

# Annual report

1st April 2023 – 31st March 2024



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**Fiona Hammond-Liew-Bedford, CEO**

## Our vision

To continue providing support, information, and advice relevant to the health and wellbeing of LGBTQ+ individuals living in Norfolk and Waveney.

## Our mission

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LGBTQ+ Project**

### **Trustee report for the financial year ending 2024**

The trustees present their report and the audited financial statement for the year ended 31st March 2024.

### **Charity Number**

1129770

### **Registered Office**

10 Cathedral Street Norwich Norfolk NR1 1LX

### **Trustees**

The trustees who served during the year, and up to the date of this report, were as follows: Juels Copley, Jayne Clarke, Amber Green, Ben John Clegg.

### **Chief executive officer**

Fiona Hammond-Liew-Bedford

### **Bankers**

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### **Independent examiners**

ADP Accounting Ltd, 19 Farrow Close, Mattishall, Norfolk, NR20 3SZ.

*\*data from 2023 – 2024 closed clients*

**Our values • CARE • Compassion • Authenticity • Respect • Empathy**





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# Statistics

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**25% – aged 26+**

## Reason for referral

67% – Gender identity  
17% – both  
16% – sexuality

## Referrals

77% – professional referrals  
23% – self referrals

Mental health difficulties such as depression, self-harm, and suicidal thoughts can affect anyone, but they are more prevalent amongst those who identify at LGBTQ+.

## Top 7 mental health issues and behaviours amongst our clients are:

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36% – low mood  
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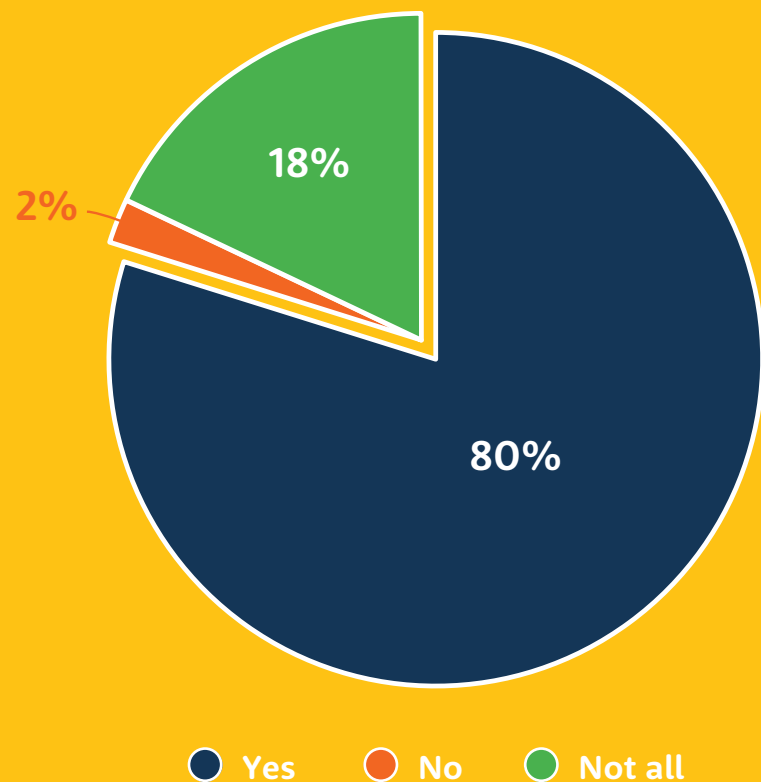
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8% – How to come out to family and friends.

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2,176 support sessions were provided to our clients who completed their sessions during this financial year.

## Goal outcomes achieved



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"I have met other trans woman through this support"

"still figuring out relationship but this has improved"

"I have had mental health issues all my life due to supressing my feeling about my gender"

"My dad is never around and at times i hate him"

