BACUP FAMILY CENTRE

England & Wales · Charity number 1129644

Details

Status	Registered
Legal form	Charitable company
Company number	06852162
Registered	2009-05-15
Register	View on the Charity Commission register

Contact

Address	ABD Centre Top Floor Burnley Road Bacup Lancashire OL13 8AB
Phone	01706870683
Email	enquiries@bacupfamilycentre.co.uk
Website	www.bacupfamilycentre.co.uk

Activities

Objects: TO FURTHER OR BENEFIT THE RESIDENTS OF ROSSENDALE WITHOUT DISTINCTION OF SEX, SEXUAL ORIENTATION, RACE OR OF POLITICAL, RELIGIOUS, OR OTHER OPTIONS, BY ASSOCIATING TOGETHER THE SAID RESIDENTS AND LOCAL AUTHORITIES, VOLUNTARY AND OTHER ORGANISATIONS IN A COMMON EFFORT TO ADVANCE SOCIAL WELFARE AND TO PROVIDE FACILITIES FOR RECREATION LEISURE TIME OCCUPATION WITH THE OBJECTIVE OF BEING A PRACTICAL EXPRESSION OF THE CHRISTIAN FAITH BY IMPROVING THE CONDITIONS OF LIFE FOR THE RESIDENTS.

Activities: Work with children, families and individuals, enabling people to bring lasting sustainable, positive change to their lives.To strengthen family relationships and help families to overcome their difficulties thus enabling children and young people to have loving and secure futures. Help people to gain a sense of self worth and respect, to care for themselves, family and their community.

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Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Prevention Or Relief Of Poverty, Economic/community Development/employment
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** ROSSENDALE
- Lancashire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£170,472	£193,093	-	-
2024-03-31	£174,299	£160,799	-	-
2023-03-31	£121,693	£156,716	-	-
2022-03-31	£167,025	£126,353	-	-
2021-03-31	£157,602	£92,617	-	-

Trustees

Name	Role	Appointed
Janice Elizabeth Lewer	Chair	2018-04-25
Alison Perry		2016-10-20
Joanne Emberton		2015-07-14
Leila Allen		2025-03-19
Rev Janet O'Neill		2022-02-07

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BACUP FAMILY CENTRE

England & Wales - Charity number 1129644

Accounts

Bacup Family Centre Ltd

Trustees' Annual Report

April 2024 – March 2025

Bacup Family Centre.

Charity Number: 1129644

ABD Community Centre, Top Floor, Burnley Road, Bacup.

OL13 8AB

01706 870683

Enquiries@bacupfamilycentre.co.uk

www.bacupfamilycentre.co.uk

Facebook – 'Bacup Family Centre'

Charity Trustees

1. Janice Lewer – Chair of Trustees
2. Jo Emberton – Treasurer Marketing & Publicity, Treasurer
3. Alison Perry - Secretary
4. Suzanne Craven - Trustee
5. Janet O'Neill - Trustee
6. Leila Allen- Trustee

Trustee recruitment and appointment

Leila Allen has been appointed as a Trustee in March 25 and we are certain she will be welcomed by everyone here at Bacup family centre and be able to support the project in the upcoming years. Leila is like a book of knowledge, and we look forward to having her back on the team!

Trustees continue to play an active, supporting role. Trustees' meetings are held bi-monthly and more frequently when needed. Trustees are responsible for the oversight and implementation of policies and procedures, safeguarding, project development, staffing and volunteers, recruitment, health and safety, funding and finance.

We are still actively recruiting and open to new Trustees.

Objectives and activities
Our Aims:

- Strengthen family relationships, supporting individuals as they develop their ability to care for themselves, their family, and the wider community.
- Help parents/carers understand and meet the needs of the children and young people in their care.
- Help people to overcome their difficulties and make lasting positive change, supporting them for the duration of time they need to make sought after changes.
- Enable service users to develop holistically, in mind, body and soul.

We will do this through:

- Individual support including emotional and practical care to children, young people, families, and individuals.

- Professional and affordable groups and activities for children, young people, and adults, developed in partnership with service users and other agencies.
- Developing, maintaining, and working in partnership with other agencies
- Offering a community focal point where individuals can meet and are encouraged to become actively involved in the decision-making process and service delivery.
- Opportunities that enable personal growth, self-confidence and esteem, respect, and positive self-image.

Intended Outcomes:

To help people turn their lives around, increasing the chances for everybody to have loving and secure futures with a sense of respect and of worth.

Staffing

There has been a lot of big changes over the last 12 months at Bacup Family centre. Leila retired in November 2024 after 34 years of hard work and dedication. Leila was the heart of the centre and had a huge amount of knowledge, we will miss her very much and wish her the best of luck in her retirement! Leila then took some time out and has returned as a weekly volunteer and more recently as a Trustee- Welcome back Leila!
Rachel is now Project Manager and is enjoying her new role and is looking forward to the years ahead for the project and hopefully running it for another 34 years!. Zoe Leyland is now Team Leader, she is doing really well and a great asset to our Team, and we have recruited 2 new Family support workers Stuart and Amelia-Welcome! This has been a huge change for the staffing team but everyone has taken it in their stride and are working well together. Tasha is also a huge part of our Team and we would like to thank you for your hard work and support.

Summary of main activities – ‘Giving a helping hand’

Individual Family Support (IFS)

Our dedicated team of Family Support Workers have made a profound impact on families and individuals facing various challenges. Through tailored support packages, we are fostering lasting change and resilience. We have worked closely with families to identify strengths, rebuild relationships, and create happier, healthier, and more hopeful lives.

Through our various programs and activities, we have continued to provide vital support and assistance tailored to the specific needs of each family. Our dedicated team of staff members and volunteers are committed to ensuring that

every individual receives the care and resources they require to thrive for as long as it is needed.

Through our IFS work this year we have provided support to 65 families / individuals. Comprising of 88 adults and 115 children.

Befriending and Mentoring

A project within the IFS arena that is a hugely valuable service providing child-led face-to-face support for children and young people. The project caters for a wide age range, from 6 to 18 years old, and offers weekly sessions ranging from 1 to 2.5 hours.

Issues covered in these sessions are diverse and essential for the well-being of the children and young people involved. Addressing difficulties at home, understanding self-identity and sexuality, managing struggles in school, self-control, self-harm and challenging behaviours, criminal activity, living with addiction and many more. By focusing on these areas and many more issues experienced, the project aims to mitigate negative impacts and help them develop positive coping mechanisms and experience, reassurance, positive change and relief.

The project also emphasizes highlighting positive aspects and achievements in the children's lives. By nurturing their self-confidence, self-esteem, and self-worth, empowering them to navigate life's challenges more effectively. One of the significant roles of the project is providing advocacy for the children and ensuring their voices are heard.

We have also introduced a new role in Volunteer Befriending and Kathryn has been regularly supporting 2 young people in a local primary school. Kathryns previous role as an NSPCC call handler has lent to this role perfectly and she has already had such a positive impact on these children.

We have worked with 39 children this reporting year through the befriending & mentoring support, an increase of 25% from last year. 10 of these young people also attend youth club and 16 of them had wider family support. This shows the crossover of our services and how our reach continues to widen due to having access through school support and the youth club.

Listening Project

The Listening Project, held within the local high school, mirrors some of the Befriending and Mentoring support, providing consistency and a familiar approach for the young people involved. Young people are referred by school for a minimum of six weekly sessions that builds a commitment to providing ongoing support and

building a strong foundation for positive change and re-engagement with their education.

We have supported 30 young people in the reporting period. The range of issues that we cover include; self-harm, extreme anxiety, behavioural difficulties, drug use, home life, relationships, identity, sexuality, school avoidance, emotional mental health and well-being, and living with disabilities such as ADHD/Autism. If further intense support is required, young people are then open to access Befriending & Mentoring.

After two and a half years this partnership continues to work well, with staff working on site at The Valley Leadership Academy every Friday during term time. We are a consistent presence for both the young people and teaching / pastoral staff and this familiarity means children, young people and families engage well with us and welcome our support.

Baby & Toddler Group

Continues to be well attended running every Monday morning (term-time) Providing a chance for parents/carers to meet and allow their children to learn through structured play, language activities and make new friends. Not only do the children benefit from increased interactions with others they also learn new skills. Parents/carers are confident in seeking support and advice from the staff and volunteers in group. Parents / carers are always very supportive of new attendees and friendships have blossomed.

Over the reporting period we have seen 65 toddlers / babies and 71 parents / carers over 37 sessions.

Monday Drop In

Took place on Monday afternoons until February 2025. We offered an adult only group which was free, attendees came along for a brew, a chat, a game of bingo, quiz and crafts. Unfortunately, due to low numbers and failure to secure a regular volunteer to run this group we sadly made the decision to cancel this group so staff time could be allocated to family support.

We have held 30 sessions between April 2024 and February 2025 with 31 attendees.

In the future if a dedicated volunteer became available and we could identify enough attendees we could look to re-establish this group, or possibly open it in a different format, e.g walking / well being group.

After School Club

We are now 2 years in for after school club and despite lots of staffing and volunteer changes it continues to thrive, at one session we had 19 children the most we have ever had! The aim of the group is to provide a space that is safe, welcoming and socially inclusive where all children can embrace their individuality, have fun and be kids! We play games, offer a variety of crafts and activities and have a snack / light bite together where staff, volunteers and children “check in” with each other providing an opportunity to express what has been good or not so good about their week, any accomplishments or worries. The group is not reliant on technology, leaning towards traditional fun with board games, den building, junk modelling, team games and much more. In the summer we had a picnic and games day in the park which was great fun & we held a Special Person / Mothers Day tea party at the end of March.

Over the reporting period we have seen 29 children within 38 term time weekly sessions. A total of 277 attendances throughout the reporting period.

Solutions Community Child & Youth Project Update

“The Station” - youth hub has been open for almost 2 years (July 2025)

From there we run weekly drop-in youth sessions every Thursday evening with an early session 3.30 – 6.15pm for the younger age group (11 – 14 years / year's 7 – 9) and 6.30 – 9.30pm session for the older age group (14/15 – 18 / year 10 and up)

Navigating the needs of 25 – 30 children in each session does not always go smoothly but we have ploughed through and for all the challenges we have, we also see a lot of positives. Relationships between businesses and the young people have improved, there appears to be less negative comments on social media. Young people enjoy a cake on their birthdays where the whole group sings, this is also extended to volunteers and has become a Station tradition. We have had pool competitions, hot dog and pizza nights, pamper evenings, intense games of Uno, Fifa tournaments, visits from other agencies,

The Station has been supported by regular volunteers, Jayde, Pat, Andrew, Jane & Maggie.

We have seen a total of 121 young people on our registers over reporting period with a regular weekly attendance of between 50 & 60 young people, we have held 72 sessions, not including ad-hoc contacts, through the weekly set sessions we have had total attendances throughout the reporting period.

8 young people who attend the youth club sessions have also benefited from further befriending and mentoring and / or family support.

Empowered

In addition to our regular youth sessions we have re-established our targeted girls group Empowered – this now runs on a Tuesday evening at The Station with 10 – 12 girls attending for blocks of around 20 weeks. In our sessions we will discuss and debate topics with the aim to promote self-esteem and life skills, encourage friendships between peers, enabling mutual support and respect, give young people the chance to meet others in similar situations, discover self-identity and human rights and enable young people to keep themselves safe from harm

Our vision is for girls to be empowered and to lead happy, healthy safe lives, building positive relationships and to know their rights as an individual and to feel part of and contribute to family life and local community.

We have had 20 sessions so far with 19 young ladies attending.

We have introduced guest speakers with Alison from Metis delivering a talk about working rights, Rossendale Hospice came to visit, we have been to the Royal Court Theatre and Bacup Fire Station trying on the equipment and practicing drills and the group is supported by our volunteers Maggie & Lauren.

Community Drop In

After observing how many people pop in to our youth hub “The Station” believing it to still be the neighbour hood police office or just in passing we have introduced a monthly Community Drop In on the first Friday of the month. Rachel and Tasha work on site all day and are available for advice, sign posting to other agencies, reporting of any crimes or issues, filling in forms, applying for jobs / benefits etc. They benefit from the knowledge and experience of our Project Manager and the administrative help. On two occasions the Neighbourhood policing team dropped in.

Over 4 drop ins so far we have assisted or chatted with 30 people.

Ad hoc emergency provision

Such as housing items, food parcels, gas / electricity top ups, baby items. Usually no further support is needed beyond this.

We have supported 12 people (both families & individuals)

Achievements and Performance

Every year we are so grateful for the support from our local community, we are always so proud and touched by the generosity and willingness to support and help us and this has been no different this year.

Securing National Lottery Funding was probably our biggest achievement, having already supported us previously we really had to drive home the importance of our project continuing and how we will navigate the changes and challenges in grant funding. They have only partially funded us and the challenge now is to raise the shortfall but their support is crucial and will be encouraging for other grant makers to see that they continue to believe in the work we do.

Funding as always is still a huge challenge and our biggest threat! Rachel and Tasha are working extremely hard and are always looking for funding to continue the amazing work we offer. I would like to thank Tasha for your support and patience with me whilst we work together around seeking funding! We still have a great number of individual givers and this support is very much appreciated and needed. We have also carried out lots of local fundraising activities including The Carnival, 60's Festival, our Annual Christmas Quiz & Carol night, Pop up Shops, Christmas Fair, Jumble Sale. We are always so heavily supported in these activities plus we love getting involved and enjoying these days with our families, children and young people – even the fancy dress!

We would like to Thank our local churches, schools, businesses and our local GP surgery for their support and kind donations.

Alongside this our community continues to support us in other ways. They respond to our many appeals requesting donations for items for housing, new babies, clothes, toys, home wear and many other things. Our Facebook page has grown, and we are so thankful that people share our posts. We have increased our posting on here with updates, events, groups, sign posting and getting out there what good work we do in our community. We currently have over a thousand followers!!

Much of our existence relies on our amazing team of volunteers. Their dedication and hard work are invaluable, and we do really appreciate their experience and hard work. We would like to say a massive Thankyou to all our volunteers for their care, kindness and commitment over the last 12 months. Again we simply couldn't do what we do without you, many of our groups would not be able to run without regular volunteers and we thank you for your commitment, kindness and dedication.

Our volunteers generously share a wealth of experience, skills, diverse personalities, and invaluable advice, enriching the project and those around them. So, a huge thanks and appreciation to our volunteers Collette, Shirley, Naomi, Michelle, Di, Carol, Dave, Maggie, Kathryn, Stella, Janice, Jo, Suzanne, Alison, Janet, John, Andy, Pat, Jane, Andrew, Matt, Hayley, Leila, Jayde, and Cheryl. Over the reporting period we have logged almost 1200 volunteering hours (an increase of more than 300 hours). This figure is likely conservative as all our

volunteers give so much more behind the scenes and advocate for Bacup Family Centre!

We enjoyed seeing so many of you at our Volunteer Christmas Meal and really enjoyed getting to catch up with you all.

We continue to nurture and improve our partnership working to provide the best outcome for the families, young people and the individuals we support.

We have worked closely with other agencies such as Children's & Adult Social Care, local schools, CVS, Citizens Advice, local policing team, Community Alcohol Partnership, the ABD Centre, Rossendale Borough Council and ward Counsellors, GP's, Health Visitors, Children's Family Wellbeing Services, Inspire and We are with You (Adult and Youth addiction support and advice services), Probation Service, Training Providers, hospitals, paediatricians, housing, the Valley Churches, Bacup Business Association, Bacup Cultural Consortium, Benefit Agency and providers, Job Centre's, Raft Food Bank, Home Start, Local Businesses', Bacup Fellowship of Churches charity shops and Bacup Pride.

We were very humbled and honoured to be nominated for a number of awards. We were awarded Bacup's Best Community Organisation for our work at The Station in Bacup Business Association annual awards evening. We were highly commended in the Rossendale Business Awards in the Community Enterprise category. Whilst we do not do what we do for awards or accolades the nominations from people in our community were reward in themselves – with such kind words highlighting the importance of our work.

We were very grateful to receive the kind donation of a Christmas Party for our families from Bacup Borough Football Club and with sponsorship from Brsk Broadband. This was organised through our volunteer Jane and all the families and children attending had a lovely time, with everyone receiving a gift. Jane is also resident chip lady at the Youth Club, on behalf of the Bacup Business Association - through her business contributes a monthly donation which allows the young people to enjoy hot food in sessions.

We received a record number of donations / gifts to give out over Christmas - our lounge was overflowing! Seeing this the local police loaded their van and visited valley primary schools, together with the teachers they were able to identify families and children to donate a number of gifts to. With their help we reached so many more people and brightened their Christmas!

Training & Development

We have worked to develop a robust training programme for all staff & volunteers alike. Our initial training programme consists of safeguarding, prevent training, Food hygiene & safety, child mental health & challenging behaviour training.

Further training that has been offered to staff / volunteers where appropriate is:

ADHD Awareness, Autism Awareness, Child Sexual Exploitation & Child Criminal Exploitation, County Lines, Diabetes Awareness.

All staff have refreshed their sexual harassment for employees training in line with the new policy legislation.

Staff & volunteers took part in a Drug & Alcohol awareness Training Day down at The Station delivered by Georgia from Be With us.

Staff and volunteers were also able to access further substance training online with Be With Us.

Breathing Space Days – May & November 2024 – Staff take the time out to reflect and unwind in nature and with prayer, take part in team building activities, grab lunch and plan for the future of the project.

During the last year we have continued to provide both practical and emotional support to families and individuals within the following areas;

- Living with addiction i.e., drugs/alcohol detox and rehab and the effects that the addiction has on children, family and self.
- Prisoner families (both when the family member is in prison and back home adjusting to family life)
- Family relationships and new ways of living.
- Support and intervention within incidents of anti-social behaviour within the community/other settings.
- Advice and the provision of activities & groups that have improved physical and mental health and well-being.
- Health and safety within the home.
- Living with hoarding – addressing the root cause and adapting to a new way of living.
- Provided essentials for the home/setting up a home, family living I.e., furniture, clothes, beds/bedding/curtains etc.
- Skills in managing a home, finance, living within and budget and reducing debt.
- Assisted people and attended health/other appointments, providing transport, advocacy, and emotional support.
- Attending Safeguarding and educational reviews and assessments – PIP.
- Securing appropriate housing, working with social and private landlords.
- Provision and delivery of food parcels, gas, electric in times of family/individual crisis.
- Financial support and provision of school uniforms and equipment.
- Provided Christmas and birthday presents.

- Support with issues of separation, bereavement/grief, and loss.
- Support for people experiencing isolation and loneliness.
- Supporting children and young people within family relationship - bonding/attachment issues.
- Supported parents in increased awareness and ability to provide basic needs- food, safety, warmth, sleep, shelter, clothing, care and protection and love.
- Parental awareness and responsibility I.e., guidance and boundaries – reinforcing a sense of family security and of being loved/valued.
- Personal safety – within the home and community.
- Support for those who self-harm and want to end life.
- Support for and increased confidence, self-esteem, and self-image/identity for children, young people, and adults.
- Support for children and young people around gender identity and sexuality.
- Support and parental increased confidence in managing children/young people challenging behaviours.
- Parental and young people support in anger management, verbal and physical aggression & understanding the root causes of their/another's anger.
- Domestic Violence - support and help for victims of abuse and support for those who harm others.
- Abuse – support for victims of abuse in all categories, supporting children, young people and adult victims of childhood abuse.
- Supporting people who are experiencing or at risk of homelessness.
- Support with managing challenging behaviour for parents and individuals - learning and gaining skills to practice self-control and discipline.
- Support around issues of actions and consequences and taking personal responsibility and criminality ASB.
- Support with personal development and taking on new challenges.
- Living with and understanding/managing mental ill health and its effect on all areas of life and relationships.
- Providing for daily living needs - food, clothes, furniture, and emergency gas and electric and much more....
- Supporting families going through court proceedings, including attending court.
- Support families and young people with Education.

Staff are now settled into their new roles, and the staff team works really well, we've had to navigate some big changes but everyone has adapted and worked flexibly. Due to being short staffed at the beginning of the reporting period and new workers shadowing and training we were not able to accommodate as many new referrals and at times had a waiting list of 1 – 2 weeks but our numbers have still exceeded last years! We are really busy with supporting families, providing groups and schoolwork as well as The Station. Our family workers have supported 65 families with 8 of those on Child Protection. We are working with families at high intensity to low intensity support and their needs are extremely varied. We

have seen an increase in young people accessing befriending services and a rise in Mental health with young people. There has been more of a crossover this year with our services too. 16 of our Befrienders also received wider support for the whole family, 10 of our befrienders also attend our youth sessions with some crossing over into all 3 areas. Which is testament to how much trust is placed in our workers.

It has to be noted the struggles we have with applying for funding, how time consuming, evaluations etc.
As always Funding is our biggest threat, and we have found it increasingly more challenging to secure funding. The current grant funding climate is extremely hard with more CIC groups and charities requesting funds and less pots available, we have looked at other ways to increase our finances such as increasing individual giving, doing online funding platforms and local fundraising. We are extremely grateful to all our individual monthly givers for their support and kind donations. Rachel and Tasha are constantly looking for funding and grants and this can be extremely time-consuming searching, looking if we fit the criteria, the application process and completing budgets and evaluations. It is essentially a full-time job in itself but is vital for keeping our services running and available to the community.

Staff meetings/weekly “Huddles”, supervision and caseload supervision have continued at regular intervals throughout the year. Within each of the meetings safeguarding, risk-assessments, finance, premises, training and the well-being of staff and volunteer are regular items on the agenda. The well-being of staff and volunteers is always a priority given the nature of our work and the amount of change that has undergone over the reporting period.

This year we have provided:

- ***I****ntensive family support to 65 families / individuals comprising of 88 adults and 115 children / young people.*
- *Ad-hoc emergency relief and support to 12 individuals / families*
- *39 young people received 1 on 1 befriending and mentoring individual support.*
- *28 young people benefitted from our Listening project in The Valley Leadership Academy*

Group Attendances:

- *Toddlers – 65 babies / children & 71 parents / carers*
- *Monday Group – 31*
- *After School Club – 29*
- *The Station Youth Sessions – 121*
- *Community Drop in – 30*
- *Empowered Targeted Girls group – 19*

Throughout the year we have worked with a total of 578 people through our support projects and groups.

Monitoring & Evaluation

We have robust monitoring and evaluation processes rooted in highly effective record keeping and regular team meetings and supervisions.

