

FRIENDS IN ST HELIER

England & Wales · Charity number 1133500

Details

Status Registered

Legal form Other

Registered 2010-01-11

Register [View on the Charity Commission register](#)

Contact

Address St George's Family Church Hall
Central Road
Morden
SM4 5RJ

Phone 02086400829

Email fish.morden@gmail.com

Website www.friendsinsthelier.co.uk/

Activities

Objects: TO PROMOTE THE WELFARE OF OLDER PEOPLE LIVING ON THE SAINT HELIER ESTATE, MORDEN, AND SURROUNDING AREA IN ANY MANNER WHICH NOW OR HEREAFTER MAY BE DEEMED BY LAW TO BE CHARITABLE.

Activities: Support/befriending the over 50s in the St Helier & neighbouring areas of Morden Surrey - coffee mornings and lunch clubs held every Monday, Tuesday, Wednesday & Thursday, 49 weeks a year. We use community transport to bring members to the club who cannot get there on their own. We take members on outings, organize activities, parties and a week's assisted holiday for members.

Classification

- **How:** Provides Services
- **What:** Economic/community Development/employment
- **Who:** Elderly/old People

Geography

- **Area of benefit:** MORDEN AND SURROUNDING AREA
- Merton

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£103,877	£117,815	-	-
2024-03-31	£122,823	£120,926	-	-
2023-03-31	£101,598	£110,384	-	-
2022-03-31	£81,976	£90,397	-	-
2021-03-31	£80,438	£85,067	-	-

Trustees

Name	Role	Appointed
Abdul Raheman Mohidin	Chair	2016-02-16
Alan Warrener		2020-02-27
Ann Giddy		2020-02-27
Frances Chandler		2023-10-26
Helen Jones		2023-10-26
Jean Payne		2020-02-27
MAURICE ALBERT GILLEY		
MAVIS VALERIE JACOBS		
Shirley Sanders		2022-03-14

FRIENDS IN ST HELIER

England & Wales - Charity number 1133500

Accounts

Friends In St Helier

Financial Statements

For the Year Ended 31 March 2025

Friends In St Helier

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Friends In St Helier

Charity No: 1133500

Information

Principal venue for activities

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Registered Address

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Bank

The Co-operative Bank
Business Direct
P.O Box 250
Skelmersdale
WN8 6WT

Independent Examiner

Waqar Ahmed ACA FCCA
Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Trustees' Annual Report for the year 2024-25

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2025

Trustees

Abdul Raheman Mohidin	Chair
Helen Jones	Secretary
Maurice Albert Gilley	Treasurer
Ann Giddy	Operations Manager
Mavis Valerie Jacobs	Fundraising Secretary
Alan Warriner	User and Volunteer
Jean Payne	User and Volunteer
Ted Rhodes	User and Volunteer (Until 16 January 2025)
Shirley Saunders	User and Volunteer
Frances Chandler	User and Volunteer

Structure, governance and management

Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting.

Objectives, activities, achievements and performance

Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

A grant of £50.1k from London Borough of Merton and donations of £5k enabled us to keep our operations going. We were able to operate for 40 weeks. We served 3200 meals. Provided 72 free exercise classes, thanks to the Merton Borough of sports grant. The attendance has averaged 84 members per week. Staff have managed to organise 8 outings for members and one four-night holiday. These were a great success. Christmas lunches were well attended at all the Clubs. 4 parties for members and guests were held on average 40 people attended each. We again worked with NHS Southwest London to promote community vaccination programmes and local pharmacies.

We remain active in supporting the Merton Community Hub and also active in the Merton sustainable Project the Food Response Network.

Appreciation

Trustees (10) are grateful for the many hours staff (3), volunteers (20), have spent encouraging and supporting members. Without their valuable contribution of time, energy and expertise, we would not have been able to achieve so much. Trustees are grateful for the support and funding received from London Borough of Merton, Borough of Sports, Clarion Futures and all the other small donors who have helped us.

Financial review

The accounts show a loss of £14k. This can be attributed to a drop in numbers attending the clubs, an increase in staff wages, under accruing for day trip creditors and the increase in retail prices. We managed to raise funds £8k through donations and fund raising, less than what budgeted for. We earned £1.1k in bank interest. We had to use £14k of our reserves to pay for some of the expenditure. Merton again gave us an operational grant of £50.1k but the 6 monthly payments were received a month late. We were not successful in attracting commercial or charity foundation donors.

Trustees reviewed all the clubs and agreed to cease operations at Sir Arthur Bliss Court due to safety reasons and operate Yenston Close as a breakfast club until July 2025. Both Yenston and Oak Tuesday will be reassessed in August 2025. Trustees also agreed to increase the price of food by £1 from May 2025.

The Trustees expressed their condolences to Ted Rhodes's family who passed away due to ill health in January 2025. Ted attended LMBC and was a Trustee who contributed positively at the meetings. He will be missed.

Reserves Policy

The Reserves Policy was reviewed. The aim remains the same to ensure reserves held are equal to 6 months of operating expenditure. This was achieved at the end of the financial year 2024/25.

Operations and Staff Report

The Trustees, staff and volunteers are committed to ensuring we meet our goals and values in 2025. We will carry on providing meals, recreation, information, advice and support the elderly community of Merton to live a healthy and independent life. We will adapt our services accordingly to meet the demands and challenges that arise in the coming years.

Staff levels and volunteer numbers were reviewed. Following this, the Trustees approved 7.7% wage rise. Wages will be reviewed annually in alignment with Local Authority pay scales. Any wage increases are dependent upon available funding, but we are committed to paying the London Living Wage.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees



Abdul Raheman Mohidin
Chair

Date: 04/09/2025



Maurice Albert Gilley
Treasurer

Date: 04/09/2025

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2025, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed ACA FCCA
C/O Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date:

Friends In St Helier
Annual accounts for the Year Ended 31 March 2025

Statement of financial activities

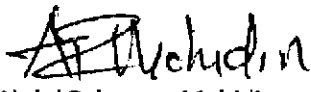
	Notes	Unrestricted funds £	Restricted funds £	Total 2025 £	Total 2024 £
Incoming resources					
Donations and legacies		58,774	-	58,774	62,493
Charitable activities		39,583	4,500	44,083	59,264
Investment activities		1,020	-	1,020	1,066
Total	3	99,377	4,500	103,877	122,823
Resources expended					
Fundraising expenses		590		590	1,272
Charitable activities	4	114,680	2,545	117,225	119,654
Total		115,270	2,545	117,815	120,926
Net income/(expenditure) before investment gains/(losses)		(15,893)	1,955	(13,938)	1,897
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		(15,893)	1,955	(13,938)	1,897
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
Net movement in funds		(15,893)	1,955	(13,938)	1,897
Reconciliation of funds:					
Total funds brought forward		58,851	722	59,573	57,676
Total funds carried forward	10	42,958	2,677	45,635	59,573


