

REGISTERED COMPANY NUMBER: 06732673 (England and Wales)

REGISTERED CHARITY NUMBER: 1128524

REPORT OF THE TRUSTEES AND

UNAUDITED FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

FOR

YOUTH AND FAMILIES MATTER
(A Company Limited by Guarantee)

YOUTH AND FAMILIES MATTER

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FOR THE YEAR ENDED 31st DECEMBER 2023

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YOUTH AND FAMILIES MATTER

COMPANY INFORMATION
FOR THE YEAR ENDED 31st DECEMBER 2023

TRUSTEES:	R Maher ACA – Chair S Reynolds H Francis FCA J Woodhouse
REGISTERED OFFICE:	Testwood Baptist Church 283A Salisbury Road Totton Southampton Hampshire SO40 3LZ
REGISTERED NUMBER:	06732673 (England and Wales)
CHARITY NUMBER:	1128524
INDEPENDENT EXAMINER:	Scott Vevers Ltd Chartered Accountants & Registered Auditors 65 East Street Bridport Dorset DT6 3LB
BANKERS:	CAF Bank Ltd 25 Kings Hill Avenue Kings Hill West Malling Kent ME19 4JQ

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31st DECEMBER 2023**

The trustees who are also directors of the Charity for the purposes of the Companies Act present their report together with the financial statements of the Charity for the year ended 31st December 2023. They are also prepared to meet the requirements for a director's report and accounts for Companies Act purposes.

The accounts have been prepared in accordance with the accounting policies set out in note 1 to the accounts and comply with the charity's governing document, the Charities Act 2011 and Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTS AND ACTIVITIES FOR THE PUBLIC BENEFIT

Youth and Families Matter exists to:

Meet the needs of children, young people and families in the Totton area of Hampshire, and elsewhere through, including, but not limited to the following -

- The provision of training
- The advancement of education
- The provision of support and activities

Which develop their skills, capacities, and capabilities to enable them to participate in society as mature and responsible individuals.

The Trustees have established that the aims and purposes of Youth and Families Matter will primarily be achieved by providing the following -

- Parenting support
- Schools work
- Detached youth work
- Family work, including befriending
- Community development work
- Practical help through the provision of food parcels

In planning activities for the period, the Trustees have considered the Commission's guidance on Public Benefit and the needs of the local community. The Governors have revisited our objectives and future planned activities with due regard to the September 2013 Charity Commission guidance (PB1, PB2, PB3) in accordance with their responsibilities under the Charities Act 2011. The Public Benefit narrative within this report is also set out taking account of PB3.

Throughout the period our activities and achievements were as follows -

Family & Community Work

- Coffee morning – a weekly support group for adults, including sessions on specific topics (Craft, Managing your money, parenting tips).
- ADHD/Autism support group – a monthly support group for parents of children with ADHD and Autism. As well as support from our Community Worker and volunteers, we have invited in specialist speakers to give advice on specific topics affecting these families.
- One to one support – targeted support to assist vulnerable families or families in crisis.
- Basics Bank (food bank) – Emergency food parcels for families in need. Basics Bank supported 2491 adults and children during 2023. We saw an increase in the number of families with children accessing the support of basics bank. The local community continued to support this project, as well as many organisations and supermarkets, both with food and finances, although we did notice a decrease in the amount of donations, in part due to the cost-of-living increases affecting everyone. We had to spend more money on topping up groceries and were thankfully successful in obtaining a couple of specific grants towards this work.
- Fuel Bank – 167 applications were made to the Fuel Bank Foundation, an increase of 33% from 2022. With the rising cost of fuel during 2023 we were expecting to see the rise.
- Fareshare Larder – run by the Fareshare Charity and using the church site, with support from YFM, to provide groceries, for a small charge, to those in need. Approximately 95 families were represented over the year, with between 30-40 attending each week. Alongside the Fareshare larder, we supported clients with benefits advice, housing information, medical appointments etc. This was done through our YFM staff, but

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REPORT OF THE TRUSTEES **FOR THE YEAR ENDED 31st DECEMBER 2023**

also through Citizens Advice, NFDC Housing and benefits team. We also welcomed other local agencies to provide advice and support on ways to save money.

