

HEADWAY TYNESIDE

England & Wales - Charity number 1132713

Details

Other names HEADWAY GATESHEAD & SOUTH TYNESIDE

Status Registered

Legal form Charitable company

Company number [06992206](#)

Registered 2009-11-16

Register [View on the Charity Commission register](#)

Contact

Address C/O Irwin Mitchell LLP
Wellbar Central
36 Gallowgate
Newcastle
NE1 4TD

Phone 01912790129

Email info@headwaytyneside.com

Website <http://www.headwaytyneside.com/>

Activities

Objects: THE OBJECTS OF THE ASSOCIATION SHALL BE TO RELIEVE THE NEEDS OF PERSONS WHO HAVE SUFFERED TRAUMATIC BRAIN INJURIES, THEIR FAMILIES/CARERS IN TYNESIDE, BY THE PROVISION OF CARE, SUPPORT AND ADVICE SO THAT THEIR CONDITIONS OF LIFE MAY BE IMPROVED. IN FURTHERANCE THEREOF, BUT NOT OTHERWISE THE ASSOCIATION SHALL SEEK TO:(1) TO PROMOTE UNDERSTANDING OF ALL ASPECTS OF BRAIN INJURY;(2) TO PROVIDE INFORMATION, SUPPORT AND SERVICES TO PEOPLE WITH BRAIN INJURY, THEIR FAMILIES AND CARERS AND RELEVANT PROFESSIONALS;(3) TO PROMOTE A CO-ORDINATED MULTIDISCIPLINARY APPROACH TO BRAIN INJURY SCREENING, ACUTE CARE, ASSESSMENTS, REHABILITATION AND RETURN TO THE COMMUNITY;(4) TO INCREASE PUBLIC AWARENESS AND UNDERSTANDING OF BRAIN INJURY;(5) TO PARTICIPATE IN ACTIVITIES WHICH WILL REDUCE THE INCIDENCE OF BRAIN INJURY.

Activities: Provides, support, activities and signposting for people with brain injuries, and their families who reside in the Tyneside area.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** People With Disabilities, Other Charities Or Voluntary Bodies, Other Defined Groups

Geography

- **Area of benefit:** TYNESIDE, COMPRISING THE FOUR LOCAL AUTHORITY DISTRICTS OF GATESHEAD, SOUTH TYNESIDE, NEWCASTLE UPON TYNE, AND NORTH TYNESIDE.
- Gateshead
- Newcastle Upon Tyne City
- North Tyneside
- South Tyneside

Finances

Period end	Income	Expenditure	Assets	Employees
2024-08-31	£46,514	£71,383	-	-
2023-08-31	£53,831	£79,123	-	-
2022-08-31	£96,815	£56,006	-	-
2021-08-31	£33,182	£34,572	-	-
2020-08-31	£28,331	£32,915	-	-

Trustees

Name	Role	Appointed
Alexander Donaldson		2025-01-08
Dr David Robert Lee		2021-08-16
Elizabeth Ann Alam		2023-07-12
Ellie Marriott		2023-07-12
Matthew Nakonseky		2023-07-12
Rachel Lees		2022-07-26
Samantha Miller		2023-07-12
Sophie Moore		2022-07-11
Zoe Fisher		2025-07-14

HEADWAY TYNESIDE

England & Wales - Charity number 1132713

Accounts

HEADWAY TYNESIDE
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST AUGUST 2024
COMPANY REGISTRATION NO. 06992206
CHARITY NUMBER 1132713

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REFERENCE AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31ST AUGUST 2024

The Trustees present their report and financial statements for the year ended 31st August 2024.

CONSTITUTION

Headway Tyneside is a company limited by guarantee and a registered charity.

DIRECTORS AND TRUSTEES

The Trustees of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

CHARITY NAME

Headway Tyneside

COMPANY NUMBER

6992206

CHARITY NUMBER

1132713

REGISTERED OFFICE

Irwin Mitchell LLP
Wellbar Central
36 Gallowgate
Newcastle Upon Tyne
NE1 4TD

BOARD OF TRUSTEES

Samantha Miller
Matthew Nakonesky
Ellie Marriott
Elizabeth Ann Alam (Chair)
Rachel Lees
Sophie Moore
David Robert Lee
Jessica Louise Meadows
Lee Simpson (resigned 31/01/24)
Alexander Donaldson (appointed 08/01/25)

ACCOUNTANTS

Westwaters
34 Frederick Street
Sunderland
SR1 1LP

BANKERS

Barclays

TRUSTEES REPORT

YEAR ENDED 31ST AUGUST 2024

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st August 2024.

Objects of the charity

The objects of the association are to relieve the needs of persons who have suffered traumatic brain injuries and their families and carers in Tyneside by the provision of care, support and advice so that their conditions of life may be improved in furtherance thereof, but not otherwise the association shall seek to:

- 1) Promote understanding of all aspects of brain injury.
- 2) Provide information, support and services to people with brain injury, their families and carers and relevant professionals.
- 3) Promote a co-ordinated multidisciplinary approach to brain injury screening, acute care, assessments, rehabilitation and return to the community.
- 4) Increase public awareness and understanding of brain injury.
- 5) Participate in activities which will reduce the incidence of brain injury.

Organisation and background

The charity is administered by its board of Trustees in accordance with the Articles of Association. For the year to 31st August 2024, the board was comprised of the Trustees listed at page 2.

The memorandum and articles of the charitable company were incorporated on 17th August 2009 as amended by Certificate of Incorporation on change of name dated 27th June 2017 as amended by special resolution registered at Companies House on 18th July 2018.

Achievements In Year

The year ended 31st August 2024 saw Headway Tyneside continue to offer a wide range of support and activities for those affected by traumatic brain injuries and their families and carers.

Demand for our services is high. We have had 8 new active members in the period, and handle ~20 non-member enquiries per month. Of our subscribers to emails and newsletters, 18% were new in this period.

Our weekly social evenings at Walkergate Park are of central importance to the sense of community we foster, with an average attendance of ~28. This is supplemented by the twice monthly social drop-in, which moved from MEA House to Shieldfield Art Works, attended by ~15 people. Walking football attendance has increased from ~10-12 to 16 players and monthly outings – local walks, laser tag, Ouseburn Farm, Life Science Centre, Bowling, Christmas Meal, Discovery Museum) have been well attended. As usual, we exceeded our initial allocation of places at the annual Headway "Look Ahead North" residential weekend at Calvert Trust Kielder.

We also offered 4 cookery schools sessions (via Nourish), 2 pilot yoga sessions, 2 brain injury awareness courses, an event for carers and 4 benefits advice clinics. Within a safe space & community, we are giving individuals opportunities to re-build life skills.

This is taken a step further in our commissioned Headway 2 Work programme for Darlington, & Durham which was renewed in the Spring of 2024 and is designed to support individuals looking to pursue training, voluntary work or paid employment. The key metric within our NHS contract is delivery of services to a specific number of people per year – a metric we have consistently exceeded - & still demand exceeds supply. However, the real impact is told through the clients success stories:

After meeting [Headway2work] my confidence began to return gradually. I started to see a future back at work. Each meeting was looked forward to and I felt each one provided a positive outcome for me as an individual.

