

# Statement of financial activities

for the year ended  
31 March 2025

**UROSTOMY**  
ASSOCIATION



# Welcome to our trustees' and directors' report for the year ended 31 March 2025

The charity trustees (who are also the directors) present their report together with the financial statements and the independent examiner's report for the year ended 31 March 2025.

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Kevin Davies, one of our wonderful fundraisers this year

# About our charity

Life with a urinary diversion can feel daunting. So it's vital that people have somewhere to turn for reassurance and advice, from diagnosis to living life to the full again. At the Urostomy Association, we can provide that support.

We offer information and support through our helpline, one-to-one volunteer buddies, group get-togethers, e-newsletters, webinars, resources and our much-loved Journal, which is a treasure trove of stories and insights. We also offer information, support and advice for families and carers too.

We link up those seeking help with others who have stood in their shoes and who can provide insightful reassurance, along with practical and emotional support.

We are a valuable resource for healthcare professionals who signpost patients to our services. In addition to providing practical and emotional help, we aim to shape the development of policy and practice by ensuring our supporters' voices are heard at a local and national level.



New posters being circulated to hospitals across the country

# Our vision, values and mission

## Vision

Our vision is that people facing or living with a urinary diversion receive the support and representation they need to live life to its fullest.

## Values

### Compassionate

We treat everyone with compassion, courtesy, respect and dignity.

### Inclusive

We actively involve those who need our services as we fulfil our strategic objectives, to ensure we are more inclusive and meet diverse needs.

### Ambitious

We are determined to make change happen, embracing all the opportunities that technology offers, so supporters feel we are doing all we can to meet their needs.

### Knowledgeable

We will make the most of our networks, partnerships, expert advisors, volunteers and supporters, to build on shared best practice and constantly evolve as an organisation.

## Mission

To deliver on our vision and live our values we will:

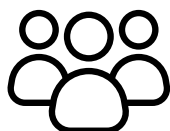
- Provide a breadth of high quality information and advice, and peer-led support to individuals affected by a urinary diversion, and their families
- Actively engage policy makers and practitioners to keep our supporters' needs top of their agenda
- Support a thriving Urostomy Association community
- Assist professionals in supporting urostomates and their families



Photo: Andy North, one of our trained volunteer buddies

# Our strategy's first year in numbers

End of year figures demonstrate that annual **income increased by 15.4%** and **expenditure fell by 26.6%**.



We're delighted that the number of people becoming members of our charity **rose by almost 16%** over 18 months.

We've overhauled our website and, over the year, **the number of visitors increased by 112%**.



On the site we've created **11 new information pages** on topics like UTIs and sexual well-being, plus **17 blogs** from urostomates and stoma professionals exploring everything from mucus to Ketamine Bladder.

We conducted a 'State of the Nation' survey, gathering first-hand experiences to highlight key trends, systemic challenges, and areas of good practice. Over **340 urostomates took part**, and insights have helped shape a national call to action for health and policy leaders.



Donations to our Help Provide Hope appeal allowed us to update and redesign **8 key advice leaflets**, now available for download anytime. Donations also funded our new Patient Information Packs, of which **847 were requested by stoma staff** for their patients this year.

The number of people in our private Facebook group **increased by 21%**. As at May 25, we had 1,751 members.



Our Facebook page saw the following increases: the number of **'follows' is up by 101%**, the number of **'visits' up by 117%** and the **'reach' was up by 153%**.

# Achievements and performance

This year we saw the implementation of our strategic plan get into full swing. By investing in our charity to help us evolve and grow, we are becoming the vibrant organisation our supporters deserve.

To make that happen, we built on our stakeholder engagement activities to action our five key objectives:

1. We will continue to develop the services we provide to urostomates and their families
2. We will ensure our supporters' voices are heard nationally
3. We will strengthen our organisation so we can respond to supporters' changing needs
4. We will assist the healthcare community in the delivery of optimal care for urostomates
5. We will extend opportunities for supporters to engage with our charity



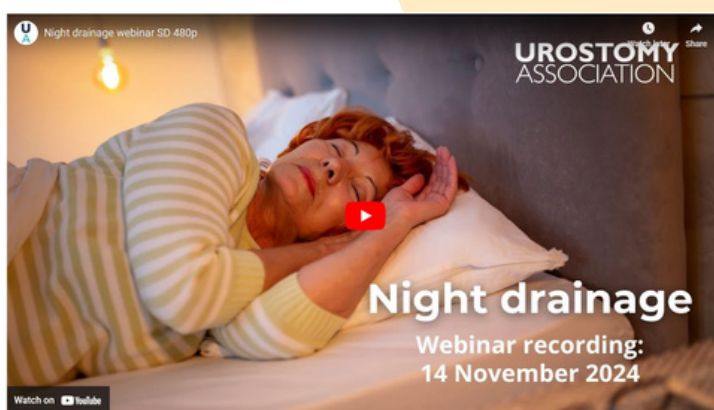
Cathy Varley - who shared her urostomy story with us this year

## Objective one

**We will continue to develop the services we provide to urostomates and their families**

Members often tell us how valuable it is to speak with people who truly understand what life is like with a urostomy. But with local meetings becoming less common, these opportunities can be hard to find. So we have been strengthening our digital services to create that sense of peer support in new ways.

