

ANNUAL REPORT 2021-2022

Company Number

6907649

UK Charity Number

1130403



Charity number 1130403

Company registration number 6907649

Helping Older People Smile
HOPS LTD

Tel: 0113 2285552

Email: hops.2001@yahoo.co.uk

Mobile: 07527622831

Annual Report

2021-2022

October 2021 to September 2022



funded
through



Yorkshire
& Humber



Helping Older People Smile since 2001

Mission Statement

Our mission is to provide a service to older residents who live in the local area who require some help and support to maintain living independently in their own homes.

Provide training and support to those volunteers.

Work with local statutory and our aims are:

To enable older people to keep their independence by providing practical help and support.

To relieve isolation, poverty, and fear of crime.

To promote good physical and mental health.

To provide a good quality service to those people accessing the service, adhering to the principles of consultation, equality, reliability, flexibility, accountability, and confidentiality.

We also aim to:

Provide opportunities for older people to voice their needs and act as a pressure group in supporting, maintaining and upholding the interests of older people.

Develop a range of services to support and enhance the life of older people to meet those needs including:

Home visits: referrals for home improvements/adaptations, help to access additional help and resources

Information and sign posting: ensuring members have access to up-to-date information to make informed choices

Social activities: weekly recreational activities, forget-me-not, Bingo, crafts, theatre trips, reminiscence group, singing group, day trips, holidays and outings and special interest groups.

Transport HOPS adapted minibus: to and from HOPS weekly activity programme and day trips etc

Healthy living activities: line dancing, craft group, ladies keep fit, singing, reminiscence, walking group, Monday, Wednesday and Friday lunch clubs. Tuesday drop-in Coffee Pod, information days.

Practical home support services: (e.g. odd jobs, shopping)

Actively encourage and develop social links and opportunities to prevent isolation.

Ensure older people receive accurate information, enabling them to make informed choices.

Provide support and assistance when older people are faced with important decisions in their lives.

Network and participate in ongoing consultation and consultation work with other agencies, both statutory and voluntary for the benefit of older people in the community.

Develop challenging and imaginative opportunities for volunteers of all ages and voluntary sector organisation and work across the generations.

HOPS MANAGEMENT COMMITTEE

Members consist of people from the local community and co-opted professionals. They are:

COMMITTEE

Members: October 2020—September 2021

Mrs Lesley Roebuck (Chair)

Mrs Cynthia Ramsden (Treasurer)

Mrs Val McHale

Mr Paul Hudson

Ms Gill Knowles (Minutes Secretary)

Mrs Pam Hayward

Mrs Hilary Mackley

Mrs Alison Cunningham

Mrs Jill Lindley (Co-opted)

All the above have served for part or the whole of this term

Martin Newton (General Manager)

Susan Childs (Assistant Manager)

Executive Committee

Lesley Roebuck (Chair)

Cynthia Ramsden (Treasurer)

Martin Newton (CEO and Company Secretary of HOPS Ltd)

Newsletter Team Gill Knowles, Eileen Seaman, Martin Newton

Message from your Chair: Lesley Roebuck

It has been a strange year. It started off quite slowly, I think many of our members were still a bit dubious about coming back and mixing with other members.

However, things have started to pick up and numbers attending activities and events are going up. Our new Tuesday coffee pod has been very successful, keep fit numbers are back to pre-Covid numbers and line dancing is thriving. We have had quite a lot of new people join; in fact we are running short of space in the Hall. And in the New Year we will add an extra line dance session on Friday mornings.

Somehow, we have managed to deliver nearly 400 events and activities this year, including our Jubilee celebration for her Majesty and our very first Yorkshire Day. Our little organisation goes from strength to strength.

I would like to thank Martin and Susan for all their hard work in arranging all these things. Merry Christmas and a Happy New Year. I hope to see you all fit and well in 2023.

Lesley Roebuck, Chair of HOPS

From Your Treasurer: Cynthia Ramsden

We have had another successful year at HOPS and despite financial pressures, we have maintained our range of services and activities and in most cases, we are back to pre-Covid attendance levels. Our new Tuesday coffee pod Café has proved very popular with our members and offers a great opportunity to have a natter and keep warm.

With the reduction in grant funding from Adult Social Care and other additional funding becoming more difficult to secure, we have had to review our pricing structure for 2023. Details can be found on page 9. This has been a very difficult decision - I hope you will agree we still represent great value for money.

Last financial year October 2021 to September 2022 HOPS Income	
Grant LCC Adult Social Care	£85,198
Grant Active Communities	£7,000
Other Grants	£5,000
Other income	£34,479
Total Income 2021-2022	£131,677
Running costs and Expenditure 2021-2022	£121,400

From your Manager: Martin Newton

It has been yet another monumental year here at HOPS. We are now in full operational mode after a very difficult couple of years due to Covid; hopefully that is all behind us now.

This year seems to have passed by at an alarming rate and it still feels like the year is just starting. Maybe it passed so quickly because we have been busy rebuilding and delivering a good number of opportunities for members to get out and about and meet people.

Between October 2021 and the end of September 2022 we have provided almost 400 activities, events and special celebrations as you can read in Susan's report, in addition to the support we provide on a one-to-one basis. If you need support with statutory agencies, housing, utilities or benefit checks please let us know - if we can't help you, we will know someone who can.

We also welcomed some new team members this year. Elaine Lane has joined us as our chief cook and bottle washer and has been delivering freshly made dinners and fantastic breakfasts since February 2022. If you have not tried our food, you are missing out.

Marta has been working with us since June, helping with activities, lunch clubs and our amazing coffee pod on Tuesdays. Welcome aboard.

