CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE LTD

England & Wales · Charity number 1128582

Details

Status	Registered
Legal form	Charitable company
Company number	06684259
Registered	2009-03-16
Register	View on the Charity Commission register

Contact

Address	C A D M H A S Unit 94 Building 5 Bowen Court St. Asaph Business Park ST. ASAP
Phone	01745813999
Email	admin@cadmhas.co.uk
Website	www.cadmhas.com

Activities

Objects: THE RELIEF OF PERSONS EXPERIENCING MENTAL ILL HEALTH, PRIMARILY WITHIN CONWY &DENBIGHSHIRE AND SURROUNDING AREA, BY PROVIDING ADVOCACY AND SUPPORT IN ORDER TOENABLE SUCH PEOPLE TO LIVE INDEPENDENTLY AND OBTAIN THEIR FULL RIGHTS AND PRIVILEGES ASCITIZENS

Activities: Provides independent advocacy services through all age ranges including those with mental health issues, mental capacity issues, learning disabilities, carers in North Wales and Surrounding areas. The service operates primarily within the geographical areas of Conwy, Denbighshire, Gwynedd and Anglesey although not exclusively.

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Classification

- **How:** Provides Advocacy/advice/information
- **What:** Disability, The Prevention Or Relief Of Poverty, Accommodation/housing, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** Children/young People, Elderly/old People, People With Disabilities

Geography

- **Area of benefit:** CONWY & DENBIGHSHIRE
- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£1,302,204	£1,279,141	£557,584	40
2024-03-31	£1,415,210	£1,176,643	£530,021	40
2023-03-31	£1,076,393	£916,205	£288,460	32
2022-03-31	£501,919	£497,076	£132,530	20
2021-03-31	£522,316	£486,272	£128,430	18

Trustees

Name	Role	Appointed
ANNE PATRICIA DENNIS	Chair	
Beverley Perkins		2024-09-23
Elizabeth Ann Burgess		2024-05-01
INGRID HOWARTH		
JENNIFER MARGARET GILMORE		
LYNETTE VINEY PASSIG		2013-10-04
PHILIP WILLIAMS		

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CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE LTD

England & Wales - Charity number 1128582

Accounts

Charity registration number 1128582 (England and Wales)

Company registration number 06684259

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs A P Dennis	
	Mrs J Gilmore	
	Mrs I F E Howarth	
	Mrs L Viney-Passig	
	Mr P A Williams	
	Mrs E A Burgess	(Appointed 1 May 2024)
	Miss B Perkins	(Appointed 23 September 2024)
Secretary	Mr Huw Elfed Williams	
Charity number (England and Wales)	1128582	
Company number	06684259	
Registered office	Unit 94 Bowen Court St Asaph Business Park Denbighshire LL17 0JE	
Auditor	Sage & Company Business Advisors Limited 102 Bowen Court St Asaph Business Park St Asaph Denbighshire LL17 0JE	

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

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CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

CO-CHAIRS' REPORT

FOR THE YEAR ENDED 31 MARCH 2025

We would like to welcome everyone to what is now our 18th AGM.

First of all, we would like to thank Elfed, our Director of Services, the rest of our staff and our volunteer for their continuing hard work and dedication, and for continuing to adapt to new ways of working, whilst providing a professional and comprehensive service for our service users.

As is usual with all organisations we have welcomed new members of staff and we would like to thank those who have moved on and wish them well.

We would like to acknowledge at this point the sad death in June 2024 of one of our staff members, Louisa Rose Moore. Her hard work and contribution to our organisation is much missed.

We continue to provide a community-based service for Conwy and Denbighshire and since starting in Sept 2023 have worked in partnership with North Wales Advocacy and Advice in providing a community-based service for Gwynedd and Môn. Both services are funded by Betsi Cadwaladr University Health Board.

We continue to provide an IMHA service for both formal and informal patients within inpatient units across the whole of North Wales. We also have advocates working in the IMHA service in Powys.

Our IMCA service also now extends across the whole of North Wales. We employ Relevant Person Representatives at present, as part of IMCA, which continues to be a fast-growing part of the service. With the implementation of new legislation, this will be incorporated into the role of our IMCA advocates.

All our advocates are formal advocates, in whichever part of the service they work. All new unqualified advocates begin working within the organisation as Apprentices and achieve formal training and qualifications through this process. We extend our sincere congratulations to Rachel Williams, Nicholas Evans, Helen Castle, Jade Thomas, Jodie Roberts-Jones, and Verity Brown, who successfully achieved the Level 4 Diploma in Independent Advocacy during the year. This accomplishment reflects their commitment to professional development and the continued enhancement of advocacy standards within our organisation.

We still continue to receive large numbers of referrals for the community service which are triaged by a dedicated staff member. This has been proven to shorten the waiting list for community advocacy.

Elfed has provided a written report in which he will expand on future developments and direction of the services which our organisation provides.

We have welcomed a new trustee, but are still looking for new ones to join us. In common with other organisations, applicants are in short supply.

As with all third sector organisations we have to continue to compete for and seek out funding opportunities for mental health advocacy projects.

Most of our current funding is secure at present and re-tendering for the IMHA and IMCA services will be held in 2026.

As co-chairs we would like to reiterate our thanks to all our staff, volunteer and fellow board members for all their continuing hard work, support and commitment shown over the last year which enables us to deliver a first class, professional service for our Service Users.

Anne Dennis and Jenny Gilmore, Co-Chairs, CADMHAS

Anne Dennis

Anne Dennis and Jenny Gilmore
Co-Chairs

Date: 24 November 2025

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2025

The trustees present their annual report and financial statements for the year ended 31 March 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Background
Work to establish the Conwy & Denbighshire Mental Health Advocacy Service (CADMHAS) began in 2006 with a number of interested and committed individuals working together to draft what was to be a successful service proposal. Recruitment of the staff of CADMHAS began in January 2007 with the first members of staff coming into post in the spring of that year. CADMHAS became operational as a service on June 1st 2007. Since then CADMHAS has continued to grow now employing over 40 members of staff and running several different projects including: in Conwy and Denbighshire Community Mental Health Advocacy; Relevant Person Representative and Litigation Friend Service; in Denbighshire only Young People's Advocacy; and in Powys Independent Mental Health Advocacy.

Mission Statement
To be the leading voice for adults and young people with mental health issues across Wales.

Aims
CADMHAS will strive:
To be a supportive and independent voice for all service users.
To provide a high quality, instructed advocacy service, safeguarding the individual's rights and choices.
To ensure that all people experiencing mental health issues have access to a free and confidential advocacy service and, wherever possible, the service is to be provided in the language and location of their choice,
To be a place where talented individuals want to work and achieve their career goals in advocacy.

Objectives
To speak up alongside mental health service users enabling empowerment and independence.
To support service users in challenging discrimination and unfair treatment.
To be an organisation continually informed by service user input.
To recruit talented individuals and encourage and support them in their training and professional development.
To have continual and regular review of the organisation's policies and procedures.
To ensure robust financial management systems are in place in order to maintain the viability of the organisation.

Values
CADMHAS will maintain its structural and operational independence from any other direct service provider but will work collaboratively with those who support its aims.
The organisation applies the following core values in all of its undertakings:
Quality - We relentlessly strive to do our best for our service users, colleagues and ourselves.
Integrity - We are transparent, honest and act with integrity at all times.
Autonomy - the right to self-government.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

During 2024–25, CADMHAS continued to deliver a comprehensive range of statutory and community advocacy services across North and Mid Wales, ensuring that people with mental ill health, capacity issues, and other vulnerabilities were able to have their voices heard and their rights upheld.

Our Independent Mental Health Advocacy (IMHA) services for North Wales and Powys remained a cornerstone of our activity, supporting detained and community-based individuals under the Mental Health Act. The service saw sustained high demand, with more than 1,160 referrals across North Wales and 85 referrals in Powys by March 2025. Feedback from service users throughout the year demonstrated strong satisfaction levels, with over 90% reporting that they were listened to, understood their rights, and were supported to express their views. Awareness-raising sessions across Powys hospitals and CMHTs have been embedded to ensure that IMHA entitlements are consistently promoted.

Compared with previous years, the IMHA service has achieved higher overall referral levels, rising by over 6% in North Wales and demonstrating greater public awareness and engagement. Feedback quality has also improved, with more respondents reporting that they were fully satisfied with their advocacy support. These improvements reflect targeted awareness work, strengthened management oversight and enhanced training provision.

The Independent Mental Capacity Advocacy (IMCA) service continued to expand under the renewed two-year contract (2024–26), plus continuing growth in demand the Relevant Person's Representative (RPR) function across all North Wales counties. Referrals increased year-on-year, and commissioners have commended the quality of IMCA and RPR reports and the high standards achieved by new advocates. Staff also worked to strengthen relationships with Local Authorities and partner advocacy providers to improve understanding of statutory referral duties under the Mental Capacity Act.

The IMCA service demonstrated measurable progress on several fronts this year. The integration of the RPR function across all six North Wales counties marks a significant development, bringing consistency to capacity-related advocacy. Referrals increased by over 10% compared with the previous year, and feedback from decision-makers confirmed improvements in report quality and timeliness. These results evidence better awareness among referrers and a stronger professional reputation across health and social care networks.

Our Community Advocacy services in Conwy & Denbighshire and Gwynedd & Môn were extended to March 2026, maintaining continuity for local residents. The service handled nearly 220 referrals and over 480 duty enquiries during the year, with waiting times generally low. Advocacy helped individuals navigate housing, care, and benefits issues and improved self-confidence and independence. Commissioners expressed satisfaction with delivery standards and responsiveness.

Across all projects, CADMHAS maintained strong relationships with commissioners in BCU Health Board and Powys Teaching Health Board, who rated our services positively during monitoring meetings. Our advocates continued to receive commendations from professionals for all our services for their high-quality representation, empathy, and professionalism.

The organisation experienced notable workforce change. Recruitment was completed for new IMHA and IMCA posts, an IMHA apprenticeship was introduced in Powys, and the retirement of a long-serving IMHA Manager prompted a service review and restructure. Six employees were trained as Wellbeing Champions, complementing access to counselling and the 360 Wellbeing App, to improve staff resilience.

Financially, CADMHAS remained stable, holding sufficient funds in reserves and investments, as is recommended by the Charities Commission to enable continued operation for six months if external funds ceased. Total reserves and investments increased by over 40% on the previous year through careful financial stewardship and reinvestment of surplus funds.

On a national level, CADMHAS played an active role in representing the advocacy sector's interests. Working alongside other Welsh advocacy providers, we co-authored correspondence to Welsh Ministers highlighting the funding crisis in advocacy and the need for equitable pay and contract uplifts. Our increased collaboration and advocacy at a national level have strengthened CADMHAS's influence and positioned the organisation as a leading voice for sector sustainability in Wales.

In summary, 2024–25 has been a year of growth, consolidation and influence. Across all services CADMHAS has demonstrated measurable improvements in quality, impact and stability compared with previous years, while continuing to uphold the charity's commitment to independent, person-centred advocacy for those most in need.

Acknowledgements
CADMHAS has over 300 organistion listed on it's database that we are in contact with during the year for support and services in connection with our work. The list is too long to include here but we would like to thank them all for their continuing support.

Principal funding sources

Below are organisations or bodies that fund our projects and would like to thank them especially for their support during the past year

Welsh Senedd via BCUHB for the North Wales Independent Mental Health Advocacy (IMHA) Service and the North Wales IMCA service - for the provision of the statutory IMHA and IMCA services.

Welsh Senedd via Powys Teaching Health Board for the Powys Independent Mental Health Advocacy (IMHA) Service.

BCUHB for the Conwy and Denbighshire Community Mental Health Advocacy Service for the provision of advocacy for those who require mental health support in the community.

BCUHB for the Gwynedd and Môn Community Advocacy Service.

Funding for the Relevant Person Representative and Litigation Friend Services is done on a case by case basis by the responsible funding authority in England and Wales.

The Statement of Financial Activities for 2024-25 shows that a surplus arose of £27,563 during the year. At the end of the year the total net assets of the charity were £557,584. Of which £366,999 related to restricted funds and £190,585 to unrestricted funds, with £47,600 of the latter designated to provide for potential liabilities should the charity be required to wind up in full or in part. This reserve balance will be reviewed during the 2025-26 year.

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (e.g. The Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves are:

- to ensure cash flows (eg. cover delays in revenue funding)
- to cover unforeseen circumstances
- to provide the opportunity to attract/ identify alternative funding should existing funds be subject to cutbacks
- to ensure that should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when wound up.

The board will review the level of the reserves annually. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months running costs of the organisation, and endeavour to increase this amount to the equivalent of six months running costs.

Forward-Looking Activities and Strategic Priorities 2025–26

Building on the progress and achievements of 2024–25, CADMHAS is committed to further strengthening the quality, reach, and sustainability of its advocacy services across North and Mid Wales. Our strategic focus for 2025–26 will centre on three key areas: enhancing service delivery through responsible use of AI and digital tools, raising awareness of advocacy's value, and deepening our impact through collaboration, volunteering, and evidence-based practice.

Enhancing Efficiency and Support Through AI Integration
CADMHAS has always been at the forefront of technological innovation. We were the first advocacy service in North Wales to move from a paper-based system to storing casework digitally on secure databases. We had already implemented communication systems such as Microsoft Teams and 3CX—our digital phone system—which enabled us to continue working seamlessly when the pandemic began.

We have prioritised staff safety through the use of Connect Teams and, more recently, the PeopleSafe app, both of which ensure our team members are protected when visiting clients in the community.

In the coming year, CADMHAS will continue to explore and expand its use of Artificial Intelligence (AI) and other digital tools to support our advocates and administrative staff. Our aim is not to replace human roles, but to free up valuable time, reduce administrative burdens, and enable staff to focus more on providing direct support to individuals navigating complex mental health, capacity, and community challenges. We have already begun piloting AI-assisted tools in the production of Relevant Person Representative (RPR) reports, with promising results in terms of accuracy, consistency, and time savings. Building on this, we plan to:

- - Expand AI-supported report writing across other advocacy areas, ensuring quality assurance and ethical oversight.
- - Ensure staff have access to tablets and digital scribes to streamline note-taking and case recording during client visits.
- - Continue use of the Peoplesafe app to ensure lone worker safety, especially for staff travelling across rural areas.
- - Provide training and support to ensure staff feel confident and in control of how AI tools are used in their work.

This approach aligns with our values of empowerment, professionalism, and person-centered practice. AI will be used as a tool to enhance—not replace—the human connection at the heart of advocacy.

Expanding Volunteer Involvement
To further support our mission and extend our capacity, CADMHAS will increase the use of volunteers in key areas of our work. Volunteers will play a vital role in:

- Supporting research and evaluation activities that inform advocacy practice and service development.
- Assisting with signposting and information provision through our duty service.
- Contributing to the development and maintenance of our website, ensuring it remains accessible, informative, and up to date.
- Helping to raise awareness of advocacy services in local communities and among professionals.

This volunteer strategy will be underpinned by appropriate training, supervision, and recognition, ensuring that volunteers feel valued and equipped to contribute meaningfully.

Raising Awareness of Advocacy and Its Impact
Despite the growing demand for advocacy, there remains a lack of public and professional understanding of what advocacy is and how it benefits individuals and systems. In 2025–26, we will prioritise:

- Targeted awareness campaigns across health, social care, and community settings.
- Engagement with local and national stakeholders, including Welsh Government, to promote the role of advocacy in safeguarding rights and improving outcomes.
- Sharing impact stories and data to demonstrate the value of advocacy in real terms.

We will also draw on academic research that shows advocacy delivers significant return on investment—for every £1 spent, £7 is saved through reduced crisis interventions, improved decision-making, and better service navigation. This evidence will be used to support funding bids and policy engagement.

Strengthening Collaboration and Sector Leadership
CADMHAS will continue to work collaboratively with other advocacy providers, commissioners, and third-sector partners to:

- Promote consistent standards across statutory and community advocacy.
- Influence national policy on advocacy funding, workforce development, and contract sustainability.
- Support staff wellbeing and development, building on our successful introduction of Wellbeing Champions and structured supervision.

We will also explore opportunities to contribute to research and innovation in advocacy practice, ensuring that our services remain responsive, inclusive, and forward-thinking.

Structure, governance and management
The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs A P Dennis	
Mrs J Gilmore	
Mrs I F E Howarth	
Mrs L Viney-Passig	
Mr P A Williams	
Mrs E A Burgess	(Appointed 1 May 2024)
Mrs A J Evans	(Appointed 1 May 2024 and resigned 7 July 2025)
Miss B Perkins	(Appointed 23 September 2024)

Recruitment and appointment of new trustees
Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

Induction and training of new trustees
New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material, New trustees are offered mentoring by an experienced trustee. Specific training needs are identified, All trustees have ongoing training on their roles and responsibilities.

Organisational structure
The trustees delegate responsibility for the day to day running of CADMHAS to the Director of Services.

Related parties
Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustees may have an interest are conducted at arm's length. The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

Auditor
In accordance with the company's articles, a resolution proposing that Sage & Company Business Advisors Limited be reappointed as auditor of the company will be put at a General Meeting.

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error, The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and systems have been established to mitigate those risks.

Public benefit
As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

Delivering public benefit
The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and aims and in planning the charity's future activities. All the charity's activities focus on the provision of advocacy and are undertaken to future CADMHAS's charitable purposes for the public benefit.

The trustees report was approved by the Board of Trustees.

Mr Huw Elfed Williams
Company Secretary

24 November 2025

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2025

The trustees, who are also the directors of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:
- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

Opinion

We have audited the financial statements of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) (the 'charity') for the year ended 31 March 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2025 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows;

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable tov the company through discussions with directors and other management;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation and employment legislation;
- we assessed the extent of compliance with the laws and regulations identified above through enquires of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance through the audit.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquires of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- understanding the design of the company's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation; and
- enquiring of management as to actual and potential litigation and claims.

