

REGISTERED COMPANY NUMBER: 07022458 (England and Wales)  
REGISTERED CHARITY NUMBER: 1132199

**Report of the Trustees and  
Financial Statements  
for the Year Ended 30 September 2024  
for  
CARE MERSEYSIDE**

SB&P  
Chartered Accountants  
Oriel House  
2-8 Oriel Road  
Bootle  
Liverpool  
Merseyside  
L20 7EP

# **CARE MERSEYSIDE**

## **Contents of the Financial Statements for the Year Ended 30 September 2024**

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## CARE MERSEYSIDE

### Report of the Trustees for the Year Ended 30 September 2024

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The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 30 September 2024. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

#### OBJECTIVES AND ACTIVITIES

The principal activity of the charity during the year was charitable purposes for the benefit of the public, living, working and studying in Merseyside. The charity's aim is to help improve the well being, health, education and care of people in Merseyside. We focus on important issues effecting social and medical care needs whilst promoting community adhesion.

We support projects and schemes that improve health, education and well-being. We also try to increase understanding of the health and education trends of our community. We give priority to projects which improve direct health care and education for the community and individuals.

#### ACHIEVEMENT AND PERFORMANCE

##### Funding Update 2024 - TO BE UPDATED

- West Knowsley PCN 3 SPLW 2 HC X £168,000 per annum ongoing.
- National Lottery 3 years including 4 PT Staff from Jan 2022 x £240,000
- Staff Over-time Contract Aston Healthcare 6 months £2,275 per month.
- Kirkby PCN 18.5 hr link-worker £1,591 per month ongoing.
- Winter wellness grant £5,000

(Martin Cummins oversees all finances month to month basis with Kim Finney)

#### Elemental Software

The license for our referral software Elemental SPx, which is currently embedded into EMIS Web for referrals is due to expire in March 2025. There is currently no commitment from the ICB to reinvest yet and we may have to find additional funds to keep this activated.

#### Events:- (Large Scale Community and Partnerships)

- 3 X Wellness Through Wildlife cohorts with Knowsley Safari Park
- 2 X Laugh for Life Comedy at Hot Water Comedy Club
- Premiere of Dramatic Recovery Movie directed by BAFTA Winner Jessica Hynes
- Hosted Two-day Partnership visit from Government of Jersey Mersey/Jersey Alliance
- 4 X RSPH Accredited Training on Health Awareness level 1 and Supporting Behaviour Change Level 2
- The Big Therapy Lunch Day at Tower Hill Ecotherapy garden - Reiki and other treatments offered to the community, choir performed.
- Carousel of classes on Creative Arts
- Carousel of classes on Trauma, anxiety, stress management, Sleep and Physical activity.
- Joined Partnership with One Knowsley Social Prescribing Day March 2024
- 2 x 6 weeks (about 1 and a half months) Introduction to holistic Therapies
- Online Pilates
- Careers Support Day with Activate

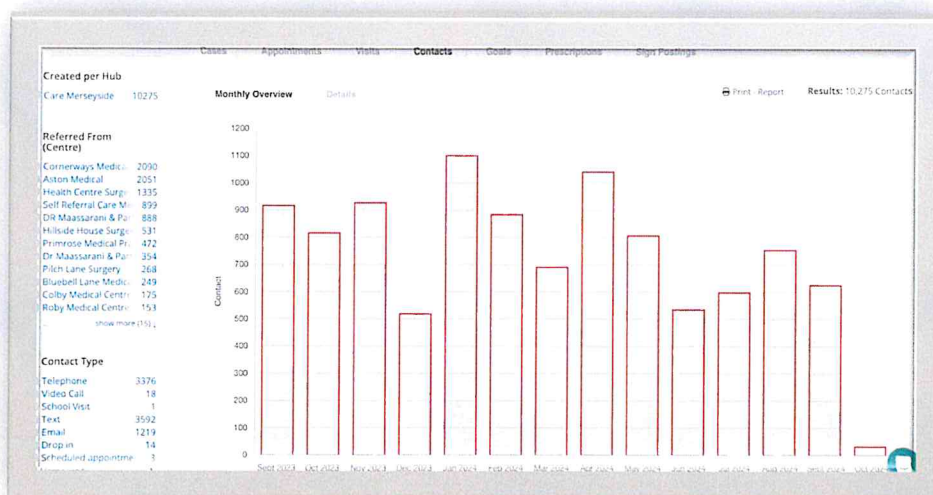
**Report of the Trustees  
for the Year Ended 30 September 2024****Premises**