- TIDES – support group for women suffering from depression and anxiety.
- STREAMS – a second group for women suffering from depression and anxiety.
- Managing your child's angry feelings – two of these courses were run during 2023, supporting 18 people. This group looks at how to help your child with their anger, focusing on triggers, how to lengthen the fuse and calming strategies.
- Supporting Parents of Teenagers (SPOT) – one of these courses was run during 2023, supporting 7 parents. This group looks at topics such as communication, rules and boundaries, behaviour and conflict, parenting styles
- Belong – a group for vulnerable adults to have company and improve community integration.
- Community Lunch – a group for individuals who may feel isolated and don't often get the chance to eat together. This is held at The Chapel.
- Post-Adoption Group – The group supports families who have adopted children and gives them the opportunity to meet with others in a similar situation. This group meets at The Chapel.
- Warm Space – due to the cost-of-living crisis, we hosted a warm space on a Wednesday morning, alongside the Community Hub.
- Family trips – we hosted a community picnic for our families
- Christmas film and grotto – we hosted a family film and Santa's grotto for the families we work with at no cost to them.

On top of basics bank and the larder, we supported over 300 individuals through 1:1 and group work. We delivered over 250 group sessions over 2023. Our partnership with schools developed to provide them with family support, as well as support for the children in school.

Schools & Youth Work

- One to one mentoring with eight primary and two secondary schools – working with 151 children and young people who have emotional needs, or who are at risk of exclusion.
- Out of School Mentoring – working with seven young people out of school, to provide support and guidance.
- Activity Day – we hosted a movie and pizza night for the young people.
- We held two nurture days, specifically aimed at the more vulnerable children we work with. This was a small group, to enable them to feel comfortable and for the leaders to spend quality time with them. We were able to support 15 children through this, most of whom we also support through school.
- Alongside the Community hub, we provided eight play sessions for the children to attend during the school holidays.
- We continued to provide a lunchtime drop-in at Testwood School, with the aim of covering specific topics during each term. These included wellbeing, exam anxiety, digital safety and personal identity, amongst other things.
- We continued with our partnership project with Testwood Baptist Church, to provide a space for Carers to come with their babies, a group for children, and a youth group. YFM supported this initiative with family workers, children, and youth workers. We have been very encouraged to see so many of the children and young people we support continue to come along to build on friendships, learn new skills and enjoy time out. We were specifically able to help the children with additional needs to access this provision.

Our partnership with local schools developed over this year, and we started to provide more than one session of support in three of the local schools. In total we worked with over 350 children and young people.

Fundraising Activities

Regular newsletters or short videos update all stakeholders of the outcomes achieved using their funds. Personal repeat donations continued throughout the year.

Community Involvement

YFM hosted the children's tent at the Totton Family Fun Day, which was held at Testwood School in June 2023, and was very well attended.

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FOR THE YEAR ENDED 31st DECEMBER 2023

YFM had involvement in Totton Lantern Parade, hosting a games tent.

Partnership Working

We continued to work alongside many of our local partners during 2023.

We attended networking meetings to gain and share information, including New Forest Partnership meetings with NFDC, CAB, Community First, local food banks, and other local organisations. We attended the Local Children's Partnership meetings. We continued to support the Early Help Hub meetings, run by Children's Services.

We continued to be a part of the 'New Forest Cost-of-Living Steering Group', with the aim of producing a poverty action plan to help residents in our local communities.

Staff & Volunteers

Noami Maher left her role as Youth Worker in June 2023

Carolyn Chance left her role as Communications Office in May 2023

Hannah Price joined the team as Project Coordinator in July 2023

Kathy Harrison joined the team as a Children and Youth Worker in September 2023

Julie Sweeney became a YFM Trustee in April 2023

Pay is reviewed annually on 1 April. Mr H Francis acts as the lead trustee on pay recommendations to the Board.

The Chapel

The aim of The Chapel is to support the immediate local community, understanding their needs and assisting more families and young people to connect into our existing initiatives whilst, over the longer term, also helping to provide a sustainable source of income for YFM, in an ever-changing financial climate.

PLANS FOR FUTURE PERIODS

Family & Community Work

Continuation of current work, including

- TIDES – weekly support group for adults, including sessions on specific topics.
- Streams - weekly support group for adults, including sessions on specific topics.
- ADHD & Autism support group – for parents of children with ADHD and Autism.
- One to one – One to one support for vulnerable families and families in crisis.
- Family trips – These enable parents and children to spend a day out together, provided at a discounted rate, with travel included.
- Basics Bank – provision of emergency food parcels to families in need.
- Fuel Bank – provision of support, working with the Fuel Bank Foundation
- Community hub – providing support through Fareshare, as well as partnerships with other local agencies.
- SPOT (Supporting Parents of Teenagers) – a six-week course for parents of teenagers, looking at communications, rules & boundaries, conflict & behaviour, parenting styles.
- Anger Management – a six-week course for parents, to help them in managing their children's angry outbursts. The programme was written by Youth and Families Matter, Families Matter and Hampshire Education Psychology service.
- Family Foundations Parenting course/bespoke parenting course.
- Post-Adoption group.
- A new project called 'WILD' - focusing on the development of life skills, community empowerment and coaching for 'hidden learners. Aimed at those who need a bit of extra support to access learning.
- Community Lunch.
- Christmas Treat Day.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2023

