



## **Scarborough, Whitby and Ryedale Mind**

Report of the Trustees and  
Unaudited Financial Statements  
For the year ended

31 March 2023

**Registered Company Number: 07027702**  
**Registered Charity Number: 1133509**

**Ashby Berry Coulsons**

Chartered Accountants  
*Two Belgrave Crescent*  
*Scarborough*

# **Scarborough, Whitby and Ryedale Mind**

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## **Scarborough, Whitby and Ryedale Mind**

### **Reference and Administrative Details for the Year Ended 31 March 2023**

|                                  |   |                           |
|----------------------------------|---|---------------------------|
| <b>Trustees</b>                  | C Miles   |                           |
|                                  | D Latham  |                           |
|                                  | C Swaine  | Resigned 11 June 2022     |
|                                  | G K Harper  |                           |
|                                  | S L Thomas  |                           |
|                                  | A Rose  | Resigned 12 December 2022 |
| <b>Chief Executive</b>           | S Hall  |                           |
| <b>Registered office</b>         | 24 Huntriss Row<br>Scarborough<br>North Yorkshire<br>YO11 2EG                             |                           |
| <b>Registered company number</b> | 07027702 (England and Wales)  |                           |
| <b>Registered charity number</b> | 1133509   |                           |
| <b>Independent examiner</b>      | Ashby Berry Coulsons<br>2 Belgrave Crescent<br>Scarborough<br>North Yorkshire<br>YO11 1UB |                           |

## **Scarborough, Whitby and Ryedale Mind**

### **Report of the Trustees for the Year Ended 31 March 2023**

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

#### **Objectives and activities**

The objective of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

#### **Achievements and Performance**

##### **Children and Young People**

This year was the first full year of delivering our pilot mentoring service to young people aged 11-16 who accessed mentoring 1-2-1 with youth mentors (both paid staff and voluntary), monthly "dry pub" sessions which were a relaxed opportunity to just hang out, chat or take part in informal activities. The final element was a programme of activities designed to boost self-esteem, confidence and gain new experiences. 62 young people accessed at least one element of the service with support for 9 parents alongside, all supported by volunteer youth mentors who gave over 500 hours of their time to support the activities. The service design was coproduced with over 400 young people and a small number of partners and stakeholders such as staff within schools.

Becca, one of our outreach mentors said "It's been so rewarding to hear from so many parents that they feel like they're 'getting their child back' after struggling to find any type of help. It's been incredible watching young people really coming out of their shells and starting to build healthy relationships, especially with some of the young people who are badly bullied at school or don't have any friendship groups within school. I think we have made some strides with schools beginning to understand the importance of having a trusted person to talk to that is outside the school environment entirely and some of the schools have given us very positive feedback about the project and the opportunities it is given to young people who are struggling with mental health. It's been a real privilege to see the journey of some of the young people who we thought we would never manage to get to an activity, finally make that step and you can just see the complete shift in mood, particularly in the activities that had anything to do with animals!!"

We have been lucky enough to secure ongoing funding from the Police and Crime Commissioner and services for young people are a core priority for our strategic plan going forward.

#### **Cost of Living**

Building on our work as the CSO (Community Support Organisation), our Cost of Living Fund has gone from strength to strength, helping to co-ordinate warm spaces, organise emergency food, vouchers, bedding, menstrual products etc. We secured funding towards the end of the year for ongoing provision of urgent supplies and further funding from Mind to run a cost of living service which has supported hundreds of people directly and through partnership work with organisations such as the Rainbow Centre and Housing Options; distributing over £15,000 of food, menstrual and hygiene products alongside small, lower energy appliances.

