



The Women & Families
RESOURCE CENTRE
INSPIRE . EMPOWER . MOTIVATE . ACHIEVE

Annual Report & Financial Statements

31st March 2023

WELCOME!

We are pleased to present our annual report for 2022/23.
It has been a busy year!

Contents

1. Organisation Details.....	3
2. Who We Are.....	4
3. Statement of Public Benefit.....	6
4. Trustees Annual Report.....	7
5. Our Impact in Numbers.....	8
6. Highlights of the Year.....	9
7. Befriending & Counselling Service Report.....	11
8. Wolverhampton Baby Bank Report.....	13
9. Youth Activities Report.....	15
10. Corporate Volunteering.....	16
11. Future Plans.....	17
12. Finances.....	18
13. Thank You & Acknowledgements.....	28

CHARITY INFORMATION

REGISTERED CHARITY ADDRESS:

The Women & Families Resource Centre
39-41 School Street, Wolverhampton, WV1 4LR

BANKERS

Bank Name: Virgin Money, 67 Queen Street, Wolverhampton, WV1 3BY
Account Name: THE WOMEN & FAMILIES RESOURCE CENTRE
Account No: 10411669 Sort Code: 82-11-07
IBAN: GB04CLYD82110710411669 BIC: CLYDGB21943

CHARITY CONTACT DETAILS

Email: info@wfrc.uk.com Website: www.wfrc.uk.com
Telephone: 01902 219 229 / 07534873732

SOCIAL MEDIA

Facebook: <https://www.facebook.com/Thewomenandfamiliesresourcecentre>
Twitter: twitter.com/wfrc_

OUR TRUSTEES

Reference and administrative details of the charity, its trustees and advisors. The trustees during the financial year and up to and including the date the report was approved were:

Name

JUDITH NGUEBI NTAMARK
CHRISTINE GWENDA
GOUNDO KOITA
TAZI ANYINGANG
KARINE NGWE TONZOCK
HELEN ITANJE

Position

Chair
Vice Chair
General Secretary
Treasurer
Financial Secretary
Engagement Officer

WHO WE ARE

We are a place dedicated to serving the needs of disadvantaged and vulnerable women by providing free services within a culturally sensitive, non-judgmental and confidential framework. We facilitate the integration of women into the community whilst empowering them to reach and achieve their full potential.



OUR VISION

A diverse, tolerant and inclusive society where each woman, child, and family is empowered to fulfil their full potential regardless of their background, to reach their goals and dreams as equal and contributing members of their community.

OUR MISSION HAS BEEN UPDATED TO

To be the leading organization in Wolverhampton which engages with vulnerable or disadvantaged women, children & families, advocating, supporting and empowering them to overcome barriers and vulnerabilities, relating to their mental & physical health & wellbeing.

We will continue to develop & deliver specialist & evidence-based intervention services that improve the quality of life for women & children.

Our strengths-based approach empowers women & families to build resilience by looking within to discover their own strengths, identify their own needs & utilize the resources available to make their own choices & create their own solutions.

Our Services



Befriending & Counselling Services



Domestic Violence Support



Women Support Groups



Children & Young People's Activities



Baby Bank



Volunteering & Work Placement Opportunities



Charity Shop



The Women & Families
RESOURCE CENTRE
INSPIRE · EMPOWER · MOTIVATE · ACHIEVE



THE CHARITY'S MAIN ACTIVITIES

We offer a range of services for women & families in Wolverhampton which include:

- Intensive Support Services for women with multiple disadvantages and complex needs such as: Poverty, Domestic & Sexual Abuse, Social Isolation & Early Mental health Issues.
- Befriending, Domestic Violence & Counselling Support Service: Early intervention support for women experiencing crises & difficulties.
- Women Support Groups & Events: Women Chat groups, Workshops & Awareness Raising Events.
- BAME Women's Support: Personalized & Culturally- Sensitive Support Services.
- Children & Young People's Activities: Youth Holiday Activities & Mental Health & Wellbeing Services
- Wolverhampton Baby Bank Service: Essential items & equipment for children aged 0 to 3.
- Volunteering & Work Placement Opportunities.
- A Charity Shop.

