

# BANGLADESHI MENTAL HEALTH FORUM

England & Wales · Charity number 1128579

## Details

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Other names	MIND MATTERS LONDON
Status	Registered
Legal form	Charitable company
Company number	<a href="#">06348689</a>
Registered	2009-03-16
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	Unit S-7 The Whitechapel Centre 85 Myrdle Street E1 1HL
Phone	07716078840
Email	<a href="mailto:info@bangladeshimentalhealth.org">info@bangladeshimentalhealth.org</a>
Website	<a href="http://www.bangladeshimentalhealth.org">www.bangladeshimentalhealth.org</a>

## Activities

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**Objects:** 3.1 THE RELIEF OF SICKNESS AND THE PRESERVATION AND PROTECTION OF GOOD HEALTH OF BANGLADESHI PEOPLE LIVING IN LONDON WHO HAVE MENTAL HEALTH PROBLEMS, THEIR CARERS AND FAMILIES, IN PARTICULAR BUT NOT EXCLUSIVELY, BY THE PROVISION OF ADVOCACY, WORKING IN PARTNERSHIP WITH SERVICE PROVIDERS, GROUPS, PERSONS, LOCALLY AND INTERNATIONALLY AND BY ORGANISING SEMINARS, CONFERENCES, RESEARCH AND THE PUBLICATION AND CIRCULATION OF INFORMATION. 3.2 THE ADVANCEMENT OF EDUCATION OF BANGLADESHI MENTAL HEALTH WORKERS AND OTHER MENTAL HEALTH WORKERS WHO PROVIDE A SERVICE TO THE BANGLADESHI COMMUNITY.

**Activities:** The BMHF prides itself on being a grassroots organisation that aims to raise awareness of mental health and support people on a local level. Our current work involves organising local mental health awareness raising event/workshops, supporting people by organising local activities (social/educational) and one to one support.

## Classification

- **How:** Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment
- **Who:** People Of A Particular Ethnic Or Racial Origin

## Geography

- **Area of benefit:** LONDON
- Newham
- Redbridge
- Tower Hamlets

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£14,400	£12,005	-	-
2024-03-31	£21,172	£16,860	-	-
2023-03-31	£24,200	£23,630	-	-
2022-03-31	£21,908	£16,500	-	-
2021-03-31	£9,387	£7,116	-	-

## Trustees

Name	Role	Appointed
<b>Shamsun Islam</b>	Chair	2017-04-01
Kamrun Naher Khanom		2019-07-18
MYRA GARRETT		
Shamsur Choudhury		2017-04-01