

**Ainsdale Lunch and Leisure**

**Charity No. 1129183**

**Company No. 06846070**

**Trustees' Report and Unaudited Accounts**

**31 March 2025**

**Ainsdale Lunch and Leisure  
Trustees Annual Report**

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, herein present their report with the unaudited financial statements of the charity for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in Note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011, the Companies Act 2006 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 applicable in the UK and Republic of Ireland.

**REFERENCE AND ADMINISTRATIVE DETAILS**

**Company No. 06846070**

**Charity No. 1129183**

**Registered Office**

Ainsdale Methodist Church  
Liverpool Road  
Southport  
Merseyside  
PR8 3NQ

**Directors and Trustees**

The Directors of the charitable company are its Trustees for the purposes of charity law.  
The following Directors and Trustees served during the year:

T.J. Durrance  
P.M. Evans  
D.M. Goulding  
R.A. Hemmings  
K. Lowe  
K.G. Revill  
R.H. Taylor

**Company Secretary**

J. Sorsby

**Key Management Personnel**

Chair K Lowe

**Accountants**

Sefton Council for Voluntary Service  
Burlington House  
Crosby Road North  
Waterloo  
Liverpool



## **Ainsdale Lunch and Leisure Trustees Annual Report**

### **Lunch Club:**

In the reporting period the number of meals prepared totalled 7,300 a significant increase upon the 6,330 prepared in the same period last year. Of these 7,300 meals, 1,905 were delivered to the housebound locally, these numbers seeing a reduction on the 2,958 delivered the previous year. This continued trend, potentially influenced by the influx of 'at home' care services, further highlights the significant growth in demand for our onsite services and the companionship, camaraderie and safe space accessible through us. When considering on-site meals only, figures show a 59% increase year on year.

### **Cafe:**

The Ainsdale Lunch and Leisure Community Café dovetails neatly with our Luncheon Club, offering an affordable menu of hot and cold food, alongside quality teas and coffees sourced with consideration to their ethical production. The café, has become a regular weekly stop off for those attending our activities, who want to stop and chat either before or after class. We provide a space that is both welcoming and supportive, where our service users feel significant and seen, as has always been our aim.

The café, has become a favoured stop-off for other older adult groups locally, who appreciate the welcoming, no-pressure space. Their positive feedback further highlights the need for our services, and cements our position as a link-hub within the community.

### **Leisure Activities:**

Like the meals service, we are seeing an increase in the number of activities and in some cases, an increase in attendance. Our activities and how they operate are always subject to review.

Activities provided during the year were focussed to support both physical and mental health. Classes could be bespoke packaged to fit each service user's individual preferences and needs.

On offer each week were: Art, Vital Motion, Needlework, Tai-Chi, Tai-Chi Strength & Balance, Guitar, Indoor Bowling, Table Tennis, Ukulele, Fit4Life, Singing for All, Gardening, Music for All, Monday Social, Family History, and Technology Support.

We remain grateful for the support of volunteers who continue to lead on certain activities (Singing for All, Music for All, Ukulele, Games Afternoon, Monday Social, Family History, Tech Support & Guitar). Also, some groups continue to be self-led e.g. Needlework, Table-Tennis and Gardening.

This year saw us offer Mindful Journey's a series of free art and craft sessions, inclusive of lunch and funded via a Living Well Sefton Neighbourhood Locality Grant. This was a partnership initiative, that also saw us working with and supporting, a local community group via provision of healthy packed lunches for their own Mindful Journey sessions. These sessions were an immense success and incredibly popular among our older adults, we hope to offer similar opportunities in the coming year.

### **Charity Shop**

The shop continues to provide important revenue to support the work of the charity, and, complimentary to our other activities, provides an important service to the community. The shop is now accessible to the public 5 days a week. Maintaining consistency in volunteer cover remains challenging, we are, however, hopeful of further progress during the coming year. Sales through items listed on EBay continue to provide valuable income. This too is a volunteer led service.