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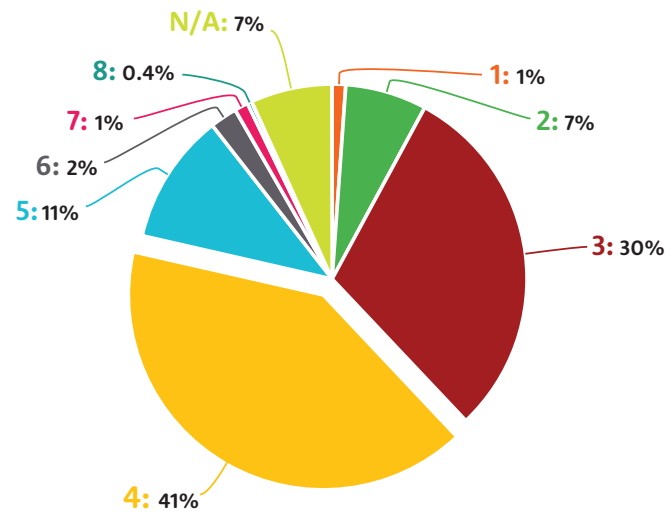
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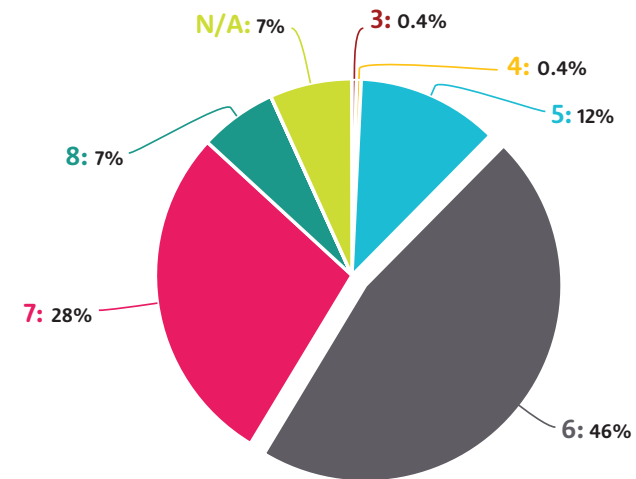
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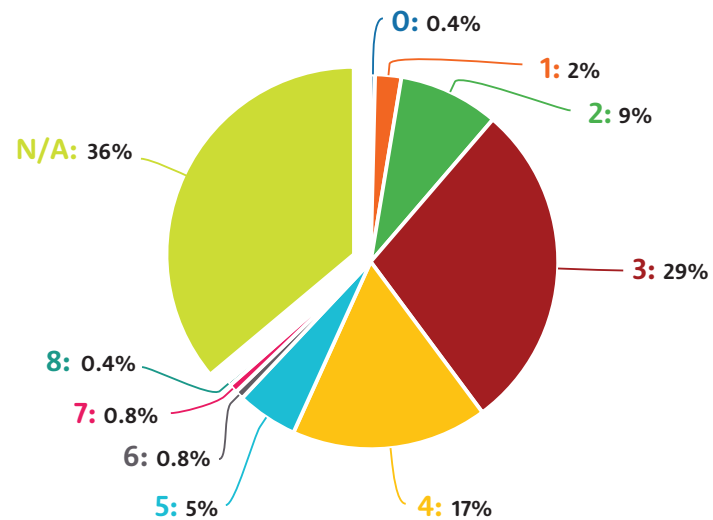
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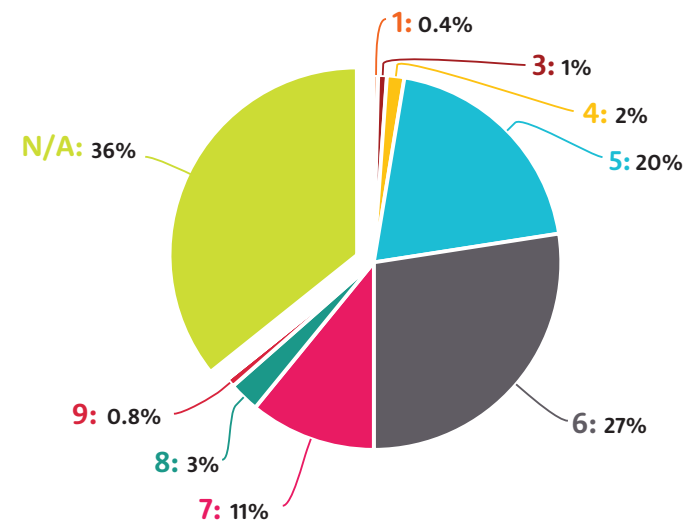
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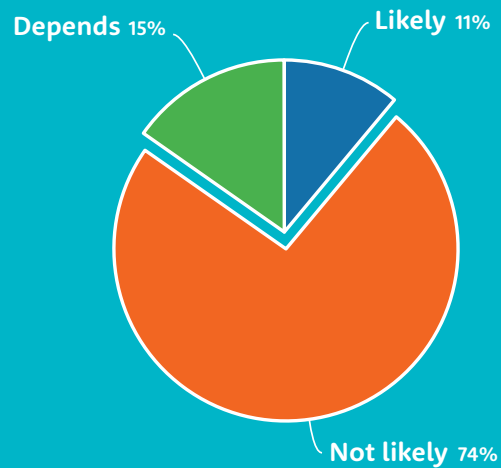
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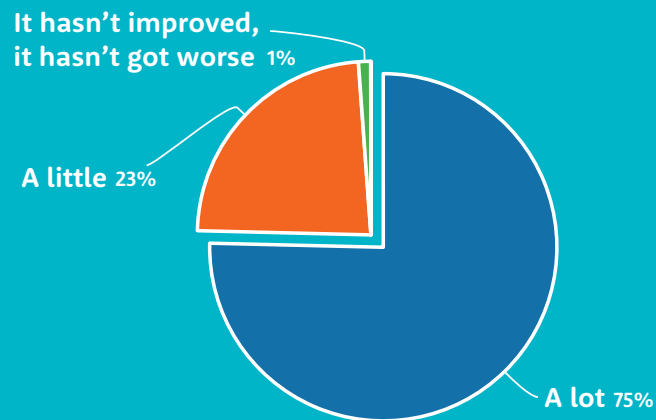
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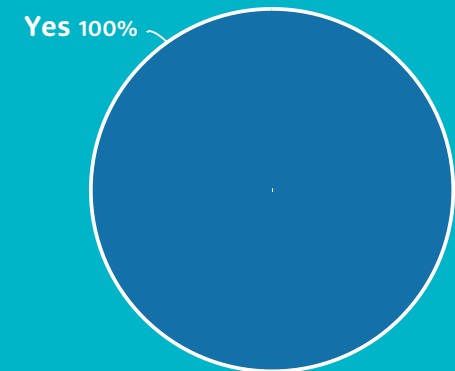
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As a result of accessing support from Norfolk LGBT+ Project, how much has your mental health or wellbeing improved?