The year has not been without its difficulties; one of our main supporters and funders, Leeds City Council Adult Social Care, have, due to budget restraints, reduced our yearly grant by 10%, which will clearly impact on our ability to deliver services into the future. We have been able to mitigate some of that impact this year with a grant from the People's Postcode Lottery but that runs out at the end of 2022. And just like everyone else prices have risen (diesel, gas, electric, food etc) and inflation has impacted our finances so much so it has become necessary to increase the price of some of our services to remain sustainable. As always, we have kept them to a minimum and I hope you agree that the new prices still represent great value.

Susan, myself and the Management Committee try hard to bring you many varied and different activities and days out from "Naked Calendars" to axe throwing and zip wire next year. We are open to any suggestions, so long as they are legal.

If you have any ideas please let Susan, a Committee Member or me know and we will do our best to make it happen.

The next 12 months will be as exciting as the last. See you all soon, **Martin**

From your Assistant Manager: Susan Childs

Hello everyone

As usual the fact that it's November/December again has taken me by surprise, time is flying by! I suppose the old saying of 'time flies when you're having fun' must be true.

It has been a busy and eventful year and so nice to be able to get back to some kind of normality. I thought I'd remind you of some of the things we've been up to during the last 12 months; it amazes me how much we do once I start looking back so I won't remind you of everything.

Last January we had a lovely New Year's dinner at the Masonic Lodge and our annual trip to the Panto, both of which we'll be doing again in January 2023.

Amongst other things we've had visits to Mama Doreen's, Armley/Leeds Industrial Museum, Ripon Workhouse, Doncaster wildlife park, Swinton Estate for afternoon tea, Shibden Hall, Sculpture Park, axe throwing, the casino, shopping trips, Castle Howard and Stockeld Park!

We have enjoyed visits to the Village Hall from a forensic science team, 2 Red Ladder plays and Yorkshire Air Ambulance.

Our sessional workers have provided us with line dancing, art classes, singing/music, Tai Chi, yoga and belly dancing.

We have also enjoyed a number of walks.

We were lucky enough to celebrate one of our past member's 100th birthday. Some of you will remember Hilda Hanson; it was a special day.

Our event days have been very successful. We raised money for Yorkshire Air Ambulance by buying their merchandise when they came to give a talk and raised £597.07 for Macmillan at our Macmillan coffee morning - thank you!

We celebrated Yorkshire Day including a visit from a pair of ferrets and some pigeons, not at the same time I hasten to add. Our thanks go to Duncan and Mick.

As always Elaine provided us with delicious Yorkshire based food.

Our Jubilee event was wonderful with music from the Washboard Resonators. We had special guests including Rachel Reeves MP, Councillors Fiona Venner and Hannah Bithell and our very own Queen for the day, Audrey Pawsey.

A special thanks to Amanda and Ian McKenna for their generous donation towards the day.

Some of our members told their stories of growing up in and around Kirkstall, to the Abbey House Museum. We are proud to say that their stories are now part of the Kirkstall lives exhibition at Abbey House Museum and you can go and see this until September 2023.

Some of their stories will also be available as a learning resource for Leeds school children. Thank you to Ted and Linda Holmes, Margaret and Jack Toulson, Violet Kennedy and Val McHale for sharing their stories.

Craft group refurbished a beautiful dolls house which we presented to Hawksworth Primary School; they loved it.

Last, but not least, I have to mention our calendar. Martin and I are incredibly proud and grateful to all of our members who took part; they were amazing and look fantastic.

Please buy a calendar or two, all profits are going to Yorkshire Air Ambulance, a charity our 'models' chose themselves.

Myself, Martin and all those who took part would like to say a massive 'thank you' to Chris Christie our photography, who gave his services for free.

Please let Martin or me know if there are any trips or activities that you would like to do/go on - we will do our best to accommodate you.

Have a lovely Christmas and a Happy and Healthy New Year, **Susan**

The Calendar Project

After a 7month stay in hospital last year I was lucky enough to pull through and I got together with a few other members and decided to celebrate body positivity in older people and to raise some money for a good cause at the same time.

With the help and guidance from Martin and Susan we all got together and made an excellent calendar.

Oh what fun we had posing naked for the camera and supporting each other as we got ready for our shoot. It bolstered our confidence and made us feel special. We had an excellent photographer who made us feel at ease and gave freely of his time.

We voted to donate all the profits to Yorkshire Air Ambulance. The feedback has been excellent from so many people and the calendar has sold like hot cakes, **Val McHale**

PS It was my idea!!

Weekly Programme

Mondays

Line Dancing with *Nicola*, 10am till 12pm with a cuppa and a biscuit included. Beginners welcome. **Members £4.00, non-members £5.00, watchers £3.00**

Lunch Club - 12.30 till 1.30 - 2 courses freshly made by our Cook, Elaine, served to your table with a cuppa to finish. **Members £4.50, non-members £5.50**

Starting 23rd January

Singing with *Claire* 1.30pm till 3pm, **Members £3.00, non-members £4.00**

Ukulele with *Claire* 3pm till 4.30pm, **Members £3.50, non-members £4.50**

Tuesdays

Coffee Pod - A Café style drop-in with a varied menu. From toast to full English and chefs' specials, cakes and buns. We also have posh coffees. Open from 10am till 2.30pm.