Structure, governance and management

The charity is governed by the Board of trustees, working closely with the Executive Director and senior management team. The trustees have formed dedicated sub committees to address both finance and HR responsibilities. This structure provides the opportunity to share and utilise trustees' strengths. The finance committee meet 6 times a year to over-see the financial management of the centre, to ensure probity and security, to identify sources of funding to sustain and develop the organisation's charitable purpose and to support the Executive Director in securing these funds. The HR subgroup meet 6 times a year to support the Executive Director in oversight of staff management and development. Both groups form consensus and report to the whole board for ratification.

Statement Of Public Benefit

Trustees of a charity have a duty to report in their Annual Report on their charity's public benefit. The Trustees of The WFRC have considered the requirements which are explained on the Charity Commission website.

The sections of this report entitled "WFRC's Mission" onward set out WFRC's objectives and reports on the activities and successes in the year to 31 March 2023 as well as explaining the plans for the current financial year.

The Trustees have considered this matter and concluded that:

- The aims of the organisation continue to be charitable
- The aims and the work done give identifiable benefits to the charitable sector and both indirectly and directly to individuals in need
- The benefits are for the public, are not unreasonably restricted in any way and certainly not by ability to pay
- There is no detriment or harm arising from the aims or activities

TRUSTEES REPORT

Looking back over the previous year we are proud to have continued offering vital services for women and families. As Chair of the Board, I am proud that we have worked closely with the Executive director to focus on the wellbeing and development of our staff and volunteer teams. We remained mindful of the importance of recreating the connectivity lost when staff teams and volunteers were dispersed and working in virtual isolation during the Covid-19 pandemic.



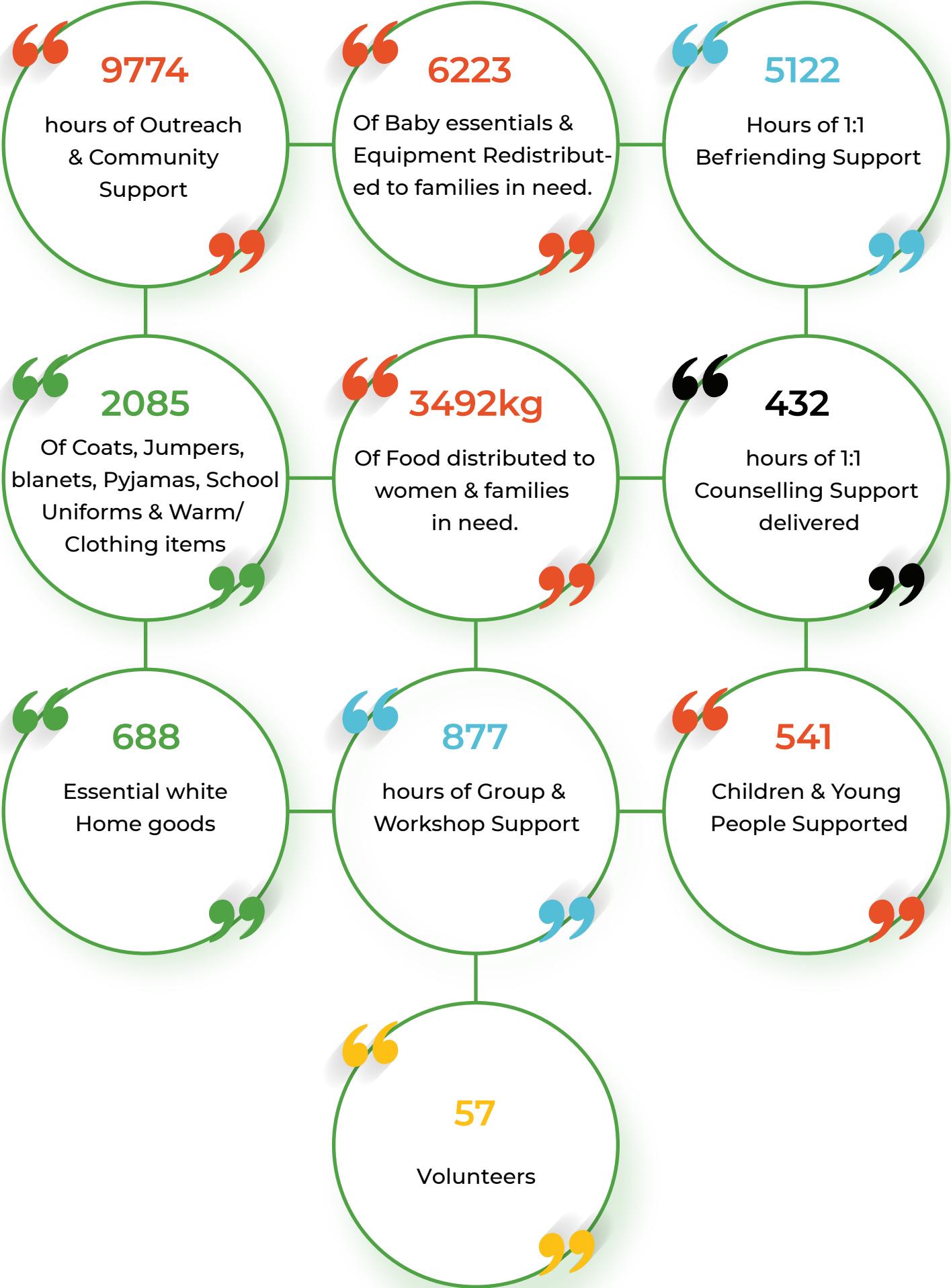
Over the past 12 months, our work has once again been shaped by the ongoing impact of the global pandemic. We have achieved a great deal but we know there are many more who still need our help. Sadly, the proportion of women and families living in poverty and deprivation in Wolverhampton is too high.