## **Scarborough, Whitby and Ryedale Mind**

### **Report of the Trustees for the Year Ended 31 March 2023**

#### **Achievement and performance - continued**

##### **Side by Side**

This last year of the service finally saw us be able to return (mostly!) to delivering the service as envisaged rather than a slightly modified, Covid appeasing version. Support was provided to 181 people during the year as a mix of face to face appointments, telephone support (ongoing), workshops, one off support and drop in's. The telephone support worker has also been the single point of contact for over 1800 calls and emails across the year providing a range of signposting, advice, information and in some cases advocacy such as contacting GP's on behalf of clients who have been unable to get referrals to the CMHT or medication reviews. The popularity of the service was unabashed and we closed referrals in spring (later re-opening briefly to a small number of partners on a case by case basis) with more than 100 enquiries/referrals after spring that we were not able to accept. The service, as always, has continued to keep making a difference to a wide demographic of people experiencing mental illness, although perhaps most notably, the demand in Scarborough itself is consistently and significantly increasing as people in coastal areas seem to have been more greatly affected by the impact of Covid and cost of living in terms of mental illness.

##### **MindTalks**

Funded by the Postcode Lottery, MindTalks are a programme of Recovery focused workshops led by a lived experience facilitator, bringing people together to learn new coping skills, be proactive about their own wellbeing. The workshops empower sharing of experiences, learning from others and making new connections and are split into two main programmes:

Introduction to Mental Health - A 6-week course introducing topics (chosen by attendees from a list of 12) such as food/mood and building self-esteem.

Moving on with Mental Health - A 6-week programme of workshops providing further insight into additional complex issues such as building friendships and keeping safe, and the use of practical coping strategies helping you to move on.

Delivery began in December 2021 with the first workshops in January 2023 and 24 attended before 31st March. 98% of attendees would recommend the sessions to others and 94% felt they had improved understanding of their own mental health and new coping strategies.

##### **Telephone Support**

Our team answered over 1,000 calls across the year providing immediate support, information and onward referrals for more appropriate services. Our team of volunteers made over 500 support calls with people who struggle to access services, providing a regular weekly check in and chat.

##### **Get Active**

Funded by ASICS, our Get Active programme of sports, exercise and general activity began in January with 48 attendees at events across the first quarter of the year.

##### **Wellbeing Partnership**

Our role in the wellbeing partnership came to an end in 2023 as the Primary Care Networks felt the mental health specific role was no longer needed. Our mental health practitioners and social prescribers supported over 900 people since the service began during Covid, a large proportion of which with severe and enduring mental illness with very positive feedback from clients apart from the long waiting lists! Thankfully, funding through Transformation allowed us to carry on a similar intervention on a much smaller scale beginning in March to run through to March 2024, focusing solely on clients with a serious mental illness.

##### **Counselling**

Our long term counselling supported 49 individuals with 1-2-1 counselling, between 12 and 24 sessions per client with 93% of clients indicating improved mental health using the evidence based Mind outcome evaluation scales.

## **Scarborough, Whitby and Ryedale Mind**

### **Report of the Trustees for the Year Ended 31 March 2023**

#### **Achievement and performance - continued**

##### **Training**

We delivered over 30 training workshops to businesses, voluntary sector organisations and educational establishments including bespoke sessions on hoarding, motivational interviewing alongside nationally recognised qualifications such as First Aid for Mental Health and Youth First Aid for Mental Health.

##### **Hate Crime Support**

We became the first new Hate Crime Reporting Centre in November 2022, providing support to report any incidents of hate through the appropriate channels and facilitate access to support for victims of hate crime. We continue to deliver hate crime awareness training to other community groups and raise awareness of hate crime and incidents as part of our general mental health awareness strategy.

##### **Good Finance=Good Health**

After many successful years, this project ended in March 23. A project that over the years has assisted hundreds of clients enabling them to stay engaged with the citizens' advice services.

The trustees have given due regard to public benefit guidance published by the Charity Commission and consider that the activities described above demonstrate how the charity fulfils its responsibilities to provide benefit to the public.

##### **Financial review**

The statement of financial activities shows an overall surplus of £73,705 (2022: £33,626).

Total reserves at the year end amounted to £211,743 (2022: £138,038). Of these, £82,708 were restricted funds, leaving a balance of £129,035 in unrestricted funds, all in the form of liquid reserves (2022: £60,441 liquid reserves). The unrestricted funds available at 31 March 2023 have been drawn on in 2023-24 to support the charity's services as some of the restricted funding streams have come to an end.

