

# THE DUCHENNE FAMILY SUPPORT GROUP

England & Wales · Charity number 1128653

## Details

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**Status** Registered

**Legal form** Charitable company

**Company number** [06134522](#)

**Registered** 2009-03-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 78 York Street  
London  
W1H 1DP

**Phone** 0800 121 4518

**Email** [info@dfsg.org.uk](mailto:info@dfsg.org.uk)

**Website** [www.dfsg.org.uk](http://www.dfsg.org.uk)

## Activities

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**Objects:** 1 TO PRESERVE AND PROTECT THE HEALTH OF AND RELIEVE PERSONS SUFFERING FROM DUCHENNE MUSCULAR DYSTROPHY AND THEIR FAMILIES2 TO ADVANCE THE EDUCATION OF THE MEDICAL PROFESSION AND THE GENERAL PUBLIC IN THE SUBJECT OF DUCHENNE MUSCULAR DYSTROPHY AND ITS IMPLICATIONS FOR THE FAMILIES OF THOSE SUFFERING FROM THE AFOREMENTIONED CONDITION3 TO PROMOTE RESEARCH INTO THE MANAGEMENT OF DUCHENNE MUSCULAR DYSTROPHY AND TO PUBLICISE THE USEFUL RESULTS THEREOF AND TO SUPPORT ORGANISATIONS PROMOTING CHARITABLE RESEARCH INTO DUCHENNE MUSCULAR DYSTROPHY

**Activities:** To provide a positive national support network of families affected by Duchenne Muscular Dystrophy and enable families to come together to share ideas and experiences and to enjoy social events.

## Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Disability, Other Charitable Purposes
- **Who:** People With Disabilities, Other Defined Groups

## Geography

- **Area of benefit:** UNDEFINED. IN PRACTICE, NATIONAL.
- Northern Ireland
- Scotland
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£51,124	£44,336	-	-
2024-03-31	£52,701	£31,458	-	-
2023-03-31	£54,965	£46,901	-	-
2022-03-31	£54,653	£55,007	-	-
2021-03-31	£36,296	£26,003	-	-

## Trustees

Name	Role	Appointed
<b>Dr Stephen Henry Meech</b>	Chair	
Amanda Elizabeth Revell		2023-05-18
Catherine Virginia Parker		2022-12-30
Jacky Wilde		2023-02-09
Karen Ann Lightly		2022-08-08
Laura Elliott		2020-11-09
Sarah Wright		2022-01-04
Susan Berry		2017-03-08

**THE DUCHENNE FAMILY SUPPORT GROUP**

England & Wales - Charity number 1128653

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# Accounts

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**Charity Registration Number: 1128653**

**Company Registration Number: 06134522**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2025**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**CONTENTS**

	<b><u>Page</u></b>
Report of the Trustees	1-3
Report of the independent examiner	4
Statement of financial activities	5
Balance Sheet	6
Notes to the financial statement	7-12

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their report together with the financial statements of the Charity for the year ended 31 March 2025. They are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, applicable law and the requirements of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

#### Reference and Administrative Details

Charity Number	1128653
Company Number	06134522
Registered Office	78 York Street, London, W1 1DP

#### Directors and trustees

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as trustees.

Our current trustees are Sue Berry, Laura Elliott, Karen Lightly, Stephen Meech, Amanda Revell, Kate Parker, Jacky Wilde, and Sarah Wright.

Chair:	Dr Stephen Meech
Company Secretary:	MC Secretaries Limited
Acting or Interim Treasurer:	Mrs Christina Biggs
Fundraising officer:	Mrs Lizzie Senn
Independent examiner:	Marcus Cridland BA(Hons) FCA, Scott Vevers Ltd 65 East Street, Bridport, Dorset, DT5 3LB.
Bankers:	Barclays Bank plc 90 Osborne Road, Southsea, Hants, PO5 3LW

#### Objectives, Activities, Achievements and Performance

The objectives of the charitable company are:

- To provide a positive national support network of families affected by Duchenne Muscular Dystrophy.
- To enable families to come together to share ideas and experiences and to enjoy social events.

Raising funds is always high on our priority list and the year saw us undertake sponsored events including the London Marathon. We also receive significant support from our member families.

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025

Services were maintained in the following areas:

- Helpline: We operate a helpline to receive calls from families and professionals. Our part time Development Officer dealt with the queries herself or passed them on to an appropriate person or organisation.
- News and information: The charity publishes a regular newsletter containing articles, many from our family members, sharing experiences and ideas. Feedback is also provided on research progress and other matters impacting on families of disabled children and adults. We also have a website, a Facebook page and a Twitter account - all of which we use in addition to our newsletter to keep families up to date with news and events.
- Events: The charity continues providing social events and holidays where families can enjoy a relaxed atmosphere whilst sharing their experiences and ideas.

#### **Review of Public Benefit**

In setting out our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

#### **Future Plans**

We continually strive to expand our services to meet the growing demand but we do so in a planned and financially prudent way, thus ensuring all projects stand on a sound financial footing individually and thus the charity moves forward and grows but does so responsibly.

#### **Financial Review**

Each service we offer is carefully budgeted for and only runs after being sanctioned by the trustees as viable. The surplus for the year was £6,788 (2024: £21,243). Reserves at 31 March 2025 were £67,457 (2024: £60,669).

#### Investment powers and policy

Under the Memorandum and Articles of Association, the charitable company has the power to make any investment which the trustees see fit.

#### Reserves policy

The state of the economy and resulting downturn in donations received also means sufficient reserves must be held to ensure services could continue in a financial downturn. The trustees carefully monitor this area to ensure sufficient reserves are in place. Our policy is to have a minimum of 3 months' running costs as a reserve figure. At present the free reserves, which amount to £67,457 are above this target level.

#### **Structure, Governance and Management**

##### Governing Document

The Duchenne Family Support Group is a registered charity (charity number 1128653) and a company limited by guarantee (company number 06134522). The company was formed on 2 March 2007 and achieved registered charity status on 18 March 2009.

The charitable company is governed by its Memorandum and Articles of Association.

##### Appointment of trustees

Trustees are appointed by the Members at the Annual General Meeting in accordance with the charitable company's Memorandum and Articles of Association. No external bodies have the right to appoint trustees.

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

Trustee induction and training

New trustee directors are introduced to the operations of the organisation and are given information on the responsibilities of being a trustee and director as well as copies of the charitable company's Memorandum and Articles of Association. Training is provided to trustee directors when required.

Organisation

The board of trustees, or the Executive Committee, of between 3 and 15 members who meet regularly, administer the charitable company.

**Trustees' responsibilities in relation to the Financial Statements**

The trustees are required under Charity law to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the financial activities of the Charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against loss or unauthorised use and to prevent and detect fraud and other irregularities.

In preparing this report, the trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Signed on behalf of the board of trustees by:

Dr S Meech – Chair        
.....

Date:                              2/4/25  
.....

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2025**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2025, which are set out on pages 5 to 12.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Marcus Cridland B.A.(Hons) F.C.A.  
Scott Vevers Ltd.  
Chartered Accountants and Registered Auditors  
65 East Street  
Bridport  
Dorset  
DT6 3LB

Date: 11/11/25.....

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)  
FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds £	Restricted funds £	2025 £	2024 £
<b>Income</b>					
<b>Income and endowments from:</b>					
Donations and legacies	3	9,403	750	10,153	26,264
Charitable activities	4	27,552	13,419	40,971	26,437
<b>Total Income</b>		<u>36,955</u>	<u>14,169</u>	<u>51,124</u>	<u>52,701</u>
<b>Expenditure on:</b>					
Raising funds	5	2,436	-	2,436	2,196
Charitable activities	6	14,489	27,411	41,900	29,262
<b>Total expenditure</b>		<u>16,925</u>	<u>27,411</u>	<u>44,336</u>	<u>31,458</u>
<b>Net income (expenditure) for the year</b>		20,030	(13,242)	6,788	21,243
<b>Transfers between funds</b>	12	(1,787)	1,787	-	-
<b>Net movement in funds</b>		<u>18,243</u>	<u>(11,455)</u>	<u>6,788</u>	<u>21,243</u>
<b>Reconciliation of funds:</b>					
Total funds brought forward	12	49,214	11,455	60,669	39,426
<b>Total funds carried forward</b>	12	<u>67,457</u>	<u>-</u>	<u>67,457</u>	<u>60,669</u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 7 to 12 form part of these financial statements

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET AT 31 MARCH 2025

	Notes	2025		2024	
		£	£	£	£
<b>Current assets</b>					
Debtors	10	11,357		7,740	
Cash at bank and in hand		61,817		57,539	
		<u>73,174</u>		<u>65,279</u>	
<b>Creditors: Amounts falling due within one year</b>	11	<u>(5,717)</u>		<u>(4,610)</u>	
<b>Net current assets</b>			67,457		60,669
<b>Total assets less current liabilities</b>			<u>67,457</u>		<u>60,669</u>
<b>The funds of the charity:</b>					
Restricted income funds	12		-		11,455
Unrestricted income funds:	12		67,457		49,214
<b>Total charity funds</b>			<u>67,457</u>		<u>60,669</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2025.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2025 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of Trustees and signed on its behalf by:

.....  
  
 Dr S Meech - Trustee

Date: 2/4/25

The notes on pages 7 to 12 form part of these financial statements

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 1 General information

The Duchenne Family Support Group is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in reference and administrative details on page 1 of the Trustees Report together with the details of the charity's operations.

#### 2 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

##### 2.1 Statement of compliance and basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The accounts include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

##### 2.2 Accounting convention

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

##### 2.3 Income

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
  - The donor has imposed conditions which must be met before the charity has unconditional entitlement.
- Investment income is recognised on a receivable basis.

##### 2.4 Volunteers and donated services and facilities

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

##### 2.5 Expenditure

Expenditure is recognised when a liability is incurred.

Costs of raising funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities include expenditure associated with the production of the newsletter and other information, provision of a helpline and volunteer network services and provision of events and holidays, together with support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

#### 2.6 Funds structure

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose. All other funds are unrestricted income funds.

