



CALDERDALE WELLBEING

Company Limited by Guarantee
FINANCIAL STATEMENTS

31 MARCH 2024

Company registration number: 06828871

Charity registration number: 1132316

STREETS[®]
SPENSER WILSON
CHARTERED ACCOUNTANTS

CALDERDALE WELLBEING
COMPANY LIMITED BY GUARANTEE
FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024

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CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered charity name	Calderdale Wellbeing
Charity registration number	1132316
Company registration number	06828871
Principal office and registered office	1 King Street Halifax England HX1 1SR
The trustees	Paul Hunt Jonathan Morrish Jenny Fagan Lydia Blundell Carla Harrison Naomi Sutcliffe Lynnette Cassidy David Sharman (Resigned 12 June 2023) Emily Dunk Claire Gibson (Appointed 22 May 2024) Agnieszka Stobbart (Appointed 22 May 2024)
Chief officer	Jonny Richardson-Glen
Auditor	Streets Spenser Wilson (Yorkshire) Limited Chartered accountants & statutory auditor Equitable House 55 Pellon Lane Halifax West Yorkshire HX1 5SP
Bankers	CAF Bank 25 Kings Hill Avenue West Malling ME19 4JQ

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

The charity is a company limited by guarantee and was formed on 24 February 2009. It is governed by a memorandum and articles of association which were adopted on 24 February 2009 and amended by special resolution on 30 July 2009.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purpose of company law and are appointed by the members at the AGM.

Trustees, who are also the Directors of the Charity, are appointed on the basis of their personal skills/experience and their commitment to the charity.

The Trustees may appoint a person who is willing to act to be a Trustee.

Trustees must be over 18 years old and not disqualified from acting as a Trustee under the Charities Act 2011.

At any one time there should be a minimum of three Trustees, but no maximum. At the date of this report, there are ten Trustees.

One-third, or the number nearest to one-third, of Trustees must retire from office at each Annual General Meeting. Trustees required to retire by rotation are those who have been longest in office since their last appointment. Trustees may be recommended for re-appointment at any general meeting.

Trustee training

Following their election, Trustees meet with the Chair and are familiarised with relevant Charity Commission and Companies House guidance for Trustees / Directors. The Chair, other Trustees and senior management in the charitable company will provide further guidance as is necessary.

Organisation structure.

The Board of Trustees for Calderdale Wellbeing is responsible for the delivery of the charity's objects, for its finances, strategic direction and policies. The charity's senior management attend, but are not members of, the Board. The Board has established two sub-committees - a Finance Sub-committee and a Development Sub-committee - who consider finance matters and key development issues in greater detail than is possible at a full Board meeting. All Trustees are members of one or other Sub-committee; the Chair of the Board attends, but does not chair, the Sub-committees. There are typically five Board meetings each year. The Development Sub-committee meets in between each Board Meeting. The Finance Sub-committee meets after each quarter end.

Risk management

The Chief Officer and Board of Trustees maintain Healthy Minds' strategy and risk register which inform the annual business plan and operational plans for services.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES

The charity's objects

The preservation, protection and enhancement of good mental health of people in Calderdale, in particular but not exclusively by the provision of support, information, advice and services.

The charity's main activities

Healthy Minds is the operating name of Calderdale Wellbeing, a registered Charity based in Halifax. Led by people who have personal experience of emotional distress, Healthy Minds creates opportunities for people to understand and build on their strengths to better achieve what they want from their lives. We work with Calderdale residents from primary school age upwards, raising awareness of emotional wellbeing and providing support through group activities and one-to-one support. Another important aspect of our work aims to influence strategic direction in the wider mental health 'system' by ensuring that the views of people with lived experience of emotional distress are heard by those in power.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit and in particular the preservation, protection and enhancement of good mental health of people in Calderdale, in particular but not exclusively by the provision of support, information, advice and services.

Aims and Objectives

Our Vision

We want everyone in Calderdale to have better mental health.

Our Mission

- We provide high-quality mental health services to individuals and families in Calderdale.
- We promote awareness and reduce stigma by partnering with local organisations, and providing education and resources that empower people to take control of their mental health.
- We listen to our community and speak up for positive change.

Our Values

- We are a LOCAL, home-grown organisation, connected across Calderdale and committed to its communities.
 - We aim to build trust by being HONEST, demonstrating that we are a safe organisation.
 - We are non-judgemental, and RESPECTFUL of people's diverse experiences and strive to be as inclusive and accessible as possible.
 - Our process is focussed on EMPOWERING people to recognise the choices they can make over their own lives.
 - We have the strength of understanding that comes from being LED BY LIVED EXPERIENCE, enabling us to listen, relate, and meet people as equals.
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CALDERDALE WELLBEING

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES *(continued)*

Our expected outcome

- That people across Calderdale are more comfortable talking about their mental health.
- That people are better equipped to manage their own mental health and to support other people.
- That people know where to get help when they feel unable to manage their own mental health.

Context

This year has been largely characterised by an evolving relationship with the public sector, as we have both strengthened and increased commissioned services - which was among our stated strategic objectives: "Continue to engage with the mental health system and opportunities through statutory contracts and commissioning that are in line with our ethos, approach and values." However, the anticipated benefits of sustainability and reduced uncertainty have not materialised as much as we might have hoped: there are tensions between statutory expectations and voluntary and community sector (VCS) delivery; some contracts have been short-term, less than 12 months) with no longer-term intentions; some have come with static levels of funding that have been the same for up to seven years which, for example, present challenges for affording salary increases.

These issues are by no means unique to Healthy Minds. Despite closer working relationships burgeoning between the public and voluntary sectors, only one quarter of public / VCS contracts are uplifted in line with inflation and 62% are below the full cost of delivery, with the VCS having to subsidise public contracts by an average of 35% of the contract value (source: King's Fund / Sayer Vincent).

It is not the public sector's job to overcome all the challenges faced by the voluntary sector. There is increasing recognition, however, that the VCS can and does have an important part to play in easing some of the pressures on the public sector by offering valid alternatives that reduce demand on public services. Someone might call Safespace, for example, instead of calling emergency services, NHS mental health services, or visiting A&E.

There is a commitment from the statutory sector regionally and locally to closer working with a sustainable voluntary sector, and this was most recently enshrined in Calderdale's VCSE Strategy (April 2024). How the VCSE Strategy is realised in practice remains to be seen, given the issues described above.

Statutory commissioning of VCS providers is still developing. This year saw the first use in West Yorkshire of the Provider Selection Regime (PSR), a new method that allows non-competitive commissioning in certain circumstances: Healthy Minds was commissioned to continue the Link service for 3 years (2024-2027) by this route, and we understand the intention is to use PSR for Safespace and the Like Minds befriending service from 2025.

These are welcome developments that demonstrate recognition and trust, and offer a degree of security for these services; this is in stark contrast, however, to the precarity around other services that do not fall within the scope of PSR.

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

OBJECTIVES AND ACTIVITIES *(continued)*

Calderdale Integrated Care Board (ICB) commissioned a system-wide review of the local mental health offer in 2023. Among the observations and recommendations is: "short term funding can do harm if it is not sustained - pilots must be backed up with longer term commitments" (Emotional Health and Wellbeing in Calderdale: a review - Rethink Mental Illness & Centre for Mental Health, July 2023). This is a familiar refrain in the voluntary sector regionally and nationally, and within communities who have experienced the comings and goings of one initiative after another. We will see, however, that longer term commitments are scarce, with the burden of sustainability shouldered by the VCS.

Last year's report covered the difficult period during which we had to close the Recovery & Support service. This year's report describes how we have sought to rebuild following that, with opportunities and new developments alongside some significant challenges: it has been a very mixed period.

