

Annual Report

2023-2024

Friends of helper

St Philip & St James Church

King George Rd

CHATHAM

Kent

ME5 0TZ

Review of the year, by the Chair of Trustees.

I have had the privilege of being the Chair for this financial year and delighted that prayerful and practical support for helper has increased over the last 12 months. At the start of the year we were struggling to have enough finances to pass on to helper month by month, but, thanks be to God, an email appeal brought some immediate response as well as prompting others to rethink their giving levels in the light of inflation.

One of the highlights of the year from the perspective of Friends of helper was a service of celebration in November 2023 at St Philip and St James church where we celebrated the goodness of God in sustaining the work of helper over the previous 14 years. It was a delight to meet up with people from across the region and to see video testimony from some of the pupils, staff and supporters in Kigoma. It was wonderful that Beryl, the first headteacher at Sunshine school was able to be with us as well as Andy. Thank you to everyone who travelled, who brought lunch to share and who continues to pray for the work of helper.

We have had a number of prayer meetings over the past year which have proved helpful times of being updated on the current situation for helper. Thank you to those that manage to attend. Usually, a summary of the update goes out on a WhatsApp group to help people to pray in the coming days and weeks as well. If you want to be added to the group then please make contact.

The other highlight has been the launch of a new website – accessible at <https://www.helpertanzania.org/> which showcases the work that happens in Kigoma. It is a delight to note that a number of donations have been received via the website in recent months. Realistically Andy Blake organised the website in its entirety and it's a testament to an outworking of his life calling to seeing helper thrive and the work of "Defending the weak and fatherless in Kigoma, Tanzania" continue for many years.

My thanks as ever go to fellow trustees, Bridget as treasurer and to Moira and Richard for their dedication to Friends of helper.

Martyn Saunders, Michaelmas 2024.

Annual Report 2023-2024



Once again it is my privilege and joy to summarise the work of the trust - this time in its 14th Year. It has been exciting and rewarding to see how The Lord has led and sustained us faithfully through another year. Our progress in fulfilling the aims of the helper trust deed is heartening as we continue to support those with their education until they are qualified to take their place in the world. We continue to assist those needing to gain access to medical care or have some form of family support. The next few paragraphs explain this:

‘Starting at the top’ we have seen Avida completing her second year at Sokoine University. She is now on holiday, but acting as a classroom assistant in Sunshine TC. Two more students whose A Level grades have enabled them to join university last year are about to complete their first year at Arusha Institute. The student who stepped back from his Pharmacy studies in Dar es Salaam last year has now completed training in Dar es Salaam as an excavator operator and is now fully licensed and trying to find employment. It is unfortunate that one office in particular is currently frustrating this progress.

The two students who went to Teacher Training College last year, graduated successfully and I am delighted to report, have returned to join staff at Sunshine TC on July 1st as the two temporary teachers have become school cooks. We expect their arrival to strengthen the team. In addition to this Aggie returned and is supporting these new staff together with Elisia and Zawadi.

VETA (Vocational Training)

We have one studying Food Management and another waiting to join for Vehicle Maintenance. It is good to have this avenue for the less academic students to achieve a qualification that can lead to employment, later.

Sixth Form

Our 6 A Level Students have all completed Form Six, taken their exams and have their results. They await their offers which are normally issued in October. Their results are good in the main and while we are delighted with their progress, there is also the concern that it will mean a considerable increase in expenses for the trust as they step up to university in all likelihood. During this time, those who did not opt for National Service with JKT are also helping as classroom assistants at Sunshine TC.

Form Five we have none and just one in Form Six, currently.

Form Four we have 13. This is also a joy and concern as if successful, their next step up should be to study ‘A’ Levels or possibly join a college if they don’t make the grades. This may also be a financial challenge as again it will mean some if not all will have to travel and board.

the helper (msaidizi) trust
Incorporated into RITA of Tanzania Charity No 3899

We have one student in Form 3 and 14 in Form 2 and 9 in Form 1. There are currently 33 students at Sunshine TC and 4 more at government primary schools.

On the medical side

The trust has supported 10 operations carried out at various government and mission hospitals locally, with one going to the national referral hospital in Dar and 2 who of their own volition chose to go to Gitega in Burundi. These latter operations were successful and we have in mind to consider Gitega Hospital again for more serious cases. For the less serious cases such as blood tests, X rays and so on and medicines, there were 3,850.

Family Support:

There are four of these. The first is a widow we have known and supported for some years, another is one of our ex-Sunshine students who is training at a local garage while waiting to attend VETA. He is the family provider hence helper providing family support as he is unable to earn at the moment. Finally there are two Sunshine students we support whose families are in different villages currently.