Personal Statement of Elizabeth Alam (Chair)

Everyone involved in Headway Tyneside should be extremely proud of our achievements in the year to August 2024, delivered in the context of a very challenging external environment (high inflation, cost of living challenges, pressure within the NHS etc). We have been indebted to our enthusiastic, patient, skillful and committed staff, and have been very sorry to recently say goodbye to one of our two members of staff to an individual development opportunity, putting even more pressure on our remaining staff member. We are very grateful to them for their high professional standards and dedication, especially through this very difficult period and intend to recruit against our vacancy as soon as possible.

TRUSTEES REPORT (Continued)

YEAR ENDED 31ST AUGUST 2024

Personal Statement of Elizabeth Alam (Chair) (Continued)

I would also like to acknowledge the partnership with the many stakeholders who make our programme possible, including (but not limited to)

- Walkergate Park
- Our volunteers
- Our providing partners, such as NU Foundation & Nourish
- Our funders, including Sintons & Morrisons
- Shieldfield Art Works
- Calvert Trust & (of course) the
- NE & North Cumbria NHS ICB

From a governance perspective, we have seen healthy rotation/renewal on the Board. Our emphasis at the start of the year was on the management of risk, with the development of a documented risk register against which good progress has been made. A drum-beat has been established for policy development and updates and we have also ensured that our policies are accessible to members and stakeholders. In the second half of the year, the Board has initiated work on future strategy and are making good progress, recently holding a stakeholder sensing session to gain input from our ABI community members. We aim to finalise our strategy for the next 3-5 years over the next couple of months and look forward to using it to provide focus to our future decisions and actions. A big thank you to all our trustees who make time in their already busy lives to improve the quality of life for the ABI community.

Trustees Responsibilities

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently;
- * observe the methods and principles in the Charities SORP (FRS 102);
- * make judgements and estimates that are reasonable and prudent;
- * prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board

30th May 2025

.....
Elizabeth Alam
Chair

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31ST AUGUST 2024

We report on the accounts of the HEADWAY TYNESIDE for the year ended 31st August 2024, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act")

Being satisfied that the accounts of the Company are not required to be audited this year under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, we have followed the directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

We have completed our examination, and confirm that no material matters have come to our attention which gives us cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirement under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102)

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Westwaters.....

WESTWATERS

30th May 2025

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST AUGUST 2024

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2024 £	TOTAL FUNDS 2023
INCOMING RESOURCES						
Incoming resources from generated funds	2					
- Voluntary income		14998	0	0	14998	31593
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Incoming resources from charitable activities	3	129	0	0	129	0
Other Incoming resources		0	0	31387	31387	22238
TOTAL INCOMING RESOURCES		15127	0	31387	46514	53831
RESOURCES EXPENDED						
Activities for generating funds	4	1980	0	0	1980	2340
Charitable activities		38551	0	30022	68573	75993
Governance costs		830	0	0	830	790
TOTAL RESOURCES EXPENDED		41361	0	30022	71383	79123
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		-26234	0	1365	-24869	-25292
TRANSFER BETWEEN FUNDS		0	0	0	0	0
PRIOR YEAR ADJUSTMENT		14621	0	-14621	0	0
TOTAL FUNDS BROUGHT FORWARD		12052	0	39235	51287	76579
TOTAL FUNDS CARRIED FORWARD		439	0	25979	26418	51287

BALANCE SHEET

YEAR ENDED 31ST AUGUST 2024

	Notes	2024	2023
Fixed Assets			
Tangible Assets	8	0	0
Current Assets			
Cash at bank and in hand		29795	54313
Debtors		0	0
Total Current Assets		<u>29795</u>	<u>54313</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	<u>3377</u>	<u>3026</u>
		3377	3026
Net Current Assets		26418	51287
Net Assets		<u><u>26418</u></u>	<u><u>51287</u></u>
Funds of the Charity			
Restricted funds	11	25979	39235
Designated funds	11	0	0
Unrestricted funds	11	439	12052
Total Charity Funds		<u><u>26418</u></u>	<u><u>51287</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st August 2024, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 30th May 2025.

Elizabeth Alam
TRUSTEE

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage as set out in Note 4.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST AUGUST 2024

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2024 Total	2023 Total
Donations	14998	0	14998	8893
Grants received	0	0	0	22700
	<u>14998</u>	<u>0</u>	<u>14998</u>	<u>31593</u>

3. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2024 Total	2023 Total
Fundraising	129	0	129	0
	<u>129</u>	<u>0</u>	<u>129</u>	<u>0</u>

4. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2024 Total	2023 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	1980	0	67529	0	69509	75491
Administrative Costs	Direct	0	0	0	1044	0	1044	2842
Professional Fees	Direct	0	0	0	0	830	830	790
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>1980</u>	<u>0</u>	<u>68573</u>	<u>830</u>	<u>71383</u>	<u>79123</u>

5. Net Incoming Resources for the Period

This is stated after charging:-

	2024	2023
Depreciation	0	0
Accountants Fee	830	790

6. Trustee Remuneration & Related Party Transactions

No members of the M/ment Committee received any remuneration during the year ended 31st August 2024.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

7. Taxation

As a charity Headway Tyneside is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to it's charitable objects. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st September 2023	0	0
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st August 2024	<u>0</u>	<u>0</u>
<u>Depreciation</u>		
At 1st September 2023	0	0
Charge for year	0	0
Disposals	0	0
At 31st August 2024	<u>0</u>	<u>0</u>
<u>Net Book Values</u>		
At 31st August 2024	<u>0</u>	<u>0</u>
At 1st September 2023	<u>0</u>	<u>0</u>

9. Creditors: Amounts Falling Due within One Year

	2024	2023
Amounts falling due within one year:		
Accruals	2598	2262
PAYE and pension costs	779	764
	<u>3377</u>	<u>3026</u>

10. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Current Assets	3816	0	25979	29795
Current Liabilities	-3377	0	0	-3377
Net Assets at 31st August 2023	<u>439</u>	<u>0</u>	<u>25979</u>	<u>26418</u>

11. Movement in Funds

	At 1 September 2023	Incoming Resources	Outgoing Resources	Prior year adjustment	Transfers	At 31 August 2024
Restricted Funds	39235	31387	-30022	-14621	0	25979
Total Restricted Funds	<u>39235</u>	<u>31387</u>	<u>-30022</u>	<u>-14621</u>	<u>0</u>	<u>25979</u>
Designated Funds						
Total Designated Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Unrestricted Funds	12052	15127	-41361	14621		439
Total Unrestricted Funds	<u>12052</u>	<u>15127</u>	<u>-41361</u>	<u>14621</u>	<u>0</u>	<u>439</u>

12. Restricted Funds

	At 1 September 2023	Incoming Resources	Outgoing Resources	Prior year adjustment	Transfers	At 31 August 2024
CCG Service	19535	31387	-22004	-14621	0	14297
National Lottery	9850	0	-3578	0	0	6272
Morrisons Foundation	9850	0	-4440	0	0	5410
Total Restricted Funds	<u>39235</u>	<u>31387</u>	<u>-30022</u>	<u>-14621</u>	<u>0</u>	<u>25979</u>