This year we introduced a programme of 'Meet the experts' webinars, on topics ranging from leaks to UTIs, night drainage to travel. Participants hear from subject matter experts, alongside personal insight from urostomates. The question and answer sessions which follow show how much participants appreciate being able to directly engage with those in the know.



**“The webinars are a fantastic and important resource for patients and their families.”**

Mary Garthwaite MBBS PhD FRCS (Urol),  
Chair of the Urology Foundation

We record each of these events and upload them to our new online video library, so urostomates can watch them whenever they wish, at a time which suits them. Recordings from the eight webinars we've run to date have been viewed almost 2,000 times, showing just how much people value connecting, learning, and sharing in this way.

**“Just wanted to say how useful it was to be able to catch up with the recent insights webinar. A great idea to have such an informative video archive.”**

Hazel, Urostomy Association member

Our private Facebook group continues to be an important avenue through which urostomates can provide mutual support. This year we have tightened its management, and members tell us that they now feel more confident asking questions and sharing their own experiences to support others.

**“The UA’s Facebook group is really good. I’ve personally not had to ask a single question because, any question I’ve got, someone’s already asked it! Some people can be wary about joining Facebook groups so, if you’re quite shy, you don’t have to introduce yourself, just search for the advice you need. And you can get involved if you want to. It’s absolutely amazing.”**

Cathy, Urostomy Association member

We are conscious that not everyone has access to the internet, so we continue to run our helpline and offer one-to-one support through our volunteer buddy programme. Volunteers also foster valued friendships by running our local branch meetings in Cambridge, Newcastle, Sheffield and Yorkshire & Humberside.

At the meetings, those facing surgery can come and meet with others who have ‘stood in their shoes’ and see, first-hand, that a urostomy can be the start of a positive, new chapter.

**“Thank you for putting me in touch with Mary. I had a lovely chat with her this evening. For the first time since my surgery, I don’t feel alone with my urostomy. Thank you for your support.”**

Jill, Urostomy Association member



The chance to share with fellow urostomates is so valuable

## Objective two

### We will ensure that our supporters' voices are heard nationally

Facts and figures about urinary diversions are few and far between. As a result, patients' needs are often eclipsed by more common ostomies like colostomies and ileostomies.

So last September, in Urology Awareness Month, we ran a nationwide survey to develop a 'state of the nation' snapshot of urinary diversion care.

By capturing respondents' first-hand accounts, we have been able to identify key trends, systemic changes, and areas of good practice. Over 340 urostomates answered the 40 questions aimed at uncovering people's experiences before and directly after their urinary diversion surgery, and in the longer post-operative and recovery period too.

We published the results in the Spring 25 edition of the Journal and continually use this wealth of information in policy statements and funding applications, as well as our own organisational development.

A month after this survey was carried out, we held an Insights Day webinar to explore national trends and emerging themes in urinary diversion care, and what these mean for urostomates and those involved in their care. At the event, we asked participants what they saw as the three main challenges facing people with urinary diversions in the coming three years. We combined their answers with the survey responses to form a new charter; a call to action for health and policy leaders.

**“Our voices need to be heard. Together, we can pinpoint the strengths and gaps in urinary diversion care. Your insights will enable us to develop a new urinary diversion charter – a clear call to action for politicians and healthcare leaders to ensure better care for all going forward.”**  
Brian Fretwell, Urostomy Association  
Chairman

# A charter to transform the experiences of people with urinary diversions

**We would like to see:**

## **Priority 1: Better access to information and support**

Everyone deserves clear, timely support at every stage of their urinary care journey. this means:

- Reliable, diverse sources of information covering both immediate and long-term impacts of surgery
- Easy referrals to support groups and organisations

## **Priority 2: Invest in stoma nurse care**

Stoma care teams do incredible work, but they're stretched too thin. We need:

- Better spread of stoma nurses to end the postcode lottery of care and to ensure every patient is offered an annual review
- Greater investment in training and retention to keep skilled staff in the field

## **Priority 3: Fix the supply process**

Timely access to supplies is essential for urostomates to live life to the full. Yet, prescription delays create unnecessary stress. We must:

- Streamline prescription approvals to prevent potential delays
- Ensure patients are kept informed about their orders

## **Priority 4: Freedom to choose**

No one should be stuck with ill-fitting or unsuitable products. Urostomates must:

- Know their right to switch suppliers and make informed choices.
- Benefit from ongoing product innovation, with manufacturers' innovation unhindered by overly stringent red tape

## **Priority 5: The right to dignity**

Urinary diversions are personal, and dignity in daily life is non-negotiable. That means:

- Stopping the closure of public toilets
- Equipping facilities to better meet urostomates' needs

## Objective three

### **Strengthen our organisation so we can better respond to supporters' changing needs**

Strengthening our organisation is central to our strategic plan. It is only once we have the strategies, resources and systems in place that we can best support urostomates, raise awareness of this often-hidden ostomy, and build a sense of community and pride among our members.

