

Scarborough, Whitby and Ryedale Mind

England & Wales · Charity number 1133509

Details

Other names SCARBOROUGH, WHITBY & RYEDALE MIND, SWR MIND

Status Registered

Legal form Charitable company

Company number [07027702](#)

Registered 2010-01-12

Register [View on the Charity Commission register](#)

Contact

Address First Floor
24 Huntriss Row
Scarborough
North Yorkshire
YO11 2EG

Phone 01723339838

Email info@swrmind.org.uk

Website www.swrmind.org.uk

Activities

Objects: TO PROMOTE IN SCARBOROUGH, WHITBY & RYEDALE AND THEIR SURROUNDS ('AREA OF BENEFIT') THE PRESERVATION AND SAFEGUARDING OF MENTAL HEALTH AND THE RELIEF OF PERSONS SUFFERING FROM MENTAL DISORDER OR CONDITIONS OF EMOTIONAL OR MENTAL DISTRESS REQUIRING ADVICE OR TREATMENT, IN ASSOCIATION WITH MIND (NATIONAL ASSOCIATION OF MENTAL HEALTH) AND IN ACCORDANCE WITH THE AIMS, OBJECTS AND POLICIES OF MIND.

Activities: Scarborough, Whitby and Ryedale Mind aim to raise awareness and put an end to stigma associated with mental ill health. Providing mental health information, support, training, and advocacy across Scarborough, Whitby, and Ryedale. We offer resources, compassionate support, expert-led training, and amplify voices to create a more informed, supportive community where mental health matters.

Classification

- **How:** Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** SCARBOROUGH, WHITBY, RYEDALE AND THEIR SURROUNDS
- North Yorkshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£356,120	£334,956	-	-
2024-03-31	£255,816	£316,551	-	-
2023-03-31	£403,217	£329,512	-	-
2022-03-31	£365,206	£331,580	-	-
2021-03-31	£313,452	£237,930	-	-

Trustees

Name	Role	Appointed
Alan Gerard Jappy		2023-12-12
Jake Hopkins		2023-12-12
James Lloyd		2025-01-14
Shirley Wakelin		2023-12-12
Stacey Louise Thomas		2020-02-17
Timothy Richard Pearson		2023-12-12

Scarborough, Whitby and Ryedale Mind

England & Wales - Charity number 1133509

Accounts

REGISTERED COMPANY NUMBER: 07027702 (England and Wales)
REGISTERED CHARITY NUMBER: 1133509

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2025
for
Scarborough, Whitby and Ryedale Mind**

Ashby Berry Coulsons Ltd
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

Scarborough, Whitby and Ryedale Mind

**Contents of the Financial Statements
for the Year Ended 31 March 2025**

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Scarborough, Whitby and Ryedale Mind

Reference and Administrative Details for the Year Ended 31 March 2025

Trustees	D Latham (resigned 10.9.24) G K Harper (resigned 8.10.24) S L Thomas J O Hopkins A G Jappy T R Pearson S E Wakelin J Lloyd (appointed 14.1.25)
Chief Executive	S Hall
Registered office	24 Huntriss Row Scarborough North Yorkshire YO11 2EG
Registered company number	07027702 (England and Wales)
Registered charity number	1133509
Independent examiner	Ashby Berry Coulsons Ltd 2 Belgrave Crescent Scarborough North Yorkshire YO11 1UB

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2025. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

Objectives and activities

The objective of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

Achievements and performance

2024 -2025 was another incredibly busy year as the team at SWR Mind supported almost two thousand people through a variety of programmes summarised below.

The mental health crisis in our country is well established and people in our community are particularly impacted by a wide range of health inequality issues including financial, employment, housing and social isolation challenges.

A core ethos at SWR Mind is to provide meaningful services that get to the root cause of the issues someone is facing, empowering them to break down the barriers in their own lives and move toward a better quality of life and sustainable mental well-being. We believe individualised support is key.

None of this can be done without our incredible team of staff and volunteers, most of whom have lived experience of many of the challenges the people we support face.

The trustees recruited last year have been fully integrated onto the board and have developed a close working relationship with the Chief Exec and Senior Management Team.

Below is a summary of the services we provide with feedback on their impact. We continue to be extremely grateful for our partners in other small local charities such as Art Therapy Yorkshire, North Yorkshire Music Therapy and Carers Plus, as well as the many other collaborative partnerships.

Children and Young People (CYP)

2024 was the first full year of delivering our pilot mentoring service to young people aged 11-16.

Becca, one of our outreach mentors said:

"It's been so rewarding to hear from so many parents that they feel like they're 'getting their child back' after struggling to find any type of help. It's been incredible watching young people really coming out of their shells and starting to build healthy relationships, especially with some of the young people who are badly bullied at school or don't have any friendship groups within school.

I think we have made some strides with schools beginning to understand the importance of having a trusted person to talk to that's outside the school environment entirely, and some of the schools have given us very positive feedback about the project and the opportunities it is given to young people who are struggling with mental health.

It's been a real privilege to see the journey of some of the young people who we thought we would never manage to get to an activity, finally make that step and you can just see the complete shift in mood, particularly in the activities that had anything to do with animals!!"

We have been lucky enough to secure ongoing funding from the Police and Crime Commissioner and services for young people are a core priority for our strategic plan going forward.

MindSpace (CYP)

The overall aim of the MindSpace programme is to provide lived experience outreach, peer support, and activities to improve the mental health of young people aged 11-16 through 4 key routes:

- 1-2-1 sessions with a lived experience youth worker providing someone trusted to talk about mental health (over 75% occur out of school hours and location)
- Safe spaces to be social and explore new activities (our dry pub) and access mental health learning to build coping strategies and resilience.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

Achievements and performance- continued

- Opportunities to give/receive peer support between attendees and youth volunteer mentors
- Activities not easily accessible/affordable to widen experiences, build confidence, find meaning, raise aspirations and empower young people to explore new ideas, spaces and ambitions.

68 young people accessed 1-2-1, 118 at group activities and over 300 in stress management and exam stress workshops.

94% of young people improved their mental health, 98% rated the activities as excellent/good 96% felt activities improved mood.

28 CYP collaborated on creating a “Young People to Young People Guide” offering mental health advice and information in their own language

Rise to Thrive

Building off the success from our previous programmes, Rise2Thrive, funded by UKSPF, supported both individuals furthest away from work (economically inactive) and individuals within work to rise and thrive in their lives. Working with a partnership of 31 local VCSE organisations we provided 1-2-1 tailored advice, mentoring and employability support, as well as offer specific interventions designed to help break down barriers. This combination of support is designed to improve people’s health, confidence, skills and circumstances moving them closer towards a position where they are thriving in their life and in work.

SWR Mind provided intensive keyworker support and counselling interventions to 32 people with a range of outcomes from returning to work, returning to education, improved employability and better mental health

MindSide

Previously known as Side by Side, once again the National Lottery funded our lived experience support service, providing 1-2-1 peer support and small support groups, focused on Scarborough, Filey and the surrounding villages.

Recommencing in November 2024, MindSide has supported 24 people on a 1-2-1 basis with over 50 people attending the first support groups that commenced in early 2025; Bereavement (Filey), Bereavement (Eastfield), Sketch Walks and Parent Peer Support Groups.

Using SWEMWBS at the outcome measure, 95% of clients report improved mental health.

Wellness Bridge

An innovative approach to tackling mental health, physical health and lifestyle change together. The Wellness Bridge, funded by Humber and North Yorkshire Cancer Alliance, provides

- 1-2-1 support with a lived experience mental health worker
- supported access to a wide range of exercise and activity providers
- long term counselling
- support to engage with cancer and physical health screening

Commencing in October 2024, intensive and holistic support has been provided 1-2-1 with 19 clients and 6 clients are accessing long term, weekly talking therapy with our partners Community Counselling.

94% of clients report improved mental health via the PHQ9 evaluation and thus far, on exit, 100% would recommend the service

Mental Health Transformation

Funded through the Community Mental Health Transformation Programme, 48 people living with serious mental illness (major depressive disorder, bipolar disorder, personality disorder, eating disorder and psychosis) accessed a range of support including 1-2-1 outreach with a lived experience worker, telephone support, counselling, coaching, workshops and music therapy.

Between 82% and 92% of clients reporting improved mental health, dependent on the intervention. 93% of clients rated the service as excellent and the most frequently reported feedback was around the flexibility and personalised tailoring of the service to their individual needs.

Linchpin

Linchpin was set up to provide support to people working and volunteering within the NHS, Local Authority and Voluntary Sector, offering peer support, counselling, art therapy and free wellbeing activities. The most popular aspect was the free of charge wellbeing activities in closed groups (i.e. only attendees from the identified sectors) and people enjoyed a range of options including surfing, clubbercise, yoga and cookery.

This project came to an end in July 2024, having supported over 200 people.

- 84% of people accessing counselling or art therapy reported an improved mental health score. 95% recommended the activities and 97% said they improved their mood.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

Achievements and performance- continued

Get Active

Funded by ASICS, our Get Active project offered support to people experiencing or at risk of experiencing mental illness through physical activity. We also provided training sessions to community activity providers and staff/volunteers working in roles connected to exercise.

Key components included supported access to community provision, taster sessions in a wide range of activities, low level activity groups and customised activity programmes. An extension grant focused on supporting CYP to become more active.

121 people took part in taster sessions. 50 CYP took part in a new activity including climbing, archery, paddleboarding, ziplining and alpaca safaris. 88% participants improved mood through exercise.

Not Just Me

Funded by the Woodsmith Foundation in partnership with Carers Plus Yorkshire, Not Just Me provided social groups and 1-2-1 support for people aged 60+ who are living with long term mental illness in Whitby and Filey.

Coming to an end in July 2024, 182 people accessed the service, including 1-2-1 staff support, volunteer matches or attendance at social and activity groups with a range of different themes from simple coffee and chat to games, arts or trips out to local venues to boost up people's socialising and activity levels.

88% of clients reported improved wellbeing and social connectivity, meeting the core aims of the project which was tackling isolation and supporting people to widen their circle of friendship and acquaintances. 92% of clients rated the service as excellent or very good.

Counselling

Our focus remains on providing longer term counselling to clients where brief intervention isn't appropriate or sufficient which means we have fewer spaces but are able to make more significant impact.

Counselling forms part of a wide range of services including the Linchpin Service, Transformation and the Rise2Thrive employability support that launched in early 2024 but the vast majority is funded from our own core income through fundraising.

In 2024/5, 48 people accessed long term counselling (not as part of other projects). 88% reported a statistically significant improvement in mental health and 6% some improvement (using evidence-based wellbeing scales.) 96% would recommend the counselling to friends and family.

Our Neighbourhood

Our Neighbourhood is delivered in partnership with Carers Plus Yorkshire as part of their wider project tackling isolation. The service isn't mental health specific but aimed at supporting anyone aged 18+ struggling with loneliness and isolation.

38 people were supported through befriending and telephone support and 7 people through volunteer brokering. 98% rated the service as excellent or very good. 78 people accessed poetry workshops, creative writing workshops, art groups and walk & talks.

Telephone Support

Funded from our core running budget, telephone support provides weekly calls to people who are waiting for a service (ours or another providers) or who do not meet the criteria for mental health support from existing services.

We arrange a weekly call with either a staff member or volunteer to check in, provide information, a listening ear and general emotional support. 56 people accessed telephone support and 91% felt it improved their mood.

Cost of Living

Funded via Mind, North Yorkshire Council and a patchwork of small grants, our cost-of-living service provided direct support to over 250 people (more than 1500 since the project began in 2023) through advice and information, vouchers and emergency food, free community activities and guidebooks on cost of living and low cost recipes.

We distributed over £10,000 of emergency support including food, appliances, sanitary provision and household goods alongside more than 500 cost of living handbooks and 150 low-cost recipe books.

Training and Awareness

Part of our core mission is to upskill people across our community around mental health and to tackle stigma and discrimination through providing information about mental health and the impacts it has on both an individual and the wider community.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2025

Achievements and performance- continued

This year we delivered over 20 awareness and training sessions to more than 250 people through formal training such as mental health first aid to Digital Champion Volunteers, bespoke training for organisations such as Carers Plus Yorkshire on core issues for them such as hoarding and awareness session to social and community groups, schools and colleges. 96% of attendees rate our training as excellent or very good.

Further details are included in a separate Impact Report which does not form part of these accounts.

