

ALONGSIDE YOU

England & Wales · Charity number 1129336

Details

Status	Registered
Legal form	Charitable company
Company number	06807480
Registered	2009-04-28
Register	View on the Charity Commission register

Contact

Address	Po Box 50521 London E16 1XF
Phone	02074735050
Email	info@alongsideyou.org.uk

Activities

Objects: TO PROVIDE RELIEF FOR CHILDREN THEIR FAMILIES AND CARERS, LIVING WITH HUMAN IMMUNODEFICIENCY VIRUS (HIV) OR ANY ASSOCIATED CONDITION, AND TO ADVANCE THE CHRISTIAN FAITH, BY THE PROVISION OF;(A) SUPPORT SERVICES(B) RECREATIONAL AND LEISURE TIME ACTIVITY IN THE INTERESTS OF SOCIAL WELFARE WITH A VIEW TO IMPROVING THE CONDITIONS OF LIFE FOR SUCH PERSONS(C) SMALL GRANTS FOR THE RELIEF OF FINANCIAL HARDSHIP(D) EDUCATION AND RESEARCH ABOUT HIV

Activities: A free and confidential service of home-based childcare, outings and supportive relationships for children and families living with HIV in East London, provided through trained volunteers. Service options; regular visits, school holiday group outings, youth programme. Services for children aged 0-18 years. We provide training and teaching for groups on the impact of HIV on children in the UK.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Other Defined Groups

Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, LOCAL.
- Barking And Dagenham
- Hackney
- Havering
- Newham
- Redbridge
- Tower Hamlets
- Waltham Forest

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£20,430	£18,425	-	-
2024-03-31	£23,450	£23,955	-	-
2023-03-31	£30,747	£36,357	-	-
2022-03-31	£30,981	£31,660	-	-
2021-03-31	£28,885	£26,645	-	-

Trustees

Name	Role	Appointed
DAVID VINCENT		2013-06-11
James Eddo		2019-10-19
Rowena Crisp		2023-08-01
YOLANDA MUSINGUZI		

ALONGSIDE YOU

England & Wales - Charity number 1129336

Accounts

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Alongside You

(A company limited by guarantee)

Charity registration number: 1129336

Company registration number: 06807480

Independent Examiners Ltd
2 Broadbridge Business Centre
Delling Lane
Bosham, Chichester
West Sussex
PO18 8NF

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REFERENCE AND ADMINISTRATIVE DETAILS

Trustees	Yolanda Musinguzi David Vincent James Eddo
Secretary	Rowena Crisp
Charity Registration Number	1129336
Company Registration Number	06807480
Registered Office	The charity is incorporated in England. 2 Broadbridge Business Centre Delling Lane Bosham Chichester West Sussex PO18 8NF
Independent Examiner	G W Schulz ACMA Independent Examiners Ltd 2 Broadbridge Business Centre Delling Lane Bosham, Chichester West Sussex PO18 8NF
Bankers	Co-Op Bank PLC 1 Balloon Street Manchester M60 4EP

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TRUSTEES' REPORT

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2023.

Structure, governance and management

Nature of governing document

Alongside You is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association.

Recruitment and appointment of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

Organisational structure

The Trustees delegate day to day management to the Service Director, whilst retaining overall responsibility for policy and oversight. Going forward the Trustees will delegate the day to day coordination of the work to the Project Coordinator for provision and administration of services, but the substantive decision making and oversight will lie with the Trustees for the following year.

Staffing

The service director (0.4 FTE) has provided leadership to the charity since 2004, and is moving on from the role in July 2023. The Outings Coordinator appointed April 2019 will increase her hours from 0.4 FTE to 0.6 FTE and take on additional responsibilities as the new Project Coordinator. She will be supervised, supported and accountable to the trustee board. We work together with a team of trained volunteers to provide direct family support and outings programmes.

Risk management

The Trustees meet quarterly to review the finances and current operations, implications of any changing circumstances and issues arising and to consider proposals for new developments. This year the trustees have met more frequently to prepare for changes. Risks are assessed as part of these discussions, and measures put in place as needed. The Trustees have in place an emergency contingency plan which is kept updated and reviewed closely against staff capacity and any changes. The Trustees are satisfied that systems, policies and procedures are in place to mitigate exposure to the major risks and continue to review these.

Objectives and activities

Objects and aims

The principal object of the company is to provide relief for children, their families and carers, living with HIV or any associated condition, and to advance the Christian faith by the provision of support services, recreational and leisure time activity, small grants for relief of financial hardship and to undertake education and research about HIV.

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TRUSTEES' REPORT

Public benefit

The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The work of the Charity provides support, help and practical care to any family suffering as a families of any or no faith. Families are referred by health care professionals and social bodies who refer families in need from a wide range of backgrounds. Families living with HIV often experience areas of long term emotional and practical need, due to ill-health, bereavement, stigma and isolation, immigration etc. Due to circumstances, families rarely have the financial resources to pay for support services themselves, and resources are rarely available by central services for long-term, relational support. 'Alongside You' is able to offer significant benefit to children and families living with HIV, through the childcare, activities and support we offer at no cost to families.

Achievements and performance

Review of activities

We have been providing support services to children and families with HIV in East London since 2004, service provision has continued smoothly, primarily through the school holiday outings programme and groups. This year has seen the new outings group for 3-7 year olds really embedded, with friendships growing between the children, and newly referred families build trust and confidence in the service. In addition this year, we were able to provide opportunity for 65% of the older children and young people to have a two night residential holiday experience, which was significant for the children and young people following covid lockdown years providing for many the first opportunity to have a holiday following this time and for others the first in their lifetime.

The Trustee's strategic focus, for the second half of the year, has been to prepare the organisation for transition as Rowena Crisp, the Service Director and Founder is moving on from her role in the charity in July 2023. The trustees have held additional meetings as part of due process, to consider the organisation's current strengths, weaknesses, threats and opportunities, and to make a plan in light of these, to continue service provision. Trustees have also met with the volunteer team, and there was a strong theme of commitment to the mission of the charity and a desire to continue. A robust plan has been put in place for the current service provision to continue as it is for another year until summer 2024.

