festival'. New sports were introduced to the secondary schools across Northumberland to help engage and understand their needs, which was well received.

Both approaches proved to be popular, and a lot of engagement was achieved via social media. We have found that some schools really value the virtual route as it enables whole classes to get involved and reduces travel time and time out of school.

Active Lives Children and Young People

We continued to support Sport England and their research partner, Ipsos MORI, to gather information about the amount and type of sport and physical activity undertaken by children and young people aged 5-16 across Northumberland and Tyne & Wear. This work, an extension of the adult Active Lives Survey, aims to provide a better understanding of children's attitudes and behaviours around sport and physical activity. It will also shape and influence local decision-making, as well as inform government policy on the Primary PE and Sports Premium, Childhood Obesity Plan, School Sport Action Plan and other cross-departmental programmes.

In total 26 schools were recruited to participate in the survey across the 2020-21 academic year.

Opening School Facilities

In 2019 we secured an award of Phase 1 Opening School Facilities Funding. This research project worked with schools across the North of Tyne area to understand the barriers schools face in opening their facilities for community use. This was progressed over the past year due to the awarding of £300,000 from Sport England and The Department for Education to support schools to deliver extra-curricular activity for children and young people and for their wider communities. In total we have supported 36 schools across the Rise area with funding.

As a legacy to the Opening School Facilities Project, we have been able to connect with schools and gather insight which will be used to inform our approach to supporting the education sector over the forthcoming year.

Satellite Clubs

Our Satellite Club programme continued to support young people to stay active throughout the height of the Covid-19 pandemic and during the recovery phase. Rise invested over £80,000 to support our existing partners to deliver virtual sessions and support the return of face-to-face delivery, whilst also establishing new relationships and sessions across both Northumberland and Tyne & Wear. The funding continued to be utilised to target those young people most at risk of being inactive including those in areas of high deprivation, female audiences and young people with disabilities.

Rise North East

Trustees' Report

Daily Mile

There has been continued success in encouraging schools to sign up to the national Daily Mile Campaign. In Tyne and Wear a total of 202 schools are delivering The Daily Mile with 115 of these signed up to The Daily Mile Foundation. Progress has also been made in encouraging schools within Northumberland to sign up to the campaign.

The Daily Mile figures have continued to rise during the lockdowns but at a reduced rate than previously.

Schools were closed for a part of the lockdown period and on their return have been more difficult to engage with due to new safety procedures and a priority on academic catch-up. However, it has still been possible to engage some schools individually and collectively including mass events such as England Does The Daily Mile and The Daily Mile at Home. Going forward, The Daily Mile will still play an important role as part of the suite of Rise's Children and Young People's offer to local schools.

Empowering People Workstream

Empowering People across Northumberland and Tyne & Wear

During 2020/21 we have continued to deliver on our Sport England commitments, implementing a comprehensive and needs led workforce development plan. The Empowering People Team have been working to raise the profile of this workstream across the network. We have advocated for the importance of creating a "people like me" workforce with an emphasis on lived experience, as well as how sport and physical activity can tackle some of the biggest social challenges in our communities e.g. mental health, obesity, crime and social isolation.

Homeless Project - London Marathon Charitable Trust Funding

Rise are one of six northern Active Partnerships who were awarded funding through the London Marathon Charitable Trust to work with organisations who support young people who are homeless or at risk of becoming homeless. The funding is being used to support the delivery of physical activity for young people as well as the provision of wrap around support in areas of mental health, personal care, budget management, housing support and food preparation. Rise are working with eight VCSE organisations to discuss options for including physical activity in their work in the longer term, increasing delivery capacity amongst organisational staff, and discussing how strategically, physical activity can contribute to achieving their overarching business objectives. This programme will conclude October 2021.

Leadership and Volunteering Programme

Over 300 young people from across Northumberland and Tyne & Wear signed up to the Rise Leadership and Volunteering programme (an increase of 200% from previous years). The new virtual learning programme delivered online learning covering several areas, including mental health, understanding the participant and leadership skills. The aim of the programme is to recruit, develop and deploy volunteers aged 13-25 to assist with the delivery of sporting events, and to support other young people to be active by creating and encouraging physical activity in their education settings and local community. The programme aims to equip young people with important life skills such as communication and organisation, as well as increasing confidence and employability. The programme ran from September 2020 - August 2021 and has already received very positive feedback from attendees, parents and teachers, as well as producing adaptable online learning resources which will be utilised across the wider Rise team.

Rise North East

Trustees' Report

Social Worker Advisory Group

The Empowering People Strategic Lead is a member of a Social Worker Advisory Group including Sport England, Durham University, Social Work England, Disability Rights UK and Sport for Confidence. The group's purpose is the co-production of a new syllabus for social workers that incorporates physical activity into undergraduate training. We have influenced education content as well as giving guidance around a training option for existing social workers working in the industry and advocating for the importance of tutors with lived experience to deliver the degree elements to students.

Continued Professional Development

Our wider CPD offer was affected by Covid-19 restrictions, with all face-to-face training and learning opportunities cancelled. We were able to adapt and access various online CPD programmes which were delivered at little or no cost. A big focus was on mental health and, alongside the Mind Regional Network programme, we were able to deliver the UK Coaching Mental Health for Sport and Physical Activity course to over 800 people from across the North East. The learning from the workshop reached beyond sport, supporting the workforce, their friends and family during the difficulties of lockdown and providing the workforce with advice and guidance to support participants to return to play.

Coach Core Northumberland and Tyne & Wear

The first Northumberland and Tyne & Wear Coach Core apprenticeship programme approached its end in March 2021 after several delays. We were able to navigate the lockdown restrictions and continue to support the 13 employers and 16 young people who were able to conclude their Level 2 Community Activator qualification and reach their end point assessments. Over 50% of the young people have gone on to gain employment with their respective employers and are continuing to deliver meaningful fit for purpose physical activity sessions to target populations within local communities.

