

REGISTERED COMPANY NUMBER: 05611999 (England and Wales)
REGISTERED CHARITY NUMBER: 1129397

Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31 March 2021
for
South Central Youth Ltd

ah partnership
Chartered Accountants
Stanley House
49 Dartford Road
Sevenoaks
Kent
TN13 3TE

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for the year ended 31 March 2021

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Report of the Trustees
for the year ended 31 March 2021

The trustees who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

Charity Overview

South Central Youth provides specialist support to young people, who are experiencing challenges due to deprivation, poverty or adverse childhood experiences. Our client group reside in Lambeth, the 5th most densely populated local authority and the 9th most deprived borough in London. 31% of this population live in areas of high deprivation. Our overall charitable aim is to engage and empower young people to develop their thinking and choices so that they are able to maintain a fulfilled life through an increased sense of self worth. We believe providing consistent tailored support helps young people to develop their confidence, life skills, resilience, wellbeing and empowers them to make healthier choices. Operating with this aim we provide tailored mentoring support, therapeutic programs, detached youth work and self development workshops.

INTENSIVE MENTORING

During the last 12 months we have continued to provide mentoring support to 15 young people who were identified as most significantly vulnerable. We have seen a huge rise in young people suffering poor mental health, self harm, attempting suicide and having suffered serious harm. Our team undertook specialist training in suicide risks and self harm to be able to offer safety plans for young people and introducing self care activities to support their wellbeing and safety. Our staff team really showed exemplary stamina going above and beyond to support these highly vulnerable young people. Meeting on door steps, helping out of hours with homelessness, being available when young people have felt in crisis to reduce their risk of suicide and self harm. Fortunately, all our young people have come through this period and all have reduced self harming and no longer deemed suicide risks.

During the lockdown months the team quickly set up Zoom groups so young people could stay connected. These were a great success helping young people to keep psychologically well.

On a more positive note, between lockdowns we encouraged groups to socially reconnect. Many of them felt quite anxious around the Covid rules but we were able to offer safe meeting places and create bubble working for some groups which was a massive boost to their self esteem, psychological and emotional wellbeing.

We were able to deliver 2 go-karting trips, one trip to the zoo, one trip to Dulwich Park on the lake and one trip to Thorpe park in the summer.

THERAPEUTIC PROGRAMS

The pandemic really affected everyone and during the course of the year we really expanded our therapeutic services. We delivered counselling, a therapy group and a new project called Ripple of Hope. This year we delivered weekly, one-to-one counselling sessions to 21 young people face to face when possible and over Zoom for those over 18 years. Employing a play therapist in November 2020 was remarkable timing to really help with young people who were having suicidal thoughts, one young person who was a victim of modern slavery, 3 young people who were experiencing PTSD, one rape victim and 4 young people who had witnessed domestic violence within the home. The therapist was able to continue though some of the lockdowns due to the level of risk and vulnerability for some of these young people. We also delivered walking therapy sessions for bereaved young people and two young people suffered significant identity issues.

Report of the Trustees
for the year ended 31 March 2021

"Counselling has made me feel much less alone."

In addition to the one-to-one therapy sessions we delivered a new group program called Creative Release, designed specifically for victims of adverse childhood experience. This program started in April 2021 for six weeks, and we have delivered 2 further consecutive groups following. 13 young people have attended this program.

Feedback from the Creative Release Group:

The group made me feel....

"Supercalifragilisticexpialidocious!"

"I learned to do yoga and to take my anger out on a ball, a football or a paper ball"

"I learned how to control my anger when people get under my skin or enjoy me by playing football, listening to music, doing my chores or helping the community"

"The group made me feel happy!"

Our Ripple of Hope project really expanded this year, delivering weekly food parcels, hygiene parcels, activity packs, wellbeing packs, Christmas hampers (two consecutive years) and furniture donations.

Here is a case study:

Emily is a care leaver who requested counselling from our service earlier this year. She was struggling to manage her emotions and self harming. Emily told us that talking about her feelings gave her a sense of relief and perspective and she felt less alone. She and the therapist explored grounding techniques for her to use when she became overwhelmed which she found helpful. As the weeks progressed Emily's mental health improved and she was able to consider how her circumstances affected her wellbeing and then she began exploring broken attachments and the losses in her past. When the therapy sessions ended Emily was much more emotionally aware and resilient place, where she was excited about her future and ready to end therapy.

SELF DEVELOPMENT WORKSHOPS

This year we delivered CBT programs in two primary schools to facilitate the wellbeing education for several different year groups. Our CEO wrote a Positive Choices Program for year 5s and 6s and a Think Good Feel Good program for the September term to help young people re-integrate socially post lockdowns. These programs have been a great success supporting 90 young people in one school and 30 in the second.

