

# FRIENDS OF HELPER

England & Wales · Charity number 1129727

## Details

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**Status** Registered

**Legal form** Trust

**Registered** 2009-05-19

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** St. Philips & St. James Church  
King George Road  
Chatham  
Kent  
ME5 0TZ

**Phone** 01634868709

**Email** [pbnights@gmail.com](mailto:pbnights@gmail.com)

## Activities

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**Objects:** TO ADVANCE EDUCATION, RELIEVE POVERTY AND PRESERVE AND PROTECT THE GOOD HEALTH OF DISADVANTAGED PEOPLE IN WESTERN TANZANIA IN PARTICULAR BUT NOT EXCLUSIVELY SCHOOL CHILDREN AND WOMEN.TO PROMOTE EQUALITY IN PARTICULAR BETWEEN WOMEN AND MEN FOR THE BENEFIT OF THE PUBLIC.TO RELIEVE UNEMPLOYMENT IN WESTERN TANZANIA FOR THE BENEFIT OF THE PUBLIC IN SUCH WAYS AS DEEMED FIT BY THE TRUSTEES.

**Activities:** Receiving donations and involved in fundraising activities to support the work of 'helper' in Kigoma, Tanzania which is helping support vulnerable people and providing education and access to support particularly for women and girls.

## Classification

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- **How:** Acts As An Umbrella Or Resource Body
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin

## Geography

- **Area of benefit:** WESTERN TANZANIA
- Tanzania
- Kent

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£52,014	£50,400	-	-
2024-04-30	£52,163	£43,568	-	-
2023-04-30	£43,215	£42,987	-	-
2022-04-30	£36,660	£39,132	-	-
2021-04-30	£36,659	£39,394	-	-

## Trustees

Name	Role	Appointed
Rev MARTYN LEONARD JOHN SAUNDERS	Chair	2023-03-03
BRIDGET NIGHTINGALE		
Moira Allen		2014-06-06
Richard Curzon		2023-03-03

**FRIENDS OF HELPER**

England & Wales - Charity number 1129727

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# Accounts

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**Friends of helper**

Reg charity 1129727

# Annual Report

## 2024-2025

**Friends of helper**

**c/o St Philip & St James Church**

**King George Rd**

**CHATHAM**

**Kent**

**ME5 0TZ**

## Review of the year, by the Chair of Trustees.

I have had the privilege of being the Chair for this financial year. I am thankful for all the people that are true friends of helper – whether based in the UK or Tanzania or across the globe. I have been pleased to be part of a local prayer group for helper and it's a delight to see people actively engaged and keeping the work of helper in their prayers on a regular basis – not just when we gather. One particularly special prayer meeting happened in Folkestone in July 2025 which included Beryl, the first headteacher at Sunshine school as well as Andy.

Thank you to everyone who takes time to continue to pray for the work of helper and to those who support financially.

It was good that Andy spent time in England again from April to November 2025 and met with many supporters and church leaders in that time.

If you would like to be part of the prayer times, or to host one in your own locality then do get in contact, it would be great to welcome you and support you in whatever way we can. We run a WhatsApp group for updates and summaries of the prayer times. Also if you think your church would appreciate a visit from Andy or one of the Trustees then again, do make contact.

The website accessible at <https://www.helpertanzania.org/> continues to showcase the work that happens in Kigoma. We are thankful for everyone who has given financially via the website or been prompted to pray.

My thanks as ever go to fellow trustees, Bridget as treasurer and to Moira and Richard for their dedication to Friends of helper.

Martyn Saunders.

[Martyn@pipnjims.co.uk](mailto:Martyn@pipnjims.co.uk)



## the helper (msaidizi) trust

POBox 145, Kigoma Tanzania

### Annual Report of the helper (msaidizi) trust 2024-2025

The initial vision of helping grandmothers by enabling access to medical care and educating their grandchildren so that they can help their 'bibi' when they are older is alive and well. Our desire to see these grandchildren grow up into Christ is being fulfilled by the presence of The Holy Spirit in how we do what we do. I am encouraged. Once these students have earned their own educational qualifications and are in paid employment, our job is done. It is slow steady work as is raising any family. As at 2024-2025, another student completed university. She is working unsalaried at the moment, hoping to be taken on by The Tanzanian Seed Institute. There is another student who has finished his training and is getting occasional unpaid work and hoping to be given full-time paid work as a JCB

excavator operator. He stood against corruption all last year with commendable strength and patience. It is such as this that helper is committed to doing its bit to raise up - to see Christ glorified by their eventual upright citizenship. Two more have had Vocational training in hairdressing and have (this year) gone into business together and another who has finished a Certificate in Early Years Education.

On the medical side, we have been seeing, on average, 18 sick people a day and have selected from those the ones who believe are in genuine need. Most of these are referred to local clinics or even just to chemists, being required to bring back the official receipts for any services and medicines they have bought. More serious cases, however, we sent to a German-run mission hospital, mainly, and an Adventist hospital, occasionally, both about an hour away up into the hills. Occasionally we will send one to the government hospitals in town. Last year we had the privilege of helping 4,135 folk get to medical help, including 20 operations of varying sorts.

In Sunshine we had 43 children from chekechea through to Standard 7 (11+ examination year). We also supported 47 students from government primary, through to A Levels (some are ex-Sunshiners). 4 did Vocational Training and 3 more went to college. 8 were and are at university.

I am so grateful for all the folk who are still supporting us for all these years, having agreed to switch from supporting me for 12+ years as a pilot with Mission Aviation Fellowship and get behind the helper (msaidizi) trust. It is amazing how The Lord has sustained us these 15 years, largely through them. Our thanks go to Friends of helper who have diligently claimed back the tax from those who support through Gift Aid and so on. And I am proud the British Government generously support charitable work in this way; their commendable generosity deserves international acclaim.

As I look ahead to the next few years, the need for Friends of helper UK to turn their minds to income generation initiatives of their own and the widening of the support base will be essential if we are to sustain the success and growth of the helper trust in Tanzania. This will become all the more pressing as we continue to support these students through Secondary, Further Education and Vocational Training.



Andy Blake Founder Trustee of the registered trustees of the helper (msaidizi) trust 2010  
a registered Tanzanian Charity No 3899 Contact: [info@helpertanzania.org](mailto:info@helpertanzania.org) +255 755 389332

## FOH Treasurers report 2025

We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work. Total expenditure in Tanzania this year through helper (msaidizi) was £48,239.43 which compares well with the income to Friends of helper for the year which was £52,014.97 of which £6,867.41 was Gift Aid rebate.

In the UK we also spent £625 on seven laptops to take to Kigoma on 4/11/24 and on bank transfer fees. No trustee took payments for their time or expenses, the value of this gift is not reflected in the formal accounts.

On a monthly basis, the average costs for helper are now £3,915pcm. Regular monthly giving is at present £2,983pcm (including Gift aid). The balance of costs is funded by one-off donations from supporting churches and individuals - we are hugely grateful to all those who support helper in any way.

We are aware that the needs in Tanzania continue to increase, especially with more pupils reaching secondary and tertiary education, and thus of the need to find additional finances. We are grateful for all donations and trust that God will continue to bless and prosper the work of helper.



The categories have been changed this year.