Adult Health & Wellbeing Workstream

Southwick Altogether Raising Aspirations (SARA) Project

Representatives from the local authority, social services, housing, education, health, emergency services and Rise are working in collaboration to provide effective and streamlined support to those who need it the most in Southwick, Sunderland.

Rise was co-opted onto the Board with the task of improving the health and wellbeing of the community and utilising physical activity as a solution to tackling the inequalities that exist in the area.

Our involvement has helped to support the establishment of a sport and physical activity task group, several community organisations accessing funding to deliver physical activity interventions, and the ward being identified as the chosen location for Sunderland's 'Get Active Through Football' bid.

Rise North East

Trustees' Report

Barclays Project

Rise was chosen as one of Barclays UK's partners to help deliver their £100m Community Aid Package, linked to the meaningful work Barclays are doing supporting communities and in particular isolated older people.

We have worked in partnership with our local authorities' reablement teams to distribute 4,000 activity packs that have been used as a tool for helping to improve the strength, coordination and balance of those older people at risk of slips, trips and falls at home.

The project has also provided us with an opportunity to develop new partnerships with local authority health and social care teams. Utilising the remaining funding we are working with each local authority to deliver further physical activity interventions targeting those that have experienced high levels of deconditioning since the pandemic started.

Place Based Approach to Tackling Inequalities in Berwick

Over the past 12 months we have worked hard to cement our relationship with the Police & Crime Commissioners Office and their Violence Reduction Unit with a particular focus on supporting the community of Berwick-upon-Tweed.

After much consultation and analysis of local data it was highlighted that young males (16-30 years old) in the Berwick area are severely at risk of poor mental health, isolation, unemployment, drug abuse and offending. Working in partnership with key stakeholders, our approach is to use physical activity interventions as a method for tackling the issues and inequalities that exist.

Securing funding from the Violence Reduction Unit, we have been able to employ a Link Worker in Berwick who is adopting a public health approach to engaging and working with young men to improve their wellbeing. We have also secured funding from The Community Foundation and Mind to deliver physical activity interventions to this cohort.

Bernicia Housing Association

Working with Bernicia's Community Engagement Team, we created and distributed 500 wellbeing packs to residents within some of their sheltered accommodation schemes.

Since Covid-19, many of the usual opportunities for their older residents to be active had to be stopped with the closure of all communal areas. This resulted in a noticeable deterioration in both their physical and mental wellbeing.

Securing funding from Bernicia and Sport England enabled us to put together packs containing equipment such as resistance bands, grip strength balls, balloons, massage balls and tea towels with easy-to-follow exercises printed on them. Northumberland NHS Trust and Northumberland Mind also provided several items of equipment and leaflets detailing their support services for older people.

Rise North East

Trustees' Report

Active Workplaces

Research has shown that improving employee health leads to reduced absenteeism and a happier, more productive workforce. This is the key messaging that we have been pushing out to workplaces across our region.

Since the start of the pandemic many people have adapted how they work and also how they access physical activity. We are keen for businesses to prioritise staff health and wellbeing, so we launched our Virtually Business As Usual offer.

We have been working with several organisations dedicated to developing specific software to support employee wellbeing, and have engaged them with several local businesses who are now collectively working to create bespoke offers and challenges to encourage their employees to be more active.

Our staff internally have also been committed to 'practising what we preach' and took part in numerous challenges to maintain our wellbeing during the period of home working.

E Bikes Scheme

To help address issues around a reduction in public transport provision and a nervousness of people using public transport during the early stages of the pandemic, we launched an E-Bike Hire Scheme. Working in partnership with North Tyneside Council and Ride Electric, we were able to offer workers the ability to hire an e-bike for their daily commute.

Whilst the initiative didn't gain the desired level of take up, we were able to provide e-bikes to 17 residents who benefitted from adopting a greener method of transportation, whilst also improving their physical wellbeing.

Age UK North Tyneside

We provided financial support to help Age UK North Tyneside create their December Advent Calendar of Virtual Activities consisting of different virtual activities each day for older people to access. They had huge interest in the project and have produced several case studies demonstrating the impact the intervention made to the wellbeing of their clients.

Due to the success of the December sessions an additional programme (Spring into Action) was created early in 2021, encouraging more older people to increase their physical activity levels and also receive positive messaging from the instructors around moving more and leaving the house as restrictions eased.

RFU Families Fund Project

The Families Fund project in conjunction with the RFU, North Shields Rugby Club and Norham High School has successfully engaged inactive young people in weekly physical activity sessions despite the issues the pandemic has thrown up over the past 12 months.

Whilst the aim of the project was to tackle inactivity, the sessions also provided the young people with a hot meal and an opportunity to socialise with each other outside of an education environment.

We are continuing to support both the club and school to establish a long-term partnership which benefits the whole community and adopts a similar approach to alternative club-based activities for families to take part in together.

Rise North East

Trustees' Report

Infrastructure & Environment Workstream

New Area of Focus

During the year, a focus for a new area of work was identified, providing leadership and advocacy in relation to the role of the built environment in increasing levels of physical activity across the region.

To facilitate this area of work, a new position was created, Infrastructure and Environment Strategic Lead, with a member of staff coming into post in December 2020. Working across Northumberland, Tyne & Wear and Durham (due to our partnership with County Durham Sport, the active partnership for County Durham), they are seeking to promote active transport options including walking and cycling to reduce carbon emissions and improve physical and mental wellbeing and to develop and lead strategic partnerships to increase active travel across the region. The role also aims to increase the use of green and blue spaces, both existing and proposed, for physical activity and play.

The role is working on developing relationships across each of the seven local authorities within the Rise and County Durham areas in Planning, Transport, Climate Change, Public Health and Leisure, and connecting these Departments together.

Work has included ensuring that local authorities have policies and guidance in place within the planning system regarding active environments and ensuring that these policies and guidance are being applied when decisions are being taken.