We couldn't do what we do without amazing volunteers, as their personal experiences, enthusiasm and commitment are pivotal to the support urostomates value. So this year we have been reinvigorating our volunteer programme, onboarding a new cohort of kind-hearted urostomates, overhauling our volunteer information pack and devising a new volunteer engagement plan.

We are forever grateful to them as they represent our charity at hospital open days and local meetings, as well providing the one-to-one support in person and on the phone.

To continue our outreach, we have launched a new communications strategy, overhauling and expanding our website to make it fresh, more engaging and comprehensive. Urostomates are at its heart, contributing directly as bloggers, content reviewers, and through the 'top tips' pages.

**“Your website is excellent - easy to navigate and has bags of great relevant information for urostomy patients.”**  
A corporate medical director

We can only support urostomates, of course, with resources behind us, so we have been implementing a new fundraising strategy, adopting a proactive, partnership-focused approach.

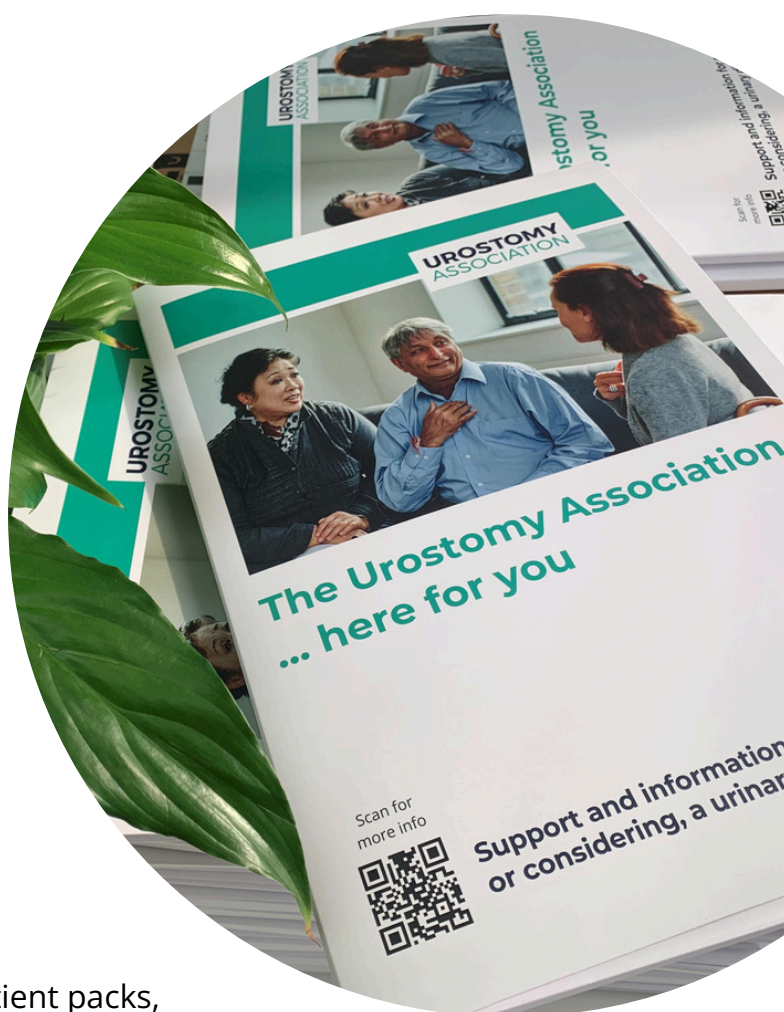
This centres around strengthening our relationships with corporate sponsors, raising the importance of gifts in wills, applying to trusts and foundations, and improving our stewardship so supporters know the difference their donations make.

Our partners are important too, whether they're funding our initiatives, advertising in the Journal, speaking at our webinars, collaborating on campaigns or lending their wisdom behind the scenes.

This year, we launched our first appeal - Help Provide Hope – and this has helped to fund projects including a new Patient Information Pack, updated leaflets, and our new webinars.

In the coming years this will help make us a more resilient organisation, sustaining our services for the long term.

We continue to be indebted to numerous individuals who give donations to help our work and fundraise on our behalf, through activities from craft sales to sponsored walks.



New patient packs,  
supporting those starting  
their care journey.

## Objective four

### **We will assist the healthcare community in the delivery of optimal care for urostomates**

Urostomates' primary support is, quite rightly, their stoma care team. So we strive to support the care they provide in whichever way we can.

This year we introduced a new Patient Information Pack containing our two core leaflets 'What is a urostomy?' and 'Understanding issues that may arise with a urostomy', alongside our new 'How we can help' leaflet and back issues of the Journal. The packs also contain a flyer promoting all the leaflets we updated this year, and which are now available to download from the website.

Stoma care teams requested 847 packs last year; they are clearly a core resource for anxious patients.