Friends In St Heller
As at 31 March 2025

Balance sheet

	Notes	Unrestricted funds	Restricted income funds	Total 2025	Total 2024
		£	£	£	£
Current assets					
Cash at bank and in hand	8	50,615	2,677	53,292	66,948
Prepayments & other receivables	9	772	-	772	834
Total current assets		51,387	2,677	54,064	67,782
Creditors: amounts falling due within one year	7	8,429	-	8,429	8,209
Net current assets/(liabilities)		42,958	2,677	45,635	59,573
Total assets less current liabilities		42,958	2,677	45,635	59,573
Creditors: amounts falling due after one year		-	-	-	-
Total net assets or liabilities		42,958	2,677	45,635	59,573
Funds of the Charity					
Unrestricted funds	10	42,958	-	42,958	58,851
Restricted funds		-	2,677	2,677	722
Total funds		42,958	2,677	45,635	59,573

The financial statements were approved by the board of trustees and were signed on their behalf by:


 Abdul Raheman Mohidin
 Chair
 Date: 04/09/2025


 Maurice Albert Gilley
 Treasurer
 Date: 04/09/2025

The notes on page 7 to 10 form part of the financial statements

1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2 Accounting policies

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Volunteer help

The value of any voluntary help received is not included in the accounts.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund structure

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

3 Analysis of income

		Unrestricted funds	Restricted funds	Total 2025	Total 2024
		£	£	£	£
Donations and legacies:	Donations and gifts	7,931	-	7,931	6,856
	Legacies	-	-	-	5,000
	General grants provided by government/ other charities	50,844		50,844	50,637
		<u>58,774</u>	<u>-</u>	<u>58,774</u>	<u>62,493</u>
Charitable activities:	Transport	3,065		3,065	4,633
	Kitchen	15,810	-	15,810	17,283
	Holiday Club	14,452	-	14,452	27,618
	Subscriptions	6,257	-	6,257	6,868
	Keep Fit	-	4,500	4,500	2,862
		<u>39,583</u>	<u>4,500</u>	<u>44,083</u>	<u>59,264</u>
Investment activities:	Bank interest	1,020		1,020	1,066
		<u>1,020</u>	<u>-</u>	<u>1,020</u>	<u>1,066</u>
TOTAL INCOME		<u>99,377</u>	<u>4,500</u>	<u>103,877</u>	<u>122,823</u>

4 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total 2025	Total 2024
	£	£	£	£
Transport	3,420	-	3,420	3,509
Wages	63,637	-	63,637	58,406
Pensions	1,909	-	1,909	1,752
Rent	7,906	-	7,906	8,106
Kitchen Supplies	14,581	-	14,581	14,079
Holiday club	17,076	-	17,076	24,394
Volunteer expenses	20	-	20	369
Telephone	589	-	589	792
Insurance	697	-	697	640
Licence	419	-	419	456
Accountancy and Independent Examination	1,500	-	1,500	1,500
Printing, postage & stationery	853	-	853	996
Travel & parking	590	-	590	1,632
Member entertainment	913	-	913	120
Member health	-	2,545	2,545	2,140
Computer & software	485	-	485	394
Bank charges	-	-	-	-
Sundries	83	-	83	369
	<u>114,680</u>	<u>2,545</u>	<u>117,225</u>	<u>119,654</u>

5 Staff Costs

Salaries and wages	63,637	58,406
Pension	1,909	1,752
	<u>65,546</u>	<u>60,158</u>

The Average number of paid staff employed during the year was 3. (2024: 3)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2024 £Nil).

6 Accountancy and Independent Examination Costs

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<u>1,500</u>	<u>1,500</u>

7 Creditors: Amount falling due within one year

	2025	2024
	£	£
Accruals	4,550	3,175
Other creditors	3,879	5,034
	<u>8,429</u>	<u>8,209</u>

8 Cash at bank and in hand

Bank	50,036	66,606
Cash In Hand	3,256	342
	<u>53,292</u>	<u>66,948</u>

9 Prepayments & other receivables

Prepayments	240	240
Other receivables	532	594
	<u>772</u>	<u>834</u>

10 Funds

Details of funds held and movements during current year

	Balance at 1 April 2024	Incoming Resources	Resources Expended	Balance at 31 March 2025
	£	£	£	£
Unrestricted Funds	58,851	99,377	(115,270)	42,958
Restricted Funds	722	4,500	(2,545)	2,677
	<u>59,573</u>	<u>103,877</u>	<u>(117,815)</u>	<u>45,635</u>

Details of funds held and movements during previous year

	Balance at 1 April 2023	Incoming Resources	Resources Expended	Balance at 31 March 2024
	£	£	£	£
Unrestricted Funds	56,446	121,191	(118,786)	58,851
Restricted Funds	1,230	1,632	(2,140)	722
	<u>57,676</u>	<u>122,823</u>	<u>(120,926)</u>	<u>59,573</u>

11 Transactions with trustees and related parties

All directors/trustees are volunteers and do not receive any remuneration for their services. (2024: Nil)

There was no reimbursement of Trustees expenses during the year (2024 Nil).

12 Post balance Sheet events

There are no post-balance sheet events with an impact on the Charity's financial statements



Independent Examiner's Report to the trustees of Friends In St. Helier Trust

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2025, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed ACA FCCA
c/o Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date:04-09-2025

FRIENDS IN ST HELIER

England & Wales - Charity number 1133500

Accounts

Friends In St Helier

Financial Statements

For the Year Ended 31 March 2024

Friends In St Helier

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Friends In St Helier

Charity No: 1133500

Information

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WN8 6WT

Independent Examiner

Waqar Ahmed ACA FCCA
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Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Trustees' Annual Report for the year 2023-24

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2024

Trustees

Abdul Raheman Mohidin	Chair
Helen Jones	Secretary (Appointed 26 October 2023)
Maurice Albert Gilley	Treasurer
Ann Giddy	Operations Manager
Mavis Valerie Jacobs	Fundraising Secretary
Alan Warrener	User and Volunteer
Jean Payne	User and Volunteer
Ted Rhodes	User and Volunteer
Shirley Saunders	User and Volunteer
Frances Chandler	User and Volunteer (Appointed 26 October 2023)

Structure, governance and management

Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting.

Objectives, activities, achievements and performance

Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

A grant of £50.1k from London Borough of Merton and a legacy of £5k enabled us to keep our operations going. We were able to operate for 41 weeks. We served 3500 meals. Provided 59 Exercise classes 11 of which were free, thanks to the Wimbledon Foundation. The attendance has averaged 80 members per week. Staff have managed to organise 12 outings for members. Two four-night holidays were organised enjoyed by 53 members. These were a great success. Christmas lunches were well attended at all the Clubs. Merton Council provided funds for two King's Coronation parties which members enjoyed. We worked with NHS South West London to promote community vaccination programmes and local pharmacies.

