



NEWHAM COMMUNITY PROJECT

Annual Report



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Our work is further enhanced through partnerships and collaborations with numerous organisations and institutes. We are deeply grateful for the support from the local council, London Borough of Newham, which has consistently shown its commitment to the community. Special thanks to the Newham public health team, other council departments, the Mayor of Newham, and the local councillors who we work closely with.



We also appreciate our partnerships with the Queen Mary University Geography Department, the University of East London, the Royal Docks School of Business and Law and the International Centre for Policing, Innovation, Enterprise and Learning (PIEL), the London School of Economics, the University of Central London, University of Bristol, Compost Newham, Compost London, Newham Muslim Forum, Faith Space, Metropolitan Police, Metropolitan Police ADDER project, Change Grow Live, Newham Rise, Newvic College, Kailo, and Newham Voices.

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We are deeply grateful to everyone who has supported us in our journey and helped us make a positive difference in our community. Thank you for your continued support and dedication.



Newham Community Project

Newham Community Project (NCP), founded in 2008 by a dedicated group of Newham residents, emerged as a response to the growing disparities in society, education and social welfare related to protected characteristics within the London Borough of Newham and surrounding areas. Concerns over the lack of opportunities for youth and rising youth crime prompted NCP's intervention, leading to the establishment of youth clubs as a positive outlet for young people. Furthermore, inequalities for underprivileged and disadvantaged community members became more apparent, requiring interventions to overcome barriers to support, economic challenges, and wellbeing.

Throughout the years, Newham Community Project has remained steadfast, assuming elevated responsibility during times of crisis. In the wake of the unprecedented pandemic and the subsequent economic challenges, the organisation has observed a surge in difficulties the community faces. This has disproportionately affected BAME individuals, disadvantaged populations, the underprivileged, and those with no recourse to public funds.

NCP has dedicated another year to providing crucial support and advocacy for individuals with no recourse to public funds (NRPF). This includes international students, refugees, asylum seekers, and others who find themselves in challenging situations due to their immigration status or individual circumstances.

Responding to the adverse impacts of the pandemic, NCP took the initiative to launch a foodbank to support those with no recourse to public funds facing food poverty. Recognising the persistent adversities, discrimination, and disadvantages faced by their service users and the community, NCP expanded its efforts.

NCP has implemented comprehensive wraparound services aimed at addressing many of the challenges confronting the community. NCP's initiatives have had a profound positive impact on the lives of hundreds of families. NCP service users have demonstrated remarkable resilience in overcoming adversities and traumatic events, leading to enduring changes in their attitudes and behaviours towards these challenges.

Our caseworkers have played an essential role in delivering tailored assistance, ensuring our service users receive the help they need to navigate complex systems and overcome obstacles. Our caseworkers are at the heart of our mission, offering a range of services to support people in need. Their responsibilities encompass advocacy, support services, practical casework, liaison work, and referral services. In their advocacy role, caseworkers represent service users in interactions with universities, landlords, employers, and government agencies. They also liaise with legal professionals to ensure clients receive appropriate legal advice and representation, particularly in immigration matters.

Support services provided by our caseworkers include referring to other NCP services and signposting to other services, offering support to clients experiencing significant obstacles due

to their immigration status, and helping clients access emergency funds, food banks, and other charitable resources to meet their basic needs. Practical casework involves assisting clients in completing necessary paperwork for applications, extensions, and immigration-related processes. Our caseworkers also help clients secure safe and stable housing by negotiating with landlords and accessing housing support services.

In terms of liaison work, caseworkers coordinate with university staff to address the unique needs of international students, including academic support, financial assistance, and other issues. They also connect clients with healthcare providers and ensure they receive necessary medical care, despite their NRPF status. Referral services involve directing clients to specialised agencies for additional support, including mental health services, employment advice, and vocational training. Additionally, caseworkers link clients with community resources and support networks to help them integrate into the community and build supportive relationships.

Many of our service users have made significant strides in breaking down language barriers and fostering appreciation for cultural diversity in various settings. Their overall social and communication skills have shown remarkable improvement, enabling them to engage effectively with others. Many have become more employable and secured employment, empowering them to combat poverty and reduce unemployment. This newfound stability is helping them chart a course toward a more manageable financial and stable future.

Summary of Projects

In the 2023-24 fiscal year, the Newham Community Project (NCP) has continued to address the disparities in education and social welfare within the Newham community, focusing on underprivileged individuals and those with no recourse to public funds.

Our initiatives include the Foodbank Support program, which operates three days a week to provide culturally appropriate food to destitute residents, and the Perinatal Support project, offering essential supplies and culturally sensitive antenatal and postnatal classes.

Additionally, the Trauma-Informed and Mental Wellbeing program provided early intervention and specialised mental health care, while the Imra'a project focused on addressing violence and sexual offences through community-led strategies and support phases for victims and survivors.

Further, the Welcome Newham initiative supports refugees, migrants, and asylum seekers with employability classes, healthy eating clubs, and health workshops. The Taqlis project addresses drug use within ethnic minority communities through tailored support and education, and the Charge Safely project raised awareness about e-battery fire safety hazards.

Our partnership with the Peabody Association provides life skills training to vulnerable families, and the Gateway to Life project promotes organ donation awareness in Black, Asian

and EMinority Ethnic communities. The Warm Havens initiative offers support to destitute and homeless families. The Employability and Life Skills Programme enhances employment prospects for vulnerable individuals and our Youth Empowerment project provides mentorship and skills training to disadvantaged youth.

Our academic partnerships with Queen Mary University, the University of Central London, the London School of Economics, and the University of East London focus on research and policy advocacy to address critical issues such as housing challenges, knife crime, and the needs of international students and those with no recourse to public funds. These initiatives collectively contribute to the resilience and well-being of the Newham community.

Foodbank Support

Partnerships: Newham Food Alliance, City Harvest, Felix Project, Hovis, and unaccountable donors

Newham Community Project operates a food bank three days a week, serving families and



destitute residents of Newham, particularly those with no recourse to public funds, including refugees, migrants, asylum seekers, and international students. In addition, we support families referred by the local council, London Borough of Newham. Our mission is to provide weekly essential provisions to those in need, ensuring no one in our community goes hungry. Our dedicated registration team ensures that support reaches eligible users by diligently verifying their needs. The food we distribute adheres to the Eatwell NHS guidelines, promoting a healthy and balanced diet. We take pride in offering culturally appropriate food, including

staples such as rice, oil, spices, fresh fruit, and vegetables, which helps maintain the dignity of our users while respecting their dietary preferences.

In the current economic climate, many families face immense struggles to provide for their loved ones. The rising cost of living has exacerbated these challenges, making our food bank an essential resource. Our priority is to serve destitute families without discrimination or judgment, ensuring they receive the necessary support. We provide not just



food, but also a sense of community and belonging, helping families navigate the stigma often associated with using a food bank.

Newham Community Project food bank is more than just a source of food; it is a lifeline for many in our community. Our services include Nutritional Guidance: Ensuring the food provided aligns with NHS nutritional standards and Culturally Appropriate Provisions: Respecting and accommodating the diverse cultural needs of our users.



We have seen firsthand the resilience of our service users, who continually strive to overcome adversity. Many have expressed profound gratitude for the support received, which has enabled them to provide for their families during challenging times. The positive impact of our food bank extends beyond immediate relief; it fosters a sense of hope and community solidarity.

Our commitment to the community remains steadfast. We continuously seek to improve our services by Expanding Food Variety and introducing a wider range of food items to meet diverse dietary needs. We also provide Additional Resources: Offering information and access to our wraparound support services, and signposting where necessary.

