ENHANCE THE UK

England & Wales · Charity number 1131749

Details

Status	Registered
Legal form	Charitable company
Company number	06932260
Registered	2009-09-22
Register	View on the Charity Commission register

Contact

Address	171 Narbeth Drive Aylesbury HP20 1PZ
Phone	07930289162
Email	info@enhancetheuk.org
Website	www.enhancetheuk.org

Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY PREVENTING DISABLED PEOPLE FROM BECOMING SOCIALLY EXCLUDED, RELIEVING THE NEEDS OF THOSE DISABLED PEOPLE WHO ARE SOCIALLY EXCLUDED AND ASSISTING THEM TO INTEGRATE INTO SOCIETY BY THE PROVISION OF EDUCATION, INFORMATION, TRAINING, SUPPORT AND ADVICE. FOR THE PURPOSE OF THIS CLAUSE SOCIALLY EXCLUDED MEANS BEING EXCLUDED FROM SOCIETY, OR PARTS OF SOCIETY, AS A RESULT OF ONE OR MORE OF THE FOLLOWING FACTORS: UNEMPLOYMENT; FINANCIAL HARDSHIP; YOUTH OR OLD AGE; ILL HEALTH (PHYSICAL OR MENTAL); SUBSTANCE ABUSE ORDEPENDENCY INCLUDING ALCOHOL AND DRUGS; DISCRIMINATION ON THE GROUNDS OF SEX, RACE,DISABILITY, ETHNIC ORIGIN, RELIGION, BELIEF, CREED, SEXUAL ORIENTATION OR GENDER RE-ASSIGNMENT;POOR EDUCATIONAL OR SKILLS ATTAINMENT; RELATIONSHIP AND FAMILY BREAKDOWN; POOR HOUSING(THAT IS HOUSING THAT DOES NOT MEET BASIC HABITABLE STANDARDS; CRIME (EITHER AS A VICTIM OFCRIME OR AS AN OFFENDER REHABILITATING INTO SOCIETY).

Activities: Campaigning to change public perceptions of what disabled people can do; connecting people with life-enhancing opportunities and useful products and services; and educating businesses and public institutions in disability awareness.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, Disability
- **Who:** People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL
- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£211,498	£221,224	-	-
2024-03-31	£176,668	£206,687	-	-
2023-03-31	£181,127	£151,290	-	-
2022-03-31	£147,492	£137,133	-	-
2021-03-31	£95,234	£99,527	-	-

Trustees

Name	Role	Appointed
DR PAUL RODGERS	Chair	2013-05-08
ANDREW TROLLOPE		2013-05-08
Carley Barry Owen		2022-12-19
Jignesh Vaidya		2020-01-28
Katherine Louise Sellors		2025-03-27
jodie Bowles		2021-08-26

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ENHANCE THE UK

England & Wales - Charity number 1131749

Accounts

Enhance The Uk

Charity No. 1131749

Company No. 06932260

Trustees' Report and Unaudited Accounts

31 March 2025

Enhance The Uk
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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2025.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 06932260

Charity No. 1131749

Principal Office

171 Narbeth Drive
Aylesbury
Bucks
HP20 1PZ

Registered Office

171 Narbeth Drive
Aylesbury
Buckinghamshire
HP20 1PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

C. Owen
P.F. Rodgers
K. Sellors
A.M. Trollope
J. Vaidya

Company Secretary

J. Bowles

Key Management Personnel

Chair	Frank Rodgers
Chief Executive Officer	Ms Jennie Williams
Secretary	Ms Jodie Bowles

Accountants

Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).
The Trustees of Enhance the UK have pleasure in presenting their annual report which has been prepared in line with the Charities Act 2011, together with the accounts for the year from 1st April 2024 to 31st March 2025. The Trustees confirm that the Annual Report and Financial Statements comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

This report has been published in accordance with Charities SORP (FRS 102)

Who we are and What we do.

1. Enhance the UK is a charity registered in England and Wales (registered charity number 1131749) and exists to promote social inclusion for the public benefit by:

a. Preventing disabled people from becoming socially excluded
b. Relieving the needs of those disabled people who are socially excluded
c. Assisting disabled people to integrate into society by the provision of education, information, training, support and advice.

2. For the purpose of the clause 1, 'socially excluded' means being excluded from society or parts of society as a result of one or more of the following factors

a. Unemployment
b. Financial hardship
c. Youth or older age
d. Ill health (mentally or physically)
e. Substance abuse or dependency, including alcohol & drugs
f. Discrimination on the grounds of
i. Sex
ii. Race
iii. Disability
iv. Ethnic Origin
v. Religion
vi. Belief
vii. Creed
viii. Sexual orientation or gender reassignment
ix. Poor education or skills attainment
x. Relationship and family breakdown
xi. Poor housing (that does not meet basic habitable standards)

xii. Crime (either as a victim or offender rehabilitating into society)

3. The principle activity of Enhance the UK is to provide expert education, training and support for a range of audiences. This is achieved by

a. Promoting social inclusion and social opportunities

b. Promoting partnerships which are sympathetic and beneficial to Enhance the UK's aims and objectives

c. Provide and facilitate avenues for information, support and advice on disability matters to disable people, their families, carers and friends

4. Enhance the UK aims to develop and maintain a reputation as a disability led organisation.

5. Public benefit is achieved in three ways

a. Breaking down social barriers faced by people with sensory and physical impairments by challenging the attitudes, perceptions and expectations of society as a whole

b. Promoting independent lifestyles from disabled people with sensory or physical impairments

c. Campaigning that disabled people with sensory or physical impairments have the same rights to access as the rest of society

What We have Achieved

Undressing Disability Campaign

We have continued to tackle issues related to, and raise awareness of, the importance of sexual health and sexual expression for disabled people through our Undressing Disability campaign. Highlights include:

Delivering Individual Support via the Love Lounge

Our Love Lounge is a unique and vital service offering free, confidential support to disabled and neurodivergent people across the UK. It provides a safe, non-judgmental space where individuals can ask the questions they've always wanted to about relationships, intimacy, and connection.

This year, we:

- Expanded both the number and range of our expert advisors.
- Continued to offer free one-to-one "surgeries" providing personalised support around sex and dating.
- Offered email-based responses for those who preferred written communication, ensuring accessibility and inclusivity for all.

The Love Lounge on Tour

This year, we took the Love Lounge on tour, reaching and supporting more people across the UK. The tour allowed us to engage directly with diverse audiences and foster vital conversations about sex, relationships, and disability. Highlights included:

• The UAL Big Queer Bus Tour – visiting London university campuses to speak with students about sex and disability.
• Live Q&A on Disability and Sexuality as part of 100 Days of Sex Education with Delvy.
• Shambala Festival Workshop – Navigating Sexual Consent, Neurodiversity, and Disability, an inclusive, interactive space for learning and dialogue.
• Guest Speaking at the BrittleBone UK Youth VOICE event.

Through these events, we extended the reach of the Love Lounge, challenged stigma, and promoted inclusion around disability and sexuality.

Other Key Events

- Online Love Lounge: Dating and Disability - a safe space for discussion and connection.
- Mingle All the Way - our festive Christmas social event celebrating inclusivity.
- "Ask the Experts" joint event with the Menopause Consortium - providing practical guidance and insight.
- Sex and Disability Panel at the Vagina Museum - raising awareness and challenging misconceptions.

Disability and Sexual Expression Training

We deliver tailored training for organisations, including universities and care providers, to ensure staff understand the importance of sexual expression and the rights of service users. Participants learn to communicate sensitively and empathetically, maintain professionalism and safety, and support service users within legal and ethical frameworks. The training also highlights where to access further resources and support.

Sharing Blog Posts

Our blogs raise awareness, educate, and engage supporters while amplifying the voices of people with lived experience. Recent topics include:
• Consent, love, and sex act terminology
• Sex and pleasure for disabled women in Nigeria – interview with Ejiro Sharon Okotie
• Pride Month: sexuality, disability, and finding balance – Laura Drummond's story
• How to attend a sex-positive party
• Disability Pride Month and its importance
• Exploring anal sex safely
• Insights from Sam Renke, Dee Smith, Ayman Eckford, Alix Zander, and Simon Smalley
• Censorship and social media discussions

Spreading the Word

We actively educate and raise awareness about sexual expression, intimacy, and disability through social media, podcasts, and collaborations. Highlights include:

- Featured in the Institute of Psychosexual Medicine journal
- Guest on various podcasts including:

-The Mattr Dating Podcast
- Mona Kay's 'Neurodiverse Love'
- We are the People:
- I'm disabled, so what?
- Simon Minty's 'The Way We Roll'
- Chandos Green - 'Spicy by design'

Supporting Organisations to Become More Accessible

Training

Provided disability, neurodiversity and deaf awareness training to organisations including: George Elliot Hospital Trust, Quakers in Britain, ICAEW, Holiday Extras, Essex County Council, The Brain Charity, British Academy, and many more

Webinars

Delivered webinars on topics such as hidden impairments, deaf awareness, neurodiversity, and the social model of disability for clients including Birmingham Women's and Children's Hospital, Global Aero, EMCOR, and many others.

BSL Courses

Offered BSL training to over 150 adults and workshops for children and young people at The Festival of the Girl and Epping Forest District Youth Council.

E-learning and Digital Resource

Created modules for the Royal Voluntary Service to enhance accessibility of their services.

Accessibility Audits

Conducted an in-depth accessibility audit of the London Academy of Music and Dramatic Arts premises.

BSL Translations

Provided document translations for TransPennine Express

Neurodiversity Podcasts

Developed a series of podcasts for Northern Trains

Free Accessibility Resources

Released free guidance on:

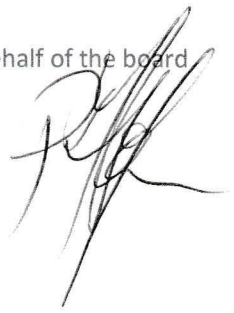
- Supporting employees with cancer
- Reasonable adjustments for Deaf and hard-of-hearing people
- Choosing accessible venues
- Accessible communications

Blogs on Accessibility and Inclusion

Topics include:

- Tips on attending festivals as a disabled person.
- How to book a BSL interpreter
- Myth busting cancer in the workplace
- Inclusion matters: How DEI scale back affects us all and what we can do about it
- Top tips on inclusive language
- How to make your social media accessible
- Tech that may be useful as a deaf person

Signed on behalf of the board



P.F. Rodgers

Trustee
28 November 2025

Independent Examiner's Report to the trustees of Enhance The Uk

I report to the charity trustees on my examination of the financial statements of Enhance The Uk for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

David Carter Chartered Institute of Management
Accountants
Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR
28 November 2025

Enhance The Uk

Statement of Financial Activities

for the year ended 31 March 2025

	Notes	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:				
Donations and legacies	4	1,703	1,703	5,511
Charitable activities	5	209,795	209,795	171,157
Total		211,498	211,498	176,668
Expenditure on:				
Raising funds	6	53,882	53,882	40,296
Charitable activities	7	164,261	164,261	163,140
Other	8	3,081	3,081	3,251
Total		221,224	221,224	206,687
Net gains on investments		-	-	-
Net expenditure	9	(9,726)	(9,726)	(30,019)
Transfers between funds		-	-	-
Net expenditure before other gains/(losses)		(9,726)	(9,726)	(30,019)
Other gains and losses				
Net movement in funds		(9,726)	(9,726)	(30,019)
Reconciliation of funds:				
Total funds brought forward		70,746	70,746	100,765
Total funds carried forward		61,020	61,020	70,746

Enhance The Uk

Summary Income and Expenditure Account

for the year ended 31 March 2025

	2025 £	2024 £
Income	211,498	176,668
Gross income for the year	211,498	176,668
Expenditure	220,567	206,089
Depreciation and charges for impairment of fixed assets	657	598
Total expenditure for the year	221,224	206,687
Net expenditure before tax for the year	(9,726)	(30,019)
Net expenditure for the year	(9,726)	(30,019)