Bridget Nightingale

Treasurer Friends of helper

**FRIENDS OF HELPER****FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

	Unrestricted	Designated	Total	Total
	Funds	Funds	2024/25	2023/24
	£	£	£	£
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>Incoming Resources</b>				
<b>Receipts from donors</b>				
Gift Aided Giving	24,331	-	24,331	26,885
Non Gift Aid Giving	20,630	-	20,630	19,554
Gift Aid Repayment from HMRC	6,867	-	6,867	5,643
Bank Interest	221	-	221	81
	<b>52,049</b>	<b>0</b>	<b>52,049</b>	<b>52,163</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	50,400	-	50,400	40,170
Andy Living Expenses	3,263	-	3,263	3,263
Laptops (bought in UK for Tz)	625	-	625	-
Bank Fees	153	-	153	135
	<b>54,441</b>	<b>0</b>	<b>54,441</b>	<b>43,568</b>
Excess of Payments over Receipts	-2,392	0	-2,392	8,595
Funds brought forward at 1st May	13,463	0	13,463	4,868
<b>Funds carried forward at 30th April 2025</b>	<b>11,071</b>	<b>0</b>	<b>11,071</b>	<b>13,463</b>

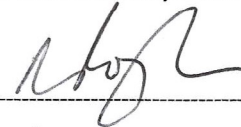
**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

<b>Cash Funds</b>	<b>2024/25</b>	<b>2023/24</b>
Bank Community Account	381.88	571.92
Bank Bus Premium 1	7,580.10	9,827.38
Bank Bus Premium 2	3,109.15	3,063.69
	<b>11,071.13</b>	<b>13,462.99</b>
<b>Represented By</b>		
Unrestricted Funds	11,071.13	13,462.99
Designated Funds	0.00	0.00
	<b>11,071.13</b>	<b>13,462.99</b>
<b>Assets</b>		
Gift Aid from part of tax year due to be claimed	1,865.50	2,643.00
	<b>1,865.50</b>	<b>2,643.00</b>
<b>Liability</b>		
	0.00	0.00
	<b>0.00</b>	<b>0.00</b>

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

**APPROVAL**

The accounts were approved by the trustees and signed on their behalf on 21 February 2026 by



-----  
Russell Poynter

The attached notes form part of these financial statements.

**Independents Examiners report  
to the trustees of Friends of Helper**

I report to the trustees on my examination of the account of Friends of Helper (the Fund) for the year ending 30th April 2023.

**Trustees' Responsibilities**

Under the Charities Act 2011, the trustees are required to prepare a statement of account for each accounting year.

They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to ensure that such accounts and records comply with the Charities Act 2011.

They also have a responsibility to safeguard the assets of the charity and to take reasonable steps to detect fraud or other irregularities and to provide reasonable assurances that:

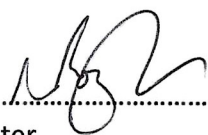
1. The charity is operating efficiently and effectively
2. Its assets are safeguarded against unauthorised use or disposition
3. Financial information used within the charity or for publication is reliable
4. The charity complies with relevant laws and regulations

**Independents Examiners Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord, with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:.....

Russell Poynter  
483 Lower Rainham Road  
Rainham, KENT  
ME8 7TN

Date: 21 - Feb - 2026.....

**FRIENDS OF HELPER**  
**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

**Notes to the Financial Statements**

**Receipts Analysis**

	Unrestricted Funds £	Designated Funds £	Total 2024/25 £	Total 2023/24 £
<b>Helper*</b>				
Students education	19729	-	19,729	16,480
Salaries inc Pensions	10031	-	10,031	11,746
Family Support/Medical	14891	-	14,891	7,267
Rent & Utilities	4947	-	4,947	3,511
Legal Support/Tax	161	-	161	78
Miscellaneous	641	-	641	1,088
	<b>50,400</b>	<b>0</b>	<b>50,400</b>	<b>40,170</b>

\*Please note:

- Helper reports spend in TZS which is converted into GBP
- Not all funds used at helper come from Friends of helper
- Not all funds are spent immediately so the spread is based on % of actual spend

**FRIENDS OF HELPER****FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

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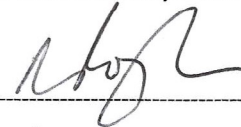
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Date: .....*21 - Feb - 2026*.....

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**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2025**

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**FRIENDS OF HELPER**

England & Wales - Charity number 1129727

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# Accounts

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**Friends of helper**

Reg charity 1129727

# Annual Report

## 2023-2024

**Friends of helper**

St Philip & St James Church

King George Rd

CHATHAM

Kent

ME5 0TZ

## **Review of the year, by the Chair of Trustees.**

I have had the privilege of being the Chair for this financial year and delighted that prayerful and practical support for helper has increased over the last 12 months. At the start of the year we were struggling to have enough finances to pass on to helper month by month, but, thanks be to God, an email appeal brought some immediate response as well as prompting others to rethink their giving levels in the light of inflation.

One of the highlights of the year from the perspective of Friends of helper was a service of celebration in November 2023 at St Philip and St James church where we celebrated the goodness of God in sustaining the work of helper over the previous 14 years. It was a delight to meet up with people from across the region and to see video testimony from some of the pupils, staff and supporters in Kigoma. It was wonderful that Beryl, the first headteacher at Sunshine school was able to be with us as well as Andy. Thank you to everyone who travelled, who brought lunch to share and who continues to pray for the work of helper.

We have had a number of prayer meetings over the past year which have proved helpful times of being updated on the current situation for helper. Thank you to those that manage to attend. Usually, a summary of the update goes out on a WhatsApp group to help people to pray in the coming days and weeks as well. If you want to be added to the group then please make contact.

The other highlight has been the launch of a new website – accessible at <https://www.helpertanzania.org/> which showcases the work that happens in Kigoma. It is a delight to note that a number of donations have been received via the website in recent months. Realistically Andy Blake organised the website in its entirety and it's a testament to an outworking of his life calling to seeing helper thrive and the work of "Defending the weak and fatherless in Kigoma, Tanzania" continue for many years.

My thanks as ever go to fellow trustees, Bridget as treasurer and to Moira and Richard for their dedication to Friends of helper.

Martyn Saunders, Michaelmas 2024.

## Annual Report 2023-2024



Once again it is my privilege and joy to summarise the work of the trust - this time in its 14th Year. It has been exciting and rewarding to see how The Lord has led and sustained us faithfully through another year. Our progress in fulfilling the aims of the helper trust deed is heartening as we continue to support those with their education until they are qualified to take their place in the world. We continue to assist those needing to gain access to medical care or have some form of family support. The next few paragraphs explain this:

‘Starting at the top’ we have seen Avida completing her second year at Sokoine University. She is now on holiday, but acting as a classroom assistant in Sunshine TC. Two more students whose A Level grades have enabled them to join university last year are about to complete their first year at Arusha Institute. The student who stepped back from his Pharmacy studies in Dar es Salaam last year has now completed training in Dar es Salaam as an excavator operator and is now fully licensed and trying to find employment. It is unfortunate that one office in particular is currently frustrating this progress.

The two students who went to Teacher Training College last year, graduated successfully and I am delighted to report, have returned to join staff at Sunshine TC on July 1st as the two temporary teachers have become school cooks. We expect their arrival to strengthen the team. In addition to this Aggie returned and is supporting these new staff together with Elisia and Zawadi.

### VETA (Vocational Training)

We have one studying Food Management and another waiting to join for Vehicle Maintenance. It is good to have this avenue for the less academic students to achieve a qualification that can lead to employment, later.

### Sixth Form

Our 6 A Level Students have all completed Form Six, taken their exams and have their results. They await their offers which are normally issued in October. Their results are good in the main and while we are delighted with their progress, there is also the concern that it will mean a considerable increase in expenses for the trust as they step up to university in all likelihood. During this time, those who did not opt for National Service with JKT are also helping as classroom assistants at Sunshine TC.

Form Five we have none and just one in Form Six, currently.

Form Four we have 13. This is also a joy and concern as if successful, their next step up should be to study ‘A’ Levels or possibly join a college if they don’t make the grades. This may also be a financial challenge as again it will mean some if not all will have to travel and board.

## the helper (msaidizi) trust

Incorporated into RITA of Tanzania Charity No 3899

We have one student in Form 3 and 14 in Form 2 and 9 in Form 1. There are currently 33 students at Sunshine TC and 4 more at government primary schools.

On the medical side

The trust has supported 10 operations carried out at various government and mission hospitals locally, with one going to the national referral hospital in Dar and 2 who of their own volition chose to go to Gitega in Burundi. These latter operations were successful and we have in mind to consider Gitega Hospital again for more serious cases. For the less serious cases such as blood tests, X rays and so on and medicines, there were 3,850.

