

**REGISTERED COMPANY NUMBER: 06380082 (England and Wales)**  
**REGISTERED CHARITY NUMBER: 1129513**

---



**Report of the Trustees  
and  
Financial Statements  
for the Year Ended 30 April 2021**

## Kids Inspire

### Contents of the Report of the Trustees and Financial Statements for the Year Ended 30 April 2021

	<b>Page</b>
Report of the Trustees -----	3-31
Independent Auditor's Report -----	32
Consolidated Statement of Financial Activities-----	38
Consolidated Balance Sheet -----	39
Balance Sheet -----	40
Consolidated Statement of Cash Flows -----	41
Notes to the Financial Statements -----	42

## REPORT OF THE TRUSTEES FOR THE YEAR ENDED 30 APRIL 2021

The Trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the audited financial statements of the charity for the year ended 30 April 2021. The financial statements comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

### REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number 06380082 (England and Wales)

Registered Charity number 1129513

### REGISTERED OFFICE

Hargrave House  
Hollycroft  
Molrams Lane  
Great Baddow  
Chelmsford  
Essex CM2 7FW

### TRUSTEES

M Birchall (Treasurer)  
D Travis  
L Loon  
R Serrelli  
A Sleet (Chair)  
Y Spence  
C Dollery (Appointed 4<sup>th</sup> May 2020)  
S Carpenter (Appointed 30th November 2020)

### TRUSTEE RESIGNATIONS BETWEEN 1ST MAY 2020 – 31ST AUGUST 2021

T Douglas	resigned 4th October 2020
D Carter	resigned 13th July 2020
N Taggart	resigned 20th April 2021

### CEO AND CLINICAL DIRECTOR

Sue Bell

### INDEPENDENT AUDITOR

Edmund Carr LLP  
146 New London Road  
Chelmsford  
CM2 0AW

### BANKS

CAF Bank	NatWest
25 Kings Hill Avenue	5 High St
West Maling	Chelmsford
Kent ME19 4JQ	Essex CM1 1FZ

### SOLICITORS

Fisher, Jones, Greenwood LLP  
16 Baddow Road  
Chelmsford  
Essex CM2 0DG

## Contents: Report of the Trustees for the Year Ended 30 April 2021

<b>1.</b>	<b>Introduction and Overview from the Chair of the Trustees .....</b>	<b>5</b>
<b>2.</b>	<b>Objectives and Activities.....</b>	<b>6</b>
<b>3.</b>	<b>Achievements and Performance .....</b>	<b>7</b>
<b>4.</b>	<b>The Projects .....</b>	<b>14</b>
	Innovation Fund (FIF) – Early Support –within our Talk Together Level 1.....	15
	BBC Children In Need (CIN) – Creative Therapies within Talk Together Level 1.....	15
	Reaching Communities-National Lottery Funding – Trauma Recovery - Talk Together Level 2 & 3 .....	15
	‘Lost and Found’ – Loss and Bereavement within Talk Together Level 3 .....	16
	Essex Adoption and Guardianship Project .....	16
	Step Down Projects .....	17
	Mentoring .....	17
	Equality, Diversity and Inclusion .....	21
<b>5.</b>	<b>Case Studies .....</b>	<b>21</b>
<b>6.</b>	<b>Premises .....</b>	<b>22</b>
<b>7.</b>	<b>Staffing Structure .....</b>	<b>22</b>
<b>8.</b>	<b>Fundraising .....</b>	<b>22</b>
<b>9.</b>	<b>Financial Review.....</b>	<b>26</b>
	Review of Financial Position.....	26
	Gifts & Services in Kind.....	26
	Reserves Policy .....	27
	Investment Policy .....	27
<b>10.</b>	<b>Risk Review .....</b>	<b>27</b>
	Regulatory and Compliance .....	27
	Operational .....	27
	Financial .....	27
	External .....	27
	Governance .....	27
<b>11.</b>	<b>Plans for the Future .....</b>	<b>28</b>
<b>12.</b>	<b>Constitution and Governance .....</b>	<b>29</b>
	Method of Appointment or Election of Trustees.....	29
	Organisational Structure and Decision Making.....	29
	Trustee Induction and Training .....	29
<b>13.</b>	<b>Statement of the Trustees’ Responsibilities.....</b>	<b>30</b>
	<b>Appendix A - Staffing Structure .....</b>	<b>31</b>

## 1. Introduction and Overview from the Chair of the Trustees

The year has been characterised for us all by the ongoing global Covid-19 pandemic. However, the adaptations we made in response to the first lockdown in March 2020 stood us in good stead to continue the provision of services online and in person, to greater than ever numbers of beneficiaries. The toll the pandemic has taken on the mental health of children, young people and their families is evident in these increased numbers, as well as the complexity of cases we are seeing. All fall under our three-level Talk Together project, which provides support tailored to the specific needs of each service user, from early intervention, via support for past trauma in addition to current concerns, to long-term support for complex issues.

### Flexible provision of services

Positives have come from the pandemic. In 2019, we would never have envisioned that our services could be delivered effectively online. However, with our clinical team now trained and experienced in the online delivery of therapeutic services, by April 2021 60% of service users were still opting for online support. It has been a huge learning curve which has led to the decision to continue the provision of a hybrid, client-led service indefinitely. As we transition to the new normal, we have also focused on the wellbeing of our whole team, implementing additional support from managers, monthly shared lunches and wellbeing days.

### The new fundraising challenges

We remain deeply grateful for the continued support of all our funders, the majority of whom provide invaluable funding for our early intervention work. However, we have begun to question whether ‘early intervention’ requires redefining. Anxiety is now present in 80% of the children and young people we work with, and increasing numbers are presenting with social and severe anxiety, as well as complex issues such as disordered eating, self-harm, tics and suicidal ideation. As such, we have focused on building the private arm of the charity, Inspire Wellbeing Services. Its aim is to provide sustainable, unrestricted income to Kids Inspire through the provision of mental health and wellbeing services to businesses and individuals who do not meet the funding criteria of Kids Inspire’s services. Meanwhile, despite the ban on face-to-face events, our fundraising team have continued to bring unrestricted funds into the charity, thanks to the generous support of so many people, raising over £40,000 through online, virtual events.

### Awards and developments

On 12<sup>th</sup> June 2021, Sue Bell – our founder, CEO and Clinical Director – was awarded an OBE for services to charity, mental health and education. On hearing the news, Sue said, “It is testimony to the work of Kids Inspire over the past 14 years and recognises the sheer determination of everyone who supports us.” Then, on 24<sup>th</sup> June 2021, Her Majesty’s Lord Lieutenant of Essex, Mrs Jennifer Tolhurst, presented Kids Inspire with the Queens Award for Voluntary Service (QAVS). Despite Covid restrictions on numbers, the reception that followed was attended by representatives from our volunteers, supporters, funders, staff, Trustees, local politicians and QAVS. It was a fitting celebration of an award which bears testimony to the extraordinary work of all our volunteers.

### Equality, Diversity and Inclusion

A Diversity Working Group was set up to review our practice around diversity and recommend improvements so that we may better represent the diversity of our society. We have always worked towards diversity and, following a recent survey, additional positive improvements were identified and are already underway. Our work on and commitment to diversity, equity and inclusion continues.

### The year ahead




Mental health has never had a higher profile in the media, in minds and conversations, amongst families and friends, for businesses – for us all – and we have no doubt that demand will continue to grow for the services we provide to children, young people and their families. We are in a strong position not only to meet this demand but also to continue to grow outside of Essex, into Southend, Suffolk and Thurrock, in line with our business plan and vision to widen our reach. So our message remains exactly the same as last year: please do whatever you can, by donating, volunteering or simply spreading the word.

## 2. Objectives and Activities

Kids Inspire supports children and young people to rebuild their futures and reclaim their lives. Since 2007 our qualified, experienced team has delivered bespoke mentoring, coaching, therapy, training and activity packages which empower children and the adults in their lives to make positive choices and reach their potential. Our service is child-centred, and we offer evidence-based, cutting-edge therapies alongside innovative interventions.

### Policies and Objectives



















#### The charity has been established to:

-  Enhance the emotional health of young people through counselling, support and therapeutic use of the arts.
-  Support schools and individuals working 'on the front line' with children and young people in addressing the emotional and psychological needs of young people appropriately.
-  Undertake any other related charitable activity.














These objectives are pursued through several activities, some of which are funded by local authority grants, but the bulk of which are made possible through the generosity of charitable trusts, companies and individuals, including many volunteers.

### Activities Fulfilling the Charity's Objectives

#### General core services of Kids Inspire are:

-  Therapeutic group work
-  Systemic family therapy
-  One-to-one therapies
-  Parent/child therapy
-  Complementary therapies
-  Relational social work
-  Emotional wellbeing training for young people, carers and school staff
-  Workshops - arts and physical activities to enhance well-being
-  Coaching - strengths based
-  Holiday activities
-  Trips
-  Bereavement support in schools
-  Anti-bullying initiatives and support
-  Mentoring
-  Peer mentoring in schools
-  Family support
-  Specialist trauma resolution interventions
-  Multi-disciplinary assessments

These services focus on healing and empowerment (with a desire to increase the focus on prevention) for children and families affected by the following:

-  Abuse (neglect, physical, sexual or emotional)
-  Bullying
-  Personality disorder and other mental health issues
-  Attention Deficit Hyperactivity Disorder (ADHD), Oppositional Defiant Disorder (ODD), and other diagnosable disorders
-  Eating issues (bulimia, anorexia etc)
-  Bereavement and loss
-  Separation / divorce
-  Self-harm
-  Depression
-  Anxiety
-  Suicide
-  Emotional and behavioural difficulties leading to a risk of school exclusion
-  Autistic Spectrum Disorder (ASD)

### Public Benefit

The Trustees paid due regard to The Charity Commission's guidance on public benefit throughout the year. Providing educational, practical and emotional support to vulnerable young people has a direct benefit both to the children and the wider public as it strengthens relationships, reduces crime, and creates responsible citizens capable of participating in their communities.

There are no unreasonable restrictions that would prevent children in Essex from benefitting from Kids Inspire's services, and the charity does not charge children or their parents/carers for services and support offered. The benefit provided to the public is consistent with the charitable aims of Kids Inspire.

## 3. Achievements and Performance

**Summary:** With Covid-19 still impacting, we continued to offer bespoke treatment plans through a client-led, hybrid face-to-face/online model. All therapists were trained in Online Counselling/Therapy and managers adapted swiftly and effectively to provide continuity of clinical management. Evaluation and monitoring form the foundations of our provision. We maintained the previous year's 40% growth in total beneficiaries; saw a 50% increase in total enquiries; a 25% increase in the number of families supported; 98% of adults and 93% of children and young people supported reported at least one major change; and service user diversity increased.

### 3a Impact report

**Achievement 1:** This year, we maintained our 40% growth (in total beneficiaries) from the previous year as well as increasing our number of referred families who received support by 25%. Kids Inspire's Talk Together therapeutic response to the mental health needs relating to Covid-19 required a holistic model that encouraged families to engage together, so we increased the number of individuals (children and parents/carers) who received intensive support by 43%, bringing our child-centred approach into family-based support plans. This change was essential to stabilise the family system around the child.

In 2020-2021:

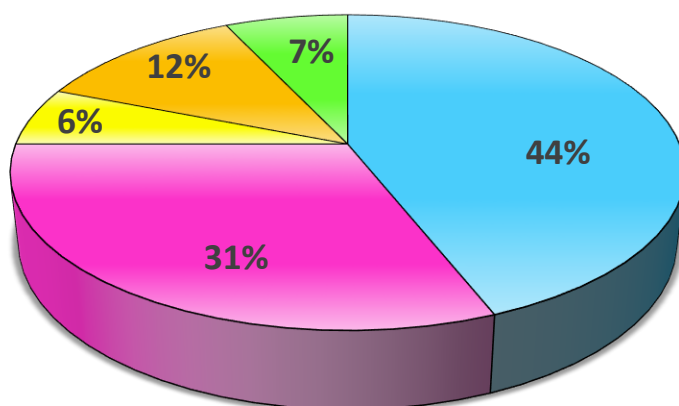
- 👤 Total number of newly referred individuals supported by our therapy services: 2,777 (consolidating the 40% increase of the previous year).
- 👤 Primary beneficiaries: 1,658 individuals were included in intensive support (increase of 43% on the year before)
- 👤 Family members/secondary beneficiaries: 1,119 individuals were benefited by brief consultations and psychoeducation.
- 👤 Ongoing cases from the year before: total of 722 individuals in long-term support (primary 515, secondary 207).
- 👤 A total of 3,499 beneficiaries supported through a therapeutic intervention in the reported year.

Our aim is to support disadvantaged children/young people and their families to build resilience, heal from trauma and reclaim their lives. We treat each referral individually to understand the root of the problem. Our clinical thinking results in targeting the intensive support to the family members that need it the most, whilst keeping the whole family in the treatment plan through regular consultations.

