

**SOUTH CENTRAL YOUTH LTD**  
(a company limited by guarantee)

**ANNUAL REPORT AND FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**ALISON WARD ACCOUNTANTS**  
**CHARTERED CERTIFIED ACCOUNTANTS**

**28 HILLS ROAD**  
**BUCKHURST HILL**  
**ESSEX IG9 5RS**

**SOUTH CENTRAL YOUTH LTD**  
**FINANCIAL STATEMENTS**  
**FOR THE YEAR ENDED 31 MARCH 2022**

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**SOUTH CENTRAL YOUTH LTD  
TRUSTEES' REPORT - STATUTORY INFORMATION  
FOR THE YEAR ENDED 31 MARCH 2022**

**TRUSTEES**

T J Barratt  
M Bruce (Chair)  
R Hodgson (Company Secretary and Treasurer)  
K Karampatsos  
G Kasanga  
J Wilkinson

**SECRETARY**

R Hodgson

**REGISTERED OFFICE**

PO Box 63640  
London SW9 1BR

**COMPANY NUMBER**

05611999

**CHARITY NUMBER**

1129397

**BANKERS**

The Co-Operative Bank Plc  
P.O. Box 250  
Skelmersdale WN8 6WT

**INDEPENDENT EXAMINER**

Alison Ward Accountants  
Chartered Certified Accountants  
28 Hills Road  
Buckhurst Hill  
Essex IG9 5RS

**SOUTH CENTRAL YOUTH LTD  
TRUSTEES' REPORT  
FOR THE YEAR ENDED 31 MARCH 2022**

The trustees (who are also directors of the Company) present their report and the independently examined financial statements of the Company for the year ended 31 March 2022. The statutory information is shown on Page 1.

**STATUS**

The company, number 05611999, is limited by guarantee and has charitable status. The charity registration number is 1129397. It has a Memorandum and Articles of Association as its governing document.

**OBJECTIVES**

The charity's objectives and aims are to support vulnerable and at-risk youths.

**Charity Overview**

South Central Youth Ltd (SCY) (the Company) is a Lambeth based charity working to improve the life chances of young people in some of London's toughest communities. Our specialist team works at a community level, building strong relationships and a sense of kinship with young people. We help support them to feel safe and secure, to look after their mental fitness and develop their ability to make positive choices to enable them to live safer, more fulfilling lives. Beyond that, we work to help them express their feelings and build their self-worth.

The London Poverty Profile noted that Lambeth has lower than average indicators for infant mortality, premature mortality and school education. Trust for London cites 43% of Lambeth's population live in areas of high deprivation. My London News reports that crime in Lambeth rose by 14% in May 2022. These factors show concerning statistics, however, lived experience for many of our young people means, empty fridges and fewer meals, less attachment and attainment in school, reduced mental health, increased risk of exploitation and community violence.

We believe that opportunities and therapeutic relationships can significantly impact a young person's wellbeing and facilitate positive change for many young people. To achieve this we provide the following services.

**Public Benefit**

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing their aims and objectives and in planning future activities. In particular, the trustees consider how planned activities will contribute to the aims and objectives of the charity.

## **ACHIEVEMENTS**

### **A Crisis Response Service**

Supporting young people through crises, including homelessness, after experiencing sexual assault, being remanded in custody, mental health emergencies and extreme poverty. 22 of our young parents strongly agreed that our RIPPLE OF HOPE project helped their family and 69% of those strongly agreed the project helped them to feel less isolated and anxious.

### **Intensive Mentoring**

This is tailored support given by our team regularly over a long period. 100% of the 15 young people currently receiving mentoring told us their mentor helped them to feel more confident and improved their wellbeing.

### **Therapeutic Programs**

Including counselling, CBT, creative and art therapy and somatic therapies to support young people experiencing PTSD and complex PTSD. 25 young people received counselling in the last 12 months, 10 experienced significant progress, 12 experienced some progress and 3 are yet to experience significant progress. Of the 12 young people on the CREATIVE RELEASE PROGRAM 61% told us they strongly agreed that the group helped them to better understand their feelings and 91% told us that the group helped them to feel more confident. 69% told us that the group helped them to feel less anxious.

### **Self Development Workshops**

Practical hands-on sessions and courses designed to channel young people's energy in positive and productive ways and help them to make better choices and improve their communication and interpersonal skills. Over the last 12 months we delivered our THINK GOOD, FEEL GOOD program to 90 young people, 100% of whom experienced improvement in their confidence and emotional wellbeing. 100% of the 25 young people who attended the YANA program increased their engagement and improved their behaviour and academic attainment.

### **Detached Youth Work**

This is on-the-street youth work designed to connect with young people who would be difficult to reach through conventional means. In recent months Lambeth Social Services have asked us to support a group of young people on the Blenheim Estate. We are in the initial phase of observing and introducing ourselves to the group. This is a prerequisite to providing support, signposting and the possibility of ongoing activities in their area.