We remain active in supporting the Merton Community Hub and also active in the Merton sustainable Project the Food Response Network.

Appreciation

Trustees (10) are grateful for the many hours staff (3), volunteers (15), have spent encouraging and supporting members. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much. Trustees are grateful for the support and funding received from London Borough of Merton, Clarion Futures, Wimbledon Foundation, The Co-op Local Community fund and all the other small donors who have helped us.

Financial review

The accounts show a surplus of £2k. This was mainly due to the legacy of £5k. Staff were given an increase in wages 8%. We managed to raise funds £7k from raffles, small funding events, donations and subscriptions of £7k to cover some of our administration costs. We also earned £1.1k in bank interest. Hall hire charges increased by 25%. Merton again gave us an operational grant of £50.1k and we were granted £1.9k by the Co-op Local Community Fund to pay for members' transport. Prudent shopping and supplies from the Felix Project has helped us keep food costs down. Trustees agreed not to increase prices to members but recommended a review in 2024. The Trustees expressed their sincere gratitude to all the donors.

Reserves Policy

The Reserves Policy was reviewed. The aim remains the same to ensure reserves held are equal to 6 months of operating expenditure. This was achieved at the end of the financial year 2023/24.

Operational and Staff Report

The Trustees, staff and volunteers are committed to ensuring we meet our goals and values in 2024. We will carry on providing meals, recreation, information, advice and support the elderly community of Merton to live a healthy and independent life. We will adapt our services accordingly to meet the demands and challenges that arise in the coming years.

Staff levels and volunteer numbers were reviewed. Following this the Trustees approved 8% wage rise. Wages will be reviewed annually in alignment with Local Authority pay scales. Any wage increases are dependent upon available funding, but we are committed to paying the London Living Wage.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees



Abdul Raheman Mohidin
Chair

Date: 3/09/2024



Maurice Albert Gilley
Treasurer

Date: 3/09/2024

Independent Examiner's Report to the trustees of Friends In St. Helier Trust

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2024, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

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Waqar Ahmed

Waqar Ahmed ACA FCCA
C/O Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date: 03/09/2024

Friends In St Helier
Annual accounts for the Year Ended 31 March 2024

Statement of financial activities


	Notes	Unrestricted funds £	Restricted funds £	Total 2024 £	Total 2023 £
Incoming resources					
Donations and legacies		62,493	-	62,493	51,436
Charitable activities		57,632	1,632	59,264	49,822
Investment activities		1,066	-	1,066	340
Total	3	<u>121,191</u>	<u>1,632</u>	<u>122,823</u>	<u>101,598</u>
Resources expended					
Fundraising expenses		1,272		1,272	1,485
Charitable activities	4	<u>117,514</u>	<u>2,140</u>	<u>119,654</u>	<u>108,899</u>
Total		<u>118,786</u>	<u>2,140</u>	<u>120,926</u>	<u>110,384</u>
Net income/(expenditure) before investment gains/(losses)		2,405	(508)	1,897	(8,786)
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		2,405	(508)	1,897	(8,786)
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
Net movement in funds		2,405	(508)	1,897	(8,786)
Reconciliation of funds:					
Total funds brought forward		56,446	1,230	57,676	66,462
Total funds carried forward	10	<u>58,851</u>	<u>722</u>	<u>59,573</u>	<u>57,676</u>


Friends In St Helier
As at 31 March 2024

Balance sheet

	Notes	Unrestricted funds £	Restricted income funds £	Total 2024 £	Total 2023 £
Current assets					
Cash at bank and in hand	8	66,226	722	66,948	63,880
Prepayments & other receivables	9	834	-	834	8,935
<i>Total current assets</i>		<u>67,060</u>	<u>722</u>	<u>67,782</u>	<u>72,815</u>
Creditors: amounts falling due within one year	7	8,209	-	8,209	15,139
<i>Net current assets/(liabilities)</i>		<u>58,851</u>	<u>722</u>	<u>59,573</u>	<u>57,676</u>
<i>Total assets less current liabilities</i>		<u>58,851</u>	<u>722</u>	<u>59,573</u>	<u>57,676</u>
Creditors: amounts falling due after one year		-	-	-	-
Total net assets or liabilities		<u>58,851</u>	<u>722</u>	<u>59,573</u>	<u>57,676</u>
Funds of the Charity					
Unrestricted funds	10	58,851		58,851	56,446
Restricted funds		-	722	722	1,230
<i>Total funds</i>		<u>58,851</u>	<u>722</u>	<u>59,573</u>	<u>57,676</u>

The financial statements were approved by the board of trustees and were signed on their behalf by:


Abdul Raheman Mohidin
Chair
Date: 31/09/2024


Maurice Albert Gilley
Treasurer
Date: 31/09/2024

The notes on page 7 to 10 form part of the financial statements

1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2 Accounting policies

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Volunteer help

The value of any voluntary help received is not included in the accounts.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund structure

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

3 Analysis of income

		Unrestricted funds	Restricted funds	Total 2024	Total 2023
		£	£	£	£
Donations and legacies:	Donations and gifts	6,856	-	6,856	5,496
	Legacies	5,000	-	5,000	-
	General grants provided by government/ other charities	50,637		50,637	45,940
		<u>62,493</u>	-	<u>62,493</u>	<u>51,436</u>
Charitable activities:	Transport	4,633		4,633	2,867
	Kitchen	17,283	-	17,283	17,768
	Holiday Club	27,618	-	27,618	18,853
	Subscriptions	6,868	-	6,868	7,292
	Keep Fit	1,230	1,632	2,862	3,042
		<u>57,632</u>	<u>1,632</u>	<u>59,264</u>	<u>49,822</u>
Investment activities:	Bank interest	1,066		1,066	340
		<u>1,066</u>	-	<u>1,066</u>	<u>340</u>
TOTAL INCOME		<u>121,191</u>	<u>1,632</u>	<u>122,823</u>	<u>101,598</u>

4 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total 2024	Total 2023
	£	£	£	£
Transport	3,509		3,509	3,420
Wages	58,406	-	58,406	53,639
Pensions	1,752	-	1,752	1,609
Rent	8,106	-	8,106	6,512
Kitchen Supplies	14,079	-	14,079	13,078
Holiday club	24,394	-	24,394	19,167
Volunteer expenses	369	-	369	678
Telephone	792	-	792	1,004
Insurance	640	-	640	581
Licence	456	-	456	1,301
Accountancy and Independent Examination	1,500	-	1,500	1,500
Printing, postage & stationery	996	-	996	534
Travel & parking	1,632	-	1,632	1,338
Member entertainment	120	-	120	370
Member health	-	2,140	2,140	2,555
Computer & software	394	-	394	905
Bank charges	-	-	-	56
Sundries	369	-	369	652
	<u>117,514</u>	<u>2,140</u>	<u>119,654</u>	<u>108,899</u>

5 Staff Costs

Salaries and wages	58,406	53,639
Pension	1,752	1,609
	<u>60,158</u>	<u>55,248</u>

The Average number of paid staff employed during the year was 3. (2023: 3)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2023: £Nil).