Family Support:

There are four of these. The first is a widow we have known and supported for some years, another is one of our ex-Sunshine students who is training at a local garage while waiting to attend VETA. He is the family provider hence helper providing family support as he is unable to earn at the moment. Finally there are two Sunshine students we support whose families are in different villages currently.

To finish with a smile, the family of the triplets we supported last year visited the office at the time of writing this report to say thankyou and to show off their three happy babies. They are talking now!

We thank Friends of helper for their contribution to the trust for another year of claiming back Gift Aid and the considerable work they have had put in complying with ever more administrative demands from HMRC (whom we also thank for their generosity) and also for a special service held at St Philip and St James, Walderslade to reinvigorate support.

This report and audited accounts are available on request.



Andy Blake  
Founder Trustee  
The helper (msaidizi) trust  
Box 145  
Kigoma

## Financial Report May 2024

We started the financial year with a total bank balance of £4,868 and the income to Friends of helper for the year has been £52,163. of which £5,643 was Gift aid rebate. We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work.

Total expenditure in Tz this year was £46,986 of which Friends of helper contributed £43,568 which includes bank charges for transfers (less than 0.31% of total costs.) The average monthly costs for helper are now £3,915. Regular monthly giving is at present £2983 a month (including Gift aid). Additionally, Friends of helper received several one off donations from churches and individuals which covered the overspend most months. Following the day conference, we had in November 2023 to update supporters about the work of helper there were several one-off gifts and some increased regular giving which has helped to provide funds for the ongoing work of helper. We are grateful for this and trust that God will continue to bless and prosper the work of helper.



There has been very little change in the costs in the various categories this financial year.

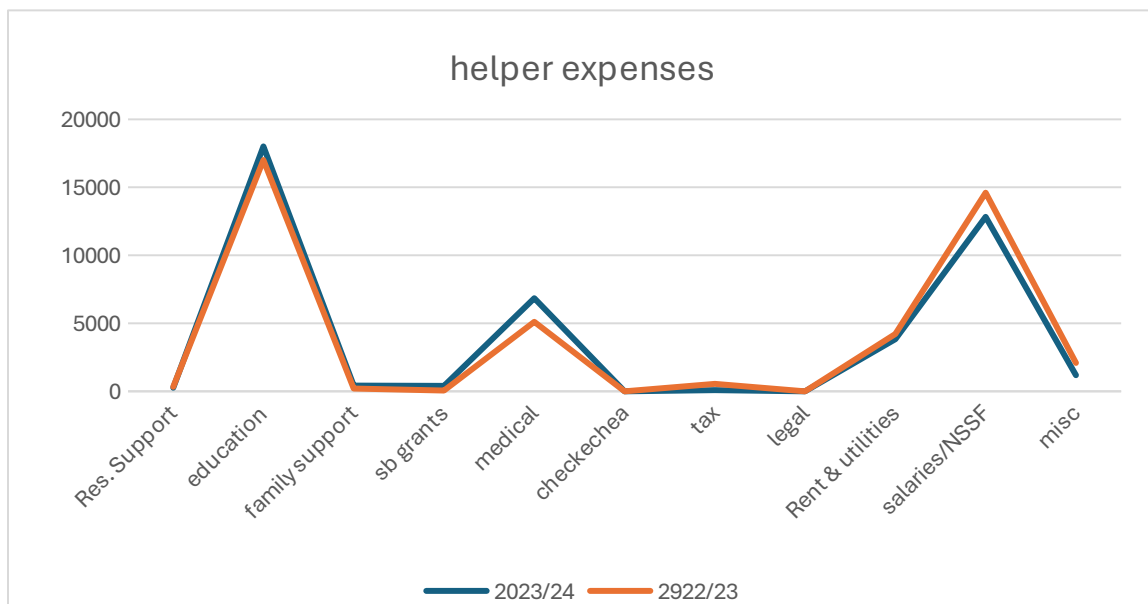
Bridget Nightingale

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Treasurer Friends of helper

**FRIENDS OF HELPER**  
**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024**

	Unrestricted Funds £	Designated Funds £	Total 2023/24 £	Total 2022/23 £
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>Incoming Resources</b>				
<b>Receipts from donors</b>				
Gift Aided Giving	26,885	-	26,885	20,735
Non Gift Aid Giving	19,554	-	19,554	16,763
Gift Aid Repayment from HMRC	5,643	-	5,643	5,704
Bank Interest	81	-	81	13
	<b>52,163</b>	<b>0</b>	<b>52,163</b>	<b>43,215</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	40,170	-	40,170	39,600
Andy Living Expenses	3,263	-	3,263	3,263
Bank Fees	135	-	135	124
	<b>43,568</b>	<b>0</b>	<b>43,568</b>	<b>42,987</b>
Excess of Payments over Receipts	8,595	0	8,595	228
Funds brought forward at 1st May	4,868	0	4,868	4,640
<b>Funds carried forward at 30th April 2024</b>	<b>13,463</b>	<b>0</b>	<b>13,463</b>	<b>4,868</b>

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2024**

<b>Cash Funds</b>	<b>2023/24</b>	<b>2022/23</b>
Bank Community Account	571.92	469.96
Bank Bus Premium 1	9,827.38	1,371.21
Bank Bus Premium 2	3,063.69	3,027.25
	<b>13,462.99</b>	<b>4,868.42</b>
<b>Represented By</b>		
Unrestricted Funds	13,462.99	4,868.42
Designated Funds	0.00	0
	<b>13,462.99</b>	<b>4,868.42</b>
<b>Assets</b>		
Gift Aid from part of tax year due to be claimed	2,643.00	1,430.75
	<b>2,643.00</b>	<b>1,430.75</b>
<b>Liability</b>		
	0.00	0
	<b>0.00</b>	<b>0</b>

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

**Independents Examiners report  
to the trustees of Friends of Helper**

I report to the trustees on my examination of the account of Friends of Helper (the Fund) for the year ending 30th April 2024.

**Trustees' Responsibilities**

Under the Charities Act 2011, the trustees are required to prepare a statement of account for each accounting year.

They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to ensure that such accounts and records comply with the Charities Act 2011.

They also have a responsibility to safeguard the assets of the charity and to take reasonable steps to detect fraud or other irregularities and to provide reasonable assurances that:

- 1.The charity is operating efficiently and effectively
2. Its assets are safeguarded against unauthorised use or disposition
3. Financial information used within the charity or for publication is reliable
4. The charity complies with relevant laws and regulations

**Independents Examiners Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord, with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:.....

Russell Poynter  
483 Lower Rainham Road  
Rainham, KENT  
ME8 7TN

Date: 18/10/2024

## Notes to the Financial Statements

### Receipts Analysis

	Unrestricted Funds £	Designated Funds £	Total 2023/24 £	Total 2022/23 £
a. <b>Helper*</b>				
Students education	16,480	-	16,480	15,247
Salaries	11,746	-	11,746	13,091
Family Support/Medical	7,267	-	7,267	5,114
Rent & Utilities	3,511	-	3,511	3,781
Legal Support/Tax	78	-	78	494
Miscellaneous	1,088	-	1,088	1,873
	<b>40,170</b>	<b>0</b>	<b>40,170</b>	<b>39,600</b>

\*Please note:

- Helper reports spend in TZS which is converted into GBP
- Not all funds used at helper come from Friends of helper

**FRIENDS OF HELPER**

England & Wales - Charity number 1129727

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# Accounts

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**Friends of helper**

Reg charity 1129727

# Annual Report

## 2022-2023

### **Friends of helper**

13 Papion Grove

Chatham

Kent, ME59BS

## Chairperson's report

Friends of helper has now completed its 14th year as a UK charity supporting the work of Andy Blake's charity 'helper' in Kigoma, Tanzania.