The trustees have given due regard to public benefit guidance published by the Charity Commission and consider that the activities described above demonstrate how the charity fulfils its responsibilities to provide benefit to the public.

Financial review

The statement of financial activities shows an overall surplus of £21,164 (2024: loss of £60,735).

Total reserves at the year end amounted to £172,172 (2024: £151,008). Of these, £70,308 were restricted funds, leaving a balance of £101,864 in unrestricted funds, all in the form of liquid reserves (2024: £90,572 liquid reserves).

All expenditure during the year fell within the criteria set by the providers of restricted funds.

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure plus any additional known liabilities and potential cessation costs. The trustees have designated an amount of some £50,000 at 31 March 2025, for this purpose.

Structure, governance and management

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting.

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 3 December 2025 and signed on its behalf by:

S L Thomas - Trustee

Independent Examiner's Report to the Trustees of Scarborough, Whitby and Ryedale Mind

Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anna Wiffen FCCA

Ashby Berry Coulsons Ltd
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

3 December 2025

Scarborough, Whitby and Ryedale Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2025**

	Notes	Unrestricted fund £	Restricted fund £	2025 Total funds £	2024 Total funds £
Income and endowments from					
Donations and legacies	2	75,245	267,546	342,791	249,460
Other trading activities	3	11,307	799	12,106	6,356
Investment income	4	<u>1,223</u>	<u>-</u>	<u>1,223</u>	<u>-</u>
Total		<u>87,775</u>	<u>268,345</u>	<u>356,120</u>	<u>255,816</u>
Expenditure on					
Charitable activities					
Charitable Activities	5	<u>76,483</u>	<u>258,473</u>	<u>334,956</u>	<u>316,551</u>
NET INCOME/(EXPENDITURE)		11,292	9,872	21,164	(60,735)
Reconciliation of funds					
Total funds brought forward		<u>90,572</u>	<u>60,436</u>	<u>151,008</u>	<u>211,743</u>
Total funds carried forward		<u>101,864</u>	<u>70,308</u>	<u>172,172</u>	<u>151,008</u>

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet
31 March 2025**

	Notes	2025 £	2024 £
Current assets			
Debtors	12	6,427	2,279
Cash at bank and in hand		<u>191,094</u>	<u>157,618</u>
		197,521	159,897
Creditors			
Amounts falling due within one year	13	<u>(25,349)</u>	<u>(8,889)</u>
Net current assets		<u>172,172</u>	<u>151,008</u>
Total assets less current liabilities		<u>172,172</u>	151,008
NET ASSETS		<u>172,172</u>	<u>151,008</u>
Funds	15		
Unrestricted funds		101,864	90,572
Restricted funds		<u>70,308</u>	<u>60,436</u>
Total funds		<u>172,172</u>	<u>151,008</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3 December 2025 and were signed on its behalf by:

S L Thomas - Trustee

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements for the Year Ended 31 March 2025

1. Accounting policies

Basis of preparing the financial statements

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

Basis of preparing the financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Judgements and key sources of estimation uncertainty

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

1. Accounting policies - continued

Income- continued

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

1. Accounting policies - continued

Expenditure- continued

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 20% straight line or over the life of the associated grant
Computer equipment	- 33% straight line or over the life of the associated grant

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2025

1. Accounting policies - continued

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

2. Donations and legacies

	2025	2024
	£	£
Donations	16,764	14,891
Gift aid	3,321	-
Legacies	65,773	-
Grants - central and local government	27,405	35,944
Grants - health authorities	61,909	-
Grants - Big Lottery	52,134	10,000
Grants - other	<u>115,485</u>	<u>188,625</u>
	<u>342,791</u>	<u>249,460</u>

£267,546 (2024: £240,329) of the above income was attributable restricted and £75,245 (2024: £9,131) was attributable to unrestricted funds.

There are no unfulfilled conditions attached to grants recognised in income.

3. Other trading activities

	2025	2024
	£	£
Fundraising	2,522	140
Training and other services	<u>9,584</u>	<u>6,216</u>
	<u>12,106</u>	<u>6,356</u>

£799 (2024: nil) of the above income was attributable restricted and £11,307 (2024: £6,356) was attributable to unrestricted funds.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

4. Investment income

	2025	2024
	£	£
Deposit account interest	<u>1,223</u>	<u>-</u>

All the above income was attributable to unrestricted funds.

5. Charitable activities costs

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable Activities	<u>332,226</u>	<u>2,730</u>	<u>334,956</u>
 Comparatives for charitable activities costs			
Core activities	<u>313,821</u>	<u>2,730</u>	<u>316,551</u>

£258,473 (2024: £262,601) was attributable to restricted funds and £76,483 (2024: £53,950) to unrestricted funds.

6. Support costs

	Governance costs £
Charitable Activities	<u>2,730</u>

Independent examiner's remuneration

	2025	2024
	£	£
Independent examination of the financial statements current year	<u>2,730</u>	<u>2,580</u>

Governance costs

	2025	2024
	Charitable Activities £	Total activities £
Independent examination	2,730	2,580
AGM expenses	<u>-</u>	<u>150</u>
	<u>2,730</u>	<u>2,730</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

7. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2025	2024
	£	£
Independent examination	2,730	2,580
Other operating leases	<u>7,800</u>	<u>7,800</u>

8. Trustees' remuneration and benefits

No trustee received any remuneration (2024 - £Nil).

Trustees' expenses

No expenses were reimbursed to the trustees (2024: £Nil).

9. Staff costs

	2025	2024
	£	£
Wages and salaries	206,330	210,212
Social security costs	10,044	9,451
Other pension costs	<u>3,683</u>	<u>4,754</u>
	<u>220,057</u>	<u>224,417</u>

The average monthly number of employees during the year was as follows:

	2025	2024
Full time	8	5
Part time	<u>7</u>	<u>8</u>
	<u>15</u>	<u>13</u>

No employees received emoluments in excess of £60,000.

The full time equivalent number of staff at 31 March 2025 was 11.26 (2024: 9.07).

The total remuneration of key management personnel amounted to £44,099 (2024: £44,877).

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

10. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	9,131	240,329	249,460
Other trading activities	<u>6,356</u>	<u>-</u>	<u>6,356</u>
Total	<u>15,487</u>	<u>240,329</u>	<u>255,816</u>
Expenditure on			
Charitable activities			
Charitable Activities	<u>53,950</u>	<u>262,601</u>	<u>316,551</u>
NET INCOME/(EXPENDITURE)	(38,463)	(22,272)	(60,735)
Reconciliation of funds			
Total funds brought forward	<u>129,035</u>	<u>82,708</u>	<u>211,743</u>
Total funds carried forward	<u>90,572</u>	<u>60,436</u>	<u>151,008</u>

11. Tangible fixed assets

	Computer equipment £
Cost	
At 1 April 2024 and 31 March 2025	<u>6,348</u>
Depreciation	
At 1 April 2024 and 31 March 2025	<u>6,348</u>
Net book value	
At 31 March 2025	<u>-</u>
At 31 March 2024	<u>-</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

12. Debtors: amounts falling due within one year

	2025	2024
	£	£
Trade debtors	6,427	260
Other debtors	<u>-</u>	<u>2,019</u>
	<u>6,427</u>	<u>2,279</u>

13. Creditors: amounts falling due within one year

	2025	2024
	£	£
Trade creditors	5,851	5,146
Other creditors	-	1,013
Accrued expenses	<u>19,498</u>	<u>2,730</u>
	<u>25,349</u>	<u>8,889</u>

14. Analysis of net assets between funds

	Unrestricted fund	Restricted fund	2025 Total funds	2024 Total funds
	£	£	£	£
Current assets	127,213	70,308	197,521	159,897
Current liabilities	<u>(25,349)</u>	<u>-</u>	<u>(25,349)</u>	<u>(8,889)</u>
	<u>101,864</u>	<u>70,308</u>	<u>172,172</u>	<u>151,008</u>

Comparatives for analysis of assets between funds

	Unrestricted Fund	Restricted Fund	2024 Total Funds
	£	£	£
Current Assets	99,461	60,436	159,897
Current Liabilities	<u>(8,889)</u>	<u>-</u>	<u>(8,889)</u>
	<u>90,572</u>	<u>60,436</u>	<u>151,008</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

15. Movement in funds

	1 April 2024	Incoming resources	Resources expended	31 March 2025
	£	£	£	£
Unrestricted funds				
General Fund	40,572	87,774	(76,483)	51,864
Reserve	<u>50,000</u>	<u>0</u>	<u>0</u>	<u>50,000</u>
	<u>90,572</u>	<u>87,774</u>	<u>(76,483)</u>	<u>101,864</u>
Restricted funds				
Woodsmith Foundation - Over 65s	5,188	-	(5,188)	-
Awards 4 All - Children & Young People	-	20,000	(5,919)	14,081
National Mind - IT	559	-	(559)	-
Mind- Cost of Living	2,445	2,000	(4,445)	-
NYC Household Support Linchpin (Two Ridings Foundation)	476	-	(476)	-
	13,993	4,994	(18,987)	-
Mind Network	22,501	-	(22,501)	-
Our Neighbourhood PFCC	2,600	17,500	(20,100)	-
	6,588	-	(6,588)	-
Seechange	326	29,752	(30,078)	-
Children & Young People NYC Creating for Good	5,760	11,090	(10,837)	6,013
	-	1,000	(600)	400
National Lottery (Mindside 1-2-1 support)	-	32,134	(22,366)	9,768
Rise 2 Thrive Better Connect	-	25,801	(25,801)	-
Sykes Trust	-	2,500	(2,500)	-
UKSPF North Yorks Council Warburtons	-	20,450	(10,151)	10,299
	-	400	(400)	-
Yorkshire Coast Fund (2 Ridings) CYP	-	4,889	(2,562)	2,327
CMHT Support to Engage CMHT Transformation (NYC)	-	2,000	-	2,000
	-	5,955	(1,195)	4,760
Cancer Innovation Grant Hillards	-	49,409	(29,508)	19,901
	-	1,000	(240)	760
Asics Active Legacy Extension	-	10,000	(10,000)	-
HSF5 Food support	-	3,500	(3,500)	-
Inspire Grant	-	910	(910)	-
Mind Continuity Grant (CYP)	-	10,000	(10,000)	-
NHS Humber and North Yorkshire ICB	-	12,500	(12,500)	-
Skipton Building Society	-	560	(560)	-
	<u>60,436</u>	<u>268,343</u>	<u>(258,471)</u>	<u>70,309</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

15. Movement in funds – continued

Comparatives for analysis of assets between funds

	1 April 2023 £	Incoming resources £	Resources expended £	31 March 2024 £
Unrestricted funds				
General fund	<u>129,035</u>	<u>15,487</u>	<u>(53,950)</u>	<u>90,572</u>
Restricted funds				
NYCC Winter Warmth	2,639	-	(2,639)	-
Food bank	800	-	(800)	-
Counselling	8,121	-	(8,121)	-
Woodsmith Foundation - Over 65s	13,670	21,196	(29,678)	5,188
NYCC CMHT* - Access & Connect	22,697	2,495	(25,192)	-
Postcode Lottery - Mind Talks	19,069	-	(19,069)	-
Mind - Get Active	5,950	13,750	(19,700)	-
Awards 4 All - Children & Young People	1,422	10,000	(11,422)	-
NYCC SEMH* - Children & Young People	4,416	-	(4,416)	-
Good finance = Good health	-	54	(54)	-
National Mind - IT	3,870	-	(3,311)	559
Social Prescribing via Primary Care Networks	-	1,449	(1,449)	-
Mind- Cost of Living	-	18,000	(15,555)	2,445
NHS Humber & N Yorks ICB*	-	2,000	(2,000)	4,416
NYC Household Support	-	10,000	(9,524)	476
Linchpin (Two Ridings Foundation)	-	19,975	(5,982)	13,993
Making a Difference Locally	-	1,000	(1,000)	-
Million Hours	-	9,960	(9,960)	-
Mind Network	-	49,848	(27,347)	22,501
Our Neighbourhood	-	17,500	(14,900)	2,600
PFCC	-	20,000	(13,412)	6,588
Seechange	-	30,396	(30,070)	326
Wellbeing	-	7,000	(7,000)	-
Children & Young People	<u>-</u>	<u>5,760</u>	<u>-</u>	<u>5,760</u>
	<u>82,708</u>	<u>240,329</u>	<u>(262,601)</u>	<u>60,436</u>

* SEMH = Social & Emotional Mental Health
CMHT = Community Mental Health Transformation

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2025**

16. Other financial commitments

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

17. Related party disclosures

There were no related party transactions for the year ended 31 March 2025.

