

**APLS – SHEFFIELD**

**Charitable Incorporated Organisation**

**Registered Charity No. 1130685**

**TRUSTEES REPORT AND ACCOUNTS**

**YEAR ENDED**  
**31<sup>ST</sup> DECEMBER 2023**

**Harry Sager & Co**  
**Chartered Certified Accountants**  
249 Lynnfield House, Church St,  
Altrincham, WA14 4DZ  
Tel: 0161 721 4311  
e-mail: [info@harrysager.co.uk](mailto:info@harrysager.co.uk)  
web: [www.harrysager.co.uk](http://www.harrysager.co.uk)

## **CONTENTS**

### **APLS – SHEFFIELD CIO**

### **YEAR ENDED 31<sup>ST</sup> DECEMBER 2023**

## **CONTENTS**

<b>1 – 4</b>	Trustees' Annual Report
<b>5</b>	Independent Examiner's Report
<b>6</b>	Statement of Financial Activities
<b>7</b>	Balance Sheet
<b>8 – 11</b>	Notes to the Accounts

**APLS SHEFFIELD CIO**  
**YEAR ENDED 31<sup>ST</sup> DECEMBER 2023**  
**TRUSTEES' ANNUAL REPORT**

The Trustees present their annual report with the unaudited Accounts for the year ended 31<sup>st</sup> December 2023.

The report and accounts have been prepared in accordance with the Charities Act 2011 and the requirements of the Charities SORP (FRS 102) (effective 1<sup>st</sup> January 2019).

**CHARITY NAME**                      APLS SHEFFIELD

**REGISTERED NO'S**            Charity    No.    1130685

**TRUSTEES**

The Trustees, who all served during the period, are as follows:-

Dr. Judith Gilchrist  
Mr. Sean Marven  
Ms. Tanya Ralph

**SECRETARY**                      Dr. Judith Gilchrist

**PRINCIPAL AND REGISTERED OFFICE**

**Principal Office**

APLS SHEFFIELD  
Emergency Department  
Sheffield Children's Hospital  
Western Bank  
Sheffield  
S10 2TH

E.Mail:        scn-tr.apls@nhs.net

**INDEPENDENT EXAMINER**

Harry Sager & Co.,  
Chartered Certified Accountants  
249 Lynnfield House  
Church Street  
Altrincham  
WA14 4DZ

**APLS SHEFFIELD CIO**  
**YEAR ENDED 31<sup>ST</sup> DECEMBER 2023**  
**TRUSTEES' ANNUAL REPORT**

(Continued)

**APLS SHEFFIELD IN 2023**

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing Document**

The Charity is a Charitable Incorporated Organisation, registered number 1130685 and is constituted under a Foundation Constitution which came into force on 21<sup>st</sup> Feb 2020. Prior to its conversion to CIO, the Charity operated as a Limited Company. The Charity was firstly registered with the Charity Commission on 22nd July 2009. Prior to that, the organisation had been operated as a branch of Advanced Life Support Group (a Registered Charity) till 31<sup>st</sup> December 2006.

**Recruitment and Appointment of Trustee Committee**

The Trustees consider appointment of new trustees from individuals that are recommended, taking into account appropriate combination of skills, interests and experience within healthcare.

Induction and Training of new trustees are conducted by existing Trustees. New trustees are encouraged to familiarise themselves with the Charity and the context in which it operates.

**Objectives and Activities**

The objects of the charity are the preservation of life by providing training and education, in particular but not exclusively, to doctors and nurses in life saving techniques in particular regarding paediatric life support treatment.

The activities of the charity are to provide training using standardised teaching packages to enable candidates to use a structured approach to a variety of clinical and non-clinical situations where the life of the patient may be compromised. The courses are all intensive and are based around evidence -based methods of teaching and training.

**Public Benefit**

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives.

The Charity provides medical training courses with the aim of improving emergency care and thus provide ultimate benefit to the patients, their families and the wider communities in general. There are no boundaries to the receipt of the benefit of improved emergency care.