Has accessing a dedicated LGBT+ wellbeing service given you more confidence in the support that you have received?





## LGBTQ+ drop-in groups

342 individual's attending drop in groups

224 sessions provided

672 volunteer hours

"The drop in group is my safe space,  
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## Educating with Pride

Working together towards positive inclusion and visibility for LGBTQ+ students in schools, Educating with Pride is a year long partnership that gives staff the tools and resources they need to continue making a difference to the lives of LGBTQ+ students.

Currently funded by The National Lottery Community Fund, this annual service has been running since 2018.

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“I am passionate about my work because I know that safe and welcoming schools are fundamental to improving the wellbeing of LGBTQ+ students. LGBTQ+ youth who grow up in supportive environments report improved mental health, increased self-esteem and feeling optimistic about their future. I am encouraged by all of the amazing school staff that I work with who are committed to making sure that all of their students feel seen, heard and supported to be their true, authentic selves”.

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<b>TOTAL</b>	<b>£363,267.61</b>

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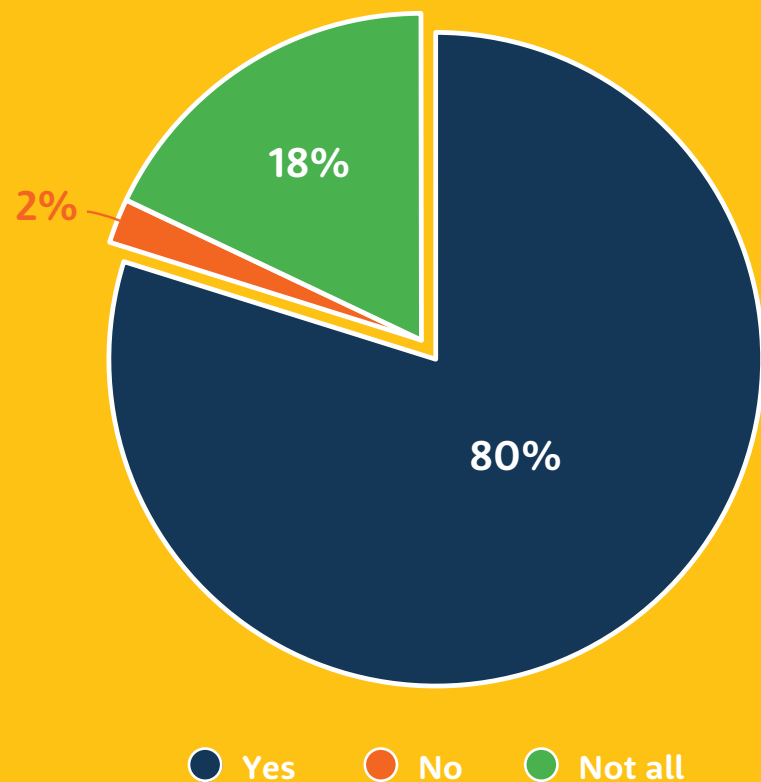
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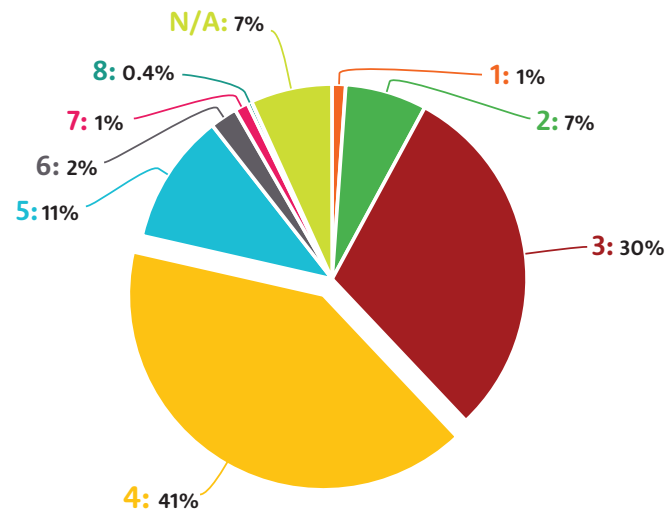
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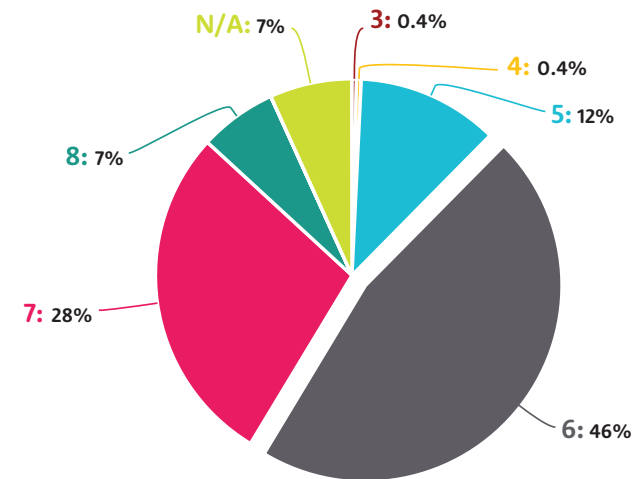
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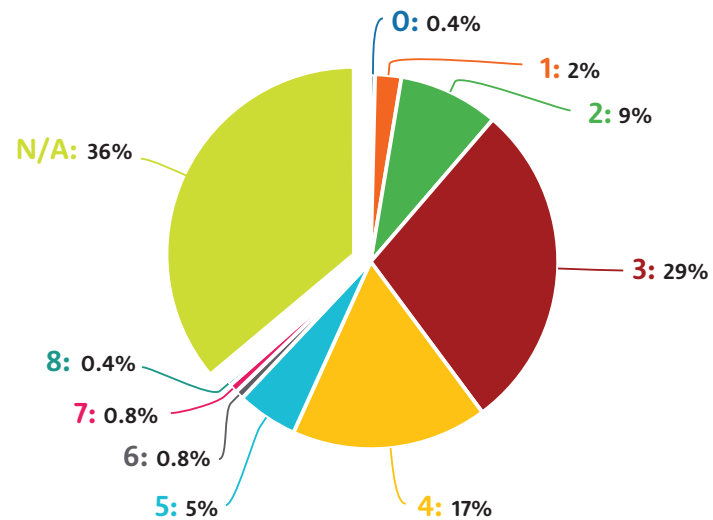
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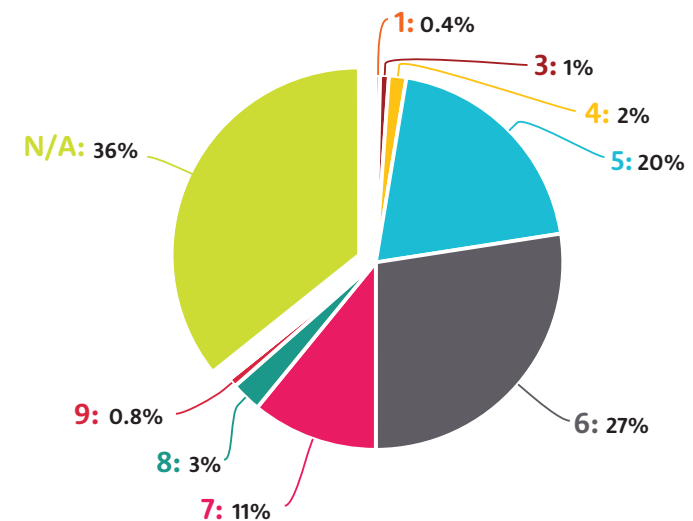
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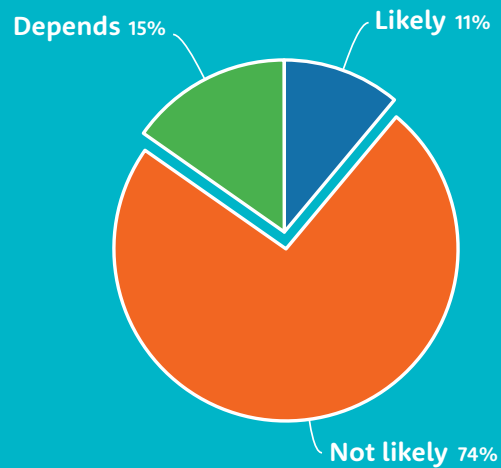