Scarborough, Whitby and Ryedale Mind

England & Wales - Charity number 1133509

Accounts



Scarborough, Whitby and Ryedale Mind

Report of the Trustees and
Unaudited Financial Statements
For the year ended

31 March 2024

Registered Company Number: 07027702
Registered Charity Number: 1133509

Ashby Berry Coulsons

Chartered Accountants
Two Belgrave Crescent
Scarborough

Scarborough, Whitby and Ryedale Mind

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for the Year Ended 31 March 2024**

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Scarborough, Whitby and Ryedale Mind

Reference and Administrative Details for the Year Ended 31 March 2024

Trustees	C Miles	Resigned 12 December 2023
	D Latham	Resigned 10 September 2024
	G K Harper	Resigned 8 October 2024
	S L Thomas	
	J O Hopkins	Appointed 12 December 2023
	A G Jappy	Appointed 12 December 2023
	T R Pearson	Appointed 12 December 2023
	S E Wakelin	Appointed 12 December 2023
Chief Executive	S Hall	
Registered office	24 Huntriss Row Scarborough North Yorkshire YO11 2EG	
Registered company number	07027702 (England and Wales)	
Registered charity number	1133509	
Independent examiner	Ashby Berry Coulsons 2 Belgrave Crescent Scarborough North Yorkshire YO11 1UB	

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2024

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

Objectives and activities

The objective of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds, the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

Achievement and performance

2023-2024 proved to be an incredibly busy year reaching almost 2000 people with a wide range of support including intensive 1-2-1 sessions, counselling, sport and exercise, befriending, telephone support, youth outreach and mental health education. It was also a real pleasure to deliver in partnership with other fantastic small, local charities such as Art Therapy Yorkshire, North Yorkshire Music Therapy Centre and Carers Plus alongside a huge host of collaboration partners on large projects such as cost of living.

People in our community and across the country are facing a mental health crisis alongside a wide range of health inequality issues including challenges around finance, employment, housing and social isolation. Wherever we are able, we continue to provide support that isn't a sticking plaster, but that helps get to the root cause of issues and empowers people to break down the barriers within their own lives to move towards a better quality of life and sustainable mental wellbeing. None of this can be done without our incredible team of staff, our small but dedicated team of volunteers and our Board of Trustees at the helm. We were delighted to welcome 4 new trustees with incredible skillsets and experience as we continue to navigate through the challenging environment that all small charities are operating in. Below are just a few outcome snapshots from our service delivery and feedback on the quality of services we provide.

MindTalks

Funded by the Postcode Neighbourhood Trust, MindTalks ran a range of 6 workshop programmes across Scarborough Whitby and Ryedale covering core topics such as building self-esteem, managing anxiety and living with bereavement. It also ran in-depth, "deep dive" sessions including changing mindsets and building healthy relationships. We also provided programmes to specific cohorts (with some small tailoring to be relevant) which included people living with Parkinson's, menopause anxiety and young adult carers. 206 people accessed the workshops, and feedback was overwhelmingly positive with 96% people recommending the sessions, 94% reporting improved mental health, 92% strongly agreeing they had a better understanding of their own condition. One of the most consistent pieces of feedback was around the importance of the facilitator not only being a person with long term mental health issues; attendees felt that gave authenticity and showed we "practice what we preach."

Mental Health Transformation

Funded through the Community Mental Health Transformation Programme, (<https://www.england.nhs.uk/mental-health/adults/cmhs/>) 78 people living with serious mental illness (major depressive disorder, bipolar disorder, personality disorder, eating disorder and psychosis) accessed a range of support including 1-2-1 outreach with a lived experience worker, telephone support, counselling, workshops and music therapy with between 82 and 92% of clients reporting improved mental health, dependent on the intervention. 94% of clients rated the service as excellent and the most frequently reported feedback was around the flexibility and personalised tailoring of the service to their individual needs.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2024

Linchpin

Funded by the Humber and North Yorkshire ICB as part of the resilience hub programme, our Linchpin service was set up to provide support to people working and volunteering within the NHS, Local Authority and Voluntary Sector. The first 5 months fell within this financial year and saw over 100 referrals for wellbeing activities, counselling, art therapy and peer support. The most popular aspect was the free of charge wellbeing activities in closed groups (i.e. only attendees from the identified sectors) and people enjoyed a range of options including surfing, clubbercise, yoga and cookery. Counselling demand was high and we were able to bolster the offer with placement students. 84% of people accessing counselling or art therapy reported an improved mental health score, 95% recommended the activities and 97% said they improved their mood.

MindSpace

MindSpace's overall aim is to provide mentoring and activities to improve the mental health of young people aged 11-16 through 4 key routes:

- 1-2-1 mentoring providing someone trusted to talk about mental health
- Safe spaces to be social and explore new activities (our dry pub) and access mental health learning to build coping strategies and resilience
- Opportunities to give/receive peer support (to each other and with volunteer mentors)
- Activities not easily accessible/affordable to widen experiences, build confidence, find meaning, raise aspirations and empower young people to explore new ideas, spaces and ambitions.

2023/24 saw our second year of delivery with the Office of Police Fire and Crime Commissioner taking over funding alongside the National Lottery Million Hours fund for the activity costs. By the end of the financial year we were half way through delivery and had supported 52 young people via mentoring, delivered 48 activity sessions with attendance across the programme of 208 and provided stress management workshops in schools across the district to over 300 attendees. Using the SDQ measure (chosen by young people in coproduction), 94% of young people improved their mental health in the service, 100% rated the activities as excellent or good and 96% felt the activities improved their mood. We also provided emotional support and advocacy to parents, particularly when their young people were going through periods of crises and from this we piloted a parent/guardian peer support group which is going to become a regular feature from November 2024 onwards thanks to new National Lottery funding.

Get Active

Funded by ASICS, our Get Active project offered support to people experiencing or at risk of experiencing mental illness through physical activity. We also provided training sessions to community activity providers and staff/volunteers working in roles connected to exercise. Key components included supported access to community provision, taster sessions in a wide range of activities, low level activity groups and customised activity programmes. 151 people took part in taster sessions, 43 in activity programmes, 6 people accessed 1-2-1 support and we provided training to 53 providers. In addition we provided exercise equipment to community groups such as Jazz Court to enable their residents to get together and be more active alongside producing a simple guide to getting more active with clear advice and information on where to get started.

Not Just Me

Funded by the Woodsmith Foundation in partnership with Carers Plus Yorkshire, Not Just Me provided social groups and 1-2-1 support for people aged 60+ who are living with long term mental illness in Whitby and Filey. By March this year, we were two thirds of the way through the project and had supported over 100 people through 1-2-1 staff support, volunteer matches or attendance at social and activity groups with a range of different themes from simple coffee and chat to games, arts or trips out to local venues to boost up people's socialising and activity levels. 88% of clients reported improved wellbeing and social connectivity, meeting the core aims of the project which was tackling isolation and supporting people to widen their circle of friendship and acquaintances.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2024

Counselling

Our focus remains on providing longer term counselling to clients where brief intervention isn't appropriate or sufficient, which means we have fewer spaces but are able to make more significant impact. Counselling forms part of a wide range of services including the Linchpin Service, Transformation and the Rise2Thrive employability support that launched in early 2024. Of clients completing the counselling programme (up to 24 sessions in some cases), 88% report a statistically significant improvement in mental health and 6% some improvement (using evidence-based wellbeing scales.)

Our Neighbourhood

Our Neighbourhood is a brand-new service for Scarborough in partnership with Carers Plus Yorkshire as part of their wider project tackling isolation. The service isn't mental health specific but aimed at supporting anyone aged 18+ struggling with loneliness and isolation. In the first year, we supported 36 people through the befriending and telephone support and 6 people through volunteer brokering; supporting people to find the right volunteering role for them and help them through the application and training process. We delivered 8 volunteer training sessions with 15 volunteers completed training from over 30 expressions of interest. This continues to be one of our biggest challenges, people are keen to volunteer but then struggle to find the time or are unable to commit to training or regular meetings. As a response we have designed an online training session for people to access in their own time which will go live in 2024.

Cost of Living

Funded via Mind, North Yorkshire Council and a patchwork of small grants, our cost-of-living service provided direct support to over 850 people through advice and information, vouchers and emergency food, free community activities and guidebooks on cost of living and low-cost recipes. We distributed over £30,000 of emergency support including food, appliances, sanitary provision and household goods. We also participated in a range of local campaigns such as co-ordinating warm spaces in Scarborough and running a "bring a tin to work" week which collected over half a tonne of food that was distributed to local foodbanks and free fridges.

SeeCHANGE

SeeCHANGE is a bold new idea born out of the growing concerns post covid about health inequality in Scarborough and how many vulnerable people in our community are not able to access support and safety nets to keep them well and thriving. SeeCHANGE is a cross-sector partnership of voluntary groups, NHS organisations, the local authority and local businesses all working together to create new campaigns and initiatives to tackle health inequalities from funding new programmes at community level to providing support to employers on building healthy work environments. One core aim led by SWR Mind is to tackle the lack of security for the voluntary sector through greater engagement with business and creating new relationships through corporate volunteering, fundraising and encouraging people to become trustees which will help the long-term security of charities in Scarborough.

Training and Awareness

Part of our core mission is to upskill people across our community around mental health and to tackle stigma and discrimination through providing information about mental health and the impacts it has on both an individual and the wider community. This year we delivered over 20 awareness and training sessions to more than 200 people through formal training such as mental health first aid, bespoke training for organisations such as Carers Plus Yorkshire on core issues for them such as hoarding and awareness session to social and community groups, schools and colleges.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2024

Financial review

The statement of financial activities shows an overall deficit of £60,735 (2023: surplus of £73,705).

Total reserves at the year end amounted to £151,008 (2023: £211,743). Of these, £60,436 were restricted funds, leaving a balance of £90,572 in unrestricted funds, all in the form of liquid reserves (2023: £129,035 liquid reserves). The unrestricted funds available at 31 March 2023 have been drawn on in 2023-24 to support the charity's services as some of the restricted funding streams have come to an end.

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure plus any additional known liabilities and potential cessation costs. The trustees have designated an amount of some £40,000 at 31 March 2024 for this purpose.

Structure, governance and management

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting .

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 13 December 2024 and signed on its behalf by:

S Thomas- Trustee

Independent Examiner's Report to the Trustees of Scarborough, Whitby and Ryedale Mind

Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Association of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anna Wiffen FCCA

Ashby Berry Coulsons
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

Date: 16 December 2024

Scarborough, Whitby and Ryedale Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2024**

	Notes	Unrestricted fund £	Restricted fund £	2024 Total funds £	2023 Total funds £
Income and endowments from					
Donations and legacies	2	9,131	240,329	249,460	393,438
Other trading activities	3	<u>6,356</u>	<u>-</u>	<u>6,356</u>	<u>9,779</u>
Total		<u>15,487</u>	<u>240,329</u>	<u>255,816</u>	<u>403,217</u>
Expenditure on					
Charitable activities					
Charitable Activities	4	<u>53,950</u>	<u>262,601</u>	<u>316,551</u>	<u>329,512</u>
NET INCOME/(EXPENDITURE)		(38,463)	(22,272)	(60,735)	73,705
Reconciliation of funds					
Total funds brought forward		<u>129,035</u>	<u>82,708</u>	<u>211,743</u>	138,038
Total funds carried forward		<u>90,572</u>	<u>60,436</u>	<u>151,008</u>	<u>211,743</u>

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet
31 March 2024**

	Notes	2024 £	2023 £
Current assets			
Debtors	11	2,279	18,659
Cash at bank and in hand		<u>157,618</u>	<u>256,262</u>
		159,897	274,921
Creditors			
Amounts falling due within one year	12	(8,889)	(63,178)
		<u>151,008</u>	<u>211,743</u>
Net current assets			
		151,008	211,743
Total assets less current liabilities		151,008	211,743
		<u>151,008</u>	<u>211,743</u>
NET ASSETS		151,008	211,743
		<u>151,008</u>	<u>211,743</u>
Funds	14		
Unrestricted funds		90,572	129,035
Restricted funds		<u>60,436</u>	<u>82,708</u>
Total funds		151,008	211,743
		<u>151,008</u>	<u>211,743</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 13 December 2024 and were signed on its behalf by:

S Thomas- Trustee

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements for the Year Ended 31 March 2024

1. Accounting policies

Basis of preparing the financial statements

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

Basis of preparing the financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Judgements and key sources of estimation uncertainty

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

1. Accounting policies - continued

Income - continued

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

1. Accounting policies - continued

Expenditure - continued

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 20% straight line or over the life of the associated grant
Computer equipment	- 33% straight line or over the life of the associated grant

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2024

1. Accounting policies - continued

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

2. Donations and legacies

	2024	2023
	£	£
Donations	14,891	10,780
Grants - central and local government	35,944	96,744
Grants - Big Lottery	10,000	91,560
Grants - other	<u>188,625</u>	<u>194,354</u>
	<u>249,460</u>	<u>393,438</u>

£240,329 (2023: £335,085) of the above income was attributable to restricted and £9,131 (2023: £58,353) was attributable to unrestricted funds.