All expenditure during the year fell within the criteria set by the providers of restricted funds.

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure plus any additional known liabilities and potential cessation costs. The trustees estimate this to amount to some £40,000 at 31 March 2023.

##### **Structure, governance and management**

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting.

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

**Scarborough, Whitby and Ryedale Mind**

**Report of the Trustees  
for the Year Ended 31 March 2023**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 December 2023 and signed on its behalf by:

.....  
D Latham - Trustee

## **Independent Examiner's Report to the Trustees of Scarborough, Whitby and Ryedale Mind**

### **Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

#### **Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

#### **Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the **\*\*ERROR - relevant professional body must be completed\*\***, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anne Mead BSc FCA

Ashby Berry Coulsons  
2 Belgrave Crescent  
Scarborough  
North Yorkshire  
YO11 1UB

Date: 12 December 2023



**Scarborough, Whitby and Ryedale Mind**

**Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the Year Ended 31 March 2023**

|  | Notes | Unrestricted<br>fund<br>£    | Restricted<br>fund<br>£     | 2023<br>Total<br>funds<br>£  | 2022<br>Total<br>funds<br>£ |
|--|-------|------------------------------|-----------------------------|------------------------------|-----------------------------|
| <b>Income and endowments from</b>      |       |                              |                             |                              |                             |
| Donations and legacies                 | 2     | <b>58,353</b>                | <b>335,085</b>              | <b>393,438</b>               | 362,552                     |
| Other trading activities               | 3     | <u><b>9,779</b></u>          | <u>-</u>                    | <u><b>9,779</b></u>          | <u>2,654</u>                |
| <b>Total</b>                           |       | <u><b>68,132</b></u>         | <u><b>335,085</b></u>       | <u><b>403,217</b></u>        | <u>365,206</u>              |
| <br><b>Expenditure on</b>              |       |                              |                             |                              |                             |
| <b>Charitable activities</b>           | 4     |                              |                             |                              |                             |
| Charitable Activities                  |       | <u>-</u>                     | <u><b>329,512</b></u>       | <u><b>329,512</b></u>        | <u>331,580</u>              |
| <br><b>NET INCOME</b>                  |       | <b>68,132</b>                | <b>5,573</b>                | <b>73,705</b>                | 33,626                      |
| <br><b>Reconciliation of funds</b>     |       |                              |                             |                              |                             |
| Total funds brought forward            |       | <u><b>60,903</b></u>         | <u><b>77,135</b></u>        | <u><b>138,038</b></u>        | <u>104,412</u>              |
| <br><b>Total funds carried forward</b> |       | <u><u><b>129,035</b></u></u> | <u><u><b>82,708</b></u></u> | <u><u><b>211,743</b></u></u> | <u><u>138,038</u></u>       |

The notes form part of these financial statements

**Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)**

**Balance Sheet  
31 March 2023**

|  | Notes | 2023<br>£             | 2022<br>£      |
|--|-------|-----------------------|----------------|
| <b>Fixed assets</b>                          |       |                       |                |
| Tangible assets                              | 10    | -                     | 462            |
| <b>Current assets</b>                        |       |                       |                |
| Debtors                                      | 11    | <b>18,659</b>         | 18,688         |
| Cash at bank and in hand                     |       | <b><u>256,262</u></b> | <u>175,879</u> |
|  |       | <b>274,921</b>        | 194,567        |
| <b>Creditors</b>                             |       |                       |                |
| Amounts falling due within one year          | 12    | <b>(63,178)</b>       | (56,991)       |
|  |       |                       |                |
| <b>Net current assets</b>                    |       | <b><u>211,743</u></b> | <u>137,576</u> |
|  |       |                       |                |
| <b>Total assets less current liabilities</b> |       | <b>211,743</b>        | 138,038        |
|  |       |                       |                |
| <b>NET ASSETS</b>                            |       | <b><u>211,743</u></b> | <u>138,038</u> |
|  |       |                       |                |
| <b>Funds</b>                                 | 14    |                       |                |
| Unrestricted funds                           |       | <b>129,035</b>        | 60,903         |
| Restricted funds                             |       | <b><u>82,708</u></b>  | <u>77,135</u>  |
|  |       |                       |                |
| <b>Total funds</b>                           |       | <b><u>211,743</u></b> | <u>138,038</u> |