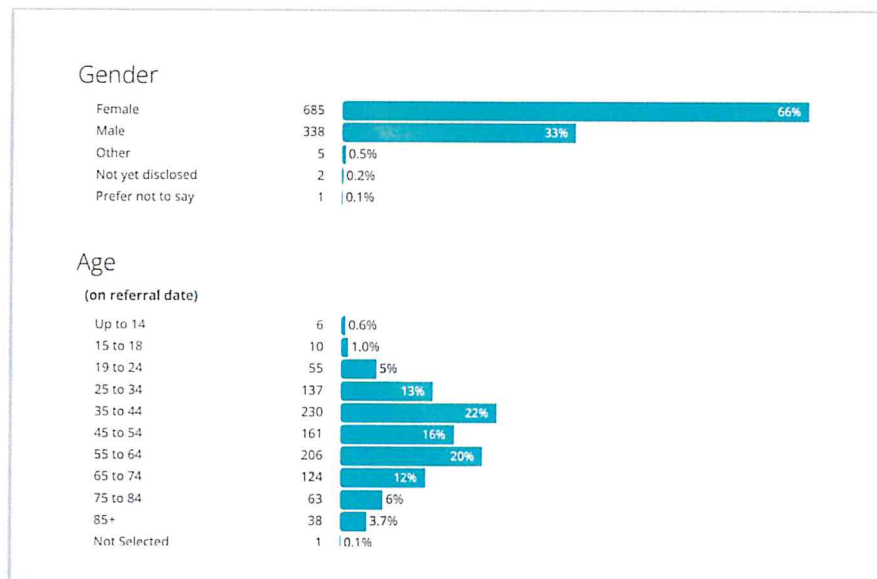
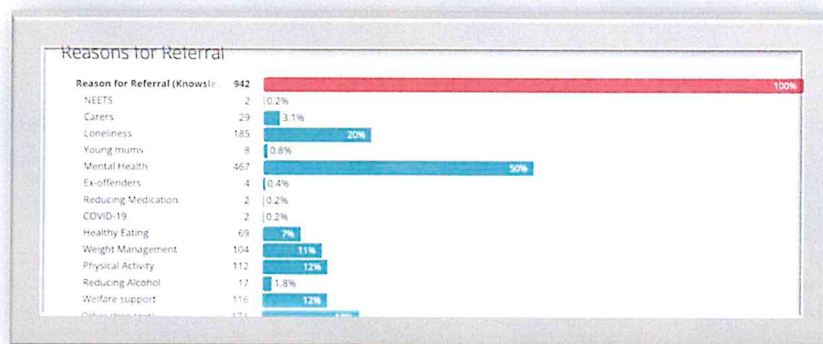
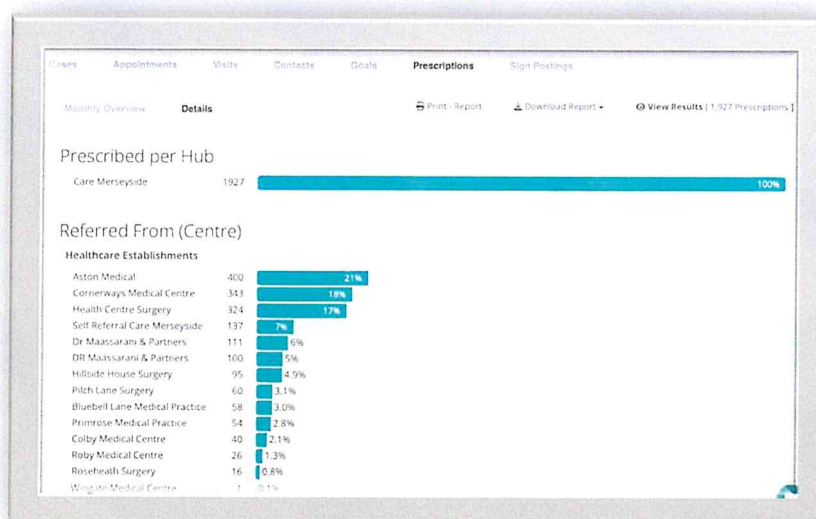
Our team have been based at The Ellis Centre Suites located within River Alt Resource Centre (Huyton) over the past year, which was offered to us by ICB on Oct 23. This has been a great space for our team and our patient population, and all courses open to the patient/client population at Ellis Centre Suites have been well attended and allow space for a stable delivery of social prescriptions. However, we have been advised that the lease for usage of Ellis Centre Suites expires in January 2025 and this space is now at risk for us. Should the lease not be renewed by KMBC, we may be asked to vacate the premises. We are now thinking about other potential options should we need to vacate and would appreciate any suggestions or ideas for future potential usage of space for our team & courses.