The Infrastructure and Environment Strategic Lead role aligns with the key objectives in the Sport England Strategy 'Uniting the Movement' which was released in early 2021, and which has a specific focus on active environments and active travel.

Design Council

We have been successful in an application to become a Corporate Partner of the Design Council, the Government's advisors on Design, for the next three years. Given the importance of design in creating high quality environments which make physical activity the easy choice the Corporate Partnership will seek to raise the profile of design within the region and will seek to secure good quality development moving forward.

Research, Insight & Communications Workstream

Insight and Research

Throughout the year we continued to fulfil requests for research and insight which came from new and existing partners. We prepared reports containing insight about the physical activity landscape locally such as participation rates, facility mapping and sport specific insight. In addition to this, the reports provided insight into the social, economic and health environment in which we operate, the purpose of which was to support funding applications and inform programme planning for partners across the system including local authorities, schools, the Police and Crime Commissioner's Office and national governing bodies - particularly in relation to targeting our priority groups.

We have utilised secondary data such as Sport England Active Lives reports and Public Health England reports, as well as primary data that we have gathered ourselves. Examples of primary data collected and shared includes research undertaken for several local Football Foundation bids, Barclays and Bernicia Activity Pack projects, the homelessness project, the Berwick Key Worker project and the E-Bike project.

Rise North East

Trustees' Report

We have also been developing a Learning and Evaluation Framework which will support the development of a learning culture within Rise and help us to understand the value that we deliver to partners and communities.

Marketing and Communications

The start of the financial year 2020-21 was a particularly busy one as we worked with an external marketing agency to develop the new brand for our Active Partnership, which involved developing a name, logo and colour palette that represented the new organisation we wanted to present in line with our developing organisational strategy. We also had to develop our new website and social media accounts.

Early in the year we recruited a Communications Officer who immediately got to work on establishing the new social media channels for Rise and working on supporting the team with promoting the wide range of programmes and projects that we were involved with. This included working closely with Sport England to remind people of the importance of staying active during the Coronavirus Pandemic. As well as publishing guidance on our website, we devised and launched the #NEMovement campaign in December 2020, sharing our marketing assets with a number of partners who were keen to publicise key messages to their employees and public audiences, helping us to maximise the reach of the campaign.

Rise North East

Trustees' Report

Financial review

During the year investment was derived from a variety of sources including Sport England, the Department for Education, Barclays, London Marathon Charitable Trust, Mind, Bernicia, the Police and Crime Commissioner, the Rugby Football Union and the Lawn Tennis Association. This investment was made available to achieve various objectives including:

- delivering a variety of specific programmes, such as the School Games and Satellite Clubs.
- developing and maintaining networks to enhance the planning, co-ordination and delivery of sport and physical activity.
- supporting the development of more and better opportunities for people to become and remain physically active.
- co-ordinating and promoting training courses to help to upskill coaches and volunteers, and supporting clubs and other organisations to access funding.
- Undertaking research and producing insight to identify gaps in provision and enable organisations to enhance their sport/physical activity offer.

The financial position for the year shows net incoming funds of £198,297 including restricted funds of £141,205.

Policy on reserves

The calculation of free reserves is based on the definition included in the charity statement of recommended practice (SORP), which provides recommendations for accounting and reporting for charities. The trustees have examined the requirements of the charity to hold free reserves - those reserves not invested in tangible fixed assets, excluding long term liabilities, or designated for a particular purpose.

The trustees have designated between £331,000 - £391,000 of reserves to cover:

- Staff redundancy costs should these become necessary on a closure of the charity, as well as costs associated with winding down, being £123,000 (2020 - £106,000);
- a deficit budget for each of the next two financial years, connected to:
 - o investment in new roles in the organisation;
 - o concerns over the impact of the Covid-19 pandemic on future income; and
 - o given the anticipated funding position for active partnerships from our major funders, Sport England, over this period, being £70,000 for 2021-2022 and between £90,000 - £150,000 for 2022-2023 (2020 - £132,000); and
- a contingency budget for protection against public sector cuts arising from Covid-19 that would negatively impact our ability to deliver the NASP Social Prescribing project £48,000 (2020 - £71,000).

At the year end, undesignated reserves, including those being accumulated to be held towards the equivalent of 6 months' operating costs, were between £494,193 - £554,193. This is a minimum of £25,807 and a maximum of £130,807 short of the target of holding 6 months' operating costs of £580,000-£625,000.

The trustees have prepared a budget and cashflow forecast, including consideration of the financial impact of COVID-19 and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis they have continued to adopt the going concern basis when preparing the financial statements.

Rise North East

Trustees' Report

Key Management Personnel

The Board, who give their time freely (and no trustees received remuneration through the year) have considered who the Key Management Personnel (KMP) of the charity are, as noted in the Reference and Administration Details above. Together with the Board, those KMP are those in charge of directing and controlling, running and operating the activities of the charity on a day to day basis. The pay of the KMP is reviewed annually and normally increased annually in line with average cost of living increases. The trustees benchmark against pay levels of other charities and similar organisations within the sector and the region. Pay levels are set using this information together with the budget and forecast information, ensuring that the charity can afford any proposed increases. The Board sets the remuneration of the CEO.

Internal Control & Risk Management

The trustees continue to keep under review all the major risks to which the charity may be exposed. The charity's internal financial controls are designed to provide reasonable assurance against material misstatement or loss. These include:

- Budget planning for the next financial year, starting in October
- Approval of annual budget in May
- Regular consideration by trustees of financial results and variations from budget
- Monitoring of performance against the annual plan
- Delegation of authority and separation of duties

Plans for future periods

Aims and key objectives for future periods

Looking forward to 2021-2022, we will be working hard to implement the first of our two-year Implementation Plans that contribute towards our Rise Together 2021-2031 strategy.