Our workforce has demonstrated their continued resilience and adaptability by going above and beyond to ensure our children, young people, and families continue to receive high-quality services.

In Wolverhampton and surrounding areas, our service offerings remain strong, and we are committed to continuous improvement. By partnering with various organisations within the city, we have worked tirelessly to support our most vulnerable women and families to ensure they remain safe and supported.

As we continue to adapt to the new normal, our impact report clearly demonstrates the significant achievements we have made and we are confident that we will continue to provide women and families with the support and services they need in the coming year and beyond.

OUR IMPACT IN NUMBERS



HIGHLIGHTS OF THE YEAR!

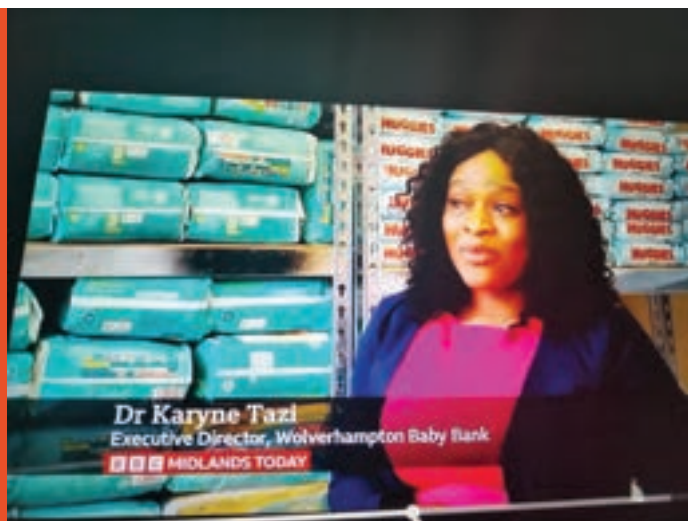


The Queen's Platinum Jubilee

We had lots of fun in the park to celebrate the Queen's Jubilee! The event featured an open mic, fun games, a "Bake for the Queen" cake competition, best jams, royal arts and crafts, a bouncy castle, a free picnic, lunch, music, a Zumba party in the park, "Dance for the Queen", a photo booth, and lots of prizes and giveaways.

Wolverhampton Baby Bank on the News!

Guess who made it to the news! Our baby bank gained a lot of interest this year after our report & appeal on BBC midlands today! The lovely community of Wolverhampton came to our rescue & donated lots of baby essentials to relieve the unbearable financial pressures that many families were experiencing in Wolverhampton due to the rising costs of living.



Community Baby Shower

On Saturday, 25th March 2023, Wolverhampton residents came together to celebrate the arrival of new babies and provide support to families in need with the city's first-ever Community Baby Shower.

The event was open to all expecting parents and families with babies up to 1 year old in the Wolverhampton area with the aim of creating a supportive and welcoming environment for new parents and their babies.



The Community Baby Shower helped parents created connections and build relationships within the community.



Meeting With Minister for Social Mobility

Wolverhampton Baby Bank had the honour of being invited to meet with the Minister for Social Mobility, Youth and Progression, Mims Davies MP. We had the opportunity to discuss our work and how it impacts the people of Wolverhampton and explored the Government's exciting plans to help us navigate our way out of the current household crises.



