

The east to west Trust

Trustees' Annual Report and Financial Statements

31 August 2021



Bringing Hope To Young Lives

A company limited by guarantee, registered in England and Wales number 06972769
Registered charity number 1131229



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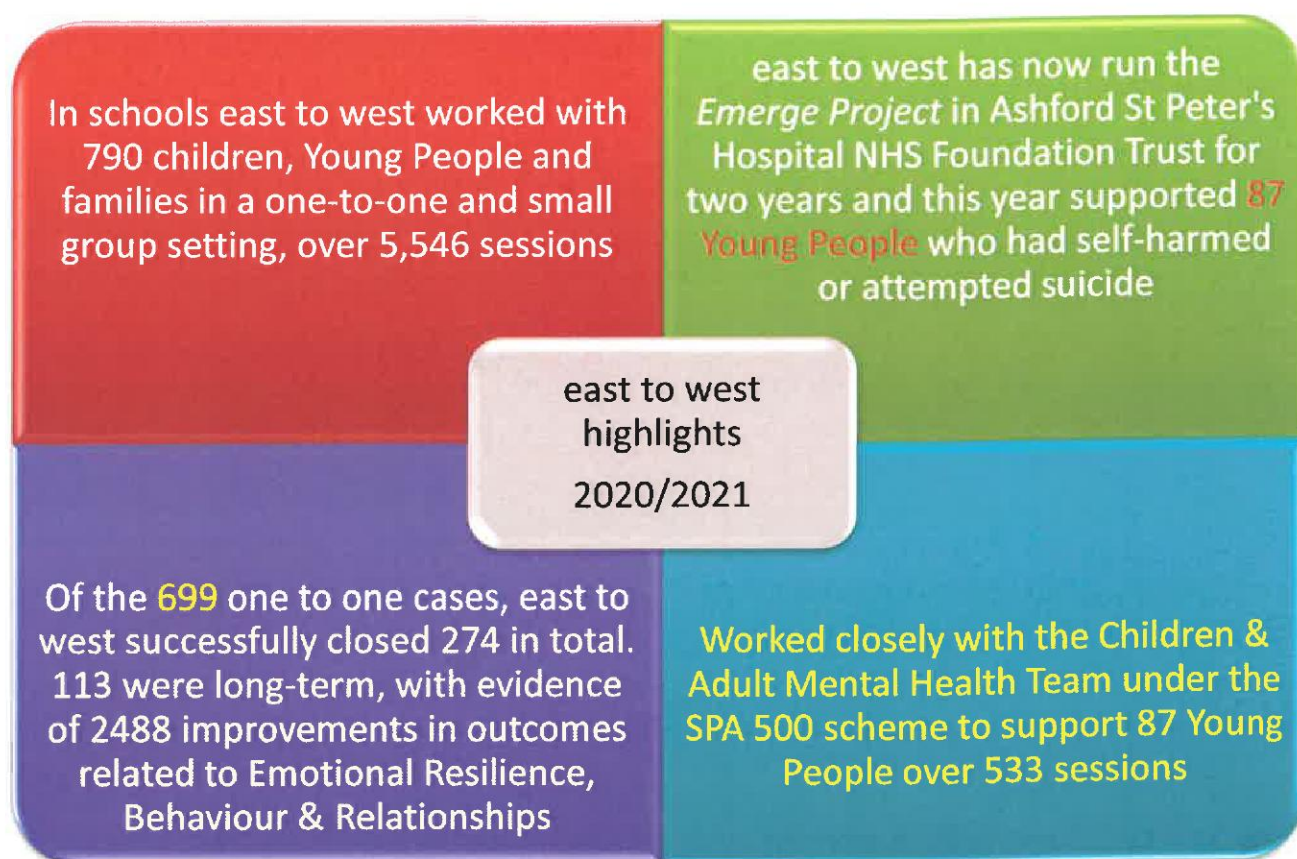
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The east to west Trust

As a secondary school, we have been working with East to West now for a little less than a year. As a school we received covid catchup funding via the government and we wanted to support the mental health and well-being of some of our most vulnerable students. After an initial consultation with Ian, we decided to move ahead with a relationship support worker and we were so lucky to have been given the opportunity to work with Nicola Lainsbury. Nicola has come into school with expert training from East to West and supports within our inclusion department. Nicola has already, in such a short amount of time, established great relationships with the students and works with them individually each week to support their academic progress and mental well-being. I cannot recommend East to West enough. They are truly professional in all they do and have the skills and expertise to support our students through any challenges they present. A true asset to any inclusion team. On behalf of Teddington School, thank you.

Kathy Pacey (Headteacher – Teddington School)

The impact of east to west in 2020/2021



The east to west Trust

Contact details and social media



Bringing hope to young
lives through relational
support work

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Legal and administrative information

Company/Charity name	The east to west Trust	
Registered charity number	1131229	
Registered company number	06972769	
Registered office	Unit 3 80 High Street Egham, Surrey TW20 9HE 01784 438007	
Trustees/Directors	Susan Holloway (Chair of Trustees) Ingrid Jack John Salberg James Foster (resigned February 2021) Miriam Hanley Matthew Armsby Alison Matts Andrew Rich	
Secretary	Kenneth Morgan	
Bankers	The Co-Operative Bank plc PO Box 101 1 Balloon Street Manchester M60 4EP	CAF Bank 25 Kings Hill Avenue West Malling Kent ME19 4TA
Solicitors	Moore Barlow The Oriel Sydenham Road Guildford GU1 3SR	
Independent examiner	T. A. Wells, FCA 31 Elizabeth Avenue Laleham Staines Middlesex TW18 1JW	

Trustees' annual report

(incorporating the directors' report) for the year ended 31 August 2021

Introduction

east to west are at the forefront of bringing hope to young lives. Our vision is for children, Young People and families (the term Young People will be used as a collective noun for these groups throughout the document) to overcome the challenges (both emotional and physical) they face to becoming the very best they can be. To enable this, we relationally support Young People through a pastoral response based on compassionate, valuing relationships which puts those we serve at the heart of *all* we do. Working in partnership with schools, east to west has made a difference in the lives of over 29,000 Children, Young People and Families across a generation.