6 Accountancy and Independent Examination Costs

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<u>1,500</u>	<u>1,500</u>

7 Creditors: Amount falling due within one year

	2024	2023
	£	£
Accruals	3,175	3,590
Other creditors	5,034	11,549
	<u>8,209</u>	<u>15,139</u>

8 Cash at bank and in hand

Bank	66,606	62,507
Cash In Hand	342	1,373
	<u>66,948</u>	<u>63,880</u>

9 Prepayments & other receivables

Prepayments	240	6,926
Other receivables	594	2,009
	<u>834</u>	<u>8,935</u>

10 Funds

Details of funds held and movements during current year

	Balance at 1 April 2023	Incoming Resources	Resources Expended	Balance at 31 March 2024
	£	£	£	£
Unrestricted Funds	56,446	121,191	(118,786)	58,851
Restricted Funds	1,230	1,632	(2,140)	722
	<u>57,676</u>	<u>122,823</u>	<u>(120,926)</u>	<u>59,573</u>

Details of funds held and movements during previous year

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Balance at 31 March 2023
	£	£	£	£
Unrestricted Funds	66,462	99,698	(109,714)	56,446
Restricted Funds	-	1,900	(670)	1,230
	<u>66,462</u>	<u>101,598</u>	<u>(110,384)</u>	<u>57,676</u>

11 Transactions with trustees and related parties

All directors/trustees are volunteers and do not receive any remuneration for their services. (2023: Nil)

There was no reimbursement of Trustees expenses during the year (2023: Nil).

12 Post balance Sheet events

There are no post-balance sheet events with an impact on the Charity's financial statements

FRIENDS IN ST HELIER

England & Wales - Charity number 1133500

Accounts

Friends In St Helier

Financial Statements

For the Year Ended 31 March 2023

Friends In St Helier

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Friends In St Helier

Charity No: 1133500

Information

Principal venue for activities

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Registered Address

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Bank

The Co-operative Bank
Business Direct
P.O Box 250
Skelmersdale
WN8 6WT

Independent Examiner

Waqar Ahmed ACA FCCA
Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Trustees' Annual Report for the year 2022-23

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2023

Mr Maurice Albert Gilley	Chair
Mr Abdul Raheman Mohidin	Secretary & Treasurer
Ms Mary Curtin	Operations Secretary
Ms Mavis Jacobs	Fundraising Secretary
Mr Alan Warrener	User and Volunteer
Mrs Jean Payne	User and Volunteer
Mr Ted Rhodes	User and Volunteer
Mrs Ann Giddy	User and Volunteer
Mrs Shirley Saunders	User and Volunteer

Structure, governance and management

Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting.

Objectives, activities, achievements and performance

Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

2022 was another difficult operating year. A grant of £42k from London Borough of Merton enabled us to keep our operations going. We were able to operate for 40 weeks, served 3550 meals and provided 69 Monday Exercise classes. The attendance has averaged 91 members per week. Thanks to Wimbledon Foundation grant of £1.9k, we have continued to provide free pre-lunch Movement to Music (22) classes to all our members. Staff have managed to organise 10 outings for members. A four-night tinsel and turkey holiday to the Warner Holme Lacy House, Herefordshire for 36 members was arranged. This was a great success. Christmas lunches were well attended.

We remain active in supporting the Merton Community Hub and also active in the Merton sustainable Project the Food Response Network.

Appreciation

Trustees (9) are grateful for the many hours staff (3), volunteers (17), have spent encouraging and supporting members. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much. Trustees are grateful for the support and funding received from London Borough of Merton, Clarion Futures, Wimbledon Foundation and all the other donors who have helped.

Financial review

It has been a very difficult financial year. The accounts show a loss of £8.8k. This was mainly due to an increase in wages and a licence fee payment to PPL/PRS. There have been no donations from any of the small charity foundations. We managed to raise funds £3.8k from raffles, small funding events any subscriptions to cover some of our administration costs. Merton again gave us an operational grant of £42k. Prudent shopping and supplies from the Felix project has helped us keep food costs down. Trustee agreed not to increase prices to members. The Trustees express their sincere gratitude to all the donors.

Reserves Policy

The Reserves Policy's was reviewed and the aim still remains the same to ensure reserves held are equal to 3-6 months of operating expenditure. This was achieved at the end of the financial year 2022/23.

Operational and Staff Report

The Trustees, staff and volunteers are committed to ensuring we meet our goals and values in 2023. We will carry on providing meals, recreation, information and advice. We will adapt our services accordingly to meet the demands and challenges that arise in the coming years.

Staff levels and volunteer numbers were reviewed. Following this the Trustees approved 5% wage rise. Wages will be reviewed annually in alignment with Local Authority pay scales. Any wage increases are dependent upon available funding.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees


Signatures



Maurice Albert Gilley

Chair

Date: 22/8/2023



Abdul Raheman Mohidin

Treasurer

Date: 22/8/2023

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2023, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed ACA FCCA
C/O Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date:

Friends In St Helier
Annual accounts for the Year Ended 31 March 2023

Statement of financial activities

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Incoming resources					
Donations and legacies		51,436	-	51,436	49,764
Charitable activities		47,922	1,900	49,822	32,212
Investment activities		340	-	340	-
Total	3	99,698	1,900	101,598	81,976
Resources expended					
Fundraising expenses		1,485	-	1,485	673
Charitable activities	4	108,229	670	108,899	89,724
Total		109,714	670	110,384	90,397
Net income/(expenditure) before investment gains/(losses)		(10,016)	1,230	(8,786)	(8,421)
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		(10,016)	1,230	(8,786)	(8,421)
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
Net movement in funds		(10,016)	1,230	(8,786)	(8,421)
Reconciliation of funds:					
Total funds brought forward		66,462	-	66,462	74,883
Total funds carried forward	10	56,446	1,230	57,676	66,462

Friends In St Helier
As at 31 March 2023

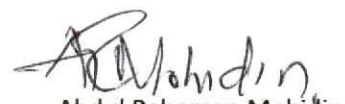
Balance sheet

	Notes	Unrestricted funds £	Restricted income funds £	Total 2023 £	Total 2022 £
Current assets					
Cash at bank and in hand	8	62,650	1,230	63,880	72,018
Prepayments & other receivables	9	8,935	-	8,935	1,513
<i>Total current assets</i>		<u>71,585</u>	<u>1,230</u>	<u>72,815</u>	<u>73,531</u>
Creditors: amounts falling due within one year	7	15,139	-	15,139	7,069
<i>Net current assets/(liabilities)</i>		<u>56,446</u>	<u>1,230</u>	<u>57,676</u>	<u>66,462</u>
<i>Total assets less current liabilities</i>		<u>56,446</u>	<u>1,230</u>	<u>57,676</u>	<u>66,462</u>
Creditors: amounts falling due after one year		-	-	-	-
Total net assets or liabilities		<u>56,446</u>	<u>1,230</u>	<u>57,676</u>	<u>66,462</u>
Funds of the Charity					
Unrestricted funds	10	56,446		56,446	66,462
Restricted funds		-	1,230	1,230	-
<i>Total funds</i>		<u>56,446</u>	<u>1,230</u>	<u>57,676</u>	<u>66,462</u>

The financial statements were approved by the board of trustees and were signed on their behalf by:



Maurice Albert Gilley
 Trustee *CHAIR*
 Date: *22/08/2023*



Abdul Raheman Mohidin
 Treasurer
 Date: *22/08/2023*

The notes on page 7 to 10 form part of the financial statements

1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2 Accounting policies

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either *within the control of the charity or have been met*.