Enhance The Uk
Balance Sheet

at 31 March 2025

Company No. 06932260	**Notes**	**2025**	**2024**
		£	**£**
Fixed assets			
Tangible assets	11	2,303	1,860
		2,303	1,860
Current assets			
Debtors	12	2,273	1,787
Cash at bank and in hand		64,020	74,164
		66,293	75,951
Creditors: Amount falling due within one year	13	(7,576)	(7,065)
Net current assets		58,717	68,886
Total assets less current liabilities		61,020	70,746
Net assets excluding pension asset or liability		61,020	70,746
Total net assets		61,020	70,746
The funds of the charity			
Restricted funds	14		
Unrestricted funds	14		
General funds		61,020	70,746
		61,020	70,746
Reserves	14		
Total funds		61,020	70,746

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 31 March 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 28 November 2025

And signed on its behalf by:

P.F. Rodgers
Trustee
28 November 2025

Enhance The Uk
Statement of Cash flows
for the year ended 31 March 2025

	2025 £	2024 £
Cash flows from operating activities		
Net expenditure per Statement of Financial Activities	(9,726)	(30,019)
Adjustments for:		
Depreciation of property, plant and equipment	657	598
Increase in trade and other receivables	(486)	(1,247)
Increase in trade and other payables	511	3,587
Net cash used in operating activities	(9,044)	(27,081)
Cash flows from investing activities		
Payments for property, plant and equipment	(1,100)	-
Net cash used in investing activities	(1,100)	-
Net cash from financing activities	-	-
Net decrease in cash and cash equivalents	(10,144)	(27,081)
Cash and cash equivalents at the beginning of the year	74,164	101,246
Cash and cash equivalents at the end of the year	64,020	74,165
Components of cash and cash equivalents		
Cash and bank balances	64,020	74,164
	64,020	74,164

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fittings	15% Straight line basis
Office equipment	25% Reducing balance basis
Website development	% Written off over 3 years

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.
Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.
All exchange differences are are taken into account in arriving at net income/expenditure.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2024	Total funds 2024
	£	£
Income and endowments from:		
Donations and legacies	5,511	5,511
Charitable activities	171,157	171,157
Total	176,668	176,668
Expenditure on:		
Raising funds	40,296	40,296
Charitable activities	163,140	163,140
Other	3,251	3,251
Total	206,687	206,687
Net income	(30,019)	(30,019)
Net income before other gains/(losses)	(30,019)	(30,019)
Other gains and losses:		
Net movement in funds	(30,019)	(30,019)
Reconciliation of funds:		
Total funds brought forward	100,765	100,765
Total funds carried forward	70,746	70,746

4 Income from donations and legacies

	Unrestricted	Total 2025	Total 2024
	£	£	£
Marketing	1,703	1,703	5,511
	1,703	1,703	5,511

5 Income from charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Training	195,174	195,174	155,958
Speaking and consultancy	14,621	14,621	15,180
Grants/Audits	-	-	19
	209,795	209,795	171,157

6 Expenditure on raising funds

	Unrestricted	Total 2025	Total 2024
	£	£	£
Costs of generating voluntary income			
Marketing	1,254	1,254	306
Wages and salaries	52,628	52,628	39,958
Office costs	-	-	32
	53,882	53,882	40,296

7 Expenditure on charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
Expenditure on charitable activities			
Training	2,517	2,517	2,357
Fundraising	8,458	8,458	11,848
Website	411	411	1,040
Grants made	2,679	2,679	1,429
Governance costs			
Wages and salaries	20,771	20,771	15,800
Pensions	3,674	3,674	2,666
Accounting	900	900	825
Subscriptions	3,394	3,394	1,171
	42,804	42,804	37,136

8 Other expenditure

	Unrestricted	Total 2025	Total 2024
	£	£	£
Bank charges	86	86	39
Insurance	889	889	475
Office expenses	846	846	1,832
Employee costs	233	233	246
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	657	657	598
General administrative costs	-	-	26
Legal and professional costs	370	370	35
	3,081	3,081	3,251

9 Net expenditure before transfers

	2025	2024
This is stated after charging:	£	£
Depreciation of owned fixed assets	657	598

10 Staff costs

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2025 Number	2024 Number
	2	2
	2	2

11 Tangible fixed assets

	Fixtures and Fittings	Office equipment	Website development	Total
	£	£	£	£
Cost or revaluation				
At 1 April 2024	689	6,976	-	7,665
Additions	-	1,100	-	1,100
At 31 March 2025	689	8,076	-	8,765
Depreciation and impairment				
At 1 April 2024	547	5,258	-	5,805
Depreciation charge for the year	21	636	-	657
At 31 March 2025	568	5,894	-	6,462
Net book values				
At 31 March 2025	121	2,182	-	2,303
At 31 March 2024	142	1,718	-	1,860

12 Debtors

	2025	2024
	£	£
Trade debtors	500	500
Prepayments and accrued income	1,773	1,287
	2,273	1,787

13 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Other taxes and social security	3,105	3,075
Other creditors	3,571	3,090
Accruals	900	900
	7,576	7,065

14 Movement in funds

	At 1 April 2024	Incoming resources (including other gains/losses)	Resources expended	At 31 March 2025
		£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	70,746	211,498	(221,224)	61,020
Total funds	70,746	211,498	(221,224)	61,020

15 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	2,303	2,303
Net current assets	58,717	58,717
	61,020	61,020

16 Reconciliation of net debt

	At 1 April 2024	Cash flows	At 31 March 2025
	£	£	£
Cash and cash equivalents	74,164	(10,144)	64,020
	74,164	(10,144)	64,020
Net debt	74,164	(10,144)	64,020

17 **Related party disclosures**

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Enhance The Uk
Detailed Statement of Financial Activities
for the year ended 31 March 2025

	Unrestricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:			
Donations and legacies			
Marketing	1,703	1,703	5,511
	1,703	1,703	5,511
Charitable activities			
Training	195,174	195,174	155,958
Speaking and consultancy	14,621	14,621	15,180
Grants/Audits	-	-	19
	209,795	209,795	171,157
Total income and endowments	211,498	211,498	176,668
Expenditure on:			
Costs of generating donations and legacies			
Marketing	1,254	1,254	306
Wages and salaries	52,628	52,628	39,958
Office costs	-	-	32
	53,882	53,882	40,296
Total of expenditure on raising funds	53,882	53,882	40,296
Charitable activities			
Training	2,517	2,517	2,357
Fundraising	8,458	8,458	11,848
Website	411	411	1,040
Subscriptions	2,679	2,679	1,429
Admin support	50,370	50,370	60,815
Salaries	57,206	57,206	44,360
Travel and subsistence	11,515	11,515	16,713
Office costs	2,366	2,366	3,436
Sundry			680
	135,522	135,522	142,678
Governance costs			
Wages and salaries	20,771	20,771	15,800
Pensions	3,674	3,674	2,666
Accounting	900	900	825
Subscriptions	3,394	3,394	1,171
	28,739	28,739	20,462
Total of expenditure on charitable activities	164,261	164,261	163,140
Other expenditure			

Bank charges	86	86	39
Insurance	889	889	475
Office expenses	846	846	1,832
	1,821	1,821	2,346
Employee costs			
Staff training	233	233	246
	233	233	246
General administrative costs, including depreciation and amortisation			
Depreciation of Fixtures and Fittings	21	21	25
Depreciation of Office equipment	636	636	573
Depreciation of Website development	-	-	-
Sundry expenses	-	-	26
	657	657	624
Legal and professional costs			
Other legal and professional costs	370	370	35
	370	370	35
Total of expenditure of other costs	3,081	3,081	3,251
Total expenditure	221,224	221,224	206,687
Net gains on investments	-	-	-
Net expenditure	(9,726)	(9,726)	(30,019)
Net expenditure before other gains/(losses)	(9,726)	(9,726)	(30,019)
Other Gains	-	-	-
Net movement in funds	(9,726)	(9,726)	(30,019)
Reconciliation of funds:			
Total funds brought forward	70,746	70,746	100,765
Total funds carried forward	61,020	61,020	70,746

ENHANCE THE UK

England & Wales - Charity number 1131749

Accounts

Enhance The Uk

Charity No. 1131749

Company No. 06932260

Trustees' Report and Unaudited Accounts

31 March 2024

Enhance The Uk
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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2024.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 06932260

Charity No. 1131749

Principal Office

171 Narbeth Drive
Aylesbury
Bucks
HP20 1PZ

Registered Office

171 Narbeth Drive
Aylesbury
Buckinghamshire
HP20 1PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

C. Owen
P.F. Rodgers
A.M. Trollope
J. Vaidya

Company Secretary

J. Bowles

Key Management Personnel

Chair	Frank Rodgers
Chief Executive Officer	Ms Jennie Williams
Secretary	Ms Jodie Bowles

Accountants

Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR

A larger charity must provide an explanation of its aims, including details of the issues it seeks to tackle and the changes or differences it seeks to make through its activities...

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

The Trustees of Enhance the UK have pleasure in presenting their annual report which has been prepared in line with the Charities Act 2011, together with the accounts for the year from 1st April 2023 to 31st March 2024. The Trustees confirm that the Annual Report and Financial Statements comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

This report has been published in accordance with Charities SORP (FRS 102).

Who we are and What we do.
1. Enhance the UK is a charity registered in England and Wales (registered charity number 1131749) and exists to promote social inclusion for the public benefit by
a. Preventing disabled people from becoming socially excluded
b. Relieving the needs of those disabled people who are socially excluded
c. Assisting disabled people to integrate into society by the provision of education, information, training, support and advice.

2. For the purpose of the clause 1, 'socially excluded' means being excluded from society or parts of society as a result of one or more of the following factors

a. Unemployment
b. Financial hardship
c. Youth or older age
d. Ill health (mentally or physically)
e. Substance abuse or dependency, including alcohol & drugs
f. Discrimination on the grounds of
i. Sex
ii. Race
iii. Disability
iv. Ethnic origin
v. Religion
vi. Belief
vii. Creed
viii. Sexual orientation or gender reassignment
ix. Poor education or skills attainment
x. Relationship and family breakdown
xi. Poor housing (that does not meet basic habitable standards)
xii. Crime (either as a victim or offender rehabilitating into society)

3.The principle activity of Enhance the UK is to provide expert education, training and support for a range of audiences. This is achieved by

a.Promoting social inclusion and social opportunities
b.Promoting partnerships which are sympathetic and beneficial to Enhance the UK's aims and objectives.
c.Provide and facilitate avenues for information, support and advice on disability matters to disabled people, their families, carers and friends.

4.Enhance the UK aims to develop and maintain a reputation as a disability led organisation.

5.Public benefit is achieved in three ways

a.Breaking down social barriers faced by people with sensory and physical impairments by challenging the attitudes, perceptions and expectations of society as a whole
b.Promoting independent lifestyles from disabled people with sensory or physical impairments
c.Campaigning that disabled people with sensory or physical impairments have the same rights to access as the rest of society

What we have achieved

We have supported organisations to make their services and provisions more accessible by:

1. Continuing to provide disability awareness training to a range of organisations such as:

a. Northern Rail
b. The National Transport Design Centre
c. Manchester City FC
d. C Hoare & Co Private Bank
e. Lincoln Cathedral
f. Rock Choir
g. London Transport Museum
h. Electricity North East
i. Ceredigion county council
j. Canongate books
k. The Royal Opera House
l. National Federation of Women's Institute

2.Delivered webinars on a range of topics such as hidden impairments, deaf awareness, neurodiversity and the social model of disability to a variety of organisations to raise staff awareness. Clients included:

a.RenaissanceRE
b.Itau BBA International
c.Uniper Energy
d.Butternut Box
e.ID Nuclear
f.The British Academy
g.Oxford University Law Faculty
h.Milliman UK
i.London Academy of Music and Dramatic Art
j.6 Point 6
k.4Most Europe
l.Tokio Marine Kiln

3. Run deaf awareness courses to a wide range of organisations from different sectors including legal, health, housing, education and hospitality. This enabled them to make their services more accessible to D/deaf people. Examples of our clients included:
a. Bradford Science & Media Museum
b. New Forest District Council
c. Prime Life Care Homes
d. Tokio Marine Kiln
e. UnLtd – The Foundation for Social entrepreneurs
f. Sussex Partnership NHS Foundation
g. Wright Johnston & Mackenzie
h. University of Arts London
i. The Christie NHS Foundation
j. Mayer Brown
k. Notting Hill Genesis
l. NHS Hampshire and Isle of Wight ICB

4.Provided Introduction to BSL courses to over 240 adults to enable them to make their frontline services more accessible to Deaf people. We also delivered BSL workshops to children and young people at The Festival of the Girl and for Epping Forest District Youth Council.

