

COMPANY REGISTRATION NUMBER: 06654712
CHARITY REGISTRATION NUMBER: 1128934

Think Ahead Community Stroke Group
Company Limited by Guarantee
Financial Statements
Year Ended 31 March 2025

Think Ahead Community Stroke Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report)

Year ended 31 March 2025

The trustees, who are also the directors for the purposes of company law, present their report and the unaudited financial statements of the charity for the year ended 31 March 2025.

Reference and administrative details

Registered charity name Think Ahead Community Stroke Group

Charity registration number 1128934

Company registration number 06654712

Trustees
William Neville Andrews
Mavis Thomas
Jean Anne Houghton
Linda Mary Monaghan
Linda Valerie Agnew

Company Secretary Carol Sankey

Registered office
Ashland House
Manchester Road
Ince
Wigan
WN2 2DX

Accountants
EKWilliams Accountants Limited
No1 Pavilion Square
Cricketers Way
Westhoughton
Bolton
Greater Manchester
BL5 3AJ

Think Ahead Community Stroke Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Charitable objectives and activities

The trustees confirm that they have complied with the duty in Section 4 of the Charities Act 2006 to have due regard for the Charity Commission's guidance on public benefit.

The principal activity of the charitable company is to improve the quality of the lives of stroke survivors, their carers and families across Wigan and Leigh. The charity also aims to promote awareness of stroke care across the community.

There have been no material changes in the objectives of the charity. The governing document is memorandum and articles for a Company Limited by Guarantee and not having share capital.

The accounts comply with current statutory requirements and with the requirements of Charity's Governing Document.

Directors and Trustees

The following directors of the charitable company, who are also the trustees for the purpose of charity law, served during the year;

William Neville Andrews	(Director/Trustee)
Linda Mary Monaghan	(Director/Trustee)
Linda Valerie Agnew	(Director/Trustee)
Mavis Thomas	(Director/Trustee)
Jean Anne Houghton	(Director/Trustee)

Responsibilities of the Directors and Trustees

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing the financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to
- presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the

Think Ahead Community Stroke Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and the group and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Achievements and performance

The year 2024 – 2025 has been a time of change and reflection for Think Ahead Stroke. Early in the year a great sadness was endured when, founder member and wife of our Chair, Mike Aspinall, sadly died.

In October 2024, this led to Mike taking the heartfelt decision to step down from his role which he had held since the charity's beginnings. Mike said "it has been a privilege to serve on the Board, and I am grateful for the opportunities provided to me during my tenure. I wish the team continued success in all its future endeavours".

Trustee / Director, Jean Houghton, agreed to take on the role of Interim Chair during this period. Two additional Trustees / Directors, with diverse skills and experience, were also recruited onto our charity's Board.

As always, shared-life experience is greatly valued within Think Ahead and, with support, several beneficiaries have taken on new volunteering roles within the charity.

We continue to work in collaboration with Greater Manchester Neurorehabilitation and Integrated Stroke Delivery Network, representing the voluntary sector at their regular CEG (Clinical Effectiveness Group) meetings.

Think Ahead Stroke's Collaborative Steering Group, containing colleagues from health and social care, has gone from strength to strength. Its Chair said "the group provides a platform for professionals from multiple agencies across the Wigan Borough to come together and explore ways of improving the outcomes for Stroke Survivors, their Carers and families. There has been a strong focus on looking at the impact of Stroke on Carers, particularly their social and mental wellbeing."

Think Ahead's reach continues to be extended through awareness raising via our website and all social media platforms. Our monthly newsletter is forwarded to the home of all our beneficiaries outlining our offer of support. There is a greater uptake from existing and new beneficiaries to receive this digitally.

In response to the previous year's focus and evaluation work we have improved and enhanced our social practical and educational activities. Numerous volunteers, with relevant skills and experience, have been recruited to support, and enhance, these activities.

Our solely owned subsidiary Company, Think Ahead Property Ltd, has continued to develop our 'Wellbeing Hub' providing affordable space to local organisations.

Think Ahead remains true to the ethos which began many years ago, and we sincerely thank those who support and fund our charity. Gratitude and sincere thanks also go to all our volunteers, staff and partner organisations and we are grateful for their continued dedication and support.

Think Ahead Community Stroke Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Financial review

Review of the financial position at the end of the accounting period

Total income during the year was £238,876 (2024: £250,066).

Total expenditure amounted to £152,117 (2024: £132,914).