Volunteer help

The value of any voluntary help received is not included in the accounts.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund structure

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

3 Analysis of income

		Unrestricted funds	Restricted funds	Total 2023	Total 2022
		£	£	£	£
Donations and legacies:	Donations and gifts	5,496		5,496	7,264
	General grants provided by government/ other charities	45,940		45,940	42,500
		<u>51,436</u>	-	<u>51,436</u>	<u>49,764</u>
Charitable activities:	Transport	2,867	-	2,867	1,117
	Kitchen	17,768	-	17,768	12,740
	Holiday Club	18,853	-	18,853	11,758
	Subscriptions	7,292	-	7,292	5,006
	Keep Fit	1,142	1,900	3,042	1,592
		<u>47,922</u>	<u>1,900</u>	<u>49,822</u>	<u>32,212</u>
Investment activities:	Bank interest	340		340	-
		<u>340</u>	-	<u>340</u>	<u>-</u>
TOTAL INCOME		<u>99,698</u>	<u>1,900</u>	<u>101,598</u>	<u>81,976</u>

4 Expenditure on charitable activities

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Subcontractor	-	-	-	6,726
Transport	3,420	-	3,420	1,705
Wages	53,639	-	53,639	44,716
Pensions	1,609	-	1,609	1,348
Rent	6,512	-	6,512	4,875
Kitchen Supplies	13,078	-	13,078	9,458
Holiday club	19,167	-	19,167	12,318
Volunteer expenses	678	-	678	-
Covid support	-	-	-	986
Telephone	1,004	-	1,004	1,115
Insurance	581	-	581	560
Licence	1,301	-	1,301	268
Accountancy and Independent Examination	1,500	-	1,500	1,500
Printing, postage & stationery	534	-	534	657
Travel & parking	1,338	-	1,338	1,237
Member entertainment	370	-	370	170
Member health	1,885	670	2,555	1,750
Computer & software	905	-	905	215
Bank charges	56	-	56	74
Sundries	652	-	652	45
	<u>108,229</u>	<u>670</u>	<u>108,899</u>	<u>89,724</u>

5 Staff Costs

Salaries and wages	53,639	44,716
Pension	1,609	1,348
	<u>55,248</u>	<u>46,064</u>

The Average number of paid staff employed during the year was 3. (2022: 3)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2022: £Nil).

6 Accountancy and Independent Examination Costs

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<u>1,500</u>	<u>1,500</u>

7 Creditors: Amount falling due within one year

	2023	2022
	£	£
Accruals	3,590	5,386
Deferred income	-	1,683
Other creditors	11,549	
	<u>15,139</u>	<u>7,069</u>

8 Cash at bank and in hand

Bank	62,507	70,599
Cash in Hand	1,373	1,419
	<u>63,880</u>	<u>72,018</u>

9 Prepayments & other receivables

Prepayments	6,926	340
Other receivables	2,009	1,173
	<u>8,935</u>	<u>1,513</u>

10 Funds

Details of funds held and movements during current year

	Balance at 1 April 2022	Incoming Resources	Resources Expended	Balance at 31 March 2023
	£	£	£	£
Unrestricted Funds	66,462	99,698	(109,714)	56,446
Restricted Funds	-	1,900	(670)	1,230
	<u>66,462</u>	<u>101,598</u>	<u>(110,384)</u>	<u>57,676</u>

Details of funds held and movements during previous year

	Balance at 1 April 2021	Incoming Resources	Resources Expended	Balance at 31 March 2022
	£	£	£	£
Unrestricted Funds	74,883	81,976	(90,397)	66,462
Restricted Funds	-	-	-	-
	<u>74,883</u>	<u>81,976</u>	<u>(90,397)</u>	<u>66,462</u>

11 Transactions with trustees and related parties

All directors/trustees are volunteers and do not receive any remuneration for their services. (2022: Nil)

There was no reimbursement of Trustees expenses during the year (2022: Nil).

12 Post balance Sheet events

There are no post-balance sheet events with an impact on the Charity's financial statements

Independent Examiner's Report to the trustees of Friends In St. Helier Trust

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2023, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Waqar Ahmed ACA FCCA
c/o Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date: 22-08-2023

FRIENDS IN ST HELIER

England & Wales - Charity number 1133500

Accounts

Friends In St Helier

Financial Statements

For the Year Ended 31 March 2022

Friends In St Helier

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Friends In St Heller

Charity No: 1133500

Information

Principal venue for activities

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Registered Address

St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ

Bank

HSBC Bank plc.
75 -77 High Street
Sutton
Surrey
SM1 1DU

Independent Examiner

Waqar Ahmed FCCA
Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Trustees' Annual Report for the year 2021-22

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2022

Trustees

Mr Maurice Albert Gitley	Chair
Mr Abdul Raheman Mohidin	Secretary & Treasurer
Ms Mary Curtin	Operations Secretary
Ms Mavis Jacobs	Fundraising Secretary
Mr Alan Warrener	User and Volunteer
Mrs Jean Payne	User and Volunteer
Mr Ted Rhodes	User and Volunteer
Mrs Ann Giddy	User and Volunteer
Mrs Shirley Saunders	User and Volunteer (Elected 14 March 2022)

2021-22 GOVERNANCE AND PUBLIC BENEFIT

Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting.

2021-22 GOVERNANCE AND PUBLIC BENEFIT

Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year, we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

2021-22 was another difficult operating year. A grant of £42k from London Borough of Merton enabled us to keep our operations going. Staff carried on shopping for members and residents referred to us by the Community Hub. Funding from Clarion Futures £1.9k allowed us to carry on providing hot lunches to members and the community of SM4 until the end of June 2021. We served 440 meals between April and June 21.