5. Consulted on the accessibility of the visitor experience for the new V&A East Storehouse and also the new Cornwall 365 What's On listings app.

6. Delivered a series of disability awareness workshops to potential foster carers for Buckinghamshire council with the aim of empowering carers to have the confidence and skills to foster disabled children.

7.Created training resources for Northern rail staff on assisting people living with Dementia alongside 4 modules of a new e-learning disability awareness course for all Northern staff.

8.Provided BSL translations of documents for TransPennine Express, Northern Rail and LNER to make their ticket office closure consultation accessible for Deaf people.

9.Released free resources to organisations regarding how they can make their services more accessible to disabled people including:
a.Dyslexia in the workplace
b.Autism in the workplace
c.Hidden or invisible disability in the workpalce.
d.How to make your retail space wheelchair accessible.

10. Released a series of blogs including:
a. Top tips for making meetings accessible for deaf people
b. Myth busting wheelchair users
c. Myth busting dyslexia
d. 5 quick ways to make your event more accessible
e. What is the disability pay gap and how can we close it?
f. UK disability History Month: recognising the worldwide fight for human rights and equality.
g. Blue Monday; 5 tips to improve mental wellbeing in the workplace
h. Understanding dyslexia, dysgraphia, dyscalculia & dyspraxia
i. How to make healthcare appointments more accessible for D/deaf patients
j. 6 tips for supporting autistic colleagues in the workplace
k. Neurodiversity and internalised ableism

We have Continued to tackle issues related to, and raised awareness of the importance of, sexual health and sexual awareness for disabled people via our Undressing Disability Campaign. Highlights include:
1. Launching Quest a collection of inclusive sex toys
In collaboration with Rocks Off we have launched a product line of 5 toys and aids focused on making pleasure accessible and encouraging inclusive conversations. Products feature:
• Enlarged raised and embossed buttons for better access
• Handles for enhanced grip and control.
• Wrist strap remote holders for ultimate handsfree control.
• Sensory LED lights and vibrations to indicate when the product is turned on/off and when charging.
• Easy magnetic snap-on charging connection.
• Accessible packaging which is designed to be easily opened and has braille QR codes to provide audio product descriptions.

Running Undressing Disability Events
Our Undressing disability Quest launch party was a big hit. We partied the night away with some wonderful people and celebrated all things sex and disability.
We also ran:

• Breaking barriers: Empowering sexuality for people with disabilities and neurodiversity workshop at Wilderness festival
• Undressing disability: Navigating sex, intimacy and pleasure with a physical or sensory impairment workshop at shambala festival
• Diverse minds, diverse pleasure: Navigating neurodiversity in the bedroom at Shambala festival and at Pinky Promise Candy Wonderland event at Fire & Lightbox London.
• A neurodiversity, sex and relationships panel at the Vagina Museum.

3. Delivering individual support via the Love Lounge

Our Love lounge continued to grow, we expanded the number of experts and continued to offer free surgeries to provide individualised support around sex and dating. We also offered responses via email should people prefer that. We supported 46 people on an individual basis

We shared anonymous questions and responses on our Love Lounge blogs to offer advice and information to people who may not feel comfortable contacting us. These included topics such as working out as a wheelchair user, using dating sites, masturbation with difficulties with fine motor control, being neurodiverse and queer, sex after a traumatic brain injury, speech and communication barriers during sex, comfortable sex with Limb Girdle Muscular Dystrophy, supporting service users who want to experience sexual contact, sex with a catheter, adaptive tools for sex toys.

4. Delivering disability and sexual expression training

We provide training to professionals from a range of organisations such as Exemplar Healthcare, Access technology and Liverpool Hope University.

5. Releasing Series 3 of the Undressing Disability Podcast
Guests included:
John & Jade Reynolds - Jade was diagnosed with acute transverse myelitis of her spinal cord when she was just 12 years old. In this episode, they chat about how they met, dating, parenting and their hilarious TikTok account.
Asta Philpot - Asta was born with Arthrogryposis, a condition called that impairs physical movement.He talked about his first sexual experience, care homes, and how he found his true love.
Ben the carer - Ben shared experiences about his time as a carer, and how he helped a client with their first sexual experience.
Samantha Bains - Actress and author Samantha Baines chats about her hearing loss diagnosis, her career, dating, and her book Living with Hearing Loss and Deafness.
Kris Aves – Kris a former Metropolitan police officer who was paralysed from the Westminster Bridge terror attack in March 2017, when he was hit by the van driven by the terrorist.He talks about the attack, how his life has changed, his relationships and more
Samantha Renke - Actress, presenter, and disability activist Samantha Renke has a very open and honest talk about relationships, dating and intimacy.
Laura Mathias - Campaigner and alopecia advocate Laura Mathias talks about learning to love yourself, dating and life without wigs.
Roxy Murray – Roxy chats about her Multiple Sclerosis diagnosis, dating, her podcast and her campaign work.

6. Launching an Appcessible dating campaign
The campaign asks disabled people to share their experiences of online dating. There are many reasons that disabled people find dating apps difficult. Some of these could be how to navigate the actual app itself, overload of information, disclosing a disability, understanding social cues or reading the information. Not to mention the reactions from matches. We want to work with Apps to make things better. Jennie went onto the Gabby Roslin Show on BBC live to discuss the campaign.

7. Exhibiting at the Disability Expo
We attended the 2-day largest disability event in Europe to share our Undressing Disability campaign. We had the pleasure of meeting many of our supporters and also thousands of new people and raising awareness of the importance of the campaign. We handed out tote bags and mugs where were designed to encourage conversations about sex and disability.

8. Guest speaking at events and on podcasts.
We had the pleasure of being a panellist on the Sexpectations panel event organised by the University of Arts. We also spoke at the Royal College of Occupational Therapists forum event, Sex, intimacy and periods for people with disabilities. We were delighted to be guests on the Audible UK series – Audible Porn – Press Play Turn On and also in the Relationship room on PodDiva.

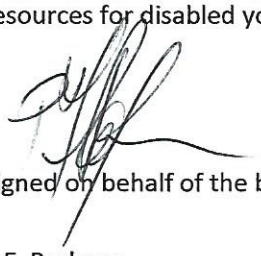
9. Sharing Undressing disability blogs
Blogs included:

- An interview with Alex Vasquez: Advocate for Disability and Sexuality Rights
- Take Control of Your Wellness: Create a Self-Care Routine with CBD
- Unrequited Love – by Charlotte Faragher
- Defy Society's Expectations: A Guide to Overcoming the Challenges of Building Body Confidence by Sandie Roberts, Disability Advocate, Content Creator, Writer & PT Model
- ADHD Awareness Month: can ADHD affect your sex life?
- Safe sex toys: how to shop, store and clean your new favourite products
- Christmas and loneliness: how you can help someone feel less alone
- My Quest: Ellie's inclusive sex toy joy
- Researchers aim to improve access to cervical cancer screening for physically disabled people
- The dating campaign: #appcessible dating for all
- The Dating Campaign: disability and accessible apps
- Stress Awareness Month: How to help reduce stress levels and relax

Distributing free Undressing Disability resources.
These included:

- The wonderful word of Sex Act Terminology
- Dating and Neurodiversity
- The wonderful world of dating bios: acronyms to emoji.
- Sex toy safety
- Bitesize BSL: Private body parts

11 Running the Undressing Disability Hub We continued to run the hub, a place where people can share events, resources and information linked to sex, relationships and disability. The number of members continued to grow. 12 Submitting a funding application as a partner with YouDish We were asked to partner with YouDish alongside other experts in the field of disability and sex education from around the world to bid for funding from the EU to create sex and relationship resources for disabled young people.



Signed on behalf of the board

P.F. Rodgers
Trustee
18 December 2024

Independent Examiner's Report to the trustees of Enhance The Uk

I report to the charity trustees on my examination of the financial statements of Enhance The Uk for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

David Carter Chartered Institute of management
accountants
Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR
18 December 2024

Enhance The Uk
Statement of Financial Activities
for the year ended 31 March 2024

	Notes	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:				
Donations and legacies	4	5,511	5,511	1,553
Charitable activities	5	171,157	171,157	179,574
Total		176,668	176,668	181,127
Expenditure on:				
Raising funds	6	40,296	40,296	3,143
Charitable activities	7	163,140	163,140	143,968
Other	8	3,251	3,251	4,179
Total		206,687	206,687	151,290
Net gains on investments		-	-	-
Net (expenditure)/income	9	(30,019)	(30,019)	29,837
Transfers between funds		-	-	-
Net (expenditure)/income before other gains/(losses)		(30,019)	(30,019)	29,837
Other gains and losses				
Net movement in funds		(30,019)	(30,019)	29,837
Reconciliation of funds:				
Total funds brought forward		100,765	100,765	70,928
Total funds carried forward		70,746	70,746	100,765

Enhance The Uk

Summary Income and Expenditure Account

for the year ended 31 March 2024

	2024 £	2023 £
Income	176,668	181,127
Gross income for the year	176,668	181,127
Expenditure	206,089	150,902
Depreciation and charges for impairment of fixed assets	598	388
Total expenditure for the year	206,687	151,290
Net (expenditure)/income before tax for the year	(30,019)	29,837
Net (expenditure)/income for the year	(30,019)	29,837

Enhance The Uk
Balance Sheet

at 31 March 2024

Company No. 06932260	**Notes**	**2024**	**2023**
		£	**£**
Fixed assets			
Tangible assets	11	1,860	2,457
		1,860	2,457
Current assets			
Debtors	12	1,787	540
Cash at bank and in hand		74,164	101,246
		75,951	101,786
Creditors: Amount falling due within one year	13	(7,065)	(3,478)
Net current assets		68,886	98,308
Total assets less current liabilities		70,746	100,765
Net assets excluding pension asset or liability		70,746	100,765
Total net assets		70,746	100,765
The funds of the charity			
Restricted funds	14		
Unrestricted funds	14		
General funds		70,746	100,765
		70,746	100,765
Reserves	14		
Total funds		70,746	100,765

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 31 March 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 18 December 2024

And signed on its behalf by:

P.F. Rodgers
Trustee
18 December 2024

Enhance The Uk
Statement of Cash flows
for the year ended 31 March 2024

	2024 £	2023 £
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(30,019)	29,837
Adjustments for:		
Depreciation of property, plant and equipment	598	388
Increase in trade and other receivables	(1,247)	(540)
Increase in trade and other payables	3,587	637
Net cash (used in)/provided by operating activities	(27,081)	30,322
Net cash used in investing activities	-	(1,458)
Net cash from financing activities	-	-
Net (decrease)/increase in cash and cash equivalents	(27,081)	28,864
Cash and cash equivalents at the beginning of the year	101,246	72,081
Cash and cash equivalents at the end of the year	74,165	100,945
Components of cash and cash equivalents		
Cash and bank balances	74,164	101,246
	74,164	101,246

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fittings	15% Straight line basis
Office equipment	25% Reducing balance basis
Website development	% Written off over 3 years

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.
Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.
All exchange differences are are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.
Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.
Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.
Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term. In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 **Company status**

The company is a private company limited by guarantee and consequently does not have share capital.

