

Friends In St Helier

Financial Statements

For the Year Ended 31 March 2025

Friends In St Helier

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Friends In St Helier

Charity No: 1133500

Information

Principal venue for activities

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Registered Address

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Bank

The Co-operative Bank
Business Direct
P.O Box 250
Skelmersdale
WN8 6WT

Independent Examiner

Waqar Ahmed ACA FCCA
Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Trustees' Annual Report for the year 2024-25

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2025

Trustees

Abdul Raheman Mohidin	Chair
Helen Jones	Secretary
Maurice Albert Gilley	Treasurer
Ann Giddy	Operations Manager
Mavis Valerie Jacobs	Fundraising Secretary
Alan Warrenner	User and Volunteer
Jean Payne	User and Volunteer
Ted Rhodes	User and Volunteer (Until 16 January 2025)
Shirley Saunders	User and Volunteer
Frances Chandler	User and Volunteer

Structure, governance and management

Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting.

Objectives, activities, achievements and performance

Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

A grant of £50.1k from London Borough of Merton and donations of £5k enabled us to keep our operations going. We were able to operate for 40 weeks. We served 3200 meals. Provided 72 free exercise classes, thanks to the Merton Borough of sports grant. The attendance has averaged 84 members per week. Staff have managed to organise 8 outings for members and one four-night holiday. These were a great success. Christmas lunches were well attended at all the Clubs. 4 parties for members and guests were held on average 40 people attended each. We again worked with NHS Southwest London to promote community vaccination programmes and local pharmacies.

We remain active in supporting the Merton Community Hub and also active in the Merton sustainable Project the Food Response Network.

Appreciation

Trustees (10) are grateful for the many hours staff (3), volunteers (20), have spent encouraging and supporting members. Without their valuable contribution of time, energy and expertise, we would not have been able to achieve so much. Trustees are grateful for the support and funding received from London Borough of Merton, Borough of Sports, Clarion Futures and all the other small donors who have helped us.

Financial review

The accounts show a loss of £14k. This can be attributed to a drop in numbers attending the clubs, an increase in staff wages, under accruing for day trip creditors and the increase in retail prices. We managed to raise funds £8k through donations and fund raising, less than what budgeted for. We earned £1.1k in bank interest. We had to use £14k of our reserves to pay for some of the expenditure. Merton again gave us an operational grant of £50.1k but the 6 monthly payments were received a month late. We were not successful in attracting commercial or charity foundation donors.

Trustees reviewed all the clubs and agreed to cease operations at Sir Arthur Bliss Court due to safety reasons and operate Yenston Close as a breakfast club until July 2025. Both Yenston and Oak Tuesday will be reassessed in August 2025. Trustees also agreed to increase the price of food by £1 from May 2025.

The Trustees expressed their condolences to Ted Rhodes's family who passed away due to ill health in January 2025. Ted attended LMBC and was a Trustee who contributed positively at the meetings. He will be missed.

Reserves Policy

The Reserves Policy was reviewed. The aim remains the same to ensure reserves held are equal to 6 months of operating expenditure. This was achieved at the end of the financial year 2024/25.

Expenditure and Staff Report

The Trustees, staff and volunteers are committed to ensuring we meet our goals and values in 2025. We will carry on providing meals, recreation, information, advice and support the elderly community of Merton to live a healthy and independent life. We will adapt our services accordingly to meet the demands and challenges that arise in the coming years.

Staff levels and volunteer numbers were reviewed. Following this, the Trustees approved 7.7% wage rise. Wages will be reviewed annually in alignment with Local Authority pay scales. Any wage increases are dependent upon available funding, but we are committed to paying the London Living Wage.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees



Abdul Raheman Mohidin

Chair

Date: 04/09/2025



Maurice Albert Gilley

Treasurer

Date: 04/09/2025

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2025, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed ACA FCCA
C/O Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date:

Friends In St Helier
Annual accounts for the Year Ended 31 March 2025

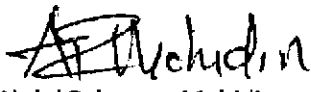
Statement of financial activities					
	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Incoming resources					
Donations and legacies		58,774	-	58,774	62,493
Charitable activities		39,583	4,500	44,083	59,264
Investment activities		1,020	-	1,020	1,066
Total	3	99,377	4,500	103,877	122,823
Resources expended					
Fundraising expenses		590		590	1,272
Charitable activities	4	114,680	2,545	117,225	119,654
Total		115,270	2,545	117,815	120,926
Net income/(expenditure) before investment gains/(losses)		(15,893)	1,955	(13,938)	1,897
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		(15,893)	1,955	(13,938)	1,897
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
Net movement in funds		(15,893)	1,955	(13,938)	1,897
Reconciliation of funds:					
Total funds brought forward		58,851	722	59,573	57,676
Total funds carried forward	10	42,958	2,677	45,635	59,573


