

REGISTERED COMPANY NUMBER: 07027702 (England and Wales)
REGISTERED CHARITY NUMBER: 1133509

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2025
for
Scarborough, Whitby and Ryedale Mind

Ashby Berry Coulsons Ltd
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

Scarborough, Whitby and Ryedale Mind

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Scarborough, Whitby and Ryedale Mind

Reference and Administrative Details for the Year Ended 31 March 2025

Trustees	D Latham (resigned 10.9.24) G K Harper (resigned 8.10.24) S L Thomas J O Hopkins A G Jappy T R Pearson S E Wakelin J Lloyd (appointed 14.1.25)
Chief Executive	S Hall
Registered office	24 Huntriss Row Scarborough North Yorkshire YO11 2EG
Registered company number	07027702 (England and Wales)
Registered charity number	1133509
Independent examiner	Ashby Berry Coulsons Ltd 2 Belgrave Crescent Scarborough North Yorkshire YO11 1UB

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

Objectives and activities

The objective of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

Achievements and performance

2024 -2025 was another incredibly busy year as the team at SWR Mind supported almost two thousand people through a variety of programmes summarised below.

The mental health crisis in our country is well established and people in our community are particularly impacted by a wide range of health inequality issues including financial, employment, housing and social isolation challenges.

A core ethos at SWR Mind is to provide meaningful services that get to the root cause of the issues someone is facing, empowering them to break down the barriers in their own lives and move toward a better quality of life and sustainable mental well-being. We believe individualised support is key.

None of this can be done without our incredible team of staff and volunteers, most of whom have lived experience of many of the challenges the people we support face.

The trustees recruited last year have been fully integrated onto the board and have developed a close working relationship with the Chief Exec and Senior Management Team.

Below is a summary of the services we provide with feedback on their impact. We continue to be extremely grateful for our partners in other small local charities such as Art Therapy Yorkshire, North Yorkshire Music Therapy and Carers Plus, as well as the many other collaborative partnerships.

Children and Young People (CYP)

2024 was the first full year of delivering our pilot mentoring service to young people aged 11-16.

Becca, one of our outreach mentors said:

"It's been so rewarding to hear from so many parents that they feel like they're 'getting their child back' after struggling to find any type of help. It's been incredible watching young people really coming out of their shells and starting to build healthy relationships, especially with some of the young people who are badly bullied at school or don't have any friendship groups within school.

I think we have made some strides with schools beginning to understand the importance of having a trusted person to talk to that's outside the school environment entirely, and some of the schools have given us very positive feedback about the project and the opportunities it is given to young people who are struggling with mental health.

It's been a real privilege to see the journey of some of the young people who we thought we would never manage to get to an activity, finally make that step and you can just see the complete shift in mood, particularly in the activities that had anything to do with animals!!"

We have been lucky enough to secure ongoing funding from the Police and Crime Commissioner and services for young people are a core priority for our strategic plan going forward.

MindSpace (CYP)

The overall aim of the Mindspace programme is to provide lived experience outreach, peer support, and activities to improve the mental health of young people aged 11-16 through 4 key routes:

- 1-2-1 sessions with a lived experience youth worker providing someone trusted to talk about mental health (over 75% occur out of school hours and location)
- Safe spaces to be social and explore new activities (our dry pub) and access mental health learning to build coping strategies and resilience.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

Achievements and performance- continued

- Opportunities to give/receive peer support between attendees and youth volunteer mentors
- Activities not easily accessible/affordable to widen experiences, build confidence, find meaning, raise aspirations and empower young people to explore new ideas, spaces and ambitions.

68 young people accessed 1-2-1, 118 at group activities and over 300 in stress management and exam stress workshops.

94% of young people improved their mental health, 98% rated the activities as excellent/good 96% felt activities improved mood.

28 CYP collaborated on creating a “Young People to Young People Guide” offering mental health advice and information in their own language

Rise to Thrive

Building off the success from our previous programmes, Rise2Thrive, funded by UKSPF, supported both individuals furthest away from work (economically inactive) and individuals within work to rise and thrive in their lives. Working with a partnership of 31 local VCSE organisations we provided 1-2-1 tailored advice, mentoring and employability support, as well as offer specific interventions designed to help break down barriers. This combination of support is designed to improve people’s health, confidence, skills and circumstances moving them closer towards a position where they are thriving in their life and in work.

SWR Mind provided intensive keyworker support and counselling interventions to 32 people with a range of outcomes from returning to work, returning to education, improved employability and better mental health

MindSide

Previously known as Side by Side, once again the National Lottery funded our lived experience support service, providing 1-2-1 peer support and small support groups, focused on Scarborough, Filey and the surrounding villages.