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST AUGUST 2024

	2024 £	2023 £
INCOME AND EXPENDITURE		
Incoming resources		
Fundraising	129	0
Grants	0	22700
Donations	14998	8893
CCG Service	31387	22238
Total Incoming Resources	<u>46514</u>	<u>53831</u>
Resources Expended		
Wages and salaries	43610	52572
Pension contributions	934	1058
Staff expenses	3871	3627
Accountancy	830	790
Professional fees	288	288
Fundraising	1980	2340
Printing, stationery & I.T.	942	2731
Activities	15446	12836
Headway LAN	0	1320
Telephone	299	382
General expenses	3081	1068
Bank Charges	102	111
	<u>71383</u>	<u>79123</u>
Net Movement in Funds	<u><u>-24869</u></u>	<u><u>-25292</u></u>

HEADWAY TYNESIDE

England & Wales - Charity number 1132713

Accounts

HEADWAY TYNESIDE
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST AUGUST 2023
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Headway Tyneside

COMPANY NUMBER

6992206

CHARITY NUMBER

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REGISTERED OFFICE

Irwin Mitchell LLP
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36 Gallowgate
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Barclays

TRUSTEES REPORT

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- 1) Promote understanding of all aspects of brain injury.
- 2) Provide information, support and services to people with brain injury, their families and carers and relevant professionals.
- 3) Promote a co-ordinated multidisciplinary approach to brain injury screening, acute care, assessments, rehabilitation and return to the community.
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The memorandum and articles of the charitable company were incorporated on 17th August 2009 as amended by Certificate of Incorporation on change of name dated 27th June 2017 as amended by special resolution registered at Companies House on 18th July 2018.

Achievements In Year

The year ended 31st August 2023 saw Headway Tyneside largely resume its full range of operations following the necessary curtailments caused by the Covid-19 pandemic. We continued to work closely with our NHS partners with the Headway2work programme and we continued to organise activities and undertake actions consistent with our stated objects set out above.

Examples of these activities and actions during the year ended 31st August 2023 include organising weekly games of walking football, regular social group drop in sessions, and various seasonal activities such as a Christmas meal which was very well attended by our members, carers and committee members and our springtime stroll which again was very well attended.

Personal Statement of Elizabeth Alam (Chair)

This has been a year of consolidation of the current operating model for Headway Tyneside, following the disruption of the pandemic, the award of the Headway 2 Work NHS contract and the hiring of staff. There has also been healthy renewal of the Trustee Board, and there has been a new emphasis on managing risk, establishing a drum-beat on policy development and updates, and initiation of work on future strategy. Alongside all of this, the service has grown with a wider range of social events, skills sessions and physical activities and has seen a 15-20% increase in participation.

We have both a very dedicated staff, and a committed Board. We are extremely grateful for all the work they do, going the extra mile for the ABI community in Tyneside. The increases in attendance, and the verbatim feedback from our members reiterates the critical importance of the work that Headway Tyneside does, and the positive impact on quality of life for so many. A big thank you to everyone involved with Headway Tyneside.

TRUSTEES REPORT (Continued)

YEAR ENDED 31ST AUGUST 2023

Trustees Responsibilities

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently:
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- * make judgements and estimates that are reasonable and prudent:
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The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board

30th May 2024

.....
Elizabeth Alam
Chair

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31ST AUGUST 2023

We report on the accounts of the HEADWAY TYNESIDE for the year ended 31st August 2023, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPONSIBILITIES AND BASIS OF REPORT

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Being satisfied that the accounts of the Company are not required to be audited this year under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, we have followed the directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

We have completed our examination, and confirm that no material matters have come to our attention which gives us cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirement under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102)

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Westwaters.....

WESTWATERS

30th May 2024

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST AUGUST 2023

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2023 £	TOTAL FUNDS 2022
INCOMING RESOURCES						
Incoming resources from generated funds	2					
- Voluntary income		11893	0	19700	31593	45100
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Incoming resources from charitable activities	3	0	0	0	0	0
Other Incoming resources		0	0	22238	22238	51715
TOTAL INCOMING RESOURCES		11893	0	41938	53831	96815
RESOURCES EXPENDED						
Activities for generating funds	4	2340	0	0	2340	2280
Charitable activities		42519	0	33474	75993	52971
Governance costs		790	0	0	790	755
TOTAL RESOURCES EXPENDED		45649	0	33474	79123	56006
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		-33756	0	8464	-25292	40809
TRANSFER BETWEEN FUNDS		2831	0	-2831	0	0
PRIOR YEAR ADJUSTMENT		21654	0	-21654	0	0
TOTAL FUNDS BROUGHT FORWARD		21323	0	55256	76579	35770
TOTAL FUNDS CARRIED FORWARD		12052	0	39235	51287	76579

BALANCE SHEET

YEAR ENDED 31ST AUGUST 2023

	Notes	2023	2022
Fixed Assets			
Tangible Assets	8	0	0
Current Assets			
Cash at bank and in hand		54313	80022
Debtors		0	44
Total Current Assets		<u>54313</u>	<u>80066</u>
Current Liabilities			
Creditors:Amounts falling due within one year	9	<u>3026</u>	<u>3487</u>
		3026	3487
Net Current Assets		51287	76579
Net Assets		<u><u>51287</u></u>	<u><u>76579</u></u>
Funds of the Charity			
Restricted funds	11	39235	55256
Designated funds	11	0	0
Unrestricted funds	11	12052	21323
Total Charity Funds		<u><u>51287</u></u>	<u><u>76579</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st August 2023, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 30th May 2024

Elizabeth Alam
TRUSTEE

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage as set out in Note 4.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST AUGUST 2023

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2023 Total	2022 Total
Donations	8893	0	8893	18360
Grants received	3000	19700	22700	26740
	<u>11893</u>	<u>19700</u>	<u>31593</u>	<u>45100</u>

3. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2023 Total	2022 Total
Fundraising	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

4. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2023 Total	2022 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	2340	0	73151	0	75491	52190
Administrative Costs	Direct	0	0	0	2842	0	2842	3061
Professional Fees	Direct	0	0	0	0	790	790	755
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>2340</u>	<u>0</u>	<u>75993</u>	<u>790</u>	<u>79123</u>	<u>56006</u>

5. Net Incoming Resources for the Period

This is stated after charging:-

	2023	2022
Depreciation	0	0
Accountants Fee	790	755

6. Trustee Remuneration & Related Party Transactions

No members of the Management Committee received any remuneration during the year ended 31st August 2023.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

7. Taxation

As a charity Headway Tyneside is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st September 2022	0	0
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st August 2023	<u>0</u>	<u>0</u>
<u>Depreciation</u>		
At 1st September 2022	0	0
Charge for year	0	0
Disposals	0	0
At 31st August 2023	<u>0</u>	<u>0</u>
<u>Net Book Values</u>		
At 31st August 2023	<u>0</u>	<u>0</u>
At 1st September 2022	<u>0</u>	<u>0</u>