Schools & Youth Work

Continuation of current work, including -

- One to one mentoring with primary and secondary pupils – working with children who have emotional needs, or who are at risk of exclusion.
- Out of school mentoring for young people aged 11 – 18, to provide a positive role model, information, advice, and guidance.
- After School drop-in.
- A summer programme for children and young people.
- Partnership working to provide a youth club and other appropriate youth activities.
- Lunchtime drop-in session for pupils at the local secondary school, focusing on issues of concern.
- Holiday provision, including play days alongside community hub.

The Chapel

We aim to continue developing The Chapel to improve community access to our sessions. The staff team will continue to recruit and train volunteers. The Chapel celebrates 10 years of operating in September 2024.

Staff & Volunteers

We will continue to support and train our staff and volunteers, and look to fill any gaps in the team, to enable us to support the growing numbers of referrals.

Sustainability

Due to the changing financial climate, and a decrease in available statutory funding, we continue to find alternative ways to fund the work of YFM. This is done in a variety of different ways:

- The Chapel
- Increased personal donations
- Development of school contributions towards schools and parenting work
- Grants and fundraising

FINANCIAL REVIEW

Total receipts on unrestricted funds were £146,710. Restricted funds of £135,891 were also received and are detailed in the Financial Statements.

The Statement of Financial Activities shows net income of £2,213 (2022 – deficit of £12,743) for the year and reserves are in surplus by £235,925, of which £96,363 are in restricted funds.

RESERVES POLICY

The trustees have set a **reserves policy** which requires:

- Reserves be maintained at a level which ensures that our core activities could continue during a 6 to 12 month period of unforeseen difficulty. The trustees recognise that additional free reserves are desirable, to successfully manage our skill base and secure continuity of case work. They are working to maintain financial resilience to ensure much needed stability for our vulnerable client base in an increasingly challenging environment. At 31st December 2023, free reserves amounted to £41,456 which are in line with the policy.
- A proportion of reserves be maintained in a readily realisable form.

The calculation of the required level of reserves is an integral part of the organisation's planning, budget and forecast cycle. It takes into account the:

- Risks associated with each stream of income and expenditure being different from that budgeted
- Planned activity level
- Organisation's commitments

STRUCTURE, GOVERNANCE AND MANAGEMENT OF THE CHARITY

The charity is a company limited by guarantee and was formed on 24th October 2008. It is governed by its Memorandum and Articles of Association.

YOUTH AND FAMILIES MATTER

REPORT OF THE TRUSTEES FOR THE YEAR ENDED 31st DECEMBER 2023

DIRECTORS AND TRUSTEES

The registered directors of the company are also the trustees, and details of the trustees are listed on page 1. Trustees are recruited and appointed by the board of trustees. The charity may, by ordinary resolution, appoint a person who is willing to act to be a Director. He or she is recommended by a Director to the board of trustees, who vote on the appointment. The appointment is recorded in the minutes of the meeting. The full procedure can be found in the Memorandum and Articles of Association.

The Trustees delegate the day-to-day responsibility for administering the activities of the charity to the part time Project Leader who is also responsible for overseeing the charity's employees. The Trustees are committed to high standards of governance recognising the importance of the 7 principles outlined in the Charity Governance Code.

SAFEGUARDING

The Trustees and staff of YFM confirm our commitment to, and maintenance of our safeguarding policy.

STATEMENT OF TRUSTEES' RESPONSIBILITIES

The trustees are required by law to prepare financial statements for each financial period, which give a true and fair view of the financial activities of the charity and of its financial position at the end of the period. In preparing those financial statements, the trustees are required to: -

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether the policies adopted are in accordance with the Companies Act 2006 and with applicable accounting standards and statements of recommended practice, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT EXAMINER

Marcus Cridland of Scott Vevers Ltd has signified his willingness to continue in office and a resolution for his re-appointment will be proposed at the forthcoming Annual General Meeting.