We also try to engage and support through our bespoke bi-monthly e-newsletter for stoma staff, pointing them to the latest resources on our website which they may want to share with their patients.

**“Having watched the travel webinar, I took away lots of great tips to pass on to patients, particularly when Margaret and Donna shared their experiences.”**  
Stephanie, Clinical lead

And there's nothing like meeting face-to-face, so we attend and present at key conferences, such as the Association of Stoma Care Nurses event in Glasgow last October.

We are also grateful for the invaluable support stoma care staff offer us, whether as information reviewers, webinar presenters, or in responding to questions from individual urostomates who have exhausted other avenues to find the help they need.

## Objective five

### **We will extend opportunities for supporters to engage with our charity**

This year, we've focused on strengthening the support we offer to urostomates, encouraging them not only to join our charity but to feel truly part of our community. We want every member to feel connected, heard and involved - not just as recipients of information, but as active participants in shaping what we do.

A big part of this has been opening up more ways to start conversations. Social media continues to play an important role, helping us connect with people wherever they are. Alongside our Facebook, LinkedIn and X accounts, we launched a new Instagram channel, giving us fresh opportunities to reach wider and more diverse audiences - especially younger urostomates who are keen to share their experiences and support one another.

We're finding that social media is an invaluable way to understand the issues that matter most to urostomates. The information we produce is increasingly shaped by their lived experiences. For example, after discussions in our Facebook group about mucus, we worked quickly with a stoma nurse specialist to create a new advice page for our website.

Similarly, when a member shared concerns about finding food in his urostomy bag, we were able to raise awareness of the possibility of fistulas and signpost others to reliable information and support.

Samantha, our Transformation Director, has been touring the country to attend our local branch meetings, and local stoma group meetings, hearing first-hand about the challenges urostomates can face, the support they'd like to see, and the successes they'd like to celebrate.

Jonathan Fry kindly allowed us to share his story on our social media channels



# Looking ahead

As we enter the next phase of our strategic plan, with two years still to run, we remain focused on pursuing our five key objectives in the year ahead.

Our priority continues to be ensuring that every urostomate can find the support they need - whenever and however they need it. We know that most new urostomates discover us through their stoma nurse or by searching online, so strengthening those referral routes and our digital presence will remain a central focus.

We're also developing a bespoke 'Early Days' edition of our Journal, to be included in our Patient Information Packs. This special issue will offer reassurance and practical advice for those at the very start of their urostomy journey.

Recognising that not everyone has access to local peer support, we're excited to be launching a new online support group. This will offer the chance to hear from subject experts and product suppliers - just as in face-to-face meetings - while also giving members the opportunity to connect in smaller groups, share experiences, ask questions, and offer mutual encouragement.

In raising awareness and influencing policy, we are proud to be working with the University of Exeter and Hollister Inc. to launch a new study into the incidence and impact of Ketamine Bladder - both on those affected and on the services that support them. While our remit does not extend to drug prevention or addiction services, we want to ensure that young people who reach the stage of requiring life-changing surgery receive appropriate, compassionate, and age-relevant support. Crucially, we aim to reduce stigma by amplifying young people's voices and encouraging early help-seeking to prevent further bladder damage.

As we look to the future, we remain driven by our vision: that people facing or living with a urinary diversion receive the support and representation they need to live life to its fullest. We look forward to sharing our progress with you next year.

Samantha, our Transformation Director, at the Association of Stoma Care Nurses conference 2024



# Reference and administrative information

## Charity name

Urostomy Association

## Registered charity numbers

1131072 (England and Wales)

SCO47740 (Scotland)

Company number: 6918246

## Registered address

C/O Palmer McCarthy, Suite 70  
Capital Business Centre, 22 Carlton Road  
South Croydon, CR2 OBS

## Office address

Office 205, No 9 Journey Campus, Castle Hill  
Cambridge, CB3 0AX

## Website address

[urostomyassociation.org.uk](http://urostomyassociation.org.uk)

## Trustees/directors

- William Burden
- Guy Eccles
- Brian Fretwell (Chairman)
- Helen Holmes
- Elizabeth Ogilvie
- Derek Rosario (National President)
- Julie Varley

## Bankers

Royal Bank of Scotland

## Independent examiner

Stephen Hole FCCA, Palmer McCarthy, Suite 70, Capital Business Centre, 22 Carlton Road, South Croydon, CR2 OBS.

## Investment manager

Rathbone Investment Management Limited, George House, 50 George Square, Glasgow, G2 1EH.



Visiting Coloplast, one of our corporate partners

# Structure, governance & management

## Organisational structure

The strategic management of the charity is undertaken by a National Executive Committee (NEC) which is made up of each of the trustee/directors. The NEC met every six weeks to oversee the first year of the new strategic plan, and have now returned to meeting four times a year.

## Risk management

The trustees, who maintain a formal risk assessment register, regularly review the risks to which the Association is exposed. They do not consider that there are any substantial risks beyond the liabilities disclosed in the Financial Statements.