9. Creditors: Amounts Falling Due within One Year

	2023	2022
Amounts falling due within one year:		
Deferred income	0	2358
Accruals	2262	1026
PAYE and pension costs	764	103
	<u>3026</u>	<u>3487</u>

10. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Current Assets	15078	0	39235	54313
Current Liabilities	-3026	0	0	-3026
Net Assets at 31st August 2023	<u>12052</u>	<u>0</u>	<u>39235</u>	<u>51287</u>

11. Movement in Funds

	At 1 September 2022	Incoming Resources	Outgoing Resources	Prior year adjustment	Transfers	At 31 August 2023
Restricted Funds	55256	41938	-33474	-21654	-2831	39235
Total Restricted Funds	<u>55256</u>	<u>41938</u>	<u>-33474</u>	<u>-21654</u>	<u>-2831</u>	<u>39235</u>
Designated Funds						
Total Designated Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Unrestricted Funds	21323	11893	-45649	21654	2831	12052
Total Unrestricted Funds	<u>21323</u>	<u>11893</u>	<u>-45649</u>	<u>21654</u>	<u>2831</u>	<u>12052</u>

12. Restricted Funds

	At 1 September 2022	Incoming Resources	Outgoing Resources	Prior year adjustment	Transfers	At 31 August 2023
CCG Service	55256	22238	-33474	-21654	-2831	19535
National Lottery	0	9850	0	0	0	9850
Morrisons Foundation	0	9850	0	0	0	9850
Total Restricted Funds	<u>55256</u>	<u>41938</u>	<u>-33474</u>	<u>-21654</u>	<u>-2831</u>	<u>39235</u>

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST AUGUST 2023

	2023 £	2022 £
INCOME AND EXPENDITURE		
Incoming resources		
Grants	22700	26740
Donations	8893	18360
CCG Service	22238	51715
Total Incoming Resources	<u>53831</u>	<u>96815</u>
Resources Expended		
Wages and salaries	52572	30252
Pension contributions	1058	339
Staff expenses	3627	2387
Accountancy	790	755
Professional fees	288	260
Fundraising	2340	2280
Printing, stationery & I.T.	2731	3047
Activities	12836	14489
Headway LAN	1320	0
Telephone	382	327
General expenses	1068	1706
Bank Charges	111	164
	<u>79123</u>	<u>56006</u>
Net Movement in Funds	<u>-25292</u>	<u>40809</u>

HEADWAY TYNESIDE

England & Wales - Charity number 1132713

Accounts

HEADWAY TYNESIDE
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST AUGUST 2022
COMPANY REGISTRATION NO. 06992206
CHARITY NUMBER 1132713

HEADWAY TYNESIDE
FINANCIAL STATEMENTS
YEAR ENDED 31ST AUGUST 2022

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Balance Sheet	7
Notes forming part of the financial statements	8 - 11

REFERENCE AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31ST AUGUST 2022

The Trustees present their report and financial statements for the year ended 31st August 2022.

CONSTITUTION

Headway Tyneside is a company limited by guarantee and a registered charity.

DIRECTORS AND TRUSTEES

The Trustees of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

CHARITY NAME

Headway Tyneside

COMPANY NUMBER

6992206

CHARITY NUMBER

1132713

REGISTERED OFFICE

Irwin Mitchell LLP
Wellbar Central
36 Gallowgate
Newcastle Upon Tyne
NE1 4TD

BOARD OF TRUSTEES

Rachel Lees (Appointed 26/07/2022)
Sophie Moore (Appointed 11/07/2022)
Alistair McDonald (Resigned 21/07/2022)
David Robert Lee
Helen Louise Kolster (Acting Chair)
Jessica Louise Meadows
Danielle Laura Trubridge
Lee Simpson

ACCOUNTANTS

Westwaters
34 Frederick Street
Sunderland
SR1 1LP

BANKERS

Barclays

HEADWAY TYNESIDE

TRUSTEES REPORT

YEAR ENDED 31ST AUGUST 2022

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st August 2022.

Objects of the charity

The objects of the association are to relieve the needs of persons who have suffered traumatic brain injuries and their families and carers in Tyneside by the provision of care, support and advice so that their conditions of life may be improved. In furtherance thereof, but not otherwise the association shall seek to:

- 1) Promote understanding of all aspects of brain injury.
- 2) Provide information, support and services to people with brain injury, their families and carers and relevant professionals.
- 3) Promote a co-ordinated multidisciplinary approach to brain injury screening, acute care, assessments, rehabilitation and return to the community.
- 4) Increase public awareness and understanding of brain injury.
- 5) Participate in activities which will reduce the incidence of brain injury.

Organisation and background

The charity is administered by its board of Trustees in accordance with the Articles of Association. For the year to 31st August 2022, the board was comprised of the Trustees listed at page 2.

The memorandum and articles of the charitable company were incorporated on 17th August 2009 as amended by Certificate of Incorporation on change of name dated 27th June 2017 as amended by special resolution registered at Companies House on 18th July 2018.

Achievements In Year

Throughout the financial year ending 31st August 2022, Headway Tyneside has successfully revised the service delivery model of our Headway2Work programme and launched this, working in collaboration with the NHS.

We have re-established many of our pre-covid offerings with a focus on our key themes of 'staying well and feeling connected', 'knowing where to find help' and 'your next steps' programme.

Future Developments

The charity will continue to provide support and advice to those who have suffered a brain injury and their families and/or carers in accordance with the objects of the charity which are set out above. The charity will continue to raise funds to ensure continuity of services.

Personal Statement of Helen Kolster (Acting Chair)

The last year has been incredibly positive for Headway Tyneside. We have seen record numbers of members attending our activities and events throughout the year, highlighting the importance of the support that we provide.

We have been able to re-establish our weekly social evening at Walkergate Park, deliver an incredibly popular walking football programme in collaboration with the Newcastle United Foundation and develop and subsequently launch a revised Headway2Work service delivery model which we are contracted by the NHS to provide.

We have recruited new staff members and Trustees who bring new skills and expertise to the team, and it is anticipated this will have a positive impact over the coming year.

We are incredibly thankful that our staff show such commitment, and to our trustees who continue to volunteer their time. We are incredibly humbled to have so many members utilising our services and we thank you for your support.

