

CESO

(Community Empowerment Support Organisation) Ltd

Trustees' Annual Report

and

Financial Statements

For the year ended 31st January 2025

CESO: TRUSTEES' ANNUAL REPORT & FINANCIAL STATEMENTS

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COMPANY DETAILS AND ADVISERS

Registered Office

99 ST. HELENA ROAD
LONDON
SE16 2QY

Reference Details:

Telephone: 07958 032992

Email: ritaedmond@cesoprojects.org.uk

Website: <https://www.cesoprojects.org.uk/>

Trustees

Rita Edmond	Chair
Marjorie Ann Brabazon	Trustee
James Abdulai Sesay	Trustee
Natasha Din-Gabisi	Trustee
Shamick Edmond	Trustee
Comfort Olaosebikan	Trustee

Accountant

NRMA Accountancy Ltd
3 Lime Tree Grove
Shirley
Croydon
CR0 8AY

Bankers

Santander
Unit 34, Cen,
Redriff Road
Rotherhithe
SE16 7NB

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The trustees agreed to maintain a reserve of £5,000 to maintain the stability of the organization. There is a shortfall of £2,400 in the target reserve.

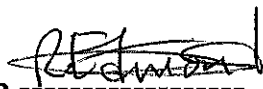
Plans for future periods

Scaling and tweaking our events to maximise ticket sales and monthly donations

Increasing our social media presence with a focus on highlighting the impact monthly donations can have on individuals in the school

Research and apply for more grants with the support of experts

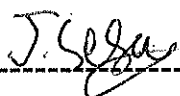
Trustee



Date

9/10/2025

Trustee



Date

9/10/2025

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YEAR ENDED 31ST JANUARY 2025

I report to the charity trustees on my examination of the accounts of Community Empowerment Support Organisation (CESO) for the year ended 31st January 2025, which are set out on pages 7-8

Respective responsibilities of trustees and examiner

The Charity's Trustees and also its directors for the purposes of company law are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act"). They consider that an audit is not required for this year under Section 144 of the Charities Act 2011 ("the 2011 Act") and that they are eligible for an independent examination.

It is my responsibility to:

- examine the accounts (under S145 of the 2011 Act)
- follow the procedures laid down in the General Directions given by the Charity Commissioners (under S145(5)(b) of the 2011 Act); and
- state whether particular matters have come to my attention

Basis of independent examiner's statement

My examination was carried out in accordance with the general directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the Charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the view given by the accounts.

Independent Examiner's Statement

In connection with my examination, I confirm that no material matters have come to my attention giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a "true and fair view" which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the Charities SORP (FRS102).

I have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
V Niranjan, AFA MIPA
NRMA Accounting Ltd
3 Limetree Grove
Croydon, CR0 8AY
UNITED KINGDOM
Nrma.acc@gmail.com
Date:

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STATEMENT OF FINANCIAL ACTIVITIES

(INCORPORATING AN INCOME AND EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31ST JANUARY 2025)

COMPANY REGISTRATION NUMBER 6470024

	Unrestricted Funds	Restricted Funds	Total 2025	Total 2024
	£	£	£	£
Income from:				
<i>Donations and legacies</i>				
<i>Donations</i>	8,805		12,274	19,870
<i>Charitable Activities</i>				
Grants received	8,900	9,905	13,921	1,900
Fundraising and publicity	695		1,652	
Services	740		-	
<i>Investment Income</i>				
Bank Interest received				
<i>Other</i>				
Total Income	23,367	4,480	27,847	29,045
Expenditure on:				
Raising funds	473		608	162
Charitable Activities	23,482	9,383	28,579	19,219
Total Resources Expended (see note 17)	25,282	3,905	29,187	33,338
Net movement in funds (see note 10)	(1,915)	575	(1,340)	(4,293)
Reconciliation of funds				
Total funds brought forward	8,330		4,037	5,941
Transfer between funds				
Total funds carried forward	1,600	1,097	2,697	4,037

All of the above results are derived from continuing activities.

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BALANCE SHEET AS AT 31ST JANUARY 2025

	Notes	2,025	2,024
		£	£
<i>Fixed Assets:</i>			
Tangible assets			
<i>Current Assets:</i>			
Debtors			
Cash at bank and in hand		2,697	4,037
		2,697	4,037
<i>Liabilities:</i>			
Creditors: Amounts falling due within one year			
Net Current Assets		2,697	4,037
Total Assets Less Current Liabilities		2,697	4,037
Creditors: Amounts falling due after more than one year		-	-
Net Assets		2,697	4,037
<i>Represented by:</i>			
General Unrestricted funds		1,600	3,515
Restricted funds		1,097	522
Total funds		2,697	4,037

For the year ending 31st January 2025 the Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies. The members have not required the Company to obtain an audit in accordance with section 476 of the Companies Act 2006.

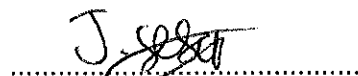
The directors acknowledge their responsibility for complying with the requirements of the Companies Act 2006 with respect to accounting records and for the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 6-7 were approved and authorised for issue by the Trustees on 01.10.2025 and signed on their behalf by:



Chair
Rita Edmond



Treasurer
James Sesay

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NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST MARCH 2025

1. Accounting Policies

The financial statements have been prepared under the historical cost convention and in accordance with FRS 102, the Statement of Recommended Practice, Accounting and Reporting by Charities (SORP FRS 102), applicable accounting standards and company law. The charity is a public benefit entity. The principal accounting policies adopted in the preparation of the financial statements are as follows:

Donations and Grants

Income from donations and grants is included in incoming resources when these are receivable. Income is also included when the charity is entitled to it, when it is probable it will be received, and the amount can be measured reliably. The exception is as follows:

When donors impose conditions which have to be fulfilled before the Charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

Resources Expended

Resources expended are included in the Statement of Financial Activities on an accruals basis, inclusive of any VAT which cannot be recovered. All support costs are included under "charitable activities" rather than apportioned between each of the charity's activities (such as fundraising), as such an apportionment would result in small, immaterial amounts attributable to non-charitable activities. The costs and time involved of calculating such an apportionment would vastly outweigh the usefulness of doing so.

