

APLS – SHEFFIELD

Charitable Incorporated Organisation

Registered Charity No. 1130685

TRUSTEES REPORT AND ACCOUNTS

YEAR ENDED
31ST DECEMBER 2022

Harry Sager & Co
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APLS – SHEFFIELD CIO

YEAR ENDED 31ST DECEMBER 2022

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APLS SHEFFIELD CIO
YEAR ENDED 31ST DECEMBER 2022
TRUSTEES' ANNUAL REPORT

The Trustees present their annual report with the unaudited Accounts for the year ended 31st December 2022.

The report and accounts have been prepared in accordance with the Charities Act 2011 and the requirements of the Charities SORP (FRS 102) (effective 1st January 2019).

CHARITY NAME APLS SHEFFIELD

REGISTERED NO'S Charity No. 1130685

TRUSTEES

The Trustees, who all served during the period, are as follows:-

Dr. Judith Gilchrist
Mr. Sean Marven
Ms. Tanya Ralph

SECRETARY Dr. Judith Gilchrist

PRINCIPAL AND REGISTERED OFFICE

Principal Office

APLS SHEFFIELD
Emergency Department
Sheffield Children's Hospital
Western Bank
Sheffield
S10 2TH

E.Mail: scn-tr.apls@nhs.net

INDEPENDENT EXAMINER

Harry Sager & Co.,
Chartered Certified Accountants
69 Middleton road,
CRUMPSALL,
Manchester,
M8 4JY

APLS SHEFFIELD CIO
YEAR ENDED 31st DECEMBER 2022
TRUSTEES' ANNUAL REPORT

(Continued)

APLS SHEFFIELD IN 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The Charity is a Charitable Incorporated Organisation, registered number 1130685 and is constituted under a Foundation Constitution which came into force on 21st Feb 2020. Prior to its conversion to CIO, the Charity operated as a Limited Company. The Charity was firstly registered with the Charity Commission on 22nd July 2009. Prior to that, the organisation had been operated as a branch of Advanced Life Support Group (a Registered Charity) till 31st December 2006.

Recruitment and Appointment of Trustee Committee

The Trustees consider appointment of new trustees from individuals that are recommended, taking into account appropriate combination of skills, interests and experience within healthcare.

Induction and Training of new trustees are conducted by existing Trustees. New trustees are encouraged to familiarise themselves with the Charity and the context in which it operates.

Objectives and Activities

The objects of the charity are the preservation of life by providing training and education, in particular but not exclusively, to doctors and nurses in life saving techniques in particular regarding paediatric life support treatment.

The activities of the charity are to provide training using standardised teaching packages to enable candidates to use a structured approach to a variety of clinical and non-clinical situations where the life of the patient may be compromised. The courses are all intensive and are based around evidence -based methods of teaching and training.

Public Benefit

The trustees confirm that they have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the Charity's aims and objectives.

The Charity provides medical training courses with the aim of improving emergency care and thus provide ultimate benefit to the patients, their families and the wider communities in general. There are no boundaries to the receipt of the benefit of improved emergency care.

APLS SHEFFIELD CIO
YEAR ENDED 31ST DECEMBER 2022
TRUSTEES' ANNUAL REPORT

(Continued)

ACHIEVEMENTS AND PERFORMANCE

During the year under review the Charity operated 21 courses in total. These were held at the Post Graduate Medical Education Centre, the Northern General Hospital in Sheffield, and the Clinical Skills Centre at Sheffield Children's Hospital as well as through remote learning.

All courses are delivered by volunteer Instructors. During 2022, approximately 50 Instructors have donated their time and expertise to our courses.

The Charity has continued to maintain a high standard of course attendance and achievements, with candidates attaining successful results.

The Courses are open to applicants from nursing, medical and paramedic backgrounds, and are taught by fully qualified instructors from all over the UK. This brings the additional benefit of new ideas and teaching methods to the Charity.

PLANS FOR FUTURE DEVELOPMENTS

We will continue to consolidate our financial position hoping to be providing the current number of courses and more if viable. The resilience of the course provision will be improved by recruiting to our team of course directors.

We continue to experiment and develop the best hybrid way to deliver our courses by incorporating remote learning elements to ensure that we will be able to run our courses at full capacity should face-to-face delivery of our courses will be affected again by social distancing and other Covid restrictions in future.

FINANCIAL REVIEW

During the year the Charity's total income was £52,140 (2021, £52,243), and the overall performance recorded a surplus of £5,430 (2021, a surplus of £13,436).

Reserves Policy

The Trustees' policy is that the "free reserves", i.e. funds not already invested in fixed assets, are to be retained to meet foreseeable expenditure over a period of 3 months together with any anticipated expenditures on Fixed Assets, and this would require approximately £25,000. At this level, the Trustees feel that they would be able to continue the current activities of the charity in the event of a significant fall in take up of courses and course materials.

As at 31st December 2022, the "free reserves" amounts to £28,584 which meets the required level.