### **Garden**



## Ainsdale Lunch and Leisure Trustees Annual Report

Ainsdale Lunch and Leisure is a Company Limited by Guarantee and was incorporated on 13th March 2009. The Company was established under a Memorandum of Agreement, which established the objects and powers of the Company and is governed under its Articles of Association. It is registered with the Charity Commission. Anyone over the age of 18 can become a Stakeholder Member of the Company and there are currently 50 Stakeholder Members. Every Stakeholder Member undertakes to contribute such amount as required (not exceeding £10) if the Charity should be wound up.

As set out in the Articles of Association not less than 51% of Trustees must be nominated by or approved for nomination by Ainsdale Methodist Church and Southport Methodist Circuit with a lesser proportion being elected by Stakeholder Members of the charitable company attending the Annual General Meeting. The longest serving one third of Trustees retires each year and are able to offer themselves for re-election. Trustees may co-opt new trustees provided they do not exceed the maximum agreed by Stakeholder Members, and the co-opted trustees must retire at the next Annual General Meeting and they must not be taken into account in determining the Trustees who are to retire by rotation.

New Trustees meet the Chair of the Board and Manager, are informed of the obligations of Trustees, and are given relevant information when they start.

The Board of Trustees, which must have a minimum of 3 trustees but no maximum unless agreed by an ordinary resolution of the Stakeholder Members, which currently sets the maximum number of trustees at 9, administers the charity.

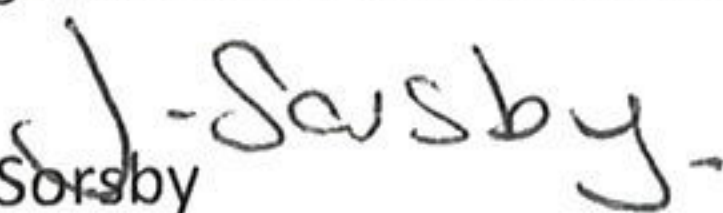
The Trustees meet regularly throughout the year and are responsible for the strategic direction and policy of the Charity. There is a sub-committee covering finance which normally meets quarterly. Ainsdale Methodist Church and Ainsdale Lunch and Leisure work closely together to the benefit of both organisations and a steering group with representatives from each meets 4 times a year.

All members of the Board give their time voluntarily and receive no benefit/remuneration from the Charity. Any connection between a Trustee or Manager of the charity and any client or supplier is disclosed to the full Board of Trustees in the same way as any other contractual relationship with a related party. In the current year no such related party transactions were reported.

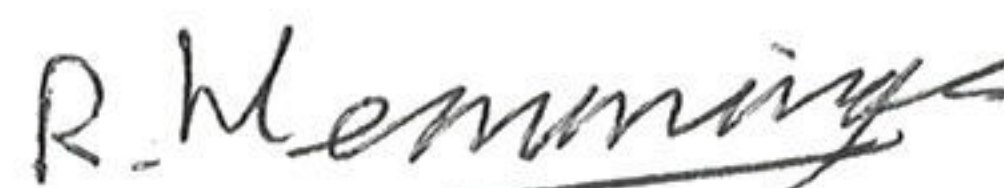
The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. The Trustees are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to companies subject to the small companies regime as set out in Part 15 of the Companies Act 2006 and in accordance with the Charities SORP (FRS 102).