Newham Community Project food bank is a testament to the power of community support and compassion. By addressing immediate food insecurity and offering ongoing support, we aim to uplift and empower the most vulnerable members of our society, helping them build a stable and hopeful future.

Our work continues to reinforce the importance of community solidarity in overcoming hardships and fostering a brighter future for all.



Perinatal Support - Bumps and Babes Project

Partnerships: Newham Council Baby Feeding Programme and Childrens Public Health departments, and Newham University Hospital Midwifery Team

Newham Community Project Perinatal support has become a vital resource for many families within our community, particularly in light of the ongoing challenges posed by the rising cost of living. Our primary goal is to ensure that every family has access to the essential items and support they need to thrive in pregnancy and beyond.

Baby Bank: Providing Essential Supplies for Families

The Baby Bank is at the core of our efforts to support families, offering a comprehensive range of essential items tailored to meet the cultural needs of our diverse community. We provide



adequate nappies to prevent nappy rash and related health issues, as financial constraints have previously led some mothers to change nappies less frequently, resulting in severe cases of nappy rash and, in extreme instances, hospitalisation. To ensure the well-being of both mothers and babies, we supply the appropriate formula milk for those who cannot breastfeed or whose babies require top-up feeds, in line with World Health Organisation (WHO) guidelines. Essential feeding equipment, including milk bottles, sterilisers, and breast pumps, are also provided.

Recognising the importance of nutrition, we offer culturally appropriate baby food ingredients and weaning foods. Our regular workshops share recipes and discuss any concerns, to ensure babies receive the best possible start. To support overall family health, we provide fresh fruit, vegetables, and other essential provisions. Additionally, our Baby Bank supplies various baby necessities including cots, pushchairs, baby baths, and appropriate seating, ensuring the safety and comfort of the baby.

We also provide hospital bags for pregnant women, which include clothes, nappies, vitamins, and other necessities to ensure a comfortable and stress-free hospital stay and beyond. Understanding the financial burdens many families face, we assist with prescription payments and essential vitamins not otherwise provided but recommended through general practitioners.



Community support is crucial, and we maintain several support groups for pregnant ladies and new Mums. These groups offer a platform for mothers to share experiences, seek advice, and provide mutual support. Our efforts in supporting families extend beyond providing physical items, emphasising the importance of community and emotional well-being.

Culturally Appropriate Antenatal Classes

Our antenatal classes are designed to provide comprehensive and culturally sensitive support to expectant mothers, crucial in preparing them for childbirth and ensuring they have the knowledge and resources needed for a healthy pregnancy. These classes feature interactive sessions that involve engaging discussions, demonstrations, and hands-on activities to help expectant mothers understand and retain important information.



We offer expert advice from a range of healthcare professionals, including obstetricians, midwives, lactation consultants, and other specialists, ensuring that mothers receive accurate and reliable guidance. The topics covered in our classes are extensive, including pregnancy nutrition, prenatal exercises, childbirth options, breastfeeding, newborn care, and more, providing a holistic approach to prepare mothers for all aspects of pregnancy and childbirth.

Support groups are an integral part of our antenatal program, facilitating regular meetings to minimise the



risk of prenatal depression. These groups create a supportive community where mothers can share their experiences, express concerns, and receive emotional support. Each class participant also receives a goody bag containing essential items, offering practical support and alleviating some of the financial pressures associated with pregnancy.

Culturally Appropriate Postnatal Classes

Our postnatal classes offer vital support to new mothers, focusing on both the physical and emotional well-being of mothers and their babies. These classes are designed to provide culturally sensitive care and support during the crucial postnatal period. Informative sessions cover various aspects of postnatal care through discussions, demonstrations, and hands-on activities, providing new mothers with practical knowledge and skills.



Regular Q&A sessions offer mothers the opportunity to ask questions and seek advice from knowledgeable facilitators, ensuring they have access to the information needed to care for their babies effectively. Guest speakers, including specialists in postpartum fitness, infant sleep, nutrition, and more, provide valuable insights and advice, helping mothers navigate the challenges of the postnatal period.

Interactive workshops are organised to enhance bonding between mothers and their babies, promoting overall well-being. These workshops include activities that help mothers and babies connect and develop strong bonds. The postnatal classes also provide a supportive environment where mothers can share their journey, express concerns, and celebrate milestones, reducing the risk of postnatal depression and promoting emotional well-being.

In each session, participants receive a goody bag containing essential items for their baby and for pampering themselves, providing practical support and alleviating some of the financial pressures associated with raising a newborn. Additionally, we maintain virtual and social media groups for new mothers, offering a platform for them to share experiences, seek advice, and support one another, fostering a strong sense of community.



Trauma-Informed and Mental Wellbeing

Newham Community Project recognises the critical need for early intervention support services and is deeply committed to providing specialised care and early intervention and prevention for those facing mental health challenges, including trauma and emotional crises.



Economic adversity and poverty have significantly increased stress, anxiety, and depression within our community. These challenges affect both adults and children, particularly those experiencing Adverse Childhood Experiences (ACEs). Our services offer regular support groups and workshops to address early concerns and the additional pressures brought about by the pandemic and the current cost-of-living crisis.

Our Trauma and Mental Wellbeing Team is composed of trained trauma-informed and mental health practitioners. This team includes Mental Health First Aiders, Psychological First Aiders, and professionals with Advanced Suicide Intervention Skills Training (ASIST) in addition to other certificates. We are dedicated to offering tailored support for mental health concerns, ensuring a holistic approach to well-being and appropriate signposting for clinical and medical intervention when necessary.

We address a broad spectrum of mental health issues, such as emotional crises, trauma, domestic violence, self-harm, suicide, anxiety, and depression. Our immediate and effective interventions support individuals in distress, providing trauma-informed care and psychological support. Our services also encompass safety planning and crisis intervention for those at risk of self-harm or suicide, along with therapeutic approaches to manage anxiety and depression.

In addition to our core services, we offer a variety of culturally sensitive workshops designed to promote mental well-being and resilience. These include Calm workshops, Neurolinguistic Programming (NLP) training, and cognitive restructuring sessions, all aimed at equipping individuals with practical tools and techniques to manage stress, improve mental health, and foster a positive mindset.



By partnering with statutory services and other organisations, we ensure effective signposting and referrals, directing individuals to appropriate services based on their

specific needs, thereby enhancing our support network and educational outreach. By engaging in these comprehensive efforts, Newham Community Project strives to create a supportive and informed community, capable of addressing and overcoming mental health challenges.

Imra'a – Here I Stand, Here I Stay

Partnerships: Newham Council People Powered Places, Islamic Relief UK and Newham Safer Neighbourhoods Board

The Imra'a – Here I Stand, Here I Stay project, emerged as a community-led effort to address violence and sexual crimes in the London Borough of Newham. Initially, there was uncertainty about the project's trajectory, but it quickly gained significant traction, engaging over 200 community members within a few months.

The core aim of Imra'a is to provide localised solutions through place-based prevention and localised solutions strategies. It gathers vital community intelligence to understand and address concerns raised by the community. Regular community-led meetings offer a safe space for participants to discuss issues related to violence and sexual offences without judgment or recording, fostering open and honest dialogue. These discussions have identified domestic abuse as a primary concern, shaping the project's direction.



Recognising the complexities of addressing domestic abuse, the project developed a phased



strategy to support victims, survivors, and those in the healing process. In the victim phase, individuals are directed to relevant services for immediate support. During the survivor phase, the project assesses additional needs such as counselling, legal aid, or housing assistance. Trauma-informed and mental wellbeing practitioners and ASIST-trained members are available for immediate safety concerns within the programme. For those in the healing phase, the project provides long-term support systems and educational workshops focused on recovery and personal

development. This approach is informed by an understanding of trauma recovery stages and the grief process, ensuring tailored interventions.