The objectives of **helper** are:

'To relieve poverty, protect the health of the poor, assist in the provision of education and encourage greater equality for widows and orphans, & especially disadvantaged people, for example school children in Western Tanzania including support for advocacy and small business loans for women'

We continue to thank God for all He is doing through the work of helper, and for all who pray for and support this ministry. Having set up the charity Friends of helper in 2009 I took over from Peter as Chair of the trustees in 2020. I have struggled with this since Peter's death, and although I am happy to continue with the accounts and gift aid claims I do not feel able to continue as Chair. I am very thankful to Steve Lewis and Moira Allen for their support and thank Steve that is continuing to help me with accounts despite the fact that he is stepping down as a trustee. I am very thankful to Martyn Saunders and Richard Curzon for joining as a trustees, and Martyn for agreeing to be chair of trustees from 1<sup>st</sup> May 2023.

The last year has been another challenging one. We are thankful for the growth and effective work of helper, but this also increases the financial demands. We continue to meet regularly to pray for the work and God's provision..

Many Blessings,

Bridget Nightingale, Chairperson

As incoming chair of Trustees for Friends of helper, I am delighted to find myself in a more clearly supportive role for helper's endeavours in Tanzania. As vicar of St Philip and St James church, Chatham I have come to know helper over many years and yet in getting more involved I am astonished at how much happens on such a small budget.

Do pray with me for greater funding in order to meet the needs and opportunities that exist for seeing God's kingdom values expressed in Kigoma and surrounds.

Many thanks go to Bridget for chairing the trust through turbulent times both personally and globally, and to Steve for his time as a Trustee and continued willingness to be supportive, albeit in a less formal capacity.

Lord let your kingdom come.

Rev Martyn Saunders.

## **the helper (msaidizi) trust**

Incorporated into RITA in 2010 No: 3899

### **Annual Report for Friends of helper 2022- 2023**

We continue to thank The Lord for those He has put alongside us and He has used to do this work. It is a privilege to do this work and see the benefit over time in the lives of those The Lord brings us. We thank BritGov for its very generous policy of making Gift Aid tax reclaimable and for Friends of helper in particular for processing it.

It gives me great pleasure to summarize another year of the work of 'helper', our Tanzanian Trust, incorporated in 2010, and now in its 13th year. We have enjoyed benefitting from The Lord's leading and provision for our work, seeing His goodness touch families as they have gained access to medical care, and their being able to enjoy seeing the children they are responsible for progressing spiritually and academically.

We make it clear that one day they will be able to raise their own families without being in poverty, unlike the broken families they come from, as well as being in a position to help those that helped them as they become frailer. We pray that the name of Jesus will be lifted high and that they will give Him the credit for enabling their achievements. 'helper's aim must always be to grow these children up into Christ, so they move out into the world, carrying His light wherever He takes them in His purposes and not hiding it under a bowl.

This year we are happy to announce we now have a third student who has won a place at university. What makes this success particularly special is that she is the first one to achieve a place at university from those children who started with us at Sunshine the very first year we opened in 2010. She was aged 7. This was when Beryl Ebbs was with us as Headteacher and Elisia, our current headteacher, her Classroom Assistant. Glory to God! We also have 2 students at Teacher Training College and one who withdrew from the Pharmacy College we sent him to. He is about to start training as an operator of hydraulic machinery! We have two at High School studying for their 'A' Levels in the 6th Form and 6 more in 5th Form. helper also continues to support 5 students who are at Secondary Schools in Form 4, which is the 'O' Level exam year. We have 2 in Form 3, 13 in Form 2 and 1 in Form 1. There are also 9 primary school students in government schools whose uniforms and personal kit we help with and our own Sunshine Tuition Centre with 55 children. These are all growing, of course, and their continuing academic success clearly indicates the need for a step-change in support in order that helper can sustainably provide not just for these but also for those The Lord brings to us in coming years.

We also began this year with our newly certificated teacher inaugurating our new chekechea (pre-school). This was under the guidance of Aggie, the Head of Lower School. It worked well until Aggie had to leave to have her baby. This left the chekechea and Standards 1&2 weaker. Until now we are doing our best with a temporary teacher and classroom assistants, which is not ideal. Aggie is unable to return at the moment, but we all hope and pray she will be back with us, soon.

We decided we were not in a strong enough position to have another Chekechea until we have the staff to run it and the children who joined the chekechea are now Class One. Classes 4-7 are running well with Class 7 taking their '1 plus' national exam in September.

Elisia, our headteacher, married last year to a faithful Christian whom we hope will soon be able to get a transfer to Kigoma and come and live and work here. It is a slow process. Wonderfully she has been able to remain in post in the meantime.

Morning staff bible time has been a time of closeness, learning about The God we worship. It has been more of a blessing than any of us expected it would be. We give thanks to God for His work through The Holy Spirit.

The 'Saturday Students' are now a mix of ex-Sunshine students attending Secondary and High School and the others in Further Education together with the government-supported primary and secondary students. Mixing them together has been a great success and hasn't resulted in a diluting of helper values and attitudes which was in the back of our minds as we merged the two groups. Indeed, after a time of studying The Word, wonderfully, 25 of them came to faith in one day and gave their lives to The Lord, with one more, a classroom assistant, who has been struggling with yielding to and receiving Christ, following a short time afterwards. The group dynamic has been as good or better than before the merger. Glory to God.

#### Medical Support

We have sponsored 12 operations, which either have been at the local 'district and regional' hospitals, or at the three mission hospitals we send to. These three hospitals are no more than a day away by bus. We also sent 4 patients to Dar es Salaam who had more serious issues, having been referred to Dar by the regional government hospital, but who lacked the means to travel there or pay for the treatment. There have also been 2,652 less-serious cases which we the helper (msaidizi) trust Incorporated into RITA in 2010 No: 3899 have sent to local clinics or chemists. This has kept Edisa busy as she runs the office with help from Elisia. And although not strictly a medical issue, we have also helped 3 infants this year whose mothers died in or shortly after childbirth, by paying for the particularly expensive Lactogen Milk. However, one of our Kent supporters wonderfully volunteered to pay for this, bless God. For any who would appreciate it, helper's externally audited accounts (in Tanzanian Shillings) are available on request.

Andy Blake, Founder Trustee



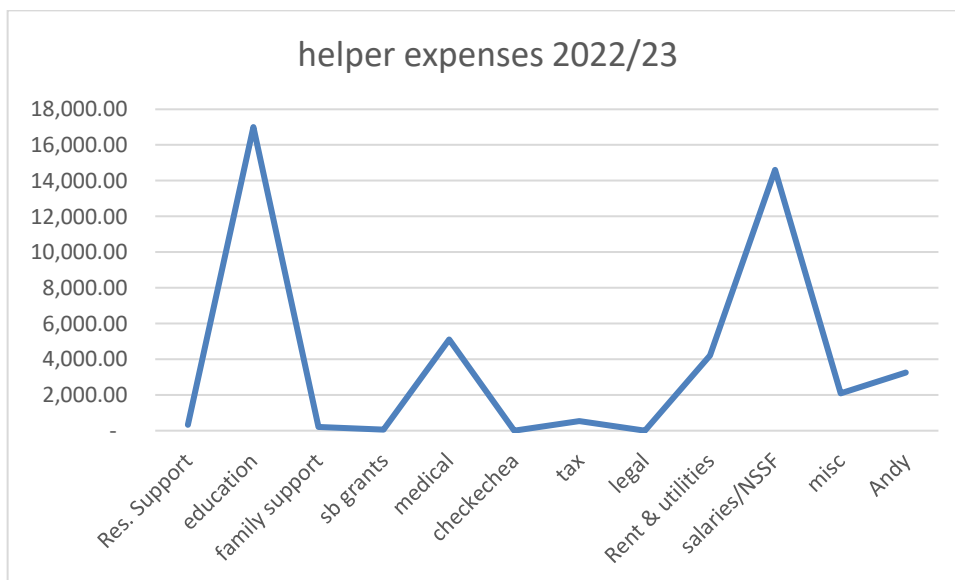
Andy Blake  
Founder Trustee the helper  
(msaidizi) trust

POBox 145, Kigoma Tanzania +255 623 857677 [cptandyblake@yahoo.com](mailto:cptandyblake@yahoo.com)

## Financial Report

We started the financial year with a total bank balance of £4,640.03 and the income to Friends of helper for the year has been £43,215 of which £5,704 was Gift aid rebate. We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work.