## Governing document

The Urostomy Association was established in 1971, and is now a charitable company limited by guarantee. We are governed by our Memorandum and Articles of Association. Our charity is a membership organisation. All previous subscribing members of the Association are also members of the company. Each member of the company is required to contribute an amount not exceeding £1 should the company be wound up while they are a member.

## Appointment of trustees

Appointment of trustees to the Board is by election at the National Annual General Meeting. Trustees are elected for a three-year period but can stand for re-election if they wish. An exception to is the National President (who is appointed by the National Executive Committee).

Where vacancies occur, the board (at its discretion) may co-opt members for the period up to the following National Annual General Meeting, at which they may stand for election. Locally, some areas have branches, and members of those branches elect a committee to serve as officers of the branch.

# Financial review

## Summary

For the year ended 31 March 2025, we saw previous years' investment in our strategic development starting to deliver on our expectations. Income for the year rose by 15.4% and expenditure was reduced by 26.6%.

We report a deficit of £104,277. This was largely as the result of investing in our strategic development, as described below. Total funds held by the Association at the year-end were £271,251, which includes restricted funds at £1,792.

## Investments

The Association continued with the investments held with Rathbones Investment Management Limited and the year-end value was £271,912. The fund is managed by a specialist charity team, and they provide the trustees with regular investment updates and quarterly performance reports. The investments, which are for the longer term, are reported at market value. Our investment policy is to provide income to support the cost of running the Association with a medium level of risk that will target returns at CPI + 3% over the longer term.

## Reserves policy

We rely upon subscriptions and donations as major sources of income. To give some stability we consider that our charity should hold sufficient unrestricted reserves to allow us to operate without significantly reducing our service level for a minimum of one year.

## Basis of accounting

These financial statements have been prepared in accordance with the Companies Act 2006, and in accordance with the Charities SORP 2015 (FRS 102).

## Trustees' responsibilities in relation to the financial statements

The charity trustees (who are also the directors) are responsible for preparing the trustees annual report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the situation of the charitable company and of

the incoming resources and application of resources, including income and expenditure, of the charity for that period. In preparing the financial statements, the trustees are required to:

- Select suitable accounting policies and then apply them consistently.
- Observe the methods and principles in the Charities SORP.
- Make judgements and accounting estimates that are reasonable and prudent.
- State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements.
- Prepare financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the Company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report has been prepared in accordance with the special provision relating to small companies within Part 15 of the Companies Act 2006.

By order of the board.



Chairman



Brian Fretwell, Chairman

# Independent examiner's report to the trustees

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025, which are set out below..

## Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

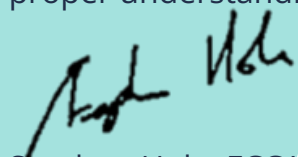
## Independent examiner's statement

Since the company's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of Chartered Certified Accountants, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Stephen Hole, FCCA

Palmer McCarthy, Chartered Certified Accountants, Suite 70, Capital Business Centre,  
22 Carlton Road, South Croydon, CR2 0BS

**UROSTOMY ASSOCIATION**  
**(Limited by Guarantee)**  
**Statement of Financial Activities**  
**for the Year Ended 31 March 2025**

	Note	Unrestricted Funds 31.03.25 £	Restricted Funds 31.03.25 £	Total Funds 31.03.25 £	Total Funds 31.03.24 £
<b>INCOME AND ENDOWMENTS FROM:</b>					
<b>Donations and legacies</b>					
General Fund	4	37,506	-	37,506	21,710
Branches	10	1,140	-	1,140	3,303
Children's Booklet	4	-	-	-	141
		<b>38,646</b>	<b>-</b>	<b>38,646</b>	<b>25,154</b>
<b>Charitable activities</b>					
General Fund	5	49,906	10,475	60,381	54,791
Branches	10	3,023	-	3,023	4,464
		<b>52,929</b>	<b>10,475</b>	<b>63,404</b>	<b>59,255</b>
<b>Investments</b>					
General Fund	6	7,210	-	7,210	10,233
Branches	10	330	-	330	293
		<b>7,540</b>	<b>-</b>	<b>7,540</b>	<b>10,526</b>
<b>TOTAL INCOME</b>		<b>99,115</b>	<b>10,475</b>	<b>109,590</b>	<b>94,935</b>
<b>EXPENDITURE ON:</b>					
<b>Raising Funds</b>					
General Fund	7	3,897	-	3,897	31,644
Branches	11	-	-	-	258
		<b>3,897</b>	<b>-</b>	<b>3,897</b>	<b>31,902</b>
<b>Charitable activities</b>					
General Fund	8	116,958	10,475	127,433	121,283
Branches	11	6,713	1,515	8,228	10,902
		<b>123,671</b>	<b>11,990</b>	<b>135,661</b>	<b>132,185</b>
<b>Governance Costs</b>					
General Fund	9	63,914	-	63,914	113,419
Branches	11	338	-	338	163
		<b>64,252</b>	<b>-</b>	<b>64,252</b>	<b>113,582</b>
<b>TOTAL EXPENSES</b>		<b>191,820</b>	<b>11,990</b>	<b>203,810</b>	<b>277,669</b>
<b>NET FUNDS</b>		<b>(92,705)</b>	<b>(1,515)</b>	<b>(94,220)</b>	<b>(182,734)</b>
Realised and Unrealised gain of Investments	14	(10,057)	-	(10,057)	15,215
<b>NET MOVEMENT IN FUNDS</b>		<b>(102,762)</b>	<b>(1,515)</b>	<b>(104,277)</b>	<b>(167,519)</b>
<b>RECONCILIATION OF FUNDS</b>					
Total Funds Brought Forward		£ 410,317	£ 3,310	£ 413,627	£ 581,146
Net Movement in Funds		(102,762)	(1,515)	(104,277)	(167,519)
<b>Total Funds Carried Forward</b>		<b>307,555</b>	<b>1,795</b>	<b>309,350</b>	<b>413,627</b>