There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that rise due to fraud can be harder to detect than these that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

Christopher Morgans BA ACA (Senior Statutory Auditor)
For and on behalf of Sage & Company Business Advisors Limited, Statutory Auditor
Chartered Accountants
102 Bowen Court
St Asaph Business Park
St Asaph
Denbighshire
LL17 0JE
24 November 2025

Sage & Company Business Advisors Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Income from:							
Charitable activities	3	138,822	1,163,332	1,302,154	116,510	1,298,612	1,415,122
Investments	4	50	-	50	88	-	88
Total income		138,872	1,163,332	1,302,204	116,598	1,298,612	1,415,210
Expenditure on:							
Charitable activities	5	120,564	1,158,577	1,279,141	60,546	1,116,097	1,176,643
Total expenditure		120,564	1,158,577	1,279,141	60,546	1,116,097	1,176,643
Net gains/(losses) on investments	9	4,500	-	4,500	2,994	-	2,994
Net income		22,808	4,755	27,563	59,046	182,515	241,561
Transfers between funds		(29,237)	29,237	-	(12,335)	12,335	-
Net movement in funds		(6,429)	33,992	27,563	46,711	194,850	241,561
Reconciliation of funds:							
Fund balances at 1 April 2024		197,014	333,007	530,021	150,303	138,157	288,460
Fund balances at 31 March 2025		190,585	366,999	557,584	197,014	333,007	530,021

The statement of financial activities includes all gains and losses recognised in the year. All income and expenditure derive from continuing activities.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

BALANCE SHEET

AS AT 31 MARCH 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	**11**		325		1,620
Investments	**12**		122,162		112,580
			122,487		114,200
Current assets					
Debtors	**13**	32,335		29,469	
Cash at bank and in hand		431,105		417,817	
		463,440		447,286	
Creditors: amounts falling due within one year	**14**	(28,343)		(31,465)	
Net current assets			435,097		415,821
Total assets less current liabilities			557,584		530,021
Net assets			557,584		530,021
Income funds					
Restricted funds	**15**		366,999		333,007
Unrestricted funds - general					
Designated funds	**16**	47,600		47,600	
General unrestricted funds		142,985		149,414	
			190,585		197,014
			557,584		530,021

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2025

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2025.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 24 November 2025

Mrs A P Dennis
Co Chair

Mrs J Gilmore
Co Chair

Company registration number 06684259

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2025

	Notes	2025 £	2025 £	2024 £	2024 £
Cash flows from operating activities					
Cash generated from operations	19		18,838		232,792
Investing activities					
Purchase of investments		(5,600)		(54,800)	
Investment income received		50		88	
Net cash used in investing activities			(5,550)		(54,712)
Net cash generated from financing activities			-		-
Net increase in cash and cash equivalents			13,288		178,080
Cash and cash equivalents at beginning of year			417,817		239,737
Cash and cash equivalents at end of year			431,105		417,817

1 Accounting policies

Charity information

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit 94, Bowen Court, St Asaph Business Park, Denbighshire, LL17 0JE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds earmarked by the board of trustees for particular purposes.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. Items costing £1,000 or more are capitalised at cost.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Income from charitable activities

	Grants/ Agreements 2025 £	Grants/ Agreements 2024 £
Betsi Cadwallader UHB	1,025,212	1,009,577
Denbighshire County Council	7,500	15,000
Powys LHB	95,590	95,590
Relevant Person's Represenatative work	138,822	116,510
NWAAA	34,993	35,000
MHAS	37	143,445
	1,302,154	1,415,122
Analysis by fund		
Unrestricted funds	138,822	116,510
Restricted funds	1,163,332	1,298,612
	1,302,154	1,415,122

4 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Other income	3	44
Interest receivable	47	44
	50	88

5 Expenditure on charitable activities

	Charitable Expenditure 2025 £	Charitable Expenditure 2024 £
Direct costs		
Staff costs	1,135,505	1,059,995
Depreciation and impairment	1,295	1,298
Office / Administration/ IT Costs	69,958	57,411
Premises expenses	43,371	31,717
Professional fees	21,529	19,521
Subsistence, recruitment and training	6,962	6,005
Investment management costs	521	696
	1,279,141	1,176,643
Analysis by fund		
Unrestricted funds	120,564	60,546
Restricted funds	1,158,577	1,116,097
	1,279,141	1,176,643

6 Auditor's remuneration

Fees payable to the charity's auditor and associates:	2025 £	2024 £
For audit services		
Audit of the financial statements of the charity	6,000	6,000

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but several trustees were reimbursed a total of £178 for travelling expenses (2024- several trustees were reimbursed a total of £276) for travelling expenses.

8 Employees

The average monthly number of employees during the year was:

	2025 Number	2024 Number
Management and Administration	4	4
Advocates	36	36
Total	40	40

8 Employees (Continued)

Employment costs	2025 £	2024 £
Wages and salaries	1,135,505	1,059,995

There were no employees whose annual remuneration was more than £60,000.

9 Gains and losses on investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Gains/(losses) arising on:		
Revaluation of investments	4,500	2,994

10 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

11 Tangible fixed assets

	Fixtures and fittings	Office Equipment	Powys Equipment - Grant funded	Office Equipment - Covid grant funded	Total
	£	£	£	£	£
Cost					
At 1 April 2024	1,385	40,912	15,958	7,771	66,026
At 31 March 2025	1,385	40,912	15,958	7,771	66,026
Depreciation and impairment					
At 1 April 2024	1,385	39,291	15,958	7,771	64,406
Depreciation charged in the year	-	1,295	-	-	1,295
At 31 March 2025	1,385	40,587	15,958	7,771	65,701
Carrying amount					
At 31 March 2025	-	325	-	-	325
At 31 March 2024	-	1,620	-	-	1,620

12 Fixed asset investments

	Listed Investments £
Cost or valuation	
At 1 April 2024	112,580
Additions	5,600
Valuation changes	4,503
Fees	(521)
At 31 March 2025	122,162
Carrying amount	
At 31 March 2025	122,162
At 31 March 2024	112,580

13 Debtors

Amounts falling due within one year:	2025 £	2024 £
Trade debtors	28,606	27,411
Prepayments and accrued income	3,729	2,058
	32,335	29,469

14 Creditors: amounts falling due within one year

	2025 £	2024 £
Trade creditors	893	4,937
Other creditors	18,882	17,921
Accruals and deferred income	8,568	8,607
	28,343	31,465

15 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2025 £
Younger People (DCC- FF)	-	7,500	(11,224)	3,724	-
Community C&D G&M	34,315	136,999	(111,543)	-	59,771
Powys LHB	41,010	95,590	(79,916)	-	56,684
IMHA (NW)	113,206	424,181	(404,516)	-	132,871
IMCA (NW)	1,031	499,025	(525,569)	25,513	-
MHAS (G&M)	143,445	37	(25,809)	-	117,673
	333,007	1,163,332	(1,158,577)	29,237	366,999

Previous year:	At 1 April 2023 £	Incoming resources £	Resources expended £	Transfers £	At 31 March 2024 £
Younger People (DCC- FF)	2,657	15,000	(29,992)	12,335	-
Community C&D	26,685	133,848	(126,218)	-	34,315
Powys LHB	30,502	95,590	(85,082)	-	41,010
IMHA (NW)	56,433	424,181	(367,408)	-	113,206
IMCA (NW)	21,880	486,548	(507,397)	-	1,031
MHAS G&M	-	143,445	-	-	143,445
	138,157	1,298,612	(1,116,097)	12,335	333,007

16 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	Transfers £	Gains and losses £	At 31 March 2025 £
Designated fund	47,600	-	-	-	-	47,600
General funds	149,414	138,872	(120,564)	(29,237)	4,500	142,985
	197,014	138,872	(120,564)	(29,237)	4,500	190,585

16 Unrestricted funds (Continued)

Previous year:	At 1 April 2023	Incoming resources	Resources expended	Transfers	Gains and losses	At 31 March 2024
	£	£	£	£	£	£
Designated fund	47,600	-	-	-	-	47,600
General funds	102,703	116,598	(60,546)	(12,335)	2,994	149,414
	150,303	116,598	(60,546)	(12,335)	2,994	197,014

17 Analysis of net assets between funds

	Unrestricted funds 2025	Restricted funds 2025	Total 2025
	£	£	£
At 31 March 2025:			
Tangible assets	325	-	325
Investments	122,162	-	122,162
Current assets/(liabilities)	68,098	366,999	435,097
	190,585	366,999	557,584

	Unrestricted funds 2024	Restricted funds 2024	Total 2024
	£	£	£
At 31 March 2024:			
Tangible assets	1,620	-	1,620
Investments	112,580	-	112,580
Current assets/(liabilities)	82,814	333,007	415,821
	197,014	333,007	530,021

18 Related party transactions

There were no disclosable related party transactions during the year (2024 - none).

19	Cash generated from operations	2025 £	2024 £
	Surplus for the year	27,563	241,561
	Adjustments for:		
	Investment income recognised in statement of financial activities	(50)	(88)
	Fair value gains and losses on investments	(3,982)	(2,341)
	Depreciation and impairment of tangible fixed assets	1,295	1,298
	Movements in working capital:		
	(Increase) in debtors	(2,866)	(16,278)
	(Decrease)/increase in creditors	(3,122)	8,640
	Cash generated from operations	18,838	232,792

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE LTD

England & Wales - Charity number 1128582

Accounts

Charity registration number 1128582

Company registration number 06684259 (England and Wales)

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

LEGAL AND ADMINISTRATIVE INFORMATION

Trustees	Mrs A P Dennis	
	Mrs J Gilmore	
	Mrs I F E Howarth	
	Mrs L Viney-Passig	
	Mr P A Williams	
	Mrs E A Burgess	(Appointed 1 May 2024)
	Mrs A J Evans	(Appointed 1 May 2024)
	Miss B Perkins	(Appointed 23 September 2024)
Secretary	Mr Huw Elfed Williams	
Charity number	1128582	
Company number	06684259	
Registered office	Unit 94 Bowen Court St Asaph Business Park Denbighshire LL17 0JE	
Auditor	Sage & Company Business Advisors Limited 102 Bowen Court St Asaph Business Park St Asaph Denbighshire LL17 0JE	

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

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CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

CO-CHAIRS' REPORT

FOR THE YEAR ENDED 31 MARCH 2024

We would like to welcome everyone to what is now our 16th AGM.

First of all, we would like to thank Elfed, our Director of Services, the rest of our staff and our volunteers for their continuing hard work and dedication, and for continuing to adapt to new ways of working, whilst providing a professional and comprehensive service for our service users.

As is usual with all organisations we have welcomed new members of staff and we would like to thank those who have moved on and wish them well.

In 2023-2024 we continued to provide a community-based service for Conwy and Denbighshire and starting in Sept 2023 we worked in partnership with North Wales Advocacy and Advice in providing a community-based service for Gwynedd and Môn. Both services are funded by Betsi Cadwaladr University Health Board.

We continue to provide an IMHA service for both formal and informal patients within inpatient units across the whole of North Wales. We also have advocates working in the IMHA service in Powys.

Our IMCA service also now extends across the whole of North Wales. We employ Relevant Person Representatives at present, as part of IMCA, which continues to be a fast growing part of the service. With the implementation of new legislation, this will be incorporated into the role of our IMCA advocates.

We have provided Young Peoples' advocacy across Denbighshire funded by the local authority. The tender for this service came out later in 2023, but it was decided that we would not retender.

All our advocates are formal advocates, in whichever part of the service they work. All new unqualified advocates begin working within the organisation as Apprentices and achieve formal training through this process.

We still continue to receive large numbers of referrals for the community service which are triaged by a dedicated staff member. This has been proven to shorten the waiting list for community advocacy.

Elfed has provided a written report in which he will expand on future developments and direction of the services which our organisation provides.

We have welcomed two new trustees, but are still looking for new ones to join us. In common with other organisations, applicants are in short supply.

As with all third sector organisations we have to continue to compete for and seek out funding opportunities for mental health advocacy projects.

Most of our current funding is secure at present and successful tendering for the IMHA and IMCA services has resulted in an expansion of activities from April 2023.

As co-chairs we would like to reiterate our thanks to all our staff, volunteer and fellow board members for all their continuing hard work, support and commitment shown over the last year which enables us to deliver a first class, professional service for our Service Users.

Anne Dennis and Jenny Gilmore, Co-Chairs, CADMHAS

Anne Dennis and Jenny Gilmore
Co-Chairs

Date: 16 December 2024

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

TRUSTEES REPORT (INCLUDING DIRECTORS' REPORT)

FOR THE YEAR ENDED 31 MARCH 2024

The trustees present their annual report and financial statements for the year ended 31 March 2024.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Background
Work to establish the Conwy & Denbighshire Mental Health Advocacy Service (CADMHAS) began in 2006 with a number of interested and committed individuals working together to draft what was to be a successful service proposal. Recruitment of the staff of CADMHAS began in January 2007 with the first members of staff coming into post in the spring of that year. CADMHAS became operational as a service on June 1st 2007. Since then CADMHAS has continued to grow now employing over 40 members of staff and running several different projects including: in Conwy and Denbighshire Community Mental Health Advocacy; Relevant Person Representative and Litigation Friend Service; in Denbighshire only Young People's Advocacy; and in Powys Independent Mental Health Advocacy.

Mission Statement
To be the leading voice for adults and young people with mental health issues across Wales.

Aims
CADMHAS will strive:
To be a supportive and independent voice for all service users.
To provide a high quality, instructed advocacy service, safeguarding the individual's rights and choices.
To ensure that all people experiencing mental health issues have access to a free and confidential advocacy service and, wherever possible, the service is to be provided in the language and location of their choice,
To be a place where talented individuals want to work and achieve their career goals in advocacy.

Objectives
To speak up alongside mental health service users enabling empowerment and independence.
To support service users in challenging discrimination and unfair treatment.
To be an organisation continually informed by service user input.
To recruit talented individuals and encourage and support them in their training and professional development.
To have continual and regular review of the organisation's policies and procedures.
To ensure robust financial management systems are in place in order to maintain the viability of the organisation.

Values
CADMHAS will maintain its structural and operational independence from any other direct service provider but will work collaboratively with those who support its aims.
The organisation applies the following core values in all of its undertakings:
Quality - We relentlessly strive to do our best for our service users, colleagues and ourselves.
Integrity - We are transparent, honest and act with integrity at all times.
Autonomy - the right to self-government.

The trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the charity should undertake.

Achievements and performance

In 2023-24 CADMHAS had another successful year with further growth in projects, finance and staff but we also saw us saying goodbye to a project that CADMHAS has provided since 2014.

At the beginning of 2023 it was recognised by the Welsh Government that to fulfill the potential of the Independent Mental Capacity Advocacy to meet the growing demand on the service that further funding would be needed to train additional advocates. CADMHAS was successful in bidding for this funding and were able to offer ten new advocates the opportunity to train with us under our apprenticeship scheme. The course they attend is a City & Guilds Level 4 Independent Advocacy Practice. As part of the course, they:

- attend a one day per month tutorial with Gower College
- a monthly one-to-one session with their tutor
- attendance at a monthly peer group meeting that is mandatory where they will share experiences and learning practices with their fellow apprentices.
- through the 18-month period of their training they will be able to take one day off paid leave to complete assignments,
- be mentored by an experienced advocate and learn first hand how to practice as an advocate by carrying a case load of clients.

During the year we also teamed up with North Wales Advocacy and Advice in putting forward a successful bid for the community advocacy service in Gwynedd and Môn. The eligibility criteria for the service were (and is provide as shown in brackets by either CADMHAS or NWAAA):

I Adults with learning difficulties (NWAAA)

ii. Adults with mental health problems (CADMHAS)

iii. Adults with physical and sensory disabilities (NWAAA)

iv. Older people (NWAAA)

v. Adults who have acquired brain injuries (CADMHAS)

After ten years of providing a service we had to regrettably withdraw from putting in a combined bid for the Young Peoples service in Denbighshire in the retendering process. During those ten years CADMHAS had been part of the successful consortium alongside West Rhyl Young People's project and Denbigh Youth Project where CADMHAS provided the advocacy element. During that period our advocate supported nearly 500 young people to have a voice in services and issues that affected them such as mental health, benefits, family, employment, domestic abuse and education. But due to a funding cut of £30,000 when the contract came up for retendering it was decided that CADMHAS could no longer provide the service on a reduced budget.

During 2023-24 we dealt again with a large volume of referrals with us receiving 2946 contacts for support. Two thousand four hundred and forty two cases where opened and dealt with by our front line advocates. A further four hundred and ninety eight were supported by our duty advocated who either assisted the referred person with arranging meetings, writing letters or signposting them to other services.

WE continue to provide a quality service to the people we support and a few examples of feedback from the people we support and professionals continues to demonstrate the valuable work our team carries out with people across all our projects as demonstrated below:

- I have received support from CADMHAS many times off and on over the years and I wanted to let you all know the positive impact it has had on my life and Mental Health.
- I find you all to be accessible, helpful, professional friendly and tenacious bunch of jolly good eggs!
- You have helped me regain my independence and self esteem, giving me a voice and invaluable help and support over the years.
- I cannot thank you enough for your unrelenting hard work, your support, your empathy for P and everything you have done. It is truly appreciated and you have made a huge difference, his journey could have been very different without you.
- My advocate was lovely and very supportive.
- CADMHAS advocacy service is good.
- I am very pleased with the support I had from my advocate. Wouldn't of (sic) managed without.
- IMCA was proactive with responding in a timely way. IMCA was able to meet with P on a number of occasions throughout the process due to the complexity of the case. The IMCA was able to communicate the wishes of P throughout the process which on occasions would be difficult. The IMCA ensured that P's wishes and feelings were shared throughout and that it will not determine future decisions which are expected to be made.
- A very comprehensive report by the IMCA and balance sheet was provided before the meeting. It was helpful to be able to reflect and discuss on the key points during the meeting and this informed the best interest decision. The IMCA met with P on several occasions before the meeting. They also took time to meet with the family to learn about their childhood, family life and beliefs and values. The IMCA represented P and their wishes and feelings well. The best interest meeting was re-convened to provide opportunity to reflect on the benefits and risks of all options of care and accommodation before making an informed best interest decision.
- I am writing to express my sincere thanks for the proactive and sustained support provided to my patient XX whilst they were an inpatient on the Hergest Unit. The IMHA's input was instrumental in shortening the patient's length of stay; this was achieved by your proactive approach to advocating for the patient, regularly requesting reports/updates from the inpatient nursing team and the community mental health team and regularly supporting the patient in decision making

Acknowledgements

CADMHAS has over 300 organistion listed on it's database that we are in contact with during the year for support and services in connection with our work. The list is too long to include here but we would like to thank them all for their continuing support.