#### 2.7 Pensions

The charity operates a defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

#### 2.8 Financial instruments

##### *Classification*

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangement entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

##### *Recognition and measurement*

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transactions. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for similar debt instruments.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

### 3 Donations and legacies

	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
Donations	9,403	10,264	-	-	9,403	10,264
Grants	-	-	750	16,000	750	16,000
	<u>9,403</u>	<u>10,264</u>	<u>750</u>	<u>16,000</u>	<u>10,153</u>	<u>26,264</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

4 Charitable activities

	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
Event contributions	-	-	13,419	5,182	13,419	5,182
Fundraising	27,552	21,255	-	-	27,552	21,255
	<u>27,552</u>	<u>21,255</u>	<u>13,419</u>	<u>5,182</u>	<u>40,971</u>	<u>26,437</u>

5 Cost of raising funds

	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
Fundraising costs	2,436	2,196	-	-	2,436	2,196
	<u>2,436</u>	<u>2,196</u>	<u>-</u>	<u>-</u>	<u>2,436</u>	<u>2,196</u>

6 Expenditure on charitable activities

	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
Staff costs	1,274	2,173	-	-	1,274	2,173
Direct costs	9,130	9,632	27,411	14,048	36,541	23,680
Support costs	2,933	2,299	-	-	2,933	2,299
Governance costs	1,152	1,110	-	-	1,152	1,110
	<u>14,489</u>	<u>15,214</u>	<u>27,411</u>	<u>14,048</u>	<u>41,900</u>	<u>29,262</u>

	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
<u>Direct costs:</u>						
Family event costs	-	-	27,411	13,932	27,411	13,932
Remembrance event and bereavement support costs	-	-	-	116	-	116
Travel	196	-	-	-	196	-
Printing including newsletter production	8,785	9,483	-	-	8,785	9,483
Website	149	149	-	-	149	149
	<u>9,130</u>	<u>9,632</u>	<u>27,411</u>	<u>14,048</u>	<u>36,541</u>	<u>23,680</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

6 Expenditure on charitable activities (continued)

	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
<u>Support costs:</u>						
Subscriptions	756	613	-	-	756	613
Telephone and internet	5	10	-	-	5	10
Postage, stationery and office costs	985	709	-	-	985	709
Insurance	659	469	-	-	659	469
Legal and professional fees	528	498	-	-	528	498
	<u>2,933</u>	<u>2,299</u>	<u>-</u>	<u>-</u>	<u>2,933</u>	<u>2,299</u>
	Unrestricted		Restricted		Total	
	2025	2024	2025	2024	2025	2024
	£	£	£	£	£	£
<u>Governance costs:</u>						
Independent examiner's fees	1,152	1,110	-	-	1,152	1,110
	<u>1,152</u>	<u>1,110</u>	<u>-</u>	<u>-</u>	<u>1,152</u>	<u>1,110</u>

7 Trustees' remuneration and expenses

No Trustee, nor any persons connected with them, have received any remuneration, expenses or benefits from the charity during the year, in their capacity as a Trustee.

8 Analysis of staff costs

	2025	2024
	£	£
Salaries and wages	<u>1,274</u>	<u>2,173</u>
	<u>1,274</u>	<u>2,173</u>

No employee received remuneration of more than £60,000. The average number of employees during the year was 1 (2024: 1).

9 Taxation

The company is a registered charity and no provision is considered necessary for taxation.

10 Debtors

	2025	2024
	£	£
Prepaid event costs	11,357	7,189
Other debtors	-	551
	<u>11,357</u>	<u>7,740</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

11 Creditors: amounts falling due within one year

	2025	2024
	£	£
Event contributions received in advance	4,565	3,500
Other creditors and accruals	1,152	1,110
	<u>5,717</u>	<u>4,610</u>

12 Analysis of charitable funds

	Balance at 01.04.2024	Incoming resources	Resources expended	Transfers	Balance at 31.03.2025
	£	£	£	£	£
<b>Restricted funds</b>					
Pears fund	4,205	-	-	(4,205)	-
Events fund	7,250	14,169	(27,411)	5,992	-
	<u>11,455</u>	<u>14,169</u>	<u>(27,411)</u>	<u>1,787</u>	<u>-</u>
<b>Unrestricted funds</b>					
General fund	49,214	36,955	(16,925)	(1,787)	67,457
	<u>60,669</u>	<u>51,124</u>	<u>(44,336)</u>	<u>-</u>	<u>67,457</u>

During the year, the Trustees reviewed the restricted funds. As the Pears fund have been completed in prior years and no further costs are anticipated, the remaining balance on the specific restricted fund has been transferred to unrestricted general funds.

The costs of the Events restricted fund exceeded the income received during the year. As a result, the fund will be covered by unrestricted general funds.

2024	<b>Balance at 01.04.2023</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>Balance at 31.03.2024</b>
	£	£	£	£	£
<b>Restricted funds</b>					
Pears fund	4,205	-	-	-	4,205
Remembrance events fund	-	-	(116)	116	-
Events fund	-	21,182	(13,932)	-	7,250
	<u>4,205</u>	<u>21,182</u>	<u>(14,048)</u>	<u>116</u>	<u>11,455</u>
<b>Unrestricted funds</b>					
General fund	35,221	31,519	(17,410)	(116)	49,214
	<u>39,426</u>	<u>52,701</u>	<u>(31,458)</u>	<u>-</u>	<u>60,669</u>

**Description of restricted funds**

*Pears fund:* - funding for running costs.

*Events fund:* - funding raised by individuals for the provision of holidays and events.

*Remembrance event fund* – donations received with instructions to use towards the costs of providing a remembrance event as part of bereavement support.

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2025

13 **Financial instruments**

Categorisation of financial instruments

	2025	2024
	£	£
Financial assets that are debt instrument measured at amortised cost	<u>73,174</u>	<u>65,279</u>
Financial liabilities measured at amortised cost	<u>5,717</u>	<u>4,610</u>

14 **Analysis of net assets between funds**

	General fund £	Restricted funds £	Total 2025 £	Total 2024 £
Cash at bank and in hand	61,817	-	61,817	57,539
Other net current assets/liabilities	5,640	-	5,640	3,130
	<u>67,457</u>	<u>-</u>	<u>67,457</u>	<u>60,669</u>
	<i>2024</i>	<i>£</i>	<i>£</i>	<i>£</i>
<i>Cash at bank and in hand</i>	<i>46,084</i>	<i>11,455</i>	<i>57,539</i>	
<i>Other net current assets/liabilities</i>	<i>3,130</i>	<i>-</i>	<i>3,130</i>	
	<u><i>49,214</i></u>	<u><i>11,455</i></u>	<u><i>60,669</i></u>	

15 **Legal status of charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

16 **Related party transactions**

Donations totalling £523 were made to the charity by three trustees during the year.

**THE DUCHENNE FAMILY SUPPORT GROUP**

England & Wales - Charity number 1128653

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# Accounts

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**Charity Registration Number: 1128653**

**Company Registration Number: 06134522**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2024**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**CONTENTS**

	<b><u>Page</u></b>
Report of the Trustees	1-3
Report of the independent examiner	4
Statement of financial activities	5
Balance Sheet	6
Notes to the financial statement	7-13

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their report together with the financial statements of the Charity for the year ended 31 March 2024. They are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charity's governing document, applicable law and the requirements of the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

#### Reference and Administrative Details

Charity Number	1128653
Company Number	06134522
Registered Office	78 York Street, London, W1 1DP

#### Directors and trustees

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as trustees.

Our current trustees are Sue Berry, Laura Elliott, Karen Lightly, Stephen Meech, Amanda Revell, Kate Thomas, Jacky Wilde, and Sarah Wright.

A third of the trustees (the longest serving) are required to retire by rotation each year at the Annual General Meeting but may seek re-election. This year, by rotation, Stephen Meech, Sarah Wright and Sue Berry were re-elected, together with Amanda Revell and Kate Thomas who were co-opted during the year.

Chair:	Dr Stephen Meech
Company Secretary:	MC Secretaries Limited
Acting or Interim Treasurer:	Mrs Christina Biggs
Fundraising Officer:	Mrs Sonia Richardson
Independent examiner:	Marcus Cridland BA(Hons) FCA, Scott Vevers Ltd 65 East Street, Bridport, Dorset, DT5 3LB.
Bankers:	Barclays Bank plc 90 Osborne Road, Southsea, Hants, PO5 3LW

#### Objectives, Activities, Achievements and Performance

The objectives of the charitable company are:

- To provide a positive national support network of families affected by Duchenne Muscular Dystrophy.
- To enable families to come together to share ideas and experiences and to enjoy social events.

Raising funds is always high on our priority list and the year saw us undertake sponsored events including the London Marathon. Additional financial support has again come from grants from other charities. We also receive significant support from our member families.

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Services were maintained in the following areas:

- |                       |  |
|-----------------------|--|
| Helpline:             | We operate a helpline to receive calls from families and professionals. Our part time Development Officer dealt with the queries herself or passed them on to an appropriate person or organisation.   |
| News and information: | The charity publishes a regular newsletter containing articles, many from our family members, sharing experiences and ideas. Feedback is also provided on research progress and other matters impacting on families of disabled children and adults. We also have a website, a Facebook page and a Twitter account - all of which we use in addition to our newsletter to keep families up to date with news and events. |
| Events:               | Following the pandemic the charity has resumed providing social events and holidays where families can enjoy a relaxed atmosphere whilst sharing their experiences and ideas.  |

#### **Review of Public Benefit**

In setting out our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

#### **Future Plans**

We continually strive to expand our services to meet the growing demand but we do so in a planned and financially prudent way, thus ensuring all projects stand on a sound financial footing individually and thus the charity moves forward and grows but does so responsibly.

#### **Financial Review**

Each service we offer is carefully budgeted for and only runs after being sanctioned by the trustees as viable. The surplus for the year was £21,243 (2023: £8,064). Reserves at 31 March 2024 were £60,669 (2023: £39,426), which includes restricted reserves of £11,455 (2023: £4,205).

#### Investment powers and policy

Under the Memorandum and Articles of Association, the charitable company has the power to make any investment which the trustees see fit.

#### Reserves policy

The state of the economy and resulting downturn in donations received also means sufficient reserves must be held to ensure services could continue in a financial downturn. The trustees carefully monitor this area to ensure sufficient reserves are in place. Our policy is to have a minimum of 3 months' running costs as a reserve figure. At present the free reserves, which amount to £49,214 are within this target level.

