

The east to west Trust

Trustees' Annual Report and Financial Statements
31 August 2020



Bloom where you are planted

A company limited by guarantee, registered in England and Wales number 06972769
Registered charity number 1131229



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The east to west Trust

Hi D.....It has been a pleasure to work with you over the years, you have given many of my (HOY role) students invaluable support and have made a real difference.

Head of Year, Esher Church of England High School

The impact of east to west in 2019/2020



Contact details and social media



Bringing hope to young
lives through relational
support work

Address: Unit 3, 80 High Street, Egham, Surrey, TW20 9HE
Telephone: 01784 438007
Website: www.easttowest.org.uk
Email: info@easttowest.org.uk
Facebook: [e2wrelationalsupport](https://www.facebook.com/e2wrelationalsupport)
Twitter: [@east_towest](https://twitter.com/east_towest)

"Thank you so so so much for that letter, it means so much to me & made me so emotional!!!
You made a lot of us student (sic) feel safe around school and helped us to become brave,
strong and determined people, not just inside school but outside.
I want to thank you for the sessions you had with me as it made me understand myself and
understand why I reacted in a certain way. You've taught me so much these past few
months and helped me way more than anyone has. This is something I'll cherish forever!
I have so much respect for you and for your job and wish you and your family the best
(especially through this (sic) strange awful times). Again, thank you for your card and for
everything you've done for me... I just wish I had spoken to you sooner!"
SC - Student: Year 11
Thamesmead School

Legal and administrative information

Company/Charity name	the east to west trust	
Registered charity number	1131229	
Registered company number	06972769	
Registered office	Unit 3 80 High Street Egham Surrey TW20 9HE	
	01784 438007	
Trustees/Directors	Paul Marchant (Chair until 31 December 2019, when he resigned) Susan Holloway (Chair from 1 January 2020) Ingrid Jack John Salberg James Foster Miriam Hanley Matthew Armsby Alison Matts Andrew Rich (joined July 2020)	
Secretary	Kenneth Morgan	
Bankers	The Co-Operative Bank plc PO Box 101 1 Balloon Street Manchester M60 4EP	CAF Bank 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4TA
Solicitors	Moore Barlow The Oriel Sydenham Road Guildford GU1 3SR	
Independent examiner	T. A. Wells, FCA 31 Elizabeth Avenue Laleham Staines Middlesex TW18 1JW	

Trustees' annual report

(incorporating the directors' report)

for the year ended 31 August 2020

Introduction

east to west are at the forefront of bringing hope to young lives. Our vision is for children, young people and families (the term Young People will be used as a collective noun for these groups throughout the document) to overcome the challenges (both emotional and physical) they face to becoming the very best they can be. To enable this, we **Relationally Support** young people through a pastoral response based on compassionate, valuing relationships which puts those we serve at the heart of *all* we do. Working in partnership with schools, **east to west** has made a difference in the lives of over 28,000 children, young people and families across a generation.

During the year to 31st August 2020 we worked with **570** young people in a 1:1 setting and saw successful conclusions in **345** instances. Of these, **154** young people reached a point where they could operate without regular external support, whilst a further **191** shared an issue that could either be resolved quickly or were referred more formally for additional support. Additionally, we ran support groups during the year, which supported **261** young people addressing issues such as exam stress, anger management and self-esteem, as well as providing breakfast clubs for vulnerable students and supporting Young Carers. This year we were called upon to work alongside the Child and Adolescent Mental Health Services ("CAMHS") team, helping meet the needs of Young People who had been referred to them. It was a mark of the professionalism of the team that they took on this work and made a considerable difference in the lives of 38 young people & children.

Covid-19 Pandemic – east to west kept working

Numbers alone never tell the whole story; and this year it is particularly true! The team faced a challenge that was unprecedented in modern times. The response to the Covid-19 pandemic led to a nationwide lockdown which closed schools, but the work of east to west did not stop. The team continued to provide support to Young People while juggling their own responsibilities, pressures and concerns. They rose to the challenge of connecting with Young People remotely via phone, e-mail and video conferencing, none of which they had had to use before for 1:1 work with Young People. They worked alongside the schools, liaising with Special Educational Needs ("SEN") and Pastoral teams to address the new and ongoing issues Young People were facing. The east to west team undertook over 1,000 remote sessions and a number of the team continued to operate from their schools, supporting those vulnerable Young People and Key Worker children – they lived out the east to west ethos!

During a time when many charities and other organisations had to pause their services or even stop for good, the trustees are immensely grateful for financial provision during this period and the flexibility and willingness of the team to adapt to new ways of working that allowed east to west to continue to bring hope to young lives. £25,590 was generously donated in one-off grants by organisations to enable us to respond to the challenges faced by Young People due to the Covid-19 pandemic.

Covid-19 Pandemic - the future for east to west

The above paragraphs show the need for the services east to west provide and the value they have added to the lives of the Young People with whom they have been involved. Many expressions of appreciation and gratitude have been received from the schools and colleges attended by these Young People and from the recipients themselves. Furthermore, at the balance sheet date over £30,000 had been received by the Trust to pay for work to be undertaken in the new financial year. On this basis and having regard to the factors set out in note 2 to the financial statements, the trustees are confident of the continued need for the services of east to west and that sufficient funds will be available for them to be provided.