3 **Statement of Financial Activities - prior year**

	Unrestricted funds 2023	Total funds 2023
	£	£
Income and endowments from:		
Donations and legacies	1,553	1,553
Charitable activities	179,574	179,574
Total	181,127	181,127
Expenditure on:		
Raising funds	3,143	3,143
Charitable activities	143,968	143,968
Other	4,179	4,179
Total	151,290	151,290
Net income	29,837	29,837
Net income before other gains/(losses)	29,837	29,837
Other gains and losses:		
Net movement in funds	29,837	29,837
Reconciliation of funds:		
Total funds brought forward	70,928	70,928
Total funds carried forward	100,765	100,765

4 **Income from donations and legacies**

	Unrestricted	Total 2024	Total 2023
	£	£	£
Marketing	5,511	5,511	1,553
	5,511	5,511	1,553

5 Income from charitable activities

	Unrestricted	Total 2024	Total 2023
	£	£	£
Training	155,958	155,958	134,944
Speaking and consultancy	15,180	15,180	38,630
Grants/Audits	19	19	6,000
	171,157	171,157	179,574

6 Expenditure on raising funds

	Unrestricted	Total 2024	Total 2023
	£	£	£
Costs of generating voluntary income			
Marketing	306	306	1,008
Wages and salaries	39,958	39,958	2,058
Office costs	32	32	77
	40,296	40,296	3,143

7 Expenditure on charitable activities

	Unrestricted	Total 2024	Total 2023
	£	£	£
Expenditure on charitable activities			
Training	2,357	2,357	6,104
Fundraising	11,848	11,848	1,283
Roomhire	-	-	653
Website	1,040	1,040	352
Grants made	1,429	1,429	973
Governance costs			
Wages and salaries	15,800	15,800	9,754
Pensions	2,666	2,666	1,934
Accounting	825	825	900
Subscriptions	1,171	1,171	2,395
	37,136	37,136	24,348

8 **Other expenditure**

	Unrestricted	Total 2024	Total 2023
	£	£	£
Travel and entertaining	-	-	850
Bank charges	39	39	75
Insurance	475	475	722
Office expenses	1,832	1,832	675
Employee costs	246	246	444
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	598	598	388
General administrative costs	26	26	255
Legal and professional costs	35	35	770
	3,251	3,251	4,179

9 **Net (expenditure)/income before transfers**

	2024	2023
This is stated after charging:	£	£
Depreciation of owned fixed assets	598	388

10 **Staff costs**

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2024 Number	2023 Number
	2	2
	2	2

11 **Tangible fixed assets**

	Fixtures and Fittings	Office equipment	Website development	Total
	£	£	£	£
Cost or revaluation				
At 1 April 2023	689	6,976	-	7,665
At 31 March 2024	689	6,976	-	7,665
Depreciation and impairment				
At 1 April 2023	522	4,685	-	5,207
Depreciation charge for the year	25	573	-	598
At 31 March 2024	547	5,258	-	5,805
Net book values				
At 31 March 2024	142	1,718	-	1,860
At 31 March 2023	167	2,291	-	2,458

12 **Debtors**

	2024	2023
	£	£
Trade debtors	500	-
Prepayments and accrued income	1,287	540
	1,787	540

13 **Creditors:**

amounts falling due within one year

	2024	2023
	£	£
Other taxes and social security	3,075	-
Other creditors	3,090	2,578
Accruals	900	900
	7,065	3,478

14 **Movement in funds**

	At 1 April 2023	Incoming resources (including other gains/losses)	Resources expended	At 31 March 2024
	£	£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	100,765	176,668	(206,687)	70,746
Total funds	100,765	176,668	(206,687)	70,746

15 **Analysis of net assets between funds**

	Unrestricted funds	Total
	£	£
Fixed assets	1,860	1,860
Net current assets	68,886	68,886
	70,746	70,746

16 **Reconciliation of net debt**

	At 1 April 2023	Cash flows	At 31 March 2024
	£	£	£
Cash and cash equivalents	101,246	(27,082)	74,164
	101,246	(27,082)	74,164
Net debt	101,246	(27,082)	74,164

17 **Related party disclosures**

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Enhance The Uk
Detailed Statement of Financial Activities
for the year ended 31 March 2024

	Unrestricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income and endowments from:			
Donations and legacies			
Marketing	5,511	5,511	1,553
	5,511	5,511	1,553
Charitable activities			
Training	155,958	155,958	134,944
Speaking and consultancy	15,180	15,180	38,630
Grants/Audits	19	19	6,000
	171,157	171,157	179,574
Total income and endowments	176,668	176,668	181,127
Expenditure on:			
Costs of generating donations and legacies			
Marketing	306	306	1,008
Wages and salaries	39,958	39,958	2,058
Office costs	32	32	77
	40,296	40,296	3,143
Total of expenditure on raising funds	40,296	40,296	3,143
Charitable activities			
Training	2,357	2,357	6,104
Fundraising	11,848	11,848	1,283
Roomhire	-	-	653
Website	1,040	1,040	352
Subscriptions	1,429	1,429	973
Admin support	60,815	60,815	41,895
Salaries	44,360	44,360	58,788
Travel and subsistence	16,713	16,713	11,165
Legal and professional	-	-	928
Office costs	3,436	3,436	6,818
Sundry	680	680	26
	142,678	142,678	128,985
Governance costs			
Wages and salaries	15,800	15,800	9,754
Pensions	2,666	2,666	1,934
Accounting	825	825	900
Subscriptions	1,171	1,171	2,395
	20,462	20,462	14,983

Total of expenditure on charitable activities	163,140	163,140	143,968
Other expenditure			
Travel and entertaining	-	-	850
Bank charges	39	39	75
Insurance	475	475	722
Office expenses	1,832	1,832	675
	2,346	2,346	2,322
Employee costs			
Staff training	246	246	444
	246	246	444
General administrative costs, including depreciation and amortisation			
Depreciation of Fixtures and Fittings	25	25	29
Depreciation of Office equipment	573	573	359
Depreciation of Website development	-	-	-
Sundry expenses	26	26	255
	624	624	643
Legal and professional costs			
Other legal and professional costs	35	35	770
	35	35	770
Total of expenditure of other costs	3,251	3,251	4,179
Total expenditure	206,687	206,687	151,290
Net gains on investments	-	-	-
Net (expenditure)/income	(30,019)	(30,019)	29,837
Net (expenditure)/income before other gains/(losses)	(30,019)	(30,019)	29,837
Other Gains	-	-	-
Net movement in funds	(30,019)	(30,019)	29,837
Reconciliation of funds:			
Total funds brought forward	100,765	100,765	70,928
Total funds carried forward	70,746	70,746	100,765

ENHANCE THE UK

England & Wales - Charity number 1131749

Accounts

Enhance The Uk

Charity No. 1131749

Company No. 06932260

Trustees' Report and Unaudited Accounts

31 March 2023

Enhance The Uk
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Detailed Statement of Financial Activities	19 to 21

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 06932260

Charity No. 1131749

Principal Office

171 Narbeth Drive
Aylesbury
Bucks
HP20 1PZ

Registered Office

171 Narbeth Drive
Aylesbury
Buckinghamshire
HP20 1PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

C. Barry
C. Owen
P.F. Rodgers
A.M. Trollope
J. Vaidya

Company Secretary

J. Bowles

Key Management Personnel

Chair	Frank Rodgers
Chief Executive Officer	Ms Jennie Williams
Secretary	Ms Jodie Bowles

Accountants

Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

The Trustees of Enhance the UK have pleasure in presenting their annual report which has been prepared in line with the Charities Act 2011, together with the accounts for the year from 1st April 2022 to 31st March 2023. The Trustees confirm that the Annual Report and Financial Statements comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)
This report has been published in accordance with Charities SORP (FRS 102).
Who we are and What we do.
1. Enhance the UK is a charity registered in England and Wales (registered charity number 1131749) and exists to promote social inclusion for the public benefit by
a. Preventing disabled people from becoming socially excluded
b. Relieving the needs of those disabled people who are socially excluded
c. Assisting disabled people to integrate into society by the provision of education, information, training, support and advice.

2.For the purpose of the clause 1, 'socially excluded' means being excluded from society or parts of society as a result of one or more of the following factors
a.Unemployment
b.Financial hardship
c.Youth or older age
d.Ill health (mentally or physically)
e.Substance abuse or dependency, including alcohol & drugs
f.Discrimination on the grounds of
i.Sex
ii.Race
iii.Disability
iv.Ethnic origin
v.Religion
vi.Belief
vii.Creed
viii.Sexual orientation or gender reassignment
ix.Poor education or skills attainment
x.Relationship and family breakdown
xi.Poor housing (that does not meet basic habitable standards)
xii.Crime (either as a victim or offender rehabilitating into society)

3. The principle activity of Enhance the UK is to provide expert education, training and support for a range of audiences. This is achieved by
a. Promoting social inclusion and social opportunities
b. Promoting partnerships which are sympathetic and beneficial to Enhance the UK's aims and objectives.
c. Provide and facilitate avenues for information, support and advice on disability matters to disabled people, their families, carers and friends.

4. Enhance the UK aims to develop and maintain a reputation as a disability led organisation.

5. Public benefit is achieved in three ways
a. Breaking down social barriers faced by people with sensory and physical impairments by challenging the attitudes, perceptions and expectations of society as a whole
b. Promoting independent lifestyles from disabled people with sensory or physical impairments
c. Campaigning that disabled people with sensory or physical impairments have the same rights to access as the rest of society

What we have achieved
We have supported organisations to make their services and provisions more accessible by:
1. Continuing to provide disability awareness training to a range of organisations such as:
a. Northern Rail
b. Bromley & Lewisham Mind
c. Kick It Out
d. Crawford & Co
e. Confederation of British Industry
f. Never Fully Dressed
g. Homerton Healthcare
h. Buttle UK
i. Birmingham Women & Children's Hospital
j. Woburn Safari Park
k. Shakespeare's Globe

2. Run deaf awareness courses to a wide range of organisations from different sectors including legal, housing, education, hospitality, performing arts and retail. This enabled them to make their services more accessible to D/deaf people.
3. Provided Introduction to BSL courses to over 150 people to enable them to make their frontline services more accessible to Deaf people
4. Conducted a physical access audit for Ramsey Healthcare
5. Created training resources for Northern rail staff on assisting people with restricted growth, assisting people who are neurodivergent and also assisting people with learning impairments.
6. Released free resources to organisations regarding how they can make their services more accessible to disabled people including:
a. How to make your word documents more accessible.
b. How to make your refuge accessible for Deaf and hard of hearing people.
c. How to make your workplace more accessible for visually impaired employees.
d. Understanding Neurodiversity

7. Released a series of blogs including myth busters on reasonable adjustments, making services accessible to people with learning impairments, interviewing candidates with dyslexia and disclosing neurodiversity in the workplace,

8. Delivered keynote speeches including at the VODG annual conference and the inclusion and diversity in Nuclear conference.

We have helped challenge the perceptions of disability and stereotypes via

1. Our social media presence – engagement and followers on all our social media platforms have increased
2. Our websites
3. Our Undressing Disability Hub

We have Continued to tackle issues related to, and raised awareness of the importance of, sexual health and sexual awareness for disabled people via our Undressing Disability Campaign. Highlights include:

1. The launch of the love lounge surgeries – where disabled people can book in to speak to members of our love lounge panel about sex and disability.
2. Provided sexuality and relationships training to members of the Independent Living Movement Ireland.
3. The launch of a sexual violence campaign.
4. Providing Sex and Relationships training for care providers courses which allowed individuals to book on our course.
5. Keynote speeches at the world disability and rehabilitation conference and the feminist and health conference.
6. Launching series 2 of our podcast including topics such as loneliness and dating, sexual violence, sex toys for men, queer ADHD, pornography and decisions on parenthood.
7. Guest appearances on podcasts such as:

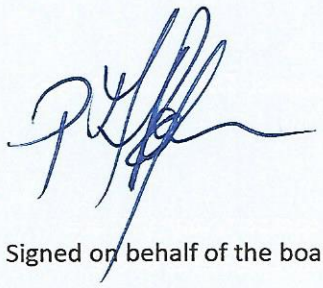
a. Health; It's personal
b. Men, Sex & pleasure
c. Culturally curious podcast

8. Continuing to release regular sex toy reviews.
9. Distributing free resources including

a. What is body neutrality and how does it differ from body positivity
b. BSL signs for sexual health
c. BSL signs for private body parts
d. What is sexual violence
e. Neurodiversity and Abuse
f. All about lube

10. A series of insta lives including ones an especially popular one on pelvic pain and vulvodynia.
11. Blogs on topics such as:

a. Disability and sex lessons from a striptease artist
b. Spinal cord injuries, intimacy & sex
c. Top five lubricants
d. Top 5 game changing vibrators
e. An open letter to a PA
f. What is body neutrality
g. Our favourite massage oils
h. Being ADHD, 5 things I wish people had told me