#### **Structure, Governance and Management**

##### Governing Document

The Duchenne Family Support Group is a registered charity (charity number 1128653) and a company limited by guarantee (company number 06134522). The company was formed on 2 March 2007 and achieved registered charity status on 18 March 2009.

The charitable company is governed by its Memorandum and Articles of Association.

##### Appointment of trustees

Trustees are appointed by the Members at the Annual General Meeting in accordance with the charitable company's Memorandum and Articles of Association. No external bodies have the right to appoint trustees.

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024

Trustee induction and training

New trustee directors are introduced to the operations of the organisation and are given information on the responsibilities of being a trustee and director as well as copies of the charitable company's Memorandum and Articles of Association. Training is provided to trustee directors when required.

Organisation

The board of trustees, or the Executive Committee, of between 3 and 15 members who meet regularly, administer the charitable company.

Major Risks

The trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated, combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

**Trustees' responsibilities in relation to the Financial Statements**

The trustees are required under Charity law to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the Charity and of the financial activities of the Charity for that period. In preparing those financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the Charity and to enable them to ensure that the financial statements comply with applicable laws and regulations. They are also responsible for ensuring that the Charity maintains an adequate system of internal control designed to provide reasonable assurance that assets are safeguarded against loss or unauthorised use and to prevent and detect fraud and other irregularities.

In preparing this report, the trustees have taken advantage of the small companies exemptions provided by section 415A of the Companies Act 2006.

Signed on behalf of the board of trustees by:

Dr S Meech – Chair

.....  


Date:

.....  
5/12/24

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2024**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2024, which are set out on pages 5 to 13.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

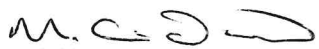
Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Marcus Cridland B.A.(Hons) F.C.A.

Scott Vevers Ltd.

Chartered Accountants and Registered Auditors

65 East Street

Bridport

Dorset

DT6 3LB

Date: .....9/12/24.....

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)  
FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds £	Restricted funds £	2024 £	2023 £
<b>Income</b>					
<b>Income and endowments from:</b>					
Donations and legacies	3	10,264	16,000	26,264	13,533
Charitable activities	4	21,255	5,182	26,437	41,432
<b>Total Income</b>		<u>31,519</u>	<u>21,182</u>	<u>52,701</u>	<u>54,965</u>
<b>Expenditure on:</b>					
Raising funds	5	2,313	-	2,313	777
Charitable activities	6	15,097	14,048	29,145	46,124
<b>Total expenditure</b>		<u>17,410</u>	<u>14,048</u>	<u>31,458</u>	<u>46,901</u>
<b>Net income (expenditure) for the year</b>		14,109	7,134	21,243	8,064
<b>Transfers between funds</b>	12	(116)	116	-	-
<b>Net movement in funds</b>		<u>13,993</u>	<u>7,250</u>	<u>21,243</u>	<u>8,064</u>
<b>Reconciliation of funds:</b>					
Total funds brought forward	12	35,221	4,205	39,426	31,362
<b>Total funds carried forward</b>	12	<u>49,214</u>	<u>11,455</u>	<u>60,669</u>	<u>39,426</u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 7 to 13 form part of these financial statements

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET AT 31 MARCH 2024

	Notes	2024		2023	
		£	£	£	£
<b>Current assets</b>					
Debtors	10	7,740		-	
Cash at bank and in hand		57,539		40,494	
		<u>65,279</u>		<u>40,494</u>	
<b>Creditors: Amounts falling due within one year</b>	11	<u>(4,610)</u>		<u>(1,068)</u>	
<b>Net current assets</b>			60,669		39,426
<b>Total assets less current liabilities</b>			<u>60,669</u>		<u>39,426</u>
<b>The funds of the charity:</b>					
Restricted income funds	12		11,455		4,205
Unrestricted income funds:	12		49,214		35,221
<b>Total charity funds</b>			<u>60,669</u>		<u>39,426</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2024.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2024 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of Trustees and signed on its behalf by:

  
 .....  
 Dr S Meech - Trustee

Date: 5/12/24

The notes on pages 7 to 13 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

**1 General information**

The Duchenne Family Support Group is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in reference and administrative details on page 1 of the Trustees Report together with the details of the charity's operations.

**2 Accounting policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**2.1 Statement of compliance and basis of preparation**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The accounts include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

**2.2 Accounting convention**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2.3 Income**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
  - The donor has imposed conditions which must be met before the charity has unconditional entitlement.
- Investment income is recognised on a receivable basis.

**2.4 Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

**2.5 Expenditure**

Expenditure is recognised when a liability is incurred.

Costs of raising funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities include expenditure associated with the production of the newsletter and other information, provision of a helpline and volunteer network services and provision of events and holidays, together with support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

2.6 Funds structure

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose. All other funds are unrestricted income funds.

2.7 Pensions

The charity operates a defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

2.8 Financial instruments

*Classification*

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangement entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

*Recognition and measurement*

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transactions. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for similar debt instruments.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Donations and legacies

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Donations	10,264	3,133	-	-	10,264	3,133
Grants	-	-	16,000	10,400	16,000	10,400
	<u>10,264</u>	<u>3,133</u>	<u>16,000</u>	<u>10,400</u>	<u>26,264</u>	<u>13,533</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

4 Charitable activities

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Event contributions	-	-	5,182	9,567	5,182	9,567
Fundraising	21,255	31,865	-	-	21,255	31,865
	<u>21,255</u>	<u>31,865</u>	<u>5,182</u>	<u>9,567</u>	<u>26,437</u>	<u>41,432</u>

5 Cost of raising funds

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Fundraising costs	2,196	602	-	-	2,196	602
Committee meeting costs	-	64	-	-	-	64
Insurance	117	111	-	-	117	111
	<u>2,313</u>	<u>777</u>	<u>-</u>	<u>-</u>	<u>2,313</u>	<u>777</u>

6 Expenditure on charitable activities

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
Staff costs	2,173	11,173	-	-	2,173	11,173
Direct costs	9,632	9,652	14,048	20,768	23,680	30,420
Support costs	2,013	3,143	-	-	2,013	3,143
Governance costs	1,279	1,388	-	-	1,279	1,388
	<u>15,097</u>	<u>25,356</u>	<u>14,048</u>	<u>20,768</u>	<u>29,145</u>	<u>46,124</u>

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
<u>Direct costs:</u>						
Family event costs	-	-	13,932	20,627	13,932	20,627
Remembrance event and bereavement support costs	-	-	116	141	116	141
Travel	-	223	-	-	-	223
Printing including newsletter production	9,483	9,280	-	-	9,483	9,280
Website	149	149	-	-	149	149
	<u>9,632</u>	<u>9,652</u>	<u>14,048</u>	<u>20,768</u>	<u>23,680</u>	<u>30,420</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

6 Expenditure on charitable activities (continued)

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
<u>Support costs:</u>						
Committee meeting costs	-	167	-	-	-	167
Subscriptions	613	571	-	-	613	571
Telephone and internet	9	108	-	-	9	108
Postage, stationery and office costs	638	1,144	-	-	638	1,144
Insurance	305	289	-	-	305	289
Legal and professional fees	448	724	-	-	448	724
Sundry expenses	-	140	-	-	-	140
	<u>2,013</u>	<u>3,143</u>	<u>-</u>	<u>-</u>	<u>2,013</u>	<u>3,143</u>

	Unrestricted		Restricted		Total	
	2024	2023	2024	2023	2024	2023
	£	£	£	£	£	£
<u>Governance costs:</u>						
Committee meeting costs	-	26	-	-	-	26
Telephone and internet	1	12	-	-	1	12
Postage, stationery and office costs	71	127	-	-	71	127
Insurance	47	44	-	-	47	44
Legal and professional fees	50	81	-	-	50	81
Independent examiner's fees	1,110	1,068	-	-	1,110	1,068
Sundry expenses	-	30	-	-	-	30
	<u>1,279</u>	<u>1,388</u>	<u>-</u>	<u>-</u>	<u>1,279</u>	<u>1,388</u>

7 Trustees' remuneration and expenses

Trustees received no emoluments during the year.

There were expenses of £1,799 (2023: £2,014) reimbursed to four trustees during the year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

8 Analysis of staff costs

	Total 2024 £	Total 2023 £
Salaries and wages	2,173	11,097
Pension contributions	-	76
	<u>2,173</u>	<u>11,173</u>

The average number of full-time employees (including casual and part-time staff) during the year was as follows:

	Total 2024	Total 2023
Charitable activities	0.10	0.72
Governance	0.02	0.02
	<u>0.12</u>	<u>0.74</u>
Average number of staff (headcount)	<u>1</u>	<u>2</u>

No employee received remuneration of more than £60,000.

9 Taxation

The company is a registered charity and no provision is considered necessary for taxation.

10 Debtors

	2024 £	2023 £
Prepaid event costs	7,189	-
Other debtors	551	-
	<u>7,740</u>	<u>-</u>

11 Creditors: amounts falling due within one year

	2024 £	2023 £
Event contributions received in advance	3,500	-
Other creditors and accruals	1,110	1,068
	<u>4,610</u>	<u>1,068</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

12 Analysis of charitable funds

	Balance at 01.04.2023	Incoming resources	Resources expended	Transfers	Balance at 31.03.2024
	£	£	£	£	£
<b>Restricted funds</b>					
Pears fund	4,205	-	-	-	4,205
Remembrance events fund	-	-	(116)	116	-
Events fund	-	21,182	(13,932)	-	7,250
	<u>4,205</u>	<u>21,182</u>	<u>(14,048)</u>	<u>116</u>	<u>11,455</u>
<b>Unrestricted funds</b>					
General fund	35,221	31,519	(17,410)	(116)	49,214
	<u>39,426</u>	<u>52,701</u>	<u>(31,458)</u>	<u>-</u>	<u>60,669</u>
	<i>Balance at</i>	<i>Incoming</i>	<i>Resources</i>	<i>Transfers</i>	<i>Balance at</i>
2023	<i>01.04.2022</i>	<i>resources</i>	<i>expended</i>	<i>Transfers</i>	<i>31.03.2023</i>
	£	£	£	£	£
<b>Restricted funds</b>					
Pears fund	4,205	-	-	-	4,205
Remembrance events fund	-	-	(141)	141	-
Events fund	-	19,967	(20,627)	660	-
	<u>4,205</u>	<u>19,967</u>	<u>(20,768)</u>	<u>801</u>	<u>4,205</u>
<b>Unrestricted funds</b>					
General fund	27,157	34,998	(26,133)	(801)	35,221
	<u>31,362</u>	<u>54,965</u>	<u>(46,901)</u>	<u>-</u>	<u>39,426</u>

**Description of restricted funds**

*Events fund*: - Funding raised by individuals for the provision of holidays and events

*Remembrance event fund* – Donations received with instructions to use towards the costs of providing a remembrance event as part of bereavement support.

