

**Friends In St Helier**

**Financial Statements**

**For the Year Ended 31 March 2023**

## **Friends In St Helier**

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**Friends In St Helier**

**Charity No: 1133500**

**Information**

**Principal venue for activities**

St Georges Church Hall  
Central Road  
Morden  
Surrey  
SM4 5RJ

**Registered Address**

St Georges Church Hall  
Central Road  
Morden  
Surrey  
SM4 5RJ

**Bank**

The Co-operative Bank  
Business Direct  
P.O Box 250  
Skelmersdale  
WN8 6WT

**Independent Examiner**

Waqar Ahmed ACA FCCA  
Proacc Consulting Ltd  
Chartered Certified Accountants  
3rd Floor, 86-90 Paul Street, London  
EC2A 4NE

## Trustees' Annual Report for the year 2022-23

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2023

Mr Maurice Albert Gilley	Chair
Mr Abdul Raheman Mohidin	Secretary & Treasurer
Ms Mary Curtin	Operations Secretary
Ms Mavis Jacobs	Fundraising Secretary
Mr Alan Warrener	User and Volunteer
Mrs Jean Payne	User and Volunteer
Mr Ted Rhodes	User and Volunteer
Mrs Ann Giddy	User and Volunteer
Mrs Shirley Saunders	User and Volunteer

### Structure, governance and management

#### Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

#### Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting.

### Objectives, activities, achievements and performance

#### Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

#### Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

2022 was another difficult operating year. A grant of £42k from London Borough of Merton enabled us to keep our operations going. We were able to operate for 40 weeks, served 3550 meals and provided 69 Monday Exercise classes. The attendance has averaged 91 members per week. Thanks to Wimbledon Foundation grant of £1.9k, we have continued to provide free pre-lunch Movement to Music (22) classes to all our members. Staff have managed to organise 10 outings for members. A four-night tinsel and turkey holiday to the Warner Holme Lacy House, Herefordshire for 36 members was arranged. This was a great success. Christmas lunches were well attended.

We remain active in supporting the Merton Community Hub and also active in the Merton sustainable Project the Food Response Network.

#### Appreciation

Trustees (9) are grateful for the many hours staff (3), volunteers (17), have spent encouraging and supporting members. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much. Trustees are grateful for the support and funding received from London Borough of Merton, Clarion Futures, Wimbledon Foundation and all the other donors who have helped.

### Financial review

It has been a very difficult financial year. The accounts show a loss of £8.8k. This was mainly due to an increase in wages and a licence fee payment to PPL/PRS. There have been no donations from any of the small charity foundations. We managed to raise funds £3.8k from raffles, small funding events any subscriptions to cover some of our administration costs. Merton again gave us an operational grant of £42k. Prudent shopping and supplies from the Felix project has helped us keep food costs down. Trustee agreed not to increase prices to members. The Trustees express their sincere gratitude to all the donors.

#### Reserves Policy

The Reserves Policy's was reviewed and the aim still remains the same to ensure reserves held are equal to 3-6 months of operating expenditure. This was achieved at the end of the financial year 2022/23.

#### Operational and Staff Report

The Trustees, staff and volunteers are committed to ensuring we meet our goals and values in 2023. We will carry on providing meals, recreation, information and advice. We will adapt our services accordingly to meet the demands and challenges that arise in the coming years.

Staff levels and volunteer numbers were reviewed. Following this the Trustees approved 5% wage rise. Wages will be reviewed annually in alignment with Local Authority pay scales. Any wage increases are dependent upon available funding.

#### Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees


Signatures



Maurice Albert Gilley

Chair

Date: 22/8/2023



Abdul Raheman Mohidin

Treasurer

Date: 22/8/2023

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2023, which are set out on pages 5 to 10.

#### **Respective responsibilities of trustees and examiner**

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

#### **Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed ACA FCCA  
C/O Proacc Consulting Ltd  
Chartered Certified Accountants  
3rd Floor, 86-90 Paul Street, London  
EC2A 4NE

Date:

**Friends In St Helier**  
**Annual accounts for the Year Ended 31 March 2023**

**Statement of financial activities**

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>Incoming resources</b>					
Donations and legacies		51,436	-	51,436	49,764
Charitable activities		47,922	1,900	49,822	32,212
Investment activities		340	-	340	-
<b>Total</b>	3	99,698	1,900	101,598	81,976
<b>Resources expended</b>					
Fundraising expenses		1,485	-	1,485	673
Charitable activities	4	108,229	670	108,899	89,724
<b>Total</b>		109,714	670	110,384	90,397
<b>Net income/(expenditure) before investment gains/(losses)</b>		(10,016 )	1,230	(8,786 )	(8,421 )
Net gains/(losses) on investments		-	-	-	-
<b>Net income/(expenditure)</b>		(10,016 )	1,230	(8,786 )	(8,421 )
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
<b>Net movement in funds</b>		(10,016 )	1,230	(8,786 )	(8,421 )
<b>Reconciliation of funds:</b>					
Total funds brought forward		66,462	-	66,462	74,883
<b>Total funds carried forward</b>	10	56,446	1,230	57,676	66,462