During the last 12 months we have supported 22 young parents, 4 of them became homeless during the spring months. Our team rallied around to support them with their emergency moves. Our young parent worker put out a public appeal for donations with any paint, furniture and material support. The campaign was really successful with the public donating flooring, paint, sofas, beds, shelving and many items. Really supporting these teenagers during a time of crisis.

The YANA project was also very successful this year. This service was allowed to continue 9 months out of the 12, with only the initial 3 month (first lockdown) where only phone contact was allowed. The team supported 24 young people during the year, all victims of exploitation. Last month we nominated the project coordinator Jenni for the Saskia Jones Legacy Award and she won!

DETACHED YOUTH WORK

Report of the Trustees
for the year ended 31 March 2021

We relaunched our detached service during the winter last year to help young people stay connected and to try and reduce community harms, keeping wellbeing and communication open. The police and emergency services saw a dramatic increase in the number of young people being exploited to county lines, large number of highly vulnerable young people going missing and increased levels of household conflicts. Our team went into the estates during all weathers to keep visibly being available to some of the most excluded in society. We delivered twice weekly sessions from November 2020 through until March 2021.

How we have made a difference

Being able to adapt quickly was one of our strengths and we really matched needs of the community very quickly with the ever-changing rules during the last 12 months. When the food banks were low, we were the only charity delivering bags of food to the homes of young people. This physical contact was 'life saving' in the words of our clients. When all the stores had run out of nappies and pasta we were able to bring it. We also partnered with two other charities that were making hot meals to wrap around vulnerable families or not duplicate if a safety net was already there. Being available to the young parents helped prevent some babies and toddlers from going into care. It prevented some families from committing crime to support their young children. This small difference just helped many vulnerable families keep their hope, feel that they were not alone and ensured that real help was still available when required. The physical contact also became a lifeline in itself reducing mental health and the loneliness crisis that evolved. Three members of our team and two volunteers were delivering parcels several days a week and they found that most young people really wanted to talk for 30-60 minutes on the door step. It helped to reduce the isolation and risks of self harm.

Key Differences to our organisation and future priorities

As we go into another winter, we will continue to focus on young people's mental health and wellbeing. We will also continue to deliver much needed food parcels, our ripple of hope project and all CBT sessions in schools.

Looking back over the extra ordinary year, we were able to help young people improve their wellbeing, safety, confidence, self worth and resilience through the most testing times. When we can help to provide safety plans so that young people reduce their self harming, stop cycles of abuse or risk, help them with community inclusion, instil a sense of hope and extend values in self care, we are making a difference and achieving what we set out too.

OBJECTIVES AND ACTIVITIES

Objectives and aims

The charities objectives and aims are to support vulnerable and at risk youths.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Risk management

The Trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud or error.

South Central Youth Ltd

Report of the Trustees
for the year ended 31 March 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number
05611999 (England and Wales)

Registered Charity number
1129397

Registered office
Po Box 63640
London
SW9 1BR

Trustees
M Bruce Director
K P Thompson Director
T J Barratt Business Director
R Hodgson Secretary (appointed 22.4.2020)
J Wilkinson Director
K Karampatsos Manager

Company Secretary
R Hodgson

Independent Examiner
ah partnership
Chartered Accountants
Stanley House
49 Dartford Road
Sevenoaks
Kent
TN13 3TE

Approved by order of the board of trustees on 30 December 2021 and signed on its behalf by:

M Bruce - Trustee

Independent Examiner's Report to the Trustees of
South Central Youth Ltd

Independent examiner's report to the trustees of South Central Youth Ltd ('the Company')

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities (applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

J Gibbs
ah partnership
Chartered Accountants
Stanley House
49 Dartford Road
Sevenoaks
Kent
TN13 3TE

31 December 2021

South Central Youth Ltd

Statement of Financial Activities
for the year ended 31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
INCOME AND ENDOWMENTS FROM					
Donations and legacies	3	77,573	117,932	195,505	70,192
Other income		24,484	-	24,484	-
Total		102,057	117,932	219,989	70,192
EXPENDITURE ON					
Raising funds		-	11,520	11,520	12,593
Charitable activities					
Youth programs		62,100	54,600	116,700	109,128
Other		5,390	-	5,390	7,116
Total		67,490	66,120	133,610	128,837
NET INCOME/(EXPENDITURE)		34,567	51,812	86,379	(58,645)
Transfers between funds	11	3,990	(3,990)	-	-
Net movement in funds		38,557	47,822	86,379	(58,645)
RECONCILIATION OF FUNDS					
Total funds brought forward		10,186	21,985	32,171	90,816
TOTAL FUNDS CARRIED FORWARD		48,743	69,807	118,550	32,171