**Achievement 2:** We responded to an average of 40 enquiries for support per week, out of which 30 met initial criteria for processing. This was an increase of 50% in total enquiries from the year before. Our robust screening processes led to 83% of the families receiving intensive support, while 17% of the families received brief consultation that enabled them to be signposted to the right service for their needs. We received 1,077 new referrals – normally each referral is a whole family with the needs of the child/ren at the centre. After our initial telephone consultation and clinical assessment, we decide with the family where will be most helpful to target the support.

Most of our referrals come from individuals themselves and schools as a result of our outreach and community engagement activities and our established trusted relationships with our service users. We also updated our website to make our referral process more accessible and created service user guides. The regular flow of referrals from the Local Authority and Social Care is linked to our established contracts and partnerships within the sector. The increase in referrals from the Health Sector and other services, like Police, were due to specialised commissioned work Kids Inspire undertook as a response to Covid-19.

In 2020-2021:



■ Self-referral ■ Education ■ Social care ■ Healthcare ■ Other services (eg police, justice, charities)








**Achievement 3:** We offered bespoke treatment plans after assessing each family's needs to address the reasons for referrals in the most effective way to bring about positive and long-lasting outcomes.

### **Examples of Reasons for Referral in 2020-2021 (this is not an exhaustive list)**






48% emotional:	Emotional distress, Covid-19 anxiety, extreme anxiety, development of acute tics, trauma, bereavement, low mood, numbness, emerging eating issues, phobias, suicidal thoughts, parental mental illness and substance abuse.
21% behavioural:	Extreme anger (parent/child violence), aggressive behaviours, risky/criminal behaviour, conduct problems, school exclusions.
13% social:	Friendship issues, bullying, social anxiety, communication difficulties linked to disability.
9% physical:	Eating disorders, self-harming behaviour, sleep issues, health issues etc.
9% family:	Broken family connections, conflict, domestic abuse, sexual, physical and emotional abuse and neglect, young carers etc.

### **Outcomes**

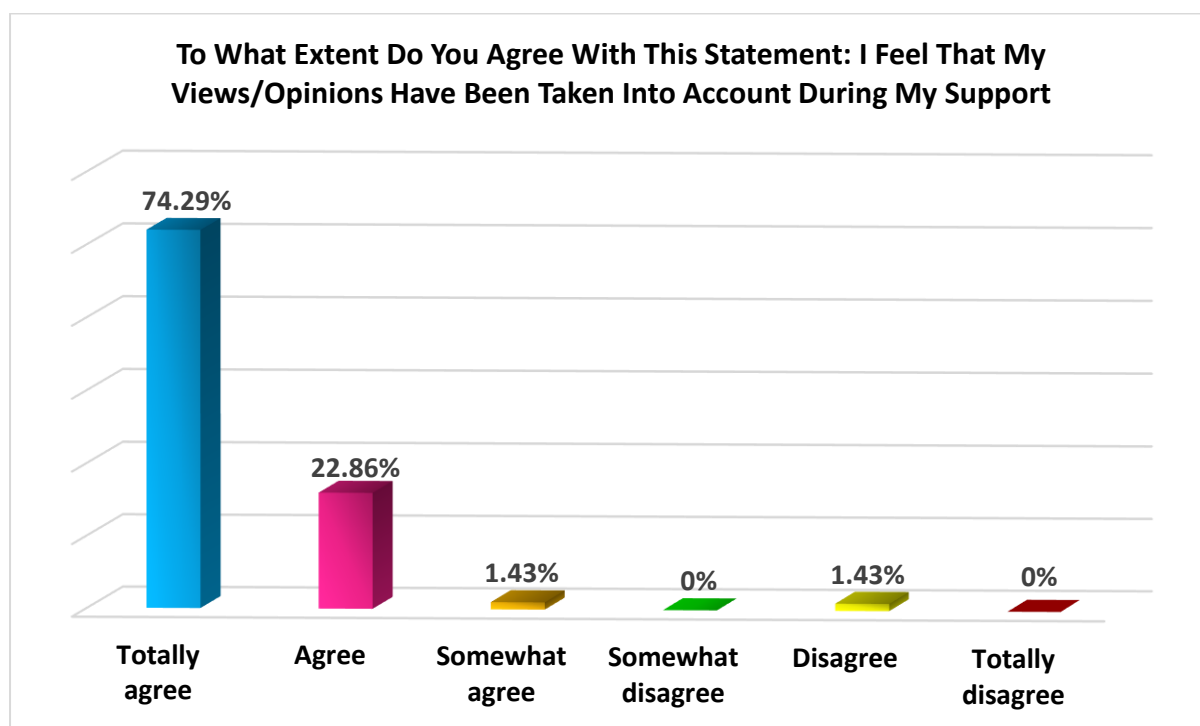
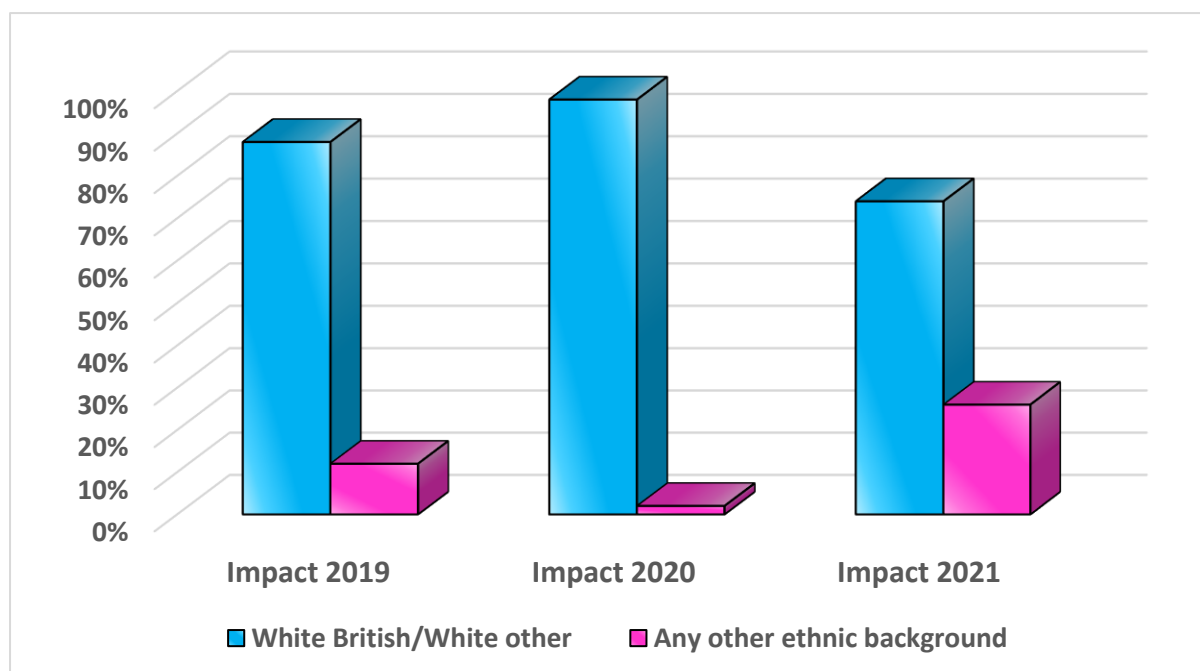
98% of the parents we supported reported at least one major change:

-  They felt more able to maintain their own wellbeing, emotionally and physically.
-  They were more able to respond positively to their child's emotional needs.
-  They were more effective in implementing appropriate boundaries to manage their child's behaviour.
-  They had a healthier and more consistent routine at home.
-  They felt more confident to support their child with education engagement.

93% of the children and young people we supported reported at least one major change:

-  They felt their family relationships improved, with strengthened bonds and fewer arguments.
-  They were more able to make sense of their feelings and to know what to do when they feel overwhelmed.
-  They felt better within themselves, finding their own voice and feeling proud for who they are.
-  They felt more confident in managing friendship issues, making new friends or finding a sense of belonging.
-  They learned ways of managing school-related stress, starting to enjoy school again and having aspirations about the future.

**Achievement 4:** We increased our diversity and improved inclusion of needs and service user involvement.












**Main Learning:** The previous year, we acknowledged that our diversity needed to become a priority by: a) raising awareness within the clinical team and across the organisation; b) considering more the wider context of global and social issues, such as the Black Lives Matter movement, LGBTQ rights and young people's concerns over climate change; and c) actively and meaningfully being diverse-aware in everything we do, from recruitment, to delivery and the wider impact in the community. Our Equality and Diversity working group – attended by staff across the organisation - has had monthly reflection meetings, issued a staff survey, which then informed our service users' survey, and further actions for training are due. We have made a start, but we still acknowledge there is more to achieve here.

### 3b. Ongoing systems and processes

**Evaluation and Monitoring:** Evaluation and monitoring underpins every element of Kids Inspire’s provision: internal and external review procedures within the organisation are embedded to ensure quality of delivery, evidence-based practice and sustainability of outcomes. The service user is at the centre of evaluation processes and ethical guidelines are followed in respect of the relevant professional bodies, such as BACP, UKCP, HCPC, BPS etc.

Our methodology for measuring outcomes and assessing change is mixed: we aim for triangulation of data using multiple methods and tools, quantitative and qualitative. Pre and post intervention data are gathered, and evaluation is ongoing throughout the completion of the treatment plan/intervention/service via regular case management meetings with Kids Inspire supervisors/senior clinicians. We combine data from different methods:

-  Outcomes Star™
-  Strengths and difficulties questionnaire
-  Therapist/worker case notes
-  End of work report
-  Parent/carer feedback
-  School/teacher feedback
-  External professionals’ feedback (e.g Social Care)
-  Service users’ surveys
-  Commissioners/Impact/Project reports

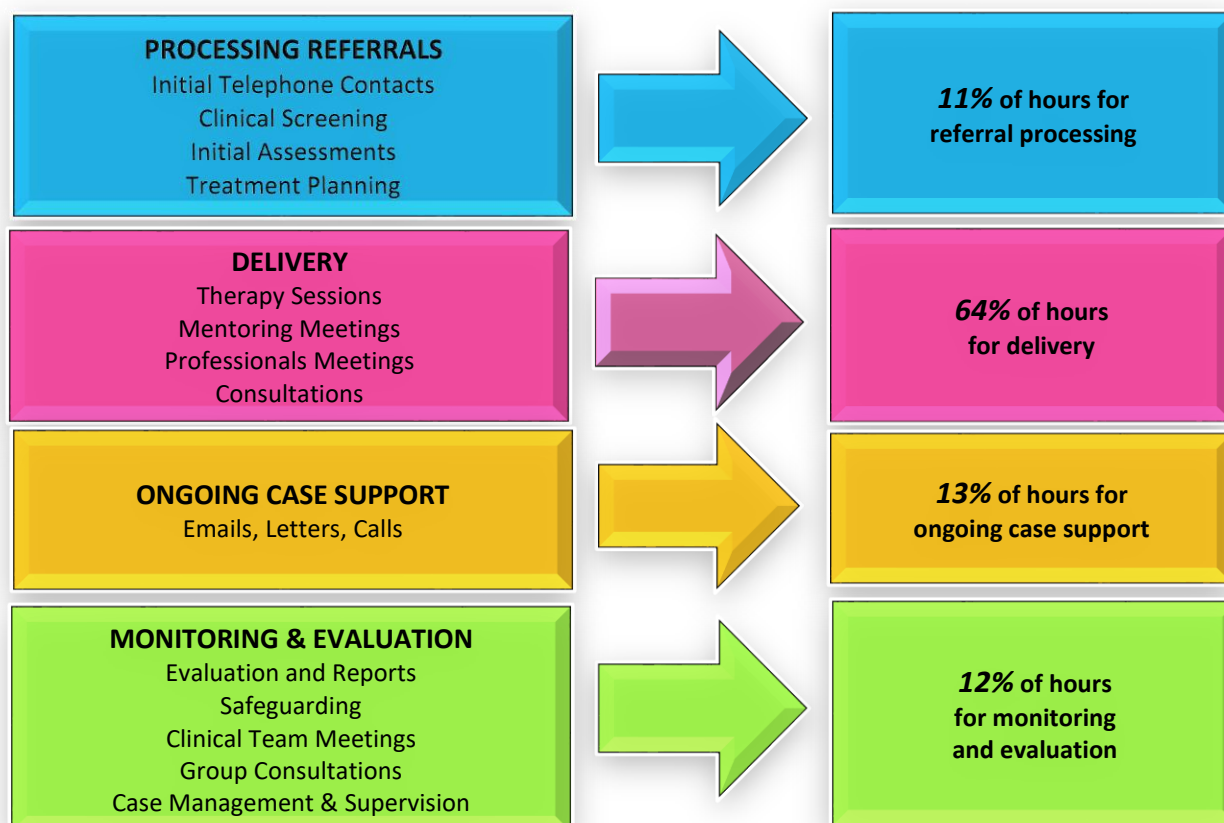
The collaboration between therapist/Kids Inspire worker and service user is central to our approach; reviewing happens systematically and routinely in every single meeting. The service user is empowered by the therapist to discuss together the desired outcomes and to assess the progress toward completion of targets. The Outcomes Star™ is a collaborative measurement tool that is used to assess the ongoing progress of service users. The tool measures specific areas of a service user’s life and change over a period, as they are completed at the beginning, middle and end. By monitoring the journey of the service user, we can demonstrate that the impact is not just in one area of work; instead, it shows results in an individual’s overall wellbeing.