Trustees Responsibilities

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently;
- * observe the methods and principles in the Charities SORP (FRS 102);
- * make judgements and estimates that are reasonable and prudent;
- * prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

23 May 2023

By order of the Board



Helen Kolster
Acting Chair/Trustee

INDEPENDENT EXAMINER'S REPORT

YEAR ENDED 31ST AUGUST 2022

We report on the accounts of the HEADWAY TYNESIDE for the year ended 31st August 2022, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act")

Being satisfied that the accounts of the Company are not required to be audited this year under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, we have followed the directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

We have completed our examination, and confirm that no material matters have come to our attention which gives us cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirement under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102)

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

WESTWATERS

23 May 2023

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST AUGUST 2022

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2022 £	TOTAL FUNDS 2021
INCOMING RESOURCES						
Incoming resources from generated funds	2	45100	0	0	45100	10646
- Voluntary income		0	0	0	0	0
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Incoming resources from charitable activities	3	0	0	51715	51715	22536
Other Incoming resources		0	0			
TOTAL INCOMING RESOURCES		45100	0	51715	96815	33182
RESOURCES EXPENDED						
Activities for generating funds	4	2280	0	0	2280	1925
Charitable activities		45790	0	7181	52971	31927
Governance costs		755	0	0	755	720
TOTAL RESOURCES EXPENDED		48825	0	7181	56006	34572
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		-3725	0	44534	40809	-1390
TRANSFER BETWEEN FUNDS		0	0	0	0	0
TOTAL FUNDS BROUGHT FORWARD		25048	0	10722	35770	37160
TOTAL FUNDS CARRIED FORWARD		21323	0	55256	76579	35770

BALANCE SHEET

YEAR ENDED 31ST AUGUST 2022

	Notes	2022	2021
Fixed Assets			
Tangible Assets	8	0	0
Current Assets			
Cash at bank and in hand		80022	39309
Debtors		44	0
Total Current Assets		<u>80066</u>	<u>39309</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	<u>3487</u>	<u>3539</u>
		3487	3539
Net Current Assets		76579	35770
Net Assets		<u><u>76579</u></u>	<u><u>35770</u></u>
Funds of the Charity			
Restricted funds	11	55256	10722
Designated funds	11	0	0
Unrestricted funds	11	21323	25048
Total Charity Funds		<u><u>76579</u></u>	<u><u>35770</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st August 2022, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 23 May 2023


Helen Kolster
TRUSTEE

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage as set out in Note 4.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST AUGUST 2022

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2022 Total	2021 Total
Donations	18360	0	18360	2146
Grants received	26740	0	26740	8500
	<u>45100</u>	<u>0</u>	<u>45100</u>	<u>10646</u>

3. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2022 Total	2021 Total
Fundraising	0	0	0	0
	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>

4. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2022 Total	2021 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	2280	0	49910	0	52190	32932
Administrative Costs	Direct	0	0	0	3061	0	3061	920
Professional Fees	Direct	0	0	0	0	755	755	720
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>2280</u>	<u>0</u>	<u>52971</u>	<u>755</u>	<u>56006</u>	<u>34572</u>

5. Net Incoming Resources for the Period

This is stated after charging;-

	2022	2021
Depreciation	0	0
Accountants Fee	755	720

6. Trustee Remuneration & Related Party Transactions

No members of the M/ment Committee received any remuneration during the year ended 31st August 2022.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

7. Taxation

As a charity Headway Tyneside is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to it's charitable objects. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st September 2021	0	0
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st August 2022	<u>0</u>	<u>0</u>
<u>Depreciation</u>		
At 1st September 2021	0	0
Charge for year	0	0
Disposals	0	0
At 31st August 2022	<u>0</u>	<u>0</u>
<u>Net Book Values</u>		
At 31st August 2022	<u>0</u>	<u>0</u>
At 1st September 2021	<u>0</u>	<u>0</u>

9. Creditors: Amounts Falling Due within One Year

	2022	2021
Amounts falling due within one year:		
Deferred income	2358	2358
Accruals	1026	984
PAYE and pension costs	103	197
	<u>3487</u>	<u>3539</u>

10. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Current Assets	24810	0	55256	80066
Current Liabilities	-3487	0	0	-3487
Net Assets at 31st August 2022	<u>21323</u>	<u>0</u>	<u>55256</u>	<u>76579</u>

11. Movement in Funds

	At 1 September 2021	Incoming Resources	Outgoing Resources	Transfers	At 31 August 2022
Restricted Funds	10722	51715	7181	0	55256
Total Restricted Funds	<u>10722</u>	<u>51715</u>	<u>7181</u>	<u>0</u>	<u>55256</u>
Designated Funds					
Total Designated Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Unrestricted Funds	25048	45100	48825	0	21323
Total Unrestricted Funds	<u>25048</u>	<u>45100</u>	<u>48825</u>	<u>0</u>	<u>21323</u>

12. Restricted Funds

	At 1 September 2021	Incoming Resources	Outgoing Resources	Transfers	At 31 August 2022
CCG Service	10722	51715	7181	0	55256
Total Restricted Funds	<u>10722</u>	<u>51715</u>	<u>7181</u>	<u>0</u>	<u>55256</u>

HEADWAY TYNESIDE

APPENDIX

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31ST AUGUST 2022

	2022 £	2021 £
INCOME AND EXPENDITURE		
Incoming resources		
Grants	26740	8500
Donations	18360	2146
Fundraising	0	0
JRS Grants	0	3669
CCG Service	51715	18867
Total Incoming Resources	<u>96815</u>	<u>33182</u>
Resources Expended		
Wages and salaries	30252	24697
Pension contributions	339	361
Staff expenses	2387	63
Volunteers expenses	0	79
Accountancy	755	720
Professional fees	260	784
Fundraising	2280	1925
Printing, stationery & I.T.	3047	819
Activities	14489	3682
Headway LAN	0	-330
Telephone	327	274
General expenses	1706	1397
Bank Charges	164	101
	<u>56006</u>	<u>34572</u>
Net Movement in Funds	<u>40809</u>	<u>-1390</u>

HEADWAY TYNESIDE

England & Wales - Charity number 1132713

Accounts

HEADWAY TYNESIDE
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST AUGUST 2021
COMPANY REGISTRATION NO. 06992206
CHARITY NUMBER 1132713

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FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2021

The Trustees present their report and financial statements for the year ended 31st August 2021.

CONSTITUTION

Headway Tyneside is a company limited by guarantee and a registered charity.

DIRECTORS AND TRUSTEES

The Trustees of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

CHARITY NAME

Headway Tyneside

COMPANY NUMBER

6992206

CHARITY NUMBER

1132713

REGISTERED OFFICE

Irwin Mitchell LLP
Wellbar Central
36 Gallowgate
Newcastle Upon Tyne
NE1 4TD

BOARD OF TRUSTEES

David Keith Belk (Resigned 16/08/21)
Alistair McDonald (Chair)
David Robert Lee (Appointed 16/08/2021)
Helen Louise Kolster (Appointed 16/08/2021)

The following Trustees are also Members of the company:

David Keith Belk (Resigned 16/08/21)
Alistair McDonald
David Robert Lee (Appointed 16/08/2021)
Helen Louise Kolster (Appointed 16/08/2021)

ACCOUNTANTS

Westwaters
34 Frederick Street
Sunderland
SR1 1LP

BANKERS

Barclays

FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2021

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st August 2021.

Objects of the charity

The objects of the association are to relieve the needs of persons who have suffered traumatic brain injuries and their families and carers in Tyneside by the provision of care, support and advice so that their conditions of life may be improved. In furtherance thereof, but not otherwise the association shall seek to:

- 1) Promote understanding of all aspects of brain injury.
- 2) Provide information, support and services to people with brain injury, their families and carers and relevant professionals.
- 3) Promote a co-ordinated multidisciplinary approach to brain injury screening, acute care, assessments, rehabilitation and return to the community.
- 4) Increase public awareness and understanding of brain injury.
- 5) Participate in activities which will reduce the incidence of brain injury.