Our success, our outputs and outcomes are monitored by: -

i. individual action plans completed by the family/worker at the start of and throughout their support
ii. evaluations carried out by family at end of support
iii. regular supervision sessions and team Huddles of staff held by the Project Manager
iv. observations and verbal comments by others; parents, family members, staff, volunteers and other supporting professionals e.g., health visitors, teachers, social workers who all report progress and positive change
v. multi agency meetings allow for the sharing and receiving of information/good practice and mutual support and advice, working this way makes the entire support package more effective
vi. modelling best practice to families, volunteers and partner agencies

To help with our assessment of family's needs we refer to the levels below;

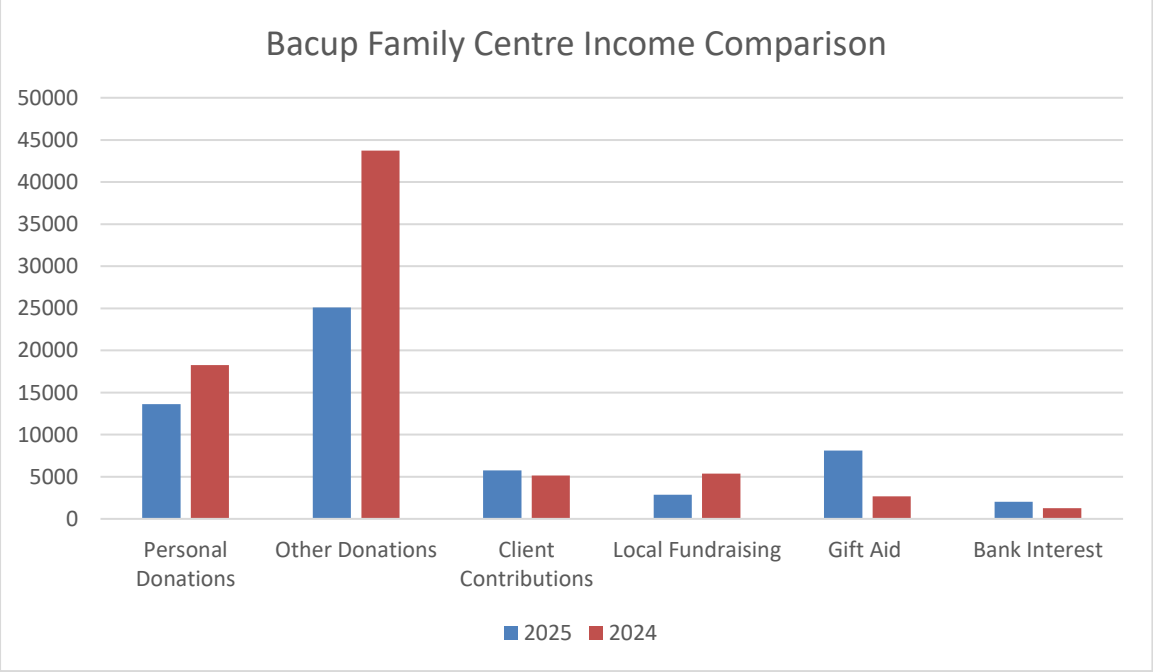
- Level 1 - need minimal support, occasional visits or contact and can be supported effectively with a befriender. Reduced need for professional family support.
- Level 2 - has more complicated needs and will need the support of a professional. They will require at least weekly contact but little need for accompanied visits.
- Level 3 - has the highest need. They have complex interrelated problems and will need multiple visits and support, including accompanying them to appointments and extensive contact, to reassure and set and monitor clear targets.

The outcomes for families over the reporting period has shown a reduced need for statutory intervention and improvements have been made in the following areas for e.g.

- Improved family relationships.
- Parents are more able to cope with children / young people with challenging behaviours.
- Increased ability to manage daily life and issues they may face.
- Provide a home that is safe, secure, and loving.
- Improved confidence in looking after their finances and working with a restricted budget.

- Ability to communicate more effectively with family members and professionals.
- Ability to recognise issues that have a negative effect on lives and make changes to improve this.
- Recognise the benefits of a healthier lifestyle and make changes to improve health and wellbeing.
- Respond positively and make changes to inherited negative behaviours and attitudes
- Identify for themselves areas requiring change, improving life for themselves and family.
- Make positive choices.
- Improve confidence to make their views / voice heard.
- Access and part-take in therapeutic support.
- Reduce stress within the home and increase health and well-being.
- Ability to recognise the early signs of crisis and seek support.
- Understanding positive and healthy relationships.
- Increased school attendance and education.

Financial review –



Statement of the charity's policy on reserves

Bacup Family Centre believes that the charity should hold financial reserves equating to a minimum of 6 months operational costs (the "Emergency Operation Reserve" - EOR) because:

i. It has no endowment funding, or significant income, and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation.

ii. It requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events.
iii. Family work cannot be stopped immediately, and sufficient funds must be available to allow an appropriate “winding down” of support.

Principal funding sources for 2024/25

In the last 12 months we have been funded by a number of grants (National Lottery (Year 1 of 5), Council for Social Aid (Year 2 of 3), Trust house (Year 2 of 3) an anonymous one off donation of £10,000 for the youth club and Police & Crime Commissioner funding (ended in December 24) Local Members Grant, Community Partnership Grant, Rossendale Community Fund & ASDA grass roots funding.

Other income sources are Individual Monthly Giving, one off gifts / donations, local fundraising, local business and local church donations.

Please see financial statements / accounts for 2024/2025

Future plans

Our priority for 25/26 is to source funding to cover the shortfall in our 5-year budget and replace reserves which we relied heavily on last year.

Although we have carried deferred income from grants, this year alone (25 / 26) we are currently around £63000 short for our predicted expenditure, additionally we would like to get our reserves back up to 6 months running costs for added security which means an additional £60,000 would need to be found. Then begin to fill the shortfall for future years.

We are pleased to announce that in the first 2 months of 2025 we have been successful in securing funding from Garfield Weston, Community Foundation for Calderdale, Bishop Radford Trust and ASDA Young Futures Fund. We have had some funding from a local business donor in partnership with the police for a new pool table for the Youth Cub and it’s great to see that partnership. We have also applied for other funding which we are hopeful to receive. We continue to identify and submit multi-year funding bids and continue driving our local fundraising and increase individual giving.

We aim to increase the number of sessions available at The Station and increase volunteer numbers, offering increased training and responsibility for current volunteers, and to continue to nurture and increase partnership working.

We aim to continue and expand our Family Support services and see more young girls attending our Empowered group through school and community referrals, there is also scope for our Community Drop In to become a more regular event.

We want to increase our social media engagement and update our website.

We aim to increase our befriending and mentoring Volunteers - Kathryn is currently working with two young people and is doing an amazing job! It is lovely to see how the young people have taken to her and we would like to Thank her for her care, understanding and commitment to them.

We would love to build up a small team of volunteers who take up low level family support and befriending roles. This role is perfect for those families who don't need intense support but would benefit from a friendly ear and guidance. It would mean we can accommodate more referrals, freeing up staff time and allowing workers to concentrate on the more intense families and group work.

We would also like to see more of our young people give their time voluntarily to groups / events / fundraising, now staff have settled into their new roles we hope this is something we can build on.

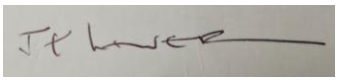
It is a period of great change for the Family Centre—one filled with fresh possibilities and renewed energy. Change can bring challenges, but it also opens doors to growth, collaboration, and new beginnings. With the support of the Trustees and a shared sense of optimism, we know the team is in a strong position to continue making a meaningful impact in our community. Trusting in God's plan as he guides each step with faith and assurance.

Structure, governance and management

Type of governing document	MEMORANDUM AND ARTICLES OF ASSOCIATION INCORPORATED 19 MARCH 2009
How the charity is constituted	Limited company
Trustee selection methods	Appointed by existing Trustees

Declaration

Signed on behalf of the charity trustees:



Print name	Janice Lewer
Designation	Chair of Trustees
Date	09.06.2025

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST MARCH 2025

		2025		2024
	£	£	£	£
INCOME				
Grants		112,976		97,875
Personal donations		13,615		18,261
Other donations		25,105		43,721
Client contributions		5,762		5,129
Local fundraising		2,852		5,367
Gift Aid reclaim		8,117		2,685
Bank interest received		2,045		1,261
		170,472		174,299
OVERHEADS				
Staff salaries	131,976		119,376	
Staff national insurance	7,355		5,407	
Staff pension costs	9,177		8,356	
Provision for redundancy	2,897		-9,815	
Staff training	4,152		258	
Rent and room hire	13,134		13,134	
Insurance	527		526	
Repairs and maintenance	780		225	
IT system	1,741		590	
Telephone and internet	4,153		2,489	
Stationery and postage	690		394	
Sundry expenses	861		514	
Accountancy fees	1,000		750	
Family support expenses	2,309		6,507	
Group work expenses	2,075		2,687	
Solutions child and youth project expenses	10,266		9,401	
		193,093		160,799
FUNDING SURPLUS(DEFICIT) FOR THE YEAR		-22,621		13,500
Balance brought forward		85,838		72,338
Balance carried forward		63,217		85,838

BACUP FAMILY CENTRE LIMITED

BALANCE SHEET AT 31ST MARCH 2025

		2025		2024
	£	£	£	£
Current assets				
Debtor	3,200		-	
Cash at bank	145,963		172,013	
Cash in hand	381		374	
Prepayments	88		88	
	149,632		172,475	
Current liabilities				
Creditors	1,497		1,114	
Paye creditor	2,882		2,050	
Deferred income	70,166		74,500	
Accruals	11,870		8,973	
	86,415		86,637	
Net Current assets		63,217		85,838
		63,217		85,838
Reserves				
Surplus Funding		63,217		85,838
		63,217		85,838

Registered number: 06852162

BACUP FAMILY CENTRE LTD

UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31/03/2025

Prepared By:

FIELDING ACCOUNTANTS LIMITED

ACCOUNTANTS

73 BANKSIDE LANE

BACUP

LANCASHIRE

OL13 8HP

ACCOUNTS
FOR THE YEAR ENDED 31/03/2025

DIRECTORS

J Emberton
A Perry

REGISTERED OFFICE

AB&D CENTRE, TOP FLOOR
Burnley Road
Bacup
Lancashire
OL13 8AB

COMPANY DETAILS

Private company limited by guarantee registered in EW - England and Wales, registered number 06852162

ACCOUNTANTS

FIELDING ACCOUNTANTS LIMITED
ACCOUNTANTS
73 BANKSIDE LANE
BACUP
LANCASHIRE
OL13 8HP

ACCOUNTS
FOR THE YEAR ENDED 31/03/2025

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DIRECTORS' REPORT

FOR THE YEAR ENDED 31/03/2025

The directors present their report and accounts for the year ended 31/03/2025

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1129644) and was established to fulfil the following obligations:

- To offer individual support (emotional and practical care) to children, young people and families within the local community.

- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies.

- To develop, maintain and work in partnership with other agencies, enabling children, young people and families to develop holistically, irrespective of their background.

- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.

- To offer opportunities that promote personal growth, self-confidence/esteem, respect and positive self-image.

FINANCIAL REVIEW

Details of the Company's financial activities on page 6 show a net deficit for the year of £22,621 (2024: surplus £13,500). The Company's income of £168,427 (2024: £173,038) is derived from the following main sources:

- Grants £112,976 (2024: £97,875). This includes specific amounts from

National Lottery Community Fund £35,000 (2024: £9,098)

Solutions Child and Youth Project £15,476 (2024: £8,840)

Community Organisations Cost of Living Fund £nil (2024: £69,999)

Trusthouse Charitable Foundation £30,000 (2024: £nil)

Tudor Trust £20,000 (2024: £nil)

Council for Social Aid £12,500 (2024: £nil)

- Personal donations £13,615 (2024: £18,261)

- Other donations £25,105 (2024: £43,721)

The Company's financial position on page 7 shows net assets of £63,217 at 31 March 2025.

DIRECTORS' REPORT

FOR THE YEAR ENDED 31/03/2025

DIRECTORS

The directors who served during the year were as follows:

J Emberton
A Perry

The report of the directors has been prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the board on 09/06/2025

J Emberton

Director

ACCOUNTANTS' REPORT TO THE BOARD OF DIRECTORS ON THE UNAUDITED ACCOUNTS OF BACUP FAMILY CENTRE LTD , FOR THE YEAR ENDED 31/03/2025

We report on the accounts of the company for the year ended 31 March 2025, which are set out on pages 4 to 8.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND INDEPENDENT EXAMINER

The directors are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

. examine the accounts under section 43 of the 1993 Act;

. to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and

. to state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT

Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on whether the accounts present a true and fair view.

INDEPENDENT EXAMINER'S STATEMENT

In connection with our examination, no matter has come to our attention:

(1) Which gives us reasonable cause to believe that in any material respect the directors have not met the requirements to ensure that:

. proper accounting records are kept in accordance with section 386 of the Companies Act 2006; and

. accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 31/03/2025

	Notes	2025	2024
		£	£
TURNOVER		168,427	173,038
GROSS PROFIT		168,427	173,038
Administrative expenses		(193,093)	(160,799)
OPERATING (LOSS) / PROFIT		(24,666)	12,239
Interest receivable and similar income		2,045	1,261
(LOSS) / PROFIT ON ORDINARY ACTIVITIES BEFORE TAXATION		(22,621)	13,500
(LOSS) / PROFIT ON ORDINARY ACTIVITIES AFTER TAXATION		(22,621)	13,500

BALANCE SHEET AT 31/03/2025

	Notes		2025 £		2024 £
CURRENT ASSETS					
Debtors	5	3,288		88	
Cash at bank and in hand		146,344		172,387	
		149,632		172,475	
CREDITORS: Amounts falling due within one year	6	86,415		86,637	
NET CURRENT ASSETS			63,217		85,838
TOTAL ASSETS LESS CURRENT LIABILITIES			63,217		85,838
CAPITAL AND RESERVES					
Profit and loss account			63,217		85,838
SHAREHOLDERS' FUNDS			63,217		85,838

For the year ending 31/03/2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 09/06/2025 and signed on their behalf by

.....

J Emberton

Director

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/03/2025

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 .

1b. Pension Costs

The company operates a defined contribution pension scheme. The pension charge represents the amounts payable by the company to the fund in respect of the year.

1c. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2025	2024
	No.	**No.**
Average number of employees	5	5

3. PENSION CONTRIBUTIONS

	2025	2024
	£	£
Staff pension costs	9,177	8,356
	9,177	8,356

4. TAX ON ORDINARY ACTIVITIES

	2025	2024
	£	£

5. DEBTORS

	2025	2024
	£	£
Amounts falling due within one year		
Debtors	3,200	-
Prepayments	88	88
	3,288	88

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2025	2024
	£	£
PAYE creditor	2,882	2,050
Creditors	1,497	1,114
Accruals	11,870	8,973
Deferred income	70,166	74,500
	86,415	86,637

TRADING AND PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31/03/2025

		2025		2024
		£		£
Turnover		168,427		173,038
Cost of Sales:				
Gross Profit		168,427		173,038
		168,427		173,038
Less:				
Administrative expenses	193,093		160,799	
Interest receivable and similar income	(2,045)		(1,261)	
		191,048		159,538
Net (loss) / profit for the year before taxation		(22,621)		13,500
Net (loss) / profit for the year after taxation		(22,621)		13,500
Retained profits brought forward		85,838		72,338
Retained profits carried forward		63,217		85,838

This page does not form part of the Company's Statutory Accounts and is prepared for the information of the Directors only.

PROFIT AND LOSS ACCOUNT SUMMARIES
FOR THE YEAR ENDED 31/03/2025

	2025	2024
	£	£
Administrative Expenses:		
Rent and room hire	13,134	13,134
IT system	1,741	590
Repairs and renewals	780	225
Wages and national insurance	131,976	119,376
Staff national insurance	7,355	5,407
Provision for redundancy	2,897	(9,815)
Staff pension costs	9,177	8,356
Staff training	4,152	258
Accountancy fees	1,000	750
Insurance	527	526
Printing, postage and stationery	690	394
Telephone and internet	4,153	2,489
Family support expenses	2,309	6,507
Group work expenses	2,075	2,687
Solutions child and youth project expenses	10,266	9,401
Sundry expenses	861	514
	193,093	160,799

This page does not form part of the Company's Statutory Accounts and is prepared for the information of the Directors only.

BACUP FAMILY CENTRE

England & Wales - Charity number 1129644

Accounts

Bacup Family Centre Ltd

Trustees' Annual Report

April 2023 – March 2024

Bacup Family Centre.

Charity Number: 1129644

ABD Community Centre, Top Floor, Burnley Road, Bacup.

OL13 8AB

01706 870683

Enquiries@bacupfamilycentre.co.uk

www.bacupfamilycentre.co.uk

Facebook – 'bacup family centre'

Charity Trustees

1. Janice Lewer – Chair of Trustees
2. Lynne Kemp – Treasurer (Until July 2023)
3. Jo Emberton – Marketing & Publicity, Treasurer
4. Alison Perry - Secretary
5. Suzanne Craven - Trustee
6. Janet O’Neill - Trustee

Trustee recruitment and appointment

No new Trustees have been appointed this year. Lynne Kemp, a valued Trustee and friend sadly passed away in July 2023 and Jo Emberton took on the role and duties of Treasurer.

Trustees continue to play an active, supporting role. Trustees' meetings are held bi-monthly and more frequently when needed. Trustees are responsible for the oversight and implementation of policies and procedures, safeguarding, project development, staffing and volunteers, recruitment, health and safety, funding and finance.

We are still actively recruiting and open to new Trustees.

Objectives and activities

Our Aims:

- Strengthen family relationships, supporting individuals as they develop their ability to care for themselves, their family, and the wider community.
- Help parents/carers understand and meet the needs of the children and young people in their care.
- Help people to overcome their difficulties and make lasting positive change, supporting them for the duration of time they need to make sought after changes.
- Enable service users to develop holistically, in mind, body and soul.

We will do this through:

- Individual support including emotional and practical care to children, young people, families, and individuals.
- Professional and affordable groups and activities for children, young people, and adults, developed in partnership with service users and other agencies.
- Developing, maintaining, and working in partnership with other agencies
- Offering a community focal point where individuals can meet and are encouraged to become actively involved in the decision-making process and service delivery.
- Opportunities that enable personal growth, self-confidence and esteem, respect, and positive self-image.

Intended Outcomes:

To help people turn their lives around, increasing the chances for everybody to have loving and secure futures with a sense of respect and of worth.

This last 12 months has been an unprecedented year for Bacup Family Centre in which we have suffered great loss. We have sadly lost 2 remarkable women far too soon, Lynne Kemp – Trustee & Treasurer and Zoe Ashworth – Community Family Support Worker. Their loss has had a huge impact on everyone at Bacup Family Centre, our community and the wider Valley

Lynne was an amazing Trustee for 13 years, a friend and supporter of the project. Lynne alongside her husband Martin worked tirelessly for the community in the running of the ‘not for profit’ Library Café in Waterfoot and Lynne achieved so much as a family Magistrate and Justice of The Peace. Lynne’s keen eye for detail and methodical approach helped us navigate through funding, grants and finances and helped steer project delivery and direction. We are very grateful and have been blessed for knowing Lynne, her strength, amazing faith, character and her friendship. Lynnes's absence has been deeply felt by all that had the pleasure to know and work with her.

In January of this year our dear friend and colleague Zoe Ashworth tragically passed away. Zoe had worked as Community Family Support Worker for 2.5 years. Zoe had a profound impact in the lives of the families, children and individuals she supported and the staff and volunteers she worked with. Her loss was felt deeply within the community. Zoe was passionate about helping people and that came across in all that she did with her kind, funny and bubbly nature.





It is a testament to the character and determination of all staff, volunteers and trustees at Bacup Family Centre, that alongside their own loss and grief they have continued to provide care and support to many in the community with as little disruption to service delivery as possible.

Summary of main activities – ‘Giving a helping hand’

Individual Family Support (IFS)

Our dedicated team of Family Support Workers have made a profound impact on families facing various challenges. Through tailored support packages, we are fostering lasting change and resilience. We have worked closely with families to identify strengths, rebuild relationships, and create happier, healthier, and more hopeful lives.

Through our various programs and activities, we have continued to provide vital support and assistance tailored to the specific needs of each family. Our dedicated team of staff members and volunteers are committed to ensuring that every individual receives the care and resources they require to thrive for as long as it is needed. Through our IFS work this year we have supported 202 individuals, 62 families comprising of 86 adults, 116 children / young people.

Befriending and Mentoring

A project within the IFS arena that is a hugely valuable service providing child-led face-to-face support for children and young people. The project caters for a wide age range, from 6 to 18 years old, and offers weekly sessions ranging from 1 to 2.5 hours.

Issues covered in these sessions are diverse and essential for the well-being of the children and young people involved. Addressing difficulties at home, understanding self-identity and sexuality, managing struggles in school, self-control, and challenging behaviours. By focusing on these areas and many more issues experienced, the project aims to mitigate negative impacts and help them develop positive coping mechanisms and experience, reassurance, positive change and relief.

The project also emphasizes highlighting positive aspects and achievements in the children's lives. By nurturing their self-confidence, self-esteem, and self-worth, empowering them to navigate life's challenges more effectively. One of the significant roles of the project is providing advocacy for the children and ensuring their voices are heard. We have worked with 30 children and young people in total in the reporting period.

Listening Project

The Listening Project, held within the local high school, mirrors some of the Befriending and Mentoring support, providing consistency and a familiar approach for the young people involved. Young people are referred by school for a minimum of six weekly sessions that builds a commitment to providing ongoing support and building a strong foundation for positive change and re-engagement with their education.

We have supported 28 young people with an additional waiting list demonstrating the demand and need for the services we provide. The range of issues that we cover include; self-harm, extreme anxiety, behavioural difficulties, drug use, home life, relationships, identity, sexuality, emotional mental health and well-being, and living with disabilities such as ADHD/Autism.

Baby & Toddler Group

Continues to be well attended running every Monday morning (term-time) Providing a chance for parents/carers to meet and allowing their children to learn through structured play, and language activities and make new friends. Not only do the children benefit from increased interactions with others and learning new skills. Parents/carers are confident in seeking support and advice from the staff and volunteers in group. Parents / carers are very supportive of new attendees and friendships have blossomed.

In the reporting period we have had 35 sessions, with a total of 82 beneficiaries and 700 attendances on our registers over the reporting year.

Monday Drop In

Runs every Monday afternoon. This is an adult only group and ages range from 18 right up to 75. It's completely free, attendees pop along for a brew, a chat, a game of bingo, quiz and crafts. This group sees a wide spectrum of people attending from all walks of life. The atmosphere is fun and relaxed. Everyone feels comfortable and safe, and it provides opportunities to form new friendship groups. Attendees are comfortable accessing further support and we direct them to appropriate services where needed.