Evaluation and monitoring processes are embedded in the collaboration between: a) the Clinical Administration team who operate our e-database (Pipedrive); b) the Therapists and Clinical Case Managers who record and monitor the delivered work in the system; c) the Clinical Admin Supervisor, who is line-managed by the Assistant Clinical Director for Clinical Impact, working closely to constantly improve the flow of referrals in the system; and d) the SMT (Clinical Director, Assistant Clinical Directors, Head of Operations, Head of Finance and Head of Fundraising & Communications), who receive the stats and feedback for internal project audit and external reporting to funders and commissioners.

Training in evaluation and monitoring is also now embedded in our induction programme of therapists and volunteer mentors who join the organisation. Additionally, top-up training is delivered internally as CPD once or twice a year to ensure that our processes remain up-to-date and relevant to the services we deliver. The therapists have the opportunity to share feedback within the organisation about ‘what is effective’ and ‘what needs improvement’. Results of the ongoing dialogue about ‘what is the best way to capture therapy outcomes’ are bespoke, creative approaches, adapting the tools to art, movement, drama and music techniques that can make the process of evaluation fun and engaging for children and young people.

To respond to the new demand for online support, all our therapists were trained in Online Counselling/Therapy with an external training provider leading to a certificate accredited by BACP.

Below is an illustration of how we invest our time in delivery and quality assurance – percentages based on 30,000 recorded hours:



**Clinical management:** In addition to previous challenges, such as the climate of uncertainty relating to statutory funding and ongoing uncertainty relating to premises, this year Kids Inspire has had to respond swiftly to the Covid-19 pandemic and related crisis. The Clinical Team showed immense resilience and willingness to adapt the work from face-to-face sessions to online support. The existing clinical management systems offered a secure base to draw upon and become creative and innovative.

The Clinical Managers and Clinical Senior Management team have continued to meet weekly for clinical decision-making and appropriate allocation of cases. Newly allocated cases are matched with a log of the project targets and equivalent budget to ensure the beneficiaries receive the necessary treatment plan. The Senior Clinicians offer monthly one-to-one case management meetings to all therapists. Progress is monitored and evaluated via these structured and formal meetings as well as via end of therapy reports and case studies.

We continue to use a Duty Officer rota so that Supervisors, line managed by the Assistant Clinical Director for Clinical Services, can make immediate decisions about whether cases can enter the system. This system ensures that the right service users are directed to the different projects without volume exceeding capacity, and that we are also seen as helpful and informative to consumers and funders.

All therapists are externally supervised by experienced, accredited supervisors. In addition, they attend internal monthly case management meetings (where care plans and progress are reviewed), monthly group case consultation meetings and in-house weekly Continued Professional Development sessions.

The mentoring supervisors run monthly supervision groups for their team of mentors and they liaise with schools and families to ensure progress and to safeguard children and young people.

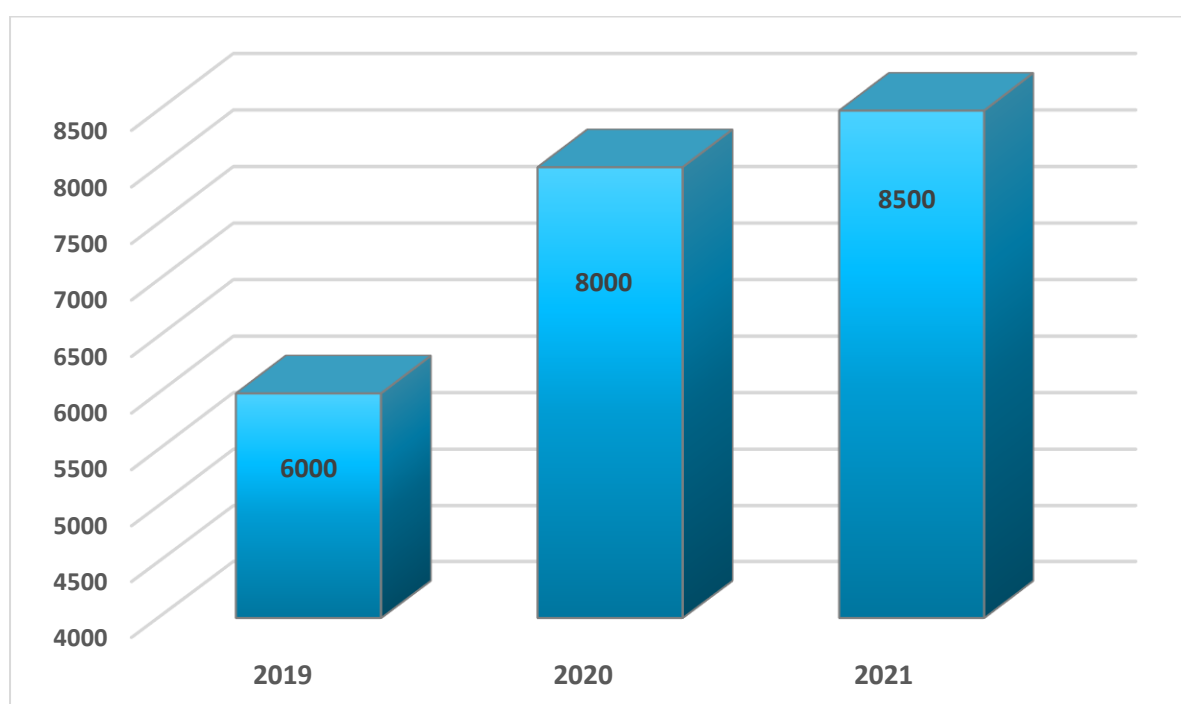
Depending on the project, regular progress reviews are held with the parents, teachers and professionals around the child to compare changes in the different environments and support sustainability of positive outcomes.

### 3c. Overall Impact

With our diverse activities, from therapy to mentoring, community events to trauma-informed training, and from Lunch Clubs to Christmas appeals, we reached out to a total of 8,455 individuals. This is an amazing number considering the ongoing lockdowns, restrictions and cancelled events throughout the year. Adding the captured numbers of over 12,000 people who visited our website and thousands more who engaged with us on over a million occasions on social media, we can say that our impact has had a wider reach in the local community and beyond.

Our hope and aim are that every single individual who engaged with us during the period from May 2020 to April 2021 will carry on impacting their environment with a ripple effect, bringing about positive change in the wider community, tackling the stigma of mental health and sharing Kids Inspire's vision of helping disadvantaged or traumatised children, young people and families to 'Reclaim Their Lives' – and especially during the Covid-19 crisis that has affected everyone's lives.

### Overall Impact Comparison



### What's next

In last year's report (July 2020) we were reflecting on what the 'new normal' would look like and what it meant for us all and the families we support. Little did we know that we would soon be dealing with a new, long lockdown and ongoing challenges. However, based on research evidence, we did know that there would not be a 'quick fix' for the impact of such a crisis and that the traumatic consequences could be longer term.

Fortunately, we were able to continue our work, thanks to our supporters and response grants. In the process of a very challenging year, we experienced what 'we are all in this together' meant, and we learned that

everyone's wellbeing matters for the organisation's resilience. A year later (July 2021), the team is still here, doing their best to support the flow of incoming referrals that has not stopped. We have seen schools feeling overwhelmed in their efforts to support pupils and staff; we have seen families still trying to make sense of what has happened so far.

---

*'The therapist has been beyond fantastic with myself and my son. She made me feel so comfortable in our sessions, and really seemed like she understood me and was 'on my side'. My son was also very fond of his therapist – which is amazing as he finds it very hard to feel comfortable with someone. I can't thank you enough.'*

*'A huge difference to my daughter. She has a mentor now after doing some art therapy in school, and we really appreciate it, it's having a positive impact on her and her mentor is so lovely and approachable and helpful. I really am amazed at how excellent the support is from the mentor and Kids Inspire and can't thank you all enough. I'm convinced this will have a long-term impact on my child. Keep up the good work, thank you.'*

*'It has been great to have someone independent to listen to and give my child individualised support based on interests and needs. Really thankful that this service exists.'*

*'Making more time for myself, listening more.'*

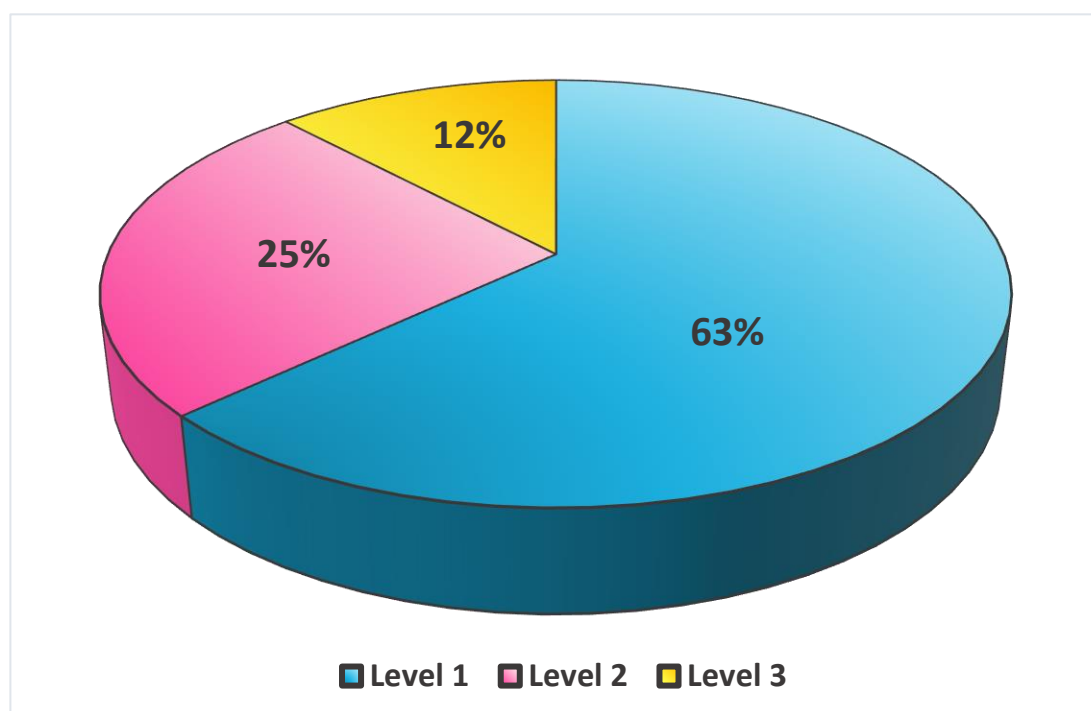
*'It's helped me work through my own feelings without putting on my family.'*

*Service User Survey*

---

## 4. The Projects

### Talk Together: Percentage of Cases by Level






## Innovation Fund (FIF) – Early Support –within our Talk Together Level 1

Kids Inspire has continued to work in partnership with The Children’s Society and Southend YMCA in the delivery of services for children, young people and families needing a little bit of extra help. Early intervention remains an essential service. Offering the most appropriate support at the right time prevents escalation and a need for more specialist service. However, before the pandemic, Kids Inspire’s early intervention referrals typically included young people with emerging symptoms of anxiety, depression, symptoms around the restriction of food or using food for comfort, relationship issues and so on. Since the pandemic, Kids Inspire has re-defined early intervention, as referrals to this funding stream have tended to be complex. Extreme anxiety, with an increase in teenagers presenting with TICS, diagnosable eating disorders, particularly AFRID (Avoidant Restrictive Food Intake Disorder), self-harming behaviours, suicidal ideation along with a sense of hopelessness, family relationship breakdown and an increase in risky behaviours particularly around alcohol and drugs. Thanks to funding from Essex County Council and an agreement to increase flexibility around the number of sessions allocated to an individual, Kids Inspire has been able to provide support of a more specialist nature through this funding stream.

## BBC Children In Need (CIN) – Creative Therapies within Talk Together Level 1

In July 2018 we were awarded a three-year BBC CIN grant to target disadvantaged children who need therapy; therefore, all the children we supported were disadvantaged under the category of psychological difficulties. The reasons for referral have included emotional difficulties and difficulties with self-regulation, challenging behaviours, relationships breakdowns in the family, peer relationships and social difficulties. The presenting problems that were affecting the child’s home or school life were highlighted by parents, teachers or other professionals. A common theme seemed to be low self-esteem and lack of coping strategies that resulted in withdrawal, self-harming behaviours or acting-out behaviours that caused dissatisfaction with life and disengagement with education or activities. Under this project, individual sessions of creative therapy with a qualified clinician gave the opportunity to explore the difficulties in metaphor with non-verbal ways that can increase the ability to self-regulate, problem-solve and learn new skills.