Organisation and background

The charity is administered by its board of Trustees in accordance with the Articles of Association. For the year to 31st August 2021, the board was comprised of the Trustees listed at page 2.

The memorandum and articles of the charitable company were incorporated on 17th August 2009 as amended by Certificate of Incorporation on change of name dated 27th June 2017 as amended by special resolution registered at Companies House on 18th July 2018.

Achievements In Year

Our operations during the year ended 31st August 2021 were inevitably heavily impacted by the Covid-19 pandemic and the consequent imperative to limit activities that involved a human proximity element. We attempted to mitigate the negative impact of this to the greatest extent possible by the utilisation of online applications such as zoom to provide activities such as quizzes, physical exercises, relaxation and mindfulness classes.

Future Developments

The charity will continue to provide care, support and advice to those who have suffered brain injuries and their families and carers in accordance with the objects of the charity set out above. The charity will continue to do its utmost to meet the needs of those reliant on the services it provides and will continue to raise funds to enable it to do so.

As referred to above the Covid-19 pandemic had a major impact of our activities during the year ended 31st August 2021 and prevented us from operating in a manner and to an extent that we would have had the pandemic not existed. Whilst Covid-19 is still an ongoing issue there are optimistic signs that the worst may be over and a greater degree of normality is returning. We will continue to monitor the situation whilst being aware both of our charitable mission and the paramount importance of the safety and wellbeing of all of our stakeholders.

Personal Statement of Alistair McDonald (Chair)

The previous year has been another positive, productive and challenging one for us. We have been fortunate to embark on some new projects such as vocational rehabilitation and walking football with the NUFC Foundation. We are currently recruiting another member of staff in partnership with Walkergate Park. We are starting to find our feet again and expand our range of services post pandemic.

Massive thanks to our staff, trustees and supporters who we are very grateful to for all the support we receive.

Trustees Responsibilities

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently:
- * observe the methods and principles in the Charities SORP (FRS 102):
- * make judgements and estimates that are reasonable and prudent:
- * prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board

26 May 2022

.....
A McDonald
Chairman/Trustee

FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2021

We report on the accounts of the HEADWAY TYNESIDE for the year ended 31st August 2021, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act")

Being satisfied that the accounts of the Company are not required to be audited this year under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, we have followed the directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

We have completed our examination, and confirm that no material matters have come to our attention which gives us cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirement under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102)

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

WESTWATERS

26 May 2022

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST AUGUST 2021

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2021 £	TOTAL FUNDS 2020
INCOMING RESOURCES						
Incoming resources from generated funds	2					
- Voluntary income		10646	0	0	10646	20786
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Incoming resources from charitable activities	3	0	0	0	0	1458
Other Incoming resources		3669	0	18867	22536	6087
TOTAL INCOMING RESOURCES		14315	0	18867	33182	28331
RESOURCES EXPENDED						
Activities for generating funds	4	1925	0	0	1925	2209
Charitable activities		23782	0	8145	31927	30016
Governance costs		720	0	0	720	690
TOTAL RESOURCES EXPENDED		26427	0	8145	34572	32915
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		-12112	0	10722	-1390	-4584
TRANSFER BETWEEN FUNDS		0	0	0	0	0
TOTAL FUNDS BROUGHT FORWARD		37160	0	0	37160	41744
TOTAL FUNDS CARRIED FORWARD		25048	0	10722	35770	37160

BALANCE SHEET

YEAR ENDED 31ST AUGUST 2021

	Notes	2021	2020
Fixed Assets			
Tangible Assets	8	0	0
Current Assets			
Cash at bank and in hand		39309	36185
Debtors		0	3072
Total Current Assets		<u>39309</u>	<u>39257</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	<u>3539</u>	<u>2097</u>
		3539	2097
Net Current Assets		35770	37160
Net Assets		<u><u>35770</u></u>	<u><u>37160</u></u>
Funds of the Charity			
Restricted funds	11	10722	0
Designated funds	11	0	0
Unrestricted funds	11	25048	37160
Total Charity Funds		<u><u>35770</u></u>	<u><u>37160</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st August 2021, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 26 May 2022.

..... A McDonald
TRUSTEE

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage as set out in Note 4.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST AUGUST 2021

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2021 Total	2020 Total
Donations	2146	0	2146	5336
Grants received	8500	0	8500	15450
	<u>10646</u>	<u>0</u>	<u>10646</u>	<u>20786</u>

3. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2021 Total	2020 Total
Fundraising	0	0	0	1458
	<u>0</u>	<u>0</u>	<u>0</u>	<u>1458</u>

4. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2021 Total	2020 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	1925	0	31007	0	32932	31619
Administrative Costs	Direct	0	0	0	920	0	920	606
Professional Fees	Direct	0	0	0	0	720	720	690
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>1925</u>	<u>0</u>	<u>31927</u>	<u>720</u>	<u>34572</u>	<u>32915</u>

5. Net Incoming Resources for the Period

This is stated after charging:-

	2021	2020
Depreciation	0	0
Accountants Fee	720	690

6. Trustee Remuneration & Related Party Transactions

No members of the Management Committee received any remuneration during the year ended 31st August 2021.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

7. Taxation

As a charity Headway Tyneside is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st September 2020	0	0
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st August 2021	<u>0</u>	<u>0</u>
<u>Depreciation</u>		
At 1st September 2020	0	0
Charge for year	0	0
Disposals	0	0
At 31st August 2021	<u>0</u>	<u>0</u>
<u>Net Book Values</u>		
At 31st August 2021	<u>0</u>	<u>0</u>
At 1st September 2020	<u>0</u>	<u>0</u>

9. Creditors: Amounts Falling Due within One Year

	2021	2020
Amounts falling due within one year:		
Deferred income	2358	0
Accruals	984	1970
PAYE and pension costs	197	127
	<u>3539</u>	<u>2097</u>

10. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Current Assets	28587	0	10722	39309
Current Liabilities	-3539	0	0	-3539
Net Assets at 31st August 2020	<u>25048</u>	<u>0</u>	<u>10722</u>	<u>35770</u>

11. Movement in Funds

	At 1 September 2020	Incoming Resources	Outgoing Resources	Transfers	At 31 August 2021
Restricted Funds	0	18867	8145	0	10722
Total Restricted Funds	<u>0</u>	<u>18867</u>	<u>8145</u>	<u>0</u>	<u>10722</u>
Designated Funds					
Total Designated Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Unrestricted Funds	37160	14315	26427	0	25048
Total Unrestricted Funds	<u>37160</u>	<u>14315</u>	<u>26427</u>	<u>0</u>	<u>25048</u>

12. Restricted Funds

	At 1 September 2020	Incoming Resources	Outgoing Resources	Transfers	At 31 August 2021
CCG Service	0	18867	8145	0	10722
Total Restricted Funds	<u>0</u>	<u>18867</u>	<u>8145</u>	<u>0</u>	<u>10722</u>

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31 AUGUST 2021

	2021 £	2020 £
INCOME AND EXPENDITURE		
Incoming resources		
Grants	8500	15450
Donations	2146	5336
Fundraising	0	1458
JRS Grants	3669	6087
CCG Service	18867	0
Total Incoming Resources	<u>33182</u>	<u>28331</u>
Resources Expended		
Wages and salaries	24697	23541
Pension contributions	361	944
Staff expenses	63	636
Volunteers expenses	79	156
Accountancy	720	690
Professional fees	784	60
Fundraising	1925	2209
Printing, stationery & I.T.	819	540
Activities	3682	1360
Headway LAN	-330	990
Telephone	274	231
General expenses	1397	1492
Bank Charges	101	66
	<u>34572</u>	<u>32915</u>
Net Movement in Funds	<u>-1390</u>	<u>-4584</u>

HEADWAY TYNESIDE

England & Wales - Charity number 1132713

Accounts

HEADWAY TYNESIDE
REPORT AND FINANCIAL STATEMENTS
YEAR ENDED 31ST AUGUST 2020
COMPANY REGISTRATION NO. 06992206
CHARITY NUMBER 1132713

HEADWAY TYNESIDE

1

FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2020

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FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2020

The Trustees present their report and financial statements for the year ended 31st August 2020.