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2024

13 **Financial instruments**

Categorisation of financial instruments

	2024 £	2023 £
Financial assets that are debt instrument measured at amortised cost	<u>65,279</u>	<u>40,494</u>
Financial liabilities measured at amortised cost	<u>4,610</u>	<u>1,068</u>

14 **Analysis of net assets between funds**

	General fund £	Restricted funds £	Total 2024 £	Total 2023 £
Cash at bank and in hand	46,084	11,455	57,539	40,494
Other net current assets/liabilities	3,130	-	3,130	(1,068)
	<u>49,214</u>	<u>11,455</u>	<u>60,669</u>	<u>39,426</u>
	<b>2023</b>			
	£	£	£	
<i>Cash at bank and in hand</i>	<i>36,289</i>	<i>4,205</i>	<i>40,494</i>	
<i>Other net current assets/liabilities</i>	<i>(1,068)</i>	<i>-</i>	<i>(1,068)</i>	
	<u><i>35,221</i></u>	<u><i>4,205</i></u>	<u><i>39,426</i></u>	

15 **Legal status of charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

16 **Related party transactions**

Donations totalling £1,196 were made to the charity by four trustees during the year.

**THE DUCHENNE FAMILY SUPPORT GROUP**

England & Wales - Charity number 1128653

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# Accounts

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**Charity Registration Number: 1128653**

**Company Registration Number: 06134522**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2023**

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**

**CONTENTS**

	<b><u>Page</u></b>
Report of the Trustees	1-3
Report of the independent examiner	4
Statement of financial activities	5
Balance Sheet	6
Notes to the financial statement	7-13

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

The trustees present their report together with the financial statements of the Charity for the year ended 31 March 2023. They are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charities Act 2011, the Companies Act 2006, the Memorandum and Articles of Association, and Accounting and Reporting by Charities: Statement of Recommended Practice applicable in the UK and Republic of Ireland (FRS102).

#### Reference and Administrative Details

Charity Number	1128653
Company Number	06134522
Registered Office	78 York Street, London, W1 1DP

#### Directors and trustees

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as trustees.

Our current trustees are Linda Ball, Sue Berry, Laura Elliott, Karen Lightly, Stephen Meech, Amanda Revell, Kate Thomas, Jacky Wilde, and Sarah Wright.

A third of the trustees (the longest serving) are required to retire by rotation each year at the Annual General Meeting but may seek re-election. This year, by rotation, Stephen Meech, Sarah Wright and Sue Berry are offering themselves for re-election, together with Amanda Revell and Kate Thomas who were co-opted during the year.

Company Secretary:	MC Secretaries Limited
Acting or Interim Treasurer:	Mrs Christina Biggs
Independent examiner:	Marcus Cridland BA(Hons) FCA, Scott Vevers Ltd 65 East Street, Bridport, Dorset, DT5 3LB.
Bankers:	Barclays Bank plc 90 Osborne Road, Southsea, Hants, PO5 3LW

#### Objectives, Activities, Achievements and Performance

The objectives of the charitable company are:

- To provide a positive national support network of families affected by Duchenne Muscular Dystrophy.
- To enable families to come together to share ideas and experiences and to enjoy social events.

Raising funds is always high on our priority list and the year saw us undertake sponsored events including the London Marathon. Additional financial support has again come from grants from other charities. We also receive significant support from our member families.

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

### REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Services were maintained in the following areas:

- Helpline: We operate a helpline to receive calls from families and professionals. Our part time Development Officer dealt with the queries herself or passed them on to an appropriate person or organisation.
- News and information: The charity publishes a regular newsletter containing articles, many from our family members, sharing experiences and ideas. Feedback is also provided on research progress and other matters impacting on families of disabled children and adults. We also have a website, a Facebook page and a Twitter account - all of which we use in addition to our newsletter to keep families up to date with news and events.
- Events: Following the pandemic the charity has resumed providing social events and holidays where families can enjoy a relaxed atmosphere whilst sharing their experiences and ideas.

#### **Review of Public Benefit**

In setting out our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

#### **Future Plans**

We continually strive to expand our services to meet the growing demand but we do so in a planned and financially prudent way, thus ensuring all projects stand on a sound financial footing individually and thus the charity moves forward and grows but does so responsibly.

#### **Financial Review**

Each service we offer is carefully budgeted for and only runs after being sanctioned by the trustees as viable. The surplus at the year end was £8,064 (2022: deficit of £354). Reserves at 31 March 2023 were £39,426 (2022: £31,362), which includes restricted reserves of £4,205 (2022: £4,205).

#### Investment powers and policy

Under the Memorandum and Articles of Association, the charitable company has the power to make any investment which the trustees see fit.

#### Reserves policy

The state of the economy and resulting downturn in donations received also means sufficient reserves must be held to ensure services could continue in a financial downturn. The trustees carefully monitor this area to ensure sufficient reserves are in place. Our policy is to have a minimum of 3 months' running costs as a reserve figure. At present the free reserves, which amount to £39,426 are within this target level.

#### **Structure, Governance and Management**

##### Governing Document

The Duchenne Family Support Group is a registered charity (charity number 1128653) and a company limited by guarantee (company number 06134522). The company was formed on 2 March 2007 and achieved registered charity status on 18 March 2009.

The charitable company is governed by its Memorandum and Articles of Association.

##### Appointment of trustees

Trustees are appointed by the Members at the Annual General Meeting in accordance with the charitable company's Memorandum and Articles of Association. No external bodies have the right to appoint trustees.

##### Trustee induction and training

New trustee directors are introduced to the operations of the organisation and are given information on the responsibilities of being a trustee and director as well as copies of the charitable company's Memorandum and Articles of Association. Training is provided to trustee directors when required.

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023

Organisation

The board of trustees, or the Executive Committee, of between 3 and 15 members who meet regularly, administer the charitable company.

**Trustees' responsibilities in relation to the Financial Statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charitable company at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for maintaining property accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enables them to ensure that the financial statements comply with the Companies Act 1985. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the small companies regime under the Companies Act 2006.

Signed on behalf of the board of trustees by:

Dr S Meech – Chair

  
.....

Date:

8/12/23  
.....

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**

**INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2023**

I report to the charity trustees on my examination of the accounts of the company for the year ended 31 March 2023, which are set out on pages 5 to 13.

**Responsibilities and basis of report**

As the charity trustees of the company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your company's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the company as required by section 386 of the 2006 Act; or
2. The accounts do not accord with those records; or
3. The accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination; or
4. The accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....

Marcus Cridland B.A.(Hons) F.C.A.  
Scott Vevers Ltd.  
Chartered Accountants and Registered Auditors  
65 East Street  
Bridport  
Dorset  
DT6 3LB

Date: ...15.12.23.....

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)  
FOR THE YEAR ENDED 31 MARCH 2023

	Notes	Unrestricted funds £	Restricted funds £	2023 £	2022 £
<b>Income</b>					
<b>Income and endowments from:</b>					
Donations and legacies	3	3,133	10,400	13,533	13,690
Charitable activities	4	31,865	9,567	41,432	40,963
<b>Total Income</b>		<u>34,998</u>	<u>19,967</u>	<u>54,965</u>	<u>54,653</u>
<b>Expenditure on:</b>					
Raising funds	5	777	-	777	5,829
Charitable activities	6	25,356	20,768	46,124	49,178
<b>Total expenditure</b>		<u>26,133</u>	<u>20,768</u>	<u>46,901</u>	<u>55,007</u>
<b>Net income (expenditure) for the year</b>		8,865	(801)	8,064	(354)
<b>Transfers between funds</b>		(801)	801	-	-
<b>Net movement in funds</b>		<u>8,064</u>	<u>-</u>	<u>8,064</u>	<u>(354)</u>
<b>Reconciliation of funds:</b>					
Total funds brought forward		27,157	4,205	31,362	31,716
<b>Total funds carried forward</b>		<u>35,221</u>	<u>4,205</u>	<u>39,426</u>	<u>31,362</u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 7 to 13 form part of these financial statements

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

BALANCE SHEET AT 31 MARCH 2023

	Notes	2023		2022	
		£	£	£	£
<b>Current assets</b>					
Debtors	10	-		155	
Cash at bank and in hand		40,494		32,333	
		<u>40,494</u>		<u>32,488</u>	
<b>Creditors: Amounts falling due within one year</b>	11	<u>(1,068)</u>		<u>(1,126)</u>	
<b>Net current assets</b>			39,426		31,362
<b>Total assets less current liabilities</b>			<u>39,426</u>		<u>31,362</u>
<b>The funds of the charity:</b>					
Restricted income funds	12		4,205		4,205
Unrestricted income funds:	12		35,221		27,157
<b>Total charity funds</b>			<u>39,426</u>		<u>31,362</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31 March 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31 March 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of Trustees and signed on its behalf by:

.....  
  
 Dr S Meech - Trustee

Date: 8/12/23

The notes on pages 7 to 13 form part of these financial statements

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

**1 General information**

The Duchenne Family Support Group is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in reference and administrative details on page 1 of the Trustees Report together with the details of the charity's operations.

**2 Accounting policies**

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

**2.1 Statement of compliance and basis of preparation**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The accounts include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

**2.2 Accounting convention**

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

**2.3 Income**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
  - The donor has imposed conditions which must be met before the charity has unconditional entitlement.
- Investment income is recognised on a receivable basis.

**2.4 Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

**2.5 Expenditure**

Expenditure is recognised when a liability is incurred.