In developing this strategy for the next 10 years, we are setting the road map for the organisation, to help us to continue to strategise as we move through complexity, but be clear on where we want to get to. We will remain strong in our vision but flexible in the detail about how we might get there; our shorter-term Implementation Plans will guide us in more delivery-focused cycles.

The priorities of the Rise Together strategy are:

1. Building Back Fairer - Using physical activity to support communities to move through and past the Covid-19 pandemic and emerge stronger and more resilient.
2. Community Building - Ensuring physical activity supports communities' ability to develop, integrate and thrive.
3. Tackling our Climate Crisis - Physical activity supporting the drive to reduce the rate of global warming and limit climate change.
4. Healthy Minds for Healthy Lives - The role of physical activity in supporting mental wellbeing, as well as physical wellbeing.
5. Harnessing Data, Digital & Tech - Ensuring technological developments are utilised to drive the physical activity agenda forward.
6. Strong & Influential Systems Leadership for Physical Activity - Physical activity has a prominent and sustained place at the strategic table across the systems of our region.

Rise North East

Trustees' Report

Our ten-year strategy is also built around five principles, or approaches (below), that will guide how we set about our work during this period. These principles act as a guide to how we will work going forward, alongside our values, appreciating that how we work in turn leads to what we work on. They are likely to be refined over time depending on prevailing circumstances in order to be adaptive to the systems work within the region. We will be working to ensure that we develop ourselves and our relationships to be able to act in accordance with these principles.

1. Tackling Inequalities - We are humans trying to help humans, and so we will always ask: "How does this piece of work support a reduction in inequality?" We will recommend a proportionate universalism approach to target resources where they are most needed by reason of health or other socio-economic inequalities.
2. Insight - We advocate for the use of intelligence, quantitative and qualitative, as well as shared value, to guide our approaches and those of the wider system in order to ensure the work has the greatest possible impact.
3. Whole System Approaches - We strongly support whole system approaches and take a person-centred stance, advocating for co-creation techniques as standard and demonstrating collaborative leadership behaviours.
4. Learning - We celebrate our collective successes and learn from our collective failures, sharing all learning across the system and recognising that in complex systems, we all need to be comfortable with the chaos and that systems change is a long-term endeavour.
5. Focus With Flexibility - There are many unknown unknowns in the next 10 years; we are focused on our vision but remain flexible in the detail.

In addition to the above, we will be working during 2021-2022 with Sport England and the wider active partnership network to develop a new way of working in partnership to ensure that Rise contributes to the delivery of the aspirations set out in Sport England's Uniting the Movement Strategy, which has strong alignment to our own Rise Together strategic approach. Part of this partnership approach will also involve the discussion of Sport England's systemic funding for the charity for the period 2022-2027.

Going concern

The trustees have prepared a budget and cashflow forecast, including consideration of the financial impact of COVID-19 and have concluded that the charity continues to be a going concern for the foreseeable future. On that basis they have continued to adopt the going concern basis when preparing the financial statements.

Rise North East

Trustees' Report

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Rise North East for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Disclosure of information to auditor

Each trustee has taken steps that they ought to have taken as a trustee in order to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information. The trustees confirm that there is no relevant information that they know of and of which they know the auditor is unaware.

Reappointment of auditor

In accordance with section 485 of the Companies Act 2006, a resolution for the re-appointment of MHA Tait Walker as auditors of the charity is to be proposed at the forthcoming Annual General Meeting.

The annual report was approved by the trustees of the charity on 11/11/2022 and signed on its behalf by:


.....
S Gordon
Trustee

Rise North East

Independent Auditor's Report to the Members of Rise North East

Opinion

We have audited the financial statements of Rise North East (the 'charity') for the year ended 31 March 2021, which comprise the Statement of Financial Activities, Balance Sheet, Statement of Cash Flows, and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2021 and of its incoming resources and application of resources, including its income and expenditure for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

Rise North East

Independent Auditor's Report to the Members of Rise North East

We have nothing to report in this regard.

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Trustees' Report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Trustees' Report has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the company and its environment obtained in the course of the audit, we have not identified material misstatements in the Trustees' Report.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the Statement of Trustees' Responsibilities [set out on page 16], the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Rise North East

Independent Auditor's Report to the Members of Rise North East

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

- Enquiries with management about any known or suspected instances of non-compliance with laws and regulations and fraud;
- Reviewing board minutes
- Challenging assumptions and judgements made by management in their significant accounting estimates;
- Review financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations; and
- Auditing the risk of management override of controls, including through testing journal entries and other adjustments for appropriateness.

Because of the field in which the client operates, we identified the following areas as those most likely to have a material impact on the financial statements: Health and Safety; employment law (including the Working Time Directive); and compliance with the UK Companies Act and Charities Act. We performed a review of the laws and regulations above and did not identify any breaches of these or adverse correspondence with regulators within the financial year.

Owing to the inherent limitations of an audit, there is an unavoidable risk that some material misstatements in the financial statements may not be detected, even though the audit is properly planned and performed in accordance with the ISAs (UK). For instance, the further removed non-compliance is from the events and transactions reflected in the financial statements, the less likely the auditor is to become aware of it or to recognise the non-compliance.

A further description of our responsibilities is available on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Rise North East

Independent Auditor's Report to the Members of Rise North East

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and its trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Simon Brown BA ACA DChA (Senior Statutory Auditor)
For and on behalf of MHA Tait Walker
Chartered Accountants
Statutory Auditor
Bulman House
Regent Centre
Gosforth
Newcastle upon Tyne
NE3 3LS

Date: 12/11/2021

MHA Tait Walker is a trading name of Tait Walker LLP.