Funds Accounting

Funds held by the Charity are either:

- Unrestricted - these are funds which can be used in accordance with the charitable objects at the discretion of the Trustees.
- Restricted - these are funds that can only be used for particular restricted purposes within the objects of the Charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

2. Staff and Pension Costs

The charity has no employees and the staff cost is nil.

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3. Analysis of Income

	Unrestricted funds	Restricted income funds	Total funds	Prior year
	£	£	£	£
Donations and gifts	11,703	-	11,703	8,805
Gift Aid	571	-	571	-
General grants provided by the government/other charities	9,441	4,480	13,921	18,805
Total	21,715	4,480	26,195	27,610
Charitable activities:				
Fundraising	1,652	-	1,652	695
Services			-	740
Total	1,652	-	1,652	1,435
TOTAL INCOME	23,367	4,480	27,847	29,045

Details of Restricted Funds

Detail	Balance as at 01.02.2023	Income	Expenses	Transfer between funds	Balance 31.01.2024
	£	£	£	£	£
Restricted Funds					
Award for All	-	9,905	(9,383)	-	522
Total Funds	-	9,905	(9,383)	-	522

Detail	Balance as at 01.02.2024	Income	Expenses	Transfer between funds	Balance 31.01.2025
	£	£	£	£	£
Restricted Funds					
Eatwell project fund	522	4,480	(3,905)	-	1,097
Total Funds	522	4,480	(3,905)	-	1,097

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4. Net movement in funds

Detail	At 01.02.24	Net Movement in funds	Transfer Between Funds	At 31.01.2025
	£	£	£	£
Unrestricted Funds				
Unrestricted General Funds	3,515	(1,915)	-	1,600
Restricted Funds				
Grant Income Restricted	522	575	-	1,097
Total Funds	4,037	(1,340)	-	2,697

5. Related Party Transactions

The charity received donations from the Trustees in the year of £140 (2024: £730). The trustees agreed to pay Rita Edmond £225 per month as a trustee's allowance for the time spent on running the charity and administration of the project. The total allowance paid for the year is £900. The trustees paid James Sasey £445 to process the pledge for the Big Give campaign in November 2024

6. Trustees' Expenses

The charity reimbursed the trustees' expenses totaling £Nil (2024: £839), which they spent on behalf of the charity.

7. Volunteers

During the year, the Charity had 8 (2024: 8) volunteers that supported it. The Charity has benefitted from these unpaid volunteers, and this is not recognised in the financial statements.

8. Analysis of Expenses

Activity or programme	Fundraising Cost	Grant funding of activities	Support Costs	Total this year	Total prior year
	£	£	£	£	£
Fundraising cost	608			608	473
Salaries and expenses in Sierra Leone		18,415		18,415	16,599
Eat Well		3,905		3,905	9,383
Accounting			1,250	1,250	900
Admin charges			3,281	3,281	688
Docs / regulatory /admin			828	828	1,270
Trustees' Allowance (See detail on Note 6)			900	900	2,700
Trustee exp (See detail on Note 6)			-	-	839
Governance cost				-	486
Total	608	22,320	6,259	29,187	33,338

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THE TRUSTEES' REPORT FOR THE YEAREND 31st JANUARY 2025

This report has been prepared in accordance with the Statement of Recommended Practice Accounting and Reporting for Charities SORP FRS102 and in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small entities. It includes the directors' report as required by company law.

Objectives and activities

The prevention or relief of poverty or financial hardship in communities in Sierra Leone and England by providing or assisting in the provision of education, training, healthcare projects and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

Transactions and financial review

Income for the year is £27,847 and the expenses £28,579 leaving a deficit of £1,340 for the year. The Statement of Financial Activities is on page 7 and the Balance Sheet is on page 8

Risk Management

The Trustees have looked carefully at the main risks the charity might face, both in the UK and in Sierra Leone. These include things like changes to funding, shifts in regulations, and challenges with running projects – especially overseas.

Some of the main risks we've identified are:

- Changes in funding – We rely on grants and donations, so any drop in income can affect how we plan and deliver our work.
- Staying on top of regulations – Whether it's UK charity law or local requirements in Sierra Leone, we need to make sure we're doing everything by the book.
- Reputation – As a small charity, it's important that we manage funds well and maintain trust with our supporters.
- Running projects smoothly – We rely on volunteers and part-time staff, and sometimes infrastructure or resources in Sierra Leone can be limited.

We're working on ways to reduce these risks. This includes:

- Keeping a financial reserve to help if we face unexpected costs.
- Finding different types of funding so we're not depending too heavily on one source.
- Regularly reviewing our policies, like safeguarding and data protection.
- Having clear plans for our projects and regularly checking how things are going.
- Making sure trustees and volunteers are well informed about our responsibilities and any changes that affect the charity.

We talk about risks at board meetings and keep updating our plans as things change. Our aim is to stay alert and make sure we're in the best position to keep supporting the communities we serve.

Achievements and Performance

1. Small Grant from British Land to continue our Eat Well to Stay Well Project in London.
2. Small Grant from Rotherhithe Consolidated Charities to continue our Eat Well to Stay Well Project in London.
3. Continue to support our mentoring programme in Sierra Leone
4. Continue to support our Business mentoring programmes in the UK.

Reserve Policy