In August 2021 we successfully reported on completion of the final year of funding with positive outcomes and findings on the impact of creative therapeutic interventions:





-  ‘Having Strong Self-belief’: Children’s ability to problem-solve increased and by the end of the intervention the children would bring examples of how they coped better at home or at school, feeling more confident and accepted for who they are.
-  ‘Being Emotionally Well’: Towards the end of therapy, the children had built an emotional vocabulary embellished with images and stories, giving them a variety of ideas and techniques to use at school or at home when feeling overwhelmed.
-  ‘Having Positive Relationships’: The children were able to create stories that spoke about their pain around family arguments and conflict. This gave the opportunity for reflective conversations on what they would like their parents to know; practising various art and play techniques for new communication skills.

## Reaching Communities-National Lottery Funding – Trauma Recovery within Talk Together Level 2 & 3

In April 2018 we were awarded three years of National Lottery funding to develop our trauma-focused services to be delivered in Mid and South Essex; it involved working with the community to improve awareness of mental health and traumatic stress and a training programme focusing on trauma informed practice. Our Community Engagement Officer has been instrumental in helping community awareness and forming relationships with local services and schools that support vulnerable young people in the localities. We are now well known in Basildon and other areas in the South of Essex. This project also provided individual work with children and families who have experienced significant trauma that is affecting their daily functioning.



In April 2021 we successfully reported for the third year of delivery with positive outcomes in:

-  Improved emotional wellbeing for vulnerable children, young people and their families.
-  Improved educational, peer and positive activity outcomes for vulnerable children and young people
-  Increased understanding/skillset for teachers, Mentors and other frontline professionals, to effectively recognise/respond to/support issues relating to trauma.
-  Increased engagement by local people in the promotion of young people's wellbeing.

Our Trauma-Informed Practice training for schools has been in great demand with a total of 1100 beneficiaries. We trained over 650 teachers in the first year. In the second year, face-to-face delivery of training was interrupted due to Covid-19; however, online versions of the training were delivered for 220 individuals (parents and professionals). In Year 3 we trained 350 teachers, key workers/professionals and parents.

---

*"I gained a clear understanding of trauma, how the body responds to it, why pupils behave in certain ways, how I can support them and how the brain works. This was a very engaging and inspiring session - thank you!"*

*Headteacher re Level 1 trauma training*

*"This was the first time I have had training that consolidates being trauma informed outside of therapy. It was really useful to have had a clear and informative presentation.... Many thanks for your training events, they were enjoyable and have given me an opportunity to be further informed and reflect."*

*Art Therapist re Level 2 trauma training*

*"Yet again, an extremely useful and thought-provoking course. Thank you. It has given me a good understanding of taking more care of myself in order to help others. It has also given me useful tools to use to work with the children. I would recommend taking all three levels to build your toolbox and better understand what children need."*

*Learning Support Assistant re Level 3 trauma training*

---

### **'Lost and Found' – Loss and Bereavement within Talk Together Level 3**

This project is funded by various sources, the main one being the Tracey Mead Fund. The project attracts referrals from families that otherwise would not receive a standard service, because the criteria are for loss and bereavement. There have been cases of family loss due to very serious trauma that have led to total incapacity producing a collapse of the family system.

### **Essex Adoption and Guardianship Project**




Kids Inspire is a 'provider' for the Essex Post Adoption Service and has been successful in winning 'mini bids' to provide therapeutic and assessment services. This project has continued to progress well and is receiving great appreciation from referrers and service users. The work is complex and has required a high level of skills to complete the required interventions, such as whole family assessments, child psychology and screening for neurological conditions, attachment difficulties and adult mental health issues. Specialist trauma therapies have been successful in attaining positive outcomes with children who have experienced complex developmental trauma. Integrating conventional psychotherapy models with body psychotherapy and somatic models is proving extremely successful and is an integration that is becoming more recognised.



## Step Down Projects

A significant and valued element in the suite of Kids Inspire's offerings are the step-down projects. These are the projects for young people who have been through therapy or whose needs are less intense, who need support to build confidence in being able to engage creatively with their peers. This means that, with our support, the young people are enabled to grow emotionally at their own pace, changing their relationship with us over time to reflect their growing independence.

There are 3 key projects:

-  Mentoring
-  Groups such as: CREW, What Is Like To Be Me, Sing My Own Song, Balance Me
-  The Voice Youth Forum



## Mentoring

**Project background:** Kids Inspire's mentoring services are integral to our holistic approach, with measurable outcomes and evidenced impact on issues including peer relationships, bullying and risk of school avoidance. Kids Inspire's trained and experienced mentors are supporting children and young people with more complex and long-term difficulties that stem from family dysfunction, social isolation and loneliness, domestic violence and abuse. There was an average of 44 active mentoring relationships during 2020-2021.

**Our Mentoring approach:** Case studies evidence the beneficial impact of mentoring on educational engagement, including help during the transition from primary to secondary school and support with exam-related stress. Evaluation indicates that the positive outcomes of Kids Inspire's mentoring programme are rooted in mentors being equipped with tools and techniques to understand and support the underlying issues that lead children and young people to present with certain behaviours. Mentors are required to complete notes after every session and must attend monthly supervision with our qualified clinicians. Delivery quality is regularly monitored by mentor supervisors and the service manager via case notes and progress reports.

Kids Inspire's mentoring supervisors support the mentors on a monthly basis and are available for consultation and safeguarding guidance. Kids Inspire's Mentoring Co-ordinator ensures effective communication between referrers, external services, Kids Inspire mentors, and mentees and their parents. Kids Inspire's Community Engagement Officer ensures mentoring is integrated into community-based activities to develop support networks that can sustain positive results and bring long-lasting change of positive choices within the community.

**Our Training:** We offer a full pack of training with theoretical underpinning of child and adolescent development and practical tools and techniques. The training is delivered in cohorts with a duration of one weekend.

-  August 2020 – 9 mentors trained.
-  January 2021 – 31 mentors trained.

We aim to increase our team of mentors, and the Mentoring Co-ordinator and the Community Engagement Officer are actively inspiring and recruiting more people.

Ongoing training opportunities are available, which are highly valued by mentors.

We have an established procedure for processing referrals within our team of senior clinicians to ensure that mentoring is an appropriate service for the referred child, to define the main focus of the intervention and to ensure that the allocated mentor will match the mentee's needs.

### **The Voice – Youth Forum**

The Kids Inspire social development teen group called The Voice is doing well, with the young people attending regularly and enjoying each other's company. They are supportive of each other and welcoming of new members. They talk about their own situation, their anxieties and worries, openly in this safe space.

They have taken part in several Kids Inspire community events, assisting with set-up, engaging other young people, entering into conversations about mental health and how to achieve it. They have taken an active part in a youth conference organised by the young people in The Children's Society. Their confidence in their own skills is growing, demonstrated by the fact that they have broadcast on local radio twice to date, promoting mental health and Kids Inspire. They are going to assist in the filming of the listening enquiries.

### **Sing My Own Song – Group Music Writing**

This is a new Kids Inspire project, emerging out of the community engagement events entitled "Kids can do it", where it became clear that making music and performing are highly valued activities amongst young people. Kids Inspire is keen to support young people in expressing themselves creatively in a group situation. Creating a therapeutic group where anxious and isolated young people can learn how to create their own songs in safety with their peers brings these enthusiasms together. The course was facilitated by a music therapist and two singer/songwriter teenagers.

The project was originally conceived as a face-to-face group experience, to be based in the Youth Offices in Brentwood; a group in which the young people would engage with a group of peers to express themselves through music, learning how to write songs and perform them. However, Covid-19 made this model of delivery impossible, so we redesigned it as an online course, using Zoom. It took place over 15 x 2-hour sessions. Breakout rooms were used to enable smaller groups to focus on a particular issue, like lyrics or backing tracks. The course was, of course, very different online. It became clear that the significant experiential aspect of the project could easily get lost. It was one of the volunteers who mentioned the use of Launchpads as a means of mediating the process. So, with the help of the Rotary Club of Brentwood, we purchased mini-mixer Launchpads so that each participant could have direct individual access to making and recording their own sounds for themselves between classes.

Extremely positive feedback was received on the positive impact of the project, with increased self confidence in self-expression and increased self-efficacy both witnessed and reported by participants and their parents/guardians. Friendships based on music were formed which have continued after the end of the project. Greater confidence in social engagement was reported.

### **Inspire Wellbeing Services (IWS)**

In September 2019, a Community Interest Company called "Inspire Wellbeing Services" (IWS) was incorporated with Kids Inspire as its sole owner. The trustees' aim was to create a subsidiary of Kids Inspire that would provide mental health, wellbeing and related services on a commercial basis for people who did not fall within the scope of the charity's services and, in doing so, to distribute its profits as unrestricted funds to the charity. The pandemic has affected the commercial development of Inspire Wellbeing Services. During 2020-21 IWS made a small profit which will be transferred to Kids Inspire in 2021-22. Trustees will continue to keep IWS under review to ensure that it is a benefit to the charity.

## Community Engagement

The last 18 months have challenged the very heart of community engagement activity, as we have had to learn to be socially distanced and wary of physical contact. This has meant that community gatherings have not taken place. With the lockdown continuing longer into 2021 than anticipated, we have not been able to explore the ramifications yet. Indeed, continuing media warnings generate fearfulness so that even after lockdown, people remain wary of coming together.

**Community organising:** Nevertheless, people do want to connect with others and so we have developed our online presence, creating platforms for interaction. We have found that interest in volunteering has increased, not just around the ever-popular Kids Inspire one-to-one mentoring offer, but also for community volunteering. We have developed an online training programme in community organising so that volunteers can become involved in designing and developing new community projects. We are part-way through our first course, learning as we go along how best to communicate the ideas through Zoom. Already we can see the potential of working with local people, including young people in their own localities on developing grass roots community organising skills. At the heart of such activity is the building of relationships and networks, nurturing social capital and engendering confidence. At this time, when the very reality of social life is being questioned, affirming the importance of community is critical as we go forward. Our children and young people are relying on us to make tangible the reality of community.

For this reason, we are developing a media campaign around what community means, encouraging volunteers to ask their friends and neighbours what it signifies for them, aiming to build awareness that multi-generational communities are key to raising healthy children. As the African saying goes, “it takes a village to raise a child”.

**Listening Enquiry:** This has been affirmed through our ongoing listening enquiry - Have Your Say – where we ask young people to describe their hopes for their social lives post Covid. We have undertaken one filmed enquiry so far, in Chelmsford, and aim to use the resultant film to trigger conversations between young people in other parts of Essex. What we have heard so far is that children and young people are desperate to come together, to meet up, to have real life experiences, to be part of inter-generational social activities that enable them to reach out beyond the confines of their homes and get on with developing their lives.

**Sing My Own Song:** In last year’s report we described our plans for a new project called “Sing My Own Song”, in Brentwood, whereby young people would come together to learn how to express themselves through writing their own songs. We were pleased that this project went ahead, despite Covid. We had to convert it into an online course - which made the task of the group leader especially tough - but with two extremely able volunteer teenage singer songwriters on the team, a highly successful project was undertaken, which had a positive impact on the participants. An interesting piece of learning from the project was that it was when the young participants met face to face halfway through that their confidence and investment in the project took hold. They were able to sustain their engagement online thereafter.

**Voice:** Voice is the name of our social development group for teenagers who have been through Kids Inspire services. Over the past 3 or so years, this group has established itself, with a regular membership able to welcome new members. The members show great concern and kindness towards each other as they discuss openly their mental health issues. They have presented at a youth conference, taken part in outreach at community festivals, commented on services and promoted Kids Inspire on the radio.

Over lockdown, we kept in touch through WhatsApp and have been meeting face to face since May. Before the lockdown, we discussed a camping trip and the first point they raised when we came together again was the possibility of camping. This was organised on a small holding in East Essex, cooking on an open fire, helping with hay making, fruit picking, potato digging, wood chopping and chicken feeding – having real practical experiences of engaging harmoniously with nature.



**Public Events:** In April 2021, we held a community event two weeks after Easter, organised by an exemplary Community Volunteer, Kerry Young, where we gave away 250 Easter eggs one Saturday in Basildon. A mad hatter with a huge clock and bunny rabbits wandered about exclaiming “we are late...”



### Community Organising Training: Learning Outcomes

This course will give you confidence in your own skills and capabilities in working with other people.

In particular you will learn about:

Asset-based Community Development	<p>1. Everyone has gifts. You will learn the principles and practice of Asset-based Community Development and begin to identify the strengths of your own community.</p> <p>2. Everyone has something to contribute.</p> <p>3. Everyone comes about something and find passion to take the momentum to act.</p>
Organising a Community Event	<p>After this training, you may decide to organise a Mum and Baby group, a football club or a tea and coffee morning.</p> <p>In this training you will find out what is involved in planning and running these Community Events.</p>
Turning Community thoughts into action	<p>After analysing ideas emerging from our “Have your say” youth listening enquiry, we will work as a team to agree a process of implementation.</p>
Planning and carrying out projects	<p>Together we will develop realistic proposals for Community Projects, identifying an action plan and allocating tasks.</p>
Tapping into the “official” world	<p>We will explore how local councils and organisations can support us in the promotion and endorsement of our events and projects.</p>



Kids Inspire  
Therapy, opportunity, love & care

Looking forward, the engagement and fundraising event at the High Chelmer shopping centre in Chelmsford planned for last year (2020) has been rearranged for October 2021. We will run another “Kids can do it” day, demonstrating the talents of local young people, in entertaining and inspiring others.