APLS SHEFFIELD CIO
YEAR ENDED 31ST DECEMBER 2022
TRUSTEES' ANNUAL REPORT

(Continued)

FINANCIAL REVIEW (cont'd)

Going Concern

Whilst the uncertainty brought upon by the pandemic is a concern to the Trustees, the specific risks faced by the Charity have been mitigated by the following factors:

- Demand unchanged - training courses still a requisite of health professional's training requirement
- Many attendees and faculty members are practitioners working at Sheffield Children's Hospital, who are unaffected by the lockdown restrictions and can continue to attend and co-ordinate courses
- Hybrid online/face-to-face course delivery enables large courses to be run at full capacity while still complying with social distancing rules

The Trustees are therefore of the view that there are no other material uncertainties about the Charity's ability to continue as a going concern.

Approved and Signed on behalf of the Trustees

Dr Judith Gilchrist

31st October 2023

.....
Chairman of Trustees

APLS SHEFFIELD CIO
INDEPENDENT EXAMINER'S REPORT

I report to the trustees on my examination of the accounts of the above charity for the year ended 31st December 2022.

Respective Responsibilities of Trustees and Examiner

As the Charity's trustees you are responsible for the preparation of the accounts in accordance with the Charities Act 2011 ("the Act").

I report in respect of my examination of your charity's accounts as carried out under section 145 of the 2011 Act. In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Basis of Independent Examiner's Report

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in, any material respect:

- 1) accounting records were not kept in accordance with section 130 of the Act; or
- 2) the accounts did not accord with those accounting records; or
- 3) the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

LIU LIU ACCA
HARRY SAGER & CO.
CHARTERED CERTIFIED ACCOUNTANTS,
69 MIDDLETON ROAD,
CRUMPSALL,
MANCHESTER,
M8 4JY

31st October 2023

APLS SHEFFIELD CIO
STATEMENTS OF FINANCIAL ACTIVITIES
YEAR ENDED 31ST DECEMBER 2022

		<u>2022</u>	<u>2021</u>
		Unrestricted Total funds	Unrestricted Total funds
	<u>NOTES</u>	<u>£</u>	<u>£</u>
<u>INCOME AND ENDOWMENTS</u>			
<u>FROM:</u>			
Charitable Activities:			
Training Course Fees		52,140	52,243
<u>TOTAL</u>		<u>52,140</u>	<u>52,243</u>
<u>EXPENDITURE ON:</u>			
Charitable Activities	3		
Provision of Training Courses		<u>46,710</u>	<u>38,807</u>
<u>NET SURPLUS</u>		5,430	13,436
<u>RECONCILIATION OF FUNDS</u>			
Total Funds brought forward		<u>23,154</u>	<u>9,718</u>
Total Funds carried forward		<u>28,584</u>	<u>23,154</u>

APLS SHEFFIELD CIO
BALANCE SHEET AS AT 31ST DECEMBER 2022

		<u>2021</u>		<u>2020</u>	
		Unrestricted		Unrestricted	
		Total funds		Total funds	
	<u>NOTE</u>	<u>£</u>	<u>£</u>	<u>£</u>	<u>£</u>
<u>FIXED ASSETS</u>					
TANGIBLE	4		-		-
<u>CURRENT ASSETS</u>					
DEBTORS.....	5	16,286		8,720	
CASH AT BANK		<u>33,508</u>		<u>33,754</u>	
		<u>49,794</u>		<u>42,474</u>	
<u>CREDITORS: (AMOUNTS FALLING DUE WITHIN ONE YEAR)</u>					
CREDITORS		-		956	
ACCRUALS		8,080		14,159	
DEFERRED INCOME		<u>13,130</u>		<u>4,205</u>	
		<u>21,210</u>		<u>19,320</u>	
<u>NET CURRENT ASSETS</u>			<u>28,584</u>		<u>23,154</u>
<u>NET ASSETS</u>			<u>28,584</u>		<u>23,154</u>
<u>FUNDS</u>					
Unrestricted Funds			28,584		23,154
Total Funds			<u>28,584</u>		<u>23,154</u>

Signed on Behalf of the Board

.....
Dr Judith Gilchrist
Chairman of Trustees

Approved by the Board 31st October 2023

APLS SHEFFIELD CIO
YEAR ENDED 31ST DECEMBER 2022
NOTES TO THE ACCOUNTS

1. LEGAL FORM

APLS Sheffield is a Charitable Incorporated Organisation, converted from a Limited Company on 21st February 2020.

Its principal office is as detailed in the Trustees report on page 1.

2. ACCOUNTING POLICIES

a) Basis of Accounting

The Charity is a public benefit entity as defined by FRS 102. The Accounts have been prepared in accordance with the Charities SORP (FRS 102) (effective 1st January 2019), and the Charities Act 2011.

b) Incoming Recognition

All incoming is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

- Training Course Fees: included on a receivable basis. Course fees are invoiced in advance and, therefore, deferred and included in income in the relevant financial year when the course is held.
- Investment Income: this relates to interest from bank deposits and is included in income when receivable.

c) Expenditure Recognition

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

All expenditure is accounted for on an accrual basis.

d) Allocation of Expenditure

- Direct costs on charitable activities: costs incurred in the delivery of training courses.
- Support costs: costs incurred to facilitate the provision of training courses
- Governance Costs: include costs for Independent Examination and those associated with fulfilling statutory requirements including the preparation of statutory accounts.