The project also addresses gaps in support following the Domestic Abuse Act 2021, which acknowledges children as indirect victims. Monthly cultural awareness workshops and an empowering leadership course were developed in response to community feedback on the need for cultural sensitivity and confidence-building. Educational programs, including workshops to empower children and developing a Stay Safe workshop, are integral components of the initiative.

Partnerships with the University of East London, International Centre for Policing, Innovation, Enterprise and Learning, Newham University Hospital and the Metropolitan Police's ADDER project further enhance the project's scope. Antenatal and postnatal training sessions address violence-related issues, while addiction-related violence training provides practical strategies for prevention and support. Monthly expert panel meetings bring together professionals to develop comprehensive crime reduction strategies. Additionally, the project contributes to the International Centre for Policing's Knife Crime Programme by offering workshops and narrative therapy sessions. Imra'a is supported by many prominent figures in London.



Adhering to its initial objectives, the project remains community-led, with significant outcomes stemming from ongoing conversations. These meetings occur fortnightly at various venues, maintaining a strong emphasis on education and awareness. By empowering residents and fostering a sense of ownership, the project aims to reduce violence and sexual crimes, ultimately enhancing community safety and well-being in Newham.

Welcome Newham

Partnership: Newham Council Public Health Team

NCP Welcome Newham project has been supporting refugees, migrants, and asylum seekers through a variety of initiatives designed to enhance their employability, health, and overall integration into the community.

One key aspect of this project is the employability classes conducted every other week, which focus on enhancing participants' skills in areas such as CV writing, digital literacy, and English language proficiency. These classes are critical in facilitating access to volunteer opportunities, providing in-person conversational English training, and assisting with job applications and



employability skills. Additionally, workshops on living in the UK are offered to aid in the overall adjustment process for new arrivals.

In addressing nutritional needs, the project also organises healthy eating clubs. Recognising that many newcomers may not have access to or knowledge about healthy eating, these

clubs provide hot meals and cooking spaces, fostering both physical health and social connections. The bi-weekly gatherings encourage integration and participation in social activities, which are essential for building a supportive community network.

Furthermore, the project includes monthly health workshops aimed at educating pregnant women on essential aspects of their well-being. These workshops cover topics such as registering with healthcare providers, and pre- and post-natal care, and are delivered by qualified medical

professionals including midwives and nurses. This initiative ensures that expecting mothers receive the necessary guidance and support during this critical period.



The project also emphasises outreach and resettlement wraparound support, offering access to trauma-informed care and mental health services. Trained mental health first aiders provide crucial support to newcomers, addressing their mental health and well-being needs as they adapt to their new environment. This holistic approach ensures that the beneficiaries of the Welcome Newham project receive the support they need to thrive in their new community.

Taqlis - Drug Support for Ethnic Minority Families

Partnerships: Newham Council People Powered Places, Islamic Relief UK, Change Grow Live, Newham Rise, and Metropolitan Police ADDER programme

Taqlis is a dedicated project to address illicit drug use within ethnic minority communities, providing essential support to both individuals and families. Over the past year, our work has focused on creating a united community that stands resilient against drug use.

Our mission is to offer tailored support and resources that address the specific needs of diverse communities. Through education, outreach, and empathetic guidance, we empower



individuals and families to strive for a drug-free life. We believe in replacing the stigma surrounding drug misuse with understanding and providing culturally sensitive support to ethnic minority families.

To achieve these goals, Taqlis has partnered with Change Grow Live, Newham Rise, and the



Metropolitan Police ADDER project. These collaborations enhance our ability to offer comprehensive support services. We have distributed over 10,000 informational booklets to raise awareness and the resources available for support. Our initiatives have successfully supported over one hundred families, helping them navigate the challenges of addiction and recovery.

The rise in drug use and related crimes has had a significant impact on ethnic minority families. Issues such as parental drug use often lead to hidden harms, including domestic violence, child abuse, neglect and adverse childhood experiences (ACEs). Young individuals involved in drug use are closely linked to criminal activities, antisocial behaviour, and domestic violence. These families often fear seeking help due to stigma and potential repercussions, compounded by class and social exclusion.

Misinformation and fear of stigma contribute to underreporting of drug use, despite the availability of statutory services. Health inequalities within the NHS further discourage ethnic minorities from seeking help. By addressing these barriers, Taqlis encourages families to seek assistance before addiction escalates any further.

We provide initial contact and support for families, preparing them to engage with existing services. By addressing misinformation and cultural barriers, we ensure that families feel confident and supported in their journey towards recovery.



Taqlis aims to create a supportive environment where ethnic minority families affected by drug misuse can find strength and resilience. By raising awareness, addressing stigma, and providing tailored support, we strive to make a meaningful impact on the community, empowering individuals and families towards a healthier, drug-free life. Taqlis has been supported by many prominent individuals and leaders in our community and beyond.

Charge Safely

Partnerships: Newham Council Private Sector Housing Standards, London Fire Brigade (LFB), University of East London PIEL and Royal Docks School of Business and Law, Metropolitan Police, and BBC



2821 London Fire Brigade have been called out, for example, at least once every two days for fires caused by lithium batteries that also charge e-bikes and e-scooters.

Charge Safely

Are You a Delivery Driver?

You are six times more likely to die in a fire if you live in a house with multiple occupancy, compared to a single-family house.

#ChargeSafe

- Never leave your device charging unattended or when you're asleep.
- Do not attempt to modify or tamper with your battery. Always follow the manufacturer's instructions.
- Converting pedal bikes into e-bikes using DIY kits bought online can be very dangerous and poses a higher risk of fire.
- Never block your escape routes with your e-bike or e-scooter.
- Ensure you have a working smoke alarm.

Join our WhatsApp Group to keep up to date with latest information

LFB **NEWHAM COMMUNITY PROJECT** **Newham London**

Over the past year, the Charge Safely project aimed at raising awareness of e-battery fire safety hazards in the London Borough of Newham has made significant progress. This initiative was prompted by a series of alarming incidents involving international students from South Asia, who often live in overcrowded and substandard housing conditions due to their precarious visa statuses and lack of access to public funds. The increasingly frequent fires, caused by e-batteries left charging, highlighted the urgent need for targeted interventions and education.

Our approach has involved regular forums and meetings to discuss the issue, street outreach to directly engage delivery riders, and educational seminars to inform them about the risks and safety practices. By enrolling ambassadors who are familiar with the community and its challenges, we have successfully disseminated

crucial information in a culturally sensitive manner. These efforts have not only increased awareness but also empowered the riders with knowledge and resources to prevent future incidents.

The project has also included collaboration with the London Fire Brigade (LFB) who have successfully delivered seminars to increase awareness, and other council departments to address the underlying issues leading to these fires. Joint communications campaigns have been crucial in spreading awareness about the dangers of e-battery fires, especially given the 80% increase in such incidents in London from 2021 to 2022.

To overcome language and cultural barriers, we have utilised grassroots engagement strategies. The LFB's safety advice, available in multiple languages, has been distributed through leaflets and digital platforms to ensure the message reaches all affected individuals. Our ongoing efforts include further refining these strategies to maximise their impact and continuously support e-bike couriers in Newham.



Peabody Association Employability and Life Skills Programme

Partnerships: Peabody Association

The Peabody Employability and Life Skills Programme, launched in January 2023 and Supported residents of the Peabody Upton Village community in Newham. This project has been supporting over thirty vulnerable families, primarily from BAME backgrounds. This initiative has successfully fostered community integration, boosted confidence, and enhanced skills and employability among participants. Through a series of well-structured workshops,



the programme has inspired families towards positive change, built resilience, and reshaped their outlook on life, significantly impacting their future prospects.