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**Balance Sheet - continued  
31 March 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 December 2023 and were signed on its behalf by:

.....  
D Latham - Trustee

## **Scarborough, Whitby and Ryedale Mind**

### **Notes to the Financial Statements for the Year Ended 31 March 2023**

#### **1. Accounting policies**

##### **Basis of preparing the financial statements**

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

##### **Basis of preparing the financial statements**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

##### **Judgements and key sources of estimation uncertainty**

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

##### **Funds**

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

##### **Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

## **Scarborough, Whitby and Ryedale Mind**

### **Notes to the Financial Statements - continued for the Year Ended 31 March 2023**

#### **1. Accounting policies - continued**

##### **Income**

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

##### **Donated services and facilities**

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

##### **Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

## **Scarborough, Whitby and Ryedale Mind**

### **Notes to the Financial Statements - continued for the Year Ended 31 March 2023**

#### **1. Accounting policies - continued**

##### **Expenditure**

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

##### **Irrecoverable VAT**

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

##### **Tangible fixed assets**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

|                                  |  |
|----------------------------------|--|
| Fixtures, fittings and equipment | - 10% straight line or over the life of the associated grant |
| Computer equipment               | - 25% straight line  |

##### **Debtors and creditors**

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

##### **Provisions**

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

##### **Leases**

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

##### **Employee benefits**

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

##### **Taxation**

The charity is exempt from corporation tax on its charitable activities.

## Scarborough, Whitby and Ryedale Mind

### Notes to the Financial Statements - continued for the Year Ended 31 March 2023

#### 1. Accounting policies - continued

##### Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

#### 2. Donations and legacies

|                                       | 2023           | 2022           |
|---------------------------------------|----------------|----------------|
|                                       | £              | £              |
| Donations                             | 10,780         | 10,438         |
| Legacies                              | -              | 457            |
| Grants - central and local government | 96,744         | 49,958         |
| Grants - Big Lottery                  | 91,560         | 111,244        |
| Grants - other                        | <u>194,354</u> | <u>190,455</u> |
|                                       | <u>393,438</u> | <u>362,552</u> |

£335,085 (2022: £343,657) of the above income was attributable to restricted and £58,353 (2022: £18,895) was attributable to unrestricted funds.

There are no unfulfilled conditions attached to grants recognised in income.

#### 3. Other trading activities

|                             | 2023         | 2022         |
|-----------------------------|--------------|--------------|
|                             | £            | £            |
| Fundraising                 | 268          | 689          |
| Training and other services | <u>9,511</u> | <u>1,965</u> |
|                             | <u>9,779</u> | <u>2,654</u> |

All the above income for the current and preceding year was attributable to unrestricted funds.

**Scarborough, Whitby and Ryedale Mind**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**4. Charitable activities costs**

|                       | Direct<br>Costs<br>£  | Support<br>costs (see<br>note 5)<br>£ | Totals<br>£           |
|-----------------------|-----------------------|---------------------------------------|-----------------------|
| Charitable Activities | <u><b>326,782</b></u> | <u><b>2,730</b></u>                   | <u><b>329,512</b></u> |

**Comparatives for charitable activities costs**

|                 |                |              |                |
|-----------------|----------------|--------------|----------------|
| Core activities | <u>328,970</u> | <u>2,610</u> | <u>331,580</u> |
|-----------------|----------------|--------------|----------------|

All expenditure during the year fell within the criteria set by the providers of restricted funds. (2022 £330,517) was attributable to restricted funds and 2022: £1,063 to unrestricted funds.