Sharmaine Caprice-Francis, who has worked for the organisation for four years as the Outings Coordinator will take on the role as Project Coordinator, and is well placed to enable continuity of services on the back of established relationships with our service users and volunteer team, a central strength where relationship is one of our core distinctives. Having also been the financial administrator she is well placed to take on the wider charity coordination.

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TRUSTEES' REPORT

The Trustees will retain responsibility for the leadership and strategic direction of the charity, and are continuing to work on the longer term plan for the charity beyond summer 2024, which in part will depend on the sustainability of the work in terms of both income and human resources, in addition to the wider context. Rowena Crisp will continue to be involved as an outings volunteer and join the trustee board from August 2023 to help provide continuity and support through the transition.

Our regular activity is structured around provision of support services to children and families living with HIV, primarily through the provision of holiday group outings, complemented by pastoral and advocacy support responding to needs arising.

This year we provided direct support services to thirty-eight families, 110 people; 41 parents /carers and 62 children, through a team of 15 volunteers.

We have provided 14 outings in the school holidays, taking an average of 43 children each holiday. We continue to provide a varied activities programme to provide new opportunities and experiences. This year outings including a ski lesson at an indoor snow centre, paddleboarding and tennis on the river Lea, Trampolining, bouldering at a climbing centre and docklands museum.

We were able to host our annual family Christmas Party for families with children aged 0-12 years. The highlight was a mobile animal handling experience to hold and learn about a variety of animals, such as Chinchilla, snake, and toad. Gifts given out by Father Christmas are a highlight at the end, and all enjoyed a feast of Turkish food.

Capacity to provide two residential trips were a highlight this year:

- We took sixteen 8-12 year olds for a summer beach holiday at Littlehampton staying in a Youth Hostel, which was a first for the charity to organise both a summer holiday type experience, but also taking this age group away. It was a great success, with many special moments for children playing on the beach and in the sea, catching crabs, watching sunset over the river, baking cookies at the hostel, and watching a European jousting competition at Arundel castle and taking part in activities. There were many first experiences for the children we took, including for some their first experience of a holiday, and staying away from home. For parents it was a significant sign of their trust and the level of relationship established with the volunteer and staff team to allow their children to come with us overnight, and the holiday was characterised by a sense of family holiday.
- We took the twenty-four 13-18 year olds for an adventure weekend at a Kingswood residential centre. The first opportunity after covid, and there has been a noticeable deepening in the quality of the relationships between the young people, especially for some of the newer youth to bond with the group.

Receiving feedback from families on the difference outings has made to their children and family, was encouraging to read. Our recent outings review, was completed by 85% of our parents / carers: 95% of parents / carers strongly agree that their children look forward to the outings activities, seeing friends, good relationship with the volunteers and talking and remembering about the outings. In addition, that outings increase their children's well-being, confidence and enabled them to take part in activities they would otherwise not be able to do.

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TRUSTEES' REPORT

Apart from the outing provided by our charity, many of the children do not have many opportunities in the school holidays:

- 80% of the families never or rarely have a day trip out in the holidays and do not attend playschemes in the holidays.
- 65% of child spend more than 2 hours of screen time every today and never or rarely exercise in the holidays.
- 45% of the children never or rarely go outside the house or meet up with friends or family during the holidays.

All the parents and carers also provided feedback in their own words about the difference the outings and support had made, here are a few quotes:

- "For me it's made a real difference. For me the last few years I haven't been physically able to do anything with my children while I have been so ill. You have been a Godsend. The children can't get to go anywhere, apart from when you take them, and they look forward to the outings so much."
- "It's made a very great difference. He is more exposed to different activities that I wouldn't be able to do myself. It's good for him, helping him, building his confidence, going out with friends, and he comes home happy."
- "All their friends at school talk about what they do in the holidays, and it's a bit competitive. My children always have something to talk about that they have done because of you. There is always something major they have done that is special and helps them not to feel different. "
- "Oh my goodness, you are just such a blessing to us. In my situation, raising children on my own, your support has made my job a lot lighter. You have taken my children to places I have never been myself, and couldn't have taken them too. Money cannot buy what you have provided, it has been such a relief. When the hospital first told me about you, I said No No! But I am so happy I said yes. You have helped develop my kids, you helped them to grow. I am so so happy."

When asked for suggestions for improvement, the consistent message was to keep doing what we're doing and that things are good. The only request for improvement is to provide more outings in the holidays, especially the longer summer holiday.

This year we closed 5 families, most due to teenagers turning 18 years, but one family moved out of London. We continue to accept new referrals, for families living in any of the East London Boroughs, this year we received 3 new referrals from Homerton Hospital, children ranging between 0-7 years. The new outings group for younger children aged 3-7 years has become established this year and continued grow with the new families. With a continued trend for referrals with babies and pre-school children being referred we are preparing to start outings mid term for Mums and the little ones, who are too young to attend on their own. Many of these are living in hostels, and providing opportunities to meet other Mums with small children, will help to form new bonds, reduce isolation and increase confidence in venues and activities for stimulating small children to grown socially.

Feedback from one of our main referrers: "You can't quantify the level of service you've provided to the families. It's a ridiculous amount for the size of your organisation. You're doing the job the way it's supposed to be done. When we have hard to reach families, who are anxious about accessing services, we refer them to you, for your relational approach, going above and beyond to build trust."

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TRUSTEES' REPORT

Sadly, our charity celebration planned for June 2022 had to be postponed again due to covid-19 infection in key staff members, and has been rescheduled for June 2023. Annual safeguarding training and update for our staff and volunteer team was completed in May 2023, following an all team meeting with trustees in January 2023.

Future Plans

Our priorities for this year are working to enable a smooth transition for continued service provision in light of the founding leader moving on, along with maintaining confidence of our financial partners, referrers, families, and volunteers. We have put in place a clear plan and support for service provision to continue as it currently is for the year ahead until summer 2024, and trustees are continuing to review and provide strategic direction for the work beyond this.