We have held 29 sessions with 32 Individuals regularly attending this group with a total of 179 attendances within the reporting year.

After School Club

Formed in early March 2023 by our wonderful Zoe Ashworth this club was in its infancy at the start of the year and numbers were low to begin with – happily we can now say it is a thriving group with regular attendees every week. We are now nearly running at full capacity and are actively looking for more volunteers so we can increase group numbers. The aim of the group is to provide a space that is safe, welcoming and socially inclusive where children can embrace their individuality, have fun and be kids! We play games, offer a variety of crafts and activities and have a snack / light bite together where staff, volunteers and children "check in" with each other. This time of sharing provides an opportunity to express what has been good or not so good about their week, any accomplishments or worries. The group is not reliant on technology leaning towards traditional fun with board games, den building, junk modelling, team games and much more!

Over the reporting period we have seen 45 children within 34 sessions with a total of 214 attendances throughout the reporting period.

Solutions Community Child & Youth Project Update

A huge achievement for us this year was the opening of our Youth Hub in July 2023! This took far longer than anticipated as we had to navigate change of use through planning and agreeing to the lease etc, and it was a long wait for our young people after almost 12 months of searching for the ideal premise, but we got there in the end!

Staff, volunteers, young people and some parents, worked extremely hard, decorating, cleaning, sourcing and moving furniture and resources for the Centre. The Fire Brigade moved our pool table for us, the Police and Town Regeneration Officer helped paint and our family members helped with some of the DIY projects such as hanging tv brackets and fitting locks to the doors. It's worth a special mention that both Zoe & Rachel gave so much of their time and effort ensuring the space was ready to open on 13th July 23.

Sessions have been running weekly every Thursday evening with an early session 3.30 – 6.15pm for the younger age group (11 – 14 years / year's 7 – 9) and 6.30 – 9.30pm session for the older age group (14/15 – 18 / year 10 and up)

Upon opening we had many positive comments from the local community about how such a provision was needed and welcome in the area. That's not to say it has been without its challenges! Running a youth club is not easy with a group of young people who have had no provision for them and have been essentially roaming the streets as their gathering space for the last few years, so, adjusting to a small space, with rules and boundaries was a new experience for them. ASB and exploitation of young people continues to be a concern and an issue in the

town. Whilst we have had some negativity and challenges, these have been far outweighed by many positive and encouraging comments and support, This provision would not exist without our dedicated, amazing volunteers (Maggie, Stella, Suzanne, Cheryl, Pat, Andrew, Jayde & Jane), the support of our community, grant funding, individual givers and that of our families and friends.

Staff, trustees and volunteers are keen to offer more in the way of sessions and the diversity of session content and the young people would be there 24/7 given the opportunity. The year ahead will focus on upskilling our volunteers with training enabling them with the confidence to lead sessions, increasing our partnership working and with the recruitment of 2 full time staff members to fill staff vacancies. With this we hope to see our sessions increase and look to re-opening our girls group 'Empowered' within the Station setting.

We have seen a total of 112 young people through our doors since opening in July with a regular weekly attendance of between 40 & 50 young people, we have held 66 sessions, not including ad-hoc contacts, through the weekly set sessions we have had 1,055 total attendances throughout the reporting period.

Achievements and Performance

We say every year that we are grateful for the support we receive from the community, but this year it must be said that the support we have received has been astronomical. We have been very honest about our financial struggles and the fact that grant funding is harder and harder to secure. In response to our plight the community rallied round – we have doubled our income from individual giving, we have three new businesses who sponsor us monthly, we have been in receipt of a large number of collections, raffles, fairs, charity fund raisers from so many sources including local churches, schools, businesses, GP services.

Alongside financial support the community continues to generously help in other ways, responding and donating to our appeals, providing items such as clothing, houseware, toys and much more, anything we may need for families and individuals or to sell at our fundraising events, also, sharing our social media posts, sign posting people to our services and shouting about the good work we do.

Much of our existence relies on the goodwill and dedication of volunteers. We would like to thank each and every one of our volunteers for their hard work, kindness and commitment over the last 12 months. We simply couldn't do what we do without you! All our volunteers help mould the Project and bring their own individual skills, insight, advice and personalities, which they share abundantly. So, our big thanks and appreciation goes to Collette, Shirley, Naomi, Michelle, Di, Carol, Dave, Maggie, Stella, Janice, Jo, Suzanne, Alison, Janet, John, Andy, Pat,

Andrew, Matt, Jayde and Cheryl. Over the reporting period we have logged a total of 866 volunteering hours (increase of 240 hours). We know this a very conservative figure as all our volunteers give so much more behind the scenes and advocate for Bacup Family Centre!

We continue to firmly believe in partnership working and working together to provide the best outcome for the families, young people and the individuals we support. This past year we have worked closely with other agencies such as Children's & Adult Social Care, local schools, CVS, Citizens Advice, local policing team, Community Alcohol Partnership, the ABD Centre, Rossendale Borough Council and ward Counsellors, GP's, Health Visitors, Children's Family Wellbeing Services, Inspire and We are with You (Adult and Youth addiction support and advice services), Probation Service, Training Providers, hospitals, paediatricians, housing, the Valley Churches, Bacup Business Association, Bacup Cultural Consortium, Benefit Agency and providers, Job Centre's, Raft Food Bank,

Home Start, Local Businesses', Bacup Fellowship of Churches charity shops and Bacup Pride. Together we have made a difference!

During the last year we have continued to provide both practical and emotional support to families and individuals within the following areas;

- Living with addiction i.e., drugs/alcohol detox and rehab and the effects that the addiction has on children, family and self.
- Prisoner families (both when the family member is in prison and back home adjusting to family life)
- Family relationships and new ways of living.
- Support and intervention within incidents of anti-social behaviour within the community/other settings.
- Advice and the provision of activities & groups that have improved physical and mental health and well-being.
- Health and safety within the home.
- Living with hoarding – addressing the root cause and adapting to a new way of living.
- Provided essentials for the home/setting up a home, family living I.e., furniture, clothes, beds/bedding/curtains etc.
- Skills in managing a home, finance, living within and budget and reducing debt.
- Assisted people and attended health/other appointments, providing transport, advocacy, and emotional support.
- Attending Safeguarding and educational reviews and assessments – PIP.
- Securing appropriate housing, working with social and private landlords.
- Provision and delivery of food parcels, gas, electric in times of family/individual crisis.
- Financial support and provision of school uniforms and equipment.
- Provided Christmas and birthday presents.
- Support with issues of separation, bereavement/grief, and loss.

- Support for people experiencing isolation and loneliness.
- Supporting children and young people within family relationship - bonding/attachment issues.
- Supported parents in increased awareness and ability to provide basic needs- food, safety, warmth, sleep, shelter, clothing, care and protection and love.
- Parental awareness and responsibility I.e., guidance and boundaries – reinforcing a sense of family security and of being loved/valued.
- Personal safety – within the home and community.
- Support for those who self-harm and want to end life.
- Support for and increased confidence, self-esteem, and self-image/identity for children, young people, and adults.
- Support for children and young people around gender identity and sexuality.
- Support and parental increased confidence in managing children/young people challenging behaviours.
- Parental and young people support in anger management, verbal and physical aggression & understanding the root causes of their/another's anger.
- Domestic Violence - support and help for victims of abuse and support for those who harm others.
- Abuse – support for victims of abuse in all categories, supporting children, young people and adult victims of childhood abuse.
- Supporting people who are experiencing or at risk of homelessness.
- Support with managing challenging behaviour for parents and individuals - learning and gaining skills to practice self-control and discipline.
- Support around issues of actions and consequences and taking personal responsibility and criminality ASB.
- Support with personal development and taking on new challenges.
- Living with and understanding/managing mental ill health and its effect on all areas of life and relationships.
- Providing for daily living needs - food, clothes, furniture, and emergency gas and electric and much more....
- Supporting families going through court proceedings.

85% of families and individuals we have supported this year continue to have complex and multiple needs. What remains is the degree of unpredictability of those who seek our support at any given time, there is no one size fits all, so our support is tailored to each specific person or family. We have seen an increase in people popping in or self-referring, seeking urgent support, practical support, in need of food & fuel and items for setting up homes. Highlighting that there is an ever-present need for BFC to remain within the local community and continue to provide a wide range of services in a flexible and quick responsive manner.

All staff work with flexibility and constantly adapt to meet the needs of children, young people, families and the adults who seek our support. Their ever-growing experience of managing and supporting families and young people within different situations continues to be a major strength as staff (and volunteers) learn from

every person that they support. Their determination and compassion have been rewarded, many of those we have supported have reported that life is improving, they feel less isolated and more hopeful of the future. Their approach to everyone's situation is imaginative and responsive, rising to the challenge of working together to find the right solution and equipping them with the skills to change their own lives for the better.

It's important to mention that all staff have worked under the added pressure of knowing and working within the ongoing challenges of seeking and securing funding to ensure the future of the Project. Their dedication must be admired, and we are grateful for their loyalty and continued commitment to the work, they are driven by their belief in the difference that is being made in the lives of children, young people, families and all the individuals that seek support. On our recent reflection day, it was clear to see our position and why we do what we do and who we do it for and still our vision is huge, even in uncertain times all staff remained optimistic and hopeful about the future of the Project.

Staff meetings “Huddles”, supervision and caseload supervision have continued throughout the year. Within each of the meetings safeguarding, risk-assessments, finance, premises, training and the well-being of staff and volunteer are regular items on the agenda. The well-being of staff and volunteers has been paramount this year considering the amount of pressure they have been under, the intensity of their increased workload, hugely important and time-consuming grant applications and the loss of Zoe & Lynne. Staff have gone above and beyond to ensure services continue.

This year we have provided:

- ***I****ntensive family support to 62 families, 202 individuals = 86 adults, 116 children & young people.*
- *Ad-hoc emergency relief and support to 27 individuals.*
- *30 young people received 1 on 1 befriending and mentoring individual support.*
- *Listening project – has seen 28 young people receive support in a school setting.*

Group Attendances:

- *Toddlers – 82*
- *Monday Group – 32*
- *After School Club – 45*
- *The Station Youth Sessions – 112*

Throughout the year we have worked with a total of 558 people through our support projects and groups.

Monitoring & Evaluation

We have robust monitoring and evaluation processes rooted in highly effective record keeping and regular team meetings and supervisions.

Our success, our outputs and outcomes are monitored by: -

i. individual action plans completed by the family/worker at the start of and throughout their support
ii. evaluations carried out by family at end of support
iii. regular supervision sessions and team Huddles of staff held by the Project Manager
iv. observations and verbal comments by others; parents, family members, staff, volunteers and other supporting professionals e.g., health visitors, teachers, social workers who all report progress and positive change
v. multi agency meetings allow for the sharing and receiving of information/good practice and mutual support and advice, working this way makes the entire support package more effective
vi. modelling best practice to families, volunteers and partner agencies

To help with our assessment of family's needs we refer to the levels below;

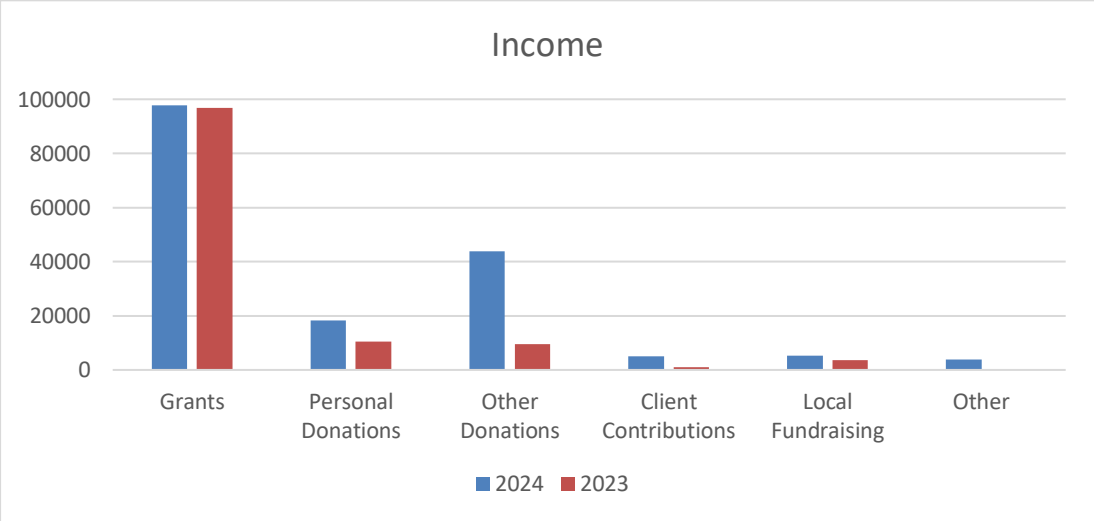
- Level 1 - need minimal support, occasional visits or contact and can be supported effectively with a befriender. Reduced need for professional family support.
- Level 2 - has more complicated needs and will need the support of a professional. They will require at least weekly contact but little need for accompanied visits.
- Level 3 - has the highest need. They have complex interrelated problems and will need multiple visits and support, including accompanying them to appointments and extensive contact, to reassure and set and monitor clear targets.

The outcomes for families over the reporting period has shown a reduced need for statutory intervention and improvements have been made in the following areas for e.g.

- Improved family relationships.
- Parents are more able to cope with children / young people with challenging behaviours.
- Increased ability to manage daily life and issues they may face.
- Provide a home that is safe, secure, and loving.
- Improved confidence in looking after their finances and working with a restricted budget.
- Ability to communicate more effectively with family members and professionals.
- Ability to recognise issues that have a negative effect on lives and make changes to improve this.

- Recognise the benefits of a healthier lifestyle and make changes to improve health and wellbeing.
- Respond positively and make changes to inherited negative behaviours and attitudes
- Identify for themselves areas requiring change, improving life for themselves and family.
- Make positive choices.
- Improve confidence to make their views / voice heard.
- Access and part-take in therapeutic support.
- Reduce stress within the home and increase health and well-being.
- Ability to recognise the early signs of crisis and seek support.

Financial review



Statement of the charity's policy on reserves

Bacup Family Centre believes that the charity should hold financial reserves equating to a minimum of 6 months operational costs (the "Emergency Operation Reserve" - EOR) because:

i. It has no endowment funding, or significant income, and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation.
ii. It requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events.
iii. Family work cannot be stopped immediately, and sufficient funds must be available to allow an appropriate "winding down" of support.

Principal funding sources for 2023/24

Cost Of Living Fund
Local Fundraising
Local Members Grant
Smaller Local Grants
PCC – Safer Lancashire Neighbourhood Fund
Local Businesses
One off donations
Individual Giving
Local Churches
Local Fundraising
Local members grants
Smaller Local Grants

Please see financial statements / accounts for 2023/2024

Future plans

Our priority for 24/25 is to source funding to cover the shortfall in our 5-year budget. In the last 12 months we have been successful in a number of grants (National Lottery, Council for Social Aid, Trusthouse and Safer Lancashire Neighbourhood Funding) Through these we have been able to carry forward funds into the current financial year. However, there is still a shortfall, so we continue to identify and submit multi-year funding bids and continue driving our local fundraising and increase individual giving.

We aim to increase the number of sessions available at The Station and increase volunteer numbers, offering increased training and responsibility for current volunteers, and to continue to nurture and increase partnership working.

Big changes are on the cards for Bacup Family Centre in the near future – both exciting and sad!

After 33 years we will be saying goodbye to Leila our Project Manager in November as she takes well-deserved retirement. Leila has been here throughout the lifetime of the project and will be greatly missed but when she's not busy cruising down canals, being a lady that lunches, or contributing to her church work we're sure she will keep up to date with all things Family Centre!

We are pleased to announce Rachel has successfully been recruited as the next Project Manager. Zoe has also been promoted to Team Leader – we know we are in very capable hands and look forward to seeing how they shape the future of the Project going forward. We are in the process of recruiting 2 full time Community Family Support Workers to fill our vacant posts who will contribute to the project development and help with the demand of our services and expand our capabilities.

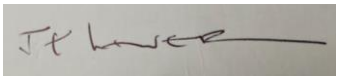
This is a time of great change, but also great opportunity and excitement, as staff settle into their new roles with the support of the Trustees, we are optimistic and trust in God's plan for the future.

Structure, governance and management

Type of governing document	MEMORANDUM AND ARTICLES OF ASSOCIATION INCORPORATED 19 MARCH 2009
How the charity is constituted	Limited company
Trustee selection methods	Appointed by existing Trustees

Declaration

Signed on behalf of the charity trustees:



Print name: Janice Lewer

Designation: Chair of Trustees

Date: 18/06/2024

Bacup Family Centre Events 23 / 24



Tesco Fundraising Day June 23



Church Summer Fair Fundraiser August 23



The Station Open Day Sept 23



Trip to Panto - December 23



Christmas Pop Up Shop Dec 23



Bacup & Stacksteads Carnival June 23



60s Festival September 23



The Living Room



Lomax Bros - Methodist Fundraiser Oct 23



Police & Crime Commissioner Visit Sept 23



Girls Pamper Night @ The Station



Christmas Quiz & Carol Evening Dec



Volunteer Christmas Meal Dec



BBA Awards Oct 23



Fashion Show Nov 23



Church Summer Fundraiser August 23



The Station Remembrance Window

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST MARCH 2024

		2024		2023
	£	£	£	£
INCOME				
Grants		97,875		96,887
Personal donations		18,261		10,435
Other donations		43,721		9,536
Client contributions		5,129		1,118
Local fundraising		5,367		3,496
Gift Aid reclaim		2,685		-
Bank interest received		1,261		221
		174,299		121,693
OVERHEADS				
Staff salaries	119,376		113,871	
Staff national insurance	5,407		4,870	
Staff pension costs	8,356		8,328	
Provision for redundancy	-9,815		4,598	
Staff training	258		1,660	
Rent and room hire	13,134		12,446	
Insurance	526		523	
Repairs and maintenance	225		466	
IT system	590		-2,285	
Telephone and internet	2,489		1,880	
Stationery and postage	394		550	
Sundry expenses	514		1,421	
Accountancy fees	750		750	
Family support expenses	6,507		3,305	
Group work expenses	2,687		1,493	
Solutions child and youth project expenses	9,401		2,801	
Martin Lewis Charity Fund expenses	-		39	
		160,799		156,716
FUNDING SURPLUS(DEFICIT) FOR THE YEAR		13,500		-35,023
Balance brought forward		72,338		107,361
Balance carried forward		85,838		72,338

BACUP FAMILY CENTRE LIMITED

BALANCE SHEET AT 31ST MARCH 2024

		2024		2023
	£	£	£	£
Current assets				
Cash at bank	172,013		133,565	
Cash in hand	374		102	
Prepayments	88		87	
	172,475		133,754	
Current liabilities				
Creditors	1,114		1,344	
Paye creditor	2,050		6,246	
Deferred income	74,500		35,038	
Accruals	8,973		18,788	
	86,637		61,416	
Net Current assets		85,838		72,338
		85,838		72,338
Reserves				
Surplus Funding		85,838		72,338
		85,838		72,338

Registered number: 06852162

BACUP FAMILY CENTRE LTD

UNAUDITED ACCOUNTS

FOR THE YEAR ENDED 31/03/2024

Prepared By:

FIELDING ACCOUNTANTS LIMITED

ACCOUNTANTS

73 BANKSIDE LANE

BACUP

LANCASHIRE

OL13 8HP

ACCOUNTS
FOR THE YEAR ENDED 31/03/2024

DIRECTORS

J Emberton
A Perry

REGISTERED OFFICE

AB&D CENTRE, TOP FLOOR
Burnley Road
Bacup
Lancashire
OL13 8AB

COMPANY DETAILS

Private company limited by guarantee registered in EW - England and Wales, registered number 06852162

ACCOUNTANTS

FIELDING ACCOUNTANTS LIMITED
ACCOUNTANTS
73 BANKSIDE LANE
BACUP
LANCASHIRE
OL13 8HP

ACCOUNTS
FOR THE YEAR ENDED 31/03/2024

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Notes To The Accounts	7
The following do not form part of the statutory financial statements:	
Profit and Loss Account	9
Profit And Loss Account Summaries	10

DIRECTORS' REPORT

FOR THE YEAR ENDED 31/03/2024

The directors present their report and accounts for the year ended 31/03/2024

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1129644) and was established to fulfil the following obligations:

- To offer individual support (emotional and practical care) to children, young people and families within the local community.

- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies.

- To develop, maintain and work in partnership with other agencies, enabling children, young people and families to develop holistically, irrespective of their background.

- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.

- To offer opportunities that promote personal growth, self-confidence/esteem, respect and positive self-image.

FINANCIAL REVIEW

Details of the Company's financial activities on page 5 show a net surplus for the year of £13,500 (2023: deficit £35,023). The Company's income of £173,038 (2023: £121,472) is derived from the following main sources:

- Grants £97,875 (2023: £96,887). This includes specific amounts from

National Lottery Community Fund £9,098 (2023: £68,568)

Martin Lewis Corona Fund £nil (2023: £4,759)

Solutions Child and Youth Project £8,840 (2023: £19,500)

Awards for All £nil (2023: £4,060)

Community Organisations Cost of Living Fund £69,999 (2023: £nil)

- Personal donations £18,261 (2023: £10,435)

- Other donations £43,721 (2023: £9,536)

The Company's financial position on page 6 shows net assets of £85,838 at 31 March 2024.

DIRECTORS

DIRECTORS' REPORT

FOR THE YEAR ENDED 31/03/2024

The directors who served during the year were as follows:

J Emberton
A Perry

The report of the directors has been prepared in accordance with the special provisions within Part 15 of the Companies Act 2006.

This report was approved by the board on 18/06/2024

J Emberton

Director

STATEMENT OF COMPREHENSIVE INCOME
FOR THE YEAR ENDED 31/03/2024

	Notes	2024	2023
		£	£
TURNOVER		173,038	121,472
GROSS PROFIT		173,038	121,472
Administrative expenses		(160,799)	(156,716)
OPERATING PROFIT / (LOSS)		12,239	(35,244)
Interest receivable and similar income		1,261	221
PROFIT / (LOSS) ON ORDINARY ACTIVITIES BEFORE TAXATION		13,500	(35,023)
PROFIT / (LOSS) ON ORDINARY ACTIVITIES AFTER TAXATION		13,500	(35,023)

BALANCE SHEET AT 31/03/2024

	Notes		2024 £		2023 £
CURRENT ASSETS					
Debtors	5	88		87	
Cash at bank and in hand		172,387		133,667	
		172,475		133,754	
CREDITORS: Amounts falling due within one year	6	86,637		61,416	
NET CURRENT ASSETS			85,838		72,338
TOTAL ASSETS LESS CURRENT LIABILITIES			85,838		72,338
CAPITAL AND RESERVES					
Profit and loss account			85,838		72,338
SHAREHOLDERS' FUNDS			85,838		72,338

For the year ending 31/03/2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared and delivered in accordance with the provisions applicable to companies subject to the small companies regime.