**5. Support costs**

|                       | Governance<br>costs<br>£ |
|-----------------------|--------------------------|
| Charitable Activities | <u><b>2,730</b></u>      |

Support costs, included in the above, are as follows:

**Governance costs**

|                         | 2023<br>Charitable<br>Activities<br>£ | 2022<br>Total<br>activities<br>£ |
|-------------------------|---------------------------------------|----------------------------------|
| Independent examination | <u><b>2,730</b></u>                   | <u><b>2,610</b></u>              |

**Independent examiner's remuneration**

|  | 2023<br>£           | 2022<br>£           |
|--|---------------------|---------------------|
| Independent examination of the financial statements current year | <u><b>2,730</b></u> | <u><b>2,610</b></u> |



**Scarborough, Whitby and Ryedale Mind**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**6. Net income/(expenditure)**

Net income/(expenditure) is stated after charging/(crediting):

|                             | <b>2023</b>         | 2022         |
|-----------------------------|---------------------|--------------|
|                             | £                   | £            |
| Independent examination     | <b>2,730</b>        | 2,610        |
| Depreciation - owned assets | <b>462</b>          | 939          |
| Other operating leases      | <b><u>7,800</u></b> | <u>7,292</u> |

**7. Trustees' remuneration and benefits**

No trustee received any remuneration (2022 - £Nil).

**Trustees' expenses**

No expenses were reimbursed to the trustees (2022: £Nil).

**8. Staff costs**

|                       | <b>2023</b>           | 2022           |
|-----------------------|-----------------------|----------------|
|                       | £                     | £              |
| Wages and salaries    | <b>223,321</b>        | 225,436        |
| Social security costs | <b>10,376</b>         | 11,806         |
| Other pension costs   | <b><u>4,728</u></b>   | <u>5,244</u>   |
|                       | <b><u>238,425</u></b> | <u>242,486</u> |

The average monthly number of employees during the year was as follows:

|           | <b>2023</b>      | 2022      |
|-----------|------------------|-----------|
| Full time | <b>5</b>         | 8         |
| Part time | <b><u>9</u></b>  | <u>6</u>  |
|           | <b><u>14</u></b> | <u>14</u> |

No employees received emoluments in excess of £60,000.

The full time equivalent number of staff at 31 March 2023 was 9.48 (2022:10.92).

The total remuneration of key management personnel amounted to £40,420 (2022: £47,004).

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

**Scarborough, Whitby and Ryedale Mind**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**9. Comparatives for the statement of financial activities**

|  | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | Total<br>funds<br>£   |
|--|---------------------------|-------------------------|-----------------------|
| <b>Income and endowments from</b>      |                           |                         |                       |
| Donations and legacies                 | 18,895                    | 343,657                 | 362,552               |
| Other trading activities               | <u>2,654</u>              | <u>-</u>                | <u>2,654</u>          |
| <b>Total</b>                           | <u>21,549</u>             | <u>343,657</u>          | <u>365,206</u>        |
| <br><b>Expenditure on</b>              |                           |                         |                       |
| <b>Charitable activities</b>           |                           |                         |                       |
| Charitable Activities                  | <u>1,063</u>              | <u>330,517</u>          | <u>331,580</u>        |
| <br><b>NET INCOME</b>                  | 20,486                    | 13,140                  | 33,626                |
| <br><b>Reconciliation of funds</b>     |                           |                         |                       |
| Total funds brought forward            | <u>40,417</u>             | <u>63,995</u>           | <u>104,412</u>        |
| <br><b>Total funds carried forward</b> | <u><u>60,903</u></u>      | <u><u>77,135</u></u>    | <u><u>138,038</u></u> |

