

The east to west Trust

Trustees' Annual Report and Financial Statements

31 August 2022



Bringing Hope To Young Lives

A company limited by guarantee, registered in England and Wales number 06972769
Registered charity number 1131229



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The east to west Trust

Perseverance pays off:

We recently met a young person aged 17 in St Peter's Hospital, Chertsey, on Ash Ward, who had been admitted for overdosing. When we spoke to them about Emerge (see page 11), she confidently said she knew all about us because although she had never spoken to a member of our team before, she had received our packs, read them and always coloured in the words "voice of hope" and that she had tacked 12 different versions onto her bedroom wall! She was worried we wouldn't want to speak to her, since she had declined so many times before but was so thankful that she finally said yes and opened up to someone and felt heard!

The impact of east to west in 2021/2022



The east to west Trust

Contact details and social media



Bringing hope to young
lives through relational
support work

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Facebook: [e2wrelationalsupport](https://www.facebook.com/e2wrelationalsupport)
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Instagram: [easttowest.charity](https://www.instagram.com/easttowest.charity)

Legal and administrative information

Company/Charity name	The east to west Trust	
Registered charity number	1131229	
Registered company number	06972769	
Registered office	Unit 3, 80 High Street Egham, Surrey TW20 9HE 01784 438007	
Trustees/Directors	Susan Holloway (Chair of Trustees) (resigned October 2022) Ingrid Jack (resigned December 2021) John Salberg (resigned October 2021) Miriam Hanley Matthew Armsby Alison Matts Andrew Rich Jordan Amadi-Myers (appointed March 2022 – resigned December 2022) Lynda Donaldson (appointed June 2022)	
Secretary	Kenneth Morgan	
Bankers	The Co-Operative Bank plc PO Box 101 1 Balloon Street Manchester M60 4EP	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4TA
Solicitors	Moore Barlow The Oriel, Sydenham Road Guildford GU1 3SR	
Independent examiner	T. A. Wells, FCA 31 Elizabeth Avenue Laleham Staines Middlesex TW18 1JW	

Background Information

Introduction

east to west is at the forefront of bringing hope to young lives. Our vision is for children, Young People and families (the term Young People will be used as a collective noun for these groups throughout the document) to overcome the challenges (both emotional and physical) they face to becoming the very best they can be. To enable this, we've delivered Relational Support, a pastoral response based on compassionate, valuing relationships which puts those we serve at the heart of *all* we do. Working in partnership with schools, east to west has had a positive difference in the lives of over 35,000 Children, Young People and Families across a generation.

During the year to 31st August 2022 we worked with *1,299 (2021 699)* Young People in a 1:1 setting and saw successful conclusions in *674* instances. Of these cases, *387* Young People reached a point where they could function effectively without regular external support. A further *293* shared an issue that could either be resolved quickly or were referred more formally for additional support. As we moved out of lockdown and the schools re-opened (for all students) we ran a number of support groups, supporting *375* Young People. This year, we addressed issues such as exam stress, wellbeing, anxiety, and friendship.

Since September 2021 east to west has been part of the Surrey Wellbeing Partnership. This partnership has brought together 13 charities from across Surrey to work alongside the Surrey & Borders NHS Trust under the Mindworks banner to provide early support to young people who need to talk to about their mental health or signpost them to available support options.

25 Years of east to west

Saturday 11th June saw nearly 150 people join together to celebrate east to west's 25th Anniversary. Hosted by one of our church partners, St. John's Egham, we enjoyed a service of celebration followed by excellent food and conversations as those linked to east to west had the opportunity to meet, reconnect and build new friendships. Highlights of our day included Steve Holloway (our first CEO) sharing the origins of the charity and Andy Burns (former CEO) sharing about the ethos, the values and some very funny anecdotes about the Team's early years. Ant Horton spoke about how we deepened our relationship and reliance on God, whilst David Welch shared our exciting plans for the future.

"I just wanted to say a really big thank you for the lovely celebration to mark 25 years of east to west... It was so good to be reminded of the beginnings of east to west, it's development and its future projects. The service flowed so well, and the worship reflected the joy and celebration of God's many blessings." Katie Dodsworth – long-term supporter and guest.

The trustees wanted to say a massive thank you to all who prayed for the event and those who joined us in celebrating. We look forward to welcoming you to the 50th!

The future for east to west

The above paragraphs show the need for the services east to west provide and the value they have added to the lives of the Young People with whom we have been involved. It has become clear that the need for the support east to west is able to offer Young People is being recognised which has led directly to our growth in the year to August 2022 (see future plans). On this basis and having regard to the factors set out in note 2 to the financial statements, the trustees are confident of the continued need for the services of east to west and that sufficient funds will be available for these to be provided.

Trustee Report & Financial Statement

The trustees present their report and the financial statements for the year to 31 August 2022.

The east to west Trust is a company limited by guarantee and a registered charity. It is governed by its Memorandum and Articles of Association. The principal office is at: Unit 3, 80 High Street, Egham, Surrey, TW20 9HE

This charitable company commenced activities on 1 September 2009 when it received the assets, liabilities and operations of the former unincorporated charity "The east to west Trust" (registered charity number 1059177) founded in 1996. The charity now continues the work started and built up by its predecessor.

Please see the information page (page 5) for details of all trustees in post during the year.

Our aims

The objects of the trust set out in its Memorandum of Association are:

- To advance in life and relieve the needs of Young People through:
 - Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.
 - The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life.
- To assist in the relief of human suffering and poverty consequent upon the effect of personal, local, national or international disaster.
- To advance the Christian faith in accordance with the trust's statement of beliefs.

To assist the achievement of these objects, the trust has adopted the purposes:

- To see Young People impacted by hope.
- To see youth workers and churches empowered and equipped to impact Young People with hope.

By "hope" we mean hope of restoration, reconciliation and transformation.

These purposes are summarised in our strapline *"bringing hope to young lives"*.

Public benefit

We have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Much of our work is targeted at Young People aged between 4 and 18. However, through the hospital based Emerge Project we now reach young adults up to 25. The impact of east to west's work is tangible and measurable and will benefit the individuals themselves as they mature into the next generation of adults, their families and society as whole. Outcomes from our current years' work are included in the review of activities below.

We do not discriminate or treat any young person less favourably on the grounds of gender, marital status, race, colour, nationality, ethnic origin, religion, disability, age or sexual orientation. This is because we believe that everyone is made in the image of God and therefore everyone is of equal value and of unfathomable worth.