### **Looking Forward**

We are looking forward to an action-packed 2022 summer program. We are delivering 2 weeks of a free summer sports camp on Streatham Common, 2 weeks of mindfulness art, mentoring and therapy services, a trip to the beach, a theatre trip to see The Lion King, go-karting and detached youth work.

**SOUTH CENTRAL YOUTH LTD  
TRUSTEES' REPORT (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

**FINANCIAL REVIEW**

The Company reported a deficit of £41,556 for the year ended March 2022. This is due to significantly lower income during the year but high expenditures relating to the delivery of programs utilising funds received in prior financial years.

**RISK REVIEW**

The trustees are constantly reviewing the risks associated with the delivery of our programs and external risks such as COVID-19. SCY's systems, procedures and processes are reviewed at least annually and all new projects undergo a risk assessment before commencing.

**RESERVES POLICY**

Reserves equating to 3 months of unrestricted expenditure is considered sufficient to cover management, staff and support costs and to cover costs relating to potential unforeseen situations. The reserves policy is therefore set at free reserves totalling a minimum of 3 months of unrestricted expenditure.

**TRUSTEES**

The trustees who served during the year are shown below:

T J Barratt  
M Bruce (Chair)  
R Hodgson (Company Secretary and Treasurer)  
K Karampatsos  
G Kasanga (Appointed 14 June 2021)  
K P Thompson (resigned 30 December 2022)  
J Wilkinson

**SOUTH CENTRAL YOUTH LTD  
TRUSTEES' REPORT (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

**TRUSTEES RESPONSIBILITIES**

Company and charity law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charitable company and of the surplus or deficit of the charitable company for that period. In preparing those financial statements, the trustees are required to:-

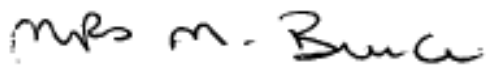
- 1) select suitable accounting policies and then apply them consistently.
- 2) make judgements and estimates that are reasonable and prudent.
- 3) prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and to enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities Act 2011. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

**SMALL COMPANY EXEMPTIONS**

This report has been prepared and delivered in accordance with the provisions in Part 15 of Companies Act 2006 applicable to companies subject to the small companies' regime.

This report was approved by the board on 20 March 2023 and signed on their behalf.



M Bruce (Chair)

**INDEPENDENT EXAMINER'S REPORT  
TO THE TRUSTEES OF SOUTH CENTRAL YOUTH LTD  
FOR THE YEAR ENDED 31 MARCH 2022**

I report on the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2022.

**Responsibilities and basis of report**

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Alison Ward FCCA

20 March 2023

Alison Ward Accountants  
28 Hills Road  
Buckhurst Hill  
Essex IG9 5RS



**SOUTH CENTRAL YOUTH LTD**  
**STATEMENT OF FINANCIAL ACTIVITIES (including the Income and Expenditure Account)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

		<b>Unrestricted Note Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>
<b>Income and endowments from:</b>							
Donations and legacies	3	1,780	54,750	56,530	65,573	99,332	164,905
Charitable activities	4	-	33,000	33,000	12,000	18,600	30,600
Other trading activities							
Other		-	-	-	24,484	-	24,484
<b>Total</b>		<u>1,780</u>	<u>87,750</u>	<u>89,530</u>	<u>102,057</u>	<u>117,932</u>	<u>219,989</u>
<b>Expenditure on:</b>							
Raising funds	5	-	-	-	-	11,520	11,520
Charitable activities	6	11,283	119,803	131,086	62,100	54,600	116,700
Other	7	-	-	-	5,390	-	5,390
<b>Total</b>		<u>11,283</u>	<u>119,803</u>	<u>131,086</u>	<u>67,490</u>	<u>66,120</u>	<u>133,610</u>
<b>Net income\expenditure</b>		(9,503)	(32,053)	(41,556)	34,567	51,812	86,379
Transfer between funds		-	-	-	3,990	(3,990)	-
<b>Net movement in funds</b>		<u>(9,503)</u>	<u>(32,053)</u>	<u>(41,556)</u>	<u>38,557</u>	<u>47,822</u>	<u>86,379</u>
<b>Reconciliation of Funds</b>							
Total funds brought forward		48,743	69,807	118,550	10,186	21,985	32,171
<b>Total funds carried forward</b>		<u>£ 39,240</u>	<u>£ 37,754</u>	<u>£ 76,994</u>	<u>£ 48,743</u>	<u>£ 69,807</u>	<u>£ 118,550</u>

The company made no recognised gains and losses other than those reported in the income and expenditure account.

All income and expenditure derive from continuing activities.

