

Charity number: 1133445

Social Organisation for Unity & Leisure

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/03/2025

Prepared By:
Atherton Greene Ltd
71-75
Shelton Street
Covent Garden
London
WC2H 9JQ

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2025**

TRUSTEES

Sufia Alom

Shamim Miah

Mohammed Hussain Ahmed - Resigned 1st May 2024

Shipon Miah

Jamil Trofder

Tomas Tadese

Tamanna Begum

SECRETARY

Jamil Trofder

REGISTERED OFFICE

Collingwood Community Centre

Barnsley Street

London

E1 5RB

CHARITY NUMBER

1133445

ACCOUNTANTS

Atherton Greene Ltd

71-75

Shelton Street

Covent Garden

London

WC2H 9JQ

Social Organisation for Unity & Leisure

**ACCOUNTS
FOR THE YEAR ENDED 31/03/2025**

CONTENTS

	Page
Report of the Trustees	3
Management Structure	4
Independent Examiner's Statement	5 to 6
Accountant's Report	7
Statement of Financial Activities	8
Balance Sheet	9
Notes to the Accounts	10 to 12
Detailed Statement of Financial Activities	13 to 14

**TRUSTEES' REPORT
FOR THE YEAR ENDED 31/03/2025**

The trustees present their report and accounts for the year ended 31/03/2025

PRINCIPAL ACTIVITIES

The principal activity of the charity in the year under review was promoting social inclusion, unity, and wellbeing by delivering leisure, educational, and social activities. Supporting community cohesion by engaging diverse groups through events, programmes, and initiatives that enhance participation, skills, and quality of life.

During the reporting period, the trustees oversaw the continued delivery and expansion of SOUL's charitable activities, focused on supporting young people, women, families, and older residents. The charity's principal activities aim to relieve disadvantage, promote wellbeing, and provide opportunities for education, physical activity, and social inclusion.

The charity continued to deliver the Holiday Activities and Food (HAF) programme, providing structured activities, nutritious meals, and enrichment opportunities for children and young people during school holidays. During 2024-25, the HAF programme expanded from Tower Hamlets into Newham and Islington, enabling SOUL to support a wider range of children and families across multiple boroughs. To support this growth, the charity expanded its sessional workforce, with a particular focus on recruiting more women and girls into delivery roles, strengthening representation and capacity within the organisation.

The charity also expanded its women's programmes during the year. Building on delivery in Bow and Collingwood, services were extended into Plaistow at the Jeyes Community Centre. SOUL supported the launch of activities at the centre and worked in partnership with New Spitalfields Market to renovate and revitalise the space. The centre now hosts a range of community activities, including women's wellbeing sessions, programmes for older people, gardening initiatives, and regular coffee mornings, providing inclusive spaces that reduce isolation and promote wellbeing.

In addition, SOUL worked in partnership with The Felix Project to deliver a monthly community foodbank initiative. Volunteers support the distribution of food to local residents, helping to address food insecurity and provide vital support to families and individuals in need.

In response to identified educational need, the charity launched a tuition programme for children and young people. Sessions are delivered two days per week, with primary school pupils attending on Wednesdays and secondary school students on Thursdays. The programme supports academic attainment, confidence, and positive routine, complementing the charity's wider youth engagement work.

Looking Ahead

The trustees recognise the importance of responding to changing community needs and will continue to guide the organisation's strategic development in the coming year. SOUL aims to further strengthen its delivery in Newham and Islington while exploring opportunities to work in additional boroughs where there is identified demand. The charity will focus on partnership working to share learning and adapt its model to new communities.

The trustees acknowledge that traditional youth club models are no longer effective for many young people. As a result, SOUL will continue to develop new approaches to youth engagement, placing greater emphasis on education, skills development, and structured support alongside sport and wellbeing activities. Further work is required to expand and embed tuition and educational programmes to better support young people's outcomes.

The charity is also committed to increasing its work with young people with Special Educational Needs and Disabilities (SEND). The trustees will prioritise inclusive programme design, specialist partnerships, and staff training to ensure services are accessible and responsive to the needs of young people with SEND. Through these priorities, the trustees aim to ensure that SOUL continues to deliver high-quality, inclusive, and impactful services that support communities and achieve sustainable charitable outcomes.