One constant, however, is Healthy Minds' tenacity. With a dedicated team, including staff, volunteers and our Board, along with many valued supporters, we have navigated smooth and choppy waters to do all we can to fulfil our mission. 2024 marks 15 years since we opened our first service. Healthy Minds today is over 50 times larger, in turnover and staffing, than when we started. An essential factor in that growth is a guiding principle that we try to respond to need and show that what we do makes a difference.

STRATEGIC REPORT

The following sections for achievements and performance and financial review form the strategic report of the charity.

ACHIEVEMENTS AND PERFORMANCE

Our strategy for 2022-25 outlines priorities that inform our Business Plan and service operational plans. The following report details each of our strategic priorities, with the relevant activities and performance outlined in each section.

Priority 1: Healthy Minds to have the financial and organisational structures to ensure sustainability

"Sustainability" is about more than just having the financial resources to keep going. It is also being an organisation that makes efficient use of resources; having a team equipped with the right skills, experience and capacity; and having an authentic organisational culture that attracts and retains the best people to achieve our aims and objectives.

Staff Wellbeing

Following extensive consultation and discussions across the team last year, we have set staff wellbeing as a visible and meaningful priority this year. With the team's involvement alongside further research and training on best practice, we have developed a new Staff Wellbeing Policy. Supporting people in distress is challenging work - this is inherent in what Healthy Minds does. The Staff Wellbeing Policy directly addresses the challenges and ways in which we aim to support staff with the demands of their roles.

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COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT *(continued)*

Core operations

We have a strong core team to ensure that the necessary financial and organisational management requirements are fulfilled, with sufficient capacity to enable a focus on frontline delivery in service teams.

This year, we have begun work on a major infrastructure project - Zone Standard - which will address many long-standing issues in how we collect and analyse data across the organisation. Working closely with Actualised Living, we are among a handful of VCS organisations developing and testing Zone Standard to produce a comprehensive system that will do a lot of the heavy lifting for service reporting and data insights. This will further strengthen our ability to demonstrate impact and improve efficiency, as well as identifying what is working well and how we can shape services around emerging needs.

Community fundraising

Support from donors is increasingly important to reduce some of the financial volatility we face, as these are "unrestricted" funds that we can use as required for the organisation's needs, whether that is plugging financial holes or generating new activities that are otherwise unfunded.

Donations from all sources - which might be directly from individuals, or through various fundraising initiatives and people's intrepid endeavours - have grown year on year, particularly since we have had a Community Fundraiser to ensure good engagement and communication with our supporters. Our 6% target for this year has been exceeded, with 7.6% of our overall income being through donations.

Halifax Minster and the Rotary Club of Halifax have continued their support through the festive Comfort & Joy family concert held in the run-up to Christmas. As a direct consequence, this year our developing relationship with Rotary prompted club members involved with Halifax Choral Society to adopt Healthy Minds as the chosen charity for their popular Brass & Carols concert at the Victoria Theatre. Over 1,000 people learned about Healthy Minds that evening and many donated as they left the theatre.

Throughout the year, people have been generous with their time and energy, fundraising for us in the virtual London Marathon and in our new sponsored swim event called The Big Swim. This new fundraising initiative is in collaboration with Calderdale Council and, following a successful first year, the event will now be held annually.

In preparation for Children's Mental Health Awareness week, we launched our new school fundraiser, called 'Dare To Be You'. Children were invited to attend school in their 'Dare to be You' clothing. A donation of £1 was encouraged. Time Out supported the campaign and promoted the idea when visiting schools in the run-up to the week. Registered schools received a 'Dare to be You' resource pack. This initiative was our first fundraiser specifically targeted at schools. 'Dare to be You' will now form part of our 2025 school fundraising campaign as we continue to reach out to schools and parents for funding support.

We have been fortunate to have many individuals who have undertaken all sorts of adventurous activities to raise funds. Local businesses have also given their support. In November, we were charity of the month in Harveys of Halifax - just one example of Healthy Minds becoming a trusted charity that organisations want to be associated with and raise funds for.

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT *(continued)*

This year was our first year with an established fundraising calendar. The intention is to develop and enhance the calendar in the coming year, incorporating Healthy Minds services wherever possible and continuing to develop relationships with local organisations and inspire local people to fundraise on our behalf.

We are grateful as well to have a number of people who support us through regular, generous donations that directly contribute to funding frontline services. Donations make a huge difference in our ability to continue serving the people of Calderdale. Thanks to everyone who has supported us throughout the year.

Priority 2: Healthy Minds to provide services and deliver projects that most effectively meet the needs of the population

Across all services, we worked with 7133 individuals this year; a 61% increase on last year that largely reflects the increased service capacity gained through new or developing services, and the Time Out service's post-pandemic recovery. 9% of people supported by Healthy Minds access more than one of our services, building their own support package from the different elements we offer.

Community Emotional Health and Wellbeing Team (CHWT)

The Community Health & Wellbeing Service (CHW) arose as part of Calderdale's development towards the Community Mental Health Transformation (CMHT) initiative, instigated nationally by NHS England with £2.7 billion investment.

Healthy Minds was involved with the initiative from the early discussions with NHSE about the role of the VCS in fulfilling the ambitions of the scheme, and throughout its development regionally in West Yorkshire and locally in Calderdale. The CMHT initiative included, for the first time, an expectation that the VCS was to be included as a key delivery partner, recognising the value of the VCS offers, not least the difference in the relationships non-statutory services can achieve with communities.

Healthy Minds was approached to become Calderdale's VCS partner in CMHT. It was a big ambition to set up a new and large-scale project from scratch. We put a lot of work into finding the right people to do it: people who know their areas and could connect with households to offer them something for which they weren't necessarily looking. Some communities are often described as "hard to reach". We might question how hard anybody had tried to reach them but, when the CHW team did, it uncovered all sorts of things that people were struggling with.

Healthy Minds was awarded 2.5 years' funding from April 2022, which enabled employment of a team of 11 workers, a Service Manager and partial capacity for an Operational Manager, working within specified areas in the five Primary Care Networks across Calderdale.

Ours was the first of the VCS-provided projects to be established in West Yorkshire and has acted as a model, flagship service, attracting national interest. In this financial year, the service has engaged with over 2000 households across Calderdale, directly supporting 337 individuals as well as generating further support activities and stronger cross-sector connections within communities. CHW has also been subject to intense, independent evaluation and the results and feedback have been outstandingly positive. It's not too much to say that this work has transformed, and saved, lives.

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) (continued)

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT (continued)

Despite CHW's success, and despite the expectations of successful pilots being continued beyond the CMHT initiative (which is happening in other areas in West Yorkshire), Calderdale ICB has chosen not to fund CHW beyond the end of the pilot and the service will end on 30th September 2024; the last six months of the service will be covered in next year's report.

We are disappointed with the ICB's decision. As the Calderdale review observed, "short term funding can do harm" and, whilst we are not responsible for the decision, we take our responsibility towards the people we support seriously. We are doing what we can do reduce the impact on households who value the level of support the CHW service has provided, for example, by introducing them to other Healthy Minds services.

"Thank you, I will be lost without this service! The CHW was always there at the right time when I needed him, with a smile, a gentle soul and a breath of fresh air and helped me with so much. If I won the lottery, I would pay for this service to keep going."

"I don't know where I would be without the help of the CHW. My life has totally changed, my family are so proud of me and the change. It was like an ANGEL appeared when they knocked on my door."
(Feedback from CHW beneficiaries)

Like Minds

The Like Minds Peer Support Service started in July 2022 and has quickly hit its stride. It is co-designed with our volunteers who have lived experience of emotional distress, providing opportunities for people to access peer support in a way that feels right for them. Peer Support is central to our way of working: supporting people to support each other safely, respectfully and honestly is part of our ethos. We believe that peer support is an empowering and effective way to manage mental health and recovery, and ultimately create personal and social change.