Trustees' annual report continued **(incorporating the directors' report)** **for the year ended 31 August 2020**

The trustees present their report and the financial statements for the year to 31 August 2020.

The east to west Trust is a company limited by guarantee and a registered charity. It is governed by its Memorandum and Articles of Association. The principal office is at: Unit 3, 80 High Street, Egham, Surrey, TW20 9HE

This charitable company commenced activities on 1 September 2009 when it received the assets, liabilities and operations of the former unincorporated charity "The east to west Trust" (registered charity number 1059177) founded in 1996. The charity now continues the work started and built up by its predecessor.

Please see the information page (page 5) for details of all trustees in post during the year.

Our aims

The objects of the trust set out in its Memorandum of Association are:

- To advance in life and relieve the needs of young people through:
 - Providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals.
 - The provision of recreational and leisure time activities provided in the interest of social welfare, designed to improve their conditions of life.
- To assist in the relief of human suffering and poverty consequent upon the effect of personal, local, national or international disaster.
- To advance the Christian faith in accordance with the trust's statement of beliefs.

To assist the achievement of these objects, the trust has adopted the purposes:

- To see young people impacted by hope.
- To see youth workers and churches empowered and equipped to impact young people with hope.

By "hope" we mean hope of restoration, reconciliation and transformation.

These purposes are summarised in our strapline "*bringing hope to young lives*".

Public benefit

We have referred to the Charity Commission's general guidance on public benefit when reviewing our aims and objectives and in planning our future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives they have set.

Much of our work is targeted at Young People aged between 4 and 18. However, through the hospital based Emerge Project we now reach young adults up to 25. The impact of east to west's work is tangible and measurable and will benefit the individuals themselves as they mature into the next generation of adults, their families and society as whole. Outcomes from our current years' work are included in the review of activities below.

We do not discriminate or treat any young person less favourably on the grounds of gender, marital status, race, colour, nationality, ethnic origin, religion, disability, age or sexual orientation. This is because we believe that everyone is made in the image of God and therefore everyone is of equal value and of unfathomable worth. In the light of world events this year we have taken some time to review our policies, protocols and practice, to ensure that we as a team we continue to consistently operate in this way.

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Review of activities

Our principal activities and those whom we seek to help are described below.

Relational Support Work

At the heart of east to west is Relational Support Work which we define as a long-term commitment to actively journey with Young People through the issues and difficulties that they are addressing in their lives.

Schools based Relational Support Work

Our Schools based Relational Support Workers spend time building and maintaining purposeful relationships with students and staff in schools. The non-teacher, non-student nature of the role allows a unique relationship to be formed where trust and confidence is central, and advice and support are offered.

The School Relational Support Workers are involved in a wide variety of activities aimed at increasing the students' emotional, physical and spiritual well-being.

east to west has been involved in the life of secondary schools for over 20 years, implementing, developing and sustaining placements. In 2019-20 we had Relational Support Workers placed in 8 secondary schools:

- Jubilee High School, Addlestone
- Matthew Arnold School, Staines-upon-Thames
- Thomas Knyvett College, Ashford
- Bishop Wand Church of England School, Sunbury-on-Thames
- St Paul's Catholic College, Sunbury-on-Thames
- Thamesmead School, Shepperton
- Esher Church of England High School, Esher
- Hinchley Wood School, Hinchley Wood

Schools based Family Link Work

Our Family Link Workers spend time building relationships with children and their carers in first schools in Windsor and Iver Village, with the goal of providing a constant support through the pressures of family life.

east to west has been involved in first schools since 2010 and now runs placements across 5 schools:

- Clewer Green Church of England Aided First School, Windsor
- Trinity St Stephen Church of England Aided First School, Windsor
- Homer First School, Windsor
- Iver Infant School, Iver Village (project closed December 2019)
- Iver Junior School, Iver Village (project closed July 2020)

Relational Counsellor

Our Relational Counsellors are experienced, qualified counsellors who are registered members of the British Association for Counselling and Psychotherapy ("BACP"). They spend time with Young People providing a confidential space where they can express their thoughts and feelings. east to west has placed counsellors in 3 schools:

- Town Farm Primary School, Stanwell
- Sunbury Manor Secondary School, Sunbury-on-Thames
- Hoe Valley Secondary School, Woking

Trustees' annual report continued **(incorporating the directors' report)** **for the year ended 31 August 2020**

Peripatetic Counsellor

We have continued to respond to the needs of Young People who do not meet the criteria for CAMHS through supporting the team with Peripatetic Counsellors, who are experienced, qualified counsellors, and registered with the BACP. They meet with Young People that our team are supporting to offer clinical intervention where it is required. 14 Young People have been supported during the year.

Emerge Project (supporting young people and adults who have self-harmed or attempted suicide)

Prior to the disruption caused by the lockdown in March, which had an immediate impact as the team were unable to go into the hospital, we had been present for 59 evenings, which equates to 177 hours of availability to Young People. Between September and March we supported 69 young people over 59 sessions; subsequently the team have undertaken 68 follow-up sessions in the community.

The collaboration with Emerge Advocacy continues to flourish, with shared training and resources enabling us to deepen our support for the Young People between the ages of 10 and 25 who have presented at the Ashford and St Peter's Hospital NHS Foundation Trust's A&E department due to self-harm or attempted suicide.