Signed on behalf of the board

  
J. Sorsby

Company Secretary  
10 October 2025



R.A. Hemmings  
Trustee  
10 October 2025



**Ainsdale Lunch and Leisure**  
**Statement of Financial Activities**  
**for the year ended 31 March 2025**

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
	Notes				
<b>Income and endowments from:</b>					
Donations and legacies	4	1,406	78,622	80,028	69,881
Charitable activities	5	83,281	-	83,281	82,454
Other trading activities	6	107	-	107	76
Investments	7	2,342	-	2,342	1,972
<b>Total</b>		<b>87,136</b>	<b>78,622</b>	<b>165,758</b>	<b>154,383</b>
<b>Expenditure on:</b>					
Charitable activities	8	95,230	58,830	154,060	133,084
<b>Total</b>		<b>95,230</b>	<b>58,830</b>	<b>154,060</b>	<b>133,084</b>
Net gains on investments		-	-	-	-
<b>Net income</b>	9	<b>(8,094)</b>	<b>19,792</b>	<b>11,698</b>	<b>21,299</b>
Transfers between funds		-	-	-	-
<b>Net income before other gains/(losses)</b>		<b>(8,094)</b>	<b>19,792</b>	<b>11,698</b>	<b>21,299</b>
<b>Other gains and losses</b>					
<b>Net movement in funds</b>		<b>(8,094)</b>	<b>19,792</b>	<b>11,698</b>	<b>21,299</b>
<b>Reconciliation of funds:</b>					
Total funds brought forward		73,590	2,041	75,631	54,332
<b>Total funds carried forward</b>		<b>65,496</b>	<b>21,833</b>	<b>87,329</b>	<b>75,631</b>



**Ainsdale Lunch and Leisure  
Balance Sheet**

**at 31 March 2025**

**Company No. 06846070**

	<b>Notes</b>	<b>2025 £</b>	<b>2024 £</b>
<b>Fixed assets</b>			
Tangible assets	11	-	123
		-	123
<b>Current assets</b>			
Cash at bank and in hand		87,932	78,487
		87,932	78,487
<b>Creditors: Amount falling due within one year</b>	12	(603)	(2,979)
<b>Net current assets</b>		87,329	75,508
<b>Total assets less current liabilities</b>		87,329	75,631
<b>Net assets excluding pension asset or liability</b>		87,329	75,631
<b>Total net assets</b>		87,329	75,631
<b>The funds of the charity</b>			
<b>Restricted funds</b>	13		
Restricted income funds		21,833	2,041
		21,833	2,041
<b>Unrestricted funds</b>	13		
General funds		65,496	73,467
Designated funds		-	123
		65,496	73,590
<b>Reserves</b>	13		
<b>Total funds</b>		87,329	75,631

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

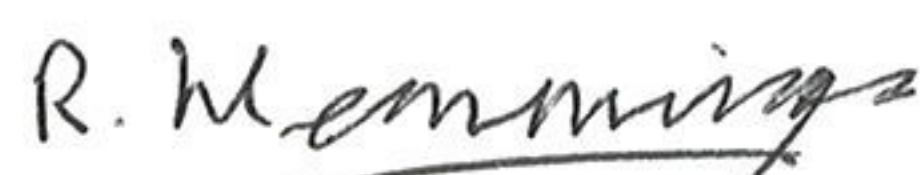
For the year ended 31 March 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 10 October 2025

And signed on its behalf by:



R.A. Hemmings  
Trustee  
10 October 2025



J. Sorsby  
Company Secretary  
10 October 2025



## Ainsdale Lunch and Leisure

### Notes to the Accounts

#### Income

Recognition of income      Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure      Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies      Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts      Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities      These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help      The value of any volunteer help received is not included in the accounts.

Investment income      This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets      This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets      This includes any gain or loss on the sale of investments.

#### Expenditure

Recognition of expenditure      Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds      These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities      These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable      All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs      These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure      These are support costs not allocated to a particular activity.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.



## Ainsdale Lunch and Leisure

### Notes to the Accounts

#### Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

## 2 Company status

The company is a private company limited by guarantee and consequently does not have share capital.