Principal funding sources

Below are organisations or bodies that fund our projects and would like to thank them especially for their support during the past year

Welsh Senedd via BCUHB for the North Wales Independent Mental Health Advocacy (IMHA) Service and the North Wales IMCA service - for the provision of the statutory IMHA and IMCA services.

Welsh Senedd via Powys Teaching Health Board for the Powys Independent Mental Health Advocacy (IMHA) Service.

BCUHB for the Conwy and Denbighshire Community Mental Health Advocacy Service for the provision of advocacy for those who require mental health support in the community.

BCUHB for the Gwynedd and Môn Community Advocacy Service.

Funding for the Relevant Person Representative and Litigation Friend Services is done on a case by case basis by the responsible funding authority in England and Wales.

The Statement of Financial Activities for 2023-24 shows that a surplus arose of £241,561 during the year. At the end of the year the total net assets of the charity were £530,021. Of which £333,007 related to restricted funds and £197,014 to unrestricted funds, with £47,600 of the latter designated to provide for potential liabilities should the charity be required to wind up in full or in part. This reserve balance will be reviewed during the 2024-45 year.

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (e.g. The Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves are:

- to ensure cash flows (eg. cover delays in revenue funding)
- to cover unforeseen circumstances
- to provide the opportunity to attract/ identify alternative funding should existing funds be subject to cutbacks
- to ensure that should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when wound up.

The board will review the level of the reserves annually. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months running costs of the organisation, and endeavour to increase this amount to the equivalent of six months running costs.

Future Developments

Over the last two years we have been developing our management team, training and apprenticeship schemes after successfully tendering for the enhanced IMHA and IMCA contracts. We have also revamped our website, online referral systems, logos and leaflets. We have increased our presence on social media and most of the thanks for the later pieces of work must go to the late Louisa Moore who sadly passed away during this last year.

Over the next 12 months we will be focusing on recruiting volunteers to carry out awareness raising work in network meetings across North Wales but also carrying out relevant research as to what organisations we can signpost to and then inputting the information onto to our website.

CADMHAS has not actively recruited volunteers in the last few years as the type of advocacy carried out in the services we operate are quite specialized but also volunteers need considerable amount of support which we are now in the position to offer. There are many benefits in recruiting volunteers both for the organisation and for the volunteer:

Expanding reach and impact - Volunteers can help organizations achieve their goals by providing services and support.

Access to new ideas - Volunteers can bring new perspectives, ideas, and approaches to an organization's work.

Upskilling opportunities - Volunteer positions can help individuals develop and hone transferable skills like communication, collaboration, and organization.

Professional development - Volunteering can play a critical role in professional development.

Consistent pool of volunteers - Recruiting volunteers on an ongoing basis ensures a consistent pool of individuals willing to contribute their time and skills.

Work on recruiting volunteers will start in the new year.

The present financial climate remains challenging, we will continue to look at how we can better utilize our resources, minimize costs ensuring as much of our finance as possible goes into our frontline services.

All the above work could not be completed without the continuing dedication of the whole team from Trustees, managers, advocates and administrative staff.

Structure, governance and management

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees, who are also the directors for the purpose of company law, and who served during the year and up to the date of signature of the financial statements were:

Mrs A P Dennis	
Mrs J Gilmore	
Mrs I F E Howarth	
Mrs L Viney-Passig	
Mr P A Williams	
Mrs E A Burgess	(Appointed 1 May 2024)
Mrs A J Evans	(Appointed 1 May 2024)
Miss B Perkins	(Appointed 23 September 2024)

Recruitment and appointment of new trustees
Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

Induction and training of new trustees
New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material, New trustees are offered mentoring by an experienced trustee. Specific training needs are identified, All trustees have ongoing training on their roles and responsibilities.

Organisational structure
The trustees delegate responsibility for the day to day running of CADMHAS to the Director of Services.

Related parties
Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustees may have an interest are conducted at arm's length. The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

Auditor
Sage & Company Business Advisors Limited were appointed as auditor to the company and a resolution proposing that they be re-appointed will be put at a General Meeting.

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error, The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and systems have been established to mitigate those risks.

Public benefit
As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

Delivering public benefit
The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and aims and in planning the charity's future activities. All the charity's activities focus on the provision of advocacy and are undertaken to future CADMHAS's charitable purposes for the public benefit.

The trustees report was approved by the Board of Trustees.

Mr Huw Elfed Williams
Company Secretary

16 December 2024

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

STATEMENT OF TRUSTEES RESPONSIBILITIES

FOR THE YEAR ENDED 31 MARCH 2024

The trustees, who are also the directors of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) for the purpose of company law, are responsible for preparing the Trustees Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company Law requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;

- observe the methods and principles in the Charities SORP;

- make judgements and estimates that are reasonable and prudent; and

- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

INDEPENDENT AUDITOR'S REPORT

TO THE TRUSTEES OF CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

Opinion

We have audited the financial statements of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) (the 'charity') for the year ended 31 March 2024 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2024 and of its incoming resources and application of resources, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the *Auditor's responsibilities for the audit of the financial statements* section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees

As explained more fully in the statement of trustees responsibilities, the trustees, who are also the directors of the charity for the purpose of company law, are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

Our approach to identifying and assessing the risks of material misstatement in respect of irregularities, including fraud and non-compliance with laws and regulations, was as follows;

- the engagement partner ensured that the engagement team collectively had the appropriate competence, capabilities and skills to identify or recognise non-compliance with applicable laws and regulations;
- we identified the laws and regulations applicable tov the company through discussions with directors and other management;
- we focused on specific laws and regulations which we considered may have a direct material effect on the financial statements or the operations of the company, including the Companies Act 2006, taxation legislation and employment legislation;
- we assessed the extent of compliance with the laws and regulations identified above through enquires of management and inspecting legal correspondence; and
- identified laws and regulations were communicated within the audit team regularly and the team remained alert to instances of non-compliance through the audit.

We assessed the susceptibility of the company's financial statements to material misstatement, including obtaining an understanding of how fraud might occur, by:

- making enquires of management as to where they considered there was susceptibility to fraud, their knowledge of actual, suspected and alleged fraud;
- considering the internal controls in place to mitigate risks of fraud and non-compliance with laws and regulations; and
- understanding the design of the company's remuneration policies.

To address the risk of fraud through management bias and override of controls, we:

- performed analytical procedures to identify any unusual or unexpected relationships;
- tested journal entries to identify unusual transactions;
- assessed whether judgements and assumptions made in determining the accounting estimates were indicative of potential bias; and
- investigated the rationale behind significant or unusual transactions.

In response to the risk of irregularities and non-compliance with laws and regulations, we designed procedures which included, but were not limited to:

- agreeing financial statement disclosures to underlying supporting documentation; and
- enquiring of management as to actual and potential litigation and claims.

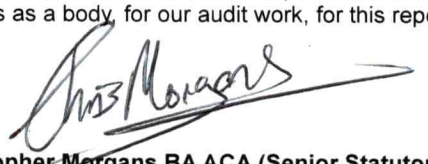
There are inherent limitations in our audit procedures described above. The more removed that laws and regulations are from financial transactions, the less likely it is that we would become aware of non-compliance. Auditing standards also limit the audit procedures required to identify non-compliance with laws and regulations to enquiry of the directors and other management and the inspection of regulatory and legal correspondence, if any.

Material misstatements that rise due to fraud can be harder to detect than these that arise from error as they may involve deliberate concealment or collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: https://www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Christopher Morgans BA ACA (Senior Statutory Auditor)
for and on behalf of Sage & Company Business Advisors Limited 16 December 2024

Chartered Accountants
Statutory Auditor

102 Bowen Court
St Asaph Business Park
St Asaph
Denbighshire
LL17 0JE

Sage & Company Business Advisors Limited is eligible for appointment as auditor of the charity by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £	Unrestricted funds 2023 £	Restricted funds 2023 £	Total 2023 £
Income from:							
Charitable activities	3	116,510	1,298,612	1,415,122	86,769	989,617	1,076,386
Investments	4	88	-	88	7	-	7
Total income		116,598	1,298,612	1,415,210	86,776	989,617	1,076,393
Expenditure on:							
Charitable activities	5	60,546	1,116,097	1,176,643	51,745	864,460	916,205
Net gains/(losses) on investments	9	2,994	-	2,994	(4,258)	-	(4,258)
Net incoming resources before transfers		59,046	182,515	241,561	30,773	125,157	155,930
Gross transfers between funds		(12,335)	12,335	-	-	-	-
Net movement in funds		46,711	194,850	241,561	30,773	125,157	155,930
Fund balances at 1 April 2023		150,303	138,157	288,460	119,530	13,000	132,530
Fund balances at 31 March 2024		197,014	333,007	530,021	150,303	138,157	288,460

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

The statement of financial activities also complies with the requirements for an income and expenditure account under the Companies Act 2006.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

BALANCE SHEET

AS AT 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Fixed assets					
Tangible assets	**11**		1,620		4,861
Investments	**12**		112,580		55,438
			114,200		60,299
Current assets					
Debtors	**13**	29,469		13,191	
Cash at bank and in hand		417,817		239,737	
		447,286		252,928	
Creditors: amounts falling due within one year	**14**	(31,465)		(22,825)	
Net current assets			415,821		230,103
Total assets less current liabilities			530,021		290,402
Deferred income	**15**		-		(1,942)
Net assets			530,021		288,460
Income funds					
Restricted funds	**16**		333,007		138,157
Unrestricted funds - general					
Designated funds	**17**	47,600		47,600	
General unrestricted funds		149,414		102,703	
			197,014		150,303
			530,021		288,460

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

BALANCE SHEET (CONTINUED)

AS AT 31 MARCH 2024

The company is entitled to the exemption from the audit requirement contained in section 477 of the Companies Act 2006, for the year ended 31 March 2024, although an audit has been carried out under section 144 of the Charities Act 2011.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of financial statements.

The members have not required the company to obtain an audit of its financial statements under the requirements of the Companies Act 2006, for the year in question in accordance with section 476.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies regime.

The financial statements were approved by the Trustees on 16 December 2024

Mrs A P Dennis
Co Chair

Mrs J Gilmore
Co Chair

Company registration number 06684259

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE (CADMHAS)

STATEMENT OF CASH FLOWS

FOR THE YEAR ENDED 31 MARCH 2024

	Notes	2024 £	£	2023 £	£
Cash flows from operating activities					
Cash generated from operations	**20**		232,792		167,038
Investing activities					
Purchase of tangible fixed assets		-		(1,297)	
Purchase of investments		(54,800)		(4,800)	
Investment income received		88		7	
Net cash used in investing activities			(54,712)		(6,090)
Net cash used in financing activities			-		-
Net increase in cash and cash equivalents			178,080		160,948
Cash and cash equivalents at beginning of year			239,737		78,789
Cash and cash equivalents at end of year			417,817		239,737

1 Accounting policies

Charity information

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) is a private company limited by guarantee incorporated in England and Wales. The registered office is Unit 94, Bowen Court, St Asaph Business Park, Denbighshire, LL17 0JE.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's [governing document], the Companies Act 2006, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives.

Designated funds are unrestricted funds earmarked by the board of trustees for particular purposes.

Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1 Accounting policies **(Continued)**

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Office Equipment	25% straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.7 Fixed asset investments

Fixed asset investments are initially measured at transaction price excluding transaction costs, and are subsequently measured at fair value at each reporting date. Changes in fair value are recognised in net income/(expenditure) for the year. Transaction costs are expensed as incurred.

1.8 Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

Financial instruments are recognised in the charity's balance sheet when the charity becomes party to the contractual provisions of the instrument.

Financial assets and liabilities are offset, with the net amounts presented in the financial statements, when there is a legally enforceable right to set off the recognised amounts and there is an intention to settle on a net basis or to realise the asset and settle the liability simultaneously.

1 Accounting policies **(Continued)**

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Debt instruments are subsequently carried at amortised cost, using the effective interest rate method.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Derecognition of financial liabilities

Financial liabilities are derecognised when the charity's contractual obligations expire or are discharged or cancelled.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

3 Charitable activities

	Grants / Agreements 2024 £	Grants / Agreements 2023 £
Betsi Cadwallader UHB	1,010,556	848,027
Denbighshire County Council	15,000	30,000
Powys LHB	95,590	95,590
Lloyds Bank Foundation	-	16,000
Relevant Person's Represenatative work	116,510	86,769
NWAAA	35,000	-
MHAS	143,445	-
	1,415,122	1,076,386
Analysis by fund		
Unrestricted funds - general	116,510	86,769
Restricted funds	1,298,612	989,617
	1,415,122	1,076,386

4 Investments

	Unrestricted funds general 2024 £	Unrestricted funds general 2023 £
Investment income	44	-
Interest receivable	44	7
	88	7

5 Charitable activities

	Charitable Expenditure 2024 £	Charitable Expenditure 2023 £
Staff costs	1,059,995	791,584
Depreciation and impairment	1,298	2,230
Office / Administration/ IT Costs	57,411	66,466
Premises expenses	31,717	34,578
Professional fees	19,521	10,987
Subsistence, recruitment and training	6,005	10,360
Investment management costs	696	-
	1,176,643	916,205
	1,176,643	916,205
Analysis by fund		
Unrestricted funds - general	60,546	51,745
Restricted funds	1,116,097	864,460
	1,176,643	916,205

6 Auditor's remuneration

Fees payable to the charity's auditor and associates:	2024 £	2023 £
Audit of the charity's annual accounts	6,000	2,520

7 Trustees

None of the trustees (or any persons connected with them) received any remuneration during the year, but a number of trustees were reimbursed a total of £276 for travelling expenses (2023- a number of trustees were reimbursed a total of £153) for travelling expenses.

8 Employees

The average monthly number of employees during the year was:

	2024 Number	2023 Number
Management and Administration	4	4
Advocates	36	28
Total	40	32

Employment costs	2024 £	2023 £
Wages and salaries	1,059,995	791,584

There were no employees whose annual remuneration was more than £60,000.

9 Net gains/(losses) on investments

	Unrestricted funds general 2024 £	Unrestricted funds general 2023 £
Revaluation of investments	2,994	(4,258)

10 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxationof Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

11 Tangible fixed assets

	Fixtures and fittings	Office Equipment	Powys Equipment - Grant funded	Office Equipment - Covid grant funded	Total
	£	£	£	£	£
Cost					
At 1 April 2023	1,385	40,912	15,958	7,771	66,026
At 31 March 2024	1,385	40,912	15,958	7,771	66,026
Depreciation and impairment					
At 1 April 2023	1,385	37,994	15,958	5,829	61,166
Depreciation charged in the year	-	1,297	-	1,943	3,240
At 31 March 2024	1,385	39,291	15,958	7,772	64,406
Carrying amount					
At 31 March 2024	-	1,620	-	-	1,620
At 31 March 2023	-	2,919	-	1,942	4,861

12 Fixed asset investments

	Listed investments
	£
Cost or valuation	
At 1 April 2023	55,438
Additions	54,800
Valuation changes	2,342
At 31 March 2024	112,580
Carrying amount	
At 31 March 2024	112,580
At 31 March 2023	55,438

13 Debtors

Amounts falling due within one year:	2024 £	2023 £
Trade debtors	27,411	9,681
Other debtors	-	978
Prepayments and accrued income	2,058	2,532
	29,469	13,191

14 Creditors: amounts falling due within one year

	2024 £	2023 £
Trade creditors	4,937	2,245
Other creditors	17,921	13,322
Accruals and deferred income	8,607	7,258
	31,465	22,825

15 Deferred income

	2024 £	2023 £
Other deferred income	-	1,942

Deferred income is included in the financial statements as follows:

	2024 £	2023 £
Deferred income is included within:		
Shown as deferred income on the face of the balance sheet	-	1,942
Movements in the year:		
Deferred income at 1 April 2023	1,942	-
Released from previous periods	(1,942)	1,942
Deferred income at 31 March 2024	-	1,942

16 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Movement in funds			Movement in funds				
	Balance at 1 April 2022	Incoming resources	Resources expended	Balance at 1 April 2023	Incoming resources	Resources expended	Transfers	Balance at 31 March 2024
	£	£	£	£	£	£	£	£
Younger People (DCC- FF)	966	30,000	(28,309)	2,657	15,000	(29,992)	12,335	-
Community C&D	11,389	107,004	(91,708)	26,685	133,848	(126,218)	-	34,315
Powys LHB	-	95,590	(65,088)	30,502	95,590	(85,082)	-	41,010
Lloyds Bank Foundation	645	16,000	(16,645)	-	-	-	-	-
IMHA (NW)	-	421,023	(364,590)	56,433	424,181	(367,408)	-	113,206
IMCA (NW)	-	320,000	(298,120)	21,880	486,548	(507,397)	-	1,031
MHAS G&M	-	-	-	-	143,445	-	-	143,445
	13,000	989,617	(864,460)	138,157	1,298,612	(1,116,097)	12,335	333,007

17 Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes:

	Balance at 1 April 2022	Revaluations, gains and losses	Balance at 1 April 2023	Movement in funds: Incoming resources	Balance at 31 March 2024
	£	£	£	£	£
Designated fund	42,800	4,800	47,600	-	47,600
	42,800	4,800	47,600	-	47,600

18 Analysis of net assets between funds

	Unrestricted funds 2024	Restricted funds 2024	Total 2024	Unrestricted funds 2023	Restricted funds 2023	Total 2023
	£	£	£	£	£	£
Fund balances at 31 March 2024 are represented by:						
Tangible assets	1,620	-	1,620	4,861	-	4,861
Investments	112,580	-	112,580	55,438	-	55,438
Current assets/(liabilities)	415,821	-	415,821	230,103	-	230,103
Provisions and deferred income	-	-	-	(1,942)	-	(1,942)
	530,021	-	530,021	288,460	-	288,460

19 Related party transactions

There were no disclosable related party transactions during the year (2023 - none).