There are no unfulfilled conditions attached to grants recognised in income.

3. Other trading activities

	2024	2023
	£	£
Fundraising	140	268
Training and other services	<u>6,216</u>	<u>9,511</u>
	<u>6,356</u>	<u>9,779</u>

All the above income for the current and preceding year was attributable to unrestricted funds.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

4. Charitable activities costs

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable Activities	<u>313,821</u>	<u>2,730</u>	<u>316,551</u>
 Comparatives for charitable activities costs			
Core activities	<u>326,782</u>	<u>2,730</u>	<u>329,512</u>

£262,601 (2023: £329,512) was attributable to restricted funds and £53,950 (2023: £nil) to unrestricted funds.

5. Support costs

	Governance costs £
Charitable Activities	<u>2,730</u>

Support costs, included in the above, are as follows:

Governance costs

	2024 Charitable Activities £	2023 Total activities £
Independent examination	2,580	2,730
AGM expenses	<u>150</u>	<u>-</u>
	<u>2,730</u>	<u>2,730</u>

Independent examiner's remuneration

	2024 £	2023 £
Independent examination of the financial statements current year	<u>2,580</u>	<u>2,730</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

6. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Independent examination	2,580	2,730
Depreciation - owned assets	-	462
Other operating leases	<u>7,800</u>	<u>7,800</u>

7. Trustees' remuneration and benefits

No trustee received any remuneration (2023 - £Nil).

Trustees' expenses

No expenses were reimbursed to the trustees (2023: £Nil).

8. Staff costs

	2024	2023
	£	£
Wages and salaries	210,212	223,321
Social security costs	9,451	10,376
Other pension costs	<u>4,754</u>	<u>4,728</u>
	<u>224,417</u>	<u>238,425</u>

The average monthly number of employees during the year was as follows:

	2024	2023
Full time	5	5
Part time	<u>8</u>	<u>9</u>
	<u>13</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

The full time equivalent number of staff at 31 March 2024 was 9.07 (2023:9.48).

The total remuneration of key management personnel amounted to £44,877 (2023: £40,420).

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

9. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	58,353	335,085	393,438
Other trading activities	<u>9,779</u>	<u>-</u>	<u>9,779</u>
Total	<u>68,132</u>	<u>335,085</u>	<u>403,217</u>
Expenditure on			
Charitable activities			
Charitable Activities	<u>-</u>	<u>329,512</u>	<u>329,512</u>
NET INCOME	68,132	5,573	73,705
Reconciliation of funds			
Total funds brought forward	<u>60,903</u>	<u>77,135</u>	<u>138,038</u>
Total funds carried forward	<u>129,035</u>	<u>82,708</u>	<u>211,743</u>

10. Tangible fixed assets

	Computer equipment £
Cost	
At 1 April 2023 and 31 March 2024	<u>6,348</u>
Depreciation	
At 1 April 2023 and 31 March 2024	<u>6,348</u>
Net book value	
At 31 March 2024	<u>-</u>
At 31 March 2023	<u>-</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

11. Debtors: amounts falling due within one year

	2024	2023
	£	£
Trade debtors	260	-
Other debtors	<u>2,019</u>	<u>18,659</u>
	<u><u>2,279</u></u>	<u><u>18,659</u></u>

12. Creditors: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	5,146	29,609
Other creditors	1,013	839
Deferred income	-	30,000
Accrued expenses	<u>2,730</u>	<u>2,730</u>
	<u><u>8,889</u></u>	<u><u>63,178</u></u>

13. Analysis of net assets between funds

	Unrestricted fund	Restricted fund	2024 Total funds	2023 Total funds
	£	£	£	£
Current assets	99,461	60,436	159,897	274,921
Current liabilities	<u>(8,889)</u>	<u>-</u>	<u>(8,889)</u>	<u>(63,178)</u>
	<u><u>90,572</u></u>	<u><u>60,436</u></u>	<u><u>151,008</u></u>	<u><u>211,743</u></u>

Comparatives for analysis of assets between funds

Current Assets	151,789	123,132	274,921
Current Liabilities	<u>(22,754)</u>	<u>(40,424)</u>	<u>(63,178)</u>
	<u><u>129,035</u></u>	<u><u>82,708</u></u>	<u><u>211,743</u></u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

14. Movement in funds

	1 April 2023 £	Incoming resources £	Resources expended £	31 March 2024 £
Unrestricted funds				
General fund	<u>129,035</u>	<u>15,487</u>	<u>(53,950)</u>	<u>90,572</u>
Restricted funds				
NYCC Winter Warmth	2,639	-	(2,639)	-
Food bank	800	-	(800)	-
Counselling	8,121	-	(8,121)	-
Woodsmith Foundation - Over 65s	13,670	21,196	(29,678)	5,188
NYCC CMHT* - Access & Connect	22,697	2,495	(25,192)	-
Postcode Lottery - Mind Talks	19,069	-	(19,069)	-
Mind - Get Active	5,950	13,750	(19,700)	-
Awards 4 All - Children & Young People	1,422	10,000	(11,422)	-
NYCC SEMH* - Children & Young People	4,416	-	(4,416)	-
Good finance = Good health	54	-	(54)	-
National Mind - IT	3,870	-	(3,311)	559
Social Prescribing via Primary Care Networks	-	1,449	(1,449)	-
Mind- Cost of Living	-	18,000	(15,555)	2,445
NHS Humber & N Yorks ICB*	-	2,000	(2,000)	-
NYC Household Support	-	10,000	(9,524)	476
Linchpin (Two Ridings Foundation)	-	19,975	(5,982)	13,993
Making a Difference Locally	-	1,000	(1,000)	-
Million Hours	-	9,960	(9,960)	-
Mind Network	-	49,848	(27,347)	22,501
Our Neighbourhood	-	17,500	(14,900)	2,600
Police, Fire and Crime Commissioner	-	20,000	(13,412)	6,588
Seechange	-	30,396	(30,070)	326
Carers Plus – Community Mental Health Transformation	-	7,000	(7,000)	-
Children & Young People	<u>-</u>	<u>5,760</u>	<u>-</u>	<u>5,760</u>
	<u>82,708</u>	<u>240,329</u>	<u>(262,601)</u>	<u>60,436</u>

* SEMH = Social & Emotional Mental Health
 CMHT = Community Mental Health Transformation
 ICB = Integrated Care Board

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2024**

14. Movement in funds - continued

Comparatives for analysis of assets between funds

	1 April 2022 £	Incoming resources £	Resources expended £	1 April 2023 £
Unrestricted funds				
General fund	<u>36,903</u>	<u>68,132</u>	<u>-</u>	<u>129,035</u>

All expenditure during the year fell within the criteria set by the providers of restricted funds (see below).

Restricted funds

National Lottery Community Fund - Side by Side	8,142	83,225	(91,367)	-
NYCC - Covid Hub	49,806	-	(49,806)	-
NYCC Winter Warmth	-	10,000	(7,361)	2,639
Food bank	-	5,400	(4,600)	800
Counselling	11,944	10,998	(14,821)	8,121
Sirius Minerals - Regroup & Rebuild	1,440	-	(1,440)	-
Woodsmith Foundation - Over 65s	-	32,000	(18,330)	13,670
NYCC CMHT* - Access & Connect	-	29,944	(7,247)	22,697
Postcode Lottery - Mind Talks	-	24,571	(5,502)	19,069
Mind - Get Active	-	11,750	(5,800)	5,950
Awards 4 All - Children & Young People	-	8,335	(6,913)	1,422
NYCC SEMH* - Children & Young People	-	20,000	(15,584)	4,416
Social Prescribing via Primary Care Networks	-	59,407	(59,407)	-
Social Prescribing via Age UK	-	17,876	(17,876)	-
Good finance = Good health	-	12,671	(12,617)	54
National Mind - IT	<u>5,803</u>	<u>8,908</u>	<u>(10,841)</u>	<u>3,870</u>
	<u>77,135</u>	<u>335,085</u>	<u>(329,512)</u>	<u>82,708</u>

15. Other financial commitments

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

16. Related party disclosures

There were no related party transactions for the year ended 31 March 2024.

Scarborough, Whitby and Ryedale Mind

England & Wales - Charity number 1133509

Accounts



Scarborough, Whitby and Ryedale Mind

Report of the Trustees and
Unaudited Financial Statements
For the year ended

31 March 2023

Registered Company Number: 07027702
Registered Charity Number: 1133509

Ashby Berry Coulsons

Chartered Accountants
Two Belgrave Crescent
Scarborough

Scarborough, Whitby and Ryedale Mind

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for the Year Ended 31 March 2023**

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Scarborough, Whitby and Ryedale Mind

Reference and Administrative Details for the Year Ended 31 March 2023

Trustees	C Miles	
	D Latham	
	C Swaine	Resigned 11 June 2022
	G K Harper	
	S L Thomas	
	A Rose	Resigned 12 December 2022
Chief Executive	S Hall	
Registered office	24 Huntriss Row Scarborough North Yorkshire YO11 2EG	
Registered company number	07027702 (England and Wales)	
Registered charity number	1133509	
Independent examiner	Ashby Berry Coulsons 2 Belgrave Crescent Scarborough North Yorkshire YO11 1UB	

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2023

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

Objectives and activities

The objective of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

Achievements and Performance

Children and Young People

This year was the first full year of delivering our pilot mentoring service to young people aged 11-16 who accessed mentoring 1-2-1 with youth mentors (both paid staff and voluntary), monthly "dry pub" sessions which were a relaxed opportunity to just hang out, chat or take part in informal activities. The final element was a programme of activities designed to boost self-esteem, confidence and gain new experiences. 62 young people accessed at least one element of the service with support for 9 parents alongside, all supported by volunteer youth mentors who gave over 500 hours of their time to support the activities. The service design was coproduced with over 400 young people and a small number of partners and stakeholders such as staff within schools.

Becca, one of our outreach mentors said "It's been so rewarding to hear from so many parents that they feel like they're 'getting their child back' after struggling to find any type of help. It's been incredible watching young people really coming out of their shells and starting to build healthy relationships, especially with some of the young people who are badly bullied at school or don't have any friendship groups within school. I think we have made some strides with schools beginning to understand the importance of having a trusted person to talk to that is outside the school environment entirely and some of the schools have given us very positive feedback about the project and the opportunities it is given to young people who are struggling with mental health. It's been a real privilege to see the journey of some of the young people who we thought we would never manage to get to an activity, finally make that step and you can just see the complete shift in mood, particularly in the activities that had anything to do with animals!!"

We have been lucky enough to secure ongoing funding from the Police and Crime Commissioner and services for young people are a core priority for our strategic plan going forward.

Cost of Living

Building on our work as the CSO (Community Support Organisation), our Cost of Living Fund has gone from strength to strength, helping to co-ordinate warm spaces, organise emergency food, vouchers, bedding, menstrual products etc. We secured funding towards the end of the year for ongoing provision of urgent supplies and further funding from Mind to run a cost of living service which has supported hundreds of people directly and through partnership work with organisations such as the Rainbow Centre and Housing Options; distributing over £15,000 of food, menstrual and hygiene products alongside small, lower energy appliances.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2023

Achievement and performance - continued

Side by Side

This last year of the service finally saw us be able to return (mostly!) to delivering the service as envisaged rather than a slightly modified, Covid appeasing version. Support was provided to 181 people during the year as a mix of face to face appointments, telephone support (ongoing), workshops, one off support and drop in's. The telephone support worker has also been the single point of contact for over 1800 calls and emails across the year providing a range of signposting, advice, information and in some cases advocacy such as contacting GP's on behalf of clients who have been unable to get referrals to the CMHT or medication reviews. The popularity of the service was unabashed and we closed referrals in spring (later re-opening briefly to a small number of partners on a case by case basis) with more than 100 enquiries/referrals after spring that we were not able to accept. The service, as always, has continued to keep making a difference to a wide demographic of people experiencing mental illness, although perhaps most notably, the demand in Scarborough itself is consistently and significantly increasing as people in coastal areas seem to have been more greatly affected by the impact of Covid and cost of living in terms of mental illness.