With the profile of new referrals with babies and young children, we are responding by finding new ways of working with the Mums with the little ones and piloting outings in a model that can work for this age group.

Financial review

'Alongside You' Trustees prepared and monitored a budget for this financial year through quarterly management reports reviewed at the trustee meetings. This year our expenditure was a sixth higher than our income, as we had budgeted to use some surplus reserves and take the young people on residential.

The Trustees appreciate the support of all the churches, individual donors and grant trusts who give to make the work with families possible. We are grateful for the provision of ongoing and grant funding from the MacDonald Family Trust, Yapp Charitable Trust, The Henry Smith holiday fund for enabling us to provide the summer holiday for 8-12's in Littlehampton, Magic Little Grants for an award towards active outings and Peabody Trust for providing office space in Pembury Community Centre and for our Christmas party.

Policy on reserves

The Trustees aim to build up and maintain reserves from unrestricted funds, which have not been designated for specific use, at a level equivalent to three months expenditure. It is considered that reserves at this level will ensure that, in the event of a significant drop in funding, we will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

ALONGSIDE YOU

TRUSTEES' REPORT

Statement of Responsibilities

The Trustees (who are also the directors of Alongside You for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice), including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including its income and expenditure, of the charitable company for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards, comprising FRS 102 have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping proper accounting records that can disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small companies provision statement

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

The annual report was approved by the Trustees of the charity on 19 June 2023 and signed on its behalf by:

.....
Yolanda Musinguzi
Trustee

ALONGSIDE YOU

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF ALONGSIDE YOU**

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2023 which are set out on pages 9 to 17.

Responsibilities and basis of report

As the charity's Trustees of Alongside You (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Alongside You are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Alongside You as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
G W Schulz ACMA
Independent Examiners Ltd
2 Broadbridge Business Centre
Delling Lane
Bosham, Chichester
West Sussex
PO18 8NF

19 June 2023

ALONGSIDE YOU

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31 MARCH 2023

	Note	Unrestricted funds £	Total 2023 £	Total 2022 £
Income and Endowments from:				
Donations and legacies	3	<u>30,747</u>	<u>30,747</u>	<u>30,981</u>
Total income		<u>30,747</u>	<u>30,747</u>	<u>30,981</u>
Expenditure on:				
Raising funds		96	96	96
Charitable activities	4	<u>36,261</u>	<u>36,261</u>	<u>31,564</u>
Total expenditure		<u>36,357</u>	<u>36,357</u>	<u>31,660</u>
Net expenditure		<u>(5,610)</u>	<u>(5,610)</u>	<u>(679)</u>
Net movement in funds		(5,610)	(5,610)	(679)
Reconciliation of funds				
Total funds brought forward		<u>18,693</u>	<u>18,693</u>	<u>19,372</u>
Total funds carried forward	10	<u><u>13,083</u></u>	<u><u>13,083</u></u>	<u><u>18,693</u></u>

The notes on pages 11 to 17 form an integral part of these financial statements.

ALONGSIDE YOU
(REGISTRATION NUMBER: 06807480)
BALANCE SHEET
AS AT 31 MARCH 2023

	Note	2023 £	2022 £
Current assets			
Debtors	7	80	607
Cash at bank and in hand		<u>13,532</u>	<u>18,615</u>
		13,612	19,222
Creditors: Amounts falling due within one year	8	<u>(529)</u>	<u>(529)</u>
Net assets		<u>13,083</u>	<u>18,693</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>13,083</u>	<u>18,693</u>
Total funds	10	<u>13,083</u>	<u>18,693</u>

For the financial year ending 31 March 2023 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These financial statements have been prepared in accordance with the special provisions relating to companies subject to the small companies regime within Part 15 of the Companies Act 2006.

The financial statements on pages 9 to 17 were approved by the Trustees, and authorised for issue on 19 June 2023 and signed on their behalf by:

.....
Yolanda Musinguzi
Trustee

The notes on pages 11 to 17 form an integral part of these financial statements.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the Trustees is liable to contribute an amount not exceeding £10 towards the assets of the charity in the event of liquidation.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Alongside You meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

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NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Gift aid

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Liabilities

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

3 Income from donations and legacies

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations	16,411	16,411	15,470
Fundraising	1,936	1,936	1,877
Gift aid reclaimed	2,800	2,800	2,734
Grants, including capital grants;			
Grants from other charities	9,600	9,600	10,900
	<u>30,747</u>	<u>30,747</u>	<u>30,981</u>

4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total 2023 £	Total 2022 £
Family work - visits, outings and gifts		12,135	12,135	8,465
Family work - volunteer costs		340	340	272
Communications		817	817	344
Rent		-	-	167
Insurance		651	651	534
Sundries		408	408	406
Independent examination		720	720	720
Staff costs	6	21,190	21,190	20,656
		<u>36,261</u>	<u>36,261</u>	<u>31,564</u>

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

5 Trustees remuneration and expenses

No Trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No Trustees have received any reimbursed expenses or any other benefits from the charity during the year.

6 Staff costs

The aggregate payroll costs were as follows:

	2023	2022
	£	£
Staff costs during the year were:		
Wages and salaries	20,937	20,424
Pension costs	<u>253</u>	<u>232</u>
	<u><u>21,190</u></u>	<u><u>20,656</u></u>

The monthly average number of persons (including senior management / leadership team) employed by the charity during the year expressed as full time equivalents was as follows:

	2023	2022
	No	No
Employees	<u><u>2</u></u>	<u><u>2</u></u>

No employee received emoluments of more than £60,000 during the year.

7 Debtors

	2023	2022
	£	£
Accrued income	80	129
Other debtors	<u>-</u>	<u>478</u>
	<u><u>80</u></u>	<u><u>607</u></u>

8 Creditors: amounts falling due within one year

	2023	2022
	£	£
Other creditors	49	49
Accruals	<u>480</u>	<u>480</u>
	<u><u>529</u></u>	<u><u>529</u></u>

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

9 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £253 (2022 - £232).