Like Minds has two main aspects:

1: Peer support groups

A lively and varied programme of groups and activities across the borough that bring people with similar experiences together for mutual support, social opportunities and learning. With anxiety and depression, managing chronic pain, mindfulness and yoga practice groups as well as art, walking and allotment groups alongside social drop-ins, the programme offers lots of opportunities with which people can engage to build their own wellbeing support package.

This year, we've held 285 group sessions and worked with 489 individuals. Among the things that people tell us they value about Healthy Minds is a sense of community and belonging, as reflected in some of the feedback:

"In Healthy Minds groups, people accept me and they understand me. Everyone's illness is their own but everyone here makes you feel welcome. I'm better for coming here. Routine is really important or you don't manage. Coming here is an important part of my routine."

"The art and allotment groups give me a chance to socialise, explore my interests and help me make progress with my hang ups and anxieties."

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

(continued)

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT (continued)

"The drop-in is always warm and there is plenty to eat and drink. If it wasn't for the drop-in I would be sat at home on my own struggling with my mental health. The group also helps me improve my communication skills with others. "

"Without the pain management group I wouldn't be able to keep my mental health safe." • "I handle life better ... after learning resilience from the group."

"This group is working for me, I can offload my worries and troubles. I also love meeting my friends at the group. I feel at the group people understand me".

2: One-to-one peer support and befriending

Our amazing volunteer befriending team, all of whom have personal experience of mental distress, offer telephone 1-1 support to isolated individuals facing mental health difficulties and loneliness throughout Calderdale. People are referred into the service primarily via services such as Intensive Home-Based Treatment Team, The Cellar Trust, Horton Housing, Community Mental Health Teams, Social Prescribers and Staying Well, as well as other Healthy Minds services (Safespace and Link). Project Workers match people referred into the service with one of the volunteers whose aim is to empower individuals to explore their own needs and develop a network of support based on their own choices. The team of 7 befrienders has supported 20 people this year.

"It's good to have a chat, I lost a friend and things became hard so it's good to chat with somebody. Good to share with someone who also understands where I come from." "My mental health is more stable since getting help from Healthy Minds Befriending." "Healthy Minds has made a massive difference and I am truly grateful for all the help and support that has been given." "I have been through several bad times in my life including painful health conditions, but getting involved in Healthy Minds has helped me so much. I feel a much stronger person."

Volunteers

A key element of Like Minds is that groups, activities and befriending are delivered by a team of dedicated volunteers, trained, supported and supervised by the project team alongside the Volunteer Manager. Following the closure of Recovery & Support last year, it was volunteers who stepped up to ensure that this valuable peer support was not lost for people who need it. Volunteers have always been crucial in Healthy Minds' work, but this year has seen a remarkable step change in levels of volunteer engagement and it is no overstatement that Like Minds could not operate as it does without people who are willing to give their time, energy and experience.

This year, 63 volunteers have given over 3800 hours of their time, not only in Like Minds but also in reviving the Forum and in Time Out, as well as such core operations as data management and analysis, and supporting community events; that is more than three times the volunteer input of last year. With this level of involvement, accompanied by strong volunteer development and support, we felt the time was right to put ourselves forward for the King's Award for Voluntary Service, which recognises the value of volunteers in Healthy Minds. We should hear about whether this has been awarded by the end of 2024.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT *(continued)*

Link

Link is designed to work more intensively with people who are sometimes described as "high intensity users" - i.e. they contact emergency services, NHS MH services, or present at A&E persistently - with the aim of helping them understand and address their reasons and to find different ways to manage their needs. Link has worked with 86 individuals this year, with 40% referrals coming from the NHS Intensive Home-Based Treatment Team. 16 people have also engaged with group sessions, exploring such areas as problem-solving and regulating emotions. With Link's involvement, people have been able to reduce their contact with other services by an average of 89%, many by 100%. This was the final year of Link's pilot phase, and its success has led to it being commissioned for a further 3 years from 2024-2027.

"I just thought it worthy of a mention of my gratitude of the Link workers ... (they) put up with my grumpy moods and listened to my issues ... we still managed to put a plan in place each session to improve my mental state and wellbeing. I have now managed to join Healthy Minds Forum, I've joined Yorkshire Voice, I've become a suicide prevention champion, completed mental health first aid course, and become an NLP Practitioner. At the start of the process none of these achievements would have been possible, as my mental health condition was too poor. Over the years I have dealt with numerous practitioners and invested large sums of money to try and get support. (Link) provided support that completely surpassed anything I've had before and managed to build my confidence levels." (Link participant)

Roshani

Roshani has been providing culturally sensitive support to people of Black and Minority Ethnic backgrounds, predominantly South Asian women, for nine years.

34 people have engaged with Roshani's peer support groups, with some receiving 1-1 support from the Project Worker as required.

Some of the issues that people wanted support with, as well as their mental health, included domestic and sexual abuse and violence, Islamic divorce, difficult family dynamics, poverty, isolation, Post Natal Depression, physical health and housing - all issues which further compound ill mental health. Roshani prides itself on being able to offer direct support and signposting around a variety of needs. We are also in a unique position of being able to bridge some of the understanding between clients and other support services.

We are pleased to report that Roshani has been awarded a further 3 years' funding from 2024 by Community Foundation for Calderdale, which now administers funding that was previously directly awarded by Calderdale Council's Stronger Neighbourhoods. Although this gives a degree of sustainability, the grants programme was heavily over-subscribed and the amount awarded is 72% of the actual service cost: another example of us having to subsidise services.

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT *(continued)*

Safespace

With the aim of ensuring that people can access emotional support when they need it, Safespace offers a referral-free service with no waiting lists. We began the year with a Calderdale ICB- commissioned service running every evening, complemented by a daytime service funded by donations; in the course of the year, we were approached by commissioners to extend the service to 7 days and 7 evenings a week from October to better meet demand. This was a welcome, if challenging to implement, development that strengthened cover during the day. People can now just turn up at Healthy Minds office if they need support - which is a unique offer in Calderdale. We were also able to test having Safespace presence in drop-ins based in other organisations such as the Gathering Place in Halifax and Todmorden food bank, as well as holding a Sunday drop-in at our own premises, which has proven popular.

This year, Safespace has supported 514 individuals through 4335 contacts. Having run since 2018 and expanded to what it is now, Safespace is a well-established part of Calderdale's mental health offer and plays a key role in suicide prevention by providing immediate access to emotional support. Calderdale ICB has agreed to extend funding from April 2024 for another year. At the time of writing, we are in discussions around longer-term commissioning for Safespace.

(Safespace) is a service that I tell service users about as a matter of course. I particularly like that it is a frictionless talking support service requiring no referral process - people just have to call. This is of great value to the local community and meets a community need whereby people have an outlet to talk on a one-off as-and-when without having to visit a GP, wait for assessment or have to meet certain criteria before having to use it, or to commit to a course of talking therapy when they might just need to get something off their chest, or have the odd supportive conversation when they feel the need for it. (Advanced Clinical Practitioner, IHBTT)

Time Out

Our children and young people (CYP) service provides emotional health and wellbeing education sessions in schools alongside a varied programme of activities to help CYP "find their thing" to feel good and stay well.

Since the Covid pandemic, during which we obviously could not deliver the full Time Out programme in schools, levels of activity have been rebuilding and this year saw Time Out back on full throttle: over 5500 CYP participated in Time Out activities this year - an astonishing 108% increase on last year.

The team works with young people and schools to coproduce educational and highly participative workshops around the mental health issues that matter to children and young people. "Kindness, friendship and social media" has been very popular, and other workshops include sleep hygiene ("Sleep Superheroes"), exam stress, self-harm, and self-esteem, alongside our general mental health workshops and 6-week creative wellbeing courses.