Signed on behalf of the board

P.F. Rodgers
Trustee
15 December 2023

Independent Examiner's Report to the trustees of Enhance The Uk

I report to the charity trustees on my examination of the financial statements of Enhance The Uk for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity's trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

David Carter Chartered Institute of Management
Accountants
Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR
15 December 2023

Enhance The Uk
Statement of Financial Activities
for the year ended 31 March 2023

	Notes	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:				
Donations and legacies	4	1,553	1,553	721
Charitable activities	5	179,574	179,574	145,056
Other	6	-	-	1,715
Total		181,127	181,127	147,492
Expenditure on:				
Raising funds	7	3,143	3,143	12,817
Charitable activities	8	143,968	143,968	121,256
Other	9	4,179	4,179	3,060
Total		151,290	151,290	137,133
Net gains on investments		-	-	-
Net income	10	29,837	29,837	10,359
Transfers between funds		-	-	-
Net income before other gains/(losses)		29,837	29,837	10,359
Other gains and losses				
Net movement in funds		29,837	29,837	10,359
Reconciliation of funds:				
Total funds brought forward		70,928	70,928	60,569
Total funds carried forward		100,765	100,765	70,928

Enhance The Uk

Summary Income and Expenditure Account

for the year ended 31 March 2023

	2023 £	2022 £
Income	181,127	147,492
Gross income for the year	181,127	147,492
Expenditure	150,902	136,701
Depreciation and charges for impairment of fixed assets	388	432
Total expenditure for the year	151,290	137,133
Net income before tax for the year	29,837	10,359
Net income for the year	29,837	10,359

Enhance The Uk
Balance Sheet

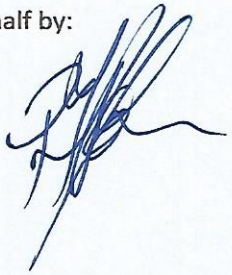
at 31 March 2023

Company No. 06932260	**Notes**	**2023**	**2022**
		£	**£**
Fixed assets			
Tangible assets	12	2,457	1,387
		2,457	1,387
Current assets			
Debtors	13	540	-
Cash at bank and in hand		101,246	72,081
		101,786	72,081
Creditors: Amount falling due within one year	14	(3,478)	(2,540)
Net current assets		98,308	69,541
Total assets less current liabilities		100,765	70,928
Net assets excluding pension asset or liability		100,765	70,928
Total net assets		100,765	70,928
The funds of the charity			
Restricted funds	15		
Unrestricted funds	15		
General funds		100,765	70,928
		100,765	70,928
Reserves	15		
Total funds		100,765	70,928

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 31 March 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 15 December 2023

And signed on its behalf by:



P.F. Rodgers
Trustee
15 December 2023

Enhance The Uk
Statement of Cash flows
for the year ended 31 March 2023

	2023 £	2022 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	29,837	10,359
Adjustments for:		
Depreciation of property, plant and equipment	388	432
Other gains/losses	-	-
(Increase)/Decrease in trade and other receivables	(540)	1,025
Increase in trade and other payables	637	724
Net cash provided by operating activities	30,322	10,825
Cash flows from investing activities		
Payments for property, plant and equipment	(1,458)	-
Net cash (used in)/from investing activities	(1,458)	1,715
Net cash from financing activities	-	-
Net increase in cash and cash equivalents	28,864	12,540
Cash and cash equivalents at the beginning of the year	72,081	59,542
Cash and cash equivalents at the end of the year	100,945	72,082
Components of cash and cash equivalents		
Cash and bank balances	101,246	72,081
	101,246	72,081

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fittings	15% Straight line basis
Office equipment	25% Reducing balance basis
Website development	Written off over 3 years

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 **Company status**

The company is a private company limited by guarantee and consequently does not have share capital.

3 **Statement of Financial Activities - prior year**

	Unrestricted funds 2022	Restricted funds 2022	Total funds 2022
	£	£	£
Income and endowments from:			
Donations and legacies	721	-	721
Charitable activities	145,056	-	145,056
Other	1,715	-	1,715
Total	147,492	-	147,492
Expenditure on:			
Raising funds	12,817	-	12,817
Charitable activities	121,256	-	121,256
Other	3,060	-	3,060
Total	137,133	-	137,133
Net income	10,359	-	10,359
Transfers between funds	18,309	(18,309)	-
Net income before other gains/(losses)	28,668	(18,309)	10,359
Other gains and losses:			
Net movement in funds	28,668	(18,309)	10,359
Reconciliation of funds:			
Total funds brought forward	42,260	18,309	60,569
Total funds carried forward	70,928	-	70,928

4 Income from donations and legacies

	Unrestricted	Total 2023	Total 2022
	£	£	£
Marketing	1,553	1,553	721
	1,553	1,553	721

5 Income from charitable activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Training	134,944	134,944	121,286
Speaking and consultancy	38,630	38,630	8,170
Audits	6,000	6,000	15,600
	179,574	179,574	145,056

6 Other income

	Total 2023	Total 2022
	£	£
Grant income	-	1,715
	-	1,715

7 Expenditure on raising funds

	Unrestricted	Total 2023	Total 2022
	£	£	£
Costs of generating voluntary income			
Marketing	1,008	1,008	216
Wages and salaries	2,058	2,058	1,557
Office costs	77	77	1,044
Training	-	-	10,000
	3,143	3,143	12,817

8 Expenditure on charitable activities

	Unrestricted	Total 2023	Total 2022
	£	£	£
Expenditure on charitable activities			
Training	6,104	6,104	110,576
Fundraising	1,283	1,283	-
Room hire	653	653	-
Website	352	352	-
Subscriptions	973	973	-
Admin support	41,895	41,895	-
Salaries	58,788	58,788	-
Travel and subsistence	11,164	11,164	-
Legal and professional	928	928	-
Office costs	6,818	6,818	-
Sundry	26	26	-
Governance costs			
Wages and salaries	9,754	9,754	5,880
Pensions	1,934	1,934	1,646
Accounting	900	900	705
Subscriptions	2,395	2,395	2,449
	143,968	143,968	121,256

9 Other expenditure

	Unrestricted	Total 2023	Total 2022
	£	£	£
Travel and entertaining	850	850	-
Bank charges	75	75	26
Insurance	722	722	717
Office expenses	675	675	-
Employee costs	444	444	1,525
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	388	388	432
General administrative costs	255	255	320
Legal and professional costs	770	770	40
	4,179	4,179	3,060

10 Net income before transfers

	2023	2022
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	388	432

11 **Staff costs**

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

	2023 Number	2022 Number
	2	2
	2	2

12 **Tangible fixed assets**

	Fixtures and Fittings	Office equipment	Website development	Total
	£	£	£	£
Cost or revaluation				
At 1 April 2022	689	5,518	2,996	9,203
Additions	-	1,458	-	1,458
At 31 March 2023	689	6,976	2,996	10,661
Depreciation and impairment				
At 1 April 2022	493	4,327	2,996	7,816
Depreciation charge for the year	29	359	-	388
At 31 March 2023	522	4,686	2,996	8,204
Net book values				
At 31 March 2023	167	2,290	-	2,457
At 31 March 2022	196	1,191	-	1,387

13 **Debtors**

	2023	2022
	£	£
Prepayments and accrued income	540	-
	540	-

14 **Creditors:**
amounts falling due within one year

	2023	2022
	£	£
Other taxes and social security	-	155
Other creditors	2,578	1,786
Accruals	900	599
	3,478	2,540

15 Movement in funds

	At 1 April 2022	Incoming resources (including other gains/losses)	Resources expended	At 31 March 2023
		£	£	£
Restricted funds:				
Unrestricted funds:				
General funds	70,928	181,127	(151,290)	100,765
Total funds	70,928	181,127	(151,290)	100,765

16 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	2,457	2,457
Net current assets	98,308	98,308
	100,765	100,765

17 Reconciliation of net debt

	At 1 April 2022	Cash flows	At 31 March 2023
	£	£	£
Cash and cash equivalents	72,081	29,165	101,246
	72,081	29,165	101,246
Net debt	72,081	29,165	101,246

18 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Enhance The Uk

Detailed Statement of Financial Activities

for the year ended 31 March 2023

	Unrestricted funds 2023 £	Total funds 2023 £	Total funds 2022 £
Income and endowments from:			
Donations and legacies			
Marketing	1,553	1,553	721
	1,553	1,553	721
Charitable activities			
Training	134,944	134,944	121,286
Speaking and consultancy	38,630	38,630	8,170
Audits	6,000	6,000	15,600
	179,574	179,574	145,056
Other			
Grant income	-	-	1,715
	-	-	1,715
Total income and endowments	181,127	181,127	147,492
Expenditure on:			
Costs of generating donations and legacies			
Marketing	1,008	1,008	216
Wages and salaries	2,058	2,058	1,557
Office costs	77	77	1,044
Training	-	-	10,000
	3,143	3,143	12,817
Total of expenditure on raising funds	3,143	3,143	12,817
Charitable activities			
Training	6,104	6,104	110,576
Fundraising	1,283	1,283	-
Room hire	653	653	-
Website	352	352	-
Subscriptions	973	973	-
Admin support	41,895	41,895	-
Salaries	58,788	58,788	-
Travel and subsistence	11,164	11,164	-
Legal and professional	928	928	-
Office costs	6,818	6,818	-
Sundry	26	26	-
	128,985	128,985	110,576

Governance costs			
Wages and salaries	9,754	9,754	5,880
Pensions	1,934	1,934	1,646
Accounting	900	900	705
Subscriptions	2,395	2,395	2,449
	14,983	14,983	10,680
Total of expenditure on charitable activities	143,968	143,968	121,256
Other expenditure			
Travel and entertaining	850	850	-
Bank charges	75	75	26
Insurance	722	722	717
Office expenses	675	675	-
	2,322	2,322	743
Employee costs			
Staff training	444	444	1,525
	444	444	1,525
General administrative costs, including depreciation and amortisation			
Depreciation of Fixtures and Fittings	29	29	35
Depreciation of Office equipment	359	359	397
Depreciation of Website development	-	-	-
Sundry expenses	255	255	320
	643	643	752
Legal and professional costs			
Other legal and professional costs	770	770	40
	770	770	40
Total of expenditure of other costs	4,179	4,179	3,060
Total expenditure	151,290	151,290	137,133
Net gains on investments	-	-	-
Net income	29,837	29,837	10,359
Net income before other gains/(losses)	29,837	29,837	10,359
Other Gains	-	-	-
Net movement in funds	29,837	29,837	10,359

Reconciliation of funds:			
Total funds brought forward	70,928	70,928	60,569
Total funds carried forward	100,765	100,765	70,928

ENHANCE THE UK

England & Wales - Charity number 1131749

Accounts

Enhance The Uk

Charity No. 1131749

Company No. 06932260

Trustees' Report and Unaudited Accounts

31 March 2022

Enhance The Uk

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The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the unaudited financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Company No. 06932260

Charity No. 1131749

Principal Office

171 Narbeth Drive
Aylesbury
Bucks
HP20 1PZ

Registered Office

171 Narbeth Drive
Aylesbury
Buckinghamshire
HP20 1PZ

Directors and Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law.
The following Directors and Trustees served during the year:

C. Barry
K. Landles
P.F. Rodgers
K. Sellors
J. Vaidya

Company Secretary

A.M. Trollope

Key Management Personnel

Chair	Frank Rodgers
Chief Executive Officer	Ms Jennie Williams
Secretary	Andrew Trollope

Accountants

Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).
The Trustees of Enhance the UK have pleasure in presenting their annual report which has been prepared in line with the Charities Act 2011, together with the accounts for the year from 1st April 2021 to 31st March 2022.
The Trustees confirm that the Annual Report and Financial Statements comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

Who we are and What we do
1.Enhance the UK is a charity registered in England and Wales (registered charity number 1131749) and exists to promote social inclusion for the public benefit by
a.Preventing disabled people from becoming socially excluded
b.Relieving the needs of those disabled people who are socially excluded
c.Assisting disabled people to integrate into society by the provision of education, information, training, support and advice.
2.For the purpose of the clause 1, 'socially excluded' means being excluded from society or parts of society as a result of one or more of the following factors
a.Unemployment
b.Financial hardship
c.Youth or older age
d.Ill health (mentally or physically)
e. Substance abuse or dependency, including alcohol & drugs
f.Discrimination on the grounds of
i.Sex
ii.Race
iii.Disability
iv.Ethnic origin
v.Religion
vi.Belief
vii.Creed
viii.Sexual orientation or gender reassignment
ix.Poor education or skills attainment
x.Relationship and family breakdown
xi.Poor housing (that does not meet basic habitable standards)
xii.Crime (either as a victim or offender rehabilitating into society)

3.The principle activity of Enhance the UK is to provide expert education, training and support for a range of audiences. This is achieved by
a.Promoting social inclusion and social opportunities

b.Promoting partnerships which are sympathetic and beneficial to Enhance the UK's aims and objectives.
c.Provide and facilitate avenues for information, support and advice on disability matters to disabled people, their families, carers and friends.
4.Enhance the UK aims to develop and maintain a reputation as a disability led organisation.