The notes form part of these financial statements

South Central Youth Ltd

Statement of Financial Position
31 March 2021

	Notes	Unrestricted funds £	Restricted funds £	2021 Total funds £	2020 Total funds £
FIXED ASSETS					
Tangible assets	8	298	291	589	755
CURRENT ASSETS					
Debtors	9	1,254	-	1,254	590
Cash at bank		55,143	69,516	124,659	37,695
		<u>56,397</u>	<u>69,516</u>	<u>125,913</u>	<u>38,285</u>
CREDITORS					
Amounts falling due within one year	10	(7,952)	-	(7,952)	(6,869)
		<u>48,445</u>	<u>69,516</u>	<u>117,961</u>	<u>31,416</u>
NET CURRENT ASSETS					
		<u>48,445</u>	<u>69,516</u>	<u>117,961</u>	<u>31,416</u>
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>48,743</u>	<u>69,807</u>	<u>118,550</u>	<u>32,171</u>
NET ASSETS		<u>48,743</u>	<u>69,807</u>	<u>118,550</u>	<u>32,171</u>
FUNDS	11				
Unrestricted funds				48,743	10,186
Restricted funds				69,807	21,985
TOTAL FUNDS				<u>118,550</u>	<u>32,171</u>

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2021 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of each financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 394 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

The notes form part of these financial statements

South Central Youth Ltd

Statement of Financial Position - continued
31 March 2021

These financial statements have been prepared in accordance with the provisions applicable to charitable companies subject to the small companies regime.

The financial statements were approved by the Board of Trustees and authorised for issue on 30 December 2021 and were signed on its behalf by:

M Bruce - Trustee

The notes form part of these financial statements

Notes to the Financial Statements
for the year ended 31 March 2021

1. STATUTORY INFORMATION

South Central Youth Ltd is a private company, limited by guarantee, registered in England and Wales. The company's registered number and registered office can be found on the Report of the Trustees.

South Central Youth Ltd is also a registered charity registration number 1129397.

The presentational currency of the financial statements is the Pound Sterling (£).

2. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charitable company, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Companies Act 2006. The financial statements have been prepared under the historical cost convention.

Income

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life.

Plant and machinery - 33% on cost and 25% on reducing balance

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

Notes to the Financial Statements - continued
for the year ended 31 March 2021

2. ACCOUNTING POLICIES - continued

Pension costs and other post-retirement benefits

The charitable company operates a defined contribution pension scheme. Contributions payable to the charitable company's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

3. DONATIONS AND LEGACIES

	2021	2020
	£	£
Donations	1,515	757
Grants	193,990	69,435
	<u>195,505</u>	<u>70,192</u>

Grants received, included in the above, are as follows:

	2021	2020
	£	£
London Community Foundation	39,930	-
JP Foundation	500	1,150
Young Lambeth Cooperative	-	9,000
Tudor Trust	57,400	38,400
Souter Charitable Trust	3,000	-
St Matthews	-	1,685
GLA	18,600	19,200
London Youth	12,000	-
Garfield Weston Foundation	20,000	-
Children In Need	20,500	-
Lambeth Hardship Fund	10,000	-
Vintners	5,000	-
City Bridge Trust	4,930	-
Peabody Housing	503	-
SYCT Mindfulness	1,627	-
	<u>193,990</u>	<u>69,435</u>

Notes to the Financial Statements - continued
for the year ended 31 March 2021

4. NET INCOME/(EXPENDITURE)

Net income/(expenditure) is stated after charging/(crediting):

	2021 £	2020 £
Depreciation - owned assets	<u>919</u>	<u>678</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31 March 2021 nor for the year ended 31 March 2020.

Trustees' expenses

During the year £1,000 was paid to Mr R Hodgson with regard to time spent on maintaining the charity's book keeping records.

6. STAFF COSTS

The average monthly number of employees during the year was as follows:

	2021 5	2020 3
Management and youth workers	<u>5</u>	<u>3</u>

No employees received emoluments in excess of £60,000.

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	Total funds £
INCOME AND ENDOWMENTS FROM Donations and legacies	3,592	66,600	70,192
EXPENDITURE ON Raising funds	-	12,593	12,593
Charitable activities Youth programs	27,106	82,022	109,128
Other	<u>6,808</u>	<u>308</u>	<u>7,116</u>
Total	33,914	94,923	128,837

Notes to the Financial Statements - continued
for the year ended 31 March 2021

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued

	Unrestricted funds £	Restricted funds £	Total funds £
NET INCOME/(EXPENDITURE)	(30,322)	(28,323)	(58,645)
Transfers between funds	24,597	(24,597)	-
Net movement in funds	(5,725)	(52,920)	(58,645)
RECONCILIATION OF FUNDS			
Total funds brought forward	15,911	74,905	90,816
TOTAL FUNDS CARRIED FORWARD	<u>10,186</u>	<u>21,985</u>	<u>32,171</u>