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT *(continued)*

We believe that equipping young people with the knowledge, skills and confidence to look after themselves and their peers puts them in better stead for healthier, happier lives. System pressures cannot be resolved by ploughing resources endlessly into trying to meet increasing demand on CYP mental health services; if we can help people to manage their mental health earlier, we can try to reduce demand elsewhere in the system so that CYP who need specialist intervention can more readily get it. Time Out is part of Calderdale's Open Minds Partnership with other specialist providers, collaborating on a local mental health offer for CYP that can better meet demand. Time Out also convenes a network meeting twice a year to bring together other organisations and activity providers to look at how we can work together to improve provision and services that support CYP wellbeing.

Welfare Rights

Our specialist welfare rights service advises people on benefits entitlement and supports through the process of claims, appeals and tribunals where mental health is the main need. During this year, the service supported over 300 people to claim over £227,000 welfare benefits to which they were entitled. As the relationship between financial stability and mental health is well-recognised, we see this service as fundamental to addressing causes of stress and worry in people's lives.

The Welfare Rights Service has been awarded a further 3 years' funding from 2024 by Community Foundation for Calderdale, which now administers funding that was previously directly awarded by Calderdale Council. However, as described above with other services, we have to subsidise costs: funding accounts for just 42% of the service. Although there is very high demand for support, we can only maintain two days a week of Project Worker time; what the service achieves is all the more remarkable with this limited capacity.

Priority 3: Healthy Minds to maintain and further develop quality services with demonstrable impact

Wellbeing Measures

We use a set of coproduced wellbeing measures across all services, against which we ask people to rate how well they are doing on their first contact with us.

The measures are:

- I can cope well with life's ups and downs
- I feel connected to and supported by people around me
- I understand my own mental health needs
- I feel confident
- I have a good feeling of self-worth
- I feel content
- I can set and achieve personal goals
- I have opportunities and choices in life

This is repeated periodically to see what difference Healthy Minds' support has helped them to achieve. As well as measuring impact, we find this is a useful exercise for people to reflect on their wellbeing, to recognise their progress and identify areas that they might want to develop.

51% people said that support had improved their wellbeing, and the average increase was 20% across all wellbeing measures. The greatest reported improvement was on **I can cope well with life's ups and downs**: 27% people agreed with this statement on first contact, rising to 55% after engaging with support.

CALDERDALE WELLBEING

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TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) (continued)

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT (continued)

32% people said that support had helped maintain their wellbeing (i.e. it had neither improved nor deteriorated). For many people, "standstill" is an achievement when they face ongoing challenges in daily living.

An interesting result in this year's wellbeing measures is that 36% initially said that their wellbeing was poor, compared with just 8% last year. There may be many factors at play, including the cost-of-living crisis, but the main change in our contact with people is engagement through the Community Health & Wellbeing Service: 30% of CHW clients reported poor wellbeing on first contact; this lowered to 19% following support. This suggests that the CHW service, by proactively offering a service to people who weren't necessarily seeking support, uncovered a lot of previously unmet need.

Impact on public services

Among our stated objectives is to "Demonstrate that Healthy Minds can, and does, provide solutions which ease demand on public Mental Health services".

Some of our services have an explicit role in diverting people from public services: Link, for example, works with people who are sometimes described as "high intensity users". Results from the pilot phase of Link show that they diverted 70 visits to A&E and over 290 contacts with Intensive Home Based Treatment Team (IHBT) (informally known as the "crisis team"): this equates to a cost saving to the NHS of almost £82,000.

Safespace is a "crisis alternative" service, offering referral-free access to emotional support 7 days and evenings a week. Taking just one month's data (September 2023), 188 (54%) Safespace contacts identified that they would otherwise have visited A&E for support: the equivalent cost to the NHS would be £28,200, compared to the £5,400 cost of those Safespace contacts - this alone indicates a 'social return' of £5.22 for every £1 spent on Safespace.

Of course, these are not direct savings: an A&E department cannot reduce its spend due to fewer people presenting in mental health need, as it needs to be open all the time to all people. Diverting people from A&E, however, can contribute to easing some of the demand on over-stretched services and can be a better experience for someone in crisis than a being in a busy waiting room for several hours. As we develop closer relationships across the system, including with Yorkshire Ambulance Service and the Police, we can relieve some pressures on their capacity.

We continue to strengthen how we collect relevant information to demonstrate the value of our services in relation to public services.

Priority 4: Healthy Minds to maintain a high profile as a trusted, reputable, influential VCS MH provider in Calderdale

Healthy Minds is among the more prominent VCS providers in Calderdale. We have always sought to inform and influence local, regional and national strategic work, particularly relating to mental health.

One of our values is to "have the strength of understanding that comes from being led by lived experience" and our mission states: "We listen to our community and speak up for positive change".

To that end, **Healthy Minds Forum** was re-launched last year and has become well established as a space for people to share their experiences, influence and instigate positive change.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

STRATEGIC REPORT *(continued)*

At monthly meetings in person and online, Forum members have identified four priorities with volunteer-led working groups for focused activity:

- Language, anti-stigma and mental health awareness.
- Not knowing where to turn for support. Particularly exploring the issue of why directories of support haven't worked in the past, and the potential of re-imagining what signposting can look and feel like.
- Mental health inequalities, access and transport. This group will look at tackling issues of lack of representation of groups who experience mental health inequalities, including barriers to access.
- Maintaining groups - sustainability and funding for ongoing peer-support. This group will focus on issues of sustainability for non-clinical mental health options in Calderdale.

128 people have engaged with the Forum through the year.

Having worked closely with Rethink Mental Illness last year, we were pleased to engage with them and the Centre for Mental Health on a review of strategies, assets and stakeholders in Calderdale's mental health offer, particularly to ensure that people's lived experiences were included in the review. Community events and discussions across Calderdale were held over several months, supported by Healthy Minds Forum, culminating in a report: Emotional Health and Wellbeing in Calderdale: a review (Rethink Mental Illness & Centre for Mental Health July 2023).

Having this level of public engagement has also led to us being commissioned by Calderdale Public Health to set up and facilitate a Suicide Prevention Network, which will gather experiences from people affected by suicide, including frontline workers, to meaningfully inform Calderdale's suicide prevention strategy.

Healthy Minds is represented on a range of local, regional and national strategic groups. Our Chief Officer has been Chair of the West Yorkshire VCS Mental Health Group for three years (stepping down from April 2024), which connects with West Yorkshire ICB's Mental Health, Learning Disability and Autism Partnership Board.

We have been involved in developing a new Calderdale VCSE Strategy that aims to address many of the issues identified in this report, particularly in strengthening relationships between the public and voluntary sectors, and to support a sustainable VCS with recognition of the contribution it makes to the system and community. The Strategy was launched in April 2024.

We have also provided training sessions on mental health awareness in community groups, other organisations and for local businesses this year, under our **Calderdale Wellbeing Services** offer. We charge for these sessions as a step towards exploring income generation opportunities, but they also fulfil our mission in promoting awareness and reducing stigma. Over 250 people have participated in CWS training this year.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW *(continued)*

Financial review

This has been a relatively stable year, notwithstanding the challenges outlined in this report.

The net Surplus for the year after transfers was £124,215 (2023 - deficit - £185,152) including net surplus of £18,166 (2023 - deficit £618) on unrestricted funds and net surplus of £106,049 (2023 - deficit £184,534) on restricted funds.

89% of our income has been through public sector commissioning this year, mainly through Calderdale Cares Partnership (ICB), but the need to subsidise some of these contracts has been described above, which makes our unrestricted reserves all the more important.

Reserves are a financial buffer that serve important functions:

- Resourcing core roles / functions where necessary.
- Topping up (subsidising) service budgets to cover shortfalls.
- "Bridging" e.g. maintaining cash flow when dedicated funding is anticipated but not yet received.
- Enabling new activities where no dedicated funding has been identified.

