

TALBOT HOUSE SUPPORT CENTRE

England & Wales · Charity number 1132741

Details

Status	Registered
Legal form	Charitable company
Company number	07032063
Registered	2009-11-17
Register	View on the Charity Commission register

Contact

Address	Talbot House Support Centre 1 High Peak Street Newton Heath Manchester M40 3AT
Phone	01612034095
Email	admin@talbot-house.org.uk
Website	www.talbot-house.org.uk

Activities

Objects: To relieve children and adults with learning disabilities by the provision of practical advice, guidance, training and support in such other ways as the centre shall determine, to their parent carers/unpaid carers in the North West.

Activities: TALBOT HOUSE IS A SUPPORT SERVICE FOR PARENT/CARERS OF PEOPLE WHO HAVE LEARNING DISABILITIES WHO LIVE IN THE MANCHESTER AREA. WE OFFER; EMOTIONAL SUPPORT, CONSULTING WITH CARERS TO SHAPE SERVICES, ACCESS TO TRAINING FOR CARERS, INFORMATION ABOUT MONEY AND BENEFITS, BREAKS FOR CARERS AND ADVOCACY. WE ALSO HAVE A PAMPER SERVICE INCLUDING A NAIL SERVICE, REIKI, REFLEXOLOGY, MASSAGE AND BEAUTY.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, Recreation
- **Who:** Elderly/old People, People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL.
- Lancashire
- Manchester City
- Oldham
- Rochdale

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£326,953	£307,904	-	-
2024-03-31	£312,199	£266,590	-	-
2023-03-31	£369,687	£335,081	-	-
2022-03-31	£274,867	£228,751	-	-
2021-03-31	£219,595	£171,466	-	-

Trustees

Name	Role	Appointed
Ann Fleming		2020-11-09
DENISE PRICE		2013-07-16
Gaynor Spencer		2022-11-14
Josephine Starling		2023-05-25
Martin Alexander Rathfelder		2020-11-09
PAUL CASSIDY		2015-07-01
Phyllis Njuguna		2021-03-03

Accounts

Company number: 07032063

Charity Number: 1132741

Talbot House Support Centre

Report and financial statements
For the year ended 31 March 2025

Talbot House Support Centre
Reference and administrative information
for the year ended 31 March 2025

Company number 07032063

Charity number 1132741

Registered office and operational address

Talbot House
1 High Peak Street
Newton Heath
Manchester
M40 3AT

Trustees

Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Paul Cassidy	Chair
Denise Price	Treasurer
Abigail Birch	(resigned 27/03/2025)
Helen Bottomley	(resigned 15/11/2024)
Ann Fleming	
Phyllis Njuguna	
Martin Rathfelder	
Gaynor Spencer	
Josephine Starling	

Key management

Personnel

Bernie Wood	Principal staff
Francis Crake	Principal staff

Bankers

The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Independent Examiner

Jennifer Daniel FCCA DChA

Slade & Cooper Limited

Beehive Mill, Jersey Street, Manchester, M4 6JG

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2025

The trustees present their report and the unaudited financial statements for the year ended 31 March 2025. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

The charity's core purpose is to relieve children and adults with learning disabilities by providing practical advice, guidance, and support to their parent carers and unpaid carers. The specific nature of this support is determined by the Talbot House Support Centre in accordance with its mission and available resources.

Each year, the trustees undertake a comprehensive review of the charity's aims, objectives, and activities. This report outlines the charity's achievements during the reporting period and evaluates the outcomes of its work. It highlights the success of key initiatives and the positive impact on the individuals and communities the charity is established to support. This annual review also serves to ensure that the charity's activities remain aligned with its stated charitable purposes.

In conducting this review and planning future activities, the trustees have referred to the Charity Commission's general guidance on public benefit. They have carefully considered how each planned activity contributes to the charity's overarching aims and objectives, ensuring that all efforts continue to deliver meaningful and measurable benefits to the public.

Activities

- **Parent Carer Support Services:** Available by appointment, Monday to Friday, at Talbot House Support Centre, Newton Heath.
- **One-to-One Support:** Tailored assistance for parent carers of children and adults with learning disabilities.
- **Specialist Advice and Advocacy:** Support with negotiations involving social workers, health professionals, education staff, and government agencies such as the Job Centre and DWP.
- **Emotional Support and Peer Engagement:** Opportunities to spend time with staff and connect with fellow parent carers for mutual support.
- **In-House Pampering:** Respite services including massages and beauty treatments, offering carers a break from their responsibilities (subject to funding).
- **Events for Carers:** Organised days out and weekend retreats to promote peer support, respite, and social interaction (subject to funding).
- **Specialist Projects Delivery:** Initiatives such as *THRIVE*, supporting older parent carers through targeted interventions (subject to funding).
- **Volunteering Opportunities:** A range of roles across the organisation, including peer support and fundraising, enabling skill development, work experience, and meaningful engagement.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2025

- **Partnership Working:** Collaborative efforts with statutory and voluntary organisations to enhance services, raise awareness of parent carer issues, and build individual capacity at local, regional, and national levels.
- **Sustainable Funding Efforts:** Ongoing maintenance of existing contracts and proactive income generation to reduce reliance on local authority funding during periods of austerity.
- **Strategic Engagement:** Active liaison with commissioners, planners, and funders to ensure parent carers' needs remain a priority.

Achievements and performance 2024-25

Over the 2024–25 financial year, the charity has continued to deliver essential support services to parent carers, making a significant impact across Manchester. Our key achievements and performance highlights include:

- **Support Reach:** We successfully continue to meet the growing demand for support, assisting 729 individual parent carers. Our services spanned a wide range of areas including education, transition planning, safeguarding, income maximisation, housing, benefits advice, care services, bereavement support, and skills development. This work has empowered families to access appropriate services and improve their quality of life.
- **High Volume of Support Activities:** Our dedicated team of experienced staff and volunteers carried out 1,856 support activities, ensuring timely and effective assistance for our service users.
- **Social and Wellbeing Events:** We delivered 70 social and wellbeing events for parent carers, primarily hosted at our Support Centre. These included day trips and a weekend retreat, aimed at reducing social isolation and enhancing mental health and wellbeing.
- **Pamper Sessions:** Over 800 pamper sessions were provided, offering nail treatments, massages, facials, and other beauty therapies. These sessions, delivered by qualified professionals, offered carers valuable opportunities for relaxation and self-care.
- **THRIVE Project Expansion:** With additional funding from The National Lottery, we expanded our THRIVE project to support older parent carers, including those caring for young adult children. This initiative continues to provide vital, tailored support to families with complex needs.
- **Benefits Advocacy Success:** Our volunteer benefits advisor has supported numerous parent carers through reassessments and appeals, resulting in tens of thousands of pounds in backdated disability benefits. This advocacy has had a transformative financial impact on many families.
- **Sustainable Funding and Partnerships:** We maintained existing funding contracts and continue to make efforts to diversify our income streams, reducing reliance on local authority funding during a period of financial austerity.
- **Strategic Engagement:** We actively engaged with commissioners, planners, and funders to ensure the needs of parent carers remain a priority in service planning and delivery.
- **Collaborative Working:** Talbot House continued to work in partnership with a wide range of statutory and voluntary organisations across Manchester, strengthening our collective impact and service integration.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2025

Financial review

At the end of the 2024/25 financial year we are very happy to be in a healthy financial position with £255,987 funds held.

Our main local authority contract is reviewed annually and we have been informed that we have assurances that the contract will run until 31 March 2026, with the intention to review our service to ensure that the specialist support and advice services are closely aligned to adult social care delivery of core statutory and wellbeing duties.

We have completed the 2nd of our 3-year funding from 'Our Manchester' for £120,000 over the next 3 years (2023-26). An additional local authority grant for the children's services will also run until 31 March 2026 and will be subject to the same conditions as both the Main and 'Our Manchester' contracts.

We are continuing to work hard to diversify our funding streams to ensure long term sustainability, and also that we are in a position to best meet the demand for support from our carer communities.

Reserves policy

Our reserves policy, agreed by trustees, is to maintain a minimum of three months core running costs in reserve. In addition there is explicit provision made for any potential Redundancy and Notice liabilities. This is reviewed on an annual basis and for the financial year 2024-25, this amount is set to £160,000. Our unrestricted reserves are held in the Talbot House Support Centre Fixed Rate Deposit account at the NatWest Bank.

The unrestricted funds in reserve are sufficient to meet short term operational costs and this enables the charity to cope with unplanned events. Very often, the effects of events can be managed in the long term, but the charity needs reserves in the meantime. The reserves policy takes into account the nature of the charity's activities and the level of external risk perceived by the trustees. It will also depend on what other action the charity is taking to mitigate the effects of the external threats, as this will affect the level of risk.

The organisation will attempt to maintain an overall target level to accommodate any changes to service funding. We would take advantage of the notice periods on funding arrangements to allow us to remodel the service if required. The Trustees will review the level of reserves annually and monitor during the course of the year as part of the charity's budgetary process in line with guidance issued by the Charity Commission.

Plans for the future

Our 2023-26 business strategy has four key aims to:

- Continue to provide a comprehensive service to parents of people with learning disabilities at all stages of their lives.
- Ensure the financial sustainability of the organisation.
- Develop and grow the THRIVE, and a new 'Carers with Young Adults Transition' projects over the coming years.
- Develop awareness of Talbot Houses' services among parent carers and among the wider community as an important local charitable cause.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2025

The focus for 2023 – 2026 will retain the four key aims but with an increased emphasis on the financial sustainability of the organisation.

Structure, governance and management

Trustees are recruited through advertising with the local volunteer bureau or at the recommendation of other trustees/supporters of Talbot House. The process for becoming a trustee is an informal interview where the prospective trustee is provided with a role description and their interests and commitment are discussed. Trustees are then elected by the board having first been proposed by one of them. No other external person or body is entitled to appoint trustees.

The organisation is a charitable company limited by guarantee, incorporated on 28th September 2009 and registered as a charity on 17th November 2009.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The charitable objects were amended and approved November 19 2018 in order to allow Talbot House Support Centre to best meet the needs of parent carers in the future.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. In the financial year 2024/25 there were no expenses paid to our trustees. Any expenses reclaimed from the charity are set out in note 12 to the accounts.

Remuneration policy for key management personnel

In setting the pay for the charity's key management and personnel, we use the Local Authority pay scales as guidance. However please note none of our key management staff have received any significant pay rise or increment for several years.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2025

Risk management

Talbot House has a risk management policy which is reviewed annually. This sets out the major risks to the charity and details the actions required in the event of any of these risks becoming reality. At every board meeting the financial risks are reviewed using the treasurer's report and cash-flow to anticipate and take timely action in the event of financial risks. All required policies are in place and reviewed annually and updated.

Funds held as custodian trustee on behalf of others

No funds held

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2025

Statement of responsibilities of the trustees

The trustees (who are also directors of Talbot House Support Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 19/09/2025 and signed on their behalf by

Paul Cassidy (Chair)

Independent examiner's report
to the trustees of
Talbot House Support Centre

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2025 which are set out on pages 9 to 23.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

22/09/2025

Talbot House Support Centre
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2025

	Note	Unrestricted funds £	Restricted funds £	Total funds 2025 £	Total funds 2024 £
Income from:					
Donations and legacies	3	5,243	-	5,243	10,248
Charitable activities: Support Centre	4	191,266	123,860	315,126	296,481
Other trading activities	5	983	-	983	2,359
Investments	6	5,601	-	5,601	3,111
Total income		203,093	123,860	326,953	312,199
Expenditure on:					
Charitable activities: Support Centre	7	204,994	102,910	307,904	266,590
Total expenditure		204,994	102,910	307,904	266,590
Net income/(expenditure) for the year	9	(1,901)	20,950	19,049	45,609
Transfer between funds		(6,946)	6,946	-	-
Net movement in funds for the year		(8,847)	27,896	19,049	45,609
Reconciliation of funds					
Total funds brought forward		198,108	38,830	236,938	191,329
Total funds carried forward		189,261	66,726	255,987	236,938

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Talbot House Support Centre
Company number 07032063
Balance sheet as at 31 March 2025

	Note	2025	2024
		£	£
Fixed assets			
Tangible assets	14	-	-
Total fixed assets		-	-
Current assets			
Debtors	15	4,677	9,133
Cash at bank and in hand		259,055	234,164
Total current assets		263,732	243,297
Liabilities			
Creditors: amounts falling due in less than one year	16	(7,745)	(6,359)
Net current assets		255,987	236,938
Total assets less current liabilities		255,987	236,938
Net assets		255,987	236,938
The funds of the charity:			
Restricted income funds	17	66,726	38,830
Unrestricted income funds	18	189,261	198,108
Total charity funds		255,987	236,938

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 23 form part of these accounts.