Recommencing in November 2024, MindSide has supported 24 people on a 1-2-1 basis with over 50 people attending the first support groups that commenced in early 2025; Bereavement (Filey), Bereavement (Eastfield), Sketch Walks and Parent Peer Support Groups.

Using SWEMWBS at the outcome measure, 95% of clients report improved mental health.

Wellness Bridge

An innovative approach to tackling mental health, physical health and lifestyle change together. The Wellness Bridge, funded by Humber and North Yorkshire Cancer Alliance, provides

- 1-2-1 support with a lived experience mental health worker
- supported access to a wide range of exercise and activity providers
- long term counselling
- support to engage with cancer and physical health screening

Commencing in October 2024, intensive and holistic support has been provided 1-2-1 with 19 clients and 6 clients are accessing long term, weekly talking therapy with our partners Community Counselling.

94% of clients report improved mental health via the PHQ9 evaluation and thus far, on exit, 100% would recommend the service

Mental Health Transformation

Funded through the Community Mental Health Transformation Programme, 48 people living with serious mental illness (major depressive disorder, bipolar disorder, personality disorder, eating disorder and psychosis) accessed a range of support including 1-2-1 outreach with a lived experience worker, telephone support, counselling, coaching, workshops and music therapy.

Between 82% and 92% of clients reporting improved mental health, dependent on the intervention. 93% of clients rated the service as excellent and the most frequently reported feedback was around the flexibility and personalised tailoring of the service to their individual needs.

Linchpin

Linchpin was set up to provide support to people working and volunteering within the NHS, Local Authority and Voluntary Sector, offering peer support, counselling, art therapy and free wellbeing activities. The most popular aspect was the free of charge wellbeing activities in closed groups (i.e. only attendees from the identified sectors) and people enjoyed a range of options including surfing, clubbercise, yoga and cookery.

This project came to an end in July 2024, having supported over 200 people.

- 84% of people accessing counselling or art therapy reported an improved mental health score. 95% recommended the activities and 97% said they improved their mood.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

Achievements and performance- continued

Get Active

Funded by ASICS, our Get Active project offered support to people experiencing or at risk of experiencing mental illness through physical activity. We also provided training sessions to community activity providers and staff/volunteers working in roles connected to exercise.

Key components included supported access to community provision, taster sessions in a wide range of activities, low level activity groups and customised activity programmes. An extension grant focused on supporting CYP to become more active.

121 people took part in taster sessions. 50 CYP took part in a new activity including climbing, archery, paddleboarding, ziplining and alpaca safaris. 88% participants improved mood through exercise.

Not Just Me

Funded by the Woodsmith Foundation in partnership with Carers Plus Yorkshire, Not Just Me provided social groups and 1-2-1 support for people aged 60+ who are living with long term mental illness in Whitby and Filey.

Coming to an end in July 2024, 182 people accessed the service, including 1-2-1 staff support, volunteer matches or attendance at social and activity groups with a range of different themes from simple coffee and chat to games, arts or trips out to local venues to boost up people's socialising and activity levels.

88% of clients reported improved wellbeing and social connectivity, meeting the core aims of the project which was tackling isolation and supporting people to widen their circle of friendship and acquaintances. 92% of clients rated the service as excellent or very good.

Counselling

Our focus remains on providing longer term counselling to clients where brief intervention isn't appropriate or sufficient which means we have fewer spaces but are able to make more significant impact.

Counselling forms part of a wide range of services including the Linchpin Service, Transformation and the Rise2Thrive employability support that launched in early 2024 but the vast majority is funded from our own core income through fundraising.

In 2024/5, 48 people accessed long term counselling (not as part of other projects). 88% reported a statistically significant improvement in mental health and 6% some improvement (using evidence-based wellbeing scales.) 96% would recommend the counselling to friends and family.

Our Neighbourhood

Our Neighbourhood is delivered in partnership with Carers Plus Yorkshire as part of their wider project tackling isolation. The service isn't mental health specific but aimed at supporting anyone aged 18+ struggling with loneliness and isolation.

38 people were supported through befriending and telephone support and 7 people through volunteer brokering. 98% rated the service as excellent or very good. 78 people accessed poetry workshops, creative writing workshops, art groups and walk & talks.

Telephone Support

Funded from our core running budget, telephone support provides weekly calls to people who are waiting for a service (ours or another providers) or who do not meet the criteria for mental health support from existing services.