This report has been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

ON BEHALF OF THE BOARD:


R Maher – Director

24/9/24
Date:

YOUTH AND FAMILIES MATTER

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF YOUTH AND FAMILIES MATTER

I report on the accounts of the company for the year ended 31st December 2023, which are set out on pages 8 to 19.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the Charities Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the Charities Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records;
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396
- of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



M J Cridland FCA BA(Hons)
Scott Vevers Ltd
Chartered Accountants & Registered Auditors
65 East Street
Bridport
Dorset
DT6 3LB

Date: 28/09/24

YOUTH AND FAMILIES MATTER

STATEMENT OF FINANCIAL ACTIVITIES (INCORPORATING INCOME AND EXPENDITURE ACCOUNT)
FOR THE YEAR ENDED 31ST DECEMBER 2023

	Notes	Unrestricted funds £	Restricted funds £	Total 2023 £	Total 2022 £
Income and endowments from:					
Donations and legacies	2	56,114	-	56,114	56,140
Charitable activities	3	23,608	135,891	159,499	138,868
Other trading activities	4	64,919	-	64,919	53,381
Investments (Bank interest)		2,069	-	2,069	568
Total income		<u>146,710</u>	<u>135,891</u>	<u>282,601</u>	<u>248,957</u>
Expenditure on:					
Cost of raising funds	5	77,557	-	77,557	75,501
Charitable activities	6	83,809	119,022	202,831	186,199
Total expenditure		<u>161,366</u>	<u>119,022</u>	<u>280,388</u>	<u>261,700</u>
Net income/ (expenditure) for the year		(14,656)	16,869	2,213	(12,743)
Transfers		-	-	-	-
Net movement in funds for the year		<u>(14,656)</u>	<u>16,869</u>	<u>2,213</u>	<u>(12,743)</u>
Reconciliation of funds					
Funds at 1st January 2023		154,218	79,494	233,712	246,455
Total funds at 31st December 2023		<u><u>139,562</u></u>	<u><u>96,363</u></u>	<u><u>235,925</u></u>	<u><u>233,712</u></u>

All amounts derive from continuing activities.

All gains and losses recognised in the period are included in the statement of financial activities.

The notes on pages 10 to 19 form part of these financial statements

YOUTH AND FAMILIES MATTER
BALANCE SHEET
AS AT 31ST DECEMBER 2023

	Notes	2023	2022
		£	£
Tangible fixed assets	9	277	-
Current assets			
Debtors	10	7,429	7,552
Cash at bank and in hand		234,460	232,888
		<u>241,889</u>	<u>240,440</u>
Creditors: Amounts falling due within one year	11	<u>(6,241)</u>	<u>(6,728)</u>
Net current assets		235,648	233,712
Total assets less current liabilities		<u>235,925</u>	<u>233,712</u>
The funds of the charity:			
Restricted income funds	13	96,363	79,494
Unrestricted income funds:	12		
Designated funds		98,106	98,106
Other charitable funds		<u>41,456</u>	<u>56,112</u>
Total unrestricted funds		139,562	154,218
Total charity funds		<u>235,925</u>	<u>233,712</u>

The company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 31st December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2023 in accordance with Section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and the preparation of accounts:

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime under the Companies Act 2019.

The Financial statements were approved by the board on 17th September 2024



R Maher -Director

The notes on pages 10 to 19 form part of these financial statements

General information

Youth and Families Matter is a company, limited by guarantee, incorporated in England and Wales under the Companies Act 2006 and Charities Act 2011. The address of the registered office is provided in Reference and administrative details. Details of the charity's operations are provided in the Report of the Trustees.

1 Accounting policies

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

1.1 Basis of preparation

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared on a going concern basis under the historical cost convention and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) - (Charities SORP (FRS 102), the Companies Act 2006 and the Charities Act 2011.

1.2 Income

Income from donations and grants, including capital grants and events utilising the charity's facilities is included in incoming resources when receivable except as follows:

When events are due to take place in a future accounting period and when donors specify that donations and grants given to the charity must be used in future accounting periods, the income is deferred until those periods.

When donors impose conditions which have to be fulfilled before the charity becomes entitled to use such income, the income is deferred and not included in incoming resources until the pre-conditions for use have been met.

When donors specify that donations and grants, including capital grants, are for particular restricted purposes, which do not amount to pre-conditions regarding entitlement, this income is included in incoming resources of restricted funds when receivable.

Grant clawbacks are deducted from incoming resources if they occur in the same accounting period. Grant clawbacks made in subsequent accounting periods are shown as outgoing resources in preference to negative income.

Gifts and services in kind are included at their estimated open market valuation.

1.3 Expenditure

Expenditure is included when incurred. Costs which are identified as relating to restricted activities are allocated directly to those activities. Costs which relate to the general running of the charity are allocated against unrestricted funds, and within the statement of financial activities these expenses are shown as cost of activities in furtherance of the objects of the charity, support costs and governance costs. Governance costs are those relating to the charity's compliance with constitutional and statutory requirements.