Closed Projects

Unfortunately, due to financial difficulties exacerbated by the Covid-19 pandemic, both Iver schools have had to end their partnership. Although the team member has been made redundant, her experience while with us has led to her joining SAFE (Support for Young People Affected by Crime). It is the hope of both the Junior School and east to west that the partnership recommences in the coming year

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Improvement Outcomes

Our Team have impacted the lives of 570 students and carers this year through 1:1 sessions. We have measured the improvement outcomes from 154 long-term 1:1 cases that have been closed during the year to help illustrate the contribution we have had in the lives of these Young People – most Young People show improvements in a number of areas during the time that they are supported, therefore the final number always exceeds the number of closed cases:

Key presenting issue	Improvement Outcome areas	Number of areas of improvement
Self-Awareness	<u>Improved Emotional Resilience</u> Improved confidence in social and relational activity Better understanding of self Able to self-monitor the build-up of stress/anxiety Able to display a healthy release of emotions	386
Behaviour	<u>Improved Behaviour</u> Making a positive contribution in class Able to react well to problems and use appropriate strategies Reduced negative involvement of Senior Leadership Team (SLT) Increased ability to make good choices	115
Relationships	<u>Improved Relationships</u> With family members Parents engaging with outside agencies Increased knowledge of what a healthy friendship is Able to recognise/accept place in family	143
Total Closed Cases 154		644
	<u>Improved engagement in education</u> Reduced negative involvement of SLT Making a positive contribution in class Increased knowledge of what a healthy friendship is Willingness to change/adapt behaviour	These improvements were seen across all 154 students whatever their presenting issue

Trustees' annual report continued **(incorporating the directors' report)** **for the year ended 31 August 2020**

What people say about the team:

"I've learnt that my worries don't control me, I can control them"
(Youngster – aged 8 referred to CAMHS and supported by east to west)

"...the service is much appreciated and valued by the staff team"
(Chaplain St Peter's Hospital)

"...J has clearly connected with you, he feels very comfortable talking to you and without you, we would never have known how he feels. If it comes down to it, and if you don't mind, the best information we feel he is getting now, is from you"
(Parent)

...wanted to say how invaluable C continues to be with our most vulnerable students at such a critical time

(Head Teacher – Matthew Arnold School)

Hello R, hope you're well and don't mind me contacting you, it's LC's mum. I just wanted you to know that L is now sleeping in her own bed all the way through the night! I'm so happy and proud of her. I see the work you did with her as a big part of her making this breakthrough so once again thank you for all you did for her/us

(Parent – Iver Village Junior School)

Thank you for sharing this with me. I would like to use the opportunity to say thank you for making such a difference to our students lives. I know G is but
one of many

(Head Teacher – Thamesmead School)

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Safeguarding and Development

east to west recognises the importance of safeguarding in its work with children, Young People and adults. We have a responsibility to protect everyone entrusted to our care and we are committed to the safeguarding of children and vulnerable adults to ensure their well-being. We follow the requirements of UK legislation in relation to safeguarding children and vulnerable adults and current best practice recommendations based on the Online Safeguarding Manual created by thirtyone:eight - <https://thirtyoneeight.org/>.

east to west is passionate about delivering positive outcomes for Young People. We continue to learn and develop all we do through a framework for monitoring and reporting the outcomes of our work. The framework enables east to west to safeguard those we work with and continuously review and improve the outcomes we are delivering. The outcomes framework asks three very simple questions: 'What did we do?', 'How well did we do it?' and 'How did we make a difference?'.

As a team we constantly seek development opportunities; monthly we have input from outside agencies to grow our knowledge and enhance our practice, and throughout the year each team member is challenged to share:

- **Accomplished:** *What has gone really well (since the last supervision or across the whole year) that we might celebrate?*
- **Breadth:** *What has been learned (by the team member and/or east to west) in the process? How do we "take stock" of where things are now compared to where we thought they might be? What changes may be needed in east to west processes/practice in light of what has been learned?*
- **Challenges:** *What are you most excited about in this coming period? What concerns you the most? What ongoing professional development will help you to grow in your current role and for your future? How can the Lead (and the rest of the east to west Team) be of most help to you and your role?*

Partnerships

east to west seeks to empower and equip youth workers and churches to impact Young People with hope as one of its prime purposes. Our partnership base is the network through which we aspire to see this goal fulfilled and on which we continue to build.

In the year 2019-20 east to west partnered with:

- 7 Local churches
- 10 Secondary schools
- 6 First/Primary schools
- 32 Funding agencies, organisations and local authorities

Gender pay gap

The east to west Trust continues to review its salary structure in light of concerns over the Gender pay gap. This year the east to west gender pay gap is a -8.9% – we continue to actively seek means of closing the gap, recognising the size and nature of the organisation – primarily schools-based with most of the team on part-time academic contracts.

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

The people who make it happen

Trustees

The trustees, who are also directors for the purposes of company law, and who served during the year and up to the date of this report, are listed on page 5.

Trustee Recruitment

Potential trustees are recruited to bring specific skills as needed on the board. These are identified through the annual board skills audit and board evaluation. After a preliminary discussion with the chair, the individual is invited to read the Core documents of the trust, and the Welcome to the Board document that outlines the characteristics, competences required and the Job Description for a trustee. Following an informal attendance at a board meeting, the existing trustees decide whether to proceed with the invitation to the individual to become a trustee. The trustee application form is then completed, and the new trustee is formally approved at the subsequent Board meeting.