Approved by the board on 18/06/2024 and signed on their behalf by

.....

A Perry

Director

NOTES TO THE ACCOUNTS
FOR THE YEAR ENDED 31/03/2024

1. ACCOUNTING POLICIES

1a. Basis Of Accounting

The accounts have been prepared under the historical cost convention.

The accounts have been prepared in accordance with FRS102 section 1A - The Financial Reporting Standard applicable in the UK and Republic of Ireland and the Companies Act 2006 .

1b. Pension Costs

The company operates a defined contribution pension scheme. The pension charge represents the amounts payable by the company to the fund in respect of the year.

1c. Turnover

Turnover represents the invoiced value of goods and services supplied by the company, net of value added tax and trade discounts.

2. EMPLOYEES

	2024	2023
	No.	**No.**
Average number of employees	5	5

3. PENSION CONTRIBUTIONS

	2024	2023
	£	£
Staff pension costs	8,356	8,328
	8,356	8,328

4. TAX ON ORDINARY ACTIVITIES

	2024	2023
	£	£

The Company is exempt from corporation tax, it being a company not carrying on a business for the purpose of making a profit.

5. DEBTORS

	2024	2023
	£	£
Amounts falling due within one year		
Prepayments	88	87
	88	87

6. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2024	2023
	£	£
PAYE creditor	2,050	6,246
Creditors	1,114	1,344
Accruals	8,973	18,788
Deferred income	74,500	35,038
	86,637	61,416

PROFIT AND LOSS ACCOUNT
FOR THE YEAR ENDED 31/03/2024

		2024		2023
		£		£
Turnover		173,038		121,472
Cost of Sales:				
Gross Profit		173,038		121,472
		173,038		121,472
Less:				
Administrative expenses	160,799		156,716	
Interest receivable and similar income	(1,261)		(221)	
		159,538		156,495
Net profit / (loss) for the year before taxation		13,500		(35,023)
Net profit / (loss) for the year after taxation		13,500		(35,023)
Retained profits brought forward		72,338		107,361
Retained profits carried forward		85,838		72,338

This page does not form part of the Company's Statutory Accounts and is prepared for the information of the Directors only.

PROFIT AND LOSS ACCOUNT SUMMARIES
FOR THE YEAR ENDED 31/03/2024

	2024	2023
	£	£
Administrative Expenses:		
Rent and room hire	13,134	12,446
IT system	590	(2,285)
Repairs and renewals	225	466
Wages and national insurance	119,376	113,871
Staff national insurance	5,407	4,870
Provision for redundancy	(9,815)	4,598
Staff pension costs	8,356	8,328
Staff training	258	1,660
Accountancy fees	750	750
Insurance	526	523
Printing, postage and stationery	394	550
Telephone and internet	2,489	1,880
Family support expenses	6,507	3,305
Group work expenses	2,687	1,493
Solutions child and youth project expenses	9,401	2,801
Martin Lewis charity fund expenses	-	39
Sundry expenses	514	1,421
	160,799	156,716

This page does not form part of the Company's Statutory Accounts and is prepared for the information of the Directors only.

BACUP FAMILY CENTRE

England & Wales - Charity number 1129644

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2022		31	03	2023

Section A Reference and administration details

Charity name	Bacup Family Centre LTD
Other names charity is known by	
Registered charity number (if any)	1129644
Charity's principal address	ABD Centre, Top Floor, Burnley Road
	Bacup
Postcode	**OL13 8AB**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Janice Lewer	Chair		
2	Lynne Kemp	Treasurer		
3	Jo Emberton	Marketing & Publicity		
4	Alison Perry	Secretary		
5	Suzanne Craven	Trustee		
6	Janet O'Neill	Trustee		
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Type of adviser	Name	Address
General	Peter Dunn	ABD Centre Manager
IT	Andy Smith	St Pauls Constable Lee

Name of chief executive or names of senior staff members (Optional information)

Mrs Leila Allen – Project Manager

Miss Rachel Allen – Team Leader – Community Family Support

Section B Structure, governance, and management

Description of the charity's trusts

Type of governing document	MEMORANDUM AND ARTICLES OF ASSOCIATION INCORPORATED 19 MARCH 2009
How the charity is constituted	Limited company
Trustee selection methods	Appointed by existing Trustees

Additional governance issues (Optional information)

No new Trustees have been appointed this year, we are still actively recruiting and open to new Trustees. Trustees continue to play an active, supporting role. Meetings are held bi-monthly with additional meetings as needed. They have oversight and responsibility for the implementation of policies & procedures, safeguarding, development, staffing and volunteers, recruitment, health and safety, funding and finance.

This year was year 3 of 3 of National Lottery Funding – the Reaching Communities Grant, which saw us moving from fully funded last year to 50% funding in the final year. We have no other major grant funders and have been seeking replacement funding, this is ongoing. We continue to be supported by Local Churches, businesses, and individuals. All Trustees are fully aware of the financial situation and challenges that the charity faces.

The move to the ABD Centre has proved highly beneficial, moving to a Town Centre location, in a building already housing many community groups and organisations it has seen our footfall and drop ins increase. The Trustees and staff once again have taken a leap of faith, responding to a community need for children and youth provision. We are now in the final stages of signing a lease to another property dedicated to youth provision, which the Trustees have fully supported. Once again, we find ourselves steered into new and exciting territory.

As staff and volunteers, we express our thanks and gratitude to our Trustees for their support and encouragement, and their ability to share the vision of the project as it evolves in new ways that meet the needs of the local community.

All Trustees appreciate the dedication and commitment of the staff and volunteers involved in the project. Acknowledging their contributions is essential for maintaining a positive and motivated team. The fact that all Trustees have an active input and role in managing the project is commendable. This collaborative approach ensures that decisions are made collectively, considering different perspectives and expertise. It also allows for a more inclusive and democratic governance structure. The Trustees' work behind the scenes in ensuring the project adheres to legal requirements. Registered charities and limited companies have specific obligations and regulations to comply with, and the Trustees' time, knowledge, and dedication in fulfilling these responsibilities is invaluable.

The Trustees are acutely aware of their growing responsibility as BFC (Bacup Family Centre) continues to develop and increase its workload and size. Community and other agency reliance on BFC has continued to increase.

Again, we would like to thank Peter and Steve from the ABD for all their support with the work of the Family Centre.

Section C Objectives and activities

Summary of the objectives of the charity set out in its governing document

Our Aims:

- Strengthen family relationships, supporting individuals as they develop their ability to care for themselves, their family, and the wider community.
- Help parents/carers understand and meet the needs of the children and young people in their care.
- Help people to overcome their difficulties and make lasting positive change, supporting them for the duration of time they need to make sought after changes.
- Enable service users to develop holistically, in mind, body and soul.

We will do this through:

- Individual support including emotional and practical care to children, young people, families, and individuals.
- Professional and affordable groups and activities for children, young people, and adults, developed in partnership with service users and other agencies.
- Developing, maintaining, and working in partnership with other agencies
- Offering a community focal point where individuals can meet and are encouraged to become actively involved in the decision-making process and service delivery.
- Opportunities that enable personal growth, self-confidence and esteem, respect, and positive self-image.

Intended Outcomes:

To help people turn their lives around, increasing the chance for everybody to have loving and secure futures with a sense of respect and of worth.

Summary of the main activities undertaken for the public benefit in relation to these objects

Giving a helping hand

Individual Family Support (IFS)

Our dedicated team of Family Support Workers have made a profound impact on families facing various challenges. Through tailored support packages, we are fostering lasting change and resilience. We have worked closely with families to identify strengths, rebuild relationships, and create happier, healthier, and more hopeful lives.

Through our various programs and initiatives, we have continued to provide vital support and assistance tailored to the specific needs of each family. Our dedicated team of staff members and volunteers are committed to ensuring that every individual receives the care and resources they require to thrive for as long as it is needed. Through our IFS work this year we have supported 254 individuals, 63 families comprising of 93 adults, 118 children (0 – 13), and 43 young people (14 – 18).

One individual who accesses support said "I am very grateful for you all. You are always there, and you never give up on me even when I give up on myself! If I didn't have you, I'd have no one, I'd be in a black hole. You are like my family; I don't have my mum I will always ask your advice"

The Befriending and Mentoring

A project within the IFS arena that is a valuable initiative providing child-led face-to-face support for children and young people. The project caters to a wide age range, from 6 to 18 years old, and offers weekly sessions ranging from one to 2.5 hours.

Issues covered in these sessions are diverse and essential for the well-being of the children and young people involved. Addressing difficulties at home, understanding self-identity and sexuality,

managing struggles in school, self-control, and challenging behaviours. By focusing on these areas, the project aims to mitigate negative impacts and help them develop positive coping mechanisms. The project also emphasizes highlighting positive aspects and achievements in the children's lives. By nurturing their self-confidence, self-esteem, and self-worth, empowering them to navigate life's challenges more effectively.
One of the significant roles of the project is providing advocacy for the children and ensuring their voices are heard. This advocacy can be instrumental in creating a supportive environment where their needs and concerns are taken seriously.
We have worked with 27 children and young people in total and this demonstrates its impact and relevance in the community. By providing this much-needed support and guidance we are making a positive difference in their lives and contributing to their overall well-being. The need for this service is highly evident by the ongoing referrals received and requests from local high schools. We are pleased to say there has been a further development and we are now delivering a Listening Service in a local high school.

In recent feedback attendees reported they enjoyed sessions and found them helpful, they were able to manage their emotions better and felt less worried and anxious. One young person said, "I like talking about how I feel".

Listening Project

Is held within the local high school after being approached by the Pastoral Support Team due to our already-established presence in the community. This recognition speaks to the trust and reputation we have built among families and individuals in the area.
The listening project mirrors the Befriending and Mentoring support, providing consistency and a familiar approach for the young people involved. Young people are referred for a minimum of six weekly sessions that builds a commitment to providing ongoing support and building a strong foundation for positive change.
We have supported 17 young people with an additional waiting list demonstrating the demand and need for the services we provide. The range of issues that we cover include; self-harm, extreme anxiety, behavioural difficulties, home life, relationships, identity, sexuality, emotional mental health and well-being, and living with disabilities such as ADHD/Autism.
By addressing these issues, we offer crucial guidance and assistance to young people facing multiple challenges in their lives.
In addition, some young people access additional support or provision within the Centre for Individual Family Support (IFS) and Solutions
Overall, the listening project within the high school has made a significant impact on the lives of the young people in our community. Offering a safe space for them to express their concerns and providing support tailored to their individual needs, we have helped them navigate their challenges and promote their overall well-being. Even though it is in its embryonic stage it has proved to be extremely successful.

One pupil stated that they now come into school on that day as they know they will get to see one of the workers for the Listening Project!

Empowered

Our girl's group continued to run up until December 2022. (Much of its delivery has now been absorbed into the Listening Project in a new school). We had12 girls in attendance between September and December. Each half term we had a new set of attendees, which ensured that more girls had the opportunity to benefit from the group's support, each of them contributing in their own unique way.
Topics covered within the group were chosen for the beneficial growth and well-being of young girls. Such as body image and self-identity, self-confidence, bullying, online safety, homelessness, peer pressure, grooming, healthy relationships, animal cruelty, promoting tolerance and respect of others. By discussing and working on these issues, we were able to provide them with tools and knowledge to help them work through life challenges and demonstrating a holistic approach to empowering young girls.

The Empowered girl's group has proved to be an important initiative promoting empowerment, resilience, and positive self-image among these young girls. By addressing relevant topics and providing a safe and supportive environment, teachers reported there was an improvement in their attainment and ability to learn in the school environment. Several girls reported that Empowered was the highlight of their week!
Over the next year it is our intention is to reintroduce Empowered as a stand-alone group in our dedicated Youth Space.

Quote from attendee "It's a great group, it's the highlight of my week!"

Baby & Toddler Group

Continues to be well attended running every Monday morning (term-time) Providing a chance for parents/carers to meet and allowing their children to learn through structured play activities and make new friends. Not only do the children benefit from increased interactions with others and learning new skills. Our parents and carers have reported improved mental health and well-being, improved socialisation and confidence. Many of our attendees had children through Covid and were isolated during this time. We run a pop-up shop with toiletries, baby items & clothing available for a small donation. Parents/carers are confident in seeking support and advice from the staff and volunteers in group.

"This group is the best; it has really helped me to meet new people and for my son to meet new friends" and "We love coming and meeting other parent and children! you are so welcoming".

Monday Drop In

Runs every Monday afternoon. This is an adult only group and ages range from 18 right up to 75. It's completely free, attendees pop along for a brew, a chat, a game of bingo and a quiz. This group sees a wide spectrum of people attending from all walks of life. The atmosphere is fun and relaxed. Everyone feels comfortable and safe, and it provides opportunities to form new friendship groups. Many of the people who attend also seek support with mental and physical health issues. Bacup Family Centre play a key role in supporting attendees and directing them to appropriate services where needed.

On a recent feedback survey attendees said, "I've attended group and love coming it gets me out of the house and I get to meet new people" and "I love it, it's the best place to be!"

After School Club

This is our most recent group for 8 – 11-year-olds. This group was formed because of the Youth Work we have been undertaking over the last 18 months. We saw a need for early interaction with the young people in our town. The intention is that the group is a steppingstone to the older youth provision. The aim of the group is to build up relationships and trust with the younger generation. Providing a space that is safe, welcoming and socially inclusive where children can embrace their individuality, have fun and be kids!

One parent reported their child struggles in restricted groups, and they had been looking for somewhere they reported they were really grateful for this kind of group. Saying "They can't wait for next week".

Solutions Community Child & Youth Project Update

Weekly walkabout have continued with the only exception of the winter months where a fortnightly walkabout was replaced with youth nights here in the Loft. Between October and January, we opened our space up for our young people to meet up, chat play pool, games, volleyball, and get to know staff and volunteers.

The logistical and health and safety challenges with being on the second floor meant the nights were not without their challenges and re-enforced our belief that a dedicated space was needed for youth provision. Although securing this space took much longer than we anticipated and applying for full planning permission for change of use, we are pleased to say that we are now at the final stages of signing the lease for our new building at 5 Union Street Bacup. We would like to thank all staff, volunteers and all subgroup members for their dedication with this project. It has not been easy! Also, we would like to express how patient our young people have been with us, waiting all these months for their space!
Alongside the youth nights and walkabout, staff also treated the young people to a Christmas treat with £10 vouchers for a local dessert place. They were over the moon!

The young people feel like they can talk to us and actively seek us out. One young person said "All the other nights are boring when you're not out!"

Bacup Family Centre Dates & Events 22/23

2nd April 2022 – SPAR Open Day – Bacup Family Centre were a nominated charity partner, we attended, held a raffle and received proceeds from the face painting.
28th April – ADHD North-West held a training day here at the Family Centre, CVS, the Neighbourhood Policing Team and us, attended informative session.
7th May – Community Engagement Day – Held at the then neighbourhood police office to engage with young people, their families and residents about the youth work we are hoping to do.
10th May – De-fib training – "No Fear" CPR & AED programme – open to all groups in our building after we donated a defib for the ABD Centre and its users.
16TH April – Easter Fundraising Day at the ABD Centre & a stall on the market.
11th May – Mayors Charity Presentation Evening – where we received a £400 donation towards our work.
23rd May – Jubilee Party for Adult Group
May – Baby Boo sessions in the loft
29th June – 'Staff & Volunteer' day out to watch Sister Act
27th July – Health Fair at Futures Park
July / August – Toddler parents used the room to host their own play sessions whilst ours were closed for the summer holidays
8th – 11th August – Pre-Loved Uniform Shop
8th – 11th August – Solutions Summer Programme (in partnership with HAF)
October 22 – February 23 – Winter Warmer Scheme – sourcing and donating "warm" items such as blankets, hot water bottles, hats, scarves, gloves, jumpers etc also working in partnership with the ABD, Trinity Baptist Church and Central Methodist Church on "The Living Room" scheme.
11th November – New to You Sale – Solutions fundraiser
21st – 24th November – Christmas Shop – pop up shop in our loft space selling new & used toys, clothes & gifts.
9th December – Christmas Quiz & Carol evening
13th December – Cinderella Panto with volunteers, families & group attendees.
20th January 2023 – Speaking engagement - Crime Commissioners Anti-Social Behaviour Summit
16th March – Staff Reflection & Development Day

We want to take a moment to express our heartfelt gratitude to every person who has supported our work through personal donations and monthly giving, also to all the local businesses and valley churches for their continued support and contributions, in particular this testing year where the cost-of-living crisis has impacted everyone substantially. It is because of you that we can continue to make a difference day in day out. Your contributions have directly improved the lives of individuals and families who are working through challenging circumstances.

As always, we have amazing support from our local community. Although financial donations make a huge difference there are so many other ways people have contributed and supported us this past year. Through sharing our posters and social media appeals, providing donations of clothing, homewares, toys, baby items and much more! gifting us prizes, and just spreading the word of what we do. It gives testament to the fact that where a community works together change can happen for the better!

Much of our existence relies on the goodwill and dedication of volunteers. We would like to thank each and every volunteer for their hard work, kindness and commitment over the last 12 months. We simply couldn't do what we do without you! All of our volunteers mould the project and bring their own individual skills and personalities, which they share abundantly. So, our big thanks and appreciation to Collette, Shirley, Naomi, Di, Carol, Dave, Maggie, Stella, Christine, Lynne, Janice, Jo, Suzanne, Alison, Janet, John, Andy, Pat, Andrew, Julie, and Matt. Over the reporting period we have logged a total of 620 volunteering hours. We know this a very conservative figure as all of our volunteers give so much more behind the scenes and advocate for Bacup Family Centre!

We have always firmly believed in partnership working and working together to provide the best outcome for the families and individuals we support. We continue to work closely with other agencies such as Children's & Adult Social Care, local schools, CVS, Citizens Advice, local policing team, Community Alcohol Partnership, the ABD Centre, Rossendale Borough Council and ward Counsellors, GP's, Health Visitors, Children's Family Wellbeing Services, Inspire, Training Providers, hospitals, paediatricians, housing, the valley churches, benefits providers, Raft and HomeStart, Local Businesses' and Bacup Fellowship of Churches charity shops, Horse and Bamboo. Together we make a difference!

We continue to see an increase in referrals from statutory and other services who are only able to offer time limited support and specific packages of care. We have received referrals from both Children's Family Wellbeing Services, social workers, Citizens Advice, CVS, schools and local health visiting teams. Again, there has been a noticeable pattern of referrals for younger children experiencing behaviour issues. We have seen a huge rise in children & young people being diagnosed with ADHD & Autism (40 - 50% of our referrals are either diagnosed or on the pathway to diagnosis) and this effects their social, emotional, and educational development. Many struggle to achieve educationally and find the support they so desperately need.

During the last year we have provided both practical and emotional support to families and individuals within the following areas;

- Those living with addiction i.e., drugs/alcohol detox and rehab and the effects that the addiction has on children, family and self.
- Prisoner families (both when the family member is in prison and back home adjusting to family life)
- Family relationships and new ways of living.
- Support and intervention within incidents of anti-social behaviour within the community/other settings.
- Advice and the provision of activities & groups that have improved physical and mental health and well-being.
- Health and safety within the home.
- Living with hoarding – addressing the root cause and adapting to a new way of living.
- Provided essentials for the home/setting up a home, family living I.e., furniture, clothes, beds/bedding/curtains etc.
- Skills in managing a home, finance, living within and budget and reducing debt.
- Assisted people and attended health/other appointments, providing transport, advocacy, and emotional support.
- Securing appropriate housing, working with social and private landlords.
- Provision and delivery of food parcels, gas, electric and petrol in times of family/individual crisis.
- Financial support and provision of school uniforms and equipment.
- Provided Christmas and birthday presents.
- Support with issues of separation, bereavement/grief, and loss.
- Support for people experiencing isolation and loneliness.
- Supporting children and young people within family relationship - bonding/attachment issues.
- Supported parents in increased awareness and ability to provide basic needs- food, safety, warmth, sleep, shelter, clothing, care and protection and love.

- Parental awareness and responsibility I.e., guidance and boundaries – reinforcing a sense of family security and of being loved/valued.
- Personal safety – within the home and community.
- Support for those who self-harm and want to end life.
- Support for and increased confidence, self-esteem, and self-image/identity for children, young people, and adults.
- Support for children and young people around gender identity and sexuality.
- Support and parental increased confidence in managing children/young people challenging behaviours.
- Parental and young people support in anger management, verbal and physical aggression & understanding the root causes of their/another's anger.
- Domestic Violence - support and help for victims of abuse and support for those who harm others.
- Abuse – support for victims of abuse in all categories, supporting children, young people and adult victims of childhood abuse.
- Supporting people who are experiencing or at risk of homelessness.
- Support with managing challenging behaviour for parents and individuals - learning and gaining skills to practice self-control and discipline.
- Support around issues of actions and consequences and taking personal responsibility and criminality ASB.
- Support with personal development and taking on new challenges.
- Living with and understanding/managing mental ill health and its effect on all areas of life and relationships.
- Providing for daily living needs - food, clothes, furniture, and emergency gas and electric.
- Supporting families going through court proceedings.

The majority of families and individuals we have supported this year continue to have complex and multiple needs. What remains is the degree of unpredictability of those who seek our support at any given time, there is no one size fits all and support is tailored to each specific person or family. We have seen an increase in people popping in at a point of crisis seeking urgent support, practical support, advice and self-referral. This again shows there is an ever-present need for BFC to remain within the local community, and the need for our ability to provide a wide range of services and responding to a vast variety of collective and individual needs in a flexible and quick responsive manner.

All staff work with a degree of flexibility and constantly adapt to meet the needs of families. Their ever-growing experience of managing and supporting families and young people within different situations continues to be a major strength as they learn from every person that they support. Their determination and compassion have been rewarded, as many of the lives of those they support has changed and improved for the better. Their approach to everyone's situation is imaginative and responsive, rising to the challenge of working together to find the right solution and equipping them with the skills to change their own lives for the better.

It's important to mention that all staff are working under the added pressure of knowing and working within the ongoing challenges of seeking replacement funding. Their dedication has to be admired, they are driven by their belief in the difference that is being made in the lives of children, young people, families and all the individuals that seek support. On our recent reflection day, it was clear to see our position and why we do what we do and who we do it for and still our vision is huge, even in uncertain times all staff remain optimistic and hopeful about the future of the project.