Some use of reserves is, therefore, justifiable and to be expected; this is what they are for. There can be an understandable reluctance to dip into reserves: they can only be spent once, and serve as an indicator of an organisation's financial security. Reserves are built or replenished through community fundraising, private donations and service budget core contributions. The challenge is to maintain a balance between outgoing and incoming reserves.

Donations and fundraising have increasing prominence and importance, and we have achieved 5% donated income this year.

Our Business Plan and accompanying Funding Strategy sets out our approach to ensure that we are identifying funding shortfalls early so that we can plan ahead to mitigate wherever possible.

Reserves policy

Healthy Minds Trustees exercise their power to hold income in reserves, in accordance with our constitution, which states:

The Charity has the following powers in order to further the Objects ... To set aside income as a reserve against future expenditure but only in accordance with a written policy about reserves 4(1)(k) and in line with Charities Commission guidance CC19(5.2):

Some charities have a power to hold reserves in their governing document - all others can rely on powers implicit in the law. Trustees can use these powers where they are satisfied that to do so is in the best interests of the charity: their charity's reserves policy should reflect their reasoning.

Our policy is that, where possible, project budgets will include a proportionate contribution to reserves; this is stated in budgets submitted in funding application and in subsequent reports to funders. When the purpose for which grants received has been discharged; any small residual balances may be transferred into reserves, with funders' agreement (implicit or explicit) as grants are finalised or signed-off on acceptance of a final grant report, which includes a detailed breakdown of expenditure showing the contribution to reserves.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)

(continued)

YEAR ENDED 31 MARCH 2024

FINANCIAL REVIEW *(continued)*

'Free' reserves are held to mitigate risks against loss of income or unforeseen adverse events which could mean we need extra flexibility temporarily or longer-term to meet increased demand for services and/or redeploy staff; they might also be used for cash-flow in the event that we expect to receive funds but there is a shortfall between existing and imminent resources.

Designated reserves are held against reasonably anticipated risks in the forthcoming year such as service closure and the liabilities arising from that; or, in respect of a legacy, to fulfil covenants or expectations attached to the legacy.

Once a year the Board will consider the level of reserves that is prudent for the organisation to hold. Consideration will be given to redundancy liabilities, lease agreements, cash flow requirements, significant factors and key risks that should be taken into account if the organisation were to close. This will be reviewed annually before the AGM, and agreed as part of the budget setting for the next financial year.

We calculate that the minimum level of reserves that we need to hold is £55,000. The trustees have placed an upper limit on the reserves to be held at 3 months of future budgeted expenditure, this is in the region of £310,000 for 2023-24.

The charity's actual free reserves at the year end were £150,395.

Funds held as agents on behalf of others

Grant income was received from Bearders Charitable trust for people to start their own businesses and get back into work. Calderdale Wellbeing act an agent in relation to these funds and therefore the income and expenditure is excluded from the accounts. Note 16 provided further information in relation to these funds.

PLANS FOR FUTURE PERIODS

Our strategy and Business Plan for this year included objectives to transition from grant funding to more contracts and commissioned services through more strategic engagement with the public sector and to further develop income generating opportunities. As described above, this has not achieved sustainability as much as we hoped.

Our 2024-26 Business Plan outlines a different approach, shifting emphasis so that we aren't abandoning public sector commissioning altogether, but maintaining those where there is a strong strategic fit and synergy between HM and ICB priorities, and considering new opportunities on balance of sustainability against our ethos and values.

We have had a period of relative stability and growth that has increased the staff team, bringing in new personalities and energy, and achieving more towards our mission. For the reasons outlined in this report, that has not been without its challenges and we, like most in the sector, operate within an environment that is sometimes described as "VUCA" (volatility, uncertainty, complexity and ambiguity). There are pressures inherent to the sector: funding constraints that mean staff are required to tolerate uncertainty, job insecurity and a tension between what we would like to do and what we can realistically achieve; services that have demonstrable positive impact for communities can be put at risk, or even forced to close, despite people's commitment and good work.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT) *(continued)*

YEAR ENDED 31 MARCH 2024

We cannot change all these factors but we can acknowledge and exert control where we can. Our strategy covers 2022-25 so the coming year will further progress the strategic priorities described above. Specific actions are identified in our Business Plan for 2024-26, from which service-specific operational plans are developed.

In 2024-2025 plans include:

- Developing a new organisational strategy for 2025-2028
- Further strengthening staff wellbeing, doing all we can to support staff and make Healthy Minds a great place to work whilst recognising that our work is challenging
- Securing future contracting / commissioning for existing services that are due to come to the end of funding cycles / contracts during the financial year
- Diversifying income streams to reduce risk and volatility
- Ensuring a balanced annual budget for all services and core functions
- Implementing the Zone Standard system to strengthen impact reporting
- Finalising and launching our new membership model

TRUSTEES' RESPONSIBILITIES STATEMENT

The trustees, who are also directors for the purposes of company law, are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the incoming resources and application of resources, including the income and expenditure, for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the applicable Charities SORP;
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

TRUSTEES' ANNUAL REPORT (INCORPORATING THE DIRECTOR'S REPORT)
(continued)

YEAR ENDED 31 MARCH 2024

AUDITOR

Each of the persons who is a trustee at the date of approval of this report confirms that:

- so far as they are aware, there is no relevant audit information of which the charity's auditor is unaware; and
- they have taken all steps that they ought to have taken as a trustee to make themselves aware of any relevant audit information and to establish that the charity's auditor is aware of that information.

The trustees' annual report and the strategic report were approved on 20 December 2024 and signed on behalf of the board of trustees by:



PAUL HUNT
Trustee

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CALDERDALE WELLBEING

YEAR ENDED 31 MARCH 2024

OPINION

We have audited the financial statements of Calderdale Wellbeing (the charitable company) for the year ended 31 March 2024 which comprise the statement of financial activities (including income and expenditure account), statement of financial position, statement of cash flows and the related notes, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including FRS 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice;
- have been prepared in accordance with the requirements of the Companies Act 2006.

BASIS FOR OPINION

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

CONCLUSIONS RELATING TO GOING CONCERN

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CALDERDALE WELLBEING *(continued)*

YEAR ENDED 31 MARCH 2024

OTHER INFORMATION

The other information comprises the information included in the annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

OPINIONS ON OTHER MATTERS PRESCRIBED BY THE COMPANIES ACT 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the trustees' report has been prepared in accordance with applicable legal requirements.

MATTERS ON WHICH WE ARE REQUIRED TO REPORT BY EXCEPTION

In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the trustees' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept, or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CALDERDALE WELLBEING *(continued)*

YEAR ENDED 31 MARCH 2024

RESPONSIBILITIES OF TRUSTEES

As explained more fully in the trustees' responsibilities statement, the trustees (who are also the directors for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

AUDITOR'S RESPONSIBILITIES FOR THE AUDIT OF THE FINANCIAL STATEMENTS

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows:

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable to the charitable company through discussions with trustees and other management;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the charitable company;
- we assessed the extent of compliance with the laws and regulations identified above through making enquiries of management and inspecting correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance throughout the audit.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CALDERDALE WELLBEING *(continued)*

YEAR ENDED 31 MARCH 2024

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquiries of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud; and
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation;
- reading the minutes of meetings of those charged with governance;
- inquiring of management as to actual and potential litigation and claims; and

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the trustees and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that arise due to fraud can be harder to detect than those that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

INDEPENDENT AUDITOR'S REPORT TO THE MEMBERS OF CALDERDALE WELLBEING *(continued)*

YEAR ENDED 31 MARCH 2024

USE OF OUR REPORT

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Sally Shacklock BA FCA (Senior Statutory Auditor)

For and on behalf of
Streets Spenser Wilson (Yorkshire) Limited
Chartered accountants & statutory auditor
Equitable House
55 Pellon Lane
Halifax
West Yorkshire
HX1 5SP