We arrange a weekly call with either a staff member or volunteer to check in, provide information, a listening ear and general emotional support. 56 people accessed telephone support and 91% felt it improved their mood.

Cost of Living

Funded via Mind, North Yorkshire Council and a patchwork of small grants, our cost-of-living service provided direct support to over 250 people (more than 1500 since the project began in 2023) through advice and information, vouchers and emergency food, free community activities and guidebooks on cost of living and low cost recipes.

We distributed over £10,000 of emergency support including food, appliances, sanitary provision and household goods alongside more than 500 cost of living handbooks and 150 low-cost recipe books.

Training and Awareness

Part of our core mission is to upskill people across our community around mental health and to tackle stigma and discrimination through providing information about mental health and the impacts it has on both an individual and the wider community.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

Achievements and performance- continued

This year we delivered over 20 awareness and training sessions to more than 250 people through formal training such as mental health first aid to Digital Champion Volunteers, bespoke training for organisations such as Carers Plus Yorkshire on core issues for them such as hoarding and awareness session to social and community groups, schools and colleges. 96% of attendees rate our training as excellent or very good.

Further details are included in a separate Impact Report which does not form part of these accounts.

The trustees have given due regard to public benefit guidance published by the Charity Commission and consider that the activities described above demonstrate how the charity fulfils its responsibilities to provide benefit to the public.

Financial review

The statement of financial activities shows an overall surplus of £21,164 (2024: loss of £60,735).

Total reserves at the year end amounted to £172,172 (2024: £151,008). Of these, £70,308 were restricted funds, leaving a balance of £101,864 in unrestricted funds, all in the form of liquid reserves (2024: £90,572 liquid reserves).

All expenditure during the year fell within the criteria set by the providers of restricted funds.

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure plus any additional known liabilities and potential cessation costs. The trustees have designated an amount of some £50,000 at 31 March 2025, for this purpose.

Structure, governance and management

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting.

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 3 December 2025 and signed on its behalf by:

S L Thomas - Trustee

**Independent Examiner's Report to the Trustees of
Scarborough, Whitby and Ryedale Mind**

Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anna Wiffen FCCA

Ashby Berry Coulsons Ltd
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

3 December 2025

Scarborough, Whitby and Ryedale Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
Income and endowments from					
Donations and legacies	2	75,245	267,546	342,791	249,460
Other trading activities	3	11,307	799	12,106	6,356
Investment income	4	<u>1,223</u>	<u>-</u>	<u>1,223</u>	<u>-</u>
Total		<u>87,775</u>	<u>268,345</u>	<u>356,120</u>	<u>255,816</u>
 Expenditure on					
Charitable activities	5				
Charitable Activities		<u>76,483</u>	<u>258,473</u>	<u>334,956</u>	<u>316,551</u>
 NET INCOME/(EXPENDITURE)		11,292	9,872	21,164	(60,735)
 Reconciliation of funds					
Total funds brought forward		<u>90,572</u>	<u>60,436</u>	<u>151,008</u>	<u>211,743</u>
 Total funds carried forward		<u><u>101,864</u></u>	<u><u>70,308</u></u>	<u><u>172,172</u></u>	<u><u>151,008</u></u>

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet
31 March 2025**

	Notes	2025 £	2024 £
Current assets			
Debtors	12	6,427	2,279
Cash at bank and in hand		<u>191,094</u>	<u>157,618</u>
		197,521	159,897
Creditors			
Amounts falling due within one year	13	<u>(25,349)</u>	<u>(8,889)</u>
Net current assets		<u>172,172</u>	<u>151,008</u>
Total assets less current liabilities		<u>172,172</u>	<u>151,008</u>
NET ASSETS		<u>172,172</u>	<u>151,008</u>
Funds	15		
Unrestricted funds		101,864	90,572
Restricted funds		<u>70,308</u>	<u>60,436</u>
Total funds		<u>172,172</u>	<u>151,008</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3 December 2025 and were signed on its behalf by:

S L Thomas - Trustee

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

1. Accounting policies

Basis of preparing the financial statements

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

Basis of preparing the financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Judgements and key sources of estimation uncertainty

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

1. Accounting policies - continued

Income- continued

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

1. Accounting policies - continued

Expenditure- continued

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 20% straight line or over the life of the associated grant
Computer equipment	- 33% straight line or over the life of the associated grant

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

1. Accounting policies - continued

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

2. Donations and legacies

	2025	2024
	£	£
Donations	16,764	14,891
Gift aid	3,321	-
Legacies	65,773	-
Grants - central and local government	27,405	35,944
Grants - health authorities	61,909	-
Grants - Big Lottery	52,134	10,000
Grants - other	<u>115,485</u>	<u>188,625</u>
	<u>342,791</u>	<u>249,460</u>

£267,546 (2024: £240,329) of the above income was attributable restricted and £75,245 (2024: £9,131) was attributable to unrestricted funds.