Review of activities

Our principal activities and those whom we seek to help are described below.

Relational Support Work

At the heart of east to west is Relational Support Work which we define as a long-term commitment to actively journey with Young People through the issues and difficulties that they are addressing in their lives.

Schools based Relational Support Work

Our Schools based Relational Support Workers spend time building and maintaining purposeful relationships with students and staff in schools. The non-teacher, non-student nature of the role allows a unique relationship to be formed where trust and confidence is central and advice and support are offered.

The School Relational Support Workers are involved in a wide variety of activities aimed at increasing the students' emotional, physical and spiritual well-being.

This year east to west celebrated the fact that we have been involved in the life of secondary schools for 25 years, implementing, developing and sustaining placements. In 2021-22 we had Relational Support Workers placed in 14 secondary & 2 Primary schools:

- Jubilee High School, Addlestone
- Matthew Arnold School, Staines-upon-Thames
- Thomas Knyvett College, Ashford
- Epsom & Ewell High School (*commenced September 2021*)
- Kings International College (*commenced September 2021*)
- Bishop Wand Church of England School, Sunbury-on-Thames
- St Paul's Catholic College, Sunbury-on-Thames
- Thamesmead School, Shepperton
- Esher Church of England High School, Esher
- Hinchley Wood School, Hinchley Wood
- Teddington School, Teddington
- Hampton High School (*commenced February 2022*)
- Everest Community Academy (*commenced September 2021*)
- Twickenham School (*commenced September 2021*)
- Goldsworth Primary, Woking
- Sayes Court Primary School (*commenced April 2022*)

The east to west Trust

Schools based Family Link Work

Our Family Link Workers spend time building relationships with children and their carers in first schools in Windsor, with the goal of providing a constant support through the pressures of family life. east to west has been involved in first schools since 2010 and this year had placements across 2 schools:

- Trinity St Stephen Church of England Aided First School, Windsor
- Homer First School, Windsor

Early Intervention Coordinators

Commencing in September 2021 east to west became a partner in the Surrey Wellbeing Partnership. This partnership consists of thirteen locally based Third Sector organisations who came together to create an Alliance with the Surrey and Borders NHS Foundation Trust under the banner “Mindworks Surrey”.

Under the title “Early Intervention Coordinator” we have provided Relational Support to young people in 16 Secondary Schools across the Surrey Boroughs of Woking, Elmbridge & Spelthorne. Of these, seven were schools that we have not been able to support prior to this point. Our role is to provide support at an early stage to young people within secondary schools in these boroughs who are struggling with their mental health and who would potentially be referred to the Intensive Intervention Team (previously Camhs). The aim is to provide effective support to them as early as possible and to reduce the number of referrals and therefore the number of young people waiting for support.

This partnership has enabled us to place team members in seven schools in Elmbridge & Woking where previously we had not had a presence. Across all the 16 schools we have been able to support a further 423 young people over the year.

Relational Counsellor

Our Relational Counsellors are experienced, qualified counsellors who are registered members of the British Association for Counselling and Psychotherapy (“BACP”). They spend time with Young People providing a confidential space where they can express their thoughts and feelings. east to west has placed counsellors in 3 schools:

- Town Farm Primary School, Stanwell
- Sunbury Manor Secondary School, Sunbury-on-Thames
- Hoe Valley Secondary School, Woking

Peripatetic Counsellor

The support we are able to offer through the Peripatetic Counsellor has recommenced this year with counsellors supporting team members by meeting a number of young people who have significant needs, but who do not reach the threshold or are on the waiting list.

The east to west Trust

The Emerge Project (supporting Young People and adults who have self-harmed or attempted suicide)

Despite Covid restrictions in place within St Peter's Hospital they enabled the Emerge team to visit regularly and, as things opened up, we increased our sessions to five each week (up from three in September 2021). We were present for 161 (121 20/21) evenings, which equated to at least 492 (242 20/21) hours of availability to Young People who have an average age of 16. The team have supported 119 (85 20/21) Young People over the year. A further 98 sessions were recorded with parents and/or a second visit with a young person. Subsequently the team have supported 64 young people across 217 (195 20/21) follow-up sessions in the community.

The Emerge team offers follow up sessions in the community for young people once they have been discharged from St Peters, supporting them whilst plans for other help and support can begin to take effect. This reduces the stress on young people, offers coping strategies, helps young people set goals and achieve them, which in turn reduces the risk of re-admission. The support given in these follow up sessions also helps to relieve some of the pressure on schools and allows us to bridge the gap that waiting lists have created for specialist care. The collaboration with Emerge Advocacy continues to flourish, with shared training and resources enabling us to deepen our support for the Young People between the ages of 10 and 25 who have presented at the Ashford and St Peter's Hospital NHS Foundation Trust's A&E department due to self-harm or attempted suicide.

Outcomes Improvement

Our Team have positively impacted the lives of 1,674 (699 20/21) students and carers this year through 1:1 sessions. We have measured the improvement in outcomes from 381 (274 20/21) long-term 1:1 cases that have been closed during the year to help illustrate the contribution we have had in the lives of these Young People. Most Young People show improvements in a number of areas under each outcome during the time that they are supported, therefore the final number always exceeds the number of closed cases:

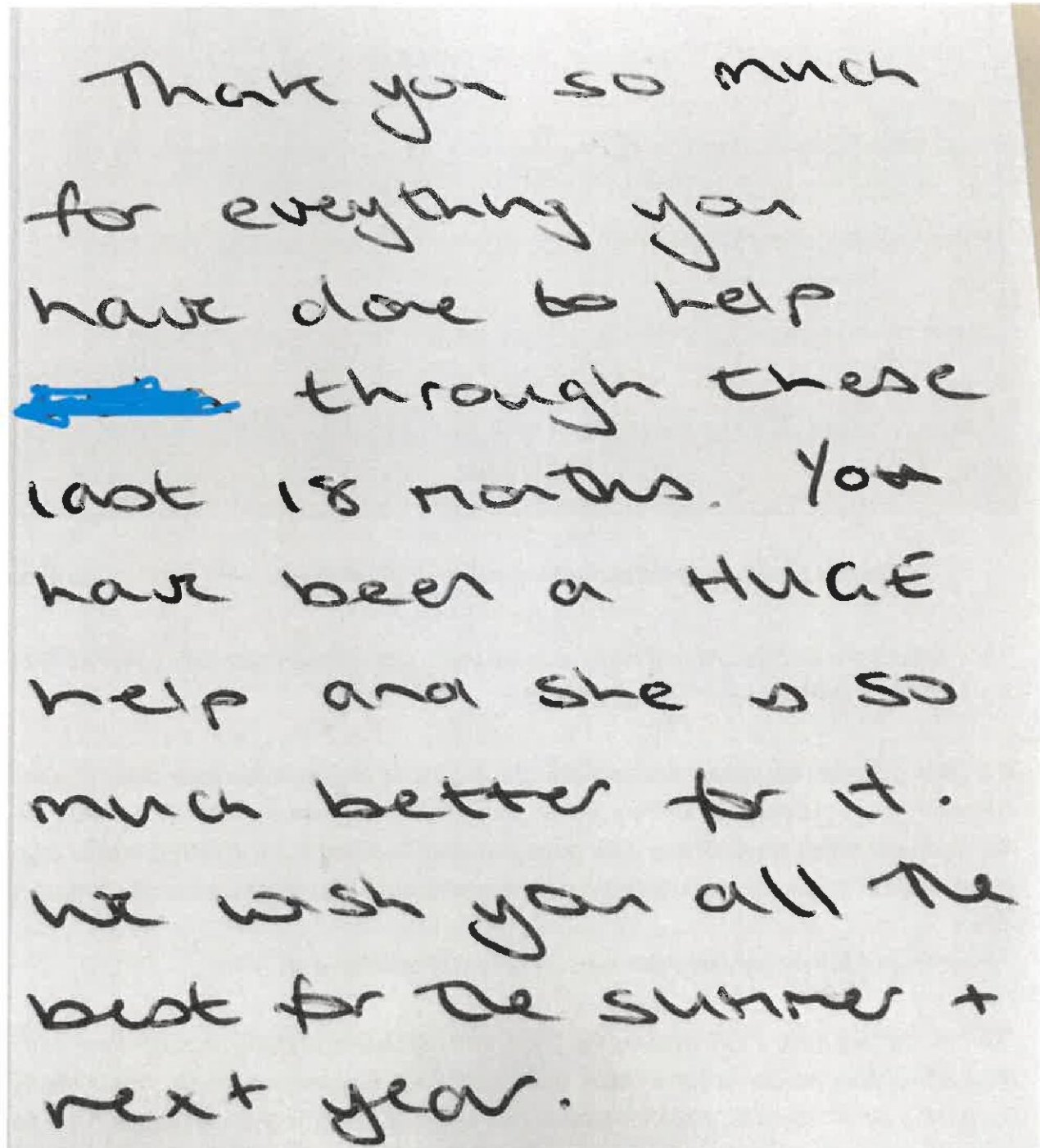
Key presenting issue	Outcome Areas	Total number of instances of improvement
Self-Awareness	<u>Improved Emotional Resilience</u> Improved confidence in social and relational activity Better understanding of self Able to self-monitor the build-up of stress/anxiety Able to display a healthy release of emotions	2,313 (1447 20/21)
Behaviour	<u>Improved Behaviour</u> Making a positive contribution in class Able to react well to problems and use appropriate strategies Reduced negative involvement of Senior Leadership Team (SLT) Increased ability to make good choices	1,035 (347 20/21)
Relationships	<u>Improved Relationships</u> With family members Parents engaging with outside agencies Increased knowledge of what a healthy friendship is Able to recognise/accept place in family	1,082 (694 20/21)
Total Closed Cases 381		4,430 (2488 20/21)
	<u>Improved engagement in education</u> Reduced negative involvement of SLT Making a positive contribution in class Increased knowledge of what a healthy friendship is Willingness to change/adapt behaviour	These improvements were seen across all 381 students whatever their presenting issue

What people say about the team:

"You have been our lifeline" Parent to a team member

"Thank you we have our son back now!"

(Text from parent to Emerge Team Lead)

A photograph of a handwritten note on lined paper. The text is written in black ink and reads: "Thank you so much for everything you have done to help ~~us~~ through these last 18 months. You have been a HUGE help and she is so much better for it. We wish you all the best for the summer + next year." The word "us" is crossed out with a blue marker.

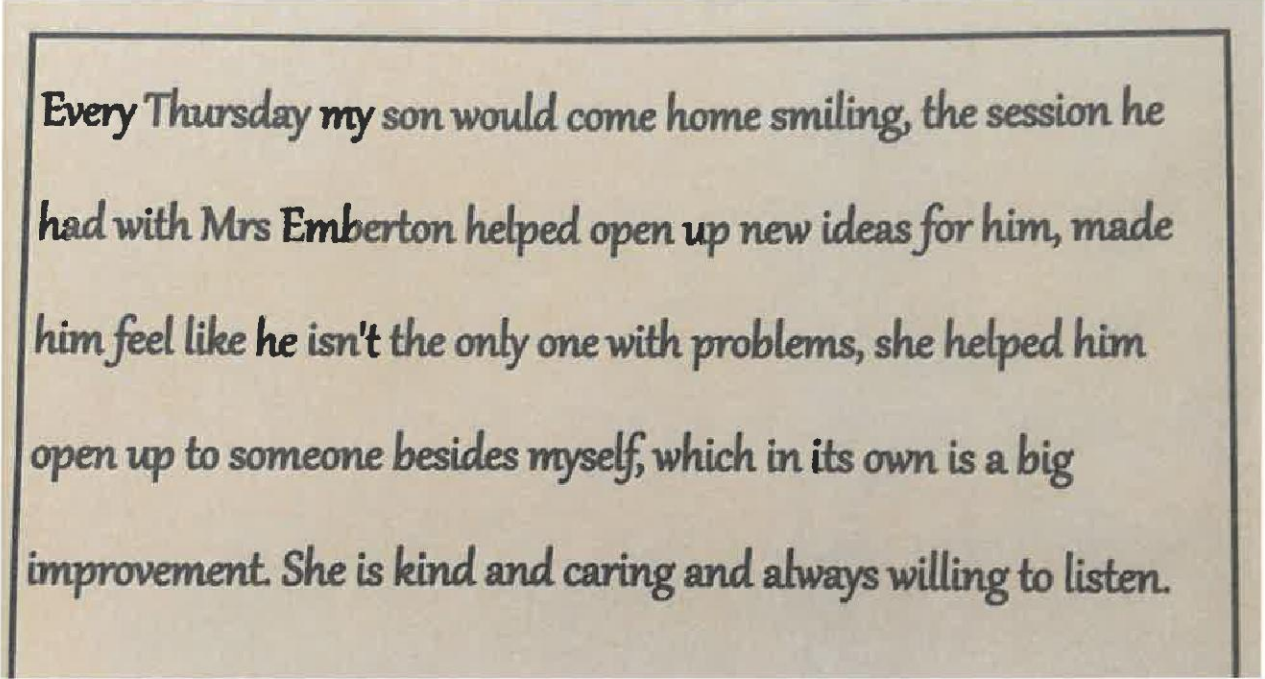
Thank you so much
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We wish you all the
best for the summer +
next year.