Approved by the trustees on 19/09/2025 and signed on their behalf by:

Denise Price (Treasurer)

Talbot House Support Centre
Statement of Cash Flows
for the year ended 31 March 2025

	Note	2025 £	2024 £
Cash provided by/(used in) operating activities	20	19,290	54,628
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		5,601	3,111
Cash provided by/(used in) investing activities		5,601	3,111
Cash provided by/(used in) financing activities		-	-
Increase/(decrease) in cash and cash equivalents in the year		24,891	57,739
Cash and cash equivalents at the beginning of the year		234,164	176,425
Cash and cash equivalents at the end of the year		259,055	234,164

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Talbot House Support Centre meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading including Good as New, Fundraising event and their associated support costs.
- Expenditure on charitable activities includes the costs of Support Centre undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Asset Category	Annual rate
Equipment	33%

h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

i Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 10. There were no outstanding contributions at the year end.

The money purchase plan is managed by NEST Plc and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The trust has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2025 £
Donations	5,243	-	5,243
Total	5,243	-	5,243

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

Income from donations and legacies continued

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2024 £</i>
<i>Donations</i>	<i>10,248</i>	<i>-</i>	<i>10,248</i>
Total	10,248	-	10,248

4 Income from charitable activities

	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2025 £</i>
Manchester City Council	150,516	6,000	156,516
National Lottery Community Fund - Awards for All	-	15,000	15,000
National Lottery Community Fund - Thrive	-	100,000	100,000
Our Manchester (Manchester City Council)	40,000	-	40,000
Other small grants	750	2,860	3,610
Total	191,266	123,860	315,126

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2024 £</i>
<i>Garfield Weston</i>	<i>20,000</i>	<i>-</i>	<i>20,000</i>
<i>Manchester City Council</i>	<i>135,026</i>	<i>-</i>	<i>135,026</i>
<i>National Lottery Community Fund - Thrive</i>	<i>-</i>	<i>87,500</i>	<i>87,500</i>
<i>Our Manchester</i>	<i>40,000</i>	<i>-</i>	<i>40,000</i>
<i>Other small grants</i>	<i>9,554</i>	<i>4,401</i>	<i>13,955</i>
Total	204,580	91,901	296,481

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

5 Income from other trading activities

	2025 £	2024 £
Fundraising	580	1,707
Other	403	652
	983	2,359

All income from other trading activities is unrestricted.

6 Investment income

	2025 £	2024 £
Income from bank deposits	5,601	3,111
	5,601	3,111

All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2025 £	Total 2024 £
Staff costs	237,166	202,228
Project costs	24,275	22,402
Admin	26,277	26,702
Premises costs	18,044	12,764
Small grants expenditure	-	454
Governance costs (see note 8)	2,142	2,040
	307,904	266,590
	2025 £	2024 £
Restricted expenditure	102,910	104,936
Unrestricted expenditure	204,994	161,654
	307,904	266,590

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

8 Analysis of governance costs

	Total 2025 £	Total 2024 £
Accountancy services	2,142	2,040
	2,142	2,040

9 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2025 £	2024 £
Accountancy fees	1,235	1,175
Independent examiner's fee	550	525
Payroll bureau and other fees	1,141	1,008

10 Staff costs

Staff costs during the year were as follows:

	2025 £	2024 £
Wages and salaries	217,524	188,099
Social security costs	13,366	10,108
Pensions	3,048	2,472
Other staff costs	3,228	1,549
	237,166	202,228

No employees has employee benefits in excess of £60,000 (2024: Nil).

The average number of staff employed during the period was 10 (2024: 10).

The key management personnel of the charity comprise the trustees and the two principal staff noted on page 1. The total employee benefits of the key management personnel of the charity were £71,538 (2024: £60,965).

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

11 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2024: Nil).

No members of the management committee received travel and subsistence expenses during the year (2024: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2024: nil).

12 Government grants

The government grants recognised in the accounts were as follows:

	2025 £	2024 £
Manchester City Council	190,516	135,026
	190,516	135,026

13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

14 Fixed assets: tangible assets

Cost	Building improvements £	Website £	Equipment £	Total £
At 1 April 2024	28,557	10,092	21,128	59,777
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2025	28,557	10,092	21,128	59,777
Depreciation				
At 1 April 2024	28,557	10,092	21,128	59,777
Charge for the year	-	-	-	-
Disposals	-	-	-	-
At 31 March 2025	28,557	10,092	21,128	59,777
Net book value				
At 31 March 2025	-	-	-	-
At 31 March 2024	-	-	-	-

15 Debtors

	2025 £	2024 £
Trade debtors	750	7,789
Prepayments and accrued income	3,927	1,344
	4,677	9,133

16 Creditors: amounts falling due within one year

	2025 £	2024 £
Taxation and social security costs	4,028	3,182
Other creditors and accruals	3,717	3,177
	7,745	6,359

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

17 Analysis of movements in restricted funds

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2025 £
Support Centre					
Co-op Fund	172	-	-	(172)	-
Manchester City Council - Cost of Living	-	6,000	-	-	6,000
National Lottery – Awards for All	133	15,000	(1,624)	-	13,509
National Lottery – Community Fund 2021-24	38,107	-	(38,839)	732	-
National Lottery – Community Fund 2024-27	-	100,000	(53,114)	-	46,886
Pampering income	-	2,860	(9,246)	6,386	-
Parent Grants	331	-	-	-	331
Sing and sign	87	-	(87)	-	-
Total	38,830	123,860	(102,910)	6,946	66,726

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Previous reporting period					
Support Centre					
Barchester Charitable Foundation	-	1,000	(1,000)	-	-
Co-op Fund	-	1,000	(828)	-	172
National Lottery – Awards for All	7,120	-	(6,987)	-	133
National Lottery – Community Fund	38,698	87,500	(88,091)	-	38,107
Pampering income	1,310	1,545	(5,966)	3,111	-
Parent Grants	331	856	(856)	-	331
Sing and sign	1,126	-	(1,039)	-	87
Winter Wellness Fund	169	-	(169)	-	-
Total	48,754	91,901	(104,936)	3,111	38,830

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

17 Analysis of movements in restricted funds (continued)

Barchester Charitable Foundation: Provide us with a grant for wellbeing events for the older parent carers we support including a daytrip out.

Co-op Fund: Funding for our Monthly Carers Lunch events (9) for our service users to enjoy.

Manchester City Council - Cost of Living: This is funding for parent carer activities such as day trips and events.

National Lottery – Award for All Grant: Funding for parent carer activities such as day trips and events, project to be completed by summer 2026.

National Lottery – Award for All Grant: Funds various parent carer wellbeing events/daytrips throughout 2023.

National Lottery – Community Fund: Funds our THRIVE project for 3 years (2021>2024)

National Lottery – Community Fund: Funds our THRIVE project for 3 years (2024>2027)

Pampering income: This is income from subsidised treatments provided to our service users at a low cost. This income offsets our Pamper Service expenses.

Parent Grants: These are various grants we receive to purchase equipment/services for our service users.

Sing & Sign: This is a weekly evening parent carer event funded by 'NHS - Greater Manchester Mental Health - Manchester Wellbeing Fund' & 'Greater Manchester Police – ARIS Fund'.

One Manchester – Winter Wellness Fund: Funds various parent carer events over the winter period.

18 Analysis of movement in unrestricted funds

	Balance at 1 April 2024 £	Income £	Expenditure £	Transfers £	As at 31 March 2025 £
General fund	198,108	203,093	(204,994)	(6,946)	189,261
	198,108	203,093	(204,994)	(6,946)	189,261

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Previous reporting period					
General fund	142,575	220,298	(161,654)	(3,111)	198,108
	142,575	220,298	(161,654)	(3,111)	198,108

Name of	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

19 Analysis of net assets between funds

	General fund £	Restricted funds £	Total £
Tangible fixed assets	-	-	-
Net current assets/(liabilities)	189,261	66,726	255,987
Total	189,261	66,726	255,987

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2025 £	2024 £
Net income/(expenditure) for the year	19,049	45,609
Adjustments for:		
Depreciation charge	-	-
Dividends, interest and rents from investments	(5,601)	(3,111)
Decrease/(increase) in debtors	4,456	13,013
Increase/(decrease) in creditors	1,386	(883)
Net cash provided by/(used in) operating activities	19,290	54,628

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2025 (continued)

21 Prior year Statement of Financial Activities (including Income and Expenditure account)

	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Income from:				
Donations and legacies	10,248	-	10,248	7,951
Charitable activities: Support Centre	204,580	91,901	296,481	360,413
Other	2,359	-	2,359	859
Investments	3,111	-	3,111	464
Total income	220,298	91,901	312,199	369,687
Expenditure on:				
Charitable activities: Support Centre	161,654	104,936	266,590	335,081
Total expenditure	161,654	104,936	266,590	335,081
Net	58,644	(13,035)	45,609	34,606
Transfer between funds	(3,111)	3,111	-	-
Net movement in	55,533	(9,924)	45,609	34,606
Reconciliation of funds				
Total funds brought forward	142,575	48,754	191,329	156,723
Total funds carried forward	198,108	38,830	236,938	191,329

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

TALBOT HOUSE SUPPORT CENTRE

England & Wales - Charity number 1132741

Accounts

Company number: 07032063

Charity Number: 1132741

Talbot House Support Centre

Report and financial statements
For the year ended 31 March 2024

Talbot House Support Centre
Reference and administrative information
for the year ended 31 March 2024

Company number 07032063

Charity number 1132741

Registered office and operational address

Talbot House
1 High Peak Street
Newton Heath
Manchester
M40 3AT

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Paul Cassidy	Chair
Denise Price	Treasurer
Abigail Birch	
Helen Bottomley	
Ann Fleming	
Phyllis Njuguna	
Martin Rathfelder	
Gaynor Spencer	
Josephine Starling	Appointed May 2023

Key management

personnel	Bernie Wood	Principal staff
	Francis Crake	Principal staff

Bankers The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Independent Examiner Jennifer Daniel FCCA DChA
Slade & Cooper Limited
Beehive Mill, Jersey Street, Manchester, M4 6JG

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2024

The trustees present their report and the unaudited financial statements for the year ended 31 March 2024. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

To relieve children and adults with learning disabilities by the provision of practical advice, guidance, training and support in such other ways as the centre shall determine, to their parent carers/unpaid carers.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Activities

- Parent carer support services available by appointment from Monday to Friday at Talbot House Support Centre, Newton Heath.
- Advocacy and one-to-one support for parent carers of children and adults with learning disabilities.
- Information/carers rights personalised and appropriate information to develop and create the necessary support to manage the caring role.
- Specialist advice and support service, assistance in negotiations with social workers, health professionals, education staff and Government agencies such as the Job Centre and DWP.
- Court and Tribunal Advocacy Service enabling parent carers (including those with a learning disability) to feel equal and empowered to speak for themselves.
- Emotional support, spending time with staff and having opportunities to meet fellow parent carers for peer support.
- In house pampering. Respite for carers in the form of massages and beauty treatments, offering them a break from their caring role (funding permitting).
- Training. A range of training/toolbox talks to build carer skills and build capacity/resilience includes moving and handling, first aid, money advice, posture training etc.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2024

- Breaks for carers. Providing days out and weekends away to facilitate peer support, respite and opportunities to meet and socialise with others in a similar situation (funding permitting).
- Delivery of specialist projects i.e. THRIVE providing support for older parent carers Talbot House Support Centre.
- Volunteering opportunities. We provide a variety of volunteering roles at all levels of the organisation including peer support and fundraising activities enabling people to build their skills/knowledge, gain work experience and engage in meaningful activities.
- Partnership working. Talbot House staff work in partnership with numerous statutory and voluntary organisations and agencies in order to improve the offer to parent carers, raise awareness of parent carer issues at a local, regional, and national level and help build capacity for individuals.
- DWP Benefit appeals and tribunals has resulted in thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and looked to generate new income to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.

Achievements and performance 2023-24

The charity has delivered vital support services for parent carers over the 2023-24 financial year. The charities achievements and performance are as follows.

- Successfully meeting the challenge of helping increased numbers of parent carers and their families to access the correct services, empowering them to have a life of their own and get the best care for their child/children. This year we have supported 688 individual parent carers in areas as diverse as education, transition, safeguarding, maximising income, housing, benefits support, care services, bereavement, immigration, and skills/capacity development.
- Our team of experienced staff, supported by our dedicated volunteer team, have performed 1884 support activities for our service users.
- We have delivered 66 parent carer wellbeing events and activities during this year. We have primarily used our Support Centre building for carers to enjoy various events and activities. We were also able to take our parent carers on 5 daytrips away, and 7 local outing i.e. afternoon tea parties. The wellbeing of our carers is of paramount importance to us and believe these events and activities help to improve the mental health and wellbeing, and reduce the social isolation experienced by many carers.
- We completed over 568 pamper sessions for our service users. We provide pamper sessions such as, nail treatments, massages, facials, and many other beauty treatments with a qualified nail technician and beautician to help the carer unwind and enjoy some 'me time'.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2024

- We have completed the second of our 3 year THRIVE project, supporting older parent carers funded by The National Lottery. We are very proud of the important support and help we have been able to provide for the older families over this year supporting 152 older families.
- DWP Benefit appeals and tribunals has resulted in tens of thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and have generated new income streams to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.