Contributions totalling £49 (2022 - £49) were payable to the scheme at the end of the year and are included in creditors.

10 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Balance at 31 March 2023 £
Unrestricted funds				
General				
General Funds	<u>18,693</u>	<u>30,747</u>	<u>(36,357)</u>	<u>13,083</u>

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General				
General Funds	<u>19,372</u>	<u>30,981</u>	<u>(31,660)</u>	<u>18,693</u>

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2023

11 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2023 £
Current assets	13,612	13,612
Current liabilities	<u>(529)</u>	<u>(529)</u>
Total net assets	<u><u>13,083</u></u>	<u><u>13,083</u></u>
	Unrestricted funds General £	Total funds at 31 March 2022 £
Current assets	19,222	19,222
Current liabilities	<u>(529)</u>	<u>(529)</u>
Total net assets	<u><u>18,693</u></u>	<u><u>18,693</u></u>

ALONGSIDE YOU

England & Wales - Charity number 1129336

Accounts

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2022

Alongside You

(A company limited by guarantee)

Charity registration number: 1129336

Company registration number: 06807480

Independent Examiners Ltd
2 Broadbridge Business Centre
Delling Lane
Bosham
Chichester
West Sussex
PO18 8NF

ALONGSIDE YOU

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LEGAL AND ADMINISTRATIVE INFORMATION

Charity Registration Number	1129336
Company Registration Number	06807480
Trustees	Yolanda Musinguzi David Vincent James Eddo
Secretary	Rowena Crisp
Registered address	2 Broadbridge Business Centre Delling Lane Bosham Chichester West Sussex PO18 8NF
Independent Examiner	G W Schulz ACMA Independent Examiners Ltd 2 Broadbridge Business Centre Delling Lane Bosham Chichester West Sussex PO18 8NF
Bankers	Co-Op Bank PLC 1 Balloon Street Manchester M60 4EP

ALONGSIDE YOU

TRUSTEES' REPORT

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2022.

Structure, governance and management

Nature of governing document

Alongside You is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association.

Recruitment and appointment of Trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

Organisational structure

The Trustees delegate day to day management to the Service Director, whilst retaining overall responsibility for policy and oversight.

Staffing

The service director (0.4 FTE) has continued to provide leadership to the charity since 2005, working together with the Outings Coordinator and Administration appointed April 2019 (0.2-0.4FTE). We work together with a team of trained volunteers to provide direct family support and outings programmes.

Risk management

The Trustees meet quarterly to review the finances and current operations, implications of any changing circumstances and issues arising and to consider proposals for new developments. Risks are assessed as part of these discussions and measures put in place as needed. The Trustees have in place an emergency contingency plan which is kept updated and reviewed closely against staff capacity and any changes. The Trustees are satisfied that systems, policies and procedures are in place to mitigate exposure to the major risks and continue to review these.

Objectives and activities

Objects and aims

The principal object of the company is to provide relief for children, their families and carers, living with HIV or any associated condition, and to advance the Christian faith by the provision of support services, recreational and leisure time activity, small grants for relief of financial hardship and to undertake education and research about HIV.

Public benefit

The Trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

ALONGSIDE YOU

TRUSTEES' REPORT

The work of the Charity provides support, help and practical care to any family suffering as a families of any or no faith. Families are referred by health care professionals and social bodies who refer families in need from a wide range of backgrounds. Families living with HIV often experience areas of long term emotional and practical need, due to ill-health, bereavement, stigma and isolation, immigration etc. Due to circumstances, families rarely have the financial resources to pay for support services themselves, and resources are rarely available by central services for long-term, relational support. 'Alongside You' is able to offer significant benefit to children and families living with HIV, through the childcare, activities and support we offer at no cost to families.

Achievements and performance

Review of activities

We have been providing support services to children and families with HIV in East London since 2004. We have been delighted to be able to resume our full outings service provision in this financial year, following the full lifting of covid-19 restrictions.

Our regular activity is structured around provision of support services to children and families living with HIV, primarily through the provision of holiday group outings, complemented by pastoral and advocacy support responding to needs arising, but also through regular family visits. In line with government restrictions slowly lifting for covid-19, we offered outdoor small group outings in April school holidays and outdoor only outings with normal group size in May. We were able to resume our usual outings programme in summer 2022. Families have been very positive about being able to resume normal services and the children excited to be back on outings.

This year we provided direct support services to thirty-eight families, 110 people, 44 parents/carers and 66 children, through a team of 17 volunteers.

We were able to host our usual annual family Christmas Party in person which was appreciated by all who attended. Parents, children and volunteers thanked us for not cancelling this year, noting how much it mattered to get together after such a difficult year with covid restrictions.

In January we were able to launch a new outings group for younger children aged 3-5 years. We are looking forward to providing our first overnight summer holiday beach experience this summer and resuming the adventure residential weekend for teenagers later in the year.

On our recent Outings Annual Review Forms, 95% of parents/carers who responded agreed (and of those, 60% strongly agreed) that their children look forward to the outings' activities, seeing friends, forming good relationships with the volunteers, talking and reminiscing about the outings. In addition, the outings increased their children's well-being, confidence and enabled them to take part in activities they would otherwise not be able to do.

ALONGSIDE YOU

TRUSTEES' REPORT

Feedback From Parents/Carers Who Attended the Outings

"This charity is a source of help for me and family."

"All the volunteers are so friendly and so helpful. Keep up the good work."

"They get to see new places in London."

"His communication and socialising has improved."

"T told me she didn't know how to skate before but now she can, which is a good thing."

"I would like to thank you and the team for the support you provide for my girls. I really appreciate you all of the time you take out to spend time with us. The girls have had great times and they always tell me lots of amazing stories."

We continue to accept new referrals, for families living in any of the East London Boroughs. This year we received 2 new referrals: 1 from Homerton Hospital; and one from Foodchain, both with early years age children. In January we launched a new outings group for early years children aged 3-5 years (Nursery and Reception) which has enabled us to provide a focussed, small and friendly group for both these new children, but also those who have been with us since babies, who are now ready to start with outings since reaching the 3-5 year age group.