Annual Community Christmas Party

Our annual Community Christmas Party has always been a highlight for our young children and families. Thanks to Wolves FC Foundation, HAF, Paycare, Giving World, and other community donors, we had an awesome party.



The party was well attended, with more than enough gifts to go around. A big thank you to our wonderful Santa, Tawfik, a member of the Handsworth Lion's Club, who patiently stayed all night to give out gifts to a long queue of excited and anxiously waiting children.

The children danced, played games, and enjoyed lovely food and drinks. There was a real sense of community spirit.

HOW WE HELPED

'Sisters with Heart' Befriending, Domestic Violence & Counselling Service

This year, 5,122 hours of essential home visits were made by our volunteer befrienders to support women and families in their own home



Our counsellors also continued to provide free one-on-one counselling and psychotherapy support for women experiencing trauma and mental health difficulties.

Most women have described this support as a vital lifeline, reporting the positive impact on their mental health, such as feeling empowered and becoming better equipped to cope with life's challenges.

'A space for me, uncritical and accepting, to find out where I am, what is happening inside me, and to look at it objectively. I remain forever grateful I was able to have these sessions for free at a time when I was barely struggling to keep my head above water.'

Service User

74% have histories of domestic violence, rape and sexual abuse

80% of women have experienced depression or mental health difficulties

Unfortunately, too many women are being forced to stay in dangerous situations because they fear they cannot survive financially on their own. Our annual service user survey found that more than three-quarters (78%) of women living with a their abuser said that the cost-of-living crisis had either prevented them from leaving or made it harder for them to leave.

This fear is intensified by the increased risk of homelessness, food insecurity, and loss of custody of their children that can result from economic instability. The cost-of-living crisis is putting more women at risk of harm, destitution, or even death.

'The most difficult part has been not to give up. To keep going even though sometimes I felt like I could have managed the expected abuse much more than the poverty, uncertainty, and homelessness I was experiencing since leaving. I felt guilty for taking my kids from a comfortable 3-bedroom house into a hostel where they experienced bullying and dealt with drug addicts when they got home from school. But Sophie's support kept me going and now I'm so happy that we waited for better.'(Service User)

Women's report after receiving services

We monitor the reasons for referrals and collect qualitative feedback after services to ensure that we are helping those who need us most and responding appropriately.

Participants' Report on Managing Mental Health:

87% of service users achieved improvement in this area of the Outcome Star.

93% reported an improvement in their ability to cope with day-to-day life.

91% developed or used coping strategies

80% reported enhanced confidence

77% reported reduced mental distress

35% reported decreased reliance on mental health services

'I'm being kinder to myself, accepting my flaws and all.

Also, I'm more open to talking about things rather than shutting down.' Service User

52% of families are
refugee or migrant
families.

66% are lone parents

WINTER WARMTH SUPPORT



Thanks to Wolverhampton City Council through the Household Support Fund, In Kind Direct, and Giving World online, we provided FREE winter coats, pyjamas, hooded blankets, duvets, and more to help children & families stay warm throughout the winter.

This support was not means-tested, as so many families are still struggling due to the continuously rising household costs. We provided food and warm winter items.

A total of 373 families received food items, blankets, duvets, jumpers, onesies, washing powder, heating bills, cots, washing machines, micro-waves, kettles, school uniforms, stationery, diapers, breast pumps, baby milk, food and baby essentials for many destitute service users, including those with no recourse to public funds.

The Household Support Fund was a huge relief for families, resulting in reduced mental stress and anxiety for all individuals, families and households. We believe that being able to complement our emotional support work with material support has helped us to support service users holistically.

“ 98% of the women and families live in poverty deprivation or destitution.

“ 71% of families are isolated, lacking family or friendship connection.

69% felt less isolated

76% felt improved health and wellbeing

76% felt more confident and supported

80% felt more confident living independently

72% felt less anxious

72% kept physically active

79% rated the service as excellent & 16% rated it as good

WOLVERHAMPTON BABY BANK REPORT

During the financial period from 1st April 2022 to 31st March 2023, we redistributed over 6,223 baby essentials and equipment to over 486 families in need across Wolverhampton. This represents a 65% increase in demand from the previous year.



As families navigate the challenges of parent-ing a new baby, our assistance brings hope and builds parents' confidence in caring for their little ones.