The notes on pages 9 to 15 form part of these financial statements

## BALANCE SHEET AT 31 MARCH 2022

	Note	2022 £	£	2021 £
<b>FIXED ASSETS</b>				
Tangible assets	8		303	589
<b>CURRENT ASSETS</b>				
Debtors	9	1,321		1,254
Cash at bank and in hand		81,114		124,659
		82,435		125,913
<b>CREDITORS: Amounts falling due within one year</b>	10	(5,744)		(7,952)
<b>NET CURRENT ASSETS</b>			76,691	117,961
<b>NET ASSETS</b>			£ 76,994	£ 118,550
<b>RESERVES</b>				
Unrestricted funds	11	39,240		48,743
Restricted funds	11	37,754		69,807
			£ 76,994	£ 118,550

In approving these financial statements as trustees/directors of the Charitable Company we hereby confirm that:

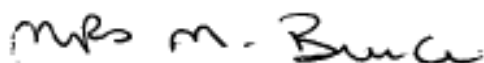
For the year ending 31 March 2022 the Charitable Company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the Charitable Company to obtain an audit of its accounts for the year in question in accordance with section 476.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

**The accounts were approved by the board of trustees on 20 March 2023**



M Bruce (Chair)

The notes on pages 9 to 15 form part of these financial statements

**SOUTH CENTRAL YOUTH LTD  
NOTES TO THE ACCOUNTS  
FOR THE YEAR ENDED 31 MARCH 2022**

**1. ACCOUNTING POLICIES**

**1a. Basis of preparation**

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), (Charities SORP FRS 102), the Charities Act 2011 and the Companies Act 2006.

SCY meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

**1b. Preparation of the accounts on a going concern basis**

SCY has reported a deficit of £41,556 for the year. The trustees are of the view that the immediate future of the charity for the next 12 to 18 months is secure and that on this basis it is a going concern.

**1c. Tangible fixed assets**

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life by the reducing balance method.

	%
Plant and machinery	25

**1d. Taxation**

SCY is exempt from taxation under sections 466 to 493 of the Corporation Tax Act 2010.

## **1. ACCOUNTING POLICIES (CONTINUED)**

### **1e. Income**

Income is recognised when the charity has entitlement to the funds, any performance conditions attached to the item(s) of income have been met, it is probable that the income will be received and the amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

Income received in advance of a specified service it is deferred until the criteria for income recognition are met.

### **1f. Expenditure and irrecoverable VAT**

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably. Expenditure is classified under the following activity headings:

- Costs of raising funds comprise the costs of staff time and associated support costs.
- Expenditure on charitable activities includes the direct costs of providing the services and other activities undertaken to further the purposes of the charity and includes their associated support costs.
- Other expenditure represents those items not falling into any other heading.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

### **1g. Funds**

The Restricted Funds are restricted income funds given to the charity for specific purposes. They are expendable by the trustees in furtherance of particular projects within the charity objects.

The Unrestricted Funds are funds expendable at the discretion of the trustees in furtherance of the objects of the charity.

**SOUTH CENTRAL YOUTH LTD**  
**NOTES TO THE ACCOUNTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**1. ACCOUNTING POLICIES (CONTINUED)**

**1h. Pensions**

The Company operates a defined contribution pension scheme and the pension charge represents the amounts payable by the Company to the fund in the year.

**2. OPERATING DEFICIT**

	<b>2022</b>
	<b>£</b>
Deficit is stated after charging:	
Independent examiner's fees	2,100
Depreciation	286
Staff costs (note 12)	85,660
	<hr/>

**3. INCOME FROM DONATIONS AND LEGACIES**

	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2022</b>	<b>Unrestricted Funds</b>	<b>Restricted Funds</b>	<b>Total 2021</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
London Community Foundation	-	25,000	25,000	4,930	35,000	39,930
Tudor Trust	-	-	-	19,000	38,400	57,400
Children In Need	-	19,750	19,750	-	20,500	20,500
City Bridge Trust	-	-	-	-	4,930	4,930
Peabody Housing	-	-	-	-	502	502
Youth Futures	-	10,000	10,000	-	-	-
JP Foundation	850	-	850	500	-	500
CAF	750	-	750	-	-	-
Souter Charitable Trust	-	-	-	3,000	-	3,000
Garfield Weston Foundation	-	-	-	20,000	-	20,000
Lambeth Hardship Fund	-	-	-	10,000	-	10,000
Vintners	-	-	-	5,000	-	5,000
SYCT Mindfulness	-	-	-	1,628	-	1,628
Donations	180	-	180	1,515	-	1,515
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	<b>£ 1,780</b>	<b>£ 54,750</b>	<b>£ 56,530</b>	<b>£ 65,573</b>	<b>£ 99,332</b>	<b>£ 164,905</b>
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**SOUTH CENTRAL YOUTH LTD**  
**NOTES TO THE ACCOUNTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**4. INCOME FROM CHARITABLE ACTIVITIES**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>
London Youth (Burberry)	-	30,000	30,000	12,000	-	12,000
GLA	-	3,000	3,000	-	18,600	18,600
	<u>£ -</u>	<u>£ 33,000</u>	<u>£ 33,000</u>	<u>£ 12,000</u>	<u>£ 18,600</u>	<u>£ 30,600</u>

**5. COST OF RAISING FUNDS**

	<b>Total 2022</b>	<b>Total 2021</b>
Fundraising costs	<u>£ -</u>	<u>£ 11,520</u>

The 2021 costs were all restricted.