**Conclusion:** Through these different initiatives, Kids Inspire is finding ways to facilitate the active engagement of young people and adults in their communities, in peer groups and multi-generationally. The impact is cheering, encouraging people to have confidence again in social life, which is so important for our young people.



## Equality, Diversity and Inclusion

As Kids Inspire has grown in confidence itself, through its steadily increasing activity during lockdown, positively affirmed by the honour of receiving the Queens Award for Volunteering, we committed to reviewing our practice around diversity, to make sure we are reaching all parts of our communities. On this basis, a Diversity Working Group has been established, with staff from across the organisation and Trustees coming together to explore our practice and make recommendations on how to improve our reach, internally and externally.

We began by undertaking a survey of attitudes and views within Kids Inspire. A good number of people took part and out of it has come an agenda of action that we are already taking action on, notably around training and recruitment. The organisation as a whole is fully committed to ensuring implementation on all fronts so that staff, volunteers, Trustees and clients better represent the diversity of our society.

## 5. Case Studies

*Note that in the interests of confidentiality the names in the following case studies have been changed.*

### Case study: online art therapy during lockdown – Freddie

Freddie, aged 11, lives with his mother and two sisters. He suffered from anxiety, which was being made worse by the pandemic situation. His mother was worried this was affecting his ability to take part in normal daily activities and even leaving the house for school was difficult. She wondered if things would ever change as he was very reliant on her to rescue him from his bouts of worry.

Kids Inspire offered online art therapy, which helped Freddie use drawing to express some of his fears and symbolically ‘put away’ other worries. He also learnt strategies to calm himself and thought about how he could be soothed and heard.

Support sessions for Freddie’s mother also provided the space to think about her own problems and looking after herself. This helped her to become a more secure ‘container’ for Freddie’s anxiety so that she could support him to manage his emotions and build his confidence. The therapist also engaged Freddie’s mother in some psycho-education to help her understand Freddie’s responses to stress and offered strategies to help him when he felt anxious.

---

*Freddie said ‘I feel more in control of my feelings’ and his mother agreed that anxiety did not now dominate their lives.*

---

Over time communication increased between the pair and Freddie found new ways of communicating his needs. He began to make tentative steps towards being a little more independent.

### Case study: online dance movement psychotherapy during lockdown – Anthony

At 15 years old, Anthony received 1:1 Dance Movement Psychotherapy sessions to process separation and loss.

During an online Dance Movement Psychotherapy session, Anthony expressed his curiosity in a painting hanging in the distance on his psychotherapist’s office wall. He explained how the green walls and painting were the “exact same colour as the ones Nanna has at home.”

Together, Anthony and his psychotherapist explored the painting, becoming curious of its detail and textures, imagining where they might be located within it. Anthony was curious about the large rock and imagined he would be standing on it, fishing, as he liked to do with his father.

---

*As the therapist and Anthony explored the movement play and connected to the body ... he imagined how it would be fishing with his father (like he used to before lockdown).*

---

As the therapist and Anthony explored the movement play and connected to the body, Anthony expressed the strong wave of emotions he felt in knowing that the therapy was nearing its end.

## 6. Premises

The charity continues to enjoy the space at Hargrave House which has been a lifeline to some of the most vulnerable service users during the pandemic. The team worked quickly to make the building Covid-secure to ensure that those young people too vulnerable to transition to online therapy could still be seen safely face to face.

With the support of funds managed by Essex Community Foundation, we were able to purchase new laptops to ensure that clinicians had access to equipment to enable online delivery of therapeutic sessions during the pandemic.

## 7. Staffing Structure




Kids Inspire continues to grow the staff team to meet the increasing volume of referrals. The organisation builds on stability and security by the ongoing employment of a core team of therapists and utilising contracted sessional staff for short term work. The team structure is shown on Appendix A (page 31).

## 8. Fundraising

2020/21 was another very successful year for the Fundraising Team, especially considering the effects of the pandemic and subsequent lockdowns. We started the year with most of the Fundraising Team on furlough, returning on reduced hours by the end of the summer. We reduced the income target for Community and Events due to restrictions and uncertainty, and explored new ways of raising funds digitally and remotely. We maximised all opportunities and potential to fundraise in our existing community/networks.



## Highlights included

### Events:

-  Family Online Quiz hosted by Trustee Dave Monk raised £2,154
-  Our first online “No Show Ball” and Auction raised £14,417.95
-  Virtual Thai Cookery Event raised £793.77



**Challenge Events:** Our amazing supporters took part in some incredible remote challenges this year, raising unrestricted funds for us, including:

-  2.6 Challenge that raised £4,667.57
-  A team of 10 supporters raised £13,482.94 walking around their community to virtually complete LEJOG



**#TeamKidsInspire take on LEJOG**



**Community:** Most Community Fundraising was postponed due to restrictions. However, Kids Inspire continued to receive amazing support from local community groups including:

- 👤 Rotary club of Chelmsford – Rivermead £1,000
- 👤 Rotary Club of Brentwood a Becket £2,284
- 👤 Rotary Club of Brentwood £2,350
- 👤 Great Baddow Council £1,000
- 👤 Mayor of Dunmow £1,413.25
- 👤 St John's School Billericay £1,525
- 👤 Essex Freemasons £1,000
- 👤 ARU – NAPS £1,236
- 👤 Phoenix Rotary £1,250
- 👤 Colchester Sixth Form College £1,600
- 👤 Hadleigh Castle Rotary £7,713.49
- 👤 QBE payroll giving £11,650
- 👤 Kids Inspire Online Pre-Loved Shop raised £4,092
- 👤 Allsorts organised by Pamela Rew and run by volunteers raised £9,000
- 👤 Plume School raised £1,170













**Corporate Partners:** We are delighted that we continue to work with our long-term partners as well as new relationships built over the year.






























- 👤 We received our final donation of £15,000 from our partnership with the KFC Eastern Region including additional support of £6,100 from KEFCO franchise who continue to support us with funding and volunteering
- 👤 Our successful partnership with Baker Labels continues with £6,000 donated in addition to providing us with branded marketing materials
- 👤 We finished our 3-year partnership with White Stuff, Chelmsford and received a further donation of £923.15
- 👤 New partner RSA Insurance raised £3,522.28
- 👤 We continue to be the chosen charity of D&G International receiving £2,000
- 👤 Newell Properties continue to support the charity with regular donations
- 👤 Ziehl Abegg donated £400 in addition to their regular donations
- 👤 Perrywoods Garden centre finished our 2 year partnership raising an additional £2,008
- 👤 Joyce Solutions donated £1,000 in addition to their regular donation
- 👤 We are the charity partner of Barker Associates who donated £2,500 in addition to funds raised by staff
- 👤 Gadsby Wickes made an additional £2,500 donation





-  Countryside Properties made an additional £2,000 donation
-  Barratt David Wilson Homes donated £1,000
-  Gallaghers UK donated £1,000
-  We have received an additional donation from Euroclear UK £9,720.00
-  A donation of £2,000 was received from new partner EMG Health
-  New partner Bond Residential donated £2,030
-  London Metal Exchange made a £5,000 donation
-  We received a broker nomination donation from BGC of £5,000
-  We continue to be supported by DH Industries £1,000
-  Nationwide Building Society, Barclays and NatWest continue to raise £000s for us through foreign change collections

**Trusts and Foundations:** We received the following grants from Trusts and Foundations included in income in 2020 and 2021:

	M&G - Community Fund .....	£1,100.00
	Aviva Crowdfunding.....	£1,824.51
	Children In Need .....	£39,697.75
	EC financial services.....	£333.00
	Big Lottery Fund.....	£230,510.75
	The Edward Gosling Foundation.....	£17,500.00
	Provide .....	£10,000.00
	Heart of Pitsea .....	£2,733.00
	Green Hall .....	£2,000.00
	Brentwood Council Community Fund.....	£1,726.00
	Henry Smith .....	£31,600.00
	Walter Farthing.....	£2,368.61
	Youth Endowment Fund .....	£34,425.00
	Felicity Wilde.....	£1,500.00
	CAF .....	£16,800.00
	Chelmsford YSG Payment .....	£3,761.40
	One Family Foundation.....	£2,475.00
	Brentwood and Basildon YSG .....	£3,144.00
	HSBC.....	£1,000.00
	Essex County Council .....	£4,998.00
	Card Factory Foundation .....	£1,500.00
	Chelmsford YSG .....	£4,558.55
	Essex Community Foundation .....	£43,475.00
	Castle Point YSG.....	£1,680.00
	Barbet Foundation .....	£20,800.00
	Tuixen Foundation .....	£50,000.00
	Betty Messenger .....	£960.00
	Yorkshire Building Society.....	£892.00
	Global's Make Some Noise .....	£89,919.00



*Kids Inspire does not use a professional fundraising service and has not received any complaints from donors regarding our fundraising activities*

## Future Plans

Kids Inspire has an impressive track record of securing contracts for its projects that further its objectives as well as raising unrestricted money through our supporters, community and events. Such a diversified approach to fundraising is wise for a charity, especially as local authority contracts become increasingly tight and project-specific.

The vision of the fundraising strategy is for Kids Inspire to be financially stable and to reduce the reliance on statutory income. The team will need to continue being creative and dedicated to raise the level of income during uncertain times to meet Kids Inspire's long-term spending needs.

## 9. Financial Review

### Review of Financial Position

In 2020-21, the charity's income continued to grow despite the extremely difficult operating conditions caused by the pandemic. Income increased by £326,914 from £1,341,572 to £1,668,486 – 24% growth, building on a 44% increase in the previous year. Expenditure increased by 7% to £1,277,840 with staff numbers increasing by 14% by the end of the year to meet increasing demand. Staff and other costs continue to be closely managed. Net income increased to £390,646 from £151,655 in the previous year.

£1,183,659, 70% of all income in 2020-21 was restricted (68% in 2019/20) to support a specific contract or activity. This reflects Kids Inspire's continuing success in bidding for large, long-term contracts with funding bodies. At £484,827, unrestricted funding increased by 14% in the year with a continued focus on this challenging market and despite the impact of the pandemic, particularly with the temporary cessation of fundraising events.

Cash balances remain strong - £1,100,563 at 30<sup>th</sup> April 2021, increasing from £680,569 at 30<sup>th</sup> April 2020. £300,000 of the cash reserves are ringfenced for the deposit on the acquisition of new premises in 2022.

Permanent staffing levels within Kids Inspire will continue to be monitored and may grow at a modest rate in line with growth in the provision of services and the organisation's strategy. Any resulting impact on costs should be offset by higher income.

### Gifts & Services in Kind

Kids Inspire benefits from the services of many volunteers who donate their time as individuals, or who participate via corporate partners in organised activities such as Lunch Club. This remained strong despite the pandemic. Our dedicated group of individual volunteers donate their time as mentors, and many also support our own events and fundraising activities.

Between November and December 2020, Kids Inspire received hundreds of donations of presents from corporate supporters, individuals, team members and other organisations. These are distributed to children whose family situation means they are unlikely to receive any presents at Christmas.

## Reserves Policy

The charity aims to maintain minimum free reserves (being unrestricted funds excluding fixed assets) equivalent to 3 months of annual expenditure. The Trustees have designated £300,000 as a deposit on the acquisition of new premises, as previously noted. Free reserves at 30.04.21 totalled £581,861, compared to £533,834 at 30.04.20. The increase in the charity's activities increased the reserves policy requirement from £353,403 at 30.04.20 to £379,289 at 30.04.21. We are currently holding free reserves at a level that is higher than our policy due to the continuing uncertainty in operating conditions.

## Investment Policy

The Trustees have considered that the most appropriate policy at present is to maintain all surplus funds in the form of bank deposits. Although the return is nominal, the risk is low and liquidity is maintained. This policy is kept under review, having regard to the level of funds available. Funds are deposited across a range of banks to take maximum advantage of the FCA deposit guarantee scheme.

## 10. Risk Review

The major risks have been reviewed and systems and procedures have been established to manage those risks. A summary is provided below:

### Regulatory and Compliance

The work undertaken by Kids Inspire is subject to regulation by a number of mandatory professional bodies. Compliance spans each of our working teams and, as such, robust policies are in place to mitigate any risks associated with this.

### Operational

Loss of key staff has been identified as a key risk to the charity, never more so than at this current time. Seeking the views of all stakeholders has been prioritised to ensure we are able to respond and address factors that may impact this.

### Financial

Budgeting is always key to mitigating financial risk. However, this has never been more problematic than since Covid-19, as many of our traditional sources of fundraising are no longer viable. A robust fundraising strategy has been put in place and progress is regularly monitored by senior leaders and Trustees.