Team

This year we said a fond farewell to four team members: David Pearce, Ruth Phillips, Rajvinder Kaur & Clare Hale. David took time to reflect during the lockdown and made the decision to retire from east to west, having served Young People at Esher High School for over five years. As mentioned earlier, Rajvinder took the opportunity provided by the closure of the Iver project to move roles but continues to support Young People, while Ruth & Clare, two of our Counsellors, have decided to move into private practice. We are incredibly grateful to all of them for their service to Young People while operating as part of east to west.

We employ a total of 18 paid team members (13 full time equivalents) whom we thank again for their ongoing commitment to the charity's work with Young People. This team is focussed on the delivery of our frontline programmes and is assisted by external advisers with specialist expertise in IT, communications and finance.

Volunteers

The trustees also extend heartfelt thanks to the charity's dedicated volunteers for the on-going contribution they make. In the year 2019/2020 6 volunteers enthusiastically and diligently supported the charity, providing 35 hours of one-to-one mentoring in schools, plus 177 hours through the Emerge Project. All our volunteers are DBS checked and the charity provides on-going development to equip them for their roles. Many in the past, as a result of working with east to west, have moved into counselling and other pastoral roles.

In addition, we are pleased to continue to have a key volunteer contributing time and skills to support the whole organisation in the area of governance (Gill Morgan).

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Finance

Overview

Total income for 2019-20 was £387,360 which was an increase of £38,259 compared with the income of 2018-19. Despite the financial pressures on both grant making organisations and our partners we note that grants and partner contributions increased by £66,380 to £282,243, an increase of 23%. Voluntary donations from individuals and churches, whether through direct giving or through taking part in fundraising events, remains a very significant part of our total income; together with the gift aid we were able to reclaim and additional charitable activities, this total came to £105,117, a decrease of £28,121 on 2018-2019. Restricted income continues to account for about 69% of the total, a 6% rise on last year (partly driven by the Covid-19 grants, but this also recognises the increase in our overall work).

Part of the decrease in voluntary contributions is accounted for by the curtailing of fundraising events in the summer due to the Covid-19 Pandemic. However, we would like to acknowledge the efforts of those who continued to work within the imposed limits to raise £1,600 this year.

It goes without saying that we remain extremely grateful to all those faithful individuals, churches, businesses and other funding organisations who provide financial support for our work – without this east to west could not operate as it does today.

Compared with the previous year costs increased from £344,777 to £397,504, an increase of 13%. Although this led to a decrease in restricted reserves, our unrestricted reserves have increased, which has allowed us to carry forward net assets of £67,009 at the balance sheet date. This equates to just over 2 months expenditure based on our budget for 2020-2021. The trustees believe the reserves at the balance sheet date are sufficient for the efficient future operations of the charity.

The Trustees recognise that the focus and additional time given to one of the key management personnel, which enabled him to focus on fundraising through a coordinated approach to grant-making bodies and developing relationships with existing and new funders has borne fruit this year. The success of this approach has allowed the charity to continue employing a Head of Income and expand the role to include Communications, adding to the breadth and scope of the role in raising funds for the charity.

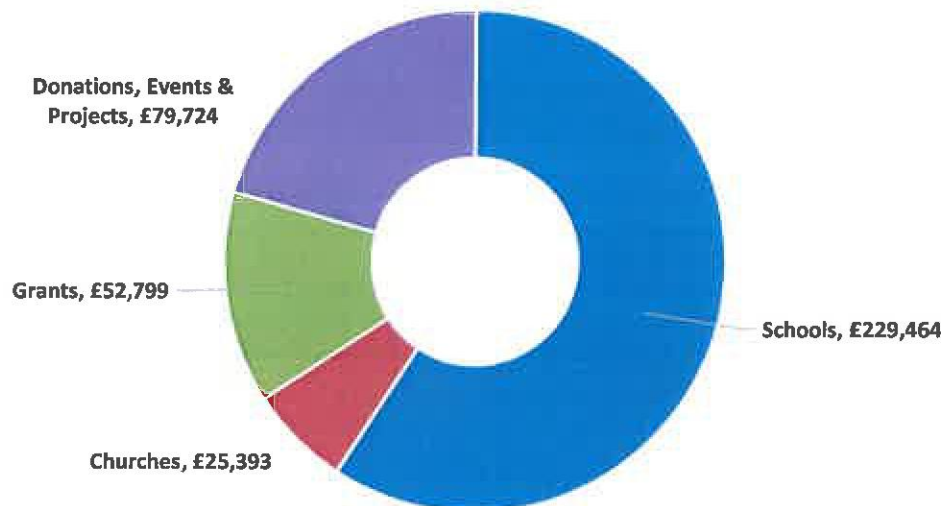
Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Funding

The chart below breaks down our sources of income this year:



Donations from over 100 individuals and churches provided 21% of our income; this figure reflects regular and one-off donations plus gift aid where applicable. This provision is extremely beneficial as it underpins the ongoing work of east to west and enables us to plan into the future with greater certainty. Our partner schools have contributed 59% and we have received income from other partners and grants making up the remaining 20%. We are extremely grateful for the loyalty of all our Church, Individual and Corporate financial supporters whose generosity we have been able to rely upon throughout the year, and especially during the recent pandemic. Listed below are those we have financially partnered with during 2019-20:

- | | |
|-----------------------------------|---------------------------------------|
| ■ Ashford Congregational Church | ■ Heathrow Community Fund |
| ■ Ashford Sick & Needy Charity | ■ High Sherriff Youth Award |
| ■ Borrows Foundation | ■ Joel's Place, Ascot |
| ■ CAF Bank | ■ John Laing Trust |
| ■ Charities Aid Foundation | ■ Menzies LLP(Accountants) |
| ■ Christ Church, Virginia Water | ■ Shanley Foundation |
| ■ Coleman Charitable Trust | ■ Spelthorne Borough Council |
| ■ Community Foundation for Surrey | ■ St. John's Church, Egham |
| ■ Davies Blunden | ■ St Peter's Relief in Sickness Fund |
| ■ Dedworth Green Baptist Church | ■ Still House |
| ■ Edward Gostling Foundation | ■ Sunningdale Baptist Church |
| ■ Elmbridge Borough Council | ■ Surrey Police Commissioner's Office |
| ■ Gartner | ■ Staines Methodist Church |
| ■ Grace Dear Foundation | ■ Tesco |
| ■ Heathrow Community Trust | ■ TK Charitable Trust |
| ■ Homelands Charitable Trust | ■ W.H. Smith |

Trustees' annual report continued

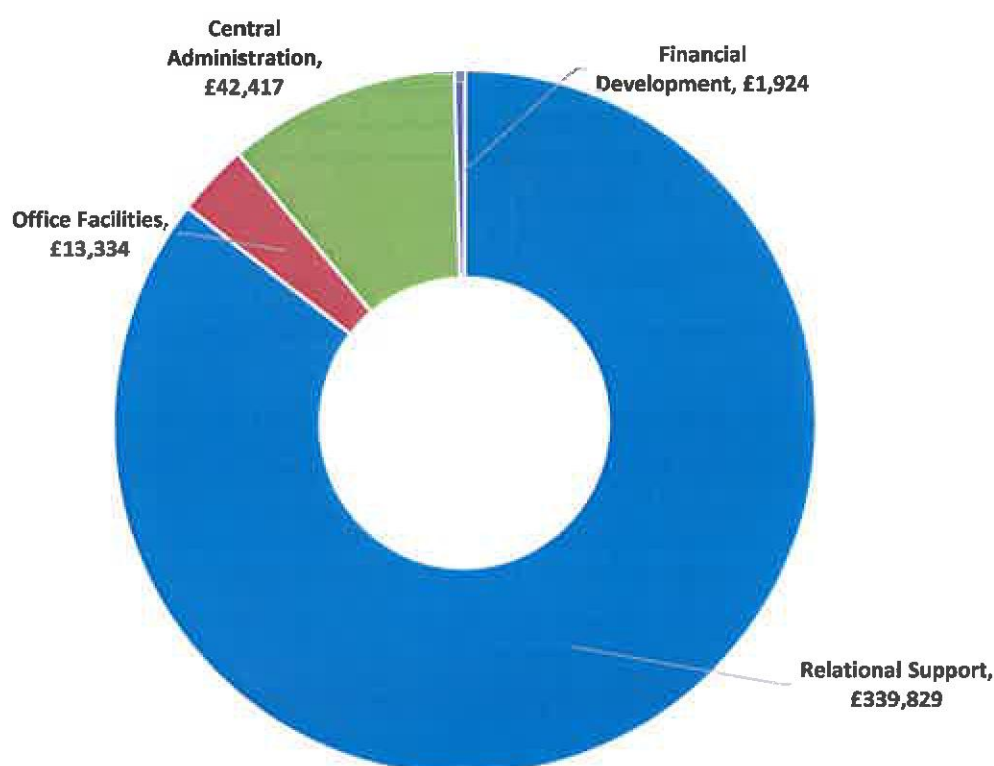
(incorporating the directors' report)

for the year ended 31 August 2020

east to west benefitted from a small number of fundraising activities this year due to Covid-19 and records its thanks to all those who participated!

Expenditure

The following chart analyses the total expenditure of the trust for the year between its different activities. (Spending from restricted and unrestricted funding has been amalgamated to give the full picture).



Governance

Board of trustees

The board of trustees has responsibility for directing and controlling the affairs of the trust. The board met five times during year to:

- review the trust's activities, finances and performance;
- approve future plans and strategy; and
- monitor risks and ensure that they are appropriately managed.

At the start of each year goals are agreed by the trustees with the team and progress is monitored throughout the year through individual, team and trust appraisal processes.

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Management team

The trustees delegate day to day management of the trust to Chief Executive Officer, Anthony Horton, who is supported by the Head of Finance & Operations, Ian Smith. Over the year the Senior Leadership Team has continued to be supported by the Head of Schools, Clare Sampson, the Head of Income & Communications (HOIC), Dan Beedell, the Emerge Project Lead (Elizabeth Argent) and the Volunteer Lead (Caroline Case). It is the Trustees' belief that 2020/21 will continue to benefit from work done by this team.

A governance team, comprising the charity's senior team members, advisors and a Trustee, met monthly during the year, with a remit to address all day to day operational, personnel, financial and administrative aspects of the charity and ensure its smooth running.