Total expenditure in Tz this year was £47,158 of which Friends of helper contributed £42,987 which includes bank charges for transfers (less than 0.29% of total costs.) The average monthly costs for helper are now £3,929. Regular monthly giving is at present £2509 a month (including Gift aid). Additionally, Friends of helper received some on off donations from churches and individuals which covered the overspend most months. The trustees have begun a process to strengthen the support base to enable the vision of helper to continue to be a reality.



In this financial year Education costs have increased by £4,600. Salaries/ NSSF costs have increased by £2,000. Medical costs have decreased by approx. £600, and miscellaneous by approx. £1000. The increase in total expenditure for the year is £5,071.

Bridget Nightingale

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2023**

	Unrestricted Funds £	Designated Funds £	Total 2022/23 £	Total 2021/22 £
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>Incoming Resources</b>				
<b>Receipts from donors</b>				
Gift Aided Giving	20,735.00	-	20,735.00	18,708.00
Non Gift Aid Giving	16,762.79	-	16,762.79	13,862.00
Gift Aid Repayment from HMRC	5,704.00	-	5,704.00	4,089.75
Bank Interest	13.39	-	13.39	0.63
	<b>43,215.18</b>	<b>0.00</b>	<b>43,215.18</b>	<b>36,660.38</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	39,600.00	-	39,600.00	35,700.00
Andy Living Expenses	3,263.04	-	3,263.04	3,263.04
Bank Fees	123.75	-	123.75	168.75
	<b>42,986.79</b>	<b>0.00</b>	<b>42,986.79</b>	<b>39,131.79</b>
Excess of Payments over Receipts	228.39	0	228.39	-2,471.41
Funds brought forward at 1st May	4,640.03	0	4,640.03	7,111.44
<b>Funds carried forward at 30th April 2023</b>	<b>4,868.42</b>	<b>0.00</b>	<b>4,868.42</b>	<b>4,640.03</b>

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2023**

<b>Cash Funds</b>	<b>2022/23</b>	<b>2021/22</b>
Bank Community Account	469.96	471.75
Bank Bus Premium 1	1,371.21	1,147.62
Bank Bus Premium 2	3,027.25	3,020.66
	<b>4,868.42</b>	<b>4,640.03</b>
<b>Represented By</b>		
Unrestricted Funds	4,868.42	4,640.03
Designated Funds	0.00	0.00
	<b>4,868.42</b>	<b>4,640.03</b>
<b>Assets</b>		
Gift Aid from part of tax year due to be claimed	1,430.75	2,168.50
	<b>1,430.75</b>	<b>2,168.50</b>
<b>Liability</b>		
	0.00	0.00
	<b>0.00</b>	<b>0.00</b>

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

**Independents Examiners report  
to the trustees of Friends of Helper**

I report to the trustees on my examination of the account of Friends of Helper (the Fund) for the year ending 30th April 2023.

**Trustees' Responsibilities**

Under the Charities Act 2011, the trustees are required to prepare a statement of account for each accounting year.

They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to ensure that such accounts and records comply with the Charities Act 2011.

They also have a responsibility to safeguard the assets of the charity and to take reasonable steps to detect fraud or other irregularities and to provide reasonable assurances that:

- 1.The charity is operating efficiently and effectively
2. Its assets are safeguarded against unauthorised use or disposition
3. Financial information used within the charity or for publication is reliable
4. The charity complies with relevant laws and regulations

**Independents Examiners Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord, with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:.....

Russell Poynter  
483 Lower Rainham Road  
Rainham, KENT  
ME8 7TN

Date: 19/08/2023

**Notes to the Financial Statements**  
**Receipts Analysis**

	Unrestricted Funds £	Designated Funds £	Total 2022/23 £	Total 2021/22 £
<b>Helper*</b>				
Students education	15,247	-	15,247	11,873
Salaries	13,091	-	13,091	11,861
Family Support/Medical	5,114	-	5,114	6,197
Rent & Utilities	3,781	-	3,781	4,194
Legal Support/Tax	494	-	494	444
Checkechea Nursery School		-	0	99
Miscellaneous	1,873	-	1,873	1,032
	<b>39,600</b>	<b>0</b>	<b>39,600</b>	<b>35,700</b>

\*Please note:

- Helper reports spend in TZS which is converted into GBP
- Not all funds used at helper come from Friends of helper

**FRIENDS OF HELPER**

England & Wales - Charity number 1129727

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# Accounts

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**Friends of helper**

Reg charity 1129727

# Annual Report

## 2021-2022

**Friends of helper**

13 Papion Grove

Chatham

Kent, ME59BS

## Chairperson's report

Friends of helper has now completed its 13th year as a UK charity supporting the work of Andy Blake's charity 'helper' in Kigoma, Tanzania.

The objectives of **helper** are:

'To relieve poverty, protect the health of the poor, assist in the provision of education and encourage greater equality for widows and orphans, & especially disadvantaged people, for example school children in Western Tanzania including support for advocacy and small business loans for women'

We continue to thank God for all He is doing through the work of helper, and for all who pray for and support this ministry. This year has been one of the most difficult to meet the monthly expenses incurred by helper's growing ministry, but we are very grateful for all the support during these testing times. It has been good that during Andy's time in UK he has been able to visit several supporting churches and individual supporters, as well as keeping in daily contact with the helper team in Kigoma.

Friends of helper continues to meet to pray for the work, and administer the charity, We are always looking for new trustees who may have time and skills to publicise the work of helper so that the work can continue as God leads.

..

Many Blessings,

Bridget Nightingale

Chairperson

## **the helper (msaidizi) trust**

Incorporated into RITA in 2010 No: 3899

### **Annual Report for Friends of helper 2021- 2022**

Greetings in Jesus' name.

Despite being made atypical with the changing COVID situation, we are grateful to The Lord that we have had a very successful year. Having been flown out of Tz into a UK lockdown on the BritGov repatriation flight in 2020, the Resident Permit that had been renewed that September was largely wasted while Andy was in UK but equally unfortunately unable to visit friends and churches. On re-arrival in Tz there were only 5 months remaining on the Res Permit and so as February arrived, a decision was made to fly back to UK to obtain the booster vaccination and update the Covid Travel Pass. The staff are to be commended for doing so well under the circumstances.

Fortuitously, with the advent and regular use of WhatsApp, meetings were held and general office back and forth communication proved to be surprisingly effective. The pre-Covid plan of Andy being in Kigoma for 6 months and in the UK for 6 months, preparing helper to be independent and begin the process of handing over was unexpectedly accelerated by Covid issues.

Even so, praise God, prayer and our kind supporters and Foh's attention to details in the reclaiming of tax, financial support proved to be enough to continue and though a struggle and concern at times in Kigoma and more so for Friends of helper, God's provision of

Tz/- 118,337,747.62 enabled us to continue in faith. The 7 students we had at private Sec School doing their 'O' Levels all passed. One is away studying Teacher Training, One is waiting to start Community Development and continues as a classroom assistant in the meantime. The other 5 are standing by to begin at their High Schools to study A Levels in June. A longer holiday commenced due to the country's preparations for the Census. This delayed and sometimes led to cancellations of other exams and universities/colleges starting times. This was an unexpected blessing to Sunshine as we gained classroom assistants for longer than expected! So helper was able to release the house we rented for them in their 'O' Level year (to avoid the boarding expenses) and the house-mother who was part-time school cook as well, joined helper full-time as cook. We were also joined by an ex-Secondary student, who had failed her O Levels some years earlier and had been unable to find work. She is delighted to be second cook. helper house-help was unchanged.

A decision was made to take on a new Class 1 at Sunshine and also a Chekechea (Pre-school class). Teachers had been observing the pre-school we had been supporting was not delivering much in the way of preparation for our Standard One intake and so with our previous school cook returning from Tabora Teacher Training College we planned to start our own Chekechea with oversight from the Class One teacher and the headteacher. There are 55 students in all. We also continue to help 13+ primary and secondary government students.