Staff have commented that it's the best job they have ever had. When discussing the possibility of closure if funding wasn't successfully found, it was commented "we will be like the titanic and go down with it!" as we know the individuals and families, we work with will need us and we remain hopeful and trust in God's provision.

Staff meetings “Huddles”, supervision and caseload supervision have continued throughout the year. Within each of the meetings safeguarding, risk-assessments, finance, premises, training and the well-being of staff and volunteer are regular items on the agenda. All support and activities remain under the management of a local Trustee Board, who understand the community and the issues and challenges that people face.

Section D Achievements and performance

Summary of the main activities undertaken for the public benefit in relation to these objects

Training

Staff continue to improve their knowledge, keeping up to date with current practice and follow statutory guidance. Throughout this last year all staff have undertaken training in Autism Awareness, ADHD, Child Mental Health,” No Fear” and CPR & AED (Defib) Programme, Securing Consent & Engagement with family's workshop, Voice of the Child Workshop & Safeguarding (Including Designated Safeguarding Lead).

During the past year we have continued to support families and individuals with a vast and wide range of issues. With our aim to build resilience, encouraging people to take responsibility and control of their own lives. For many people there are generational influences that have a negative impact on their lives, often leading to isolation and social exclusion.

This year we have provided:

- ✓ ***Intensive family support to 63 families, 254 individuals = 93 adults, 118 children & 43 young people.***
- ✓ ***Ad-hoc emergency relief and support to 30 individuals.***
- ✓ ***27 young people received befriending and mentoring individual support.***
- ✓ ***Empowered girl’s group 12 young ladies attended.***
- ✓ ***Listening project – has seen 17 young people in a school setting.***
- ✓ ***Our newest 8 – 11-year-old group which opened March is in the early stages and has seen 6 attendees so far.***
- ✓ ***Weekly term-time pre-school Toddler group play total attendance 109.***
- ✓ ***Adult Drop-in = 27 where ages range from 18 years to 75.***
- ✓ ***Solutions – Weekly walkabouts, engagement days, youth nights – 79 young people have engaged with us through one or more of those activities.***

Throughout the year we have worked with a total of 561 people through our support projects and groups.

We have robust monitoring and evaluation processes rooted in highly effective record keeping and regular team meetings and supervisions.

Our success, our outputs and outcomes are monitored by: -

i. individual action plans completed by the family/worker at the start of and throughout their support
ii. evaluations carried out by family at end of support
iii. regular supervision sessions and team Huddles of staff held by the Project Manager
iv. observations and verbal comments by others; parents, family members, staff, volunteers and other supporting professionals e.g., health visitors, teachers, social workers who all report progress and positive change

v. multi agency meetings allow for the sharing and receiving of information/good practice and mutual support and advice, working this way makes the entire support package more effective
vi. modelling best practice to families, volunteers and partner agencies

To help with our assessment of family's needs we refer to the levels below;

- Level 1 - need minimal support, occasional visits or contact and can be supported effectively with a befriender. Reduced need for professional family support.
- Level 2 - has more complicated needs and will need the support of a professional. They will require at least weekly contact but little need for accompanied visits.
- Level 3 - has the highest need. They have complex interrelated problems and will need multiple visits and support, including accompanying them to appointments and extensive contact, to reassure and set and monitor clear targets.

We find that level 1 is a minority and is given on an ad hoc / drop-in bases. These families and individuals, usually requiring immediate resolution of crisis for example, food, clothing, housing issues, benefits, gas / electric and health advice. Their need is usually resolved in the first contact and do not require ongoing support of levels 2 and 3. What we do see is that for some individuals and families as circumstances change, they may access level 1 on several occasions during times of need and crisis.

Individual Family Support beyond ad-hoc is always level 2 and 3. The reason for this is that families and individuals require more specific and intense requiring more support and time.
The outcomes for families over the reporting period has shown a reduced need for statutory intervention and improvements have been made in the following areas for e.g.

- Improved family relationships.
- Parents are more able to cope with children / young people with challenging behaviours.
- Increased ability to manage daily life and issues they may face.
- Provide a home that is safe, secure, and loving.
- Improved confidence in looking after their finances and working with a restricted budget.
- Ability to communicate more effectively with family members and professionals.
- Ability to recognise issues that have a negative effect on lives and make changes to improve this.
- Recognise the benefits of a healthier lifestyle and make changes to improve health and wellbeing.
- Respond positively and make changes to inherited negative behaviours and attitudes
- Identify for themselves areas requiring change, improving life for themselves and family.
- Make positive choices.
- Improve confidence to make their views / voice heard.
- Access and part-take in therapeutic support.
- Reduce stress within the home and increase health and well-being.
- Ability to recognise the early signs of crisis and seek support.

As well as the above improvements we have 33 families who have progressed so much that they no longer need support. In addition, we have seen some families and individuals reduce the amount of support required, for example their visits have reduced from weekly contact to monthly phone calls and ad hoc welfare checks. This shows their commitment to making lasting desired change.
Through our Befriending & Mentoring scheme a total of 11 young people have worked through the issues that have had a negative effect on their lives and it is great to see them progress and transition into a more settled life and no longer in need of support.

Sustainable change tends to be slow and can often have backwards steps, but our dedication to long term support remains, we are in it for the long haul and this approach to our work builds long lasting relationships with the people we support. We are inspired to keep doing what we do due to the difference we know we make in the lives of others. Whilst we face the looming challenge of sourcing funding and continue to make positive change in the lives of people, we support we know that we are needed more than ever, this is evidenced in the number of referrals we receive each month. There is still so much work to do!

Section D Achievements and performance

As staff and volunteers, we have achieved a great deal this year. Solutions Child & Youth Project has taken a lot of time, input and patience from everyone involved. We have had to navigate the complexities of planning permission & leases and securing funding, all the while keeping the young people involved and engaged. This has been a challenge, and everyone involved deserves recognition for their hard work and dedication.

Our groups have continued to be well attended and again we must thank our staff and volunteers for maintaining these whilst juggling family support and youth work. The addition of our new group suitable for 8 – 11-year-olds has brought a new angle to our child and youth work, and we hope this will link in nicely with our older group in the coming years.

The Listening Project in The Valley Academy currently has a waiting list due to its high success. This working partnership and success has been hugely encouraging. It also compliments and underpins what we are trying to achieve through our youth work.

Section E Financial review

Brief statement of the charity's policy on reserves

Bacup Family Centre believes that the charity should hold financial reserves equating to a minimum of 6 months operational costs (the "Operation Continuity Reserve" - OCR) because:

i. It has no endowment funding, or significant income, and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation.
ii. It requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events.
iii. Family work cannot be stopped immediately, and sufficient funds must be available to allow an appropriate "winding down" of support.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

Our priority for 23/24 is to source replacement funding. In the last 12 months we have applied for grants from 7 major grant making sources totalling almost £400,000. Sadly, due to their oversubscription we were unsuccessful. However, we continue to identify and submit multiyear funding bids and adapt our local fundraising strategy as we now heavily rely on this source of income.

Principal funding sources for 2022/23

National Lottery
Individual giving
Local businesses
Local Churches
One off donation's
Local Fundraising

We were in receipt of funding solely for Solutions Youth Project from the following sources:

Safer Lancashire Neighbourhood Fund (Crime Commissioner)
Community Foundation for Calderdale
Lanpak
Awards For All
Lancashire County Council Local Members Grant.
RBC Community Partnership Grant

Please see financial statements / accounts for 2022/2023

Section F Other optional information

Charity Trustees continue to monitor the development plan which sets out eight objectives for the next three years. Each objective is costed both in terms of finance and human resources and have clear intermediate steps as well as success criteria. All objectives are reviewed regularly during trustee meetings.

a) **To increase the number of volunteers and develop their skills and abilities.**

b) **To create greater financial stability of core funding.**

c) **To raise profile through publicity and marketing of the Centre.**

d) **To respond to changes in legislation that affects families.**

e) **To develop and effective IT based record system**

f) **To develop effective partnerships**

g) **To develop a clear strategic plan for the Centre for the next 10 years**

h) **To ensure compliance with all relevant legislation regarding the work of the Centre**.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Janice Lewer	Leila Allen
Position (e.g., Secretary, Chair,	Chair of Trustees	Project Manager

Date 13/06/2023

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31ST MARCH 2023

		2023		2022
	£	£	£	£
INCOME				
Grants		96,887		145,795
Personal donations		10,435		9,988
Other donations		9,536		8,959
Client contributions		1,118		275
Local fundraising		3,496		2,006
Bank interest received		221		2
		121,693		167,025
OVERHEADS				
Staff salaries	113,871		88,297	
Staff national insurance	4,870		2,608	
Staff pension costs	8,328		4,629	
Provision for redundancy	4,598		3,729	
Staff training	1,660		1,088	
Rent and room hire	12,446		11,757	
Water rates	-		-141	
Light and heat	-		57	
Insurance	523		532	
Repairs and maintenance	466		2,988	
New premises set-up costs	-		1,944	
IT system	-2,285		1,489	
Telephone and internet	1,880		1,369	
Stationery and postage	550		463	
Sundry expenses	1,421		623	
Accountancy fees	750		500	
Family support expenses	3,305		2,130	
Group work expenses	1,493		2,130	
Solutions child and youth project expenses	2,801		-	
Help in crisis expenses	-		42	
Martin Lewis Charity Fund expenses	39		119	
		156,716		126,353
FUNDING SURPLUS(DEFICIT) FOR THE YEAR		-35,023		40,672
Balance brought forward		107,361		66,689
Balance carried forward		72,338		107,361

BACUP FAMILY CENTRE LIMITED

BALANCE SHEET AT 31ST MARCH 2023

	2023		2022	
	£	£	£	£
Current assets				
Cash at bank	133,565		184,978	
Cash in hand	102		64	
Debtors	-		94	
Prepayments	87		87	
	133,754		185,223	
Current liabilities				
Creditors	1,344		-	
Paye creditor	6,246		5,586	
Deferred income	35,038		58,336	
Accruals	18,788		13,940	
	61,416		77,862	
Net Current assets		72,338		107,361
		72,338		107,361
Reserves				
Surplus Funding		72,338		107,361
		72,338		107,361

Company registration number 06852162 (England and Wales)

BACUP FAMILY CENTRE LTD

ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

Fielding Accountants Limited
Accountants
73 Bankside Lane
Bacup
Lancashire
OL13 8HP

BACUP FAMILY CENTRE LTD

COMPANY INFORMATION

Directors	A Perry J Emberton
Company number	06852162
Registered office	Ab&D Centre Top Floor Burnley Road Bacup Lancashire OL13 8AB
Accountants	Fielding Accountants Limited 73 Bankside Lane Bacup Lancashire OL13 8HP

BACUP FAMILY CENTRE LTD

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BACUP FAMILY CENTRE LTD

DIRECTORS' REPORT

FOR THE YEAR ENDED 31 MARCH 2023

The directors present their annual report and financial statements for the year ended 31 March 2023.

Principal activities
The company is a registered charity (charity number 1129644) and was established to fulfil the following obligations;

- To offer individual support (emotional and practical care) to children, young people and families within the local community.
- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies
- To develop, maintain and work in partnership with other agencies enabling children, young people and families to develop holistically, irrespective of their background.
- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.
- To offer opportunities that promote personal growth; self-confidence/esteem, respect and positive self-image.

Directors
The directors who held office during the year and up to the date of signature of the financial statements were as follows:

A Perry
J Emberton

Financial review
Details of the Company's financial activities on page 4 show a net deficit for the year of £35,023 (2022: surplus £40,672). The Company's income of £121,472 (2022: £167,023) is derived from the following main sources:

- Grants £96,887 (2022: £145,795). This includes specific amounts from
    - National Lottery Community Fund £68,568 (2022: £137,155),
    - Martin Lewis Corona Fund (Utilised) £4,759 (2022: £119),
    - Solutions Child and Youth Project £19,500 (2022: £nil),
    - Awards for All £4,060 (2022: £nil),
    - Tudor Trust £nil (2022: £4,396),
    - Help Through Crisis £nil (2022: £4,125).
- Personal donations £10,435 (2022: £9,988)
- Other donations £9,536 (2022: £8,959)

The Company's financial position on page 5 shows net assets of £72,338 at 31 March 2023.

Small companies exemption
This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

On behalf of the board

A Perry
Director

19 June 2023

BACUP FAMILY CENTRE LTD

REPORT TO THE DIRECTORS ON THE PREPARATION OF THE UNAUDITED STATUTORY ACCOUNTS OF BACUP FAMILY CENTRE LTD

We report on the accounts of the company for the year ended 31 March 2023, which are set out on pages 4 to 8.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND INDEPENDENT EXAMINER
The directors are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act ;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT
Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT
In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the directors have not met the requirements to ensure that:

- proper accounting records are kept in accordance with section 386 of the Companies Act 2006; and
- accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Fielding Accountants Limited
Accountants
73 Bankside Lane
Bacup
Lancashire
OL13 8HP

19 June 2023

BACUP FAMILY CENTRE LTD

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	2023 £	2022 £
Income	121,472	167,023
Administrative expenses	(156,716)	(126,353)
Operating (deficit)/surplus	(35,244)	40,670
Interest receivable and similar income	221	2
(Deficit)/surplus before taxation	(35,023)	40,672
Tax on (deficit)/surplus	-	-
(Deficit)/surplus for the financial year	(35,023)	40,672

The income and expenditure account has been prepared on the basis that all operations are continuing operations.

BACUP FAMILY CENTRE LTD

BALANCE SHEET

AS AT 31 MARCH 2023

	Notes	2023 £	£	2022 £	£
Current assets					
Debtors	**3**	87		181	
Cash at bank and in hand		133,667		185,042	
		133,754		185,223	
Creditors: amounts falling due within one year	**4**	(61,416)		(77,862)	
Net current assets			72,338		107,361
Reserves					
Income and expenditure account			72,338		107,361
Members' funds			72,338		107,361

For the financial year ended 31 March 2023 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the board of directors and authorised for issue on 19 June 2023 and are signed on its behalf by:

A Perry
Director

Company Registration No. 06852162

1 Accounting policies

Company information

Bacup Family Centre Ltd is a private company limited by guarantee incorporated in England and Wales. The registered office is Ab&D Centre, Top Floor, Burnley Road, Bacup, Lancashire, OL13 8AB.

1.1 Accounting convention

These financial statements have been prepared in accordance with FRS 102 “The Financial Reporting Standard applicable in the UK and Republic of Ireland” (“FRS 102”) and the requirements of the Companies Act 2006 as applicable to companies subject to the small companies regime. The disclosure requirements of section 1A of FRS 102 have been applied other than where additional disclosure is required to show a true and fair view.

The financial statements are prepared in sterling, which is the functional currency of the company. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

1.2 Income and expenditure

Grants and donations are included in the financial statements as they become receivable.

1.3 Cash and cash equivalents

Cash and cash equivalents are basic financial assets and include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.4 Financial instruments

The company has elected to apply the provisions of Section 11 ‘Basic Financial Instruments’ and Section 12 ‘Other Financial Instruments Issues’ of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the company's balance sheet when the company becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets are recognised at amortised cost.

Classification of financial liabilities

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangements entered into. An equity instrument is any contract that evidences a residual interest in the assets of the company after deducting all of its liabilities.

Basic financial liabilities

Basic financial liabilities are recognised at amortised cost.

1.5 Taxation

The company is exempt from corporation tax, it being a company not carrying on a business for the purposes of making a profit.

1 Accounting policies **(Continued)**

1.6 Employee benefits

The costs of short-term employee benefits are recognised as a liability and an expense, unless those costs are required to be recognised as part of the cost of stock or fixed assets.

Termination benefits are recognised immediately as an expense when the company is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.7 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Employees

The average monthly number of persons (including directors) employed by the company during the year was:

	2023 Number	2022 Number
Total	5	5

3 Debtors

	2023	2022
Amounts falling due within one year:	**£**	**£**
Trade debtors	-	94
Other debtors	87	87
	87	181

4 Creditors: amounts falling due within one year

	2023	2022
	£	**£**
Trade creditors	1,344	-
Taxation and social security	6,246	5,586
Other creditors	53,826	72,276
	61,416	77,862

5 Members' liability

The company is limited by guarantee and is regulated by the Memorandum and Articles of Association dated 16 March 2009.

BACUP FAMILY CENTRE LTD

DETAILED TRADING AND INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2023

	£	2023 £	£	2022 £
Income				
Grants		96,887		145,795
Personal donations		10,435		9,988
Other donations		9,536		8,959
Client contributions		1,118		275
Local fundraising		3,496		2,006
		121,472		167,023
Employment costs				
Staff salaries	113,871		88,297	
Staff national insurance	4,870		2,608	
Provision for redundancy	4,598		3,729	
Staff training	1,660		1,088	
Staff pension costs	8,328		4,629	
		(133,327)		(100,351)
Establishment costs				
Rent and room hire	12,446		11,757	
Water rates	-		(141)	
New premises set up costs	-		1,944	
Light and heat	-		57	
Repairs and maintenance	466		2,988	
Insurance	523		532	
		(13,435)		(17,137)
General administrative expenses				
IT system	(2,285)		1,489	
Accountancy	750		500	
Printing, postage and stationery	550		463	
Family support expenses	3,305		2,130	
Group work expenses	1,493		2,130	
Help in crisis expenses	-		42	
Martin Lewis charity fund expenses	39		119	
Telephone	1,880		1,369	
Solutions child and youth project exepnses	2,801		-	
Sundry expenses	1,421		623	
		(9,954)		(8,865)
Operating (deficit)/surplus		(35,244)		40,670
Interest receivable and similar income				
Bank interest received	221		2	
		221		2

BACUP FAMILY CENTRE LTD

DETAILED TRADING AND INCOME AND EXPENDITURE ACCOUNT (CONTINUED)

FOR THE YEAR ENDED 31 MARCH 2023

	£	2023 £	£	2022 £
(Deficit)/surplus before taxation		(35,023)		40,672

BACUP FAMILY CENTRE

England & Wales - Charity number 1129644

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2021		31	03	2022

Section A Reference and administration details

Charity name	Bacup Family Centre LTD
Other names charity is known by	
Registered charity number (if any)	1129644
Charity's principal address	ABD Centre, Top Floor, Burnley Road
	Bacup
Postcode	**OL13 8AB**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Janice Lewer	Chair		
2	Lynne Kemp	Treasurer		
3	Jo Emberton	Marketing & Publicity		
4	Alison Perry	Secretary		
5	Suzanne Craven	Trustee		
6	Janet O'Neill	Trustee	7th Feb 2022	
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Type of adviser	Name	Address
General	Peter Dunn	ABD Centre Manager

Name of chief executive or names of senior staff members (Optional information)

Mrs Leila Allen – Project Manager

Miss Rachel Allen – Team Leader – Community Family Support

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	MEMORANDUM AND ARTICLES OF ASSOCIATION INCORPORATED 19 MARCH 2009
How the charity is constituted	Limited company
Trustee selection methods	Appointed by existing Trustees

Additional governance issues (Optional information)

During this year, we have appointed a new Trustee Janet O'Neill. Janet is a minister in the Anglican Church. Janet previously worked as a CBT therapist for young people in care. Janet holds a diploma in counselling and a BA in Theology and was also a school Governor. Janet has a wealth of knowledge and experience, and her passion and enthusiasm means she is a great asset to the Board of Trustees and to the Family Centre.

This year was year 2 of 3 of National Lottery Funding – the Reaching Communities Grant. We are fully funded this year however this is reducing to 50% funding in the final year. Funding has been received from Help Through Crisis – Citizens Advice this ended in June at the end of what has been a 5-year project. Funding has also continued through the Martin Lewis Covid Relief fund. We continue to be supported by Local Churches, businesses and individuals funding going forward.

The last year has been an eventful year with the easing of lockdown in July and the introduction of re-opening our groups and being able to meet face to face fully once restrictions were lifted. We have continued with developing links with other professional bodies. Our work through schools has significantly increased in frequency delivering befriending sessions within the school setting.

The Trustees and staff took a leap of faith as we moved from the Bungalow to our new premise in the ABD Centre. The rewards of moving to a larger, central, community building have been abundant throughout our work and has steered the direction of the project into new and exciting territory. Staff and Trustees have taken this in their stride and as always have risen to the new challenge! We express our thanks and gratitude to our Trustees for their support and encouragement through this process and their ability to share the vision that the project should evolve in ways that meet the needs of the community.

All Trustees appreciate the dedication and commitment of all staff and volunteers, equally, we are lucky in that all Trustees have an active input and role in managing the project. Their work behind the scenes in matters of finance, safeguarding, accounts, recruitment etc is integral in maintaining the project adheres to the legal requirements of registered charities and limited companies and we appreciate the time, knowledge, and dedication this takes.

The Trustees are acutely aware of their growing responsibility as BFC continues to develop and increase its workload and size. Community and other agency reliance on BFC has continued to increase. We are happy to report that we successfully recruited an additional full-time Community Family Support Worker Zoe in September 2021. It's been great to welcome Zoe; with all her skills and experiences she has become a valued member of the team! We were delighted to welcome back our long-term volunteer Collette and welcomed several new volunteers who have all contributed to our groups and fundraising activities. We are lucky to have them as part of the team here at BFC!

We would like to give a huge thankyou to Peter Dunn – ABD Centre Manager and Steve Shuttler – Centre Caretaker for making us feel so welcome! All their hard work getting the rooms ready for us, how accommodating they have been assisting and promoting our events and working in partnership with us. It's been a pleasure to see life being brought back into this wonderful building!

As said this year we have been fortunate in that we are fully funded by the National Lottery which has given us the space to concentrate and focus our energies on moving premises and developing services. We continue to rely on external funding from a variety of sources including grant making bodies, local Churches, businesses, and individual giving. We are acutely aware that funding from the National Lottery reduces significantly next year, and we are actively seeking replacement funding.

Section C Objectives and activities

Summary of the objectives of the charity set out in its governing document

Our Aims:

- Strengthen family relationships, supporting individuals as they develop their ability to care for themselves, their family, and the wider community.
- Help parents/carers understand and meet the needs of the children and young people in their care.
- Help people to overcome their difficulties and make lasting positive change, supporting them for the duration of time they need to make sought after changes
- Enable service users to develop holistically, in mind, body and soul.

We will do this through:

- Individual support including emotional and practical care to children, young people, families, and individuals.
- Professional and affordable groups and activities for children, young people, and adults, developed in partnership with service users and other agencies.
- Developing, maintaining, and working in partnership with other agencies
- Offering a community focal point where individuals can meet and are encouraged to become actively involved in the decision-making process and service delivery.
- Opportunities that enable personal growth, self-confidence and esteem, respect, and positive self-image.