STRUCTURE GOVERNANCE AND MANAGEMENT

Governed under a formal constitution adopted in August 2009 (amended most recently in December 2020), which sets out how the charity is run and controlled. The charity's primary governing body is its Board of Trustees, who have legal responsibility for the overall management, control and administration of the charity in accordance with charity law and its governing document. There are six trustees. Whom are volunteers and do not receive remuneration from the charity. Trustees are responsible for setting strategy, ensuring compliance with legal and regulatory obligations, overseeing financial and operational policies, and ensuring the charity delivers its aims effectively. SOUL has a suite of formal policies (e.g., safeguarding, internal controls, risk management, trustee conflicts of interest, complaints procedures) that support governance and accountability. While the Charity Commission register shows trustees as the controlling body, day-to-day activities are typically delivered by volunteers and any employed staff, overseen by the trustees (though the register does not list senior executives by name). The charity engages a substantial volunteer base (around 60 volunteers) to support delivery of programmes and services. In practice, SOUL's governance follows standard UK charity practice: trustees provide strategic leadership and oversight, set policies and ensure compliance, while operational delivery is carried out by staff and volunteers under the trustees' guidance.

The report was prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the Board of Trustees on 29/12/2025



Shamim Miah

Chairman

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 31/03/2025

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF SOCIAL ORGANISATION FOR UNITY & LEISURE**

I report on the accounts of the company for the year ended 31/03/2025 .

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND
EXAMINER**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the Association of Chartered Certified Accountants.

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 31/03/2025

Independent Examiner's Report to the Trustees of

Social Organisation for Unity and Leisure

I report to the trustees on my examination of the accounts of **Social Organisation for Unity and Leisure** (the charity) for the year ended 31/03/2025.

Responsibilities and Basis of Report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's accounts carried out under section 145 of the Charities Act 2011 and in carrying out my examination I have followed the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent Examiner's Statement

I have completed my examination. I confirm that **no material matters have come to my attention** in connection with the examination which give me cause to believe that, in any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act 2011; or
- the accounts do not accord with those records; or
- the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 (as amended).

I have **no concerns and no matters to report**.



Independent Examiner:

M N H Mannan FCCA
29th December 2025
Atherton Greene Ltd
71-75 Shelton Street
Covent Garden
London
WC2H 9JQ

**ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE UNAUDITED ACCOUNTS
OF SOCIAL ORGANISATION FOR UNITY & LEISURE, FOR THE YEAR ENDED 31/03/2025**

In order to assist you to fulfill your duties under the Companies Act 2006, we have prepared for your approval the accounts of Social Organisation for Unity & Leisure for the year ended 31/03/2025 as set out on pages – 1 to 14 from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association of Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed on their website.

This report is made solely to the Board of Directors of Social Organisation for Unity & Leisure, as a body, in accordance with the terms of our engagement letter dated 15th February 2024. Our work has been undertaken solely to prepare for your approval the accounts of Social Organisation for Unity & Leisure and state those matters that we have agreed to state to the Board of Directors of Social Organisation for Unity & Leisure, as a body, in this report, in accordance with the requirements of the as detailed on their website. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Social Organisation for Unity & Leisure and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Social Organisation for Unity & Leisure has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profitability of Social Organisation for Unity & Leisure. You consider that Social Organisation for Unity & Leisure is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Social Organisation for Unity & Leisure. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

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Social Organisation for Unity & Leisure

**Statement of Financial Activities
for the year ended 31/03/2025**

	Unrestricted funds	Restricted funds	2025 Total	2024 Total
	£	£	£	£
Income				
Other activities	23,145	-	23,144	-
Income from charitable activities	-	471,226	471,227	451,443
Total Income and endowments	23,145	471,226	494,371	451,443
Expenses				
Expenditure on Charitable activities	7,828	471,085	478,913	447,132
Total Expenses	7,828	471,085	478,913	447,132
Net gains /(Deficit)				
Net Income	15,317	141	15,458	4,311
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	15,317	141	15,458	4,311
Total funds brought forward	12,113	3,233	15,346	11,036
Net funds carried forward	27,430	3,374	30,804	15,347

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Social Organisation for Unity & Leisure