8. TANGIBLE FIXED ASSETS

	Plant and machinery £
COST	
At 1 April 2020	18,392
Additions	753
At 31 March 2021	<u>19,145</u>
DEPRECIATION	
At 1 April 2020	17,637
Charge for year	919
At 31 March 2021	<u>18,556</u>
NET BOOK VALUE	
At 31 March 2021	<u>589</u>
At 31 March 2020	<u>755</u>

South Central Youth Ltd

Notes to the Financial Statements - continued
for the year ended 31 March 2021

9. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Other debtors	1,254	590

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

	2021 £	2020 £
Social security and other taxes	2,489	2,663
Other creditors	5,463	4,206
	7,952	6,869

11. MOVEMENT IN FUNDS

	At 1.4.20 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	10,186	34,567	3,990	48,743
Restricted funds				
Restricted fund	21,985	51,812	(3,990)	69,807
	<u>32,171</u>	<u>86,379</u>	<u>-</u>	<u>118,550</u>

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	102,057	(67,490)	34,567
Restricted funds			
Restricted fund	117,932	(66,120)	51,812
	<u>219,989</u>	<u>(133,610)</u>	<u>86,379</u>

Notes to the Financial Statements - continued
for the year ended 31 March 2021

11. MOVEMENT IN FUNDS - continued

Comparatives for movement in funds

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.20 £
Unrestricted funds				
General fund	15,911	(30,322)	24,597	10,186
Restricted funds				
Restricted fund	74,905	(28,323)	(24,597)	21,985
TOTAL FUNDS	<u>90,816</u>	<u>(58,645)</u>	<u>-</u>	<u>32,171</u>

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,592	(33,914)	(30,322)
Restricted funds			
Restricted fund	66,600	(94,923)	(28,323)
TOTAL FUNDS	<u>70,192</u>	<u>(128,837)</u>	<u>(58,645)</u>

Notes to the Financial Statements - continued
for the year ended 31 March 2021

11. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.4.19 £	Net movement in funds £	Transfers between funds £	At 31.3.21 £
Unrestricted funds				
General fund	15,911	4,245	28,587	48,743
Restricted funds				
Restricted fund	74,905	23,489	(28,587)	69,807
TOTAL FUNDS	<u>90,816</u>	<u>27,734</u>	<u>-</u>	<u>118,550</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	105,649	(101,404)	4,245
Restricted funds			
Restricted fund	184,532	(161,043)	23,489
TOTAL FUNDS	<u>290,181</u>	<u>(262,447)</u>	<u>27,734</u>

Retained reserves (restricted)

	£
As at 1.4.20	21,985
Movement (see note 11)	<u>47,822</u>
As at 31.3.21	<u>69,807</u>

Notes to the Financial Statements - continued
for the year ended 31 March 2021

12. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31 March 2021.

13. ULTIMATE CONTROLLING PARTY

During the year the charity was controlled by the Trustees.

South Central Youth Ltd

Detailed Statement of Financial Activities
for the year ended 31 March 2021

	2021 £	2020 £
INCOME AND ENDOWMENTS		
Donations and legacies		
Donations	1,515	757
Grants	193,990	69,435
	<hr/>	<hr/>
	195,505	70,192
Other income		
Government grants	24,484	-
	<hr/>	<hr/>
Total incoming resources	219,989	70,192
EXPENDITURE		
Raising donations and legacies		
Wages	11,520	12,593
Charitable activities		
Wages	53,500	38,142
Pensions	439	1,277
Telephone	4,946	3,501
Sundries	995	1,032
Youth programs	32,239	38,846
	<hr/>	<hr/>
	92,119	82,798
Support costs		
Management		
Wages	19,200	20,988
Insurance	1,311	1,277
	<hr/>	<hr/>
	20,511	22,265
Other		
Venue rental	3,150	4,065
Fixtures and fittings	29	29
Carried forward	3,179	4,094

This page does not form part of the statutory financial statements

South Central Youth Ltd

Detailed Statement of Financial Activities
for the year ended 31 March 2021

	2021 £	2020 £
Other		
Brought forward	3,179	4,094
Computer equipment	891	649
	<hr/>	<hr/>
	4,070	4,743
Governance costs		
Accountancy fees	2,895	2,712
Legal and professional fees	245	226
Bookkeeping	2,250	3,500
	<hr/>	<hr/>
	5,390	6,438
	<hr/>	<hr/>
Total resources expended	133,610	128,837
	<hr/>	<hr/>
Net income/(expenditure)	86,379	(58,645)
	<hr/>	<hr/>

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