Our 10 ex-Sunshine students away at boarding school on their run-up to 'O' Levels progressed from Form One to Form Two and the girls together with one boy who had a health issue were transferred back into Kigoma town to stay with their families, the remaining four boys choosing to continue where they were.

Unfortunately there was a long delay in the application for our student to study for a Diploma in Pharmacy, again partly due to government plans being in a state of flux and partly through a local issue and so we gained a night guard so he could earn some money. The student we sent to Mwanza joined the 6th Form. One of our students was sent to a High School in Mtwara Region, 3 days away.

This was initially a cause for concern, but seems to be working out well - the other began Form 5 in Kigoma.

One of our Sunshine Staff left us and our head became engaged. The land we bought to build our HQ and school is still among several pieces of land being held back from development by the Municipal Council. It has been missed out of the citizen-driven beaconing arrangement that was intended to make the borders more accurate. We know the boundaries having been surveyed about ten years ago by the council which we agreed with at the time, but this was altered. We hired an out-of-town surveyor. His readings matched ours. So, now, despite paying for this extra survey fee we are one of several plot owners to be missed out of this current process. To further complicate our situation, the level of Lake Tanganyika rose unexpectedly and has spilled into the surrounding area. Our land is also affected by this, at one time being about 50% underwater, although most of this has receded.

We have continued supporting local poor people with minor ailments to get what they need and for more serious cases to get operations in town at the District or Regional Hospitals. We also sent patients to 'local' mission hospitals for various operations. Viz: 5 to Muhimbili in Dar, 1 to Bugando, in Mwanza, 18 to Matyazo Mission Hospital, 3 to Heri Mission Hospital, 1 to Kabanga Mission Hospital and 1 to Kasaka Mental Health Centre.

Our security has been an issue with many break-ins on the second compound by thieves cutting through the chain link fence. When this has been repaired, later it has been cut open again numerous times. It was decided to use some of the rent money on beefing up security in the corner but that had not helped as much as we had hoped for. Further, two project proposals to our landlord to request the repair of the results of long-term neglect and exterior decoration were applied for and were not funded. Further works on plumbing were carried out, again using rent money, which has meant buckets of water no longer need to be carried from one compound to the other. We hope this neglect will one day gain a budget-line at our landlord's office.

We continue to thank The Lord for those He has put alongside us and He has used to do this work. It is a privilege to do this work and see the benefit over time in the lives of those The Lord brings us. We thank BritGov for its very generous policy of making Gift Aid tax reclaimable and for Friends of helper in particular for processing it. Glory to God.



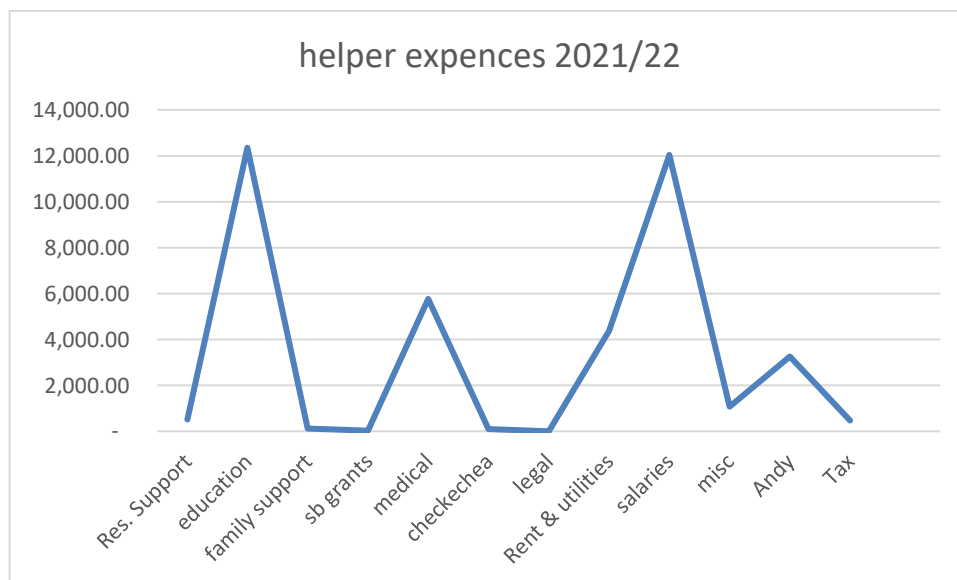
Andy Blake  
Founder Trustee the helper  
(msaidizi) trust

POBox 145, Kigoma Tanzania +255 623 857677 [cptandyblake@yahoo.com](mailto:cptandyblake@yahoo.com)

## Financial Report

We started the financial year with a total bank balance of £7,111.44 and the income to Friends of helper for the year has been £36,660.38. of which £4,089.75 was Gift aid rebate. We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work.

Expenditure this year was £39,131.79 which includes bank charges for transfers. The average monthly costs for helper are now £3,344. Regular monthly giving is at present £2,509 a month (including Gift aid). This leaves a shortfall of about £835 a month. This is historically offset by one off gifts, for which we give thanks.



Tax to Tanzanian authorities continues to be paid on income and staff salaries from October 2019, but this may be exempt in future.

Bridget Nightingale

**Friends of Helper**

**Financial Statement**

**For the Year Ended 30<sup>th</sup> April 2022**

**Friends of Helper  
Financial Statement  
For the Year Ended 30<sup>th</sup> April 2022**

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Page 2	<b>Financial Statement</b>
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**Friends of Helper  
Financial Statement  
For the Year Ended 30<sup>th</sup> April 2022**

**Constitution and Aims**

The trust was established by deed on 8<sup>th</sup> May 2009 with the following aims :

- 1 To advance education, relieve poverty and preserve and protect the good health of disadvantaged people in Western Tanzania in particular but not exclusively school children and women.
- 2 To relieve unemployment in Western Tanzania for the benefit of the public in such ways as deemed fit by the trustees.

**Trustees**

Bridget Nightingale  
Moirra Allen  
Steve Lewis

**Address for Correspondence**

13 Papion Grove  
Chatham  
Kent  
ME5 9BS

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022**

	Unrestricted Funds £	Designated Funds £	Total 2021/22 £	Total 2020/21 £
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>Incoming Resources</b>				
<b>Receipts from donors</b>				
Gift Aided Giving	18,708.00		18,708.00	19,028.00
Non Gift Aid Giving	13,862.00	-	13,862.00	13,664.00
Gift Aid Repayment from HMRC	4,089.75	-	4,089.75	3,962.50
Bank Interest	0.63	-	0.63	4.27
	<b>36,660.38</b>	<b>0.00</b>	<b>36,660.38</b>	<b>36,658.77</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	35,700.00	-	35,700.00	36,000.00
Andy Living Expenses	3,263.04	-	3,263.04	3,263.04
Bank Fees	168.75	-	168.75	131.25
	<b>39,131.79</b>	<b>0.00</b>	<b>39,131.79</b>	<b>39,394.29</b>
Excess of Payments over Receipts	-2,471.41	0	-2,471.41	-2,735.52
Funds brought forward at 1st May	7,111.44	0	7,111.44	9,846.96
<b>Funds carried forward at 30th April 2020</b>	<b>4,640.03</b>	<b>0.00</b>	<b>4,640.03</b>	<b>7,111.44</b>


**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022**

<b>Cash Funds</b>	<b>2021/22</b>	<b>2020/21</b>
Bank Community Account	471.75	1,531.54
Bank Bus Premium 1	1,147.62	2,559.56
Bank Bus Premium 2	3,020.66	3,020.34
	<b>4,640.03</b>	<b>7,111.44</b>
<b>Represented By</b>		
Unrestricted Funds	4,640.03	7,111.44
Designated Funds	0.00	0.00
	<b>4,640.03</b>	<b>7,111.44</b>
<b>Assets</b>		
Gift Aid from part of tax year due to be claimed	2,168.50	734.40
	<b>2,168.50</b>	<b>734.40</b>
<b>Liability</b>		
	0.00	0.00
	<b>0.00</b>	<b>0.00</b>

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

**APPROVAL**

The accounts were approved by the trustees and signed on their behalf on 10 January 2023 by

  
 \_\_\_\_\_  
 Russell Poynter

The attached notes form part of these financial statements.