The Statement of Financial Activities includes all gains and losses recognised in the year. All incoming resources and resources expended derive from continuing activities.

The Statement of Financial Activities also complies with the requirements for an income and expenditure account under the Companies Act 2006

The notes on pages 12 to 16 form an integral part of these accounts.

Registered Company Number : 6918246

**UROSTOMY ASSOCIATION**  
**(Limited by Guarantee)**  
**Balance Sheet**  
**as at 31st March 2025**

	Note	31.03.25 £	31.03.24 £
<b>FIXED ASSETS</b>			
Office Equipment	13	661	965
Investments	14	271,251	352,750
Total Fixed Assets		<b>271,912</b>	<b>353,715</b>
<b>CURRENT ASSETS</b>			
<b>Debtors</b>			
Debtors due within one year	15	8,678	16,625
<b>Cash at Bank and in hand</b>			
Cash at Bank	16	61,038	59,671
Cash in Hand	16	157	157
		<b>69,873</b>	<b>76,453</b>
<b>CURRENT LIABILITIES</b>			
Creditors due within one year	17	21,621	11,136
Deferred Income	18	10,814	5,405
		<b>32,435</b>	<b>16,541</b>
<b>NET ASSETS</b>		<b>309,350</b>	<b>413,627</b>
<b>THE FUNDS OF THE CHARITY</b>			
<b>Unrestricted</b>			
General Fund	19	228,657	328,861
Branches	19	78,898	81,456
		<b>307,555</b>	<b>410,317</b>
<b>Restricted</b>			
R&D	19	-	-
Sheffield Branch	19	1,795	3,310
		<b>1,795</b>	<b>3,310</b>
<b>TOTAL FUNDS</b>		<b>309,350</b>	<b>413,627</b>

For the year ending 31st March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibility for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.


These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

**Approved by Directors on 29th October 2025**

Brian Fretwell  
Chairman



Derek Rosario  
President



**UROSTOMY ASSOCIATION**  
**(Limited by Guarantee)**  
**Notes to the Financial Statements for the year ended 31 March 2025**

**1. Basis of Preparation**

**1.1 Basis of Accounting**

These accounts have been prepared on the basis of historic cost in accordance with:

- (a) Accounting & Reporting by Charities - Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reposting Standard applicable in the UK and Republic of Ireland (FRS102) (issued in October 2019) - Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).
- (b) The Companies Act 2006.

**2. Accounting Policies**

**2.1 Form of Financial Statements**

- (a) Unrestricted Funds Funds that may be used at the discretion of the trustees for the furtherance of the objects of the charity.
- (b) Restricted Funds Funds that may only be used for specific purposes. Restrictions arise when specified by the donor or when funds are raised for specific purposes.

**2.2 Incoming Resources**

- (a) Incoming Resources are recognised and included in the Statement of Financial Activities (SOFA) when the Charity becomes entitled to the resources; the Trustees are virtually certain that they will receive the resources; and the monetary value can be measured with sufficient reliability. Except for legacies that are recognised on receipt of funds.
- (b) When incoming resources have related expenditure (as with fund raising), the incoming resources and related expenditure are reported gross in the SOFA
- (c) Bank interest is recognised on an accruals basis
- (d) Income in respect of fund raising and the National Annual General Meeting are deferred to the year in which the event will be held.

**2.3 Expenditure & Liabilities**

- (a) Expenditure is accounted for on an accruals basis.
- (b) Liabilities are recognised as soon as there is a legal or contractual obligation to pay out resources.
- (c) Governance costs include the costs of preparation and examination of the statutory accounts, the cost of trustee meetings and other costs incurred in running the charity.

**2.4 Taxation**

The charity is not liable to income or capital gains tax on any of its charitable activities. Irrecoverable VAT is included in the asset cost or expense to which it relates.

**2.5 Investments**

Investments are initially recognised at their transaction value and at the balance sheet date are measured at their fair value using the quoted market price. Realised and unrealised investment gains and losses are combined and reported on the Statement of Financial Activities.