Our goal is to reduce the struggle and worry faced by Wolverhampton families in providing basic and necessary essentials for their children.

Demand for baby bank services has been greater than ever due to the cost-of-living crisis, which has drastically increased child poverty.

Unfortunately, most new mums are experiencing huge financial burdens caused by the pandemic and rising cost of living. Many low-income families continue to be hit the hardest, living in extreme poverty and struggling to feed, clothe, and care for their children during this period. This puts a significant strain on their mental health and wellbeing.

As demand for the service grows, it is clear that we need to find larger premises and increase our team of staff and volunteers. This will enable us to extend our reach even further and support many more families. By assisting families during what can be one of the most challenging times in a parent's life, we're working to build a strong community for the future.



TESTIMONIAL FROM THOSE WE SERVE

We don't serve to be thanked, of course, but these heart-warming notes remind us that serving in this way remains a profound and glorious privilege. (Please note that the names below have been changed to protect privacy.)



'As a mother of four, including a six-month-old child, returning to work after pregnancy proved challenging, particularly with the added financial strain of providing for my child. The baby bank was a lifesaver, providing much-needed nappies, milk and other items for my son to take to daycare. The rising cost of nappies and baby food can be overwhelming. I am truly grateful for their service, which took one more worry off my plate so that I could go back to work.'

SERVICE USER'S STORY

Sandra was referred by her health visitor, Abbie, after fleeing domestic violence and moving to the hostel with her 2-month-old baby.

"Being in the hostel was better than being completely homeless, but when I arrived there with Lily for the first time, I just burst into tears. It was so bare and unwelcoming. There was nothing to show that there was a new baby staying there. It made me feel so sad and isolated. I wanted to give her the basic things that every baby should have, like a new baby grow or a soft toy, but I simply couldn't afford it."

However, Sandra says that all changed when just a few days later she received a bundle of baby essentials from the baby bank.

"Abbie, my health visitor, contacted the baby bank and told them about my situation. Their response was more than I could ever have dreamt of. I was completely overwhelmed by how much was given to me, and I felt incredibly lucky."

Sandra received a cot bed, a pram, a shelving unit, a bouncy chair, a play gym and a bath set, along with bedding and clothing ranging in age from 3-6 months.

"I truly couldn't believe my eyes. Not only had I been given everything I could possibly need, but it was also all in perfect condition."

YOUTH ACTIVITIES REPORT



Our holiday, activity, and food programme was a great success, with an estimated 482 children and young people taking part.

We provided a range of fun activities and food to children and young people aged 5 to 16 years who were eligible for free school meals during the Easter, summer, and Christmas holidays.

'The activities have made a huge difference to Daniel in his self-belief and worth. They really helped him become more confident and understanding. We, as a family, are very grateful for the turnaround in his life.'

Youth Resilience & Mental Wellbeing

'Happiness can be found, even in the darkest of times, if one only remembers to turn on the light.'

This year, we worked with 42 vulnerable and disadvantaged young girls, particularly, asylum refugee seekers aged 12-18 years, but not exclusively, who were experiencing or at risk of mental, emotional, psychological, or behavioural challenges in the Wolverhampton area.



These young people were predominantly from black or minority ethnic backgrounds with key vulnerability factors such as living in poverty, experiencing domestic violence, attending CAHMS, being refugees and/or receiving school or social services support.

"I didn't want to bother my parents because they were going through enough problems of their own. I didn't want to add on the burden. I was scared that my dad would leave us if he found out that I was depressed and cutting myself. I did my best to hide myself in my room whenever he was home." (Young person)



- We delivered a series of interactive sessions, workshops and activities for young people aged 12-18 years. Workshops were delivered by an experienced facilitator and four youth work volunteers.

- Sessions were based on or centred around the six domains of resilience, teen outcome stars, and the wheel of wellbeing and prioritized issues that young people felt were important to them, such as confidence building, bullying, school life, peer pressure, depression, self-harm, bereavement, self-image and the role of social media on mental health.

- We increased participants' understanding of mental health issues/problems and their impacts and challenged their thought processes using CBT methods. "The Project has been an absolute godsend to my children attending, where they can just be themselves and have a great time in a safe environment. My eldest has become a young intern at the organisation which is a great way of teaching her and giving her the opportunity to smile whilst putting a smile on the face of others." (Parent)

CORPORATE VOLUNTEERS



We love it when teams of corporate volunteers come and help out at Wolverhampton Baby Bank.