**10. Tangible fixed assets**

|                           | Fixtures<br>and<br>fittings<br>£ | Computer<br>equipment<br>£ | Totals<br>£         |
|---------------------------|----------------------------------|----------------------------|---------------------|
| <b>Cost</b>               |                                  |                            |                     |
| At 1 April 2022           | <b>828</b>                       | <b>6,628</b>               | <b>7,456</b>        |
| Disposals                 | <u>(828)</u>                     | <u>(280)</u>               | <u>(1,108)</u>      |
| At 31 March 2023          | <u>-</u>                         | <u><b>6,348</b></u>        | <u><b>6,348</b></u> |
| <br><b>Depreciation</b>   |                                  |                            |                     |
| At 1 April 2022           | <b>828</b>                       | <b>6,166</b>               | <b>6,994</b>        |
| Charge for year           | -                                | <b>462</b>                 | <b>462</b>          |
| Eliminated on disposal    | <u>(828)</u>                     | <u>(280)</u>               | <u>(1,108)</u>      |
| At 31 March 2023          | <u>-</u>                         | <u><b>6,348</b></u>        | <u><b>6,348</b></u> |
| <br><b>Net book value</b> |                                  |                            |                     |
| At 31 March 2023          | <u>-</u>                         | <u>-</u>                   | <u>-</u>            |
| At 31 March 2022          | <u>-</u>                         | <u>462</u>                 | <u>462</u>          |

**Scarborough, Whitby and Ryedale Mind**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**11. Debtors: amounts falling due within one year**

|               | <b>2023</b>          | 2022                 |
|---------------|----------------------|----------------------|
|               | £                    | £                    |
| Other debtors | <u><b>18,659</b></u> | <u><b>18,688</b></u> |

**12. Creditors: amounts falling due within one year**

|                  | <b>2023</b>          | 2022                 |
|------------------|----------------------|----------------------|
|                  | £                    | £                    |
| Trade creditors  | <b>29,609</b>        | 8,521                |
| Other creditors  | <b>839</b>           | 960                  |
| Deferred income  | <b>30,000</b>        | 41,839               |
| Accrued expenses | <u><b>2,730</b></u>  | <u><b>5,671</b></u>  |
|                  | <u><b>63,178</b></u> | <u><b>56,991</b></u> |

**13. Analysis of net assets between funds**

|                     | Unrestricted<br>fund<br>£ | Restricted<br>fund<br>£ | <b>2023</b><br>Total<br>funds<br>£ | 2022<br>Total<br>funds<br>£ |
|---------------------|---------------------------|-------------------------|------------------------------------|-----------------------------|
| Fixed assets        | -                         | -                       | -                                  | 462                         |
| Current assets      | <b>151,789</b>            | <b>123,132</b>          | <b>274,921</b>                     | 194,567                     |
| Current liabilities | <u><b>(22,754)</b></u>    | <u><b>(40,424)</b></u>  | <u><b>(63,178)</b></u>             | <u><b>(56,991)</b></u>      |
|                     | <u><b>129,035</b></u>     | <u><b>82,708</b></u>    | <u><b>211,743</b></u>              | <u><b>138,038</b></u>       |

Comparatives for analysis of assets between funds

|                     | Unrestricted<br>Fund<br>£ | Restricted<br>Fund<br>£ | 2022<br>Total Funds<br>£ |
|---------------------|---------------------------|-------------------------|--------------------------|
| Fixed Assets        | 462                       | -                       | 462                      |
| Current Assets      | 62,228                    | 132,339                 | 194,567                  |
| Current Liabilities | <u>(1,787)</u>            | <u>(55,204)</u>         | <u>(56,991)</u>          |
|                     | <u><b>60,903</b></u>      | <u><b>77,135</b></u>    | <u><b>138,038</b></u>    |