1.4 Tangible fixed assets and depreciation

Tangible fixed assets costing more than £500 are capitalised at cost. Depreciation is provided at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, as follows:

Leasehold improvements	Over period of lease
Equipment	25% straight line

1.5 Funds

Restricted funds are funds subject to specific conditions imposed by donors as to how they may be used. The purposes and uses of the restricted funds are set out in note 13 to the accounts. Designated funds are allocated out of unrestricted funds by the trustees for specific purposes. The use of such funds is at the trustees' discretion.

2 Donations and legacies

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Testwood Baptist Church	4,200	-	4,200	16,959
Gift Aid	2,999	-	2,999	6,474
Other donations and gifts	40,115	-	40,115	24,353
	47,314	-	47,314	47,786
Rent & Services from the church (Gifts in kind)	8,800	-	8,800	8,354
	56,114	-	56,114	56,140

	Unrestricted funds	Restricted funds	Total 2022	Total 2021
	£	£	£	£
2022				
Testwood Baptist Church	16,959	-	16,959	13,200
Gift Aid	6,474	-	6,474	6,090
Other donations and gifts	24,353	-	24,353	34,484
	47,786	-	47,786	53,774
Rent & Services from the church (Gifts in kind)	8,354	-	8,354	7,595
	56,140	-	56,140	61,369

3 Income from charitable activities

	Unrestricted funds	Restricted funds	Total 2023	Total 2022
	£	£	£	£
Grants and Awards:				
Albert Hunt Trust	-	3,000	3,000	-
Arnold Cark	-	-	-	(238)
Asda Foundation	-	(200)	(200)	-
Barker Mill Foundation	-	3,000	3,000	-
Churchill Foundation	-	2,000	2,000	-
Citizens Advice Bureau: Community Hub Play Sessions Grant	-	-	-	1,000
Citizens Advice Bureau: Community Hub Grant	-	-	-	1,688
Co-Op Local Community Grant	-	2,380	2,380	1,859
Exxon Mobile	-	500	500	-
F J Wallis Charitable Trust	-	1,000	1,000	5,000
Garfield Weston	-	-	-	20,000
Hampshire County Council: Connect4Communities	-	4,950	4,950	-
Hampshire County Council: County Councillor Grant (DH)	-	2,009	2,009	2,300
Hampshire County Council: Get Going Again Fund	-	-	-	6,162
Hampshire County Council: Oaks Federation	-	-	-	(1,086)
Hampshire County Council: Neville Penman	-	500	500	-
Hampshire County Council: Website	-	2,600	2,600	-
Hedley Foundation	-	-	-	800
Henry Smith	-	-	-	5,000
HIWCF	-	7,921	7,921	4,051
Julia & Hans Rausing	-	8,233	8,233	-
It's Your Choice	-	4,000	4,000	-
Local Communities Fund	-	5,450	5,450	-
Local Impact Community Fund (Simply Health)	-	2,500	2,500	-
MJB Charitable Trust	-	30,000	30,000	30,000
Neville Close	-	11,699	11,699	20,000
New Forest District Council Basics Foodbank	-	-	-	8,677
New Forest District Council: Councillor Russell Grant	-	-	-	600
New Forest District Council Revenue Grant	-	10,000	10,000	10,000
New Forest District Council: Warm Space Fund	-	-	-	600
Red Hill Trust	-	5,349	5,349	3,184
Royal Warrant Holders Association	-	2,500	2,500	-
The Edward Gostling Foundation (The Act Foundation)	-	25,000	25,000	-
The Listeners	-	500	500	985

The Westerleigh Group	-	1,000	1,000	-
Fees received	14,702	-	14,702	10,070
Other income	8,906	-	8,906	8,216
	<u>23,608</u>	<u>135,891</u>	<u>159,499</u>	<u>138,868</u>