We also utilise community halls at Tower Hill Community Centre, New Hutte Halewood rented as satellites for other activities we deliver including chair-based exercises and choir.

**Client Progress/Referrals**

Total for the year 1034.

**Contacts Made by Staff to clients**

**Report of the Trustees  
for the Year Ended 30 September 2024****Demographics****Reason for Referral****Social Prescriptions**

### Interventions

Care Merseyside Staff are delivering in-house interventions and have been trained in the **MECC Making Every Contact Count Public Health Pathway in 'what matters to me.'** This includes the **Five Ways to Well Being Approach** incorporating: - Connectivity, Learning New Skills, Volunteering, Staying Active and be Mindful/Present.

All interventions are developed and delivered to incorporate these factors such as Yoga and Meditation sessions offered across West Knowsley and Kirkby.

Skills based courses and classes including Trauma Awareness, Stress and Anxiety Management and Creative Writing Groups. Dance, fitness and Walking Groups.

### Staff Development

Peer Buddy Support System -

Each team member now has a peer buddy - they have been encouraged to set aside time each week to get together and discuss anything work related - as a safe confidential space.

Personal Development reviews -

All team members completed a personal development review in September - to encourage self-reflection and feedback to identify areas of development. Formal reviews to be completed quarterly. Informal reviews as and when required.

Coaching Development meetings -

To review and improve current Health and Wellbeing Coaching Programmes - led by the coaches to reflect on coaching caseloads and content.

### Training

All Staff approved facilitators of RSPH Accredited Courses.

LUFT Cancer Training.

All Staff have access to MECC Training, online NHS Futures Training, Suicide Prevention Training. Lead Trainer Cathy Connolly -RSPH.

Beacon Counselling Trust - Gambling Support Training for all staff.

Age UK - Vitality Seated Exercise Training - 2 staff members now accredited.

Barclays Life Skills Training.

CPD for holistic Training Courses.

## **FINANCIAL REVIEW**

The main income transactions in the year were an increase in donations amounting to £4,970 (2023 - £1,892). Grants increased mainly from the allocation of the three year contract from the National Lottery amounting to £81,538 (2023- £78,078), and various other grants amounting to £15,993 (2023 - £12,500), Income from prescribing Creative events increased to £207,331 (2023 - £191,149).

The main expenditure costs in the year were an increase in Direct Wages and Sessional workers costs amounting to £246,699 (2023 - £219,800) mainly due to the increase in the provision of Social Prescribing services.