20	**Cash generated from operations**	**2024**	**2023**
		£	**£**
	Surplus for the year	241,561	155,930
	Adjustments for:		
	Investment income recognised in statement of financial activities	(88)	(7)
	Fair value gains and losses on investments	(2,341)	4,258
	Depreciation and impairment of tangible fixed assets	1,298	2,230
	Movements in working capital:		
	Fixed asset adjustment		10,805
	(Increase)/decrease in debtors	(16,278)	5,642
	Increase/(decrease) in creditors	8,640	(11,820)
	Cash generated from operations	232,792	167,038

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE LTD

England & Wales - Charity number 1128582

Accounts

Gwasanaeth Eirioli Iechyd Meddwl Conwy a Sir Ddinbych
Conwy and Denbighshire Mental Health Advocacy Service

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Financial Statements for the year ended 31st March 2023

Registered Company Number - 06684259
Registered Charity Number - 1128582

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Financial Statements for the year ended 31st March 2023

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Registered Company Number - 06684259
Registered Charity Number - 1128582

CO-CHAIRS' REPORT FOR THE YEAR ENDING 31 MARCH 2023

We would like to thank Elfed, our Director of Services, the rest of our staff and our volunteer for their continuing hard work and dedication, and for continuing to adapt to new ways of working, whilst providing a professional and comprehensive service for our service users.

As is usual with all organisations we have welcomed new members of staff and we would like to thank those who have moved on and wish them well.

In 2022-2023 we continued to provide a community-based service for Conwy and Denbighshire which is funded by the Betsi Cadwaladr University Health Board.

We continue to provide an IMHA service for both formal and informal patients within inpatient units across the whole of North Wales. We also have advocates working in the IMHA service in Powys.

Our IMCA service also now extends across the whole of North Wales.

We also provide Young Peoples' advocacy across Denbighshire. The tender for this service will be out later in 2023.

We employ Relevant Person Representatives for IMCA which is still a fast-growing part of our organisation, but with changes in legislation, this will an impact on our provision of this service in its present form.

All our advocates are formal advocates, in whichever part of the service they work.

We still continue to receive large numbers of referrals for the community service which are triaged by a dedicated staff member. This has greatly shortened the waiting list for this service.

Elfed has provided a written report in which he will expand on future developments and direction.

We continue to look for new trustees, which is an ongoing process.

As with all third sector organisations we have to continue to compete for and seek out funding opportunities for mental health advocacy projects.

Most of our current funding is secure at present and successful tendering for the IMHA and IMCA services has resulted in a significant expansion of activities from April 2022.

As co-chairs we would like to reiterate our thanks to all our staff, volunteer and fellow board members for all their continuing hard work, support and commitment shown over the last year which enables us to deliver a first class, professional service for our Service Users.

Anne Dennis and Jenny Gilmore
Co-Chairs CADMHAS

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2023

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2023.

REFERENCE AND ADMINISTRATIVE DETAILS
Registered Company number: 6684259 (England and Wales)
Registered Charity number: 1128582
Registered office: 94, Bowen Court, St. Asaph Business Park, Denbighshire LL17 0JE

Trustees
Anne Dennis Co-Chair
Jenny Gilmore Co-Chair
Ingrid Howarth
Lynnette Vinney-Passig
Phil Williams

Company Secretary
Elfed Williams

Auditors
Salisbury & Company
Irish Square
Upper Denbigh Road
St Asaph
LL17 0RN

Bankers
Lloyds
268 High Street
Bangor
Gwynedd
LL57 IRT

Solicitors
Richard Hall & Partners
Redhill House
Hope Street
Saltney
Chester

STAFF (during year ended 31 March 2023)

Principal Staff
Elfed Williams – Director of Services
Janene Hamilton – Senior Advocate IMHA and Community
Kate Ross-Bowker – Senior Advocate IMCA
Kelly Hughes – Deputy Senior Advocate (Community and Young People)
Jemma Furnival – Deputy Senior Advocate (IMHA)
Louisa Moore – Communication Officer started 30.05.2022

Office Administrator
Diana Williams

Advocates
Adele Llewellin – left employment 21.10.2022
Beth Wheatman – started 07.11.2022, left employment 10.02.2023
Carys Amos – started 04.05.2022, left employment 19.10.2022
Colleen Goddard
Debbie Thompson
Deryn Mann – started 02.01.2023
Emma Barry – started 25.10.2022
Fiona Koh – started 30.05.2022
Frances Adams
Helen Castle – started 25.10.2022
Helen Waterton – started 01.04.2022 TUPE, left employment 31.03.2023
Hilary Roberts – left employment 13.05.2022
Jade Thomas – started 25.10.2022
Jennifer Rush – started 01.04.2022 TUPE
Jodie Roberts-Jones – started 06.06.2022
John McWilliams – started 01.04.2022 TUPE
Kate Harrington
Kerri-Lea Adams – started 30.05.2022
Kevyn Owen – started 01.04.2022 TUPE
Leighton White – started 07.11.2022
Lois Mann – left employment 30.04.2022
Lydia Harvey
Molly Cooper – started 22.03.2023
Nan Webb
Nicholas Evans – started 22.03.2023
Nicola Jones – started 07.11.2022
Pat Mackenzie
Paul Burkhill
Rachel Williams
Richard Strefford – started 01.04.2022 TUPE
Rowan Rosenthal – started 01.04.2022 TUPE
Ruby Edgeley – started 02.01.2023, left employment 17.03.2023
Ruth Davies

Shaun Reeve – started 22.03.2023
Susan Roberts – started 01.04.2022 TUPE
Susan Sayer – started 22.03.2023
Vanessa Hughes-Fowell
Verity Brown – started 02.01.2023

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

Induction and training of new trustees

New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material. New trustees are offered mentoring by an experienced trustee. Specific training needs are identified. All trustees have ongoing training on their roles and responsibilities.

Organisational structure

The trustees delegate responsibility for the day to day running of CADMHAS to the Director of Services.

Related parties

Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length. The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

Risk management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and systems have been established to mitigate those risks.

Public benefit

As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

OBJECTIVES AND ACTIVITIES

Background

Work to establish the Conwy & Denbighshire Mental Health Advocacy Service (CADMHAS) began in 2006 with a number of interested and committed individuals working together to draft what was to be a successful service proposal. Recruitment of the staff of CADMHAS began in January 2007 with the first members of staff coming into post in the spring of that year. CADMHAS became operational as a service on June 1st 2007. Since then CADMHAS has continued to grow now employing over 40 members of staff and running several different projects including: in Conwy and Denbighshire Community Mental Health Advocacy; North Wales Independent Mental Health Advocacy and Independent Mental Capacity Advocacy; Relevant Person Representative and Litigation Friend Service; in Denbighshire only Young People's Advocacy; and in Powys Independent Mental Health Advocacy.

Mission Statement

To be the leading voice for adults and young people with mental health issues across Wales.

Aims

CADMHAS will strive:

To be a supportive and independent voice for all service users.

To provide a high quality, instructed advocacy service, safeguarding the individual's rights and choices.

To ensure that all people experiencing mental health issues have access to a free and confidential advocacy service and, wherever possible, the service is to be provided in the language and location of their choice.

To be a place where talented individuals want to work and achieve their career goals in advocacy.

Objectives

To speak up alongside mental health service users enabling empowerment and independence.

To support service users in challenging discrimination and unfair treatment.

To be an organisation continually informed by service user input.

To recruit talented individuals and encourage and support them in their training and professional development.

To have continual and regular review of the organisation's policies and procedures.

To ensure robust financial management systems are in place in order to maintain the viability of the organisation.

Values

CADMHAS will maintain its structural and operational independence from any other direct service provider but will work collaboratively with those who support its aims.

The organisation applies the following core values in all of its undertakings:

Quality – We relentlessly strive to do our best for our service users, colleagues and ourselves.

Integrity – We are transparent, honest and act with integrity at all times.

Autonomy – the right to self-government.

Acknowledgements

CADMHAS has over 300 organistions listed on its database with whom we are in contact during the year for support and services in connection with our work. The list is too long to include

here but we would like to thank them all for their continuing support. We would like to draw attention to the list below and thank them especially for their funding, support and services during the past year:

Ad Hoc Accountancy Services
Betsi Cadwaladr University Health Board
Citizens Advice Denbighshire
Conwy Voluntary Services Council
Denbighshire Local Authority
Gwynedd Local Authority
Ynys Mon Local Authority
Denbigh Youth Project
Richard Hall Solicitors
Vale of Clwyd Mind
West Rhyl Young People's Project
Aberconwy Mind
Boyns Computers Ltd
Conwy and Denbighshire CMH Teams
Conwy Local Authority
Flintshire Local Authority
Wrexham Local Authority
3rd Avenue Creative Solutions
Denbighshire Voluntary Services Council
Lloyds Bank Foundation
Powys Teaching Health Board
Wales Council for Voluntary Action

DELIVERING PUBLIC BENEFIT

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and aims and in planning the charity's future activities. All the charity's activities focus on the provision of advocacy and are undertaken to further CADMHAS's charitable purposes for the public benefit.

ACHIEVEMENTS AND PERFORMANCE

Charitable activities

April 2022 saw a significant change to our organisation following the successful applications for the North Wales Independent Mental Health Advocacy and Independent Mental Capacity Advocacy. Where previously we had provided these services in Conwy and Denbighshire, from April 1st we provided the service for the whole of North Wales. We were fortunate enough to be able to TUPE over some excellent and experienced advocates from the teams that previously provided the service in Gwynedd and Ynys Mon in the west and in Wrexham and Flintshire in the east. We also carried out a recruitment drive during the year and were joined by several new advocates who joined our apprenticeship scheme.

As has previously been highlighted in our charity's activity report, training is an important element in supporting our team. When an advocate joins us, they have to go through a rigorous induction that gives them the relevant background to our organisation but also helps to install the ethos of our organisation - that of giving the people we support a voice, empowering them to have a say in issues that are affecting them and providing possible options for dealing with their issues.

Once our new trainee advocates complete the induction and complete their probation period, they are then enrolled on to our apprenticeship scheme. The course they attend is a City & Guilds Level 4 Independent Advocacy Practice. As part of the course, they will:

- attend a one day per month tutorial with Gower College.
- have a monthly one-to-one session with their tutor.

- attend a mandatory monthly peer group meeting where they will share experiences and learning practices with their fellow apprentices.
- through the 18-month period of their training, be able to take off one day paid leave to complete assignments.
- be mentored by an experienced advocate and learn first-hand how to practice as an advocate by carrying a case load of clients.

As well as being successful in obtaining the IMHA and IMCA service for North Wales, we again retained the IMHA service for Powys and continued to provide the Community Mental Health Advocacy service in Conwy and Denbighshire, the Young People's Advocacy in Denbighshire as well as the Relevant Person Representative and Litigation Friend Services in Denbighshire and Conwy.

The grant funding we gratefully received from Lloyds Foundation came to an end in the summer of 2022, but the experience we gained from this project is invaluable and it clearly demonstrated that there is a gap in service for people who are placed in a psychiatric unit and have issues maintaining their accommodation or dealing with financial issues whilst in the unit. Hopefully the experience can be used in developing similar services in the future when the community projects are retendered.

Covid brought in a change in working practices where all staff had to work from home during the lock down periods. Like all organisations CADMHAS is no different in having to adjust to the new way of working. A strategic but also financial decision was made not, in light of our expansion, to open new offices across the new region where we would be delivering our services, but rather to continue with one main office for staff to hold face-to-face group meetings or to hot desk on occasions; their day to day administrative work would continue to be carried out from a home base. The levels of referrals we received due to the increase in the geographical area and population size took some time for us to adjust to, but our team demonstrated that they were up to the task through a strong combined effort.

Below is the level of referrals we received during the year with previous year comparison:

IMCA North Wales = 551 (Conwy and Denbighshire 2021-22 = 293)

IMHA North Wales = 1097 (Conwy and Denbighshire 2021-22 = 364)

IMHA (Powys) = 218 (2021-22 = 186)

Community (Conwy and Denbighshire) = 222 (2021-22 = 245)

Younger People Advocacy Service (Denbighshire) = 24 (2021-22 = 23)

RPR Service = 212

Litigation Friends = 9

Specialised Community Project (for patients based in mental health units in Conwy and Denbighshire) = 63 (2021-22 = 83) This project came to an end in August 2022.

The feedback from the people we support and professionals continues to demonstrate the valuable work our team carries out with people across all our projects as demonstrated in the example of comments below:

- Advocate A was lovely and very supportive.
- CADMHAS advocacy service is good.
- I am very pleased with the support I had from my advocate. Wouldn't of (sic) managed without.
- Lovely team. Very helpful.
- Advocate B was so calm and softly spoken. She was so easy to speak to. I found her very helpful.
- I would like to say how lovely Hilary is. She very helpful as is Janene who first helped but still in not at all good state of mind or physically. Hilary did her best, only it was council whom not replying to Hilary, bless her.
- Advocate C was amazing. She was easy to talk to and understood me (I find it hard to put my words together). I have problems getting my point across. I have found myself in deep doo doo (sic) because people can't comprehend what I am trying to say. This normally happens when people don't listen and cut across my conversation. I tend to get flustered and anxious. Advocate C listened.
- Advocate C was absolutely awesome in both advising me and listening to me. We worked together to resolve issues that I am now benefiting from.
- She has done all she could but still in same position. I feel that she helped but medical professionals ignored.
- Advocate D is an amazing advocate and I would love to work with her again. Very attentive, kind and caring.
- Advocate E has been an amazing help and support.
- Am satisfied with the service provided by the IMCAs and the reports they complete. This is a valuable service in the DoLS process.
- It was a pleasure working with Advocate F who understood P's needs and challenged appropriately and with sensitivity in what was a complex and challenging case for SSD. Having an IMCA involved was beneficial to demonstrate that P's views, wishes and feelings were documented and represented as there is potential for challenge on this in the future by family members. It was beneficial for me to work alongside an IMCA whose views supported my assessment and gave weight to important decisions affecting the rest of P's life. The outcome was very positive for P who has moved to appropriate accommodation that better meets her needs.
- Very good IMCA report and great help in the process. The IMCA did her job very professionally and greatly supported P. We agreed a new placement for him which will allow him to increase his independence.

FINANCIAL REVIEW

Results

The Statement of Financial Activities for 2022-23 shows that a surplus arose on unrestricted funds of £30,773 during the year. At the end of the year the total net assets of the charity were £288,460. £138,157 of these related to restricted funds and £150,303 to unrestricted funds, with £47,600 of the latter designated to provide for potential liabilities should the charity be

required to wind up in full or in part. The trustees will be looking to set aside a further proportion of unrestricted funds to meet potential redundancy costs in the future.

Reserves policy

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (eg. Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves are:

- to ensure cash flow (eg. cover delays in revenue funding).
- to cover unforeseen circumstances.
- to provide the opportunity to attract/identify alternative funding should existing funds be subject to cutbacks.
- to ensure that should funding cease, the organisation would be able to fulfil all of its financial and legal obligations when wound up.

The board will review the level of the reserves annually. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months running costs of the organisation, and endeavour to increase this amount to the equivalent of six months running costs.

Going concern

Although conditions continue to be challenging for the charity, as for many Third Sector organisations, the board have reviewed the current position and future plans. In light of this information they have concluded that the going concern basis of accounting continues to be appropriate and continue to adopt this in preparing the financial statements.

Principal funding sources

Principal funding sources for CADMHAS include the following:

Welsh Assembly Government via BCUHB (and initially via Unllais until June 2021) as lead agent for the North Wales Independent Mental Health Advocacy (IMHA) Service and the North Wales Independent Mental Capacity Advocacy (IMCA) Service - for the provision of the statutory IMHA and IMCA services. Following the fact that Unllais ceasing trading, the funding via BCUHB was transferred directly to CADMHAS until the tender process for the services could be completed in March 2022.

Welsh Assembly Government via Powys Teaching Health Board for the Powys Independent Mental Health Advocacy (IMHA) Service.

BCUHB for the Conwy and Denbighshire Community Mental Health Advocacy Service for the provision of advocacy for those who require mental health support in the community.

Denbighshire County Council via Denbighshire Young People's Project as lead agent to provide advocacy for those receiving support from the Families First Project.

Lloyds Bank Foundation to provide support for service users based in mental health units in Conwy and Denbighshire.

Funding for the Relevant Person Representative and Litigation Friend Services is done on a case by case basis by the responsible funding authority in England and Wales.

FUTURE DEVELOPMENTS

At CADMHAS we recognise that face-to-face meetings with the people we support is a vital and important element of the work we provide, but since Covid we have also realized that the people we support want various ways to contact us and have the opportunity to use different methods of communication. We will continue to work with the people we support in making the service accessible through different channels and our Communication Officer will continue to develop our website into becoming a more interactive site.
We have continued over the last eighteen months to strengthen our management team. It is not only important for us to have a strong team that can support the advocates in their work but also to encourage progression through training and achievement. We now have in place two Senior Advocates supported by five Deputy Senior Advocates as well as an Office Manager.

Training remains a key element in developing a team that is knowledgeable and benefits the people we support. We have taken a number of new advocates onto our apprenticeship scheme and even though it is a rigorous training schedule and does test the capacity of the new recruits to learn not only through academic studies but also in case work, the advocates we have recruited have stepped up to the challenge and are progressing well. As well as the new advocate upskilling through the apprentice scheme the management team have been on a Level 4 Diploma in Management course. The two Senior Advocates have completed the course and two Deputy Senior Advocates have started the qualification with the remaining Deputy Senior Advocate starting the same qualification within the next 12 months.

We will be looking at new and different methods of working in the future. The Duty role is one that hopefully will be expanded as more and more authorities appear to want a frontline advocacy provision but also a way of signposting and supporting people in the right direction of support and then providing low level advocacy to make sure they have a voice in that process.

In this challenging financial climate, we will continue to look at how we can better utilize our resources, minimize costs ensuring as much of our finance as possible goes into frontline services.