**Friends In St Helier**  
**As at 31 March 2023**

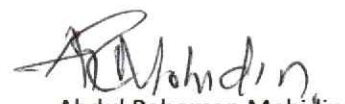
**Balance sheet**

	Notes	Unrestricted funds £	Restricted income funds £	Total 2023 £	Total 2022 £
<b>Current assets</b>					
Cash at bank and in hand	8	62,650	1,230	63,880	72,018
Prepayments & other receivables	9	8,935	-	8,935	1,513
<b>Total current assets</b>		<b>71,585</b>	<b>1,230</b>	<b>72,815</b>	<b>73,531</b>
<b>Creditors: amounts falling due within one year</b>	7	15,139	-	15,139	7,069
<b>Net current assets/(liabilities)</b>		<b>56,446</b>	<b>1,230</b>	<b>57,676</b>	<b>66,462</b>
<b>Total assets less current liabilities</b>		<b>56,446</b>	<b>1,230</b>	<b>57,676</b>	<b>66,462</b>
<b>Creditors: amounts falling due after one year</b>		-	-	-	-
<b>Total net assets or liabilities</b>		<b>56,446</b>	<b>1,230</b>	<b>57,676</b>	<b>66,462</b>
<b>Funds of the Charity</b>					
Unrestricted funds	10	56,446		56,446	66,462
Restricted funds		-	1,230	1,230	-
<b>Total funds</b>		<b>56,446</b>	<b>1,230</b>	<b>57,676</b>	<b>66,462</b>

The financial statements were approved by the board of trustees and were signed on their behalf by:



Maurice Albert Gilley  
Trustee *CHAIR*  
Date: 22/08/2023



Abdul Raheman Mohidin  
Treasurer  
Date: 22/08/2023

The notes on page 7 to 10 form part of the financial statements



## **1 Basis of preparation**

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

## **2 Accounting policies**

### **Going Concern**

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

### **Recognition of income**

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

### **Grants and donations**

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

### **Legacies**

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

### **Volunteer help**

The value of any voluntary help received is not included in the accounts.

### **Liability recognition**

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

### **Fund structure**

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

**3 Analysis of income**

		Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
<b>Donations and legacies:</b>	Donations and gifts	5,496		5,496	7,264
	General grants provided by government/ other charities	45,940		45,940	42,500
		<u>51,436</u>	<u>-</u>	<u>51,436</u>	<u>49,764</u>
<b>Charitable activities:</b>	Transport	2,867	-	2,867	1,117
	Kitchen	17,768	-	17,768	12,740
	Holiday Club	18,853	-	18,853	11,758
	Subscriptions	7,292	-	7,292	5,006
	Keep Fit	1,142	1,900	3,042	1,592
		<u>47,922</u>	<u>1,900</u>	<u>49,822</u>	<u>32,212</u>
<b>Investment activities:</b>	Bank interest	340		340	-
		<u>340</u>	<u>-</u>	<u>340</u>	<u>-</u>
<b>TOTAL INCOME</b>		<u>99,698</u>	<u>1,900</u>	<u>101,598</u>	<u>81,976</u>

**4 Expenditure on charitable activities**

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Subcontractor	-	-	-	6,726
Transport	3,420	-	3,420	1,705
Wages	53,639	-	53,639	44,716
Pensions	1,609	-	1,609	1,348
Rent	6,512	-	6,512	4,875
Kitchen Supplies	13,078	-	13,078	9,458
Holiday club	19,167	-	19,167	12,318
Volunteer expenses	678	-	678	-
Covid support	-	-	-	986
Telephone	1,004	-	1,004	1,115
Insurance	581	-	581	560
Licence	1,301	-	1,301	268
Accountancy and Independent Examination	1,500	-	1,500	1,500
Printing, postage & stationery	534	-	534	657
Travel & parking	1,338	-	1,338	1,237
Member entertainment	370	-	370	170
Member health	1,885	670	2,555	1,750
Computer & software	905	-	905	215
Bank charges	56	-	56	74
Sundries	652	-	652	45
	<b>108,229</b>	<b>670</b>	<b>108,899</b>	<b>89,724</b>

**5 Staff Costs**

Salaries and wages	53,639	44,716
Pension	1,609	1,348
	<b>55,248</b>	<b>46,064</b>

The Average number of paid staff employed during the year was 3. (2022: 3)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2022: £Nil).

**6 Accountancy and Independent Examination Costs**

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<b>1,500</b>	<b>1,500</b>

**7 Creditors: Amount falling due within one year**

	2023	2022
	£	£
Accruals	3,590	5,386
Deferred income	-	1,683
Other creditors	11,549	
	<u>15,139</u>	<u>7,069</u>

**8 Cash at bank and in hand**

Bank	62,507	70,599
Cash in Hand	1,373	1,419
	<u>63,880</u>	<u>72,018</u>

**9 Prepayments & other receivables**

Prepayments	6,926	340
Other receivables	2,009	1,173
	<u>8,935</u>	<u>1,513</u>

**10 Funds**

Details of funds held and movements during current year

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Balance at 31 March 2023
	£	£	£	£
Unrestricted Funds	66,462	99,698	(109,714 )	56,446
Restricted Funds	-	1,900	(670 )	1,230
	<u>66,462</u>	<u>101,598</u>	<u>(110,384 )</u>	<u>57,676</u>

Details of funds held and movements during previous year

	Balance at 1 April 2021	Incoming Resources	Resources Expended	Balance at 31 March 2022
	£	£	£	£
Unrestricted Funds	74,883	81,976	(90,397 )	66,462
Restricted Funds	-	-	-	-
	<u>74,883</u>	<u>81,976</u>	<u>(90,397)</u>	<u>66,462</u>

**11 Transactions with trustees and related parties**

All directors/trustees are volunteers and do not receive any remuneration for their services. (2022: Nil)

There was no reimbursement of Trustees expenses during the year (2022: Nil).

**12 Post balance Sheet events**

There are no post-balance sheet events with an impact on the Charity's financial statements

## **Independent Examiner's Report to the trustees of Friends In St. Helier Trust**

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