Costs of raising funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities include expenditure associated with the production of the newsletter and other information, provision of a helpline and volunteer network services and provision of events and holidays, together with support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

2.6 Funds structure

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose. All other funds are unrestricted income funds.

2.7 Pensions

The charity operates a defined contribution pension scheme. Contributions are charged to the Statement of Financial Activities as they become payable in accordance with the rules of the scheme.

2.8 Financial instruments

*Classification*

Financial assets and financial liabilities are recognised when the charity becomes a party to the contractual provisions of the instrument.

Financial liabilities and equity instruments are classified according to the substance of the contractual arrangement entered into. An equity instrument is any contract that evidences a residual interest in the assets of the charity after deducting all of its liabilities.

*Recognition and measurement*

All financial assets and liabilities are initially measured at transaction price (including transaction costs), except for those financial assets classified as at fair value through profit or loss, which are initially measured at fair value (which is normally the transaction price excluding transaction costs), unless the arrangement constitutes a financing transactions. If an arrangement constitutes a financing transaction, the financial asset or financial liability is measured at the present value of the future payments discounted at a market rate of interest for similar debt instruments.

Financial assets and liabilities are only offset in the statement of financial position when, and only when there exists a legally enforceable right to set off the recognised amounts and the charity intends either to settle on a net basis, or to realise the asset and settle the liability simultaneously.

Financial assets are derecognised when and only when a) the contractual rights to the cash flows from the financial asset expire or are settled, b) the charity transfers to another party substantially all of the risks and rewards of ownership of the financial asset, or c) the charity, despite having retained some, but not all, significant risks and rewards of ownership, has transferred control of the asset to another party.

Financial liabilities are derecognised only when the obligation specified in the contract is discharged, cancelled or expires.

3 Donations and legacies

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
Donations	3,133	3,580	-	-	3,133	3,580
Grants	-	110	10,400	10,000	10,400	10,110
	<u>3,133</u>	<u>3,690</u>	<u>10,400</u>	<u>10,000</u>	<u>13,533</u>	<u>13,690</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

4 Charitable activities

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
Event contributions	-	-	9,567	10,228	9,567	10,228
Fundraising	31,865	30,735	-	-	31,865	30,735
	<u>31,865</u>	<u>30,735</u>	<u>9,567</u>	<u>10,228</u>	<u>41,432</u>	<u>40,963</u>

5 Cost of raising funds

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
Fundraising costs	602	5,653	-	-	602	5,653
Committee meeting costs	64	63	-	-	64	63
Insurance	111	113	-	-	111	113
	<u>777</u>	<u>5,829</u>	<u>-</u>	<u>-</u>	<u>777</u>	<u>5,829</u>

6 Expenditure on charitable activities

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
Staff costs	11,978	12,372	-	-	11,978	12,372
Direct costs	9,652	4,825	20,768	26,682	30,420	31,507
Support costs	2,419	3,939	-	-	2,419	3,939
Governance costs	1,307	1,360	-	-	1,307	1,360
	<u>25,356</u>	<u>22,496</u>	<u>20,768</u>	<u>26,682</u>	<u>46,124</u>	<u>49,178</u>

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
<u>Direct costs:</u>						
Family event costs	-	-	20,627	17,944	20,627	17,944
Pears costs	-	-	-	8,690	-	8,690
Remembrance event and bereavement support costs	-	-	141	48	141	48
Travel	223	297	-	-	223	297
Printing including newsletter production	9,280	4,379	-	-	9,280	4,379
Website	149	149	-	-	149	149
	<u>9,652</u>	<u>4,825</u>	<u>20,768</u>	<u>26,682</u>	<u>30,420</u>	<u>31,507</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

6 Expenditure on charitable activities (continued)

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
<u>Support costs:</u>						
Committee meeting costs	167	162	-	-	167	162
Subscriptions	571	454	-	-	571	454
Telephone and internet	108	434	-	-	108	434
Postage and stationery and office costs	1,144	876	-	-	1,144	876
Insurance	289	293	-	-	289	293
Legal and professional fees	-	1,345	-	-	-	1,345
Sundry expenses	140	375	-	-	140	375
	<u>2,419</u>	<u>3,939</u>	<u>-</u>	<u>-</u>	<u>2,419</u>	<u>3,939</u>

	Unrestricted		Restricted		Total	
	2023	2022	2023	2022	2023	2022
	£	£	£	£	£	£
<u>Governance costs:</u>						
Committee meeting costs	26	25	-	-	26	25
Telephone and internet	12	48	-	-	12	48
Postage and stationery and office costs	127	97	-	-	127	97
Insurance	44	45	-	-	44	45
Legal and professional fees	-	149	-	-	-	149
Independent examiner's fees	1,068	996	-	-	1,068	996
Sundry expenses	30	-	-	-	30	-
	<u>1,307</u>	<u>1,360</u>	<u>-</u>	<u>-</u>	<u>1,307</u>	<u>1,360</u>

7 Trustees' remuneration and expenses

Trustees received no emoluments during the year.

There were expenses of £2,014 (2022: £919) reimbursed to four trustees during the year.

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

8 Analysis of staff costs

	Total 2023 £	Total 2022 £
Salaries and wages	11,902	17,152
Pension contributions	76	327
	<u>11,978</u>	<u>17,479</u>

The average number of full-time employees (including casual and part-time staff) during the year was as follows:

	Total 2023	Total 2022
Charitable activities	0.72	0.62
Governance	0.02	0.02
	<u>0.74</u>	<u>0.64</u>
Average number of staff (headcount)	<u>2</u>	<u>1</u>

No employee received remuneration of more than £60,000.

9 Taxation

The company is a registered charity and no provision is considered necessary for taxation.

10 Debtors

	2023 £	2022 £
Other debtors	-	155
	<u>-</u>	<u>155</u>

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Other creditors and accruals	1,068	1,126
	<u>1,068</u>	<u>1,126</u>

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

12 Analysis of charitable funds

	Balance at 01.04.2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31.03.2023 £
<b>Restricted funds</b>					
Pears fund	4,205	-	-	-	4,205
Remembrance events fund	-	-	(141)	141	-
Events fund	-	19,967	(20,627)	660	-
	<u>4,205</u>	<u>19,967</u>	<u>(20,768)</u>	<u>801</u>	<u>4,205</u>
<b>Unrestricted funds</b>					
General fund	27,157	34,998	(26,133)	(801)	35,221
	<u>31,362</u>	<u>54,965</u>	<u>(46,901)</u>	<u>-</u>	<u>39,426</u>
	<b>Balance at 01.04.2021 £</b>	<b>Incoming resources £</b>	<b>Resources expended £</b>	<b>Transfers £</b>	<b>Balance at 31.03.2022 £</b>
<b>Restricted funds</b>					
Pears fund	2,895	10,000	(8,690)	-	4,205
Remembrance events fund	-	-	(48)	48	-
Events fund	-	10,228	(17,944)	7,716	-
	<u>2,895</u>	<u>20,228</u>	<u>(26,682)</u>	<u>7,764</u>	<u>4,205</u>
<b>Unrestricted funds</b>					
General fund	28,821	34,425	(28,325)	(7,764)	27,157
	<u>31,716</u>	<u>54,653</u>	<u>(55,007)</u>	<u>-</u>	<u>31,362</u>

**Description of restricted funds**

*Events fund*: - Funding raised by individuals for the provision of holidays and events

*Remembrance event fund* – Donations received with instructions to use towards the costs of providing a remembrance event as part of bereavement support.

13 Financial instruments

Categorisation of financial instruments

	2023 £	2022 £
Financial assets that are debt instrument measured at amortised cost	<u>40,494</u>	<u>32,488</u>
Financial liabilities measured at amortised cost	<u>1,068</u>	<u>1,126</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31 MARCH 2023

14 Analysis of net assets between funds

	General fund £	Restricted funds £	Total 2023 £	Total 2022 £
Cash at bank and in hand	36,289	4,205	40,494	32,333
Other net current assets/liabilities	(1,068)	-	(1,068)	(971)
	<u>35,221</u>	<u>4,205</u>	<u>39,426</u>	<u>31,362</u>
	<b>£</b>	<b>£</b>	<b>£</b>	
<i>2022</i>				
<i>Cash at bank and in hand</i>	<i>28,128</i>	<i>4,205</i>	<i>32,333</i>	
<i>Other net current assets/liabilities</i>	<i>(971)</i>	<i>-</i>	<i>(971)</i>	
	<u><i>27,157</i></u>	<u><i>4,205</i></u>	<u><i>31,362</i></u>	

15 Legal status of charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

16 Related party transactions

Donations totalling £360 (2022: £370) were made to the charity by two trustees during the year.

**THE DUCHENNE FAMILY SUPPORT GROUP**

England & Wales - Charity number 1128653

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# Accounts

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**Charity Registration Number: 1128653**

**Company Registration Number: 06134522**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

**THE DUCHENNE FAMILY SUPPORT GROUP  
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**CONTENTS**

	<b><u>Page</u></b>
Report of the Trustees	1-3
Report of the independent examiner	4
Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7-11

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

The trustees present their report together with the financial statements of the Charity for the year ended 31st March 2022. They are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's governing document, applicable law and the requirements of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

**Reference and Administrative Details**

Charity Number	1128653
Company Number	06134522
Registered Office	78 York Street, London, W1 1DP

Directors and trustees

The directors of the charitable company are its trustees for the purpose of charity law and throughout this report are collectively referred to as trustees.

Our current trustees are Sue Berry, Stephen Meech, Jacky Wilde, Karen Lightly, Laura Elliott, Paul Chandler, and Sarah Wright. Christina Biggs and Ann Patterson are no longer trustees but continue to offer support where needed.

Our paid Development Officer for the period was Phillippa Farrant.

A third of the trustees (the longest serving) are required to retire by rotation each year at the Annual General Meeting but may seek re-election. This year, by rotation, Laura Elliott, Sue Berry and Jacky Wilde are offering themselves for re-election, together with Karen Lightly who was co-opted during the year, and any new nominations.