Wednesdays

Keep fit - from 10am including Tai Chi, Yoga, belly dancing sessions in 6 blocks and once a month we have singing with '*Made with Music*'. **Members £3.00, non-members £4.00**

Lunch Club - 12pm till 1.15pm - 2 courses freshly made by our Cook, Elaine, served to your table with a cuppa to finish. **Members £4.50, non-members £5.50**

Art with *Lucy* - 1.30pm till 3.30pm, covering a wide spectrum of styles and disciplines. You don't need to be a Van Gogh or Da Vinci. If you think you're no good at Art, Lucy will show you how. **Members £3.50, non-members £4.50**

Thursdays

Group outings, special events, day trips: details in your regular Newsletters

Fridays

Line Dancing 2 with *Nicola*, 10am till 12pm with a cuppa and a biscuit included. Beginners welcome. **Members £4.00, non-members £5.00, watchers £3.00**

Friday fish 'n' chips at about 12 o'clock. Mini fish 'n' chips, tea/coffee, bread and butter in the dining room. **Members £5.50, non-members £6.50**

Transport is available at a small charge of £1.00 each way

ANNUAL REPORT 2021-2022



Axe Throwing



Art with Lucy



Walking Group



Belly Dancing



Fine dining



Supporting Air Ambulance



Yorkshire Day 2022 Pigeons, Ferrets Yorkshire pudding menu and the Yorkshire Hakka



Blackpool coach trip



Queens Jubilee Party



Dancing Queens



Ripon Workhouse



Theakston Brewery



Mams Doreens for afternoon tea



Music with children



Forensics event



A night at the Theatre



Remembrance Day event 2021



Our knitted Christmas in remembrance of Jean Smith

Volunteers

Are one of our most important assets

All committee members and Directors plus

Jan Newton

Nicola Obrien

Marie Edwards (cakes 'n' stuff)

Paid Workers: 2021-2022

Martin Newton (CEO and General Manager)

Susan Childs PT Assistant Manager/Support Worker

Val Hart PT Cleaner

Marta Gonzales PT Support Worker

Elaine Lane PT Chief Cook and Bottle Washer

Graham Childs Ad Hoc General Dogsboddy and Driver

All have worked whole or part of 2021/2022

A special thanks to all our funders and those who support us in so many different ways

Leeds City Council Adult Social Care

Leeds Lions

Councillor John Illingworth

Councillor Fiona Venner

Councillor Hannah Bithell

Rachel Reeves MP

The Cooperative Foundation

WYCAS

National Lottery Community Fund

All at Voluntary Action Leeds

Colleagues within the neighbourhood networks

Red Ladder Theatre Company

Cut and Curl

Chris Christie

Ian and Amanda McKenna

Privacy

We take very seriously your right to privacy and would like to reassure you that we do not share any of the personal information we hold on your behalf with any other private or statutory organisation. We do, however, supply anonymised (without names or addresses) information to Leeds Adult Social Care as part of our funding agreement.

HOPS Ltd will, on occasion, use the above anonymised information when applying for other grants and in funding applications. And on occasions may use your image for promotional purposes and in our Newsletters, social media, Annual Reports etc.

If you do not wish your images to be used, please complete this non-consent form. **Non completion of this form assumes consent.**

Name Signature

My image is not used by HOPS Ltd

Hawthornth Older People Support Services (HOPS) Ltd

Charity number 1130403

A company limited by guarantee number 06907649

Annual Report and Financial Statements for the year ended 30 September 2022



Charity number 1130403

Company registration number 6907649

Helping Older People Smile
HOPS LTD

Tel: 0113 2285552

Email: hops.2001@yahoo.co.uk

Mobile: 07527622831



West Yorkshire Community Accounting Service

Hawksworth Older People Support Services (HOPS) Ltd

Annual Report and Financial Statements for the year ended 30 September 2022

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Prepared by West Yorkshire Community Accountancy Service CIO

Hawthornth Older People Support Services (HOPS) Ltd

Trustees' report for the year ended 30 September 2022

Reference and administrative details of the charity, its trustees and advisors

The trustees during the financial year and up to and including the date the report was approved were:

Name	Position	Dates
Lesley Roebuck	Chair	
Cynthia Ramsden	Treasurer	
Valerie McHale		
Paul Hudson		
Gill Knowles		
Pamela Hayward		
Hilary Mackley		
Alison Cunningham		Appointed 1 September 2022

Charity number	1130403	Registered in England and Wales
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Company number	06907649	Registered in England and Wales
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Registered and principal address

Hawthornth Wood Village Hall
Hawthornth Crescent
Leeds
LS5 3PT

Bankers

The Co-operative Bank plc
PO Box 250
Skelmersdale
WN8 6WT

Independent examiner

Stephen Procter

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Structure, governance and management

The charity is a company limited by guarantee and was formed on 16 May 2009. The liability of the members in the event of the company being wound up is limited to a sum not exceeding £1.

Method of recruitment and appointment of trustees

The trustees of the charity are also the directors for the purposes of company law and are appointed by the members at the AGM.

Hawthornth Older People Support Services (HOPS) Ltd

Trustees' report (continued) for the year ended 30 September 2022

Objectives and activities

The charity's objects

To promote the relief of elderly people in any manner which now or hereafter may be deemed by law to be charitable in Hawthornth Wood, Leeds LS5 and surrounding areas.

The charity's main activities

We help older people remain active and in their own homes, provide a range of group activities, social events and trips.

Public benefit statement

In setting our objectives and planning our activities our Trustees have given serious consideration to the Charity Commission's general guidance on public benefit.

Achievements and performance

During the year we delivered 387 activities, outings and events to 121 older people in our community. This was part of our work in encouraging older people to resume normal contact post Covid.

We supported 45 older people during the year with one to one support and with referrals to other agencies as required.

We created a HOPS Naked Members Calendar during the year promoting body positive image in older people and raising £1,500 for the Yorkshire Air Ambulance.

Further funding was received from the People's Health Trust to continue the 'Active Communities' project and with support from the Leeds Community Foundation our Lunch Clubs recommenced operating.

Financial review

Net expenditure for the year was £7,786, including net expenditure of £1,924 on unrestricted funds and net expenditure of £5,862 on restricted funds.

