

Charity number: 1133445

Social Organisation for Unity & Leisure

UNAUDITED ACCOUNTS
FOR THE YEAR ENDED 31/03/2024

Prepared By:
Atherton Greene Ltd
M N H Mannan
71-75 Shelton Street
Covent Garden
London
WC2H 9JQ

Social Organisation for Unity & Leisure

**FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31/03/2024**

TRUSTEES

Sufia Alom - Appointed 13/05/2023

Shamim Miah

Mohammed Hussain Ahmed

Shipon Miah

Jamil Trofder

Tomas Tadese

Tamanna Begum

SECRETARY

Jamil Trofder

REGISTERED OFFICE

31 Pepper Street

London

E1 9RP

CHARITY NUMBER

1133445

ACCOUNTANTS

Atherton Greene Ltd

M N H Mannan

71-75 Shelton Street

Covent Garden

London

WC2H 9JQ

Social Organisation for Unity & Leisure

**ACCOUNTS
FOR THE YEAR ENDED 31/03/2024**

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**TRUSTEES' REPORT
FOR THE YEAR ENDED 31/03/2024**

The trustees present their report and accounts for the year ended 31/03/2024

PRINCIPAL ACTIVITIES

The principal activity of SOUL during the year under review was the provision of charitable services. The organization acted as a resource for young people up to the age of 21 residing in Tower Hamlets and Newham by offering advice, assistance, and organizing programs focused on physical, educational, and other activities. These efforts aimed to:

1. **Advance Young Lives:** Support young people in developing their skills, capacities, and capabilities to enable them to become independent, mature, and responsible members of society.
2. **Promote Education:** Facilitate learning and educational development.
3. **Relieve Unemployment:** Provide support to reduce youth unemployment.
4. **Enhance Social Welfare:** Offer recreational and leisure activities to improve the quality of life for individuals in need due to their youth, age, infirmity, disability, poverty, or social and economic circumstances.

Through these initiatives, SOUL sought to improve the overall conditions of life for young people in the community.

The year 2023–2024 has been a period of significant growth and achievement for SOUL. We expanded our programs, cultivated new partnerships, and reached more individuals in need than ever before. This report highlights our key initiatives and accomplishments, underscoring our unwavering commitment to supporting individuals and fostering community well-being.

International Football Tour: This year, SOUL partnered with the CAP Foundation for a memorable international football tour to Bangladesh. This charity-driven initiative not only showcased the incredible talent of our young players but also raised an impressive £15,000 for charitable causes. The tour exemplified how sports can unite communities and foster a spirit of global solidarity.

Women's Wellbeing Project in Bow: We launched a women's wellbeing project in Bow aimed at supporting women's health, fitness, and personal development. This initiative has quickly become a safe, empowering space where women in the community can connect, grow, and thrive.

Acquisition of Jeyes Community Centre: We proudly secured the lease for the Jeyes Community Centre in Newham, a significant milestone for SOUL. This new facility will enable us to expand our reach and deliver more impactful community-focused programs, furthering our mission of creating lasting, positive change.

Projects for Young People: During the school holidays, SOUL delivered a wide range of engaging events and activities for young people. Through the support of Tower Hamlets and Newham Councils, we successfully ran the Holiday Activities Fund program, which attracted over 1,000 participants across both boroughs. To support this initiative, we recruited 70 new staff members, including 13 women, emphasizing our commitment to gender equality and diversity.

Our estates-based community football and multi-sports project expanded to additional sites in Newham, providing more young people with opportunities to participate in sports, build confidence, and foster personal development.

Youth Club Development: We established a new youth club at Collingwood Community Hall in Whitechapel, creating a safe and nurturing environment for young people to socialize, learn, and grow.

Women's Projects: Continuing the success of previous years, we marked International Women's Day with a vibrant celebration attended by over 200 women. Weekly Zumba and yoga sessions remained a cornerstone of our programming, empowering women and promoting their physical and mental well-being.

International Football Success: In addition to the Bangladesh tour, SOUL participated in the Dana International Football Cup in Denmark, where 20 young players competed at an international level. Their dedication and talent shone brightly, culminating in an impressive third-place finish.

Community Engagement: We organized a summer trip to Bournemouth, which brought together over 100 individuals from diverse backgrounds. This event provided an opportunity for relaxation, connection, and a day of enjoyment by the seaside.

Looking Ahead: The acquisition of the Jeyes Community Centre and the launch of the women's wellbeing project represent just the beginning of SOUL's plans for the future. We remain steadfast in our mission to support young people, empower women, and deliver impactful community programs across Tower Hamlets, Newham, and beyond.