Financial review

At the end of the 2023/24 financial year we are very happy to be in a healthy financial position with £236,938 funds held.

Our main local authority contract is reviewed annually and we have been informed that we have assurances that the contract will run until 31 March 2025, with the intention to review our service to ensure that the specialist support and advice services are closely aligned to adult social care delivery of core statutory and wellbeing duties.

We have completed the first of our 3 year funding from 'Our Manchester' for £120,000 over the next 3 years (2023-26). An additional local authority grant for the childrens services will also run until 31 March 2025 and will be subject to the same conditions as both the Main and 'Our Manchester' contracts.

We are continuing to work hard to diversify our funding streams to ensure long term sustainability, and also that we are in a position to best meet the demand for support from our carer communities.

Reserves policy

Our reserves policy, agreed by trustees, is to maintain a minimum of three months core running costs in reserve. In addition there is explicit provision made for any potential Redundancy and Notice liabilities. This is reviewed on an annual basis and for the financial year 2023-24, this amounted is set to £160,000. Our unrestricted reserves are held in the Talbot House Support Centre Fixed Rate Deposit account at the NatWest Bank.

The unrestricted funds in reserve are sufficient to meet short term operational costs and this enables the charity to cope with unplanned events. Very often, the effects of events can be managed in the long term, but the charity needs reserves in the meantime. The reserves policy takes into account the nature of the charity's activities and the level of external risk perceived by the trustees. It will also depend on what other action the charity is taking to mitigate the effects of the external threats, as this will affect the level of risk.

The organisation will attempt to maintain an overall target level to accommodate any changes to service funding. We would take advantage of the notice periods on funding arrangements to allow us to remodel the service if required. The Trustees will review the level of reserves annually and monitor

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2024

during the course of the year as part of the charity's budgetary process in line with guidance issued by the Charity Commission.

Plans for the future

Our 2023-26 business strategy has four key aims to:

- Continue to provide a comprehensive service to parents of people with learning disabilities at all stages of their lives.
- Ensure the financial sustainability of the organisation.
- Develop and grow the THRIVE, and a new 'Carers with Young Adults Transition' projects over the coming years.
- Develop awareness of Talbot Houses' services among parent carers and among the wider community as an important local charitable cause.

The focus for 2023 – 2026 will retain the four key aims but with an increased emphasis on the financial sustainability of the organisation.

Structure, governance and management

Trustees are recruited through advertising with the local volunteer bureau or at the recommendation of other trustees/supporters of Talbot House. The process for becoming a trustee is an informal interview where the prospective trustee is provided with a role description and their interests and commitment are discussed. Trustees are then elected by the board having first been proposed by one of them. No other external person or body is entitled to appoint trustees.

The organisation is a charitable company limited by guarantee, incorporated on 28th September 2009 and registered as a charity on 17th November 2009.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The charitable objects were amended and approved November 19 2018 in order to allow Talbot House Support Centre to best meet the needs of parent carers in the future.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. In the financial year 2023/24 there were no expenses paid to our trustees. Any expenses reclaimed from the charity are set out in note 12 to the accounts.

Remuneration policy for key management personnel

In setting the pay for the charity's key management and personnel, we use the Local Authority pay scales as guidance. However please note none of our key management staff have received any significant pay rise or increment for several years.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2024

Risk management

Talbot House has a risk management policy which is reviewed annually. This sets out the major risks to the charity and details the actions required in the event of any of these risks becoming reality. In addition at every board meeting the financial risks are reviewed using the treasurer's report and cash-flow to anticipate and take timely action in the event of financial risks. All required policies are in place and reviewed annually and updated as required.

Funds held as custodian trustee on behalf of others

No funds held

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2024

Statement of responsibilities of the trustees

The trustees (who are also directors of Talbot House Support Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 15/08/2024 and signed on their behalf by

Paul Cassidy (Chair)

Independent examiner's report
to the trustees of
Talbot House Support Centre

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2024 which are set out on pages 9 to 23.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

03 September 2024

Talbot House Support Centre
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2024

	Note	Unrestricted funds £	Restricted funds £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations and legacies	3	10,248	-	10,248	7,951
Charitable activities: Support Centre	4	204,580	91,901	296,481	360,413
Other trading activities	5	2,359	-	2,359	859
Investments	6	3,111	-	3,111	464
Total income		220,298	91,901	312,199	369,687
Expenditure on:					
Charitable activities: Support Centre	7	161,654	104,936	266,590	335,081
Total expenditure		161,654	104,936	266,590	335,081
Net income / (expenditure) for the year	9	58,644	(13,035)	45,609	34,606
Transfer between funds		(3,111)	3,111	-	-
Net movement in funds for the year		55,533	(9,924)	45,609	34,606
Reconciliation of funds					
Total funds brought forward		142,575	48,754	191,329	156,723
Total funds carried forward		198,108	38,830	236,938	191,329

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Talbot House Support Centre
Company number 07032063
Balance sheet as at 31 March 2024

	Note	2024	2023
		£	£
Fixed assets			
Tangible assets	14	-	-
Total fixed assets		-	-
Current assets			
Debtors	15	9,133	22,146
Cash at bank and in hand		234,164	176,425
Total current assets		243,297	198,571
Liabilities			
Creditors: amounts falling due in less than one year	16	(6,359)	(7,242)
Net current assets		236,938	191,329
Total assets less current liabilities		236,938	191,329
Net assets		236,938	191,329
The funds of the charity:			
Restricted income funds	17	38,830	48,754
Unrestricted income funds	18	198,108	142,575
Total charity funds		236,938	191,329

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 23 form part of these accounts.

Approved by the trustees on 15/08/2024 and signed on their behalf by:

Denise Price (Treasurer)

Talbot House Support Centre
Statement of Cash Flows
for the year ended 31 March 2024

	Note	2024 £	2023 £
Cash provided by / (used in) operating activities	20	54,628	27,432
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		3,111	464
Purchase of tangible fixed assets		-	-
Cash provided by / (used in) investing activities		3,111	464
Cash provided by / (used in) financing activities		-	-
Increase/(decrease) in cash and cash equivalents in the year		57,739	27,896
Cash and cash equivalents at the beginning of the year		176,425	148,529
Cash and cash equivalents at the end of the year		234,164	176,425

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Talbot House Support Centre meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading including Good as New, Fundraising event and their associated support costs.
- Expenditure on charitable activities includes the costs of Support Centre undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Asset Category	Annual rate
Equipment	33%

h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

i Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 10. There were no outstanding contributions at the year end.

The money purchase plan is managed by NEST Plc and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The trust has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2024 £
Donations	10,248	-	10,248
Total	10,248	-	10,248

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

Income from donations and legacies continued

<i>Previous reporting period</i>	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2023</i> £
<i>Donations</i>	7,951	-	7,951
<i>Total</i>	7,951	-	7,951

4 Income from charitable activities

	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2024</i> £
Garfield Weston	20,000	-	20,000
Manchester City Council	135,026	-	135,026
National Lottery Community Fund - Thrive	-	87,500	87,500
Our Manchester	40,000	-	40,000
Other small grants	9,554	4,401	13,955
Total	204,580	91,901	296,481

<i>Previous reporting period</i>	<i>Unrestricted</i> £	<i>Restricted</i> £	<i>Total 2023</i> £
<i>Garfield Weston</i>	20,000	-	20,000
<i>Household Support Fund</i>	-	62,150	62,150
<i>Manchester City Council</i>	162,052	-	162,052
<i>National Lottery Community Fund - Awards for All</i>	-	8,000	8,000
<i>National Lottery Community Fund - Thrive</i>	-	87,500	87,500
<i>Other small grants</i>	4,550	16,161	20,711
Total	186,602	173,811	360,413

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

5 Income from other trading activities

	2024 £	2023 £
Fundraising	1,707	649
Other	652	210
	2,359	859

All income from other trading activities is unrestricted.

6 Investment income

	2024 £	2023 £
Income from bank deposits	3,111	464
	3,111	464

All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2024 £	Total 2023 £
Staff costs	202,228	189,500
Project costs	22,402	21,932
Depreciation	-	2,598
Admin	26,702	26,092
Premises costs	12,764	29,471
Small grants expenditure	454	63,544
Governance costs (see note 8)	2,040	1,944
	266,590	335,081
	2024 £	2023 £
Restricted expenditure	104,936	162,607
Unrestricted expenditure	161,654	172,474
	266,590	335,081

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

8 Analysis of governance costs

	Total 2024 £	Total 2023 £
Accountancy services	2,040	1,944
	2,040	1,944

9 Net income / (expenditure) for the year

This is stated after charging/(crediting):	2024 £	2023 £
Depreciation	-	2,599
Accountancy fees	1,175	1,296
Independent examiner's fee	525	648
Payroll bureau and other fees	1,008	-

10 Staff costs

Staff costs during the year were as follows:

	2024 £	2023 £
Wages and salaries	188,099	178,378
Social security costs	10,108	9,578
Pensions	2,472	1,544
Other staff costs	1,549	-
	202,228	189,500

No employees has employee benefits in excess of £60,000 (2023: Nil).

The average number of staff employed during the period was 10 (2023: 9).

The key management personnel of the charity comprise the trustees and the two principal staff noted on page 1. The total employee benefits of the key management personnel of the charity were £60,965 (2023: £58,062).

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

11 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2023: Nil).

No members of the management committee received travel and subsistence expenses during the year (2023: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2023: nil).

12 Government grants

The government grants recognised in the accounts were as follows:

	2024 £	2023 £
Manchester City Council	135,026	162,052
	135,026	162,052

13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

14 Fixed assets: tangible assets

Cost	Building improvements £	Website £	Equipment £	Total £
At 1 April 2023	28,557	10,092	21,128	59,777
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2024	28,557	10,092	21,128	59,777
Depreciation				
At 1 April 2023	28,557	10,092	21,128	59,777
Charge for the year	-	-	-	-
Disposals	-	-	-	-
At 31 March 2024	28,557	10,092	21,128	59,777
Net book value				
At 31 March 2024	-	-	-	-
At 31 March 2023	-	-	-	-

15 Debtors

	2024 £	2023 £
Trade debtors	7,789	22,146
Prepayments and accrued income	1,344	-
	9,133	22,146

16 Creditors: amounts falling due within one year

	2024 £	2023 £
Short term compensated absences (holiday pay)	-	3,161
Taxation and social security costs	3,182	2,136
Other creditors and accruals	3,177	1,945
	6,359	7,242

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

17 Analysis of movements in restricted funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2024 £
Support Centre					
Barchester Charitable Foundation	-	1,000	(1,000)	-	-
Co-op Fund	-	1,000	(828)	-	172
National Lottery – Awards for All	7,120	-	(6,987)	-	133
National Lottery – Community Fund	38,698	87,500	(88,091)	-	38,107
Pampering income	1,310	1,545	(5,966)	3,111	-
Parent Grants	331	856	(856)	-	331
Sing and sign	1,126	-	(1,039)	-	87
Winter Wellness Fund	169	-	(169)	-	-
Total	48,754	91,901	(104,936)	3,111	38,830
	<i>Balance at 1 April 2022 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31 March 2023 £</i>
Previous reporting period					
Support Centre					
Household Support Fund	-	62,150	(60,400)	(1,750)	-
Kitchen Project	-	10,000	(10,000)	-	-
National Lottery – Awards for All	-	8,000	(880)	-	7,120
National Lottery – Community Fund	34,604	87,500	(83,406)	-	38,698
Pampering income	-	1,310	-	-	1,310
Parent Grants	-	1,951	(1,620)	-	331
Sing and sign	2,735	-	(1,609)	-	1,126
The Tudor Trust	2,000	-	(1,886)	(114)	-
We Love Manchester	101	-	(75)	(26)	-
Winter Wellness Fund	-	2,550	(2,381)	-	169
Other small grants	-	350	(350)	-	-
Total	39,440	173,811	(162,607)	(1,890)	48,754

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

17 Analysis of movements in restricted funds (continued)

Barchester Charitable Foundation: Provide us with a grant for wellbeing events for the older parent carers we support including a daytrip out.

Co-op Fund: Funding for our Monthly Carers Lunch events (9) for our service users to enjoy.

Household Support Grant: We worked with Macc Charity to distribute a £400 grant to needy families over the winter period.

