

Annual Report

2024-2025

Friends of helper

c/o St Philip & St James Church

King George Rd

CHATHAM

Kent

ME5 0TZ

Review of the year, by the Chair of Trustees.

I have had the privilege of being the Chair for this financial year. I am thankful for all the people that are true friends of helper – whether based in the UK or Tanzania or across the globe. I have been pleased to be part of a local prayer group for helper and it's a delight to see people actively engaged and keeping the work of helper in their prayers on a regular basis – not just when we gather. One particularly special prayer meeting happened in Folkestone in July 2025 which included Beryl, the first headteacher at Sunshine school as well as Andy.

Thank you to everyone who takes time to continue to pray for the work of helper and to those who support financially.

It was good that Andy spent time in England again from April to November 2025 and met with many supporters and church leaders in that time.

If you would like to be part of the prayer times, or to host one in your own locality then do get in contact, it would be great to welcome you and support you in whatever way we can. We run a WhatsApp group for updates and summaries of the prayer times. Also if you think your church would appreciate a visit from Andy or one of the Trustees then again, do make contact.

The website accessible at <https://www.helpertanzania.org/> continues to showcase the work that happens in Kigoma. We are thankful for everyone who has given financially via the website or been prompted to pray.

My thanks as ever go to fellow trustees, Bridget as treasurer and to Moira and Richard for their dedication to Friends of helper.

Martyn Saunders.

Martyn@pipnjims.co.uk



the helper (msaidizi) trust

POBox 145, Kigoma Tanzania

Annual Report of the helper (msaidizi) trust 2024-2025

The initial vision of helping grandmothers by enabling access to medical care and educating their grandchildren so that they can help their 'bibi' when they are older is alive and well. Our desire to see these grandchildren grow up into Christ is being fulfilled by the presence of The Holy Spirit in how we do what we do. I am encouraged. Once these students have earned their own educational qualifications and are in paid employment, our job is done. It is slow steady work as is raising any family. As at 2024-2025, another student completed university. She is working unsalaried at the moment, hoping to be taken on by The Tanzanian Seed Institute. There is another student who has finished his training and is getting occasional unpaid work and hoping to be given full-time paid work as a JCB

excavator operator. He stood against corruption all last year with commendable strength and patience. It is such as this that helper is committed to doing its bit to raise up - to see Christ glorified by their eventual upright citizenship. Two more have had Vocational training in hairdressing and have (this year) gone into business together and another who has finished a Certificate in Early Years Education.

On the medical side, we have been seeing, on average, 18 sick people a day and have selected from those the ones who believe are in genuine need. Most of these are referred to local clinics or even just to chemists, being required to bring back the official receipts for any services and medicines they have bought. More serious cases, however, we sent to a German-run mission hospital, mainly, and an Adventist hospital, occasionally, both about an hour away up into the hills. Occasionally we will send one to the government hospitals in town. Last year we had the privilege of helping 4,135 folk get to medical help, including 20 operations of varying sorts.

In Sunshine we had 43 children from chekechea through to Standard 7 (11+ examination year). We also supported 47 students from government primary, through to A Levels (some are ex-Sunshiners). 4 did Vocational Training and 3 more went to college. 8 were and are at university.

I am so grateful for all the folk who are still supporting us for all these years, having agreed to switch from supporting me for 12+ years as a pilot with Mission Aviation Fellowship and get behind the helper (msaidizi) trust. It is amazing how The Lord has sustained us these 15 years, largely through them. Our thanks go to Friends of helper who have diligently claimed back the tax from those who support through Gift Aid and so on. And I am proud the British Government generously support charitable work in this way; their commendable generosity deserves international acclaim.

As I look ahead to the next few years, the need for Friends of helper UK to turn their minds to income generation initiatives of their own and the widening of the support base will be essential if we are to sustain the success and growth of the helper trust in Tanzania. This will become all the more pressing as we continue to support these students through Secondary, Further Education and Vocational Training.



Andy Blake Founder Trustee of the registered trustees of the helper (msaidizi) trust 2010
a registered Tanzanian Charity No 3899 Contact: info@helpertanzania.org +255 755 389332