Intended Outcomes:

To help people turn their lives around, increasing the chance for everybody to have loving and secure futures with a sense of respect and of worth.

Summary of the main activities undertaken for the public benefit in relation to these objects

Giving a helping hand – providing specific packages of care support & practical and emotional support for individuals in times of crisis and need. As the third lockdown was lifted and local restrictions began to ease from April 2021, we resumed face to face services for family support & befriending and mentoring of young people both in homes and here at the Centre wherever possible. Where people were still isolating or identified as close contacts we would resume working over the phone or via door stop visits. We have continued to provide emergency food, gas and electric, clothing and household items for families and individuals, transport to appointments i.e., medical, school, support groups. In our close working relationship with Children's Social Care, we have also provided clothing and baby goods.

Our move to the ABD Centre was completed in April 2021 and Peter & Steve have made us feel extremely welcome. The move has given us the opportunity to engage more with the community in a way we could not do at the bungalow which restricted our reach. We have held a number of our events and pop-up shops in the large community room of the ABD Centre which has helped highlight our work, helped us meet new people and increased footfall of those seeking family support and attending groups at the Centre.

Our first event was a pre-loved uniform shop. We sourced donations from local schools and residents and then sold them at our pop-up shop in August to raise money for BFC but more importantly to allow people to access good quality uniform at affordable prices.

Both Baby and Toddler and Monday Adult drop-in groups commenced in September 2021. Toddler & Baby group started with a baby celebration day. We had come across many stories of isolated mums during lockdown, with restrictions on antenatal appointments, the births of their little ones, visitors to their homes and lack of face-to-face services and groups, no christenings, baby showers or birthday celebrations. And so, we wanted to dedicate our first session to celebrating these little ones and make a fuss of these new mums. We had balloons, cake, sweet cones and made keepsakes it was a lovely way to open group back up and a great way for these mums to come and show baby off!

We ran a Volunteer Info Day and actively recruited for new volunteers throughout the year. Collette our longest standing volunteer was over the moon to be back for groups, and we were grateful to have her wealth of experience and infectious personality back in the building! As a result of our recruitment drive, we welcomed Shirley, Naomi, Maggie & Michelle, Di, David and Carol to our volunteer roster! They have become much loved & integral members of the team! We could not do what we do without the help, support and prayers of our volunteers who work their socks off to help in groups and our events and we want to take the opportunity to express our sincere thanks for all they do!

Prayer meetings and Monday adult drop in were back up and running in September and have run smoothly in our new building. We were invited onto Rossendale Radio at the end of September 21, and we spoke about the work we do and advertised our groups and events.

We have routinely worked closely with Citizens Advice, and we were delighted to be able to provide them space in the Loft to run their training in October which we were able to attend. Sarah has then been along to our Monday Drop in as a regular face and able to provide advice if needed.

In October we ran a Toy Sale and Coffee morning. This was the same principle as the uniform shop we asked for donations and then sold them on for a small donation to help raise funds and awareness of what we do and to allow people to grab a bargain in time for Christmas whilst still providing and not accepting "charity".

Throughout November and December our focus was on our Christmas events as well as the increase in referrals and needs for families during the Christmas period. Staff and volunteers handmade Christmas crafts and baked goods to sell at our fair. Big thanks to the local businesses that donated amazing prizes for our raffle and tombola. Our Christmas Fair on 27th November was well attended and not a tombola prize remained! We then ran a successful Christmas Quiz and Carol night in the Loft space which was great fun for both children and adults in attendance. Everyone commented on how much they had enjoyed the evening and expressed an interest in attending similar events.

We would like to take the opportunity to thank everyone who has contributed personal donations and individual monthly givers, your continued support enables us to continue to provide our services and support across the valley. To all the local businesses and valley churches for their continued support and contributions and a special thanks to Bacup Fellowship of Churches Charity Shops for all their support and generosity this past 12 months.

One thing that's important to mention is the ongoing support from our local community for the work we do and support of our events, in sharing our posters and social media appeals, bringing donations into the centre, and gifting amazing prizes for our raffles. We have also been extremely lucky to work closely with Mark & Joanna at Tesco Rawtenstall, Laura at ASDA and Natalie at Morrisons Bacup they have contributed so much from toys, selection boxes, food, refreshments for our events, uniform, their time and much more! We have also had regular contributions throughout the year from Cotton Traders of brand new clothing, shoes, coats, bedding, household goods and more which has allowed us to give to people in need, other agencies and sell at our pop up shops. The theme of this year has certainly been community spirit! and we have been delighted to get back to some sort of normality and put on our events and groups.

Befriending has continued to be a large part of our work. As well as befriending sessions here in the Centre and in the home our Community Family Support Workers continued going into local schools and it has worked well having a designated time to go in and do their work each week. Empowered, our girl's group, resumed in November 2021 for the first time since before Covid! This has been delivered slightly differently than previous years and now runs once a week at All Saints High School

where the girls attending are referred through school and the group then runs each term with a new set of attendees each time. 9 girls attended from November through to Christmas and another 9 girls from February through to April. The sessions were used to discuss and work on things such as body image and self-confidence, bullying, peer pressure, grooming and animal cruelty.

A new and exciting development in our work that evolved from a council led community meeting to discuss concerns of anti-social behaviour within the town centre and Stubbylee park, has been our detached youth work and Solutions, a Community Youth Project! Solutions is a direct response to look at finding solutions and support around anti-social behaviour and meeting the needs of our local young people. A focus of Solutions meetings has been finding out what the community, residents, groups and businesses can give and contribute to improving opportunities for children and young people, removing the focus from what's going wrong to what can be made better.

Our Family Support Workers have been carrying-out evening walk-abouts since November 2021 once a week to engage with the young people and explore what it is they want and need and how life for them can be improved. This has continued come rain or shine. Relationships built quickly and the young people openly shared what they would like to see in youth provision. In reality they weren't asking for much; somewhere warm and safe, and somewhere to meet and chat with their peers and staff alike – and of course snacks!

Solutions is very much a community togetherness project and not solely the responsibility of the Family Centre. The objectives of which are;

- To provide a safe environment for children & young people to meet up with each other, build on their social skills and ability to make positive choices and have fun.
- To alter the culture of how children & young people are perceived locally through effective engagement within the community, residents, and local businesses, building mutual respect and togetherness.
- Actively involve children/young people, residents, and local agencies in resourcing and delivering activities and support.

The joint efforts of all attendees of our meetings, which included residents, young people, police, local councillors, local community groups and organizations to name a few, has resulted in a project that has grown significantly and at a fast pace. Our goal for next year is to have an additional Town Centre premise for the use of local youth and children's provision! Thank you to all who have been involved in the project (there are too many to mention individually!), your commitment to the children and youth of our town and vision has taken this from a pipe dream to a reality. It's by working together we have shown we can re-establish our community culture of supporting, valuing, appreciating, and protecting our children and young people. We'd like to the opportunity to thank Andrew Walmsley for chairing the project and his invaluable support also to Maggie for her dedication to fundraising!

Our thanks also extend to our Trustees for their faith and trust in the Solutions Youth Project that has come at a time where we had already taken on much larger premises and the commitment to sourcing and resourcing this. Their sharing of our vision and commitment to provide provision for local children and young people has allowed us to continue to develop and meet the needs of the community in which we serve and for this we are extremely grateful!

Our befriending of children and young people has continued throughout year; back to face to face sessions and support. Four of our local schools have provided a safe space and time slot for workers to go in and provide befriending sessions with students. In addition, three of the local schools have expressed an interest in expanding this service so other young people can benefit. Befriending has also taken place over the phone via WhatsApp or zoom, in local parks for walk and talks and in the Family Centre, all dependant on local restrictions.

We have always firmly believed in partnership working and working together to provide the best outcome for the families and individuals we support. This year we have been extremely blessed in that there is now a dedicated neighbourhood policing team for Rossendale, and we have worked closely with them around family support, befriending and mentoring of young people and helping to get our project Solutions off the ground. They have been a fundamental part of the youth work we have done

this year and we foresee this great working relationship to continue for many years to come. The trust that the neighbourhood policing team and family support workers have with the local youth has been invaluable in our engagement and progress.

We continue to work closely with other agencies such as Children's Social Care, local schools, Citizens Advice Bureau, local police, Council for Voluntary Services, and more recently the Community Alcohol Partnership, the ABD Centre, Rossendale Borough Council, GP's, Health Visitors, Children's Family Wellbeing Services, Inspire, Dansworks, Training Providers, hospitals, paediatricians, housing, and benefits providers.

This year we have seen an increase in referrals from statutory services who are only able to offer time limited support such as Children's Family Wellbeing Services and local Health Visiting teams. There has been a noticeable pattern of referrals for 2–3-year-olds experiencing behaviour issues and also mums who are feeling isolated. We believe this to be a direct result of lockdowns and the lack of socialisation these little ones and their parents have had for the last 2 years. In many of these cases intensive support was not required, and behaviour techniques and local social groups were provided as a means of support.

During the last year we have provided both practical and emotional support to families and individuals and seen progress within the following areas, for e.g.

- Supporting those living with addiction and their families i.e., drugs/alcohol detox and rehab and the effects that addiction has on children and family life.
- Improved family relationships.
- Support and intervention within incidents of anti-social behaviour within the community/other settings.
- Advice and the provision of activities that have improved physical and mental health and well-being.
- Improved health and safety within the home.
- Provided essentials for the home/setting up a home, family living I.e., furniture, clothes, beds/bedding/curtains etc.
- Worked with families to make education and online learning accessible. Where this proved to be difficult, we secured places in school so that children could attend and access learning.
- Improved skills in managing a home, finance, living within and budget and reducing debt.
- Assisted people and attended health/other appointments, providing transport, advocacy and emotional support.
- Securing appropriate housing, working with social and private landlords.
- Provision and delivery of food parcels, gas, electric and petrol in times of family/individual crisis.
- Financial support and provision of school uniforms and equipment.
- Provided Christmas and birthday presents.
- Support with issues of separation, bereavement/grief, and loss.
- Support for people experiencing isolation and loneliness.
- Supporting children and young people within family relationship - bonding/attachment issues.
- Supported parents in increased awareness and ability to provide basic needs- food, safety, warmth, sleep, shelter, clothing, care and protection and love.
- Increased parental awareness and responsibility I.e., guidance and boundaries – reinforcing a sense of family security and of being loved/valued.
- Improved personal safety – within the home and community.
- Support for those who self-harm and want to end life.
- Support for and increased confidence, self-esteem, and self-image/identity for children, young people, and adults.
- Support and parental increased confidence in managing children/young people challenging behaviours.
- Parental and young people support in anger management, verbal and physical aggression & understanding the root causes of their/another's anger.

- Domestic Violence - support and help for victims of abuse and support for those who harm others.
- Abuse – support for victims of abuse in all categories, supporting children, young people and adult victims of childhood abuse.
- Support with managing challenging behaviour for parents and individuals - learning and gaining skills to practice self-control and discipline.
- Support around issues of actions and consequences and taking personal responsibility and criminality ASB.
- Support with personal development and taking on new challenges.
- Living with and understanding/managing mental ill health and its effect on all areas of life and relationships.
- Providing for daily living needs - food, clothes, furniture, and emergency gas and electric.

Around 90% of the families and individuals that we have supported this year continue to have complex and multiple needs. Our wide range of supporting family and individual needs and the geographical reach has remained a core of element of service provision. What has remained is the degree of unpredictability of needs of those who seek our support at any given time. There has been an increase in requests for urgent support, which is on-going and confirms that there is a growing need for BFC to remain within the local community, and the need for our ability to provide a wide range of services and responding to a vast variety of collective and individual needs in a flexible and quick responsive manner.

Trustee involvement has remained, meetings have continued, and regular contact and support has been readily available from all. Trustees were fully involved and actively supported the recruiting process for our new Community Family Support Worker, being part of the interview process and panel. Trustees and staff are aware of the need to recruit a further Trustee and have been using their Church and personal contacts as a source.

Family Support Workers experience of managing and supporting families and young people within different situations continues to be a major strength. Their flexibility, determination and compassion has been rewarded as the lives of those they support have changed and improved for the better. Their approach to a family's/individual's time of 'stuck ness' is seen as a head on challenge of working with the family to find the right solution for them, one that can be a skill/tool for equipping them for the future.

Staff meetings "Huddles", supervision and caseload supervision have continued throughout the year. Within each of the meetings safeguarding, risk-assessments, finance, premises, training and the well-being of staff and volunteer are regular items on the agenda. All support and activities remain under the management of a local Trustee Board, who understand the community and the issues and challenges that people face.

Section D Achievements and performance

Summary of the main activities undertaken for the public benefit in relation to these objects

During the past year we have continued to support families and individuals with a vast and wide range of issues whilst navigating the on-going Covid pandemic and our move to new Town Centre premises at the ABD Centre. Our decision to move into and share in the ABD community building has certainly proved to be a great success and reward for a huge leap of faith and is proving to be key in the development of future services, support, and community activity days.

What has been extremely encouraging is our growth in partnership working with local agencies and the relationships built and mutual support, we are grateful for our links and shared values with ABD Community Centre, Police, Schools and Local Counsellors, Children's Social Care and Churches, to name a few. All contacts have been strengthened and our meeting together has increased in frequency and aided much of our service delivery, scope and support for those in crisis and need.

We have continued with our aim to build resilience, encouraging people to take responsibility and control of their own lives. For many they have inherited harmful habits and aspects of behaviour that negatively impacts their lives, often leading to isolation and social exclusion.

This year we have provided:

- ✓ Intensive family support to 76 families, 166 individuals = 72 adults and 94 children/young people.
- ✓ Ad-hoc family support to 18 individuals.
- ✓ 15 young people received befriending and mentoring individual support.
- ✓ Empowered girl's group 18 young ladies attended.
- ✓ Weekly term-time pre-school Toddler group play total attendance 138.
- ✓ Adult Drop-in = 21 where ages range from 18 years to 75.
- ✓ Solutions – Young people weekly walk abouts and hot-dog sessions 40.

Throughout the year we have supported a total of 180 adults and 236 children giving us a total of 416 people. Considering our groups did not start until September and November we foresee this number will increase further next year as our reach expands and we run at full capacity.
We have robust monitoring and evaluation processes rooted in highly effective record keeping and regular team meetings and supervisions.

Our success, our outputs and outcomes are monitored by: -

i. individual action plans completed by the family/worker at the start of and throughout their support
ii. evaluations carried out by family at end of support
iii. regular supervision sessions and team Huddles of staff held by the Project Manager
iv. observations and verbal comments by others; parents, family members, staff, volunteers and other supporting professionals e.g., health visitors, teachers, social workers who all report progress and positive change
v. multi agency meetings allow for the sharing and receiving of information/good practice and mutual support and advice, working this way makes the entire support package more effective
vi. modelling best practice to families, volunteers and partner agencies

We continue to find that work undertaken in preparing grant applications, reporting to the Trustees, and preparing evaluation/monitoring reports for funders provides a very clear structure and evaluation of our work. Our intention remains to have an IT system that will enable all reporting and recording systems and Data Protection that will be more robust, time saving and efficient.

Through our regular Trustees' Meetings information is shared of the range and scale of support given. The meetings also form a key role in the monitoring and evaluation of support being provided through individual family support packages of care. Safeguarding has remained a high priority throughout all services delivered. In addition, we have focussed on monitoring and evaluating progress through the Centre Development Plan (see page 11).

Section D Achievements and performance

Positive change remains to be a slow and steady process for some and will include some backward steps. Many of those who access our support live with the lasting effects of previous abuse, addiction, poverty, and other lifelong issues. Our commitment to them has always been and continues to be for the long haul, giving support for as long and it is needed and gives renewed life opportunities, health, and happiness, in this 'giving of time' we are unique in the Rossendale Valley. What keeps us positive is there is plenty of evidence that our work has truly transformed the lives of many. One way we monitor this is with regular, permissible, and anonymous case studies, which we also use as "evidence" in our funding bids and evaluation to show the impact, the difference to individual lives that BFC and those who financially support us make.

Throughout this last year we have focused on training and development and have undertaken a number of courses and learning opportunities. Zoe Leyland successfully completed a course in Youth Mental Health First Aid. All staff members underwent a Modern Slavery and Human Trafficking course which was very insightful and highlighted the issue with young people and county lines and how prevalent it is throughout Lancashire. Staff and Volunteers underwent Level 3 Paediatric First Aid & Level 3 First Aid at Work, Level 2 Food Hygiene, Allergy Awareness & Health & Safety. Natasha underwent a fundraising training course to help assist her with writing funding applications. We continue to actively seek further training to expand our knowledge and maintain our high standards.

To help our analysis we classify people's needs into three levels, depending on the amount of support needed and complexity of the issues they have, currently levels are: -

- Level 1 - need minimal support, occasional visits or contact and can be supported effectively with a befriender. Reduced need for professional family support.
- Level 2 - has more complicated needs and will need the support of a professional. They will require at least weekly contact but little need for accompanied visits.
- Level 3 - has the highest need. They have complex interrelated problems and will need multiple visits and support, including accompanying them to appointments and extensive contact, to reassure and set and monitor clear targets.

This year majority of families have come in at level 2 & 3, with the exception of those families needing ad hoc support – level 1. Several families have moved through the levels because of the progress they had made. In addition, many individuals and family members have increased in their ability to:

- Improve family relationships.
- Parent and manage children / young people with challenging behaviours.
- Manage daily life and issues they may face.
- Provide a home that is safe, secure, and loving.
- Manage their finances and work with a restricted budget.
- Communicate more effectively with family members and professionals
- Recognise issues that have a negative effect on lives and make changes to improve this.
- Recognise the benefits of a healthier lifestyle and make changes to improve health and wellbeing.
- Respond positively and make changes to inherited negative behaviours and attitudes
- Identify for themselves areas requiring change, improving life for themselves and family.
- Make positive choices.
- Improve confidence to make their views / voice heard.
- Access and part-take in therapeutic support.
- Reduce stress within the home and increase well-being
- Recognise the signs of crisis and seek support.

Section E Financial review

Brief statement of the charity's policy on reserves

Bacup Family Centre believes that the charity should hold financial reserves equating to a minimum of 6 months operational costs (the "Operation Continuity Reserve" - OCR) because:

i. It has no endowment funding, or significant income, and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation
ii. It requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events
iii. Family work cannot be stopped immediately, and sufficient funds must be available to allow an appropriate "winding down" of support.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

Due to the underspend during the pandemic 2020/2021 this will extend the life of the project funded by the National Lottery as stated previously both new members of staff are now in place.

We will have a focus in 2022 / 2023 in securing three years funding from a variety of sources. We are aware that there has been a significant increase in the amount that needs to be raised as a result of the success of the Solutions Project.

Principal funding in sources for 2021/22

National Lottery
Income from partnership with CA - Help Through Crisis
Martin Lewis Covid Fund
Individual giving
Local businesses
Local Churches
One off donation's

Please see Audited Accounts for 2021/2022.

Section F Other optional information

Charity Trustees continue to monitor the development plan which sets out eight objectives for the next three years. Each objective is costed both in terms of finance and human resources and have clear intermediate steps as well as success criteria. All objectives are reviewed regularly during trustee meetings.

a) **To develop volunteers in number and ability.**

b) **To create greater financial stability of core funding.**

c) **To raise profile of the Centre Open events.**

d) **To respond to changes in legislation that affects families.**

e) **To develop and effective IT based record system**

f) **To develop effective partnerships**

g) **To develop a clear strategic plan for the Centre for the next 10 years**

h) **To ensure compliance with all relevant legislation regarding the work of the Centre.**

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	J T Lewer	L Allen.
Full name(s)	Janice Lewer	Leila Allen
Position (eg Secretary, Chair,	Chair of Trustees	Project Manager

Date 14/06/2022

COMPANY REGISTRATION NUMBER: 06852162

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

UNAUDITED FINANCIAL STATEMENTS

31 MARCH 2022

FIELDING & CO
Accountants
73 Bankside Lane
Bacup
OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

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BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

OFFICERS AND PROFESSIONAL ADVISERS

The board of directors	A. Perry J. Emberton
Registered office	AB&D Centre Top Floor Burnley Road Bacup Lancashire OL13 8AB
Accountants	Fielding & Co Accountants 73 Bankside Lane Bacup OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 MARCH 2022

The directors present their report and the unaudited financial statements of the company for the year ended 31 March 2022.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1129644) and was established to fulfill the following obligations:

- To offer individual support (emotional and practical care) to children, young people and families within the local community.

- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies

- To develop, maintain and work in partnership with other agencies enabling children, young people and families to develop holistically, irrespective of their background.

- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.

- To offer opportunities that promote personal growth; self-confidence/esteem, respect and positive self-image.

DIRECTORS

The directors who served the company during the year were as follows:

A. Perry
J. Emberton

FINANCIAL REVIEW

Details of the Company's financial activities on page 4 show a net surplus for the year of £40,672 (2021: £64,985). The Company's income of £167,023 (2021: £157,602) is derived from the following main sources:

- Grants £145,795 (2021: £139,063). This includes specific amounts from Tudor Trust £4,396 (2021: £18,271), Help Through Crisis £4,125 (2021: £16,500), Garfield Weston Foundation Nil (2021: £11,250), National Lottery Awards for All Nil (2021: £3,685), Clinical Commissioning Group Nil (2021: £2,590), National Lottery Community Fund £137,155 (2021: £83,845) and Martin Lewis Corona Fund (Utilised) £119 (2021: £2,922).

- Personal donations £9,988 (2021: £9,719)

- Other donations £8,959 (2021: £5,489)

The Company's financial position on page 5 shows net assets of £107,361 at 31 March 2022.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 20 June 2022 and signed on behalf of the board by:

A. Perry
Director

Registered office:
AB&D Centre Top Floor
Burnley Road
Bacup
Lancashire
OL13 8AB

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF INCOME AND RETAINED EARNINGS

YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
TURNOVER		167,023	157,602
GROSS PROFIT		167,023	157,602
Administrative expenses		126,353	92,617
OPERATING PROFIT		40,670	64,985
Other interest receivable and similar income	**6**	2	–
PROFIT BEFORE TAXATION		40,672	64,985
Tax on profit		–	–
PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME		40,672	64,985
RETAINED EARNINGS AT THE START OF THE YEAR		66,689	1,704
RETAINED EARNINGS AT THE END OF THE YEAR		107,361	66,689

All the activities of the company are from continuing operations.