Young person to RSW Team Member – Hinchley Wood School

The east to west Trust

"5 out of 5 service because I was understood, and I was listened to for the first time and felt heard. Thank you"

Young person to Emerge Team Member



Every Thursday my son would come home smiling, the session he had with Mrs Emberton helped open up new ideas for him, made him feel like he isn't the only one with problems, she helped him open up to someone besides myself, which in its own is a big improvement. She is kind and caring and always willing to listen.

A parent's note to a headteacher regarding an RSW's work with their young person

"their school are so blessed and lucky to have the support from counselling and RSW they are so grateful to east west": Deputy Head

A is having some real issues with xxx and it's getting to the point he really doesn't want to come into school because he feels xxx is constantly on at him and I'm concerned that all the work and effort yourself and Alfie have achieved is going to be affected, would it be at all possible to maybe have a chat with him regarding this situation as it's really getting him down

Parent to an RSW recognising the support received by their son

"Sometimes we have a talk to clear my mind, and establish what my problems are and we think about how we can resolve them. Sometimes we play games, which cheers me up if I'm having an off-day. I'm grateful to have that option as I know a lot of people don't have that. We have discussed next steps in my future and made it feel slightly less daunting. Also it makes me realise how far I've come in my mental health journey.": Year 10 Student

Safeguarding and Development

east to west recognises the importance of safeguarding in its work with children, Young People and adults. We have a responsibility to protect everyone entrusted to our care and we are committed to the safeguarding of children and vulnerable adults to ensure their well-being. We follow the requirements of UK legislation in relation to safeguarding children and vulnerable adults and current best practice recommendations based on the Online Safeguarding Manual created by thirtyone:eight - <https://thirtyoneeight.org/>.

east to west is passionate about delivering positive outcomes for Young People. We continue to learn and develop all we do through a framework for monitoring and reporting the outcomes of our work. The framework enables east to west to safeguard those we work with and continuously review and improve the outcomes we are delivering. The outcomes framework asks three very simple questions: 'What did we do?', 'How well did we do it?' and 'How did we make a difference?'. Our team constantly seeks development opportunities. Each month they have input from outside agencies to grow their knowledge and enhance their practice. Throughout the year each team member is challenged to share:

- Accomplished: *What has gone really well (since the last supervision or across the whole year) that we might celebrate?*
- Breadth: *What has been learned (by the team member and/or east to west) in the process? How do we "take stock" of where things are now compared to where we thought they might be? What changes may be needed in east to west processes/practice in light of what has been learned?*
- Challenges: *What are you most excited about in this coming period? What concerns you the most? What ongoing professional development will help you to grow in your current role and for your future? How can the Lead (and the rest of the east to west Team) be of most help to you and your role?*

Partnerships

east to west seeks to empower and equip youth workers and churches to impact Young People with hope as one of its prime purposes. Our partnership base is the network through which we aspire to see this goal fulfilled and on which we continue to build.

In the year 2021-22 east to west partnered with:

- 7 Local churches
- 23 Secondary schools
- 5 First/Primary schools
- 23 Funding agencies, organisations and local authorities

Gender pay gap

The east to west Trust continues to review its salary structure in light of concerns over the Gender pay gap. Whilst reporting that this gender pay gap is now -18% (-27.5% 2021); the size of east to west means that this number varies widely from year to year due to the make-up of the team in any given reporting cycle. In line with Government guidelines we measure the gap in April. This year we have promoted team members meaning the Shared Leadership Team is more balanced. Pay rates for membership of this team are equal.

We have undertaken development and support to prepare new members of the team to take on the most senior levels of leadership, both within east to west and beyond.

The people who make it happen

Trustees

The trustees, who are also directors for the purposes of company law, and who served during the year and up to the date of this report, are listed on page 5.

Trustee Recruitment

Potential trustees are recruited to bring specific skills as needed on the board. These are identified through the annual board skills audit and board evaluation. After a preliminary discussion with the chair, the individual is invited to read the Core documents of the trust, and the Welcome to the Board document that outlines the characteristics, competences required and the Job Description for a trustee. Following an informal attendance at a board meeting, the existing trustees decide whether to proceed with the invitation to the individual to become a trustee. The trustee application form is then completed, and the new trustee is formally approved at the subsequent Board meeting.

Patrons

During the year we were honoured to announce that Ken and Gill Morgan, who have been supporting east to west since its inception, agreed to become east to west's very first Patrons. We're delighted they are continuing this long standing association with us. Gill writes *"Ken and I have enjoyed volunteering at east to west for around 18 years (Ken since it began), in a variety of innovative roles as the charity has grown. We are delighted to explore and develop what is needed as a patron... watch this space!"*

Team

This year we said a fond farewell to six team members: Nicola Lainsbury, Margaret Morbin, Rob Lewis, Tracy Gleeson, Emily Dodsworth and Helene Griffin. Nicola left to become part of the school team where she served as an RSW, Margaret returned to France, Rob retired from serving his school having served young people for over thirty years (and then re-joined us as our Chaplain),

The east to west Trust

Tracy joined the NHS as a Counsellor, Emily took up a role at start-up using her Financial Development skills and Helene set up another charity focused on families. We are incredibly grateful to all of them for their service to Young People while operating as part of east to west.

We employ a total of 31 paid team members (21 full time equivalents) whom we thank again for their ongoing commitment to the charity's work with Young People. This team is focussed on the delivery of our frontline programmes and is assisted by external advisers with specialist expertise in IT, communications and finance.