The project has benefited from a team of experts including mental health and well-being officers, trauma-informed practitioners, mentors,

and administrative staff. The programme has also leveraged the support of multilingual ambassadors to address language barriers and collaborated with the University of East London to provide educational resources.

The benefits of the programme have extended beyond the individual participants to their immediate families, with workshops tailored to youth programmes for their children, and address specific needs, such as managing stress through calm workshops. Those not immediately securing employment have still gained valuable skills and knowledge to pursue job opportunities effectively. Furthermore, the programme has aimed to mitigate the effects of poverty and inequality by providing access to NCP food and baby banks, addressing food and child poverty.

To measure and report on the impact of the programme, participant development has been closely monitored through one-to-one mentoring sessions and monthly focus group meetings. Detailed reports have been compiled to track progress and identify areas needing immediate attention, ensuring continuous improvement and successful outcomes. Feedback from participants has been systematically recorded and used to refine the training sessions for maximum benefit.

Engagement with the Peabody residents has been proactive, involving consultations via social media groups and direct outreach within the Upton Village estate. Potential participants have been assessed for their commitment to the programme through a brief interview process. Throughout the programme, mentors have maintained regular contact with participants to ensure ongoing engagement and support.



The Peabody Employability and Life Skills Programme has represented a comprehensive approach to alleviating poverty and vulnerability within the Upton Village community, fostering a supportive environment where families can thrive and build a better future.

Gateway to Life

Partnerships: NHS Blood and Transplant (NHSBT), The British Board of Scholars and Imams (BBSI)

In partnership with NHS Blood and Transplant (NHSBT) and supported by The British Board of Scholars and Imams (BBSI), the Gateway to Life project aimed to address and rectify misconceptions regarding organ donation within the Black, Asian, and Minority Ethnic (BAME) communities in East London. The BBSI's endorsement highlighted the significance of raising awareness about organ donation within the Muslim community and among

healthcare professionals, emphasising the alignment of organ donation with Islamic values and the broader societal benefit of such practices.



The project, focused on disseminating accurate information about organ donation, particularly in light of the UK's opt-out law and other recent legislative changes. Our comprehensive strategy included hosting workshops and focus groups, both in-person and virtually, at various community hubs, faith and other institutions, as

well as through Zoom meetings. These events, consistently well attended, offered a platform for direct engagement and education. To further support our outreach efforts, we developed and distributed informative booklets and leaflets, incorporating NHSBT materials and QR codes linking to surveys and additional online resources.

Organ donation and ethnicity

For many patients in need of a transplant the best match will come from a donor from the same ethnic background.

Kidney Donation

People from the same ethnic background are more likely to be a match.

The number of deceased donors of Black or Asian heritage, increased by 31% (from 84 in 2020/21 to 110 in 2021/22)

While 125 ethnic minority living donors generously gave the gift of life to another in 2021/22. This is an increase of 61% from the previous year which saw just 62 donors.

But the fact remains the shortage of donors from Black and Asian communities means patients from these cohorts are left more often with fatal consequences.

Kidney Donation

What happens?

There are no specific symptoms, but kidney function can slowly decline.

Kidney function is very low and treatment for kidney failure may be needed soon.

Kidneys can no longer keep up with removing waste products and extra water. This is called kidney failure. Although there is no cure, treatment options are available.

% of normal kidney function

Stage	% of normal kidney function
Stage 1	90% or more
Stage 2	60-89%
Stage 3	30-59%
Stage 4	15-29%
Stage 5	< 15%

Unlike many other types of organ donation, it's possible to donate a kidney while you're alive because you only need 1 kidney to survive. This is known as a living donation.

People who want to be considered as a kidney donor are carefully tested to ensure they are a suitable donor and are fit for the operation needed to remove a kidney.

Ideally, living donations will come from a close relative because they are more likely to share the same blood type and blood group as the recipient, which reduces the risk of the body rejecting the kidney.

Kidney donations are also possible from people who have recently died. This is known as deceased kidney donation. However, this type of kidney donation has a slightly lower chance of long-term success.

Why Should more Muslims Donate their Organs

The Quran clearly states that:

"Whoever saves a life, it is as if he has saved the lives of all humankind" [Quran, Surah Al-Maidah, Ayah 32]

Three main Muslim understand from this verse that donating one's organs is a blessed act. In 1985, the Muslim Law (Sharia) Council UK issued a fatwa, religious advice, saying organ donation is permitted. Later reaffirmed in 2019, a further fatwa to organ donation permissibility was issued.

Permissibility of organ and tissue donation and transplantation encompasses that:

- The situation is one of medical necessity.
- There is a reasonable chance of success.
- The organ or tissue is donated with the willing consent, whether expressed or implied, of the deceased.
- The procedure is conducted with the same dignity as any other surgery.

2000 - Fatwa of the European Council for Fatwa and Research

"It's really encouraging to see the number of people from ethnic minority groups receiving the life-saving transplants. They read and the fact it's at a five-year high is testament to the generosity of donors and their families who have said 'yes' to donation. However, there is still a long way to go to close the gap between the number of people donating organs and those waiting for a transplant."

Millie Banerjee
Chairman of NHS Blood and Transplant

"The Qur'an teaches that saving a life is like saving all of humanity. Donating an organ to save someone's life fulfils this Qur'anic exhortation. It also provides hope and relief to those in need as well as to their families."

Most Muslim jurists support organ donation with certain conditions. These include (but not exhaustive): consent; donation given for saving lives and not for financial gains; and maintaining the dignity of both donor and recipient. Furthermore, other ethical considerations include: transparency, fairness, and equitable distribution of organs."

"We encourage the Muslim community and healthcare professionals to raise awareness and dispel misconceptions about organ donation in Islam. By embracing this noble act, we contribute to a society that cherishes life and upholds our faith's values."

The British Board of Scholars & Imams (BBSI)

This project has successfully enhanced awareness and corrected misconceptions about organ donation within East London's BAME communities. Direct engagement through workshops and focus groups, supported by the involvement of trusted community leaders, proved effective in fostering a more informed and accepting perspective on organ donation. This initiative has laid a solid foundation for future efforts, including expanding the focus to encompass various types of organ and stem cell donations, ultimately contributing to improved public health outcomes and community well-being.

Warm Havens

Partnerships: Newham Council Public Health Department



Throughout the year, our Warm Havens initiative has provided vital support to ethnic minority families with no recourse to public funds, addressing a range of challenges including social anxiety, housing difficulties, mental wellbeing concerns, and cultural barriers. These families often face financial hardships and housing instability due to their immigration status, compounded by cultural and social isolation and lack of access to essential services. Our services are designed to foster social integration and overall wellbeing, creating a warm, inclusive environment where individuals can build supportive networks.

Newham Community Project's Warm Havens are very busy and more than just places where people come to eat; they are centres of support and community building. Our attendees enjoy nutritious meals, and our advocates and support workers engage with them in meaningful conversations and activities. These professionals provide individualised support and guidance on a variety of



issues, including housing advice, mental health support, and overcoming cultural and language barriers. This engagement occurs in a relaxed, informal setting, making it easier for individuals to open up and receive the help they need.

We also offer activities for children, allowing parents to relax and engage with support workers. These activities not only provide entertainment for children but also give parents a much-needed respite. Many of our service users are new to the country, and experiencing social isolation due to their limited social networks. Our Warm Havens offer them a safe and welcoming space where they can begin to build connections and friendships.