Government Covid restrictions eased in July 2021 and we were finally able to reopen our clubs on the 19 July 2021. The attendance has gradually increased. By March 2022, 100 members a week were attending regularly. Sadly around 50 members have not returned because of fear of catching covid. It was very noticeable that many of our members had lost confidence and had mobility problems. A trial of group exercise as pre-lunch activities at Lower Morden proved successful. It is planned to extend this to all the clubs in 2022. Staff have managed to organise outings to pubs, theatre, market and garden centres. A four-night tinsel and turkey holiday to the Isle of Wight for 30 members was arranged and this was a great success. Christmas lunches were well attended.

Appreciation

Trustees are grateful for the many hours staff, volunteers, including member volunteers, have spent listening to, encouraging and supporting members and the wider community of Merton. Without this valuable contribution of time, energy and expertise, we would not have been able to achieve so much. Trustees are grateful for the support and funding received from London Borough of Merton, Clarion Futures and all the other donors who have helped us in the last two difficult years.

Financial Review

It has been a very difficult financial year. There were no donations from any of the small charity foundations. For 18 months there were no raffles nor any subscriptions. Merton again gave us an operational grant of £42k and Clarion Futures £2k to carry on the hot food project. Donations from individuals totalled £3.3k. Prudent shopping and use of Abundance Wimbledon saved on food costs. Reluctantly, prices to members had to be increased by £1.50. The Trustees express their sincere gratitude to all the donors.

Reserves Policy

The Reserves Policy's aim is to ensure reserves held are equal to 3-6 months of operating expenditure. This was achieved at the end of the financial year 2021-22.

[REDACTED]

The Trustees, staff and volunteers are committed to ensuring we meet our goals and values in 2022. We will carry on providing meals, recreation, information and advice. We will adapt our services accordingly to meet the demands and challenges that arise in the coming years.

Staff levels and volunteer numbers were reviewed. Following this the Trustees approved the appointment of Andrew Foot as a permanent member of staff in September 2021. They were given a pay rise of 5%. Wages will be reviewed annually in alignment with Local Authority pay scales. Any wage increases are dependent upon available funding.

Purchase of Sage Accounting in November 2021 has improved financial reporting.

[REDACTED]

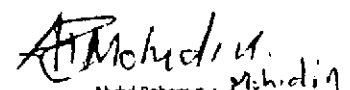
The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees

Signatures



Maurice Gilley
Chair
Date: 7/9/2022



Abdul Raheman Mohidin
Treasurer
Date: 7/9/2022

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2022, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed FCCA
C/O Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date:

Friends In St Helier
Annual accounts for the Year Ended 31 March 2022

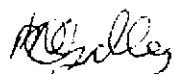
Statement of financial activities					
	Notes	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
Incoming resources					
Donations and legacies		49,764	-	49,764	53,948
Charitable activities		32,212	-	32,212	26,490
Total	3	81,976	-	81,976	80,438
Resources expended					
Fundraising expenses		673	-	673	-
Charitable activities	4	89,724	-	89,724	85,067
Total		90,397	-	90,397	85,067
Net income/(expenditure) before investment gains/(losses)		(8,421)	-	(8,421)	(4,629)
Net gains/(losses) on Investments		-	-	-	-
Net income/(expenditure)		(8,421)	-	(8,421)	(4,629)
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
Net movement in funds		(8,421)	-	(8,421)	(4,629)
Reconciliation of funds:					
Total funds brought forward		74,883	-	74,883	79,512
Total funds carried forward	10	66,462	-	66,462	74,883

Friends in St Helier
As at 31 March 2022

Balance sheet

	Notes	Unrestricted funds £	Restricted income funds £	Total 2022 £	Total 2021 £
Current assets					
Cash at bank and in hand	8	72,018	-	72,018	76,725
Prepayments & other receivables	9	1,513	-	1,513	-
Total current assets		73,531	-	73,531	76,725
Creditors: amounts falling due within one year	7	7,069	-	7,069	1,842
Net current assets/(liabilities)		66,462	-	66,462	74,883
Total assets less current liabilities		66,462	-	66,462	74,883
Creditors: amounts falling due after one year		-	-	-	-
Total net assets or liabilities		66,462	-	66,462	74,883
Funds of the Charity					
Unrestricted funds	10	66,462	-	66,462	74,883
Restricted funds		-	-	-	-
Total funds		66,462	-	66,462	74,883

The financial statements were approved by the board of trustees and were signed on their behalf by:



Maurice Gilley
Trustee CHAM
Date: 7/9/2022



Abdul Raheman Mohidin
Treasurer
Date: 7/9/2022

The notes on page 7 to 10 form part of the financial statements

1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2 Accounting policies

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; It is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Volunteer help

The value of any voluntary help received is not included in the accounts.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund structure

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

3 Analysis of income

		Unrestricted		
		funds	Total 2022	Total 2021
		£	£	£
Donations and legacies:	Donations and gifts	7,264	7,264	10,410
	General grants provided by government/ other charities	42,500	42,500	43,538
		<u>49,764</u>	<u>49,764</u>	<u>53,948</u>
Charitable activities:	Transport	1,117	1,117	-
	Kitchen	12,740	12,740	-
	Holiday Club	11,758	11,758	20,045
	Covid Support	-	-	6,445
	Subscriptions	5,006	5,006	-
	Keep Fit	1,592	1,592	-
		<u>32,212</u>	<u>32,212</u>	<u>26,490</u>
TOTAL INCOME		<u>81,976</u>	<u>81,976</u>	<u>80,438</u>

4 Expenditure on charitable activities

	Unrestricted		
	funds	Total 2022	Total 2021
	£	£	£
Subcontractor	6,726	6,726	10,780
Transport	1,705	1,705	-
Wages	44,716	44,716	35,203
Pensions	1,348	1,348	2,626
Rent	4,875	4,875	1,172
Kitchen Supplies	9,458	9,458	-
Holiday club	12,318	12,318	20,035
Volunteer expenses	-	-	172
Covid support	986	986	9,711
Telephone	1,115	1,115	1,525
Insurance	560	560	528
Licence	268	268	-
Accountancy and Independent Examination	1,500	1,500	1,500
Sundries	45	45	11
Printing, postage & stationery	657	657	1,408
Travel & parking	1,237	1,237	56
Member entertainment	170	170	-
Member health	1,750	1,750	-
Computer & software	215	215	315
Bank charges	74	74	26
	<u>89,724</u>	<u>89,724</u>	<u>85,067</u>

5 Staff Costs

Salaries and wages	44,716	35,203
Pension	1,348	2,626
	<u>46,064</u>	<u>37,829</u>

The Average number of paid staff employed during the year was 3. (2021: 2)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2021: £Nil).