3 Income from charitable activities (continued)

2022	Unrestricted funds £	Restricted funds £	Total 2022 £	Total 2021 £
<i>Grants and Awards:</i>				
Arnold Cark	-	(238)	(238)	1,000
Citizens Advice Bureau: Community Hub Play Sessions Grant	-	1,000	1,000	-
Citizens Advice Bureau: Community Hub Grant	-	1,688	1,688	-
Co-Op Local Community Grant	-	1,859	1,859	-
F J Wallis Charitable Trust	-	5,000	5,000	5,000
Garfield Weston	-	20,000	20,000	20,000
Hampshire County Council: County Councillor Grant (DH)	-	2,300	2,300	1,900
Hampshire County Council: Get Going Again Fund	-	6,162	6,162	-
Hampshire County Council: Oaks Federation	-	(1,086)	(1,086)	3,000
Hedley Foundation	-	800	800	-
Henry Smith	-	5,000	5,000	5,000
HIWCF	-	4,051	4,051	3,381
HMRC JRS Grant	-	-	-	11,194
Local Impact Community Fund (Simply Health)	-	-	-	4,074
MJB Charitable Trust	-	30,000	30,000	25,000
Neville Close	-	20,000	20,000	10,000
Newby Trust	-	-	-	5,000
New Forest District Council Business Grant	-	-	-	9,374
New Forest District Council Basics Foodbank	-	8,677	8,677	-
New Forest District Council: Councillor Russell Grant	-	600	600	-
New Forest District Council: Fuel Bank	-	-	-	2,000
New Forest District Council Restart Grant	-	-	-	8,000
New Forest District Council Revenue Grant	-	10,000	10,000	7,500
New Forest District Council Supporting Communities	-	-	-	1,000
New Forest District Council: Warm Space Fund	-	600	600	-
Red Hill Trust	-	3,184	3,184	3,067
Rotary (1&2)	-	-	-	1,500
The Edward Gostling Foundation (The Act Foundation)	-	-	-	7,000
The Listeners	-	985	985	-
Fees received	10,070	-	10,070	11,232
Other income	8,216	-	8,216	210
	<u>18,286</u>	<u>120,582</u>	<u>138,868</u>	<u>145,432</u>

4 Other Trading Activities

	Total 2023 £	Total 2022 £
The Chapel café	41,707	41,109
Sale of donated goods	22,270	12,211
Rent received	-	-
Fundraising events	942	61
	<u>64,919</u>	<u>53,381</u>

5 Cost of raising funds

	2023 £	2022 £
Staff costs	18,239	23,636
Publicity	5,251	329
	<u>23,490</u>	<u>23,965</u>
 The Chapel café costs	 21,299	 21,820
The Chapel staff costs	32,768	29,716
	<u>54,067</u>	<u>51,536</u>
	<u>77,557</u>	<u>75,501</u>

The Chapel costs represent 69.7% of the cost of raising funds. They generate a surplus from directly attributable Chapel income whilst significantly enhancing our presence in, and links with, the community in most need of our client services.

6 Expenditure on charitable activities

	Charitable Activities £	Support Costs £	Total 2023 £	Total 2022 £
Staff Costs	121,594	39,834	161,428	138,566
Direct Project Costs	11,515	2,346	13,861	10,859
Office & other costs	4,033	10,934	14,967	26,057
Depreciation	92	-	92	484
Rent & Services from the church (Gifts in kind)	-	8,800	8,800	8,354
Training	-	1,853	1,853	121
<u>Governance costs</u>				
Independent Examiner's fees	-	1,830	1,830	1,758
	<u>137,234</u>	<u>65,597</u>	<u>202,831</u>	<u>186,199</u>

In addition to the above figures we can demonstrate that the above charitable activity costs exclude 9,537 hours of voluntary work (2023 - 9,008 hours).

2022	Charitable Activities £	Support Costs £	Total 2022 £	Total 2021 £
Staff Costs	110,901	27,665	138,566	122,715
Direct Project Costs	10,859	-	10,859	23,797
Office & other costs	8,266	17,791	26,057	11,465
Depreciation	484	-	484	3,689
Rent & Services from the church (Gifts in kind)	-	8,354	8,354	7,595
Training	-	121	121	120
<u>Governance costs</u>				
Independent Examiner's fees	-	1,758	1,758	1,045
	<u>130,510</u>	<u>55,689</u>	<u>186,199</u>	<u>170,426</u>

7 Employee costs

	Total 2023 £	Total 2022 £
Wages and salaries	199,068	174,861
Social security costs	10,092	8,187
Pension contributions	8,527	8,195
	<u>217,687</u>	<u>191,243</u>

The charity contributes to the personal pension schemes of any eligible staff who wish to have one. Contributions payable for the year are included in the Statement of Financial Activities.

No employee earned more than £60,000 during the period. The average full time equivalent number of staff employed by the charity during the year was as follows:

	2023 Staff	2022 Staff
Average full time equivalent number of staff employed	<u>7.3</u>	<u>7.0</u>
Average number of staff employed (headcount)	<u>15.0</u>	<u>16.6</u>

8 Transactions with related parties

Naomi Maher, (daughter of the trustee Ray Maher) was employed during the year as a youth worker with gross pay of £12,446 and employers pension of £602.