## 3 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
<b>Income and endowments from:</b>			
Donations and legacies	3,754	66,127	69,881
Charitable activities	82,454	-	82,454
Other trading activities	76	-	76
Investments	1,972	-	1,972
<b>Total</b>	<b>88,256</b>	<b>66,127</b>	<b>154,383</b>
<b>Expenditure on:</b>			
Charitable activities	25,095	10,844	35,939
Other	41,057	56,088	97,145
<b>Total</b>	<b>66,152</b>	<b>66,932</b>	<b>133,084</b>
<b>Net income</b>	<b>22,104</b>	<b>(805)</b>	<b>21,299</b>
<b>Net income before other gains/(losses)</b>	<b>22,104</b>	<b>(805)</b>	<b>21,299</b>
<b>Other gains and losses:</b>			
<b>Net movement in funds</b>	<b>22,104</b>	<b>(805)</b>	<b>21,299</b>
<b>Reconciliation of funds:</b>			
Total funds brought forward	51,486	2,846	54,332
<b>Total funds carried forward</b>	<b>73,590</b>	<b>2,041</b>	<b>75,631</b>

## 4 Income from donations and legacies

	Unrestricted £	Restricted £	Total 2025 £	Total 2024 £
Grants	-	78,622	78,622	66,127
Donations	1,406	-	1,406	3,754
	<b>1,406</b>	<b>78,622</b>	<b>80,028</b>	<b>69,881</b>



# Ainsdale Lunch and Leisure

## Notes to the Accounts

### 9 Net income before transfers

	2025	2024
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	123	402

### 10 Staff costs

	2025	2024
Salaries and wages	74,105	56,222
Social security costs	310	-
Pension costs	1,401	1,125
	<u>75,816</u>	<u>57,347</u>

No employee received emoluments in excess of £60,000.

### 11 Tangible fixed assets

	Equipment	Fixtures and fittings	Total
	£	£	£
<b>Cost or revaluation</b>			
At 1 April 2024	1,945	7,594	9,539
At 31 March 2025	<u>1,945</u>	<u>7,594</u>	<u>9,539</u>
<b>Depreciation and impairment</b>			
At 1 April 2024	1,822	7,594	9,416
Depreciation charge for the year	123	-	123
At 31 March 2025	<u>1,945</u>	<u>7,594</u>	<u>9,539</u>
<b>Net book values</b>			
At 31 March 2025	<u>-</u>	<u>-</u>	<u>-</u>
At 31 March 2024	<u>123</u>	<u>-</u>	<u>123</u>

### 12 Creditors:

amounts falling due within one year

	2025	2024
	£	£
Trade creditors	-	1,907
Other creditors	603	592
Accruals	-	480
	<u>603</u>	<u>2,979</u>



## Ainsdale Lunch and Leisure

### Notes to the Accounts

Garfield Weston Foundation	Core costs
Steve Morgan Foundation	Core costs
Masonic Charitable Foundation	Core costs
Brighter Living Partnership	Activity costs
Locality Grant	
Charles Haywood Foundation	Exercise instructor fees
Elizabeth Rathbone	Salary of catering manager
The W.G. Edwards Charitable Foundation	Television
Sefton CVS Southport	Activities
Recovery Grant	
Sefton CVS Wellbeing Support Grant	Supporting senior residents
Designated funds:	
Fixed Asset Fund	Net book value of fixed assets

#### 14 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Net current assets	65,496	21,833	87,329
	<u>65,496</u>	<u>21,833</u>	<u>87,329</u>

#### 15 Reconciliation of net cash / (net debt)

	At 1 April 2024	Cash flows	At 31 March 2025
	£	£	£
Cash and cash equivalents	78,487	9,445	87,932
	<u>78,487</u>	<u>9,445</u>	<u>87,932</u>
Net cash / (net debt)	<u>78,487</u>	<u>9,445</u>	<u>87,932</u>

FRS 102 requires an entity to report changes in net debt in the accounting period. Ainsdale Lunch and Leisure does not carry any debt or other borrowings and has a positive net cash position

#### 16 Commitments

##### *Pension commitments*

	2025	2024
	£	£
The pension cost charge to the company amounted to:	<u>1,401</u>	<u>1,125</u>

#### 17 Related party disclosures

##### *Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.