Reserves policy

The charity's free reserves, excluding fixed assets, at the year end were £105,254.

The Trustee reserves policy states we should aim to hold 1 years running costs as an ambition but always a minimum of 6 months.

Hawksworth Older People Support Services (HOPS) Ltd

Trustees' report (continued) for the year ended 30 September 2022

Statement of trustees' responsibilities

The trustees (who are also the directors for the purposes of company law) are responsible for preparing the Trustees report and the financial statements in accordance with the applicable law and UK Accounting Standards.

Company law requires the trustees to prepare financial accounts for each financial year which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for the year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent;

- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;

- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities (Charities SORP (FRS102)), and in accordance with the special provisions of the Companies Act 2006 relating to small companies.

approved by the board of trustees on 01/02/2023

G Knowles (Trustee)

Hawksworth Older People Support Services (HOPS) Ltd

Independent examiner's report to the trustees of Hawksworth Older People Support Services (HOPS) Ltd

I report to the charity trustees on my examination of the accounts of the charitable company for the year ended 30 September 2022, which are set out on pages 6 to 12.

Responsibilities and basis of report

As the charity's trustees of the charitable company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the charitable company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1 accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
- 2 the accounts do not accord with those records; or
- 3 the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
- 4 the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Stephen Procter

21/03/2023

West Yorkshire Community Accountancy Service CIO

Stringer House
34 Lupton Street
Leeds
LS10 2QW

Hawksworth Older People Support Services (HOPS) Ltd
Statement of Financial Activities
(including summary income and expenditure account)
for the year ended 30 September 2022

	Notes	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
Income from:					
Grants and donations	(2)	3,519	11,978	15,497	33,983
Leeds City Council (ASC)		68,159	-	68,159	75,388
Trips and holiday income		9,025	-	9,025	325
Fees and charges		7,742	-	7,742	1,900
Fundraising		100	-	100	950
General income and memberships		2,406	-	2,406	2,702
Activities income		3,855	-	3,855	2,487
Insurance claim		-	-	-	5,711
Minibus income		2,008	-	2,008	1,472
Village Hall		5,263	-	5,263	2,261
Other income		-	-	-	481
Total income		102,077	11,978	114,055	127,660
Expenditure on:					
Salaries, NI, pensions and payroll	(3)	45,892	12,862	58,754	55,506
Volunteer expenses		157	-	157	-
Sessional staff		11,508	-	11,508	4,240
Events and activities		568	-	568	1,173
Trips and holidays		4,215	-	4,215	674
Food and refreshments		7,033	4,978	12,011	4,734
Vehicle running costs		3,925	-	3,925	4,679
Fuel		3,205	-	3,205	1,591
Rent		1,200	-	1,200	1,200
Utilities		7,385	-	7,385	5,871
Telephone, internet and website		2,395	-	2,395	2,350
Stationery and office expenses		1,060	-	1,060	1,167
Insurance		2,820	-	2,820	1,892
Repairs and maintenance		2,928	-	2,928	2,174
Equipment and materials		2,676	-	2,676	6,312
Publications, subscriptions and licences		574	-	574	677
IT equipment and sundries		1,271	-	1,271	-
Independent examination		960	-	960	960
Professional fees		-	-	-	3,266
Donations		1,557	-	1,557	475
Shopping costs		-	-	-	25
Other expense		1,234	-	1,234	1,077
Depreciation		1,438	-	1,438	1,438
Total expenditure		104,001	17,840	121,841	101,481
Net income / (expenditure)		(1,924)	(5,862)	(7,786)	26,179
Fund balances brought forward		97,425	9,328	106,753	80,574
Fund balances carried forward	(4)	95,501	3,466	98,967	106,753

All incoming resources and resources expended derive from continuing activities.

Hawksworth Older People Support Services (HOPS) Ltd

Balance sheet

as at 30 September 2022

		2022	2022	2022	2021
		Unrestricted	Restricted	Total	Total
		£	£	£	£
Fixed assets					
Tangible assets	(5)	1,439	-	1,439	2,877
Total fixed assets		<u>1,439</u>	<u>-</u>	<u>1,439</u>	<u>2,877</u>
Current assets					
Debtors and prepayments	(6)	3,282	-	3,282	1,488
Cash at bank and in hand	(7)	120,014	3,466	123,480	113,340
Total current assets		<u>123,296</u>	<u>3,466</u>	<u>126,762</u>	<u>114,828</u>
Current liabilities:					
amounts falling due within one year					
Creditors and accruals	(8)	18,042	-	18,042	960
Total current liabilities		<u>18,042</u>	<u>-</u>	<u>18,042</u>	<u>960</u>
Net current assets		<u>105,254</u>	<u>3,466</u>	<u>108,720</u>	<u>113,868</u>
Total assets less current liabilities		<u>106,693</u>	<u>3,466</u>	<u>110,159</u>	<u>116,745</u>
Creditors: amounts falling due after one year	(10)	11,192	-	11,192	9,992
Net assets		<u>95,501</u>	<u>3,466</u>	<u>98,967</u>	<u>106,753</u>
Funds					
Unrestricted funds		95,501	-	95,501	97,425
Restricted funds		-	3,466	3,466	9,328
Total funds		<u>95,501</u>	<u>3,466</u>	<u>98,967</u>	<u>106,753</u>

For the year ending 30 September 2022 the charitable company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the charitable company to obtain an audit of its accounts for the year in question in accordance with section 476. The trustees (who also the directors for the purposes of company law) acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and with FRS 102 (effective January 2019).

The financial statements were approved by the board of trustees on 01/02/2023

G Knowles (Trustee)

Hawksworth Older People Support Services (HOPS) Ltd

Notes to the accounts

for the year ended 30 September 2022

1 Accounting policies

Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. The financial statements have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

There has been no change to the accounting policies since last year.