**2.6 Tangible Fixed Assets**

Tangible fixed assets are stated at cost less accumulated depreciation. Depreciation is provided on all tangible fixed assets:

Office Equipment                      Straight line over 3 years

**3. Transactions with Trustees and Related Parties**

- (a) As approved by the National Executive Committee, the following remuneration was paid to the Chief Executive Officer:

	31.03.25	31.03.24
	£	£
S Sherratt	70,000	28,371
H J Pixley	-	32,083

- (b) Travel and other expenses amounting to £130 (2024 £2,886) were reimbursed to trustees.

**UROSTOMY ASSOCIATION****(Limited by Guarantee)****Notes to the Financial Statements for the year ended 31 March 2025**

	Unrestricted Funds £	Restricted Funds £	TOTAL 31.03.25 £	TOTAL 31.03.24 £
<b>4. Donations and legacies</b>				
Subscriptions	-	-	-	2,331
Donations	30,006	-	30,006	19,520
Legacies	7,500	-	7,500	-
	<b>37,506</b>	<b>-</b>	<b>37,506</b>	<b>21,851</b>
<b>5. Charitable Activities</b>				
Fund Raising	5,803	-	5,803	3,444
Gift Aid Recovery	5,732	-	5,732	11,458
Journal Advertising	28,600	-	28,600	22,337
Hospital Saturday Fund	-	9,475	9,475	1,836
National Lottery Community Fund	-	-	-	4,287
200 Club	4,746	-	4,746	6,499
Members Events	-	-	-	200
Sponsorship	-	-	-	1,000
Childrens Booklet	-	1,000	1,000	-
Other	5,025	-	5,025	3,730
	<b>49,906</b>	<b>10,475</b>	<b>60,381</b>	<b>54,791</b>
<b>6. Investments</b>				
Interest from Bank Accounts & Bonds	2,575	-	2,575	1,673
Dividends	4,635	-	4,635	8,560
	<b>7,210</b>	<b>-</b>	<b>7,210</b>	<b>10,233</b>
<b>7. Cost of Raising Funds</b>				
Fund Raising	2,702	-	2,702	2,360
200 Club	1,195	-	1,195	2,936
Investment Management fees	-	-	-	2,025
Consultant fees	-	-	-	15,070
Staff Costs (Note 12)	-	-	-	9,253
	<b>3,897</b>	<b>-</b>	<b>3,897</b>	<b>31,644</b>
<b>8. Cost of Charitable Activities</b>				
Staff Costs (Note 12)	50,058	9,475	59,533	43,872
Journal Costs	25,432	-	25,432	22,665
Advertising	1,791	-	1,791	-
Printing and Pamphlets	77	-	77	2,885
Expenses - Childrens Booklet	-	1,000	1,000	1,925
Postage	8,698	-	8,698	8,121
Conference Costs and Travel	-	-	-	4,882
Website	1,581	-	1,581	3,475
Trustee support expenses	-	-	-	146
Legal & Professional Fees	28,990	-	28,990	34,160
Payments on Behalf of Branches	72	-	72	-
Sundries	259	-	259	511
	<b>116,958</b>	<b>10,475</b>	<b>127,433</b>	<b>121,283</b>
<b>9. Governance Costs</b>				
Staff Costs (Note 12)	14,883	-	14,883	46,527
Recruitment Costs	-	-	-	17,007
Office Costs	14,692	-	14,692	11,834
Staff/Volunteer training	-	-	-	129
Bank Charges	856	-	856	611
Subscriptions	195	-	195	823
Insurance	2,028	-	2,028	2,212
National Annual General Meeting	-	-	-	278
NEC Meeting Costs	389	-	389	2,842
Trustee travel and accomodation	130	-	130	2,740
Independent Examiner's Fee	3,000	-	3,000	3,600
Accountancy and bookkeeping Fees	14,910	-	14,910	6,566
Legal and professional fees	4,064	-	4,064	9,262
Broadband & Communications	1,083	-	1,083	1,407
IT Maintenance & Upgrades	7,085	-	7,085	7,536
Sundry Costs	-	-	-	149
Depreciation/profit on disposal	599	-	599	-
	<b>63,914</b>	<b>-</b>	<b>63,914</b>	<b>113,419</b>