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022**

**Notes to the Financial Statements**

**Receipts Analysis**

	Unrestricted Funds £	Designated Funds £	Total 2021/22 £	Total 2020/21 £
<b>a. Helper*</b>				
Students education	11,873	-	11,873	12865
Salaries	11,861	-	11,861	13663
Family Support/Medical	6,197	-	6,197	4205
Rent & Utilities	4,194	-	4,194	3343
Legal Support	444	-	444	627
Checkechea Nursery School	99	-	99	160
Miscellaneous	1,032	-	1,032	1139
	<b>35,700</b>	<b>0</b>	<b>35,700</b>	<b>36,000</b>

\*Please note Helper reports spend in TZS which is converted into GBP

**Independents Examiners report  
to the trustees of Friends of Helper**

I report to the trustees on my examination of the account of Friends of Helper (the Fund) for the year ending 30th April 2020.

**Trustees' Responsibilities**

Under the Charities Act 2011, the trustees are required to prepare a statement of account for each accounting year.

They are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to ensure that such accounts and records comply with the Charities Act 2011.

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2. Its assets are safeguarded against unauthorised use or disposition
3. Financial information used within the charity or for publication is reliable
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**Independents Examiners Statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:.....  
Russell Poynter  
483 Lower Rainham Road  
Rainham, KENT  
ME8 7TN

Date: ..... 10-JAN-2023 .....

**Friends of Helper**

**Financial Statement**

**For the Year Ended 30<sup>th</sup> April 2022**

**Friends of Helper  
Financial Statement  
For the Year Ended 30<sup>th</sup> April 2022**

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Page 2	<b>Financial Statement</b>
Page 5	<b>Independent Examiner's Report</b>

**Friends of Helper  
Financial Statement  
For the Year Ended 30<sup>th</sup> April 2022**

**Constitution and Aims**

The trust was established by deed on 8<sup>th</sup> May 2009 with the following aims :

- 1 To advance education, relieve poverty and preserve and protect the good health of disadvantaged people in Western Tanzania in particular but not exclusively school children and women.
- 2 To relieve unemployment in Western Tanzania for the benefit of the public in such ways as deemed fit by the trustees.

**Trustees**

Bridget Nightingale  
Moirra Allen  
Steve Lewis

**Address for Correspondence**

13 Papion Grove  
Chatham  
Kent  
ME5 9BS

**FRIENDS OF HELPER**  
**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022**

	Unrestricted Funds £	Designated Funds £	Total 2021/22 £	Total 2020/21 £
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>Incoming Resources</b>				
<b>Receipts from donors</b>				
Gift Aided Giving	18,708.00		18,708.00	19,028.00
Non Gift Aid Giving	13,862.00	-	13,862.00	13,664.00
Gift Aid Repayment from HMRC	4,089.75	-	4,089.75	3,962.50
Bank Interest	0.63	-	0.63	4.27
	<b>36,660.38</b>	<b>0.00</b>	<b>36,660.38</b>	<b>36,658.77</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	35,700.00	-	35,700.00	36,000.00
Andy Living Expenses	3,263.04	-	3,263.04	3,263.04
Bank Fees	168.75	-	168.75	131.25
	<b>39,131.79</b>	<b>0.00</b>	<b>39,131.79</b>	<b>39,394.29</b>
Excess of Payments over Receipts	-2,471.41	0	-2,471.41	-2,735.52
Funds brought forward at 1st May	7,111.44	0	7,111.44	9,846.96
<b>Funds carried forward at 30th April 2020</b>	<b>4,640.03</b>	<b>0.00</b>	<b>4,640.03</b>	<b>7,111.44</b>


**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2022**

<b>Cash Funds</b>	<b>2021/22</b>	<b>2020/21</b>
Bank Community Account	471.75	1,531.54
Bank Bus Premium 1	1,147.62	2,559.56
Bank Bus Premium 2	3,020.66	3,020.34
	<b>4,640.03</b>	<b>7,111.44</b>
<b>Represented By</b>		
Unrestricted Funds	4,640.03	7,111.44
Designated Funds	0.00	0.00
	<b>4,640.03</b>	<b>7,111.44</b>
<b>Assets</b>		
Gift Aid from part of tax year due to be claimed	2,168.50	734.40
	<b>2,168.50</b>	<b>734.40</b>
<b>Liability</b>		
	0.00	0.00
	<b>0.00</b>	<b>0.00</b>

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

**APPROVAL**

The accounts were approved by the trustees and signed on their behalf on 10 January 2023 by

  
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 Russell Poynter

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Checkechea Nursery School	99	-	99	160
Miscellaneous	1,032	-	1,032	1139
	<b>35,700</b>	<b>0</b>	<b>35,700</b>	<b>36,000</b>

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**Independents Examiners Statement**

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Signed:.....  
Russell Poynter  
483 Lower Rainham Road  
Rainham, KENT  
ME8 7TN

Date: ..... 10-JAN-2023 .....

**FRIENDS OF HELPER**

England & Wales - Charity number 1129727

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# Accounts

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**Friends of helper**

Reg charity 1129727

# Annual Report

## 2020-2021

### **Friends of helper**

13 Papion Grove

Chatham

Kent, ME59BS

## Chairperson's report

Friends of helper has now completed its twelfth year as a UK charity supporting the work of Andy Blake's charity 'helper' in Kigoma, Tanzania.

The objectives of **helper** are:

'To relieve poverty, protect the health of the poor, assist in the provision of education and encourage greater equality for widows and orphans, & especially disadvantaged people, for example school children in Western Tanzania including support for advocacy and small business loans for women'

We have been very thankful for being able to communicate via Zoom, WhatsApp, and e mail during these unprecedented times. It has been so good to remain in touch with what is going on in Kigoma, as Andy has been in daily contact with the team while he has been based in uk.

We continue to thank God for all he is doing through the work of helper, and for all who pray for and support this ministry.

..

Many Blessings,

Bridget Nightingale

Chairperson

## **Andy's report from helper, Tanzania.**

To the Trustees of the Friends of helper trust:

Greetings in Jesus' name.

I give thanks to The Lord and to you for the love and consideration you have shown again for this our 11th year.

How did helper use the money?

The student possibly needing a university loan didn't need one in the end, so our commitment to her covered general items and was therefore lower than it might have been. This year we have one student in Mwanza continuing her A Levels (Avida) and another two starting theirs. Geoff in Kigoma and Ishimwe, our last student in Nkuharananga Sec to High School near the Mozambique border. These are both government places and again should mean general expenses, only.

Our ex-student-ex cook, Pili has now completed her Early Years Education Certificate at Teacher Training College in Tabora and will rejoin Sunshine, this time running the preschool under Aggie who has covered Sunshine TC Year One twice, now. We are all looking forward to improving the standard of entry into Sunshine through this change.

St James

Stay together in a house we rented (to avoid boarding fees) and are going well, driven (too) hard by the school and should do well at O Levels which begin in October, we think, but the Ministry of Education has still not released the date.

This is both a joy and a concern as their success will no doubt bring with it further pressure on our finances.

Munanila Sec

Our Form One students are doing well. The school insisted on boarding boys, so the five boys are there now and three girls are boarded with a local family. They are doing well. Ben waits to hear if helper can sponsor him through Pharmacy. I would like to commit to 1 Year Certificate with an option for a further year for Diploma if he shows he is serious in his studies.

Two staff have left to get married this year and we have increased the employed hours of the St James house mother to cover 50% of the cook position. Elisia who was using one day of her week to be in the office and not as Head Teacher, will revert to full time at Sunshine while I return to take her position in the office helping Edisa.