Remuneration and pay levels for the key management personnel and within the charity generally are determined by the trustees with periodic benchmarking to organisations of a similar size and nature.

Risk management

Twice yearly the trustees and management team assess the potential risks to the running and financing of the organisation and the safeguarding of the team and young people. east to west has a comprehensive portfolio of policies which enables the projects to operate in a professional and safe manner. The team and trustees review the policies at the end of each academic year.

Principle risk area	Key mitigating factors
Governance over the organisation and activities	<ul style="list-style-type: none"> ■ A Board of trustees with experience in a range of relevant disciplines who meet regularly together and with the trust management ■ Annual assessment of governance effectiveness ■ Assimilation of emerging issues and trends within the sector
Management of financial resources	<ul style="list-style-type: none"> ■ Monthly financial reporting and forecasting ■ Rigorous documented fiscal management processes overseen by the Board ■ Financial and fundraising matters considered at every trustee and management meeting
Safeguarding and service delivery	<ul style="list-style-type: none"> ■ Maintenance of comprehensive operations policies reviewed, updated with ongoing training to team ■ Continuous development of the organisation and its service delivery team ■ Access to external resources and benchmarking against best practice standards
People and employment	<ul style="list-style-type: none"> ■ Stringent appointment and vetting processes following Safer Recruitment best practice, including DBS checks ■ Wide ranging induction and on-the-job development ■ Well established, effective supervision and development mechanisms in place

Trustees' annual report continued

(incorporating the directors' report)

for the year ended 31 August 2020

Future plans

A new project has started at Hoe Valley School, and we continue to expand the Emerge Project through additional evenings and community follow-up. We continue to respond to new opportunities and are exploring several new partnerships in the coming year, primarily as a member of the Surrey Wellbeing Partnership; however our scope for expansion will be dictated by the availability of new funding as we need to preserve our reserves to provide an adequate contingency fund.

In our reflections on the issues highlighted by the Black Lives Matter Movement we recognise our need to ensure that we are a diverse organisation, which reflects the make-up of the Young People we work with, our schools, our supporters and our partners. We are committed to reviewing the diversity of our staff and trustees, to ensure that we become even more representative of those we serve; and as part of this commitment we are taking part in Surrey's Diversity, Equity & Inclusion Survey this year, the outputs of which will be used to inform our practice and appointments. In this light we are actively seeking to recruit trustees from a diverse background who will add depth and wisdom to our current board.

Statement of trustees' responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the surplus or deficit of the charity for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board and signed on its behalf by



Kenneth Morgan

Secretary

Date 26 November 2020

Independent examiner's report

**to the trustees/directors on the unaudited financial statements of
The east to west Trust (a company limited by guarantee)
for the year ended 31 August 2020**

I report on the accounts of The east to west Trust for the year ended 31 August 2020, which are set out on pages 21 to 29 and comprise the statement of financial activities, the balance sheet and the related notes.

This report is made solely to the charity's Trustees, as a body, in accordance with section 145 of the Charities Act 2011 and regulations made under section 154 of that Act. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an Independent Examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

These financial statements have been prepared under the historical cost convention, in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities and Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

This has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also the directors for the purposes of company law) are responsible for preparation of the accounts. The Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Act) and that an independent examination is required.

Having satisfied myself that the charity is not subject to an audit under charity or company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Act;
- follow the procedures laid down in the General Directions given by the Charity Commission (under section 145(5)(b) of the Act); and
- state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statements overleaf.

Independent examiner's report for the year ended 31 August 2020 (continued)

Independent examiner's statement

In connection with my examination, no matter has come to my attention

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - to prepare accounts which accord with the accounting records, Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard in the UK and Republic of Ireland (FRS 102) and in other respects comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities
- have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



T. A. Wells FCA
Chartered Accountant
Independent Examiner

31 Elizabeth Avenue
Laleham
Staines
Middlesex TW18 1JW

Date: 26 November 2020

Statement of financial activities

(incorporating the income and expenditure account)
for the year ended 31 August 2020

	Notes	Unrestricted Funds £	Restricted funds £	2020 Total £	2019 Total £
Income and endowments					
Donations, legacies & Charitable activities	3	120,161	267,199	387,360	349,101
Other		-	-	-	-
Total		120,161	267,199	387,360	349,101
Expenditure					
Charitable activities & Fundraising	4	85,650	311,854	397,504	344,777
Total		85,650	311,854	397,504	344,777
Net income/(expenditure) for the year		34,511	(44,655)	(10,144)	4,324
Transfers between Reserves	11	(6,146)	6,146	-	-
Net income/(expenditure) after transfers		28,365	(38,509)	(10,144)	4,324
Reconciliation of funds					
Total funds brought forward		17,481	59,672	77,153	72,829
Total funds carried forward		45,846	21,163	67,009	77,153

All of the activities, other than Iver Village Schools (as shown in Note 11), are continuing activities.

The statement of financial activities includes all gains and losses for the year and therefore no statement of total recognised gains and losses has been prepared.

The notes on pages 23 to 29 form part of these accounts.