There are no unfulfilled conditions attached to grants recognised in income.

3. Other trading activities

	2025	2024
	£	£
Fundraising	2,522	140
Training and other services	<u>9,584</u>	<u>6,216</u>
	<u>12,106</u>	<u>6,356</u>

£799 (2024: nil) of the above income was attributable restricted and £11,307 (2024: £6,356) was attributable to unrestricted funds.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

4. Investment income

	2025	2024
	£	£
Deposit account interest	<u>1,223</u>	<u>-</u>

All the above income was attributable to unrestricted funds.

5. Charitable activities costs

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable Activities	<u>332,226</u>	<u>2,730</u>	<u>334,956</u>
Comparatives for charitable activities costs			
Core activities	<u>313,821</u>	<u>2,730</u>	<u>316,551</u>

£258,473 (2024: £262,601) was attributable to restricted funds and £76,483 (2024: £53,950) to unrestricted funds.

6. Support costs

	Governance costs £
Charitable Activities	<u>2,730</u>

Independent examiner's remuneration

	2025	2024
	£	£
Independent examination of the financial statements current year	<u>2,730</u>	<u>2,580</u>

Governance costs

	2025	2024
	Charitable Activities £	Total activities £
Independent examination	2,730	2,580
AGM expenses	<u>-</u>	<u>150</u>
	<u>2,730</u>	<u>2,730</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

7. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Independent examination	2,730	2,580
Other operating leases	<u>7,800</u>	<u>7,800</u>

8. Trustees' remuneration and benefits

No trustee received any remuneration (2024 - £Nil).

Trustees' expenses

No expenses were reimbursed to the trustees (2024: £Nil).

9. Staff costs

	2025	2024
	£	£
Wages and salaries	206,330	210,212
Social security costs	10,044	9,451
Other pension costs	<u>3,683</u>	<u>4,754</u>
	<u>220,057</u>	<u>224,417</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Full time	8	5
Part time	<u>7</u>	<u>8</u>
	<u>15</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

The full time equivalent number of staff at 31 March 2025 was 11.26 (2024: 9.07).

The total remuneration of key management personnel amounted to £44,099 (2024: £44,877).

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

10. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	9,131	240,329	249,460
Other trading activities	<u>6,356</u>	<u>-</u>	<u>6,356</u>
Total	<u>15,487</u>	<u>240,329</u>	<u>255,816</u>
 Expenditure on			
Charitable activities			
Charitable Activities	<u>53,950</u>	<u>262,601</u>	<u>316,551</u>
 NET INCOME/(EXPENDITURE)	 (38,463)	 (22,272)	 (60,735)
 Reconciliation of funds			
Total funds brought forward	<u>129,035</u>	<u>82,708</u>	<u>211,743</u>
 Total funds carried forward	 <u>90,572</u>	 <u>60,436</u>	 <u>151,008</u>

11. Tangible fixed assets

	Computer equipment £
Cost	
At 1 April 2024 and 31 March 2025	<u>6,348</u>
Depreciation	
At 1 April 2024 and 31 March 2025	<u>6,348</u>
Net book value	
At 31 March 2025	<u><u>-</u></u>
At 31 March 2024	<u><u>-</u></u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

12. Debtors: amounts falling due within one year

	2025	2024
	£	£
Trade debtors	6,427	260
Other debtors	<u>-</u>	<u>2,019</u>
	<u>6,427</u>	<u>2,279</u>

13. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,851	5,146
Other creditors	-	1,013
Accrued expenses	<u>19,498</u>	<u>2,730</u>
	<u>25,349</u>	<u>8,889</u>

14. Analysis of net assets between funds

	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
Current assets	127,213	70,308	197,521	159,897
Current liabilities	<u>(25,349)</u>	<u>-</u>	<u>(25,349)</u>	<u>(8,889)</u>
	<u>101,864</u>	<u>70,308</u>	<u>172,172</u>	<u>151,008</u>

Comparatives for analysis of assets between funds

	Unrestricted Fund £	Restricted Fund £	2024 Total Funds £
Current Assets	99,461	60,436	159,897
Current Liabilities	<u>(8,889)</u>	<u>-</u>	<u>(8,889)</u>
	<u>90,572</u>	<u>60,436</u>	<u>151,008</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

