

ACTIVITEENS

England & Wales · Charity number 1129447

Details

Other names	ACTIVITEENS
Status	Registered
Legal form	Trust
Registered	2009-05-07
Register	View on the Charity Commission register

Contact

Address	93 Alkham Road London N16 6XD
Phone	020 3745 0997
Email	mail@activiteens.org

Activities

Objects: TO ADVANCE IN LIFE AND RELIEVE NEEDS OF YOUNG PEOPLE WHO HAVE NEED BY REASON OF THEIR YOUTH, AGE, POVERTY OR SOCIAL AND ECONOMIC CIRCUMSTANCES, ESPECIALLY BUT NOT EXCLUSIVELY THOSE LIVING IN THE BOROUGH OF HACKNEY AND HARINGEY THROUGH: (A) THE PROVISION OF RECREATIONAL AND LEISURE TIME ACTIVITIES PROVIDED IN THE INTEREST OF SOCIAL WELFARE, DESIGNED TO IMPROVE THEIR CONDITIONS OF LIFE; (B) PROVIDING SUPPORT AND ACTIVITIES WHICH DEVELOP THEIR SKILLS, CAPACITIES AND CAPABILITIES TO ENABLE THEM TO PARTICIPATE IN SOCIETY AS INDEPENDENT, MATURE AND RESPONSIBLE INDIVIDUALS. (C) TO ADVANCE THE EDUCATION OF SUCH YOUNG PEOPLE BY PROVIDING AND ASSISTING IN THE PROVISION OF FACILITIES NOT REQUIRED TO BE PROVIDED BY THE LOCAL EDUCATION AUTHORITY. (D) TO PROVIDE OR ASSIST IN THE PROVISION OF FACILITIES IN THE INTERESTS OF SOCIAL WELFARE FOR RECREATION OR OTHER LEISURE TIME OCCUPATION OF INDIVIDUALS WHO HAVE NEED OF SUCH FACILITIES BY REASON OF THEIR YOUTH, FINANCIAL HARDSHIP OR SOCIAL CIRCUMSTANCES WITH THE OBJECT OF IMPROVING THEIR CONDITIONS OF LIFE.

Activities: The Charity is established to advance in life and relieve needs of young people who have need by reason of their youth, age, poverty or social and economic circumstances, especially but not exclusively those living in the boroughs of Hackney and Haringey.

Classification

- **How:** Provides Services
- **What:** Education/training, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Amateur Sport
- **Who:** Children/young People, People With Disabilities

Geography

- **Area of benefit:** HACKNEY AND HARINGEY
- Barnet
- Hackney
- Haringey

Finances

Period end	Income	Expenditure	Assets	Employees
2025-05-31	£143,775	£140,303	-	-
2024-05-31	£170,269	£149,500	-	-
2023-05-31	£122,419	£120,956	-	-
2022-05-31	£108,668	£104,406	-	-
2021-05-31	£113,343	£112,677	-	-

Trustees

Name	Role	Appointed
GITA WIND BA HONS	Chair	
BELLA HOCHBERG		
LEAH MONHEIT		
Perl Miller		2019-09-05
YOCHEVED ZWIEBEL		

Accounts

Charity registration number: 1129447 (England and Wales)



The future belongs to those who believe in their dreams.

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2025**

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MAY 2025

Principal address	93 Alkham Road London N16 6XD
Trustees	Mrs G Wind MS MBACP, Chair Mrs L Monheit, Treasurer Mrs B Hochberg, Trustee Mrs Y Zwiebel, Trustee Mrs P Miller, Trustee
Charity registration	England and Wales 1129447
Independent Examiner	Berish Hoffman FCA Landau Morley LLP 325-327 Oldfield Lane North Greenford Middlesex UB6 0FX

CHAIR'S STATEMENT:

I take great pleasure in presenting the annual report of the trustees for the year ended 31 May 2025.

Every teen dreams of glorious horizons where the splendour of the sky descends to bless the beauty of the earth. But when murky clouds of deprivation, underachievement, marginalisation, illness or disability gather, the perfect storm begins brewing.

Welcome to Activiteens where such young people are heard and understood with lightning speed. Where the coldest realities cannot freeze the warm atmosphere. Where young people join hands to dance in the rain. Where the clouds part to reveal strength and fortitude.

We are so grateful to our devoted staff, who truly know which way the wind blows through lived experience. Whatever the weather they bring their own sunshine showering each beneficiary with care, trust and unconditional acceptance.

Ultimately, we express our admiration to our esteemed funders and supporters, for radiating positivity and restoring tranquillity so that young people can once again **dream**. It is because you **believe** in their innate strength that they have a firm resilience that no turbulence will overpower. Whatever they **achieve**, now and in their future, is a tribute to your warm benevolence. Even the winds of time will not blow away the impact you have made.

Please join us once again in anticipating a brighter forecast.

Gita Wind MS MBACP
Chair



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2024

The trustees present their report and financial statements for the year ended 31 May 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

REFERENCE AND ADMINISTRATIVE DETAILS:

Reference and administrative details are shown in the schedule of legal and administrative information on page 2 of these statements.

OUR VISION:

To improve the lives of underprivileged and vulnerable young people from minority ethnic communities who are suffering from the effects of poverty, overcrowding, illness, disability, social-isolation or are at risk of becoming NEETs due to underachievement.

OUR MISSION:

To provide activities through which these young people can develop skills so that they can reach their maximum potential and grow into productive members of society.

OBJECTIVES & ACTIVITIES:

- To promote and advance the education of young people by

providing educational and vocational courses and programmes that boost success, increase their life-chances and improve their employability prospects.

- To revolutionise the sedentary lifestyle of young people in the local community and stem the rising tide of obesity by providing sports and fitness projects that support young people in achieving healthy eating habits and a healthy lifestyle.
- To provide pleasurable, user-led, out-of-school clubs and activities that promote the personal, social and emotional development of young people. These empower them to acquire a range of skills while providing them with a fun, safe and supportive place to spend their free time constructively.
- To support troubled teens through the provision of mentoring services.
- To enable young people with special needs to fully access our services, advance their education and develop to their maximum potential.
- To empower parents with the skills and confidence they need to support their adolescents during these critical years.

The trustees confirm that they have referred to the guidance outlined in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2025

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs G Wind MS MBACP

Mrs L Monheit

Mrs B Hochberg

Mrs Y Zwiebel

Mrs P Miller

RECRUITMENT, INDUCTION AND TRAINING

New trustees are recruited on the basis of their competence, specialist skills, and those who are able to promote the objectives of the Charity. The existing trustees will apply suitable induction and training procedures to any new trustee.

RISK MANAGEMENT

The trustees have identified and reviewed the major risks to which the charity is exposed.

Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity.

The trustees are satisfied that these systems and procedures mitigate the potential effects of any perceived risks.

SAFEGUARDING AND CHILD PROTECTION

Rigorous Child Protection and Safeguarding policies and procedures are at the heart of everything we do. This ensures that the welfare of the young people in our care is never compromised.



291

TEENS SUPPORTED



261

SPORTS CLUB
SESSIONS



9

OUTDOOR TRIPS



492

MENTORING
SESSIONS

Achievements and Performance:

298

PERFORMING ARTS
SESSIONS



390

COOKERY &
HEALTHY EATING
CLASSES



648

GROUP AND 1:1
HOMEWORK AND
GCSE CLUB SESSIONS

205

VOCATIONAL
TRAINING SESSIONS



ACHIEVEMENTS & PERFORMANCE

MENTORING SESSIONS

These sessions provided young people with consistent trusting relationships that boosted their self-esteem, improved academic performance and enhanced their emotional wellbeing. It empowered them to set and achieve goals, overcome barriers to success and motivated them to achieve in a safe, supportive environment giving them a push in the right direction.

HOMEWORK CLUB & TUTORING

Gila, diagnosed with Type 1 diabetes, joined our GCSE club. Frequent school absences and poor support from home meant that although capable Gila wasn't projected to achieve a 9-4 in her GCSEs. In her own words: *"I didn't think I even stood a chance, but the tutors proved to me that despite my limitations I could do it. I'm proud to say I did."*

SPORTS & EXERCISE CLUBS

Supported by skilled and motivating coaches, our young people unleashed their true potential at our pulsating sports & exercise clubs confidently making significant progress whilst improving their teamwork and collaboration skills. This offered them dynamic recreational, social and physical opportunities while promoting fitness and fun.



Dream



COOKERY CLASSES

Cookery classes transformed the lifestyles of 81 disadvantaged young people who mastered the art of creating nutritious meals. *"Wow! I never thought I'd get here. I've learnt that making supper on a budget doesn't mean relying on unhealthy starches. Thanks to my cookery instructor for empowering me to cook healthy, tasty meals" a participant.*

SOCIAL SKILLS SESSIONS

These engaging social skills groups played a vital role in nurturing the social development of 31 teens who have been struggling to make it on the social scene. In these encouraging and safe sessions, young people practiced and developed core communication, behavioural and social skills, nurturing new relationships and improving old ones.

IT COURSES

Our IT courses provided critical intervention for 83 young people experiencing digital poverty. Sessions provided individuals with extensive knowledge in fundamental tech skills, graphic design, marketing and content creation thus breaking down educational barriers and enhancing their employability and career prospects in today's technology driven world.



Believe



FINANCIAL SAFETY

Weekly financial wellbeing sessions taught 46 beneficiaries about budgeting, savings, avoiding debt and financial planning. *"It felt like poor finances was like quicksand, the more you tried to pull yourself out the deeper you sank. Yet I was so desperate to turn my life round. Thank you for showing me the way to manage finances sensibly."*

TALENT SHOW

The exceptional artistic skills of many aspiring individuals was celebrated by an enthusiastic and passionate audience of more than 750 at a local stadium in March 2025. Captivating the audience, the 187 young performers displayed their outstanding, newfound skills in an exclusive show of talent, flair and growth.

MUSIC CLUBS

At these vibrant music sessions, the shy became confident; the agitated exuded calm; the lonely felt included and new voices were heard. *"Joining the music club was the best move I've ever made. This was a safe space where I could be creative, without feeling judged, enabling me to excel and surpass all expectations in my ABRSM Grade 2 exam."*



Achieve



FINANCIAL REVIEW AND TREASURER'S STATEMENT

We gratefully acknowledge the support of our longstanding funders whose continuous belief in our young people continues to expand their horizons and potential. A special thank you goes to Postcode Society Trust, Tottenham Grammar School Foundation, Sport England, UK Youth, The London Community Foundation, People's Health Trust, London Borough of Hackney – through Hackney Giving, The Ian Maidens Charitable Trust, The Children's Aid Committee, The Tin Henman Foundation, The Invesco Cares Foundation, Souter Charitable Trust, and The Oldhurst Trust. We also feel privileged to have been selected by a number of new funders including City Bridge Foundation, Portakabin LTD, Maurits Mulder Canter Charity, Travers Smith LLP, Austin and Hope Pilkington Trust, The Gledswood Charitable Trust and The Boshier Hinton Foundation. We look forward to earning your trust and building lasting relationships. We likewise express gratitude to our private and corporate donors for the notable donations they have made.

Your commitment to our cause continues to raise our aspirations.

The Charity received donations and grants totalling **£143,775** during the year and carried out projects with total running expenditures of **£140,303**. The results for the year are shown in the attached financial statements and the trustees are satisfied with its results.

RESERVES POLICY

The trustees aim towards building and maintaining reserves of at least four months' worth of activity running costs and up to six months. At the year's end the charity held free reserves of **£46,986**.