**APLS SHEFFIELD CIO**  
**YEAR ENDED 31ST DECEMBER 2023**  
**TRUSTEES' ANNUAL REPORT**

(Continued)

**ACHIEVEMENTS AND PERFORMANCE**

During the year under review the Charity operated 20 courses in total. These were held at the Post Graduate Medical Education Centre, the Northern General Hospital in Sheffield, and the Clinical Skills Centre at Sheffield Children's Hospital as well as through remote learning.

All courses are delivered by volunteer Instructors. During 2023, approximately 50 Instructors have donated their time and expertise to our courses.

The Charity has continued to maintain a high standard of course attendance and achievements, with candidates attaining successful results.

The Courses are open to applicants from nursing, medical and paramedic backgrounds, and are taught by fully qualified instructors from all over the UK. This brings the additional benefit of new ideas and teaching methods to the Charity.

**PLANS FOR FUTURE DEVELOPMENTS**

Over the recent years, the majority of candidates trained by the Charity were staff from and thus paid for by the Sheffield Children's Hospital, who was also the main supplier of the Charity for providing venue and admin support staff.

A discussion took place in late 2023 between the Charity and Sheffield Children's Hospital with regards to the best way forward of providing training courses in future. It was concluded that the best way forward is for the Trust to take over the running of the training courses in house.

The Charity is planning to support the transition in 2024 and co-operate with the Trust to absorb the provision of their courses by the Trust fully by end of 2024.

**FINANCIAL REVIEW**

During the year the Charity's total income was £51,395 (2022, £52,140), and the overall performance recorded a surplus of £2,323 (2022, a surplus of £5,430).

**Reserves Policy**

The "free reserves", i.e. funds not already invested in fixed assets, as at 31<sup>st</sup> December 2023, amounts to £30,907.

These "free reserves" will be utilised in 2024 to facilitate the running of the training courses by the Trust.

**APLS SHEFFIELD CIO**  
**YEAR ENDED 31<sup>ST</sup> DECEMBER 2023**  
**TRUSTEES' ANNUAL REPORT**  
(Continued)

**FINANCIAL REVIEW (cont'd)**

**Going Concern**

The Trustees are therefore of the view that there are no other material uncertainties about the Charity's ability to continue as a going concern.

**Approved and Signed on behalf of the Trustees**

**Dr Judith Gilchrist**

**26<sup>th</sup> May 2025**

.....  
**Chairman of Trustees**

**APLS SHEFFIELD CIO**  
**INDEPENDENT EXAMINER'S REPORT**

I report to the trustees on my examination of the accounts of the above charity for the year ended 31<sup>st</sup> December 2023.

**Respective Responsibilities of Trustees and Examiner**

As the Charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

**Basis of Independent Examiner's Report**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- 1) accounting records were not kept in accordance with section 130 of the Act; or
- 2) the accounts did not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**LIU LIU FCCA**  
**HARRY SAGER & CO.**  
**CHARTERED CERTIFIED ACCOUNTANTS,**  
**249 LYNNFIELD HOUSE**  
**CHURCH STREET**  
**ALTRINCHAM**  
**WA14 4DZ**

**APLS SHEFFIELD CIO**  
**STATEMENTS OF FINANCIAL ACTIVITIES**  
**YEAR ENDED 31<sup>ST</sup> DECEMBER 2023**

		<b><u>2023</u></b>	<b><u>2022</u></b>
		Unrestricted Total funds	Unrestricted Total funds
	<b><u>NOTES</u></b>	<b><u>£</u></b>	<b><u>£</u></b>
<b><u>INCOME AND ENDOWMENTS</u></b>			
<b><u>FROM:</u></b>			
<b>Charitable Activities:</b>			
Training Course Fees .....		51,395	52,140
<b><u>TOTAL</u></b>		<b><u>51,395</u></b>	<b><u>52,140</u></b>
<b><u>EXPENDITURE ON:</u></b>			
<b>Charitable Activities .....</b>	<b>3</b>		
Provision of Training Courses		<b><u>49,072</u></b>	<b><u>46,710</u></b>
<b><u>NET SURPLUS</u></b> .....		<b><u>2,323</u></b>	<b><u>5,430</u></b>
<b><u>RECONCILIATION OF FUNDS</u></b>			
Total Funds brought forward .....		<b><u>28,584</u></b>	<b><u>23,154</u></b>
<b>Total Funds carried forward ....</b>		<b><u>30,907</u></b>	<b><u>28,584</u></b>