Kitchen Project: The Screwfix Foundation and We Love Manchester Charity funded new kitchen/office building work at Talbot House.

National Lottery – Award for All Grant: Funds various parent carer wellbeing events/daytrips throughout 2023.

National Lottery – Community Fund: Funds our THRIVE project for 3 years (2021>2024)

Pampering income: This is income from subsidised treatments provided to our service users at a low cost. This income offsets our Pamper Service expenses.

Parent Grants: These are various grants we receive to purchase equipment/services for our service users.

Sing & Sign: This is a weekly evening parent carer event funded by 'NHS - Greater Manchester Mental Health - Manchester Wellbeing Fund' & 'Greater Manchester Police – ARIS Fund'.

One Manchester – Winter Wellness Fund: Funds various parent carer events over the winter period.

18 Analysis of movement in unrestricted funds

	Balance at 1 April 2023 £	Income £	Expenditure £	Transfers £	As at 31 March 2024 £
General fund	142,575	220,298	(161,654)	(3,111)	198,108
	<u>142,575</u>	<u>220,298</u>	<u>(161,654)</u>	<u>(3,111)</u>	<u>198,108</u>

Previous reporting period	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
General fund	117,283	195,876	(172,474)	1,890	142,575
	<u>117,283</u>	<u>195,876</u>	<u>(172,474)</u>	<u>1,890</u>	<u>142,575</u>

Name of	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

19 Analysis of net assets between funds

	General fund £	Restricted funds £	Total £
Tangible fixed assets	-	-	-
Net current assets/(liabilities)	198,108	38,830	236,938
Total	198,108	38,830	236,938

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2024 £	2023 £
Net income / (expenditure) for the year	45,609	34,606
Adjustments for:		
Depreciation charge	-	2,599
Dividends, interest and rents from investments	(3,111)	(464)
Decrease/(increase) in debtors	13,013	(8,208)
Increase/(decrease) in creditors	(883)	(1,101)
Net cash provided by / (used in) operating	54,628	27,432

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2024 (continued)

21 Prior year Statement of Financial Activities (including Income and Expenditure account)

	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Income from:				
Donations and legacies	7,951	-	7,951	14,153
Charitable activities: Support Centre	186,602	173,811	360,413	260,741
Other	859	-	859	(45)
Investments	464	-	464	18
Total income	195,876	173,811	369,687	274,867
Expenditure on:				
Raising funds	-	-	-	-
Charitable activities: Support Centre	172,474	162,607	335,081	228,751
Total expenditure	172,474	162,607	335,081	228,751
Net	23,402	11,204	34,606	46,116
Realised gains/(losses) on	-	-	-	-
Unrealised gains/(losses)	-	-	-	-
Net	23,402	11,204	34,606	46,116
Transfer between funds	1,890	(1,890)	-	-
Net movement in	25,292	9,314	34,606	46,116
Reconciliation of funds				
Total funds brought forward	117,283	39,440	156,723	110,607
Total funds carried forward	142,575	48,754	191,329	156,723

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

TALBOT HOUSE SUPPORT CENTRE

England & Wales - Charity number 1132741

Accounts

Company number: 07032063

Charity Number: 1132741

Talbot House Support Centre

Report and financial statements
For the year ended 31 March 2023

Talbot House Support Centre
Reference and administrative information
for the year ended 31 March 2023

Company number 07032063

Charity number 1132741

Registered office and operational address

Talbot House
1 High Peak Street
Newton Heath
Manchester
M40 3AT

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Paul Cassidy	Chair
Denise Price	Treasurer
Helen Bottomley	
Abigail Birch	
Ann Fleming	
Phyllis Njuguna	
Martin Rathfelder	
Gaynor Spencer	(appointed 14/11/2022)

Key management

personnel	Bernie Wood	Principal staff
	Francis Crake	Principal staff

Bankers The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Independent Examiner Jennifer Daniel FCCA DChA
Slade & Cooper Limited
Beehive Mill, Jersey Street, Manchester, M4 6JG

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2023

The trustees present their report and the unaudited financial statements for the year ended 31 March 2023. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

To relieve children and adults with learning disabilities by the provision of practical advice, guidance, training and support in such other ways as the centre shall determine, to their parent carers/unpaid carers in the North West.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Activities

- Parent carer support services available by appointment from Monday to Friday at Talbot House Support Centre, Newton Heath.
- Advocacy and one-to-one support for parent carers of children and adults with learning disabilities.
- Information/carers rights personalised and appropriate information to develop and create the necessary support to manage the caring role
- Specialist advice and support service, assistance in negotiations with social workers, health professionals, education staff and Government agencies such as the Job Centre and DWP.
- Court and Tribunal Advocacy Service enabling parent carers (including those with a learning disability) to feel equal and empowered to speak for themselves
- Emotional support, spending time with staff and having opportunities to meet fellow parent carers for peer support
- In house pampering. Respite for carers in the form of massages and beauty treatments, offering them a break from their caring role (Funding permitting).
- Training. A range of training/toolbox talks to build carer skills and build capacity/resilience includes moving and handling, first aid, money advice, posture training etc.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2023

- Breaks for carers. Providing days out and weekends away to facilitate peer support, respite and opportunities to meet and socialise with others in a similar situation (Funding permitting)
- One-page profiles, vital in supporting parent carers and their children and used successfully in school reviews/hospital visits.
- Delivery of specialist projects i.e. THRIVE providing support for older parent carers Talbot House Support Centre
- Volunteering opportunities. We provide a variety of volunteering roles at all levels of the organisation including peer support and fundraising activities enabling people to build their skills/knowledge, gain work experience and engage in meaningful activities.
- Partnership working. Talbot House staff work in partnership with numerous statutory and voluntary organisations and agencies in order to improve the offer to parent carers, raise awareness of parent carer issues at a local, regional, and national level and help build capacity for individuals.
- DWP Benefit appeals and tribunals has resulted in thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and looked to generate new income to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.

Achievements and performance 2022-23

The charity has delivered vital support services for parent carers over the 2022-23 financial year. The charities achievements and performance are as follows.

- Successfully meeting the challenge of helping increased numbers of parent carers and their families to access the correct services, empowering them to have a life of their own and get the best care for their child/children. This year we have supported 694 individual parent carers in areas as diverse as education, transition, safeguarding, maximising income, housing, benefits support, care services, bereavement, immigration, and skills/capacity development. This represents a 27% increase on the previous year's figures (501 carers supported).
- Our team of experienced staff, supported by our dedicated volunteer team, have performed 2104 support activities for our service users.
- We have delivered 46 parent carer wellbeing events and activities during this year. We have primarily used our Support Centre building for carers to enjoy various events and activities. We were also able to take our parent carers on 6 daytrips away. The wellbeing of our carers is of paramount importance to us and believe these events and activities help to improve the mental health and wellbeing, and reduce the social isolation experienced by many carers.
- We completed over 500 pamper sessions for our service users. We provide pamper sessions such as, nail treatments, massages, facials, and many other beauty treatments with a qualified nail technician and beautician to help the carer unwind and enjoy some 'me time'.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2023

- We have completed the first of our 3 year THRIVE project, supporting older parent carers funded by The National Lottery. We are very proud of the important support and help we have been able to provide for the older families over this year supporting 142 older families.
- We were successful in securing additional funding from Garfield Weston Foundation (£40,000 over 2 years). These funds will be used to support our Childrens service team. This has been vital in helping us meet the increased demand for support we are facing with many younger families struggling with the cost of living crisis.
- With support from the We Love MCR & Screwfix foundation we were able to complete a building renovation project to expand our support office space, and create a new kitchen area. We are really pleased with the outcome of this project with an amazing new office now available for us to deliver our important support work to our carers, along with new facilities and carers lounge area for carer training, wellbeing/entertainment events.
- DWP Benefit appeals and tribunals has resulted in tens of thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We worked in partnership with Macc to distribute a Household Support Grant of £400 to financially struggling families with disabled people. We have been able to successfully apply for 149 families we support, representing a total value of £60,400 in grants. This has been really important for many of our families who are struggling with the cost of living crisis over the winter period.
- We have maintained contracts with existing funders and have generated new income streams to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.

Financial review

At the end of the 2022/23 financial year we are very happy to be in a healthy financial position with £191,329 funds held, with £50,644 being restricted funds.

Our main local authority contract is reviewed annually and we have been informed that we have assurances that the contract will run until 31 March 2024, with the intention to review our service to ensure that the specialist support and advice services are closely aligned to adult social care delivery of core statutory and wellbeing duties.

After a new application process the funding we receive from 'Our Manchester' has been renewed for £120,000 over the next 3 years (2023-26). An additional local authority grant for the childrens services will also run until 31 March 2024 and will be subject to the same conditions as both the Main and 'Our Manchester' contracts.

We are continuing to work hard to diversify our funding streams to ensure long term sustainability, and also that we are in a position to best meet the demand for support from our carer communities.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2023

Reserves policy

Our reserves policy, agreed by trustees, is to maintain a minimum of three months core running costs in reserve i.e. total expenditure against project (restricted) funding. This is reviewed on an annual basis and for the financial year 2022-23 this amount is set to £70,000. Our unrestricted reserves are held in the Talbot House Support Centre Fixed Rate Deposit account at the Co-operative bank.

The unrestricted funds in reserve are sufficient to meet short term operational costs and this enables the charity to cope with unplanned events. Very often, the effects of events can be managed in the long term, but the charity needs reserves in the meantime. The reserves policy takes into account the nature of the charity's activities and the level of external risk perceived by the trustees. It will also depend on what other action the charity is taking to mitigate the effects of the external threats, as this will affect the level of risk.

The organisation will attempt to maintain an overall target level to accommodate any changes to service funding. We would take advantage of the notice periods on funding arrangements to allow us to remodel the service if required. The Trustees will review the level of reserves annually and monitor during the course of the year as part of the charity's budgetary process in line with guidance issued by the Charity Commission.

Plans for the future

Our 2023-26 business strategy has four key aims to:

- Continue to provide a comprehensive service to parents of people with learning disabilities at all stages of their lives.
- Ensure the financial sustainability of the organisation.
- Develop and grow the THRIVE, and a new 'Carers with Young Adults Transition' projects over the coming years.
- Develop awareness of Talbot Houses' services among parent carers and among the wider community as an important local charitable cause.

The focus for 2023 – 2026 will retain the four key aims but with an increased emphasis on the financial sustainability of the organisation.

Structure, governance and management

Trustees are recruited through advertising with the local volunteer bureau or at the recommendation of other trustees/supporters of Talbot House. The process for becoming a trustee is an informal interview where the prospective trustee is provided with a role description and their interests and commitment are discussed. Trustees are then elected by the board having first been proposed by one of them. No other external person or body is entitled to appoint trustees.

The organisation is a charitable company limited by guarantee, incorporated on 28th September 2009 and registered as a charity on 17th November 2009.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The charitable objects were amended and approved November 19 2018 in order to allow Talbot House Support Centre to best meet the needs of parent carers in the future.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2023

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 12 to the accounts.

Remuneration policy for key management personnel

In setting the pay for the charity's key management and personnel, we use the Local Authority pay scales as guidance. However please note none of our key management staff have received any significant pay rise or increment for several years.

Risk management

Talbot House has a risk management policy which is reviewed annually. This sets out the major risks to the charity and details the actions required in the event of any of these risks becoming reality. In addition at every board meeting the financial risks are reviewed using the treasurer's report and cash-flow to anticipate and take timely action in the event of financial risks. All required policies are in place and reviewed annually and updated as required.

Funds held as custodian trustee on behalf of others

No funds held

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2023

Statement of responsibilities of the trustees

The trustees (who are also directors of Talbot House Support Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 28/09/2023 and signed on their behalf by

Paul Cassidy (Chair)

Independent examiner's report
to the trustees of
Talbot House Support Centre

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2023 which are set out on pages 9 to 22.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 06/10/2023

Talbot House Support Centre
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	Total funds 2023 £	Total funds 2022 £
Income from:					
Donations and legacies	3	7,951	-	7,951	14,153
Charitable activities: Support Centre	4	186,602	173,811	360,413	260,741
Other trading activities	5	859	-	859	(45)
Investments	6	464	-	464	18
Total income		195,876	173,811	369,687	274,867
Expenditure on:					
Charitable activities: Support Centre	7	172,474	162,607	335,081	228,751
Total expenditure		172,474	162,607	335,081	228,751
Net income/(expenditure) for the year	9	23,402	11,204	34,606	46,116
Transfer between funds		1,890	(1,890)	-	-
Net movement in funds for the year		25,292	9,314	34,606	46,116
Reconciliation of funds					
Total funds brought forward		117,283	39,440	156,723	110,607
Total funds carried forward		142,575	48,754	191,329	156,723

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Talbot House Support Centre
Company number 07032063
Balance sheet as at 31 March 2023

	Note	2023	2022
		£	£
Fixed assets			
Tangible assets	14	-	2,599
Total fixed assets		-	2,599
Current assets			
Debtors	15	22,146	13,938
Cash at bank and in hand		176,425	148,529
Total current assets		198,571	162,467
Liabilities			
Creditors: amounts falling due in less than one year	16	(7,242)	(8,343)
Net current assets		191,329	154,124
Total assets less current liabilities		191,329	156,723
Net assets		191,329	156,723
The funds of the charity:			
Restricted income funds	17	48,754	39,440
Unrestricted income funds	18	142,575	117,283
Total charity funds		191,329	156,723

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 22 form part of these accounts.