MindTalks

Funded by the Postcode Lottery, MindTalks are a programme of Recovery focused workshops led by a lived experience facilitator, bringing people together to learn new coping skills, be proactive about their own wellbeing. The workshops empower sharing of experiences, learning from others and making new connections and are split into two main programmes:

Introduction to Mental Health - A 6-week course introducing topics (chosen by attendees from a list of 12) such as food/mood and building self-esteem.

Moving on with Mental Health - A 6-week programme of workshops providing further insight into additional complex issues such as building friendships and keeping safe, and the use of practical coping strategies helping you to move on.

Delivery began in December 2021 with the first workshops in January 2023 and 24 attended before 31st March. 98% of attendees would recommend the sessions to others and 94% felt they had improved understanding of their own mental health and new coping strategies.

Telephone Support

Our team answered over 1,000 calls across the year providing immediate support, information and onward referrals for more appropriate services. Our team of volunteers made over 500 support calls with people who struggle to access services, providing a regular weekly check in and chat.

Get Active

Funded by ASICS, our Get Active programme of sports, exercise and general activity began in January with 48 attendees at events across the first quarter of the year.

Wellbeing Partnership

Our role in the wellbeing partnership came to an end in 2023 as the Primary Care Networks felt the mental health specific role was no longer needed. Our mental health practitioners and social prescribers supported over 900 people since the service began during Covid, a large proportion of which with severe and enduring mental illness with very positive feedback from clients apart from the long waiting lists! Thankfully, funding through Transformation allowed us to carry on a similar intervention on a much smaller scale beginning in March to run through to March 2024, focusing solely on clients with a serious mental illness.

Counselling

Our long term counselling supported 49 individuals with 1-2-1 counselling, between 12 and 24 sessions per client with 93% of clients indicating improved mental health using the evidence based Mind outcome evaluation scales.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2023

Achievement and performance - continued

Training

We delivered over 30 training workshops to businesses, voluntary sector organisations and educational establishments including bespoke sessions on hoarding, motivational interviewing alongside nationally recognised qualifications such as First Aid for Mental Health and Youth First Aid for Mental Health.

Hate Crime Support

We became the first new Hate Crime Reporting Centre in November 2022, providing support to report any incidents of hate through the appropriate channels and facilitate access to support for victims of hate crime. We continue to delivery hate crime awareness training to other community groups and raise awareness of hate crime and incidents as part of our general mental health awareness strategy.

Good Finance=Good Health

After many successful years, this project ended in March 23. A project that over the years has assisted hundreds of clients enabling them to stay engaged with the citizens' advice services.

The trustees have given due regard to public benefit guidance published by the Charity Commission and consider that the activities described above demonstrate how the charity fulfils its responsibilities to provide benefit to the public.

Financial review

The statement of financial activities shows an overall surplus of £73,705 (2022: £33,626).

Total reserves at the year end amounted to £211,743 (2022: £138,038). Of these, £82,708 were restricted funds, leaving a balance of £129,035 in unrestricted funds, all in the form of liquid reserves (2022: £60,441 liquid reserves). The unrestricted funds available at 31 March 2023 have been drawn on in 2023-24 to support the charity's services as some of the restricted funding streams have come to an end.

All expenditure during the year fell within the criteria set by the providers of restricted funds.

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure plus any additional known liabilities and potential cessation costs. The trustees estimate this to amount to some £40,000 at 31 March 2023.

Structure, governance and management

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting .

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

Scarborough, Whitby and Ryedale Mind

**Report of the Trustees
for the Year Ended 31 March 2023**

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 12 December 2023 and signed on its behalf by:

.....
D Latham - Trustee

Independent Examiner's Report to the Trustees of Scarborough, Whitby and Ryedale Mind

Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the ****ERROR - relevant professional body must be completed****, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anne Mead BSc FCA

Ashby Berry Coulsons
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

Date: 12 December 2023

Scarborough, Whitby and Ryedale Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2023**

	Notes	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
Income and endowments from					
Donations and legacies	2	58,353	335,085	393,438	362,552
Other trading activities	3	<u>9,779</u>	<u>-</u>	<u>9,779</u>	<u>2,654</u>
Total		<u>68,132</u>	<u>335,085</u>	<u>403,217</u>	<u>365,206</u>
Expenditure on Charitable activities					
Charitable Activities	4	<u>-</u>	<u>329,512</u>	<u>329,512</u>	<u>331,580</u>
NET INCOME		68,132	5,573	73,705	33,626
Reconciliation of funds					
Total funds brought forward		<u>60,903</u>	<u>77,135</u>	<u>138,038</u>	104,412
Total funds carried forward		<u><u>129,035</u></u>	<u><u>82,708</u></u>	<u><u>211,743</u></u>	<u><u>138,038</u></u>

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet
31 March 2023**

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	10	-	462
Current assets			
Debtors	11	18,659	18,688
Cash at bank and in hand		<u>256,262</u>	<u>175,879</u>
		274,921	194,567
Creditors			
Amounts falling due within one year	12	(63,178)	(56,991)
		<u>211,743</u>	<u>137,576</u>
Net current assets			
		211,743	138,038
NET ASSETS		<u>211,743</u>	<u>138,038</u>
Funds	14		
Unrestricted funds		129,035	60,903
Restricted funds		<u>82,708</u>	<u>77,135</u>
Total funds		<u>211,743</u>	<u>138,038</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**Balance Sheet - continued
31 March 2023**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 12 December 2023 and were signed on its behalf by:

.....
D Latham - Trustee

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements for the Year Ended 31 March 2023

1. Accounting policies

Basis of preparing the financial statements

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

Basis of preparing the financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Judgements and key sources of estimation uncertainty

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

1. Accounting policies - continued

Income

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

1. Accounting policies - continued

Expenditure

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 10% straight line or over the life of the associated grant
Computer equipment	- 25% straight line

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2023

1. Accounting policies - continued

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

2. Donations and legacies

	2023	2022
	£	£
Donations	10,780	10,438
Legacies	-	457
Grants - central and local government	96,744	49,958
Grants - Big Lottery	91,560	111,244
Grants - other	<u>194,354</u>	<u>190,455</u>
	<u>393,438</u>	<u>362,552</u>

£335,085 (2022: £343,657) of the above income was attributable to restricted and £58,353 (2022: £18,895) was attributable to unrestricted funds.

There are no unfulfilled conditions attached to grants recognised in income.

3. Other trading activities

	2023	2022
	£	£
Fundraising	268	689
Training and other services	<u>9,511</u>	<u>1,965</u>
	<u>9,779</u>	<u>2,654</u>

All the above income for the current and preceding year was attributable to unrestricted funds.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

4. Charitable activities costs

	Direct Costs £	Support costs (see note 5) £	Totals £
Charitable Activities	<u>326,782</u>	<u>2,730</u>	<u>329,512</u>

Comparatives for charitable activities costs

Core activities	<u>328,970</u>	<u>2,610</u>	<u>331,580</u>
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All expenditure during the year fell within the criteria set by the providers of restricted funds. (2022 £330,517) was attributable to restricted funds and 2022: £1,063 to unrestricted funds.

5. Support costs

		Governance costs £
Charitable Activities		<u>2,730</u>

Support costs, included in the above, are as follows:

Governance costs

	2023 Charitable Activities £	2022 Total activities £
Independent examination	<u>2,730</u>	<u>2,610</u>

Independent examiner's remuneration

	2023 £	2022 £
Independent examination of the financial statements current year	<u>2,730</u>	<u>2,610</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

6. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2023	2022
	£	£
Independent examination	2,730	2,610
Depreciation - owned assets	462	939
Other operating leases	<u>7,800</u>	<u>7,292</u>

7. Trustees' remuneration and benefits

No trustee received any remuneration (2022 - £Nil).

Trustees' expenses

No expenses were reimbursed to the trustees (2022: £Nil).

8. Staff costs

	2023	2022
	£	£
Wages and salaries	223,321	225,436
Social security costs	10,376	11,806
Other pension costs	<u>4,728</u>	<u>5,244</u>
	<u>238,425</u>	<u>242,486</u>

The average monthly number of employees during the year was as follows:

	2023	2022
Full time	5	8
Part time	<u>9</u>	<u>6</u>
	<u>14</u>	<u>14</u>

No employees received emoluments in excess of £60,000.

The full time equivalent number of staff at 31 March 2023 was 9.48 (2022:10.92).

The total remuneration of key management personnel amounted to £40,420 (2022: £47,004).

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

9. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	18,895	343,657	362,552
Other trading activities	<u>2,654</u>	<u>-</u>	<u>2,654</u>
Total	<u>21,549</u>	<u>343,657</u>	<u>365,206</u>
Expenditure on Charitable activities			
Charitable Activities	<u>1,063</u>	<u>330,517</u>	<u>331,580</u>
NET INCOME	20,486	13,140	33,626
Reconciliation of funds			
Total funds brought forward	<u>40,417</u>	<u>63,995</u>	<u>104,412</u>
Total funds carried forward	<u><u>60,903</u></u>	<u><u>77,135</u></u>	<u><u>138,038</u></u>

10. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2022	828	6,628	7,456
Disposals	<u>(828)</u>	<u>(280)</u>	<u>(1,108)</u>
At 31 March 2023	<u>-</u>	<u>6,348</u>	<u>6,348</u>
Depreciation			
At 1 April 2022	828	6,166	6,994
Charge for year	-	462	462
Eliminated on disposal	<u>(828)</u>	<u>(280)</u>	<u>(1,108)</u>
At 31 March 2023	<u>-</u>	<u>6,348</u>	<u>6,348</u>
Net book value			
At 31 March 2023	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2022	<u>-</u>	<u>462</u>	<u>462</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

11. Debtors: amounts falling due within one year

	2023	2022
	£	£
Other debtors	<u>18,659</u>	<u>18,688</u>

12. Creditors: amounts falling due within one year

	2023	2022
	£	£
Trade creditors	29,609	8,521
Other creditors	839	960
Deferred income	30,000	41,839
Accrued expenses	<u>2,730</u>	<u>5,671</u>
	<u>63,178</u>	<u>56,991</u>

13. Analysis of net assets between funds

	Unrestricted fund £	Restricted fund £	2023 Total funds £	2022 Total funds £
Fixed assets	-	-	-	462
Current assets	151,789	123,132	274,921	194,567
Current liabilities	<u>(22,754)</u>	<u>(40,424)</u>	<u>(63,178)</u>	<u>(56,991)</u>
	<u>129,035</u>	<u>82,708</u>	<u>211,743</u>	<u>138,038</u>

Comparatives for analysis of assets between funds

	Unrestricted Fund £	Restricted Fund £	2022 Total Funds £
Fixed Assets	462	-	462
Current Assets	62,228	132,339	194,567
Current Liabilities	<u>(1,787)</u>	<u>(55,204)</u>	<u>(56,991)</u>
	<u>60,903</u>	<u>77,135</u>	<u>138,038</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

14. Movement in funds

	1 April 2022 £	Incoming resources £	Resources expended £	31 March 2023 £
Unrestricted funds				
General fund	<u>36,903</u>	<u>68,132</u>	<u>-</u>	<u>129,035</u>

All expenditure during the year fell within the criteria set by the providers of restricted funds (see below).