The impact of our Warm Haven extends beyond alleviating hunger and food insecurity. By providing comprehensive services that address the holistic needs of our community members, we enhance social development and life skills, improve mental health and wellbeing, and support individuals on their journey towards self-sufficiency. Through individualised and group support, we build a stronger, more connected community, empowering individuals to overcome their barriers and lead more fulfilling lives.

Employability and Life Skills Programme

Partnerships: Economic and Social Research Council (ESRC), Islamic Relief UK, OLive Learning, and University of East London,

Our employability and life skills project has been supporting vulnerable and destitute individuals by increasing their chances of employment and access to higher education. The



initiative focuses on equipping participants with the necessary skills and knowledge to navigate the job market successfully and pursue access to

higher educational opportunities. Through a series of tailored workshops, mentorship programs, and practical training sessions, we have addressed various barriers that these individuals face, ranging from lack of access to resources and educational gaps to social and psychological challenges.

With over 50 participants involved in this program in each class, we are proud to report an 80% success rate, with individuals either securing full-time employment or enrolling in access

courses for higher education. The approach of our project ensures that each individual receives



personalised support in addition to their regular classes, enabling them to build confidence, develop essential life skills, and enhance their employability prospects. Our team of academics has worked closely with the students who enrolled, offering guidance and assistance in areas such as resume writing, interview preparation, and job search strategies, as well as providing essential life skills training in communication, financial literacy, and time management.

The impact of our project is evident in the success stories of those who have transitioned from a state of vulnerability and destitution to one of empowerment and self-sufficiency. By fostering a

supportive and inclusive environment, we have created a platform for these individuals to overcome their challenges and achieve their goals. The positive outcomes of this initiative not only benefit the participants themselves but also contribute to the broader community by promoting social inclusion and economic stability. Our ongoing commitment to this project highlights our dedication to making a meaningful difference in the lives of those most in need.



Health and Social Care Research

Partnerships: Compost London, NIHR: National Institute for Health and Care Research, and Barts Health NHS Trust



The Health and Social Care project with Compost London CIC focuses on developing an inclusive research engagement network (REN) in Newham. The primary aim of this initiative is to increase local participation and diversity in research, ensuring that the voices of all community members are heard and considered. By identifying and engaging with residents and local communities, the project seeks to foster a community

driven approach to research, where the direction and focus of studies are influenced directly by those it impacts the most.

Regular steering group meetings are held to shape the project and integrate the needs of the communities into its development. Additionally, community engagement events are facilitated to encourage local residents to participate actively in the research process. This project highlights our collective commitment to enhancing inclusivity in research and ensuring that diverse perspectives contribute to the advancement of health and social care in Newham.



Youth Empowerment



In the past year, the Youth Empowerment Project has made significant strides in providing support and opportunities to young individuals from disadvantaged backgrounds and low-income families. This initiative was designed to bridge the gap between these young people and their peers by offering programs that enhance personal development, educational attainment, and career readiness. Through a combination of

mentorship, skills training, and community engagement, we have been able to foster a supportive environment that encourages resilience, self-confidence, and ambition among the participants.

Our programs included a variety of workshops and seminars focused on essential life skills such as financial literacy, effective communication, and leadership. Participants also had access to academic tutoring and career counselling, which played a crucial role in improving their educational outcomes and broadening their career prospects. By collaborating with local businesses and organizations, we were able to provide internships and job shadowing opportunities, giving the youth firsthand experience in



various professional settings. This practical exposure not only enhanced their employability but also inspired them to pursue careers aligned with their interests and strengths.

The impact of the Youth Empowerment Project is evident in the measurable outcomes achieved over the past year. Many participants reported increased confidence in their abilities, a clearer understanding of their career goals, and improved academic performance. Additionally, several young individuals who completed our programs successfully transitioned into higher education or secured employment in fields they are passionate about. These achievements underscore the importance and effectiveness of targeted support programs in empowering young people from marginalized communities to overcome socioeconomic barriers and realize their full potential. Our commitment to this cause remains steadfast as we continue to develop and expand our initiatives to reach even more youths in the coming years.



Newham Community Project Academic Partnership Projects

Queen Mary University and Newham Council Partnership

In the past year, our collaboration with Newham Council and Queen Mary University has been instrumental in addressing the multifaceted challenges faced by international students, who have no recourse to public funds, amidst the post-pandemic cost of living crisis. Through a mixed-methods approach, we collected both qualitative and quantitative data to gain a comprehensive understanding of the lived experiences of these students and focus group discussions. Additionally, we organised knowledge exchange and policy workshops that brought together over fifty key stakeholders from various sectors, including voluntary organisations, councils, and academic institutions.

Our research highlighted the significant financial, social, and emotional hardships that international students endure. Despite contributing substantially to the UK economy and the cultural fabric of universities, these students often face precarious living conditions, food insecurity, and mental health challenges. The pandemic and subsequent economic challenges severely limited job opportunities, exacerbating their financial instability. Our findings highlighted the critical need for targeted support systems, improved communication from universities, and better mental health services tailored to cultural needs.



Our project built on this evidence by fostering a community of practice among stakeholders to develop and implement support strategies for international students. We advocate for policy interventions such as removing international students from migration targets, revising visa policies, and enhancing the financial support mechanisms within universities. Furthermore, we propose greater collaboration between universities and local authorities to address housing issues and leverage community resources effectively. By continuing this collaborative approach, we seek to ensure that international students receive the comprehensive support they need to thrive academically and socially in the UK.

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University of Central London and Kailo Partnership

As a primary organisation collaborating with the University of Central London and Kailo, we partnered in critical research initiatives aimed at addressing the needs of disadvantaged communities in Newham. Our role was pivotal in several key areas, ensuring comprehensive engagement and effective implementation of the project objectives.

Responsibilities included supporting the recruitment of young people participants for the small circle sessions, conducting pre-engagement activities, including one-on-one onboarding conversations with young participants, essential groundwork in creating an inclusive and safe environment for all participants, supporting young people throughout the one year research, co-design sessions, accessibility and support needs, ensuring safeguarding young people during co-design sessions and all aspects concerning the young people.

Our team actively participated in regular partnership meetings to support and guide the strategic direction of Kailo in Newham. Our role was instrumental in ensuring that the initiatives addressed the specific needs of disadvantaged children in the borough. Through close collaboration with other UCL and Kailo Community Partners, we worked towards achieving the overarching goals of the project.

In addition to our work with the small circles, we also focused on the Big Circle of influencers. We supported the recruitment of strategic leads, systemic decision-makers, and other influential figures in Newham to engage with Kailo's work. Our presence at Kailo-facilitated events, was vital for advocating and influencing the work of the co-design teams, thereby increasing the likelihood of successful implementation.

Our commitment extended to involving the wider community in the project. We supported the team in engaging a broader range of voices, including young people, parents, and other community members. This was achieved through existing group sessions, communications, and the facilitation of additional focus groups, interviews, and conversations, ensuring diverse perspectives were incorporated into the design of solutions.

Overall, our organisation played a crucial role in the primary research, working closely with affected families and communities to ensure their voices were heard and their needs addressed. Our efforts were integral to the success of this collaborative project, paving the way for meaningful improvements in the well-being of disadvantaged young people in the London Borough of Newham.

London School of Economics Partnership

As a leading organisation actively involved in addressing housing challenges for families and



individuals with no recourse to public funds, we played a central role in the primary research commissioned by the London School of Economics (LSE), in partnership with Newham Council Public Health team, on reducing the harmful effects of overcrowding on Newham residents. This research initiative is

particularly significant given that Newham has the highest rate of overcrowding of any local authority in England, a situation exacerbated by the ongoing housing and cost of living crisis.