Approved by the trustees on 29/09/2023 and signed on their behalf by:

Denise Price (Treasurer)

Talbot House Support Centre
Statement of Cash Flows
for the year ended 31 March 2023

	Note	2023 £	2022 £
Cash provided by/(used in) operating activities	20	27,432	53,816
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		464	18
Purchase of tangible fixed assets		-	-
Cash provided by/(used in) investing activities		464	18
Cash provided by/(used in) financing activities		-	-
Increase/(decrease) in cash and cash equivalents in the year		27,896	53,834
Cash and cash equivalents at the beginning of the year		148,529	94,695
Cash and cash equivalents at the end of the year		176,425	148,529

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Talbot House Support Centre meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading including Good as New, Fundraising event and their associated support costs.
- Expenditure on charitable activities includes the costs of Support Centre undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Asset Category	Annual rate
Equipment	33%

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 10. There were no outstanding contributions at the year end.

The money purchase plan is managed by NEST Plc and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The trust has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2023 £
Donations	7,951	-	7,951
Total	7,951	-	7,951

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

Income from donations and legacies continued

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2022 £</i>
<i>Donations</i>	<i>14,153</i>	<i>-</i>	<i>14,153</i>
Total	14,153	-	14,153

4 Income from charitable activities

	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2023 £</i>
Manchester City Council	162,052	-	162,052
Garfield Weston	20,000	-	20,000
National Lottery Community Fund - Thrive	-	87,500	87,500
National Lottery Community Fund - Awards for All		8,000	8,000
Household Support Fund		62,150	62,150
Other small grants	4,550	16,161	20,711
Total	186,602	173,811	360,413

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2022 £</i>
<i>Manchester City Council</i>	<i>147,874</i>	<i>3,500</i>	<i>151,374</i>
<i>Garfield Weston</i>	<i>20,000</i>	<i>-</i>	<i>20,000</i>
<i>National Lottery Community Fund</i>	<i>-</i>	<i>80,000</i>	<i>80,000</i>
<i>Other small grants</i>	<i>6,000</i>	<i>3,367</i>	<i>9,367</i>
Total	173,874	86,867	260,741

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

5 Income from other trading activities

	2023 £	2022 £
Fundraising	649	(45)
Other	210	-
	859	(45)

All income from other trading activities is unrestricted.

6 Investment income

	2023 £	2022 £
Income from bank deposits	464	18
	464	18

All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2023 £	Total 2022 £
Staff costs	189,500	164,423
Project costs	21,932	7,245
Depreciation	2,598	2,598
Admin	26,092	26,369
Premises costs	29,471	26,316
Small grants expenditure	63,544	-
Governance costs (see note 8)	1,944	1,800
	335,081	228,751
	2023 £	2022 £
Restricted expenditure	162,607	76,176
Unrestricted expenditure	172,474	152,575
	335,081	228,751

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

8 Analysis of governance costs

	Total 2023 £	Total 2022 £
Trustee Expenses	-	-
Accountancy services	1,944	1,800
	1,944	1,800

9 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2023 £	2022 £
Depreciation	2,599	2,598
Accountancy fees	1,296	1,200
Independent examiner's fee	648	600
Payroll bureau and other fees	-	-

10 Staff costs

Staff costs during the year were as follows:

	2023 £	2022 £
Wages and salaries	178,378	155,127
Social security costs	9,578	8,026
Pensions	1,544	1,270
Other staff costs	-	-
	189,500	164,423

No employees has employee benefits in excess of £60,000 (2022: Nil).

The average number of staff employed during the period was 9 (2022: 7).

The key management personnel of the charity comprise the trustees and the two principal staff noted on page 1. The total employee benefits of the key management personnel of the charity were £58,062 (2022: £55,297).

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

11 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2022: Nil).

No members of the management committee received travel and subsistence expenses during the year (2022: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2022: nil).

12 Government grants

The government grants recognised in the accounts were as follows:

	2023 £	2022 £
Manchester City Council	162,052	151,374
	162,052	151,374

13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

14 Fixed assets: tangible assets

Cost	Building improvements £	Website £	Equipment £	Total £
At 1 April 2022	28,557	10,092	21,128	59,777
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2023	28,557	10,092	21,128	59,777
Depreciation				
At 1 April 2022	25,958	10,092	21,128	57,178
Charge for the year	2,599	-	-	2,599
Disposals	-	-	-	-
At 31 March 2023	28,557	10,092	21,128	59,777
Net book value				
At 31 March 2023	-	-	-	-
At 31 March 2022	2,599	-	-	2,599

15 Debtors

	2023 £	2022 £
Grants receivable	-	-
Trade debtors	22,146	13,938
Prepayments and accrued income	-	-
	22,146	13,938

16 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors and accruals	7,242	8,343
	7,242	8,343

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

17 Analysis of movements in restricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2023 £
Support Centre					
The Tudor Trust	2,000	-	(1,886)	(114)	-
Sing and sign	2,735	-	(1,609)	-	1,126
Household Support Fund	-	62,150	(60,400)	(1,750)	-
Kitchen Project	-	10,000	(10,000)	-	-
Parent Grants	-	1,951	(1,620)	-	331
Awards for All	-	8,000	(880)	-	7,120
Winter Wellness Fund	-	2,550	(2,381)	-	169
Pampering income	-	1,310	-	-	1,310
We Love Manchester	101	-	(75)	(26)	-
The National Lottery	34,604	87,500	(83,406)	-	38,698
Other small grants	-	350	(350)	-	-
Total	39,440	173,811	(162,607)	(1,890)	48,754

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Previous reporting period					
Support Centre					
Community Development	216	-	-	(216)	-
The Tudor Trust	22,744	-	(19,973)	(771)	2,000
Sing and sign	2,735	-	-	-	2,735
Bed grant	430	-	-	(430)	-
Adamson Trust	350	-	-	(350)	-
Triangle Trust	1,754	-	-	(1,754)	-
Personal donation	844	-	-	(844)	-
We Love Manchester	1,930	-	(1,829)	-	101
The National Lottery	-	80,000	(45,396)	-	34,604
NHS-Wellbeing	11	-	-	(11)	-
Our Manchester	2,333	3,500	(5,833)	-	-
Grant for RABIA	-	197	-	(197)	-
Buggy grant	-	350	(345)	(5)	-
Flooring grant	-	2,520	(2,500)	(20)	-
Bed grant	-	300	(300)	-	-
Total	33,347	86,867	(76,176)	(4,598)	39,440

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

17 Analysis of movements in restricted funds (continued)

Sing & Sign: This is a weekly evening parent carer event funded by 'NHS - Greater Manchester Mental Health - Manchester Wellbeing Fund' & 'Greater Manchester Police – ARIS Fund'.

Household Support Grant: We worked with Macc Charity to distribute a £400 grant to needy families over the winter period.

Kitchen Project: The Screwfix Foundation and We Love Manchester Charity funded new kitchen/office building work at Talbot House.

National Lottery – Award for All Grant: Funds various parent carer wellbeing events/daytrips throughout 2023.

National Lottery – Community Fund: Funds our THRIVE project for 3 years (2021>2024)

One Manchester – Winter Wellness Fund: Funds various parent carer events over the winter period.

18 Analysis of movement in unrestricted funds

	Balance at 1 April 2022 £	Income £	Expenditure £	Transfers £	As at 31 March 2023 £
General fund	117,283	195,876	(172,474)	1,890	142,575
	117,283	195,876	(172,474)	1,890	142,575

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Previous reporting period					
General fund	77,260	188,000	(152,575)	4,598	117,283
	77,260	188,000	(152,575)	4,598	117,283

Name of	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2023 (continued)

19 Analysis of net assets between funds

	General fund £	Restricted funds £	Total £
Tangible fixed assets	-	-	-
Net current assets/(liabilities)	142,575	48,754	191,329
Total	142,575	48,754	191,329

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2023 £	2022 £
Net income/(expenditure) for the year	34,606	46,116
Adjustments for:		
Depreciation charge	2,599	2,598
Dividends, interest and rents from investments	(464)	(18)
Decrease/(increase) in debtors	(8,208)	2,786
Increase/(decrease) in creditors	(1,101)	2,334
Net cash provided by/(used in) operating	27,432	53,816

Accounts

Company number: 07032063

Charity Number: 1132741

Talbot House Support Centre

Report and financial statements
For the year ended 31 March 2022

Talbot House Support Centre
Reference and administrative information
for the year ended 31 March 2022

Company number 07032063

Charity number 1132741

Registered office and operational address

Talbot House
1 High Peak Street
Newton Heath
Manchester
M40 3AT

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Paul Cassidy	Chair
Denise Price	Treasurer
Helen Bottomley	
Abigail Birch	
Ann Fleming	
Phyllis Njuguna	
Martin Rathfelder	

Key management

personnel	Bernie Wood	Principal staff
	Francis Crake	Principal staff

Bankers The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Independent Examiner Jennifer Daniel FCCA DChA
Slade & Cooper Limited
Beehive Mill, Jersey Street, Manchester, M4 6JG

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2022

The trustees present their report and the unaudited financial statements for the year ended 31 March 2022. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

To relieve children and adults with learning disabilities by the provision of practical advice, guidance, training and support in such other ways as the centre shall determine, to their parent carers/unpaid carers in the North West.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Activities

- Parent carer support services available by appointment from Monday to Friday at Talbot House Support Centre, Newton Heath.
- Advocacy and one-to-one support for parent carers of children and adults with learning disabilities.
- Information/carers rights personalised and appropriate information to develop and create the necessary support to manage the caring role
- Specialist advice and support service, assistance in negotiations with social workers, health professionals, education staff and Government agencies such as the Job Centre and DWP.
- Court and Tribunal Advocacy Service enabling parent carers (including those with a learning disability) to feel equal and empowered to speak for themselves
- Emotional support, spending time with staff and having opportunities to meet fellow parent carers for peer support
- In house pampering. Respite for carers in the form of massages and beauty treatments, offering them a break from their caring role (Funding permitting).
- Training. A range of training/toolbox talks to build carer skills and build capacity/resilience includes moving and handling, first aid, money advice, posture training etc.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2022

- Breaks for carers. Providing days out and weekends away to facilitate peer support, respite and opportunities to meet and socialise with others in a similar situation (Funding permitting)
- One-page profiles, vital in supporting parent carers and their children and used successfully in school reviews/hospital visits.
- Delivery of specialist projects i.e. THRIVE providing support for older parent carers Talbot House Support Centre
- Volunteering opportunities. We provide a variety of volunteering roles at all levels of the organisation including peer support and fundraising activities enabling people to build their skills/knowledge, gain work experience and engage in meaningful activities.
- Partnership working. Talbot House staff work in partnership with numerous statutory and voluntary organisations and agencies in order to improve the offer to parent carers, raise awareness of parent carer issues at a local, regional, and national level and help build capacity for individuals.
- DWP Benefit appeals and tribunals has resulted in thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and looked to generate new income to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.

Achievements and performance 2021-22

The charity has delivered vital support services for parent carers over the 2021-22 financial year. The charities achievements and performance are as follows.

- Successfully meeting the challenge of helping increased numbers of parent carers and their families to access the correct services, empowering them to have a life of their own and get the best care for their child/children. This year we have supported over 501 individual parent carers in areas as diverse as education, transition, safeguarding, maximising income, housing, benefits support, care services, bereavement, immigration, and skills/capacity development.
- Our team of experienced staff, supported by our dedicated volunteer team, have performed 1728 support activities for our service users.
- We have been able to successfully transition back to the normal office service again from our work-from-home service during the COVID-19 pandemic. For this transition we have had to reconfigure the office layout to implement social distancing recommendations to provide a safer work environment for both our staff, and service users. We delighted to be back in the office again as we firmly believe we can offer better support to our service users when working face to face with our clients, especially with our older carers.
- We were successful in obtaining £255,000 funding from the National Lottery Community Fund to expand our THRIVE project supporting older parent carers for the next 3 years (2021-2024). This new expanded project started on 1st September 2021. With this additional funding we have

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2022

recruited 2 additional staff to meet the objectives of this project. During the first 6 months we have been able to deliver vital and important support services for our THRIVE service users in a very difficult time our older parent carer communities.