Rise North East

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2021 £	Total 2020 £
Income and Endowments from:					
Donations and legacies	3	51	271,251	271,302	545,465
Charitable activities	4	465,763	824,072	1,289,835	809,737
Other trading activities	5	4,000	-	4,000	52,674
Investment income	6	604	-	604	1,518
Total Income		<u>470,418</u>	<u>1,095,323</u>	<u>1,565,741</u>	<u>1,409,394</u>
Expenditure on:					
Raising funds	7	(2,673)	-	(2,673)	(23,433)
Charitable activities	8	<u>(441,268)</u>	<u>(923,503)</u>	<u>(1,364,771)</u>	<u>(903,268)</u>
Total Expenditure		<u>(443,941)</u>	<u>(923,503)</u>	<u>(1,367,444)</u>	<u>(926,701)</u>
Net income		26,477	171,820	198,297	482,693
Transfers between funds		<u>30,615</u>	<u>(30,615)</u>	<u>-</u>	<u>-</u>
Net movement in funds		57,092	141,205	198,297	482,693
Reconciliation of funds					
Total funds brought forward		<u>828,101</u>	<u>282,986</u>	<u>1,111,087</u>	<u>628,394</u>
Total funds carried forward	21	<u>885,193</u>	<u>424,191</u>	<u>1,309,384</u>	<u>1,111,087</u>

All of the charity's activities derive from continuing operations during the above two periods.

Rise North East

Comparative Statement of Financial Activities for the Year Ended 31 March 2020

(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted £	Restricted £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	241,222	304,243	545,465
Charitable activities	4	271,861	537,876	809,737
Other trading activities	5	52,674	-	52,674
Investment income	6	1,518	-	1,518
Total income		<u>567,275</u>	<u>842,119</u>	<u>1,409,394</u>
Expenditure on:				
Raising funds	7	(23,433)	-	(23,433)
Charitable activities	8	<u>(306,517)</u>	<u>(596,751)</u>	<u>(903,268)</u>
Total expenditure		<u>(329,950)</u>	<u>(596,751)</u>	<u>(926,701)</u>
Net income		237,325	245,368	482,693
Transfers between funds		<u>26,182</u>	<u>(26,182)</u>	<u>-</u>
Net movement in funds		263,507	219,186	482,693
Reconciliation of funds				
Total funds brought forward		<u>564,594</u>	<u>63,800</u>	<u>628,394</u>
Total funds carried forward	21	<u>828,101</u>	<u>282,986</u>	<u>1,111,087</u>

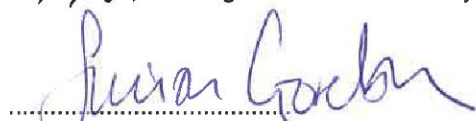
Rise North East

(Registration number: 07176549)

Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	15	20,570	19,885
Current assets			
Debtors	16	49,867	26,406
Cash at bank and in hand	17	1,292,868	1,096,282
		1,342,735	1,122,688
Creditors: Amounts falling due within one year	18	(53,921)	(31,486)
Net current assets		1,288,814	1,091,202
Net assets		1,309,384	1,111,087
Funds of the charity:			
Restricted		424,191	282,986
Unrestricted income funds			
Unrestricted		885,193	828,101
Total funds	21	1,309,384	1,111,087

The financial statements on pages 21 to 43 were approved by the trustees, and authorised for issue on 07/07/2021 and signed on their behalf by:



 S Gordon
 Trustee

Rise North East

Statement of Cash Flows for the Year Ended 31 March 2021

	Note	2021 £	2020 £
Cash flows from operating activities			
Net cash income		198,297	482,693
Adjustments to cash flows from non-cash items			
Depreciation	7	7,784	4,976
Investment income	6	(604)	(1,518)
		<u>205,477</u>	<u>486,151</u>
Working capital adjustments			
(Increase)/decrease in debtors	16	(23,461)	4,688
Increase in creditors	18	22,435	4,465
Decrease in deferred income		-	(4,918)
Net cash flows from operating activities		<u>204,451</u>	<u>490,386</u>
Cash flows from investing activities			
Purchase of tangible fixed assets	15	(9,319)	(13,489)
Sale of tangible fixed assets		850	-
Investment income		<u>604</u>	<u>1,518</u>
Net cash flows from investing activities		<u>(7,865)</u>	<u>(11,971)</u>
Net increase in cash and cash equivalents		196,586	478,415
Cash and cash equivalents at 1 April		<u>1,096,282</u>	<u>617,867</u>
Cash and cash equivalents at 31 March		<u>1,292,868</u>	<u>1,096,282</u>

All of the cash flows are derived from continuing operations during the above two periods.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is: Royal Quays Business Centre, Coble Dene, Royal Quays, North Shields, NE29 6DE

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Rise North East meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

The financial statements have been prepared in Sterling which is the functional currency of the entity.

Going concern

The trustees have considered the financial position in light of the ongoing situation in relation to the Covid-19 virus and on conclusion of this work, given the strong cash balance, consider that there are no material uncertainties about the charity's ability to continue as a going concern.

Estimation uncertainty and judgements

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported.

There are no material estimates or judgements in these financial statements.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Other trading activities

Income from other trading activities is recognised with the delivery of events and services.

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Charitable activities

Income from contracts and supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £200 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Sports Equipment	33% Straight line
Office Equipment	15% Reducing balance
Computer Equipment	33% Reducing balance

Impairment of fixed assets

A review for indicators of impairment is carried out at each reporting date, with the recoverable amount being estimated where such indicators exist. Where the carrying value exceeds the recoverable amount, the asset is impaired accordingly. Prior impairments are also reviewed for possible reversal at each reporting date.

Trade debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provision are normally recognised at their settlement amount after allowing for any trade discounts due.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

Contributions to a defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Donations and legacies;			
Donations from individuals and institutions	51	1,000	1,051
Grants, including capital grants;			
Grants from other charities	-	270,251	270,251
	<u>51</u>	<u>271,251</u>	<u>271,302</u>
	Unrestricted funds General £	Restricted funds £	Total 2020 £
Donations and legacies;			
Donations from individuals and institutions	327	-	327
Grants, including capital grants;			
Grants from other charities	-	81,984	81,984
Transfer from Northumberland Sport	240,895	222,259	463,154
	<u>241,222</u>	<u>304,243</u>	<u>545,465</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

On 1 January 2020, the activities and reserves of Northumberland Sport, a similar organisation operating in Northumberland, were transferred into the charity to create a more efficient entity to cover both geographical areas.