The notes on pages 7 to 8 form part of these financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 MARCH 2022

	Note	2022		2021	
		£	£	£	£
CURRENT ASSETS					
Debtors	**7**	181		4,224	
Cash at bank and in hand		185,042		120,247	
		185,223		124,471	
CREDITORS: amounts falling due within one year	**8**	77,862		57,782	
NET CURRENT ASSETS			107,361		66,689
TOTAL ASSETS LESS CURRENT LIABILITIES			107,361		66,689
NET ASSETS			107,361		66,689
CAPITAL AND RESERVES					
Profit and loss account			107,361		66,689
MEMBERS FUNDS			107,361		66,689

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The statement of financial position
continues on the following page.

The notes on pages 7 to 8 form part of these financial statements.

These financial statements were approved by the board of directors and authorised for issue on 20 June 2022, and are signed on behalf of the board by:

A. Perry
Director

Company registration number: 06852162

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is AB&D Centre Top Floor, Burnley Road, Bacup, Lancashire, OL13 8AB.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Revenue recognition

Grants and donations shown in the income and expenditure account represents amounts received during the year.

(c) Financial instruments

Basic financial instruments are recognised at amortised cost.

(d) Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and is regulated by its Memorandum and Articles of Association dated 16 March 2009.

5. EMPLOYEE NUMBERS

The average number of persons employed by the company during the year amounted to 5 (2021: 4).

6. OTHER INTEREST RECEIVABLE AND SIMILAR INCOME

	2022	2021
	£	£
Interest on cash and cash equivalents	2	–

7. DEBTORS

	2022	2021
	£	£
Trade debtors	94	4,125
Prepayments and accrued income	87	99
	181	4,224

8. CREDITORS: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	–	519
Accruals and deferred income	72,276	53,859
Social security and other taxes	5,586	3,404
	77,862	57,782

9. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

10. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the FRS 102 Section 1A.

The following pages do not form part of the financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE DIRECTORS OF BACUP FAMILY CENTRE LIMITED

YEAR ENDED 31 MARCH 2022

We report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 4 to 8.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND INDEPENDENT EXAMINER
The directors are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT
Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT
In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the directors have not met the requirements to ensure that:

• proper accounting records are kept in accordance with section 386 of the Companies Act 2006; and

• accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

FIELDING & CO
Accountants

73 Bankside Lane
Bacup
OL13 8HP

20 June 2022

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME STATEMENT

YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
TURNOVER		
Grants	145,795	139,063
Personal donations	9,988	9,719
Other donations	8,959	5,489
Client contributions	275	–
Local fundraising	2,006	375
Gift aid tax reclaim	–	2,956
	167,023	157,602
GROSS PROFIT	167,023	157,602
OVERHEADS		
ADMINISTRATIVE EXPENSES		
Water rates	(141)	320
Light and heat	57	931
Insurance	532	570
Repairs and maintenance	2,988	1,545
Staff salaries	88,297	68,460
Provision for redundancy	3,729	1,714
Staff national insurance contributions	2,608	1,352
Staff pension contributions	4,629	4,559
Telephone	1,369	1,113
IT system	1,489	2,062
New premises set up costs	1,944	–
Rent and room hire	11,757	4,500
Printing, postage and stationery	463	182
Sundry expenses	623	285
Staff training	1,088	–
Family support expenses	2,130	1,602
Group work expenses	2,130	–
Help in crisis expenses	42	–
Martin Lewis charity fund expenses	119	2,922
Accountancy fees	500	500
	126,353	92,617
OPERATING PROFIT	40,670	64,985
Other interest receivable and similar income	2	–
PROFIT BEFORE TAXATION	40,672	64,985

	2022	2021
	£	£
OTHER INTEREST RECEIVABLE AND SIMILAR INCOME		
Bank interest received	2	–

COMPANY REGISTRATION NUMBER: 06852162

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

UNAUDITED FINANCIAL STATEMENTS

31 MARCH 2022

FIELDING & CO
Accountants
73 Bankside Lane
Bacup
OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2022

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BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

OFFICERS AND PROFESSIONAL ADVISERS

The board of directors	A. Perry J. Emberton
Registered office	AB&D Centre Top Floor Burnley Road Bacup Lancashire OL13 8AB
Accountants	Fielding & Co Accountants 73 Bankside Lane Bacup OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 MARCH 2022

The directors present their report and the unaudited financial statements of the company for the year ended 31 March 2022.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1129644) and was established to fulfill the following obligations:

- To offer individual support (emotional and practical care) to children, young people and families within the local community.

- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies

- To develop, maintain and work in partnership with other agencies enabling children, young people and families to develop holistically, irrespective of their background.

- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.

- To offer opportunities that promote personal growth; self-confidence/esteem, respect and positive self-image.

DIRECTORS

The directors who served the company during the year were as follows:

A. Perry
J. Emberton

FINANCIAL REVIEW

Details of the Company's financial activities on page 4 show a net surplus for the year of £40,672 (2021: £64,985). The Company's income of £167,023 (2021: £157,602) is derived from the following main sources:

- Grants £145,795 (2021: £139,063). This includes specific amounts from Tudor Trust £4,396 (2021: £18,271), Help Through Crisis £4,125 (2021: £16,500), Garfield Weston Foundation Nil (2021: £11,250), National Lottery Awards for All Nil (2021: £3,685), Clinical Commissioning Group Nil (2021: £2,590), National Lottery Community Fund £137,155 (2021: £83,845) and Martin Lewis Corona Fund (Utilised) £119 (2021: £2,922).

- Personal donations £9,988 (2021: £9,719)

- Other donations £8,959 (2021: £5,489)

The Company's financial position on page 5 shows net assets of £107,361 at 31 March 2022.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 20 June 2022 and signed on behalf of the board by:



A. Perry
Director

Registered office:
AB&D Centre Top Floor
Burnley Road
Bacup
Lancashire
OL13 8AB

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF INCOME AND RETAINED EARNINGS

YEAR ENDED 31 MARCH 2022

	Note	2022 £	2021 £
TURNOVER		167,023	157,602
GROSS PROFIT		167,023	157,602
Administrative expenses		126,353	92,617
OPERATING PROFIT		40,670	64,985
Other interest receivable and similar income	6	2	–
PROFIT BEFORE TAXATION		40,672	64,985
Tax on profit		–	–
PROFIT FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME		40,672	64,985
RETAINED EARNINGS AT THE START OF THE YEAR		66,689	1,704
RETAINED EARNINGS AT THE END OF THE YEAR		107,361	66,689

All the activities of the company are from continuing operations.

The notes on pages 7 to 8 form part of these financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 MARCH 2022

	Note	2022 £	£	2021 £	£
CURRENT ASSETS					
Debtors	7	181		4,224	
Cash at bank and in hand		185,042		120,247	
		185,223		124,471	
CREDITORS: amounts falling due within one year	8	77,862		57,782	
NET CURRENT ASSETS			107,361		66,689
TOTAL ASSETS LESS CURRENT LIABILITIES			107,361		66,689
NET ASSETS			107,361		66,689
CAPITAL AND RESERVES					
Profit and loss account			107,361		66,689
MEMBERS FUNDS			107,361		66,689

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 March 2022 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The statement of financial position
continues on the following page.

The notes on pages 7 to 8 form part of these financial statements.

STATEMENT OF FINANCIAL POSITION *(continued)*

31 MARCH 2022

These financial statements were approved by the board of directors and authorised for issue on 20 June 2022, and are signed on behalf of the board by:



A. Perry
Director

Company registration number: 06852162

The notes on pages 7 to 8 form part of these financial statements.

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is AB&D Centre Top Floor, Burnley Road, Bacup, Lancashire, OL13 8AB.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Revenue recognition

Grants and donations shown in the income and expenditure account represents amounts received during the year.

(c) Financial instruments

Basic financial instruments are recognised at amortised cost.

(d) Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and is regulated by its Memorandum and Articles of Association dated 16 March 2009.

5. EMPLOYEE NUMBERS

The average number of persons employed by the company during the year amounted to 5 (2021: 4).

6. OTHER INTEREST RECEIVABLE AND SIMILAR INCOME

	2022	2021
	£	£
Interest on cash and cash equivalents	2	–

7. DEBTORS

	2022	2021
	£	£
Trade debtors	94	4,125
Prepayments and accrued income	87	99
	181	4,224

8. CREDITORS: amounts falling due within one year

	2022	2021
	£	£
Trade creditors	–	519
Accruals and deferred income	72,276	53,859
Social security and other taxes	5,586	3,404
	77,862	57,782

9. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

10. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the FRS 102 Section 1A.

The following pages do not form part of the financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE DIRECTORS OF BACUP FAMILY CENTRE LIMITED

YEAR ENDED 31 MARCH 2022

We report on the accounts of the company for the year ended 31 March 2022, which are set out on pages 4 to 8.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND INDEPENDENT EXAMINER
The directors are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT
Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT
In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the directors have not met the requirements to ensure that:

• proper accounting records are kept in accordance with section 386 of the Companies Act 2006; and

• accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Fielding & Co.

FIELDING & CO
Accountants

73 Bankside Lane
Bacup
OL13 8HP

20 June 2022

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME STATEMENT

YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
TURNOVER		
Grants	145,795	139,063
Personal donations	9,988	9,719
Other donations	8,959	5,489
Client contributions	275	–
Local fundraising	2,006	375
Gift aid tax reclaim	–	2,956
	167,023	157,602
GROSS PROFIT	167,023	157,602
OVERHEADS		
ADMINISTRATIVE EXPENSES		
Water rates	(141)	320
Light and heat	57	931
Insurance	532	570
Repairs and maintenance	2,988	1,545
Staff salaries	88,297	68,460
Provision for redundancy	3,729	1,714
Staff national insurance contributions	2,608	1,352
Staff pension contributions	4,629	4,559
Telephone	1,369	1,113
IT system	1,489	2,062
New premises set up costs	1,944	–
Rent and room hire	11,757	4,500
Printing, postage and stationery	463	182
Sundry expenses	623	285
Staff training	1,088	–
Family support expenses	2,130	1,602
Group work expenses	2,130	–
Help in crisis expenses	42	–
Martin Lewis charity fund expenses	119	2,922
Accountancy fees	500	500
	126,353	92,617
OPERATING PROFIT	40,670	64,985
Other interest receivable and similar income	2	–
PROFIT BEFORE TAXATION	40,672	64,985

BACUP FAMILY CENTRE LIMITED

NOTES TO THE DETAILED INCOME STATEMENT

YEAR ENDED 31 MARCH 2022

	2022 £	2021 £
OTHER INTEREST RECEIVABLE AND SIMILAR INCOME		
Bank interest received	2	–

BACUP FAMILY CENTRE

England & Wales - Charity number 1129644

Accounts

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2020		31	03	2021

Section A Reference and administration details

Charity name	Bacup Family Centre
Other names charity is known by	
Registered charity number (if any)	1129644
Charity's principal address	ABD Centre, Top Floor, Burnley Road
	Bacup
Postcode	**OL13 8AB**

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Janice Lewer	Chair		
2	Lynne Kemp	Treasurer		
3	Jo Emberton	Marketing & Publicity		
4	Alison Perry	Secretary		
5	Suzanne Craven	Trustee		
6				
7				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
General	Peter Dunn	ABD Centre Manager

Name of chief executive or names of senior staff members (Optional information)

Mrs Leila Allen

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document	MEMORANDUM AND ARTICLES OF ASSOCIATION INCORPORATED 19 MARCH 2009
How the charity is constituted	Limited company
Trustee selection methods	Appointed by existing Trustees

Additional governance issues (Optional information)

During this year, we have seen no change in the existing Board of Trustees. Trustees continue to actively seek a further new member with the appropriate skills and experience.
This year is year 1 of 3 of The National Lottery (TNL) – Reaching Communities funding, The grant provides for years 1 & 3 to be part funded with year 2 being fully funded. The success of TNL application came in at the same time as other successful funding bids. Our experience is, like many voluntary projects, funding is secured in the '11th hour'. What is good news is that all the funding received enabled services to continue without interruption, other sources of funding; Tudor Trust, Garfield Weston, Citizen's Advice - Help Through Crisis Project, Martin Lewis Covid Relief fund. We continued to be supported by Local Churches, businesses and individuals funding going forward.

The last year has been an extremely difficult and challenging period for BFC in terms of delivery of services within the global Pandemic and lockdowns. Working at home and Covid restrictions meant that we could no longer safely meet with people, and so our group work and face to face services in the main stopped, as did all volunteer participation. We have continued with our developing links with other professional bodies, contact has been via phone, email and zoom. Links with local schools has grown as we continued to support families throughout this time, as a result, relationships have strengthened with pastoral staff and heads of schools.

Staff have endeavoured and ensured that family support services continued with the minimum of disruption. All families and individuals continued to receive support when needed and as required.

Throughout lockdown BFC continued to work closely with other family service providers s in the local area, both statutory and non-statutory. Our joint work with Citizen Advice continued via the National Lottery *Help Through Crisis* funding. Through this work individuals receive both practical and emotional advocacy support, alleviating crisis.

The Trustees are aware that last year had been another extremely difficult and challenging year for both staff and volunteers. All Trustees appreciate the dedication, determination and commitment of all staff and volunteers who have willingly stepped in and maintained the high standards.

During this time Trustees and staff secured larger premise within the ABD Centre and a planned move in April 2021. It is foreseen that this will a great partnership going forward, our values are remarkably similar, with the shared intentions of ABD becoming a vibrant community building with a community focus and resident involvement.

The Trustees are aware of their growing responsibility as BFC continues to develop and increase its workload and size. Valley residents, professionals, and partner agency reliance on BFC continues' to increase. As a response, funds have been secured to employ two additional staff. We successfully appointed a part-time Office Administrator in November 2020, and it was decided to wait until the end of restrictions and lockdowns before recruiting an additional full-time Community Family Support Worker.

We continue to rely on external funding from a variety of sources including grant making bodies, local Churches, businesses, and individual giving. Trustees recognise the ongoing challenges of attracting funding and that there is a need to continually review and implement our funding strategy to ensure the work that is so highly valued by the local community, is maintained and developed. Future funding will be achieved through actively seeking a variety of funding opportunities and increasing staff fundraising skills through in-house and external training.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

- Strengthen family relationships, supporting individuals as they develop their ability to care for themselves, their family, and the wider community.
- Help parents/carers understand and meet the needs of the children and young people in their care.
- Help people to overcome their difficulties and make lasting positive change, supporting them for the duration of time they need to make sought after changes
- Enable service users to develop holistically, in mind, body and soul.

Summary of the main activities undertaken for the public benefit in relation to these objects

Giving a Helping Hand – providing specific packages of care support & practical and emotional support for individuals in times of crisis and need. Family support has been a combination of phone calls, doorstep deliveries, walk and talks, home visits and Centre visits. Despite and working within the varying stages of guidelines/lockdown, staff working from home and home schooling their own children, for a large period of time, nobody was turned away! Workers adapted their usual way of working and continued to provide support throughout the reporting period. Often working evenings and weekends to ensure families and individuals needs were being met and, although times were different and difficult their dedication and commitment to helping people remained a high priority, and our partnership working with other agencies, including schools, Citizen Advice and Children's' Social Care helped to provide the best possible outcome for families and individuals.

Despite local restrictions and working from home, we have continued to provide emergency food, gas and electric, clothing, beds, bedding, and household items for families and individuals. There has been a total of 17 families accessing emergency family support, we have also provided for a further 11 individuals with urgent items needed, for these people once their immediate needs were met there was no need for further support. As expected, a pandemic year has resulted in our anticipated numbers of community contacts being much less, both our children's and adults'

groups had to close March 2020 and were put on hold, which means our reaching out to the community has been less too. We would normally see far more self-referrals from our groups, as people become comfortable and open-up to staff and volunteers.
The free school meal scheme has been extended and benefits increased due to the pandemic, so for some their needs were met in this way. Also, we have seen an increase in community food boxes, new food stores and other services in a position to help have been well advertised throughout this period. Other items we have provided to families that has helped practically have been varied, toys, laptops, a cooker and fridge, Christmas toys and presents for all family members, food hampers, pots & pans and many other items needed for setting up a home.

Befriending has continued throughout and due to restrictions has been delivered slightly differently. We have been grateful of the support received from four local schools who have provided a safe space and a time slot for workers to go in and meet with the young person, also, two of these schools have expressed an interest in our expanding this Befriending service to their pupils who need pastoral support. Befriending sessions have also taken place over the phone, WhatsApp and Zoom, meeting in local parks for walk and talks and meeting at the Family Centre when “Covid safe” to do so.

Our experience has been that the global measures taken to control the virus has meant more people than ever are experiencing severe isolation during lockdown, losing their social connections and physical contacts, suffering this depth of loneliness in turn has led to depression, anxiety, and declining mental health. The Family Centre has strived to ensure that they have stayed connected with all those people accessing support and in having regular chats on the phone and doorstep visits, for some, this was the only contact they had had with other people during the lockdown period.

We found many families were struggling to access online learning for their children or struggling with becoming “teacher”. Several families we support have some form of learning difficulty which meant this was a real challenge to them and an added cause of stress. To help, we provided them with resources and donated laptops, that had been donated to the Centre, enabling the families to access online learning. Our being a listening ear when things became overwhelming has been appreciated by many, also we re-assure families of “vulnerable” children when they had concerns and worries about sending their children back into school.

We have continued to work with families and individuals living with and battling addiction, dependency and living in recovery, liaising with doctors and other agencies such as Inspire to ensure they remain on track and can access the help and support they need. What was a big concern was that some people could drop through the cracks due to isolation and the reduction of face-to-face services, and so, we made sure that when people started to disengage, we increased our regular calls, doorstep visits and emergency welfare checks. It was important to all to keep some continuity and consistency, in the hope that people would not return to using substances or alcohol as a crutch during these unprecedented and testing and uncertain times.

During the last year we have provided both practical and emotional support within the following areas:

- Living with addiction i.e. drugs/alcohol detox and rehab
- Incidents of anti-social behaviour

- Advice and provided activities that improve physical and mental health and well-being
- Improvements with health and safety, provision of essentials in the home
- Worked with families to make education and online learning accessible. Where this proved to be difficult, we secured places in school.
- Increase skills in managing a home, finance and reducing debt
- Assisted people with maintaining health/other appointments where possible.
- Securing appropriate housing, delivery of food provisions, furnishings and essentials for setting up a home.
- Supporting those experiencing separation, bereavement/grief, and loss
- Support for people experiencing loneliness and isolation.
- Supporting children and young people & family relationship - bonding/attachment, understanding the needs of others
- How to provide for basic needs- food, safety, warmth, sleep, shelter, clothing, care and protection, love
- Guidance and boundaries – reinforcing a sense of security and of being loved/valued
- Personal safety – within the home and community
- Self-harm and wanting to end life
- Confidence, self-esteem, and self-image/identity
- Managing children/young people challenging behaviours
- Anger management, verbal and physical aggression & understanding the root causes of anger.
- Domestic Violence- help for victims and for those who harm others
- Abuse –victims of abuse both children and adult victims of childhood abuse
- Managing challenging behaviour- learning to practice self-control and discipline and supporting carers
- Actions and consequences – negative actions get negative results – positive actions/positive results
- Personal development and taking on new challenges
- Living with, understanding, and managing mental ill health and its effect on all areas of life. Particularly the increased impact due to the Covid Pandemic
- Addictions- support for those living with addiction and for their carers/families
- Providing food, clothes, furniture, and emergency gas and electric

Additional details of objectives and activities.

Families and individuals that we have supported this year continue to have complex and multiple needs. Due to our wide scope of service provision, there is a degree of unpredictability of needs of those who seek our support at any given time. This has confirmed the need for us to remain within the local community, providing a wide range of services and responding to a wide variety of needs in a flexible and responsive manner. However, as mentioned, the Covid-19 Pandemic has meant a reduction in groupwork and reduced of face-to-face contact with our service users, we anticipate that many families and individuals may struggle with reduced opportunity to engage with support. However, what has been encouraging to see, is there are several families and individuals that have in fact coped very well in the circumstances and have found that although they always thought they needed ongoing contact and the comfort of support, they are very much able to manage their everyday lives amid a global pandemic.

We have been unable to utilise any volunteers this past year, all delivery of groupwork and activities planned were cancelled. Our focus therefore was to concentrate on delivering support to families and individuals in crisis through this difficult period and trying our best to maintain relationships and communication with our service users, whilst keeping everyone as safe as possible.
Trustee involvement and communication has been virtual through Zoom and phone calls due to the pandemic, but our board meetings have continued, and regular contact and support has been readily available from all. For example, we consulted our Trustees regarding the move to a larger premise, they came and had a look around the ABD and they were able to provide questions that needed to be asked and financial advice about negotiating our rent and setting up a standing order. Trustees were also fully involved in the recruiting process for the administrator post and were part of the interview process/panel.

The Family support workers experience of handling different situations and adaptability has been a major strength throughout this time, we have utilised our “hands on” and “can handle any situation” attitude to really spur us on. Changing from face-to-face contact and freedom to visit homes, schools, and family appointments, to then having to manage and maintain support and visits virtually or via phone calls and walk and talks has been challenging but they have rose superbly to the challenge. Through our vast experience and knowledge of family support, the local area and the relationships formed with families, our support workers have kept families and individuals engaged and re-assured during all the varying degrees of lockdown and restrictions and despite difficulties have always kept a positive mindset. Family support workers have shown a great deal of compassion and patience in what have been challenging circumstances for all concerned.

Project management has included regular staff “Huddles” where staff caught up and talked things through, including their health and well-being, home life, home schooling and everyday concerns. This time also provided advice and in-depth knowledge from many years of experience in supporting people, while also ensuring the well-being of all staff members.
From 1st June to November there were only 3 members of staff. Our volunteer administrator retired at Christmas 2019, this meant that administration and financial aspects such as petty cash, thankyou letters,

invoices etc were all handled between the Project Manager and 2 Family support workers. This again shows the adaptability of the Family Centre, whilst in normal times this may have been overwhelming, one blessing was that due to lockdown and the closure of groups, spend, expenses etc were minimal and so this was manageable.
We used the time to re-assess and re-structure the workforce with a view to how we wanted it to run in the future. It had always been the intention to employ another full-time Family Support Worker and Office Administrator, so it was decided to help facilitate this, and build the team dynamics and strengths Rachel was successfully appointed as Team Leader.

All support and activities remain under the management of a local Trustee Board, who understand the community and the issues and challenges that people face.

Section D Achievements and performance

Summary of the main achievements of the charity during the year

During the past year we have continued to support families and individuals with a huge and wide range of issues whilst navigating the pandemic and lockdowns. We have had provided family support to a total of 38 families or individuals. With a total of 55 adults and 73 children. There are currently 10 children or young people accessing befriending services.