PLANS FOR FUTURE PERIODS

The facts are on the ground. Young people in Hackney have a notably higher rates of mental health conditions than nationally, with teenagers most heavily affected. This is due to higher levels of child poverty; greater prevalence of special education needs and disabilities and other social challenges. This explains the unprecedented demand for our services as financially strapped parents and overwhelmed school staff and welfare organisations struggle to provide early intervention to stem the rising tide.

It is with much appreciation that we acknowledge the funding we've received from City Bridge Trust that will allow us the privilege of transforming the lives of more such struggling teens through the provision of weekly mentoring sessions. We are confident that these sessions will grant them the gift of a trusting relationship with an adult who can promote their growth, and the support group sessions that will give them the inclusion and validation they crave. This project's success is largely dependent on the professional development and motivation of the mentors and we're committed to provide them with regular training, supervision and peer support, through refreshing termly retreats and constant support sessions. We know there may be cases of need for more intense intervention and we will ensure that such beneficiaries access appropriate therapeutic provision.

Simultaneously it is crucial that we continue inviting young people to socialise and develop their skills and talents within a warm space where they feel safe, valued and productive. Activiteens: the place where they have permission to **dream**, are encouraged to **believe** and are given the tools to **achieve**.

Mrs G Wind MS MBACP

Chair

Dated: 25 March 2026



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACTIVITEENS

I report to the trustees on my examination of the financial statements of Activiteens (the charity) for the year ended 31 May 2025.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011.

I report in respect of my examination of the charity's financial statements carried out under section 145 of the Charities Act 2011. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Charities Act 2011.

INDEPENDENT EXAMINER'S STATEMENT

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the relevant version of the Statement of Recommended Practice applicable to charities preparing their financial statements in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn. I understand that this has been done in order for financial statements to provide true and fair view in accordance with Generally Accepted Accounting Practice.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Charities Act 2011.
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a true and fair view, which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Signed:

Berish Hoffman FCA

Landau Morley LLP
325-327 Oldfield Lane North
Greenford
Middlesex
UB6 0FX

Date: 25 March 2026

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
	Notes						
INCOME FROM:							
Donations and legacies	2	77,714	66,061	143,775	62,162	108,107	170,269
Total income		<u>77,714</u>	<u>66,061</u>	<u>143,775</u>	<u>62,162</u>	<u>108,107</u>	<u>170,269</u>
EXPENDITURE ON:							
Raising funds	3	4,971	-	4,971	4,464	-	4,464
Charitable activities	4	69,474	65,858	135,332	49,960	86,076	136,036
Total expenditure		<u>74,445</u>	<u>65,858</u>	<u>140,303</u>	<u>54,424</u>	<u>86,076</u>	<u>140,500</u>
Net income and movement in funds		3,269	203	3,472	7,738	22,031	29,769
Reconciliation of funds							
Fund balances at 1 June 2024		<u>43,717</u>	<u>25,832</u>	<u>69,549</u>	<u>35,979</u>	<u>3,801</u>	<u>39,780</u>
Fund balances at 31 May 2025		<u>46,986</u>	<u>26,035</u>	<u>73,021</u>	<u>43,717</u>	<u>25,832</u>	<u>69,549</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BALANCE SHEET AS AT 31 MAY 2025

		2025		2024	
	Notes	£	£	£	£
Current assets					
Debtors	9	3,240		-	
Cash at bank and in hand		78,884		84,941	
		<u>82,124</u>		<u>84,941</u>	
Creditors: amounts falling due within one year	10	(9,103)		(8,753)	
Net current assets			73,021		76,188
Creditors: amounts falling due after more than one year	11		-		(6,639)
Net assets			<u>73,021</u>		<u>69,549</u>
The funds of the charity					
Restricted income funds	12		26,035		25,832
Unrestricted funds	13		46,986		43,717
			<u>73,021</u>		<u>69,549</u>

The financial statements were approved by the Trustees on 25 March 2026.

Mrs G Wind MS MBACP
Chair

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

1. ACCOUNTING POLICIES

Charity information

Activiteens is a charity registered in England and Wales and is unincorporated. The address of the principal office is 93 Alkham Road, London, N16 6XD.

1.1 Basis of preparation

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee Benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

2. Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and Gifts	29,055	-	29,055	62,162	50	62,212
Grants	48,659	66,061	114,720	-	108,057	108,057
	<u>77,714</u>	<u>66,061</u>	<u>143,775</u>	<u>62,162</u>	<u>108,107</u>	<u>170,269</u>

3 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Publicity	-	496
Staff costs	4,971	3,968
	<u>4,971</u>	<u>4,464</u>

4. Expenditure on charitable activities

	Charitable activities 2025 £	Charitable activities 2024 £
Direct costs		
Staff costs	45,539	44,438
Other project costs	81,419	83,341
	<u>126,958</u>	<u>127,779</u>
Share of support and governance costs (see note 5)		
Support	5,974	5,847
Governance	2,400	2,410
	<u>135,332</u>	<u>136,036</u>
Analysis by fund		
Unrestricted funds	69,474	49,960
Restricted funds	65,858	86,076
	<u>135,332</u>	<u>136,036</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

5. Support costs allocated to activities

	2025 £	2024 £
Office Expenses	1,155	139
Bank charges	55	87
Consultancy	750	1,840
Rent	3,510	3,136
Interest payable	259	412
Membership	245	233
Governance costs	2,400	2,410
	<u>8,374</u>	<u>8,257</u>
Analysed between:		
Charitable activities	<u>8,374</u>	<u>8,257</u>

Governance costs include amounts payable to the Independent Examiner

6. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7. Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Part time staff	<u>11</u>	<u>12</u>
Employment costs	2024	2023
	£	£
Wages and salaries	<u>50,510</u>	<u>48,406</u>

There were no employees whose annual remuneration was more than £60,000.

8. Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

9. Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Prepayments and accrued income	<u>3,240</u>	<u>-</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

10. Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Bank loans		6,672	6,296
Accruals		2,431	2,457
		<u>9,103</u>	<u>8,753</u>

A Bounce Back Loan was taken by the charity to cover any projected loss of income expected due to Covid-19. Repayment of the loan is being enabled by donations that have been pledged.

11. Creditors: amounts falling due after more than one year

	Notes	2025 £	2024 £
Bank loans		<u>-</u>	<u>6,639</u>

12. Restricted funds

The income funds of the charity include restricted funds comprising the following amounts held on trust for specific purposes relating to various projects operated by the charity.

	Movement in funds				Movement in funds		
	Balance at 1 June 2023 £	Incoming resources £	Resources expended £	Balance at 1 June 2024 £	Incoming resources £	Resources expended £	Balance at 31 May 2025 £
Healthy Eating & Living	(26)	52,521	(30,416)	22,078	13,852	(26,945)	8,985
Vocational and Educational Support	33	14,471	(11,996)	2,508	2,000	(2,508)	2,000
Recreation and Arts Clubs	3,844	31,705	(34,588)	961	31,994	(32,405)	550
Annual Talent Performance	(50)	50	-	-	-	-	-
Therapies and Mentoring	-	9,360	(9,076)	285	16,215	(4,000)	12,500
Trips and Retreats	-	-	-	-	2,000	-	2,000
	<u>3,801</u>	<u>108,107</u>	<u>(86,076)</u>	<u>25,832</u>	<u>66,061</u>	<u>(65,858)</u>	<u>26,035</u>

13. Unrestricted funds

	At 1 June 2024 £	Incoming resources £	Resources expended £	At 31 May 2025 £
General fund	<u>43,717</u>	<u>77,714</u>	<u>(74,445)</u>	<u>46,986</u>

Previous year:	At 1 June 2023 £	Incoming resources £	Resources expended £	At 31 May 2024 £
General fund	<u>35,979</u>	<u>62,162</u>	<u>(54,424)</u>	<u>43,717</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2025

14. Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Fund balances at 31 May 2025 are represented by:						
Current assets/(liabilities)	46,986	26,035	73,021	50,356	25,832	76,188
Long term liabilities	-	-	-	(6,639)	-	(6,639)
	<u>46,986</u>	<u>26,035</u>	<u>73,021</u>	<u>43,717</u>	<u>25,832</u>	<u>69,549</u>

15. Related party transaction

There were no disclosable related party transactions during the year (2024 – none).

Accounts

Charity number: 1129447



The future belongs to those who believe in their dreams.

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2024**

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MAY 2024

Principal office	93 Alkham Road London N16 6XD
Trustees	Mrs G Wind MS MBACP, Chair Mrs L Monheit, Treasurer Mrs B Hochberg, Trustee Mrs Y Zwiebel, Trustee Mrs P Miller, Trustee
Charity Number	1129447
Independent Examiner	Berish Hoffman FCA Landau Morley LLP 325-327 Oldfield Lane North Greenford Middlesex UB6 0FX

CHAIR'S STATEMENT:

I take great pleasure in presenting the annual report of the trustees for the year ended 31 May 2024; a period of significant growth for the charity.

Vision begins with a childhood whisper. It takes teens courage, resilience and trust to give voice to their heart and intuition. But when the demoralising tone of deprivation, underachievement, marginalisation, illness or disability make themselves heard it's hard to silence the chant that says 'I can't'.

Welcome to Activiteens where young voices are heard, understood and amplified. Where conversation is encouraged, honed and enjoyed. Where views are shared, trusted and explored. Where the language is positive, aspiring and transformational. And where the undertones are warm, caring and therapeutic.

We express our admiration to you, our esteemed funders and supporters, for listening to your conscience so that young people could listen to their **dreams** and **believe** in their inner voice. Whatever they **achieve**, now and in their future, is a tribute to your benevolence. Thank you for modelling communication that pays attention to what is, and what isn't, being said. Yours is a wisdom borne of heeding to the cry of those in need.

Please join us once again in answering their calling.

Gita Wind MS MBACP
Chair



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2024

The trustees present their report and financial statements for the year ended 31 May 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

REFERENCE AND ADMINISTRATIVE DETAILS:

Reference and administrative details are shown in the schedule of legal and administrative information on page 2 of these statements.

OUR VISION:

To improve the lives of underprivileged and vulnerable young people from minority ethnic communities who are suffering from the effects of poverty, overcrowding, illness, disability, social-isolation or are at risk of becoming NEETs due to underachievement.

OUR MISSION:

To provide activities through which these young people can develop skills so that they can reach their maximum potential and grow into productive members of society.

OBJECTIVES & ACTIVITIES:

- To promote and advance the education of young people by providing educational and vocational courses and programmes that boost

success, increase their life-chances and improve their employability prospects.

- To revolutionise the sedentary lifestyle of young people in the local community and stem the rising tide of obesity by providing sports and fitness projects that support young people in achieving healthy eating habits and a healthy lifestyle.
- To provide pleasurable, user-led, out-of-school clubs and activities that promote the personal, social and emotional development of young people. These empower them to acquire a range of skills while providing them with a fun, safe and supportive place to spend their free time constructively.
- To support troubled teens through the provision of mentoring services.
- To enable young people with special needs to fully access our services, advance their education and develop to their maximum potential.
- To empower parents with the skills and confidence they need to support their adolescents during these critical years.

The trustees confirm that they have referred to the guidance outlined in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2024

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs G Wind MS MBACP

Mrs L Monheit

Mrs B Hochberg

Mrs Y Zwiebel

Mrs P Miller

RECRUITMENT, INDUCTION AND TRAINING

New trustees are recruited on the basis of their competence, specialist skills, and those who are able to promote the objectives of the Charity. The existing trustees will apply suitable induction and training procedures to any new trustee.

RISK MANAGEMENT

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems and procedures mitigate the potential effects of any perceived risks.