APLS SHEFFIELD CIO
YEAR ENDED TO 31ST DECEMBER 2022
NOTES TO THE ACCOUNTS

(Continued)

2. ACCOUNTING POLICIES (Cont'd)

e) Irrecoverable VAT

Irrecoverable VAT is charged against the expenditure heading for which it was incurred.

f) Fixed Assets

The cost of tangible fixed assets is written off over their useful lives as follows:-

Course equipment: - over 4 years straight line

g) Creditors

Creditors are recognised at the settlement amount due. Accrued charges are valued at their settlement amount.

h) Donated services

Services donated by the volunteer Instructors are not recognised as income due to the intrinsic difficulty of them being measured reliably.

	<u>2022</u>	<u>2021</u>
	<u>£</u>	<u>£</u>
3. <u>EXPENDITURES ON CHARITABLE ACTIVITIES</u>		
Direct Cost		
Course Materials	16,506	16,802
Educator Fees.....	1,153	956
Course Catering	8,732	6,709
Travel, Meals & Accommodation ...	605	265
Venue Hire	8,420	4,000
Course Administration.....	338	337
Special Movers	529	961
Printing.....	474	-
Depreciation.....	-	597
	<u>36,757</u>	<u>30,627</u>
Support Cost		
Bank Charge	60	-
Salary Recharge	<u>6,341</u>	<u>5,780</u>
	<u>6,401</u>	<u>5,780</u>

APLS SHEFFIELD CIO
YEAR ENDED TO 31ST DECEMBER 2022
NOTES TO THE ACCOUNTS
(Continued)

3. CHARITABLE ACTIVITIES COSTS (cont'd)

	<u>2022</u>	<u>2021</u>
	<u>£</u>	<u>£</u>
Governance Costs		
Accountancy Charges	3,180	2,400
Sundry expenses	<u>372</u>	<u>-</u>
	<u>3,552</u>	<u>2,400</u>
	<u>46,710</u>	<u>38,807</u>

4. FIXED ASSETS

	Course Equipment £
<u>COST</u>	
At 01.01.22	37,864
Additions	<u>-</u>
At 31.12.22	<u>37,864</u>
<u>DEPRECIATION</u>	
At 01.01.22	37,864
Charge for year	<u>-</u>
AT 31.12.22	<u>37,864</u>
<u>NET BOOK VALUE</u>	
At 31.12.22	<u>-</u>
At 31.12.21	<u>-</u>

5. DEBTORS

	<u>2022</u>	<u>2021</u>
	<u>£</u>	<u>£</u>
Due within one year		
Outstanding fees.....	14,320	8,720
Prepayments	<u>1,966</u>	<u>-</u>
	<u>16,286</u>	<u>8,720</u>

6. DEFERRED INCOME

Course fees are invoiced and payable in advance. Fees received in year for future course dates are included in deferred income.

Deferred Income at 01.01.22	4,205	600
Released in year	(3,325)	(-)
Received in year for 2023 courses	<u>12,250</u>	<u>3,605</u>
Deferred Income at 31.12.22	<u>13,130</u>	<u>4,205</u>

APLS SHEFFIELD CIO
YEAR ENDED TO 31ST DECEMBER 2022
NOTES TO THE ACCOUNTS

(Continued)

7. TRANSACTIONS WITH TRUSTEES

- a) During the year Two Trustees were reimbursed £65 (2021, 1 Trustee £20) for travelling and miscellaneous expenses, in relation to the running of the courses.
- b) None of the Trustees received remuneration from the charity.

8. MOVEMENT IN FUNDS

	At 01.01.22	Net movement in funds	At 31.12.22
	£	£	£
Unrestricted funds			
General fund	23,154	5,430	28,584
Total funds	<u>23,154</u>	<u>5,430</u>	<u>28,584</u>

Net movement in funds, included in the above are:

	Incoming Resources	Resources expended	Movement in funds
	£	£	£
Unrestricted funds			
General fund	52,140	46,710	46,710
Total funds	<u>52,140</u>	<u>46,710</u>	<u>46,710</u>

9. ACCOUNTANCY CHARGES

	<u>2022</u>	<u>2021</u>
	£	£
Accountancy	2,580	1,900
Independent Examination	600	500
	<u>3,180</u>	<u>2,400</u>

10. STAFF COST

The Charity does not employ any staff. However, administration work is carried out by Sheffield Children's Hospital Trust, who recharge their staff cost to the Charity.

11. RELATED PARTY TRANSACTIONS

There were no related party transactions for the year ended 31st December 2022.