20 December 2024

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

YEAR ENDED 31 MARCH 2024

			2024		2023
	Note	Unrestricted funds £	Restricted funds £	Total funds £	Total funds £
Income and endowments					
Donations and legacies	5	25,527	79,248	104,775	355,280
Charitable activities	6	100	1,082,067	1,082,167	737,919
Investment income	7	14,144	–	14,144	4,209
Total income		<u>39,771</u>	<u>1,161,315</u>	<u>1,201,086</u>	<u>1,097,408</u>
Expenditure					
Expenditure on raising funds:					
Costs of raising donations and legacies	8	5	2,803	2,808	–
Expenditure on charitable activities	9,10	11,418	1,062,645	1,074,063	1,282,559
Total expenditure		<u>11,423</u>	<u>1,065,448</u>	<u>1,076,871</u>	<u>1,282,559</u>
Net income/(expenditure)		<u>28,348</u>	<u>95,867</u>	<u>124,215</u>	<u>(185,151)</u>
Transfers between funds		(10,182)	10,182	–	–
Net movement in funds		<u>18,166</u>	<u>106,049</u>	<u>124,215</u>	<u>(185,151)</u>
Reconciliation of funds					
Total funds brought forward		132,229	402,339	534,568	719,719
Total funds carried forward		<u>150,395</u>	<u>508,388</u>	<u>658,783</u>	<u>534,568</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 27 to 41 form part of these financial statements.

CALDERDALE WELLBEING
COMPANY LIMITED BY GUARANTEE
STATEMENT OF FINANCIAL POSITION
31 MARCH 2024

	Note	2024	2023
		£	£
CURRENT ASSETS			
Debtors	17	10,725	11,560
Cash at bank and in hand		<u>754,853</u>	<u>596,338</u>
		765,578	607,898
CREDITORS: amounts falling due within one year	18	<u>106,796</u>	<u>73,330</u>
NET CURRENT ASSETS		<u>658,782</u>	<u>534,568</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>658,782</u>	<u>534,568</u>
NET ASSETS		<u>658,782</u>	<u>534,568</u>
FUNDS OF THE CHARITY			
Restricted funds		508,387	402,339
Unrestricted funds		<u>150,395</u>	<u>132,229</u>
Total charity funds	22	<u>658,782</u>	<u>534,568</u>

These financial statements were approved by the board of trustees and authorised for issue on 20 December 2024, and are signed on behalf of the board by:

P. Hunt

PAUL HUNT
Trustee

The notes on pages 27 to 41 form part of these financial statements.

CALDERDALE WELLBEING**COMPANY LIMITED BY GUARANTEE****STATEMENT OF CASH FLOWS****YEAR ENDED 31 MARCH 2024**

	2024	2023
	£	£
CASH FLOWS FROM OPERATING ACTIVITIES		
Net income/(expenditure)	124,215	(185,152)
<i>Adjustments for:</i>		
Government grant income	(42,285)	(89,101)
Other interest receivable and similar income	(14,144)	(4,209)
Interest payable and similar charges	767	439
Accrued (income)/expenses	(3,481)	2,290
<i>Changes in:</i>		
Trade and other debtors	2,015	(5,703)
Trade and other creditors	35,767	(12,647)
Cash generated from operations	102,854	(294,083)
Interest paid	(768)	(439)
Interest received	14,144	4,209
Net cash from/(used in) operating activities	<u>116,230</u>	<u>(290,313)</u>
CASH FLOWS FROM FINANCING ACTIVITIES		
Government grant income	42,285	89,101
Net cash from financing activities	<u>42,285</u>	<u>89,101</u>
NET INCREASE/(DECREASE) IN CASH AND CASH EQUIVALENTS	158,515	(201,212)
CASH AND CASH EQUIVALENTS AT BEGINNING OF YEAR	<u>596,338</u>	<u>797,550</u>
CASH AND CASH EQUIVALENTS AT END OF YEAR	<u>754,853</u>	<u>596,338</u>

The notes on pages 27 to 41 form part of these financial statements.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2024

1. GENERAL INFORMATION

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is 1 King Street, Halifax, England, HX1 1SR.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. ACCOUNTING POLICIES

Basis of preparation

The financial statements have been prepared on the historical cost basis. The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are ongoing contracts with secured income for a period of at least twelve months from when the financial statements are authorised for issue, and positive commissioning decisions on other contracts are anticipated. The charity's provision of services and employment of staff are subject to continuous financial scrutiny for affordability and plans adapted according to available resources to avoid overcommitment. Accordingly, there are no material uncertainties about the charity's ability to continue.

Judgements and key sources of estimation uncertainty

The preparation of the financial statements requires management to make judgements, estimates and assumptions that affect the amounts reported. These estimates and judgements are continually reviewed and are based on experience and other factors, including expectations of future events that are believed to be reasonable under the circumstances. There are not considered to be any key judgments or estimates.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal, and fall into one of two sub-classes: restricted income funds or endowment funds.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

3. ACCOUNTING POLICIES *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

3. ACCOUNTING POLICIES *(continued)*

Operating leases

Lease payments are recognised as an expense over the lease term on a straight-line basis. The aggregate benefit of lease incentives is recognised as a reduction to expense over the lease term, on a straight-line basis.

Government grants

Government grants are recognised at the fair value of the asset received or receivable. Grants are not recognised until there is reasonable assurance that the charity will comply with the conditions attaching to them and the grants will be received.

Where the grant does not impose specified future performance-related conditions on the recipient, it is recognised in income when the grant proceeds are received or receivable. Where the grant does impose specified future performance-related conditions on the recipient, it is recognised in income only when the performance-related conditions have been met. Where grants received are prior to satisfying the revenue recognition criteria, they are recognised as a liability.

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided. Prepaid contributions are recognised as an asset to the extent that the prepayment will lead to a reduction in future payments or a cash refund.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

4. LIMITED BY GUARANTEE

The charity is a company limited by guarantee. The members of the company are the Trustees named on page 1. The liability of the members in the event of the charitable company being wound up is limited to a sum not exceeding £10.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

5. DONATIONS AND LEGACIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
DONATIONS			
Donations	16,939	35,413	52,352
GIFTS			
Gift aid	4,188	550	4,738
GRANTS			
Grants receivable	4,400	1,000	5,400
Government grant income	–	42,285	42,285
	<u>25,527</u>	<u>79,248</u>	<u>104,775</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
DONATIONS			
Donations	71,309	3,400	74,709
GIFTS			
Gift aid	3,040	5,912	8,952
GRANTS			
Grants receivable	7,340	175,178	182,518
Government grant income	–	89,101	89,101
	<u>81,689</u>	<u>273,591</u>	<u>355,280</u>

6. CHARITABLE ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Fees and contract income	<u>100</u>	<u>1,082,067</u>	<u>1,082,167</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Fees and contract income	<u>3,166</u>	<u>734,754</u>	<u>737,919</u>

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

7. INVESTMENT INCOME

	Unrestricted Funds	Total Funds 2024	Unrestricted Funds	Total Funds 2023
	£	£	£	£
Bank interest receivable	14,144	14,144	4,209	4,209

8. COSTS OF RAISING DONATIONS AND LEGACIES

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Costs of raising donations and legacies - Donations	5	2,803	2,808

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Costs of raising donations and legacies - Donations	—	—	—

9. EXPENDITURE ON CHARITABLE ACTIVITIES BY FUND TYPE

	Unrestricted Funds	Restricted Funds	Total Funds 2024
	£	£	£
Charitable activities	7,701	968,906	976,607
Support costs	3,717	93,739	97,456
	11,418	1,062,645	1,074,063

	Unrestricted Funds	Restricted Funds	Total Funds 2023
	£	£	£
Charitable activities	82,379	1,093,860	1,176,249
Support costs	7,645	98,665	106,310
	90,024	1,192,535	1,282,559