5.Public benefit is achieved in three ways
a.Breaking down social barriers faced by people with sensory and physical impairments by challenging the attitudes, perceptions and expectations of society as a whole
b.Promoting independent lifestyles from disabled people with sensory or physical impairments
c.Campaigning that disabled people with sensory or physical impairments have the same rights to access as the rest of society

Influence of Covid-19
As with many businesses and charities, the Covid-19 pandemic still had a negative impact on the charity during the financial year 2021/22. The restrictions were not lifted until July 2021 and many organisations still had to cancel or postpone face to face training due to Covid-19 outbreaks. However, Enhance the UK were able to continue to develop, promote and sell virtual training which has established a good revenue stream. It is because of this that the Training Manager was able to increase her working days, initially to 4 days per week and then to 5 days per week in the final quarter.
What we have achieved
We have supported organisations to make their services and provisions more accessible by:
1.Continuing to provide disability awareness training to a range of organisations such as:
a.Northern Rail
b.London Southside Chamber of Commerce
c.Southern Health NHS Trust
d.Tokio Marine Kiln
e.St Paul's Cathedral
f.BJSS
g.The Talbot Rice Gallery
h.Lewisham Homes
i.The Welsh Revenue Authority
2.Run deaf awareness classes to support organisations to make their services more accessible to D/deaf people.
3.Conducted a cultural audit for London North Eastern Railway
4.Released free resources to organisations regarding how they can make their services more accessible to disabled people including:
a.Relay UK– what is it and how to ensure that deaf, hard of hearing people or people who have communication impairments have a good experience when contacting you with it?
b.A Disability Language Guide
c.Hidden or Invisible Disability in the Workplace
d.Office accessibility - the physical environment
e.ADHD in the Workplace

5. Delivered keynote speeches including an in person speech at the Diversity and Inclusion in Nuclear Conference.

We have helped challenge the perceptions of disability and stereotypes via

1.Our social media presence – engagement and followers on all our social media platforms have increased

2.Our website

3.Our Undressing Disability Hub

We have Continued to tackle issues related to, and raised awareness of the importance of, sexual health and sexual awareness for disabled people via our Undressing Disability Campaign. Highlights include:

1.The number of people contacting the Love Lounge for support and advice linked to disability, sex and relationships has doubled.

2.Training care managers in sexual expression and relationships training for Exemplar Health Care

3.Providing Sexual expression and disability awareness training for the LGBT Foundation

4.Recording the second series of our Undressing Disability Podcast with multiple special guests.

5.Panel talks for Queer Club Culture, The S.E.X show, The University of Exeter, and Birmingham City University.

6.Being featured in Cannavist magazine.

7.Taking part in the 'Love Abilities' Festival

8.Consulting on 'A Play about Sex' and for the Lemon House Theatre

9.Releasing a series of sex toy reviews with a focus on access

10.Running a campaign to highlight the impact of loneliness for disabled people.

11. Distributing free resources including

a.Sensual massage

b.Top Tips for Lichens Sclerosus, Vulvodynia and Endometriosis

c.Sex and Managing the bladder and Bowels

d.Women's Experiences of Sexuality after Spinal Cord Injury

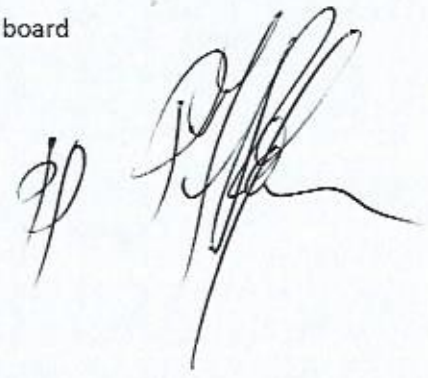
e.Psychosexual Therapy and Spinal Cord Injuries – My personal and Professional Journey

f. Sex, Chronic Pain & Fatigue

g.How Adult ADHD can affect Love, Sex and Relationships

h.Identifying Loneliness – Tips and Solutions and more

Signed on behalf of the board
A.M. Trollope
Company Secretary
19 October 2022



Independent Examiner's Report to the trustees of Enhance The Uk

I report to the charity trustees on my examination of the financial statements of Enhance The Uk for the year ended 31 March 2022 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the financial statements of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

David Carter
Chartered Institute of Management Accountants
Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Bucks
HP18 0TR
19 October 2022

Enhance The Uk

Statement of Financial Activities

for the year ended 31 March 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:					
Donations and legacies	4	721	-	721	959
Charitable activities	5	145,056	-	145,056	68,840
Other	6	1,715	-	1,715	25,435
Total		147,492	-	147,492	95,234
Expenditure on:					
Raising funds	7	12,817	-	12,817	2,045
Charitable activities	8	121,256	-	121,256	95,039
Other	9	3,060	-	3,060	2,442
Total		137,133	-	137,133	99,526
Net gains on investments		-	-	-	-
Net income/(expenditure)	10	10,359	-	10,359	(4,292)
Transfers between funds		18,309	(18,309)	-	-
Net income/(expenditure) before other gains/(losses)		28,668	(18,309)	10,359	(4,292)
Other gains and losses					
Net movement in funds		28,668	(18,309)	10,359	(4,292)
Reconciliation of funds:					
Total funds brought forward		42,260	18,309	60,569	64,861
Total funds carried forward		70,928	-	70,928	60,569

Enhance The Uk

Summary Income and Expenditure Account

for the year ended 31 March 2022

	2022 £	2021 £
Income	147,492	95,234
Gross income for the year	147,492	95,234
Expenditure	136,701	98,957
Depreciation and charges for impairment of fixed assets	432	570
Total expenditure for the year	137,133	99,527
Net income/(expenditure) before tax for the year	10,359	(4,293)
Net income /(expenditure)for the year	10,359	(4,293)

Enhance The Uk
Balance Sheet

at 31 March 2022

Company No. 06932260	**Notes**	**2022**	**2021**
		£	**£**
Fixed assets			
Tangible assets	12	1,387	1,818
		1,387	1,818
Current assets			
Debtors	13	-	1,025
Cash at bank and in hand		72,081	59,542
		72,081	60,567
Creditors: Amount falling due within one year	14	(2,540)	(1,816)
Net current assets		69,541	58,751
Total assets less current liabilities		70,928	60,569
Net assets excluding pension asset or liability		70,928	60,569
Total net assets		70,928	60,569
The funds of the charity			
Restricted funds	15		
Restricted income funds		-	18,309
		-	18,309
Unrestricted funds	15		
General funds		70,928	42,260
		70,928	42,260
Reserves	15		
Total funds		70,928	60,569

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 31 March 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 19 October 2022

And signed on its behalf by:

P.F. Rodgers
Trustee
19 October 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Fixtures and Fittings	15% Straight line basis
Office equipment	25% Reducing balance basis
Website development	Written off over 3 years

Freehold investment property

Investment properties are measured initially at cost and subsequently at fair value at each balance sheet date and are not depreciated. All gains or losses are taken to the Statement of Financial Activities as they arise.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Research and development

Expenditure on research and development is written off in the year in which it is incurred.

Foreign currencies

Monetary assets and liabilities denominated in currencies other than the functional currency of the charity are translated at the rates of exchange prevailing at the end of the reporting period.
Transactions in currencies other than the functional currency of the charity are recorded at the rate of exchange on the date that the transaction occurred.
All exchange differences are are taken into account in arriving at net income/expenditure.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.
Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.
Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation.
Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.
Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.
in the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021
	£	£	£
Income and endowments from:			
Donations and legacies	959	-	959
Charitable activities	68,840	-	68,840
Other	25,435	-	25,435
Total	95,234	-	95,234
Expenditure on:			
Raising funds	1,330	-	1,330
Charitable activities	98,197	-	98,197
Total	99,527	-	99,527
Net income	(4,293)	-	(4,293)
Net income before other gains/(losses)	(4,293)	-	(4,293)
Other gains and losses:			
Net movement in funds	(4,293)	-	(4,293)
Reconciliation of funds:			
Total funds brought forward	46,552	18,309	64,861
Total funds carried forward	42,259	18,309	60,568

4 Income from donations and legacies

	Unrestricted	Total 2022	Total 2021
	£	£	£
Marketing	721	721	959
	721	721	959

5 Income from charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Training	121,286	121,286	46,695
Speaking and consultancy	8,170	8,170	15,800
Audits	15,600	15,600	6,345
	145,056	145,056	68,840

6 Other income

	Unrestricted	Total 2022	Total 2021
	£	£	£
Grant income	1,715	1,715	25,435
	1,715	1,715	25,435

7 Expenditure on raising funds

	Unrestricted	Total 2022	Total 2021
	£	£	£
Costs of generating voluntary income			
Marketing	216	216	216
Wages and salaries	1,557	1,557	1,092
Office costs	1,044	1,044	737
Training	10,000	10,000	-
	12,817	12,817	2,045

8 Expenditure on charitable activities

	Unrestricted	Total 2022	Total 2021
	£	£	£
Expenditure on charitable activities			
Training	110,576	110,576	88,010
Governance costs			
Wages and salaries	5,880	5,880	3,203
Pensions	1,646	1,646	1,136
Accounting	705	705	600
Subscriptions	2,449	2,449	2,090
	121,256	121,256	95,039

9 Other expenditure

	Unrestricted	Total 2022	Total 2021
	£	£	£
Bank charges	26	26	22
Insurance	717	717	1,315
Employee costs	1,525	1,525	-
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	432	432	571
General administrative costs	320	320	409
Legal and professional costs	40	40	125
	3,060	3,060	2,442

10 Net income/(expenditure) before transfers

	2022	2021
This is stated after charging:	£	£
Depreciation of owned fixed assets	432	571
Independent Examiner's fee	705	600

11 Staff costs

No employee received emoluments in excess of £60,000.

The average monthly number of full time equivalent employees during the year was as follows:

2022	2021
Number	Number
2	2
2	2

12 Tangible fixed assets

	Fixtures and Fittings	Office equipment	Website development	Total
	£	£	£	£
Cost or revaluation				
At 1 April 2021	689	5,518	2,996	9,203
At 31 March 2022	689	5,518	2,996	9,203
Depreciation and impairment				
At 1 April 2021	458	3,930	2,996	7,384
Depreciation charge for the year	35	397	-	432
At 31 March 2022	493	4,327	2,996	7,816
Net book values				
At 31 March 2022	196	1,191	-	1,387
At 31 March 2021	231	1,588	-	1,819

13 **Debtors**

	2022	2021
	£	£
Other debtors	-	89
Prepayments and accrued income	-	936
	-	1,025

14 **Creditors:**
amounts falling due within one year

	2022	2021
	£	£
Other taxes and social security	155	155
Other creditors	1,786	1,062
Accruals	599	599
	2,540	1,816

15 **Movement in funds**

	At 1 April 2021	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 March 2022
		£	£	£	£
Restricted funds:					
Restricted income funds:					
	18,309	-	-	(18,309)	-
Total	18,309	-	-	(18,309)	-
Unrestricted funds:					
General funds	42,260	147,492	(137,133)	18,309	70,928
Total funds	60,569	147,492	(137,133)	-	70,928

16 **Analysis of net assets between funds**

	Unrestricted funds	Total
	£	£
Fixed assets	1,387	1,387
Net current assets	69,541	69,541
	70,928	70,928

17 Reconciliation of net debt

	At 1 April 2021	Cash flows	At 31 March 2022
	£	£	£
Cash and cash equivalents	59,542	12,539	72,081
	59,542	12,539	72,081
Net debt	59,542	12,539	72,081

18 Transfer from Restricted Funds

A total of £18,309 of Restricted Funds was carried forward in the 2020/21 accounts made up of grants from

1. £9,350 received in 2009/10,
2. £9,922 received in 2015/16 – this was an awards for all grant to run focus groups and sex and relationship resources
3. £2,000 received in 2019/20 - midcounties co-operative grant for campaign on accessible cervical smear tests for disabled people.
4. £309 received in 3 years from smaller donations

No costs have ever been allocated against these restricted funds apart from £3,249 in 2010/11. However, all the funds have been spent providing resources/support for which the money was granted.