No changes have been made to the accounts for previous years.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All incoming resources are included in the Statement of Financial Activities (SOFA) when the charity becomes entitled to the resources, it is more likely than not that the trustees will receive the resources and the monetary value can be measured with sufficient reliability.

Grants and donations

Grants and donations are only included in the SOFA when the charity has unconditional entitlement to the resources.

Where grants are related to performance and specific deliverables, they are accounted for as the charity earns the right to consideration by its performance.

Expenditure and liabilities

Expenditure is recognised on an accrual basis as a liability is incurred. Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out the resources and the amount of the obligation can be measured with reasonable certainty.

Taxation

As a charity the organisation benefits from rates relief and is generally exempt from income tax and capital gains tax but not from VAT. Irrecoverable VAT is included in the cost of those items to which it relates.

Tangible fixed assets

Tangible fixed assets costing more than £1,000 are capitalised and included at cost including any incidental expenses of acquisition. Gifted assets are shown at the value to the charity on receipt.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost on a straight line basis over their expected useful economic lives as follows:

Project and office equipment: over 3 years

Pensions

The charity operates a defined contribution scheme for the benefit of its employees. The costs of contributions are recognised in the year they are payable.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.

Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.

Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

Hawksworth Older People Support Services (HOPS) Ltd

Notes to the accounts continued

for the year ended 30 September 2022

2 Grants and donations	2022 Unrestricted funds £	2022 Restricted funds £	2022 Total funds £	2021 Total funds £
People's Health Trust	-	7,000	7,000	11,000
Leeds Community Foundation	-	4,978	4,978	8,134
Leeds City Council	-	-	-	9,475
Co-op	-	-	-	2,439
Other donations	3,519	-	3,519	2,935
	<u>3,519</u>	<u>11,978</u>	<u>15,497</u>	<u>33,983</u>

3 Staff costs and numbers	2022 £	2021 £
Gross salaries	57,405	51,701
Social security costs	4,664	4,451
Employment allowance	(3,794)	(2,023)
Payroll costs	479	442
Pensions	-	935
	<u>58,754</u>	<u>55,506</u>

The average number of employees during the year was 2.9, being an average of 2.1 full time equivalent (2021: 3, 1.6 FTE). There were no employees with emoluments above £60,000.

Defined contribution pension scheme	2022 £	2021 £
Costs of the scheme to the charity for the year	-	935

4 Restricted funds	Balance b/f £	Incoming £	Outgoing £	Transfers £	Balance c/f £
Peoples Health Trust	9,328	7,000	12,862	-	3,466
Leeds Community Foundation	-	4,978	4,978	-	-
	<u>9,328</u>	<u>11,978</u>	<u>17,840</u>	<u>-</u>	<u>3,466</u>

Fund name	Purpose of restriction
Peoples Health Trust	For the 'Active Communities' project.
Leeds Community Foundation	Towards the costs of the Lunch Clubs.

Hawksworth Older People Support Services (HOPS) Ltd

Notes to the accounts continued

for the year ended 30 September 2022

5 Tangible assets	Kitchen equipment	Total
<u>Cost</u>	£	£
At 1 October 2021	4,315	4,315
Additions	-	-
At 30 September 2022	<u>4,315</u>	<u>4,315</u>
<u>Depreciation</u>		
At 1 October 2021	1,438	1,438
Charge for year	<u>1,438</u>	<u>1,438</u>
At 30 September 2022	<u>2,876</u>	<u>2,876</u>
<u>Net book value</u>		
At 30 September 2022	<u>1,439</u>	<u>1,439</u>
At 30 September 2021	<u>2,877</u>	<u>2,877</u>
6 Debtors and prepayments	2022	2021
	£	£
Debtors	704	-
Prepayments	<u>2,578</u>	<u>1,488</u>
	<u>3,282</u>	<u>1,488</u>
7 Cash at bank and in hand	2022	2021
	£	£
Cash at bank	123,480	113,097
Cash in hand	<u>-</u>	<u>243</u>
	<u>123,480</u>	<u>113,340</u>
8 Creditors and accruals	2022	2021
	£	£
Bank loans and overdrafts	42	-
Accruals	960	960
Deferred income (LCC ASC first qtr grant 2022/23)	<u>17,040</u>	<u>-</u>
	<u>18,042</u>	<u>960</u>

9 Related party transactions

Trustee expenses

No trustee received any expenses during this year or the previous year.

Trustee remuneration and benefits

No trustee received any remuneration or benefit during this or the previous year.

Remuneration and benefits received by key management personnel

The total employee benefits received by key management personnel were £40,267 (previous year: £42,290).

Hawksworth Older People Support Services (HOPS) Ltd

Notes to the accounts continued

for the year ended 30 September 2022

10 Provisions for liabilities and charges

The charity is party to a 25 year lease with St. Mary's Church for the use of the Village Hall. The lease provides for an escalating payment charge over the life of the lease. No payments are due until 1 October 2022. The total value of the lease is £30,000 and is charged to the statement of financial activities on a straight line basis at the rate of £1,200 per year. The lease commitments are disclosed in the leases note following.