During the year to 31st August 2021 we worked with *699 (2020 570)* Young People in a 1:1 setting and saw successful conclusions in *435* instances. Of these, *274* Young People reached a point where they could operate without regular external support, whilst a further *161* shared an issue that could either be resolved quickly or were referred more formally for additional support. Due to the pandemic we ran fewer support groups than usual, and so only supported *91* Young People this year addressing issues such as exam stress, wellbeing, anxiety, and friendship. In the first six months of the year we continued to work alongside the Child and Adolescent Mental Health Services ("CAMHS") team, helping meet the needs of Young People who had been referred to them. It was a mark of the professionalism of our team that they took on this work and made a considerable difference in the lives of 87 Young People & children.

Covid-19 Pandemic – east to west kept working

Last year we commented that numbers alone never tell the whole story; and this year it continued to be true! The work of east to west did not stop. Apart from the time when schools were closed in January & February this year the team provided face to face support to Young People in schools, while juggling their own responsibilities, pressures and concerns. They rose to the challenge of connecting with Young People who were kept in bubbles within school, working alongside the Special Educational Needs ("SEN") and Pastoral teams to address the new and ongoing issues Young People were facing. As stated in the previous annual report throughout the pandemic the east to west team lived out the east to west ethos (Compassionate, Integrity, Fun, Devoted, Selfless, and Community)!

The trustees recognise the flexibility and willingness of the team to adapt to new ways of working that allowed east to west to continue to bring hope to young lives. We received £5,000 in one-off grants by organisations to enable us to respond to the challenges faced by Young People due to the Covid-19 pandemic.

During this period the schools and St Peter's Hospital were heavily impacted by an increased need, and due to our ongoing support, a number of expressions of appreciation and gratitude were received. They particularly noted that all our team were physically present as soon as they were able to see Young People face-to-face.

Covid-19 Pandemic - the future for east to west

The above paragraphs show the need for the services east to west provide and the value they have added to the lives of the Young People with whom we have been involved. It has become clear that the need for the support east to west is able to offer Young People has been recognised and this has led directly to our growth in the year to August 2022 (see future plans). Furthermore, at the balance sheet date over £56,735 had been received by the Trust to pay for work to be undertaken in the new financial year. On this basis and having regard to the factors set out in note 2 to the financial statements, the trustees are confident of the continued need for the services of east to west and that sufficient funds will be available for them to be provided.

Trustee Report & Financial Statement

The trustees present their report and the financial statements for the year to 31 August 2021.

The east to west Trust is a company limited by guarantee and a registered charity. It is governed by its Memorandum and Articles of Association. The principal office is at: Unit 3, 80 High Street, Egham, Surrey, TW20 9HE

This charitable company commenced activities on 1 September 2009 when it received the assets, liabilities and operations of the former unincorporated charity "The east to west Trust" (registered charity number 1059177) founded in 1996. The charity now continues the work started and built up by its predecessor.

Please see the information page (page 5) for details of all trustees in post during the year.

Our aims

The objects of the trust set out in its Memorandum of Association are:

- To advance in life and relieve the needs of Young People through:
 - Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.
 - The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life.
- To assist in the relief of human suffering and poverty consequent upon the effect of personal, local, national or international disaster.
- To advance the Christian faith in accordance with the trust's statement of beliefs.

To assist the achievement of these objects, the trust has adopted the purposes:

- To see Young People impacted by hope.
- To see youth workers and churches empowered and equipped to impact Young People with hope.

By "hope" we mean hope of restoration, reconciliation and transformation.

These purposes are summarised in our strapline *"bringing hope to young lives"*.

Public benefit

We have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

The east to west Trust

Much of our work is targeted at Young People aged between 4 and 18. However, through the hospital based Emerge Project we now reach young adults up to 25. The impact of east to west's work is tangible and measurable and will benefit the individuals themselves as they mature into the next generation of adults, their families and society as whole. Outcomes from our current years' work are included in the review of activities below.

We do not discriminate or treat any young person less favourably on the grounds of gender, marital status, race, colour, nationality, ethnic origin, religion, disability, age or sexual orientation. This is because we believe that everyone is made in the image of God and therefore everyone is of equal value and of unfathomable worth.

Review of activities

Our principal activities and those whom we seek to help are described below.

Relational Support Work

At the heart of east to west is Relational Support Work which we define as a long-term commitment to actively journey with Young People through the issues and difficulties that they are addressing in their lives.

Schools based Relational Support Work

Our Schools based Relational Support Workers spend time building and maintaining purposeful relationships with students and staff in schools. The non-teacher, non-student nature of the role allows a unique relationship to be formed where trust and confidence is central, and advice and support are offered.