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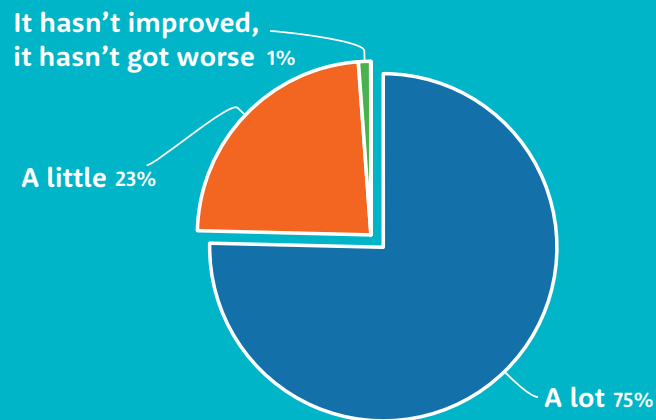




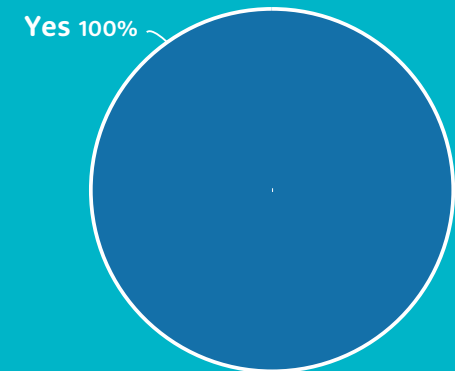
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Registered Charity No. 1129770

**Norfolk LGBT+ Project**  
**Independent Examiners Report**  
**Year Ended 31 March 2024**

I report on the accounts of the company for the year ended 31 March 2024 as attached.

**Respective responsibilities of trustees and examiner**

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements:
  - to keep accounting records in accordance with section 386 of the Companies Act 2006; and
  - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charitieshave not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*Pauline Street*

ADP Accounting Limited

Association of Chartered Certified Accountants

19th July 2024

19 Farrow Close

Mattishall

Dereham

Norfolk

NR20 3SZ