CONSTITUTION

Headway Tyneside is a company limited by guarantee and a registered charity.

DIRECTORS AND TRUSTEES

The Trustees of the charitable company (the charity) are its Trustees for the purpose of charity law and throughout this report are collectively referred to as the Trustees.

CHARITY NAME

Headway Tyneside

COMPANY NUMBER

6992206

CHARITY NUMBER

1132713

REGISTERED OFFICE

Irwin Mitchell LLP
Wellbar Central
36 Gallowgate
Newcastle Upon Tyne
NE1 4TD

BOARD OF TRUSTEES

David Keith Belk
Alistair McDonald (Chair)
Laura McIlduff
John Albert Davis (resigned 21/08/2019)

The following Trustees are also Members of the company:

David Keith Belk
Alistair McDonald
Laura McIlduff

ACCOUNTANTS

Westwaters
34 Frederick Street
Sunderland
SR1 1LP

BANKERS

Barclays

FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2020

The Trustees are pleased to present their report together with the financial statements of the charity for the year ended 31st August 2020.

Objects of the charity

The objects of the association are to relieve the needs of persons who have suffered traumatic brain injuries and their families and carers in Tyneside by the provision of care, support and advice so that their conditions of life may be improved. In furtherance thereof, but not otherwise the association shall seek to:

- 1) Promote understanding of all aspects of brain injury.
- 2) Provide information, support and services to people with brain injury, their families and carers and relevant professionals.
- 3) Promote a co-ordinated multidisciplinary approach to brain injury screening, acute care, assessments, rehabilitation and return to the community.
- 4) Increase public awareness and understanding of brain injury.
- 5) Participate in activities which will reduce the incidence of brain injury.

Organisation and background

The charity is administered by its board of Trustees in accordance with the Articles of Association. For the year to 31st August 2020, the board was comprised of the Trustees listed at page 2.

The memorandum and articles of the charitable company were incorporated on 17th August 2009 as amended by Certificate of Incorporation on change of name dated 27th June 2017 as amended by special resolution registered at Companies House on 18th July 2018.

Achievements In Year

During the year the charity continued to provide much needed support to those affected by brain injuries. This support included various courses and events ranging from workshops aiming to give brain injury survivors and their families and carers information on how the brain works and help developing coping strategies to dance classes and many more besides.

Future Developments

The charity will continue to provide care, support and advice to those who have suffered brain injuries and their families and carers in accordance with the objects of the charity set out above. The charity will continue to do its utmost to meet the needs of those reliant on the services it provides and will continue to raise funds to enable it to do so, whilst being recognisant that the ongoing Covid-19 pandemic may make the task of fundraising and other aspects of the charity's activities more difficult, at least in the short to medium term.

Personal Statement of Alistair McDonald (Chair)

This has been a challenging time for us all in terms of the Covid-19 pandemic, that has had a severe impact on the way we deliver services to our clients. Our board of trustees took the decision to furlough our two staff members, which was a difficult decision but that we hope was the right one.

Against a challenging backdrop we have learned how to deliver some of our services digitally, and this has informed how we will work moving forward. In addition due to our increased clinical capacity we have been successful in taking on an NHS contract to provide vocational rehabilitation which is a major milestone for us and one that gives us a great platform to grow in future.

I would also like to thank Greggs Foundation for their ongoing support, as well as other grant making organisations who have supported us.

We look forward to continuing the work of Headway Tyneside.

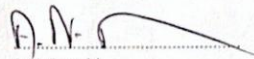
Trustees Responsibilities

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity at the end of the financial year and of its surplus or deficit for that period. In preparing those accounts, the trustees are required to:

- * select suitable accounting policies and apply them consistently;
- * observe the methods and principles in the Charities SORP (FRS 102);
- * make judgements and estimates that are reasonable and prudent;
- * prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the company and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

By order of the Board



A McDonald
Chairman/Trustee

12th May 2021

FINANCIAL STATEMENTS

YEAR ENDED 31ST AUGUST 2020

We report on the accounts of the HEADWAY TYNESIDE for the year ended 31st August 2020, which are set on pages 6 to 11. These accounts have been prepared in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), under the historical cost convention and accounting policies set out on pages 8 and 9.

RESPONSIBILITIES AND BASIS OF REPORT

As the charity's Trustees of the Company (who are also the directors of the company for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ("the 2006 Act")

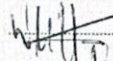
Being satisfied that the accounts of the Company are not required to be audited this year under Part 16 of the 2006 Act and are eligible for independent examination, we report in respect of our examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ("the 2011 Act"). In carrying out my examination, we have followed the directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act).

Independent examiner's statement

We have completed our examination, and confirm that no material matters have come to our attention which gives us cause to believe that:

- accounting records were not kept in accordance with section 386 of the Companies Act 2006; or
- the accounts do not accord with such records; or
- the accounts do not comply with the relevant accounting requirement under section 396 of the Companies Act 2006 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102)

We have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


WESTWATERS

12th May 2021

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)

YEAR ENDED 31ST AUGUST 2020

	Notes	UNRESTRICTED FUNDS £	DESIGNATED FUNDS £	RESTRICTED FUNDS £	TOTAL FUNDS 2020 £	TOTAL FUNDS 2019
INCOMING RESOURCES						
Incoming resources from generated funds	2					
- Voluntary income		8786	0	12000	20786	24253
- Activities for generating funds		0	0	0	0	0
- Investment income		0	0	0	0	0
Incoming resources from charitable activities	3	1458	0	0	1458	1869
Other Incoming resources		6087	0	0	6087	0
TOTAL INCOMING RESOURCES		16331	0	12000	28331	26122
RESOURCES EXPENDED						
Activities for generating funds	4	2209	0	0	2209	2275
Charitable activities		10416	0	19600	30016	21500
Governance costs		690	0	0	690	660
TOTAL RESOURCES EXPENDED		13315	0	19600	32915	24435
NET INCOMING/OUTGOING RESOURCES BEFORE TRANSFERS		3016	0	-7600	-4584	1687
TRANSFER BETWEEN FUNDS		0	0	0	0	0
TOTAL FUNDS BROUGHT FORWARD		34144	0	7600	41744	40057
TOTAL FUNDS CARRIED FORWARD		37160	0	0	37160	41744