15. Movement in funds

	1 April 2024	Incoming resources	Resources expended	31 March 2025
	£	£	£	£
Unrestricted funds				
General Fund	40,572	87,774	(76,483)	51,864
Reserve	<u>50,000</u>	<u>0</u>	<u>0</u>	<u>50,000</u>
	<u>90,572</u>	<u>87,774</u>	<u>(76,483)</u>	<u>101,864</u>
Restricted funds				
Woodsmith Foundation - Over 65s	5,188	-	(5,188)	-
Awards 4 All - Children & Young People	-	20,000	(5,919)	14,081
National Mind - IT	559	-	(559)	-
Mind- Cost of Living	2,445	2,000	(4,445)	-
NYC Household Support	476	-	(476)	-
Linchpin (Two Ridings Foundation)	13,993	4,994	(18,987)	-
Mind Network	22,501	-	(22,501)	-
Our Neighbourhood	2,600	17,500	(20,100)	-
PFCC	6,588	-	(6,588)	-
Seechange	326	29,752	(30,078)	-
Children & Young People	5,760	11,090	(10,837)	6,013
NYC Creating for Good	-	1,000	(600)	400
National Lottery (Mindside 1-2-1 support)	-	32,134	(22,366)	9,768
Rise 2 Thrive Better Connect	-	25,801	(25,801)	-
Sykes Trust	-	2,500	(2,500)	-
UKSPF North Yorks Council	-	20,450	(10,151)	10,299
Warburtons	-	400	(400)	-
Yorkshire Coast Fund (2 Ridings) CYP	-	4,889	(2,562)	2,327
CMHT Support to Engage	-	2,000	-	2,000
CMHT Transformation (NYC)	-	5,955	(1,195)	4,760
Cancer Innovation Grant	-	49,409	(29,508)	19,901
Hillards	-	1,000	(240)	760
Asics Active Legacy Extension	-	10,000	(10,000)	-
HSF5 Food support	-	3,500	(3,500)	-
Inspire Grant	-	910	(910)	-
Mind Continuity Grant (CYP)	-	10,000	(10,000)	-
NHS Humber and North Yorkshire ICB	-	12,500	(12,500)	-
Skipton Building Society	-	560	(560)	-
	<u>60,436</u>	<u>268,343</u>	<u>(258,471)</u>	<u>70,309</u>

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

15. Movement in funds – continued

Comparatives for analysis of assets between funds

	1 April 2023 £	Incoming resources £	Resources expended £	31 March 2024 £
Unrestricted funds				
General fund	<u>129,035</u>	<u>15,487</u>	<u>(53,950)</u>	<u>90,572</u>
Restricted funds				
NYCC Winter Warmth	2,639	-	(2,639)	-
Food bank	800	-	(800)	-
Counselling	8,121	-	(8,121)	-
Woodsmith Foundation - Over 65s	13,670	21,196	(29,678)	5,188
NYCC CMHT* - Access & Connect	22,697	2,495	(25,192)	-
Postcode Lottery - Mind Talks	19,069	-	(19,069)	-
Mind - Get Active	5,950	13,750	(19,700)	-
Awards 4 All - Children & Young People	1,422	10,000	(11,422)	-
NYCC SEMH* - Children & Young People	4,416	-	(4,416)	-
Good finance = Good health	-	54	(54)	-
National Mind - IT	3,870	-	(3,311)	559
Social Prescribing via Primary Care Networks	-	1,449	(1,449)	-
Mind- Cost of Living	-	18,000	(15,555)	2,445
NHS Humber & N Yorks ICB*	-	2,000	(2,000)	4,416
NYC Household Support	-	10,000	(9,524)	476
Linchpin (Two Ridings Foundation)	-	19,975	(5,982)	13,993
Making a Difference Locally	-	1000	(1,000)	-
Million Hours	-	9,960	(9,960)	-
Mind Network	-	49,848	(27,347)	22,501
Our Neighbourhood	-	17,500	(14,900)	2,600
PFCC	-	20,000	(13,412)	6,588
Seechange	-	30,396	(30,070)	326
Wellbeing	-	7,000	(7,000)	-
Children & Young People	<u>-</u>	<u>5,760</u>	<u>-</u>	<u>5,760</u>
	<u>82,708</u>	<u>240,329</u>	<u>(262,601)</u>	<u>60,436</u>

* SEMH = Social & Emotional Mental Health
CMHT = Community Mental Health Transformation

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

16. Other financial commitments

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

17. Related party disclosures

There were no related party transactions for the year ended 31 March 2025.