Balance sheet as at 31 August 2020

	Notes	2020 £	2020 £	2019 £	2019 £
Fixed assets					
Tangible assets	8		3		317
Current assets					
Debtors	9	3,540		3,526	
Cash at bank		105,636		82,464	
		<u>109,176</u>		<u>85,990</u>	
Creditors: amounts falling due within one year	10	(42,170)		(9,154)	
Net current assets			67,006		76,836
Net assets	13		<u>67,009</u>		<u>77,153</u>
The funds of the charity					
Restricted funds	11		21,163		59,672
Unrestricted funds	12		45,846		17,481
Total funds			<u>67,009</u>		<u>77,153</u>

The notes on pages 23 to 29 form part of these accounts.

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.


The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- (a) ensuring that the company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the company as at the end of each financial period and of its surplus or deficit for each financial period in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the company.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with the FRS102 SORP.

The financial statements were approved for issue by the board of trustees on 15 November 2020 and were signed on its behalf by:


Susan Holloway, Chair of Trustees
 Registered company number 06972769

Notes to the financial statements

for the year ended 31 August 2020

1 Accounting policies

The charity, which constitutes a public benefit entity as defined by FRS 102, is a private company limited by guarantee and registered in England and Wales. It operates from the registered office address shown on page 5 and its objects, aims and activities are set out in the Trustees' Report. The principal accounting policies are summarised below and have been applied consistently throughout the year.

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standards applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objects of the company at the discretion of the trustees. Restricted funds can only be used for particular, limited, purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular, restricted, purposes.

Incoming resources

Incoming resources are recognised in the Statement of Financial Activities (SoFA) when the charity becomes unconditionally entitled to the income and the amount can be quantified with reasonable accuracy and where it is certain that it will be received.

Performance related income is only included in the SoFA once the related services have been provided.

Deferred income

Grants and donations received in advance and specified by the donor as relating to specific future periods or subject to conditions which are still to be met, are deferred to the period to which they relate.

Tax reclaims on donations

Gift aid tax reclaims on donations are included in the SoFA in the same period as the donations to which they relate.

Volunteer services

The value of volunteer services received is not included in the accounts but is described in the trustees' report.

Notes to the financial statements continued

for the year ended 31 August 2020

Investment income

Income from investments is included in the accounts in the period it is receivable.

Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Operating leases

Operating lease rentals are expensed on a straight-line basis over the period of the lease.

Tangible fixed assets

Tangible fixed assets are assets with an expected useful life of more than one year and are recorded at cost or, if gifted, at the market value to the charity on receipt, less accumulated depreciation.

Depreciation is calculated so as to write off the cost of an asset, less its estimated residual value, over the useful economic life of that asset as follows:

Fixtures, fittings and equipment: 3 years on the straight-line basis

Statement of Cash Flow

The Trustees have taken advantage of the exemption provision for charities with an annual income under £500,000 and have not produced such a statement.

2 Going concern

These accounts show unrestricted funds of £45,846 and net assets of £67,009 (2019: £77,153) at the balance sheet date. A budget and cash flow forecast for the twelve months from the approvals of these accounts has been prepared showing a similar result for 2020/2021, which the trustees believe is achievable. Therefore, taking these factors into account and having considered the likely impact of Covid-19 upon the charity, the trustees consider it is correct that these accounts have been prepared on the going concern basis.

3 Donations, legacies and incoming from charitable activities

	Unrestricted funds £	Restricted Funds £	2020 Total £	2019 Total £
Donations	72,663	-	72,663	76,779
Gift aid tax reclaims	7,970	-	7,970	9,499
Grants	15,044	37,735	52,779	26,959
Partner Contributions	-	229,464	229,464	188,904
Charitable Activity (SPA 500)	6,570	-	6,570	-
Fund Generation	<u>17,914</u>	<u>-</u>	<u>17,914</u>	<u>46,960</u>
Total Income	<u>120,161</u>	<u>267,199</u>	<u>387,360</u>	<u>349,101</u>

All income in the year was unrestricted except for £267,199 (£222,649) which was given by funders to pay for the work of a Relational Support Worker within a school, for the Emerge project, and for the Peripatetic Counsellor. Within the income items above there were no related party transactions requiring disclosure for the current year or the prior year

Notes to the financial statements continued for the year ended 31 August 2020

4 Expenditure on raising funds and charitable activities

	Unrestricted Funds £	Restricted Funds £	2020 Total £	2019 Total £
Fundraising expenses	1,924	-	1,924	4,999
Staff costs	52,410	287,419	339,829	286,937
Training and travel	2,065	6,975	9,040	10,494
Office facilities	12,755	579	13,334	14,186
IT and communications	10,455	11,458	21,913	15,739
Fees and external assistance	489	5,423	5,912	6,629
SPA 500	2,412	-	2,412	-
Printing, postage and stationery	1,486	-	1,486	1,169
Depreciation	314	-	314	781
Other costs (books, subs, & charges)	1,340	-	1,340	3,843
	<u>85,650</u>	<u>311,854</u>	<u>397,504</u>	<u>344,777</u>

Amounts payable to Independent Examiner

We do not pay any sums for the independent examination as his time is donated to the charity; nor do we make payments for:-

- Assurance services other than independent examination;
- Tax advisory services; and
- Other financial services

5 Net income

	2020 £	2019 £
Net income is stated after charging:		
Operating lease rentals (Photocopier)	9,096	12,908
Depreciation	<u>314</u>	<u>781</u>

6 Staff

			2020 £	2019 £
Staff costs				
	Direct	Other	Total	
Salaries	306,026	-	306,026	269,896
Social security costs	22,639	-	22,639	9,250
Pension Contributions	6,227	-	6,227	4,823
Supervision	<u>4,937</u>	-	<u>4,937</u>	<u>2,968</u>
	<u>339,829</u>	-	<u>339,829</u>	<u>286,937</u>

The remuneration of key management personnel was £108,165 (2019 £109,480). No employees received remuneration of £60,000 or more.