4 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Sport England	465,763	824,072	1,289,835
	Unrestricted funds General £	Restricted funds £	Total 2020 £
Sport England	271,861	537,876	809,737

5 Income from other trading activities

	Unrestricted funds General £	Total 2021 £
Events income;		
Conferences and similar events	4,000	4,000
	4,000	4,000
	Unrestricted funds General £	Total 2020 £
Events income;		
Conferences and similar events	47,706	47,706
Property rental income	2,000	2,000
Other income	2,968	2,968
	52,674	52,674

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

6 Investment income

	Unrestricted funds General £	Total 2021 £
Interest receivable and similar income; Interest receivable on bank deposits	604	604
	<u>604</u>	<u>604</u>
	Unrestricted funds General £	Total 2020 £
Interest receivable and similar income; Interest receivable on bank deposits	1,518	1,518
	<u>1,518</u>	<u>1,518</u>

7 Expenditure on raising funds

a) Costs of generating donations and legacies

	Unrestricted General £	Total 2021 £	Total 2020 £
Course and event costs	2,673	2,673	23,433
	<u>2,673</u>	<u>2,673</u>	<u>23,433</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

8 Expenditure on charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2021 £
Promotion of Sport and health in Tyne & Wear and Northumberland	429,104	920,503	1,349,607
Governance costs	14,837	3,000	17,837
	<u>443,941</u>	<u>923,503</u>	<u>1,367,444</u>

	Unrestricted funds General £	Restricted funds £	Total 2020 £
Promotion of Sport and health in Tyne & Wear and Northumberland	301,776	564,957	866,733
Governance costs	4,741	31,794	36,535
	<u>306,517</u>	<u>596,751</u>	<u>903,268</u>

	Activity undertaken directly £	Activity support costs £	2021 £
Promotion of Sport and health in Tyne and Wear and Northumberland	1,349,607	-	1,349,607
Governance costs	-	17,837	17,837
	<u>1,349,607</u>	<u>17,837</u>	<u>1,367,444</u>

	Activity undertaken directly £	Activity support costs £	2020 £
Promotion of Sport and health in Tyne and Wear and Northumberland	866,753	-	866,753
Governance costs	-	36,535	36,535
	<u>866,753</u>	<u>36,535</u>	<u>903,288</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

9 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Restricted funds £	Total funds £
Audit fees			
Audit of the financial statements	4,320	-	4,320
Legal fees	9,233	3,000	12,233
Allocated support costs	1,284	-	1,284
Total for 2021	14,837	3,000	17,837
Total for 2020	4,741	31,794	36,535
	Unrestricted funds General £	Restricted funds £	Total 2020 £
Audit fees			
Audit of the financial statements	4,080	-	4,080
Legal fees	625	31,794	32,419
Allocated support costs	36	-	36
	4,741	31,794	36,535

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

10 Income received from public investors

	Sports England	Other Grants	Lawn Tennis Association	Non Public Money	Total
Revenue Grant	1,289,835	266,751	3,500	5,655	1,565,741
	1,289,835	266,751	3,500	5,655	1,565,741
Staff Costs Including On Costs	645,937	33,997	500		680,434
Equipment Hire/Purchase	56,073	57,681	175		113,904
Hire of Facilities	3,100	1,728	150		4,978
Promotion and Publicity	9,146	3,470			12,616
Coach Fees/Expenses	540		525		1,065
Transport/ Travel Costs	1,276	176			1,452
Other (Training)	23,246	300			23,526
Other (Office Related Costs & ICT)	48,737	1,000			49,737
Other (Events/Evaluation/Incentives)	375				375
Other (Grants to Local Organisations)	357,969	73,911			431,880
Other (Refreshments and Misc)	15				15
Other (Other Operational Costs)	46,222				46,422
Other - Consultant Costs	1,020				1,020
	1,193,856	172,238	1,350	-	1,367,444

11 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Audit fees	4,320	4,080
Depreciation of fixed assets	7,784	4,976

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

12 Trustees remuneration and expenses

During the year the charity made the following transactions with trustees:

A G Walton

£Nil (2020: £73) of expenses were reimbursed to A G Walton during the year.

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses from the charity during the year.

13 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	550,224	413,810
Social security costs	45,864	29,062
Pension costs	72,410	70,046
	<u>668,498</u>	<u>512,918</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2021 No	2020 No
Management	7	5
Charitable Activities	14	7
	<u>21</u>	<u>12</u>

20 (2020 - 15) of the above employees participated in the Defined Contribution Pension Schemes.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

The number of employees whose emoluments fell within the following bands was:

	2021 No	2020 No
£60,001 - £70,000	<u>1</u>	<u>1</u>

The total employee benefits of the key management personnel of the charity were £184,167 (2020 - £171,075).

14 Taxation

The charity is exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

15 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2020	74,849	74,849
Additions	9,319	9,319
Disposals	<u>(2,713)</u>	<u>(2,713)</u>
At 31 March 2021	<u>81,455</u>	<u>81,455</u>
Depreciation		
At 1 April 2020	54,964	54,964
Charge for the year	7,784	7,784
Eliminated on disposals	<u>(1,863)</u>	<u>(1,863)</u>
At 31 March 2021	<u>60,885</u>	<u>60,885</u>
Net book value		
At 31 March 2021	<u>20,570</u>	<u>20,570</u>
At 31 March 2020	<u>19,885</u>	<u>19,885</u>

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

16 Debtors

	2021 £	2020 £
Trade debtors	37,872	8,849
Prepayments	9,778	10,258
Accrued income	2,217	7,299
	<u>49,867</u>	<u>26,406</u>

17 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	<u>1,292,868</u>	<u>1,096,282</u>

18 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	47,618	15,008
Other creditors	-	10,009
Accruals	6,303	6,469
	<u>53,921</u>	<u>31,486</u>

19 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £72,410 (2020 - £70,046).