This year, we welcomed the lovely people from Mace Ltd. They came with bags of brilliant donations and also helped with sorting donations.



Challenges Faced

Social deprivation coupled with pronounced common mental health problems, increased stress and family difficulties are almost universal for our clients now. The added complexity of trauma is sadly prevalent throughout, as a result of the pandemic, health complications, complex bereavement and onset or worsening of abusive relationships.

As the pressure increases on us to deliver more support, recruitment is becoming increasingly difficult, and we have struggled immensely to fill vital roles or retain staff. Attracting and retaining skilled and committed staff is vital for us to keep serving our community. However, the lack of sustainable funding makes recruitment particularly difficult, and we have to continuously rely on volunteers to reach the number of service users in need of our support. A combination of sustained increased demand, reduced capacity and resources due to rising prices, and the complexity of the workload is putting so much strain on both organisations and staff. Waiting time for our services has been longer than we would want, with obvious implications for women & families waiting for support. The surge in referrals has meant that there is more work to do than ever before, but our volunteers take it in their stride, tackling every task with their customary enthusiasm, passion and dedication.

This year, we reviewed every aspect of our volunteering approach and came up with improvements in how we recruit, retain, and recognise our fantastic volunteer workforce. To tackle this issue, we increased the hours of our volunteer coordinator and also obtained a charity worker sponsorship licence. This has helped us increase our volunteer numbers, enabling us to continue maximising our impact and meet the urgent need within our local community. We have continued to ensure a balance of staff and volunteer well-being, client need and our commitment to running safe and effective services.

FUTURE PLANS

Looking further ahead, the funding landscape for the public sector remains challenging. Achieving financial sustainability while continuing to deliver high-quality services to our community is a central objective in our business plan, which will guide our work over the coming year. Based on the progress we have made in 2022-23, we are confident about the future of the charity.

Priorities for the future

Our priorities for the near future are to consolidate financially and practically as an organization. We are committed to continuing to build our infrastructure, with further development of our Operations team, investment in our service provision and management capacity. We will remain committed to running safe, effective, and efficient services that are so clearly needed.

We will prioritise securing our increased capacity and we have implemented a RESET strategy which will allow us to focus on wellbeing and recovery from the increased pressures on our organisation and workforce in the last two years.

The Board of Trustees are focusing on developing our new Strategic Plan for 2023-2025 and we will work in close consultation with the Executive director, staff and volunteers to ultimately hear and represent the voices of the women & families we exist to support.

FINANCES

Strengthening Income

Building financial resilience, a cornerstone of our survival, will remain a priority, including expanding the ways in which income is generated.' Our new charity shop is helping to increase much vital unrestricted income for the organisation in these challenging times and our fundraising team is continually seeking opportunities to increase our stability and sustainability by increasing our income.

Reserves Policy

It is the policy of the charity that unrestricted funds that have not been designated for a specific use should be maintained at a level equivalent to between three and six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

This reserves policy is reviewed by the trustees annually.

Reviewing Expenditure

To increase our available resources, reviewing our expenditure has now become an ongoing process. This includes constantly and thoroughly renegotiating core contracts with suppliers, switching to cheaper providers, or exploring the in-kind support that may relieve a key expense.

The Trustees ensure that the management of risk and evaluation of outcomes are ongoing and embedded in management and operational procedures.

STATEMENT OF TRUSTEES RESPONSIBILITIES

The Trustees are responsible for preparing the annual report and the financial statements with applicable laws and regulations.

The Charity law requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable organisation and of the income resources and application of resources, including the income and expenditure of the charitable organisation for that period. In preparing these financial statements the Trustees are required to:

- ✓ Select suitable accounting policies and then apply them consistently.
- ✓ Observe the methods and principles in the Charities SORP.
- ✓ Make judgements and estimated that are reasonable and prudent.
- ✓ Prepare the financial statements on the on-going concern unless it is appropriate to presume that the charitable organisation will continue in operation.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of charitable organisation and enable them to ensure that the financial statements comply with the Charitable Act 2011 and the charity (Accounts and Reports) Regulations 2011.

The Trustees are also responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

REFERENCE AND ADMINISTRATIVE DETAILS

Reference and Administrative details are shown on page one of the Financial Statements

TREASURER'S REPORT

We declare that this Financial Account for the period from 1 April 2022 to 31 March 2023 is prepared on a receipts and payment basis and contains an assets and liabilities statement prepared from the books, vouchers, information we have accumulated over the period. This is in compliance with the Charities Act 2011.