The School Relational Support Workers are involved in a wide variety of activities aimed at increasing the students' emotional, physical and spiritual well-being.

east to west has been involved in the life of secondary schools for over 20 years, implementing, developing and sustaining placements. In 2020-21 we had Relational Support Workers placed in 9 secondary & 1 Primary school:

- Jubilee High School, Addlestone
- Matthew Arnold School, Staines-upon-Thames
- Thomas Knyvett College, Ashford
- Bishop Wand Church of England School, Sunbury-on-Thames
- St Paul's Catholic College, Sunbury-on-Thames
- Thamesmead School, Shepperton
- Esher Church of England High School, Esher
- Hinchley Wood School, Hinchley Wood
- Teddington School, Teddington (*commended January 2021*)
- Goldsworth Primary, Woking (*commenced January 2021*)

The east to west Trust

Schools based Family Link Work

Our Family Link Workers spend time building relationships with children and their carers in first schools in Windsor, with the goal of providing a constant support through the pressures of family life. east to west has been involved in first schools since 2010 and this year had placements across 3 schools:

- Clewer Green Church of England Aided First School, Windsor (*placement closed July 2021*)
- Trinity St Stephen Church of England Aided First School, Windsor
- Homer First School, Windsor

Relational Counsellor

Our Relational Counsellors are experienced, qualified counsellors who are registered members of the British Association for Counselling and Psychotherapy ("BACP"). They spend time with Young People providing a confidential space where they can express their thoughts and feelings. east to west has placed counsellors in 3 schools:

- Town Farm Primary School, Stanwell
- Sunbury Manor Secondary School, Sunbury-on-Thames
- Hoe Valley Secondary School, Woking

Peripatetic Counsellor

The support we are able to offer through the Peripatetic Counsellor has of necessity been curtailed this year. Schools were understandably unwilling to allow 'outside' counsellors on site during the pandemic. It is our hope that in the coming year this provision for Young People who do not meet the criteria for CAMHS will re-commence.

The Emerge Project (supporting Young People and adults who have self-harmed or attempted suicide)

Throughout this year starting in September the hospital welcomed the Emerge team back, although we were only able to provide a reduced support due to volunteer numbers (volunteers were cautious about returning to hospital). We were present for 121 evenings, which equated to at least 242 hours of availability to Young People. The team have supported 85 Young People over 110 sessions. Subsequently the team have undertaken 195 follow-up sessions in the community.

The collaboration with Emerge Advocacy continues to flourish, with shared training and resources enabling us to deepen our support for the Young People between the ages of 10 and 25 who have presented at the Ashford and St Peter's Hospital NHS Foundation Trust's A&E department due to self-harm or attempted suicide.

Closed Projects

Unfortunately Clewer Green First School had to end their partnership with us this year. However the team member who had served in that school has been able, due to additional funding, to increase her time to two days a week at one of the other schools in the borough.

Outcomes Improvement

Our Team have positively impacted the lives of 699 students and carers this year through 1:1 sessions. We have measured the improvement in outcomes from 274 long-term 1:1 cases that have been closed during the year to help illustrate the contribution we have had in the lives of these Young People. Most Young People show improvements in a number of areas under each outcome during the time that they are supported, therefore the final number always exceeds the number of closed cases:

Key presenting issue	Outcome Areas	Total number of instances of improvement
Self-Awareness	Improved Emotional Resilience Improved confidence in social and relational activity Better understanding of self Able to self-monitor the build-up of stress/anxiety Able to display a healthy release of emotions	1447
Behaviour	Improved Behaviour Making a positive contribution in class Able to react well to problems and use appropriate strategies Reduced negative involvement of Senior Leadership Team (SLT) Increased ability to make good choices	347
Relationships	Improved Relationships With family members Parents engaging with outside agencies Increased knowledge of what a healthy friendship is Able to recognise/accept place in family	694
Total Closed Cases 274		2488
	Improved engagement in education Reduced negative involvement of SLT Making a positive contribution in class Increased knowledge of what a healthy friendship is Willingness to change/adapt behaviour	These improvements were seen across all 274 students whatever their presenting issue

The east to west Trust

What people say about the team:

C loved meeting you both. It was such a special thing to happen on a terrible occasion. We talked after we met that there are so many nice, genuinely caring people in the world, it's just a matter of finding them. She found nice people through her horrendous illness. You both gave her hope and you both cheered her up. Thank you from the bottom of my heart. You gave me hope too.

Parent

"So glad you're hear" [sic] (in response to my continued support of several year 11s and the positive turnaround and inner resilience she's observed (between) last year to now ...) Head Teacher expressed in passing last Monday, "we are so blessed to have you here"
KS4 Coordinator & Head Teacher (Hinchley Wood Secondary School)

Luke has been great! He has really settled in well and is already a really valuable member of the team.

James Newman (Headteacher – Epsom & Ewell High School)

"My team are just so grateful you are back"

Head of Paediatric nursing to the Emerge Team post lockdown

My daughter says she was so glad she spoke with someone that evening she said it was relaxing after all the stress of sitting in A&E all day, she found that someone wanted to listen to her. I was so relieved as I was also so upset that we were in all day and I just wanted her to feel safe and listened to and you did that for her. My only upset was I wished I could have had someone speak to her ASAP as she was left to ponder her thoughts more as was no distractions this was the hospital busyness not your service. I was happy to receive the support as I also needed a breather when she went to speak with you to come to terms with how I was feeling and then was able to regain myself for her to support her once she was back again, so thank you.

Parent

The east to west Trust

Thank you so much for all your help over the last months.

Thank you for always listening to me, without judgement.

It has been completely life changing for me and has helped me so much.

I have become the most confident I have ever been, I feel more free and happy in myself.

Thank you for the laughs and amazing chats.

I will genuinely miss you so much.

Thank you for everything.