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also directors for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity and of its income and expenditure for the financial year. In doing so, the trustees are required to:

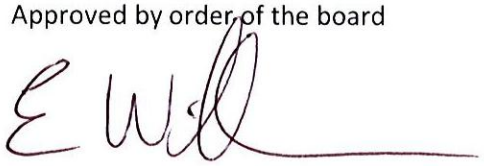
- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;

- state whether applicable accounting standards and statements of recommended practice have been followed; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report, the trustees have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the board



H E Williams
Company Secretary
16 October 2023

Report of the Independent Auditors to the Members of
Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Opinion

We have audited the financial statements of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited (the 'charitable company') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31 March 2023 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Companies Act 2006.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors' responsibilities for the audit of the financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charitable company's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the Annual Report, other than the financial statements and our Report of the Independent Auditors thereon.

Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated.
If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Opinions on other matters prescribed by the Companies Act 2006
In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception
In the light of the knowledge and understanding of the charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the Report of the Trustees.

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.

Responsibilities of trustees
As explained more fully in the Statement of Trustees' Responsibilities, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charitable company or to cease operations, or have no realistic alternative but to do so.

Our responsibilities for the audit of the financial statements
Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue a Report of the Independent Auditors that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud is detailed below:

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. Owing to the inherent limitations of an audit, there is an unavoidable risk that material misstatement in the financial statements may not be detected, even though the audit is properly planned in accordance with ISA (UK).

We obtained an understanding of the legal and regulatory frameworks applicable to the charity and the industry in which it operates through our general commercial and sector experience and discussions with management. We determined that the following laws and regulations were most significant: The Companies Act 2006, FRS 102 the 'Financial Reporting Standards applicable in the UK and Republic of Ireland' and relevant UK tax legislation. In addition, we concluded that there are certain laws and regulations that may have an effect on the determination of the amounts and disclosures within the financial statements such as Health and Safety laws and regulations.

We assessed the susceptibility of the charity's financial statements to material misstatement, including how fraud might occur. Audit procedures performed by the engagement team included:

- Discussions with management, including consideration of known or suspected instances of non-compliance with laws and regulations or fraud;
- Obtain an understanding of the internal controls that management have in place to prevent and detect fraud;
- Challenging assumptions and judgements made by management in its significant accounting estimates;
- Reviewing the financial statement disclosures and assessing the appropriateness of the accounting policies used;
- Identifying and testing journal entries, in particular manual or unusual entries;
- Obtaining third party confirmations of all the company's banking arrangements;
- Performing analytical procedures to identify any unusual or unexpected relationships;
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting.

The assessment of the appropriateness of the collective competence and capabilities of the engagement team included consideration of the engagement team's knowledge of the industry in which the client operates and understanding of, and practical experience with, audit engagements of a similar nature and complexity through appropriate training and participation.

There are inherent limitations in the audit procedures described above. We are less likely to become aware of instances of non-compliance with laws and regulations that are not closely related to events and transactions reflected in the financial statements. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment.

Our audit procedures are designed to detect material misstatement. We are not responsible for preventing non-compliance or fraud and cannot be expected to detect non-compliance with all laws and regulations.

Use of our report

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006. Our audit work has been undertaken so that we might state to the charitable company's members those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's members as a body, for our audit work, for this report, or for the opinions we have formed.



Jason Matischok BA (Hons) FCA (Senior Statutory Auditor)
for and on behalf of Salisbury & Company Business Solutions Limited
Statutory Auditors
Chartered Accountants
Irish Square
Upper Denbigh Road
St Asaph
Denbighshire
LL17 0RN

Date: 16/10/2023

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2023

	Note	Unrestricted funds £	Restricted funds £	2023 £	*2022 £*
Income from					
Donations and legacies	2	-	-	-	-
Investments	3	7	-	7	-
Charitable activities	4	86,769	989,617	1,076,386	*501,919*
Total income		86,776	989,617	1,076,393	*501,919*
Expenditure					
Charitable activities	5	51,745	864,460	916,205	*497,076*
Total expenditure		51,745	864,460	916,205	*497,076*
		35,031	125,157	160,188	*4,843*
Gain/(loss) on revaluation of investments	10	(4,258)	-	(4,258)	*(743)*
Net income/(expenditure)	6	30,773	125,157	155,930	*4,100*
Transfer between funds	14	-	-	-	-
Net movement in funds		30,773	125,157	155,930	*4,100*
Reconciliation of funds					
Funds at 1 April 2022		*119,530*	*13,000*	*132,530*	*128,430*
Funds at 31 March 2023		150,303	138,157	288,460	*132,530*

The notes on pages 19 to 25 form part of these accounts.

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Balance Sheet
as at 31 March 2023

	Note	2023		2022	
		£	£	£	£
Fixed assets					
Tangible assets	9		4,861		*18,542*
Investments	10		55,438		*54,896*
			60,299		*73,438*
Current assets					
Debtors	11	13,191		*18,833*	
Cash at bank and in hand		239,737		*78,789*	
		252,928		*97,622*	
Creditors: amounts falling due within one year	12	(22,825)		*(34,645)*	
Net current assets			230,103		*62,977*
Total assets less current liabilities			290,402		*136,415*
Deferred income	13		(1,942)		*(3,885)*
Net assets			288,460		*132,530*
Charity funds					
Unrestricted funds	14		150,303		*119,530*
Restricted funds	14		138,157		*13,000*
Total funds			288,460		*132,530*

The notes on pages 19 to 25 form part of these accounts.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small charitable companies.

Approved by the board of trustees on 16 October 2023, and signed on their behalf by:

.....Connie Dennis..... **AP Dennis - Trustee**

.....Jean Gilmore..... **JM Gilmore - Trustee**

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Statement of Cash Flows for the year ended 31 March 2023

	2023		*2022*	
	£	£	£	£
Cash flows from operating activities:				
Net cash providing by operating activities		167,045		*7,055*
Cash flows from investing activities:				
Purchase of equipment	(1,297)		*(14,695)*	
Fixed asset investment	(4,800)		*(4,800)*	
Grant in respect of capital expenditure	-		-	
Net cash used in investment activities		(6,097)		*(19,495)*
Change in cash & cash equivalents in the reporting period		160,948		*(12,440)*
Cash & cash equivalents at the start of the reporting period		78,789		*91,229*
Cash & cash equivalents at the end of the reporting period		239,737		*78,789*
Reconciliation of net income to net cash flow from operating activities				
Net income for the reporting period		155,930		*4,100*
Adjustments for:				
Depreciation	4,173		*5,629*	
Amortisation	(1,943)		*(1,943)*	
Fixed assets adjustment	10,805		-	
(Gain)/loss on investments	4,258		*743*	
(Increase)/decrease in debtors	5,642		*(6,149)*	
Increase/(decrease) in creditors	(11,820)		*4,675*	
		11,115		*2,955*
Net cash provided by operating activities		167,045		*7,055*
Analysis of cash & cash equivalents				
Cash in hand		239,737		*78,789*
Total cash & cash equivalents		239,737		*78,789*

Notes to the Accounts
for the year ended 31 March 2023

1 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below. They have been applied consistently during the period.

a Basis of preparation

The financial statements have been prepared in accordance with the Companies Act 2006 and the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 (effective January 2019)', and the Financial Reporting Standard 102 (effective January 2019) and on the going concern basis. Assets and liabilities are initially recognised at historical cost value unless otherwise stated in the relevant accounting policy.

The figures in the accounts are rounded to the nearest £ and the presentational currency is sterling.

The charity meets the definition of a public benefit entity under FRS 102.

b Fund accounting

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.
- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
- Designated funds are unrestricted funds earmarked by the board of trustees for particular purposes.

c Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Donations are included in full in the Statement of Financial Activities when receivable.
- Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by the Board of Trustees has not been included.
- Investment income is included when receivable.
- Income from grants or contracts, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

d Expenditure recognition

Expenditure is recognised on an accruals basis when a liability is incurred. Expenditure includes any VAT which cannot be recovered, and this is included as part of the expenditure to which it relates.

d Expenditure recognition (continued)

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct costs and support costs relating to such activities.

- Staff costs and overhead expenses are allocated to activities directly when identifiable; central office and other support costs borne centrally are allocated to activities on a basis consistent with the use of resources.

e Operating leases

Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor, are charged to the Statement of Financial Activities in the year they fall due.

f Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation. Items costing £1,000 or more are capitalised at cost.

Depreciation is provided at the following annual rate in order to write off each asset over its estimated useful life.

Asset Category	*Annual rate*
Fittings and equipment	25% straight line

g Fixed asset investments

Investments are initially recognised at their transaction value and subsequently measured at their market value as at the balance sheet date. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

h Pensions

The charity contributes to defined contribution pension schemes on behalf of some employees. The assets of these schemes are entirely separate to those of the charity. Contributions payable to the scheme are charged to the Statement of Financial Activities in the period to which they relate.

i Company status

The charity is a company limited by guarantee. In the event of the company being wound up, the liability in respect of the guarantee is limited to £5 per member of the company.

j Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existance for the foreseeable future. As such, the trustees continue to adopt the going concen basis in preparing the financial statements.

	Unrestricted £	Restricted £	Total 2023 £	*Total 2022 £*
2 Donations and legacies				
Donations and fundraising	-	-	-	-
2022	-	-	-	
3 Investment income				
Bank interest	7	-	7	-
2022	-	-	-	
4 Charitable activities				
Grants/Agreements				
Betsi Cadwaladr University Health Board	-	848,027	848,027	*328,545*
Denbighshire County Council	-	30,000	30,000	*30,000*
Powys LHB	-	95,590	95,590	*72,002*
Lloyds Bank Foundation	-	16,000	16,000	*30,076*
Relevant Person's Representative work	86,769	-	86,769	*41,296*
Total	86,769	989,617	1,076,386	*501,919*
2022	*41,296*	*460,623*	*501,919*	

Details of the various sources of income and their application are set out in the Trustees' Report.

5 Expenditure				
Charitable activities				
Staff costs (including travel)	43,508	748,076	791,584	*423,778*
Subsistence, recruitment and training	835	9,524	10,359	*3,647*
Professional fees	886	10,102	10,988	*5,837*
Premises expenses	2,787	31,791	34,578	*31,555*
Office/administration/IT costs	3,549	62,917	66,466	*28,573*
Depreciation	336	3,837	4,173	*5,629*
Amortisation of grant	(156)	(1,787)	(1,943)	*(1,943)*
Total	51,745	864,460	916,205	*497,076*
2022	*58,749*	*438,327*	*497,076*	

6 Net income/(expenditure) for the year

This is stated after charging/(crediting):	**2023**	*2022*
	£	*£*
Auditor's remuneration (audit only)	2,520	-
Depreciation	4,173	*5,629*
Amortisation of grant	(1,943)	*(1,943)*

7 Trustees' remuneration, expenses and related party transactions

There was no trustees' remuneration during the year (2022 - £nil).

Trustees' expenses totalled £153 (2022 - £47).

Due to the nature of the charity's operations and the composition of the board of trustees it is possible that transactions will take place with organisations in which a trustee may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length.

The charity has a policy that all trustees must declare an interest if a related party transaction occurs.

8 Staff costs

Staff costs during the year were as follows:

	2023	*2022*
	£	*£*
Wages and salaries	670,915	*377,373*
Social security costs	57,466	*24,265*
Pension costs	25,225	*15,130*
Travel costs	37,978	*7,010*
	791,584	*423,778*

The average number of employees during the period was as follows:

	2023	*2022*
	No.	*No.*
Management & administration	4	*2*
Advocates	28	*18*
	32	*20*

No employees received emoluments exceeding £60,000 per annum.

9 Fixed assets: tangible assets

	Fittings & equipment
Cost	£
At 1 April 2022	75,535
Additions	1,297
Transfer to expenditure*	(10,805)
At 31 March 2023	66,027
Depreciation	
At 1 April 2022	56,993
Charge for the year	4,173
At 31 March 2023	61,166
Net book value	
At 31 March 2023	4,861
At 31 March 2022	18,542

* 26 items of equipment (laptops, tablets & mobile phones) were purchased at the end of the previous year in anticipation of new staff joining the charity from 1 April 2022. As none of these items cost more than £1,000, they have been charged as expenditure in the current year in line with accounting policies.

10 Fixed assets: investments

	2023	*2022*
	£	*£*
Aviva Investment Portfolio		
Market value at 1 April 2022	54,896	*50,839*
Additions	4,800	*4,800*
Investment charges	(588)	*(651)*
Gain/(loss) on valuation	(3,670)	*(92)*
Market value at 31 March 2023	55,438	*54,896*

11 Debtors

	2023	*2022*
	£	*£*
Debtors and prepayments	13,191	*18,833*

12 Creditors: amounts falling due in less than one year

	2023	2022
	£	£
Social security & other taxes	13,322	6,334
Other creditors and accruals	9,503	28,311
	22,825	34,645

13 Deferred income

	2023	2022
	£	£
Grant in respect of capital expenditure - Covid-19	7,771	7,771
Amortisation		
At 1 April 2022	3,886	1,943
Released in year	1,943	1,943
At 31 March 2023	5,829	3,886
Net book value	1,942	3,885

14 Movement in funds

	As at 01.04.2022	Income	Expenditure	Gain on reval'n/ transfer	As at 31.03.2023
	£	£	£	£	£
Unrestricted					
General fund	76,730	86,776	(51,745)	(9,058)	102,703
Designated fund*	42,800	-	-	4,800 *	47,600
	119,530	86,776	(51,745)	(4,258)	150,303
Restricted funds					
Denbighshire CC	966	30,000	(28,309)	-	2,657
Betsi Cadwaladr UHB	11,389	848,027	(754,418)	-	104,998
Powys LHB	-	95,590	(65,088)	-	30,502
Lloyds Bank Foundation	645	16,000	(16,645)	-	-
	13,000	989,617	(864,460)	-	138,157
Total	132,530	1,076,393	(916,205)	(4,258)	288,460

***Designated fund**

The designated unrestricted reserve is to provide for potential liabilities arising should funding be withdrawn and CADMHAS be required to be wound up. Amounts have been set aside to meet possible redundancy costs arising in the future and significant expenditure relating to the charity's infrastructure and business premises.

15 Analysis of net assets between funds

Fund balances at 31 March 2023 are represented by:

	Restricted funds £	Unrestricted funds £	Total £
Tangible fixed assets	-	4,861	4,861
Fixed asset investments	-	55,438	55,438
Net current assets	138,157	91,946	230,103
Deferred income	-	(1,942)	(1,942)
Total net assets	138,157	150,303	288,460
2022	*13,000*	*119,530*	*132,530*

16 Lease commitments

At the year end the charity had total remaining commitments under non-cancellable operating leases over the remaining life of those leases as follows:

	2023 £	*2022 £*
Expiry date:		
Within 1 year	23,695	*23,695*
Between 1 and 2 years	5,658	*23,695*
Between 2 and 5 years	-	*5,658*
	29,353	*53,048*

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE LTD

England & Wales - Charity number 1128582

Accounts

Gwasanaeth Eirioli Iechyd Meddwl Conwy a Sir Ddinbych
Conwy and Denbighshire Mental Health Advocacy Service

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Financial Statements for the year ended 31st March 2022

Registered Company Number - 06684259
Registered Charity Number - 1128582

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Financial Statements for the year ended 31st March 2022

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Registered Company Number - 06684259
Registered Charity Number - 1128582

CO-CHAIRS' REPORT FOR THE YEAR ENDING 31 MARCH 2022

Thank you for coming this afternoon to what is our fifteenth AGM.

We would like to thank Elfed, our Director of Services, the rest of the staff and our volunteer for their continuing hard work and dedication, and for continuing to adapt to new ways of working, whilst still providing a professional and comprehensive service for our service users, despite the constraints of the pandemic.

As is usual with all organisations we have welcomed new members of staff and we would like to thank those who have moved on and wish them well.

In 2021-22 we continued to provide a community-based service for Conwy and Denbighshire which is funded by the Betsi Cadwaladr University Health Board. Together with our partner organisations based in Bangor and Flintshire we continued to provide an IMHA service for both formal and informal patients within inpatient units across North Wales. In addition, we provided an IMCA service across Conwy and Denbighshire. We (CADMHAS) also have advocates working in the IMHA service we provide in Powys. We also provide Young Peoples' advocacy across Denbighshire.

All our advocates are Formal Advocates who work across our range of services. We also employ Relevant Person Representatives for IMCA which is still a fast-growing part of our organisation but with changes in legislation in the future this may have an impact on our involvement in this process.

We are pleased to have received funding from Lloyds Bank which is being used to provide an extra support service to be based in the Ablett Unit and will also be used to provide mentorship for our trustees.

We still continue to receive large numbers of referrals for the community service which are triaged by a dedicated staff member which has greatly shortened the waiting list for this service.

Elfed has provided a written report in which he will expand on future developments and direction.

We continue to look for new trustees but know this is a continuing problem for all charities.

As with all third sector organisations we have to continue to compete for and seek out funding opportunities for mental health advocacy projects. Most of our current funding is secure at present however, re-tendering for the IMHA and IMCA services was held at the tail end on the 2021-22 period for the North Wales and Powys services which CADMHAS was successful in securing resulting in significant expansion of activities from 1st April 2022.

As co-chairs we would like to reiterate our thanks to all our staff, volunteer and fellow board members for all their continuing hard work, support and commitment shown over the last year which enables us to deliver a first class, professional service for our Service Users.