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

10. EXPENDITURE ON CHARITABLE ACTIVITIES BY ACTIVITY TYPE

	Activities undertaken directly	Support costs	Total funds 2024	Total fund 2023
	£	£	£	£
Charitable activities	976,607	78,752	1,055,359	1,270,447
Governance costs	—	18,704	18,704	12,112
	<u>976,607</u>	<u>97,456</u>	<u>1,074,063</u>	<u>1,282,559</u>

11. ANALYSIS OF SUPPORT COSTS

	Total 2024	Total 2023
	£	£
Premises	45,845	47,300
Communications and IT	8,471	17,499
Human resources	608	668
Finance costs	767	439
Governance costs	18,704	12,112
Staff travel	4,511	5,880
Printing, stationery and IT costs	10,444	11,281
Office equipment	577	5,718
Subscriptions	1,449	698
Staff training	612	427
Staff refreshments	321	1,275
Volunteer expenses	5,147	3,013
	<u>97,456</u>	<u>106,310</u>

12. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2024	2023
	£	£
Operating lease rentals	<u>7,015</u>	<u>7,352</u>

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

13. AUDITORS REMUNERATION

	2024	2023
	£	£
Fees payable for the audit of the financial statements	<u>4,563</u>	<u>3,800</u>
Fees payable to the charity's auditor and its associates for other services: Other non-audit services	<u>1,250</u>	<u>1,000</u>

14. STAFF COSTS

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2024	2023
	£	£
Wages and salaries	868,496	879,750
Social security costs	61,733	64,655
Employer contributions to pension plans	38,127	37,881
Other employee benefits	—	14,057
	<u>968,356</u>	<u>996,343</u>

The average head count of employees during the year was 55 (2023: 50). The average number of full-time equivalent employees during the year is analysed as follows:

	2024	2023
	No.	No.
Management	4	1
Administration	5	3
Team Leaders	5	3
Project worker	<u>22</u>	<u>22</u>
	<u>36</u>	<u>29</u>

No employee received employee benefits of more than £60,000 during the year (2023: Nil).

Key Management Personnel

Key Management Personnel

The key management personnel of the Charity comprise the trustees and the senior management team as listed on page 1. The total amount of employee benefits (including employer pension contributions) received by key management personnel for their services to the Charity was £49,459 (2023 - £49,387).

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

15. TRUSTEE REMUNERATION AND EXPENSES

No remuneration or other benefits from employment with the charity or a related entity were received by the trustees.

During the year no trustees were paid any expenses (2023 - £nil)

16. FUNDS HELD FOR THIRD PARTIES

Funds held for Bearder Charitable Trust 2024 £nil (2023 - £1,532). There were no incoming resources during the year.

17. DEBTORS

	2024	2023
	£	£
Trade debtors	100	173
Prepayments and accrued income	10,625	11,387
	<u>10,725</u>	<u>11,560</u>

18. CREDITORS: amounts falling due within one year

	2024	2023
	£	£
Trade creditors	10,383	3,597
Accruals and deferred income	74,740	49,614
Social security and other taxes	15,492	14,023
Other creditors	6,181	6,096
	<u>106,796</u>	<u>73,330</u>

19. DEFERRED INCOME

	2024	2023
	£	£
At 1 April 2023	36,500	—
Amount released to income	(36,500)	—
Amount deferred in year	63,927	36,500
At 31 March 2024	<u>63,927</u>	<u>36,500</u>

At the balance sheet date the charity held funds received in advance for provision of Community Health and Wellbeing services £53,000, Welfare Rights £3,402 and Roshani £7,525, all relate to monies in advance for the 2024/2025 financial year.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

20. PENSIONS AND OTHER POST RETIREMENT BENEFITS

Defined contribution plans

The amount recognised in income or expenditure as an expense in relation to defined contribution plans was £38,127 (2023 - £37,881).

21. GOVERNMENT GRANTS

The amounts recognised in the financial statements for government grants are as follows:

	2024	2023
	£	£
Recognised in income from donations and legacies:		
Government grants income	<u>42,285</u>	<u>89,101</u>

22. ANALYSIS OF CHARITABLE FUNDS

Unrestricted funds

	1 Apr 2023	Income	Expenditure	Transfers	31 Mar 2024
	£	£	£	£	£
General funds	65,287	39,771	5,176	(13,839)	96,395
Designated Fund	50,343	—	—	3,657	54,000
Peer Connect Groups	16,599	—	(16,599)	—	—
	<u>132,229</u>	<u>39,771</u>	<u>(11,423)</u>	<u>(10,182)</u>	<u>150,395</u>

	1 Apr 2022	Income	Expenditure	Transfers	31 Mar 2023
	£	£	£	£	£
General funds	82,846	64,066	(67,569)	(14,056)	65,287
Designated Fund	50,000	—	(14,056)	14,399	50,343
Peer Connect Groups	—	24,998	(8,399)	—	16,599
	<u>132,846</u>	<u>89,064</u>	<u>(90,024)</u>	<u>343</u>	<u>132,229</u>

Designated reserves are held against reasonably anticipated risks in the forthcoming year such as service closure and the liabilities arising from that; or, in respect of a legacy, to fulfil covenants or expectations attached to the legacy.

Peer support - donation from private donor earmarked by the Trustees to Safespace for daytime provision.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

22. ANALYSIS OF CHARITABLE FUNDS *(continued)*

Restricted funds

	1 Apr 2023 £	Income £	Expenditure £	Transfers £	31 Mar 2024 £
CMBC Time					
Out/Recovery College	—	75,000	(75,000)	—	—
Safe Space CCG					
funding	(6,101)	342,500	(220,795)	—	115,604
National Lottery					
Community Fund	—	—	—	—	—
The Forum	8,392	4,593	(12,995)	—	(10)
Restricted donation (1)	—	—	—	—	—
Co-operative					
Community Fund	—	—	—	—	—
Northpoint Wellbeing					
Ltd (1)	—	—	—	—	—
CFFC - Hardship	—	—	—	—	—
Todmorden Community					
Fund	—	—	—	—	—
Lloyds TSB	—	—	—	—	—
Peer Support Like					
Minds	21,816	25,000	(20,070)	—	26,746
Maureen Brassington					
Childhood fund	17,243	—	(13,731)	—	3,512
Peer Support (2)	—	—	—	—	—
PH Vulnerable Persons	—	—	—	—	—
PH Care Home Support	—	—	—	—	—
Link worker service	45,319	165,650	(158,452)	—	52,517
PH Calderdale Cares for					
us	34,665	—	(9,313)	—	25,352
Crisis Adult Response	—	—	—	—	—
Health Inequalities	25,000	—	—	—	25,000
Community Health &					
Wellbeing	190,050	362,892	(361,612)	—	191,330
Daytime Safe Space	20,685	—	(20,685)	—	—
R&S CMBC					
Community Grant	—	—	—	—	—
CC4Us Healthy Minds					
Share	—	—	—	—	—
CFFC Household					
Support	1,846	—	(1,846)	—	—
Calderdale Cares					
Innovation Funding	33,072	99,310	(86,355)	—	46,027
RHS Nature in Mind	372	—	(372)	—	—
CMBC Time					
Out/Recovery College	—	12,763	(12,763)	—	—

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

22. ANALYSIS OF CHARITABLE FUNDS *(continued)*

Stronger Neighbourhoods - Roshani	—	24,753	(24,753)	—	—
CCG R&S (22-23)	—	—	—	—	—
Rethink	—	—	—	—	—
Community Wellbeing Services	750	1,590	(226)	—	2,114
WY ICB Involvement	—	—	—	—	—
Welfare Rights Lottery	6,221	—	(6,221)	—	—
Mayors Fund	2,008	—	(1,380)	—	628
Welfare Rights Fund	1,000	100	(18)	92	1,174
Like Minds Donation	—	31,495	(20,121)	—	11,374
Upper Valley Warm Hub	—	9,900	(9,900)	—	—
Find your Thing - Time Out	—	4,769	—	—	4,769
CFFC/ Halifax Minister - Forum	—	1,000	—	—	1,000
Service User Welfare Fund	—	—	1,250	—	1,250
Core funding balance	—	—	(10,090)	10,090	—
	<u>402,338</u>	<u>1,161,315</u>	<u>(1,065,448)</u>	<u>10,182</u>	<u>508,387</u>