Young Person

Safeguarding and Development

east to west recognises the importance of safeguarding in its work with children, Young People and adults. We have a responsibility to protect everyone entrusted to our care and we are committed to the safeguarding of children and vulnerable adults to ensure their well-being. We follow the requirements of UK legislation in relation to safeguarding children and vulnerable adults and current best practice recommendations based on the Online Safeguarding Manual created by thirtyone:eight - <https://thirtyoneeight.org/>).

east to west is passionate about delivering positive outcomes for Young People. We continue to learn and develop all we do through a framework for monitoring and reporting the outcomes of our work. The framework enables east to west to safeguard those we work with and continuously review and improve the outcomes we are delivering. The outcomes framework asks three very simple questions: 'What did we do?', 'How well did we do it?' and 'How did we make a difference?'. Our team constantly seeks development opportunities. Each month they have input from outside agencies to grow their knowledge and enhance their practice. Throughout the year each team member is challenged to share:

- Accomplished: *What has gone really well (since the last supervision or across the whole year) that we might celebrate?*
- Breadth: *What has been learned (by the team member and/or east to west) in the process? How do we "take stock" of where things are now compared to where we thought they might be? What changes may be needed in east to west processes/practice in light of what has been learned?*
- Challenges: *What are you most excited about in this coming period? What concerns you the most? What ongoing professional development will help you to grow in your current role and for your future? How can the Lead (and the rest of the east to west Team) be of most help to you and your role?*

Partnerships

east to west seeks to empower and equip youth workers and churches to impact Young People with hope as one of its prime purposes. Our partnership base is the network through which we aspire to see this goal fulfilled and on which we continue to build.

In the year 2020-21 east to west partnered with:

- 7 Local churches
- 11 Secondary schools
- 5 First/Primary schools
- 19 Funding agencies, organisations and local authorities

Gender pay gap

The east to west Trust continues to review its salary structure in light of concerns over the Gender pay gap. Whilst reporting that this gender pay gap is a -27.5% (-8.9% 2020); the size of east to west means that this number varies widely from year to year due to the make-up of the team in any given reporting cycle. In line with Government guidelines we measure the gap in April, and at that point we had both lost a male member of the RSW team and we had not yet made a number of appointments to the Shared Leadership Team, resulting in a worsening pay gap. This year we have promoted team members such that the Shared Leadership Team is balanced and pay rates for membership of this team are equal. We have undertaken development and support to prepare new members of the team to take on the most senior levels of leadership, both within east to west and beyond. These appointments and appointments of men to the RSW team from 1 September 2021 should greatly improve the position when we take another snapshot next April.

We are seeking to further develop this mentoring and support for other underrepresented groups in 2021. We continue to work to challenge discrimination and disadvantage in our own organisation as well as in wider society.

The people who make it happen

Trustees

The trustees, who are also directors for the purposes of company law, and who served during the year and up to the date of this report, are listed on page 5.

Trustee Recruitment

Potential trustees are recruited to bring specific skills as needed on the board. These are identified through the annual board skills audit and board evaluation. After a preliminary discussion with the chair, the individual is invited to read the Core documents of the trust, and the Welcome to the Board document that outlines the characteristics, competences required and the Job Description for a trustee. Following an informal attendance at a board meeting, the existing trustees decide whether to proceed with the invitation to the individual to become a trustee. The trustee application form is then completed, and the new trustee is formally approved at the subsequent Board meeting.

Team

This year we said a fond farewell to two team members: Paige Coleman & Amy Morbin. Paige was offered the opportunity to take on a new challenge with another member of the Surrey Wellbeing Partnership, while Amy took time to reflect during the lockdown and made the decision to move onto another organisation, having served Young People at Esher High School for the past year. We are incredibly grateful to all of them for their service to Young People while operating as part of east to west.

The east to west Trust

We employ a total of 18 paid team members (13 full time equivalents) whom we thank again for their ongoing commitment to the charity's work with Young People. This team is focussed on the delivery of our frontline programmes and is assisted by external advisers with specialist expertise in IT, communications and finance.

Volunteers

The trustees also extend heartfelt thanks to the charity's dedicated volunteers for the on-going contribution they make. In the year 2020/2021, while no volunteers were able to provide one-to-one mentoring in schools, 278 volunteer hours were completed in the Emerge Project. All our volunteers are DBS checked and the charity provides on-going development to equip them for their roles. Many in the past, as a result of working with east to west, have moved into counselling and other pastoral roles.

In addition, we are pleased to continue to have a key volunteer contributing time and skills to support the whole organisation in the area of governance - Gill Morgan.

Trustees' annual report

Finance and Governance for the year ended 31 August 2021

Finance

Overview

Total income for 2020-21 was £551,083 which was an increase of £163,723 compared with the income of 2019-20. Despite the financial pressures on both grant making organisations and our partners we note that grants and partner contributions increased by £56,202 to £338,445, an increase of 17%. Voluntary donations from individuals and churches, whether through direct giving or through taking part in fundraising events, remains a very significant part of our total income; together with the gift aid we were able to reclaim and additional charitable activities, this total came to £91,035, a decrease of £14,082 on 2019-2020. Part of the decrease in voluntary contributions is accounted for by the curtailing of fundraising events due to restriction imposed by the Covid-19 Pandemic. However, we would like to acknowledge the efforts of those who continued to work within the imposed limits to raise £2,654 this year.

Restricted income accounted for about 56% of the total, a decrease on last year (partly driven by a reduction in grants related to Covid-19).

In the year ended August 2021 our income figure reflected two significant income sources that will not be repeated in the subsequent year. Firstly we received a very generous legacy from the late Malcolm Bateman's estate totalling £92,610 – this gift opens up opportunities for east to west, which we will be exploring in the coming year. Additionally we were able to work closely with the Children & Adult Mental Health Team under the SPA 500 scheme to support 87 Young People, which brought in £27,170 of direct funding