	£
Balance at 1 October 2020	9,992
Provided in the year	1,200
Provision released in the year	-
Balance at 30 September 2021	11,192

2022 to 2027 - £1,000 per year

2027 to 2032 - £2,000 per year

2032 to 2037 - £3,000 per year

11 Operating leases

Expected future minimum lease payments over the remaining life of the lease, analysed into the period in which the commitment falls due:

	2022	2021
	£	£
Within one year	1,000	-
In the second to fifth years inclusive	4,000	4,000
Over five years from the balance sheet date	25,000	26,000
	<u>30,000</u>	<u>30,000</u>

Hawksworth Older People Support Services (HOPS) Ltd
Statement of Financial Activities including comparatives for all funds
(including summary income and expenditure account)
for the year ended 30 September 2022

	2022 Unrestricted funds £	2021 Unrestricted funds £	2022 Restricted funds £	2021 Restricted funds £	2022 Total funds £	2021 Total funds £
Income						
Grants and donations	3,519	22,983	11,978	11,000	15,497	33,983
Leeds City Council (ASC)	68,159	75,388	-	-	68,159	75,388
Trips and holiday income	9,025	325	-	-	9,025	325
Fees and charges	7,742	1,900	-	-	7,742	1,900
Fundraising	100	950	-	-	100	950
General income and memberships	2,406	2,702	-	-	2,406	2,702
Activities income	3,855	2,487	-	-	3,855	2,487
Insurance claim	-	5,711	-	-	-	5,711
Minibus income	2,008	1,472	-	-	2,008	1,472
Village Hall	5,263	2,261	-	-	5,263	2,261
Other income	-	481	-	-	-	481
Total income	102,077	116,660	11,978	11,000	114,055	127,660
Expenditure						
Salaries, NI, pensions and payroll	45,892	47,633	12,862	7,873	58,754	55,506
Volunteer expenses	157	-	-	-	157	-
Sessional staff	11,508	4,240	-	-	11,508	4,240
Events and activities	568	1,173	-	-	568	1,173
Trips and holidays	4,215	674	-	-	4,215	674
Food and refreshments	7,033	4,591	4,978	143	12,011	4,734
Vehicle running costs	3,925	4,679	-	-	3,925	4,679
Fuel	3,205	1,591	-	-	3,205	1,591
Rent	1,200	1,200	-	-	1,200	1,200
Utilities	7,385	5,871	-	-	7,385	5,871
Telephone, internet and website	2,395	2,350	-	-	2,395	2,350
Stationery and office expenses	1,060	779	-	388	1,060	1,167
Insurance	2,820	1,892	-	-	2,820	1,892
Repairs and maintenance	2,928	2,174	-	-	2,928	2,174
Equipment and materials	2,676	4,591	-	1,721	2,676	6,312
Publications,subs and licences	574	677	-	-	574	677
IT equipment and sundries	1,271	-	-	-	1,271	-
Independent examination	960	960	-	-	960	960
Professional fees	-	3,266	-	-	-	3,266
Donations	1,557	475	-	-	1,557	475
Shopping costs	-	25	-	-	-	25
Other expense	1,234	1,077	-	-	1,234	1,077
Depreciation	1,438	1,438	-	-	1,438	1,438
Total expenditure	104,001	91,356	17,840	10,125	121,841	101,481
Net income / (expenditure)	(1,924)	25,304	(5,862)	875	(7,786)	26,179
Fund balances brought forward	97,425	72,121	9,328	8,453	106,753	80,574
Fund balances carried forward	95,501	97,425	3,466	9,328	98,967	106,753

ANNUAL REPORT 2021-2022

Company Number

6907649

UK Charity Number

1130403



Charity number 1130403

Company registration number 6907649

Helping Older People Smile
HOPS LTD

Tel: 0113 2285552

Email: hops.2001@yahoo.co.uk

Mobile: 07527622831

Annual Report 2021-2022

October 2021 to September 2022



funded
through



Yorkshire
& Humber



Helping Older People Smile since 2001

Mission Statement

Our mission is to provide a service to older residents who live in the local area who require some help and support to maintain living independently in their own homes.

Provide training and support to those volunteers.

Work with local statutory and our aims are:

To enable older people to keep their independence by providing practical help and support.

To relieve isolation, poverty, and fear of crime.

To promote good physical and mental health.

To provide a good quality service to those people accessing the service, adhering to the principles of consultation, equality, reliability, flexibility, accountability, and confidentiality.

We also aim to:

Provide opportunities for older people to voice their needs and act as a pressure group in supporting, maintaining and upholding the interests of older people.

Develop a range of services to support and enhance the life of older people to meet those needs including:

Home visits: referrals for home improvements/adaptations, help to access additional help and resources

Information and sign posting: ensuring members have access to up-to-date information to make informed choices

Social activities: weekly recreational activities, forget-me-not, Bingo, crafts, theatre trips, reminiscence group, singing group, day trips, holidays and outings and special interest groups.

Transport HOPS adapted minibus: to and from HOPS weekly activity programme and day trips etc

Healthy living activities: line dancing, craft group, ladies keep fit, singing, reminiscence, walking group, Monday, Wednesday and Friday lunch clubs. Tuesday drop-in Coffee Pod, information days.

Practical home support services: (e.g. odd jobs, shopping)

Actively encourage and develop social links and opportunities to prevent isolation.

Ensure older people receive accurate information, enabling them to make informed choices.

Provide support and assistance when older people are faced with important decisions in their lives.

Network and participate in ongoing consultation and consultation work with other agencies, both statutory and voluntary for the benefit of older people in the community.

Develop challenging and imaginative opportunities for volunteers of all ages and voluntary sector

organisation and work across the generations.

HOPS MANAGEMENT COMMITTEE

Page 2

Members consist of people from the local community and co-opted professionals. They are:

COMMITTEE

Members: October 2020—September 2021

Mrs Lesley Roebuck (Chair)

Mrs Cynthia Ramsden (Treasurer)

Mrs Val McHale

Mr Paul Hudson

Ms Gill Knowles (Minutes Secretary)

Mrs Pam Hayward

Mrs Hilary Mackley

Mrs Alison Cunningham

Mrs Jill Lindley (Co-opted)

All the above have served for part or the whole of this term

Martin Newton (General Manager)

Susan Childs (Assistant Manager)

Executive Committee

Lesley Roebuck (Chair)

Cynthia Ramsden (Treasurer)

Martin Newton (CEO and Company Secretary of HOPS Ltd)

Newsletter Team Gill Knowles, Eileen Seaman, Martin Newton

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Message from your Chair: Lesley Roebuck

It has been a strange year. It started off quite slowly, I think many of our members were still a bit dubious about coming back and mixing with other members.