Anne Dennis and Jenny Gilmore
Co-Chairs CADMHAS

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2022

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Company number: 6684259 (England and Wales)
Registered Charity number: 1128582
Registered office: 94, Bowen Court, St. Asaph Business Park, Denbighshire LL17 0JE

Trustees
Anne Dennis Co-Chair
Jenny Gilmore Co-Chair
Ingrid Howarth
Lynnette Vinney-Passig
Phil Williams

Company Secretary
Elfed Williams

Independent examiner
Ann Bitcon t/a Ad Hoc Accountancy Services
Chartered Accountant
6 Lon Nant, Denbigh, LL16 4BE

Bankers
Lloyds
268 High Street
Bangor
Gwynedd
LL57 IRT

Solicitors
Richard Hall & Partners
Redhill House
Hope Street
Saltney
Chester

STAFF (during year ended 31 March 2022)

Principal Staff
Elfed Williams - Director of Services
Janene Hamilton - Principal Advocate
Kate Ross-Bowker - Senior Advocate

Office Administrator
Diana Williams
Formal Advocates (IMHA, IMCA, Community and Young People's Advocacy)
Adele Llewellin (Joined June 2021)
Debbie Thompson (Joined November 2021)
Frances Adams
Gwen Roberts (Left August 2021)
Hayley Elkins (Left May 2021)
Jemma Furnival
Kate Harrington (Joined April 2021)
Kelly Hughes
Nan Webb
Pat Mackenzie
Sarah Roberts (Left April 2021)
Ruth Davies
Vanessa Hughes-Fowell
Duty Advocate
Lydia Steel
Relevant Person Representatives and Community Advocates (Combined Role)
Hilary Roberts
Lois Howard
Relevant Person Representatives
Colleen Goddard (Joined May 2021)
Paul Burkhill
Rachel Williams (Joined June 2021)

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees

Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

Induction and training of new trustees

New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material. New trustees are offered mentoring by an experienced trustee. Specific training needs are identified. All trustees have ongoing training on their roles and responsibilities.

Organisational structure

The trustees delegate responsibility for the day to day running of CADMHAS to the Director of Services.

Related parties
Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length. The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and systems have been established to mitigate those risks.

Public benefit
As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

OBJECTIVES AND ACTIVITIES

Background
Work to establish the Conwy & Denbighshire Mental Health Advocacy Service (CADMHAS) began in 2006 with a number of interested and committed individuals working together to draft what was to be a successful service proposal. Recruitment of the staff of CADMHAS began in January 2007 with the first members of staff coming into post in the spring of that year. CADMHAS became operational as a service on June 1st 2007. Since then CADMHAS has continued to grow now employing nineteen members of staff and running several different projects including: in Conwy and Denbighshire Community Mental Health Advocacy, Independent Mental Health Advocacy, Independent Mental Capacity Advocacy, Relevant Person Representative and Litigation Friend Service; in Denbighshire only Young People's Advocacy; and in Powys Independent Mental Health Advocacy.

Mission Statement
To be the leading voice for adults and young people with mental health issues across Wales

Aims
CADMHAS will strive:
To be a supportive and independent voice for all service users.
To provide a high quality, instructed advocacy service, safeguarding the individual's rights and choices.
To ensure that all people experiencing mental health issues have access to a free and confidential advocacy service and, wherever possible, the service is to be provided in the language and location of their choice.
To be a place where talented individuals want to work and achieve their career goals in advocacy.

Objectives
To speak up alongside mental health service users enabling empowerment and independence.
To support service users in challenging discrimination and unfair treatment.
To be an organisation continually informed by service user input.

To recruit talented individuals and encourage and support them in their training and professional development.
To have continual and regular review of the organisation's policies and procedures.
To ensure robust financial management systems is in place in order to maintain the viability of the organisation.

Values

CADMHAS will maintain its structural and operational independence from any other direct service provider but will work collaboratively with those who support its aims.
The organisation applies the following core values in all of its undertakings:
Quality – We relentlessly strive to do our best for our service users, colleagues and ourselves.
Integrity – We are transparent, honest and act with integrity at all times.
Autonomy – the right to self-government.

Acknowledgements

CADMHAS has over 300 organistion listed on its database with whom we are in contact during the year for support and services in connection with our work. The list is too long to include here but we would like to thank them all for their continuing support. We would like to draw attention to the list below and thank them especially for their funding, support and services during the past year:

Aberconwy Mind
Advocacy Service North East Wales
Boyns Computers Ltd
Conwy and Denbighshire CMH Teams
Conwy Voluntary Services Council
Denbighshire Voluntary Services Council
Lloyds Bank Foundation
Powys Teaching Health Board
Vale of Clwyd Mind
West Rhyl Young People's Project
Ad Hoc Accountancy Services
Betsi Cadwaladr University Health Board
Citizens Advice Denbighshire
Conwy Local Authority
Denbighshire Local Authority
Denbigh Youth Project
Mental Health Advocacy Scheme
Richard Hall Solicitors
Wales Council for Voluntary Action
3rd Avenue Creative Solutions

DELIVERING PUBLIC BENEFIT

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and aims and in planning the charity's future activities. All the charity's activities focus on the provision of advocacy and are undertaken to further CADMHAS's charitable purposes for the public benefit.

ACHIEVEMENT AND PERFORMANCE

Charitable activities

In 2021 and into 2022 the Covid 19 virus remained an issue with us continuing to go in and out of lockdown. Our team continued to work mainly from home but face-to-face visits to our service users did restart sporadically dependent on restriction rules and under strict risk assessment procedures. Towards the end of 2021 and into 2022 many of the restrictions previously imposed were starting to be lifted but final restrictions were not eased until May 2022.

In 2021-22, as in previous years, we continued to provide Community Mental Health Advocacy, Independent Mental Health Advocacy and Independent Mental Capacity Advocacy, Relevant Person Representative and Litigation Friend Service in Denbighshire and Conwy, the Young People's Advocacy in Denbighshire and the Independent Mental Health Advocacy in Powys. But during the year we applied for the whole IMHA and IMCA services for North Wales and to retain the IMHA service in Powys. After a protracted process we were finally awarded these services that commenced on April 1st 2022. This brought several challenges in looking to restructure the management teams, and welcoming new staff when the projects officially started on 1st April 2022. In the tender process we submitted there was no proposal to search for further office space for the expanding team as the advocates and rest of the team would continue to work from home but our office in St. Asaph would be retained for use as explained below.

The team continued to work from home during the year and we continued to invest in our digital networks to enable our team to continue to communicate with each other and with the people they support. All our team became proficient during Covid in using various communication platforms such as Teams or Zoom but it was also recognised that it is important for team members to be able to meet face to face for peer group and, when possible, team meetings once further Covid restrictions were lifted and this would be facilitated in our office in St. Asaph.

We continued to receive a high level of referrals throughout the year and this is a testament to all the team that they continued to provide the required support in testing times and under continuing Covid restrictions.

Below is the level of referrals we received during the year:

IMCA (Conwy and Denbighshire) 293

RPR Service 212

Litigation Friends 9

IMHA (POWYS) 186

IMHA (Conwy and Denbighshire) 364

Community (Conwy and Denbighshire) 245

Younger People Advocacy Service (Denbighshire) 23

Specialised Community Project (for patients based in mental health units in Conwy and Denbighshire) 83

The feedback from the people we support and professionals continues to demonstrate the valuable work our team carries out with people across all our projects, as demonstrated in the example of comments below:

- My advocate was very thoughtful and caring but most of all down to earth and honest.
- Advocate A was very helpful at a very distressing time for us. And she did everything she could to support us. Thank you.
- I felt I was her number one client but know that most likely all of her clients felt the same way about themselves.
- Advocate B was a very lovely person and supported me very much and had listened to me. I was very satisfied with her.

- I could not have got through my final days in the Ablett without Advocate C. She is amazing. She listened to me and asked all the correct questions to the Doctors.
- The report was of an excellent standard and was delivered at the right time in the process. P is unable to verbalise her wishes and feelings, but Advocate D ensured that her 'likes and dislikes' were noted and she duly made recommendations.
- Am satisfied with the service provided by the IMCAs and the reports they complete. This is a valuable service in the DoLS process.
- It was a pleasure working with Advocate E who understood P's needs and challenged appropriately and with sensitivity in what was a complex and challenging case for SSD. Having an IMCA involved was beneficial to demonstrate that P's views, wishes and feelings were documented and represented.
- Very good report and great help in the process. Advocate F did her job very professionally and greatly supported P. We agreed a new placement for him which will allow him to increase his independence. It was a real pleasure to work with Advocate F.

Training remains a central plank in improving standards and knowledge within our team. Every member of staff is encouraged to seek out training sessions that will improve their skill sets and with many opportunities available during Covid the advocates took advantage of these to access training that otherwise might not have been available.

The team faced continuing challenges during the year in maintaining relationships with service users and professionals whilst still having to deal with restrictions imposed by the Welsh Government due to the Covid pandemic. This was achieved through team work at all levels from the advocates, admin team, managers and Board members as well as support from our Commissioners and other organisations in the Third Sector.

FINANCIAL REVIEW

Results

The Statement of Financial Activities for 2021-22 shows that a deficit arose on unrestricted funds of £18,196 during the year, but that a transfer from restricted funds converted this to a surplus of £50,926 for the year. At the end of the year the total net assets of the charity were £132,530. £13,000 of these related to restricted funds and £119,530 to unrestricted funds, with £42,800 of the latter designated to provide for potential liabilities should the charity be required to wind up in full or in part. The trustees will be looking to set aside a proportion of the increased unrestricted funds to meet the increase in potential redundancy costs in the future.

Reserves policy

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (eg. Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves are:

- to ensure cash flow (eg. cover delays in revenue funding).
- to cover unforeseen circumstances.
- to provide the opportunity to attract/identify alternative funding should existing funds be subject to cutbacks.
- to ensure that should funding cease, the organisation would be able to fulfill all of its financial and legal obligations when wound up.

The board will review the level of the reserves annually. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months running costs of the organisation, and endeavour to increase this amount to the equivalent of six months running costs.

Going concern

Although conditions continue to be challenging for the charity, as for many Third Sector organisations, the board have reviewed the current position and future plans. In light of this information they have concluded that the going concern basis of accounting continues to be appropriate and continue to adopt this in preparing the financial statements.

Principal funding sources

Principal funding sources for Conwy and Denbighshire Mental Health Advocacy Service include the following:

Welsh Assembly Government via BCUHB and initially via Unllais until June 2021 as lead agent for the North Wales Independent Mental Health Advocacy (IMHA) Service and the North Wales IMCA service - for the provision of the statutory IMHA and IMCA service. Following the fact that Unllais ceasing trading, the funding via BCUHB was transferred directly to CADMHAS until the tender process for the services could be completed in March 2022.

Welsh Assembly Government via Powys Teaching Health Board for the Powys Independent Mental Health Advocacy (IMHA) Service.

BCUHB for the Conwy and Denbighshire Community Mental Health Advocacy Service for the provision of advocacy for those who require mental health support in the community.

Denbighshire County Council via Denbighshire Young People's Project as lead agent to provide advocacy for those receiving support from the Families First Project.

Lloyds Bank Foundation to provide support for service users based in mental health units in Conwy and Denbighshire.

Funding for the Relevant Person Representative and Litigation Friend Services is done on a case by case basis by the responsible funding authority in England and Wales.

FUTURE DEVELOPMENTS

With CADMHAS successful in obtaining the IMHA and IMCA service across North Wales we will be looking to improve the delivery of the service in 2022-23 and beyond with increased frontline staffing levels and awareness raising.

As already stated, training is a key element in our development of our team and during 2022-23 we will be looking at supporting new advocates with an apprenticeship scheme. In their first week with CADMHAS they will receive a four-day induction process in the office followed by a period of shadowing other more experienced advocates. They will be signed up to a Level 4 Advocacy Qualification with online tuitions one day per month followed by a half day one-to-one period with the tutor. They will also if required have a further one-day study day to complete any assignments. During this period, they will also be mentored by one of our

experienced advocates who will assist them in understanding the principles of advocacy and what is required to complete their case work.

We will look at restructuring our management team; whereas we now have two Senior Advocates they will eventually have Deputy Senior Advocates to assist them in their support of the various teams.

It is recognised that communication and the raising of awareness of our service is essential for the success of the delivery of advocacy across North Wales and Powys. We will employ a Communications Officer to deliver a better service by improving our website and making it more accessible especially as a platform to refer into our service. We will also look at improving our communication using other digital platforms such as Facebook, Twitter and Instagram. Another development will be the use of YouTube to prepare short film clips about the different aspects of advocacy and how people can be supported if they are sectioned or need a Community or Independent Mental Capacity Advocate.

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also directors for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Charity law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity and of its income and expenditure for the financial year. In doing so, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report, the trustees have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the board

H E Williams
Company Secretary
19th December 2022

Independent Examiner's Report to the Trustees of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

I report on the accounts for the year ended 31 March 2022 set out on pages 12 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities SORP (FRS 102),

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Bitcon

Ann Bitcon t/a Ad Hoc Accountancy Services
Chartered Accountant
6 Lôn Nant
Denbigh
LL16 4BE

19 December 2022

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2022

	Note	Unrestricted funds £	Restricted funds £	2022 £	*2021 £*
Income from					
Donations and legacies	2	-	-	-	*10*
Investments	3	-	-	-	-
Charitable activities	4	41,296	460,623	501,919	*522,306*
Total income		41,296	460,623	501,919	*522,316*
Expenditure					
Charitable activities	5	58,749	438,327	497,076	*486,272*
Total expenditure		58,749	438,327	497,076	*486,272*
		(17,453)	22,296	4,843	*36,044*
Gain/(loss) on revaluation of investments	10	(743)	-	(743)	*4,026*
Net income/(expenditure)	6	(18,196)	22,296	4,100	*40,070*
Transfer between funds	14	69,122	(69,122)	-	-
Net movement in funds		50,926	(46,826)	4,100	*40,070*
Reconciliation of funds					
Funds at 1 April 2021		*68,604*	*59,826*	*128,430*	*88,360*
Funds at 31 March 2022		119,530	13,000	132,530	*128,430*

The notes on pages 15 to 21 form part of these accounts.

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Balance Sheet
as at 31 March 2022

	Note	2022		*2021*	
		£	£	£	£
Fixed assets					
Tangible assets	9		18,542		*9,476*
Investments	10		54,896		*50,839*
			73,438		*60,315*
Current assets					
Debtors	11	18,833		*12,684*	
Cash at bank and in hand		78,789		*91,229*	
		97,622		*103,913*	
Creditors: amounts falling due within one year	12	(34,645)		*(29,970)*	
Net current assets			62,977		*73,943*
Total assets less current liabilities			136,415		*134,258*
Deferred income	13		(3,885)		*(5,828)*
Net assets			132,530		*128,430*
Charity funds					
Unrestricted funds	14		119,530		*68,604*
Restricted funds	14		13,000		*59,826*
Total funds			132,530		*128,430*

The notes on pages 15 to 21 form part of these accounts.

The trustees consider that the charity is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ('the Act') and members have not required the charity to obtain an audit for the year in question in accordance with section 476 of the Act.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of the financial statements.

These financial statements have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with the Charities SORP (FRS 102).

Approved by the board of trustees on 19 December 2022, and signed on their behalf by:

.....

AP Dennis - Trustee

.....

JM Gilmore - Trustee

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Statement of Cash Flows
for the year ended 31 March 2022

	2022		*2021*	
	£	£	£	£
Cash flows from operating activities:				
Net cash providing by operating activities		7,055		*75,602*
Cash flows from investing activities:				
Purchase of equipment	(14,695)		*(7,771)*	
Fixed asset investment	(4,800)		*(2,800)*	
Grant in respect of capital expenditure	-		*7,771*	
Net cash used in investment activities		(19,495)		*(2,800)*
Change in cash & cash equivalents in the reporting period		(12,440)		*72,802*
Cash & cash equivalents at the start of the reporting period		91,229		*18,427*
Cash & cash equivalents at the end of the reporting period		78,789		*91,229*
Reconciliation of net income to net cash flow from operating activities				
Net income for the reporting period		4,100		*40,070*
Adjustments for:				
Depreciation	5,629		*5,044*	
Amortisation	(1,943)		*(1,943)*	
(Gain)/loss on investments	743		*(4,026)*	
(Increase)/decrease in debtors	(6,149)		*37,207*	
Increase/(decrease) in creditors	4,675		*(750)*	
		2,955		*35,532*
Net cash provided by operating activities		7,055		*75,602*
Analysis of cash & cash equivalents				
Cash in hand		78,789		*91,229*
Total cash & cash equivalents		78,789		*91,229*

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Notes to the Accounts for the year ended 31 March 2022

1 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below. They have been applied consistently during the period.

a Basis of preparation

The financial statements have been prepared in accordance with the Companies Act 2006 and the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 (effective January 2015)', and on the going concern basis. Assets and liabilities are initially recognised at historical cost value unless otherwise stated in the relevant accounting policy.

The charity meets the definition of a public benefit entity under FRS 102.

b Fund accounting

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.
- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
- Designated funds are unrestricted funds earmarked by the board of trustees for particular purposes.

c Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Donations are included in full in the Statement of Financial Activities when receivable.
- Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by the Board of Trustees has not been included.
- Investment income is included when receivable.
- Income from grants or contracts, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

d Expenditure recognition

Expenditure is recognised on an accruals basis when a liability is incurred. Expenditure includes any VAT which cannot be recovered, and this is included as part of the expenditure to which it relates.

d Expenditure recognition (continued)

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct costs and support costs relating to such activities.

- Staff costs and overhead expenses are allocated to activities directly when identifiable; central office and other support costs borne centrally are allocated to activities on a basis consistent with the use of resources.

e Operating leases

Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor, are charged to the Statement of Financial Activities in the year in which they fall due.

f Tangible fixed assets

Depreciation is provided at the following annual rate in order to write off each asset over its estimated useful life.

Asset Category	*Annual rate*
Fittings and equipment	25% straight line

g Fixed asset investments

Investments are initially recognised at their transaction vale and subsequently measured at their market value as at the balance sheet date. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

h Pensions

The charity operates a defined contribution pension scheme. Contributions payable to the scheme are charged to the Statement of Financial Activities in the period to which they relate.

i Company status

The charity is a company limited by guarantee. In the event of the company being wound up, the liability in respect of the guarantee is limited to £5 per member of the company.

j Going concern

The Trustees have considered the going concern basis of the financial statements preparation, including consideration of the ongoing impact of the Coronavirus (Covid-19) global pandemic, and are satisfied that the charity is well placed to manage the financial impacts of the pandemic.