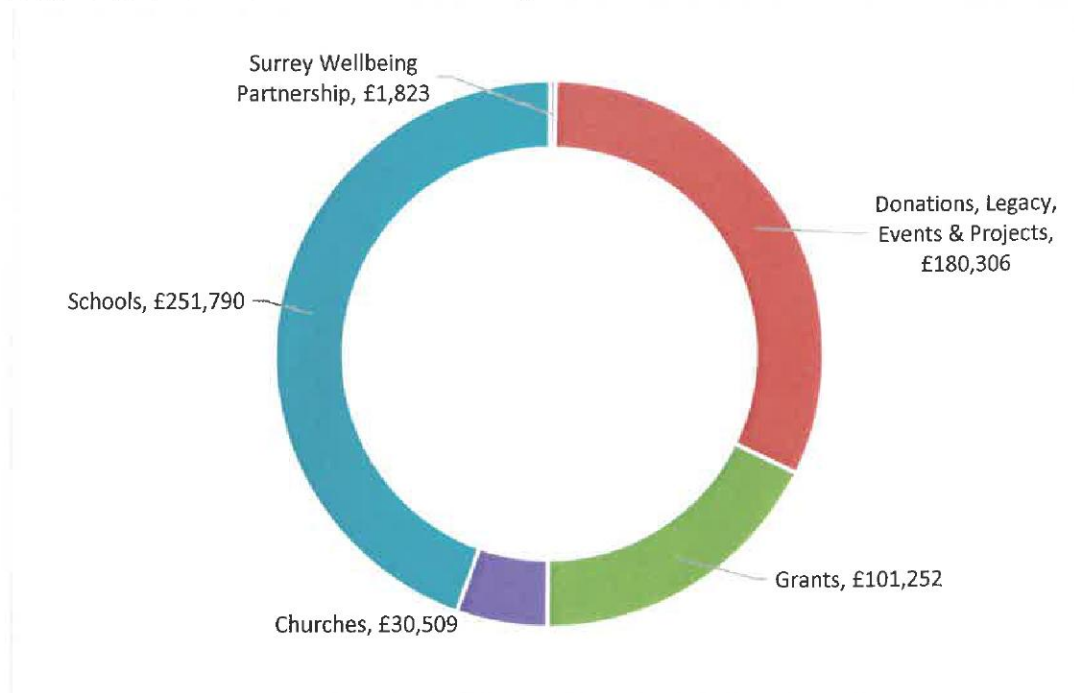
It goes without saying that we remain extremely grateful to all those faithful individuals, churches, businesses and other funding organisations who provide financial support for our work – without this east to west could not operate as it does today.

Compared with the previous year costs increased from £397,504 to £431,666, an increase of 8%. A net surplus for the year has enabled us to increase our unrestricted reserves to £168,003, allowing us to carry forward net assets of £201,023 at the balance sheet date. This equates to just over 5 months expenditure based on our budget for 2021-2022. The trustees believe the reserves (our policy is for two months reserves) at the balance sheet date are sufficient for the efficient future operations of the charity.

The Trustees again recognise that the focus and additional time given to one of the key management personnel, which enabled him to focus on fundraising through a coordinated approach to grant-making bodies and developing relationships with existing and new funders has borne fruit this year.

Funding

The chart below breaks down our sources of income this year:

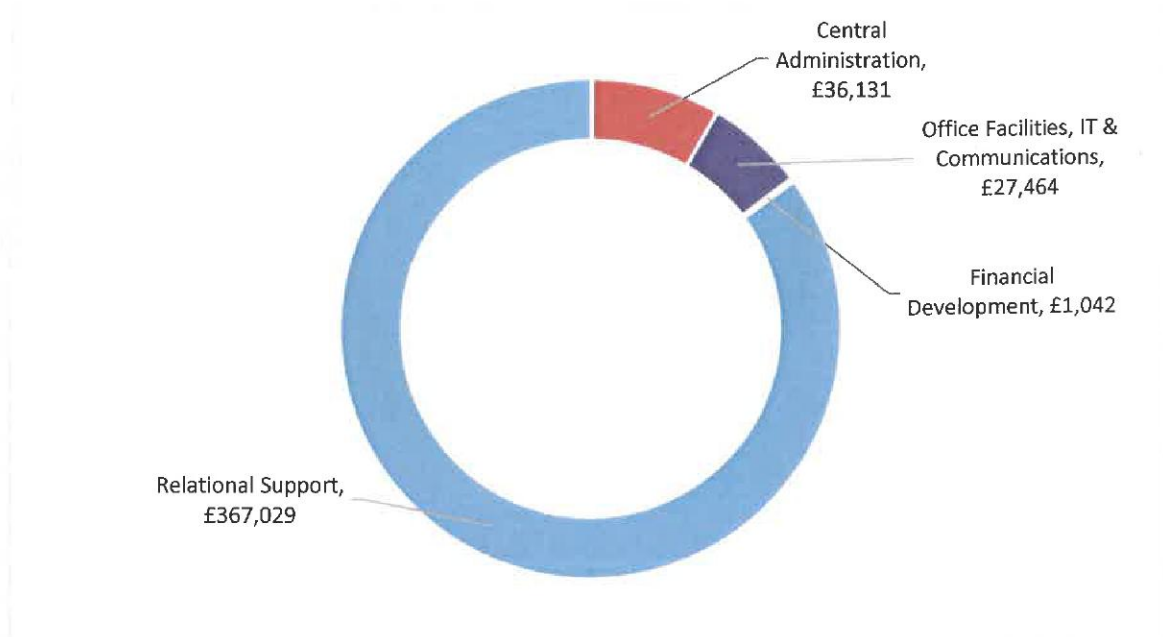


Donations from over 92 individuals and churches provided 30% of our income; this figure reflects regular and one-off donations plus gift aid where applicable. This provision is extremely beneficial as it underpins the ongoing work of east to west and enables us to plan into the future with greater certainty. Our partner schools have contributed 42% and we have received income from other partners and grants making up the remaining 28%. We are extremely grateful for the loyalty of all our Church, Individual and Corporate financial supporters whose generosity we have been able to rely upon throughout the year, and especially during the recent pandemic. Listed below are those we have financially partnered with during 2020-21:

- | | |
|-----------------------------------|---|
| ■ Allchurches Trust | ■ High Sherriff Youth Award |
| ■ Ashford Congregational Church | ■ Joel's Place, Ascot |
| ■ Berkshire Community Foundation | ■ Kelly Family Charitable Trust |
| ■ Borrows Foundation | ■ Menzies LLP(Accountants) |
| ■ Christ Church, Virginia Water | ■ St. John's Church, Egham |
| ■ Coleman Charitable Trust | ■ St Peter's Relief in Sickness Fund |
| ■ Community Foundation for Surrey | ■ Sunningdale Baptist Church |
| ■ Dedworth Green Baptist Church | ■ Staines Methodist Church |
| ■ Edward Gostling Foundation | ■ Surrey County Councillors |
| ■ Garfield Weston | ■ Tesco |
| ■ Heathrow Community Trust | ■ TK Charitable Trust |
| ■ Homelands Charitable Trust | ■ Windsor & Maidenhead Charitable Trust |
| ■ Heathrow Community Fund | |

Expenditure

The following chart analyses the total expenditure of the trust for the year between its different activities. (Spending from restricted and unrestricted funding has been amalgamated to give the full picture).



Governance

Board of trustees

The board of trustees has responsibility for directing and controlling the affairs of the trust. The board met five times during year to:

- review the trust's activities, finances and performance;
- approve future plans and strategy; and
- monitor risks and ensure that they are appropriately managed.

At the start of each year goals are agreed by the trustees with the team and progress is monitored throughout the year through individual, team and trust appraisal processes.

Management team

The trustees delegate day to day management of the trust to Chief Executive Officer, Anthony Horton (who resigned in June 2021), who is supported by the Head of Finance & Operations, Ian Smith. Over the year the Shared Leadership Team has grown to include the Head of Schools, Clare Sampson, the Head of Income & Communications (HOIC), Dan Beedell, the Head of the Emerge Project (Elizabeth Argent) and the Volunteer Lead (Caroline Case). Following an open recruitment process, the Trustees appointed David Welch as Chief Executive Officer in June 2021. It is the Trustees' belief that 2021/22 will continue to benefit from work done by this team.

The east to west Trust

A governance team, comprising the charity's senior team members, advisors and a Trustee, continued to meet monthly during the year, with a remit to address all day to day operational, personnel, financial and administrative aspects of the charity and ensure its smooth running.

Remuneration and pay levels for the key management personnel and within the charity generally are determined by the trustees with periodic benchmarking to organisations of a similar size and nature.

Risk management

The trustees and management team assess the potential risks to the running and financing of the organisation and the safeguarding of the team and Young People on a monthly basis. east to west has a comprehensive portfolio of policies which enables the projects to operate in a professional and safe manner. The team and trustees review the policies at the end of each academic year.

Principle risk area	Key mitigating factors
Governance over the organisation and activities	<ul style="list-style-type: none">■ A Board of trustees with experience in a range of relevant disciplines who meet regularly together and with the trust management■ Annual assessment of governance effectiveness■ Assimilation of emerging issues and trends within the sector
Management of financial resources	<ul style="list-style-type: none">■ Monthly financial reporting and forecasting■ Rigorous documented fiscal management processes overseen by the Board■ Financial and fundraising matters considered at every trustee and management meeting
Safeguarding and service delivery	<ul style="list-style-type: none">■ Maintenance of comprehensive operations policies reviewed, updated with ongoing training to team■ Continuous development of the organisation and its service delivery team■ Access to external resources and benchmarking against best practice standards
People and employment	<ul style="list-style-type: none">■ Stringent appointment and vetting processes following Safer Recruitment best practice, including DBS checks■ Wide ranging induction and on-the-job development■ Well established, effective supervision and development mechanisms in place

Future plans

The project that started at Hoe Valley School last year has now grown to a full-time role, and we continue to expand the Emerge Project through additional evenings and community follow-up. We continue to respond to new opportunities and are exploring several new partnerships in the coming year, primarily as a member of the Surrey Wellbeing Partnership. However our scope for expansion will be dictated by the availability of new funding as we need to preserve our reserves to provide an adequate contingency fund.

The generous legacy that the trust received during the year has given us the opportunity to explore future growth in line with our founding documents. The trustees, in consultation with the SLT, will be meeting during the year to carefully consider how best to apply the funding to our work, in order to maximise the opportunity to bring hope to young lives.

The board continues to seek to diversify its membership, actively seeking to recruit members of underrepresented groups.

Statement of trustees' responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and regulations.

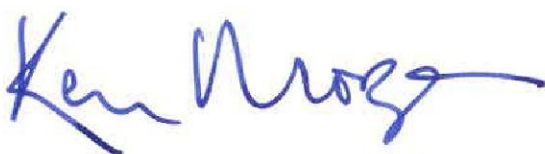
Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board and signed on its behalf by



Kenneth Morgan

Secretary

Date 18 November 2021

Independent examiner's report

to the trustees/directors on the unaudited financial statements of

The east to west Trust (a company limited by guarantee)

for the year ended 31 August 2021

I report on the accounts of The east to west Trust for the year ended 31 August 2021, which are set out on pages 27 to 33 and comprise the statement of financial activities, the balance sheet and the related notes.

This report is made solely to the charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

These financial statements have been prepared under the historical cost convention, in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities and Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is required.

Having satisfied myself that the charity is not subject to an audit under charity or company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Act;
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements overleaf.

Independent examiner's statement

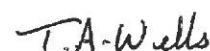
In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



T. A. Wells FCA
Chartered Accountant
Independent Examiner

31 Elizabeth Avenue
Laleham
Staines
Middlesex TW18 1JW

Date: 18 November 2021

The east to west Trust

Statement of financial activities

(incorporating the income and expenditure account) for the year ended 31 August 2021

	Notes	Unrestricted Funds £	Restricted funds £	2021 Total £	2020 Total £
Income and endowments					
Donations, legacy & Charitable activities	3	238,245	327,435	565,680	387,360
Other		-	-	-	-
Total		238,245	327,435	565,680	387,360
Expenditure					
Charitable activities & Fundraising	4	116,088	315,578	431,666	397,504
Total		116,088	315,578	431,666	397,504
Net income/(expenditure) for the year		122,157	11,857	134,014	(10,144)
Total funds brought forward		45,846	21,163	67,009	77,153
Total funds carried forward		168,003	33,020	201,023	67,009

All of the activities, other than Clewer Green First School, are continuing activities.