Overall, a surplus of £86,759 (2024: £117,152) was made for the year and a detailed breakdown of the income and expenditure forms part of the notes to the accounts.

Reserves Policy and going concern

The trustees have adopted a reserves policy which they consider appropriate to enable the charity to meet its developing commitments and obligations. To this end the charity policy is to retain funds equivalent to approximately 9 month's staff and administration costs.

The directors have assessed the financial performance of the charity for the year ended 31 March 2025 and its position at the year end and have concluded that the charity has enough financial reserves to be able to continue to operate for at least 12 months from signing the accounts.

Plans for future periods

This is a landmark year for Think Ahead Stroke and plans are underway for our 25th year celebrations in May. It is hoped many of our beneficiaries will take the opportunity to celebrate this amazing milestone with us.

In partnership with colleagues from our Stroke Collaborative Steering Group, a raising awareness of Stroke and health promotion event is being planned for October. This will bring together many of our colleagues from health and social care and those who support along the local Stroke pathway.

As always Think Ahead Stroke remains committed to continual development and, throughout the year, we will strive to recruit additional Board members, and a replacement Chair will be appointed.

Sustainability and longevity remain high on our list of priorities and ensuring the continual development of our 'Wellbeing Hub' is pivotal to achieving this goal.

Structure, governance and management

Think Ahead Community Stroke Group is a company limited by guarantee, incorporated on 23 July 2008, and granted charitable status on 1 April 2009. The Company is governed by its Memorandum and Articles as from incorporation as at 23 July 2008, as amended by a special resolution on the 20 March 2009, the charitable objectives which are detailed in the Trustees Annual Report.

Think Ahead Community Stroke Group

Company Limited by Guarantee

Trustees' Annual Report (Incorporating the Director's Report) *(continued)*

Year ended 31 March 2025

Related parties and cooperation with other organisations

None of our director/trustees receive remuneration or other benefit from their work with the charity. Any connection between a trustee or senior manager of the charity and a third-party individual or company that transacts with the charity must be disclosed to the board of directors/trustees. Details of related party transactions are shown in note 16.

The charity's wholly owned subsidiary, Think Ahead Property Ltd was established in 2017 to own and maintain the premises that the charitable company operates from. Think Ahead Property Ltd gift aids most of its profits to the charity each year (see note 16).

Risk Management

The Trustees/Directors continue to review and alleviate potential risks, in accordance with the guidance set out by the Charity Commission.

Small company provisions

This report has been prepared in accordance with the provisions applicable to companies entitled to the small companies' exemption.

The trustees' annual report was approved on 9 DECEMBER 2025 and signed on behalf of the board of trustees by:



Mrs J A Houghton

Director

Think Ahead Community Stroke Group

Company Limited by Guarantee

Statement of Financial Activities (including income and expenditure account)

Year ended 31 March 2025

		Unrestricted funds £	2025 Restricted funds £	Total funds £	2024 Total funds £
	Note				
Income and endowments					
Donations and fundraising	5	171,385	67,491	238,876	250,066
Total income		<u>171,385</u>	<u>67,491</u>	<u>238,876</u>	<u>250,066</u>
Expenditure					
Expenditure on fundraising costs	6	10,857	5,480	16,337	13,018
Expenditure on charitable activities	7	73,769	62,011	135,780	119,896
Total expenditure		<u>84,626</u>	<u>67,491</u>	<u>152,117</u>	<u>132,914</u>
Net expenditure and net movement in funds		<u>86,759</u>	<u>-</u>	<u>86,759</u>	<u>117,152</u>
Reconciliation of funds					
Total funds brought forward		1,024,038	-	1,024,038	906,886
Total funds carried forward		<u>1,110,797</u>	<u>-</u>	<u>1,110,797</u>	<u>1,024,038</u>

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The notes on pages 8 to 13 form part of these financial statements.