Volunteers

The trustees also extend heartfelt thanks to the charity's dedicated volunteers for the on-going contribution they make. In the year 2021/2022, while no volunteers were able to provide one-to-one mentoring in schools, 492 volunteer hours were completed in the Emerge Project. All our volunteers have enhanced DBS checks and the charity provides on-going development to equip them for their roles. Many in the past, as a result of working with east to west, have moved into counselling and other pastoral roles, or joined our team as a paid team member.

Trustees' annual report

Finance and Governance for the year ended 31 August 2022

Finance

Overview

Total income for 2021-22 was £695,044 which was an increase of £129,364 compared with the income of 2020-21. Despite the financial pressures on both grant making organisations and our partners we note that grants and partner contributions increased by £99,358 to £452,400, an increase of 28%. Voluntary donations from individuals and churches, whether through direct giving or through taking part in fundraising events, remains a very significant part of our total income; together with the gift aid we were able to reclaim and additional charitable activities, this total came to £91,757, an increase of £722 on 2020-2021. This recognises the real sacrifice people made to support us in difficult times and we are grateful for this support.

For the first time, our partnership with the Surrey Wellbeing Partnership (SWP) appears in the accounts with the amount received being £150,887.

Restricted income accounted for about 67% of the total, an increase on last year (partly driven by the additional funds under the SWP contract).

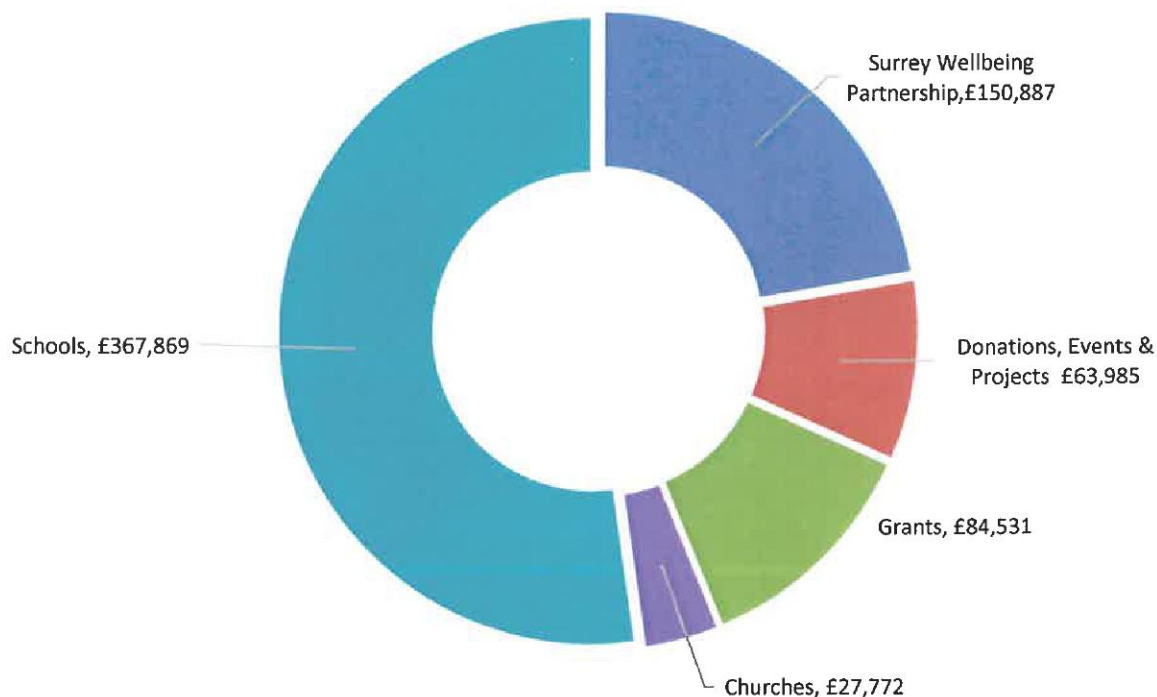
It goes without saying that we remain extremely grateful to all those faithful individuals, churches, businesses and other funding organisations who provide financial support for our work – without this east to west could not operate as it does today.

Compared with the previous year costs increased from £431,666 to £674,641, an increase of 56%. Although we have a net surplus for the year, this was mainly due to Restricted Funds, and we incurred a deficit on unrestricted funds of £23,235. After making a transfer from restricted funds of £4,718, we are carrying forward unrestricted funds of £149,486. At the balance sheet date net assets were £221,486. This equates to almost 3 months expenditure based on our budget for 2022-2023. The trustees believe the reserves (our policy is for two months reserves) at the balance sheet date are sufficient for the efficient future operations of the charity.

The Trustees again recognise that the focus and additional time given to one of the key management personnel, which enabled him to focus on fundraising through a coordinated approach to grant-making bodies and developing relationships with existing and new funders, has borne fruit this year.

Funding

The chart below breaks down our sources of income this year:



Donations from individuals and churches provided 13% (30%) of our income; this figure reflects regular and one-off donations plus gift aid where applicable. This provision is extremely beneficial as it underpins the ongoing work of east to west and enables us to plan into the future with greater certainty. Our partner schools have contributed 52% (42%) and we have received income from other partners and grants making up the remaining 35% (28%). We are extremely grateful for the loyalty of all our Church, Individual and Corporate financial supporters whose generosity we have been able to rely upon throughout the year, and especially during the recent pandemic. Listed below are those we have financially partnered with during 2021-22:

- | | |
|-----------------------------------|---|
| ■ Allchurches Trust | ■ Heathrow Community Fund |
| ■ Amazon | ■ High Sherriff Youth Award |
| ■ Arnold Clark Charitable Trust | ■ Joel's Place, Ascot |
| ■ Ashford Congregational Church | ■ Kelly Family Charitable Trust |
| ■ Berkshire Community Foundation | ■ Menzies LLP(Accountants) |
| ■ Borrows Foundation | ■ St. John's Church, Egham |
| ■ Chapman Charitable Trust | ■ St Peter's Relief in Sickness Fund |
| ■ Christ Church, Virginia Water | ■ Spelthorne Borough Council – Mayors Charity of the Year |
| ■ Coleman Charitable Trust | ■ Sunningdale Baptist Church |
| ■ Community Foundation for Surrey | |