Our charity celebration planned for November had to be postponed due to covid-19 infection in key staff members but has been rescheduled for June 2022. Annual safeguarding training and update for our staff and volunteer team was completed online in April 2021 and in person in May 2022.

In September we received unexpected notice that we needed to leave our office base, of 18 years, within a week. Previous digitalisation of our paper archives and records kept for insurance requirements, helped make this move possible. As we no longer have a permanent office base, we are grateful to Highway Vineyard Church, for their willingness to store our activity resources and receive post securely. We also thank Peabody for providing us with office space to work 2 days a week in Pembury Community Centre in central Hackney. These arrangements are working well.

Future Plans

Recruiting new volunteers and increasing our team capacity to sustain our current outings provision and include new children referred, remains a priority. The website was updated in January in line with adopting a well-being framework to help communicate our aims and demonstrate impact. We hope the refreshed website will enable an easier pathway for attracting new volunteers, families and giving partners with accessible information.

We are looking forward to providing our first overnight summer holiday beach experience this summer, aimed at 7-12 year olds. Any younger children given the opportunity will need to attend with a parent/carer. Many of the children we support have not had the opportunity to go on holiday in the past few years and others have never had this opportunity. We are therefore excited to be able to provide this experience with a 2 night trip to Littlehampton. Especially given the current increase of financial pressure on families, with more than half of our parents/carers reporting anxiety about finances and concern over having enough food.

ALONGSIDE YOU

TRUSTEES' REPORT

Financial review

Policy on reserves

The Trustees aim to build up and maintain reserves from unrestricted funds, which have not been designated for specific use, at a level equivalent to three months expenditure. It is considered that reserves at this level will ensure that, in the event of a significant drop in funding, we will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised or met.

Principal funding sources

'Alongside You' Trustees prepared and monitored a budget for this financial year through quarterly management reports reviewed at the trustee meetings. This year income met expenditure. Expenditure on our direct service provision has returned to usual pre-pandemic levels. Expenditure on office space has reduced as we are currently using office space provided by Peabody in Pembury Community Centre and we are grateful for their support for our work. Income from our regular donors remained unchanged by covid-19.

The Trustees appreciate the support of all the churches, individual donors and grant trusts who give to make the work with families possible. We are grateful for the provision of ongoing and grant funding from the MacDonald Family Trust, a renewed three-year funding arrangement with Yapp Charitable Trust and an award from Magic Little Grants towards active outings. We were also delighted by the success of Ed Aspey who ran the much postponed London Marathon for us in October 2021, raising a fantastic £2,484 plus £428 gift aid.

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

ALONGSIDE YOU

TRUSTEES' REPORT

Statement of Trustees' Responsibilities

The Trustees (who are also the directors of Alongside You for the purposes of company law) are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the Trustees of the charity on 13 June 2022 and signed on its behalf by:

.....
Yolanda Musinguzi
Trustee

ALONGSIDE YOU
INDEPENDENT EXAMINER'S REPORT

I report to the charity Trustees on my examination of the accounts of the charity for the year ended 31 March 2022 which are set out on pages 8 to 15.

Respective responsibilities of Trustees and examiner

As the charity's Trustees of Alongside You (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Alongside You are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Alongside You as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
G W Schulz ACMA

Independent Examiners Ltd
2 Broadbridge Business Centre
Delling Lane
Bosham
Chichester
West Sussex
PO18 8NF

13 June 2022

ALONGSIDE YOU

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2022

	Note	Unrestricted funds £	Total 2022 £	Total 2021 £
Income and Endowments from:				
Donations and legacies	3	<u>30,981</u>	<u>30,981</u>	<u>28,885</u>
Total income		<u>30,981</u>	<u>30,981</u>	<u>28,885</u>
Expenditure on:				
Raising funds		96	96	-
Charitable activities	4	<u>31,564</u>	<u>31,564</u>	<u>26,645</u>
Total expenditure		<u>31,660</u>	<u>31,660</u>	<u>26,645</u>
Net (expenditure)/income		<u>(679)</u>	<u>(679)</u>	<u>2,240</u>
Net movement in funds		(679)	(679)	2,240
Reconciliation of funds				
Total funds brought forward		<u>19,372</u>	<u>19,372</u>	<u>17,132</u>
Total funds carried forward	10	<u><u>18,693</u></u>	<u><u>18,693</u></u>	<u><u>19,372</u></u>

The notes on pages 10 to 15 form an integral part of these financial statements.

ALONGSIDE YOU
REGISTERED NUMBER: 06807480

BALANCE SHEET
AS AT 31 MARCH 2022

	Note	2022 £	2021 £
Current assets			
Debtors	7	607	1,010
Cash at bank and in hand		18,615	18,878
		19,222	19,888
Creditors: Amounts falling due within one year	8	(529)	(516)
Net assets		18,693	19,372
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		18,693	19,372
Total funds	10	18,693	19,372

For the financial year ending 31 March 2022 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 8 to 15 were approved by the Trustees, and authorised for issue on 13 June 2022 and signed on their behalf by:

.....
Yolanda Musinguzi
Trustee

The notes on pages 10 to 15 form an integral part of these financial statements.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2022

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the Trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Alongside You meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The Trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2022

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Gift aid

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS FOR YEAR ENDED 31 MARCH 2022

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Liabilities

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2022

3 Income from donations and legacies

	Unrestricted funds General £	Total 2022 £	Total 2021 £
Donations and legacies;			
Donations	15,470	15,470	15,684
Fundraising	1,877	1,877	3,263
Gift aid reclaimed	2,734	2,734	2,938
Grants, including capital grants;			
Grants from other charities	<u>10,900</u>	<u>10,900</u>	<u>7,000</u>
	<u>30,981</u>	<u>30,981</u>	<u>28,885</u>