However, things have started to pick up and numbers attending activities and events are going up. Our new Tuesday coffee pod has been very successful, keep fit numbers are back to pre-Covid numbers and line dancing is thriving. We have had quite a lot of new people join; in fact we are running short of space in the Hall. And in the New Year we will add an extra line dance session on Friday mornings.

Somehow, we have managed to deliver nearly 400 events and activities this year, including our Jubilee celebration for her Majesty and our very first Yorkshire Day. Our little organisation goes from strength to strength.

I would like to thank Martin and Susan for all their hard work in arranging all these things.

Merry Christmas and a Happy New Year. I hope to see you all fit and well in 2023.

Lesley Roebuck, Chair of HOPS

From Your Treasurer: Cynthia Ramsden

We have had another successful year at HOPS and despite financial pressures, we have maintained our range of services and activities and in most cases, we are back to pre-Covid attendance levels. Our new Tuesday

coffee pod Café has proved very popular with our members and offers a great opportunity to have a natter and keep warm.

With the reduction in grant funding from Adult Social Care and other additional funding becoming more difficult to secure, we have had to review our pricing structure for 2023. Details can be found on page 9. This has been a very difficult decision - I hope you will agree we still represent great value for money.

Last financial year October 2021 to September 2022 HOPS Income

Grant LCC Adult Social Care

£85,198

Grant Active Communities

£7,000

Other Grants

£5,000

Other income

£34,479

Total Income 2021-2022

£131,677

Running costs and Expenditure 2021-2022

£121,400

Page 4

From your Manager: Martin Newton

It has been yet another monumental year here at HOPS. We are now in full operational mode after a very difficult couple of years due to Covid; hopefully that is all behind us now.

This year seems to have passed by at an alarming rate and it still feels like the year is just starting. Maybe it passed so quickly because we have been busy rebuilding and delivering a good number of opportunities for members to get out and about and meet people.

Between October 2021 and the end of September 2022 we have provided almost 400 activities, events and special celebrations as you can read in Susan's report, in addition to the support we provide on a one-to-one basis. If you need support with statutory agencies, housing, utilities or benefit

checks please let us know - if we can't help you, we will know someone who can.

We also welcomed some new team members this year. Elaine Lane has joined us as our chief cook and bottle washer and has been delivering freshly made dinners and fantastic breakfasts since February 2022. If you have not tried our food, you are missing out. Marta has been working with us since June, helping with activities, lunch clubs and our amazing coffee pod on Tuesdays. Welcome aboard.

The year has not been without its difficulties; one of our main supporters and funders, Leeds City Council Adult Social Care, have, due to budget restraints, reduced our yearly grant by 10%, which will clearly impact on our ability to deliver services into the future. We have been able to mitigate some of that impact this year with a grant from the People's Postcode Lottery but that runs out at the end of 2022. And just like everyone else prices have risen (diesel, gas, electric, food etc) and inflation has impacted our finances so much so it has become necessary to increase the price of some of our services to remain sustainable. As always, we have kept them to a minimum and I hope you agree that the new prices still represent great value.

Susan, myself and the Management Committee try hard to bring you many varied and different activities and days out from "Naked Calendars" to axe throwing and zip wire next year. We are open to any suggestions, so long as they are legal.

If you have any ideas please let Susan, a Committee Member or me know and we will do our best to make it happen.

The next 12 months will be as exciting as the last. See you all soon, **Martin**

From your Assistant Manager: Susan Childs

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Hello everyone

As usual the fact that it's November/December again has taken me by surprise, time is flying by! I suppose the old saying of 'time flies when you're having fun' must be true.

It has been a busy and eventful year and so nice to be able to get back to some kind of normality. I thought I'd remind you of some of the things we've been up to during the last 12 months; it amazes me how much we do once I start looking back so I won't remind you of everything.

Last January we had a lovely New Year's dinner at the Masonic Lodge and our annual trip to the Panto, both of which we'll be doing again in January 2023.

Amongst other things we've had visits to Mama Doreen's, Armley/Leeds Industrial Museum, Ripon Workhouse, Doncaster wildlife park, Swinton Estate for afternoon tea, Shibden Hall, Sculpture Park, axe throwing, the casino, shopping trips, Castle Howard and Stockeld Park!

We have enjoyed visits to the Village Hall from a forensic science team, 2 Red Ladder plays and Yorkshire Air Ambulance.

Our sessional workers have provided us with line dancing, art classes, singing/music, Tai Chi, yoga and belly dancing.

We have also enjoyed a number of walks.

We were lucky enough to celebrate one of our past member's 100th birthday. Some of you will remember Hilda Hanson; it was a special day.

Our event days have been very successful. We raised money for Yorkshire Air Ambulance by buying their merchandise when they came to give a talk and raised £597.07 for Macmillan at our Macmillan coffee morning - thank you!

We celebrated Yorkshire Day including a visit from a pair of ferrets and some pigeons, not at the same time I hasten to add. Our thanks go to Duncan and Mick.

As always Elaine provided us with delicious Yorkshire based food.

Our Jubilee event was wonderful with music from the Washboard Resonators. We had special guests including Rachel Reeves MP, Councillors Fiona Venner and Hannah Bithell and our very own Queen for the day, Audrey Pawsey.

A special thanks to Amanda and Ian McKenna for their generous donation towards the day.