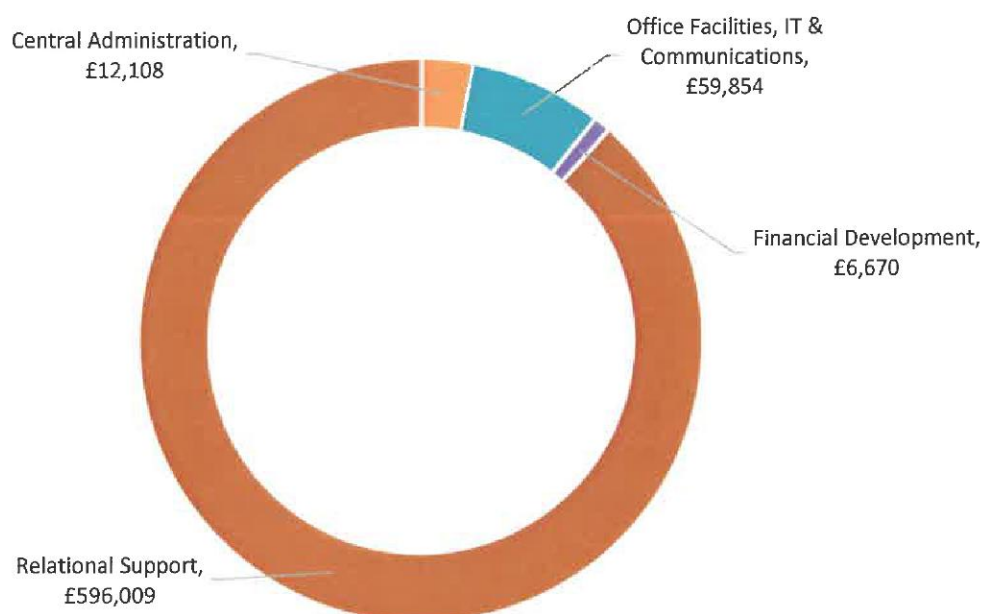
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- Co-op Community Fund
- Dedworth Green Baptist Church
- Edward Gostling Foundation
- Garfield Weston
- Heathrow Community Trust
- Homelands Charitable Trust

- Staines Methodist Church
- Surrey County Councillors
- Tesco
- TK Charitable Trust
- Windsor & Maidenhead Charitable Trust

Expenditure

The following chart analyses the total expenditure of the trust for the year between its different activities. (Spending from restricted and unrestricted funding has been amalgamated to give the full picture).



Governance

Board of trustees

The board of trustees has responsibility for directing and controlling the affairs of the trust. The board met five times during year to:

- review the trust's activities, finances and performance;
- approve future plans and strategy; and
- monitor risks and ensure that they are appropriately managed.

At the start of each year goals are agreed by the trustees with the team and progress is monitored throughout the year through individual, team and trust appraisal processes.

Leadership team

The trustees delegate day to day management of the trust to its Chief Executive Officer, currently Ian Smith, who is supported by the Head of Operations, Helen Hallett. Over the year the Shared Leadership Team grew to include the joint Heads of School, Clare Sampson & Caroline Case, the Head of Income & Communications (HOIC), Dan Beedell, and the Head of the Emerge Project, Elizabeth Argent. It is the Trustees' belief that during 2022/23 the trust will continue to benefit from work done by this team.

A Finance team, comprising the charity's senior team members, advisors and a Trustee, met intermittently during the year, with a remit to address day to day financial aspects of the charity.

Remuneration and pay levels for the key management personnel and within the charity generally are determined by the trustees with periodic benchmarking to organisations of a similar size and nature.

Risk management

The trustees and management team assess the potential risks to the running and financing of the organisation and the safeguarding of the team and Young People on a monthly basis. east to west has a comprehensive portfolio of policies which enables the projects to operate in a professional and safe manner. The team and trustees review the policies at the end of each academic year.

Principle risk area	Key mitigating factors
Governance over the organisation and activities	<ul style="list-style-type: none"> ■ A Board of trustees with experience in a range of relevant disciplines who meet regularly together and with the trust management ■ Annual assessment of governance effectiveness ■ Assimilation of emerging issues and trends within the sector
Management of financial resources	<ul style="list-style-type: none"> ■ Monthly financial reporting and forecasting ■ Rigorous documented fiscal management processes overseen by the Board ■ Financial and fundraising matters considered at every trustee and management meeting
Safeguarding and service delivery	<ul style="list-style-type: none"> ■ Maintenance of comprehensive operations policies reviewed, updated with ongoing training to team ■ Continuous development of the organisation and its service delivery team ■ Access to external resources and benchmarking against best practice standards
People and employment	<ul style="list-style-type: none"> ■ Stringent appointment and vetting processes following Safer Recruitment best practice, including DBS checks ■ Wide ranging induction and on-the-job development ■ Well established, effective supervision and development mechanisms in place

Future plans

We are partnering with the Bourne Educational Trust, growing across the Secondary and Primary schools within the trust, and we continue to expand the Emerge Project through additional evenings and community follow-up. We continue to respond to new opportunities. However, our scope for expansion will be dictated by the availability of new funding as we need to preserve our reserves to provide an adequate contingency fund.

The generous legacy that the trust received during the previous year has given us the opportunity to explore future growth in line with our founding documents. The trustees, in consultation with the SLT, agreed to start 'Making the Leap' (support for young people transitioning to Further Education colleges) & Connect (working with young men at a local Young Offenders Institute to give them the best opportunities for success following their release).

The board continues to seek to diversify its membership, actively seeking to recruit members of underrepresented groups.

Statement of trustees' responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and regulations.

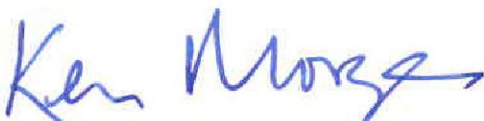
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

Approved by the board and signed on its behalf by the Secretary on 18 January 2023.



Kenneth Morgan

Independent examiner's report

to the trustees/directors on the unaudited financial statements of

The east to west Trust (a company limited by guarantee)

for the year ended 31 August 2022

I report on the accounts of The east to west Trust for the year ended 31 August 2022, which are set out on pages 25 to 35 and comprise the statement of financial activities, the balance sheet and the related notes.

This report is made solely to the charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

These financial statements have been prepared under the historical cost convention, in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities and Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is required.

Having satisfied myself that the charity is not subject to an audit under charity or company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Act;
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- state whether particular matters have come to my attention.

Independent Examiner's Statement

As the charity's income for the year exceeds £500,000, I am qualified to undertake the examination by being a qualified member of the Institute of Chartered Accountants in England and Wales.