**6. CHARITABLE ACTIVITIES**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2021 £</b>
Charitable expenditure	9,183	119,803	128,986	62,100	54,600	116,700
Governance costs	2,100	-	2,100	-	-	-
	<u>£ 11,283</u>	<u>£ 119,803</u>	<u>£ 131,086</u>	<u>£ 62,100</u>	<u>£ 54,600</u>	<u>£ 116,700</u>

**7. GOVERNANCE COSTS**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total 2022 £</b>	<b>Total 2021 £</b>
Independent examination	2,100	-	2,100	-
	<u>£ 2,100</u>	<u>£ -</u>	<u>£ 2,100</u>	<u>£ -</u>

**SOUTH CENTRAL YOUTH LTD**  
**NOTES TO THE ACCOUNTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**8. TANGIBLE FIXED ASSETS**

	<b>Plant &amp; Machinery £</b>	<b>Total £</b>
<b>Cost</b>		
At 1 April 2021	19,145	19,145
At 31 March 2022	19,145	19,145
<b>Depreciation</b>		
At 1 April 2021	18,556	18,556
For the year	286	286
At 31 March 2022	18,842	18,842
<b>Net Book Amounts</b>		
At 31 March 2022	£ 303	£ 303
At 31 March 2021	£ 589	£ 589

**9. DEBTORS**

	<b>2022 £</b>	<b>2021 £</b>
Social security and other taxes	141	-
Other debtors	-	1,254
Prepayments	1,180	-
	£ 1,321	£ 1,254

**SOUTH CENTRAL YOUTH LTD**  
**NOTES TO THE ACCOUNTS (CONTINUED)**  
**FOR THE YEAR ENDED 31 MARCH 2022**

**10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	<b>2022</b>	<b>2021</b>
	<b>£</b>	<b>£</b>
Other creditors including taxation and social security	269	7,952
Accruals	5,475	-
	<hr/>	<hr/>
	<b>£ 5,744</b>	<b>£ 7,952</b>
	<hr/>	<hr/>

**11. ANALYSIS OF NET ASSETS BETWEEN FUNDS**

	<b>Unrestricted Funds £</b>	<b>Restricted Funds £</b>	<b>Total £</b>
<b>Fund Balances at 31 March 2022 are represented by</b>			
Tangible fixed assets	303	-	303
Current assets	44,681	37,754	82,435
Current liabilities	(5,744)	-	(5,744)
	<hr/>	<hr/>	<hr/>
<b>Total Net Assets</b>	<b>£ 39,240</b>	<b>£ 37,754</b>	<b>£ 76,994</b>
	<hr/>	<hr/>	<hr/>

***Fund Balances at 31 March 2021 are represented by***

Tangible fixed assets	298	291	589
Current assets	56,397	69,516	125,913
Current liabilities	(7,952)	-	(7,952)
	<hr/>	<hr/>	<hr/>
<b>Total Net Assets</b>	<b>£ 48,743</b>	<b>£ 69,807</b>	<b>£ 118,550</b>
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**SOUTH CENTRAL YOUTH LTD  
NOTES TO THE ACCOUNTS (CONTINUED)  
FOR THE YEAR ENDED 31 MARCH 2022**

**12. STAFF COSTS, TRUSTEE REMUNERATION AND EXPENSES, AND THE COST OF KEY MANAGEMENT PERSONNEL**

The charity considers its Key Management Personnel to be the trustees and the Chief Executive.

Employee costs during the year amounted to:	<b>2022</b> <b>£</b>
Wages and salaries	82,035
Social security costs	3,134
Other pension costs	491
	<hr/>
	£ 85,660
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The average number of employees during the year was 5 (2021 - 5).

No employees received emoluments in excess of £60,000.

The total employee benefits including employer's NIC of the key management personnel were £42,479.

The charity trustees were not paid or received any other benefits from employment with the charity in the year (2021 - £nil). No charity trustee received payment for professional or other services supplied to the charity (2021 - £nil).

**13. RELATED PARTIES**

There were no related party transactions during the year ended 31 March 2022. During the year ended 31 March 2021 £1,000 was paid to Mr R Hodgson with regard to time spent on maintaining the charity's accounting records.