**APLS SHEFFIELD CIO**  
**BALANCE SHEET AS AT 31<sup>ST</sup> DECEMBER 2023**

		<b><u>2023</u></b>		<b><u>2022</u></b>	
		Unrestricted		Unrestricted	
		Total funds		Total funds	
	<b><u>NOTE</u></b>	<b><u>£</u></b>	<b><u>£</u></b>	<b><u>£</u></b>	<b><u>£</u></b>
<b><u>FIXED ASSETS</u></b>					
TANGIBLE .....	4		4,402		-
<b><u>CURRENT ASSETS</u></b>					
DEBTORS.....	5	23,710		16,286	
CASH AT BANK .....		<u>21,610</u>		<u>33,508</u>	
		<u>45,320</u>		<u>49,794</u>	
<b><u>CREDITORS: (AMOUNTS FALLING DUE WITHIN ONE YEAR)</u></b>					
CREDITORS .....		-		-	
ACCRUALS .....		4,200		8,080	
DEFERRED INCOME .....		<u>14,615</u>		<u>13,130</u>	
		<u>18,815</u>		<u>21,210</u>	
<b><u>NET CURRENT ASSETS</u></b>			<u>26,505</u>		<u>28,584</u>
<b><u>NET ASSETS</u></b>			<b><u>30,907</u></b>		<b><u>28,584</u></b>
<b><u>FUNDS</u></b>					
Unrestricted Funds .....		30,907		28,584	
<b>Total Funds .....</b>		<b><u>30,907</u></b>		<b><u>28,584</u></b>	

**Signed on Behalf of the Board**

.....  
**Dr Judith Gilchrist**  
**Chairman of Trustees**

**Approved by the Board    26<sup>th</sup> May 2025**

**APLS SHEFFIELD CIO**  
**YEAR ENDED 31<sup>ST</sup> DECEMBER 2023**  
**NOTES TO THE ACCOUNTS**

**1. LEGAL FORM**

APLS Sheffield is a Charitable Incorporated Organisation, converted from a Limited Company on 21<sup>st</sup> February 2020.

Its principal office is as detailed in the Trustees report on page 1.

**2. ACCOUNTING POLICIES**

**a) Basis of Accounting**

The Charity is a public benefit entity as defined by FRS 102. The Accounts have been prepared in accordance with the Charities SORP (FRS 102) (effective 1<sup>st</sup> January 2019), and the Charities Act 2011.

**b) Incoming Recognition**

All incoming is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

- Training Course Fees: included on a receivable basis. Course fees are invoiced in advance and, therefore, deferred and included in income in the relevant financial year when the course is held.
- Investment Income: this relates to interest from bank deposits and is included in income when receivable.

**c) Expenditure Recognition**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accrual basis.

**d) Allocation of Expenditure**

- Direct costs on charitable activities: costs incurred in the delivery of training courses.
- Support costs: costs incurred to facilitate the provision of training courses
- Governance Costs: include costs for Independent Examination and those associated with fulfilling statutory requirements including the preparation of statutory accounts.

**APLS SHEFFIELD CIO**  
**YEAR ENDED TO 31<sup>ST</sup> DECEMBER 2023**  
**NOTES TO THE ACCOUNTS**

(Continued)

**2. ACCOUNTING POLICIES** (Cont'd)

**e) Irrecoverable VAT**

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

**f) Fixed Assets**

The cost of tangible fixed assets is written off over their useful lives as follows:-

Course equipment:                      -                      over 4 years straight line

**g) Creditors**

Creditors are recognised at the settlement amount due. Accrued charges are valued at their settlement amount.

**h) Donated services**

Services donated by the volunteer Instructors are not recognised as income due to the intrinsic difficulty of them being measured reliably.