Our involvement in this project entailed direct engagement with families affected by overcrowding, ensuring that their experiences and perspectives were comprehensively captured. By working closely with these residents, we were able to provide invaluable insights into the various health and well-being impacts of overcrowding in private rented sector accommodations.

The findings from this research, presented by the LSE team, offered practical recommendations for mitigating the adverse effects of overcrowding. This in-person event served as a platform to discuss these recommendations and solicit feedback from Council colleagues, practitioners, and voluntary sector partners. Our organisation is committed to continuing our collaborative efforts to improve living conditions for Newham residents.



University of East London

Localising Sustainable Development Goal's Research

Newham Community Project partnered with a team of academics from the University of East London (UEL) in a significant study aimed at evaluating the relevance of the Sustainable

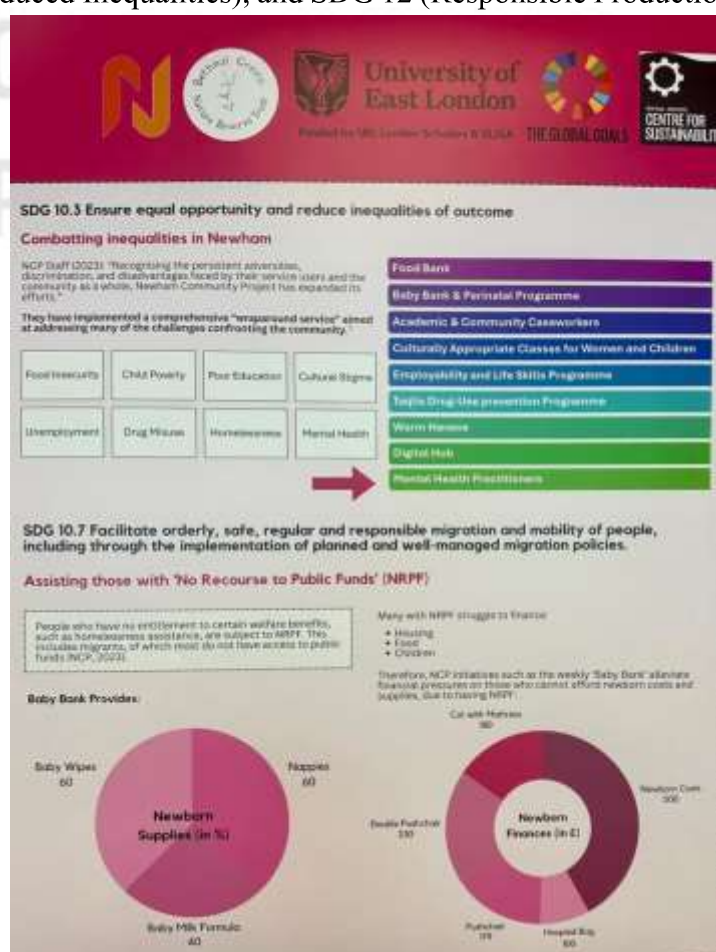


Development Goals (SDGs) within our local context. This collaboration builds upon UEL's 2019 research, which mapped the progress of Newham and Tower Hamlets in meeting the SDGs, particularly focusing on areas critical to our community's well-being and sustainable development.

In this current phase of research, our joint efforts were concentrated on examining the applicability of proposed measures for tracking progress toward SDG 3 (Good

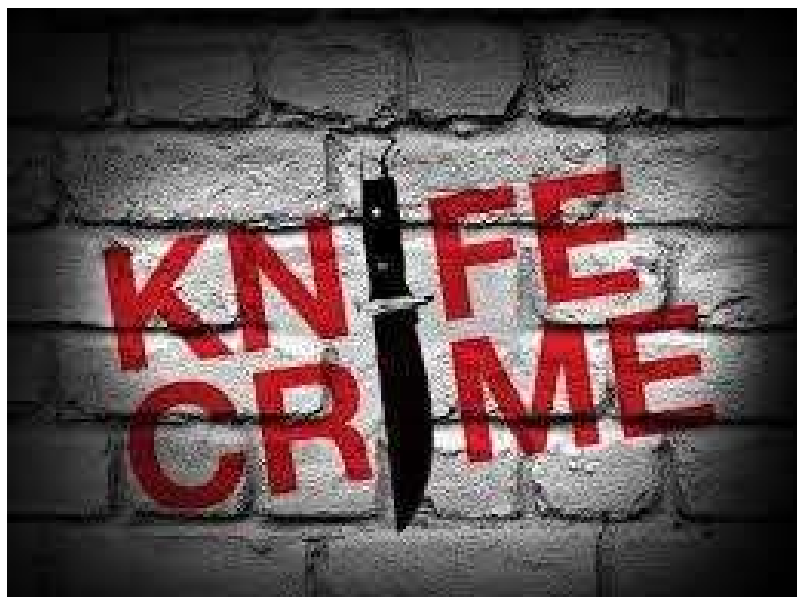
Health and Well-being), SDG 10 (Reduced Inequalities), and SDG 12 (Responsible Production and Consumption) within the unique environments of Newham and Tower Hamlets. By leveraging the insights gained from this study, the aim is to support local policymakers, community organisations, and borough administrations in the creation and enhancement of tracking these essential goals.

Our engagement in this study also involved identifying key stakeholders from our staff, volunteers, and beneficiaries to participate in in-depth interviews and focus groups, ensuring a comprehensive understanding of the local impact of these SDGs. Through this collaborative effort, we anticipate that the findings will significantly contribute to evidence-based policymaking, fostering more effective and tailored strategies to meet the specific needs of our communities.



International Centre for Policing, Innovation, Enterprise and Learning (PIEL) Knife Crime Programme

In response to the escalating issue of knife crime in London, particularly among young people, we have partnered with a comprehensive Knife Crime Programme. This initiative, undertaken



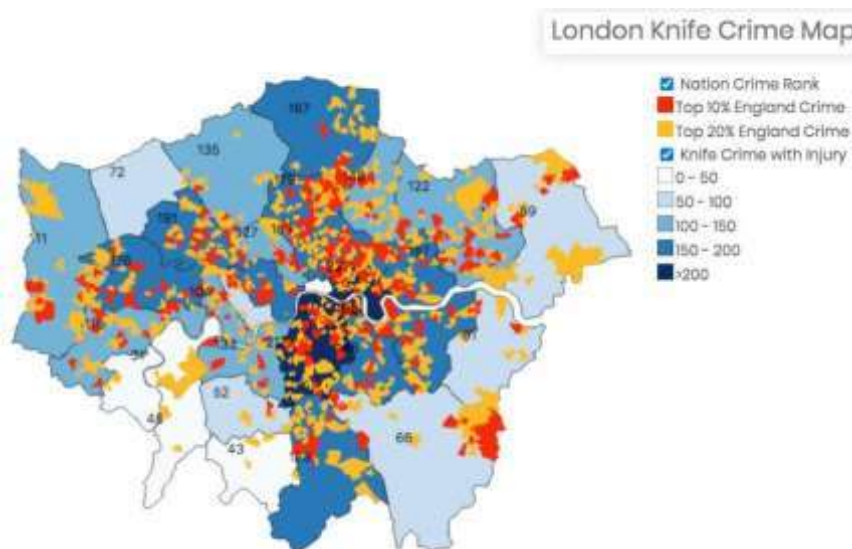
in collaboration with the University of East London, West Ham United, United for Change, and various councillors and organisations, is designed to provide support to victims and youth. This programme aims to create safer environments and equip affected individuals with the necessary tools to navigate the challenges posed by violent crime.