**UROSTOMY ASSOCIATION**  
(Limited by Guarantee)

**Notes to the Financial Statements for the year ended 31 March 2025**

	Unrestricted Funds £	Restricted Funds £	TOTAL 31.03.25 £	TOTAL 31.03.24 £
<b>10. Branches : Income</b>				
<i><b>Donations and legacies</b></i>				
Subscriptions	-	-	-	1,644
Donations	1,140	-	1,140	1,659
	<b>1,140</b>	-	<b>1,140</b>	<b>3,303</b>
<i><b>Charitable Activities</b></i>				
Fund Raising	1,339	-	1,339	2,473
Branch Meetings	7	-	7	59
Social Functions	1,677	-	1,677	1,032
Other	-	-	-	900
	<b>3,023</b>	-	<b>3,023</b>	<b>4,464</b>
<i><b>Investments</b></i>				
Interest	330	-	330	293
	<b>4,493</b>	-	<b>4,493</b>	<b>8,060</b>
<b>11. Branches : Expenditure</b>				
<i><b>Cost of Raising funds</b></i>				
Purchase of Goods	-	-	-	258
	-	-	-	<b>258</b>
<i><b>Charitable Activities</b></i>				
Branch Social Function	2,234	-	2,234	5,080
Branch Meetings	2,694	1,515	4,209	4,535
Donations to main funds	1,000	-	1,000	-
Travel	338	-	338	77
Welfare & Visits	122	-	122	464
Printing, Postage & Stationery	325	-	325	746
	<b>6,713</b>	<b>1,515</b>	<b>8,228</b>	<b>10,902</b>
<i><b>Governance Costs</b></i>				
Broadband & Communications	133	-	133	95
Bank Charges	80	-	80	68
Sundry Costs	125	-	125	-
	<b>338</b>	-	<b>338</b>	<b>163</b>
	<b>7,051</b>	<b>1,515</b>	<b>8,566</b>	<b>11,323</b>
<b>12. Staff Costs</b>				
Salaries	70,000	-	70,000	70,183
Redundancy	-	-	-	35,366
Employer's National Insurance	1,321	-	1,321	1,858
Employer's Pension	3,095	-	3,095	9,928
	<b>74,416</b>	-	<b>74,416</b>	<b>117,335</b>
			<b>31.03.25</b>	<b>31.03.24</b>
<b>Average number of full-time equivalent employees in the year</b>			<b>1</b>	<b>2</b>

**13. Fixed Assets**

	Office Equipment £
<b>Cost</b>	
Balance brought forward as at 01.04.24	6,523
Disposals	295
Additions	-
Carried brought forward as at 31.03.25	<u>6,818</u>
<b>Depreciation</b>	
Balance brought forward as at 01.04.24	5,558
Charge for the year	599
Disposals for the year	-
Carried brought forward as at 31.03.25	<u>6,157</u>
<b>Net Book Value</b>	
As at 31st March 2025	<u>661</u>
As at 31st March 2024	<u>965</u>

**UROSTOMY ASSOCIATION**  
**(Limited by Guarantee)**  
**Notes to the Financial Statements for the year ended 31 March 2025**

**14. Investments**

	<b>Listed Investments</b>
	<b>£</b>
<b>Market Valuation</b>	
Balance brought forward as at 01.04.24	352,750
Fund Management Charges	(1,845)
Income	7,210
Paid to Bank	(70,000)
Relised gains / (loss)	(5,851)
Revaluation	(11,013)
Carried brought forward as at 31.03.25	<u>271,251</u>

Investments are undertaken by a specialist charities team who are part of a UK leading investment and financial planning group.

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>TOTAL 31.03.25 £</b>	<b>TOTAL 31.03.24 £</b>
<b>15. Debtors</b>				
Accounts receivable	3,073	-	3,073	10,024
Other Debtors	4,011	-	4,011	4,285
Prepayments	1,594	-	1,594	2,316
	<b>8,678</b>	<b>-</b>	<b>8,678</b>	<b>16,625</b>
<b>16. Bank and Deposit Balances</b>				
Bank Accounts	22,187		22,187	16,873
Petty Cash	50		50	50
Branch Accounts	37,056	1,795	38,851	42,798
Branch Cash	107		107	107
	<b>59,400</b>	<b>1,795</b>	<b>61,195</b>	<b>59,828</b>
<b>17. Creditors (payable within one year)</b>				
Accruals	11,392	-	11,392	3,250
Accounts payable	3,586	-	3,586	4,602
PAYE/NIC	2,268	-	2,268	2,332
Wages and pension control account	4,375	-	4,375	-
Other Creditors	-	-	-	952
	<b>21,621</b>	<b>-</b>	<b>21,621</b>	<b>11,136</b>
<b>18. Deferred Income</b>				
Sponsorship	10,814	-	10,814	5,405
	<b>10,814</b>	<b>-</b>	<b>10,814</b>	<b>5,405</b>

Registered Company Number : 6918246

**UROSTOMY ASSOCIATION**  
**(Limited by Guarantee)**  
**Notes to the Financial Statements for the year ended 31 March 2025**

**19. Movements between Funds**

	<b>Balance at 01.04.24 £</b>	<b>Income &amp; Endowments £</b>	<b>Expenditure £</b>	<b>Other £</b>	<b>Balance at 31.03.25 £</b>
<b>Unrestricted Funds</b>					
General Funds	328,861	94,622	(184,769)	(10,057)	228,657
Branch Funds	81,456	4,493	(7,051)	-	78,898
<b>Restricted Funds</b>					
General Funds	-	10,475	(10,475)	-	-
Restricted Fund - Sheffield	3,310	-	(1,515)	-	1,795
	<b>413,627</b>	<b>109,590</b>	<b>(203,810)</b>	<b>(10,057)</b>	<b>309,350</b>