Restricted funds

National Lottery Community Fund - Side by Side	8,142	83,225	(91,367)	-
NYCC - Covid Hub	49,806	-	(49,806)	-
NYCC Winter Warmth	-	10,000	(7,361)	2,639
Food bank	-	5,400	(4,600)	800
Counselling	11,944	10,998	(14,821)	8,121
Sirius Minerals - Regroup & Rebuild	1,440	-	(1,440)	-
Woodsmith Foundation – Over 65s	-	32,000	(18,330)	13,670
NYCC CMHT* - Access & Connect	-	29,944	(7,247)	22,697
Postcode Lottery - Mind Talks	-	24,571	(5,502)	19,069
Mind - Get Active	-	11,750	(5,800)	5,950
Awards 4 All - Children & Young People	-	8,335	(6,913)	1,422
NYCC SEMH* - Children & Young People	-	20,000	(15,584)	4,416
Social Prescribing via Primary Care Networks	-	59,407	(59,407)	-
Social Prescribing via Age UK	-	17,876	(17,876)	-
Good finance = Good health	-	12,671	(12,617)	54
National Mind - IT	<u>5,803</u>	<u>8,908</u>	<u>(10,841)</u>	<u>3,870</u>
	<u>77,135</u>	<u>335,085</u>	<u>(329,512)</u>	<u>82,708</u>

* SEMH = Social & Emotional Mental Health
CMHT = Community Mental Health Transformation

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2023**

14. Movement in funds - continued

Comparatives for analysis of assets between funds

	1 April 2022 £	Incoming resources £	Resources expended £	31 March 2023 £
Unrestricted funds				
General fund	<u>40,417</u>	<u>21,549</u>	<u>(1,063)</u>	<u>60,903</u>
Restricted funds				
National Lottery Community Fund - Side by Side	20,939	111,244	(124,041)	8,142
NYCC - Covid Hub	28,663	36,000	(14,857)	49,806
Counselling via Covid Hub	9,279	14,958	(12,293)	11,944
Sirius Minerals - Regroup & Rebuild	-	9,412	(7,972)	1,440
Mental Health Support Worker	-	18,750	(18,750)	-
Social Prescribing	-	82,738	(82,738)	-
Social Prescribing via Age UK	-	33,405	(33,405)	-
Good finance = Good health	-	17,838	(17,838)	-
Money in Mind	1,081	14,647	(15,728)	-
Awards 4 All - Children & Young People	-	1,665	(1,665)	-
National Mind -Office & IT	<u>4,033</u>	<u>3,000</u>	<u>(1,230)</u>	<u>5,803</u>
	<u>63,995</u>	<u>343,657</u>	<u>(330,517)</u>	<u>77,135</u>

15. Other financial commitments

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

16. Related party disclosures

There were no related party transactions for the year ended 31 March 2023.

Scarborough, Whitby and Ryedale Mind

England & Wales - Charity number 1133509

Accounts



Scarborough, Whitby and Ryedale Mind

Report of the Trustees and
Unaudited Financial Statements
For the year ended

31 March 2022

Registered Company Number: 07027702
Registered Charity Number: 1133509

Ashby Berry Coulsons

Chartered Accountants
Two Belgrave Crescent
Scarborough

Scarborough, Whitby and Ryedale Mind

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for the Year Ended 31 March 2022**

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Scarborough, Whitby and Ryedale Mind

Reference and Administrative Details for the Year Ended 31 March 2022

Trustees	C Miles D Latham C Swaine G K Harper S L Thomas A Rose	resigned 11 June 2022 appointed 24 September 2021 resigned 12 December 2022
Chief Executive	S Hall	
Registered office	24 Huntriss Row Scarborough North Yorkshire YO11 2EG	
Registered company number	07027702 (England and Wales)	
Registered charity number	1133509	
Independent examiner	Ashby Berry Coulsons 2 Belgrave Crescent Scarborough North Yorkshire YO11 1UB	

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2022

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

Objectives and activities

The objectives of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

Achievement and performance

By March 2022, we had been running our second year into the global Covid-19 pandemic and whilst we continued to provide services via the Covid-19 response hub (now the Community Support Organisation), we had begun to move away from the need for emergency parcels and food towards activities to get people out and about again alongside advice, information and vouchers where needed with over 50,000 interventions across the life of the hub and 84 people coming along to the small group and one off activities including poetry, book group, craft, art and martial arts.

Demand for our one-to-one service, Side by Side continued to receive more than double the referrals we had capacity for, and we came to the end of top up funding very kindly provided by Two Ridings Foundation, Ryedale District Council, Scarborough District Council, Beyond Housing and North Yorkshire County Council. The service reached 254 people through one-to-one support, volunteer matches, drop ins and workshops across the whole Scarborough, Whitby and Ryedale area. We also provided phone support to over 40 people who didn't meet the criteria for Side by Side but weren't receiving any other support.

Our long-term counselling service funded from a patchwork of sources was targeted to those with more severe and enduring conditions and especially those at higher risk of suicide. 62 people went through the full programme with a further 23 attending some sessions but not completing the full programme. These were delivered in a mix of telephone, zoom and face to face sessions by 5 independent counsellors with a range of therapeutic specialisms.

The Wellbeing Partnership which launched just before Covid-19 was finally able to begin delivering what we set out to do; a mixture of social prescribing, practical support, information, social connectivity and a listening ear. Our team worked with 273 clients, just over 100 of which were people with severe and enduring mental ill health.

Good Finance continued its long term delivery of welfare and debt advice and support in partnership with Scarborough & District Citizens Advice Bureau and worked closely with our Community Support Organisation to help identify any people at risk of the growing issues with cost of living and many people who were in changed financial circumstances post covid. Our worker Debi supported 67 people through the advice process and provided follow up support where needed to connect people with the right ongoing help.

Our SeeCHANGE project began in earnest. Devised prior to Covid-19 by a cross section of voluntary sector leaders, SeeCHANGE is a new partnership between charities, NHS providers, local councils and businesses to develop new ways of tackling health inequalities in Scarborough and many of these ideas such as a community grant panel will be coming to life in 2023 onwards.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2022

Achievement and performance - continued

We provided First Aid for Mental Health Training to over 50 people and invested in an additional trainer to meet the increasing demand from businesses and community groups.

The team once again have continued to deliver high quality services in a very challenging environment as more and more people seek help from mental health services across the board but the capacity of services isn't able to meet demand and need. Our staff and volunteers continue to be the most valuable of assets we could have as a small charity and alongside providing support, they continue to be tireless advocates for people experiencing mental illness.

The trustees have given due regard to public benefit guidance published by the Charity Commission and consider that the activities described above demonstrate how the charity fulfils its responsibilities to provide benefit to the public.

Financial review

The statement of financial activities shows an overall surplus of £33,626 (2021: £75,522).

Total reserves at the year end amounted to £138,038 (2021: £104,412). Of these reserves, unrestricted liquid reserves at 31 March 2022 were £60,441, (2021: £39,016).

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure plus any additional known liabilities and potential cessation costs. The trustees estimate this to amount to some £40,000 at 31 March 2022 (2021: £20,000). With the rapid growth of services and uncertainty of future funding, trustees feel that a larger reserve is appropriate to cover the cost-of-service provision were there to be any gaps in funding from grants.

Structure, governance and management

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting.

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 16 January 2023 and signed on its behalf by:

.....
D Latham - Trustee

Independent Examiner's Report to the Trustees of Scarborough, Whitby and Ryedale Mind

Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anne Mead BSc FCA
ICAEW
Ashby Berry Coulsons
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

Date: 17 January 2023

Scarborough, Whitby and Ryedale Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2022**

	Notes	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
Income and endowments from					
Donations and legacies	2	18,895	343,657	362,552	310,819
Other trading activities	3	2,654	-	2,654	2,333
Other income	4	-	-	-	<u>300</u>
Total		<u>21,549</u>	<u>343,657</u>	<u>365,206</u>	<u>313,452</u>
 Expenditure on Charitable activities					
Charitable Activities	5	<u>1,063</u>	<u>330,517</u>	<u>331,580</u>	<u>237,930</u>
 NET INCOME		20,486	13,140	33,626	75,522
 Reconciliation of funds					
Total funds brought forward		<u>40,417</u>	<u>63,995</u>	<u>104,412</u>	<u>28,890</u>
 Total funds carried forward		<u><u>60,903</u></u>	<u><u>77,135</u></u>	<u><u>138,038</u></u>	<u><u>104,412</u></u>

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet
31 March 2022**

	Notes	2022 £	2021 £
Fixed assets			
Tangible assets	11	462	1,401
Current assets			
Debtors	12	18,688	25,468
Cash at bank and in hand		<u>175,879</u>	<u>145,686</u>
		194,567	171,154
Creditors			
Amounts falling due within one year	13	(56,991)	(68,143)
		<u>137,576</u>	<u>103,011</u>
Net current assets			
		138,038	104,412
Total assets less current liabilities		<u>138,038</u>	<u>104,412</u>
NET ASSETS		<u>138,038</u>	<u>104,412</u>
Funds	16		
Unrestricted funds		60,903	40,417
Restricted funds		<u>77,135</u>	<u>63,995</u>
Total funds		<u>138,038</u>	<u>104,412</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2022 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet - continued
31 March 2022**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 16 January 2023 and were signed on its behalf by:

.....
D Latham - Trustee

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements for the Year Ended 31 March 2022

1. Accounting policies

Basis of preparing the financial statements

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Judgements and key sources of estimation uncertainty

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

1. Accounting policies - continued

Income - continued

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

1. Accounting policies - continued

Expenditure - continued

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 10% straight line or over the life of the associated grant
Computer equipment	- 25% straight line

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2022

1. Accounting policies - continued

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

2. Donations and legacies

	2022	2021
	£	£
Donations	10,438	14,506
Legacies	457	-
Grants - central and local government	49,958	73,138
Grants - Big Lottery	111,244	119,977
Grants - other	190,455	103,198
	<u>362,552</u>	<u>310,819</u>

£343,657 (2021: £286,314) of the above income was attributable to restricted and £18,895 (2021: £24,505) was attributable to unrestricted funds.

There are no unfulfilled conditions attached to grants recognised in income.

3. Other trading activities

	2022	2021
	£	£
Fundraising	689	698
Training	1,965	1,635
	<u>2,654</u>	<u>2,333</u>

All the above income for the current and preceding year was attributable to unrestricted funds.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

4. Other income

	2022	2021
	£	£
Gain on sale of tangible fixed assets	<u>-</u>	<u>300</u>

All the above income for the current and preceding year was attributable to unrestricted funds.

5. Charitable activities costs

	Direct Costs £	Support costs (see note 6) £	Totals £
Charitable Activities	<u>328,970</u>	<u>2,610</u>	<u>331,580</u>

Comparatives for charitable activities costs

Core activities	<u>235,530</u>	<u>2,400</u>	<u>237,930</u>
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£330,517 (2021 £230,391) of the above expenditure was attributable to restricted funds and £1,063 (2021: £7,539 to unrestricted funds).

6. Support costs

	Governance costs £
Charitable Activities	<u>2,610</u>

Independent examiner's remuneration

	2022	2021
	£	£
Independent examination of the financial statements current year	<u>2,610</u>	<u>2,400</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

6. Support costs - continued

Support costs, included in the above, are as follows:

Governance costs

	2022 Charitable activities £	2021 Total activities £
Independent examination	<u>2,610</u>	<u>2,400</u>

7. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2022 £	2021 £
Independent examination	2,610	2,400
Depreciation - owned assets	939	1,048
Other operating leases	7,292	8,290
Surplus on disposal of fixed assets	<u>-</u>	<u>(300)</u>

8. Trustees' remuneration and benefits

No trustee received any remuneration (2021 - £Nil).

Trustees' expenses

No expenses were reimbursed to the trustees (2021: £Nil).

9. Staff costs

	2022 £	2021 £
Wages and salaries	225,436	189,807
Social security costs	11,806	9,572
Other pension costs	<u>5,244</u>	<u>3,031</u>
	<u>242,486</u>	<u>202,410</u>

The average monthly number of employees during the year was as follows:

	2022	2021
Full time	8	6
Part time	<u>6</u>	<u>4</u>
	<u>14</u>	<u>10</u>

No employees received emoluments in excess of £60,000.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

9. Staff costs - continued

The full time equivalent number of staff at 31 March 2022 was 10.92 (2021:5.48).

The total remuneration of key management personnel amounted to £47,004 (2021: £45,127).

The charity also benefits from the time donated by volunteers.