Total Unrestricted funds amounted to £nil a surplus of £5,563, and the surplus on restricted funds amounted to £33,094 giving an overall surplus for the year of £18,634 (2023 - surplus £4,770).

## **Reserves Policy**

The trustees have identified financial risk as a result of the many continuing changes to government funding policies, accordingly these uncertainties have been considered when setting the charity's reserves policy. The charity's circumstances will change over time and as such the reserves policy will be reviewed annually. The amount held in reserves is also monitored regularly.

## **General reserves**

The trustees have set a large range for free general reserves of between £10,000 and £20,000 excluding fixed assets and aim to retain working capital within that range. Net current assets at the balance sheet date amounted to £32,209 (2023 £12,974). This is outside the range set but it is hoped next year with additional funding from general donations and allocation of expenditure to other funds that net assets will be within the range set out above.

## **FUTURE PLANS**

The charity will continue to look for opportunities to increase the amount of services it delivers.

## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

The organisation is a charitable company limited by guarantee. The organisation was established under a Memorandum of Association and is governed by the Articles of Association. The organisation constitutes a limited company limited by guarantee as defined by the Companies Act 2006.

The original trustees Dr. F Maassarani & Mr. J. A. Howell were recruited by mutual consent when forming the charity to aid the communities needs. Dr. F. Maassarani a general medical practitioner and J.A. Howell a solicitor both identified their professions as skills required and founded the charity in 2009.

## **Appointment and Training of Trustees**

The trustees are continuing to look for new trustees and potential trustees will be appointed with the current consent of the existing trustees based on their appropriate skills. Suitable training for trustees will be provided as deemed appropriate to the existing skills of the trustee.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

**Registered Company number**  
07022458 (England and Wales)

**Registered Charity number**  
1132199

**Registered office**  
Oriel House  
2-8 Oriel Road  
Bootle  
Merseyside  
L20 7EP

**CARE MERSEYSIDE**

**Report of the Trustees  
for the Year Ended 30 September 2024**

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**Trustees**

Dr F Maassarani General Medical Practitioner  
J A Howell Solicitor (resigned 12.11.24)  
L Panter (appointed 12.11.24)  
A O'Prey (appointed 12.11.24)

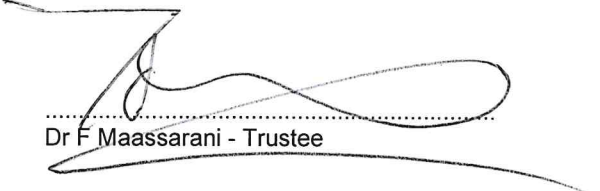
**Company Secretary**

Dr F Maassarani

**Independent Examiner**

Suzanne Draper FCCA ACA  
SB&P  
Chartered Accountants  
Oriel House  
2-8 Oriel Road  
Bootle  
Liverpool  
Merseyside  
L20 7EP

Approved by order of the board of trustees on 11.04.25 and signed on its behalf by:



Dr F Maassarani - Trustee



**Independent examiner's report to the trustees of CARE MERSEYSIDE ('the Company')**

I report to the charity trustees on my examination of the accounts of the Company for the year ended 30 September 2024.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under Section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under Section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

Since your charity's gross income exceeded £250,000 your examiner must be a member of a listed body. I can confirm that I am qualified to undertake the examination because I am a member of the Institute of Chartered Accountants in England and Wales, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by Section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of Section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Suzanne Draper FCCA ACA

SB&P  
Chartered Accountants  
Oriol House  
2-8 Oriol Road  
Bootle  
Liverpool  
Merseyside  
L20 7EP

Date: 14/4/25

CARE MERSEYSIDE

Statement of Financial Activities  
(Incorporating an Income and Expenditure Account)  
for the Year Ended 30 September 2024