The programme includes several key components.

Workshops are conducted to educate and raise awareness about the dangers of knife crime, conflict resolution, and personal safety. These sessions are tailored to engage young people, providing them with practical skills to avoid violent situations. Additionally, residential trips for children affected by violent crime, offer them a respite from their daily challenges and exposure to enriching experiences that foster resilience and broader perspectives. To promote physical and mental well-being, free gym access will be provided, serving as a constructive outlet for stress and aggression.

Specialised trauma training to help victims and their families cope with the psychological aftermath of violent incidents, aiming to build emotional resilience and facilitate healing will be provided. Furthermore, narrative storytelling is

encouraged as a therapeutic approach, allowing individuals to process their experiences, foster empathy, and build community connections through shared narratives.



Our role on the main board highlights our strategic commitment to supporting victims and devising ways to reduce knife crime. By working closely with partners, we leverage diverse expertise and resources, ensuring a comprehensive and cohesive strategy that addresses both immediate needs and long-term solutions. The Knife Crime Programme is an essential component of our ongoing efforts to create safer communities and support those affected by violent crime. We collectively remain dedicated to refining approaches, expanding reach, and fostering partnerships that amplify impact, making a tangible difference in the lives of young people and the broader community.

University of Bristol and University of East London Collaboration

Research for Social Action

Our organisation partnered in the Research for Social Action course run by the University of Bristol and the University of East London. This course is tailored to support civil society organisations in applying Action Research rooted in trauma-informed, culturally responsive principles to their monitoring, evaluation, and research approaches. Structured over six impactful sessions, the workshop series is meticulously designed to enhance the capacity of organisations in Critical Participatory Action Research (CPAR). The sessions cover a range of essential topics, starting with an introduction to CPAR, exploring intersectionality, conducting joint analysis, and culminating in action planning for equity-centred research. This initiative highlights our dedication to fostering research practices that are equitable, inclusive, and transformative.

Through our collaborative partnership approach, we enrolled our staff, volunteers and beneficiaries in the Social Impact course. The research equipped civil society organisations, academic institutions, and individuals with the necessary tools and knowledge to design and deliver research and social action projects that address pressing social issues. By focusing on inclusivity and challenging norms, the aim was to reshape the narratives and power dynamics that perpetuate inequality. Our recent participation in this study exemplifies this commitment.

Newham Community Project Events



Picnics

Our family picnics are a cherished tradition, bringing together 30 to 40 families each time for a delightful outdoor experience. These events are filled with laughter, games, food and bonding activities, creating a joyful atmosphere where parents and children can unwind and connect with nature and each other.



Day Trips

We organise a variety of exciting day trips throughout the year, offering families unique opportunities to explore and learn together. Last year, a highlight was our visit to Colchester Zoo, where over 150 children and their parents enjoyed an adventurous day, discovering exotic animals and creating unforgettable memories.

Farm Visits

Our farm visits provide a refreshing escape to the countryside, where families can engage in interactive "walk and talk" sessions. These outings combine educational elements with the tranquility of nature, offering a fun and informative experience that strengthens family bonds and promotes a love for the outdoors.



Movie Nights

Our regular movie nights at our community centre offer a cosy retreat for parents and kids alike. These evenings are designed to provide a break from the routine, with popular films, snacks, and a relaxed atmosphere that encourages families to enjoy quality time together.

Coffee Mornings

Our coffee mornings are more than just a social gathering; they are a cornerstone of our community engagement efforts. These sessions provide a welcoming environment for parents to share their experiences, discuss various topics, and build lasting connections, fostering a supportive and vibrant community.



Mayor's Weekend

The Mayor's Weekend is a standout event in our calendar, featuring a multitude of children's activities and a delectable array of food. This fun-filled day, highlighted by the presence of the local mayor, brings families together in a celebration of community spirit and shared enjoyment.



SEND Sports Day

Our SEND Sports Day is a day of inclusion and equality, designed specifically for disadvantaged children to participate in a range of sports activities. This event emphasises physical activity, teamwork, and personal achievement, ensuring every child experiences the joy of sports and the pride of accomplishment.



Sports Events for Service Users

Our sports events for our beneficiaries include engaging activities like football and rowing, promoting physical health

and community spirit. These events cater to all ages and abilities, offering a fun and supportive environment where participants can develop new skills, stay active, and enjoy the camaraderie and teamwork inherent in these sports. Football matches and rowing sessions are organized to provide a mix of friendly competition and recreational enjoyment, encouraging a healthy and active lifestyle.



Iftar Event

Our annual Iftar event is a heartwarming gathering that unites families and supporting organisations during Ramadan. This event is a celebration of togetherness and community, where everyone comes together to break the fast, share a meal, and strengthen bonds of mutual support and solidarity.



Eid Party

Our Eid party is a joyous celebration that brings the warmth of the holiday to those who might otherwise be alone. With a variety of children's activities, delicious food, and thoughtful gifts, this event ensures that everyone feels included and cherished during this special time.



Eid Gifts – Gift a Smile to a Child

The "Gift a Smile to a Child" initiative during Eid is a heartfelt effort to bring joy to hundreds of children from underprivileged families. By distributing gifts to those with no recourse to public funds, we ensure that every child experiences the magic and happiness of Eid, fostering a sense of belonging and joy.



Policies

All Policies and Governance are available upon request.



Registered number
06678865

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)

Report and Accounts

31 August 2023

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Report and accounts
Contents

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NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)

Registered number: 06678865

Directors' Report

The directors present their report and accounts for the year ended 31 August 2023.

Principal activities

The company's principal activity during the year continued to be provision of charitable services.

The Trustees decided that the unrestricted funds which have not been specifically designed for a specific use should be maintained at a level above 3 months expenditure. The trustees consider reserves at this level will ensure that, in event of a significant unexpected drop in income, they will continue the charities current activities while consideration is given to ways in which additional funds may be raised.

Directors and Trustees

The following persons served as directors during the year:

Mrs Yasmin Ismail
Mrs Rizwana Kayaalp
Mr Mohammed Hussain

Directors' responsibilities

The directors are responsible for preparing the report and accounts in accordance with applicable law and regulations.

Company law requires the directors to prepare accounts for each financial year. Under that law the directors have elected to prepare the accounts in accordance with United Kingdom Generally Accepted Accounting Practice (United Kingdom Accounting Standards and applicable law). Under company law the directors must not approve the accounts unless they are satisfied that they give a true and fair view of the state of affairs of the company and of the profit or loss of the company for that period. In preparing these accounts, the directors are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- prepare the accounts on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The directors are responsible for keeping adequate accounting records that are sufficient to show and explain the company's transactions and disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Small company provisions

This report has been prepared in accordance with the provisions in Part 15 of the Companies Act 2006 applicable to companies subject to the small companies regime.

This report was approved by the board on 30th July 2024 and signed on its behalf.

R. Kayaalp

Rizwana Kayaalp
Director

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee) Accountants' Report

Independent Examiner's Report to the Trustees of NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)

I report to the charity trustees on my examination of the accounts of the Company for the year ended 31 August 2023.

Responsibilities and basis of report

As the charity's trustees of the Company (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the accounts of the company are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in respect of the Company as required by section 386 of the 2006 Act; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements of section 386 of the 2006 Act other than the requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard Applicable in the UK and Republic of Ireland (FRS102).