- We were successful in securing funding from Garfield Weston Foundation (£20,000) & The Masonic Charitable Foundation (£15,000 over 3 years). These funds will be used to recruit another support worker to the Childrens team for a 12 month period. This has been valuable to help us meet the increased demand for support we are facing with the economic and financial impacts in a post pandemic world.
- DWP Benefit appeals and tribunals has resulted in thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and have generated new income streams to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.
- We have slowly started providing our popular pamper and nail sessions again, along with our respite breaks post pandemic. At the end of this financial year we had returned to offer our full services again.

Financial review

At the end of the 2021/22 financial year we are very happy to be in a healthy financial position with £156,723 funds held, with £41,602 being restricted funds.

Our main local authority contract is reviewed annually and we have been informed that we have assurances that the contract will run until 31 March 2023, with the intention to review our service to ensure that the specialist support and advice services are closely aligned to adult social care delivery of core statutory and wellbeing duties.

The funding we receive from 'Our Manchester' is assured until 31 March 2023. An additional local authority grant for the childrens services will also run until 31 March 2023 and will be subject to the same conditions as both the Main and 'Our Manchester' contracts.

We have expanded the number of staff to meet the demands we are experiencing for our support services. These additional staff salaries are secured up to the start of the 2023/24 financial year. We are working hard to diversify our funding streams to ensure long term sustainability, and also that we are in a position to best meet the demand for support from our carer communities.

Reserves policy

Our reserves policy, agreed by trustees, is to maintain a minimum of three months core running costs in reserve i.e. total expenditure against project (restricted) funding. This is reviewed on an annual basis and for the financial year 2021-22 this amounted is set to £70,000. Our unrestricted reserves are held in the Talbot House Support Centre Fixed Rate Deposit account at the Co-operative bank.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2022

The unrestricted funds in reserve are sufficient to meet short term operational costs and this enables the charity to cope with unplanned events. Very often, the effects of events can be managed in the long term, but the charity needs reserves in the meantime. The reserves policy takes into account the nature of the charity's activities and the level of external risk perceived by the trustees. It will also depend on what other action the charity is taking to mitigate the effects of the external threats, as this will affect the level of risk.

The organisation will attempt to maintain an overall target level to accommodate any changes to service funding. We would take advantage of the notice periods on funding arrangements to allow us to remodel the service if required. The Trustees will review the level of reserves annually and monitor during the course of the year as part of the charity's budgetary process in line with guidance issued by the Charity Commission.

Plans for the future

Our 2020-23 business strategy has four key aims to:

- Continue to provide a comprehensive service to parents of people with learning disabilities at all stages of their lives.
- Ensure the financial sustainability of the organisation.
- Grow and expand our Thrive service for older parent carers.
- Develop awareness of Talbot Houses' services among parent carers and among the wider community as an important local charitable cause.

The focus for 2020 – 2023 will retain the four key aims but with an increased emphasis on the financial sustainability of the organisation.

Structure, governance and management

Trustees are recruited through advertising with the local volunteer bureau or at the recommendation of other trustees/supporters of Talbot House. The process for becoming a trustee is an informal interview where the prospective trustee is provided with a role description and their interests and commitment are discussed. Trustees are then elected by the board having first been proposed by one of them. No other external person or body is entitled to appoint trustees.

The organisation is a charitable company limited by guarantee, incorporated on 28th September 2009 and registered as a charity on 17th November 2009.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The charitable objects were amended and approved November 19 2018 in order to allow Talbot House Support Centre to best meet the needs of parent carers in the future.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 12 to the accounts.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2022

Remuneration policy for key management personnel

In setting the pay for the charity's key management and personnel, we use the Local Authority pay scales as guidance. However please note none of our key management staff have received any significant pay rise or increment for several years.

Risk management

Talbot House has a risk management policy which is reviewed annually. This sets out the major risks to the charity and details the actions required in the event of any of these risks becoming reality. In addition at every board meeting the financial risks are reviewed using the treasurer's report and cash-flow to anticipate and take timely action in the event of financial risks. All required policies are in place and reviewed annually and updated as required.

Funds held as custodian trustee on behalf of others

No funds held

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2022

Statement of responsibilities of the trustees

The trustees (who are also directors of Talbot House Support Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on 28/11/2022 and signed on their behalf by

Paul Cassidy (Chair)

Independent examiner's report
to the trustees of
Talbot House Support Centre

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2022 which are set out on pages 8 to 22.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 30/11/2022

Talbot House Support Centre
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income from:					
Donations and legacies	3	14,153	-	14,153	7,774
Charitable activities: Support Centre	4	173,874	86,867	260,741	210,453
Other trading activities	5	(45)	-	(45)	1,284
Investments	6	18	-	18	84
Total income		188,000	86,867	274,867	219,595
Expenditure on:					
Charitable activities: Support Centre	7	152,575	76,176	228,751	171,466
Total expenditure		152,575	76,176	228,751	171,466
Net income/(expenditure) for the year	9	35,425	10,691	46,116	48,129
Transfer between funds		4,598	(4,598)	-	-
Net movement in funds for the year		40,023	6,093	46,116	48,129
Reconciliation of funds					
Total funds brought forward		77,260	33,347	110,607	62,478
Total funds carried forward		117,283	39,440	156,723	110,607

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

Talbot House Support Centre
Company number 07032063
Balance sheet as at 31 March 2022

	Note	2022 £	£	2021 £	£
Fixed assets					
Tangible assets	14		2,559		5,197
Total fixed assets			2,559		5,197
Current assets					
Debtors	15	13,938		16,724	
Cash at bank and in hand		148,529		94,695	
Total current assets		162,467		111,419	
Liabilities					
Creditors: amounts falling due in less than one year	16	(8,343)		(6,009)	
Net current assets			154,124		105,410
Total assets less current liabilities			156,723		110,607
Net assets			156,723		110,607
The funds of the charity:					
Restricted income funds	17		39,440		33,347
Unrestricted income funds	18		117,283		77,260
Total charity funds			156,723		110,607

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 22 form part of these accounts.

Approved by the trustees on 28/11/2022 and signed on their behalf by:

Denise Price (Treasurer)

Talbot House Support Centre
Statement of Cash Flows
for the year ended 31 March 2022

	Note	2022 £	2021 £
Cash provided by/(used in) operating activities	20	53,816	50,876
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		18	84
Purchase of tangible fixed assets		-	-
Cash provided by/(used in) investing activities		18	84
Cash provided by/(used in) financing activities		-	-
Increase/(decrease) in cash and cash equivalents in the year		53,834	50,960
Cash and cash equivalents at the beginning of the year		94,695	43,735
Cash and cash equivalents at the end of the year		148,529	94,695

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Talbot House Support Centre meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading including Good as New, Fundraising event and their associated support costs.
- Expenditure on charitable activities includes the costs of Support Centre undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Asset Category	Annual rate
Equipment	33%

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 10. There were no outstanding contributions at the year end.

The money purchase plan is managed by NEST Plc and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The trust has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2022 £
Donations	14,153	-	14,153
Total	14,153	-	14,153

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

Income from donations and legacies continued

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2021 £</i>
<i>Donations</i>	<i>7,774</i>	<i>-</i>	<i>7,774</i>
Total	7,774	-	7,774

4 Income from charitable activities

	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2022 £</i>
Manchester City Council	147,874	3,500	151,374
Garfield Weston	20,000	-	20,000
Other small grants	6,000	3,367	9,367
National Lottery Community Fund	-	80,000	80,000
Total	173,874	86,867	260,741

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2021 £</i>
<i>Manchester City Council</i>	<i>138,629</i>	<i>-</i>	<i>138,629</i>
<i>Tudor Trust Grant</i>	<i>-</i>	<i>52,000</i>	<i>52,000</i>
<i>Sing and sign</i>	<i>-</i>	<i>-</i>	<i>-</i>
<i>Other small grants</i>	<i>11,444</i>	<i>8,380</i>	<i>19,824</i>
Total	150,073	60,380	210,453

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

5 Income from other trading activities

	2022 £	2021 £
Fundraising	(45)	703
Other	-	581
	(45)	1,284

All income from other trading activities is unrestricted.

6 Investment income

	2022 £	2021 £
Income from bank deposits	18	84
	18	84

All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2022 £	Total 2021 £
Staff costs	164,423	127,415
Project costs	7,245	3,310
Depreciation	2,598	2,598
Admin	26,369	19,757
Premises costs	26,316	15,647
Governance costs (see note 8)	1,800	2,739
	228,751	171,466
	2022 £	2021 £
Restricted expenditure	76,176	36,123
Unrestricted expenditure	152,575	135,343
	228,751	171,466

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

8 Analysis of governance costs

	Total 2022 £	Total 2021 £
Trustee Expenses	-	-
Accountancy services	1,800	2,739
	1,800	2,739

9 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2022 £	2021 £
Depreciation	2,598	2,598
Accountancy fees	1,200	1,176
Independent examiner's fee	600	600
Payroll bureau and other fees	-	963

10 Staff costs

Staff costs during the year were as follows:

	2022 £	2021 £
Wages and salaries	155,127	121,832
Social security costs	8,026	4,640
Pensions	1,270	909
Other staff costs	-	34
	164,423	127,415

No employees has employee benefits in excess of £60,000 (2021: Nil).

The average number of staff employed during the period was 7 (2021: 7).

The key management personnel of the charity comprise the trustees and the two principal staff noted on page 1. The total employee benefits of the key management personnel of the charity were £55,297 (2021: £55,297).

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

11 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2021: Nil).

No members of the management committee received travel and subsistence expenses during the year (2021: £Nil).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2021: nil).

12 Government grants

The government grants recognised in the accounts were as follows:

	2022 £	2021 £
Manchester City Council	151,374	138,629
	151,374	138,629

13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

14 Fixed assets: tangible assets

Cost	Building improvements £	Website £	Equipment £	Total £
At 1 April 2021	28,557	10,092	21,128	59,777
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2022	28,557	10,092	21,128	59,777
Depreciation				
At 1 April 2021	23,360	10,092	21,128	54,580
Charge for the year	2,598	-	-	2,598
Disposals	-	-	-	-
At 31 March 2022	25,958	10,092	21,128	57,178
Net book value				
At 31 March 2022	2,599	-	-	2,599
<i>At 31 March 2021</i>	<i>5,197</i>	<i>-</i>	<i>-</i>	<i>5,197</i>

15 Debtors

	2022 £	2021 £
Grants receivable	-	3,343
Trade debtors	13,938	13,381
Prepayments and accrued income	-	-
	13,938	16,724

16 Creditors: amounts falling due within one year

	2022 £	2021 £
Other creditors and accruals	8,343	6,009
	8,343	6,009

Notes to the accounts for the year ended 31 March 2022 (continued)

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2022 £
Support Centre					
Community Development	216	-	-	(216)	-
The Tudor Trust	22,744	-	(19,973)	(771)	2,000
Sing and sign	2,735	-	-	-	2,735
Bed grant	430	-	-	(430)	-
Bed grant	-	300	(300)	-	-
Flooring grant	-	2,520	(2,500)	(20)	-
Buggy grant	-	350	(345)	(5)	-
Grant for RABIA	-	197	-	(197)	-
Adamson Trust	350	-	-	(350)	-
Triangle Trust	1,754	-	-	(1,754)	-
Personal donation	844	-	-	(844)	-
We Love Manchester	1,930	-	(1,829)	-	101
The National Lottery	-	80,000	(45,396)	-	34,604
NHS-Wellbeing	11	-	-	(11)	-
Our Manchester	2,333	3,500	(5,833)	-	-
Total	33,347	86,867	(76,176)	(4,598)	39,440
Previous reporting period	<i>Balance at 1 April 2020 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31 March 2021 £</i>
Support Centre					
Community Development	216	-	-	-	216
The Tudor Trust	2,761	52,000	(32,017)	-	22,744
Greater Manchester Police Proceeds of Crime Fund	-	-	-	-	-
Sing and sign	2,735	-	-	-	2,735
Bed grant	430	-	-	-	430
Adamson Trust	350	-	-	-	350
Triangle Trust	1,754	-	-	-	1,754
Personal donation	844	-	-	-	844
We Love Manchester	-	3,000	(1,070)	-	1,930
The National Lottery	-	1,500	(1,500)	-	-
NHS-Wellbeing	-	380	(369)	-	11
Our Manchester	-	3,500	(1,167)	-	2,333
Total	9,090	60,380	(36,123)	-	33,347

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

17 Analysis of movements in restricted funds (continued)

Community Development grant: to fund carers breaks.

The Tudor Trust: The Thrive Project -This is a 3 year grant to provide a service to older parent carers over 50, supporting their immediate needs but also working with them to plan for the future.