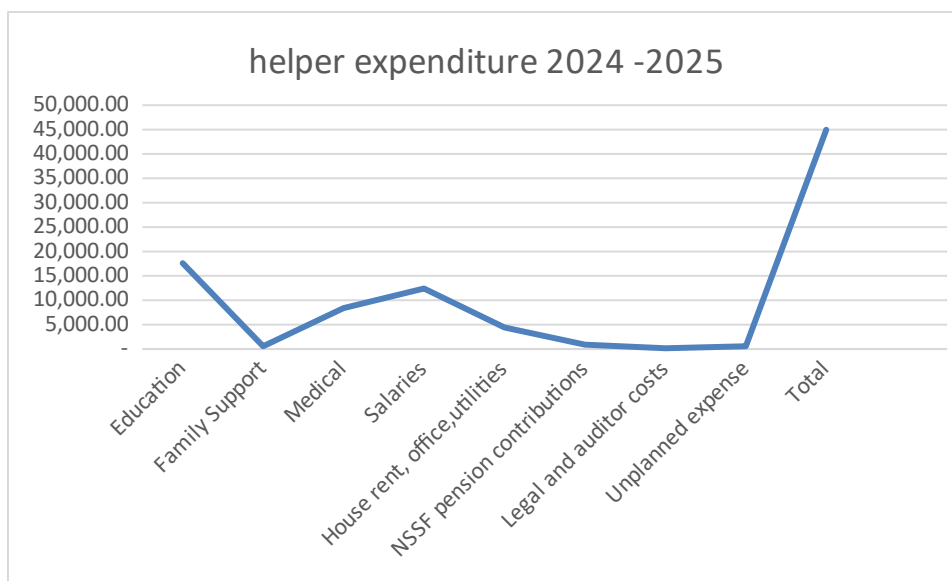
FOH Treasurers report 2025

We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work. Total expenditure in Tanzania this year through helper (msaidizi) was £48,239.43 which compares well with the income to Friends of helper for the year which was £52,014.97 of which £6,867.41 was Gift Aid rebate.

In the UK we also spent £625 on seven laptops to take to Kigoma on 4/11/24 and on bank transfer fees. No trustee took payments for their time or expenses, the value of this gift is not reflected in the formal accounts.

On a monthly basis, the average costs for helper are now £3,915pcm. Regular monthly giving is at present £2,983pcm (including Gift aid). The balance of costs is funded by one-off donations from supporting churches and individuals - we are hugely grateful to all those who support helper in any way.

We are aware that the needs in Tanzania continue to increase, especially with more pupils reaching secondary and tertiary education, and thus of the need to find additional finances. We are grateful for all donations and trust that God will continue to bless and prosper the work of helper.



The categories have been changed this year.

Bridget Nightingale

Treasurer Friends of helper

FRIENDS OF HELPER**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

	Unrestricted	Designated	Total	Total
	Funds	Funds	2024/25	2023/24
	£	£	£	£
RECEIPTS AND PAYMENTS ACCOUNT				
Incoming Resources				
Receipts from donors				
Gift Aided Giving	24,331	-	24,331	26,885
Non Gift Aid Giving	20,630	-	20,630	19,554
Gift Aid Repayment from HMRC	6,867	-	6,867	5,643
Bank Interest	221	-	221	81
	52,049	0	52,049	52,163
Resources Used				
Charitable Activities				
Helper (Note a)	50,400	-	50,400	40,170
Andy Living Expenses	3,263	-	3,263	3,263
Laptops (bought in UK for Tz)	625	-	625	-
Bank Fees	153	-	153	135
	54,441	0	54,441	43,568
Excess of Payments over Receipts	-2,392	0	-2,392	8,595
Funds brought forward at 1st May	13,463	0	13,463	4,868
Funds carried forward at 30th April 2025	11,071	0	11,071	13,463

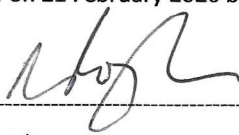
FRIENDS OF HELPER**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

Cash Funds	2024/25	2023/24
Bank Community Account	381.88	571.92
Bank Bus Premium 1	7,580.10	9,827.38
Bank Bus Premium 2	3,109.15	3,063.69
	11,071.13	13,462.99
Represented By		
Unrestricted Funds	11,071.13	13,462.99
Designated Funds	0.00	0.00
	11,071.13	13,462.99
Assets		
Gift Aid from part of tax year due to be claimed	1,865.50	2,643.00
	1,865.50	2,643.00
Liability		
	0.00	0.00
	0.00	0.00

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

APPROVAL

The accounts were approved by the trustees and signed on their behalf on 21 February 2026 by



Russell Poynter

The attached notes form part of these financial statements.

**Independents Examiners report
to the trustees of Friends of Helper**

I report to the trustees on my examination of the account of Friends of Helper (the Fund) for the year ending 30th April 2023.

Trustees' Responsibilities

Under the Charities Act 2011, the trustees are required to prepare a statement of account for each accounting year.

They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to ensure that such accounts and records comply with the Charities Act 2011.

They also have a responsibility to safeguard the assets of the charity and to take reasonable steps to detect fraud or other irregularities and to provide reasonable assurances that:

1. The charity is operating efficiently and effectively
2. Its assets are safeguarded against unauthorised use or disposition
3. Financial information used within the charity or for publication is reliable
4. The charity complies with relevant laws and regulations

Independents Examiners Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord, with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:.....

Russell Poynter
483 Lower Rainham Road
Rainham, KENT
ME8 7TN

Date: 21-Feb-2026.....

FRIENDS OF HELPER**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025****Notes to the Financial Statements****Receipts Analysis**

	Unrestricted Funds £	Designated Funds £	Total 2024/25 £	Total 2023/24 £
Helper*				
Students education	19729	-	19,729	16,480
Salaries inc Pensions	10031	-	10,031	11,746
Family Support/Medical	14891	-	14,891	7,267
Rent & Utilities	4947	-	4,947	3,511
Legal Support/Tax	161	-	161	78
Miscellaneous	641	-	641	1,088
	50,400	0	50,400	40,170

*Please note:

- Helper reports spend in TZS which is converted into GBP
- Not all funds used at helper come from Friends of helper
- Not all funds are spent immediately so the spread is based on % of actual spend

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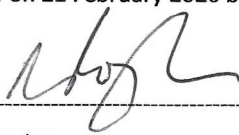
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