	1 Apr 2022 £	Income £	Expenditure £	Transfers £	31 Mar 2023 £
CMBC Time					
Out/Recovery College	20,725	51,585	(72,112)	(198)	—
Safe Space CCG funding	44,104	109,501	(159,632)	(75)	(6,102)
National Lottery					
Community Fund	869	10,000	(10,869)	—	—
The Forum	—	—	—	—	—
Restricted donation (1)	14,234	3,000	(8,842)	—	8,392
Co-operative					
Community Fund	4,673	—	(4,673)	—	—
Northpoint Wellbeing Ltd (1)	8,300	—	(8,300)	—	—
CFFC - Hardship	178	—	(178)	—	—
Todmorden Community Fund	1,700	—	(1,700)	—	—
Lloyds TSB	923	22,334	(23,257)	—	—
Peer Support Like Minds	17,366	25,000	(20,480)	(70)	21,816
Maureen Brassington	17,243	—	—	—	17,243

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

22. ANALYSIS OF CHARITABLE FUNDS *(continued)*

Childhood fund					
Peer Support (2)	16,455	—	(16,455)	—	—
PH Vulnerable Persons	1,976	—	(1,976)	—	—
PH Care Home Support	12,168	—	(12,168)	—	—
Link worker service	38,481	110,984	(104,146)	—	45,319
PH Calderdale Cares for us	139,631	—	(104,966)	—	34,665
Crisis Adult Response	3,703	—	(3,703)	—	—
Health Inequalities	25,000	—	—	—	25,000
Community Health & Wellbeing	143,186	383,000	(336,136)	—	190,050
Daytime Safe Space	27,188	50,983	(57,486)	—	20,685
R&S CMBC					
Community Grant	3,000	—	(3,000)	—	—
CC4Us Healthy Minds Share	45,579	—	(45,579)	—	—
CFFC Household Support	190	2,000	(344)	—	1,846
Calderdale Cares					
Innovation Funding	—	33,103	(30)	—	33,073
RHS Nature in Mind	—	9,000	(8,628)	—	372
CMBC Time					
Out/Recovery College Stronger	—	12,763	(12,763)	—	—
Neighbourhoods - Roshani	—	24,753	(24,753)	—	—
CCG R&S (22-23)	—	40,000	(40,000)	—	—
Rethink	—	99,500	(99,500)	—	—
Community Wellbeing Services	—	750	—	—	750
WY ICB Involvement	—	4,584	(4,584)	—	—
Welfare Rights Lottery	—	9,997	(3,776)	—	6,221
Mayors Fund	—	4,508	(2,500)	—	2,008
Welfare Rights Fund	—	1,000	—	—	1,000
Like Minds Donation	—	—	—	—	—
Upper Valley Warm Hub	—	—	—	—	—
Find your Thing - Time Out	—	—	—	—	—
CFFC/ Halifax Minister - Forum	—	—	—	—	—
Service User Welfare Fund	—	—	—	—	—
Core funding balance	—	—	—	—	—
	<u>586,872</u>	<u>1,008,345</u>	<u>(1,192,536)</u>	<u>(343)</u>	<u>402,338</u>

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

22. ANALYSIS OF CHARITABLE FUNDS *(continued)*

- CMBC Welfare rights - For welfare rights and employment support.
 - CMBC Time Out/Recovery College - For children and young people's emotional wellbeing.
 - Stronger Neighbour Hoods – Roshani -Support groups for BME's.
 - CFFC - Flood relief Fund - To run support groups, drop in advice and information, along with education projects in schools, which are all in Todmorden.
 - Restricted donation - For the Forum project.
 - Co-operative Community Fund - For the Todmorden allotment and outdoor space.
 - CFFC - Hardship - For people suffering hardship.
 - Todmorden Community Fund - For recovery and support workshops.
 - Lloyds TSB - For salary costs.
 - Northpoint Wellbeing Ltd - Towards the Time Out project.
 - Peer Support - To deliver one to one peer support in crisis with the home based treatment team.
 - Maureen Brassington - Legacy fund to support children & young people's mental health.
 - Peer Support - Training for volunteers to be peer support workers.
 - PH Vulnerable persons - Support for vulnerable persons.
 - PH Care Home Support - Support for care homes staff and post lockdown anxiety.
 - Link worker service - One-to-one support to users that can be stuck in a crisis loop.
 - Calderdale Cares 4 Us - To support public sector in their Covid recovery.
 - Community Transformation - To provide a recovery and support service.
 - Crisis Adult Response - To safe space additional capacity.
 - Safespace A&E - Safe space extension to emergency department.
 - Health inequalities - Scope and analysis. Extent of health inequalities across all ages, including specific focus on suicide prevention.
 - Rethink (Spotlight Project) – Administration of grant funding for mental health inequality projects
-

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

22. ANALYSIS OF CHARITABLE FUNDS *(continued)*

- Emotional Health and Wellbeing – The community health and wellbeing team works across Calderdale offering support to households on their doorstep, by connecting people to what is available in their area.
- CC4Us Health Minds Share - To 15% management fee to recompense the management of CC4Us project to support public sector in their Covid recovery.
- Household Support fund - To support households on their doorstep. Calderdale Cares.
- Innovation funding – Like Minds Project.
- RHS Nature in Mind – regenerating the allotment
- Community Wellbeing Services – Healthy Minds’ workspace support scheme.
- WY ICB Involvement – Reimbursement of VCS strategic involvement.
- Lottery Community Fund – Welfare rights lottery.
- Mayors Fund – Digital animation project for young people.
- Welfare fund – Welfare rights fund.
- Service user Welfare Fund – Upper Valley Service User Welfare Fund
- CFFC Halifax Minster - Forum
- Find Your Thing – Selection of activities to support young people's wellbeing.
- Safespace ICB – Provision of crisis alternative services.
- Like Minds Donation – Private donation to support Healthy Minds.
- Peer Connect – To support the Like Minds Project.
- Beardeners – Support around welfare rights & hardship.
- Recovery & Support ICB – Recovery and Support grant – To provide recovery & support services.

CALDERDALE WELLBEING

COMPANY LIMITED BY GUARANTEE

NOTES TO THE FINANCIAL STATEMENTS *(continued)*

YEAR ENDED 31 MARCH 2024

23. ANALYSIS OF NET ASSETS BETWEEN FUNDS

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Current assets	150,395	615,183	765,578
Creditors less than 1 year	—	(106,796)	(106,796)
Net assets	<u>150,395</u>	<u>508,387</u>	<u>658,782</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2023 £
Current assets	132,229	475,669	607,898
Creditors less than 1 year	—	(73,330)	(73,330)
Net assets	<u>132,229</u>	<u>402,338</u>	<u>534,568</u>

24. ANALYSIS OF CHANGES IN NET DEBT

	1 Apr 2023 £	Cash flows £	31 Mar 2024 £
Cash at bank and in hand	<u>596,337</u>	<u>158,516</u>	<u>754,853</u>

25. OPERATING LEASE COMMITMENTS

The total future minimum lease payments under non-cancellable operating leases are as follows:

	2024 £	2023 £
Not later than 1 year	6,235	6,235
Later than 1 year and not later than 5 years	5,508	7,711
	<u>11,743</u>	<u>13,946</u>

26. RELATED PARTIES

There were no related party transactions during this year.