	Notes	Unrestricted funds £	Restricted funds £	30.9.24 Total funds £	30.9.23 Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	1,910	100,591	102,501	92,470
<b>Charitable activities</b>					
General		-	207,331	207,331	191,149
<b>Total</b>		<u>1,910</u>	<u>307,922</u>	<u>309,832</u>	<u>283,619</u>
<b>EXPENDITURE ON</b>					
Raising funds		-	-	-	-
<b>Charitable activities</b>					
General		19,661	271,537	291,198	278,849
<b>Total</b>		<u>19,661</u>	<u>271,537</u>	<u>291,198</u>	<u>278,849</u>
<b>NET INCOME/(EXPENDITURE)</b>					
Transfers between funds	10	(17,751) 23,313	36,385 (23,313)	18,634 -	4,770 -
<b>Net movement in funds</b>		5,562	13,072	18,634	4,770
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		(5,563)	20,023	14,460	9,690
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>(1)</u>	<u>33,095</u>	<u>33,094</u>	<u>14,460</u>

The notes form part of these financial statements

# CARE MERSEYSIDE

## Balance Sheet 30 September 2024

	Notes	Unrestricted funds £	Restricted funds £	30.9.24 Total funds £	30.9.23 Total funds £
<b>FIXED ASSETS</b>					
Tangible assets	7	-	885	885	1,486
<b>CURRENT ASSETS</b>					
Debtors	8	-	6,123	6,123	10,083
Cash at bank		-	34,618	34,618	17,244
		-	40,741	40,741	27,327
<b>CREDITORS</b>					
Amounts falling due within one year	9	-	(8,532)	(8,532)	(14,353)
<b>NET CURRENT ASSETS</b>		-	32,209	32,209	12,974
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		-	33,094	33,094	14,460
<b>NET ASSETS</b>		-	33,094	33,094	14,460
<b>FUNDS</b>	10				
Unrestricted funds				-	(5,563)
Restricted funds				33,094	20,023
<b>TOTAL FUNDS</b>				33,094	14,460

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 September 2024.

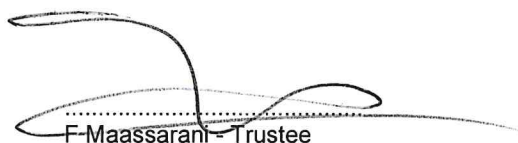
The members have not required the company to obtain an audit of its financial statements for the year ended 30 September 2024 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 11.04.25 and were signed on its behalf by:

  
F-Maassaran - Trustee

The notes form part of these financial statements

**1. ACCOUNTING POLICIES****Basis of preparing the financial statements**

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

**Taxation**

The charity is exempt from corporation tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	30.9.24	30.9.23
	£	£
Donations	4,970	1,892
Grants	97,531	90,578
	<u>102,501</u>	<u>92,470</u>

**2. DONATIONS AND LEGACIES - continued**

Grants received, included in the above, are as follows:

	30.9.24	30.9.23
	£	£
National Lottery	81,538	78,078
Knowsley Neighbourhood Community	-	12,500
Winter Wellness Fund	5,100	-
Kirkby MBC	10,000	-
Enterprise Credit Fund	893	-
	<u>97,531</u>	<u>90,578</u>

**3. NET INCOME/(EXPENDITURE)**

Net income/(expenditure) is stated after charging/(crediting):

	30.9.24	30.9.23
	£	£
Depreciation - owned assets	<u>601</u>	<u>1,486</u>

**4. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 30 September 2024 nor for the year ended 30 September 2023.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 30 September 2024 nor for the year ended 30 September 2023.

**5. STAFF COSTS**

	30.9.24	30.9.23
	£	£
Wages and salaries	222,016	199,514
Social security costs	18,589	15,175
Other pension costs	<u>6,094</u>	<u>5,110</u>
	<u>246,699</u>	<u>219,799</u>

The average monthly number of employees during the year was as follows:

	30.9.24	30.9.23
	<u>10</u>	<u>10</u>
Staff		

No employees received emoluments in excess of £60,000.