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

10. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	24,505	286,314	310,819
Other trading activities	2,333	-	2,333
Other income	<u>300</u>	<u>-</u>	<u>300</u>
Total	<u>27,138</u>	<u>286,314</u>	<u>313,452</u>
Expenditure on Charitable activities			
Charitable Activities	<u>7,539</u>	<u>230,391</u>	<u>237,930</u>
NET INCOME	19,599	55,923	75,522
Reconciliation of funds			
Total funds brought forward	<u>20,818</u>	<u>8,072</u>	<u>28,890</u>
Total funds carried forward	<u>40,417</u>	<u>63,995</u>	<u>104,412</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

11. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2021	4,165	7,413	11,578
Disposals	<u>(3,337)</u>	<u>(785)</u>	<u>(4,122)</u>
At 31 March 2022	<u>828</u>	<u>6,628</u>	<u>7,456</u>
Depreciation			
At 1 April 2021	4,108	6,069	10,177
Charge for year	57	882	939
Eliminated on disposal	<u>(3,337)</u>	<u>(785)</u>	<u>(4,122)</u>
At 31 March 2022	<u>828</u>	<u>6,166</u>	<u>6,994</u>
Net book value			
At 31 March 2022	<u><u>-</u></u>	<u><u>462</u></u>	<u><u>462</u></u>
At 31 March 2021	<u><u>57</u></u>	<u><u>1,344</u></u>	<u><u>1,401</u></u>

12. Debtors: amounts falling due within one year

	2022 £	2021 £
Other debtors	<u><u>18,688</u></u>	<u><u>25,468</u></u>

13. Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	8,521	7,506
Social security and other taxes	-	823
Other creditors	960	-
Deferred income	41,839	51,180
Accrued expenses	<u>5,671</u>	<u>8,634</u>
	<u><u>56,991</u></u>	<u><u>68,143</u></u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

14. Leasing agreements

15. Analysis of net assets between funds

	Unrestricted fund £	Restricted fund £	2022 Total funds £	2021 Total funds £
Fixed assets	462	-	462	1,401
Current assets	62,228	132,339	194,567	171,154
Current liabilities	<u>(1,787)</u>	<u>(55,204)</u>	<u>(56,991)</u>	<u>(68,143)</u>
	<u>60,903</u>	<u>77,135</u>	<u>138,038</u>	<u>104,412</u>

Comparatives for analysis of assets between funds

	Unrestricted Fund £	Restricted Fund £	2021 Total Funds	2020 Total Funds
Fixed Assets	1,401	-	1,401	1,062
Current Assets	55,979	115,175	171,154	49,418
Current Liabilities	<u>(16,963)</u>	<u>(51,180)</u>	<u>(68,143)</u>	<u>(21,590)</u>
	<u>40,417</u>	<u>63,995</u>	<u>104,412</u>	<u>28,890</u>

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2022

16. Movement in funds

	1 April 2021	Incoming resources	Resources expended	31 March 2022
	£	£	£	£
Unrestricted funds				
General fund	<u>40,417</u>	<u>21,549</u>	<u>(1,063)</u>	<u>60,903</u>
Restricted funds				
National Lottery				
Community Fund –				
Side by Side	20,939	111,244	(124,041)	8,142
NYCC - Covid Hub	28,663	36,000	(14,857)	49,806
Counselling via Covid				
Hub	9,279	14,958	(12,293)	11,944
Sirius Minerals -				
Regroup & Rebuild	-	9,412	(7,972)	1,440
Mental Health Support				
Worker		18,750	(18,750)	-
Social prescribing	-	82,738	(82,738)	-
Social prescribing via				
Age UK	-	33,405	(33,405)	-
Good finance = Good				
health	-	17,838	(17,838)	-
Money in Mind	1,081	14,647	(15,728)	-
National Mind – Office	4,033	3,000	(1,230)	5,803
& IT				
Awards 4 All - Children &				
Young People	<u>-</u>	<u>1,665</u>	<u>(1,665)</u>	<u>-</u>
	<u>63,995</u>	<u>343,657</u>	<u>(330,517)</u>	<u>77,135</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2022**

16. Movement in funds - continued

Comparatives for movements in funds

	1 April 2020 £	Incoming resources £	Resources expended £	31 March 2021 £
Unrestricted funds				
General fund	<u>20,818</u>	<u>27,138</u>	<u>(7,539)</u>	<u>40,417</u>
Restricted funds				
National Lottery				
Community Fund –				
Side by Side	6,991	119,978	(106,030)	20,939
NYCC - Covid Hub	-	63,138	(34,475)	28,663
Counselling via Covid				
Hub	-	13,685	(4,406)	9,279
Sirius Minerals -				
Regroup & Rebuild	-	4,707	(4,707)	-
Social prescribing	-	36,263	((36,263)	-
Social prescribing via				
Age UK	-	19,304	(19,304)	-
Mental Health Support				
Worker	-	6,250	(6,250)	-
Good finance = Good				
health	-	17,489	(17,489)	-
Money in Mind	1,081	-	-	1,081
National Mind - IT	-	5,500	(1,467)	4,033
	<u>8,072</u>	<u>286,314</u>	<u>(230,391)</u>	<u>63,995</u>

17. Other financial commitments

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

18. Related party disclosures

There were no related party transactions for the year ended 31 March 2022.

Scarborough, Whitby and Ryedale Mind

England & Wales - Charity number 1133509

Accounts



Scarborough, Whitby and Ryedale Mind

Report of the Trustees and
Unaudited Financial Statements
For the year ended

31 March 2021

Registered Company Number: 07027702
Registered Charity Number: 1133509

Ashby Berry Coulsons

Chartered Accountants
Two Belgrave Crescent
Scarborough

Scarborough, Whitby and Ryedale Mind

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for the Year Ended 31 March 2021**

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Scarborough, Whitby and Ryedale Mind

Reference and Administrative Details for the Year Ended 31 March 2021

Trustees	C Miles D Latham P Steel C Swaine G K Harper S L Thomas T Rodgers A Rose	resigned 23 March 2021 resigned 23 March 2021 appointed 24 September 2021
Chief Executive	S Hall	
Registered office	24 Huntriss Row Scarborough North Yorkshire YO11 2EG	
Registered company number	07027702 (England and Wales)	
Registered charity number	1133509	
Independent examiner	Ashby Berry Coulsons 2 Belgrave Crescent Scarborough North Yorkshire YO11 1UB	

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

This report includes the directors' report required by company law.

Objectives and activities

The objectives of the charity are to promote in Scarborough, Whitby and Ryedale and their surrounds the preservation and safeguarding of mental health and the relief of persons suffering from mental disorder of conditions of emotional or mental distress requiring advice or treatment, in association with Mind (National Association of Mental Health) and in accordance with the aims and objectives of Mind.

Achievement and performance

By March 2021, we had been running around a year into the global Covid-19 pandemic and much of our work was focused on the Covid-19 response hub, which in its first year, provided over 30,000 interventions including shopping, befriending calls, food parcels, activity packs, online activities and emergency food vouchers. Towards the end of the year, as lockdown rules relaxed, we began running small group outdoor activities to encourage people to start getting out and about again and making new friends.

Demand for our one to one service, Side by Side, was up over 400% across the year. We were able to increase capacity with additional funding from 2 Ridings Foundation, Ryedale District Council, Scarborough District Council, Beyond Housing and North Yorkshire County Council which allowed us to support an additional 108 people with one to one help. Side by Side carried on as a mix of telephone or digital support, alongside face to face appointments for those who still wanted support in person. Side by Side far exceeded its outcomes in its first year with over 230 people receiving support versus the 130 target within the project and the whole team worked incredibly hard to support people struggling with the impact of mental ill health worsened by the pandemic.

The Wellbeing Partnership Social Prescribing Service also saw overwhelming demand and we added specialist mental health practitioners to the service, tasked with working with people who were experiencing more complex mental health issues. In its first year, the service had over 7000 contacts with over 900 individuals providing a listening ear, information on guidance on support services, referrals to local and national services and check in calls.

With funding from National Mind via Pears, Ryedale District Council and North Yorkshire County Council Suicide Prevention funding, we were able to open a wider offer of counselling to people most at risk of severe mental ill health and suicide and that received 88 referrals with people receiving up to 8 sessions of talking therapy either via telephone, video call or in person where appropriate and safe. 94% of service users completing the programme felt it improved their mental health and 96% would have recommended it to friends or family.

Both Good Finance and Money in Mind continued to provide welfare and debt advice, although Money in Mind was placed on hold whilst the benefit assessment process was on hold. Feedback from the service exit surveys was overwhelmingly positive and the services provided an invaluable lifeline to people when finances were hugely under pressure due to Covid-19.

Despite the challenges we all faced in delivering support as well as the stress faced by staff and partners in maintaining as much service delivery as possible, our team did phenomenal work under the toughest of circumstances. Four new staff, a service manager and three support workers, joined us. Both the trustees and senior management team are incredibly thankful for the hard work from every person in the team, volunteers and staff alike but we also have to thank a lot of people in the community who came forward to offer significant help, particularly to the Covid Response Hub.

Scarborough, Whitby and Ryedale Mind

Report of the Trustees for the Year Ended 31 March 2021

Despite the hardship local business people faced, many went beyond the call of duty delivering hundreds of prescriptions and food parcels, with one organisation feeding vulnerable local residents with a home meal delivery service. Two local branches of national supermarkets helped provide emergency food provisions, which volunteers duly took to those isolating. A huge thank you is also needed for our voluntary sector and statutory colleagues who stepped in to help, whatever the task, from traffic wardens, district counsellors and council staff doing emergency shops and deliveries to voluntary sector colleagues for always being on the end of the phone for whatever task was needed.

In a year dominated by tough times, it was heartening that so many people in our community came forward to help in any way they could.

The trustees have given due regard to public benefit guidance published by the Charity Commission and consider that the activities described above demonstrate how the charity fulfils its responsibilities to provide benefit to the public.

Financial review

The statement of financial activities shows an overall surplus of £75,522 (2020: £3,375).

Total reserves at the year end amounted to £104,412 (2020: £28,890). Of these reserves, unrestricted liquid reserves at 31 March 2021 were £39,016, (2020: £19,756).

The charity's reserves policy is to hold unrestricted liquid reserves sufficient to cover three months unrestricted expenditure in non-Covid times plus any additional known liabilities and potential cessation costs. The trustees estimate this to amount to some £20,000 at 31 March 2021.

Structure, governance and management

Scarborough Whitby and Ryedale Mind (also known as SWR Mind) is governed by its Memorandum and Articles of Association. It was incorporated on 23 September 2009 and registered as a charity on 12 January 2010, taking over the assets of its predecessor, the unincorporated charity Scarborough Whitby & Ryedale Mind. The charity is affiliated to the national charity Mind. Trustees are recruited from among the charity's members and are elected at the annual general meeting.

The charity is managed by the trustees, with the day to day operations being delegated to senior staff. At the monthly meetings the Trustees monitor all risks that the charity is exposed to and take the necessary steps to manage those risks. They review the policies and gain an update on operational issues, activities and actions from the senior management team.

The financial statements have been prepared in accordance with the accounting policies set out in notes to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019.

This report has been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

Approved by order of the board of trustees on 3 March 2022 and signed on its behalf by:

.....
C Miles - Trustee

Independent Examiner's Report to the Trustees of Scarborough, Whitby and Ryedale Mind

Independent examiner's report to the trustees of Scarborough, Whitby and Ryedale Mind ('the Company').

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a registered member of ICAEW which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Anne Mead BSc FCA
ICAEW
Ashby Berry Coulsons
2 Belgrave Crescent
Scarborough
North Yorkshire
YO11 1UB

Date: 7 March 2022

Scarborough, Whitby and Ryedale Mind

**Statement of Financial Activities
(Incorporating an Income and Expenditure Account)
for the Year Ended 31 March 2021**

	Notes	Unrestricted fund £	Restricted fund £	2021 Total funds £	2020 Total funds £
Income and endowments from					
Donations and legacies	2	24,505	286,314	310,819	111,556
Other trading activities	3	2,333	-	2,333	2,365
Other income	4	<u>300</u>	<u>-</u>	<u>300</u>	<u>-</u>
Total		27,138	286,314	313,452	113,921
 Expenditure on					
Raising funds	5	-	-	-	281
 Charitable activities					
Charitable Activities	6	7,539	230,391	237,930	110,265
Total		<u>7,539</u>	<u>230,391</u>	<u>237,930</u>	<u>110,546</u>
 NET INCOME		 19,599	 55,923	 75,522	 3,375
 Reconciliation of funds					
Total funds brought forward		20,818	8,072	28,890	25,515
Total funds carried forward		<u>40,417</u>	<u>63,995</u>	<u>104,412</u>	<u>28,890</u>

The notes form part of these financial statements

Scarborough, Whitby and Ryedale Mind (Registered number: 07027702)

**Balance Sheet
31 March 2021**

	Notes	2021 £	2020 £
Fixed assets			
Tangible assets	12	1,401	1,062
Current assets			
Debtors	13	25,468	10,895
Cash at bank and in hand		<u>145,686</u>	<u>38,523</u>
		171,154	49,418
Creditors			
Amounts falling due within one year	14	<u>(68,143)</u>	<u>(21,590)</u>
Net current assets		<u>103,011</u>	<u>27,828</u>
Total assets less current liabilities		<u>104,412</u>	28,890
NET ASSETS		<u><u>104,412</u></u>	<u><u>28,890</u></u>
Funds	16		
Unrestricted funds		40,417	20,818
Restricted funds		<u>63,995</u>	<u>8,072</u>
Total funds		<u><u>104,412</u></u>	<u><u>28,890</u></u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

**Balance Sheet - continued
31 March 2021**

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 3 March 2022 and were signed on its behalf by:

.....
C Miles - Trustee

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements for the Year Ended 31 March 2021

1. Accounting policies

Basis of preparing the financial statements

Scarborough, Whitby and Ryedale Mind is a charitable company limited by guarantee in England/Wales. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The address of the registered office is given in the charity information on page 1 of these financial statements. The nature of the charity's operations and principal activity is to provide advice and support to anyone experiencing mental health problems.