To finish with a smile, the family of the triplets we supported last year visited the office at the time of writing this report to say thankyou and to show off their three happy babies. They are talking now!

We thank Friends of helper for their contribution to the trust for another year of claiming back Gift Aid and the considerable work they have had put in complying with ever more administrative demands from HMRC (whom we also thank for their generosity) and also for a special service held at St Philip and St James, Walderslade to reinvigorate support.

This report and audited accounts are available on request.



Andy Blake
Founder Trustee
The helper (msaidizi) trust
Box 145
Kigoma

Financial Report May 2024

We started the financial year with a total bank balance of £4,868 and the income to Friends of helper for the year has been £52,163. of which £5,643 was Gift aid rebate. We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work.

Total expenditure in Tz this year was £46,986 of which Friends of helper contributed £43,568 which includes bank charges for transfers (less than 0.31% of total costs.) The average monthly costs for helper are now £3,915. Regular monthly giving is at present £2983 a month (including Gift aid). Additionally, Friends of helper received several one off donations from churches and individuals which covered the overspend most months. Following the day conference, we had in November 2023 to update supporters about the work of helper there were several one-off gifts and some increased regular giving which has helped to provide funds for the ongoing work of helper. We are grateful for this and trust that God will continue to bless and prosper the work of helper.



There has been very little change in the costs in the various categories this financial year.

Bridget Nightingale

Treasurer Friends of helper

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FRIENDS OF HELPER
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024

	Unrestricted Funds £	Designated Funds £	Total 2023/24 £	Total 2022/23 £
RECEIPTS AND PAYMENTS ACCOUNT				
Incoming Resources				
Receipts from donors				
Gift Aided Giving	26,885	-	26,885	20,735
Non Gift Aid Giving	19,554	-	19,554	16,763
Gift Aid Repayment from HMRC	5,643	-	5,643	5,704
Bank Interest	81	-	81	13
	52,163	0	52,163	43,215
Resources Used				
Charitable Activities				
Helper (Note a)	40,170	-	40,170	39,600
Andy Living Expenses	3,263	-	3,263	3,263
Bank Fees	135	-	135	124
	43,568	0	43,568	42,987
Excess of Payments over Receipts	8,595	0	8,595	228
Funds brought forward at 1st May	4,868	0	4,868	4,640
Funds carried forward at 30th April 2024	13,463	0	13,463	4,868

FRIENDS OF HELPER
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024

Cash Funds	2023/24	2022/23
Bank Community Account	571.92	469.96
Bank Bus Premium 1	9,827.38	1,371.21
Bank Bus Premium 2	3,063.69	3,027.25
	13,462.99	4,868.42
Represented By		
Unrestricted Funds	13,462.99	4,868.42
Designated Funds	0.00	0
	13,462.99	4,868.42
Assets		
Gift Aid from part of tax year due to be claimed	2,643.00	1,430.75
	2,643.00	1,430.75
Liability		
	0.00	0
	0.00	0

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

Independents Examiners report to the trustees of Friends of Helper

I report to the trustees on my examination of the account of Friends of Helper (the Fund) for the year ending 30th April 2024.

Trustees' Responsibilities

Under the Charities Act 2011, the trustees are required to prepare a statement of account for each accounting year.

They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to ensure that such accounts and records comply with the Charities Act 2011.

They also have a responsibility to safeguard the assets of the charity and to take reasonable steps to detect fraud or other irregularities and to provide reasonable assurances that:

1. The charity is operating efficiently and effectively
2. Its assets are safeguarded against unauthorised use or disposition
3. Financial information used within the charity or for publication is reliable
4. The charity complies with relevant laws and regulations

Independents Examiners Statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord, with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:.....

Russell Poynter

483 Lower Rainham Road

Rainham, KENT

ME8 7TN

Date: 18/10/2024

Notes to the Financial Statements

Receipts Analysis

	Unrestricted Funds £	Designated Funds £	Total 2023/24 £	Total 2022/23 £
a. Helper*				
Students education	16,480	-	16,480	15,247
Salaries	11,746	-	11,746	13,091
Family Support/Medical	7,267	-	7,267	5,114
Rent & Utilities	3,511	-	3,511	3,781
Legal Support/Tax	78	-	78	494
Miscellaneous	1,088	-	1,088	1,873
	40,170	0	40,170	39,600

*Please note:

- Helper reports spend in TZS which is converted into GBP
- Not all funds used at helper come from Friends of helper