**6. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted funds £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	1,896	90,574	92,470
<b>Charitable activities</b>			
General	-	191,149	191,149
<b>Total</b>	<u>1,896</u>	<u>281,723</u>	<u>283,619</u>
<b>EXPENDITURE ON</b>			
Raising funds	-	-	-
<b>Charitable activities</b>			
General	<u>2,512</u>	<u>276,337</u>	<u>278,849</u>
<b>Total</b>	<u>2,512</u>	<u>276,337</u>	<u>278,849</u>
<b>NET INCOME/(EXPENDITURE)</b>	(616)	5,386	4,770
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	(4,947)	14,637	9,690
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>(5,563)</u>	<u>20,023</u>	<u>14,460</u>

**7. TANGIBLE FIXED ASSETS**

	Computer equipment £
<b>COST</b>	
At 1 October 2023 and 30 September 2024	<u>6,304</u>
<b>DEPRECIATION</b>	
At 1 October 2023	4,818
Charge for year	<u>601</u>
At 30 September 2024	<u>5,419</u>
<b>NET BOOK VALUE</b>	
At 30 September 2024	<u>885</u>
At 30 September 2023	<u>1,486</u>

CARE MERSEYSIDE

Notes to the Financial Statements - continued  
for the Year Ended 30 September 2024

8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.24	30.9.23
	£	£
Trade debtors	4,773	2,275
Other debtors	-	6,186
Prepayments and accrued income	1,350	1,622
	<u>6,123</u>	<u>10,083</u>

9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	30.9.24	30.9.23
	£	£
Trade creditors	444	723
Social security and other taxes	4,397	4,692
Pension	1,202	1,136
Other creditors	-	6,186
Accrued expenses	2,489	1,616
	<u>8,532</u>	<u>14,353</u>

10. MOVEMENT IN FUNDS

	At 1.10.23 £	Net movement in funds £	Transfers between funds £	At 30.9.24 £
<b>Unrestricted funds</b>				
General fund	(5,563)	(17,750)	23,313	-
<b>Restricted funds</b>				
Knowsley Neighbourhood Community Fund	6,224	(6,224)	-	-
Adyen Motorcycle Ambulance	300	-	(300)	-
Suez Grant	1,487	(602)	-	885
Hospital Saturday Fund	308	-	(308)	-
West Knowsley PCN	8,606	16,955	(20,838)	4,723
Cost of Living Fund- Knowsley MBC	716	(716)	-	-
Cancer Prevention Fund- One Knowsley	2,334	(1,280)	-	1,054
Lottery 2023 Fund- National Lottery	48	9,470	(1,867)	7,651
Winter Wellness Fund	-	1,932	-	1,932
Moorfields	-	140	-	140
KMBC Stronger Communities	-	4,102	-	4,102
Kirkby PCN	-	12,214	-	12,214
Enterprise Credit Fund	-	393	-	393
	<u>20,023</u>	<u>36,384</u>	<u>(23,313)</u>	<u>33,094</u>
<b>TOTAL FUNDS</b>	<u>14,460</u>	<u>18,634</u>	<u>-</u>	<u>33,094</u>

**10. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,910	(19,660)	(17,750)
<b>Restricted funds</b>			
Knowsley Neighbourhood Community Fund	-	(6,224)	(6,224)
Suez Grant	(1)	(601)	(602)
West Knowsley PCN	188,239	(171,284)	16,955
Cost of Living Fund- Knowsley MBC	-	(716)	(716)
Cancer Prevention Fund- One Knowsley	-	(1,280)	(1,280)
Lottery 2023 Fund- National Lottery	81,539	(72,069)	9,470
Winter Wellness Fund	5,100	(3,168)	1,932
Moorfields	3,060	(2,920)	140
KMBC Stronger Communities	10,000	(5,898)	4,102
Kirkby PCN	19,092	(6,878)	12,214
Enterprise Credit Fund	893	(500)	393
	<u>307,922</u>	<u>(271,538)</u>	<u>36,384</u>
<b>TOTAL FUNDS</b>	<u>309,832</u>	<u>(291,198)</u>	<u>18,634</u>