Independent examiner's report - continued

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements below.

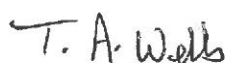
In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



T. A. Wells FCA
Chartered Accountant
Independent Examiner

31 Elizabeth Avenue
Laleham, Staines
Middlesex TW18 1JW

Date: 18 January 2023

The east to west Trust

Statement of financial activities

(incorporating the income and expenditure account) for the year ended 31 August 2022

	Notes	Unrestricted Funds £	Restricted funds £	2022 Total £	2021 Total £
Income and endowments					
Donations, legacy & Charitable activities	3	230,448	464,596	695,044	565,680
Other		-	-	-	-
Total		230,448	464,596	695,044	565,680
Expenditure					
Charitable activities & Fundraising	4	253,683	420,958	674,641	431,666
Total		253,683	420,958	674,641	431,666
Net income/(expenditure) for the year		(23,235)	43,638	20,403	134,014
Transfers between reserves	11(1)	4,718	(4,718)	0	0
Total funds brought forward		168,003	33,020	201,023	67,009
Total funds carried forward		149,486	71,940	221,426	201,023

All of the activities are continuing activities.

The statement of financial activities includes all gains and losses for the year and therefore no statement of total recognised gains and losses has been prepared.

The notes on pages 28 to 35 form part of these accounts.

The east to west Trust

Balance sheet as at 31 August 2022

	Notes	2022 £	2022 £	2021 £	2021 £
Fixed assets					
Tangible assets	8		-		3
Current assets					
Debtors	9	25,719		4,695	
Cash at bank		221,192		242,630	
		<u>246,911</u>		<u>247,325</u>	
Creditors: amounts falling due within one year	10	(25,485)		(46,302)	
		<u></u>		<u></u>	
Net current assets			221,426		201,023
Net assets			<u>221,426</u>		<u>201,023</u>
The funds of the charity					
Restricted funds	11		71,940		33,020
Unrestricted funds	12		59,607		75,393
Designated funds	12		89,879		92,610
			<u></u>		<u></u>
Total funds			221,426		201,023
			<u></u>		<u></u>

The east to west Trust

Statement of Cash Flow for period ended 31 August 2022

	2022
<i>Cash flows from operating activities</i>	£
Surplus for the financial year	20,403
Adjustments for:	
Increase in debtors	(21,024)
Increase in creditors	(20,817)
Total	(41,841)
<i>Cash from operations</i>	(21,438)
<i>Cash flows from investing activities</i>	
<i>Net decrease in cash and cash equivalents</i>	(21,438)
Cash and cash equivalents at beginning of year	242,630
Cash and cash equivalents at end of year	221,192

Analysis of changes in net debt

	01/09/2021	Cash Flows	31/08/2022
	£	£	£
Cash at hand and in bank	242,630	(21,438)	221,192

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

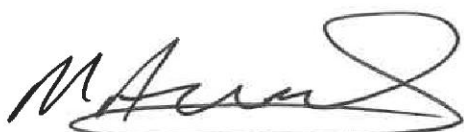
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial period and of its surplus or deficit for each financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with the FRS102 SORP.

The financial statements were approved for issue by the board of trustees on 18 January 2023 and were signed on its behalf by:



Matthew Armsby, Chair of Trustees

Registered company number 06972769

Notes to the financial statements

for the year ended 31 August 2022

1 Accounting policies

The charity, which constitutes a public benefit entity as defined by FRS 102, is a private company limited by guarantee and registered in England and Wales. It operates from the registered office address shown on page 5 and its objects, aims and activities are set out in the Trustees' Report. The principal accounting policies are summarised below and have been applied consistently throughout the year.

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objects of the company at the discretion of the trustees. Restricted funds can only be used for particular, limited, purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular, restricted, purposes. Designated funds are unrestricted funds set aside for use in projects to be specified by the Trustees

Incoming resources

Incoming resources are recognised in the Statement of Financial Activities (SoFA) when the charity becomes unconditionally entitled to the income and the amount can be quantified with reasonable accuracy and where it is certain that it will be received.

Performance related income is only included in the SoFA once the related services have been provided.

Deferred income

Grants and donations received in advance and specified by the donor as relating to specific future periods or subject to conditions which are still to be met, are deferred to the period to which they relate.

Tax reclaims on donations

Gift aid tax reclaims on donations are included in the SoFA in the same period as the donations to which they relate.

Volunteer services

The value of volunteer services received is not included in the accounts but is described in the trustees' report.

Notes to the financial statements for the year ended 31 August 2022

continued

Investment income

Income from investments is included in the accounts in the period it is receivable.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Operating leases

Operating lease rentals are expensed on a straight-line basis over the period of the lease.

Tangible fixed assets

Tangible fixed assets are assets with an expected useful life of more than one year and are recorded at cost or, if gifted, at the market value to the charity on receipt. The cost of Fixed Assets is written off as incurred

2 Going concern

These accounts show unrestricted funds of £149,486 and net assets of £221,426 (2021: £201,203) at the balance sheet date. A budget and cash flow forecast for the next twelve months has been prepared. Although this shows a projected deficit of £40,000, the Trustees believe they have sufficient resources to regard this being acceptable and that the Trust will be able to settle its liabilities as they fall due during the twelve months following the approval of these accounts. Therefore, taking these factors into account, they consider it is correct that these accounts have been prepared on the going concern basis.

3 Donations, legacies and incoming from charitable activities

	Unrestricted funds £	Restricted Funds £	2022 Total £	2021 Total £
Donations	75,163	6,050	81,213	80,668
Gift aid tax reclaims	9,032	-	9,032	7,713
Legacy (M. Bateman)	-	-	-	92,610
Grants	42,240	42,291	84,531	101,252
Partner Contributions	73,593	294,276	367,869	251,790
Surrey Wellbeing Partnership	28,908	121,979	150,887	1,823
Charitable Activity (SPA 500)	-	-	-	27,170
Fund Generation	1,512	-	1,512	2,654
Total Income	230,448	464,596	695,044	565,680

All income in the year was unrestricted except for £464,596 (£327,435) which was given by funders to pay for the work of a Relational Support Worker within a school, for the Emerge project, and for the Peripatetic Counsellor. Within the income items above there were no related party transactions requiring disclosure for the current year or the prior year