Think Ahead Community Stroke Group

Company Limited by Guarantee

Statement of Financial Position

31 March 2025

	Note	2025 £	2024 £
Fixed assets			
Tangible fixed assets	10	537	767
Investment	11	<u>1</u>	<u>1</u>
		538	768
Current assets			
Debtors (due within 1 year)	12	32,031	31,995
Debtors (due after more than 1 year)	13	996,616	851,769
Cash at bank and in hand		<u>116,012</u>	<u>170,314</u>
		1,144,659	1,054,078
Creditors: amounts falling due within one year	14	<u>(34,400)</u>	<u>(30,808)</u>
Net current assets		1,110,259	1,023,270
Total assets less current liabilities		<u>1,110,797</u>	<u>1,024,038</u>
Funds of the charity			
Unrestricted funds		1,110,797	1,024,038
Restricted funds		<u>-</u>	<u>-</u>
Total charity funds	15	<u>1,110,797</u>	<u>1,024,038</u>


For the year ending 31 March 2025 the charity was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its financial statements for the year in question in accordance with section 476;
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 and the Charities Act 2011 with respect to accounting records and the preparation of financial statements.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime and in accordance with section 132 of the Charities Act 2011.

These financial statements were approved by the board of trustees and authorised for issue on 9 DECEMBER 2025, and are signed on behalf of the board by:


Mrs J A Houghton
Trustee/Director

Company registration number: 06654712

The notes on pages 8 to 13 form part of these financial statements.

Think Ahead Community Stroke Group

Company Limited by Guarantee

Notes to the Financial Statements

31 March 2025

1. General information

The charity is a public benefit entity and a private company limited by guarantee, registered in England and Wales and a registered charity in England and Wales. The address of the registered office is Ashland House, Dobson Park Way, Ince, Wigan, WN2 2DX.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure where applicable.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

The directors have addressed going concern in the Trustees' Report and confirm that they believe the charity has enough financial resources to continue for at least 12 months from the date the accounts are signed. On that basis, the charity is a going concern.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the trustees for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Think Ahead Community Stroke Group

Company Limited by Guarantee

Notes to the Financial Statements (continued)

31 March 2025

3. Accounting policies (continued)

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Think Ahead Community Stroke Group

Company Limited by Guarantee

31 March 2025

Financial instruments

A financial asset or a financial liability is recognised only when the entity becomes a party to the contractual provisions of the instrument. Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs, unless the arrangement constitutes a financing transaction, where it is recognised at the present value of the future payments discounted at a market rate of interest for a similar debt instrument. Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted. Debt instruments are subsequently measured at amortised cost.

Tangible Fixed Assets

Individual fixed assets are capitalised at cost and are depreciated over their estimated useful economic lives on a reducing balance basis as follows:

Asset category	Annual rate
Office Equipment	33% Reducing balance
Fixtures and Fittings	20% Reducing balance

Investments

Investments are recorded at cost and then subject to an impairment review at each financial year end with any changes in value being recorded in income or expenditure in the SOFA.

4. Limited by guarantee

Each member of the Board of Trustees has undertaken to guarantee the Charity's debts to the sum of £10 each.

5. Donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Donations			
Donations and incoming resources	171,385	67,491	238,876

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Donations			
Donations and incoming resources	184,103	65,963	250,066

Think Ahead Community Stroke Group received donations via one-off gifts, regular standing orders and repeat gifts. A great deal of the charities funds were received from local authority support and from individuals.

Think Ahead Community Stroke Group

Company Limited by Guarantee

31 March 2025

6. Costs of raising donations and legacies

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £	Total Funds 2024 £
Fundraising costs	<u>10,857</u>	<u>5,480</u>	<u>16,337</u>	<u>13,018</u>

7. Expenditure on charitable activities by fund type

	Unrestricted Funds £	Restricted Funds £	Total Funds 2025 £
Charitable activity	68,579	62,011	130,590
Support costs	<u>5,190</u>	<u>-</u>	<u>5,190</u>
	<u>73,769</u>	<u>62,011</u>	<u>135,780</u>

	Unrestricted Funds £	Restricted Funds £	Total Funds 2024 £
Charitable activity	53,841	60,201	114,042
Support costs	<u>5,854</u>	<u>-</u>	<u>5,854</u>
	<u>59,695</u>	<u>60,201</u>	<u>119,896</u>

8. Staff costs

The total staff costs and employee benefits for the reporting period are analysed as follows:

	2025 £	2024 £
Wages and salaries	<u>95,292</u>	<u>83,902</u>

The average head count of employees during the year was 4 (2024: 4).

No employee received employee benefits of more than £60,000 during the year (2024: Nil).

9. Trustee remuneration and expenses

All Trustees / Directors give their time voluntary.