BALANCE SHEET

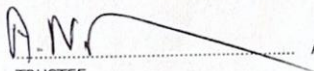
YEAR ENDED 31ST AUGUST 2020

	Notes	2020	2019
Fixed Assets			
Tangible Assets	8	0	0
Current Assets			
Cash at bank and in hand		36185	47069
Debtors		3072	3072
Total Current Assets		<u>39257</u>	<u>50141</u>
Current Liabilities			
Creditors: Amounts falling due within one year	9	<u>2097</u>	<u>8397</u>
		2097	8397
Net Current Assets		37160	41744
Net Assets		<u><u>37160</u></u>	<u><u>41744</u></u>
Funds of the Charity			
Restricted funds	11	0	7600
Designated funds	11	0	0
Unrestricted funds	11	37160	34144
Total Charity Funds		<u><u>37160</u></u>	<u><u>41744</u></u>

These accounts have been prepared in accordance with the special provisions relating to small companies within Part 15 of the Companies Act 2006 and in accordance with the Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

For the financial year ended 31st August 2020, the company was entitled to exemption from audit under section 477 Companies Act 2006; and no notice has been deposited under section 476. The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

These accounts were approved by the board on 12th May 2021


 A McDonald
 TRUSTEE

1. Accounting Policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the year.

(a) Basis of Accounting

The financial statements have been prepared under the historical cost convention in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Charities Act 2011, the Companies Act 2006 and UK Generally Accepted Accounting Practice.

(b) Fund Accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- Restricted funds are subjected to restrictions on their expenditure imposed by the donor.

(c) Incoming Resources

All incoming resources are included in statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Voluntary income is received by way of subscriptions, donations and gifts and is included in full in the Statement of Financial Activities when receivable.

(d) Resources Expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates:

- Costs of generating funds comprise the costs associated with attracting voluntary income.
- Charitable expenditure comprises those costs incurred by the charity in the deliverance of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.
- Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity and include the audit fees and costs linked to the strategic management of the charity.
- All costs are allocated between the expenditure categories of the SoFA on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis i.e. floor areas, per capital or estimated usage as set out in Note 4.

NOTES TO THE ACCOUNTS

YEAR ENDED 31ST AUGUST 2020

(e) Fixed Assets

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Office equipment - 25% reducing balance

2. Incoming Resources from Generated Funds

Voluntary Income

	Unrestricted	Restricted	2020 Total	2019 Total
Donations	5336	0	5336	195
Grants received	3450	12000	15450	24058
	<u>8786</u>	<u>12000</u>	<u>20786</u>	<u>24253</u>

3. Incoming Resources Charitable Activities

	Unrestricted	Restricted	2020 Total	2019 Total
Fundraising	1458	0	1458	1869
	<u>1458</u>	<u>0</u>	<u>1458</u>	<u>1869</u>

4. Resources Expended

	Basis of Allocation	Voluntary Income	Activities for generating Funds	Advice and Information	Charitable Activities	Governance	2020 Total	2019 Total
Costs directly allocated to activities								
Direct costs allocated to project	Direct	0	2209	0	29410	0	31619	23476
Administrative Costs	Direct	0	0	0	606	0	606	299
Professional Fees	Direct	0	0	0	0	690	690	660
Building, General Costs	Direct	0	0	0	0	0	0	0
		<u>0</u>	<u>2209</u>	<u>0</u>	<u>30016</u>	<u>690</u>	<u>32915</u>	<u>24435</u>

5. Net Incoming Resources for the Period

This is stated after charging:-

	2020	2019
Depreciation	0	0
Accountants Fee	690	660

6. Trustee Remuneration & Related Party Transactions

No members of the M/ment Committee received any remuneration during the year ended 31st August 2020.

No Trustee or other person related to the charity had any personal interests in any contract or transaction entered into by the charity during the year.

7. Taxation

As a charity Headway Tyneside is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or s256 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects. No tax charges have arisen in the Charity.

8. Tangible Fixed Assets

	Office equip.	Total
<u>Cost or Valuation</u>		
At 1st September 2019	0	0
Additions	0	0
Revaluations	0	0
Disposals	0	0
At 31st August 2020	<u>0</u>	<u>0</u>
<u>Depreciation</u>		
At 1st September 2019	0	0
Charge for year	0	0
Disposals	0	0
At 31st August 2020	<u>0</u>	<u>0</u>
<u>Net Book Values</u>		
At 31st August 2020	<u>0</u>	<u>0</u>
At 1st September 2019	<u>0</u>	<u>0</u>

9. Creditors: Amounts Falling Due within One Year

	2020	2019
Amounts falling due within one year:		
Deferred income	0	7000
Accruals	1970	970
PAYE and pension costs	127	427
	<u>2097</u>	<u>8397</u>

10. Analysis of Net Assets Between Funds

	General Funds	Designated Funds	Restricted Funds	Total Funds
Current Assets	39257	0	0	39257
Current Liabilities	-2097	0	0	-2097
Net Assets at 31st August 2020	<u>37160</u>	<u>0</u>	<u>0</u>	<u>37160</u>

11. Movement in Funds

	At 1 September 2019	Incoming Resources	Outgoing Resources	Transfers	At 31 August 2020
Restricted Funds	7600	12000	-19600		0
Total Restricted Funds	<u>7600</u>	<u>12000</u>	<u>-19600</u>	<u>0</u>	<u>0</u>
Designated Funds					
Total Designated Funds	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>	<u>0</u>
Unrestricted Funds	34144	16331	-13315	0	37160
Total Unrestricted Funds	<u>34144</u>	<u>16331</u>	<u>-13315</u>	<u>0</u>	<u>37160</u>

12. Restricted Funds

	At 1 September 2019	Incoming Resources	Outgoing Resources	Transfers	At 31 August 2020
Barbour Trust	4600		4600		0
Didymus	3000		3000		0
Greggs Foundation		12000	12000		0
Total Restricted Funds	<u>7600</u>	<u>12000</u>	<u>19600</u>	<u>0</u>	<u>0</u>

HEADWAY TYNESIDE

APPENDIX

INCOME AND EXPENDITURE ACCOUNT

YEAR ENDED 31 AUGUST 2020

	2020 £	2019 £
INCOME AND EXPENDITURE		
Incoming resources		
Grants	15450	24058
Donations	5335	195
Fundraising	1458	1869
JRS Grants	6087	0
Total Incoming Resources	<u>28330</u>	<u>26122</u>
Resources Expended		
Wages and salaries	23541	12296
Pension contributions	944	695
Heat, light and power	0	126
Staff expenses	636	1841
Volunteers expenses	156	181
Accountancy	690	660
Professional fees	60	160
Fundraising	2209	2275
Printing, stationery & I.T.	540	299
Activities	1360	809
Headway LAN	990	2000
Telephone	231	190
Therapy costs	0	1863
General expenses	1491	1040
Bank Charges	66	0
	<u>32914</u>	<u>24435</u>
Net Movement in Funds	<u>-4584</u>	<u>1687</u>