9 Tangible fixed assets

	Short Leasehold Improvements £	Fixtures & Equipment £	Total £
Cost			
At 1st January 2023	23,745	7,996	31,741
Additions	-	369	369
At 31st December 2023	<u>23,745</u>	<u>8,365</u>	<u>32,110</u>
Depreciation			
At 1st January 2023	23,745	7,996	31,741
Charge for the year	-	92	92
At 31st December 2023	<u>23,745</u>	<u>8,088</u>	<u>31,833</u>
Net book value			
At 31st December 2023	<u>-</u>	<u>277</u>	<u>277</u>
At 31st December 2022	<u>-</u>	<u>-</u>	<u>-</u>

In 2014, the charity received a licence to occupy the property known as "The Chapel" for a period of 10 years. The Chapel Trustees have agreed to renew the licence to occupy with Youth and Families Matter, and are in the process of formalising the arrangements.

10 Debtors

	2023 £	2022 £
Trade debtors	4,513	2,145
Other debtors	-	77
Income tax on gift-aid payments	2,916	5,330
	<u>7,429</u>	<u>7,552</u>

11 Creditors: amounts falling due within one year

	2023 £	2022 £
Accruals	<u>6,241</u>	<u>6,728</u>

12 Unrestricted funds

	Balance at 1st January 2023 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2023 £
Designated funds:					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	-	-	18,106
(c) Chapel Café	55,000	-	-	-	55,000
	<u>98,106</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>98,106</u>
Other charitable funds	56,112	(14,656)	-	-	41,456
	<u>154,218</u>	<u>(14,656)</u>	<u>-</u>	<u>-</u>	<u>139,562</u>

(a) Monies held to ensure cashflow is available to pay salaries as they fall due.

(b) Monies held to purchase food for the food bank service, as needed, to ensure continuity of the service.

(c) The Chapel Café 2024 lease renewal fixed asset reserve.

	Balance at 1st January 2022 £	Net Incoming Resources £	Restricted Fund Transfers £	Designated Fund Transfers £	Balance at 31st Dec 2022 £
2022					
<i>Designated funds:</i>					
(a) Salary reserve	25,000	-	-	-	25,000
(b) Food Bank service	18,106	-	-	-	18,106
(b) Chapel Café	55,000	-	-	-	55,000
	98,106	-	-	-	98,106
<i>Other charitable funds</i>	75,376	(19,264)	-	-	56,112
	173,482	(19,264)	-	-	154,218

13 Restricted funds

The income funds of the charity include restricted funds comprising the following unexpended balances of donations and grants held on trust for specific purposes:

	Balance at 1st January 2023 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2023 £
Albert Hunt Trust	-	3,000	1,000	-	2,000
Asda Foundation	-	(200)	(200)	-	-
Barker Mill Foundation	-	3,000	375	-	2,625
Churchill Foundation	-	2,000	334	-	1,666
Citizens Advice Bureau: Community Hub Grant	1688	-	1,688	-	-
Co-Op Local Community Grant	1228	2,380	1,568	-	2,040
Exxon Mobile	-	500	500	-	-
F J Wallis Charitable Trust	-	1,000	913	-	87
Garfield Weston	10,639	-	10,639	-	-
Hampshire County Council: Connect4Communities	-	4,950	3,300	-	1,650
Hampshire County Council: County Councillor Grant (DH)	1,120	2,009	2,185	-	944
Hampshire County Council: Get Going Again Fund	3,305	-	3,305	-	-
Hampshire & Isle of Wight Community	2,741	7,921	2,741	-	7,921
Hampshire County Council: Neville Penman	-	500	500	-	-
Hampshire County Council: Website	-	2,600	2,600	-	-
Henry Smith	3,696	-	3,696	-	-
Julia & Hans Rausing	-	8,233	8,233	-	-
It's Your Choice	-	4,000	2,964	-	1,036
Local Communities Fund	-	5,450	2,563	-	2,887
MJB Charitable Trust	21,887	30,000	24,587	-	27,300
Neville Close	15,860	11,699	9,478	-	18,081
New Forest District Council Business Grant	3,722	-	3,722	-	-
New Forest District Council: Councillor Russell Grant	600	-	600	-	-
New Forest District Council: Restart Grant	8,000	-	8,000	-	-
New Forest District Council: Revenue Grant	1,644	10,000	9,141	-	2,503
New Forest District Council: Supporting Communities	341	-	341	-	-
New Forest District Council: Warm Space Fund	600	-	600	-	-
Red Hill Trust	2,423	5,349	3,317	-	4,455

Royal Warrant Holders Association	-	2,500	832	-	1,668
Simply Health LCIF	-	2,500	-	-	2,500
The Edward Gostling Foundation (The Act Foundation)	-	25,000	8,000	-	17,000
The Listeners	-	500	500	-	-
The Westerleigh Group	-	1,000	1,000	-	-
	79,494	135,891	119,022	-	96,363