4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total 2022 £	Total 2021 £
Family work - visits, outings and gifts		8,465	8,465	6,240
Family work - volunteer costs		272	272	129
Communications		344	344	403
Rent		167	167	2,000
Insurance		534	534	500
Sundries		406	406	361
Independent examination		720	720	720
Staff costs	6	<u>20,656</u>	<u>20,656</u>	<u>16,292</u>
		<u>31,564</u>	<u>31,564</u>	<u>26,645</u>

5 Trustees remuneration and expenses

No Trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No Trustees have received any reimbursed expenses or any other benefits from the charity during the year.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2022

6 Staff costs

The aggregate payroll costs were as follows:

	2022	2021
	£	£
Staff costs during the year were:		
Wages and salaries	20,424	16,117
Pension costs	<u>232</u>	<u>175</u>
	<u><u>20,656</u></u>	<u><u>16,292</u></u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2022	2021
	No	No
Employees	<u><u>2</u></u>	<u><u>2</u></u>

No employee received emoluments of more than £60,000 during the year.

7 Debtors

	2022	2021
	£	£
Accrued income	129	379
Other debtors	<u>478</u>	<u>631</u>
	<u><u>607</u></u>	<u><u>1,010</u></u>

8 Creditors: amounts falling due within one year

	2022	2021
	£	£
Pension scheme creditor	49	36
Accruals	<u>480</u>	<u>480</u>
	<u><u>529</u></u>	<u><u>516</u></u>

9 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £232 (2021 - £175).

ALONGSIDE YOU
NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2022

10 Funds

	Balance at 1 April 2021 £	Incoming resources £	Resources expended £	Balance at 31 March 2022 £
Unrestricted funds				
General	<u>19,372</u>	<u>30,981</u>	<u>(31,660)</u>	<u>18,693</u>

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
General	<u>17,132</u>	<u>28,885</u>	<u>(26,645)</u>	<u>19,372</u>

11 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2022 £
Current assets	19,222	19,222
Current liabilities	<u>(529)</u>	<u>(529)</u>
Total net assets	<u>18,693</u>	<u>18,693</u>
	Unrestricted funds General £	Total funds at 31 March 2021 £
Current assets	19,888	19,888
Current liabilities	<u>(516)</u>	<u>(516)</u>
Total net assets	<u>19,372</u>	<u>19,372</u>

ALONGSIDE YOU

England & Wales - Charity number 1129336

Accounts

ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31 MARCH 2021

Alongside You

(A company limited by guarantee)

Charity registration number: 1129336

Company registration number: 06807480

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Secretary	Rowena Crisp
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Independent Examiner	G W Schulz ACMA Independent Examiners Ltd 2 Broadbridge Business Centre Delling Lane Bosham Chichester West Sussex PO18 8NF
Bankers	Co-Op Bank PLC 1 Balloon Street Manchester M60 4EP

ALONGSIDE YOU

TRUSTEES' REPORT

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Structure, governance and management

Nature of governing document

Alongside You is registered as a charitable company limited by guarantee and was set up by a Memorandum of Association.

Recruitment and appointment of trustees

The management of the company is the responsibility of the Trustees who are elected and co-opted under the terms of the Articles of Association.

Organisational structure

The trustees delegate day to day management to the Service Director, whilst retaining overall responsibility for policy and oversight.

Staffing

The service director (0.4 FTE) has continued to provide leadership to the charity since 2005, working together with the Outings Coordinator and Administration appointed April 2019 (0.2-0.4FTE). A volunteer has continued to give one day a week to help with outings, and food and emotional support provision during covid lockdowns.

Risk management

The Trustees meet quarterly to review the finances and current operations, implications of any changing circumstances and issues arising and to consider proposals for new developments. Risks are assessed as part of these discussions, and measures put in place as needed. The Trustees have in place an emergency contingency plan which is kept updated and reviewed closely against staff capacity in light of changing staff team. The Trustees are satisfied that systems, policies and procedures are in place to mitigate exposure to the major risks and continue to review these as highlighted earlier in this report. The trustees are currently reviewing and updating our emergency contingency plan and assessing the new risks posed to the charity by COVID 19 and its potential impact on our activities and income streams. The trustees developed a covid-19 risk assessment for service provision, and conducted meetings remotely to enable continuity and oversight of the work while not able to meet in person.

Objectives and activities

Objects and aims

The principal object of the company is to provide relief for children, their families and carers, living with HIV or any associated condition, and to advance the Christian faith by the provision of support services, recreational and leisure time activity, small grants for relief of financial hardship and to undertake education and research about HIV.

ALONGSIDE YOU

TRUSTEES' REPORT

Public benefit

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

The work of the Charity provides support, help and practical care to any family suffering as a families of any or no faith. Families are referred by health care professionals and social bodies who refer families in need from a wide range of backgrounds. Families living with HIV often experience areas of long term emotional and practical need, due to ill-health, bereavement, stigma and isolation, immigration etc. Due to circumstances, families rarely have the financial resources to pay for support services themselves, and resources are rarely available by central services for long-term, relational support. 'Alongside You' is able to offer significant benefit to children and families living with HIV, through the childcare, activities and support we offer at no cost to families.

Achievements and performance

Review of activities

We have been providing support services to children and families with HIV in East London since 2004. Having been an usual year due to covid-19 restrictions impacting on usual service provision at times, we are glad to report on the emotional and food support provided to families during the lockdown periods and restrictions and on the provision of core services delivered when restrictions permitted a version of outings and visits to go ahead. The Trustees are pleased to report that we have been able to adjust to the circumstances and continue to offer support to our service users during a year placing additional strain on families, and have pleasure in reporting the detail of its work and financial operations over the last twelve months.

Our regular activity is structured around provision of support services to children and families living with HIV, primarily through the provision of holiday group outings, but also through regular family visits. This year services have had to adapt to respond to the limitations of the covid-19 lockdowns and restrictions, and team have worked hard to find ways to provide appropriate support responding to changing circumstances.