Contributions totalling £Nil (2020 - £10,009) were payable to the scheme at the end of the year and are included in creditors.

20 Commitments

Other financial commitments

The charitable company had commitments for operating leases.

The total amount of other financial commitments not provided in the financial statements was £7,680 (2020 - £5,700).

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

21 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Unrestricted					
General					
General Fund	253,590	470,418	(443,941)	(51,385)	228,682
Northumberland Sport	265,511	-	-	-	265,511
	<u>519,101</u>	<u>470,418</u>	<u>(443,941)</u>	<u>(51,385)</u>	<u>494,193</u>
Designated					
Redundancy Fund	106,000	-	-	17,000	123,000
Budgeted Deficits in future Years	132,000	-	-	88,000	220,000
Contingency	71,000	-	-	(23,000)	48,000
	<u>309,000</u>	<u>-</u>	<u>-</u>	<u>82,000</u>	<u>391,000</u>
Total Unrestricted	<u>828,101</u>	<u>470,418</u>	<u>(443,941)</u>	<u>30,615</u>	<u>885,193</u>
Restricted					
TW - Primary Premium	21,849	-	(21,849)	-	-
NS - Primary Premium	12,020	-	(12,020)	-	-
TW - Workforce	-	40,891	(37,659)	-	3,232
NS - Workforce	10,573	60,000	(36,268)	(20,000)	14,305
TW - Satellite Clubs	38,650	122,526	(127,092)	4,437	38,521
NS - Satellite	9,457	56,740	(56,293)	1,961	11,865
SLE	(24,900)	25,920	(1,020)	-	-
NS - School Games	26,437	-	(28,237)	1,800	-
TW - School Games	24,083	-	(26,911)	2,828	-
TW - Leadership and Coaching	3,006	-	(3,006)	-	-
NS - Leadership and Coaching	6,600	-	(6,600)	-	-
Access to Schools	79,655	-	(79,155)	-	500
Active Lives	4,167	-	(4,167)	-	-
NS - Active Lives	-	-	(5,000)	5,000	-
TW - DfE Leadership & Volunteering	1,620	9,000	(6,180)	-	4,440
NS -DfE Leadership & Volunteering	222	8,000	(3,122)	-	5,100
Daily Mile	30,851	27,172	(46,929)	-	11,094

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2021 £
Disability Tennis Network	7,695	3,500	(850)	(500)	9,845
MIND	4,653	7,500	(5,300)	(3,000)	3,853
Royal Foundation - Coach Core	27,334	30,000	(46,945)	(5,000)	5,389
Barclays	-	100,000	(57,304)	(5,000)	37,696
Community Foundation	-	5,000	-	-	5,000
Homelessness	-	32,000	(22,354)	(3,000)	6,646
Police and Crime Commissioner	-	43,000	(352)	(1,000)	41,648
Rugby Football Union – Families Fund	-	18,485	(2,678)	(6,000)	9,807
Tackling Inequalities Fund	-	352,000	(199,834)	500	152,666
Thriving Communities	-	28,591	(14,971)	-	13,620
Chair Recruitment	-	4,800	(4,800)	-	-
Children and Young People Programme	-	106,672	(55,923)	(4,627)	46,122
NS - Core	(986)	-	-	986	-
Bernicia	-	5,000	(5,000)	-	-
County Durham Sport – Infrastructure & Environment	-	8,526	(5,684)	-	2,842
Total restricted	<u>282,986</u>	<u>1,095,323</u>	<u>(923,503)</u>	<u>(30,615)</u>	<u>424,191</u>
Total funds	<u>1,111,087</u>	<u>1,565,741</u>	<u>(1,367,444)</u>	<u>-</u>	<u>1,309,384</u>

The charity has transferred agreed management fees from restricted funds of £23,500. Other transfers are to correct historical errors identified by Sport England on claims from prior years.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

The specific purposes for which the funds are to be applied are as follows:

Sport England – Primary Role

Our main grant from Sport England which focuses on us having a strong granular understanding of our place and people, an ability to broker and facilitate a much wider range of relationships, where necessary supporting projects and relationships on Sport England's behalf, and supporting local authorities by consent.

Sport England – Workforce

A grant from Sport England to deliver an agreed plan to understand and develop the workforce locally to increase the quantity and improve the quality of activities in our local area. This includes establishing attractive volunteering, coaching, education, employment and career pathways, and establishing a workforce that is recognised for providing excellent service.

Sport England – Satellite Clubs

Funding provided to help young people aged 14-19 to become active and create regular activity habits, with a focus on those from under-represented groups. Sport England provide us with programme funding for us to establish and sustain these clubs, as well as capacity funding to manage the programme.

Sport England – Shared Legal Entity Collaboration

Awarded by Sport England to fund work associated with creating a shared legal entity for the legacy Active Partnerships in Northumberland and Tyne and Wear. This work supported the formation of the North North East Active Partnership (now known as Rise North East).

Sport England – School Games

The School Games enables every school and student to participate in competitive sport, including providing meaningful opportunities for disabled young people and young leaders. The competition is made up of four levels: competing with classmates (level 1), competing against other local schools (level 2), competing in county final events (level 3) and a national event (level 4).

Department for Education – Leadership & Coaching

We received funding from Sport England to enhance an existing leadership and volunteering project, or develop a new project, focused on young people from lower-socio economic backgrounds. The investment sought to provide additional training or volunteering opportunities for those young people.

Sport England – Primary School Sport

Sport England continued to commission us to strengthen the links between primary schools and those organisations working in sport both locally and nationally, including the Youth Sport Trust, the Association for Physical Education, local authorities, school games organisers and community organisations. Our role is to work with those primary schools that want or need help to make the most effective use of the additional Primary Premium funding.