The statement of financial activities includes all gains and losses for the year and therefore no statement of total recognised gains and losses has been prepared.

The notes on pages 26 to 32 form part of these accounts.

Balance sheet as at 31 August 2021

	Notes	2021 £	2021 £	2020 £	2020 £
Fixed assets					
Tangible assets	8		-		3
Current assets					
Debtors	9	4,695		3,540	
Cash at bank		242,630		105,636	
		<u>247,325</u>		<u>109,176</u>	
Creditors: amounts falling due within one year	10	(46,302)		(42,170)	
		<u></u>		<u></u>	
Net current assets			201,023		67,006
Net assets			<u>201,023</u>		<u>67,009</u>
The funds of the charity					
Restricted funds	11		33,020		21,163
Unrestricted funds	12		75,393		45,846
Designated funds	12		92,610		-
			<u></u>		<u></u>
Total funds			<u>201,023</u>		<u>67,009</u>

The east to west Trust

Statement of Cash Flow for period ended 31 August 2021

	2021
<i>Cash flows from operating activities</i>	£
Surplus for the financial year	134,014
Adjustments for:	
Increase in debtors	-1,152
Increase in creditors	4,132
<i>Cash from operations</i>	136,994
<i>Cash flows from investing activities</i>	
<i>Net increase/decrease in cash and cash equivalents</i>	136,994
Cash and cash equivalents at beginning of year	105,636
Cash and cash equivalents at end of year	242,630

Analysis of changes in net debt

	01/09/2020	Cash Flows	31/08/2021
	£	£	£
Cash at hand and in bank	105,636	136,994	242,630

The notes on pages 25 to 31 form part of these accounts.

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

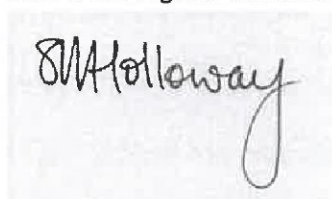
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial period and of its surplus or deficit for each financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with the FRS102 SORP.

The financial statements were approved for issue by the board of trustees on 30th October 2021 and were signed on its behalf by:



Susan Holloway, Chair of Trustees

Registered company number 06972769

Notes to the financial statements

for the year ended 31 August 2021

1 Accounting policies

The charity, which constitutes a public benefit entity as defined by FRS 102, is a private company limited by guarantee and registered in England and Wales. It operates from the registered office address shown on page 5 and its objects, aims and activities are set out in the Trustees' Report. The principal accounting policies are summarised below and have been applied consistently throughout the year.

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objects of the company at the discretion of the trustees. Restricted funds can only be used for particular, limited, purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular, restricted, purposes.

Incoming resources

Incoming resources are recognised in the Statement of Financial Activities (SoFA) when the charity becomes unconditionally entitled to the income and the amount can be quantified with reasonable accuracy and where it is certain that it will be received.

Performance related income is only included in the SoFA once the related services have been provided.

Deferred income

Grants and donations received in advance and specified by the donor as relating to specific future periods or subject to conditions which are still to be met, are deferred to the period to which they relate.

Tax reclaims on donations

Gift aid tax reclaims on donations are included in the SoFA in the same period as the donations to which they relate.

Volunteer services

The value of volunteer services received is not included in the accounts but is described in the trustees' report.

Notes to the financial statements continued

Investment income

Income from investments is included in the accounts in the period it is receivable.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Operating leases

Operating lease rentals are expensed on a straight-line basis over the period of the lease.

Tangible fixed assets

Tangible fixed assets are assets with an expected useful life of more than one year and are recorded at cost or, if gifted, at the market value to the charity on receipt, less accumulated depreciation. Depreciation is calculated so as to write off the cost of an asset over 1 year

2 Going concern

These accounts show unrestricted funds of £168,003 and net assets of £201,023 (2020: £67,009) at the balance sheet date. A budget and cash flow forecast for the twelve months from the approvals of these accounts has been prepared showing a similar result for 2020/2021, which the trustees believe is achievable. Therefore, taking these factors into account and having considered the likely impact of Covid-19 upon the charity, the trustees consider it is correct that these accounts have been prepared on the going concern basis.

3 Donations, legacies and incoming from charitable activities

	Unrestricted funds £	Restricted Funds £	2021 Total £	2020 Total £
Donations	80,668	-	80,668	72,663
Gift aid tax reclaims	7,713	-	7,713	7,970
Legacy (M. Bateman)	92,610		92,610	-
Grants	27,430	73,822	101,252	52,779
Partner Contributions	-	251,790	251,790	229,464
Surrey Wellbeing Partnership		1,823	1,823	-
Charitable Activity (SPA 500)	27,170	-	27,170	6,570
Fund Generation	2,654		2,654	17,914
Total Income	238,245	327,435	565,680	387,360

All income in the year was unrestricted except for £327,435 (£267,199) which was given by funders to pay for the work of a Relational Support Worker within a school, for the Emerge project, and for the Peripatetic Counsellor. Within the income items above there were no related party transactions requiring disclosure for the current year or the prior year