6 Accountancy and Independent Examination Costs

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<u>1,500</u>	<u>1,500</u>

7 Creditors: Amount falling due within one year

	2022	2021
	£	£
Accruals	5,386	1,842
Deferred income	1,683	-
	<u>7,069</u>	<u>1,842</u>

8 Cash at bank and in hand

Bank	70,599	76,116
Cash In Hand	1,419	609
	<u>72,018</u>	<u>76,725</u>

9 Prepayments & other receivables

Prepayments	340	-
Other receivables	1,173	-
	<u>1,513</u>	<u>-</u>

10 Funds

	Balance at 1 April 2021	Incoming Resources	Resources Expended	Balance at 31 March 2022
	£	£	£	£
Unrestricted Funds	74,883	81,976	(90,397)	66,462
Restricted Funds	-	-	-	-
	<u>74,883</u>	<u>81,976</u>	<u>(90,397)</u>	<u>66,462</u>

11 Transactions with trustees and related parties

All directors/trustees are volunteers and do not receive any remuneration for their services. (2021: £Nil)

There was no reimbursement of Trustees expenses during the year (2021:£292).

12 Post balance Sheet events

There are no post-balance sheet events with an impact on the Charity's financial statements

FRIENDS IN ST HELIER

England & Wales - Charity number 1133500

Accounts

Friends In St Helier

Financial Statements

For the Year Ended 31 March 2021

Friends In St Helier

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Balance Sheet	8
Notes to Financial Statements	9

Friends In St Helier

Charity No: 1133500

Information

Principal venue for activities

**St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ**

Registered Address

**St Georges Church Hall
Central Road
Morden
Surrey
SM4 5RJ**

Bank

**HSBC Bank plc.
75 -77 High Street
Sutton
Surrey
SM1 1DU**

Independent Examiner

**Waqar Ahmed FCCA
Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE**

Trustees' Annual Report for the year 2020-2021

The Trustees are pleased to present their Annual Report together with the financial statements for the year ending 31 March 2021.

Trustees

Mr Maurice Albert Gilley	Chair
Mr Abdul Raheman Mohidin	Secretary & Treasurer
Ms Mary Curtin	Operations Secretary
Ms Mavis Jacobs	Fundraising Secretary
Mr Alan Warrener	User and Volunteer
Mrs Jean Payne	User and Volunteer
Mr Joseph Rabindran	User and Volunteer (deceased February 2021)
Mr Ted Rhodes	User and Volunteer
Mrs Ann Giddy	User and Volunteer

Structure, governance and management

Governing Document

Friends In St Helier is an unincorporated charity governed by its constitution which was adopted on 23 April 2009 and amended July 2013. The charity was registered with Charity Commission on 11 January 2010.

Appointment of Trustees

Trustees are appointed or reappointed every three years at the Annual General Meeting

Objectives, activities, achievements and performance

Summary of the objects of the charity set out in its governing document

To promote the welfare of older people living on the St Helier Estate, Morden and surrounding area in any manner which may be deemed by law to be charitable.

Summary of the main activities undertaken for the public benefit in relation to these objects

In planning our activities for the year we kept in mind the Charity Commission's guidance on public benefit at our trustee meetings.

We provided five safe and welcoming local groups plus one afternoon session for around 180 vulnerable and isolated residents over the age of 50. The groups provided an accessible platform where members can have a nutritious meal, socialise, make friends, and expand their social network within their community. There are a range of activities on offer throughout the year, sadly due to the covid-19 pandemic we were not able to have any sessions. It was decided not to furlough the staff nor the contract cook. It was agreed that they would be used to support the Merton Community Hub (managed by Merton Connected) and our members by working from home.

We had to adapt our services to support our members and those referred to us by the Merton Community Hub by working from home. The new activities of making befriending calls, Shopping, and collecting prescriptions were carried out by our staff and 12 new volunteers. At the peak of the pandemic staff and volunteers were supporting over 330 vulnerable people.

In May 2020, It was decided that we would provide a cooked nutritious lunch to residents and members in the SM4 area of the Borough. This was partly financed by a grant from Merton Giving and Clarion Futures. Between May 2020 and January 2021, we provided 1800 meals. In August 2020, there were 70 people being provided hot meals. In February 2021, we were able to get another grant from Clarion Housing to extend the hot meal service. At end of March 2021, we had served 230 meals to 30 people. This service will continue until the clubs reopen. As the lockdown is being eased, we expect the numbers to drop to around 10.

Achievements and performance

- We did not furlough our staff or cook
- Weekly conference calls between staff volunteers and trustees. Ensuring operations continued smoothly.
- Adapted our services to support the Merton Community Hub
- Maintained weekly contact with our members and those referred to us by the Community Hub
- Door step visits to the most vulnerable
- Most vulnerable members taken to their doctor's and hospital appointments
- Provided emergency food parcels to the most needy at the early stage of the pandemic
- At the peak of the pandemic supported over 330 people. Shopped for 80
- Able to work with other charities, Don's Local Action Group, Wimbledon Guild, Age Uk, Merton and Morden Guild

Appreciation

In these very difficult times, we are grateful for the many hours our staff, volunteers, including member volunteers, have spent listening, encouraging and supporting our members and the wider community of Merton. Without this valuable contribution of time, energy and expertise we would not have been able to achieve so much.

Financial review

It has been a very difficult year financially as most all our clubs were closed. There were no donations from any of the small charity foundations, no raffles and no collection of subscriptions. We must thank Merton for providing us an operational grant of £42k. Merton Giving £1.9k and Clarion Housing £3k provided funds for the hot food project. We did not charge for hot food but asked for donations and this generated £5k and with individual members donating £3.5k. The Trustees express their sincere gratitude to all the donors.

Reserves Policy

The Trustees have adopted a reserves policy, which they consider appropriate to ensure the continued ability of the charity to meet its objectives. The Trustees aim to ensure reserves equal to 3— 6 months of operating expenditure are available, which was achieved at the end of the financial year 2020/21

Our main source of funds this year has been grants and donations. London Borough of Merton provided a grant towards the running costs of the charity and has agreed in principle to renew funding for a further 1 year while it reviews smaller charities in the Borough.

Most of the income is used to pay staff wages and a contract cook. Funds from other donors go towards paying other operational costs.

Operational and Staff Report

The Trustees are committed to ensuring we meet our goals and values in 2021.

Our goals are to promote Wellbeing, Independent Health and Encouraging Good Living. We aim to provide support, dignity, respect, health and wellbeing to Social Groups for Merton Over 50's, especially the isolated and vulnerable. We will carry on providing meals, recreation, information and advice. We will adapt our services accordingly to meet the demands and challenges raised by Covid-19.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees

Signatures



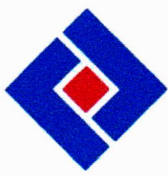
Maurice Albert Gilley
Chair

Date: 11/11/2021



Abdul Raheman Mohidin
Treasurer

Date: 11/11/2021



Independent Examiner's Report to the trustees of Friends In St. Helier Trust

I report on the accounts of the Friends In St. Helier Trust (Charity No: 1133500) for the year ended 31 March 2021, which are set out on pages 5 to 10.