**Comparatives for movement in funds**

	At 1.10.22 £	Net movement in funds £	At 30.9.23 £
<b>Unrestricted funds</b>			
General fund	(4,947)	(616)	(5,563)
<b>Restricted funds</b>			
Community Fund - National Lottery funding	1,259	(1,259)	-
Steve Morgan Foundation	900	(900)	-
Knowsley Neighbourhood Community Fund	4,634	1,590	6,224
Adyen Motorcycle Ambulance	300	-	300
Suez Grant	3,878	(2,391)	1,487
Hospital Saturday Fund	888	(580)	308
West Knowsley PCN	2,778	5,828	8,606
Cost of Living Fund- Knowsley MBC	-	716	716
Cancer Prevention Fund- One Knowsley	-	2,334	2,334
Lottery 2023 Fund- National Lottery	-	48	48
	<u>14,637</u>	<u>5,386</u>	<u>20,023</u>
<b>TOTAL FUNDS</b>	<u>9,690</u>	<u>4,770</u>	<u>14,460</u>



**10. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	1,896	(2,512)	(616)
<b>Restricted funds</b>			
Community Fund - National Lottery funding	15,863	(17,122)	(1,259)
Steve Morgan Foundation	-	(900)	(900)
Knowsley Neighbourhood Community Fund	9,546	(7,956)	1,590
Suez Grant	-	(2,391)	(2,391)
Hospital Saturday Fund	-	(580)	(580)
West Knowsley PCN	181,602	(175,774)	5,828
Cost of Living Fund- Knowsley MBC	3,500	(2,784)	716
Cancer Prevention Fund- One Knowsley	9,000	(6,666)	2,334
Lottery 2023 Fund- National Lottery	62,212	(62,164)	48
	<u>281,723</u>	<u>(276,337)</u>	<u>5,386</u>
<b>TOTAL FUNDS</b>	<u>283,619</u>	<u>(278,849)</u>	<u>4,770</u>

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 30th September 2023.

**12. RESTRICTED FUNDS****Knowsley Neighbourhood Community**

This fund is to provide funding to cover general running costs of the charity.

**Community Fund National Lottery**

This fund represents a three year rolling contract from the National Lottery to provide funding towards wages costs, Sessional workers fees and overheads in connection with Social Prescribing. Social Prescribing is a community based approach to health and wellbeing.

**Adyen Motorcycle Ambulance Fund**

This fund is to provide towards the costs of a Motorcycle Ambulance service overseas.

**Covid-19 Emergency Fund**

This fund was to provide for additional support towards the costs of Sessional workers costs as a result of the Covid-19 pandemic.

**Suez Grant**

This fund was to provide Sessional fees associated with Social Prescribing activities and IT equipment.

**Hospital Saturday Fund**

This fund is to provide funding towards a gardening project.

**West Knowsley PCN**

This fund is to provide funding to cover staff salaries for social prescribing.

**Kirkby PCN**

This fund is to provide funding to cover staff salaries for social prescribing.

**12. RESTRICTED FUNDS - continued**

**Enterprise Credit Fund**

A donation received from Friends of Enterprise Credit Union lottery prize winnings.

**KMBC - Stronger Communities**

This fund is to provide funding towards the costs of sessional fees.

**Winter Wellness Fund**

To enable community and voluntary sector organisations to help people to keep warm through the winter by addressing fuel poverty and the cost of living, as well as addressing social isolation and loneliness

**Cancer Prevention Fund - One Knowsley**

A grant received to contribute towards health and well-being training modules, sessional coach and venue hire for wellbeing classes.

**Moorfields**

A donation received to contribute towards core activities of Care Merseyside.

**13. TRANSFERS**

During the year £23,313 was transferred from restricted funds to General Fund to cover core costs agreed in the terms of the fund documents. The amount represents a recharge for general running costs and professional fees.