SAFEGUARDING AND CHILD PROTECTION

Rigorous Child Protection and Safeguarding policies and procedures are at the heart of everything we do. This ensures that the welfare of the young people in our care is never compromised.



289

TEENS SUPPORTED



252

SPORTS CLUB
SESSIONS



9

OUTDOOR TRIPS



278

PSYCHOTHERAPY
SESSIONS

Achievements and Performance:

312

PERFORMING ARTS
SESSIONS



391

COOKERY &
HEALTHY EATING
CLASSES



653

GROUP AND 1:1
HOMEWORK AND
GCSE CLUB SESSIONS

203

VOCATIONAL
TRAINING SESSIONS



ACHIEVEMENTS & PERFORMANCE

FINANCIAL SAFETY

Financial wellbeing workshops equipped our beneficiaries with practical skills and relevant knowledge to manage their finances sensibly. Sessions included budgeting, savings, avoiding debt and financial planning. These are crucial to our beneficiaries who are disproportionately affected by the cost-of-living crisis and are desperate to plan for a better future.

SPORTS & EXERCISE CLUBS

Our pulsating sports & exercise clubs offered dynamic activities for young people, promoting fitness and fun. Supported by skilled coaches, participants unleashed their true potential, confidently making progress whilst improving their teamwork skills. *"Guiding these young talents and coaching them to push their limits has been genuinely gratifying"* Sports coach

MENTORING SESSIONS

The young people have been so grateful for their weekly mentoring sessions. They feel validated and supported and greatly value these safe relationships. Mentors were focused on fostering open communication, increasing confidence and resilience and helping youths set and achieve realistic personal, social, academic and vocational goals.


Dream

SOCIAL SKILLS SESSIONS

Our social skills sessions enabled young people to explore and enhance their personal development and interpersonal skills. Through interactive activities, participants learnt to express themselves confidently, resolve conflict effectively and build meaningful relationships thus empowering them to navigate social situations effectively.

TALENT SHOW

Sara took her final pirouette. The audience erupted in cheers. It was all worth it. The exceptional creativity and determination of many such inspiring individuals were celebrated by an enthusiastic audience of more than 750 gathered at Millfield's Art Centre in March 2024. Captivating the audience, the young performers displayed their newfound skills in public display of talent and growth.

COOKERY CLASSES

Cookery classes transformed the lifestyles of disadvantaged young people, equipping them with essential culinary skills in a nurturing environment. As participants mastered the art of creating nutritious meals, their confidence soared, propelling creativity and teamwork. These classes imparted valuable life skills as well as a deep passion for the culinary arts and for healthy living and eating.


Believe

MUSIC CLUBS

At our vibrant music club, young voices bonded as they arduously worked towards achieving a Grade 4 ABRSM certification. With the guidance of devoted instructors, they explored various genres, honed their skills, and enjoyed mini recitals. This nurturing environment cultivated creativity, lasting friendships, and a deep love for music.

IT COURSES

These vocational training sessions equipped individuals struggling with digital poverty with specialized skills in digital imaging, design software and fashion design enabling them to excel in these creative fields. The hard and soft skills acquired built their confidence and self-esteem and opened pathways to sustainable careers and economic independence.

HOMEWORK CLUB & TUTORING

93 underachieving young people gained tremendously from attending weekly homework, GCSE preparation and tutoring sessions. In Lea's words: *"Joining the homework club has been amazing because it not only helps me finish my assignments on time, but I also get to learn with my friends whilst supporting one other. It's like having a mini study group where we all grow smarter together!"*


Achieve

FINANCIAL REVIEW AND TREASURER'S STATEMENT

It is with much appreciation that we acknowledge the support of our trusting funders whose increased funding enabled us to expand our service delivery transforming the lives of more young people in need. A special thank you goes to Postcode Society Trust, Tottenham Grammar School Foundation, People's Health Trust, UK Youth, The National Lottery Fund, Sport England, The London Community Foundation, Morrisons Foundation and London Borough of Hackney – through Hackney Giving. We likewise extend our gratitude to the trustees of The Tin Henman Foundation, Anthony Bourne Foundation, The Children's Aid Committee, The Mrs Smith and Mount Trust, WCCSA Charitable Trust and our other dependable supporters for the notable donations they have made.

Yours support continues to inspire.

The Charity received donations and grants totalling **£170,269** during the year and carried out projects with total running expenditures of **£140,497**. The results for the year are shown in the attached financial statements and the trustees are satisfied with its results.

RESERVES POLICY

The trustees now aim towards building and maintaining reserves of at least four months' worth of activity running costs and up to six months. At the year's end the charity held free reserves of **£43,770**.

PLANS FOR FUTURE PERIODS

Targets for 2025/26:

The dramatic rise in mental health issues among our beneficiaries can be attributed to a complex mix of factors including: the disproportionately rising levels of child poverty and the inferiority and anxiety that comes with it; the increased academic pressure that unfairly delineates those that are underachieving; the peer pressure and societal expectations that foster unrealistic comparisons that lead to depression and aggression and the long-lasting impact of the anxieties and loneliness lingering from the COVID-19 pandemic.

We know that we can and must transform the lives of these struggling teens by providing them with a range of services that will bring about lasting change. We will expand our mentoring provision so that every young person in need is able to build a trusting relationship with an adult who cares and that those that need more intense intervention have appropriate access to therapeutic provision. It is also crucial that we train our staff and volunteers in mental health awareness so that they can identify emerging issues and meet and support young people at every stage of their journeys.

Concurrently, we want to provide our young people with a safe space to socialise and develop their talents, knowledge and skills so that they can look towards a better future - a space where they have permission to **dream**, are encouraged to **believe** and are given the tools to **achieve**.

Mrs G Wind MS MBACP
Chair
20 March 2025



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACTIVITEENS

I report to the trustees on my examination of the financial statements of Activiteens (the charity) for the year ended 31 May 2024.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statement to be reached.

Signed:

Berish Hoffman FCA

Landau Morley LLP
325-327 Oldfield Lane North
Greenford
Middlesex
UB6 0FX

Dated: 20 March 2025

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
	Note						
INCOME FROM:							
Donations and legacies	2	62,162	108,107	170,269	61,048	61,371	122,419
		<u>62,162</u>	<u>108,107</u>	<u>170,269</u>	<u>61,048</u>	<u>61,371</u>	<u>122,419</u>
EXPENDITURE ON:							
Raising funds	3	4,464	-	4,464	3,658	-	3,658
Charitable activities	4	49,960	86,076	136,036	48,210	69,088	117,298
Total expenditure		<u>54,424</u>	<u>86,076</u>	<u>140,500</u>	<u>51,868</u>	<u>69,088</u>	<u>120,956</u>
Net income and movement in funds		7,738	22,031	29,769	9,180	(7,717)	1,463
Reconciliation of funds							
Fund balances at 1 June 2023		<u>35,979</u>	<u>3,801</u>	<u>39,780</u>	<u>26,799</u>	<u>11,518</u>	<u>38,317</u>
Fund balances at 31 May 2024		<u>43,717</u>	<u>25,832</u>	<u>69,549</u>	<u>35,979</u>	<u>3,801</u>	<u>39,780</u>

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

BALANCE SHEET

AS AT 31 MAY 2024

		2024		2023	
	Note	£	£	£	£
Current assets					
Debtors	9	-		1,389	
Cash at bank and in hand		84,941		67,730	
		<u>84,941</u>		<u>69,119</u>	
Creditors: amounts falling due within one year	10	<u>(8,753)</u>		<u>(16,432)</u>	
Net current assets			76,188		52,687
Creditors: amounts falling due after more than one year	11		<u>(6,639)</u>		<u>(12,907)</u>
Net assets excluding pension liability			<u>69,549</u>		<u>39,780</u>
Net assets			<u><u>69,549</u></u>		<u><u>39,780</u></u>
The funds of the charity					
Restricted income funds	12		25,833		3,801
Unrestricted funds			<u>43,717</u>		<u>35,979</u>
			<u><u>69,549</u></u>		<u><u>39,780</u></u>

The financial statements were approved by the Trustees on 20 March 2025

Mrs G Wind MS MBACP
Chair

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

1. ACCOUNTING POLICIES

Charity information

Activiteens is a charity registered in England and Wales and is unincorporated. The address of the principal office is 93 Alkham Road, London N16 6XD.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee Benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

2. Income from donations and legacies

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Donations and Gifts	62,162	50	62,212	61,048	-	61,048
Grants receivable	-	108,057	108,057	-	61,371	61,371
	<u>62,162</u>	<u>108,107</u>	<u>170,269</u>	<u>61,048</u>	<u>61,371</u>	<u>122,419</u>

3 Expenditure on raising funds

	Unrestricted funds 2024 £	Unrestricted funds 2023 £
Fundraising and publicity		
Publicity	496	-
Staff costs	3,968	3,658
	<u>4,464</u>	<u>3,658</u>

4. Expenditure on charitable activities

	Charitable activities 2024 £	Charitable activities 2023 £
Direct costs		
Staff costs	44,438	34,636
Other project costs	83,341	77,240
	<u>127,779</u>	<u>111,876</u>
Share of support and governance costs (see note 5)		
Support	5,847	3,122
Governance	2,410	2,300
	<u>136,036</u>	<u>117,298</u>
Analysis by fund		
Unrestricted funds	49,960	48,210
Restricted funds	86,076	69,088
	<u>136,036</u>	<u>117,298</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

5. Support costs allocated to activities

	2024 £	2023 £
Office Expenses	139	650
Bank charges	87	33
Consultancy	1,840	25
Rent	3,136	1,504
Interest payable	412	562
Membership	233	348
Governance costs	2,410	2,300
	<u>8,257</u>	<u>5,422</u>
Analysed between:		
Charitable activities	<u>8,257</u>	<u>5,422</u>

Governance costs include amounts payable to the Independent Examiner

6. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7. Employees

Number of employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Part time staff	<u>12</u>	<u>12</u>

Employment costs

	2024 £	2023 £
Wages and salaries	<u>48,406</u>	<u>38,294</u>

There were no employees whose annual remuneration was £60,000 or more.

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

8. Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

9. Debtors

	2024	2023
Amounts falling due within one year		
Other debtors	-	1,389
	<u> </u>	<u> </u>

10. Creditors: amounts falling due within one year

	2024	2023
Notes	£	£
Bank loans	6,296	6,141
Trade creditors	-	7,908
Accruals and deferred income	2,457	2,383
	<u>8,753</u>	<u>16,432</u>

11. Creditors: amounts falling due after more than one year

	2024	2023
Notes	£	£
Bank loans	<u>6,639</u>	<u>12,907</u>

12. Restricted funds

The income funds of the charity include restricted funds comprising the following amounts held on trust for specific purposes relating to various projects operated by the charity.