This year we provided direct support services to thirty-eight families (with a further six families currently under review). Those who directly benefited from support this year, either by food support, Christmas in a Box, an /or mini-outings and regular visits included (117 people; 46 parents /carers and 71 children), through a team of twenty-two volunteers of which seven were shielding and not able to volunteer until post vaccinations in April 2021.

ALONGSIDE YOU

TRUSTEES' REPORT

Outings and regular visits were suspended during full lockdown from March 2020-July 2020 and again from January – March 2021. In the summer holidays and October half-term we were able to resume some of our usual service provision, through local outdoor mini outings in venues such as sports in local parks, in group sizes of up to 6 people. We prioritised active outings, where children had spent lockdown indoors, and prioritised organising outings that promoted children and volunteer friendships to maximise support and continuity. In terms of reduced capacity, we prioritised under 11's for these mini outings, where children of this age unable to get out or maintain friendships independent of parents and where parents experience increased benefit from respite. We were able to offer 75% of our 4-11's a mini outing, but only 30% of our 11-18year olds.

In summer we provided 8 mini outings, catering for 21 children, in October half-term we did a further 6 mini outings catering for 17 children. Activities were local and outdoors such as paddleboarding, kayaking, tennis, parks and adventure golf with a priority on being active.

Three of our volunteers doing regular visits were able to resume these whenever restrictions lifted and maintained close contact with families during lockdown to offer support by phone. Another volunteers started doing weekly online maths coaching with a vulnerable teenager.

During the full lockdown periods, we prioritised regular phone communication with parents and carers to provide emotional support, reduce isolation and enable us to identify need as it emerged. Following an emergency appeal, raising £1630 we were able to offer emergency food and shopping support for those shielding, unable to get to shops or shop online, and for those affected by financial hardship and strain caused by job loss, furlough and having children at home without school meals. From March – September 2020 our small team did 146 shops and food deliveries over the past 6 months, supporting 20 of our families who needed food support during Corona Virus Lockdown. It has been a privilege to support families in this way, and much appreciated by the families:

"Thank you so much for all the support throughout the difficult times, it made a big difference"

"Thank you for all the help that you gave us during the most difficult times, the children are finally back at school, hopefully things can only get better from now on, thank you again".

Food support was also provided for the second national lockdown January – March 2021 on a reduced level providing 20 deliveries.

In place of our usual annual family celebration at Christmas we provided Christmas in a box to 36 families. We partnered with localgiving covid-19 match funding campaign, to help raise the funds through our donors. We set ourselves the challenge of increasing family well-being at Christmas by delivering 'Christmas in a Box' through:

- Food to help alleviate hardship over Christmas and support a special meal.

- Christmas craft activities for families to enjoy doing together and help a special Christmas or new year meal: Christmas crackers, candle decorating and a Christmas mobile.

- Wrapped presents for the children in the family aged 0-18years.

ALONGSIDE YOU

TRUSTEES' REPORT

Delivering hampers in person by team and volunteers we were able to have doorstep in person visits with most of our families and families received phone calls both before and after Christmas helping to provide support and reduce isolation.

"Ah thank you so much for our Christmas box, everything was in there that we needed for a special Christmas. The food, presents for the children and decorations for us to make something of Christmas. We had a quiet, peaceful Christmas. Thank you for everything."

We continue to accept new referrals, for families living in any of the East London Boroughs, this year we received 2 new referrals in summer 2020, both have joined the outings programme and benefited from food support and emotional support at a difficult time.

We provided online Safeguarding training in March 2020 to provide an update for our existing volunteer team.

Future Plans

While there remains uncertainty around the timing of fully lifting corona virus restrictions, we will continue to review how we can best and safely provide our usual support services in keeping with government guidelines, risk management and resources available. We are currently able to provide our outings programme in usual group size in outdoor locations, and if it becomes necessary will revert to doing mini outings delivery model should restrictions tighten again.

We are in process of adopting a well-being framework to help communicate aims and demonstrate impact. We continue to look at ways of growing our team capacity and resources to enable sustainable service provision to current and new families. We hope to deliver either on-line or in person training opportunity to recruit new volunteers in the autumn term.

Financial review

Policy on reserves

The trustees aim to build up and maintain reserves from unrestricted funds, which have not been designated for specific use, at a level equivalent to three months expenditure. It is considered that reserves at this level will ensure that, in the event of a significant drop in funding, we will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised.

Principal funding sources

'Alongside You' trustees prepared and monitored a budget for this financial year through quarterly management reports reviewed at the trustee meetings. Trustees also discussed and reviewed expenditure on hardship food expenses as this year this has differed from usual budget, when we operate a small hardship fund for needs arising. This year our income met our expenditure, expenditure was reduced this year due to not being able to run our full programme of outings across the year. Income from our regular donors remained unchanged by covid-19, and we ran 2 successful giving campaigns in April and November through Localgiving to enable us to provide emergency food support and Christmas in a Box.

ALONGSIDE YOU

TRUSTEES' REPORT

The trustees appreciate the support of all the churches, individual donors and grant trusts who give to make the work with families possible. We are grateful for the provision of ongoing and grant funding from the MacDonald Family Trust, Yapp Charitable Trust, Mercury Phoenix Foundation, Magic Little Grants award for active outings and match funding grant from DCMS in partnership with localgiving Covid-19 appeal.

Going concern

After making appropriate enquiries, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason they continue to adopt the going concern basis in preparing the financial statements.

Statement of Trustees' Responsibilities

The trustees (who are also the directors of Alongside You for the purposes of company law) are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the trustees of the charity on 12 July 2021 and signed on its behalf by:

.....
Yolanda Musinguzi
Trustee

ALONGSIDE YOU
INDEPENDENT EXAMINER'S REPORT

I report to the charity trustees on my examination of the accounts of the charity for the year ended 31 March 2021 which are set out on pages 8 to 15.