Company Secretary:	MC Secretaries Limited
Acting or Interim Treasurer:	Mrs Christina Biggs
Independent examiner:	Marcus Cridland BA(Hons) FCA, Scott Vevers Ltd 65 East Street, Bridport, Dorset, DT5 3LB.
Bankers:	Barclays Bank plc 90 Osborne Road, Southsea, Hants, PO5 3LW

**Objectives, Activities, Achievements and Performance**

The objectives of the charitable company are:

- To provide a positive national support network of families affected by Duchenne Muscular Dystrophy.
- To enable families to come together to share ideas and experiences and to enjoy social events.

Raising funds is always high on our priority list and the year saw us undertake sponsored events including the London Marathon. Additional financial support has again come from grants from other charities. We also receive significant support from our member families.

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

Services were maintained in the following areas:

- Helpline: We operate a helpline to receive calls from families and professionals. Our part time Development Officer dealt with the queries herself or passed them on to an appropriate person or organisation.
- News and information: The charity publishes a regular newsletter containing articles, many from our family members, sharing experiences and ideas. Feedback is also provided on research progress and other matters impacting on families of disabled children and adults. We also have a website, a Facebook page and a Twitter account - all of which we use in addition to our newsletter to keep families up to date with news and events.
- Events: Despite the pandemic the charity has continued to try to provide social events where families can enjoy a relaxed atmosphere whilst sharing their experiences and ideas. Events during this year included a holiday at Hall Farm Cottages in Norfolk, some Picnics in Parks, and a 35th Year Anniversary Weekend in Manchester.

**Review of Public Benefit**

In setting out our objectives and planning our activities, the trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

**Future Plans**

We continually strive to expand our services to meet the growing demand but we do so in a planned and financially prudent way, thus ensuring all projects stand on a sound financial footing individually and thus the charity moves forward and grows but does so responsibly.

The restrictions necessitated by the Covid-19 pandemic and the vulnerability of the boys in many of our member families caused us to cancel most of our social contact activities normally at the core of our work, but, in turn, reduced our expenditure. We continued to hold committee meetings by video.

The postponement and uncertainty around of the London Marathon, normally our principal source of income, significantly reduced our income. We are exploring alternative sources including applications to charitable Trusts. We look forward to resuming face to face activities as the situation eases.

**Financial Review**

Each service we offer is carefully budgeted for and only runs after being sanctioned by the trustees as viable. The excess of expenditure over income in the year amounted to £354 (2021 - £10,293 excess income). Reserves at 31<sup>st</sup> March 2022 were £31,362.

Investment powers and policy

Under the Memorandum and Articles of Association, the charitable company has the power to make any investment which the trustees see fit.

Reserves policy

The state of the economy and resulting downturn in donations received also means sufficient reserves must be held to ensure services could continue in a financial downturn. The trustees carefully monitor this area to ensure sufficient reserves are in place. Our policy is to have a minimum of 3 months' running costs as a reserve figure. At present the free reserves, which amount to £31,362 are within this target level.

**Structure, Governance and Management**

Governing Document

The Duchenne Family Support Group is a registered charity (charity number 1128653) and a company limited by guarantee (company number 06134522). The company was formed on 2 March 2007 and achieved registered charity status on 18 March 2009.

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2022**

The charitable company is governed by its Memorandum and Articles of Association.

Appointment of trustees

Trustees are appointed by the Members at the Annual General Meeting in accordance with the charitable company's Memorandum and Articles of Association. No external bodies have the right to appoint trustees.

Trustee induction and training

New trustee directors are introduced to the operations of the organisation and are given information on the responsibilities of being a trustee and director as well as copies of the charitable company's Memorandum and Articles of Association. Training is provided to trustee directors when required.

Organisation

The board of trustees, or the Executive Committee, of between 3 and 15 members who meet regularly, administer the charitable company. The charity also employed an administrator to assist with the day-to-day operation of the charitable company. The committee includes both trustee-members and non-trustee-members. The trustee-members are responsible for all decisions but seek guidance and opinions from non-trustee-members and, indeed, on occasion, the charity membership as a whole.

**Trustees' responsibilities in relation to the Financial Statements**

Company law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charitable company at the end of the financial year and of its surplus or deficit for the financial year. In doing so the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for maintaining property accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enables them to ensure that the financial statements comply with the Companies Act 1985. The trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the small company regime (section 419(2)) of the Companies Act 2006.

**Signed on behalf of the board of Trustees by:**

Dr S Meech – Chair ..... 

Date: 22/4/22 .....

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**Independent Examiner's report to the Trustees of The Duchenne Family Support Group**

I report on the accounts of the charity for the year ended 31<sup>st</sup> March 2022, which are set out on pages 5 to 11.

**Responsibilities and basis of report**

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....  
Marcus Cridland BA(Hons) FCA  
Scott Vevers Ltd  
65 East Street  
Bridport  
Dorset  
DT6 3LB.

Date: .....13/12/22.....

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)  
FOR THE YEAR ENDED 31ST MARCH 2022

	Notes	Unrestricted funds £	Restricted funds £	2022 £	2021 £
<b>Income</b>					
<b>Income and endowments from:</b>					
Donations		3,580	-	3,580	3,387
Grants		110	10,000	10,110	16,280
<b>Charitable activities:</b>					
Contributions from families towards events		-	10,228	10,228	-
<b>Other trading activities</b>					
Fundraising		30,735	-	30,735	16,629
<b>Total Income</b>		<u>34,425</u>	<u>20,228</u>	<u>54,653</u>	<u>36,296</u>
<b>Expenditure on:</b>					
Raising funds	3	5,829	-	5,829	2,449
Charitable activities	4	22,496	26,682	49,178	23,554
<b>Total expenditure</b>		<u>28,325</u>	<u>26,682</u>	<u>55,007</u>	<u>26,003</u>
<b>Net income (expenditure) for the year</b>		6,100	(6,454)	(354)	10,293
<b>Transfers between funds</b>		(7,764)	7,764	-	-
<b>Net movement in funds</b>		<u>(1,664)</u>	<u>1,310</u>	<u>(354)</u>	<u>10,293</u>
Reconciliation of funds					
Total funds at 1st April 2021		28,821	2,895	31,716	21,423
<b>Total funds at 31st March 2022</b>		<u>27,157</u>	<u>4,205</u>	<u>31,362</u>	<u>31,716</u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 7 to 11 form part of these financial statements

## THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)

## BALANCE SHEET AT 31ST MARCH 2022

	Notes	2022		2021	
		£	£	£	£
<b>Current assets</b>					
Debtors	10	155		5,641	
Cash at bank and in hand		32,333		27,745	
		<u>32,488</u>		<u>33,386</u>	
<b>Creditors: Amounts falling due within one year</b>	11	<u>(1,126)</u>		<u>(1,670)</u>	
<b>Net current assets</b>			31,362		31,716
<b>Total assets less current liabilities</b>			<u>31,362</u>		<u>31,716</u>
<b>The funds of the charity:</b>					
Restricted income funds	12		4,205		2,895
Unrestricted income funds:	12		27,157		28,821
<b>Total charity funds</b>			<u>31,362</u>		<u>31,716</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2022.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2022 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of Trustees and signed on its behalf by:

  
 .....  
 Dr S Meech - Trustee

Date: 22/4/22  
 .....

The notes on pages 7 to 11 form part of these financial statements

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2022**

**1 Accounting policies**

**1.1 Basis of preparation**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The accounts include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

**1.2 Income**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

**1.3 Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

**1.4 Expenditure**

Expenditure is recognised when a liability is incurred.

Costs of raising funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities include expenditure associated with the production of the newsletter and other information, provision of a helpline and volunteer network services and provision of events and holidays, together with support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**1.5 Funds structure**

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

All other funds are unrestricted income funds.

**2 Income**

	Unrestricted		Restricted		Total	
	2022	2021	2022	2021	2022	2021
	£	£	£	£	£	£
Grants and donations	3,690	10,667	10,000	9,000	13,690	19,667
Event contributions	-	-	10,228	-	10,228	-
Fundraising	30,735	16,629	-	-	30,735	16,629
	<u>34,425</u>	<u>27,296</u>	<u>20,228</u>	<u>9,000</u>	<u>54,653</u>	<u>36,296</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)  
 NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2022

3 Cost of raising funds

	2022	2021
	£	£
Fundraising costs	5,653	2,336
Support costs (see note 5)	176	113
	<u>5,829</u>	<u>2,449</u>

4 Analysis of charitable expenditure

	Total 2022	Total 2021
	£	£
<b>Restricted</b>		
Family event costs	17,944	161
Pears costs	8,690	6,105
Remembrance event costs and bereavement support	48	261
	<u>26,682</u>	<u>6,527</u>
<b>Unrestricted</b>		
Travel	297	52
Conferences etc	-	152
Printing including newsletter production	4,379	5,411
Website	149	149
Support and governance costs (see note 5)	17,671	11,263
	<u>22,496</u>	<u>17,027</u>
	<u>49,178</u>	<u>23,554</u>

5 Support costs

	Generating Funds	Direct Charitable	Governance	Total 2022	Total 2021
	£	£	£	£	£
Administrator's salary	-	11,135	1,237	12,372	8,311
Committee meeting costs	63	162	25	250	-
Subscriptions	-	454	-	454	-
Telephone and internet	-	434	48	482	205
Postage and stationery and office costs	-	876	97	973	415
Insurance	113	293	45	451	451
Legal and professional fees	-	1,345	149	1,494	980
Independent examiner's fees	-	-	996	996	870
Sundry expenses	-	375	-	375	144
	<u>176</u>	<u>15,074</u>	<u>2,597</u>	<u>17,847</u>	<u>11,376</u>

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2022**

**5 Support costs (continued)**

2021	£	£	£	£
Administrator's salary	-	7,480	831	8,311
Committee meeting costs	-	-	-	-
Telephone and internet	-	184	21	205
Postage and stationery and office costs	-	374	41	415
Insurance	113	293	45	451
Office rent	-	-	-	-
Legal and professional fees	-	882	98	980
Independent examiner's fees	-	-	870	870
Sundry expenses	-	144	-	144
	<u>113</u>	<u>9,357</u>	<u>1,906</u>	<u>11,376</u>

**6 Trustees' remuneration and expenses**

Trustees received no emoluments during the year.

There were expenses of £919 (2021 - £nil) reimbursed to four trustees during the year.