	<i>Movement in funds</i>				Movement in funds		
	<i>Balance at 1 June 2022</i>	<i>Incoming resources</i>	<i>Resources expended</i>	<i>Balance at 1 June 2023</i>	Incoming resources	Resources expended	Balance at 31 May 2024
	£	£	£	£	£	£	£
Healthy Eating & Living	1,406	29,860	(31,292)	(26)	52,521	(30,416)	22,079
Vocational and educational support	(367)	400	-	33	14,471	(11,996)	2,508
Recreation and Arts clubs	9,079	31,011	(36,246)	3,844	31,705	(34,588)	961
Talent Show	1,500	-	(1,550)	(50)	50	-	-
Therapies and mentoring	(100)	100	-	-	9,360	(9,076)	284
	<u>11,518</u>	<u>61,371</u>	<u>(69,088)</u>	<u>3,801</u>	<u>108,107</u>	<u>(86,076)</u>	<u>25,832</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2024

13. Unrestricted funds

	<i>At 1 June 2023 £</i>	Incoming resources £	Resources expended £	At 31 May 2024 £
General fund	<u>35,979</u>	<u>62,162</u>	<u>(54,424)</u>	<u>43,717</u>
Previous year:	<i>At 1 June 2022 £</i>	<i>Incoming resources £</i>	<i>Resources expended £</i>	<i>At 31 May 2023 £</i>
General fund	<u>26,799</u>	<u>61,048</u>	<u>(51,868)</u>	<u>35,979</u>

14. Analysis of net assets between funds

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	<i>Unrestricted funds 2023 £</i>	<i>Restricted funds 2023 £</i>	<i>Total 2023 £</i>
Fund balances at 31 May 2024 are represented by:						
Current assets/(liabilities)	50,356	25,832	76,188	48,886	3,801	52,687
Long term liabilities	(6,639)	-	(6,639)	(12,907)	-	(12,907)
	<u>43,717</u>	<u>25,832</u>	<u>69,549</u>	<u>35,979</u>	<u>3,801</u>	<u>39,780</u>

15. Related party transaction

There were no disclosable related party transactions during the year (2023 – none).

Accounts

Charity number: 1129447



The future belongs to those who believe in their dreams.

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2023**

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MAY 2023

Principal office	93 Alkham Road London N16 6XD
Trustees	Mrs G Wind MS MBACP, Chair Mrs L Monheit, Treasurer Mrs B Hochberg, Trustee Mrs Y Zwiebel, Trustee Mrs P Miller, Trustee
Charity Number	1129447
Independent Examiner	Berish Hoffman FCA Landau Morley LLP 325-327 Oldfield Lane North Greenford Middlesex UB6 0FX

CHAIR'S STATEMENT:

I take great pleasure in presenting the annual report of the trustees for the year ended 31 May 2023.

Every young person strives to forge their own path into promising plains ahead. Yet when they stumble upon the obstacles of deprivation, underachievement, marginalisation, illness or disability, they stagnate, often turning around to scrutinise their missteps; stuck in self-doubt.

Step into Activiteens, into a propelling, purposeful and forward-thinking environment, safe from criticism and limitations. We are privileged to prod our beneficiaries with the confidence, the wherewithal, the permission to advance beyond the barriers. Even as they lose their footing, we encourage them to take their challenges in stride. For a journey of a thousand miles begins with one small step.

It is you, our esteemed funders and supporters, who have enabled us to meet the evolving and progressing needs of our beneficiaries. Unassumingly, but trustingly, you tiptoed into their world; but what an imprint you have left upon their journeys. Yours are footprints worth following.

Join us, once again, in opening pathways to a brighter future.

Gita Wind MS MBACP
Chair



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2023

The trustees present their report and financial statements for the year ended 31 May 2023.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

REFERENCE AND ADMINISTRATIVE DETAILS:

Reference and administrative details are shown in the schedule of legal and administrative information on page 3 of these statements.

OUR VISION:

To improve the lives of underprivileged and vulnerable young people from minority ethnic communities who are suffering from the effects of poverty, overcrowding, illness, disability, social-isolation or are at risk of becoming NEETs due to underachievement.

OUR MISSION:

To provide activities through which these young people can develop skills so that they can reach their maximum potential and grow into productive members of society.

OBJECTIVES & ACTIVITIES:

- To promote and advance the education of young people by providing educational and vocational courses and programmes that boost

success, increase their life-chances and improve their employability prospects.

- To revolutionise the sedentary lifestyle of young people in the local community and stem the rising tide of obesity by providing sports and fitness projects that support young people in achieving healthy eating habits and a healthy lifestyle.
- To provide pleasurable, user-led, out-of-school clubs and activities that promote the personal, social and emotional development of young people. These empower them to acquire a range of skills while providing them with a fun, safe and supportive place to spend their free time constructively.
- To support troubled teens through the provision of mentoring services.
- To enable young people with special needs to fully access our services, advance their education and develop to their maximum potential.
- To empower parents with the skills and confidence they need to support their adolescents during these critical years.

The trustees confirm that they have referred to the guidance outlined in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs G Wind MS MBACP

Mrs L Monheit

Mrs B Hochberg

Mrs Y Zwiebel

Mrs P Miller

RECRUITMENT, INDUCTION AND TRAINING

New trustees are recruited on the basis of their competence, specialist skills, and those who are able to promote the objectives of the Charity. The existing trustees will apply suitable induction and training procedures to any new trustee.

RISK MANAGEMENT

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems and procedures mitigate the potential effects of any perceived risks.

SAFEGUARDING AND CHILD PROTECTION

Rigorous Child Protection and Safeguarding policies and procedures are at the heart of everything we do. This ensures that the welfare of the young people in our care is never compromised.



283

TEENS SUPPORTED



220

SPORTS CLUB
SESSIONS



9

OUTDOOR TRIPS



276

PSYCHOTHERAPY
SESSIONS

Achievements and Performance:

290

PERFORMING ARTS
SESSIONS



384

COOKERY &
HEALTHY EATING
CLASSES



632

GROUP AND 1:1
HOMEWORK AND
GCSE CLUB SESSIONS

182

VOCATIONAL
TRAINING SESSIONS



ACHIEVEMENTS & PERFORMANCE

FINANCIAL WELLBEING

With the cost-of-living crisis hitting our beneficiaries hard, it was crucial to provide them with the skills, knowledge and tips so they can help themselves and their families cope. Financial wellbeing workshops helped them budget and save and DIY and dressmaking courses taught them to do basic repairs and alterations rather than outsource.

SPORTS & EXERCISE CLUBS

The benefits of youth sports participation extends far beyond the physical. 179 young people were energetically active in our vibrant sports and exercise programmes, comprised of indoor and outdoor sports, aerobics, strength exercises and circuit training. These were tailored to suit each beneficiary's specific needs.

MENTORING SESSIONS

Establishing and maintaining a credible mentorship with an adult is pivotal for young people. 81 teens significantly benefitted from regular mentoring sessions where mentors displayed genuine care, providing guidance and invaluable support. Young people now feel empowered to navigate obstacles and to achieve personal growth and success.



Dream

SOCIAL SKILLS SESSIONS

Through our sought-after social skills groups, 95 young people gained essential interpersonal skills including active listening, conflict resolution, communication, sharing, and empathy. *Brenda age 13; "Attending the social skills sessions was a game-changer! I've learnt to connect effectively and have made new friends. It's incredible how my relationships and overall happiness have improved."*

ANNUAL TALENT SHOW

An audience of over 750 joined us at the Millfield's Art Centre in March. They were captivated by the remarkable talents displayed by 196 underprivileged youths who showcased skills acquired through our weekly performing arts club sessions. The show included riveting dances, pantomimes, medleys and choirs. One and all celebrated the outstanding creativity and willpower of these young people.

COOKERY CLASSES

122 young people benefitted from our popular weekly cookery classes. They learnt how to plan and cook healthful, tasty meals and snacks without putting a strain on their budget. *Sara shared; 'I believe I've been given the skills to help me escape the cycle of poverty I've been finding myself in'.* They also discovered various complex pastry and confectionery skills thus acquiring multiple AQA Awards.



Believe

OUTDOOR TRIPS & RETREATS

Our nine fabulous outdoor excursions and two successful retreats provided beneficiaries with an enriched out-of-school learning experience. This allowed them to connect with nature and escape daily pressures, whilst cultivating essential life skills such as teamwork and resilience. Young people felt that these adventures boosted their self-esteem and confidence.

VOCATIONAL TRAINING

Our wide-ranging vocational training courses provided beneficiaries with practical skills, knowledge and hands-on experiences, allowing them to excel in a specific vocation, increasing their employability and career opportunities. Specialist courses included digital imaging, CorelDraw, InDesign and Adobe, art & design as well as fashion design and dressmaking.

HOMEWORK CLUB & TUTORING

The supportive and productive atmosphere at our motivating and rewarding GCSE and homework clubs and tutoring sessions fostered a sense of commitment and efficiency. 86 underachieving individuals were empowered to raise their academic goals and achievements, paving the way for success in their school work, present endeavours and for their future.



Achieve

FINANCIAL REVIEW AND TREASURER'S STATEMENT

FINANCIAL REVIEW

We are very grateful to our funders and supporters for enabling us to make a difference to the lives of more young people in need. A special thank you goes to The Tottenham Grammar School Foundation, People's Health Trust, UK Youth, The National Lottery Fund, The Clothworkers Foundation, Sport England, The London Community Foundation and London Borough of Hackney – through the Youth Opportunity Fund and Hackney Giving. We likewise extend our appreciation to the trustees of the Green Hall Foundation, The Bradians Trust, The Souter Charitable Trust, The Forrester Family Trust, the John R Murray Charitable Trust and our other dependable supporters for the notable donations they have made to the charity in spite of the difficult climate.

The impact of your support lives on.

The Charity received donations and grants totalling **£122,419** during the year and carried out projects with total running expenditures of **£120,956**. The results for the year are shown in the attached financial statements and the trustees are satisfied with its results.

RESERVES POLICY

The trustees aim towards maintaining reserves of at least three months' activity running costs ensuring continued delivery of services. The charity is grateful to have been able to maintain reserves slightly above this level. At the year's end the charity held free reserves of **£35,979**.

PLANS FOR FUTURE PERIODS

Targets for 2023/24:

The cost of living crisis is having disproportionate effects on our beneficiaries. Teenagers often link their social status with their financial circumstances and their emotional and social wellbeing is suffering as a result. Increased poverty impacts their behavioural and academic performance. At Activiteens we wish to support them practically and emotionally so that they can face these challenges with fortitude and faith.

We will further expand on the provision of financial capabilities classes. It is our goal that every young person should be able to differentiate between needs and wants, and have the knowledge and skills to manage their financial resources effectively; now and in their futures. Likewise, it is crucial that they have the basic practical skills such as DIY, dressmaking and cookery so that they can manage their basic physical needs rather than having to purchase ready-made or outsource them. We will therefore expand on the provision of these courses in the next year.

Academic success is their route out of the poverty cycle. We will continue adapting our tutoring provision, GCSE classes and homework clubs to meet young people's evolving learning needs.

We will continue campaigning for the emotional and mental wellbeing of young people by being innovative and steadfast in providing mentoring, counselling and psychotherapy sessions that improve their resilience, endurance and promote healing.

The trustees' report was approved by the Board of Trustees.

Mrs G Wind MS MBACP
Chair
20 March 2024



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACTIVITEENS

I report to the trustees on my examination of the financial statements of Activiteens (the charity) for the year ended 31 May 2023.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statement to be reached.