Adactus Housing: This funding was to provide carers lunches. Carers trips

GMP grants: Funding was to provide carers events.

NHS: funding for providing carer's lunches.

Triangle Trust: Part funding Talbot House service development over three years. Transfer represents staff cost that had not been correctly allocated to the fund in previous years.

We Love Manchester: Funding for new IT equipment and protective desk screens for staff.

The National Lottery: This is 1st year's funding for THRIVE project that started in September 2021. This is the first of a 3 year project period.

NHS-Wellbeing: Funding for a new Laptop.

Our Manchester: Salary contributions to turn a part time rold to full time for 12 months.

18 Analysis of movement in unrestricted funds

	Balance at 1 April 2021 £	Income £	Expenditure £	Transfers £	As at 31 March 2022 £
General fund	77,260	188,000	(152,575)	4,598	117,283
	77,260	188,000	(152,575)	4,598	117,283

Previous reporting period	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
General fund	53,388	159,215	(135,343)	-	77,260
	53,388	159,215	(135,343)	-	77,260

Name of	Description, nature and purposes of the fund
General fund	The free reserves after allowing for all designated funds

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2022 (continued)

19 Analysis of net assets between funds

	General fund £	Restricted funds £	Total £
Tangible fixed assets	2,599	-	2,599
Net current assets/(liabilities)	114,684	39,440	154,124
Total	117,283	39,440	156,723

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2022 £	2021 £
Net income/(expenditure) for the year	46,116	48,129
Adjustments for:		
Depreciation charge	2,598	2,598
Dividends, interest and rents from investments	(18)	(84)
Decrease/(increase) in debtors	2,786	(2,322)
Increase/(decrease) in creditors	2,334	2,555
Net cash provided by/(used in) operating	53,816	50,876

Accounts

Company number: 07032063

Charity Number: 1132741

Talbot House Support Centre

Report and financial statements
For the year ended 31 March 2021

Talbot House Support Centre
Reference and administrative information
for the year ended 31 March 2021

Company number 07032063

Charity number 1132741

Registered office and operational address

Talbot House
1 High Peak Street
Newton Heath
Manchester
M40 3AT

Trustees Trustees, who are also directors under company law, who served during the year and up to the date of this report were as follows:

Paul Cassidy	Chair
Denise Price	Treasurer
Helen Bottomley	
Abigail Birch	
Ann Fleming	
June Jackson	
Martin Rathfelder	

Key management

personnel	Bernie Wood	Principal staff
	Francis Crake	Principal staff

Bankers The Co-operative Bank plc
PO Box 101
1 Balloon Street
Manchester M60 4EP

Independent Examiner Jennifer Daniel FCCA DChA
Slade & Cooper Limited
Beehive Mill, Jersey Street, Manchester, M4 6JG

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2021

The trustees present their report and the unaudited financial statements for the year ended 31 March 2021. Included within the trustees' report is the directors' report as required by company law.

Reference and administrative information set out on page 1 forms part of this report. The financial statements comply with current statutory requirements, the memorandum and articles of association and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Objectives and activities

To relieve children and adults with learning disabilities by the provision of practical advice, guidance, training and support in such other ways as the centre shall determine, to their parent carers/unpaid carers in the North West.

The trustees review the aims, objectives and activities of the charity each year. This report looks at what the charity has achieved and the outcomes of its work in the reporting period. The trustees report the success of each key activity and the benefits the charity has brought to those groups of people that it is set up to help. The review also helps the trustees ensure the charity's aims, objectives and activities remained focused on its stated purposes.

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning its future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives that have been set.

Activities

- Drop-in centre in easily accessible premises, Monday to Friday in the Talbot House Support Centre, Newton Heath. (Replaced by telephone support and home visits during lockdown)
- Information/carers rights personalised and appropriate information to develop and create the necessary support to manage the caring role
- Specialist advice and support service, assistance in negotiations with social workers, health professionals, education staff and Government agencies such as the Job Centre and DWP.
- Court and Tribunal Advocacy Service enabling parent carers (including those with a learning disability) to feel equal and empowered to speak for themselves
- Emotional support, spending time with staff and having opportunities to meet fellow parent carers for peer support
- In house pampering. Respite for carers in the form of massages and beauty treatments, offering them a break from their caring role. (Funding permitting)
- Carers lunches - regular free carers lunches providing opportunities to meet for peer support, socialise and receive information/advice in a welcoming and informal setting
- Training. A range of training/toolbox talks to build carer skills and build capacity/resilience includes moving and handling, first aid, money advice, posture training etc.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2021

- Breaks for carers. Providing days out and weekends away to facilitate peer support, respite and opportunities to meet and socialise with others in a similar situation
- One-page profiles, vital in supporting parent carers and their children and used successfully in school reviews/hospital visits.
- Delivery of specialist projects i.e. THRIVE providing support for older parent carers Talbot House Support Centre
- Volunteering opportunities. We provide a variety of volunteering roles at all levels of the organisation including peer support and fundraising activities enabling people to build their skills/knowledge, gain work experience and engage in meaningful activities.
- Work experience. We offer work placements to jobseekers and students
- Partnership working. Talbot House staff work in partnership with numerous statutory and voluntary organisations and agencies in order to improve the offer to parent carers, raise awareness of parent carer issues at a local, regional, and national level and help build capacity for individuals.
- DWP Benefit appeals and tribunals has resulted in thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and looked to generate new income to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.

Achievements and performance 2020 - 21

The charity's main activities and who it tries to help are described below. All its charitable activities focus on Parent Carers and are undertaken to further Talbot House's charitable purposes for the public benefit.

- We kept our services going during the darkest of days and continued to offer our services to parents, carers and families throughout lockdown and subsequent tiered restrictions. The Trustees recognise and commend the dedication of our staff to continue to provide to services to parents and families, despite the considerable risk to their own health, and that of their own families.
- Obtaining an extension to our Tudor Trust funding to continue our unique THRIVE project which supports older parent carers has continued to grow and develop and has adapted to the needs Older Parent carers are faced with.
- A successful bid to the Lottery Fund to provide a further 3-year extension to our Thrive project.
- Updating and continuous improvement with easy access to administration and ICT procedures included the full utilisation of the dedicated database which enables accurate data management, organisational monitoring and performance reporting. Updating our Web page content has been carried out and will be updated as and when required.

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2021

- Successfully meeting the challenge of helping increased numbers of families to access the correct services, empowering them to have a life of their own and get the best care for their child/children. This year we have supported over 487 individual parents in areas as diverse as education, transition, safeguarding, maximising income, housing, bereavement, immigration and skills/capacity development.
- We have performed 3051 support activities, almost 50 of these were taken by staff out of hours in the evening or at the weekends. We have estimated to have provided over 200 emergency interventions, and with the help of experienced and dedicated volunteers, increased numbers receiving more intensive one-to-one support at tribunals and in court.
- DWP Benefit appeals and tribunals has resulted in thousands of pounds back dated disability benefits as a result of our dedicated volunteer benefits advisor support. Many parent carers have been supported through re-assessment and appeal processes.
- We have maintained contracts with existing funders and looked to generate new income to reduce reliance on local authority funding in times of austerity.
- We have liaised with commissioners, planners and funders to ensure that the needs of parent carers remain high on their list of priorities.
- Talbot House has continued to support and work in partnership with numerous statutory and voluntary organisations across Manchester.
- Sadly, it was not possible to provide our popular pamper and nail sessions or respite breaks due to the pandemic restrictions although these have now fully lifted.

Financial review

At the end of the 2020/21 financial year we are very happy to be in a healthy financial position with £110,607 funds held, with £33,347 being restricted funds.

Our main local authority contract is reviewed annually and we have been informed that we have assurances that the contract will run until 31 March 2023, with the intention to review our service to ensure that the specialist support and advice services are closely aligned to adult social care delivery of core statutory and wellbeing duties.

The funding we receive from 'Our Manchester' is assured until 31 March 2022. An additional local authority grant for the children's services will also run until 31 March 2022 and will be subject to the same conditions as both the Main and 'Our Manchester' contracts.

We are continuing to look to diversify our funding streams in the future to ensure long term sustainability. We acknowledge that current staffing will need to be reviewed, with a goal to expand our support staff to meet the demand for our services.

Reserves policy

Our reserves policy, agreed by trustees, is to maintain a minimum of three months core running costs in reserve i.e. total expenditure against project (restricted) funding. This is calculated on an annual basis and for the financial year 2020-21 this amounted to £43,203. Our unrestricted reserves are held in the Talbot House Support Centre Fixed Rate Deposit account at the Co-operative bank.

The unrestricted funds in reserve are sufficient to meet short term operational costs and this enables the charity to cope with unplanned events (2021: £77,260). Very often, the effects of events can be

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2021

managed in the long term, but the charity needs reserves in the meantime. The reserves policy takes into account the nature of the charity's activities and the level of external risk perceived by the trustees. It will also depend on what other action the charity is taking to mitigate the effects of the external threats, as this will affect the level of risk.

The organisation will attempt to maintain an overall target level to accommodate any changes to service funding. We would take advantage of the notice periods on funding arrangements to allow us to remodel the service if required. The Trustees will review the level of reserves annually and monitor during the course of the year as part of the charity's budgetary process in line with guidance issued by the Charity Commission.

Plans for the future

Our 2020-23 business strategy has four key aims to:

- Continue to provide a comprehensive service to parents of people with learning disabilities at all stages of their lives.
- Ensure the financial sustainability of the organisation.
- Grow and expand our Thrive service for older parent carers.
- Develop awareness of Talbot Houses' services among parent carers and among the wider community as an important local charitable cause.

The focus for 2020 – 2023 will retain the four key aims but with an increased emphasis on the financial sustainability of the organisation.

Structure, governance and management

Trustees are recruited through advertising with the local volunteer bureau or at the recommendation of other trustees/supporters of Talbot House. The process for becoming a trustee is an informal interview where the prospective trustee is provided with a role description and their interests and commitment are discussed. Trustees are then elected by the board having first been proposed by one of them. No other external person or body is entitled to appoint trustees.

The organisation is a charitable company limited by guarantee, incorporated on 28th September 2009 and registered as a charity on 17th November 2009.

The company was established under a memorandum of association which established the objects and powers of the charitable company and is governed under its articles of association. The charitable objects were amended and approved November 19 2018 in order to allow Talbot House Support Centre to best meet the needs of parent carers in the future.

Members of the charity guarantee to contribute an amount not exceeding £1 to the assets of the charity in the event of winding up. The trustees are members of the charity but this entitles them only to voting rights. The trustees have no beneficial interest in the charity.

All trustees give their time voluntarily and receive no benefits from the charity. Any expenses reclaimed from the charity are set out in note 12 to the accounts.

Remuneration policy for key management personnel

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2021

In setting the pay for the charity's key management and personnel, we use the Local Authority pay scales as guidance. However please note none of our key management staff have received any significant pay rise or increment for several years.

Risk management

Talbot House has a risk management policy which is reviewed annually. This sets out the major risks to the charity and details the actions required in the event of any of these risks becoming reality. In addition at every board meeting the financial risks are reviewed using the treasurer's report and cash-flow to anticipate and take timely action in the event of financial risks. All required policies are in place and reviewed annually and updated as required.

Funds held as custodian trustee on behalf of others

No funds held

Talbot House Support Centre
Trustees' annual report
for the year ended 31 March 2021

Statement of responsibilities of the trustees

The trustees (who are also directors of Talbot House Support Centre for the purposes of company law) are responsible for preparing the trustees' annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently
- Observe the methods and principles in the Charities SORP
- Make judgements and estimates that are reasonable and prudent
- State whether applicable UK Accounting Standards and statements of recommended practice have been followed, subject to any material departures disclosed and explained in the financial statements
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime of the Companies Act 2006.