BALANCE SHEET AT 31/03/2025

	Notes	2025 £	2024 £
CURRENT ASSETS			
Debtors (amounts falling due within one year)	3	1,183	746
Cash at bank and in hand		<u>55,021</u>	<u>165,832</u>
		111,258	166,578
CREDITORS: Amounts falling due within one year	4	<u>25,400</u>	<u>151,231</u>
NET CURRENT ASSETS		<u>30,804</u>	<u>15,347</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>30,804</u>	<u>15,347</u>
CAPITAL AND RESERVES			
CAPITAL AND RESERVES			
Unrestricted funds	6	27,430	12,113
Restricted funds	7	<u>3,374</u>	<u>3,233</u>
		<u>30,804</u>	<u>15,346</u>
Difference on accounts		-	1

For the year ending 31/03/2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

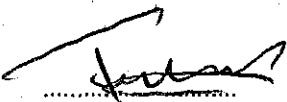
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**Approved by the board of trustees on 29/12/2025 and
signed on their behalf by**


Jamil Trofder
Secretary


Tomas Tadese Kefela
Treasurer

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/03/2025**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charitable company and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

Social Organisation for Unity & Leisure

2. EMPLOYEES

	2025	2024
	No.	No.
Average number of employees	2	3

3. DEBTORS

	2025	2024
	£	£
Amounts falling due within one year:		
Other debtors	1,183	746
	<u>1,183</u>	<u>746</u>

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
Other creditors	25,400	151,231
	<u>25,400</u>	<u>151,231</u>

5. LIMITED BY GUARANTEE

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £2, to the company should it be wound up. At 31/03/2025 there were 6 members.

Social Organisation for Unity & Leisure

6. UNRESTRICTED FUNDS

Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
£	£	£	£	£
12,113	23,145	(7,828)	-	27,430
<u>12,113</u>	<u>23,145</u>	<u>(7,828)</u>	<u>-</u>	<u>27,430</u>

7. RESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
Restricted Funds	3,233	471,227	(471,086)	-	3,374
	<u>3,233</u>	<u>471,227</u>	<u>(471,086)</u>	<u>-</u>	<u>3,374</u>

Restricted Funds

Restricted Funds

Social Organisation for Unity & Leisure

Incoming Resources for the year ended 31/03/2025

	2025	2024
	£	£
Incoming resources		
Incoming resources from generated funds		
Unrestricted Funding		
Private Donations & Funding Activities	23,144	29,137
	23,144	29,137
	<u>23,144</u>	<u>-</u>
Restricted Funding		
Jack Petchey	1,800	-
London Youth	21,650	-
East End Community Foundation	-	10,000
Ground Work	500	-
Tower Hamlets MSG	152,206	175,120
Sported Foundation	320	-
The Henry Smith Charity	2,750	2,750
The London Marathon	10,000	10,000
L B Newham	211,886	224,436
Aldgate & Allhallows	5,000	-
Bromley By Bow C	1,400	-
C W Butley	2,000	-
CAP Foundation	2,000	-
Clarion Futures	5,000	-
Hedley Foundation	2,500	-
L B Islington	26,180	-
SFX Foundation	5,000	-
The Clockworkers Foundation	15,000	-
The One Network	2,035	-
Foundation Future Leaders	4,000	-
	<u>471,227</u>	<u>451,443</u>
	<u>494,371</u>	<u>451,443</u>

Social Organisation for Unity & Leisure

**Expenses
for the year ended 31/03/2025**

	2025	2024
	£	£
Expenses		
Charitable Activities		
Youth Activities - Sessional Work	120,413	164,718
Administrative Costs	9,333	11,813
Youth Activities - Sports Equipment	18,397	25,923
Youth Activities - IT Equipment	2,281	-
Youth Activities	103,105	95,390
Youth Activities - Subsistence	4,530	-
Advertising & Promotion	9,178	2,813
Youth Activities - Community Support	73,760	64,822
Youth Activities - Facilities Hire	13,634	5,012
Insurance	1,774	2,608
Heat and light	-	406
Rent & rates	44,145	8,110
Repairs and renewals	15,909	-
Salaries & Wages	52,078	40,750
Training	-	6,253
Accountancy fees	1,800	1,500
Professional fees	-	900
Stationery & office supplies	5,574	10,484
Telephone	2,028	1,074
Subscriptions	546	2,238
Sundry expenses	428	2,318
	<u>478,913</u>	<u>447,132</u>
	 <u>478,913</u>	 <u>447,132</u>