Notes to the financial statements continued

for the year ended 31 August 2020

Number of staff

The average number of staff employed during the period, calculated in full-time equivalents, was as follows:

	2020 No.	2019 No.
Engaged in direct charitable activities	10	11
Other staff	3	4
	<u>13</u>	<u>15</u>

Trustees

None of the trustees received any remuneration or expenses during the year

7 Taxation

The charity's activities fall within the exemptions afforded by the provisions of the Income and Corporation Taxes Act 1988. Accordingly, there is no taxation charge or liability in these accounts.

8 Tangible fixed assets

Cost	Fixtures, fittings & Equipment £
At 1 September 2019	5,199
Additions	
Disposals	(1,686)
At 31 August 2020	<u>3,513</u>
Depreciation	
At 1 September 2019	4,882
Additions	
Disposals	(1,686)
Charge for the year	314
At 31 August 2020	<u>3,510</u>
Net book value	
At 31 August 2019	<u>317</u>
At 31 August 2020	<u>3</u>

Notes to the financial statements continued

for the year ended 31 August 2020

9 Debtors

	2020 £	2019 £
Prepayments and accrued income	2,187	1,974
Other debtors (Gift Aid refund)	1,353	1,552
	<u>3,540</u>	<u>3,526</u>

10 Creditors: amounts falling due within one year

	2020 £	2019 £
Trade creditors	1,586	1,576
Other taxation and social security	5,132	4,078
Accruals and deferred income	35,452	3,500
	<u>42,170</u>	<u>9,154</u>

11 Restricted funds

	At 1 September 2019 £	Transfers Between Reserves	Incoming Resources £	Outgoing Resources £	At 31 August 2020 £
Supported Lodgings	4,718	-	-	-	4,718
Schools Work	35,692	-	246,723	(281,699)	716
Emerge	14,825	-	10,623	(23,984)	1,464
Peripatetic Counsellor	1,437	6,146	9,853	(3,171)	14,265
Cycle Project	3,000	-	-	(3,000)	-
Other	-	-	-	-	-
	<u>59,672</u>	<u>6,146</u>	<u>267,199</u>	<u>(311,854)</u>	<u>21,163</u>

Restricted Funds table of movements for comparative purposes

	At 1 st September 2018 £	Incoming Resources £	Outgoing Resources £	At 31 st August 2019 £
Supported Lodgings	4,718	-	-	4,718
Schools Work	8,308	202,498	(175,114)	35,692
Emerge	-	15,459	(634)	14,825
Peripatetic Counsellor	-	4,692	(3,255)	1,437
Cycle Project	9,000	-	(6,000)	3,000
Other	197	-	(197)	-
	<u>22,223</u>	<u>222,649</u>	<u>(185,200)</u>	<u>59,672</u>

Notes to the financial statements continued

for the year ended 31 August 2020

- The Supported Lodgings fund is restricted for use in assisting homeless Young People by providing safe accommodation
- The Schools Work funds are restricted to providing Relational Support Work in an educational establishment setting
- The Emerge funds area restricted to providing support for young people in Ashford St Peter's NHS Foundation Trust
- The Peripatetic Counsellor funds are restricted to providing ongoing support to young people identified by the Relational Support Worker as needing a specific therapeutic intervention followed up by Relational Support in the school
- The Cycle project did not move forward, so although we carried £3000 forward into 2019/2020, this was returned to Santander during the year
- The amount of £6146 has been transferred from the general funds to restricted funds this year as this was misallocated in the previous year

12 Unrestricted funds

	At 1 September 2019 £	Transfers between reserves £	Incoming Resources £	Outgoing resources £	At 31 August 2020 £
General Fund	17,481	(6,146)	120,161	(85,650)	45,846

The General Fund is applied to supporting all aspects of relational support projects undertaken by the trust and directly funding these if there is not sufficient specific (restricted) funding available.

13 Analysis of net assets between funds

	Unrestricted Funds £	Restricted funds £	2020 Total £
Tangible fixed assets	3	-	3
Current assets	53,061	56,115	109,176
Current liabilities	(7,218)	(34,952)	(42,170)
	45,846	21,163	67,009
	17,481	59,672	77,153

	Unrestricted Funds £	Restricted funds £	2019 Total £
Tangible fixed assets	317	-	317
Current assets	26,318	59,672	85,990
Current liabilities	(9,154)	-	(9,154)
	17,481	59,672	77,153

Notes to the financial statements continued for the year ended 31 August 2020

14 Operating lease commitments

	2020	2019
	£	£
Operating lease commitments are as follows:		
Payable within 1 year	1,728	1,728
Payable within 2 to 5 years	1,728	3,456
	<u>3,456</u>	<u>5,184</u>

15 Related parties

One of the trustees, Mr Matthew Armsby, is a partner in BC Technologies who provide IT support services for this trust. During the year they were paid £1,319 for this work. There are no other transactions requiring disclosure in this or the previous year.