### External

Service user feedback has been used to ensure we are reshaping provision to meet their needs. We also seek feedback from our supporters to maintain a positive public-facing presence.

### Governance

The Board of Trustees undertook a skills audit to identify any weaknesses within its skillset. The findings of this have been used to drive the recruitment of new members of the Board.

## 11. Plans for the Future

Kids Inspire has identified the following priorities:

2021-2022	2022-2023	2023-2024
<p><b>Diversify income including expanding the offer in areas where contracts are currently held (Southend, Thurrock, Suffolk)</b></p> <p><b>IT equipment and systems meet requirements</b></p> <p><b>Achieve identified Quality Mark</b></p> <p><b>Consolidate virtual therapeutic services</b></p> <p><b>Secure long-term premise</b></p> <p><b>Develop policies and practice around diversity</b></p>	<p><b>Consolidate the growth of services and funding in Southend, Thurrock and Suffolk</b></p> <p><b>IT equipment and systems fully invested</b></p> <p><b>Review Quality Marks</b></p> <p><b>Grow virtual therapeutic services</b></p> <p><b>Relocate into long term premises</b></p> <p><b>Review diversity policy and practice</b></p>	<p><b>Diversify income including continued growth of services beyond Essex</b></p> <p><b>Grow geographical areas of operation</b></p> <p><b>Increase numbers of service users and beneficiaries</b></p> <p><b>Review and quality mark therapeutic services</b></p> <p><b>Review diversity policy and practice</b></p>

## 12. Constitution and Governance

The company is registered as a charitable company limited by guarantee. Kids Inspire began operating in September 2007 and was constituted as a charitable company limited by guarantee on 24th September 2007 under a Memorandum of Association and is governed by its Articles of Association. The liability of the members in the event of the company being wound up is limited to £10.

The company was registered as a charity on May 24th 2009 and acts entirely as a non-profit-making organisation.

### Method of Appointment or Election of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

Trustees are appointed either by the members of the company in a general meeting or by the Management Committee. The more traditional business and care skills are well represented on the Management Committee. To maintain this broad skill mix and in the event of particular skills being lost due to retirements, individuals with appropriate skills are approached to offer themselves for election to the Management Committee.

### Organisational Structure and Decision Making





The Trustees of the charity are also Directors for the purposes of company law. The Board of Trustees (referred to in the company's Articles as the "Management Committee") consists of not more than ten and not less than four members. At present, the Board of Trustees has eight members from a variety of professional backgrounds relevant to the work of the charity and meets approximately ten times a year. The current Trustees represent the following areas of knowledge and experience (although all of them work with Kids Inspire on a non-executive basis):

Trustee	Specialism
Andrew Sleet (Chair)	Business Coaching
Mark Birchall (Treasurer)	Finance
Roseanne Serrelli	Law and Contracts
Yvonne Spence	Education
Louise Loon	HR
David Travis	Communications
Dr Caroline Dollery	Health
Simon Carpenter	Education and Governance

Day-to-day management is delegated to the Chief Executive Officer, Sue Bell, who founded the charity. The charity's finance policy provides the benchmarks and parameters that set pay and remuneration for all key management personnel. In relation to the Chief Executive Officer, all decisions are made by the Board of Trustees and processed by the Treasurer.

### Trustee Induction and Training

New Trustees are invited to familiarise themselves with the charity and the context within which it operates. Briefing sessions jointly led by the Chair of the Management Committee and the Chief Executive cover:






-  The obligations of Management Committee members
-  The main documents which set out the operational framework for the charity, including the Memorandum and Articles
-  Resourcing and the current financial position as set out in the latest published accounts
-  Future plans and objectives

All Trustees are required to have a full enhanced DBS and must take part in Child Protection Training. Updates regarding safeguarding are shared with all Trustees. Information from the various Charity Commission publications, signposted through the Commission's guide 'The Essential Trustee', is distributed to new Trustees, together with the Memorandum and Articles and the latest financial statements.



### 13. Statement of the Trustees' Responsibilities

The Trustees (who are also directors of Kids Inspire for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

-  Select suitable accounting policies and apply them consistently;
-  Observe the methods and principles in the Charities SORP 2019 (FRS102);
-  Make judgements and estimates that are reasonable and prudent;
-  State whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
-  Prepare the financial statements on a going concern basis unless it is inappropriate to presume that the Charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities. In so far as the Trustees are aware:

-  There is no relevant audit information of which the charitable company's auditor is unaware; and
-  The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

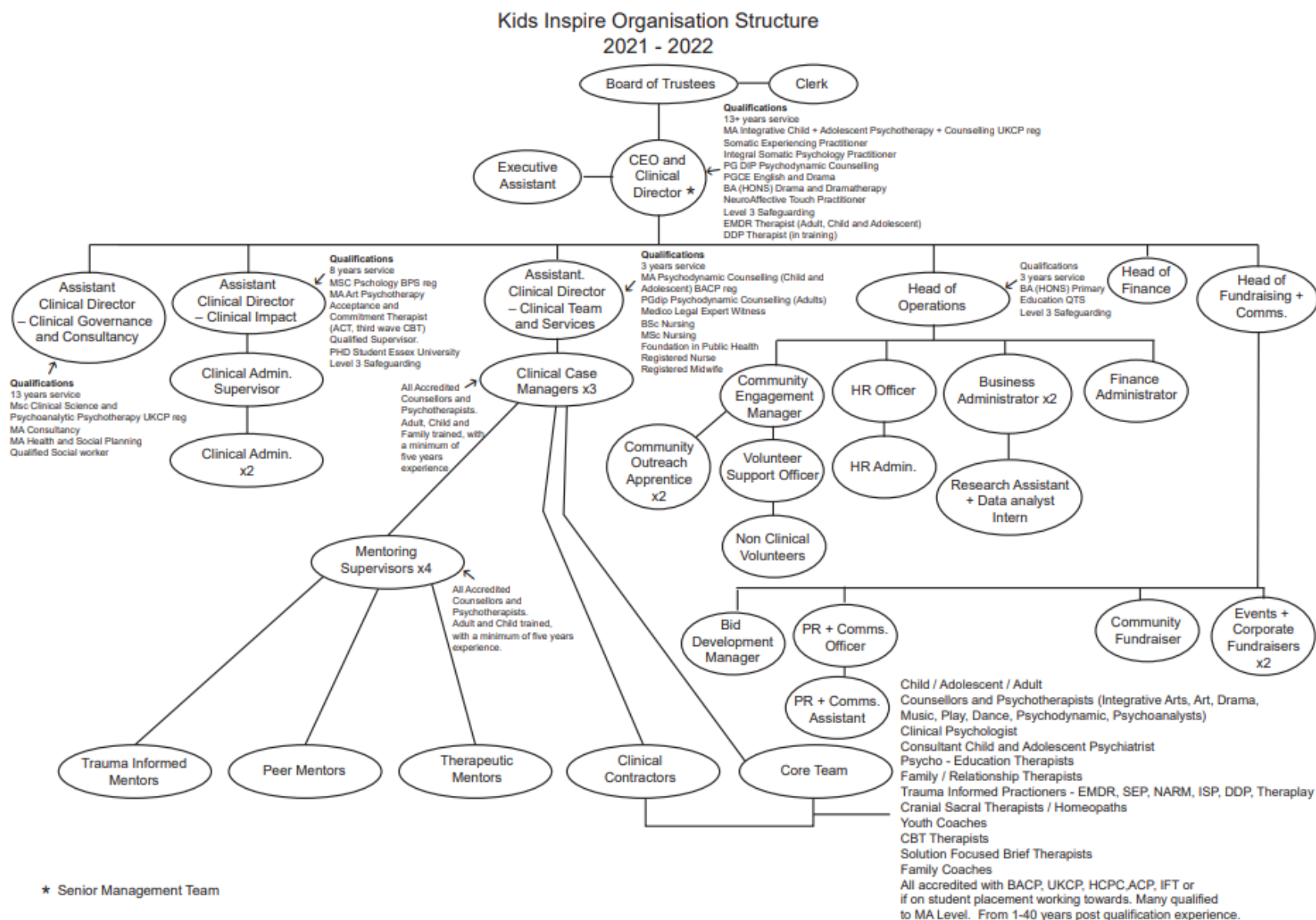
This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

This report was approved by the Trustees on ~~..16 November 2021..~~ and signed on their behalf by:

*Andrew Sleet*

.....  
Andrew Sleet  
Trustee (Chair)

## Appendix A - Staffing Structure



## **Kids Inspire**

### **Independent Auditor's Report to the Members and Trustees of Kids Inspire**

---

#### **Opinion**

We have audited the financial statements of Kids Inspire (the 'parent charitable company') and its subsidiary (the 'group') for the year ended 30 April 2021, which comprise the Consolidated Statement of Financial Activities, Consolidated Balance Sheet, Balance Sheet, Consolidated Statement of Cash Flows and Notes to the Financial Statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is United Kingdom Accounting Standards, comprising Charities SORP - FRS 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and applicable law (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 30 April 2021 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006 and Charities Act 2011.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the group's ability to continue as a going concern for a period of at least twelve months from when the original financial statements were authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.



## **Kids Inspire**

### **Independent Auditor's Report to the Members and Trustees of Kids Inspire**

---

#### **Other information**

The other information comprises the information included in the Report of the Trustees, other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the Report of the Trustees. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### **Opinion on other matters prescribed by the Companies Act 2006**

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees (incorporating the directors' report) for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the directors' report has been prepared in accordance with applicable legal requirements.

#### **Matters on which we are required to report by exception**

In the light of our knowledge and understanding of the group and the parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

## **Kids Inspire**

### **Independent Auditor's Report to the Members and Trustees of Kids Inspire**

---

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Act 2011 require us to report to you if, in our opinion:

- adequate and sufficient accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemptions in preparing the directors' report and from the requirement to prepare a strategic report.

#### **Responsibilities of trustees**

As explained more fully in the Statement of the Trustees' Responsibilities (set out on page 30) the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed auditor under the Companies Act 2006 and section 151 of the Charities Act 2011 and report in accordance with those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

## **Kids Inspire**

### **Independent Auditor's Report to the Members and Trustees of Kids Inspire**

---

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows;

- The engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations.
- We focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations for the company, including the Companies Act 2006, Charities Act 2011, tax and employment legislation.
- We assessed the extent of compliance with the laws and regulations identified above through making enquiries of management.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur by;

- Making enquiries of management as to their knowledge of actual, suspected and alleged fraud.
- Considering the internal controls in place to mitigate the risks of fraud and non-compliance with laws and regulations.

To address the risk of fraud through management bias and override of controls, we;

- Performed analytical procedures to identify any unusual or unexpected relationships.
- Tested journal entries to identify unusual transactions.
- Investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- Agreeing financial statement disclosures to underlying supporting documentation.
- Reading the minutes of meetings of those charged with governance.
- Enquiring of management as to actual and potential litigation and claims.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

## **Kids Inspire**

### **Independent Auditor's Report to the Members and Trustees of Kids Inspire**

---

As part of an audit in accordance with ISAs (UK), we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the group's or the parent charitable company's financial statements, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the group's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the trustees.
- Conclude on the appropriateness of the trustees' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the group's or the parent charitable company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial statements or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the group or the parent charitable company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial statements, including the disclosures, and whether the financial statements represent the underlying transactions and events in a manner that achieves fair presentation (i.e. gives a true and fair view).
- Obtain sufficient appropriate audit evidence regarding the financial information of the entities or business activities within the group to express an opinion on the financial statements. We are responsible for the direction, supervision and performance of the group audit. We remain solely responsible for our audit opinion.

We communicate with those charged with governance regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

## Kids Inspire

### Independent Auditor's Report to the Members and Trustees of Kids Inspire

---

#### Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006 and to the charitable company's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charitable company's members and its trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body and the charitable company's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Raymond Crace*

.....  
Raymond Crace FCA (Senior Statutory Auditor)  
For and on behalf of Edmund Carr LLP, Statutory Auditor

146 New London Road  
Chelmsford  
Essex  
CM2 0AW

28 November 2021

## Kids Inspire

### Consolidated Statement of Financial Activities for the Year Ended 30 April 2021 (Including Consolidated Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<b>Income and Endowments from:</b>					
Donations and legacies	3	338,976	497,715	836,691	587,366
Charitable activities	4	16,315	685,944	702,259	575,944
Other trading activities	5	51,756	-	51,756	169,389
Investment income	6	467	-	467	848
Other income	7	77,313	-	77,313	8,025
Total income		<u>484,827</u>	<u>1,183,659</u>	<u>1,668,486</u>	<u>1,341,572</u>
<b>Expenditure on:</b>					
Raising funds	8	(116,425)	(38,906)	(155,331)	(213,038)
Charitable activities	9	<u>(11,698)</u>	<u>(1,110,811)</u>	<u>(1,122,509)</u>	<u>(976,879)</u>
Total expenditure		<u>(128,123)</u>	<u>(1,149,717)</u>	<u>(1,277,840)</u>	<u>(1,189,917)</u>
Net income		<u>356,704</u>	<u>33,942</u>	<u>390,646</u>	<u>151,655</u>
Net movement in funds		356,704	33,942	390,646	151,655
<b>Reconciliation of funds</b>					
Total funds brought forward		<u>543,596</u>	<u>37,776</u>	<u>581,372</u>	<u>429,717</u>
Total funds carried forward	22	<u>900,300</u>	<u>71,718</u>	<u>972,018</u>	<u>581,372</u>

All of the group's activities derive from continuing operations during the above two periods.