	Unrestricted £	Restricted £	Total 2022 £	*Total 2021 £*
2 Donations and legacies				
Donations and fundraising	-	-	-	*10*
2021	*10*	*-*	*10*	
3 Investment income				
Bank interest	-	-	-	-
2021	*-*	*-*	*-*	
4 Charitable activities				
Grants/Agreements				
Betsi Cadwaladr University Health Board	-	328,545	328,545	*320,478*
Denbighshire County Council	-	30,000	30,000	*30,000*
Powys LHB	-	72,002	72,002	*70,590*
Lloyds Bank Foundation	-	30,076	30,076	*38,081*
Covid support grants	-	-	-	*15,156*
Relevant Person's Representative work	41,296	-	41,296	*48,001*
Total	41,296	460,623	501,919	*522,306*
2021	*159,108*	*363,198*	*522,306*	

Details of the various sources of income and their application are set out in the Trustees' Report.

5 Expenditure				
Charitable activities				
Staff costs (including travel)	52,554	371,224	423,778	*421,129*
Subsistence, recruitment and training	308	3,339	3,647	*3,392*
Professional fees	493	5,344	5,837	*5,270*
Premises expenses	2,667	28,888	31,555	*31,522*
Office and administration costs	2,415	26,158	28,573	*21,858*
Depreciation	476	5,153	5,629	*5,044*
Amortisation of grant	(164)	(1,779)	(1,943)	*(1,943)*
Total	58,749	438,327	497,076	*486,272*
2021	*168,333*	*317,939*	*486,272*	

6 Net income/(expenditure) for the year

This is stated after charging/(crediting):

	2022	*2021*
	£	*£*
Depreciation	5,629	*5,044*
Amortisation of grant	(1,943)	*(1,943)*

7 Trustees' remuneration, expenses and related party transactions

There was no trustees' remuneration during the year (2021 - £nil).

Trustees' expenses totalled £47 (2021 - £50).

Due to the nature of the charity's operations and the composition of the board of trustees it is possible that transactions will take place with organisations in which a trustee may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length.

The charity has a policy that all trustees must declare an interest if a related party transaction occurs.

8 Staff costs

Staff costs during the year were as follows:

	2022	*2021*
	£	*£*
Wages and salaries	377,373	*371,774*
Social security costs	24,265	*29,675*
Pension costs	15,130	*16,882*
Travel costs	7,010	*2,798*
	423,778	*421,129*

The average number of employees during the period was as follows:

	2022	*2021*
	No.	*No.*
Management & administration	2	*2*
Advocates	18	*16*
	20	*18*

No employees received emoluments exceeding £60,000 per annum.

9 Fixed assets: tangible assets

	Fittings & equipment
	£
Cost	
At 1 April 2021	60,840
Additions	14,695
At 31 March 2022	75,535
Depreciation	
At 1 April 2021	51,364
Charge for the year	5,629
At 31 March 2022	56,993
Net book value	
At 31 March 2022	18,542
At 31 March 2021	9,476

10 Fixed assets: investments

	2022	*2021*
	£	£
Aviva Investment Portfolio		
Market value at 1 April 2021	50,839	44,013
Additions	4,800	2,800
Investment charges	(651)	(584)
Gain/(loss) on valuation	(92)	4,610
Market value at 31 March 2022	54,896	50,839

11 Debtors

	2022	*2021*
	£	£
Debtors and prepayments	18,833	12,684

12 Creditors: amounts falling due in less than one year

	2022	*2021*
	£	£
Social security & other taxes	6,334	6,616
Other creditors and accruals	28,311	23,354
	34,645	*29,970*

13 Deferred income

	2022	*2021*
	£	£
Grant in respect of capital expenditure - Covid-19	*7,771*	*7,771*
Amortisation		
At 1 April 2021	1,943	-
Released in year	1,943	*1,943*
At 31 March 2022	3,886	*1,943*
Net book value	3,885	*5,828*

14 Movement in funds

	As at 01.04.2021	Income	Expenditure	Gain on reval'n/ transfer	As at 31.03.2022
	£	£	£	£	£
Unrestricted					
General fund	28,204	41,296	(58,749)	65,979	76,730
Designated fund*	40,400	-	-	2,400 *	42,800
	68,604	41,296	(58,749)	68,379	119,530
Restricted funds					
Denbighshire CC	359	30,000	(29,393)	-	966
Betsi Cadwaladr UHB	43,803	328,545	(300,925)	(60,034) **	11,389
Powys LHB	12,075	72,002	(74,989)	(9,088) **	-
Lloyds Bank Foundation	3,589	30,076	(33,020)	-	645
	59,826	460,623	(438,327)	(69,122)	13,000
Total	128,430	501,919	(497,076)	(743)	132,530

***Designated fund**

The designated unrestricted reserve is to provide for potential liabilities arising should funding be withdrawn and CADMHAS be required to be wound up. Amounts have been set aside to meet possible redundancy costs arising in the future and significant expenditure relating to the charity's infrastructure and business premises.

****Transfers**

Three contracts came to their conclusion at 31 March 2022 with remaining financial balances being transferred to unrestricted reserves. The trustees will be setting aside a proportion of these funds during the next year to meet the increase in potential redundancy costs in the future, having regard to the scope of new contracts from 1 April 2022 and the associated increase in staff numbers.

The trustees have concluded that the one continuing source of BCUHB funding should be recategorised as restricted funds from unrestricted. The balance on that fund has been calculated separately and showed a debit balance of £1,765 as at 31 March 2021. The 1 April 2021 balances have been amended to reflect this adjustment.

15 Analysis of net assets between funds

Fund balances at 31 March 2022 are represented by:

	Restricted funds £	Unrestricted funds £	Total £
Tangible fixed assets	-	18,542	18,542
Fixed asset investments	-	54,896	54,896
Net current assets	13,000	49,977	62,977
Deferred income	-	(3,885)	(3,885)
Total net assets	13,000	119,530	132,530
2021	*61,591*	*66,839*	*128,430*

16 Lease commitments

At the year end the charity had total remaining commitments under non-cancellable operating leases over the remaining life of those leases as follows:

	2022 £	*2021* £
Expiry date:		
Within 1 year	23,695	23,695
Between 1 and 2 years	23,695	23,695
Between 2 and 5 years	5,658	29,353
	53,048	76,743

17 Covid-19

As with most other organisations, the charity was adversely affected by the global Coronavirus pandemic. While all staff have continued to work, it was not always possible to continue to provide support to clients in person. In such cases contact and support were maintained by telephone or Zoom.

Grant funding, to support the work of the charity at this time and provide IT and office equipment so that staff could work from home, was received from the Steve Morgan Foundation, National Lottery Community Fund, Community Foundation Wales and CVSC during the year ended 31 March 2021.

CONWY AND DENBIGHSHIRE MENTAL HEALTH ADVOCACY SERVICE LTD

England & Wales - Charity number 1128582

Accounts



Gwasanaeth Eirioli Iechyd Meddwl Conwy a Sir Ddinbych
Conwy and Denbighshire Mental Health Advocacy Service

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Financial Statements for the year ended 31 March 2021

Registered Company Number - 06684259
Registered Charity Number - 1128582

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Financial Statements for the year ended 31 March 2021

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Registered Company Number - 06684259
Registered Charity Number - 1128582

CO-CHAIRS' REPORT FOR THE YEAR ENDED 31 MARCH 2021

Thank you for coming this afternoon to what is our fourteenth AGM.

We would like to thank Elfed, our Director of Services, the rest of the staff and our volunteer for their continuing hard work and dedication, and for adapting to new ways of working, whilst still providing a professional and comprehensive service for our service users, despite the constraints of the pandemic.

As is usual with all organisations we have welcomed new members of staff and we would like to thank those who have moved on and wish them well.

We continue to provide a community based service for Conwy and Denbighshire which is funded by the Betsi Cadwaladr University Health Board. Together with our partner organisations based in Bangor and Flintshire we continue to provide an IMHA service for both formal and informal patients within inpatient units across North Wales. In addition, we provide an IMCA service across Conwy and Denbighshire. We (CADMHAS) also have advocates working in the IMHA service we provide in Powys. We also provide Young Peoples' advocacy across Denbighshire.

All our advocates are Formal Advocates who work across our range of services. We also employ Relevant Person Representatives for IMCA which is still a fast growing part of our organisation but with changes in legislation in the future this may have an impact on our involvement in this process.

We are pleased to have received funding from Lloyds Bank which is being used to provide an extra support service to be based in the Ablett Unit and will also be used to provide mentorship for our trustees.

We still continue to receive large numbers of referrals for the community service which are triaged by a dedicated staff member which has greatly shortened the waiting list for this service.

Elfed has provided a written report in which he will expand on future developments and direction.

We continue to look for new trustees but know this is a continuing problem for all charities.

As with all third sector organisations we have to continue to compete for and seek out funding opportunities for mental health advocacy projects. Most of our current funding is secure at present however, re-tendering for the IMHA and IMCA services will be held later this year.

As co-chairs we would like to reiterate our thanks to all our staff, volunteer and fellow board members for all their continuing hard work, support and commitment shown over the last year which enables us to deliver a first class, professional service for our Service Users.

Anne Dennis and Jenny Gilmore
Co-Chairs CADMHAS
13th December 2021

REPORT OF THE TRUSTEES
FOR THE YEAR ENDED 31 MARCH 2021

The trustees, who are also directors of the charity for the purposes of the Companies Act 2006, present their report with the financial statements of the charity for the year ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS
Registered Company number: 6684259 (England and Wales)
Registered Charity number: 1128582
Registered office: 94, Bowen Court, St. Asaph Business Park, Denbighshire LL17 0JE

Trustees
Anne Dennis Co-Chair
Jenny Gilmore Co-Chair
Ingrid Howarth
Lynnette Vinney-Passig
Phil Williams

Company Secretary
Elfed Williams

Independent examiner
Ann Bitcon t/a Ad Hoc Accountancy Services
Chartered Accountant
6 Lon Nant, Denbigh, LL16 4BE

Bankers
Lloyds
268 High Street
Bangor
Gwynedd
LL57 IRT

Solicitors
Richard Hall & Partners
Redhill House
Hope Street
Saltney
Chester

STAFF (during year ended 31 March 2021)

Principal Staff
Elfed Williams - Director of Services
Janene Hamilton - Principal Advocate
Kate Ross-Bowker - Senior Advocate

Office Administrator
Diana Williams
Formal Advocates (IMHA, IMCA, Community and Young People's Advocacy)
Adrianne Cleverly (to September 2020)
Frances Adams (from October 2020)
Gwen Roberts
Hayley Elkins (from October 2020)
Jane Wazir (to July 2020)
Jemma Furnival
Kelly Hughes
Nan Webb
Pat MacKenzie
Rebecca Casson (to October 2020)
Ruth Davies
Sarah Roberts
Duty Advocate
Vanessa Hughes-Fowell
Relevant Person Representatives and Community Advocates (Combined Role)
Hilary Roberts
Lois Howard
Relevant Person Representatives
Lydia Steel
Paul Burkhill

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document
The charity is controlled by its governing document, its Memorandum and Articles of Association, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Recruitment and appointment of new trustees
Prospective trustees are recruited and identified by word of mouth or by prior knowledge having come into contact with them previously in the work arena or by promotion of the post. The prospective board member will be invited to a number of board meetings as an observer and if mutually agreed then the appointment will be voted on by the board.

Induction and training of new trustees
New trustees are provided with copies of all policies, procedures, the governing documents and other relevant material. New trustees are offered mentoring by an experienced trustee. Specific training needs are identified. All trustees have ongoing training on their roles and responsibilities.

Organisational structure
The trustees delegate responsibility for the day to day running of CADMHAS to the Director of Services.

Related parties
Due to the nature of the charity's operations and the composition of the board of trustees it is inevitable that transactions will take place with organisations in which a member may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length. The charity has a Declaration of Interest policy. All trustees must declare an interest if a related party transaction occurs.

Risk management
The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. The major risks to which the charity is exposed, as identified by the trustees, have been reviewed and systems have been established to mitigate those risks.

Public benefit
As trustees we will give due consideration to the Charity Commission's requirements for reporting on the public benefit of our activities.

OBJECTIVES AND ACTIVITIES

Background
Work to establish the Conwy & Denbighshire Mental Health Advocacy Service (CADMHAS) began in 2006 with a number of interested and committed individuals working together to draft what was to be a successful service proposal. Recruitment of the staff of CADMHAS began in January 2007 with the first members of staff coming into post in the spring of that year. CADMHAS became operational as a service on June 1st 2007. Since then CADMHAS has continued to grow now employing twenty members of staff and running several different projects including: in Conwy and Denbighshire Community Mental Health Advocacy, Independent Mental Health Advocacy, Independent Mental Capacity Advocacy, Relevant Person Representative and Litigation Friend Service; in Denbighshire only Young People's Advocacy; and in Powys Independent Mental Health Advocacy.

Mission Statement
To be the leading voice for adults and young people with mental health issues across Wales.

Aims
CADMHAS will strive:
To be a supportive and independent voice for all service users.
To provide a high quality, instructed advocacy service, safeguarding the individual's rights and choices.
To ensure that all people experiencing mental health issues have access to a free and confidential advocacy service and, wherever possible, the service is to be provided in the language and location of their choice.
To be a place where talented individuals want to work and achieve their career goals in advocacy.

Objectives
To speak up alongside mental health service users enabling empowerment and independence.
To support service users in challenging discrimination and unfair treatment.
To be an organisation continually informed by service user input.

To recruit talented individuals and encourage and support them in their training and professional development.
To have continual and regular review of the organisation's policies and procedures.
To ensure robust financial management systems are in place in order to maintain the viability of the organisation.

Values
CADMHAS will maintain its structural and operational independence from any other direct service provider but will work collaboratively with those who support its aims.
The organisation applies the following core values in all of its undertakings:
Quality – We relentlessly strive to do our best for our service users, colleagues and ourselves.
Integrity – We are transparent, honest and act with integrity at all times.
Autonomy – the right to self-government.

Acknowledgements
CADMHAS has over 300 organisations listed on its database with whom we are in contact during the year for support and services in connection with our work. The list is too long to include here but we would like to thank them all for their continuing support. We would like to draw attention to the list below and thank them especially for their funding, support and services during the past year:

Aberconwy Mind
Ad Hoc Accountancy Services
Advocacy Service North East Wales
Betsi Cadwaladr University Health Board
Citizens Advice Conwy
Citizens Advice Denbighshire
Conwy and Denbighshire CMH Teams
Conwy Local Authority
Conwy Voluntary Services Council
Denbighshire Local Authority
Denbigh Youth Project
Denbighshire Voluntary Services Council
Lloyds Bank Foundation
Mental Health Advocacy Scheme
Powys Teaching Health Board
Richard Hall Solicitors
Vale of Clwyd Mind
Wales Council for Voluntary Action
West Rhyl Young People's Project

In addition to the above, the charity received funding from the Steve Morgan Foundation, National Lottery Community Fund, Community Foundation Wales and CVSC to support the work of the charity at this time and provide IT and office equipment so that staff could work from home.

DELIVERING PUBLIC BENEFIT

The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the charity's objectives and aims and in planning the charity's future activities. All the charity's activities focus on the provision of advocacy and are undertaken to further CADMHAS's charitable purposes for the public benefit.

ACHIEVEMENT AND PERFORMANCE

Charitable activities
CADMHAS continues to provide the Community Mental Health Advocacy, Independent Mental Health Advocacy and Independent Mental Capacity Advocacy, Relevant Person Representative

and Litigation Friend Service in Denbighshire and Conwy, the Young People's Advocacy in Denbighshire and the Independent Mental Health Advocacy in Powys.

2020-21 was a difficult year due to the onset of the Covid 19 virus. It was decided to close the office on 18th March 2020 and for all our staff to work from home. At that time, it was envisaged that this would last a period of a few months at least but as we all know Covid is still with us and it is something we will have to learn to live with for the foreseeable future.

Due to the support and encouragement of our Trustees to investment in IT systems and equipment this paid dividends when everyone had to work from home. Our 3CX phone system is not only operational on conventional phone handsets in the office it is also available on all our team's laptops regardless of where they live in the three counties we serve, Conwy, Denbighshire and Powys. Therefore, when moving on 18th March 2020 from being office based to working from home, we were able to continue to provide a seamless service to service users and professionals from day one. As we had also previously moved all our database systems and document storage facilities online before the Covid outbreak, by moving to homeworking each member of the team was still able to access all their required documentation and information as before.

From 23rd March 2020 we saw the whole of the UK going into lockdown and initially we saw a drop in referrals but with many people facing hardship and trouble accessing services our work returned to normal levels very quickly. Between April 1st 2020 to March 31st 2021 we received 1499 referrals to all our projects which was very slightly up from the previous year which stood at 1459.

The feedback from the people we support continues to demonstrate the valuable work our team carries out with people across all our projects as demonstrated in the example of comments below:

- The advocate has been a great help during lockdown. Crucial information, empathetic, compassionate. My only contact during lockdown!
- Excellent in understanding my situation.
- HR is one of the most professional and efficient support workers I've encountered in 14 years.
- A massive thank you for helping P in such a crisis. Without your professional and compassionate support, the outcome could have been very damaging. I wish our healthcare system worked the way you do. Deepest gratitude.
- With thanks. Moving back to home. Very kind and very helpful.
- Very good advocate. Compassionate and understanding. Good with dealing with mental health patients.

Training remains a central plank in improving standards and knowledge within our team. Every member of staff is encouraged to seek out training sessions that will improve their skill sets and with many free online sessions available during Covid the advocates took advantage of these to access training that otherwise might not have been available. Some examples of training sessions are demonstrated below:

- Psychological Impact of Covid-19

- Preventing Dementia
- Understanding Depression & Anxiety
- The boundaries of Care
- End of Life Care – Challenges and innovation
- Stress Risk Assessment Online
- COVID-19: Psychological Impact, Wellbeing and Mental Health
- Autism Awareness (Adults)
- Suicide Prevention sessions
- De-escalation in Dementia Care
- COPAC (Court of Protection Awareness Campaign)
- People's Human Rights being overridden during lockdown
- Advanced Safeguarding (3 days)

Our team has adapted well in dealing with the additional challenges during 2020-21 especially when they have not been able to meet many of our clients face to face for the majority of the time. But by using the technology we had in Zoom, Teams, text messaging, emails and phone calls they stepped up to the mark when many other services closed down altogether.