We have continued with our aim to build resilience, encouraging people to take responsibility and control of their own lives. For many they have inherited harmful habits and aspects of behaviour that negatively impacts their lives, often leading to isolation and social exclusion.

We have a robust monitoring and evaluation scheme rooted in highly effective record keeping and regular team meetings and supervisions. Work is on-going to update and replace our current monitoring and evaluation systems with a bespoke IT system.

All service delivery is measured by: -

i. individual action plans completed by the family/worker at the start of and throughout their support
ii. evaluations carried out by family at end of support
iii. regular supervision sessions and team Huddles of staff held by the Project Manager
iv. observations and verbal comments by others; parents, family members, staff, volunteers and other supporting professionals

e.g. health visitors, teachers, social workers who all report progress and positive change

v. multi agency meetings allow for the sharing and receiving of information/good practice and mutual support and advice, working this way makes the entire support package more effective

vi. modelling best practice to families, volunteers, and partner agencies

We have found that work in preparing grant applications, reporting to the Trustees, and preparing evaluation/monitoring reports for funders provides a very clear structure and evaluation of our work. Once our IT system is complete our reporting and recording systems and Data Protection will be more robust, time saving and efficient.

Through our regular Trustees' Meetings information is shared of the range and scale of support given. The meetings also form a key role in the monitoring and evaluation of support being provided through individual family support packages of care. Safeguarding has remained a high priority throughout all services delivered. In addition, we have focussed on monitoring and evaluating progress through the Centre Development Plan (see below).

Positive change remains to be a slow and steady process for some and will include some backward steps, as many of our clients live with the effects of previous abuse. Our commitment has always been for the long haul and in this we are unique in Bacup. What keeps us positive is there is plenty of evidence that our work has truly transformed the lives of many. We monitor this with regular case studies which we also use as "evidence" in funding bids and evaluation to show the impact BFC makes.

To help our analysis we classify people's needs into three levels, depending on the amount of support needed and complexity of the issues they have, currently levels are: -

- Level 1 - need minimal support, occasional visits or contact and can be supported effectively with a befriender. Reduced need for professional family support.
- Level 2 - has more complicated needs and will need the support of a professional. They will require at least weekly contact but little need for accompanied visits.
- Level 3 - has the highest need. They have complex interrelated problems and will need multiple visits and support, including accompanying them to appointments and extensive contact, to reassure and set and monitor clear targets.

We have continued to experience families entering support at all levels. We have seen an increase in Level 1 due to the pandemic and people awaiting UC payments in those initial weeks needing emergency provision or advice once this need is met no further contact or support has been needed. 90% of families enter support at levels 2 &3.
By using our self-assessment form and our intentional intervention strategy, we have seen individuals and families progress, and no longer requiring any level of intervention. Equally, during support other issues arise and can be quite complex, resulting in the family moving frequently between the levels.

This year several families were taken off the intensive support because of the progress they had made. In addition, many individuals and family members have increased in their ability to:

- Parent and manage children with challenging behaviours
- Cope in uncertain times.
- Provide a home that is safe, secure, and loving
- Manage their finances and keep to a budget
- Communicate more effectively with family members and professionals
- Recognise issues that have a negative effect on lives
- Recognise the benefits of a healthier lifestyle
- Change inherited negative behaviours and attitudes
- Identify for themselves areas requiring change
- Make positive choices
- Make their views known
- Access and part-take in therapeutic support
- Reduce stress within the home and increase well-being
- Recognise the signs of crisis and seek support.

This year has seen an increase in feelings of loneliness, anxiety, depression, mental health issues, uncertainty and our focus now is to help people navigate their way back into “the new normal.” Also, to re-introduce groups and extend our befriending services as we foresee these will now be more important than ever!

Section E Financial review

Brief statement of the charity’s policy on reserves

Bacup Family Centre believes that the charity should hold financial reserves (the "Operation Continuity Reserve" - OCR) because:

i. It has no endowment funding, or significant income, and is entirely dependent for income upon donor funding from year to year which is inevitably subject to fluctuation
ii. It requires protection against, and the ability to continue operating despite, catastrophic or lesser but damaging events
iii. Family work cannot be stopped immediately, and sufficient funds must be available to allow an appropriate “winding down” of support.

Details of any funds materially in deficit

None

Further financial review details (Optional information)

There will be an underspend from the National Lottery first year as this included 2 extra staff members 1 of which was recruited later on in the year and the full time Family Support Worker hasn’t yet been recruited. Groups have been suspended and so there has been less spend on resources, it has been agreed that this underspend will help prolong the life of the project “Giving a helping hand”
Whilst we are extremely lucky to be financially secure at the moment and we are in a strong position for the year 21/22. We are acutely aware that

Lottery funding reduces to 50% in year 3 and so both Trustees and staff continue to seek to secure the funds needed to ensure BFC can continue its ongoing service delivery beyond this financial year. The focus is always on the long term and longevity of the project!

Principal funding in sources for 2020/21

National Lottery
Tudor Trust
Income from partnership with CA - Help Through Crisis
Martin Lewis Covid Fund
Individual giving
Local businesses
Local Churches
One off donation's

Please see Audited Accounts for 2020/21.

Section F Other optional information

Charity Trustees continue to monitor the development plan which sets out eight objectives for the next three years. Each objective is costed both in terms of finance and human resources and have clear intermediate steps as well as success criteria.

a) To develop volunteers in number and ability.
   a) Several people have expressed interest in becoming involved
   b) Trustees to provide welcome meetings.

b) To create greater financial stability of core funding.
   a) Three-year funding from the National Lottery Community has been secured. Start date June 2020
   b) On-going review of budget – making grant applications to meet budget needs

c) To raise profile of the Centre Open events.
   a) AGM invites has increased attendance
   b) Development and updating of social network site e.g., Website, Facebook.

d) To respond to changes in legislation that affects families.
   a) Policies in place, reviewed this year are Health & Safety, Behaviour Management, Safeguarding Capability and Compassionate Leave. Parental Leave and Lone working.

e) To develop and effective IT based record system
   a) IT based recording and reporting system – Work has continued on a bespoke IT system that has been fully funded by Tudor Trust.

f) To develop effective partnerships
   a) Increased working with Children's Social Care, Education, Health Services, Faith and Voluntary sector.
   b) Develop partnership and work with Rossendale Borough Council

g) To develop a clear strategic plan for the Centre for the next 10 years
   a) Possible new premises within the local area continues to be explored
   b) Long term funding and secure formal partnerships.

h) **To ensure compliance with all relevant legislation regarding the work of the Centre**.
   a) Support and advice covering issues of safeguarding – via Children's Social Care.
   b) The Pensions Trust – Review of current staff Pensions Plans have been assessed and agreed.

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Janice Lewer	Leila Allen
Position (e.g., Secretary, Chair,	Chair of Trustees	Project Manager
Date	16th September 2021	

COMPANY REGISTRATION NUMBER: 06852162

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

UNAUDITED FINANCIAL STATEMENTS

31 MARCH 2021

FIELDING & CO
Accountants
73 Bankside Lane
Bacup
OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

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BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

OFFICERS AND PROFESSIONAL ADVISERS

The board of directors	A. Perry J. Emberton
Registered office	AB&D Centre Top Floor Burnley Road Bacup Lancashire OL13 8AB
Accountants	Fielding & Co Accountants 73 Bankside Lane Bacup OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 MARCH 2021

The directors present their report and the unaudited financial statements of the company for the year ended 31 March 2021.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1129644) and was established to fulfill the following obligations:-

- To offer individual support (emotional and practical care) to children, young people and families within the local community.

- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies

- To develop, maintain and work in partnership with other agencies enabling children, young people and families to develop holistically, irrespective of their background.

- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.

- To offer opportunities that promote personal growth; self-confidence/esteem, respect and positive self-image.

DIRECTORS

The directors who served the company during the year were as follows:

A. Perry
J. Emberton

FINANCIAL REVIEW

Details of the Company's financial activities on page 4 show a net surplus for the year of £64,985 (2020: deficit £1,770). The Company's income of £157,602 (2020: £93,461) is derived from the following main sources:

- Grants £139,063 (2020: £66,078). This includes specific amounts from Tudor Trust £18,271 (2020: £33,833), Help Through Crisis £16,500 (2020: £16,500), Garfield Weston Foundation £11,250 (2020: £3,750), National Lottery Awards for All £3,685 (2020: £6,315), Clinical Commissioning Group £2,590 (2020: £5,180), National Lottery Community Fund £83,845 (2020: Nil) and Martin Lewis Corona Fund (Utilised) £2,922 (2020: Nil).

- Personal donations £9,719 (2020: £10,618)

- Other donations £5,489 (2020: £10,327)

The Company's financial position on page 5 shows net assets of £66,689 at 31 March 2021.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 2 September 2021 and signed on behalf of the board by:

A. Perry
Director

Registered office:
5 Thorn Drive
Bacup
Lancashire
OL13 9LF

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF INCOME AND RETAINED EARNINGS

YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
TURNOVER		157,602	93,461
GROSS PROFIT		157,602	93,461
Administrative expenses		92,617	95,238
OPERATING PROFIT/(LOSS)		64,985	(1,777)
Other interest receivable and similar income	**6**	–	7
PROFIT/(LOSS) BEFORE TAXATION		64,985	(1,770)
Tax on profit/(loss)		–	–
PROFIT/(LOSS) FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME		64,985	(1,770)
RETAINED EARNINGS AT THE START OF THE YEAR		1,704	3,474
RETAINED EARNINGS AT THE END OF THE YEAR		66,689	1,704

All the activities of the company are from continuing operations.

The notes on pages 7 to 8 form part of these financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 MARCH 2021

	Note	2021		2020	
		£	£	£	£
CURRENT ASSETS					
Debtors	7	4,224		4,201	
Cash at bank and in hand		120,247		64,853	
		124,471		69,054	
CREDITORS: amounts falling due within one year	8	57,782		67,350	
NET CURRENT ASSETS			66,689		1,704
TOTAL ASSETS LESS CURRENT LIABILITIES			66,689		1,704
NET ASSETS			66,689		1,704
CAPITAL AND RESERVES					
Profit and loss account			66,689		1,704
MEMBERS FUNDS			66,689		1,704

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The statement of financial position
continues on the following page.

The notes on pages 7 to 8 form part of these financial statements.

These financial statements were approved by the board of directors and authorised for issue on 2 September 2021, and are signed on behalf of the board by:

A. Perry
Director

Company registration number: 06852162

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is 5 Thorn Drive, Bacup, Lancashire, OL13 9LF.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Revenue recognition

Grants and donations shown in the income and expenditure account represents amounts received during the year.

(c) Financial instruments

Basic financial instruments are recognised at amortised cost.

(d) Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and is regulated by its Memorandum and Articles of Association dated 16 March 2009.

5. EMPLOYEE NUMBERS

The average number of persons employed by the company during the year amounted to 4 (2020: 3).

6. OTHER INTEREST RECEIVABLE AND SIMILAR INCOME

	2021	2020
	£	£
Interest on cash and cash equivalents	–	7

7. DEBTORS

	2021	2020
	£	£
Trade debtors	4,125	4,125
Prepayments and accrued income	99	76
	4,224	4,201

8. CREDITORS: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	519	1,149
Accruals and deferred income	53,859	62,690
Social security and other taxes	3,404	3,511
	57,782	67,350

9. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

10. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

The following pages do not form part of the financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE DIRECTORS OF BACUP FAMILY CENTRE LIMITED

YEAR ENDED 31 MARCH 2021

We report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 4 to 8.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND INDEPENDENT EXAMINER
The directors are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT
Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT
In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the directors have not met the requirements to ensure that:

• proper accounting records are kept in accordance with section 386 of the Companies Act 2006; and

• accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

FIELDING & CO
Accountants

73 Bankside Lane
Bacup
OL13 8HP

2 September 2021

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME STATEMENT

YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
TURNOVER		
Grants	139,063	66,078
Personal donations	9,719	10,618
Other donations	5,489	10,327
Client contributions	–	999
Local fundraising	375	2,812
Gift aid tax reclaim	2,956	2,627
	157,602	93,461
GROSS PROFIT	157,602	93,461
OVERHEADS		
ADMINISTRATIVE EXPENSES		
Water rates	320	169
Light and heat	931	1,132
Insurance	570	472
Repairs and maintenance	1,545	3,183
Staff salaries	68,460	62,315
Provision for redundancy	1,714	2,214
Staff national insurance contributions	1,352	2,028
Staff pension contributions	4,559	4,303
Volunteer's travelling expenses	–	377
Telephone	1,113	1,045
IT system	2,062	4,500
Rent and room hire	4,500	5,985
Printing, postage and stationery	182	213
Sundry expenses	285	193
Staff training	–	50
Family support expenses	1,602	4,777
Group work expenses	–	1,549
Help in crisis expenses	–	198
Martin Lewis charity fund expenses	2,922	–
Legal and professional fees	–	285
Accountancy fees	500	250
	92,617	95,238
OPERATING PROFIT/(LOSS)	64,985	(1,777)
Other interest receivable and similar income	–	7
PROFIT/(LOSS) BEFORE TAXATION	64,985	(1,770)

	2021	2020
	£	£
OTHER INTEREST RECEIVABLE AND SIMILAR INCOME		
Bank interest received	–	7

COMPANY REGISTRATION NUMBER: 06852162

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

UNAUDITED FINANCIAL STATEMENTS

31 MARCH 2021

FIELDING & CO
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BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

FINANCIAL STATEMENTS

YEAR ENDED 31 MARCH 2021

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BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

OFFICERS AND PROFESSIONAL ADVISERS

The board of directors	A. Perry J. Emberton
Registered office	AB&D Centre Top Floor Burnley Road Bacup Lancashire OL13 8AB
Accountants	Fielding & Co Accountants 73 Bankside Lane Bacup OL13 8HP

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

DIRECTORS' REPORT

YEAR ENDED 31 MARCH 2021

The directors present their report and the unaudited financial statements of the company for the year ended 31 March 2021.

PRINCIPAL ACTIVITIES

The company is a registered charity (charity number 1129644) and was established to fulfill the following obligations:-

- To offer individual support (emotional and practical care) to children, young people and families within the local community.

- To provide professional and affordable childcare, groups and activities for children aged 0-12, developed in partnership with parents, carers, children and other agencies

- To develop, maintain and work in partnership with other agencies enabling children, young people and families to develop holistically, irrespective of their background.

- To offer a community focal point where individuals can meet and are encouraged to become actively involved in the decision making process and service delivery.

- To offer opportunities that promote personal growth; self-confidence/esteem, respect and positive self-image.

DIRECTORS

The directors who served the company during the year were as follows:

A. Perry
J. Emberton

FINANCIAL REVIEW

Details of the Company's financial activities on page 4 show a net surplus for the year of £64,985 (2020: deficit £1,770). The Company's income of £157,602 (2020: £93,461) is derived from the following main sources:

- Grants £139,063 (2020: £66,078). This includes specific amounts from Tudor Trust £18,271 (2020: £33,833), Help Through Crisis £16,500 (2020: £16,500), Garfield Weston Foundation £11,250 (2020: £3,750), National Lottery Awards for All £3,685 (2020: £6,315), Clinical Commissioning Group £2,590 (2020: £5,180), National Lottery Community Fund £83,845 (2020: Nil) and Martin Lewis Corona Fund (Utilised) £2,922 (2020: Nil).

- Personal donations £9,719 (2020: £10,618)

- Other donations £5,489 (2020: £10,327)

The Company's financial position on page 5 shows net assets of £66,689 at 31 March 2021.

SMALL COMPANY PROVISIONS

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies exemption.

This report was approved by the board of directors on 2 September 2021 and signed on behalf of the board by:

A. Perry
Director

Registered office:
5 Thorn Drive
Bacup
Lancashire
OL13 9LF

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF INCOME AND RETAINED EARNINGS

YEAR ENDED 31 MARCH 2021

	Note	2021 £	2020 £
TURNOVER		157,602	93,461
GROSS PROFIT		157,602	93,461
Administrative expenses		92,617	95,238
OPERATING PROFIT/(LOSS)		64,985	(1,777)
Other interest receivable and similar income	**6**	–	7
PROFIT/(LOSS) BEFORE TAXATION		64,985	(1,770)
Tax on profit/(loss)		–	–
PROFIT/(LOSS) FOR THE FINANCIAL YEAR AND TOTAL COMPREHENSIVE INCOME		64,985	(1,770)
RETAINED EARNINGS AT THE START OF THE YEAR		1,704	3,474
RETAINED EARNINGS AT THE END OF THE YEAR		66,689	1,704

All the activities of the company are from continuing operations.

The notes on pages 7 to 8 form part of these financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

STATEMENT OF FINANCIAL POSITION

31 MARCH 2021

	Note	2021		2020	
		£	£	£	£
CURRENT ASSETS					
Debtors	7	4,224		4,201	
Cash at bank and in hand		120,247		64,853	
		124,471		69,054	
CREDITORS: amounts falling due within one year	8	57,782		67,350	
NET CURRENT ASSETS			66,689		1,704
TOTAL ASSETS LESS CURRENT LIABILITIES			66,689		1,704
NET ASSETS			66,689		1,704
CAPITAL AND RESERVES					
Profit and loss account			66,689		1,704
MEMBERS FUNDS			66,689		1,704

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with Section 1A of FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

For the year ending 31 March 2021 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of financial statements.

The statement of financial position
continues on the following page.

The notes on pages 7 to 8 form part of these financial statements.

These financial statements were approved by the board of directors and authorised for issue on 2 September 2021, and are signed on behalf of the board by:

A. Perry
Director

Company registration number: 06852162

1. GENERAL INFORMATION

The company is a private company limited by guarantee, registered in England and Wales. The address of the registered office is 5 Thorn Drive, Bacup, Lancashire, OL13 9LF.

2. STATEMENT OF COMPLIANCE

These financial statements have been prepared in compliance with Section 1A of FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland'.

3. ACCOUNTING POLICIES

(a) Basis of preparation

The financial statements have been prepared on the historical cost basis.

The financial statements are prepared in sterling, which is the functional currency of the entity.

(b) Revenue recognition

Grants and donations shown in the income and expenditure account represents amounts received during the year.

(c) Financial instruments

Basic financial instruments are recognised at amortised cost.

(d) Defined contribution plans

Contributions to defined contribution plans are recognised as an expense in the period in which the related service is provided.

4. COMPANY LIMITED BY GUARANTEE

The company is limited by guarantee and is regulated by its Memorandum and Articles of Association dated 16 March 2009.

5. EMPLOYEE NUMBERS

The average number of persons employed by the company during the year amounted to 4 (2020: 3).

6. OTHER INTEREST RECEIVABLE AND SIMILAR INCOME

	2021	2020
	£	£
Interest on cash and cash equivalents	–	7

7. DEBTORS

	2021	2020
	£	£
Trade debtors	4,125	4,125
Prepayments and accrued income	99	76
	4,224	4,201

8. CREDITORS: amounts falling due within one year

	2021	2020
	£	£
Trade creditors	519	1,149
Accruals and deferred income	53,859	62,690
Social security and other taxes	3,404	3,511
	57,782	67,350

9. DIRECTORS' ADVANCES, CREDITS AND GUARANTEES

There are no transactions with directors that require disclosure under FRS 102 Section 1A.

10. RELATED PARTY TRANSACTIONS

The company was under the control of the directors throughout the year.

No transactions with related parties were undertaken such as are required to be disclosed under the provisions of FRS 102 Section 1A.

The following pages do not form part of the financial statements.

BACUP FAMILY CENTRE LIMITED

COMPANY LIMITED BY GUARANTEE

INDEPENDENT EXAMINER'S REPORT TO THE DIRECTORS OF BACUP FAMILY CENTRE LIMITED

YEAR ENDED 31 MARCH 2021

We report on the accounts of the company for the year ended 31 March 2021, which are set out on pages 4 to 8.

RESPECTIVE RESPONSIBILITIES OF DIRECTORS AND INDEPENDENT EXAMINER
The directors are responsible for the preparation of the accounts. The directors consider that an audit is not required for this year under section 43(2) of the Charities Act 1993 (the 1993 Act) and that an independent examination is needed.

It is our responsibility to:

- examine the accounts under section 43 of the 1993 Act;
- to follow the procedures laid down in the General Directions given by the Charity Commission under section 43(7)(b) of the 1993 Act; and
- to state whether particular matters have come to our attention.

BASIS OF INDEPENDENT EXAMINER'S STATEMENT
Our examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as directors concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently we do not express an audit opinion on whether the accounts present a 'true and fair view'.

INDEPENDENT EXAMINER'S STATEMENT
In connection with our examination, no matter has come to our attention:

(1) which gives us reasonable cause to believe that in any material respect the directors have not met the requirements to ensure that:

• proper accounting records are kept in accordance with section 386 of the Companies Act 2006; and

• accounts are prepared which agree with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities; or

(2) to which, in our opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

FIELDING & CO
Accountants

73 Bankside Lane
Bacup
OL13 8HP

2 September 2021

BACUP FAMILY CENTRE LIMITED

DETAILED INCOME STATEMENT

YEAR ENDED 31 MARCH 2021

	2021 £	2020 £
TURNOVER		
Grants	139,063	66,078
Personal donations	9,719	10,618
Other donations	5,489	10,327
Client contributions	–	999
Local fundraising	375	2,812
Gift aid tax reclaim	2,956	2,627
	157,602	93,461
GROSS PROFIT	157,602	93,461
OVERHEADS		
ADMINISTRATIVE EXPENSES		
Water rates	320	169
Light and heat	931	1,132
Insurance	570	472
Repairs and maintenance	1,545	3,183
Staff salaries	68,460	62,315
Provision for redundancy	1,714	2,214
Staff national insurance contributions	1,352	2,028
Staff pension contributions	4,559	4,303
Volunteer's travelling expenses	–	377
Telephone	1,113	1,045
IT system	2,062	4,500
Rent and room hire	4,500	5,985
Printing, postage and stationery	182	213
Sundry expenses	285	193
Staff training	–	50
Family support expenses	1,602	4,777
Group work expenses	–	1,549
Help in crisis expenses	–	198
Martin Lewis charity fund expenses	2,922	–
Legal and professional fees	–	285
Accountancy fees	500	250
	92,617	95,238
OPERATING PROFIT/(LOSS)	64,985	(1,777)
Other interest receivable and similar income	–	7
PROFIT/(LOSS) BEFORE TAXATION	64,985	(1,770)

	2021	2020
	£	£
OTHER INTEREST RECEIVABLE AND SIMILAR INCOME		
Bank interest received	–	7