**7 Analysis of staff costs**

	Total 2022 £	Total 2021 £
Salaries and wages	17,152	8,311
Pension contributions	327	-
	<u>17,479</u>	<u>8,311</u>

**8 Staff numbers**

The average number of full-time employees (including casual and part-time staff) during the year was as follows:

	Total 2022	Total 2021
Charitable activities	0.62	0.44
Governance	0.02	0.02
	<u>0.64</u>	<u>0.46</u>
Average number of staff (headcount)	<u>1</u>	<u>1</u>

**9 Taxation**

The company is a registered charity and no provision is considered necessary for taxation.

**10 Debtors**

	2022 £	2021 £
Prepaid fundraising costs	-	1,980
Prepaid event costs	-	3,661
Other debtors	155	-
	<u>155</u>	<u>5,641</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)  
 NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2022

11 Creditors: amounts falling due within one year

	2022	2021
	£	£
Event contributions received in advance	-	800
Other creditors and accruals	1,126	870
	<u>1,126</u>	<u>1,670</u>

12 Analysis of charitable funds

	Balance at 01.04.2021	Incoming resources	Resources expended	Transfers	Balance at 31.03.2022
	£	£	£	£	£
<b>Restricted funds</b>					
Pears fund	2,895	10,000	(8,690)	-	4,205
Remembrance events fund	-	-	(48)	48	-
Events fund	-	10,228	(17,944)	7,716	-
	<u>2,895</u>	<u>20,228</u>	<u>(26,682)</u>	<u>7,764</u>	<u>4,205</u>
<b>Unrestricted funds</b>					
General fund	28,821	34,425	(28,325)	(7,764)	27,157
	<u>31,716</u>	<u>54,653</u>	<u>(55,007)</u>	<u>-</u>	<u>31,362</u>
2021	Balance at 01.04.2020	Incoming resources	Resources expended	Transfers	Balance at 31.03.2021
	£	£	£	£	£
<b>Restricted funds</b>					
Pears fund	-	9,000	(6,105)	-	2,895
Remembrance events fund	-	-	(261)	261	-
Events fund	-	-	(161)	161	-
	<u>-</u>	<u>9,000</u>	<u>(6,527)</u>	<u>422</u>	<u>2,895</u>
<b>Unrestricted funds</b>					
General fund	21,423	27,296	(19,476)	(422)	28,821
	<u>21,423</u>	<u>36,296</u>	<u>(26,003)</u>	<u>-</u>	<u>31,716</u>

**Description of restricted funds**

*Events fund:* - Funding raised by individuals for the provision of holidays and events

*Remembrance event fund* – Donations received with instructions to use towards the costs of providing a remembrance event as part of bereavement support.

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)  
 NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2022

13 **Financial instruments**

Categorisation of financial instruments

	2022	2021
	£	£
Financial assets that are debt instrument measured at amortised cost	<u>32,488</u>	<u>27,745</u>
Financial liabilities measured at amortised cost	<u>1,126</u>	<u>1,670</u>

14 **Analysis of net assets between funds**

	General fund	Restricted funds	Total 2022	Total 2021
	£	£	£	£
Cash at bank and in hand	28,128	4,205	32,333	27,745
Other net current assets/liabilities	(971)	-	(971)	3,971
	<u>27,157</u>	<u>4,205</u>	<u>31,362</u>	<u>31,716</u>
	<b>2021</b>	<b>£</b>	<b>£</b>	<b>£</b>
Cash at bank and in hand	24,850	2,895	27,745	
Other net current assets/liabilities	3,971	-	3,971	
	<u>28,821</u>	<u>2,895</u>	<u>31,716</u>	

15 **Legal status of charity**

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

16 **Related party transactions**

Donations totalling £370 (2021 - £360) were made to the charity by two trustees during the year.

**THE DUCHENNE FAMILY SUPPORT GROUP**

England & Wales - Charity number 1128653

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# Accounts

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**Charity Registration Number: 1128653**

**Company Registration Number: 06134522**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES AND  
UNAUDITED FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2021**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**CONTENTS**

	<b><u>Page</u></b>
Report of the Trustees	1-3
Report of the independent examiner	4
Statement of financial activities	5
Balance sheet	6
Notes to the financial statements	7-10

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

The Trustees present their report together with the financial statements of the Charity for the year ended 31st March 2021. They are also prepared to meet the requirements for a directors' report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the Charity's governing document, applicable law and the requirements of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

**Reference and Administrative Details**

Charity Number	1128653
Company Number	06134522
Registered Office	78 York Street, London, W1 1DP

Directors and Trustees

The directors of the charitable company are its Trustees for the purpose of charity law and throughout this report are collectively referred to as Trustees.

Our currently registered Trustees are Sue Berry, Stephen Meech, Michelle Lyall, Jayne Doe, Kate Thomas and Laura Elliott. Joanna Rowlands is a management committee member. Christina Biggs and Ann Patterson are no longer Trustees or on committee but continue to offer support where needed.

A third of the Trustees, the longest serving third, are required to retire by rotation each year at the Annual General Meeting but may seek re-election. The Trustees required to retire at the forthcoming Annual General Meeting are Stephen Meech, Jayne Doe and Jo Rowlands. They will offer themselves for re-election.

Company Secretary:	MC Secretaries Limited
Acting or Interim Treasurer:	Mrs Christina Biggs
Independent examiner:	Marcus Cridland BA(Hons) FCA, Scott Vevers Ltd 65 East Street, Bridport, Dorset, DT6 3LB.
Bankers:	Barclays Bank plc 90 Osborne Road, Southsea, Hants, PO5 3LW

**Objectives, Activities, Achievements and Performance**

The objectives of the charitable company are:

- To provide a positive national support network of families affected by Duchenne Muscular Dystrophy.
- To enable families to come together to share ideas and experiences and to enjoy social events.

Raising funds is always high on our priority list. Due to Covid-19, many events and fund-raising activities had to be cancelled this year. Additional financial support has again come from grants from charities. We also receive significant support from our member families.

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

Services were maintained in the following areas:

- Helpline: We operate a helpline to receive calls from families and professionals. Our part time Development Officer deals with the queries herself or passes them on to an appropriate person or organisation.
- News and information: The charity publishes a regular newsletter containing articles, many from our family members, sharing experiences and ideas. Feedback is also provided on research progress and other matters impacting on families of disabled children and adults. We also have a website, a Facebook page and a Twitter account – all of which we use in addition to our newsletter to keep families up to date with news and events.
- Events: The charity endeavours to provide social events where families can enjoy a relaxed atmosphere whilst sharing their experiences and ideas. Events during this year were cancelled due to the Covid-19 pandemic.

**Review of Public Benefit**

In setting out our objectives and planning our activities, the Trustees have given careful consideration to the Charity Commission's general guidance on public benefit.

**Future Plans**

We continually strive to expand our services to meet the growing demand but we do so in a planned and financially prudent way, thus ensuring all projects stand on a sound financial footing individually and thus the charity moves forward and grows but does so responsibly.

The restrictions necessitated by the Covid-19 pandemic and the vulnerability of the boys in many of our member families caused us to cancel all our social contact activities (days out, holidays etc.), normally at the core of our work, but, in turn, this has reduced our expenditure. We continue to hold committee meetings by video. Our development officer has increased her hours in response to demand and we have been able to fund this through grants received for the purpose.

The postponement and uncertainty around of the London Marathon, normally our principal source of income, significantly reduced our income. We have made successful applications to charitable Trusts. We look forward to resuming face to face activities once the situation has eased.

**Financial Review**

Each service we offer is carefully budgeted for and only runs after being sanctioned by the Trustees as viable. The excess of income over expenditure in the year amounted to £10,293 (2020 £6,646 excess expenditure). Reserves at 31<sup>st</sup> March 2021 were £31,716.

Investment powers and policy

Under the Memorandum and Articles of Association, the charitable company has the power to make any investment which the Trustees see fit.

Reserves policy

The state of the economy and resulting downturn in donations received also means sufficient reserves must be held to ensure services could continue in a financial downturn. The Trustees carefully monitor this area to ensure sufficient reserves are in place. Our policy is to have a minimum of 3 months' running costs as a reserve figure. At present the free reserves, which amount to £31,716 are within this target level.

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31 MARCH 2021**

**Structure, Governance and Management**

Governing Document

The Duchenne Family Support Group is a registered charity (charity number 1128653) and a company limited by guarantee (company number 06134522). The company was formed on 2 March 2007 and achieved registered charity status on 18 March 2009.

The charitable company is governed by its Memorandum and Articles of Association.

Appointment of Trustees

Trustees are appointed by the Members at the Annual General Meeting in accordance with the charitable company's Memorandum and Articles of Association. No external bodies have the right to appoint Trustees.

Trustee induction and training

New Trustee directors are introduced to the operations of the organisation and are given information on the responsibilities of being a Trustee and director as well as copies of the charitable company's Memorandum and Articles of Association. Training is provided to Trustee directors when required.

Organisation

The board of Trustees, or the Executive Committee, of between 3 and 15 members who meet regularly, administer the charitable company. The charity also employs an administrator to assist with the day-to-day operation of the charitable company. The committee includes both Trustee-members and non-Trustee-members. The Trustee-members are responsible for all decisions but seek guidance and opinions from non-Trustee-members and, indeed, on occasion, the charity membership as a whole.

**Trustees' responsibilities in relation to the Financial Statements**

Company law requires the Trustees to prepare financial statements that give a true and fair view of the state of affairs of the charitable company at the end of the financial year and of its surplus or deficit for the financial year. In doing so the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for maintaining property accounting records which disclose with reasonable accuracy at any time the financial position of the charitable company and enables them to ensure that the financial statements comply with the Companies Act 1985. The Trustees are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report has been prepared in accordance with the small company regime (section 419(2)) of the Companies Act 2006.

**Signed on behalf of the board of Trustees by:**

**Dr S Meech – Chair** .....

**Date: 14<sup>th</sup> October 2021**

**THE DUCHENNE FAMILY SUPPORT GROUP  
(A COMPANY LIMITED BY GUARANTEE)**

**Independent Examiner's report to the Trustees of The Duchenne Family Support Group**

I report on the accounts of the charity for the year ended 31<sup>st</sup> March 2021, which are set out on pages 5 to 10.