I have no concerns and have come across no matters in connection with my examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Plexal Accountants Ltd
Association of Accounting Technicians

Suite 29,
Beaufort court
Admirals Way
London E14 9XL

30th July 2024

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Profit and Loss Account
For the year ended 31 August 2023

	Notes	Restricted funds £	Unrestricted funds £	2023 £	2022 £
Turnover	2	262,238	79,812	342,050	444,356
Expenditure		(107,229)	(172,937)	(280,166)	(229,874)
Operating (loss)/profit	3	155,009	(93,125)	61,884	214,482
(Deficit)/surplus on ordinary activities		155,009	(93,125)	61,884	214,482
Tax on (loss)/profit on ordinary activities		-	-	-	-
(Deficit)/surplus for the financial year		155,009	(93,125)	61,884	214,482
Total Funds Brought Forward		8,765	333,800	342,565	128,083
Total Funds Carried Forward		163,774	240,675	404,449	342,565

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)

Registered number: 06678865

Balance Sheet

as at 31 August 2023

	Notes	2023 £	2022 £
Fixed assets			
Tangible assets	4	4,138	4,337
Current assets			
Debtors	5	149,725	124,662
Cash at bank and in hand		273,314	239,180
		<u>423,039</u>	<u>363,842</u>
Creditors: amounts falling due within one year	6	(22,728)	(25,614)
Net current assets		<u>400,311</u>	<u>338,228</u>
Net assets		<u>404,449</u>	<u>342,565</u>
Funds for the charity			
Unrestricted funds		404,449	342,565
Total charity funds		<u>404,449</u>	<u>342,565</u>

The directors/trustees are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the charitable company to obtain an audit in accordance with section 476 of the Act.

The directors/trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime. The profit and loss account has not been delivered to the Registrar of Companies.

Rizwana Kayaalp

Director

Approved by the board 30th July 2024

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Notes to the Accounts
for the year ended 31 August 2023

1 Accounting policies

Status of the company

The charitable company is limited by guarantee and does not have share capital.

The liability of members is limited to £1 per member.

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)(effective 1 January 2015) - (Charities SORP (FRS102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) and the Companies Act 2006.

Newham community project meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note(s).

Going concern statement

The financial statements have been prepared on a going concern basis which assumes that the Company will continue to operate. The validity of this assumption is dependent upon the continuance of support from the Company's key funders and in response to the progress made by the Company in pursuing a viable budget including the obtaining of further grants and other funds. The Company's current business plan shows that the Company will be able to operate in the foreseeable future. Based on this understanding, the directors believe that it remains appropriate to prepare the financial statements on a going concern basis. The financial statements do not include any adjustments, which would result from the basis of preparation being inappropriate.

Funds

General accumulated funds are unrestricted funds available for general purposes and include funds designated for a particular purpose; the use of such funds remains at the discretion of the trustees.

Restricted funds are funds subject to conditions imposed by the donor or by specific terms of the appeal under which the funds are raised. The restrictive conditions are binding upon the Charitable Company.

Turnover

Items of income are recognised and included in the accounts when all of the following criteria are met:

The charity has entitlement to the funds;

any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity;

there is sufficient certainty that receipt of the income is considered probable; and the amount can be measured reliably.

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Notes to the Accounts
for the year ended 31 August 2023

Expenditure and irrecoverable VAT

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

Expenditure on charitable activities includes the direct costs of projects and activities undertaken to further the purposes of the charity and their associated support & governance costs.

Irrecoverable VAT is charged as a cost against the activity for which the expenditure was incurred.

Tangible fixed assets

Tangible fixed assets are measured at cost less accumulative depreciation and any accumulative impairment losses. Depreciation is provided on all tangible fixed assets, other than freehold land, at rates calculated to write off the cost, less estimated residual value, of each asset evenly over its expected useful life, as follows:

Leasehold land and buildings	30% on reducing balance
Plant and machinery	20% on reducing balance

Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid after taking account of any trade discounts due.

Creditors

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Taxation

As a registered charity no provision is considered necessary for taxation.

Provisions

Provisions (ie liabilities of uncertain timing or amount) are recognised when there is an obligation at the reporting date as a result of a past event, it is probable that economic benefit will be transferred to settle the obligation and the amount of the obligation can be estimated reliably.

2 Turnover	2023	2022
	£	£
Rental Income	10,133	5,798
Donations	185,577	306,555
Grants received	136,980	128,411
After School Fees	9,360	3,592
	<hr/>	<hr/>
	342,050	444,356

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Notes to the Accounts
for the year ended 31 August 2023

3 Employees	2023 Number	2022 Number
Average number of persons employed by the company	<u>8</u>	<u>3</u>

4 Tangible fixed assets

	Land and buildings £	Plant and machinery etc £	Total £
Cost			
At 1 September 2022	<u>33,510</u>	<u>23,420</u>	<u>56,930</u>
Addition		<u>1,201</u>	<u>1,201</u>
At 31 August 2023	<u>33,510</u>	<u>24,621</u>	<u>58,131</u>
Depreciation			
At 1 September 2022	<u>32,648</u>	<u>19,945</u>	<u>52,593</u>
Charge for the year	<u>862</u>	<u>538</u>	<u>1,400</u>
At 31 August 2023	<u>33,510</u>	<u>20,483</u>	<u>53,993</u>
Net book value			
At 31 August 2023	<u>0</u>	<u>4,138</u>	<u>4,138</u>
At 31 August 2022	<u>862</u>	<u>3,475</u>	<u>4,337</u>

5 Debtors	2023 £	2022 £
Trade debtors	149,725	123,162
Prepayments	<u>0</u>	<u>1,500</u>
	<u>149,725</u>	<u>124,662</u>

6 Creditors: amounts falling due within one year	2023 £	2022 £
Taxation and social security costs	0	800
Other creditors (Loans)	<u>22,728</u>	<u>24,814</u>
	<u>22,728</u>	<u>25,614</u>

7 Transactions with Trustees

The trustees did not receive any salary during the year. No expenses were paid to the Trustees. There were no transactions between the trustees and the charity.

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Notes to the Accounts
for the year ended 31 August 2023

8 Related party transactions

There has been no trading between the directors and the company.

9 Controlling party

The charity is controlled by the trustees.

10 Other information

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee) is a private company limited by shares and incorporated in England. Its registered office is 259 Katherine Road, London, England, E7 8PP

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Detailed profit and loss account
for the year ended 31 August 2023

	2023 £	2022 £
Sales	342,050	444,356
Administrative expenses	(280,166)	(229,874)
Operating profit	<u>61,884</u>	<u>214,482</u>
 Profit before tax	 <u>61,884</u>	 <u>214,482</u>

NEWHAM COMMUNITY PROJECT (Company limited by Guarantee)
Detailed profit and loss account
for the year ended 31 August 2023

	2023 £	2022 £
Sales		
Sales	342,050	444,356
Administrative expenses		
Employee costs:		
Wages and salaries	80,961	22,336
Travel and subsistence	2,527	600
Staff training	700	0
	84,188	22,936
Premises costs:		
Rent	38,388	38,351
Light and heat	2,309	2,794
Repairs	250	0
	40,947	41,145
General administrative expenses:		
Telephone and fax	452	546
Stationery and printing	1,470	1,310
Subscriptions	199	114
Bank charges	127	61
Hardship grants	39,730	77,372
Foodbank expenses	74,436	73,285
Depreciation	1,400	1,445
Contribution towards Van (Foodbank use)	0	8,010
Other Expenses	1,500	0
Volunteer costs	6,008	0
Events & trips	5,063	0
Donations	6,860	0
DBS	518	0
IT Costs	2,401	0
	140,164	162,143
Legal and professional costs:		
Accountancy fees	2,000	500
Consultancy fees	12,241	1,150
Advertising and PR	-	-
Other legal and professional	626	2,000
	14,867	3,650
	280,166	229,874