19 Related party disclosures

Controlling party

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Enhance The Uk

Detailed Statement of Financial Activities

for the year ended 31 March 2022

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:				
Donations and legacies				
Marketing	721	-	721	959
	721	-	721	959
Charitable activities				
Training	121,286	-	121,286	46,695
Speaking and consultancy	8,170	-	8,170	15,800
Audits	15,600	-	15,600	6,345
	145,056	-	145,056	68,840
Other				
Grant income	1,715	-	1,715	25,435
	1,715	-	1,715	25,435
Total income and endowments	147,492	-	147,492	95,234
Expenditure on:				
Costs of generating donations and legacies				
Marketing	216	-	216	216
Wages and salaries	1,557	-	1,557	1,092
Office costs	1,044	-	1,044	737
Training	10,000	-	10,000	-
	12,817	-	12,817	2,045
Total of expenditure on raising funds	12,817	-	12,817	2,045
Charitable activities				
Training	110,576	-	110,576	88,010
	110,576	-	110,576	88,010
Governance costs				
Wages and salaries	5,880	-	5,880	3,203
Pensions	1,646	-	1,646	1,136
Accounting	705	-	705	600
Subscriptions	2,449	-	2,449	2,090
	10,680	-	10,680	7,029
Total of expenditure on charitable activities	121,256	-	121,256	95,039
Other expenditure				
Bank charges	26	-	26	22
Insurance	717	-	717	1,315
	743	-	743	1,337

Enhance The Uk
Detailed Statement of Financial Activities

Employee costs				
Staff training	1,525	-	1,525	-
	1,525	-	1,525	-
General administrative costs, including depreciation and amortisation				
Depreciation of Fixtures and Fittings	35	-	35	41
Depreciation of Office equipment	397	-	397	530
Depreciation of Website development	-	-	-	-
Stationery and printing	-	-	-	295
Sundry expenses	320	-	320	114
	752	-	752	980
Legal and professional costs				
Other legal and professional costs	40	-	40	125
	40	-	40	125
Total of expenditure of other costs	3,060	-	3,060	2,442
Total expenditure	137,133	-	137,133	99,526
Net gains on investments	-	-	-	-
Net income/(expenditure)	10,359	-	10,359	(4,292)
Transfers between funds	18,309	(18,309)	-	-
Net income/(expenditure) before other gains/(losses)	28,668	(18,309)	10,359	(4,292)
Other Gains	-	-	-	-
Net movement in funds	28,668	(18,309)	10,359	(4,292)
Reconciliation of funds:				
Total funds brought forward	42,260	18,309	60,569	64,861
Total funds carried forward	70,928	-	70,928	60,569

ENHANCE THE UK

England & Wales - Charity number 1131749

Accounts

Company registration number: 6932260
Charity registration number: 1131749

Enhance the UK

(A company limited by guarantee)

Annual Report and Financial Statements

for the Year Ended 31 March 2021

Orbital Business Services Ltd
May House
Buckingham Road
Edgcott
Aylesbury
Bucks
HP18 0TR

Enhance the UK

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Enhance the UK

Reference and Administrative Details

Chairman	Frank Rodgers
Chief Executive Officer	Miss Jennie Williams
Secretary	Andy Trollope
Charity Registration Number	1131749
Company Registration Number	6932260
	The charity is incorporated in England.
Registered Office	171 Narbeth Drive Aylesbury Bucks HP20 1PZ
Principal Office	171 Narbeth Drive Aylesbury Bucks HP20 1PZ
Independent Examiner	Orbital Business Services Ltd May House Buckingham Road Edgcott Aylesbury Bucks HP18 0TR

Enhance the UK

Independent Examiner's Report to the trustees of Enhance the UK ("the Company")

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Enhance the UK are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Enhance the UK as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

David Carter
Orbital Business Services Ltd

May House
Buckingham Road
Edgcott
Aylesbury
Bucks
HP18 0TR

3 November 2021

Enhance the UK

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	959	-	959
Charitable activities	4	68,840	-	68,840
Other income		25,435	-	25,435
Total income		95,234	-	95,234
Expenditure on:				
Raising funds	5	(1,330)	-	(1,330)
Charitable activities	6	(98,197)	-	(98,197)
Total expenditure		(99,527)	-	(99,527)
Net expenditure		(4,293)	-	(4,293)
Net movement in funds		(4,293)	-	(4,293)
Reconciliation of funds				
Total funds brought forward		46,552	18,309	64,861
Total funds carried forward	14	42,259	18,309	60,568

	Note	Unrestricted funds £	Restricted funds £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	19	2,000	2,019
Charitable activities	4	142,873	-	142,873
Total income		142,892	2,000	144,892
Expenditure on:				
Raising funds	5	(1,539)	-	(1,539)
Charitable activities	6	(121,042)	-	(121,042)
Total expenditure		(122,581)	-	(122,581)
Net income		20,311	2,000	22,311
Net movement in funds		20,311	2,000	22,311
Reconciliation of funds				
Total funds brought forward		26,240	16,309	42,549
Total funds carried forward	14	46,551	18,309	64,860

The notes on pages 7 to 22 form an integral part of these financial statements.

Enhance the UK

Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

All of the charity's activities derive from continuing operations during the above two periods.

Enhance the UK

(Registration number: 6932260)
Balance Sheet as at 31 March 2021

	Note	2021 £	2020 £
Fixed assets			
Tangible assets	10	1,818	2,389
Current assets			
Debtors	11	1,026	1,016
Cash at bank and in hand	12	59,542	63,206
		60,568	64,222
Creditors: Amounts falling due within one year	13	(1,818)	(1,751)
Net current assets		58,750	62,471
Net assets		60,568	64,860
Funds of the charity:			
Restricted income funds			
Restricted funds		18,309	18,309
Unrestricted income funds			
Unrestricted funds		42,259	46,551
Total funds	14	60,568	64,860

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

Enhance the UK

(Registration number: 6932260)
Balance Sheet as at 31 March 2021

The financial statements on pages 3 to 22 were approved by the trustees, and authorised for issue on 3 November 2021 and signed on their behalf by:

.....
Andy Trollope
Company secretary and trustee

.....
Frank Rodgers
Chairman and trustee

The notes on pages 7 to 22 form an integral part of these financial statements.

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £1 towards the assets of the charity in the event of liquidation.

The address of its registered office is:
171 Narbeth Drive
Aylesbury
Bucks
HP20 1PZ

The principal place of business is:
171 Narbeth Drive
Aylesbury
Bucks
HP20 1PZ

These financial statements were authorised for issue by the trustees on 3 November 2021.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Enhance the UK meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Trustees' Report

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Objectives and activities

Public benefit

The provision of expert training and education for a range of audiencies. The promotion of social inclusion and social oportunities.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Andy Trollope
	Frank Rodgers
	Ms Karen Landles
	Jignesh Vaidya (appointed 1 June 2020)
Chairman:	Frank Rodgers
Chief Executive Officer:	Miss Jennie Williams
Secretary:	Andy Trollope

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Enhance the UK for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations. The report and accounts have been prepared in accordance with the provisions in the Companies Act 2006 relating to small companies.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;

Trustees' Report

- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by the trustees of the charity on 3 November 2021 and signed on its behalf by:

.....
Andy Trollope
Company Secretary and Trustee

.....
Frank Rodgers
Chairman and Trustee

Small companies provision statement
This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

TRUSTEES' ANNUAL REPORT

The Trustees of Enhance the UK have pleasure in presenting their annual report which has been prepared in line with the Charities Act 2011, together with the accounts for the year from 1st April 2020 to 31st March 2021. The Trustees confirm that the Annual Report and Financial Statements comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)

This report has been published in accordance with Charities SORP (FRS 102).

Who we are and What we do.

Enhance the UK

Notes to the Financial Statements for the Year Ended 31 March 2021

Trustees' Report

1. Enhance the UK is a charity registered in England and Wales (registered charity number 1131749) and exists to promote social inclusion for the public benefit by: Preventing disabled people from becoming socially excluded; Relieving the needs of those disabled people who are socially excluded; Assisting disabled people to integrate into society by the provision of education, information, training, support and advice.

2. For the purpose of the clause 1, 'socially excluded' means being excluded from society or parts of society as a result of one or more of the following factors; Unemployment; Financial hardship; Youth or older age; Ill health (mentally or physically); Substance abuse or dependency, including alcohol & drugs; Discrimination on the grounds of Sex, Race, Disability, Ethnic origin, Religion, Belief, Creed, Sexual orientation or gender reassignment, Poor education or skills attainment, Relationship and family breakdown, Poor housing (that does not meet basic habitable standards), Crime (either as a victim or offender rehabilitating into society).

3. The principal activity of Enhance the UK is to provide expert education, training and support for a range of audiences. This is achieved by; Promoting social inclusion and social opportunities; Promoting partnerships which are sympathetic and beneficial to Enhance the UK's aims and objectives; Provide and facilitate avenues for information, support and advice on disability matters to disabled people, their families, carers and friends.

4. Enhance the UK aims to develop and maintain a reputation as a disability led organisation.

5. Public benefit is achieved in three ways; Breaking down social barriers faced by people with sensory and physical impairments by challenging the attitudes, perceptions and expectations of society as a whole; Promoting independent lifestyles from disabled people with sensory or physical impairments; Campaigning that disabled people with sensory or physical impairments have the same rights to access as the rest of society.

Influence of Covid-19

As with many businesses and charities, the effect of the Covid-19 pandemic cannot be underestimated during the financial year 2020/21. Training courses were postponed at best and many cancelled altogether. This was a year of consolidation and reduction in spending to mirror the reduction in revenue. Employees' overall remunerations were also considered for review. The last salary review and increase was in January 2019. In discussions with all employees in early 2020, it was decided to postpone the salary review for at least 12 months due to the Covid-19 pandemic. In initial discussions in early 2021, it was decided to postpone the review further because of the uncertainty of the immediate future and the current order book of Enhance the UK. Employees were put on furlough from 27th March 2020, in accordance with the Government scheme and returned to work part time on the 10th November 2020. Trustees voted unanimously to pay the staff 100% whilst on furlough.

Trustees' Report

This tax year has been challenging because of the issues just discussed, thankfully, due to good planning and decisive actions, Enhance the UK has not only survived the pandemic but has emerged with an enhanced order book and excellent forecasts for the future. It is with this forecast in mind that it is planned for the Training Manager to increase her working days from 3 days per week to 4 days per week during the second or third quarter of 2021 dependant on the practical training requirements.

What we have achieved

We have supported organisations to make their services and provisions more accessible by:

1. Continuing to provide disability awareness training to the organisations such as: Northern Rail; The West Ham Foundation; Bromley and Lewisham Mind; Chevening; Wells Fargo; Argent LLP; Difference North East; The British Academy.
2. Run deaf awareness classes to support organisations to make their services more accessible to D/deaf people.
3. Conducted a best practice accessibility audit for The British Academy.
4. Released free resources to organisations regarding how they can make their services more accessible to disabled people including: What are standard reasonable adjustments for interviews; 5 tips for chatting to a person with a communication impairment; Asking questions about someone's disability ; Top Tips for an accessible complaints' procedure; Top tips for supporting and encourage employees to disclose their impairments.
5. Delivered key note speeches to numerous conferences and gatherings.
6. We have helped challenge the perceptions of disability and stereotypes via; Our social media presence – engagement and followers on all our social media platforms have increased during this year; Our website; Television, radio and podcast appearances.
7. We have Continued to tackle issues related to, and raised awareness of the importance of, sexual health and sexual awareness for disabled people via

Continued to support disabled people via the Love Lounge, the numbers of people contacting us seeking advice on all thing's disability, sex and relationships continued to increase.