Conclusion: The year 2023–2024 has been a remarkable journey for SOUL. Thanks to the dedication of our staff, volunteers, and supporters, we have delivered transformative projects that have enriched countless lives and strengthened our communities. We extend our deepest gratitude to everyone who has contributed to our success. Together, we will continue to support and uplift those in need, fostering unity and positive change for all.

STRUCTURE GOVERNANCE AND MANAGEMENT

The Management Committee comprises of 8 members:

Shamim Miah - Chair Person

Tomas Tadese - Treasurer

Jamil Trofder – Secretary

Mohammed Hussain Ahmed - Trustee

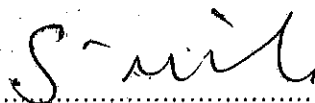
Tamanna Begum - Trustee

Shipon Miah – Trustee

Committee meetings are held quarterly to discuss strategic, operational and financial matters. Sub-committee meetings are also held in accordance with operational needs.

The report was prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the Board of Trustees on 27/01/2025



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Shamim Miah
Chair Person

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 31/03/2024

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES
OF SOCIAL ORGANISATION FOR UNITY & LEISURE**

I report on the accounts of the company for the year ended 31/03/2024 .

**RESPECTIVE RESPONSIBILITIES OF TRUSTEES AND
EXAMINER**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of The Association of Chartered Certified Accountants

Having satisfied myself that the charity is not subject to an audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

BASIS OF INDEPENDENT EXAMINERS STATEMENT

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

INDEPENDENT EXAMINER'S STATEMENT

FOR THE YEAR ENDED 31/03/2024

INDEPENDENT EXAMINERS STATEMENT

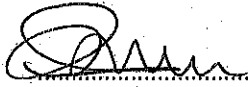
In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that in any material respect the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


.....

Date: 27/01/2025

Atherton Greene Ltd
M N H Mannan
51-57 Shelton Street
Covent Garden
London
WC2H 9JQ

**ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE UNAUDITED ACCOUNTS
OF SOCIAL ORGANISATION FOR UNITY & LEISURE, FOR THE YEAR ENDED 31/03/2024**

In order to assist you to fulfil your duties under the Companies Act 2006, we have prepared for your approval the accounts of Social Organisation for Unity & Leisure for the year ended 31/03/2024 as set out on pages 1 to 12 from the company's accounting records and from information and explanations you have given us.

As a practising member of the Association Chartered Certified Accountants, we are subject to its ethical and other professional requirements which are detailed on their website.

This report is made solely to the Board of Directors of Social Organisation for Unity & Leisure, as a body, in accordance with the terms of our engagement letter dated 25th April 2023. Our work has been undertaken solely to prepare for your approval the accounts of Social Organisation for Unity & Leisure and state those matters that we have agreed to state to the Board of Directors of Social Organisation for Unity & Leisure, as a body, in this report, in accordance with the requirements of the Association of Chartered Certified Accountants as detailed on their website. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than Social Organisation for Unity & Leisure and its Board of Directors as a body for our work or for this report.

It is your duty to ensure that Social Organisation for Unity & Leisure has kept adequate accounting records and to prepare statutory accounts that give a true and fair view of the assets, liabilities, financial position and profitability of Social Organisation for Unity & Leisure. You consider that Social Organisation for Unity & Leisure is exempt from the statutory audit requirement for the year.

We have not been instructed to carry out an audit or a review of the accounts of Social Organisation for Unity & Leisure. For this reason, we have not verified the accuracy or completeness of the accounting records or information and explanations you have given to us and we do not, therefore, express any opinion on the statutory accounts.

Atherton Greene Ltd
M N H Mannan
51-57 Shelton Street
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Social Organisation for Unity & Leisure

Statement of Financial Activities for the year ended 31/03/2024

	Unrestricted funds	Restricted funds	2024 Total	2023 Total
	£	£	£	£
Income				
Income from generated funds				
Donations and legacies	-	-	-	22,040
Income from charitable activities	29,137	422,306	451,443	286,023
Total Income and endowments	29,137	422,306	451,443	308,063
Expenses				
Costs of generating funds				
Expenditure on Charitable activities	24,826	422,306	447,132	303,191
Total Expenses	24,826	422,306	447,132	303,191
Net gains on investments				
Net Income	4,311	-	4,311	4,872
Gains/(losses) on revaluation of fixed assets				
Net movement in funds:				
Net income for the year	4,311	-	4,311	4,872
Total funds brought forward	7,802	3,233	11,036	6,164
Net funds carried forward	12,113	3,233	15,347	11,036

This statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities

Social Organisation for Unity & Leisure

BALANCE SHEET AT 31/03/2024

	Notes	2024 £	2023 £
CURRENT ASSETS			
Debtors (amounts falling due within one year)	3	746	-
Cash at bank and in hand		<u>165,832</u>	<u>83,978</u>
		166,578	83,978
CREDITORS: Amounts falling due within one year	4	<u>151,231</u>	<u>72,942</u>
NET CURRENT ASSETS		<u>15,347</u>	<u>11,036</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>15,347</u>	<u>11,036</u>
CAPITAL AND RESERVES			
Unrestricted funds	6		
Designated funds		4,311	7,803
Restricted funds	7	<u>11,036</u>	<u>3,233</u>
		<u>15,347</u>	<u>11,036</u>

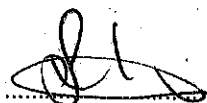
For the year ending 31/03/2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

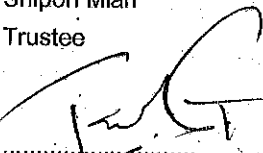
The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board of trustees on 27/01/2025 and signed on their behalf by



Shipon Miah
Trustee



Tomas Tadese
Treasurer

**NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/03/2024**

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 and the requirements of the Statement of Recommended Practice, Accounting and Reporting by Charities.

1b. Incoming Resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

1c. Resources Expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

1d. Allocation And Apportionment Of Costs

All costs relate to the single activity of the charitable company and are recognised accordingly.

1e. Fund Accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Designated funds are funds set aside by the trustees out of unrestricted general funds for the specific future purposes or projects.

1f. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2024	2023
	No.	No.
Average number of employees	3	4

3. DEBTORS

	2024	2023
	£	£
Amounts falling due within one year:		
Other debtors	746	-
	<u>746</u>	<u>-</u>

Social Organisation for Unity & Leisure

4. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
Taxation and social security	-	579
Other creditors	151,231	72,363
	<u>151,231</u>	<u>72,942</u>

5. LIMITED BY GUARANTEE

The company is limited by guarantee and does not have a share capital. Each member gives a guarantee to contribute a sum not exceeding £2, to the company should it be wound up. At 31/03/2024 there were 6 members.

6. UNRESTRICTED FUNDS

Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
£	£	£	£	£
7,802	29,137	(24,826)	-	12,113
<u>7,802</u>	<u>29,137</u>	<u>(24,826)</u>	<u>-</u>	<u>12,113</u>

7. RESTRICTED FUNDS

	Brought forward	Incoming resources	Outgoing resources	Transfers	Carried forward
	£	£	£	£	£
Restricted Funds	3,233	422,306	(422,306)	-	3,233
	<u>3,233</u>	<u>422,306</u>	<u>(422,306)</u>	<u>-</u>	<u>3,233</u>

Social Organisation for Unity & Leisure

**Incoming Resources
for the year ended 31/03/2024**

	2024	2023
	£	£
Incoming resources		
Incoming resources from generated funds		
	<u>29,137</u>	<u>49,575</u>
Restricted Funding		
Jack Petchey	-	2,800
London Youth	-	1,500
Tower Hamlets Homes	-	5,000
The Neighbourly Foundation	-	1,000
East End Community Foundation	10,000	3,500
Canary Wharf	-	3,000
Ground Work	-	1,000
Tower Hamlets MSG	175,120	197,660
Sported Foundation	-	500
Castle Group Foundation	-	500
The J H Rausing Trust	-	7,000
The Henry Smith Charity	2,750	-
The London Marathon	10,000	-
L B Newham	<u>224,436</u>	<u>35,028</u>
	<u>451,443</u>	<u>308,063</u>

Social Organisation for Unity & Leisure

**Expenses
for the year ended 31/03/2024**

	2024	2023
	£	£
Expenses		
Youth Activities - Sessional Work	164,718	86,037
Administrative Costs	11,813	14,430
Youth Activities - Sports Equipment	25,923	17,484
Youth Activities - IT Equipment	-	2,500
Youth Activities	95,390	62,641
Youth Activities - Subsistence	-	6,684
Advertising & Promotion	2,813	6,994
Youth Activities - Voluntary Expenses	-	4,339
Youth Activities - Community Support	64,822	34,457
Youth Activities - Facilities Hire	5,012	4,723
Insurance	2,608	2,311
Heat and light	406	-
Rent & rates	8,110	4,160
Salaries & Wages	40,750	52,935
Training	6,253	-
Accountancy fees	1,500	1,500
Professional fees	900	-
Stationery & office supplies	10,484	1,145
Telephone	1,074	638
Subscriptions	2,238	213
Sundry expenses	2,318	-
	<u>447,132</u>	<u>303,191</u>