Respective responsibilities of trustees and examiner

As the trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the charity as required by section 130 of the Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Waqar Ahmed FCCA
C/O Proacc Consulting Ltd
Chartered Certified Accountants
3rd Floor, 86-90 Paul Street, London
EC2A 4NE

Date: 12-11-2021

Friends In St Helier
Annual accounts for the Year Ended 31 March 2021

Statement of financial activities


	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 (Restated) £
Incoming resources					
Donations and legacies		53,948	-	53,948	80,230
Charitable activities		26,490	-	26,490	33,151
Total	3	80,438	-	80,438	113,381
Resources expended					
Charitable activities	4	85,067	-	85,067	103,450
Total		85,067	-	85,067	103,450
Net income/(expenditure) before investment gains/(losses)					
		(4,629)	-	(4,629)	9,931
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		(4,629)	-	(4,629)	9,931
Transfers between funds		-	-	-	-
Other recognised gains/(losses)		-	-	-	-
Net movement in funds		(4,629)	-	(4,629)	9,931
Reconciliation of funds:					
Total funds brought forward		79,512	-	79,512	58,412
Opening balance adjustment	10	-	-	-	11,169
Total funds carried forward	10	74,883	-	74,883	79,512


Friends In St Helier
As at 31 March 2021

Balance sheet

	Notes	Unrestricted funds £	Restricted income funds £	Total 2021 £	Total 2020 (Restated) £
Current assets					
Cash at bank and in hand	8	76,725	-	76,725	79,629
Prepayments & other receivables	9	-	-	-	13,809
<i>Total current assets</i>		<u>76,725</u>	<u>-</u>	<u>76,725</u>	<u>93,438</u>
Creditors: amounts falling due within one year	7	1,842	-	1,842	13,926
<i>Net current assets/(liabilities)</i>		<u>74,883</u>	<u>-</u>	<u>74,883</u>	<u>79,512</u>
<i>Total assets less current liabilities</i>		<u>74,883</u>	<u>-</u>	<u>74,883</u>	<u>79,512</u>
Creditors: amounts falling due after one year		-	-	-	-
Total net assets or liabilities		<u>74,883</u>	<u>-</u>	<u>74,883</u>	<u>79,512</u>
Funds of the Charity					
Unrestricted funds	10	74,883	-	74,883	79,512
Restricted funds		-	-	-	-
<i>Total funds</i>		<u>74,883</u>	<u>-</u>	<u>74,883</u>	<u>79,512</u>

The financial statements were approved by the board of trustees and were signed on their behalf by:


Maurice Albert Gilley
Chair
Date: 11/11/2021


Abdul Raheman Mohidin
Treasurer
Date: 11/11/2021

The notes on page 7 to 10 form part of the financial statements

1 Basis of preparation

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts.

The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2 Accounting policies

Going Concern

These accounts have been prepared on a going concern basis. There are no material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern.

Recognition of income

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met. The charity has received government grants in the reporting period.

Legacies

Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.

Volunteer help

The value of any voluntary help received is not included in the accounts.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Fund structure

Restricted funds are spent in accordance with specific instructions of the donor.

Unrestricted income funds comprise those funds which are spent at the discretion of management committee for any purpose in the furtherance of the charitable objectives.

3 Analysis of income

		Unrestricted funds	Total 2021	Total 2020 (Restated)
		£	£	£
Donations and legacies:	Donations and gifts	10,410	10,410	8,437
	General grants provided by government/ other charities	43,538	43,538	76,512
		<u>53,948</u>	<u>53,948</u>	<u>84,948</u>
Charitable activities:	Transport	-	-	2,592
	Holiday Club	20,045	20,045	18,451
	Covid Support	6,445	6,445	-
	Subscriptions	-	-	6,378
	Keep Fit	-	-	1,012
		<u>26,490</u>	<u>26,490</u>	<u>28,433</u>
TOTAL INCOME		<u>80,438</u>	<u>80,438</u>	<u>113,381</u>

4 Expenditure on charitable activities

	Unrestricted funds	Total 2021	Total 2020 (Restated)
	£	£	£
Subcontractor	10,780	10,780	11,375
Transport	-	-	9,158
Wages	35,203	35,203	39,493
Pensions	2,626	2,626	2,605
Rent	1,172	1,172	6,014
Holiday club	20,035	20,035	24,997
Volunteer expenses	172	172	462
Covid support	9,711	9,711	-
Training	-	-	130
Telephone	1,525	1,525	1,468
Insurance	528	528	501
Licence	-	-	691
Accountancy and Independent Examination	1,500	1,500	1,500
Sundries	11	11	736
Printing, postage & stationery	1,408	1,408	1,103
Travel & parking	56	56	260
Marketing	-	-	30
Member entertainment	-	-	743
Member health	-	-	1,320
Computer & software	315	315	632
Professional fee	-	-	106
Bank charges	26	26	127
	<u>85,067</u>	<u>85,067</u>	<u>103,450</u>

5 Staff Costs

Salaries and wages	35,203	39,493
Pension	2,626	2,605
	<u>37,829</u>	<u>42,098</u>

The Average number of paid staff employed during the year was 2. (2020: 2)

All directors/trustees are volunteers and they do not receive any remuneration for their services (2020: £Nil).

6 Accountancy and Independent Examination Costs

Independent Examination	1,000	1,000
Accountancy Services	500	500
	<u>1,500</u>	<u>1,500</u>

7 Creditors: Amount falling due within one year

	2021	2020 (Restated)
	£	£
Accruals	1,842	5,171
Deferred income	-	8,755
	<u>1,842</u>	<u>13,926</u>

8 Cash at bank and in hand

Bank	76,116	77,120
Cash In Hand	609	2,509
	<u>76,725</u>	<u>79,629</u>

9 Prepayments & other receivables

Prepayments	-	2,640
Other receivables	-	11,169
	<u>-</u>	<u>13,809</u>

Previous year's figures have been restated to reflect an HMRC refund, relating to previous years but received during 2020-21. The amount is included in other receivables.

10 Funds

	Balance at 1 April 2020	Incoming Resources	Resources Expended	Balance at 31 March 2021
	£	£	£	£
Unrestricted Funds	68,343	80,438	(85,067)	63,714
Opening balance adjustment	11,169	-	-	11,169
	<u>79,512</u>	<u>80,438</u>	<u>(85,067)</u>	<u>74,883</u>
Restricted Funds	-	-	-	-
	<u>79,512</u>	<u>80,438</u>	<u>(85,067)</u>	<u>74,883</u>

Opening reserves has been restated to reflect an HMRC refund, relating to previous years but received during 2020-21.

11 Transactions with trustees and related parties

All directors/trustees are volunteers and do not receive any remuneration for their services. (2020: £Nil)

Trustees were reimbursed £292 (2020:Nil) in terms of expenses.

12 Post balance Sheet events

There are no post-balance sheet events with an impact on the Charity's financial statements