Signed:

Berish Hoffman FCA

Landau Morley LLP
325-327 Oldfield Lane North
Greenford
Middlesex
UB6 0FX

Dated: 20 March 2024

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2023

		Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £
	Note						
INCOME FROM:							
Donations and legacies	2	61,048	61,371	122,419	33,555	75,113	108,668
EXPENDITURE ON:							
Raising funds	3	3,658	-	3,658	528	1,716	2,244
Charitable activities	4	48,210	69,088	117,298	14,843	86,099	100,942
Other expenditure	8	-	-	-	1,220	-	1,220
Total expenditure		51,868	69,088	120,956	16,591	87,815	104,406
Net income/(expenditure) and movement in funds		9,180	(7,717)	1,463	16,964	(12,702)	4,262
Reconciliation of funds							
Fund balances at 1 June 2022		26,799	11,518	38,317	9,835	24,220	34,055
Fund balances at 31 May 2023		35,979	3,801	39,780	26,799	11,518	38,317

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BALANCE SHEET

AS AT 31 MAY 2023

		2023		2022	
	Note	£	£	£	£
Current assets					
Debtors	10	1,389		2,000	
Cash at bank and in hand		67,730		63,655	
		<u>69,119</u>		<u>65,655</u>	
Creditors: amounts falling due within one year	11	<u>16,432</u>		<u>8,317</u>	
Net current assets			52,687		57,338
Creditors: amounts falling due after more than one year	12		<u>(12,907)</u>		<u>(19,021)</u>
Net assets			<u>39,780</u>		<u>38,317</u>
The funds of the charity					
Restricted income funds	13		3,801		11,518
Unrestricted funds			<u>35,979</u>		<u>26,799</u>
			<u>39,780</u>		<u>38,317</u>

The financial statements were approved by the Trustees on 20 March 2024

Mrs G Wind MS MBACP
Chair

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

1. ACCOUNTING POLICIES

Charity information

Activiteens is a charity registered in England and Wales and is unincorporated. The address of the principal office is 93 Alkham Road, London N16 6XD.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

1.6 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.7 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.8 Employee Benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

2. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
Donations and Gifts	61,048	-	61,048	33,555	-	33,555
Grants receivable	-	61,371	61,371	-	75,113	75,113
	<u>61,048</u>	<u>61,371</u>	<u>122,419</u>	<u>33,555</u>	<u>75,113</u>	<u>108,668</u>

3 Expenditure on raising funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £	Unrestricted funds 2022 £	Restricted funds 2022 £	Total 2022 £
<u>Fundraising and publicity</u>						
Staff costs	<u>3,658</u>	<u>-</u>	<u>3,658</u>	<u>528</u>	<u>1,716</u>	<u>2,244</u>

4. Expenditure on charitable activities

	Charitable activities 2023 £	Charitable activities 2022 £
Direct costs		
Staff costs	34,636	42,054
Other project costs	77,240	53,622
	<u>111,876</u>	<u>95,676</u>
Share of support and governance costs (see note 5)		
Support	3,122	3,046
Governance	2,300	2,220
	<u>117,298</u>	<u>100,942</u>
Analysis by fund		
Unrestricted funds	48,210	14,843
Restricted funds	69,088	86,099
	<u>117,298</u>	<u>100,942</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

5. Support costs allocated to activities

	2023 £	2022 £
Office Expenses	650	124
Bank charges	33	-
Consultancy	25	1,280
Rent	1,504	1,095
Interest payable	562	547
Membership	348	-
Governance costs	<u>2,300</u>	<u>2,220</u>
	<u>5,422</u>	<u>5,266</u>
Analysed between:		
Charitable activities	<u>5,422</u>	<u>5,266</u>

Governance costs include amounts payable to the Independent Examiner

6. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

7. Employees

Number of employees

The average monthly number of employees during the year was:

	2023 Number	2022 Number
Part time staff	<u>12</u>	<u>12</u>

Employment costs

	2023 £	2022 £
Wages and salaries	<u>38,294</u>	<u>44,298</u>

There were no employees whose annual remuneration was £60,000 or more.

8. Other

	Total	Total £
	2023	2022
Net loss on disposal of tangible fixed assets	<u>-</u>	<u>1,220</u>
	<u>-</u>	<u>1,220</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

9. Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

10. Debtors

	2023 £	2022 £
Amounts falling due within one year:		
Other debtors	1,389	2,000

11. Creditors: Amounts falling due within one year

	2023 £	2022 £
Notes		
Bank loans	6,141	5,989
Trade creditors	7,908	-
Accruals and deferred income	2,383	2,328
	16,432	8,317

12. Creditors: amounts falling due after more than one year

	2023 £	2022 £
Notes		
Bank loans	12,907	19,021

A Bounce Back Loan was taken by the charity to cover any projected loss of income expected due to Covid-19. Repayment of the loan is being enabled by donations that have been pledged.

13. Restricted funds

The income funds of the charity include restricted funds comprising the following amounts held on trust for specific purposes relating to various projects operated by the charity.

	<i>Movement in funds</i>				<i>Movement in funds</i>		
	<i>Balance at 1 June 2021</i>	<i>Incoming resources</i>	<i>Resources expended</i>	<i>Balance at 1 June 2022</i>	<i>Incoming resources</i>	<i>Resources expended</i>	<i>Balance at 31 May 2023</i>
	£	£	£	£	£	£	£
Healthy Eating & Living	16,593	7,285	(22,472)	1,406	29,860	(31,292)	(26)
Vocational and Educational support	-	22,728	(23,095)	(367)	400	-	33
Recreation and Arts clubs	3,419	26,444	(20,784)	9,079	31,011	(36,246)	3,844
Annual Talent Performance	1,500	1,000	(1,000)	1,500	-	(1,550)	(50)
Therapies and Mentoring	(100)	15,160	(15,160)	(100)	100	-	-
Trips and Retreats	2,808	-	(2,808)	-	-	-	-
Fundraising costs	-	1,716	(1,716)	-	-	-	-
Support costs	-	780	(780)	-	-	-	-
	24,220	75,113	(87,815)	11,518	61,371	(69,088)	3,801

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2023

14. Unrestricted funds

	<i>At 1 June 2022 £</i>	Incoming resources £	Resources expended £	At 31 May 2023 £
General funds	<u>26,799</u>	<u>61,048</u>	<u>(51,868)</u>	<u>35,979</u>
Previous year:	<i>At 1 June 2021 £</i>	<i>Incoming resources £</i>	<i>Resources expended £</i>	<i>At 31 May 2022 £</i>
	<u>9,835</u>	<u>33,555</u>	<u>(16,591)</u>	<u>26,799</u>

15. Analysis of net assets between funds

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £	<i>Unrestricted funds 2022 £</i>	<i>Restricted funds 2022 £</i>	<i>Total 2022 £</i>
Fund balances at 31 May 2023 are represented by:						
Current assets/(liabilities)	48,886	3,801	52,687	45,820	11,518	57,338
Long term liabilities	(12,907)	-	(12,907)	(19,021)	-	(19,021)
	<u>35,979</u>	<u>3,801</u>	<u>39,780</u>	<u>26,799</u>	<u>11,518</u>	<u>38,317</u>

16. Related party transaction

There were no disclosable related party transactions during the year (2022 – none).

Accounts

Charity number: 1129447



The future belongs to those who believe in their dreams.

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2022**

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Trustees' report	5
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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MAY 2022

Principal office	93 Alkham Road London N16 6XD
Trustees	Mrs G Wind BA (Hons), Chair Mrs L Monheit, Treasurer Mrs B Hochberg, Trustee Mrs Y Zwiebel, Trustee Mrs P Miller, Trustee
Charity Number	1129447
Independent Examiner	Berish Hoffman FCA Landau Morley LLP 325-327 Oldfield Lane North Greenford Middlesex UB6 0FX

CHAIR'S STATEMENT:

I take great pleasure in presenting the annual report of the trustees for the year ended 31 May 2022.

Every young person yearns to spread their wings and fly. Yet when these wings are clipped by deprivation, underachievement, marginalisation, illness or disability, they often fail to break free.

Like a nurturing nest, Activiteens provides a warm, safe environment protecting its fledglings from the ravages of a turbulent, judgemental world. We are privileged to nourish our beneficiaries with the confidence, the wherewithal, the permission to rise above expectations. Even as they flounder we encourage them to persevere; for we know that the moment you doubt whether you can fly, you cease forever to be able to do it.

Demands for our services have understandably risen this year and it is thanks to you, our trusting funders and supporters, that our steady income enabled us to meet their evolving needs.

Your endowment gives flight to their potential. Your faith is the bird that feels the light when the dawn is still dark.

Join us, once again, as we watch them take off; for the sky is the limit.

Gita Wind BA (Hons)
Chair



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2022

The trustees present their report and financial statements for the year ended 31 May 2022.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

REFERENCE AND ADMINISTRATIVE DETAILS:

Reference and administrative details are shown in the schedule of legal and administrative information on page 3 of the financial statements.

OUR VISION:

To improve the lives of underprivileged and vulnerable young people from minority ethnic communities who are suffering from the effects of poverty, overcrowding, illness, disability, social-isolation or are at risk of becoming NEETs due to underachievement.

OUR MISSION:

To provide activities through which these young people can develop skills so that they can reach their maximum potential and grow into productive members of society.

OBJECTIVES & ACTIVITIES:

- To promote and advance the education of young people by providing educational and vocational

courses and programmes that boost success, increase their life-chances and improve their employability prospects.

- To revolutionise the sedentary lifestyle of young people in the local community and stem the rising tide of obesity by providing sports and fitness projects that support young people in achieving healthy eating habits and a healthy lifestyle.
- To provide pleasurable, user-led, out-of-school clubs and activities that promote the personal, social and emotional development of young people. These empower them to acquire a range of skills while providing them with a fun, safe and supportive place to spend their free time constructively.
- To support troubled teens through the provision of mentoring services.
- To enable young people with special needs to fully access our services, advance their education and develop to their maximum potential.
- To empower parents with the skills and confidence they need to support their adolescents during these critical years.

The trustees confirm that they have referred to the guidance outlined in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2022

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs G Wind BA (Hons)

Mrs L Monheit

Mrs B Hochberg

Mrs Y Zwiebel

Mrs P Miller

RECRUITMENT, INDUCTION AND TRAINING

New trustees are recruited on the basis of their competence, specialist skills, and those who are able to promote the objectives of the Charity. The existing trustees will apply suitable induction and training procedures to any new trustee.

RISK MANAGEMENT

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems and procedures mitigate the potential effects of any perceived risks.

SAFEGUARDING AND CHILD PROTECTION

Rigorous Child Protection and Safeguarding policies and procedures are at the heart of everything we do. This ensures that the welfare of the young people in our care is never compromised.



281

TEENS SUPPORTED



205

SPORTS CLUB
SESSIONS



9

OUTDOOR TRIPS



253

PSYCHOTHERAPY
SESSIONS

Performance and Achievements:

260

PERFORMING ARTS
SESSIONS



390

COOKERY &
HEALTHY EATING
CLASSES



623

GROUP AND 1:1
HOMEWORK AND
GCSE CLUB SESSIONS

89

VOCATIONAL
TRAINING SESSIONS
DELIVERED



PERFORMANCE & ACHIEVEMENTS

PERFORMING ARTS CLUBS

245 young people were animatedly engaged in a range of weekly performing arts clubs. These enabled them to develop a host of creative and artistic skills while enhancing their personal, emotional and social wellbeing. The drama sessions were particularly popular, with young people expressing appreciation for this unique forum for self-expression.

SPORTS & EXERCISE CLUBS

Our vibrant and pulsating weekly sports and exercise classes engaged 165 young people. Many of these were more reticent, and otherwise less likely to participate in physical activity. The sessions included indoor and outdoor sports, aerobics, strength exercises and circuit training designed to meet individual requirements and preferences.

MENTORING SESSIONS

We believe that every young person should build a trusting relationship with an adult who can be a role model and guide them to success. We are pleased that 87 young people benefitted from weekly mentoring sessions and felt cared for and reassured that they are not alone in dealing with their day-to-day challenges.



Dream

SOCIAL SKILLS SESSIONS

A teen lacking in social skills can be a very lonely one. Thankfully these skills can be learnt. Our qualified instructors opened new social vistas for 92 young people. "I'm a changed person," enthused Toby, 14, "now I can finally walk up to any cluster and confidently join the conversation. I've been invited out to join many fun activities. The future beckons with new opportunities..."

OUTDOOR TRIPS & RETREATS

Outdoor activity and learning offers young people a way to break free from their regular routine. It allows young people to develop self-confidence, independence and self-esteem through taking risks and pushing their physical boundaries. We treated our beneficiaries to nine trips and retreats this year, two of them being highly successful overnight trips in the countryside.