	<b><u>2023</u></b>	<b><u>2022</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
<b>3. <u>EXPENDITURES ON CHARITABLE ACTIVITIES</u></b>		
<b>Direct Cost</b>		
Course Materials .....	17,644	16,506
Educator Fees.....	-	1,153
Course Catering .....	11,819	8,732
Travel, Meals & Accommodation ...	1,714	605
Venue Hire .....	3,000	8,420
Course Administration.....	-	338
Special Movers .....	294	529
Printing & Software .....	159	474
Depreciation.....	<u>1,467</u>	<u>-</u>
	<u>36,097</u>	<u>36,757</u>
<b>Support Cost</b>		
Bank Charge .....	61	60
Salary Recharge .....	<u>8,474</u>	<u>6,341</u>
	<u>8,535</u>	<u>6,401</u>

**APLS SHEFFIELD CIO**  
**YEAR ENDED TO 31<sup>ST</sup> DECEMBER 2023**  
**NOTES TO THE ACCOUNTS**  
(Continued)

**3. CHARITABLE ACTIVITIES COSTS (cont'd)**

	<b><u>2023</u></b>	<b><u>2022</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
<b>Governance Costs</b>		
Accountancy Charges .....	4,440	3,180
Sundry expenses .....	<u>-</u>	<u>372</u>
	<b><u>4,440</u></b>	<b><u>3,552</u></b>
	<b><u>49,072</u></b>	<b><u>46,710</u></b>

**4. FIXED ASSETS**

	<b><u>Course Equipment</u></b>
	<b><u>£</u></b>
<b><u>COST</u></b>	
At 01.01.23	37,864
Additions	<u>5,870</u>
At 31.12.23	<b><u>43,734</u></b>
 <b><u>DEPRECIATION</u></b>	
At 01.01.23	37,864
Charge for year	<u>1,468</u>
AT 31.12.23	<b><u>39,332</u></b>
 <b><u>NET BOOK VALUE</u></b>	
At 31.12.23	<b><u>4,402</u></b>
At 31.12.22	<u>-</u>

**5. DEBTORS**

	<b><u>2023</u></b>	<b><u>2022</u></b>
	<b><u>£</u></b>	<b><u>£</u></b>
Due within one year		
Outstanding fees.....	23,710	14,320
Prepayments .....	<u>-</u>	<u>1,966</u>
	<b><u>23,710</u></b>	<b><u>16,286</u></b>

**6. DEFERRED INCOME**

Course fees are invoiced and payable in advance. Fees received in year for future course dates are included in deferred income.

Deferred Income at 01.01.23	13,130	4,205
Released in year	( 13,130)	( 3,325)
Received in year for 2024 courses	<u>14,615</u>	<u>12,250</u>
Deferred Income at 31.12.23	<b><u>14,615</u></b>	<b><u>13,130</u></b>

**APLS SHEFFIELD CIO**  
**YEAR ENDED TO 31<sup>ST</sup> DECEMBER 2023**  
**NOTES TO THE ACCOUNTS**

(Continued)

**7. TRANSACTIONS WITH TRUSTEES**

- a) During the year One Trustee was reimbursed £7 (2022, 2 Trustee £65) for travelling and miscellaneous expenses, in relation to the running of the courses.
- b) None of the Trustees received remuneration from the charity.

**8. MOVEMENT IN FUNDS**

	At 01.01.23	Net movement in funds	At 31.12.23
	£	£	£
<b>Unrestricted funds</b>			
General fund	28,584	2,323	30,907
<b>Total funds</b>	<b><u>28,584</u></b>	<b><u>2,323</u></b>	<b><u>30,907</u></b>

Net movement in funds, included in the above are:

	Incoming Resources	Resources expended	Movement in funds
	£	£	£
<b>Unrestricted funds</b>			
General fund	51,395	49,072	2,323
<b>Total funds</b>	<b><u>51,395</u></b>	<b><u>49,072</u></b>	<b><u>2,323</u></b>

**9. ACCOUNTANCY CHARGES**

	<b><u>2023</u></b>	<b><u>2022</u></b>
	£	£
Accountancy	3,600	2,580
Under-provision	240	-
Independent Examination	600	600
	<b><u>4,440</u></b>	<b><u>3,180</u></b>

**10. STAFF COST**

The Charity does not employ any staff. However, administration work is carried out by Sheffield Children's Hospital Trust, who recharge their staff cost to the Charity.

**11. RELATED PARTY TRANSACTIONS**

There were no related party transactions for the year ended 31<sup>st</sup> December 2023.