The funds breakdown for 2020 is shown in note 22.

# Kids Inspire

**(Registration number: 06380082)**  
**Consolidated Balance Sheet as at 30 April 2021**

	<b>Note</b>	<b>2021 £</b>	<b>2020 £</b>
<b>Fixed assets</b>			
Tangible assets	15	18,439	9,762
<b>Current assets</b>			
Stocks	17	-	439
Debtors	18	297,636	111,642
Cash at bank and in hand	19	1,100,563	680,569
		1,398,199	792,650
<b>Creditors: Amounts falling due within one year</b>	20	(444,620)	(221,040)
<b>Net current assets</b>		953,579	571,610
<b>Net assets</b>		972,018	581,372
<b>Funds of the group:</b>			
<b>Restricted income funds</b>			
Restricted funds	22	71,718	37,776
<b>Unrestricted income funds</b>			
Unrestricted funds		900,300	543,596
<b>Total funds</b>	22	972,018	581,372

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements on pages 38 to 63 were approved by the trustees, and authorised for issue on 16 November 2021 and signed on their behalf by:

*Andrew Sleet*

.....

A Sleet  
Trustee

# Kids Inspire

(Registration number: 06380082)

Balance Sheet as at 30 April 2021

	Note	2021 £	2020 £
<b>Fixed assets</b>			
Tangible assets	15	18,439	9,762
Investments	16	1	1
		<u>18,440</u>	<u>9,763</u>
<b>Current assets</b>			
Stocks	17	-	439
Debtors	18	318,081	132,202
Cash at bank and in hand	19	<u>1,077,575</u>	<u>658,804</u>
		1,395,656	791,445
<b>Creditors: Amounts falling due within one year</b>	20	<u>(442,820)</u>	<u>(219,239)</u>
<b>Net current assets</b>		<u>952,836</u>	<u>572,206</u>
<b>Net assets</b>		<u>971,276</u>	<u>581,969</u>
<b>Funds of the charity:</b>			
<b>Restricted income funds</b>			
Restricted funds	22	71,718	37,776
<b>Unrestricted income funds</b>			
Unrestricted funds		<u>899,558</u>	<u>544,193</u>
<b>Total funds</b>	22	<u>971,276</u>	<u>581,969</u>

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with FRS102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland'.

The financial statements on pages 38 to 63 were approved by the trustees, and authorised for issue on 16 November 2021 and signed on their behalf by:

*Andrew Sleet*

.....

A Sleet  
Trustee



## Kids Inspire

### Consolidated Statement of Cash Flows for the Year Ended 30 April 2021

	Note	2021 £	2020 £
<b>Cash flows from operating activities</b>			
Net movement in funds for the reporting year		390,646	151,655
<b>Adjustments for:</b>			
Depreciation	15	5,675	3,765
Investment income	6	(467)	(848)
Decrease in stocks	17	439	2,137
(Increase)/decrease in debtors	18	(185,994)	49,884
Increase/(decrease) in creditors	20	71,142	(60,365)
Increase in deferred income		<u>152,438</u>	<u>22,402</u>
Net cash flows from operating activities		<u>433,879</u>	<u>168,630</u>
<b>Cash flows from investing activities</b>			
Interest receivable and similar income	6	467	848
Purchase of tangible fixed assets	15	(14,352)	(5,290)
Sale of tangible fixed assets		<u>-</u>	<u>7,370</u>
Net cash flows from investing activities		<u>(13,885)</u>	<u>2,928</u>
Net increase in cash and cash equivalents		419,994	171,558
Cash and cash equivalents at 1 May		<u>680,569</u>	<u>509,011</u>
Cash and cash equivalents at 30 April		<u><u>1,100,563</u></u>	<u><u>680,569</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

---

#### 1 Charity status

The charity is limited by guarantee, incorporated in England & Wales, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

#### 2 Accounting policies

##### Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

##### Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

##### Basis of preparation

Kids Inspire meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### Basis of consolidation

The consolidated financial statements consolidate the financial statements of the charity and its subsidiary undertaking drawn up to 30 April 2021.

No statement of financial activities is presented for the charity as permitted by section 408 of the Companies Act 2006. The charity made a surplus after tax for the financial year of £389,307 (2020 - surplus of £152,252).

The subsidiary is an entity controlled by the charity. Control is achieved where the charity has the power to govern the financial and operating policies of an entity so as to obtain benefits from its activities.

Inter-company transactions, balances and unrealised gains on transactions between the charity and its subsidiaries, which are related parties, are eliminated in full.

## **Kids Inspire**

### **Notes to the Financial Statements for the Year Ended 30 April 2021**

---

#### **Going concern**

The trustees have considered the impact of the Covid-19 pandemic in their assessment of the charity's ability to prepare accounts as a going concern. Because of the uncertainties surrounding the effects of the economic slowdown it is difficult to predict the impact on the charity, but having taken all the factors into account, the trustees are of the opinion that the charity has sufficient resources to continue trading for the next 12 months from the date of signing these accounts.

#### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

#### ***Donations and legacies***

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. Donations and legacies include voluntary donations from individuals, corporates and other groups including recovered Gift Aid where appropriate.

#### ***Grants receivable***

Grants, including government grants, are recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

#### ***Deferred income***

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

#### ***Other trading activities***

Other trading activities include fundraising income from functions and events organised by the charity and income generated by the charity's trading subsidiary, Inspire Wellbeing Services.

#### ***Investment income***

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

**Notes to the Financial Statements for the Year Ended 30 April 2021**

---

***Charitable activities***

Provision of therapy and counselling includes commissioned, training, private client and grant income from individuals, foundations and public sector bodies.

***Other income***

Other income consists of government grants in respect of the Coronavirus Job Retention Scheme. The grants are recognised when receivable.

**Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

***Raising funds***

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

***Charitable activities***

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

**Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

**Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees meetings and reimbursed expenses.

## Notes to the Financial Statements for the Year Ended 30 April 2021

---

### Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

### Tangible fixed assets

Any significant individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

### Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Office Equipment	25% straight-line
Computer Equipment	25% straight-line
Leasehold improvements	25% straight-line

### Business combinations

Business combinations are accounted for under the purchase method. Where necessary, adjustments are made to the financial statements of subsidiaries to bring the accounting policies used into line with those used by the group. All intra-group transactions, balances, income and expenses are eliminated on consolidation. In accordance with Section 35 of FRS 102, Section 19 of FRS 102 has not been applied in these financial statements in respect of business combinations effected prior to the date of transition.

### Stock

Stock is valued at the lower of cost and estimated selling price less costs to complete and sell, after due regard for obsolete and slow moving stocks. Cost is determined using the first-in, first-out (FIFO).

### Trade debtors

Debtors are amounts due for services performed or grants receivable. Debtors are recognised initially at the transaction price. They are subsequently measured at the settlement amount less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

## **Kids Inspire**

### **Notes to the Financial Statements for the Year Ended 30 April 2021**

---

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash held within the charity's bank accounts.

#### **Trade creditors**

Creditors are recognised at their settlement amount where the charity has a present obligation resulting from a past event and will probably result in the transfer of funds to a third party and the amount due can be measured or estimated reliably.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the group.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### **Pensions and other post retirement obligations**

The group operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the group has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

---

#### Financial instruments

##### *Classification*

The charity only holds basic financial instruments as defined in FRS 102. The financial assets and financial liabilities of the charity and their measurement basis are as follows:

Financial assets - trade and other debtors are basic financial instruments and are debt instruments measured at amortised cost. Prepayments are not financial instruments.

Cash at bank - is classified as a basic financial instrument and is measured at face value.

Financial liabilities - trade creditors, accruals and other creditors are financial instruments, and are measured at amortised cost. Taxation and social security are not included in the financial instruments disclosure definition. Deferred income is not deemed to be a financial liability, as the cash settlement has already taken place and there is an obligation to deliver services rather than cash or another financial instrument.

#### 3 Income from donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £
Donations receivable	323,577	497,715	821,292
Legacies	1,317	-	1,317
Gift aid reclaimed	14,082	-	14,082
	<u>338,976</u>	<u>497,715</u>	<u>836,691</u>
	Unrestricted funds £	Restricted funds £	Total 2020 £
Donations receivable	230,862	323,741	554,603
Legacies	100	-	100
Gift aid reclaimed	32,663	-	32,663
	<u>263,625</u>	<u>323,741</u>	<u>587,366</u>

# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 4 Income from charitable activities

	Unrestricted funds £	Restricted funds £	Total 2021 £
Commissioned services and grant income	14,190	678,974	693,164
Training and private therapy income	2,125	6,970	9,095
	<u>16,315</u>	<u>685,944</u>	<u>702,259</u>
	Unrestricted funds £	Restricted funds £	Total 2020 £
Commissioned services and grant income	17,500	543,119	560,619
Training and private therapy income	1,320	14,005	15,325
	<u>18,820</u>	<u>557,124</u>	<u>575,944</u>

### 5 Income from other trading activities

	Unrestricted funds £	Restricted funds £	Total 2021 £
Trading income:			
Sales of goods	1,395	-	1,395
Subsidiary trading income	9,950	-	9,950
Events income	38,346	-	38,346
Lotteries and competitions income	2,065	-	2,065
	<u>51,756</u>	<u>-</u>	<u>51,756</u>
	Unrestricted funds £	Restricted funds £	Total 2020 £
Trading income:			
Sales of goods	306	-	306
Subsidiary trading income	2,703	-	2,703
Events income	139,216	26,306	165,522
Lotteries and competitions income	858	-	858
	<u>143,083</u>	<u>26,306</u>	<u>169,389</u>



# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 6 Investment income

	Unrestricted funds £	Restricted funds £	Total 2021 £
Interest receivable on bank deposits	467	-	467
	<u>467</u>	<u>-</u>	<u>467</u>
	Unrestricted funds £	Restricted funds £	Total 2020 £
Interest receivable on bank deposits	848	-	848
	<u>848</u>	<u>-</u>	<u>848</u>

### 7 Other income

	Unrestricted funds £	Restricted funds £	Total 2021 £
Government grant - furlough income	77,313	-	77,313
	<u>77,313</u>	<u>-</u>	<u>77,313</u>
	Unrestricted funds £	Restricted funds £	Total 2020 £
Government grant - furlough income	-	8,025	8,025
	<u>-</u>	<u>8,025</u>	<u>8,025</u>

# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 8 Expenditure on raising funds

#### a) Costs of generating donations and legacies

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Fundraising direct costs	11,813	-	11,813	52,898
Staff Costs	96,001	38,906	134,907	139,198
	<u>107,814</u>	<u>38,906</u>	<u>146,720</u>	<u>192,096</u>

#### b) Costs of trading activities

	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Trading subsidiary costs	8,611	-	8,611	20,942
	<u>8,611</u>	<u>-</u>	<u>8,611</u>	<u>20,942</u>

### 9 Expenditure on charitable activities

#### Provision of therapy and counselling

	Note	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
Direct project and activity costs		-	13,998	13,998	12,054
Depreciation		-	5,675	5,675	3,765
Staff costs and contractors		5,198	976,485	981,683	825,478
Allocated support costs	10	-	95,146	95,146	115,062
Governance costs	10	6,500	19,507	26,007	20,520
		<u>11,698</u>	<u>1,110,811</u>	<u>1,122,509</u>	<u>976,879</u>

# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 10 Analysis of governance and support costs

#### Support costs allocated to charitable activities

	Governance costs £	Information technology £	Premises costs including depreciation £	Other support costs £	Total 2021 £
Provision of therapy and counselling	<u>26,007</u>	<u>14,663</u>	<u>31,436</u>	<u>49,047</u>	<u>121,153</u>

	Governance costs £	Information technology £	Premises costs including depreciation £	Other support costs £	Total 2020 £
Provision of therapy and counselling	<u>20,520</u>	<u>11,074</u>	<u>25,800</u>	<u>78,188</u>	<u>135,582</u>

#### Governance costs

	Total 2021 £	Total 2020 £
Staff costs		
Wages and salaries	6,500	6,500
Audit fees		
Audit of the charity's financial statements	5,460	5,460
Other fees paid to auditors	11,121	5,269
Legal and professional fees	2,511	3,099
Other governance costs	<u>415</u>	<u>192</u>
	<u>26,007</u>	<u>20,520</u>

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

---

#### 11 Net incoming/outgoing resources

Net incoming resources for the year include:

	2021 £	2020 £
Operating leases - other assets	5,970	6,115
Depreciation of fixed assets	5,675	3,765
Audit fees - charity and trading subsidiary	<u>7,260</u>	<u>7,260</u>

#### 12 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the group during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

#### 13 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
<b>Staff costs during the year were:</b>		
Wages and salaries	746,891	675,918
Social security costs	52,306	57,151
Pension costs	<u>20,179</u>	<u>18,929</u>
	<u>819,376</u>	<u>751,998</u>

The average number of persons (including senior management team) employed by the group during the year (head count based on number of staff employed) was as follows:

	2021 No	2020 No
Average	<u>36</u>	<u>33</u>

33 (2020 - 29) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £20,179 (2020 - £18,929).