Friends In St Heller
As at 31 March 2025

Balance sheet

	Notes	Unrestricted funds	Restricted income funds	Total 2025	Total 2024
		£	£	£	£
Current assets					
Cash at bank and in hand	8	50,615	2,677	53,292	66,948
Prepayments & other receivables	9	772	-	772	834
Total current assets		51,387	2,677	54,064	67,782
Creditors: amounts falling due within one year	7	8,429	-	8,429	8,209
Net current assets/(liabilities)		42,958	2,677	45,635	59,573
Total assets less current liabilities		42,958	2,677	45,635	59,573
Creditors: amounts falling due after one year		-	-	-	-
Total net assets or liabilities		42,958	2,677	45,635	59,573
Funds of the Charity					
Unrestricted funds	10	42,958		42,958	58,851
Restricted funds		-	2,677	2,677	722
Total funds		42,958	2,677	45,635	59,573

The financial statements were approved by the board of trustees and were signed on their behalf by:


 Abdul Raheman Mohidin
 Chair
 Date: 04/09/2025


 Maurice Albert Gilley
 Treasurer
 Date: 04/09/2025

The notes on page 7 to 10 form part of the financial statements

1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2 Accounting policies

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Volunteer help

The value of any voluntary help received is not included in the accounts.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund structure

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

3 Analysis of income

		Unrestricted funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£
Donations and legacies:	Donations and gifts	7,931	-	7,931	6,856
	Legacies	-	-	-	5,000
	General grants provided by government/ other charities	50,844		50,844	50,637
		<u>58,774</u>	<u>-</u>	<u>58,774</u>	<u>62,493</u>
Charitable activities:	Transport	3,065		3,065	4,633
	Kitchen	15,810	-	15,810	17,283
	Holiday Club	14,452	-	14,452	27,618
	Subscriptions	6,257	-	6,257	6,868
	Keep Fit	-	4,500	4,500	2,862
		<u>39,583</u>	<u>4,500</u>	<u>44,083</u>	<u>59,264</u>
Investment activities:	Bank interest	1,020		1,020	1,066
		<u>1,020</u>	<u>-</u>	<u>1,020</u>	<u>1,066</u>
TOTAL INCOME		<u>99,377</u>	<u>4,500</u>	<u>103,877</u>	<u>122,823</u>

4 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Transport	3,420		3,420	3,509
Wages	63,637	-	63,637	58,406
Pensions	1,909	-	1,909	1,752
Rent	7,906	-	7,906	8,106
Kitchen Supplies	14,581	-	14,581	14,079
Holiday club	17,076	-	17,076	24,394
Volunteer expenses	20	-	20	369
Telephone	589	-	589	792
Insurance	697	-	697	640
Licence	419	-	419	456
Accountancy and Independent Examination	1,500	-	1,500	1,500
Printing, postage & stationery	853	-	853	996
Travel & parking	590	-	590	1,632
Member entertainment	913	-	913	120
Member health	-	2,545	2,545	2,140
Computer & software	485	-	485	394
Bank charges	-	-	-	-
Sundries	83	-	83	369
	<u>114,680</u>	<u>2,545</u>	<u>117,225</u>	<u>119,654</u>

5 Staff Costs

Salaries and wages	63,637	58,406
Pension	1,909	1,752
	<u>65,546</u>	<u>60,158</u>

The Average number of paid staff employed during the year was 3. (2024: 3)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2024 £Nil).

6 Accountancy and Independent Examination Costs

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<u>1,500</u>	<u>1,500</u>

7 Creditors: Amount falling due within one year

	2025 £	2024 £
Accruals	4,550	3,175
Other creditors	3,879	5,034
	<u>8,429</u>	<u>8,209</u>

8 Cash at bank and in hand

Bank	50,036	66,606
Cash In Hand	3,256	342
	<u>53,292</u>	<u>66,948</u>

9 Prepayments & other receivables

Prepayments	240	240
Other receivables	532	594
	<u>772</u>	<u>834</u>

10 Funds

Details of funds held and movements during current year

	Balance at 1 April 2024 £	Incoming Resources £	Resources Expended £	Balance at 31 March 2025 £
Unrestricted Funds	58,851	99,377	(115,270)	42,958
Restricted Funds	722	4,500	(2,545)	2,677
	<u>59,573</u>	<u>103,877</u>	<u>(117,815)</u>	<u>45,635</u>

Details of funds held and movements during previous year

	Balance at 1 April 2023 £	Incoming Resources £	Resources Expended £	Balance at 31 March 2024 £
Unrestricted Funds	56,446	121,191	(118,786)	58,851
Restricted Funds	1,230	1,632	(2,140)	722
	<u>57,676</u>	<u>122,823</u>	<u>(120,926)</u>	<u>59,573</u>

11 Transactions with trustees and related parties

All directors/trustees are volunteers and do not receive any remuneration for their services. (2024: Nil)

There was no reimbursement of Trustees expenses during the year (2024 Nil).

12 Post balance Sheet events

There are no post-balance sheet events with an impact on the Charity's financial statements



Independent Examiner's Report to the trustees of Friends In St. Helier Trust

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2025, which are set out on pages 5 to 10.

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Date: 04-09-2025