Launched our Undressing Disability hub, a platform for disabled people, carers and other professionals to share news, resources and events linked to Sex and disability.

Provided free STD home testing kits with Fettle Health.

Co-created free accessible sex education resources for parents, young people and professionals with Split Banana.

Sat on a panel at the Loveabilities festival.

Spoke at a Let's talk about sex event for Get2gether.

Spoke at Parapride, disability inclusion in the LGBTQ+ event.

Being nominated for a sexual health award run by sh:24.

Trustees' Report

Running a sexual health accessible cervical smear campaign.

Organising inclusive online dating events.

Producing interviews and articles, for example Yahoo news, the Huffington Post and XES products.

Launched our undressing disability podcast with a series of informative topics including: How to manage family concerns if having a relationship with a disabled person; Psychosexual therapy; Parenting a disabled child; Disability and Pride; Sexual health; A podcast with Dr Tepper; The trans community and disability; Queer ADHD with Sarah Dopp; CBD oil; The big decision, parenting, disability and fertility.

Creating free resources including; Disability, bondage and sexual pleasure.; Devotees of disability: dating danger; Understanding LGBTQ+ terminology; How having a PA can change your experience as a disabled parent; Accessible sex toys and more.

Financial Reserves Policy

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1. Financial Reserves Policy
2. The Law
3. Equality of Opportunity at Work
4. Our Commitment

Definitions

Restricted funds: are those funds that the charity trustees are obliged to spend in a specific way or for a specific purpose as set out in a funding letter of offer or services contract, specified by grant maker, donor or in an appeal document. These particular purposes are narrower than the charity's purposes.

Endowment funds: In simple terms, an endowment fund is a gift of property or money given to a charity as a restricted fund. Trust law requires a charity to invest the assets of an endowment, or to retain them for the charity's use in furtherance of its charitable purposes, rather than apply or spend them as income. The income generated from endowment funds held for investment, is then used to further the purposes of the charity.

Unrestricted funds: are those funds which the charity trustees are able to spend at their discretion for any of the charity's purposes. Unrestricted funds may also contain monies which the charity trustees have earmarked for a particular purpose; these earmarked funds are called designated funds. Such designated funds are legally part of the unrestricted funds, though they may be reported separately in the balance sheet or notes, where accruals accounts are prepared, or as part of unrestricted funds, where receipts and payments accounts are prepared. Unrestricted funds can also include general funds and free reserves.

Designated funds: Designated funds are part of the unrestricted funds which charity trustees have earmarked for a particular project or use, without restricting or committing the funds legally. The designation may be cancelled by the charity trustees if they later decide that the planned project is not going ahead.

General funds: General funds are those funds which are not assigned to a special purpose. They are unrestricted and may be used to further the charities purposes, for the day-to-day activities of the charity and to pay for administrative and operating expenses that are not covered by restricted income or grants received.

Reserves: Charity reserves are that part of a charity's income which is available to spend at the discretion of the charity trustees. They are unrestricted and are generally intended for future unexpected need or to pursue an opportunity in line with the charity's purposes

Background

A charity's funds are its unspent resources or income and may include both restricted and unrestricted funds. The diagram below shows what types of funds or income may be included in a charity's overall funds. All funds have to be spent on the charity's purposes and area of benefit.

Reserves are that part of a charity's unrestricted income that is set aside to meet future, unexpected needs or pursue an opportunity. These funds are freely available to spend on any of the charity's purposes. They are not subject to commitments, planned expenditure and spending limits. Reserves do not include restricted funds or endowment funds. They exclude fixed assets, for example land, buildings or other assets held for a charity's use and should also exclude general funds and monies already designated for essential future spending.

Responsibilities

All charity trustees have an obligation to manage their charity in the best interests of the charity and its beneficiaries. This involves managing the charity's income, running costs, future plans and potential risks. As part of this process charity trustees should, if appropriate, hold reserves to help manage any short-term fall in income. This reserves policy will help the charity trustees to identify what level of reserves their charity needs. It will also enable charity trustees to explain to funders, donors, beneficiaries and the public why it holds a particular level of reserves and help ensure a better managed charity.

It is the responsibility of charity trustees to manage actual and potential risks to ensure the charity can continue to meet the needs of beneficiaries, at present and in the future. They should always put appropriate safeguards in place and take reasonable steps to ensure their charity is not exposed to undue risk, financial or reputational.

Charity trustees can rely on powers implicit in trustees' duties, as outlined in the Governing Document. Charity trustees can only rely on these implied powers, when they are satisfied that this is in the best interests of the charity. Funds, received as income, should be spent within a reasonable period of time.

Procedure

Reserves will be made and put aside after due diligence by the trustee committee.

Discussions must take place between the CEO and the Chair of Trustees in the first instance to identify any possible financial implication of having or not having reserves.

The reason for and the amount of reserves must be detailed in a proposal from the Chair of Trustees to the rest of the board of Trustees.

The report will be circulated to the board and a reasonable amount of time given to the board to study the report.

The decision to allocate reserves must be taken in one of the following ways.

At a meeting of the Trustees whether physical or virtual.

Through email, Whats App or other electronic communication

Through individual communication from the Chair of Trustees.

In order for reserves to be allocated there must be a majority in favour of the decision. In the case of an even vote, the Chair of Trustees has the casting vote. The CEO does not have a vote.

The Chair of Trustees will communicate the result of the vote, along with the proposal to the accountant of Enhance the UK to progress the outcome.

Exemption from preparing a cash flow statement
The charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments
All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure
All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs
Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

Governance costs
These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees's meetings and reimbursed expenses.

Taxation
The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets
Individual fixed assets costing £100.00 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation
Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Fixtures and fittings	15% straight line basis
Office equipment	25% reducing balance basis
Website development	Written off over 3 years

Trade debtors
Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents
Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Fund structure
Unrestricted income funds are general funds that are available for use at the trustees discretion in furtherance of the objectives of the charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Financial instruments

Classification

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.
Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

Recognition and measurement

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transaction. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

Fair value measurement

The best evidence of fair value is a quoted price for an identical asset in an active market. When quoted prices are unavailable, the price of a recent transaction for an identical asset provides evidence of fair value as long as there has not been a significant change in economic circumstances or a significant lapse of time since the transaction took place. If the market is not active and recent transactions of an identical asset on their own are not a good estimate of fair value, the fair value is estimated by using a valuation technique.

3 Income from donations and legacies

	Unrestricted funds General £	Restricted funds £	Total funds £
Donations and legacies;			
Donations from individuals	959	-	959
Total for 2021	959	-	959
Total for 2020	19	2,000	2,019

4 Income from charitable activities

	Unrestricted funds General £	Total funds £
	68,840	68,840
Total for 2021	68,840	68,840
Total for 2020	142,873	142,873

5 Expenditure on raising funds

a) Costs of generating donations and legacies

	Note	Unrestricted funds General £	Total funds £
Marketing and publicity		216	216
Total for 2021		216	216
Total for 2020		1,539	1,539

b) Costs of trading activities

	Note	Unrestricted funds General £	Total funds £
Allocated support costs	7	1,114	1,114
Total for 2021		1,114	1,114

	Total costs £

6 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total 2021 £	Total 2020 £
Allocated support costs	7	88,725	88,725	111,314
Governance costs	7	9,472	9,472	9,728
		98,197	98,197	121,042

	Note	Unrestricted funds General £	Total funds £
Allocated support costs	7	88,725	88,725
Governance costs	7	9,472	9,472
Total for 2021		98,197	98,197
Total for 2020		121,042	121,042

	Total expenditure £

7 Analysis of governance and support costs

Governance costs

	Unrestricted funds General £	Total funds £
Legal fees	125	125
Other governance costs	2,113	2,113
Allocated support costs	7,234	7,234
Total for 2021	9,472	9,472
Total for 2020	9,728	9,728

8 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

9 Taxation

The charity is a registered charity and is therefore exempt from taxation.

10 Tangible fixed assets

	Furniture and equipment £	Total £
Cost		
At 1 April 2020	689	689
Additions	5,518	5,518
At 31 March 2021	6,207	6,207
Depreciation		
At 1 April 2020	3,818	3,818
Charge for the year	571	571
At 31 March 2021	4,389	4,389
Net book value		
At 31 March 2021	1,818	1,818
At 31 March 2020	(3,129)	(3,129)

11 Debtors

	2021 £	2020 £
Prepayments	936	598
Other debtors	90	418
	1,026	1,016

12 Cash and cash equivalents

	2021 £	2020 £
Cash at bank	59,542	63,206

13 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	155	-
Other creditors	1,063	1,151
Accruals	600	600
	1,818	1,751

14 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
General	46,552	95,234	(99,527)	42,259
Restricted funds	18,309	-	-	18,309
Total funds	64,861	95,234	(99,527)	60,568

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
General	26,240	142,892	(122,581)	46,551
Restricted funds	16,309	2,000	-	18,309
Total funds	42,549	144,892	(122,581)	64,860

Enhance the UK

Statement of Financial Activities by fund for the Year Ended 31 March 2021

Restricted Funds

	Total Restricted Funds 2021 £	Total Restricted Funds 2020 £
Income and Endowments from:		
Donations and legacies	-	2,000
Total income	-	2,000
Expenditure on:		
Net income	-	2,000
Reconciliation of funds		
Total funds brought forward	18,309	16,309
Total funds carried forward	18,309	18,309

Enhance the UK

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	Total 2021 £	Total 2020 £
Income and Endowments from:		
Donations and legacies (analysed below)	959	2,019
Charitable activities (analysed below)	68,840	142,873
Other income (analysed below)	25,435	-
Total income	95,234	144,892
Expenditure on:		
Raising funds (analysed below)	(1,330)	(1,539)
Charitable activities (analysed below)	(98,197)	(121,042)
Total expenditure	(99,527)	(122,581)
Net (expenditure)/income	(4,293)	22,311
Net movement in funds	(4,293)	22,311
Reconciliation of funds		
Total funds brought forward	64,861	42,549
Total funds carried forward	60,568	64,860

Enhance the UK

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	Total 2021 £	Total 2020 £
Donations and legacies		
Appeals and donations	959	19
Grants - other agencies	-	2,000
	959	2,019
Charitable activities		
Audits	6,300	-
Speaking & Consultancy	15,800	-
Concerts	45	-
Training	46,695	126,559
Other income	-	16,314
	68,840	142,873
Other income		
Other income	25,435	-
	25,435	-
Raising funds		
Fundraising costs	(216)	(1,539)
Wages and salaries	(1,092)	-
Office expenses	(22)	-
	(1,330)	(1,539)
Charitable activities		
Trade subscriptions	(2,165)	-
Wages and salaries	-	(1,092)
Wages and salaries	(33,561)	(29,704)
Subcontract cost	(46,515)	(1,015)
Subcontract cost	-	(57,175)
Staff training	(1,460)	(3,612)
Travelling	(641)	(10,851)
Room hire	-	(361)
Office expenses	(2,812)	(4,123)
Computer software and maintenance costs	(354)	(2,149)
Computer software and maintenance costs	(715)	-
Sundry expenses	(502)	(1,232)
Trade subscriptions	(2,090)	(2,908)
Legal and professional fees	(125)	-

Enhance the UK

Detailed Statement of Financial Activities for the Year Ended 31 March 2021

	Total 2021 £	Total 2020 £
Bank charges	(23)	(19)
Wages and salaries	(3,203)	(2,239)
Staff pensions (Defined contribution) - pension scheme 1	(1,136)	(1,286)
Subcontract cost	-	(723)
Travelling	-	(573)
Insurance	(1,315)	(675)
Office expenses	(294)	-
Sundry expenses	(115)	-
Accountancy fees	(600)	(600)
Depreciation of fixtures and fittings	(41)	(48)
Depreciation of office equipment	(530)	(657)
	(98,197)	(121,042)