The trustees' annual report has been approved by the trustees on **3rd December 2021** and signed on their behalf by

Paul Cassidy (Chair)

Independent examiner's report
to the trustees of
Talbot House Support Centre

I report to the charity trustees on my examination of the accounts of the company for the year ended 31st March 2021 which are set out on pages 9 to 22.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Jennifer Daniel FCCA DChA

Slade & Cooper Limited
Beehive Mill, Jersey Street
Manchester, M4 6JG

Date 7th December 2021

Talbot House Support Centre
Statement of Financial Activities
(including Income and Expenditure account)
for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	Total funds 2021 £	Total funds 2020 £
Income from:					
Donations and legacies	3	7,774	-	7,774	12,454
Charitable activities: Support Centre	4	150,073	60,380	210,453	165,132
Other trading activities	5	1,284	-	1,284	9,922
Investments	6	84	-	84	123
Total income		159,215	60,380	219,595	187,631
Expenditure on:					
Charitable activities: Support Centre	7	135,343	36,123	171,466	164,384
Total expenditure		135,343	36,123	171,466	164,384
Net income/(expenditure) for the year	9	23,872	24,257	48,129	23,247
Transfer between funds		-	-	-	-
Net movement in funds for the year		23,872	24,257	48,129	23,247
Reconciliation of funds					
Total funds brought forward		53,388	9,090	62,478	39,231
Total funds carried forward		77,260	33,347	110,607	62,478

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

Talbot House Support Centre
Company number 07032063
Balance sheet as at 31 March 2021

	Note	2021	2020
		£	£
Fixed assets			
Tangible assets	14	5,197	7,795
Total fixed assets		5,197	7,795
Current assets			
Debtors	15	16,724	14,402
Cash at bank and in hand		94,695	43,735
Total current assets		111,419	58,137
Liabilities			
Creditors: amounts falling due in less than one year	16	(6,009)	(3,454)
Net current assets		105,410	54,683
Total assets less current liabilities		110,607	62,478
Net assets		110,607	62,478
The funds of the charity:			
Restricted income funds	17	33,347	9,090
Unrestricted income funds	18	77,260	53,388
Total charity funds		110,607	62,478

For the year in question, the company was entitled to exemption from an audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476,
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts

These accounts are prepared in accordance with the special provisions of part 15 of the Companies Act 2006 relating to small companies and constitute the annual accounts required by the Companies Act 2006 and are for circulation to members of the company.

The notes on pages 12 to 22 form part of these accounts.

Approved by the trustees on 03/12/2021 and signed on their behalf by:

Denise Price (Treasurer)

Talbot House Support Centre
Statement of Cash Flows
for the year ended 31 March 2021

	Note	2021 £	2020 £
Cash provided by/(used in) operating activities	20	50,876	12,950
<i>Cash flows from investing activities:</i>			
Dividends, interest, and rents from investments		84	123
Purchase of tangible fixed assets		-	(10,393)
Cash provided by/(used in) investing activities		84	(10,270)
Cash provided by/(used in) financing activities		-	-
Increase/(decrease) in cash and cash equivalents in the year		50,960	2,680
Cash and cash equivalents at the beginning of the year		43,735	41,055
Cash and cash equivalents at the end of the year		94,695	43,735

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021

1 Accounting policies

The principal accounting policies adopted, judgments and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

a Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), second edition - October 2019 (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006 and UK Generally Accepted Accounting Practice.

Talbot House Support Centre meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

b Preparation of the accounts on a going concern basis

The trustees consider that there are no material uncertainties about the charitable company's ability to continue as a going concern.

The trustees do not consider that there are any sources of estimation uncertainty at the reporting date that have a significant risk of causing a material adjustment to the carrying amount of assets and liabilities within the next reporting period.

c Income

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

For legacies, entitlement is taken as the earlier of the date on which either: the charity is aware that probate has been granted, the estate has been finalised and notification has been made by the executor(s) to the charity that a distribution will be made, or when a distribution is received from the estate. Receipt of a legacy, in whole or in part, is only considered probable when the amount can be measured reliably and the charity has been notified of the executor's intention to make a distribution. Where legacies have been notified to the charity, or the charity is aware of the granting of probate, and the criteria for income recognition have not been met, then the legacy is treated as a contingent asset and disclosed if material.

Income received in advance of a provision of a specified service is deferred until the criteria for income recognition are met.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

d Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the Bank.

e Fund accounting

Unrestricted funds are available to spend on activities that further any of the purposes of charity.

Designated funds are unrestricted funds of the charity which the trustees have decided at their discretion to set aside to use for a specific purpose.

Restricted funds are donations which the donor has specified are to be solely used for particular areas of the charity's work or for specific projects being undertaken by the charity.

f Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of commercial trading including Good as New, Fundraising event and their associated support costs.
- Expenditure on charitable activities includes the costs of Support Centre undertaken to further the purposes of the charity and their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

g Tangible fixed assets

Individual fixed assets costing £1000 or more are capitalised at cost and are depreciated over their estimated useful economic lives on a straight line basis as follows:

Asset Category	Annual rate
Equipment	33%

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

h Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

i Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

j Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

k Pensions

Employees of the charity are entitled to join a defined contribution 'money purchase' scheme. The charity's contribution is restricted to the contributions disclosed in note 10. There were no outstanding contributions at the year end.

The money purchase plan is managed by NEST Plc and the plan invests the contributions made by the employee and employer in an investment fund to build up over the term of the plan a pension fund which is then converted into a pension upon the employee's normal retirement year age when eligible for a state pension. The trust has no liability beyond making its contributions and paying across the deductions for the employee's contributions. There were no contributions outstanding at the year-end.

2 Legal status of the charity

The charity is a company limited by guarantee registered in England and Wales and has no share capital. In the event of the charity being wound up, the liability in respect of the guarantee is limited to £1 per member of the charity. The registered office address is disclosed on page 1.

3 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2021 £
Donations	7,774	-	7,774
Total	7,774	-	7,774

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

Income from donations and legacies continued

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2020 £</i>
<i>Donations</i>	<i>12,454</i>	<i>-</i>	<i>12,454</i>
Total	12,454	-	12,454

4 Income from charitable activities

	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2021 £</i>
Manchester City Council	138,629	-	138,629
Tudor Trust Grant	-	52,000	52,000
Sing and sign	-	-	-
Other small grants	11,444	8,380	19,824
Total	150,073	60,380	210,453

<i>Previous reporting period</i>	<i>Unrestricted £</i>	<i>Restricted £</i>	<i>Total 2020 £</i>
<i>Manchester City Council</i>	<i>140,586</i>	<i>-</i>	<i>140,586</i>
<i>Tudor Trust Grant</i>	<i>-</i>	<i>16,000</i>	<i>16,000</i>
<i>Sing and sign</i>	<i>-</i>	<i>3,000</i>	<i>3,000</i>
<i>Other small grants</i>	<i>4,526</i>	<i>1,020</i>	<i>5,546</i>
Total	145,112	20,020	165,132

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

5 Income from other trading activities

	2021 £	2020 £
Fundraising	703	9,381
Other	581	541
	1,284	9,922

All income from other trading activities is unrestricted.

6 Investment income

	2021 £	2020 £
Income from bank deposits	84	123
	84	123

All investment income is unrestricted.

7 Analysis of expenditure on charitable activities

	Total 2021 £	Total 2020 £
Staff costs	127,415	120,023
Project costs	3,310	6,598
Depreciation	2,598	2,598
Admin	19,757	15,728
Premises costs	15,647	16,739
Governance costs (see note 8)	2,739	2,698
	171,466	164,384
	2021 £	2020 £
Restricted expenditure	36,123	18,996
Unrestricted expenditure	135,343	145,388
	171,466	164,384

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

8 Analysis of governance costs

	Total 2021 £	Total 2020 £
Trustee Expenses	-	-
Accountancy services	2,739	2,698
	2,739	2,698

9 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2021 £	2020 £
Depreciation	2,598	2,598
Accountancy fees	1,176	1,176
Independent examiner's fee	600	600
Payroll bureau and other fees	963	922

10 Staff costs

Staff costs during the year were as follows:

	2021 £	2020 £
Wages and salaries	121,832	112,195
Social security costs	4,640	5,646
Pensions	909	962
Other staff costs	34	-
	127,415	118,803

No employees has employee benefits in excess of £60,000 (2020: Nil).

The average number of staff employed during the period was 7 (2020: 6).

The key management personnel of the charity comprise the trustees and the Chief Executive Officer. The total employee benefits of the key management personnel of the charity were £55,297 (2020: £55,758).

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

11 Trustee remuneration and expenses, and related party transactions

Neither the management committee nor any persons connected with them received any remuneration or reimbursed expenses during the year (2020: Nil).

No (two) members of the management committee received travel and subsistence expenses during the year (2020:£686).

There are no donations from related parties which are outside the normal course of business and no restricted donations from related parties.

No trustee or other person related to the charity had any personal interest in any contract or transaction entered into by the charity, including guarantees, during the year (2020: nil).

12 Government grants

The government grants recognised in the accounts were as follows:

	2021 £	2020 £
Manchester City Council	138,629	140,586
	138,629	140,586

13 Corporation tax

The charity is exempt from tax on income and gains falling within Chapter 3 of Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the charity.

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

14 Fixed assets: tangible assets

Cost	Building improvements £	Website £	Equipment £	Total £
At 1 April 2020	28,557	10,092	21,128	59,777
Additions	-	-	-	-
Disposals	-	-	-	-
At 31 March 2021	28,557	10,092	21,128	59,777
Depreciation				
At 1 April 2020	20,762	10,092	21,128	51,982
Charge for the year	2,598	-	-	2,598
Disposals	-	-	-	-
At 31 March 2021	23,360	10,092	21,128	54,580
Net book value				
At 31 March 2021	5,197	-	-	5,197
At 31 March 2020	7,795	-	-	7,795

15 Debtors

	2021 £	2020 £
Grants receivable	3,343	-
Trade debtors	13,381	14,102
Prepayments and accrued income	-	300
	16,724	14,402

16 Creditors: amounts falling due within one year

	2021 £	2020 £
Other creditors and accruals	6,009	3,454
	6,009	3,454

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

17 Analysis of movements in restricted funds

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2021 £
Support Centre					
Community Development	216	-	-	-	216
The Tudor Trust	2,761	52,000	(32,017)	-	22,744
Greater Manchester Police Proceeds of Crime Fund	-	-	-	-	-
Sing and sign	2,735	-	-	-	2,735
Bed grant	430	-	-	-	430
Adamson Trust	350	-	-	-	350
Triangle Trust	1,754	-	-	-	1,754
Personal donation	844	-	-	-	844
We Love Manchester	-	3,000	(1,070)	-	1,930
The National Lottery	-	1,500	(1,500)	-	-
NHS-Wellbeing	-	380	(369)	-	11
Our Manchester	-	3,500	(1,167)	-	2,333
Total	9,090	60,380	(36,123)	-	33,347

	Balance at 1 April 2019 £	Income £	Expenditure £	Transfers £	Balance at 31 March 2020 £
Previous reporting period					
Support Centre					
Community Development	216	-	-	-	216
The Tudor Trust	3,692	16,000	(16,931)	-	2,761
Greater Manchester Police Proceeds of Crime Fund	826	-	(1,560)	734	-
Sing and sign	-	3,000	(265)	-	2,735
Bed grant	-	670	(240)	-	430
Adamson Trust	-	350	-	-	350
Triangle Trust	26,059	-	-	(24,305)	1,754
Personal donation	844	-	-	-	844
Total	31,637	20,020	(18,996)	(23,571)	9,090

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

17 Analysis of movements in restricted funds (continued)

Community Development grant: to fund carers breaks.

The Tudor Trust: The Thrive Project -This is a 3 year grant to provide a service to older parent carers over 50, supporting their immediate needs but also working with them to plan for the future.

Adactus Housing: This funding was to provide carers lunches. Carers trips

GMP grants: Funding was to provide carers events.

NHS: funding for providing carer's lunches.

Triangle Trust: Part funding Talbot House service development over three years. Transfer represents staff cost that had not been correctly allocated to the fund in previous years.

We Love Manchester: Funding for new IT equipment and protective desk screens for staff.

The National Lottery: Funding for new Laptop, phone and printer for staff member working from home.

NHS-Wellbeing: Funding for a new Laptop.

Our Manchester: Salary contributions to turn a part time rold to full time for 12 months.

18 Analysis of movement in unrestricted funds

	Balance at 1 April 2020 £	Income £	Expenditure £	Transfers £	As at 31 March 2021 £
General fund	53,388	159,215	(135,343)	-	77,260
	53,388	159,215	(135,343)	-	77,260
Previous reporting period	<i>Balance at 1 April 2019 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers £</i>	<i>Balance at 31 March 2020 £</i>
General fund	7,594	167,611	(145,388)	23,571	53,388
	7,594	167,611	(145,388)	23,571	53,388
Name of	Description, nature and purposes of the fund				
General fund	The free reserves after allowing for all designated funds				

Talbot House Support Centre

Notes to the accounts for the year ended 31 March 2021 (continued)

19 Analysis of net assets between funds

	General fund £	Restricted funds £	Total £
Tangible fixed assets	5,197	-	5,197
Net current assets/(liabilities)	72,063	33,347	105,410
Total	77,260	33,347	110,607

20 Reconciliation of net movement in funds to net cash flow from operating activities

	2021 £	2020 £
Net income/(expenditure) for the year	48,129	23,247
Adjustments for:		
Depreciation charge	2,598	2,598
Loss/(profit) on sale of fixed assets	-	-
(Gains)/losses on investments	-	-
Dividends, interest and rents from investments	(84)	(123)
Decrease/(increase) in debtors	(2,322)	(13,002)
Increase/(decrease) in creditors	2,555	230
Net cash provided by/(used in) operating	50,876	12,950