Respective responsibilities of trustees and examiner

As the charity's trustees of Alongside You (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of Alongside You are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

1. accounting records were not kept in respect of Alongside You as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....
G W Schulz

Independent Examiners Ltd
2 Broadbridge Business Centre
Delling Lane
Bosham
Chichester
West Sussex
PO18 8NF

12 July 2021

ALONGSIDE YOU

STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 31 MARCH 2021

	Note	Unrestricted funds £	Total 2021 £	Total 2020 £
Income and Endowments from:				
Donations and legacies	3	<u>28,885</u>	<u>28,885</u>	<u>31,185</u>
Total income		<u>28,885</u>	<u>28,885</u>	<u>31,185</u>
Expenditure on:				
Raising funds		-	-	506
Charitable activities	4	<u>26,645</u>	<u>26,645</u>	<u>25,482</u>
Total expenditure		<u>26,645</u>	<u>26,645</u>	<u>25,988</u>
Net income		<u>2,240</u>	<u>2,240</u>	<u>5,197</u>
Net movement in funds		2,240	2,240	5,197
Reconciliation of funds				
Total funds brought forward		<u>17,132</u>	<u>17,132</u>	<u>11,935</u>
Total funds carried forward	10	<u><u>19,372</u></u>	<u><u>19,372</u></u>	<u><u>17,132</u></u>

The notes on pages 10 to 15 form an integral part of these financial statements.

ALONGSIDE YOU
BALANCE SHEET
AS AT 31 MARCH 2021

	Note	2021 £	2020 £
Current assets			
Debtors	7	1,010	184
Cash at bank and in hand		<u>18,878</u>	<u>17,626</u>
		19,888	17,810
Creditors: Amounts falling due within one year	8	<u>(516)</u>	<u>(678)</u>
Net assets		<u>19,372</u>	<u>17,132</u>
Funds of the charity:			
Unrestricted income funds			
Unrestricted funds		<u>19,372</u>	<u>17,132</u>
Total funds	10	<u>19,372</u>	<u>17,132</u>

For the financial year ending 31 March 2021 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the charity to obtain an audit of its accounts for the year in question in accordance with section 476; and
- The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements on pages 8 to 15 were approved by the trustees, and authorised for issue on 12 July 2021 and signed on their behalf by:

.....
Yolanda Musinguzi
Trustee

The notes on pages 10 to 15 form an integral part of these financial statements.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2021

1 Charity status

The charity is limited by guarantee, incorporated in England, and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

2 Accounting policies

Summary of significant accounting policies and key accounting estimates

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102). They also comply with the Companies Act 2006 and Charities Act 2011.

Basis of preparation

Alongside You meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity.

Income and endowments

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2021

Donations and legacies

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

Gift aid

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS FOR YEAR ENDED 31 MARCH 2021

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Liabilities

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the company anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees's discretion in furtherance of the objectives of the charity.

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

The company only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2021

3 Income from donations and legacies

	Unrestricted funds General £	Total 2021 £	Total 2020 £
Donations and legacies;			
Donations	15,684	15,684	17,025
Fundraising	3,263	3,263	2,303
Gift aid reclaimed	2,938	2,938	3,857
Grants, including capital grants;			
Grants from other charities	<u>7,000</u>	<u>7,000</u>	<u>8,000</u>
	<u><u>28,885</u></u>	<u><u>28,885</u></u>	<u><u>31,185</u></u>

4 Expenditure on charitable activities

	Note	Unrestricted funds General £	Total 2021 £	Total 2020 £
Family work - visits, outings and gifts		6,240	6,240	7,971
Family work - volunteer costs		129	129	272
Communications		403	403	309
Rent		2,000	2,000	1,749
Insurance		500	500	483
Sundries		361	361	368
Independent examination		720	720	720
Staff costs	6	<u>16,292</u>	<u>16,292</u>	<u>13,610</u>
		<u><u>26,645</u></u>	<u><u>26,645</u></u>	<u><u>25,482</u></u>

5 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year.

ALONGSIDE YOU

NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2021

6 Staff costs

The aggregate payroll costs were as follows:

	2021 £	2020 £
Staff costs during the year were:		
Wages and salaries	16,117	13,482
Pension costs	<u>175</u>	<u>128</u>
	<u><u>16,292</u></u>	<u><u>13,610</u></u>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full time equivalents was as follows:

	2021 No	2020 No
Employees	<u><u>2</u></u>	<u><u>2</u></u>

No employee received emoluments of more than £60,000 during the year.

7 Debtors

	2021 £	2020 £
Accrued income	379	184
Other debtors	<u>631</u>	<u>-</u>
	<u><u>1,010</u></u>	<u><u>184</u></u>

8 Creditors: amounts falling due within one year

	2021 £	2020 £
Other taxation and social security	-	165
Pension scheme creditor	36	33
Accruals	<u>480</u>	<u>480</u>
	<u><u>516</u></u>	<u><u>678</u></u>

9 Pension and other schemes

Defined contribution pension scheme

The charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the charity to the scheme and amounted to £175 (2020 - £128).

ALONGSIDE YOU
NOTES TO THE FINANCIAL STATEMENTS
FOR YEAR ENDED 31 MARCH 2021

10 Funds

	Balance at 1 April 2020 £	Incoming resources £	Resources expended £	Balance at 31 March 2021 £
Unrestricted funds				
General	<u>17,132</u>	<u>28,885</u>	<u>(26,645)</u>	<u>19,372</u>

	Balance at 1 April 2019 £	Incoming resources £	Resources expended £	Balance at 31 March 2020 £
Unrestricted funds				
General	<u>11,935</u>	<u>31,185</u>	<u>(25,988)</u>	<u>17,132</u>

11 Analysis of net assets between funds

	Unrestricted funds General £	Total funds at 31 March 2021 £
Current assets	19,888	19,888
Current liabilities	<u>(516)</u>	<u>(516)</u>
Total net assets	<u>19,372</u>	<u>19,372</u>
	Unrestricted funds General £	Total funds at 31 March 2020 £
Current assets	17,810	17,810
Current liabilities	<u>(678)</u>	<u>(678)</u>
Total net assets	<u>17,132</u>	<u>17,132</u>