The east to west Trust

Notes to the financial statements for the year ended 31 August 2022

continued

4 Expenditure on raising funds and charitable activities

	Unrestricted Funds £	Restricted Funds £	2022 Total £	2021 Total £
Fundraising expenses (includes 25 th Anniversary costs)	6,605	65	6,670	1,042
Staff costs	186,114	409,895	596,009	367,029
Training and travel	10,280	571	10,851	3,419
Office facilities	16,376	860	17,236	11,379
IT and communications	25,787	8,999	34,786	16,085
Fees and external assistance	2,061	341	2,402	12,106
SPA 500	-	-	-	10,900
Printing (Equipment Hire), postage and stationery	5,204	226	5,430	8,587
Depreciation	-	-	-	-
Other costs (books, subs, charges & transfers)	1,257	0	1,257	1,119
	<u>253,683</u>	<u>420,958</u>	<u>674,641</u>	<u>431,666</u>

Amounts payable to Independent Examiner

We do not pay any sums for the independent examination as his time is donated to the charity;
nor do we make payments for:-

- Assurance services other than independent examination;
- Tax advisory services;
- Other financial services

5 Net income

	2022 £	2021 £
Net income is stated after charging:		
Operating lease rentals (Photocopier)	3,869	4,730
Digital File Storage	3,254	5,412

Notes to the financial statements for the year ended 31 August 2022

continued

6 Team

Team costs	2022 £	2021 £
Salaries	542,200	337,177
Social security costs	37,664	17,878
Pension Contributions	11,116	7,116
Supervision	<u>5,029</u>	<u>4,914</u>
	596,009	367,029

The remuneration of key management personnel was £125,612 (2021 £104,789). No employees received remuneration of £60,000 or more.

Number of staff

The average number of staff employed during the period, calculated in full-time equivalents, was as follows:

	2022 No.	2021 No.
Engaged in direct charitable activities	18	10
Other staff	3	3
	<u>21</u>	<u>13</u>

Trustees

None of the trustees received any remuneration or expenses during the year

7 Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge or liability in these accounts.

The east to west Trust

Notes to the financial statements for the year ended 31 August 2022

continued

8 Tangible fixed assets

Cost	Fixtures, fittings & Equipment £
At 1 September 2021 and 31 st August 2022	2,242
Depreciation at 1 September 2021 and 31 st August 2022	(2,242)
	(0)

There were no additions to, or disposals of, tangible fixed assets during the year.

9 Debtors

	2022 £	2021 £
Prepayments and accrued income	2,355	3,442
Surrey Wellbeing Partnership	19,294	0
Gift Aid refund	3,984	1,253
Other debtors	86	0
	<u>25,719</u>	<u>4,695</u>

10 Creditors: amounts falling due within one year

	2022 £	2021 £
Trade creditors	1,381	2,995
Other taxation, social security & Pension	16,881	6,022
Accruals and deferred income	7,223	37,285
	<u>25,485</u>	<u>46,302</u>

Notes to the financial statements for the year ended 31 August 2022

continued

11 Restricted funds

	At 1 September 2021 £	Transfers Between Reserves	Incoming Resources £	Outgoing Resources £	At 31 August 2022 £
Supported Lodgings (11(1))	4,718	(4,718)	-	-	-
Schools Work	14,597		298,076	(309,397)	3,276
Make the Leap	-		4,000	-	4,000
Emerge	-		66,898	(33,647)	33,251
Peripatetic Counsellor	13,705		12,500	(341)	25,864
Surrey Wellbeing Partnership	-		83,122	(77,573)	5,549
	<u>33,020</u>	<u>(4,718)</u>	<u>464,596</u>	<u>(420,958)</u>	<u>71,940</u>

Restricted Funds table of movements 2020/2021 (for comparative purposes)

	At 1 st September 2020 £	Transfers Between Reserves	Incoming Resources £	Outgoing Resources £	At 31 st August 2021 £
Supported Lodgings	4,718		-	-	4,718
Schools Work	716		300,984	(287,103)	14,597
Emerge	1,464		24,628	(26,092)	-
Peripatetic Counsellor	14,265	-	-	(560)	13,705
Surrey Wellbeing Partnership	-		1,823	(1,823)	-
	<u>21,163</u>	<u>-</u>	<u>327,435</u>	<u>(315,578)</u>	<u>33,020</u>

Notes to the financial statements for the year ended 31 August 2022

continued

- i. The Supported Lodgings fund, no longer required for a closed project was agreed by the Trustees to be transferred to the General Funds
- ii. The Schools Work funds are restricted to providing Relational Support Work in an educational establishment setting
- iii. The Emerge funds area restricted to providing support for Young People in Ashford St Peter's NHS Foundation Trust
- iv. The Peripatetic Counsellor funds are restricted to providing ongoing support to Young People identified by the Relational Support Worker as needing a specific therapeutic intervention followed up by Relational Support in the school
- v. The Trust became a member of the Surrey Wellbeing Partnership this year and the funds are restricted to activities connected with the Emotional Wellbeing and Mental Health support being offered to Young People in Crisis and those requiring early support to enable them to work through the issues they are facing

12 Unrestricted funds

	At 1 September 2021 £	Transfers between reserves £	Incoming Resources £	Outgoing Resources & Designations £	At 31 August 2022 £
General Fund	75,393	4,718	230,448	(253,683)	59,607
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	-				

Designated Funds	At 1 September 2021 £	New Designations £	Utilised	Transfers	At 31 August 2022 £
Future Projects	92,610	-	(2,731)	-	89,879
	<u> </u>	<u> </u>	<u> </u>	<u> </u>	<u> </u>
	-				

The unrestricted funds of the charity include the General funds, which can be used to support all aspects of relational support projects undertaken by the trust and directly funding these if there is not sufficient specific (restricted) funding available, and a legacy of £92,610 which has been designated by the Board of Trustees for future project opportunities.

The east to west Trust

Notes to the financial statements for the year ended 31 August 2022

continued

13 Operating lease commitments

	2022	2021
	£	£
Operating lease commitments are as follows:		
Payable within 1 year	3,290	3,290
Payable within 2 to 5 years	8,226	9,870
	<u>11,516</u>	<u>13,160</u>

14 Related parties

One of the trustees, Mr Matthew Armsby, is a partner in BC Technologies who provide IT support services for this trust. During the year they were paid £1,319 for this work. There are no other transactions requiring disclosure in this or the previous year.