COOKERY CLASSES

Our increasingly popular weekly cookery classes revolutionised the lives of 125 young people. Participants were involved in planning and cooking healthy meals and snacks enabling them to collect a variety of tasteful and economical recipes. They were also taught a wide range of intricate pastry and confectionary techniques enabling them to achieve several AQA Awards



Believe

ANNUAL TALENT SHOW

Our annual talent show brought together the incredible talents of 194 underprivileged young people. Beneficiaries outdid themselves performing to a massive audience of 750+ people at the Millfield's Art Centre. As one parent shared, "you've created an atmosphere of growth and a 'Can Do' attitude – the likes of which Lea has never experienced before".

VOCATIONAL TRAINING

In these competitive times, having a varied range of vocational qualifications gives young people an edge when they begin their job search. Training courses included digital imaging, CorelDraw, InDesign and Adobe courses as well as fashion design and dressmaking courses helping young people acquire new knowledge, experience and skills.

HOMEWORK CLUB & TUTORING

Seventy-six underachieving young people attended our homework and GCSE clubs, with many benefitting from individual tutoring sessions. The relaxed, productive and secure environment encouraged young people to raise their academic aspirations and attainments promoting their current and future successes.



Achieve

FINANCIAL REVIEW AND TREASURER'S STATEMENT

We are very grateful to our funders and supporters for enabling us to make a difference to the lives of many more young people in need. A special thank you goes to UK Youth, The Tottenham Grammar School Foundation, People's Health Trust, The Cherry Family Foundation and London Borough of Hackney. We extend our appreciation to The Assura Community Fund, The Children's Aid Committee Charitable Fund, Charles S French Charitable Trust, Doyly Carte Charitable Trust, the Chartered Accountant Livery Charity, The Bradians Trust, CLA Charitable Trust, London Youth and our other dependable supporters for the notable donations they have made to the charity in spite of the difficult climate.

The impact of your support lives on.

The Charity received donations and grants totalling **£108,668** during the year and carried out projects with total running expenditures of **£104,406**. The results for the year are shown in the attached financial statements and the trustees are satisfied with its results.

RESERVES POLICY

The trustees aim towards maintaining reserves of at least three months' activity running costs ensuring continued delivery of services. The charity is grateful to have been able to rebuild reserves to this level. At the year's end the charity held free reserves of **£26,799**.

PLANS FOR FUTURE PERIODS

Targets for 2022/23:

Though Covid-19 is hopefully behind us, the effects on our young people are still lingering and we will continue to address its social, emotional and academic impact.

Furthermore, with the cost of living rising at an alarming rate, we will once again be there to support our young people through this crisis. Teenagers often link their social status with their financial circumstances and we wish to empower them to face these challenges with fortitude and faith.

We will deliver workshops to grant them the skills that will empower them to save money rather than outsource. These will include home economics, sewing and DIY classes enabling them to do basic repairs and alterations on their own. Cookery classes will also focus on creating healthy meals on a narrow budget. Financial Capabilities courses will likewise empower them to budget and save safely.

We will expand our tutoring provision, GCSE classes and homework clubs helping every young person do well academically thus significantly impacting their future chances.

With emotional health challenges on the rise we are steadfast in providing mentoring, counselling and psychotherapy sessions to improve their resilience, endurance and emotional well-being.

The trustees' report was approved by the Board of Trustees.

Mrs G Wind BA (Hons)
Chair
23 March 2023



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACTIVITEENS

I report to the trustees on my examination of the financial statements of Activiteens (the Charity) for the year ended 31 May 2022.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statement to be reached.

Signed:

Berish Hoffman FCA

Landau Morley LLP
325-327 Oldfield Lane North
Greenford
Middlesex
UB6 0FX

Dated: 23 March 2023

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2022

	Note	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £
INCOME FROM:							
Donations and legacies	2	<u>33,555</u>	<u>75,113</u>	<u>108,668</u>	<u>64,916</u>	<u>48,427</u>	<u>113,343</u>
EXPENDITURE ON:							
Raising funds	3	<u>528</u>	<u>1,716</u>	<u>2,244</u>	<u>-</u>	<u>-</u>	<u>-</u>
Charitable activities	4	<u>14,843</u>	<u>86,099</u>	<u>100,942</u>	<u>72,254</u>	<u>40,423</u>	<u>112,677</u>
Other	8	<u>1,220</u>	<u>-</u>	<u>1,220</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total expenditure		<u>16,591</u>	<u>87,815</u>	<u>104,406</u>	<u>72,254</u>	<u>40,423</u>	<u>112,677</u>
Net income/(expenditure) for the year/							
Net movement in funds		<u>16,964</u>	<u>(12,702)</u>	<u>4,262</u>	<u>(7,338)</u>	<u>8,004</u>	<u>666</u>
Fund balances at 1 June 2021		<u>9,835</u>	<u>24,220</u>	<u>34,055</u>	<u>17,173</u>	<u>16,216</u>	<u>33,389</u>
Fund balances at 31 May 2022		<u>26,799</u>	<u>11,518</u>	<u>38,317</u>	<u>9,835</u>	<u>24,220</u>	<u>34,055</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BALANCE SHEET AS AT 31 MAY 2022

		2022		2021	
	Note	£	£	£	£
FIXED ASSETS					
Tangible assets	9		-		1,220
CURRENT ASSETS					
Debtors	10	2,000		4,308	
Cash at bank and in hand		63,655		60,642	
		<u>65,655</u>		<u>64,950</u>	
CREDITORS: amounts falling due within one year	11	<u>(8,317)</u>		<u>(4,565)</u>	
Net Current assets			57,338		60,385
Total assets less current liabilities			<u>57,338</u>		<u>61,605</u>
CREDITORS: amounts falling due after more than one year	12		(19,021)		(27,550)
Net assets			<u>38,317</u>		<u>34,055</u>
Income Funds					
Restricted funds	13		11,518		24,220
Unrestricted funds			26,799		9,835
			<u>38,317</u>		<u>34,055</u>

The financial statements were approved by the Trustees on 23 March 2023

Mrs G Wind BA (Hons)
Chair

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

1. ACCOUNTING POLICIES

Charity information

Activiteens is a charity registered in England and Wales and is unincorporated. The address of the principal office is 93 Alkham Road, London N16 6XD.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

1. ACCOUNTING POLICIES (continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office equipment	25% reducing balance
------------------	----------------------

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

1. ACCOUNTING POLICIES (continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee Benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2. Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2022 £	2022 £	2022 £	2021 £	2021 £	2021 £
Donations and Gifts	33,555	-	33,555	64,916	-	64,916
Grants receivable	-	75,113	75,113	-	48,427	48,427
	<u>33,555</u>	<u>75,113</u>	<u>108,668</u>	<u>64,916</u>	<u>48,427</u>	<u>113,343</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

3 Raising funds

	Unrestricted funds	Restricted funds	Total	Total
	2022	2022	2022	2021
	£	£	£	£
<u>Fundraising and publicity</u>				
Staff costs	528	1,716	2,244	-
	<u>528</u>	<u>1,716</u>	<u>2,244</u>	<u>-</u>

4. Charitable activities

	Total 2022	Total 2021
	£	£
Staff costs	42,054	42,253
Depreciation and impairment	-	407
Other project costs	53,622	67,016
	<u>95,676</u>	<u>109,676</u>
Share of support costs (see note 5)	3,046	901
Share of governance costs (see note 5)	2,220	2,100
	<u>100,942</u>	<u>112,677</u>
Analysis by fund		
Unrestricted funds	14,843	72,254
Restricted funds	86,099	40,423
	<u>100,942</u>	<u>112,677</u>

5. Support Costs

	Support Costs	Governance costs	2022	Support Costs	Governance Costs	2021
	£	£	£	£	£	£
Office Expenses	124	-	124	763	-	763
Consultancy fees	1,280	-	1,280	138	-	138
Rent	1,095	-	1,095	-	-	-
Interest payable	547	-	547	-	-	-
Accountancy fees	-	2,220	2,220	-	2,100	2,100
	<u>3,046</u>	<u>2,220</u>	<u>5,266</u>	<u>901</u>	<u>2,100</u>	<u>3,001</u>
Analysed between Charitable activities	<u>3,046</u>	<u>2,220</u>	<u>5,226</u>	<u>901</u>	<u>2,100</u>	<u>3,001</u>

Governance costs include amounts payable to the Independent Examiner

6. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

7. Employees

Number of employees

The average monthly number of employees during the year was:

	2022 Number	2021 Number
Part time staff	<u>14</u>	<u>15</u>

	2022 £	2021 £
--	-----------	-----------

Employment costs

Wages and salaries	<u>44,298</u>	<u>42,253</u>
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There were no employees whose annual remuneration was £60,000 or more.

8. Other

	Unrestricted funds	Total £ 2021
Net loss on disposal of tangible fixed assets	<u>1,220</u>	<u>-</u>
	<u>1,220</u>	<u>-</u>

9. Tangible fixed assets

	Office equipment £
Cost	
At 1 June 2021	31,424
Disposals	(31,424)
At 31 May 2022	<u>-</u>
Depreciation and impairment	
At 1 June 2021	30,204
Eliminated in respect of disposals	(30,204)
At 31 May 2022	<u>-</u>
Carrying amount	
At 31 May 2022	<u>-</u>
At 31 May 2021	<u>1,220</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

10. Debtors

	2022 £	2021 £
Amounts falling due within one year:		
Other debtors	2,000	4,308

11. Creditors: Amounts falling due within one year

	Notes	2022 £	2021 £
Bank loans		5,989	-
Other creditors		-	2,525
Accruals and deferred income		2,328	2,040
		8,317	4,565

12. Creditors: amounts falling due after more than one year

	Notes	2022 £	2021 £
Bank loans		19,021	27,550

A Bounce Back Loan was taken by the charity to cover any projected loss of income expected due to Covid-19. Repayment of the loan will be enabled by donations that have been pledged.

13. Restricted funds

The income funds of the charity include restricted funds comprising the following amounts held on trust for specific purposes relating to various projects operated by the charity.

	<i>Movement in funds</i>				Movement in funds		
	<i>Balance at 1 June 2020 £</i>	<i>Incoming resources £</i>	<i>Resources expended £</i>	<i>Balance at 1 June 2021 £</i>	Incoming resources £	Resources expended £	Balance at 31 May 2022 £
Healthy Eating & Living	5,918	17,526	(6,851)	16,593	7,285	(22,472)	1,406
Vocational and Educational support	-	9,988	(9,988)	-	22,728	(23,095)	(367)
Recreation and Arts clubs	8,298	16,605	(21,484)	3,419	26,444	(20,784)	9,079
Annual Talent Performance	-	1,500	-	1,500	1,000	(1,000)	1,500
Therapies and Mentoring	2000	-	(2,100)	(100)	15,160	(15,160)	(100)
Trips and Retreats	-	2,808	-	2,808	-	(2,808)	-
Fundraising costs	-	-	-	-	1,716	(1,716)	-
Support costs	-	-	-	-	780	(780)	-
	16,216	48,427	(40,423)	24,220	75,113	(87,815)	11,518

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2022

14. Analysis of net assets between funds

	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Unrestricted funds 2021 £	Restricted funds 2021 £	Total 2021 £
Fund balances at 31 May 2022 are represented by:						
Tangible assets	-	-	-	1,220	-	1,220
Current assets/(liabilities)	45,820	11,518	57,338	36,165	24,220	60,385
Long term liabilities	(19,021)	-	(19,021)	(27,550)	-	(27,550)
	<u>26,799</u>	<u>11,518</u>	<u>38,317</u>	<u>9,835</u>	<u>24,220</u>	<u>34,055</u>

15. Related party transaction

There were no disclosable related party transactions during the year (2021 – none).