Notes to the financial statements continued

for the year ended 31 August 2021

4 Expenditure on raising funds and charitable activities

	Unrestricted Funds £	Restricted Funds £	2021 Total £	2020 Total £
Fundraising expenses	992	50	1,042	1,924
Staff costs	71,844	295,185	367,029	339,829
Training and travel	1,846	1,573	3,419	9,040
Office facilities	10,941	438	11,379	13,334
IT and communications	3,378	12,707	16,085	21,913
Fees and external assistance	6,601	5,505	12,106	5,912
SPA 500	10,900	-	10,900	2,412
Printing (Equipment Hire), postage and stationery	8,512	75	8,587	1,486
Depreciation	-	-	-	314
Other costs (books, subs, & charges)	1,074	45	1,119	1,340
	<u>116,088</u>	<u>315,578</u>	<u>431,666</u>	<u>397,504</u>

Amounts payable to Independent Examiner

We do not pay any sums for the independent examination as his time is donated to the charity;
nor do we make payments for:-

- Assurance services other than independent examination;
- Tax advisory services;
- Other financial services

5 Net income

	2021 £	2020 £
Net income is stated after charging:		
Operating lease rentals (Photocopier)	4,730	9,096
Digital File Storage	5,412	-
Depreciation	-	314

Notes to the financial statements continued

for the year ended 31 August 2021

6 Staff

Staff costs		2021 £	2020 £
	Direct	Total	
Salaries	337,177	337,177	306,026
Social security costs	17,878	17,878	22,639
Pension Contributions	7,116	7,116	6,227
Supervision	<u>4,914</u>	<u>4,914</u>	<u>4,937</u>
	367,029	367,029	339,829

The remuneration of key management personnel was £104,789 (2020 £108,165). No employees received remuneration of £60,000 or more.

Number of staff

The average number of staff employed during the period, calculated in full-time equivalents, was as follows:

	2021 No.	2020 No.
Engaged in direct charitable activities	10	10
Other staff	3	3
	<u>13</u>	<u>13</u>

Trustees

None of the trustees received any remuneration or expenses during the year

7 Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge or liability in these accounts.

Notes to the financial statements continued

for the year ended 31 August 2021

8 Tangible fixed assets

	Fixtures, fittings & Equipment £
Cost	
At 1 September 2020	3,513
Additions	-
Disposals	(1,271)
At 31 August 2021	<u>2,242</u>
Depreciation	
At 1 September 2020	3,510
Additions	
Disposals	(1,271)
Charge for the year	3
At 31 August 2021	<u>2,242</u>
Net book value	
At 31 August 2020	<u>3</u>
At 31 August 2021	<u>-</u>

9 Debtors

	2021 £	2020 £
Prepayments and accrued income	3,442	2,187
Other debtors (Gift Aid refund)	1,253	1,353
	<u>4,695</u>	<u>3,540</u>

Notes to the financial statements continued

10 Creditors: amounts falling due within one year

	2021 £	2020 £
Trade creditors	2,995	1,586
Other taxation, social security & Pension	6,022	5,132
Accruals and deferred income	37,285	35,452
	<u>46,302</u>	<u>42,170</u>

11 Restricted funds

	At 1 September 2020 £	Incoming Resources £	Outgoing Resources £	At 31 August 2021 £
Supported Lodgings	4,718	-	-	4,718
Schools Work	716	300,984	(287,103)	14,597
Emerge	1,464	24,628	(26,092)	-
Peripatetic Counsellor	14,265	-	(560)	13,705
Surrey Wellbeing Partnership		1,823	(1,823)	-
	<u>21,163</u>	<u>327,435</u>	<u>(315,578)</u>	<u>33,020</u>

Restricted Funds table of movements 2019/2020 (for comparative purposes)

	At 1 st September 2019 £	Transfers Between Reserves	Incoming Resources £	Outgoing Resources £	At 31 st August 2020 £
Supported Lodgings	4,718		-	-	4,718
Schools Work	35,692		246,723	(281,699)	716
Emerge	14,825		10,623	(23,984)	1,464
Peripatetic Counsellor	1,437	6,146	9,853	(3,171)	14,265
Cycle Project	3,000		-	(3,000)	-
	<u>59,672</u>	<u>6,146</u>	<u>267,199</u>	<u>(311,854)</u>	<u>21,163</u>

- The Supported Lodgings fund is restricted for use in assisting homeless Young People by providing safe accommodation
- The Schools Work funds are restricted to providing Relational Support Work in an educational establishment setting

The east to west Trust

- The Emerge funds area restricted to providing support for Young People in Ashford St Peter's NHS Foundation Trust
- The Peripatetic Counsellor funds are restricted to providing ongoing support to Young People identified by the Relational Support Worker as needing a specific therapeutic intervention followed up by Relational Support in the school
- The Trust became a member of the Surrey Wellbeing Partnership this year and the funds are restricted to activities connected with the Emotional Wellbeing and Mental Health support being offered to Young People in Crisis and those requiring early support to enable them to work through the issues they are facing

12 Unrestricted funds

	At 1 September 2020 £	Transfers between reserves £	Incoming Resources £	Outgoing Resources & Designations £	At 31 August 2021 £
General Fund	45,846	0	238,245	(208,698)	75,393
Designated Funds	At 1 September 2020 £	New Designations £	Utilised	Transfers £	At 31 August 2021 £
Future Projects	-	92,610	-	-	92,610

The unrestricted funds of the charity include the General funds, which can be used to support all aspects of relational support projects undertaken by the trust and directly funding these if there is not sufficient specific (restricted) funding available, and a legacy of £92,610 which has been designated by the Board of Trustees for future project opportunities.

13 Operating lease commitments

	2021 £	2020 £
Operating lease commitments are as follows:		
Payable within 1 year	3,290	1,728
Payable within 2 to 5 years	9,870	1,728
	<u>13,160</u>	<u>3,456</u>

14 Related parties

One of the trustees, Mr Matthew Armsby, is a partner in BC Technologies who provide IT support services for this trust. During the year they were paid £1,019 for this work. There are no other transactions requiring disclosure in this or the previous year.