---

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

The number of employees whose emoluments fell within the following bands was:

	<b>2021 No</b>	<b>2020 No</b>
£70,001 - £80,000	<u>1</u>	<u>1</u>

The total employee benefits of the key management personnel of the group were £81,753 (2020 - £82,661).

#### 14 Taxation

The charity is exempt from corporation tax as all its income is charitable and is applied for charitable purposes. The charity's trading subsidiary gift aids available profits to the parent charity.

#### 15 Tangible fixed assets

##### Group

	<b>Equipment £</b>	<b>Computer equipment £</b>	<b>Total £</b>
<b>Cost</b>			
At 1 May 2020	25,761	12,115	37,876
Additions	-	14,352	14,352
Disposals	<u>(3,639)</u>	<u>-</u>	<u>(3,639)</u>
At 30 April 2021	<u>22,122</u>	<u>26,467</u>	<u>48,589</u>
<b>Depreciation</b>			
At 1 May 2020	20,929	7,185	28,114
Charge for the year	1,432	4,243	5,675
Eliminated on disposals	<u>(3,639)</u>	<u>-</u>	<u>(3,639)</u>
At 30 April 2021	<u>18,722</u>	<u>11,428</u>	<u>30,150</u>
<b>Net book value</b>			
At 30 April 2021	<u>3,400</u>	<u>15,039</u>	<u>18,439</u>
At 30 April 2020	<u>4,832</u>	<u>4,930</u>	<u>9,762</u>

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

#### Charity

	Equipment £	Computer equipment £	Total £
<b>Cost</b>			
At 1 May 2020	25,761	12,115	37,876
Additions	-	14,352	14,352
Disposals	(3,639)	-	(3,639)
At 30 April 2021	<u>22,122</u>	<u>26,467</u>	<u>48,589</u>
<b>Depreciation</b>			
At 1 May 2020	20,929	7,185	28,114
Charge for the year	1,432	4,243	5,675
Eliminated on disposals	(3,639)	-	(3,639)
At 30 April 2021	<u>18,722</u>	<u>11,428</u>	<u>30,150</u>
<b>Net book value</b>			
At 30 April 2021	<u>3,400</u>	<u>15,039</u>	<u>18,439</u>
At 30 April 2020	<u>4,832</u>	<u>4,930</u>	<u>9,762</u>

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

#### 16 Fixed asset investments

##### Charity

##### Shares in group undertakings and participating interests

	Subsidiary undertakings £	Total £
<b>Cost</b>		
At 1 May 2020	<u>1</u>	<u>1</u>
At 30 April 2021	<u>1</u>	<u>1</u>
<b>Net book value</b>		
At 30 April 2021	<u><u>1</u></u>	<u><u>1</u></u>
At 30 April 2020	<u><u>1</u></u>	<u><u>1</u></u>

##### Details of undertakings

Details of the investments in which the charity holds 20% or more of the nominal value of any class of share capital are as follows:

Undertaking	Country of incorporation	Holding	Proportion of voting rights and shares held		Principal activity
			2021	2020	
Subsidiary undertakings					
Inspire Wellbeing Services Community Interest Company	England	Ordinary	100%	100%	Promotion of mental wellbeing

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

---

#### Subsidiaries

The profit for the financial period for Inspire Wellbeing Services Community Interest Company was £1,339 (2020- loss of £597) and the aggregate amount of capital and reserves at the end of the period was £743 (2020 - £(596)).

Inspire Wellbeing Services Community Interest Company was incorporated on 27 September 2019 with registered company number 12231988.

#### 17 Stock

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Stocks	-	439	-	439

#### 18 Debtors

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Due from group undertakings	-	-	20,610	20,560
Prepayments	29,447	36,443	29,447	36,443
Other debtors	268,189	75,199	268,024	75,199
	<u>297,636</u>	<u>111,642</u>	<u>318,081</u>	<u>132,202</u>

#### 19 Cash and cash equivalents

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Cash at bank	<u>1,100,563</u>	<u>680,569</u>	<u>1,077,575</u>	<u>658,804</u>



# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 20 Creditors: amounts falling due within one year

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
Trade creditors	39,300	17,217	39,300	17,216
Other taxation and social security	16,465	12,665	16,465	12,665
Pension scheme creditor	4,109	2,826	4,109	2,826
Accruals	59,101	15,125	57,301	13,325
Deferred income	325,645	173,207	325,645	173,207
	<u>444,620</u>	<u>221,040</u>	<u>442,820</u>	<u>219,239</u>

### Deferred income

	2021	2020
	£	£
Deferred income at 1 May 2020	173,207	150,805
Resources deferred in the period	325,645	173,207
Amounts released from previous periods	<u>(173,207)</u>	<u>(150,805)</u>
Deferred income at year end	<u>325,645</u>	<u>173,207</u>

Deferred income relates to income received with performance related conditions that are still to be fulfilled at the year end, or where the donor has specified that the income is to be used in future accounting periods.

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

---

#### 21 Obligations under leases and hire purchase contracts

##### Operating lease commitments

Total future minimum lease payments under non-cancellable operating leases are as follows:

	Group		Charity	
	2021	2020	2021	2020
	£	£	£	£
<b>Other</b>				
Within one year	4,686	5,210	4,686	5,210
Between one and five years	<u>2,153</u>	<u>6,458</u>	<u>2,153</u>	<u>6,458</u>
	<u>6,839</u>	<u>11,668</u>	<u>6,839</u>	<u>11,668</u>

# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 22 Funds

#### Group

	Balance at 1 May 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 April 2021 £
<b>Unrestricted funds</b>					
General funds	543,596	484,827	(128,123)	(300,000)	600,300
<b>Designated funds</b>					
Premises fund	-	-	-	300,000	300,000
<b>Total unrestricted funds</b>	<u>543,596</u>	<u>484,827</u>	<u>(128,123)</u>	<u>-</u>	<u>900,300</u>
<b>Restricted funds</b>					
Essex County Council	-	343,769	(343,769)	-	-
ICAP	17,778	-	(17,778)	-	-
Other grants and donations	<u>19,998</u>	<u>839,890</u>	<u>(788,170)</u>	<u>-</u>	<u>71,718</u>
<b>Total restricted funds</b>	<u>37,776</u>	<u>1,183,659</u>	<u>(1,149,717)</u>	<u>-</u>	<u>71,718</u>
<b>Total funds</b>	<u>581,372</u>	<u>1,668,486</u>	<u>(1,277,840)</u>	<u>-</u>	<u>972,018</u>
	Balance at 1 May 2019 £	Incoming resources £	Resources expended £		Balance at 30 April 2020 £
<b>Unrestricted funds</b>					
General funds	343,702	426,376	(226,482)		543,596
<b>Restricted funds</b>					
Essex County Council	-	394,883	(394,883)		-
ICAP	26,666	-	(8,888)		17,778
Masonic Charitable Foundation	13,056	-	(13,056)		-
Other grants and donations	<u>46,293</u>	<u>520,313</u>	<u>(546,608)</u>		<u>19,998</u>
<b>Total restricted funds</b>	<u>86,015</u>	<u>915,196</u>	<u>(963,435)</u>		<u>37,776</u>
<b>Total funds</b>	<u>429,717</u>	<u>1,341,572</u>	<u>(1,189,917)</u>		<u>581,372</u>

# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### Charity

	Balance at 1 May 2020 £	Incoming resources £	Resources expended £	Transfers £	Balance at 30 April 2021 £
<b>Unrestricted funds</b>					
General funds	544,193	474,877	(119,512)	(300,000)	599,558
<b>Designated funds</b>					
Premises Fund	-	-	-	300,000	300,000
<b>Total unrestricted funds</b>	<u>544,193</u>	<u>474,877</u>	<u>(119,512)</u>	<u>-</u>	<u>899,558</u>
<b>Restricted funds</b>					
Essex County Council	-	343,769	(343,769)	-	-
ICAP	17,778	-	(17,778)	-	-
Other grants and donations	<u>19,998</u>	<u>839,890</u>	<u>(788,170)</u>	<u>-</u>	<u>71,718</u>
<b>Total restricted funds</b>	<u>37,776</u>	<u>1,183,659</u>	<u>(1,149,717)</u>	<u>-</u>	<u>71,718</u>
<b>Total funds</b>	<u>581,969</u>	<u>1,658,536</u>	<u>(1,269,229)</u>	<u>-</u>	<u>971,276</u>
	Balance at 1 May 2019 £	Incoming resources £	Resources expended £		Balance at 30 April 2020 £
<b>Unrestricted funds</b>					
General funds	343,702	423,673	(223,182)		544,193
<b>Restricted funds</b>					
Essex County Council	-	394,883	(394,883)		-
ICAP	26,666	-	(8,888)		17,778
Masonic Charitable Foundation	13,056	-	(13,056)		-
Other grants and donations	<u>46,293</u>	<u>520,313</u>	<u>(546,608)</u>		<u>19,998</u>
<b>Total restricted funds</b>	<u>86,015</u>	<u>915,196</u>	<u>(963,435)</u>		<u>37,776</u>
<b>Total funds</b>	<u>429,717</u>	<u>1,338,869</u>	<u>(1,186,617)</u>		<u>581,969</u>

## **Kids Inspire**

### **Notes to the Financial Statements for the Year Ended 30 April 2021**

---

The specific purposes for which the funds are to be applied are as follows:

#### **Current Year**

- Premises Fund: the Trustees have designated £300,000 for the deposit on the acquisition of a new premises in 2022.
- Essex County Council commission Kids Inspire to deliver the Family Innovation Fund, providing early intervention across Essex.
- ICAP is a fund set up to pay for long-term mentoring relationships.

#### **Prior Year**

- Essex County Council commission Kids Inspire to deliver the Family Innovation Fund, providing early intervention across Essex.
- ICAP is a fund set up to pay for long-term mentoring relationships.
- The Masonic Charitable Foundation provided a grant to fund the role of a specialist creative psychotherapist for the two years.
- Restricted funds carried forward relate to an Enterprise Development Grant from Social Investment Business.

# Kids Inspire

## Notes to the Financial Statements for the Year Ended 30 April 2021

### 23 Analysis of net assets between funds

#### Group

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Tangible fixed assets	18,439	-	-	18,439
Current assets	1,026,481	300,000	71,718	1,398,199
Current liabilities	(444,620)	-	-	(444,620)
Total net assets	<u>600,300</u>	<u>300,000</u>	<u>71,718</u>	<u>972,018</u>
	Unrestricted funds £	Restricted funds £	Total 2020 £	
Tangible fixed assets	9,762	-	9,762	
Current assets	754,874	37,776	792,650	
Current liabilities	(221,040)	-	(221,040)	
Total net assets	<u>543,596</u>	<u>37,776</u>	<u>581,372</u>	

#### Charity

	Unrestricted funds £	Designated funds £	Restricted funds £	Total 2021 £
Tangible fixed assets	18,439	-	-	18,439
Fixed asset investments	1	-	-	1
Current assets	1,023,938	300,000	71,718	1,395,656
Current liabilities	(442,820)	-	-	(442,820)
Total net assets	<u>599,558</u>	<u>300,000</u>	<u>71,718</u>	<u>971,276</u>

## Kids Inspire

### Notes to the Financial Statements for the Year Ended 30 April 2021

	Unrestricted funds £	Restricted funds £	Total 2020 £
Tangible fixed assets	9,762	-	9,762
Fixed asset investments	1	-	1
Current assets	753,669	37,776	791,445
Current liabilities	(219,239)	-	(219,239)
Total net assets	<u>544,193</u>	<u>37,776</u>	<u>581,969</u>

### 24 Analysis of cash and cash equivalents

#### Group

	At 1 May 2020 £	Cash flows £	At 30 April 2021 £
Cash at bank and in hand	<u>680,569</u>	<u>419,994</u>	<u>1,100,563</u>
Total cash	<u>680,569</u>	<u>419,994</u>	<u>1,100,563</u>

	At 1 May 2019 £	Cash flows £	At 30 April 2020 £
Cash at bank and in hand	<u>509,011</u>	<u>171,558</u>	<u>680,569</u>
Total cash	<u>509,011</u>	<u>171,558</u>	<u>680,569</u>

### 25 Related party transactions

#### Charity

During the year the charity made the following related party transactions:

#### Iain Bell

(Spouse of CEO)

Contractor fees of £3,380 (2020 - £4,045) for graphic design work. At the balance sheet date the amount due to Iain Bell was £Nil (2020 - £310).