Think Ahead Community Stroke Group

Company Limited by Guarantee

31 March 2025

10. Tangible fixed assets

	Website £	Computer Equipment £	Office Furniture £	Total £
Cost				
At 1 April 2024	3,210	10,594	3,843	17,647
At 31 March 2025	<u>3,210</u>	<u>10,594</u>	<u>3,843</u>	<u>17,647</u>
Depreciation				
At 1 April 2024	3,210	10,003	3,667	16,880
Charge for the year	-	195	35	230
At 31 March 2025	<u>3,210</u>	<u>10,198</u>	<u>3,702</u>	<u>17,110</u>
Net book value as at 31 March 2025	<u>-</u>	<u>396</u>	<u>141</u>	<u>537</u>
Net book value as at 31 March 2024	<u>-</u>	<u>591</u>	<u>176</u>	<u>767</u>

11. Investments

	2025 £	2024 £
Investment in subsidiaries	<u>1</u>	<u>1</u>
		£
Carrying Amount		
At 31 March 2024 and 31 March 2025		<u>1</u>

Details of undertakings

Details of the investments (including principle place of business of unincorporated entities) in which the company holds 20% or more of the nominal value of any class of share capital are as follows:

Subsidiary Undertaking	Think Ahead Property Ltd
Registered Office	Ashland House Manchester Road Ince Wigan WN2 2DX
Holding	Ordinary Shares
Proportion of voting rights and shares held	
	2025 - 100%
	2024 - 100%

Think Ahead Community Stroke Group

Company Limited by Guarantee

31 March 2025

The principal activity of Think Ahead Property Ltd is property management. Its financial period end is 31 March 2025.

The loss for the financial period of Think Ahead Property Ltd was £2,115 (2024 - £15,662 profit) and the aggregate amount of capital and reserves at the end of the period was £35,070 (2024 – £37,185).

12. Debtors: amounts falling due within one year

	2025 £	2024 £
Trade debtors	27,450	27,286
Prepayments	4,581	4,709
	<u>32,031</u>	<u>31,995</u>

13. Debtors: amounts falling due after more than one year

	2025 £	2024 £
Amounts owed from group undertakings	<u>996,616</u>	<u>851,769</u>

14. Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	3,279	324
Other tax and social security	2,123	1,571
Accruals	1,320	1,320
Other creditors	<u>27,677</u>	<u>27,593</u>
	<u>34,399</u>	<u>30,808</u>

15. Analysis of charitable funds

Unrestricted funds

	At 1 April 2024 £	Income £	Expenditure £	At 31 March 2025 £
General funds	<u>1,024,038</u>	<u>238,876</u>	<u>152,117</u>	<u>1,110,797</u>

Restricted funds

	At 1 April 2024 £	Income £	Expenditure £	At 31 March 2025 £
Grant	<u>-</u>	<u>67,491</u>	<u>67,491</u>	<u>-</u>

Think Ahead Community Stroke Group

Company Limited by Guarantee

31 March 2025

16. Related party transactions

Summary of transactions with other related parties

Think Ahead Property Ltd is a wholly owned subsidiary of Think Ahead Community Stroke Group due to it holding the entire issued share capital of the company. At the year end a balance of £996,616 (2024 - £851,769) is included in debtors due after more than 1 year which was owed to Think Ahead Community Stroke Group. This loan is interest free and has no fixed term for repayment.

During the year Think Ahead Community Stroke Group received a donation of £44,849 (2024 - £11,200) from Think Ahead Property Ltd. This donation was included in unrestricted funds.

During the year ended 31 March 2025, Think Ahead Property Ltd charged premises rent totalling £18,000 (2024 - £18,000) to Think Ahead Community Stroke Group.

Think Ahead Community Stroke Group charged management charges totalling £5,000 (2024 - £5,000) to Think Ahead Property Ltd during the year, to recharge the administrative charges it incurred on behalf of the company.

Insurance charges of £2,899 (2024- £2,848) were recharged from Think Ahead Community Stroke Group to Think Ahead Property Ltd.

Think Ahead Community Stroke Group

Company Limited by Guarantee

31 March 2025

Independent Examiner's Report to the Trustees of Think Ahead Community Stroke Group

Company Number: 6654712

Charity Number: 1128934

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025 which are set out on pages 6 to 14.

Responsibilities and basis of report

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').


Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


Anna Marie Hayes FCA

EKWilliams Accountants Limited
No1 Pavilion Square
Cricketers Way
Westhoughton
Bolton
Greater Manchester
BL5 3AJ

Date: 22 DECEMBER 2025