Basis of preparing the financial statements

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

Judgements and key sources of estimation uncertainty

The trustees consider that no judgements, apart from those involving estimates, have been made in the process of applying the above accounting policies which have had a significant effect on amounts recognised in the financial statements.

The trustees consider that no key assumptions concerning the future and other key sources of estimation uncertainty at the reporting date have been made which have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year.

Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

1. Accounting policies - continued

Income - continued

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised at fair value when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of the provision of specified services is deferred until the criteria for income recognition are met.

Donated services and facilities

Donated professional services and donated facilities are recognised as income when the charity has control over the item, any conditions associated with the donated item have been met, the receipt of economic benefit from the use by the charity of the item is probable and that economic benefit can be measured reliably.

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102).

On receipt, donated professional services and donated facilities are recognised on the basis of the fair value of the gift to the charity which is the amount the charity would have been willing to pay to obtain services or facilities of equivalent economic benefit on the open market; a corresponding amount is then recognised in expenditure in the period of receipt.

Fixed asset gifts in kind are recognised when receivable and are included at fair value. The income is not deferred over the life of the asset.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to the applicable expenditure headings in the statement of financial activities.

Expenditure on charitable activities includes the costs of activities undertaken to further the purposes of the charity and their associated support costs.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

1. Accounting policies - continued

Expenditure - continued

Support costs are those functions that assist the work of the charity but do not directly undertake charitable activities. Support costs include administrative and governance costs. Governance costs comprise all costs involving the public accountability of the charity and its compliance with regulation and good practice.

Irrecoverable VAT

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided at rates calculated to write off the cost less residual value of each asset over its expected useful life, as follows:

Fixtures, fittings and equipment	- 10% straight line or over the life of the associated grant
Computer equipment	- 25% straight line

Debtors and creditors

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Provisions

Provisions are recognised when the charity has an obligation at the balance sheet date as a result of a past event, it is probable that an outflow of economic benefits will be required in settlement and the amount can be reliably estimated.

Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity contributes to a defined contribution workplace pension plan for the benefit of its employees. Contributions are charged to the statement of financial activities in the period to which they relate.

Termination payments are recognised as a liability and an expense when the charity is committed to terminate the employment of an employee.

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued for the Year Ended 31 March 2021

1. Accounting policies - continued

Taxation

The charity is exempt from corporation tax on its charitable activities.

Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of future income and expenditure, taking into account the effects of the Covid 19 pandemic. In their view, these are sufficient for the charity to be able to continue as a going concern for at least 12 months from the date of authorisation of these financial statements.

2. Donations and legacies

	2021	2020
	£	£
Donations	14,506	23,999
Grants - central and local government: Covid support	10,000	-
Grants - central and local government: Service delivery	63,138	4,962
Grants - Big Lottery	119,977	50,174
Grants - other	103,198	32,421
	<u>310,819</u>	<u>111,556</u>

£286,314 (2020: £87,057) of the above income was attributable to restricted and £24,505 (2020: £24,499) was attributable to unrestricted funds.

The charity also benefits from volunteer time.

There are no unfulfilled conditions attached to grants recognised in income.

3. Other trading activities

	2021	2020
	£	£
Fundraising	698	2,365
Training	1,635	-
	<u>2,333</u>	<u>2,365</u>

All the above income for the current and preceding year was attributable to unrestricted funds.

4. Other income

	2021	2020
	£	£
Gain on sale of tangible fixed assets	300	-

All the above income for the current and preceding year was attributable to unrestricted funds.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

5. Raising funds

Raising donations and legacies

	2021	2020
	£	£
Sundries	<u>-</u>	<u>281</u>

All the above expenditure for the current and preceding year was attributable to unrestricted funds.

6. Charitable activities costs

	Direct Costs £	Support costs (see note 7) £	Totals £
Charitable Activities	<u>235,530</u>	<u>2,400</u>	<u>237,930</u>
Comparatives for charitable activities costs			
Core activities	<u>108,438</u>	<u>1,827</u>	<u>10,265</u>

£230,391 (2020 £78,985) of the above expenditure was attributable to restricted funds and £7,539 (2020: £31,596 to unrestricted funds).

7. Support costs

	Governance costs £
Charitable Activities	<u>2,400</u>

Support costs, included in the above, are as follows:

Governance costs

	2021	2020
	Charitable activities £	Total activities £
Independent examination	<u>2,400</u>	<u>1,800</u>
Travel expenses	<u>-</u>	<u>27</u>
	<u>2,400</u>	<u>1,827</u>

Independent examiner's remuneration

	2021	2020
	£	£
Independent examination of the financial statements current year	<u>2,400</u>	<u>1,800</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

8. Net income/(expenditure)

Net income/(expenditure) is stated after charging/(crediting):

	2021	2020
	£	£
Independent examination	2,400	1,800
Depreciation - owned assets	1,048	793
Other operating leases	8,290	8,040
Surplus on disposal of fixed assets	<u>(300)</u>	<u>-</u>

9. Trustees' remuneration and benefits

No trustee received any remuneration (2020 - £Nil).

Trustees' expenses

No expenses were reimbursed to the trustees (2020: £27 reimbursed to one trustee).

10. Staff costs

	2021	2020
	£	£
Wages and salaries	189,807	82,605
Social security costs	9,572	834
Other pension costs	<u>3,031</u>	<u>997</u>
	<u>202,410</u>	<u>84,436</u>

The average monthly number of employees during the year was as follows:

	2021	2020
Full time	6	-
Part time	<u>4</u>	<u>6</u>
	<u>10</u>	<u>6</u>

No employees received emoluments in excess of £60,000.

The full time equivalent number of staff at 31 March 2021 was 5.48 (2020:3.26).

The total remuneration of key management personnel amounted to £30,454 (2020: £31,152).

In addition to paid staff, volunteers are crucial to delivering services and keeping the charity running.

The liability and expense relating to the employer's costs of the defined contribution workplace pension scheme are allocated between restricted and unrestricted funds in line with the funding of the relevant staff members.

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

11. Comparatives for the statement of financial activities

	Unrestricted fund £	Restricted fund £	Total funds £
Income and endowments from			
Donations and legacies	24,499	87,057	111,556
Other trading activities	<u>2,365</u>	<u>-</u>	<u>2,365</u>
Total	26,864	87,057	113,921
Expenditure on			
Raising funds	281	-	281
Charitable activities			
Charitable Activities	31,280	78,985	110,265
Total	<u>31,561</u>	<u>78,985</u>	<u>110,546</u>
NET INCOME/(EXPENDITURE)	(4,697)	8,072	3,375
Reconciliation of funds			
Total funds brought forward	25,515	-	25,515
Total funds carried forward	<u>20,818</u>	<u>8,072</u>	<u>28,890</u>

12. Tangible fixed assets

	Fixtures and fittings £	Computer equipment £	Totals £
Cost			
At 1 April 2020	4,605	6,743	11,348
Additions	-	1,387	1,387
Disposals	<u>(440)</u>	<u>(717)</u>	<u>(1,157)</u>
At 31 March 2021	<u>4,165</u>	<u>7,413</u>	<u>11,578</u>
Depreciation			
At 1 April 2020	4,383	5,903	10,286
Charge for year	165	883	1,048
Eliminated on disposal	<u>(440)</u>	<u>(717)</u>	<u>(1,157)</u>
At 31 March 2021	<u>4,108</u>	<u>6,069</u>	<u>10,177</u>
Net book value			
At 31 March 2021	<u>57</u>	<u>1,344</u>	<u>1,401</u>
At 31 March 2020	<u>222</u>	<u>840</u>	<u>1,062</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

13. Debtors: amounts falling due within one year			2021	2020
			£	£
Other debtors			<u>25,468</u>	<u>10,895</u>
14. Creditors: amounts falling due within one year			2021	2020
			£	£
Trade creditors			7,506	4,644
Social security and other taxes			823	-
Deferred income			51,180	15,146
Accrued expenses			<u>8,634</u>	<u>1,800</u>
			<u>68,143</u>	<u>21,590</u>
15. Analysis of net assets between funds			2021	2020
	Unrestricted	Restricted	Total	Total
	fund	fund	funds	funds
	£	£	£	£
Fixed assets	1,401	-	1,401	1,062
Current assets	55,979	115,175	171,154	49,418
Current liabilities	<u>(16,963)</u>	<u>(51,180)</u>	<u>(68,143)</u>	<u>(21,590)</u>
	<u>40,417</u>	<u>63,995</u>	<u>104,412</u>	<u>28,890</u>
Comparatives for analysis of assets between funds				
	Unrestricted	Restricted	2020	2019
	fund	fund	Total	Total
	£	£	funds	funds
Fixed Assets	1,062	-	1,062	595
Current Assets	26,199	23,219	49,418	30,635
Current Liabilities	<u>(6,443)</u>	<u>(15,147)</u>	<u>(21,590)</u>	<u>(5,715)</u>
	<u>20,818</u>	<u>8,072</u>	<u>28,890</u>	<u>25,515</u>

Scarborough, Whitby and Ryedale Mind

Notes to the Financial Statements - continued
for the Year Ended 31 March 2021

16. Movement in funds

	1 April 2020 £	Incoming resources £	Resources expended £	31 March 2021 £
Unrestricted funds				
General fund	<u>20,818</u>	<u>27,138</u>	<u>(7,539)</u>	<u>40,417</u>
Restricted funds				
National Lottery Community Fund - Side by Side	6,991	119,978	(106,030)	20,939
NYCC - Covid Hub	-	63,138	(34,475)	28,663
Counselling via Covid Hub	-	13,685	(4,406)	9,279
Sirius Minerals - Regroup & Rebuild	-	4,707	(4,707)	-
Social prescribing	-	36,263	((36,263)	-
Social prescribing via Age UK	-	19,304	(19,304)	-
Mental Health Support Worker	-	6,250	(6,250)	-
Good finance = Good health	-	17,489	(17,489)	-
Money in Mind	1,081	-	-	1,081
National Mind - IT	-	5,500	(1,467)	4,033
	<u>8,072</u>	<u>286,314</u>	<u>(230,391)</u>	<u>63,995</u>
	1 April 2019 £	Incoming resources £	Resources expended £	31 March 2020 £
Unrestricted funds				
General fund	<u>25,515</u>	<u>26,862</u>	<u>(31,559)</u>	<u>20,818</u>
Restricted funds				
National Lottery Community Fund Side by Side	-	50,174	(43,183)	6,991
NYCC Stronger Communities suicide prevention	-	4,962	(4,962)	-
Good finance = Good health	-	12,922	(12,922)	-
Money in Mind	-	10,976	(9,895)	1,081
Social prescribing	-	8,023	((8,023)	-
	<u>-</u>	<u>87,057</u>	<u>(78,985)</u>	<u>8,072</u>

Scarborough, Whitby and Ryedale Mind

**Notes to the Financial Statements - continued
for the Year Ended 31 March 2021**

17. Other financial commitments

The charity leases its premises under an operating lease which can be cancelled with a month's notice. The maximum commitment under this lease is considered to be immaterial.

18. Related party disclosures

There were no related party transactions for the year ended 31 March 2021.