These accounts have been externally examined by



Cahinia & Co.

Accountants

Bank House

6 Hockley Hill

Birmingham

B18 5AA



16 October 2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE WOMEN & FAMILIES RESOURCE CENTRE

I report to the charity trustees on my examination of the accounts of the Charity for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Cahinia & Co Accountancy
Bank House, 6 Hockley Hill
Birmingham, B18 5AA
16 October 2023



STATEMENT OF FINANCIAL ACTIVITIES

31.03.2023

INCOME

2023

2022

	Unrestricted	Restricted Funds	Total	
	£	£	£	£
Grants (*2a)	12,000.00	43,575.00	55,575.00	60,352.00
Donations & Events	1,448.20	2,200.00	3,648.20	1,289.22
Charity Shop	11,228.69	0.00	11,228.69	4,219.32
Contracts	6,000.00	22,400.00	28,400.00	26,787.00
Total Income	30,676.89	68,175.00	98,851.89	92,647.554

Expenditure

Wages	1,675.20	30,764.80	32,440.00	30,042.00
Rents & Overhead	7,403.80	2,225.00	9,628.80	8,213.52
Office Supplies	1,520.00	650.00	2,170.00	5,526.39
Supplies for Service Users	1,734.00	2,586.00	4,320.00	0.00
Youth Activities	2,959.00	10,069.00	13,028.00	10,087.99
Volunteer Expenses	3,708.20	5,560.00	9,268.20	10,953.71
Employee Training	1,686.00	500.00	2,186.00	3,247.00
PR & Marketing	665.60	349.46	1,015.06	1,806.66
Outreach & Befriending*3	4,882.30	9,656.60	14,538.90	14,270.00
Groups, Events & Workshops	1,608.47	350.00	1,958.47	3,049.80
Total	27,842.57	62,710.86	90,553.43	87,197.07

Surplus/ deficit	2,834.32	5,464.14	8,298.46	5,450.47
-------------------------	-----------------	-----------------	-----------------	-----------------

STATEMENT OF ASSETS & LIABILITIES AT 31 MARCH 2023

Fixed Tangible Assets	Equipment	Total
	£	£
Asset cost, valuation or revalued amount	2023	2023
At 1 April 2022	31,776.00	31,776.00
Additions	5,320.00	5,320.00
At 31 March 2023	37,096.00	37,096.00
Accumulated depreciation and impairment provisions		
At 1 April 2022	25,186.0	25,186.0
Charge for the year	2,520.00	2,520.00
At 31 March 2023	27,706.00	27,706.00
Net book value		31,776.00
At 31 March 2023	9,390.0	9,390.00
At 31 March 2022	6,590.00	6,590.00

Current Assets

	2023	2022
	£	£
Cash in Hand	1,150.00	1,200.00
Cash at Bank	45,098.46	3,762.00
Total Current Assets	46,248.46	40,962.00

Current liabilities:

Deferred Income	6,120.00	2,288.00
Accounts Payable	3,840.00	1,430.00
Other Debts & Prepayments	583.00	0.00
Total Current Liabilities	10,543.00	3,718.00

Net Current Assets	35,705.46	37,244.00
Net Assets	45,095.46	43,834.00

Reconciliation & Analysis of Income

Total Unrestricted Resources	30,676.89	26,420.54
Total Restricted Resources	68,175.00	66,227.00
Total Incoming Resources	98,851.89	92,647.5

Total Expenditure	90,553.43	87,197.07
--------------------------	------------------	------------------

Balance at 31 March 2023	8,298.46	5,450.47
--------------------------	----------	----------

Balance brought forward	37,950.00	32,500.00
-------------------------	-----------	-----------

Balance carried forward	46,248.46	37,950.00
-------------------------	-----------	-----------

Notes to the accounts

for the year ended 31 March 2023

1. Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

There has been no change to the accounting policies since last year. No changes have been made to the accounts for previous years.

2. Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

3. Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

a) Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the funds & resources. Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Grants have been received from many charitable trusts and foundations listed at the acknowledgement section of this report. These have been key sources of funding for the charity. Restricted and unrestricted funds are always welcomed by the Women & Families Resource Centre.

b) Charity Shop & trading activities

Income from charitable activities includes primary purpose trading, income earned both from the supply of goods or services under contractual arrangements or grant agreements, which have conditions that specify the provision of particular goods or services to be provided and undertaken for the charitable purposes of the charity. Donated assets, facilities or services are valued at their estimated value to the charity. This is the price that the charity estimates it would pay in the open market for equivalent items; or services and facilities of equivalent utility to the charity.

c) Contracts & Service Level Agreements

We are an active partner of the WV10 Consortium within Wolverhampton and are very grateful for the local contracts received through this Consortium as well as the Winter Household Support Fund and the Holiday Activities Fund from Wolverhampton City Council.

4. Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty. All expenditure is accounted for on an accruals basis. All expenses including support costs and governance costs are allocated or apportioned to the applicable expenditure headings.

a) Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

b) Tangible fixed assets & Depreciation

Tangible fixed assets costing more than £1,000 are capitalized and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight-line basis over their expected useful economic lives as follows:

Fixtures and equipment: over 3 years

Leasehold improvements: over 3 years

c) Liabilities

Creditors, deferrals and provisions are liabilities where we have a present obligation to a third party that we shall normally pay by cash. Provisions are measured or estimated as reliably as possible.

Where performance-related conditions are specified in a grant, the income will only be recognised to the extent that the charity has provided the facility or service. Any income received in advance of the conditions being met are deferred and shown under creditors.

Debtors are recognised at the settlement recoverable amount due. Prepayments are valued at the amount prepaid.

d) Cash at bank and in hand

Cash at bank and in hand includes is held to meet short-term cash commitments as they fall due rather than for investment purposes and may include short-term deposits.

5. Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Designated funds are unrestricted funds earmarked by the trustees for particular purposes.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

6. Leases

Rents under operating leases are charged on a straight line basis over the lease term or to an earlier date if the lease can be determined without financial penalty.

7. Trustee remuneration and benefits

No trustee received any expenses during this year or the previous year.

8. Key management personnel

The key management personnel of the charity include the board of trustees and the Executive Director.

No trustee received any remuneration or benefit in this capacity during this or the previous year.

9. Other Information

The Women & Families Resource Centre is a registered charity and incorporated in England. Its registered office is:

39-41 School Street, Wolverhampton, WV1 4LR

Thank You & Acknowledgments!

Our work is only made possible because of the support of people like you! Collaboration and partnership working are instrumental to our success as an organisation. We would like to say a big Thank You to:

- All our staff, volunteers, service users, and partners.
- Everyone who made a financial donation during the year.
- Everyone who donated gifts in kind, including preloved and new items like toiletries and mattresses.
- Everyone who has donated via our Amazon Wishlist.

The Women & Families Resource Centre would like to take this opportunity to express its sincere thanks to all our past previous & current funders and supporters especially those cited below (who funded us through the period of April 2022 – March 2023) for your continuous support:

The Imagine Foundation	The Alex Ferry Foundation
The WV10 Consortium	The Persula Foundation
Wolverhampton City Council	Baron Davenport's Charity
The Marsh Christian Charitable Foundation	The Saintbury Trust
Wolverhampton Wanderers Foundation	William A Cadbury Charitable Trust
The Charles Hayward Foundation	The Albert Hunt Trust
Souter Charitable Trust	29th May 1961 Charitable Trust
Roger & Douglas Turner Charitable Trust	The Grimmitt Trust
The Rowlands Trust	The CB & HH Taylor 1984 Trust
The Pat Newman Memorial Trust	Giving World Online
CAATS Services Ltd	WFRC STAFF & VOLUNTEERS

Thank you for helping us make a huge difference in the lives of women and families in Wolverhampton and the surrounding areas. We are excited and look forward to creating even more positive impacts over the coming year.

This Document Was Approved By The Trustees On

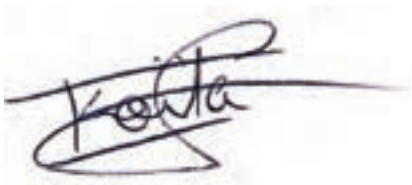
Friday, 24th November 2023

And Signed On Their Behalf:



.....

JUDITH NGUEBI NTAMARK
CHAIR



.....

GOUNDO KOITA
FINANCE



The **Women & Families**
RESOURCE CENTRE
INSPIRE . EMPOWER . MOTIVATE . ACHIEVE



www.wfrc.uk.com



info@wfrc.uk.com



01902 219 229

Charity Number 1131817