Some of our members told their stories of growing up in and around Kirkstall, to the Abbey House Museum. We are proud to say that their stories are now part of the Kirkstall lives exhibition at Abbey House Museum and you can go and see this until September 2023.

Some of their stories will also be available as a learning resource for Leeds school children. Thank you to Ted and Linda Holmes, Margaret and Jack Toulson, Violet Kennedy and Val McHale for sharing their stories.

Craft group refurbished a beautiful dolls house which we presented to Hawksworth Primary School; they loved it.

Last, but not least, I have to mention our calendar. Martin and I are incredibly proud and grateful to all of our members who took part; they were amazing and look fantastic. Please buy a calendar or two, all profits are going to Yorkshire Air Ambulance, a charity our 'models' chose themselves.

Myself, Martin and all those who took part would like to say a massive 'thank you' to Chris Christie our photography, who gave his services for free.

Please let Martin or me know if there are any trips or activities that you would like to do/go on - we will do our best to accommodate you.

Have a lovely Christmas and a Happy and Healthy New Year, **Susan**

The Calendar Project

After a 7month stay in hospital last year I was lucky enough to pull through and I got together with a few other members and decided to celebrate body positivity in older people and to raise some money for a good cause at the same time.

With the help and guidance from Martin and Susan we all got together and made an excellent calendar.

Oh what fun we had posing naked for the camera and supporting each other as we got ready for our shoot. It bolstered our confidence and made us feel special. We had an excellent photographer who made us feel at ease and gave freely of his time.

We voted to donate all the profits to Yorkshire Air Ambulance. The feedback has been excellent from so many people and the calendar has sold like hot cakes, **Val McHale**

PS It was my idea!!

Weekly Programme

Mondays

Line Dancing with *Nicola*, 10am till 12pm with a cuppa and a biscuit included. Beginners welcome. **Members £4.00, non-members £5.00, watchers £3.00**

Lunch Club - 12.30 till 1.30 - 2 courses freshly made by our Cook, Elaine, served to your table with a cuppa to finish. **Members £4.50, non-members £5.50**

Starting 23rd January

Singing with *Claire* 1.30pm till 3pm, **Members £3.00, non-members £4.00**

Ukulele with *Claire* 3pm till 4.30pm, **Members £3.50, non-members £4.50**

Tuesdays

Coffee Pod - A Café style drop-in with a varied menu. From toast to full English and chefs' specials, cakes and buns. We also have posh coffees. Open from 10am till 2.30pm.

Wednesdays

Keep fit - from 10am including Tai Chi, Yoga, belly dancing sessions in 6 blocks and once a month we have singing with '***Made with Music***'.
Members £3.00, non-members £4.00

Lunch Club - 12pm till 1.15pm - 2 courses freshly made by our Cook, Elaine, served to your table with a cuppa to finish. **Members £4.50, non-members £5.50**

Art with *Lucy* - 1.30pm till 3.30pm, covering a wide spectrum of styles and disciplines. You don't need to be a Van Gogh or Da Vinci. If you think you're no good at Art, Lucy will show you how. **Members £3.50, non-members £4.50**

Thursdays

Group outings, special events, day trips: details in your regular Newsletters

Fridays

Line Dancing 2 with *Nicola*, 10am till 12pm with a cuppa and a biscuit included. Beginners welcome. **Members £4.00, non-members £5.00, watchers £3.00**

Friday fish 'n' chips at about 12 o'clock. Mini fish 'n' chips, tea/coffee, bread and butter in the dining room. **Members £5.50, non-members £6.50**

Transport is available at a small charge of £1.00 each way

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Axe Throwing



Art with Lucy



Walking Group



Belly Dancing



Fine dining



Supporting Air Ambulance



Yorkshire Day 2022 Pigeons, Ferrets Yorkshire pudding menu and the Yorkshire Hakka



Blackpool coach trip



Queens Jubilee Party



Dancing Queens

Page 9



Ripon Workhouse



Theakston Brewery



Mams Doreens for afternoon tea



Music with children



Forensics event



A night at the Theatre



Remembrance Day event 2021



Our knitted Christmas in remembrance of Jean Smith

Volunteers

Page 10

Are one of our most important assets

All committee members and Directors plus

Jan Newton

Nicola Obrien

Marie Edwards (cakes 'n' stuff)

Paid Workers: 2021-2022

Martin Newton (CEO and General Manager)

Susan Childs PT Assistant Manager/Support Worker

Val Hart PT Cleaner

Marta Gonzales PT Support Worker

Elaine Lane	PT Chief Cook and Bottle Washer
Graham Childs	Ad Hoc General Dogsboddy and Driver

All have worked whole or part of 2021/2022

A special thanks to all our funders and those who support us in so many different ways

Leeds City Council Adult Social Care

Leeds Lions

Councillor John Illingworth

Councillor Fiona Venner

Councillor Hannah Bithell

Rachel Reeves MP

The Cooperative Foundation

WYCAS

National Lottery Community Fund

All at Voluntary Action Leeds

Colleagues within the neighbourhood networks

Red Ladder Theatre Company

Cut and Curl

Chris Christie

Ian and Amanda McKenna

Privacy

We take very seriously your right to privacy and would like to reassure you that we do not share any of the personal information we hold on your behalf with any other private or statutory organisation. We do, however, supply anonymised (without names or addresses) information to Leeds Adult Social Care as part of our funding agreement.

HOPS Ltd will, on occasion, use the above anonymised information when applying for other grants and in funding applications. And on occasions may use your image for promotional purposes and in our Newsletters, social media, Annual Reports etc.

If you do not wish your images to be used, please complete this non-consent form. **Non completion of this form assumes consent.**

Name Signature
.....

My image is not used by HOPS Ltd

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