Sport England – Access to Schools

Awarded by Sport England to the Charity for us to support schools to open up their sports facilities, in order to broaden the offer of extra-curricular and out of school sporting and physical activities available to pupils in the wider community.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

Sport England - Active Lives

We are supporting Sport England and their research partner Ipsos MORI to gather information about the amount and type of sport and physical activity undertaken by children and young people aged 5 - 16 years across Northumberland and Tyne & Wear. This work is an extension of the Active Lives Survey which initially gathered information from those aged 16+.

Department for Education - Leadership & Volunteering

We receive funding from Sport England to identify, train and deploy volunteers to support the planning, delivery and evaluation of the Level 2 School Games programme as well as other projects.

Sport England - Daily Mile

We received an award from Sport England to recruit and employ a local co-ordinator to increase the number of primary schools signed up to The Daily Mile and delivering this to a high quality.

Disability Tennis Network

The grant we received from the Lawn Tennis Association was funding to manage the NE Disability Tennis network, more specifically to oversee the management and reporting of activity focused on providing tennis opportunities for people with disabilities.

Mind

A successful application to Mind to lead the development of a regional network of sport, physical activity and mental health organisations.

Coach Core

Funded by the Royal Foundation, this is a national apprenticeship programme which involves numerous local employers supporting young people to undertake a 15 month placement with them alongside a Level 2 Community Sports Activator qualification. The charity is responsible for managing and overseeing the programme locally, which will enhance the coaching offer and provide the apprentices with valuable experience.

Barclays

Funding to provide activity packs to thousands of vulnerable households across our region (namely adults on the reablement pathway) to enable them to undertake physical activity in their own homes whilst they are self-isolating or shielding during the coronavirus pandemic.

Community Foundation

Funding to trial a football-based programme in Berwick-upon-Tweed to engage men aged 16-55 years who are experiencing mental health problems.

Homelessness Project

The London Marathon Charitable Trust awarded a grant to numerous Active Partnerships, including us, for the Young People Forward project. The project targets young people aged 16-25, who are homeless or at risk of becoming homeless, and aims to improve their health and wellbeing using the power of sport and physical activity.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

Police and Crime Commissioner

Funding to employ a Link Worker in Berwick-upon-Tweed to work with young people involved within the criminal justice system from an early age. Working in partnership with Youth Offending Teams, the project aims to change young people's lives through the introduction of physical activity as part of their court order and rehabilitation.

Rugby Football Union - Families Fund

Funding aimed at supporting families from lower socio-economic groups to become active together. Underpinning the investment is the need to ensure experiences are fun and enjoyable for children and their wider family.

Sport England - Tackling Inequalities Fund

Funding provided by Sport England to reduce the negative impact of COVID-19 and the widening of inequalities in sport and physical activity. The focus of the programme is to provide funding to community groups so that they can continue to exist and retain the resources and capacity needed to keep people active during the COVID-19 lockdown and recovery stages.

Sport England - Thriving Communities

Through the Thriving Communities Fund we are hosting a Regional Physical Activity Advisor to influence local commissioning strategies and support partners through capacity building to make the best use of, and combine, local resources. The project will seek to improve and increase the range and reach of available social prescribing community activities - especially for those people most impacted by COVID-19 and health inequalities. It is funded by Sport England and some of the local Directors of Public Health.

Sport England - Chair Recruitment

Awarded by Sport England to fund the recruitment costs associated with appointing a new Chair for the Charity.

Sport England - Children and Young People Programme

Funding provided by Sport England to develop and deliver positive experiences for children and young people, improve their attitudes towards sport and physical activity, and aligning this work to our Sport England primary role responsibility. Sport England have provided us with more flexibility and will work with us to develop an approach to reach shared outcomes for children and young people which reflect the needs of our local area.

Bernicia

Funding provided by Bernicia to provide activity packs to their sheltered accommodation schemes to improve residents' mobility and physical and mental wellbeing.

County Durham Sport - Infrastructure & Environment

Funding provided by County Durham Sport to expand the reach of our Infrastructure and Environment Strategic Lead to also deliver their work programme across County Durham.

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

22 Analysis of net assets between funds

	Unrestricted		Restricted	Total funds
	General	Designated		
	£	£	£	£
Tangible fixed assets	20,570	-	-	20,570
Net current assets/(liabilities)	494,193	391,000	424,191	1,309,384
Total net assets	514,763	391,000	424,191	1,329,954

	Unrestricted		Restricted	Total funds at 31 March 2020
	General	Designated		
	£	£	£	£
Tangible fixed assets	19,885	-	-	19,885
Net current assets/(liabilities)	499,216	309,000	282,986	1,091,202
Total net assets	519,101	309,000	282,986	1,111,087

23 Analysis of net funds

	At 1 April 2020	Cash flow	At 31 March
	£	£	2021
			£
Cash at bank and in hand	1,096,282	196,586	1,292,868
Net funds/(debt)	1,096,282	196,586	1,292,868

	At 1 April 2019	Cash flow	At 31 March
	£	£	2020
			£
Cash at bank and in hand	617,867	478,415	1,096,282
Net funds/(debt)	617,867	478,415	1,096,282

Rise North East

Notes to the Financial Statements for the Year Ended 31 March 2021

24 Related party transactions

During the year the charity made the following related party transactions:

Active Families NE CIC

K Brougham is a director of Active Families NE CIC.

The CIC received a Grant of £4,250, through the normal application and approval process.

At the balance sheet date the amount due to/from Active Families NE CIC was £Nil (2020 - £Nil).

K Brougham

K Brougham is the wife of A Brougham, who was part of the key management personnel during the prior year.

K Brougham was paid to make a video on behalf of Rise North East for £80.(2020 -£80). At the balance sheet date the amount due to/from K Brougham was £Nil (2020 - £Nil).