# Scarborough, Whitby and Ryedale Mind

## Notes to the Financial Statements - continued for the Year Ended 31 March 2023

### 14. Movement in funds

|  | 1 April 2022<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | 31 March 2023<br>£ |
|--|-------------------|----------------------------|----------------------------|--------------------|
| <b>Unrestricted funds</b>                      |                   |                            |                            |                    |
| General fund                                   | <u>36,903</u>     | <u>68,132</u>              | <u>-</u>                   | <u>129,035</u>     |
| <b>Restricted funds</b>                        |                   |                            |                            |                    |
| National Lottery Community Fund - Side by Side | 8,142             | 83,225                     | (91,367)                   | -                  |
| NYCC - Covid Hub                               | 49,806            | -                          | (49,806)                   | -                  |
| NYCC Winter Warmth                             | -                 | 10,000                     | (7,361)                    | 2,639              |
| Food bank                                      | -                 | 5,400                      | (4,600)                    | 800                |
| Counselling                                    | 11,944            | 10,998                     | (14,821)                   | 8,121              |
| Sirius Minerals - Regroup & Rebuild            | 1,440             | -                          | (1,440)                    | -                  |
| Woodsmith Foundation – Over 65s                | -                 | 32,000                     | (18,330)                   | 13,670             |
| NYCC CMHT* - Access & Connect                  | -                 | 29,944                     | (7,247)                    | 22,697             |
| Postcode Lottery - Mind Talks                  | -                 | 24,571                     | (5,502)                    | 19,069             |
| Mind - Get Active                              | -                 | 11,750                     | (5,800)                    | 5,950              |
| Awards 4 All - Children & Young People         | -                 | 8,335                      | (6,913)                    | 1,422              |
| NYCC SEMH* - Children & Young People           | -                 | 20,000                     | (15,584)                   | 4,416              |
| Social Prescribing via Primary Care Networks   | -                 | 59,407                     | (59,407)                   | -                  |
| Social Prescribing via Age UK                  | -                 | 17,876                     | (17,876)                   | -                  |
| Good finance = Good health                     | -                 | 12,671                     | (12,617)                   | 54                 |
| National Mind - IT                             | <u>5,803</u>      | <u>8,908</u>               | <u>(10,841)</u>            | <u>3,870</u>       |
|  | <u>77,135</u>     | <u>335,085</u>             | <u>(329,512)</u>           | <u>82,708</u>      |

\* SEMH = Social & Emotional Mental Health  
CMHT = Community Mental Health Transformation

**Scarborough, Whitby and Ryedale Mind**

**Notes to the Financial Statements - continued  
for the Year Ended 31 March 2023**

**14. Movement in funds - continued**

Comparatives for analysis of assets between funds

|   | 1 April 2022<br>£ | Incoming<br>resources<br>£ | Resources<br>expended<br>£ | 31 March 2023<br>£ |
|---|-------------------|----------------------------|----------------------------|--------------------|
| <b>Unrestricted funds</b>                         |                   |                            |                            |                    |
| General fund                                      | <u>40,417</u>     | <u>21,549</u>              | <u>(1,063)</u>             | <u>60,903</u>      |
| <b>Restricted funds</b>                           |                   |                            |                            |                    |
| National Lottery Community<br>Fund - Side by Side | 20,939            | 111,244                    | (124,041)                  | 8,142              |
| NYCC - Covid Hub                                  | 28,663            | 36,000                     | (14,857)                   | 49,806             |
| Counselling via Covid Hub                         | 9,279             | 14,958                     | (12,293)                   | 11,944             |
| Sirius Minerals - Regroup &<br>Rebuild            | -                 | 9,412                      | (7,972)                    | 1,440              |
| Mental Health Support Worker                      |                   | 18,750                     | (18,750)                   | -                  |
| Social Prescribing                                | -                 | 82,738                     | (82,738)                   | -                  |
| Social Prescribing via Age UK                     | -                 | 33,405                     | (33,405)                   | -                  |
| Good finance = Good health                        | -                 | 17,838                     | (17,838)                   | -                  |
| Money in Mind                                     | 1,081             | 14,647                     | (15,728)                   | -                  |
| Awards 4 All - Children &<br>Young People         | -                 | 1,665                      | (1,665)                    | -                  |
| National Mind -Office & IT                        | <u>4,033</u>      | <u>3,000</u>               | <u>(1,230)</u>             | <u>5,803</u>       |
|   | <u>63,995</u>     | <u>343,657</u>             | <u>(330,517)</u>           | <u>77,135</u>      |

**15. Other financial commitments**

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

**16. Related party disclosures**

There were no related party transactions for the year ended 31 March 2023.