Accounts

Charity number: 1129447



The future belongs to those who believe in their dreams.

**TRUSTEES' REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MAY 2021**

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REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 31 MAY 2021

Principal office	93 Alkham Road London N16 6XD
Trustees	Mrs G Wind BA (Hons), Chair Mrs L Monheit, Treasurer Mrs B Hochberg, Trustee Mrs Y Zwiebel, Trustee Mrs P Miller, Trustee
Charity Number	1129447
Independent Examiner	Berish Hoffman ACA Landau Morley LLP 325-327 Oldfield Lane North Greenford Middlesex UB6 0FX

CHAIR'S STATEMENT:

I take great pleasure in presenting the annual report of the trustees for the year ended 31 May 2021.

The key to opening the heart of a teenager, especially a troubled one, eludes many. When it is sealed shut by deprivation, marginalisation, underachievement, illness or disability, they seem inaccessible.

Yet, at Activiteens, even during the recurring lockdowns, we unlocked the most stubborn of doors. We provided keys in innovative shapes and sizes to open up doorways to a better future. Today, many of our beneficiaries are sporting keyrings boasting accomplishments in spite of physical and metaphoric lockdowns.

Demands for our services have understandably risen this year and it is thanks to you, our trusting funders and supporters, that our increased income enabled us to meet their evolving needs.

Your endowment unlatches their potential. What they become through your support is your secured merit.

Join us as we grant them the keys to their future; for tomorrow opens endless possibilities.

Gita Wind BA (Hons)
Chair



TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2021

The trustees present their report and financial statements for the year ended 31 May 2021.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's (governing document), the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

REFERENCE AND ADMINISTRATIVE DETAILS:

Reference and administrative details are shown in the schedule of legal and administrative information on page 3 of the financial statements.

OUR VISION:

To improve the lives of underprivileged and vulnerable young people from minority ethnic communities who are suffering from the effects of poverty, overcrowding, illness, disability, social-isolation or are at risk of becoming NEETs due to underachievement.

OUR MISSION:

To provide activities through which these young people can develop skills so that they can reach their maximum potential and grow into productive members of society.

OBJECTIVES & ACTIVITIES:

- To promote and advance the education of young people by providing educational and vocational

courses and programmes that boost success, increase their life-chances and improve their employability prospects.

- To revolutionise the sedentary lifestyle of young people in the local community and stem the rising tide of obesity by providing sports and fitness projects that support young people in achieving healthy eating habits and a healthy lifestyle.
- To provide pleasurable, user-led, out-of-school clubs and activities that promote the personal, social and emotional development of young people. These empower them to acquire a range of skills while providing them with a fun, safe and supportive place to spend their free time constructively.
- To support troubled teens through the provision of mentoring services.
- To enable young people with special needs to fully access our services, advance their education and develop to their maximum potential.
- To empower parents with the skills and confidence they need to support their adolescents during these critical years.

The trustees confirm that they have referred to the guidance outlined in the Charity Commission's general guidance on public benefit when reviewing the charity's aims and objectives and in planning future activities.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2021

STRUCTURE, GOVERNANCE AND MANAGEMENT

The trustees who served during the year and up to the date of signature of the financial statements were:

Mrs G Wind BA (Hons)

Mrs L Monheit

Mrs B Hochberg

Mrs Y Zwiebel

Mrs P Miller

RECRUITMENT, INDUCTION AND TRAINING

New trustees are recruited on the basis of their competence, specialist skills, and those who are able to promote the objectives of the Charity. The existing trustees will apply suitable induction and training procedures to any new trustee.

RISK MANAGEMENT

The trustees have identified and reviewed the major risks to which the charity is exposed. Both manual and automated checks are regularly invoked, particularly those relating to the operations and finance of the charity. The trustees are satisfied that these systems and procedures mitigate the potential effects of any perceived risks.

SAFEGUARDING AND CHILD PROTECTION

Rigorous Child Protection and Safeguarding policies and procedures are at the heart of everything we do. This ensures that the welfare of the young people in our care is never compromised.

 **282**
TEENS SUPPORTED

 **202**
SPORTS CLUB
SESSIONS

 **6**
OUTDOOR TRIPS

 **274**
PSYCHOTHERAPY
SESSIONS

Achievements and Performance:

258
PERFORMING ARTS
SESSIONS



 **389**
COOKERY &
HEALTHY EATING
CLASSES

 **675**
GROUP AND 1:1
HOMEWORK AND
GCSE CLUB SESSIONS

84 
VOCATIONAL
TRAINING SESSIONS
274 DELIVERED

DREAM ★



"The future belongs to those who believe in their dreams."

By virtue of our funders' generosity, we gave 282 young people permission to dream of a better future. We did this through the following projects:

PERFORMING ARTS CLUBS

We expanded our performing arts clubs engaging 225 young people in the various arts forms enabling them to develop creative and artistic skills. Though we had to adapt to remote delivery during the lockdowns many skills were acquired and much success was achieved. Very popular was our Puppetry project with young people developing their drama and oratory skills through remote and where possible in-person sessions.



SPORTS CLASSES

We were grateful to relaunch our sports classes so crucial in combating the rising tide in obesity and sedentarism. We delivered 202 exciting, interactive and thrilling sports classes between lockdowns endowing our young people with physical and emotional endurance as well as a fantastic social outlet.

WORD WEAVERS

Through their very own monthly newsletters young people shared literary masterpieces in which they used many forms of poetry and prose to eloquently express the impact of the

virus on their lives and other current affairs. In addition to the enhanced English Language skills of our eighty-nine beneficiaries, young people reported finding Word Weavers a great therapeutic forum where like-minded young people could connect. This was especially appreciated during a time when social interaction was sorely missed. Newsletters were distributed locally, entertaining and inspiring many young people in the community.



MENTORING & SELF-AWARENESS

Due to the decline in the emotional health of young people resulting from the pandemic, we expanded our provision to include more mentoring sessions and empowerment groups. These promoted self-awareness and empowered young people to recover and thrive in spite of what they'd been through. We also initiated several group sessions to promote intrapersonal and interpersonal awareness using psychodramatic activities, such as spontaneous dramatization, role playing, and dramatic self-presentation to understand and gain insight into their lives.

"I would never have agreed to go to therapy, though I so desperately needed it. The self-awareness groups and word weavers gave me the opportunities for self-expression, calming my raging emotions" Katy, age 16

BELIEVE ★



"In order to succeed, we must first believe we can"

PSYCHOTHERAPY SESSIONS

With many of our young people unfortunately presenting with anxiety, OCD, depression and social difficulties resulting from the experiences of Covid-19 there has been an increase in the uptake of psychotherapy sessions. We have therefore expanded our team of psychotherapists to help more young people. Nineteen struggling teens benefitted from weekly psychotherapy in blocks of twelve weeks, with some terminating at a blocks conclusion and some continuing as necessary. SDQ questionnaires evidenced much progress in all beneficiaries.

EXERCISE CLASSES

Our invigorating exercise classes engaged eighty young people in a range of different types of exercises. Young people asked us to include aerobics, Pilates, yoga, Zumba, kickboxing and spin classes. Session evaluations, informal chats, videos and surveys evidenced much improvement in their agility, cardiovascular endurance and physical mobility. Moreover, our young people received CD's/downloads of sessions in our quest to encourage them to commit to long-term exercising. These were especially useful for young people as they continued exercising during the lockdown earning exciting rewards.

"These classes really give my muscles a much needed stretch and leave me on such a positive high, every week again!!"

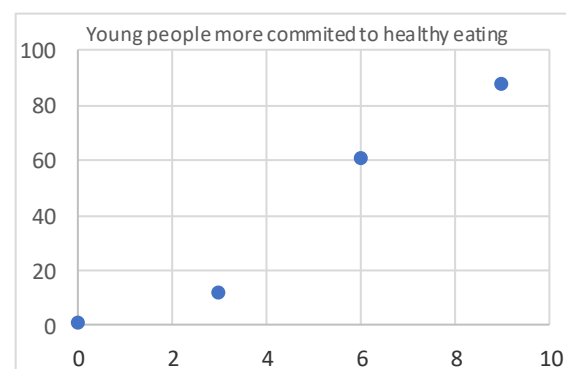
OUTDOOR TRIPS/RETREATS

Though our overnight retreat couldn't take place due to Covid restrictions, we were able to arrange day trips during the summer

helping young people re-bond and regain their social confidence while benefiting from the myriad benefits associated with the outdoors. 179 young people engaged in six different day trips exploring different parks, hikes and scenic areas outside of London giving them space to let off steam and broaden their horizons.

COOKERY CLASSES

Relaunching our cookery classes was a real priority following the first lockdown, seeing the rising need for healthy-eating initiatives. Due to the poverty exacerbated by Covid-19, many of our beneficiaries did not receive nutritious meals but rather sufficed on cheap starch fillers and unhealthy junk. We had to nip this alarming trend in the bud by educating the next generation on the importance of a balanced diet and give them the practical skills to prepare budget-friendly healthy meals. Moreover, as we know the importance of image to today's teens, our cookery classes empowered them to manage their weight in a healthy manner, minimising the risk of eating disorders, fad diets and obesity. Six weekly cookery classes granted ninety young people the skills and education to cook healthy and manage a healthy diet. During lockdowns, sessions were delivered remotely, with fully-equipped recipe packs sent to very grateful beneficiaries.



"Learning how to look after my weight and health has been a lifeline of hope. I know I can take control of my body, my menu and my life." Philly age 15

ACHIEVE ★



"Arriving at one goal is the starting point to another"

ANNUAL TALENT SHOW

With the lockdowns and 'stay at home' orders happening so erratically, we had to improvise and find a way to allow our young people to develop and showcase their talents in a safe way. Therefore, when government guidelines allowed for it, we divided the young people in groups of six, who prepared small skits and choirs to be shown when regulations would permit. This eventually happened in May 2021 when theatre venues were allowed to reopen. 180 young people then starred in a magnificent series of productions, stunning us all with their unbelievable talent. Though these smaller Covid-safe group size necessitated more space, scheduling arrangements and staffing, the results were well worth the effort.

"Even with the lockdowns, you always find a way to make it work for us. The smaller groups were an asset as the instructor could really concentrate on helping sing my solo in the beautiful way I did – thank you!" Emily, age 14

VOCATIONAL TRAINING

Once again, we opened new vistas and opportunities for 195 young people, especially those underachieving, giving them a fairer chance. These were initially delivered face-to-face, yet continued remotely when regulations so demanded. We offered several different options. Some young people developed their IT skills through our range of digital imaging courses which included CorelDraw, InDesign and Adobe. They utilised these to creatively design beautiful activities which were distributed when lockdown orders were in place. Yet, others joined LIBF training and achieved a

Level 2 Certificate in Financial Capability and careers development (CEFCCD) through our Financial Capabilities sessions. It was gratifying to see the high achievements of the young people on their assessments of April 2021. Another group also learnt dressmaking furthering their skills in sewing and fashion-design, creating tailored, professional looking garments that benefited children in need. Their home economics assessment evidenced great skill and achievement and the gratitude of the recipients was truly heart-warming.



HOMEWORK CLUB & TUTORING

During the summer of 2021 over 90 young people benefitted from our catch-up clubs and 1:1 tutoring sessions we provided. Following the challenges of remote learning and the frequent absences when schools were in session the achievement gap these underachieving young people were already struggling with only widened between disadvantaged students and their peers. We are gratified to record that many young people reported significant academic progress. Due to demand, we continued this provision into the next academic year supporting a range of needs both in person and remotely when necessary.