We are still helping a small number of families day-to-day and of course the hospital support for transport and living expenses in Matyazo and Heri Hospitals (and also the government clinics and hospitals in Kigoma) and of course for the 2 day train journey to Dar es Salaam to Muhimbili General for issues not able to be covered by the above.

These have included a mastectomy, large cyst removal, hysterectomies and so on. The First Wave of Covid affected follow-up surgery of two of our patients, as we were advised to keep the patients back in their villages until it was deemed safe to be at Muhimbili/Moi. This took some time as the government did not have a testing programme during this time and getting reliable information was not easy and very sadly we lost a little boy of 3 years who was waiting for heart surgery as a result.

#### Land

This remains an issue and is something we hope to focus on as a priority as it is continuing to stall our plans for constructing buildings for the school and H.Q. We have no capital project for this as yet.

Obviously of note was that Andy, the Founder Trustee, took the Brit Gov repatriation flight out of Tanzania and back to England, but we bless God that the helper trustees and staff have done a sterling job and all is running well at the time of writing this report. He hopes to return in September.

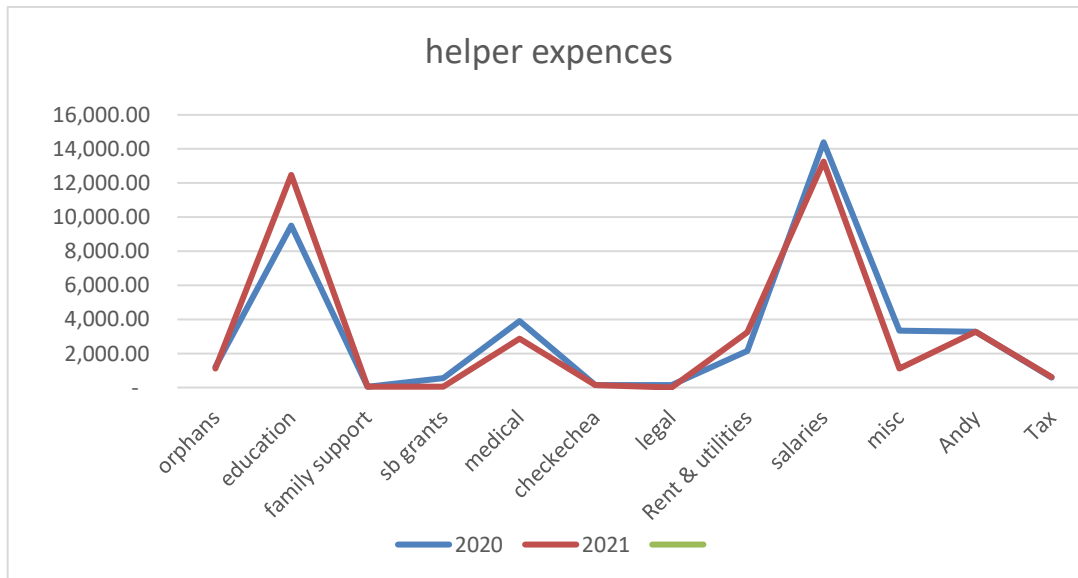
So again, our thanks to all at Friends of helper for their work. We look forward to a successful continuation of what we do. I hope to be able to say in the next letter that we have what will be our 4th student who has made it to university and hopefully more good news beside.

Andy Blake. Founder/Trustee helper.

## Financial Report

We started the financial year with a total bank balance of £9,846.96 and the income to Friends of helper for the year has been £36,658. of which £3,962. was Gift aid rebate. We are very grateful for the generosity of supporting churches and individuals. We thank God for all who pray and give to this work.

Expenditure this year was £39,394 which includes bank charges for transfers. The average monthly costs for helper are now £3,283. Regular monthly giving is at present £2,429 a month (including Gift aid). This leaves a shortfall of about £854 a month. This is offset by one off gifts.



Tax to Tanzanian authorities continues to be paid on income and staff salaries from October 2019, but this may be exempt in future.

Bridget Nightingale

**FRIENDS OF HELPER**  
**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2021**

	Unrestricted Funds £	Designated Funds £	Total 2020/21 £	Total 2019/20 £
<b>RECEIPTS AND PAYMENTS ACCOUNT</b>				
<b>Incoming Resources</b>				
<b>Receipts from donors</b>				
Gift Aided Giving	19,028.00		19,028.00	18,298.00
Non Gift Aid Giving	13,664.00	-	13,664.00	14,052.70
Gift Aid Repayment from HMRC	3,962.50	-	3,962.50	5,596.45
Bank Interest	4.27	-	4.27	10.78
	<b>36,658.77</b>	<b>0.00</b>	<b>36,658.77</b>	<b>37,957.93</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	36,000.00	-	36,000.00	31,000.00
Andy Living Expenses	3,263.04	-	3,263.04	3,263.04
Bank Fees	131.25	-	131.25	131.29
	<b>39,394.29</b>	<b>0.00</b>	<b>39,394.29</b>	<b>34,394.33</b>
Excess of Payments over Receipts	-2,735.52	0	-2,735.52	3,563.60
Funds brought forward at 1st May	9,846.96	0	9,846.96	6,283.36
<b>Funds carried forward at 30th April 2020</b>	<b>7,111.44</b>	<b>0.00</b>	<b>7,111.44</b>	<b>9,846.96</b>

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2021**

	<b>2020/21</b>	<b>2019/20</b>
<b>Cash Funds</b>		
Bank Community Account	1,531.54	415.83
Bank Bus Premium 1	2,559.56	6,412.18
Bank Bus Premium 2	3,020.34	3,018.95
	<b>7,111.44</b>	<b>9,846.96</b>
<b>Represented By</b>		
Unrestricted Funds	7,111.44	6,283.36
Designated Funds	0.00	0.00
	<b>7,111.44</b>	<b>6,283.36</b>
<b>Assets</b>		
Gift Aid from part of tax year due to be claimed	734.40	1,624.71
	<b>734.40</b>	<b>1,624.71</b>
<b>Liability</b>		
	0.00	0.00
	<b>0.00</b>	<b>0.00</b>

Except where indicated from the statement of receipts and payments or above, all the assets and liabilities are in respect of the charity's unrestricted funds

**APPROVAL**

The accounts were approved by the trustees and signed on their behalf on 25 January 2021 by

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Russell Poynter

The attached notes form part of these financial statements.

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Russell Poynter  
483 Lower Rainham Road  
Rainham, KENT  
ME8 7TN

Date: .....

**FRIENDS OF HELPER  
FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2021**

**Notes to the Financial Statements**

**Receipts Analysis**

	Unrestricted Funds £	Designated Funds £	Total 2020/21 £	Total 2019/20 £
<b>a. Helper*</b>				
Students education	12,865	-	12,865	8456
Salaries	13,663	-	13,663	12804
Family Support/Medical	4,205	-	4,205	3501
Rent & Utilities	3,343	-	3,343	1909
Orphanage Costs	0	-	0	1086
Legal Support	627	-	627	127
Checkechea Nursery School	160	-	160	140
Miscellaneous	1,139	-	1,139	2977
	<b>36,000</b>	<b>0</b>	<b>36,000</b>	<b>31,000</b>

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**FRIENDS OF HELPER**  
**FINANCIAL STATEMENT FOR THE YEAR ENDED 30 APRIL 2021**

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Bank Interest	4.27	-	4.27	10.78
	<b>36,658.77</b>	<b>0.00</b>	<b>36,658.77</b>	<b>37,957.93</b>
<b>Resources Used</b>				
<b>Charitable Activities</b>				
Helper (Note a)	36,000.00	-	36,000.00	31,000.00
Andy Living Expenses	3,263.04	-	3,263.04	3,263.04
Bank Fees	131.25	-	131.25	131.29
	<b>39,394.29</b>	<b>0.00</b>	<b>39,394.29</b>	<b>34,394.33</b>
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Unrestricted Funds	7,111.44	6,283.36
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Gift Aid from part of tax year due to be claimed	734.40	1,624.71
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