2022	Balance at 1st January 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31st Dec 2022 £
Arnold Clark	654	(238)	416	-	-
Citizens Advice Bureau: Comm'ty Hub Play Sessions Grant	-	1,000	1,000	-	-
Citizens Advice Bureau: Community Hub Grant	-	1,688	-	-	1,688
Co-Op Local Community Grant	-	1,859	631	-	1,228
F J Wallis Charitable Trust	480	5,000	5,480	-	-
Garfield Weston	12,658	20,000	22,019	-	10,639
Hampshire County Council: County Councillor Grant (DH)	1,193	2,300	2,373	-	1,120
Hampshire County Council: Get Going Again Fund	-	6,162	2,857	-	3,305
Hampshire County Council: Oaks Federation	1,086	(1,086)	-	-	-
Hampshire & Isle of Wight Community Foundation (HIWCF): National Emergencies Trust (towards youth work)	1,751	4,051	3,061	-	2,741
Hedley Foundation	-	800	800	-	-
Henry Smith	3,745	5,000	5,049	-	3,696
HMRC job Retention Scheme (JRS) Grant	-	-	-	-	-
Local Impact Community Fund	2,357	-	2,357	-	-
Martin Lewis Fund	-	-	-	-	-
MJB Charitable Trust	22,393	30,000	30,506	-	21,887
Neville Close	3,028	20,000	7,168	-	15,860
New Forest District Council Business Grant	3,894	-	172	-	3,722
New Forest District Council: Basics Foodbank	-	8,677	8,677	-	-
New Forest District Council: Councillor RG	-	600	-	-	600
New Forest District Council: Hardship	1,098	-	1,098	-	-
New Forest District Council: Restart Grant	8,000	-	-	-	8,000
New Forest District Council: Revenue	1,909	10,000	10,265	-	1,644
New Forest District Council: Supporting	341	-	-	-	341
New Forest District Council: Warm Space	-	600	-	-	600
Red Hill Trust	2,563	3,184	3,324	-	2,423
Rotary (1&2)	-	-	-	-	-
The Albert Hunt Trust	-	-	-	-	-
The Edward Gostling Foundation	5,823	-	5,823	-	-
The Listeners	-	985	985	-	-
	72,973	120,582	114,061	-	79,494

13 Restricted funds (continued)

Monies received from:

Albert Hunt Trust Income for out of school youth work

Barker Mill Foundation for one to one work

Churchill Foundation for one to one youth work

Co-Op Local Community Grant for community work

Exxon Mobile for community work

FJ Wallis Charitable Trust for core costs

HCC Connect4Communities for Basics Bank

HCC grant for website development

HCC Grant (Cllr David Harrison) for play sessions

HCC Neville Penman for nurture days

HIWCF towards youth work

It's Your Choice for youth work

Julia & Hans Rausing Trust for Basics Bank

Local Communities Partnership for family work

MJB Charitable Trust to go towards YFM delivering core projects to support the wellbeing of local children, young people, families and adults at risk

Neville Close for core costs

New Forest District Council Revenue Grant for running costs

Red Hill Trust towards the cost of work in schools.

Royal Warrant Holders Association for tides and streams funding

Simply Health Local Community Impact Fund for family support work

The Edward Gostling Foundation (The Act Foundation) towards the cost of family work

The Listeners Trust towards the cost of IT Hardware

14 Financial instruments

Categorisation of financial instruments	2023 £	2022 £
Financial assets that are debt instrument measured at amortised cost	241,889	240,440
	<u>241,889</u>	<u>240,440</u>
Financial liabilities measured at amortised cost	6,241	6,728
	<u>6,241</u>	<u>6,728</u>

Items of income, expense, gains or losses

The total interest income for financial assets not measured at fair value through profit or loss is £2,069 (2022: £568)

15 Analysis of net assets between funds

	Unrestricted funds £	Designated funds £	Unrestricted total £	Restricted funds £	Total funds £
2023					
Fixed assets	277	-	277	-	277
Current assets	47,420	98,106	145,526	96,363	241,889
Creditors: amounts falling due within one	(6,241)	-	(6,241)	-	(6,241)
	<u>41,456</u>	<u>98,106</u>	<u>139,562</u>	<u>96,363</u>	<u>235,925</u>
2022					
	<i>Unrestricted funds £</i>	<i>Designated funds £</i>	<i>Unrestricted total £</i>	<i>Restricted funds £</i>	<i>Total funds £</i>
Fixed assets	-	-	-	-	-
Current assets	62,840	98,106	160,946	79,494	240,440
Creditors: amounts falling due within one	(6,728)	-	(6,728)	-	(6,728)
	<u>56,112</u>	<u>98,106</u>	<u>154,218</u>	<u>79,494</u>	<u>233,712</u>