"Thank you for providing these 1:1 sessions. My tutor helped me acquire the missed knowledge and skills so that I felt better prepared for Year 11. More importantly I was able to believe in myself that I too can achieve!" Claudia, age 16

FINANCIAL REVIEW AND TREASURER'S STATEMENT

We are very grateful to have been able to increase service provision in line with demand. The resulting growth in expenditure was thankfully covered by the various crisis funds we secured and the heroic grants and donations made by our regular supporters. We would like to express appreciation to all our funders for enabling us to make a difference to the lives of young people in need. A special thank you goes to the Tottenham Grammar School Foundation, London Borough of Hackney, Antonnio Carluccio Foundation, BBC Children in Need, Hackney Giving, The Hackney Youth Opportunity Fund, The Children's Aid Committee Charitable Fund, The National Lottery Fund - Sport England and Awards For All, Doyly Carte Charitable Trust, Mayor of London - Young London Activities, The Haberdashers Company and Ernest Hecht Charitable Foundation.

The impact of your support lives on.

The Charity received donations and grants totalling **£113,343** during the year and carried out projects with total running expenditures of **£112,677**. The results for the year are shown in the attached financial statements and the trustees are satisfied with its results.

RESERVES POLICY

The trustees aim towards maintaining reserves of at least three months' activity running costs ensuring continued delivery of services. At the year's end the charity held free reserves of £8,615. This reflects a year of increased expenses largely due to the delivery of one-off projects to support beneficiaries through the challenges of Covid-19. Thankfully, as at the date of signing this report, the charity had once again built up reserves to just over three months' worth of delivery costs.

PLANS FOR FUTURE PERIODS

Targets for 2021/22: Covid-19 will continue to impact our young people's lives for a while and come what may we are committed to helping our young people heal and make good progress.

Physically this means addressing trends of alarming weight gain due the increased sedentarism and binging brought on by the lockdowns. We will therefore expand our healthy lifestyle workshops, cookery and nutrition classes and exercise classes with the aim to incorporate a healthy lifestyle phenomenon in communities where nearly none exist.

Academically, many young people have fallen behind due to school closures, erratic schedules and remote learning. We have already increased our tutoring sessions, GCSE classes and homework clubs and will continue to do so, helping every young person do well academically thus significantly impacting their future chances.

Emotionally, we are steadfast in continuing to provide mentoring, counselling and psychotherapy sessions in addition to increased social opportunities to enable them all to emerge from Covid more resilient.

We will review our fundraising strategy to ensure it responds to the current climate so that we have enough funds to meet growing need.

The trustees' report was approved by the Board of Trustees.

Mrs G Wind BA (Hons)
Chair
23 March 2022



INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ACTIVITEENS

I report to the trustees on my examination of the financial statements of Activiteens (the charity) for the year ended 31 May 2021.

RESPONSIBILITIES AND BASIS OF REPORT

As the trustees of the Charity, you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

INDEPENDENT EXAMINER'S STATEMENT

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

I understand that this has been done in order for financial statements to provide true and fair view in accordance with Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the financial statements do not accord with those records; or
3. the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statement to be reached.

Signed:

Berish Hoffman ACA

Landau Morley LLP
325-327 Oldfield Lane North
Greenford
Middlesex
UB6 0FX

Dated: 23 March 2022

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME & EXPENDITURE ACCOUNT FOR THE YEAR ENDED 31 MAY 2021

	Note	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Unrestricted funds 2020 £	Restricted funds 2020 £	Total funds 2020 £
INCOME FROM:							
Donations and legacies	2	<u>64,916</u>	<u>48,427</u>	<u>113,343</u>	<u>28,024</u>	<u>37,667</u>	<u>65,691</u>
EXPENDITURE ON:							
Charitable activities	3	<u>72,254</u>	<u>40,423</u>	<u>112,677</u>	<u>29,858</u>	<u>37,354</u>	<u>67,212</u>
Net (expenditure)/income for the year							
Net movement in funds		<u>(7,338)</u>	<u>8,004</u>	<u>666</u>	<u>(1,834)</u>	<u>313</u>	<u>(1,521)</u>
Fund balances at 1 June 2020		<u>17,173</u>	<u>16,216</u>	<u>33,389</u>	<u>19,007</u>	<u>15,903</u>	<u>34,910</u>
Fund balances at 31 May 2021		<u>9,835</u>	<u>24,220</u>	<u>34,055</u>	<u>17,173</u>	<u>16,216</u>	<u>33,389</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

BALANCE SHEET AS AT 31 MAY 2021

		2021		2020	
	Note	£	£	£	£
FIXED ASSETS					
Tangible assets	7		1,220		1,627
CURRENT ASSETS					
Debtors	8	4,308		26,963	
Cash at bank and in hand		<u>60,642</u>		<u>15,660</u>	
		64,950		42,623	
CREDITORS: amounts falling due within one year	9	<u>(4,565)</u>		<u>(10,861)</u>	
Net Current assets			<u>60,385</u>		<u>31,762</u>
Total assets less current liabilities			<u>61,605</u>		<u>33,389</u>
CREDITORS: amounts falling due after more than one year	10		(27,550)		-
Net assets			<u>34,055</u>		<u>33,389</u>
Income Funds					
Restricted funds			24,220		16,216
Unrestricted funds	11		<u>9,835</u>		<u>17,173</u>
			<u>34,055</u>		<u>33,389</u>

The financial statements were approved by the Trustees on 23 March 2022

Mrs G Wind BA (Hons)
Chair

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

1. ACCOUNTING POLICIES

Charity information

Activiteens is a charity registered in England and Wales and is unincorporated. The address of the principal office is 93 Alkham Road, London N16 6XD.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus, the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

1. ACCOUNTING POLICIES (continued)

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office equipment	25% reducing balance
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The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in net income/(expenditure) for the year.

1.7 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Intangible assets with indefinite useful lives and intangible assets not yet available for use are tested for impairment annually, and whenever there is an indication that the asset may be impaired.

1.8 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.9 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

1. ACCOUNTING POLICIES (continued)

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.10 Employee Benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the trust is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2. Donations and legacies

	Unrestricted funds	Restricted funds	Total	Unrestricted funds	Restricted funds	Total
	2021 £	2021 £	2021 £	2020 £	2020 £	2020 £
Donations and Gifts	64,916	-	64,916	28,024	-	28,024
Grants receivable	-	48,427	48,427	-	37,667	37,667
	<u>64,916</u>	<u>48,427</u>	<u>113,343</u>	<u>28,024</u>	<u>37,667</u>	<u>65,691</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

3. Charitable activities

	Total 2021 £	Total 2020 £
Staff costs	42,253	32,263
Depreciation and impairment	407	543
Other project costs	<u>67,016</u>	<u>31,624</u>
	109,676	64,430
Share of support costs (see note 4)	901	1,102
Share of governance costs (see note 4)	<u>2,100</u>	<u>1,680</u>
	<u>112,677</u>	<u>67,212</u>
Analysis by fund		
Unrestricted funds	72,254	29,858
Restricted funds	<u>40,423</u>	<u>37,354</u>
	<u>112,677</u>	<u>67,212</u>

4. Support Costs

	Support Costs £	Governance costs £	2021 £	Support Costs £	Governance Costs £	2020 £
Office Expenses	763	-	763	833	-	833
Publicity	-	-	-	144	-	144
Consultancy fees	138	-	138	125	-	125
Accountancy fees	<u>-</u>	<u>2,100</u>	<u>2,100</u>	<u>-</u>	<u>1,680</u>	<u>1,680</u>
	<u>901</u>	<u>2,100</u>	<u>3,001</u>	<u>1,102</u>	<u>1,680</u>	<u>2,782</u>
Analysed between Charitable activities	<u>901</u>	<u>2,100</u>	<u>3,001</u>	<u>1,102</u>	<u>1,680</u>	<u>2,782</u>

Governance costs include amounts payable to the Independent Examiner

5. Trustees

None of the trustees (or any persons connected with them) received any remuneration or benefits from the charity during the year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

6. Employees

Number of employees

The average monthly number of employees during the year was:

	2021 Number	2020 Number
Part time staff	<u>15</u>	<u>17</u>

	2021 £	2020 £
Employment costs		
Wages and salaries	<u>42,253</u>	<u>32,263</u>

The increase in salary expenditure is due mostly to an increase in personal mentoring and partly to the additional costs of adapting services to meet Coronavirus regulations.

There were no employees whose annual remuneration was £60,000 or more.

7. Tangible fixed assets

	Office equipment £
Cost	
<i>At 1 June 2020</i>	<u>31,424</u>
At 31 May 2021	<u>31,424</u>
Depreciation and impairment	
<i>At 1 June 2020</i>	29,797
Depreciation charged in the year	<u>407</u>
At 31 May 2021	<u>30,204</u>
Carrying amount	
At 31 May 2021	<u>1,220</u>
<i>At 31 May 2020</i>	<u>1,627</u>

8. Debtors

	2021 £	2020 £
Amounts falling due within one year:		
<u>Other debtors</u>	<u>4,308</u>	<u>26,963</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

9. Creditors: Amounts falling due within one year

	2021 £	2020 £
Other creditors	2,525	9,181
Accruals and deferred income	<u>2,040</u>	<u>1,680</u>
	<u>4,565</u>	<u>10,861</u>

10. Creditors: amounts falling due after more than one year

	2021 £	2020 £
Bank loans	<u>27,550</u>	=

A Bounce Back Loan was taken by the charity to cover any projected loss of income expected due to Covid-19. Repayment of the loan will be enabled by donations that have been pledged.

11. Restricted funds

The income funds of the charity include restricted funds comprising the following amounts held on trust for specific purposes relating to various projects operated by the charity.

	Movement in funds				Movement in funds		
	Balance at 1 June 2019 £	Incoming resources £	Resources expended £	Balance at 1 June 2020 £	Incoming resources £	Resources expended £	Balance at 31 May 2021 £
Healthy Eating & Living	1,910	9,763	(5,755)	5,918	17,526	(6,851)	16,593
Vocational and Educational support	9,993	3,500	(13,493)	-	9,988	(9,988)	-
Recreation and Arts clubs	4,000	8,345	(4,047)	8,298	16,605	(21,484)	3,419
Annual Talent Performance	-	14,059	(14,059)	-	1,500	-	1,500
Therapy and Mentoring	-	2,000	-	2,000	-	(2,100)	(100)
Trips and Retreats	-	-	-	-	2,808	-	2808
	<u>15,903</u>	<u>37,667</u>	<u>37,354</u>	<u>16,216</u>	<u>48,427</u>	<u>(40,423)</u>	<u>24,220</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MAY 2021

12. Analysis of net assets between funds

	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	<i>Unrestricted funds 2020 £</i>	<i>Restricted funds 2020 £</i>	<i>Total 2020 £</i>
Fund balances at 31 May 2021 are represented by:						
Tangible assets	1,220	-	1,220	<i>1,627</i>	<i>-</i>	<i>1,627</i>
Current assets/(liabilities)	36,165	24,220	60,385	<i>15,546</i>	<i>16,216</i>	<i>31,762</i>
Long term liabilities	(27,550)	-	(27,550)	<i>-</i>	<i>-</i>	<i>-</i>
	<u>9,835</u>	<u>24,220</u>	<u>34,055</u>	<u><i>17,173</i></u>	<u><i>16,216</i></u>	<u><i>33,389</i></u>

13. Related party transaction

There were no disclosable related party transactions during the year (2020 – none).