None of this work would be possible without everyone in the team at CADMHAS pulling together and also the encouragement and co-operation we receive from our Trustees, partners, third sector organisations, groups and statutory bodies.

FINANCIAL REVIEW

Results

The Statement of Financial Activities for 2020-21 shows that a deficit arose on unrestricted funds of £5,189 during the year, with a surplus of £45,259 on restricted funds. At the end of the year the total net assets of the charity were £128,430. £61,591 of these related to restricted funds and £66,839 to unrestricted funds, with £40,400 of the latter designated to provide for potential liabilities should the charity be required to wind up in full or in part.

Reserves policy

The charity recognises and accepts its responsibilities as a charity, limited company and employer to protect the financial viability and continuation of the organisation. In accordance with good practice (eg. Charity Commission and NCVO recommendations) it is agreed that monies are allocated towards a reserve. The purpose of maintaining adequate reserves are:

- to ensure cash flow (eg. cover delays in revenue funding).
- to cover unforeseen circumstances.
- to provide the opportunity to attract/identify alternative funding should existing funds be subject to cutbacks.
- to ensure that should funding cease, the organisation would be able to fulfill all of its financial and legal obligations when wound up.

The board will review the level of the reserves annually. Unless and until otherwise agreed, the organisation will endeavour to maintain a minimum reserve equivalent to the current three months' running costs of the organisation, and endeavour to increase this amount to the equivalent of six months' running costs.

Going concern
Although conditions continue to be challenging for the charity, as for many Third Sector organisations, the board have reviewed the current position and future plans. In light of this information they have concluded that the going concern basis of accounting continues to be appropriate and continue to adopt this in preparing the financial statements.

Principal funding sources
Principal funding sources for Conwy and Denbighshire Mental Health Advocacy Service include the following:

Welsh Assembly Government via BCUHB via Unllais as lead agent for the North Wales Independent Mental Health Advocacy (IMHA) Service and the North Wales IMCA service - for the provision of the statutory IMHA and IMCA services.

Welsh Assembly Government via Powys Teaching Health Board for the Powys Independent Mental Health Advocacy (IMHA) Service.

BCUHB for the Conwy and Denbighshire Community Mental Health Advocacy Service for the provision of advocacy for those who require mental health support in the community.

Denbighshire County Council via Denbighshire Young People's Project as lead agent to provide advocacy for those receiving support from the Families First Project.

Lloyds Bank Foundation to provide support for service users based in mental health units in Conwy and Denbighshire.

Funding for the Relevant Person Representative and Litigation Friend Services is done on a case by case basis by the responsible funding authority in England and Wales.

FUTURE DEVELOPMENTS

With homeworking becoming the norm during Covid we will be looking, as restrictions ease and the virus hopefully declines, as to how we will combine homeworking and working in the office. Research has shown that most people are more productive working from home when carrying out individual tasks but that activities such as team meetings are best carried out face to face.

We will continue to look at improving our core advocacy services through training, face-to-face work and improved technology but also innovative work such as our specialist community advocacy working with clients in the mental health units.

We are currently waiting to hear if we have been successful in reapplying for our IMHA and IMCA service. If successful, funding will be allocated under these services specifically to collate the quantitative and qualitative information and, working with service users, professionals and commissioners, we will seek to look at how quantitative and qualitative information can better represent the service user's journey and professional's interaction with our service.

In our proposal we will be looking at:

- How service users or carers and professionals could be better informed about the IMHA or IMCA provision through awareness raising methods.
- How service users or their carers can feedback on information provided using different awareness raising methods.
- The best method for measuring service users' outcomes after receiving an IMHA or IMCA service.
- How professionals can feedback their thoughts on the information about, and quality of, the service provided.

By involving the advocacy partners, professionals and commissioners in this process our aim is to shape the future service in North Wales and to develop a template for other IMHA and IMCA services throughout Wales.

RESPONSIBILITIES OF THE TRUSTEES

The trustees (who are also directors for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

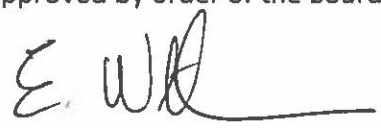
Charity law requires the trustees to prepare financial statements that give a true and fair view of the state of affairs of the charity and of its income and expenditure for the financial year. In doing so, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- make judgments and estimates that are reasonable and prudent;
- state whether applicable accounting standards and statements of recommended practice have been followed; and
- prepare the accounts on a going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the accounts comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In preparing this report, the trustees have taken advantage of the small companies' exemptions provided by section 415A of the Companies Act 2006.

Approved by order of the board



H E Williams
Company Secretary
13th December 2021

Independent Examiner's Report to the Trustees of Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

I report on the accounts for the year ended 31 March 2021 set out on pages 12 to 21.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed. The charity's gross income exceeded £250,000 and I am qualified to undertake the examination by being a qualified member of the ICAEW.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- state whether particular matters have come to my attention.

Basis of the independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

(1) which gives me reasonable cause to believe that, in any material respect, the requirements:

- to keep accounting records in accordance with section 386 of the Companies Act 2006; and
- to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities SORP (FRS 102),

have not been met; or

(2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A. Bitcon

Ann Bitcon t/a Ad Hoc Accountancy Services
Chartered Accountant
6 Lôn Nant
Denbigh
LL16 4BE

13 December 2021

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Statement of Financial Activities (including Income and Expenditure Account) for the year ended 31 March 2021

	Note	Unrestricted funds £	Restricted funds £	2021 £	2020 £
Income from					
Donations and legacies	2	10	-	10	2,530
Investments	3	-	-	-	1
Charitable activities	4	159,108	363,198	522,306	506,602
Total income		159,118	363,198	522,316	509,133
Expenditure					
Charitable activities	5	168,333	317,939	486,272	524,005
Total expenditure		168,333	317,939	486,272	524,005
		(9,215)	45,259	36,044	(14,872)
Gain/(loss) on revaluation of investments	10	4,026	-	4,026	(1,587)
Net income/(expenditure)	6	(5,189)	45,259	40,070	(16,459)
Transfer between funds		-	-	-	-
Net movement in funds		(5,189)	45,259	40,070	(16,459)
Reconciliation of funds					
Funds at 1 April 2020		72,028	16,332	88,360	104,819
Funds at 31 March 2021		66,839	61,591	128,430	88,360

The notes on pages 15 to 21 form part of these accounts.

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Balance Sheet
as at 31 March 2021

	Note	2021		2020	
		£	£	£	£
Fixed assets					
Tangible assets	9		9,476		*6,749*
Investments	10		50,839		*44,013*
			60,315		*50,762*
Current assets					
Debtors	11	12,684		*49,891*	
Cash at bank and in hand		91,229		*18,427*	
		103,913		*68,318*	
Creditors: amounts falling due within one year	12	(29,970)		*(30,720)*	
Net current assets			73,943		*37,598*
Total assets less current liabilities			134,258		*88,360*
Deferred income	13		(5,828)		-
Net assets			128,430		*88,360*
Charity funds					
Unrestricted funds	14		66,839		*72,028*
Restricted funds	14		61,591		*16,332*
Total funds			128,430		*88,360*

The notes on pages 15 to 21 form part of these accounts.

The trustees consider that the charity is entitled to exemption from the requirement to have an audit under the provisions of section 477 of the Companies Act 2006 ('the Act') and members have not required the charity to obtain an audit for the year in question in accordance with section 476 of the Act.

The trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and preparation of the financial statements.

These financial statements have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with the Charities SORP (FRS 102).

Approved by the board of trustees on 13 December 2021, and signed on their behalf by:

AP Dennis - Trustee

JM Gilmore - Trustee

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Statement of Cash Flows
for the year ended 31 March 2021

	2021		2020	
	£	£	£	£
Cash flows from operating activities:				
Net cash providing by operating activities		75,602		*(29,686)*
Cash flows from investing activities:				
Purchase of equipment	(7,771)		*(3,733)*	
Fixed asset investment	(2,800)		*(2,400)*	
Net cash used in investment activities		(10,571)		*(6,133)*
Change in cash & cash equivalents in the reporting period		65,031		*(35,819)*
Cash & cash equivalents at the start of the reporting period		18,427		*54,246*
Cash & cash equivalents at the end of the reporting period		83,458		*18,427*
Reconciliation of net income to net cash flow from operating activities				
Net income for the reporting period		40,070		*(16,459)*
Adjustments for:				
Depreciation	5,044		*7,358*	
Amortisation	(1,943)		*(3,725)*	
(Gain)/loss on investments	(4,026)		*1,587*	
(Increase)/decrease in debtors	37,207		*(30,877)*	
Increase/(decrease) in creditors	(750)		*12,430*	
		35,532		*(13,227)*
Net cash provided by operating activities		75,602		*(29,686)*
Analysis of cash & cash equivalents				
Cash in hand		91,229		*18,427*
Total cash & cash equivalents		91,229		*18,427*

Conwy and Denbighshire Mental Health Advocacy Service (CADMHAS) Limited

Notes to the Accounts for the year ended 31 March 2021

1 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below. They have been applied consistently during the period.

a Basis of preparation

The financial statements have been prepared in accordance with the Companies Act 2006 and the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard 102 (effective January 2015)', and on the going concern basis. Assets and liabilities are initially recognised at historical cost value unless otherwise stated in the relevant accounting policy.

The charity meets the definition of a public benefit entity under FRS 102.

b Fund accounting

- Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.
- Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.
- Designated funds are unrestricted funds earmarked by the board of trustees for particular purposes.

c Income recognition

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably. The following specific policies are applied to particular categories of income:

- Donations are included in full in the Statement of Financial Activities when receivable.
- Grants, where entitlement is not conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
- Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by the Board of Trustees has not been included.
- Investment income is included when receivable.
- Income from grants or contracts, where related to performance and specific deliverables, are accounted for as the charity earns the right to consideration by its performance.

d Expenditure recognition

Expenditure is recognised on an accruals basis when a liability is incurred. Expenditure includes any VAT which cannot be recovered, and this is included as part of the expenditure to which it relates.

d Expenditure recognition (continued)

- Expenditure on charitable activities comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both the direct costs and support costs relating to such activities.

- Staff costs and overhead expenses are allocated to activities directly when identifiable; central office and other support costs borne centrally are allocated to activities on a basis consistent with the use of resources.

e Operating leases

Rentals payable under operating leases, where substantially all the risks and rewards of ownership remain with the lessor, are charged to the Statement of Financial Activities in the year in which they fall due.

f Tangible fixed assets

Depreciation is provided at the following annual rate in order to write off each asset over its estimated useful life.

Asset Category	*Annual rate*
Fittings and equipment	25% straight line

g Fixed asset investments

Investments are initially recognised at their transaction vale and subsequently measured at their market value as at the balance sheet date. The statement of financial activities includes the net gains and losses arising on revaluation and disposals throughout the year.

h Pensions

The charity operates a defined contribution pension scheme. Contributions payable to the scheme are charged to the Statement of Financial Activities in the period to which they relate.

i Company status

The charity is a company limited by guarantee. In the event of the company being wound up, the liability in respect of the guarantee is limited to £5 per member of the company.

j Going concern

Just before the financial year the World Health Organisation (WHO) declared Covid-19 as a worldwide pandemic. In relation to this the trustees have reviewed the charity's performance and all other considerations, and as a result believe that the going concern basis is reasonable.

	Unrestricted £	Restricted £	Total 2021 £	*Total 2020 £*
2 Donations and legacies				
Donations and fundraising	10	-	10	*2,530*
2020	*2530*	*-*	*2,530*	
3 Investment income				
Bank interest	-	-	-	*1*
2020	*1*	*-*	*1*	
4 Charitable activities				
Grants/Agreements				
Betsi Cadwaladr University Health Board	95,951	-	95,951	*96,109*
Denbighshire County Council	-	30,000	30,000	*30,000*
Betsi Cadwaladr University Health Board	-	134,530	134,530	*133,675*
Betsi Cadwaladr University Health Board	-	89,997	89,997	*89,148*
Powys LHB	-	70,590	70,590	*70,560*
Lloyds Bank Foundation	-	38,081	38,081	*22,205*
Covid support grants	15,156	-	15,156	-
Relevant Person's Representative work	48,001	-	48,001	*64,905*
Total	159,108	363,198	522,306	*506,602*
2020	*161,014*	*345,588*	*506,602*	

Details of the application of the various sources of income are set out in the Trustees' Report.

5 Expenditure				
Charitable activities				
Staff costs (including travel)	149,433	271,696	421,129	*445,253*
Subsistence, recruitment and training	984	2,408	3,392	*4,106*
Professional fees	1,529	3,741	5,270	*9,331*
Premises expenses	9,145	22,377	31,522	*38,428*
Office and administration costs	6,342	15,516	21,858	*23,254*
Depreciation	2,843	2,201	5,044	*7,358*
Amortisation of grant	(1,943)	-	(1,943)	*(3,725)*
Total	168,333	317,939	486,272	*524,005*
2020	*173,713*	*350,292*	*524,005*	

6 Net income/(expenditure) for the year

This is stated after charging/(crediting):	2021 £	2020 £
Depreciation	5,044	7,358
Amortisation of grant	(1,943)	(3,725)

7 Trustees' remuneration, expenses and related party transactions

There was no trustees' remuneration during the year (2020 - £nil).

Trustees' expenses totalled £50 (2020 - £82).

Due to the nature of the charity's operations and the composition of the board of trustees it is possible that transactions will take place with organisations in which a trustee may have an interest. All transactions involving organisations in which a trustee may have an interest are conducted at arm's length.

The charity has a policy that all trustees must declare an interest if a related party transaction occurs.

8 Staff costs

Staff costs during the year were as follows:

	2021 £	2020 £
Wages and salaries	371,774	374,285
Social security costs	29,675	27,493
Pension costs	16,882	18,398
Travel costs	2,798	25,077
	421,129	445,253

The average number of employees during the period was as follows:

	2021 No.	2020 No.
Management & administration	2	2
Advocates	16	17
	18	19

No employees received emoluments exceeding £60,000 per annum.

9 Fixed assets: tangible assets

	Fittings & equipment
Cost	£
At 1 April 2020	53,069
Additions	7,771
At 31 March 2021	60,840
Depreciation	
At 1 April 2020	46,320
Charge for the year	5,044
At 31 March 2021	51,364
Net book value	
At 31 March 2021	9,476
At 31 March 2020	6,749

10 Fixed assets: investments

	2021	*2020*
	£	£
Aviva Investment Portfolio		
Market value at 1 April 2020	44,013	43,200
Additions	2,800	2,400
Investment charges	(584)	(550)
Gain/(loss) on valuation	4,610	(1,037)
Market value at 31 March 2021	50,839	44,013

11 Debtors

	2021	*2020*
	£	£
Debtors and prepayments	12,684	49,891

12 Creditors: amounts falling due in less than one year

	2021	*2020*
	£	£
Social security & other taxes	6,616	6,849
Other creditors and accruals	23,354	23,871
	29,970	*30,720*

13 Deferred income

	2021	2020
	£	£
Grant in respect of capital expenditure - Covid-19	7,771	14,900
Amortisation		
At 1 April 2020	-	11,175
Released in year	1,943	3,725
At 31 March 2021	1,943	14,900
Net book value	5,828	-

14 Movement in funds

	As at 01.04.2020	Income	Expenditure	Gain on reval'n/ transfer	As at 31.03.2021
	£	£	£	£	£
Unrestricted					
General fund	32,028	159,118	(168,333)	3,626	26,439
Designated fund*	40,000	-	-	400	40,400
	72,028	159,118	(168,333)	4,026	66,839
Restricted funds					
Denbighshire CC	(495)	30,000	(29,146)	-	359
Betsi Cadwaladr UHB	18,441	134,530	(116,982)	-	35,989
Betsi Cadwaladr UHB	2,855	89,997	(83,273)	-	9,579
Powys LHB	(3,348)	70,590	(55,167)	-	12,075
Lloyds Bank Foundation	(1,121)	38,081	(33,371)	-	3,589
	16,332	363,198	(317,939)	-	61,591
Total	88,360	522,316	(486,272)	4,026	128,430

***Designated fund**

The designated unrestricted reserve is to provide for potential liabilities arising should funding be withdrawn and CADMHAS be required to be wound up. Amounts have been set aside to meet possible redundancy costs arising in the future and significant expenditure relating to the charity's infrastructure and business premises.

15 Analysis of net assets between funds

Fund balances at 31 March 2021 are represented by:	Restricted funds £	Unrestricted funds £	Total £
Tangible fixed assets	-	9,476	9,476
Fixed asset investments	-	50,839	50,839
Net current assets	61,591	12,352	73,943
Deferred income	-	(5,828)	(5,828)
Total net assets	61,591	66,839	128,430
2020	*16,332*	*72,028*	*88,360*

16 Lease commitments

At the year end the charity had total remaining commitments under non-cancellable operating leases over the remaining life of those leases as follows:

	2021 £	*2020 £*
Expiry date:		
Within 1 year	23,695	23,695
Between 1 and 2 years	23,695	1,065
Between 2 and 5 years	29,353	2,129

17 Scam

In September 2019, the charity was the victim of an internet invoice 'scam' as a result of which £18,900 was paid from the bank account. This was reported to the police and Action Fraud.

The funds were located and returned to the charity in May 2020.

The incident was also reported to the Charity Commission who have advised that, in view of the information provided by the charity, they merely needed to be notified of the outcome on conclusion following the recovery of the funds - this was done.

18 Covid-19

As with most other organisations, the charity was adversely affected by the global Coronavirus pandemic. While all staff were able to continue to work, it was not always possible to continue to provide support to clients in person. In such cases contact and support were maintained by telephone or Zoom.

Grant funding, to support the work of the charity at this time and provide IT and office equipment so that staff could work from home, was received from the Steve Morgan Foundation, National Lottery Community Fund, Community Foundation Wales and CVSC.