**Responsibilities and basis of report**

As the charity's Trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act'). Having satisfied myself that the accounts of the Company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- the accounts do not comply with the accounting requirements of section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Marcus Cridland BA(Hons) FCA  
Scott Vevers Ltd  
65 East Street  
Bridport  
Dorset  
DT6 3LB.

Date:

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**

**STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE)  
FOR THE YEAR ENDED 31ST MARCH 2021**

	Notes	Unrestricted funds £	Restricted funds £	2021 £	2020 £
<b>Income</b>					
<b>Income and endowments from:</b>					
Donations		3,387	-	3,387	3,479
Grants		7,280	9,000	16,280	-
<b>Charitable activities:</b>					
Contributions from families towards events		-	-	-	10,528
<b>Other trading activities</b>					
Fundraising		16,629	-	16,629	24,889
<b>Total Income</b>		<u>27,296</u>	<u>9,000</u>	<u>36,296</u>	<u>38,896</u>
<b>Expenditure on:</b>					
Raising funds	3	2,449	-	2,449	2,290
Charitable activities	4	17,027	6,527	23,554	43,252
<b>Total expenditure</b>		<u>19,476</u>	<u>6,527</u>	<u>26,003</u>	<u>45,542</u>
<b>Net income (expenditure) for the year</b>		7,820	2,473	10,293	(6,646)
<b>Transfers between funds</b>		(422)	422	-	-
<b>Net movement in funds</b>		<u>7,398</u>	<u>2,895</u>	<u>10,293</u>	<u>(6,646)</u>
Reconciliation of funds					
Total funds at 1st April 2020		21,423	-	21,423	28,069
<b>Total funds at 31st March 2021</b>		<u><u>28,821</u></u>	<u><u>2,895</u></u>	<u><u>31,716</u></u>	<u><u>21,423</u></u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 7 to 10 form part of these financial statements

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)****BALANCE SHEET AT 31ST MARCH 2021**

	Notes	2021		2020	
		£	£	£	£
<b>Current assets</b>					
Debtors	10	5,641		5,641	
Cash at bank and in hand		27,745		17,222	
		<u>33,386</u>		<u>22,863</u>	
<b>Creditors:</b> Amounts falling due within one year	11	<u>(1,670)</u>		<u>(1,440)</u>	
<b>Net current assets</b>			31,716		21,423
<b>Total assets less current liabilities</b>			<u>31,716</u>		<u>21,423</u>
<b>The funds of the charity:</b>					
Restricted income funds	12		2,895		-
Unrestricted income funds:	12		28,821		21,423
<b>Total charity funds</b>			<u>31,716</u>		<u>21,423</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st March 2021.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st March 2021 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the board of Trustees and signed on its behalf by:

Dr S Meech - Trustee

Date: 14th October 2021

The notes on pages 7 to 10 form part of these financial statements

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)  
NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2021**

**1 Accounting policies**

**1.1 Basis of preparation**

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements are prepared under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006. The accounts include the results of the charity's operations which are described in the Trustees' Report, all of which are continuing.

**1.2 Income**

Voluntary income including donations, gifts and legacies and grants that provide core funding or are of a general nature are recognised where there is entitlement, certainty of receipt and the amount can be quantified with reasonable accuracy. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Investment income is recognised on a receivable basis.

**1.3 Volunteers and donated services and facilities**

The value of services provided by volunteers is not incorporated into these financial statements. Further details of the contribution made by volunteers can be found in the trustees' annual report.

**1.4 Expenditure**

Expenditure is recognised when a liability is incurred.

Costs of raising funds are those costs incurred in attracting voluntary income, and those incurred in trading activities that raise funds.

Charitable activities include expenditure associated with the production of the newsletter and other information, provision of a helpline and volunteer network services and provision of events and holidays, together with support costs relating to these activities.

Governance costs include those incurred in the governance of the charity and its assets and are primarily associated with constitutional and statutory requirements.

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

**1.5 Funds structure**

The charity has a number of restricted income funds to account for situations where a donor requires that a donation must be spent on a particular purpose or where funds have been raised for a specific purpose.

All other funds are unrestricted income funds.

**2 Income**

	Unrestricted		Restricted		Total	
	2021	2020	2021	2020	2021	2020
	£	£	£	£	£	£
Grants and donations	10,667	2,269	9,000	1,210	19,667	3,479
Event contributions	-	-	-	10,528	-	10,528

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2021**

Fundraising	16,629	24,889	-	-	16,629	24,889
	<u>27,296</u>	<u>27,158</u>	<u>9,000</u>	<u>11,738</u>	<u>36,296</u>	<u>38,896</u>

**3 Cost of raising funds**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Fundraising costs	2,336	2,142
Support costs (see note 5)	113	148
	<u>2,449</u>	<u>2,290</u>

**4 Analysis of charitable expenditure**

	<b>Total</b>	<b>Total</b>
	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
<b>Restricted</b>		
Family event costs	161	22,035
Pears costs	6,105	-
Remembrance event costs and bereavement support	261	3,029
	<u>6,527</u>	<u>25,064</u>
<b>Unrestricted</b>		
Travel	52	378
Conferences etc	152	1,332
Printing including newsletter production	5,411	7,956
Website	149	149
Support and governance costs (see note 5)	11,263	8,373
	<u>17,027</u>	<u>18,188</u>
	<u>23,554</u>	<u>43,252</u>

**5 Support costs**

	<b>Generating</b>	<b>Direct</b>	<b>Governance</b>	<b>Total</b>	<b>Total</b>
	<b>Funds</b>	<b>Charitable</b>	<b>Governance</b>	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
Administrator's salary	-	7,480	831	8,311	5,334
Committee meeting costs	-	-	-	-	138
Telephone and internet	-	184	21	205	325
Postage and stationery and office costs	-	374	41	415	633
Insurance	113	293	45	451	451
Office rent	-	-	-	-	80
Legal and professional fees	-	882	98	980	942
Independent examiner's fees	-	-	870	870	618
	<u>113</u>	<u>9,357</u>	<u>1,906</u>	<u>11,376</u>	<u>8,521</u>

<i>2020</i>	<i>£</i>	<i>£</i>	<i>£</i>	<i>£</i>
<i>Administrator's salary</i>	<i>-</i>	<i>4,801</i>	<i>533</i>	<i>5,334</i>
<i>Committee meeting costs</i>	<i>35</i>	<i>89</i>	<i>14</i>	<i>138</i>
<i>Telephone and internet</i>	<i>-</i>	<i>292</i>	<i>33</i>	<i>325</i>
<i>Postage and stationery and office costs</i>	<i>-</i>	<i>570</i>	<i>63</i>	<i>633</i>
<i>Insurance</i>	<i>113</i>	<i>293</i>	<i>45</i>	<i>451</i>
<i>Office rent</i>	<i>-</i>	<i>80</i>	<i>-</i>	<i>80</i>

**THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)**  
**NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2021**

<i>Legal and professional fees</i>	-	848	94	942
<i>Independent examiner's fees</i>		-	618	618
	<u>148</u>	<u>6,973</u>	<u>1,400</u>	<u>8,521</u>

**6 Trustees' remuneration and expenses**

Trustees received no emoluments in the year.

During the year no trustees were reimbursed out of pocket expenses for travelling which totalled £0 (2020 : two trustees totalling £95).

**7 Analysis of staff costs**

	<b>Total 2021</b>	<b>Total 2020</b>
	<b>£</b>	<b>£</b>
Salaries and wages	8,311	5,334
Social security costs	-	-
	<u>8,311</u>	<u>5,334</u>

**8 Staff numbers**

The average number of full-time employees (including casual and part-time staff) during the year was as follows:

	<b>Total 2021</b>	<b>Total 2020</b>
Charitable activities	0.44	0.24
Governance	0.02	0.02
	<u>0.46</u>	<u>0.26</u>
Average number of staff (headcount)	<u>1</u>	<u>1</u>

**9 Taxation**

The company is a registered charity and no provision is considered necessary for taxation.

**10 Debtors**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Prepaid fundraising costs	1,980	1,980
Prepaid event costs	3,661	3,661
	<u>5,641</u>	<u>5,641</u>

**11 Creditors: amounts falling due within one year**

	<b>2021</b>	<b>2020</b>
	<b>£</b>	<b>£</b>
Event contributions received in advance	800	800
Social security and other taxes	-	22
Other creditors and accruals	870	618
	<u>1,670</u>	<u>1,440</u>

THE DUCHENNE FAMILY SUPPORT GROUP (A COMPANY LIMITED BY GUARANTEE)  
 NOTES TO THE FINANCIAL STATEMENT FOR THE YEAR ENDED 31ST MARCH 2021

12 Analysis of charitable funds

	Brought Forward £	Incoming resources £	Resources expended £	Transfers £	Carried Forward £
<b>Restricted funds</b>					
Pears fund	-	9,000	(6,105)	-	2,895
Remembrance events fund	-	-	(261)	261	-
Events fund	-	-	(161)	161	-
	<u>-</u>	<u>9,000</u>	<u>(6,527)</u>	<u>422</u>	<u>2,895</u>
<b>Unrestricted funds</b>					
General fund	21,423	27,296	(19,476)	(422)	28,821
	<u>21,423</u>	<u>36,296</u>	<u>(26,003)</u>	<u>-</u>	<u>31,716</u>

**Description of restricted funds**

*Events fund:* - Funding raised by individuals for the provision of holidays and events

*Remembrance event fund* – Donations received with instructions to use towards the costs of providing a remembrance event as part of bereavement support.

13 Analysis of net assets between funds

	General fund £	Restricted funds £	Total 2021 £	Total 2020 £
Cash at bank and in hand	24,850	2,895	27,745	17,222
Other net current assets/liabilities	3,971	-	3,971	4,201
	<u>28,821</u>	<u>2,895</u>	<u>31,716</u>	<u>21,423</u>
	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<i>2020</i>				
<i>Cash at bank and in hand</i>	17,680	(458)	17,222	26,808
<i>Other net current assets/liabilities</i>	4,201	-	4,201	1,261
	<u>21,881</u>	<u>(458)</u>	<u>21,423</u>	<u>28,069</u>

14 Legal status of charity

The charity is a company limited by guarantee and has no share capital. The liability of each member in the event of winding up is limited to £1.

15 Related party transactions

Donations totalling £0 were made to the charity by no trustees during the year.